

Most Athlete of the Week honors won. career

- 8 Dick Roth, Menlo-Atherton (1962-63, 64-65)*
- 8 Marty Hull, Sequoia (1959-60-61)
- 6 Rich Koeper, Sequoia (1959-60-61)
- 6 Jeff Cudworth, Sequoia (1960-61-62-63) All in basketball

* Following 1963 term, the "anti-Roth" rule, limiting awards to one per athlete per sports season, was enacted.

Most Athlete of the Week honors won. one term

- 5 Gary Gaskill, Carlmont (1960-61) 1 football, 2 basketball, 2 track

Most Athlete of the Week honors won. one sport (career)

- 7 Dick Roth, Menlo-Atherton 4 years, swimming, 1962-65 (1-4-1-1)
- 6 Jeff Cudworth, Sequoia 4 years, basketball, 1960-63
- 6 Marty Hull, Sequoia 3 years, swimming, 1959-61 (3-2-1)

Most Athlete of the Week honors won. one sport (one year)

- 4 Dick Roth, Menlo-Atherton (swimming, 1963 as a sophomore)

Individuals who have won the Sequoia District Athlete of the **Week** award in three sports:

Jim Cheatham, Menlo-Atherton-- football, basketball and track, all in 1960-61 term.

Rich Koeper, Sequoia-- football, basketball and baseball, all in 1959-60; baseball again in 1961.

Harvey Shank, Woodside-- football and baseball in 1962-63; basketball in 1964.

1977-78

- 9/20 Fred Orville, Seg
9/27 Regan Allen, M-A
10/4 Kirby Chendle, Carlmar
10/11 Perry Parmelee, Woodside
10/18 John Hook, Woodside
10/25 Paul Noy, Sequoia
11/1 Craig Nicolopoulos, Carlmar
11/8 John De Oliveira, Carlmar
11/15 Sharon Miller, Carlmar
11/22 Beth Benson, M-A
11/29 Bob Love, Carlmar
12/6 Todd Seidlach, San Carlos
12/13 Javier Navarette, Sequoia
12/20 Mike Connor, Sequoia
12/27 Fred Leon, San Carlos
1/3 None selected
1/10 Michael Taylor, Carlmar
1/17 Bob Thomas, M-A
1/29 Kevin Dees, Carlmar
1/31 Bob Rowley, Woodside
2/7 Travis Jamma, Sequoia
2/14 Jose Mendoza, Sequoia
2/21 Meshu Spivey, Woodside
2/28 Martin Serrato, Sequoia
3/7 None selected
3/14 Glenn Mark, Carlmar
3/21 Malcolm Dixon, Sequoia
3/28 John Smith, Sequoia
4/4 Tony Thompson, Woodside
4/11 Jim Duntan, M-A
4/18 Scott Steward, San Carlos
4/25 Mike McAdams, Sequoia

5/2 Carl Gumm, Woodside
5/9 Tony Meier, MA
5/14 Simon Beul, San Carlos
5/23 Maha Spruey, Woodside
5/31 Steve Bruce, MA

ADDITIONAL NOMINEES

Low Ayers, Woodside football & basketball
Mel Culpepper, Laguna football & basketball
~~Sto Hall, Calaveras football, basketball, baseball~~
~~Phil Balth, St. Francis football, soccer, basketball~~
Chris Lanier, MA swimming & water polo

The nominees

Date	Athlete	School	Sport
Sept. 20	Fred Oravillo	Sequoia	Football
Sept. 27	Regan Avery	M-A	Water polo
Oct. 4	Ricky Cheadle	Carlmont	Football
Oct. 11	Perry Parmelee	Woodside	Football
Oct. 18	John Hook	Woodside	Football
Oct. 25	Paul Noce	Sequoia	Football
Nov. 1	Craig Nicolopulos	Carlmont	Football
Nov. 8	John DeOliviera	Carlmont	Football
Nov. 15	Sharon Miller	Carlmont	Cross country
Nov. 22	Beth Benson	M-A	Swimming
Nov. 29	Bob Love	Carlmont	Cross country
Dec. 6	Tod Sedlacek	San Carlos	Basketball
Dec. 13	Javier Navarrete	Sequoia	Soccer
Dec. 20	Mike Gasior	Sequoia	Soccer
Dec. 27	Fred Leon	San Carlos	Wrestling
Jan. 3	None selected		
Jan. 10	Michael Taylor	Carlmont	Basketball
Jan. 17	Bob Thomas	M-A	Basketball
Jan. 24	Kevin Dees	Carlmont	Basketball
Jan. 31	Bob Ruweler	Woodside	Soccer
Feb. 7	Travis Jammer	Sequoia	Basketball
Feb. 14	Jose Mendoza	Sequoia	Wrestling
Feb. 21	Mesha Spivey	Woodside	Basketball
Feb. 28	Martin Serrato	Sequoia	Soccer
Mar. 7	None selected		
Mar. 14	Glenn Mark	Carlmont	Tennis
Mar. 21	Malcolm Dixon	Sequoia	Track
Mar. 28	John Smale	Sequoia	Baseball
Apr. 4	Tony Thompson	Woodside	Track
Apr. 11	Jim Dunton	M-A	Baseball
Apr. 18	Scott Steward	San Carlos	Baseball
Apr. 25	Mike McAdams	Sequoia	Baseball
May 2	Carl Gunn	Woodside	Swimming
May 9	Tony Meier	M-A	Swimming
May 16	Stan Beal	San Carlos	Track
May 23	Mesha Spivey	Woodside	Track
May 31	Steve Bruce	M-A	Track

ADDITIONAL NOMINEES

Lou Ayers, Woodside (Football, Baseball)
 Mel Culpepper, Sequoia (Football, Baseball)
 Chris Lanier, M-A (Water polo, Swimming)

18 left in Athlete of Year

By **MIKE NOLAN**

Eighteen outstanding athletes — who combined have broken more than 100 school and SPAL records — make up the semifinal field in the scramble for the Tribune's 20th annual Athlete of the Year honor.

All 18 played well in either two or three sports and each was a first-team all-leaguer in at least one sport. Several rank with the all-time greats at their schools and in the SPAL.

It's safe to say this field would do justice as the elite corps of any high school league.

The outstanding 18 were chosen from a list of 37 candidates. The field will be chopped about in half again early next week, followed

by the announcement of the SPAL's top honor later in the week.

Candidates for the second annual SPAL Athlete of the Year honor for girls will be announced early next week.

Sequoia High has the most semifinalists, six, followed by Carlmont with four, Woodside and San Carlos with three and Menlo-Atherton with two. Menlo School doesn't have one this year.

The field includes 14 seniors and four juniors.

The winner of the 20th annual honor will be recognized with a large color drawing by Mrs. Dorothea Templeman, veteran artist who handles the Tribune's Athlete of the Week feature. This

will be her eighth rendition of the area's top athlete.

The winner's school also receives a one-year hold on the large Al Foss Memorial Trophy. The trophy has been displayed at Woodside the past year, thanks to 1977 winner Paul Carey.

Here's a capsule description of this fine field, listed alphabetically:

Lou Ayers, Woodside, senior — Two-time, first-team all-leaguer in both football (at safety) and baseball (at second base). Inspirational leader of both teams at Woodside this year. In football, Lou set a school career interception record with 14. In baseball, he batted .417 and .415 in two varsity seasons and, overall,

cracked 55 career hits.

Stan Beal, San Carlos, senior — Two-time all-leaguer in track, honorable mention choice in football when injuries hurt him. Anchored two Central Coast Section mile relay champions, qualified for state meet in three track events this spring. Rushed for 599 yards and 6.4 average last fall. Also valuable varsity basketball reserve guard.

Steve Bruce, M-A, junior — CCS and SPAL long jump champion with 23-8½ best, fourth on all-time SPAL list and tops by junior. Honorable mention football split end with 14 catches for 15.9 average.

Ricky Cheadle, Carlmont, (Please turn to Page 11, Col. 1)

Athlete of the Year semifinalists

Sequoia leads with six

(Continued from Page 9)

junior — SPAL Back of the Year in football, member of state meet relay qualifier in track. First junior in SPAL history to rush for more than 1,000 yards, finished with 1,119 in 10 games on league champion. Valuable sprinter on league track titlist.

Mel Culpepper, Sequoia, senior — Two-time all-league baseball player, all-league split end in football. In baseball, batted .462 as junior and .365 as senior, with record-tying 22 runs batted in this year, while playing eight positions over both seasons. In football, caught school record 10 touchdown passes among 18 receptions for 23.1 average.

John DeOliviera, Carlmont, senior — Two-way all-leaguer in football, second-team all-league guard in basketball, second-team all-league infielder in baseball. Set league overall season record with 15 interceptions in football, helped Scots win round-robin title in basketball, batted .350 in baseball.

Malcolm Dixon, Sequoia, senior — Two-time all-leaguer in track, good first-year linebacker in football. Second in CCS high hurdles finals, ran second-fastest

times (13.9 wind-aided, 14.1 legal) in SPAL history. Overcame football inexperience to do good job.

Travis Jammer, Sequoia, senior — All-league in basketball, reliable first baseman on SPAL baseball champion. Second in league in overall scoring with 424 points for 21.2 average, third highest in Cherokee basketball history. Batted .255 and fielded well in baseball.

Chris Lanier, M-A, senior — All-leaguer in water polo on championship team, second in CCS swim finals in backstroke and fifth in 200 freestyle. Most accomplished all-around aquatic performer in SPAL and among finest in CCS.

Bob Love, Carlmont, senior — CCS champion in cross country and second in CCS two-mile finals in track. First three-time SPAL harrier titlist in history, three-time state meet qualifier in track with Scot two-mile record of 9:08.3.

Mike McAdams, Sequoia, junior — All-league defensive tackle in football, SPAL heavyweight champion and state meet qualifier in wrestling,

second-team all-league baseball designated hitter. Finished ninth in state wrestling meet, might have gone higher but for freak injury. Batted .313 overall with 26 hits, including four homers.

Craig Nicolopoulos, Carlmont, senior — SPAL Defensive Player of Year at linebacker in football, league 178-pound champion in wrestling, designated hitter in baseball. Among top linebackers in SPAL history, also led Scots to grid title as quarterback.

Paul Noce, Sequoia, senior — All-league backfielder in football, SPAL Player of the Year in baseball. Injuries held down his football statistics, but almost personally responsible for four of Sequoia's six SPAL wins in two all-league campaigns. Broke five season records in baseball, including hits (29) and average (.547) and tied homer record with five. Two-time all-league shortstop.

Fred Oravillo, Sequoia, senior — Valuable offensive back in first year of football, starting guard in basketball, all-leaguer in track. Third in overall SPAL football scoring with 44 points, averaged 9.9 points overall in basketball, second in CCS 110-yard dash in

track, has 9.7 best.

Tod Sedlacek, San Carlos, senior — SPAL Player of the Year in basketball, .309 hitter and shortstop in baseball. Two-time hoop all-star, first player in history to twice lead league in both scoring and rebounding. Averaged 23.8 overall this season, led SPAL in scoring and finished third in league history with 1,188 points in three seasons.

Mesha Spivey, Woodside, junior — Honorable mention all-league defensive back in football, honorable mention guard in basketball, SPAL champion and league record-setter in high jump (6-10). Keyed Woodside's basketball playoff upset of round-robin champ Carlmont, qualified for state meet in track.

Scott Steward, San Carlos, senior — Honorable mention all-league quarterback in football, All-SPAL outfielder in baseball. Third in overall football total offense with 876 yards, batted .326 and played outstanding centerfield in baseball.

Tony Thompson, Woodside, senior — All-SPAL halfback in football, two-time All-SPAL quartermile star in track. Gained 1,073 yards in 11 football games and led league with 102 points in nine regular-season games and 114 points overall. In track, won SPAL 440 title two consecutive years, ran 48.3, 48.2, 48.0 in league, Region and CCS finals going into this weekend's state meet, with second-best 440 in SPAL history.



LOU AYERS
2-sport Cat inspiration



MEL CULPEPPER
Tribe record-setter



JOHN DeOLIVIERA
3-sport Scot standout



CHRIS LANIER
aquatics star of SPAL



BOB LOVE
tops on the track



MIKE McADAMS
Tribe's top muscle



CRAIG NICOLOPULOS
football champs' leader



PAUL NOCE
Cherokees's top leader



TONY THOMPSON
super on grid, track

Nine finalists named for Athlete of Year

By **MIKE NOLAN**

Nine men who any league would be proud to boast as its best make up the field of finalists in the Tribune's 20th annual Athlete of the Year competition.

Each finalist has chalked up credentials which make him a legitimate candidate for the highest SPAL honor.

Each has earned honors and recognition outside the SPAL; indeed, each is considered among the best in the Central Coast Section in at least one sport.

There's a wide variety of athletic excellence, representing eight sports. Five candidates

played two sports and made first-team all-league in both. Four others participated in three sports, earning distinction in at least two.

All participated on at least one championship team or CCS playoff qualifier. Each was noted for hustle as high-caliber as his statistics. Each is a winner in more ways than one.

Carlmont and Sequoia both have three finalists. Carlmont's are seniors John DeOliviera, Bob Love and Craig Nicolopulos. Sequoia's are seniors Paul Noce and Mel Culpepper and junior Mike McAdams.

Woodside, which has claimed

eight of the last 10 winners, has two finalists in seniors Tony Thompson and Lou Ayers. Menlo-Atherton has one finalist, senior Chris Lanier.

San Carlos and Menlo School aren't represented this year.

The winner, to be announced Saturday, will be honored with a large color drawing by Mrs. Dorothea Templeman, veteran Tribune artist who handles the Athlete of the Week award, plus a long feature story.

The winner's school, of course, will gain custody of the huge Al Foss Memorial Trophy, donated by Sequoia's unbeaten 1943 football team.

In detail, here are the excellent credentials of this year's **nine** finalists, listed alphabetically. **It's** quite a group in every way.

Lou Ayers, Woodside — Two-time first-team all-leaguer in both football and baseball.

Ayers captained Woodside's fine football team, which lost in the league title game to Carlmont but bounced back to upset Wilcox in the Region II semifinals as the area at-large selection. Playing both ways, Lou set a school career record with 14 interceptions at safety, breaking a mark set by last year's Athlete of the Year, Paul Carey.

Lou also captained the Wildcat

baseball squad, helping the team win a title as a junior and the primary reason why a less-experienced Woodside squad finished as high as third this season. He batted .417 and .415 in his varsity seasons in league play and wound up with 55 hits overall while playing a superb second base. Also pitched in nine league games, splitting four decisions and bailing Wildcats out of mound jam.

Mel Culpepper, Sequoia — Two-time all-league baseball star and all-league split receiver in football.

Mel was exceptionally explosive in football. He caught only

18 passes, but snagged a school record 10 for touchdowns and averaged 23.1 yards per catch. Ranks 12th on Sequoia all-time season scoring list with 66 points.

In baseball, Mel was all-league utility this year with .365 average and an SPAL record-tying 22 runs batted in for the Cherokee champs. He also made all-league last year with a .462 average. Could play anywhere well and often did.

John DeOliviera, Carlmont — Record-setting two-way all-leaguer in football, second-team all-leaguer in basketball and

(Please turn to Page 14, Col. 5)

Male athlete named Saturday

(Continued from Page 13)

baseball.

John helped Carlmont finish 9-0 in the regular football season with an SPAL overall record 15 interceptions, earning All-CCS and Citizens Savings All-NorCal honors. Also the all-league wingback as junior and senior, explosive both rushing and kick receiving.

In basketball, John helped Scots to 10-0 round-robin season and co-championship with leadership at guard and 7.9 scoring average. In baseball, he was fifth-leading all-league infield vote-getter, earned second-team berth at second base. Batted .350, although wrist injury forced him to bat left instead of his usual right.

Chris Lanier, M-A — All-league water poloist and two-event placer in CCS swim finals.

Chris scored team-leading 46 goals in 15-0 M-A water polo campaign and also was a defensive standout. He never played in a varsity league loss, helping win 23 straight over two seasons.

Lanier won the SPAL 100 backstroke and 200 freestyle, then finished second in the CCS back finals in 55.23 and fifth in the 200 free in 1:44.35. Undisputed king of SPAL aquatics performers, also a top-notch AAU swimmer.

Bob Love, Carlmont — CCS cross country champion, SPAL mile and two-mile winner and sixth-place finisher in state meet.

Bob won the CCS cross country crown at Crystal Springs in the season's top time, 14:53.6, after winning the SPAL title for the third straight year by the record margin of 38 seconds. He was the

league's first three-time harrier champ.

In track, Bob was consistently second-best performer in CCS, with a school record two-mile (9:08.3) and a 4:17.7 mile. He ran in the state meet three times, improving from 15th to 11th to sixth.

Mike McAdams, Sequoia — First-team all-league football defensive tackle, SPAL heavyweight wrestling champ, second-team all-league baseball slugger.

Quite possibly the strongest athlete in the SPAL, the 233-pound McAdams used his muscle to excellent advantage in football as a defensive tackle and in wrestling as a state meet qualifier, only one this season from the SPAL and first ever from Sequoia. He was fourth in the CCS wrestling finals and won his first state match before an injury knocked him out of competition.

McAdams batted .302 and also caught most of the league season while helping Sequoia win the baseball title. He was the first Cherokee in 30 years to hit two homers in league game in crucial victory over second-place M-A.

Craig Nicolopoulos, Carlmont — One of best linebackers in SPAL history, honored as league's Defensive Player of the Year. Also 178-pound SPAL wrestling champ and baseball designated hitter.

Craig, an All-CCS choice at linebacker, also took over at quarterback and led Carlmont to 9-0 regular season. He was second in overall SPAL passing with 483 yards and six TD passes, completing 32 of 67. He was the only all-league linebacker also to play quarterback successfully in same season since two-platoon picks were devised in 1964.

In wrestling, won 14 of 19 matches while also grappling with shoulder injury. Collected nine hits in 41 at-bats in baseball as DH.

Paul Noce, Sequoia — Two-time first-team all-leaguer in both football and baseball, SPAL Player of the Year in baseball this season.

Paul was among the best short-stops in the CCS and one of the finest players in Sequoia's modern era. He led Cherokees to first diamond title in eight years with excellent fielding and set five season batting records — for hits (29), runs (25), average (.547), slugging percentage (.925) and total bases (49). He also tied the home run record with five. All-CCS candidate.

In football, injuries limited Paul's playing time in nonleague games, but he was almost personally responsible for two SPAL victories in each season. Scored 36 points and was outstanding place-kicker as well as quarterback and tailback last fall.

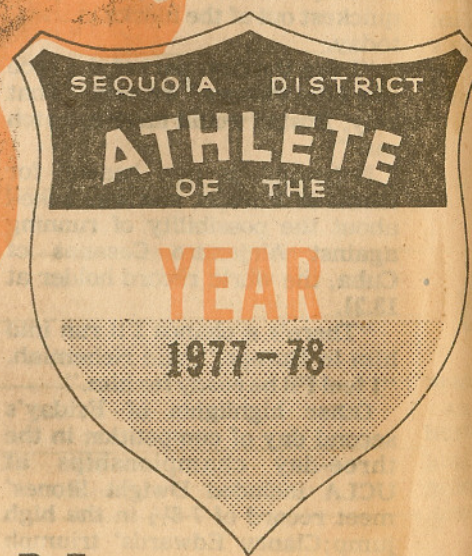
Tony Thompson, Woodside — Best football-track combination in SPAL history as all-league halfback and state meet 440 placer, first league athlete to achieve both honors.

Gained 1,973 yards and scored 114 points in 11 football games, climaxed by 162-yard, two-touchdown performance in CCS playoff upset of Wilcox.

Twice won SPAL 440 title and holds best quarter series in league history with second-best all-time mark of 48.0, along with 48.3, 48.2 and 48.08 times, the latter for fifth place at the state meet. Only CCS placer in 100, 220 and 440 in SPAL history.



TONY THOMPSON



WOODSIDE

tops solid SPAL field

By **MIKE NOLAN**

To become the most accomplished combination of football and track talent in SPAL history, Tony Thompson fortunately began as one of the league's least likely freshmen to succeed at Woodside High.

Fortunately, that is, because Tony was forced to find out what failure meant before he could mature so much, in so many ways, that today he is honored as the Tribune's 20th annual Athlete of the Year.

In his first year at Woodside, Tony did not carry a football once and won exactly two races the entire track season.

This year, the fellow affectionately known as Tony the Tiger gained 1,073 yards rushing and scored 114 points in 11 football games, then became the finest all-around sprinter in SPAL history.

Tony was a unanimous choice of the Tribune staff after mulling the qualifications of an outstanding field of finalists. They included Carlmont's John DeOliviera, Craig Nicolopoulos and Bob Love, Sequoia's Paul Noce, Mike McAdams and Mel Culpepper, Woodside's Lou Ayers and Menlo-Atherton's Chris Lanier.

Much more significant than his statistics and sprints, Tony readily acknowledges, is the mental triumph he has made over his own preconceptions and stubbornness.

"I've been forced to mature, physically and mentally," says Tony, who is praised highest by the staff at Woodside for his personal qualities, especially his sense of humor, before they even begin to speak of his on-field antics.

Tony, a life-long resident of Menlo Park who entered Wood-
(Please turn to Pg. 10, Col. 1)

(Continued from Page 9)

side as a participant in the Sequoia District's desegregation program, readily admits that he entered his new world as a freshman "by being prejudiced myself, thinking I wouldn't get a fair shake from people.

"I've changed so much. I'm not the same person, and it's all for the better," says Thompson.

There is no question that Tony's teammates and coaches are his biggest fans, especially those which Thompson, a consummate needler, has enjoyed giving it to the most. In turn, he probably takes more kidding than any fellow in the school.

"Sports, more than anything else, has made me realize people are people," emphasizes the 5-foot-7, 165-pound Thompson. "Sports have enabled me to mature. I can't think of anything else better to bring people closer."

Woodside's football coaches, Troy Ratliff and Jess Cavender, and track coaches Al Smith and Larry Schenk can't keep from laughing when they remember the stubborn 5-foot-3, 140 pound freshman they ran into what seems so long ago.

"Tony didn't want to play offense as a freshman," recalls Cavender. "He didn't want to learn the plays. He was captain of our special teams; that was his little niche."

"Yeah," remembers Tony, "and I made one tackle all season. Actually, I didn't tackle the guy. They ran a reverse and he tripped and I just fell on him. I was the guy they sent into the game after it was safely won."

In track, he usually ran the 100 in the 11s, running a best of 10.7.

Tony didn't even go out for football as a sophomore, figuring it was useless. He had some success in track, but surely didn't seem like a world-beater. He placed only fifth in the 100 and fourth in the 220 in the SPAL frosh-soph finals, albeit against some of the finest young sprinters in league history.

Woodside — which Tony calls "a fantastic experience for the past four years" — got to him, along with the growing conviction that he was the one who needed to change rather than everyone else.

As a junior, Thompson still lacked much confidence. But he experienced one magic moment in both his first varsity football and track seasons — moments which, somehow, unlocked the potential inside and, in retrospect, provided portents of his spectacular senior seasons.

Thompson, in for only a couple of plays in Woodside's 1976 nonleague football opener, suffered a jammed shoulder the first time he carried the ball, confirming fears that "football looked like a waste of time for me."

Discouraged about his ability or desire to take what seemed like an inevitable beating, Tony decided to quit after that junior season.

"I figured that I'd stick it out, but that would be it for me in football," recalls Thompson. "I was pretty down about it."

But Ratliff, who personally implored Thompson to turn out, figured he had the stuff. And in Woodside's SPAL opener against Menlo School, Tony raced 45 yards with a pitchout in the second quarter for a touchdown on his first carry in league play.

"After that, I knew I wanted to stay out for football," says Tony. He was played in spots by the canny Ratliff, and Thompson finished with an 8.3 average for 24 carries.

Last fall, of course, Thompson often was devastating. Along with his 1,073 yards rushing on 153 carries, TT added 173 yards receiving on 12 catches.

"He's the most exciting runner I've ever been associated with," said Cavender, who, as he has with so many Wildcat athletes, established a special rapport with Tony.

Coming from Cavender, that's high praise indeed, for he played on the 1968 Wildcat champs led by the only backfielder Jess and Ratliff compare with Thompson for sheer elusiveness. Neil

Platts. Platts began Woodside's list of Tribune Athlete of the Year winners, which has now reached nine in 11 years with Thompson.

"I'm proud to continue that tradition," says Tony. "That means a lot."

Going into his junior track season, Tony seemed like simply another member of the best spike class in SPAL annals — good, but hardly a candidate for greatness.

He won most of his races, but never in spectacular times going into the SPAL finals.

Little knowing that one year later he would take fifth in the 440 in the best track state in the nation, Thompson recalls that "I went into those SPAL finals (as a junior) just thinking I could get a fifth (four runners, in fact, were seeded ahead of him).

"But when I got to my spot (where he intended to turn it on), I just put everything I had into it." The result was a then-surprising, to everyone but Smith and Schenk, 49.9 win—no less than a 1½-second improvement.

Tony went on to take second in the Region II meet (in 49.5) and fourth in the CCS finals (49.98), agonizing over the fact he missed a state meet trip by one place as a junior.

"If only I'd worked harder, I would have gotten that," he said to himself.

The lesson wasn't lost on Tony as a senior.

He went unbeaten (21-0) in dual meet sprints prior to the SPAL finals, then began the greatest string of 440s in league history.

He set a league record at 48.2 in the SPAL finals, and also placed a razor-thin second at 21.7 in the 220 to San Carlos' Stan Beal as both broke the league record. Thompson also placed third in the 100 in 9.9 — all told, greatest spring showing in SPAL history.

Unfortunately for Thompson, the finest sprinter in the SPAL came along at the same time as the finest sprinter in CCS annals — junior Bill Green of Cubberley.

Thus, in the Region II meet, Green trounced Tony in the stretch, 47.8 to 48.3. And in the CCS finals, Green was devastating, setting a CCS meet

record in 47.0 while Tony settled for third in 48.0 behind 47.9 by up-and-coming junior Art Nicholson of M-A.

"I cried after that race," remembers Tony. "But then I just admitted to myself that Green was better — although I still say I'm going to beat him some day. But I knew I had to come back to beat Art (a good friend) at state."

That Tony did, running 48.32 in the trials and 48.08 in the finals for fifth, with his electrical time converting to a 47.9 hand-timed, the same as Nicholson's league record.

"Art's the guy I feel sorry for," adds Tony. "He'll destroy that 47.9, but he has to run against Green (also a junior) again."

"Thay day was touching," says Schenk, well-known for helping turn out fine sprinters. "Tony, when he let up with Green's big lead, and lost to Nicholson, felt he'd let his coaches and school down. But I just told him there's no one I'd rather coach."

Thompson earned all sorts of distinction. He was the first All-SPAL football player also to place in the state meet, was the first 1,000 yard rusher to place in the state 440 from the CCS, and was the first SPAL runner to place in the 440, 220 and 100 (fourth in both the shorter sprints) in the CCS finals.

"You won't find many kids like Tony," says Ratliff, echoed by Smith. Thompson was the prime source of help for both junior fullback Ben Sterling ("his blocking really made me," says Tony) and promising sophomore sprinter Eric Washington (second in the CCS frosh-soph 100 and 220).

Cavender and Ratliff, master needlers themselves, occasionally met their match in Thompson. The rapport was instant, the feeling good, despite Tony's sour earlier football experience at Woodside.

The height of Thompson's season came in the Region II semifinals, when Woodside, the at-large entry after finishing second to undefeated Carlmont, upset Wilcox 21-14. Thompson

recorded 162 yards on 18 carries, scored on 44 and 30-yard runs and generally made Wilcox' vaunted defense look silly.

"Tony was such a skilled runner, not many people got a good shot at him," adds Ratliff. As for the one team which did clamp down on Thompson, defensive titan Carlmont, Ratliff credits both the Scots' fine linebacking "and some coaching and execution mistakes on our part. It wasn't Tony's fault; it was other things."

"I can't say enough about him," says Woodside athletic director Bill Guttormsen, who has seen so many great ones come and go. "Tony is just a fine young man and richly deserving of the award. Our own students exploded at a rally when he got our athlete of year award at Woodside."

Tony, who lives with his father, John Thompson, in Menlo Park, feels his 2.6 grade point average (C-plus) reflects on his negative attitudes as a freshman and sophomore.

Smith points out that "you know something, Tony took his studying down to the state meet," because Thompson is hoping to jack his final grades up enough possibly to qualify for a scholarship to Long Beach State.

If that falls through, Thompson is ready to play football and run track at College of San Mateo, where he'll try to qualify for four-year help.

Tony's ambition is "someday to have my own business so I can be my own boss. But I know now I need the education."

"I still haven't worked as hard as I should," admits Tony, referring to both sports and school. "I realize I'm going to have to work a lot harder in college."

His only gripe has been "lane assignments, lane assignments. For some reason, it seemed like I was always getting the bad lanes in those big meets."

He may think he has spent too much of the season in the wrong lanes, but it certainly seems Tony Thompson is on the right path.

One will win highest honor

SPAL's top 11 girl athletes

By MIKE NOLAN

An outstanding 11-girl field, which demonstrates how far SPAL sports for females have advanced, has been selected to compete for the Tribune's second annual Girl Athlete of the Year award.

Each of the honored finalists is a multi-sport standout, well representative of the extra enthusiasm and intensity apparent among SPAL girls the past couple of years.

The athlete chosen as the best all-around girl will be announced Friday. She'll be heralded with a drawing by veteran Tribune artist Dorothea Templeman, who sketches the regular Athlete of the Week feature, and also will be profiled in a special feature.

The prestigious field includes four athletes each from Carlmont and Menlo-Atherton (who've helped make those the dominant SPAL sports schools in the female ranks) and one apiece from Sequoia, San Carlos and Wood-

side.

It's a young group, with only four seniors, six juniors and one sophomore, indicating high-caliber competition is likely next year.

The winner will follow the first honoree, Carlmont's Lori Grech, who followed up by becoming one of the best softball shortstops in the Northern California junior college ranks this spring at College of San Mateo.

Here's the list, presented alphabetically, with the

credentials of each outstanding girl:

Barb Boyle, Carlmont, senior — Solid volleyball player, two-time all-league basketball center, second-ranking high jumper in SPAL track.

Tall Barb, 6-2 helped the Scots fashion 13-5 basketball season with strong rebounding and scoring (13.4 average, third best in the SPAL). She also helped Carlmont win the track title and qualified for the Central Coast Section finals, posting a season high jump best of 5-4.

Anna Ferrigno, San Carlos, junior — First-team all-league volleyball choice, regular on basketball team on front line and first-team all-league softball infielder.

Her volleyball and basketball teams went winless in the SPAL, but Anna never stopped hustling. Her .550 average helped the Dons to their best softball season.

Kim Gaumer, Carlmont, junior — Strong doubles player in tennis, first-team all-league soccer selection, first-team all-league softball shortstop.

Kim and her partner reached semifinals of SPAL doubles tournament. Provided most of offense on soccer team, scoring goal which gave Scots lone league win. Outstanding shortstop, helped Scots to title and 21-3 overall season with .493 average, 37 hits, 26 runs batted in, 40 runs, 32 stolen bases and only five errors.

Linda Jones, M-A, junior — Fine doubles player in tennis, honorable mention all-league basketball frontliner, first-team all-league softball catcher.

Linda helped tennis team take second with 8-2 record. She was vital rebounder and good scorer (8.2) on basketball co-champion, and batted .375 and played fine defense on second-place softball squad.

Trish King, M-A, sophomore — Second in SPAL and Central Coast Section in diving, second-team all-league goalie in soccer and SPAL champion and second in CCS finals in high jump.

Trish scored excellent 309.60 points in CCS diving and was most inspirational player on second-place soccer team which lost just one of 12 games. She was at her best in track, leading team in scoring and winning the league high jump title at 5-7 while also finishing second in the long jump and third in the low hurdles.

Shelly Neufeld, M-A, junior — Six-foot Shelly, a transfer from San Mateo High, was key to basketball co-title as first-team all-leaguer and to second-place softball season as first-team all-league pitcher.

In basketball, averaged 12 rebounds and 11.1 points per game. In softball, pitched every game, compiling 6-2 league record and leading loop with three home runs.

Jeanette Porter, Woodside, senior — Honorable mention all-leaguer in volleyball, two-time first-team all-leaguer in basketball, power-hitting outfielder in softball.

Solid performer in losing teams in volleyball and softball, Jeanette was primarily responsible for Woodside's best basketball season. She averaged 14.6 points, second in the league, and had fine jump shot.

Carmen Rivera, Sequoia, junior — First-team all-leaguer in volleyball, high scorer on junior varsity basketball team, first-team all-leaguer in badminton as two-time SPAL singles champion.

Carmen was spark of Sequoia's first volleyball title with superb all-around play. In badminton, she has twice rallied from regular-season defeats to upend her rivals in the league finals with cat-quick skills.

Carol Thane, Carlmont, senior — All-around queen of the racquet sports as first-team all-leaguer in tennis and badminton.

Scored major upset to reach semifinals in SPAL tennis tourney, then finished second in SPAL badminton finals to qualify for CCS tournament.

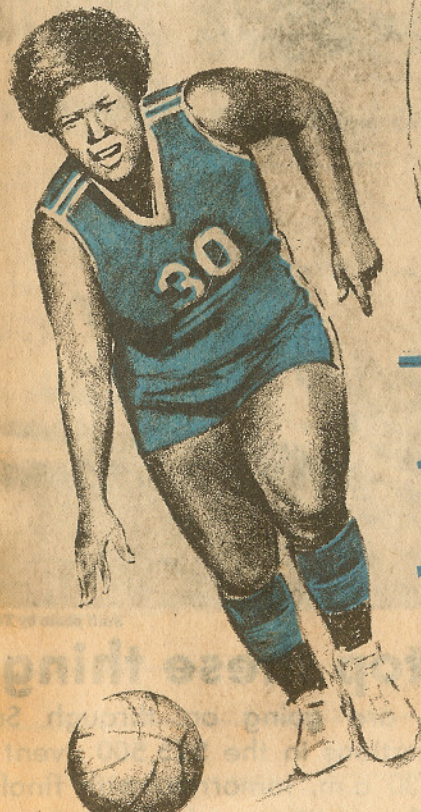
Paulette Traina, M-A, junior — First-team all-leaguer in volleyball, honorable mention all-leaguer in basketball, first-team all-leaguer in softball.

Peppery Paulette, among the fiercest of SPAL athletes, was playmaker on co-champion basketball team. She ranked fourth in SPAL softball batting with .485 average and played well in the infield. By far the smallest of the finalists at 5-foot-1, but plays with 6-foot heart.

Alisa Wilson, Carlmont, senior — Fine volleyball player, two-time first-team all-leaguer in basketball and two-time first-team all-leaguer in softball.

Excellent server in volleyball on second-place team, but truly outstanding as SPAL scoring champion in basketball (15.3 average) and runs batted in leader (with 29) on 21-3 overall Scot softball champs. Selected for CCS North-South all-star basketball game, possibly strongest girl in SPAL as heart of Carlmont's program.

Scots' Alisa Wilson best of gals



ALISA WILSON
CARLMONT



Honor follows a rare failure for Athlete of Year

By MIKE NOLAN

The way Alisa Wilson figures it, her greatest honor and first real failure — experienced only a few days apart — are both vital to her single-minded determination to fulfill a dream.

The honor, the Tribune's second annual SPAL Girl Athlete of the year award announced today, shows why Alisa is driven by her dream.

The failure, being cut from a summer Olympics development program league in Los Angeles, shows what she must work on to make good on an all-consuming ambition.

That's because now, more than ever in the wake of the past few days, the most honored girl at both Carlmont High and in the SPAL hungers to play basketball at UCLA.

Qualifying for the intense

program of the defending national women's champs is a tall order, and Alisa is realistic enough to know she may not make it.

But that isn't going to stop her from trying, just as a security guard wasn't enough to stop her from getting to see UCLA's coach, and as most of her volleyball, basketball and softball foes couldn't handle her power at Carlmont.

Alisa won 12 letters, including four varsity letters (and three All-SPAL honors) in softball, three in basketball (and two All-SPAL honors) and two in volleyball.

And she is not a timid athlete.

Alisa, flashing the smile which can make friends instantly, only giggles gently when asked what her middle initial, A, stands for. It might just as well be for

(Please turn to Pg. 10, Col. 1)

SECOND SECTION



Alisa a tomboy?

'Most definitely'

(Continued from Page 9)

"Aggressive" as anything else.

"When I know what I want, I'll go for it. I've always been a determined person," says Alisa.

Such as her "reunion" with Billie Moore, the famed coach who guided UCLA to the top last winter.

During the Western Regionals at Stanford, Wilson, who attended Billie Moore's summer camp last year, somehow eluded the courtside security by slipping under a rope and boldly walked up to Moore with a "Hi, remember me?"

"I wanted to see if she did," recalls Alisa. "And she did."

Anyone who has ever met the 5-foot-9 Scot powerhouse would have a tough time forgetting her.

Certainly, Wilson will be remembered as the keystone of this year's Carlmont program. She won the SPAL basketball scoring championship (15.3 average) and a berth in the June 22 North-South Central Coast Section All-Star Game at Toso Pavilion; she led Carlmont's third straight softball champion in runs batted in with 29 in 24 games.

She also provided leadership for all three Scot squads, as a group the most successful this year in the SPAL — second in volleyball (in which she also was a standout), third in basketball and first in softball.

Yet Alisa thinks that all this success — none of which really surprised her — won't be as significant as her failure to qualify in tryouts last week at Los Angeles State for that powerful Southern California basketball program.

"Not making it (she was among 160 girls shooting for 30 spots) just has made me realize now what I must do to improve. I've got to push myself harder (something she hasn't always had to do) and keep losing weight.

"But I'm going after my goal — I really want to play basketball at UCLA."

Alisa, a heavyset bundle of friendliness, doesn't shy away from discussing her weight problems. She has carried too much weight for maximum effectiveness during her Carlmont career, but she's convinced she can lick the problem, and already has begun.

"I've lost 15 pounds in the last couple months," notes Wilson, who underwent a glandular operation last winter. "I want to lose 45 eventually. I know I must lose 20-25 to play at UCLA."

"I can't remember her ever missing a practice or not giving an outstanding effort," he adds. "And it hasn't always been that easy some days for her."

Alisa actually may be better in softball than basketball. But Basketball is her first love, and she has played very well, winning this year's scoring title after finishing second last year. She almost always scored and rebounded in double figures both seasons.

"She's got her work cut out for her, going to UCLA," says Scot basketball coach McKissick. "But I'll sure remember her aggressiveness — her willingness to take those shots and challenge anyone one-to-one. Most girls you have to beat on the head to do this, but not Alisa."

Wilson always has been fairly strong-willed, even as a freshman at Carlmont who had spent most of her life in East Palo Alto after arriving from Texas as a toddler.

"I wasn't worried about it (going to Carlmont)," recalls Alisa. "I figured I'd make friends if I just got involved. And, I wanted to ride a bus. Yes, ride a bus. Ever since I was in the fifth grade, I envied those kids who got to ride a bus to school."

Wilson, an only child, credits her mother, Martha Ann Williams, with developing her poise and self-confidence.

"My mother and I are very close, but she has always made me do everything for myself. I mean, she's helped me, but she's always told me I had to go for something myself if I want it. She says she can't do it for me. She's always said it's up to me to strive for my goals, not up to her."

Perhaps because she grew up without brothers or sisters, Alisa acknowledges "I love to be around people. I don't like to be alone. I like the outdoors and things like that — that's why I got into sports."

Was she a tomboy?

"Oh, most definitely.. I definitely was a tomboy. I grew up playing with a lot of boys (like Woodside star Tony Thompson) and I've always loved to compete. With others and with myself.

"I've been lucky," adds Alisa. "I've had such fine coaches (in Liggett and McKissick). They're winners. They know when to have the light moments, and when to be serious. And Miss Staves (Carlmont coach Nancy) has been like a big sister to me. They've all meant so much to me."

Alisa is a 3.2 student (better

Alisa, a heavyset bundle of friendliness, doesn't shy away from discussing her weight problems. She has carried too much weight for maximum effectiveness during her Carlmont career, but she's convinced she can lick the problem, and already has begun.

"I've lost 15 pounds in the last couple months," notes Wilson, who underwent a glandular operation last winter. "I want to lose 45 eventually. I know I must lose 20-25 to play at UCLA."

Weight, though, is nearly the only thing Wilson has lost this spring. Voted captain by her teammates, Alisa led the Scots to a 21-3 softball season while winning varsity letter No. 9.

Surrounded by talented teammates each of the past three Carlmont championship softball seasons under coach Jim Liggett, Alisa has helped the Scots compile a 60-8 record in the most successful program over that span (26-1 in league) in SPAL girls sports.

Wilson follows last year's first Athlete of the Year, Scot short-stop-guard Lori Grech, in winning the top honor primarily for softball under Liggett and basketball under coach Ruth McKissick.

Alisa, who has started all 68 games at first base, has compiled tremendous three-year statistics, with 76 hits in 193 at-bats for a .394 average with 101 total bases, 10 home runs and a staggering 87 runs batted in.

Liggett says Wilson's personality and leadership have been as important as her bat.

"Alisa's really a fantastic kid — I don't know anyone at school who doesn't like her," says Liggett. "She's just full of life, with a very positive influence on people.

(like Woodside star Tony Thompson) and I've always loved to compete. With others and with myself.

"I've been lucky," adds Alisa. "I've had such fine coaches (in Liggett and McKissick). They're winners. They know when to have the light moments, and when to be serious. And Miss Staves (Carlmont coach Nancy) has been like a big sister to me. They've all meant so much to me."

Alisa is a 3.2 student (better than straight B) who has enjoyed tutoring younger students in Carlmont's program. She thinks she'd like to go into either special education, working with deaf children, or into coaching.

"I'm not sure, but I want to work with people," Wilson says. "Helping people can be more satisfying than hitting a grand slam.

"I'd like to see more kids get involved in school, doing good things," adds Alisa. "I'd like to see more black kids really wanting to get an education and getting involved. Really, I'd like to see more kids period doing that. I think everyone should try to get into a sport. Even my mother has even starting running recently."

Alisa says she'll take up softball at UCLA, if she can't make it in basketball, or possibly transfer to another college.

But first, she's off to UCLA for summer sessions after the CCS All-Star game.

"They showed interest in me down there at the camp, and they said I had potential, if I lose the weight and do the right drills," says Alisa. "So I'm going to go for it."

And, heaven help the guy who puts ropes around the court!

'76-'77

- 9/21 Gary Davenport, San Carlos football
9/28 Day Brigham, Merle School football
10/5 Bob ~~E~~ Love, Carmel, cross country
10/12 Brian Short, Carmel winter jds
10/19 Craig Nicoloplos, Carmel football
10/26 Perry Parmelee, Woodside football
10/2 Kevin Bass, Merle School football
11/9 Cindy Vaughan, San Carlos cross country
11/16 Paul Noce, Sequoia football
11/23 Carl Procter, M-A swimming
11/30 Greg MANDAVIS, Carmel
12/7 None selected
12/14 Darrell Burton, M-A basketball
12/21 Marshall Newson, M-A wrestling
12/28 Tod Sedlack, San Carlos basketball
1/4 Jim Hartman, Sequoia basketball
1/11 Rich Sennman, Carmel basketball
1/18 Chris Allard, M-A soccer
1/25 Waymon McKittrick, Carmel basketball
2/1 Frank Miller, M-A basketball
2/8 Teft Smith, Sequoia basketball
2/15 Ralph Parks, M-A wrestling
2/23 Melody Clark, M-A basketball
3/1 Bruce Hedenberg, M-A wrestling
3/8 Karen Selven, Woodside soccer
3/15 Richard Clark, M-A track
3/22 Paul Bates, M-A track
3/29 Greg MANDAVIS, Carmel track
4/5 Merle Spivey, Woodside track
4/12 Rich Sennman, Carmel baseball
4/19 Jamie Allen, Carmel track
4/26 Keith Young, M-A track
5/3 Chuck Groszup, Woodside swimming

5/10 Tony Meier, M-A Swimming
5/17 Stan Beal, SC track
5/24 Chris Morton, Menlo School track
6/1 Walt Worthge, Calmar track

~~6/1~~

Additional nominees

Paul Carey, Woodside
Daryl Page, Menlo School
Konrad Meyer, Sequoia
Glen Carey, Woodside
Brett Cloaning, Woodside
Lou Agers, Woodside

Athlete of Year starts with 40

Forty candidates are now officially in the running for the Tribune's 19th annual Athlete of the Year award.

Thirty-four qualified as winners of the Tribune's Athlete of the Week honor. Six additional stars were nominated for their general multi-sport excellence.

The award, the highest honor a Sequoia Union High School District athlete may receive, formerly was given to the District Athlete of the Year.

When the three Palo Alto schools left the South Peninsula Athletic League at

Tuesday.

The finalists will be announced next Thursday, followed by the declaration of the winner Saturday.

The winner will be heralded in a color drawing by Tribune artist Dorothea Templeman, whose weekly drawings have announced the Athlete of the Week since March, 1971.

The Athlete of the Year then will receive the original drawing by Mrs. Templeman, while the athlete's school will receive the Al Foss Memorial Trophy for safekeeping during the next school year.

The Foss Trophy was donated by members of the unbeaten 1943 Sequoia

football team in memory of a teammate.

Previous winners include: Marty Hull, Sequoia, 1959; Rich Koeper, Sequoia, 1960; Gary Gaskill, Carlmont, 1961; Greg Buckingham, M-A, 1962; Gary Frohlich, Sequoia, 1963; Dick Roth, M-A, 1964-65; Bob Emery, San Carlos, 1966; Charles Johnson, Sequoia, 1967; Neil Platts, Woodside, 1968; Bob LeBlanc, Woodside, 1969; Rich Kelley, Woodside, 1970-71; Jim Watts, M-A, 1972; John Naber, Woodside, 1973; Gary Scott, Woodside, 1974; Myrt Easley, Woodside, 1975; Wyatt Bishop, Carlmont, 1976.

Girl Athlete of Year too

In keeping with the increased participation and interest in SPAL sports for girls, the Tribune will honor an SPAL Girl Athlete of the Year for the first time.

The field of contenders for the first annual award will be announced in Tuesday's Tribune, with the announcement of the winner to follow late next week.

the end of last year, Menlo School became the only non-District school in the league.

Since most of the Knight athletes reside within the District, Menlo was added to the list of Athlete of the Week eligibilities.

Menlo-Atherton leads the list with 12 nominees, followed by Carlmont and Woodside with eight each. Menlo, San Carlos and Sequoia have four apiece.

It is entirely possible for one of the added nominees to win the award. The 1974 winner, Woodside's Gary Scott, was never an Athlete of the Week.

Three of last year's 10 finalists are in contention this year — Carlmont's Rich Sentman and Bob Love and M-A's Richard Clark.

Since 1968, only two of the nine Athletes of the Year have come from schools other than Woodside — Carlmont's Wyatt Bishop last year and M-A's Jim Watts in 1972.

Two athletes won the honor twice this school year — Carlmont's Greg Mandanis (cross country and track) and Sentman (basketball and baseball). An athlete is limited to one award per season.

After due consideration, the list will be chopped about in half to form the semifinal field, to be announced

The nominees

Date	Athlete	School	Sport
Sept. 21	Gary Davenport	San Carlos	Football
Sept. 28	Doug Brigham	Menlo Schl.	Football
Oct. 5	Bob Love	Carlmont	Cross Country
Oct. 12	Brian Short	Carlmont	Water Polo
Oct. 19	Craig Nicolopoulos	Carlmont	Football
Oct. 26	Perry Parmelee	Woodside	Football
Nov. 2	Kevin Bass	Menlo Schl.	Football
Nov. 9	Cindy Vaughan	San Carlos	Cross Country
Nov. 16	Paul Noce	Sequoia	Football
Nov. 23	Carol Procter	M-A	Swimming
Nov. 30	Greg Mandanis	Carlmont	Cross Country
Dec. 14	Darrell Barbour	M-A	Basketball
Dec. 21	Marshall Newson	M-A	Wrestling
Dec. 28	Tod Sedlacek	San Carlos	Basketball
Jan. 4	Jim Hartman	Sequoia	Basketball
Jan. 11	Rich Sentman	Carlmont	Basketball
Jan. 18	Chris Allard	M-A	Soccer
Jan. 25	Waymon McKittrick	Carlmont	Basketball
Feb. 1	Frank Miller	M-A	Basketball
Feb. 8	Jeff Smith	Sequoia	Basketball
Feb. 15	Ralph Parks	M-A	Wrestling
Feb. 23	Melody Clark	M-A	Basketball
Mar. 1	Bruce Hedenberg	M-A	Wrestling
Mar. 8	Karen Selven	Woodside	Soccer
Mar. 15	Richard Clark	M-A	Track
Mar. 22	Paul Bates	M-A	Track
Mar. 29	Greg Mandanis	Carlmont	Track
Apr. 5	Mesha Spivey	Woodside	Track
Apr. 12	Rich Sentman	Carlmont	Baseball
Apr. 19	Jamie Allen	Carlmont	Track
Apr. 26	Keith Young	M-A	Track
May 3	Chuck Groscup	Woodside	Swimming
May 10	Tony Meier	M-A	Swimming
May 17	Stan Beal	San Carlos	Track
May 24	Chris Morton	Menlo Schl.	Track
June 1	Walt Worthge	Carlmont	Track

ADDITIONAL NOMINEES

Lou Ayers, Woodside (Football, Baseball)
 Glen Carey, Woodside (Football, Soccer, Baseball)
 Paul Carey, Woodside (Football, Soccer, Baseball)
 Brett Cesarin, Woodside (Football, Baseball)
 Konrad Meyer, Sequoia (Football, Soccer, Baseball)
 Darryl Page, Menlo School (Football, Basketball, Baseball)

Athlete of Year list cut down to 17

By **MIKE NOLAN**
Tribune Sports Writer

Seventeen multi-talented athletes, most of whom have been honored repeatedly all year, are the semifinal field in the quest for the Tribune's SPAL Athlete of the Year honor.

All 17 have become household names to SPAL fans; they have been the backbone of their schools' overall athletic programs.

The select 17 survived the first cut from the original list of 40 candidates. The finalists will be

announced Thursday, followed by the big news Saturday.

Woodside High, which has produced seven of the last nine athletes of the year, leads with five candidates. Menlo-Atherton boasts four and Carlmont, Menlo School, San Carlos and Sequoia have two each.

The field includes 12 seniors, four juniors and one sophomore.

The winner of the 19th annual award will be heralded Saturday by a large color drawing by Mrs. Dorothea Templeman, veteran artist who handles the Tribune's

Athlete of the Week feature. He will be the seventh athlete honored by her work.

And, of course, the winner's school receives custody of the large Al Foss Memorial Trophy for next year. The trophy has been located at Carlmont this term, courtesy of last year's winner, Wyatt Bishop.

Here's a capsule description of each athlete, listed alphabetically. It's among the most talented semifinal groups in the history of the contest.

Chris Allard, M-A, senior —

One of league's most versatile athletes. He was All-SPAL soccer halfback and tennis player, a rare

Girl finalists on Page 14

combination; had solid seasons in both. Also reserve on championship water polo team.

Lou Ayers, Woodside, junior — All-league defensive back on

football co-champ and all-league second baseman on baseball titlist. Led SPAL with seven interceptions in fall; in spring, batted .368 with 32 hits.

Kevin Bass, Menlo School, senior — SPAL football Back of Year, all-league baseball outfielder, basketball starting guard. League rushing champion with 800 yards, despite losses during emergency quarterback duty. Widely acknowledged as best pro baseball prospect in league, hit .434 this year and .406 on career with 113 hits.

Paul Bates, M-A, senior — Top star on championship track team, also starting football defensive back. Won Central Coast Section long jump and triple jump titles, set school records with 24-4¾ and 49-2½ bests.

Glen Carey, Woodside, senior — Regular on three Central Coast Section caliber teams. Football starter as defensive back-receiver, second-team all-league soccer player, second team all-league outfielder.

Paul Carev, Woodside, senior —
(Please turn to Page 14, Col. 1)

Athlete of Year listed Saturday

(Continued from Page 13)

Two-time all-league first team football defensive back, inspirational fullback-halfback on soccer team and baseball Player of the Year as centerfielder. In baseball, set modern Sequoia District record with 35 runs batted in, keyed first outright diamond title in Wildcat history.

Brett Cesarin, Woodside, senior — All-league football halfback and standout linebacker, two-time all-league catcher. Second in overall SPAL rushing with 455 yards; batted .361 with 21 RBIs in baseball.

Richard Clark, M-A, senior — Second team all-league football defensive end, league's finest hurdler and state meet entrant in track. Set school records with 14.1 and 38.9 hurdles bests, finished third in CCS high hurdles.

Gary Davenport, San Carlos, senior — All-SPAL defensive back in football and shortstop in baseball, starting guard in basketball. Outstanding tackler, also caught 19 passes and two game-winning touchdown tosses despite inexperienced quarterbacking. Set school record with .487 average as SPAL batting champ, hit .427 overall with 35 hits, fielded well.

Bob Love, Carlmont, junior — Two-time SPAL cross country champion, also two-time SPAL two-mile titlist. Third in CCS harrier finals, won CCS two-mile for second straight state track meet berth.

Konrad Meyer, Sequoia, senior — Second team all-league football tight end, first team all-league soccer fullback, second team all-league baseball pitcher. Was key defensive stalwart on championship soccer squad.

Marshall Newson, M-A, senior — All-league football center, 194-pound SPAL wrestling champion, league discus champion in track. Was runnerup for Central Coast Section mat honors, made state mat meet.

Paul Noce, Sequoia, junior — All-SPAL football offensive back, all-league baseball infielder. League football scoring champ with 34 points, won two games with dramatic late two-point conversion runs. Batted .365 with 27 hits in baseball.

Darryl Page, Menlo School, senior — All-SPAL football offensive tackle, All-SPAL baseball first baseman, starting center in basketball. Made many holes for teammate Bass on line; in baseball, batted .384 with 24 RBIs. Also among league's most inspirational athletes and only 16 years old.

Tod Sedlacek, San Carlos, junior — All-league basketball guard, second team all-league baseball designated hitter. Led SPAL with 18.7 scoring average and 10.3 rebound clip; with 688

career points figures to be first Don to pass 1,000. Hit .328 overall in baseball.

Rich Sentman, Carlmont, senior — All-SPAL guard on championship basketball team, second-team all-leaguer as quarterback on football co-champ, outstanding baseball pitcher whose season was limited by arm problems. Set SPAL record for lowest interception ratio in football, pitched no-hitter and became Carmont's career earned run average baseball leader.

Mesha Spivey, Woodside, sophomore — Perhaps finest all-round frosh-soph athlete in SPAL. League football scoring champ (32 points), all-league basketballer on title team, set school record with 6-6¼ high jump.

to top six SPAL athletes

By MIKE NOLAN
Tribune Sports Writer

One of the finest fields of all-round stars in the contest's history promises extremely close competition for the Tribune's SPAL Athlete of the Year award.

Each of the six finalists named today is a three-sport regular. Each has at least two all-league honors. Each is a senior who has demonstrated leadership qualities to go with standout statistics.

Each has displayed a multitude of athletic talents. Each, in fact, has enough qualifications that he might well have won the award during some of the previous 18 years the Tribune has awarded the honor.

This, truly, is a high-caliber field of finalists.

Coaches and fans of each of the five schools represented can legitimately pull for their cause.

But only one of these fine athletes can win.

Just one thing is certain. The winner will not come from Carlmont, as did last year's Athlete of the Year, state track 880 champion Wyatt Bishop. No Scot made the finals, so the huge Al Foss Memorial Trophy will go elsewhere.

The trophy was given by members of the unbeaten 1943 Sequoia High football team. Even they, however, could have used the services of any of the six finalists.

That's because each was a

football standout. And, interestingly, this is the first year in which every finalist has played football, much less been a star.

Ladies first

Ladies first, right?

The Tribune indeed will come out with a first tomorrow, when the initial SPAL Girl Athlete of the Year will be announced.

Tomorrow's winner will be chosen from a field of 11 finalists announced Thursday. She'll be honored with both a drawing and a feature story.

Representing five schools, the finalists are, in alphabetical order: Kevin Bass, Menlo School; Paul Carey, Woodside; Gary Davenport, San Carlos; Konrad Meyer, Sequoia; Marshall

Newson, Menlo-Atherton, and Darryl Page, Menlo School.

The winner, to be announced Saturday, will be honored with a feature story and a large color drawing by Mrs. Dorothea Templeman, veteran Tribune artist who handles the Athlete of the Week feature.

Here, in detail, are the impressive credentials of the finalists. Long-time SPAL fans are sure to agree this is one of the more imposing and versatile SPAL groups in history. They are listed alphabetically.

Kevin Bass, Menlo School — SPAL football Back of the Year, all-league baseball outfielder, starting basketball guard.

Kevin led SPAL in rushing with 410 yards in five league games and 800 in 10 games overall, despite problems with both injuries and relief duty at quarterback, which cost him a shot at 1,000 yards. Also played both linebacker and defensive back.

Twice All-SPAL outfielder, Kevin had a .434 overall average with 33 hits. His career average was .406 with 113 hits and 60 runs batted in over four seasons. Drafted in second round by Milwaukee Brewers.

Paul Carey, Woodside — All-SPAL football defensive back, fine regular on powerful soccer team, SPAL baseball Player of the Year. Inspirational leader of three league champions, only athlete in SPAL history to play in Central Coast Section competition in three team sports.

A two-time grid all-leaguer, Paul called Woodside's defensive

signals. Also valuable kick returner and played well offensively at wide receiver.

Played both halfback and fullback in soccer. Helped stabilize group of talented but inexperienced offensive players.

In baseball, keyed first outting Woodside diamond title by tying SPAL RBI record with 22 in games, top ratio in history. Set modern Sequoia District record with 35 RBIs, hit well in clutch for .333 average. Solid centerfielder.

Gary Davenport, San Carlos — All-SPAL football defensive back, All-SPAL baseball shortstop, starting basketball guard.

Among surest football tacklers in league; keyed defense which allowed no TDs through air in five games. Caught 19 passes over a season on offense despite inexperienced quarterbacking, including two touchdown game-winners.

Played outstanding shortstop and batted .427 overall with school record 35 hits. Led SPAL with .487 average. Offered full scholarships to several colleges.

Averaged 5.5 points in league and 3.9 overall in basketball, but performed well as backcourt play-maker.

Marshall Newson, Menlo-Atherton — All-SPAL football center, league 194-pound wrestling champion, league discus champion in track.

Was workhorse of winless football team, gave all-out effort at all times, which wasn't easy. Played both ways, also a solid linebacker.

Helped Bears win wrestling title, finished second in CC finals, made state meet. Posted 27-6 record. Inspirational leader of mat squad.

Had strong track season. Won SPAL discus title with 160-6 toss. Finished sixth in Region II meet. Had shot put best of 56-7¾, third in league finals, sixth in Region II. Contributed to dual meet championship heavily.

Konrad Meyer, Sequoia — Second team All-SPAL tight end, all-league soccer fullback, second team all-league baseball pitcher.

Played both ways well in football; only 11 receptions, but Cherokees had running team and Konrad's 23.1 receiving average indicates explosiveness.

Helped Cherokees win league soccer title in playoffs; was constantly praised for powerful defensive leadership at fullback.

Back injury prevented potentially outstanding baseball campaign. Still managed 3-0 pitching record in league, also played infield and outfield and batted .268 in league, .255 overall.

Darryl Page, Menlo School — All-SPAL football offensive tackle, All-SPAL baseball first baseman, regular basketball center. One of school's most respected students.

Played with exceptional consistency and power on Menlo line, helped younger, less experienced teammates greatly. Considering his age (16) did tremendous job.

Showed outstanding baseball improvement; drafted seventh round by Milwaukee Brewers. Played well at shortstop, first base, outfield and pitcher; batted .384 overall with five homers, 2 RBIs.

At 6-2, usually had to battle bigger men in pivot on basketball court, but usually held his own never quit despite only one victory.



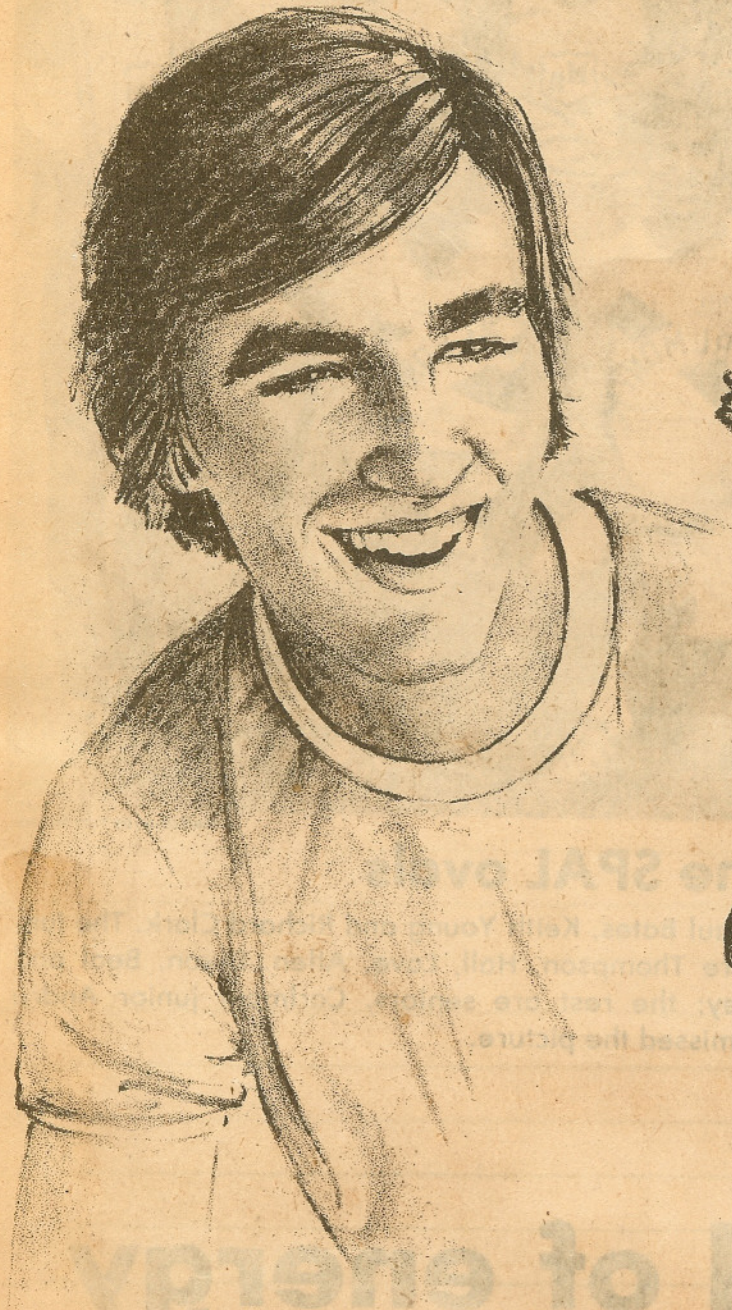
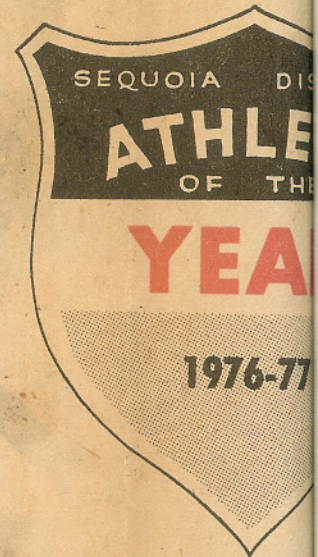
—Staff photo by Tom Bullock

Tomorrow's big prize

Four of the six Tribune SPAL Athlete of the Year finalists surround the huge Al Foss Memorial Trophy that will go to the school of the winner as announced in tomorrow's Tribune. In front, left to

right, are Gary Davenport, San Carlos, and Paul Carey, Woodside. Back, Konrad Meyer, Sequoia, and Marshall Newson, M-A. Not pictured are Menlo School's Kevin Bass and Darryl Page.

Cats' Paul Carey Ath



PAUL CAREY
WOODSIDE

Year Thinking man's athlete

By MIKE NOLAN
Tribune Sports Writer

Paul Carey, the thinking man's prep player who demonstrated remarkable skills, versatility and responsibility on three powerful Woodside High teams, is the Tribune's Athlete of the Year for the South Peninsula Athletic League.

The Tribune's 19th annual honor caps a brilliant senior year for Carey, in which he accomplished the following:

- * Earned his second consecutive All-SPAL football spot at cornerback while setting a Woodside career pass interception record and handling a wide variety of responsibilities for an SPAL co-champion.

- * Spurred Woodside's first outright baseball championship by driving in more runs than any player overall in modern Sequoia District history, plating runs at the fastest pace in SPAL play in history and playing an excellent centerfield to earn Player of the Year honors.

- * Played two positions, including strong defense, on an outstanding soccer team which won the SPAL round-robin title, only to lose narrowly to Sequoia in the playoffs and then to the eventual Central Coast Section champ in overtime in post-season play.

- * Became the first SPAL athlete — along with his talented identical twin brother, Glen — to play in CCS competition in three team sports.

- * Won the prestigious Tony Devine Memorial Trophy, given to the Sequoia District athlete who best combines achievement on the field and in the classroom.

Paul nudged a field of five other outstanding all-round, three-sport athletes in competition which was among the closest in the award's long history.

The other finalists, all seniors, were Kevin Bass of Menlo School, Gary Davenport of San Carlos, Konrad Meyer of Sequoia, Marshall Newson of Menlo-Atherton and Darryl Page of Menlo School.

Carey is the eighth winner from Woodside in the past 10 years. The 43-inch Al Foss Memorial Trophy, donated by members of the unbeaten 1943 Sequoia football team, will return to Woodside for the next term. It has been at Carlmont, thanks to last year's winner, Wyatt Bishop.

Carey also is only the third winner who wasn't an Athlete of the Year during the school year, following Woodside's Gary Scott in 1974 and Sequoia's Gary Frohlich in 1963. Carey came close several times, only to be beaten out by record performances in individual sports.

Amazingly, Carey's citizenship and scholastic achievements surpass his athletic accomplishments.

Not only has Paul participated in a multitude of varied student activities, he has earned straight-A grades in college prep courses for the past three years.

In fact, the only reason his grade point average is 3.96 instead of a perfect 4.0 is that he received a pair of B's in freshman typing.

"And I remember that they advised freshmen boys not to take typing because their fingers weren't fully coordinated yet," recalled Carey, in a statement typical of his wry sense of humor.

Another such comment, mixed with thoughtful musing over his own good fortune:

"You know, if it hadn't been for his bad luck with injuries over the years, this could just as easily have gone to my twin brother, Glen.

"Or maybe you guys would have had to have your first two-headed drawing!"

As might be suspected from his academic record, Carey considers himself "a student first and an athlete second. I'm not one of the jocks."

Yet, he used his intelligence to great advantage in all three sports, while earning the respect of his teammates for his hustle and sportsmanship.

Paul called signals as captain of Woodside's league-leading defense while playing superbly at cornerback, one of the toughest positions for a prep. He showed excellent field sense while playing poised defense in soccer. He successfully analyzed what he had been doing wrong at bat and changed from a .200 hitter as a junior to a senior record-breaker.

"Paul almost never made a mistake," said his football coach, Troy Ratliff. "He has tremendous

And not just on athletic fields

Paul Carey full of energy

(Continued from Page 9)

sports savvy. You only needed to tell him to do something once. Sometimes, he could tell us.

"And if he did make a mistake, he never made it again. He knew how to cover up for anything he couldn't handle, ability-wise. He was, simply, about as solid a football player as you'll find in high school."

Yet, Carey emphasizes that sports were only another outlet for energy for him. Why, then, did he put so much time into them, when he had so many other things going for him too?

"I just enjoy playing. I like my body to be in shape. And I like competition. But it wasn't everything to me.

"When I was little, that's all I could think of (sports). But as I grew older, I just realized it was

far more important to get an education."

As a result, Paul, headed for the University of California at Berkeley to study engineering, isn't sure if he has any future in sports.

He'd like to play baseball, but only if his studies don't interfere.

Paul (and Glen, who is equally remarkable) participated in an astounding variety of student activities at Woodside.

Paul was involved in student government. He served as yearbook sports editor; he and his staff turned out a truly impressive, professional caliber sports section. He was involved in small parts in school plays, and has participated in other thespian activities. He was on the board of student affairs and the human relations board at Woodside. Currently, he is helping coach an Alpine Senior League team.

Paul also took courses in calculus ("7:45 a.m.," he groans), advanced English, anthropology, drama and physics, the latter out of a program at Stanford.

How in the world did he do all this?

"I have a lot of energy," he said, with his infectious grin.

"I'm interested in just about everything. When I was a sophomore, we took this aptitude test. It showed there was nothing I didn't like — nothing I didn't want to be."

But Carey has a good idea of his life's work.

"I want to work in engineering, in designing for alternate energy sources. We need to avoid waste, to have self-discipline. We need to realize where our energy comes from, and to have an appreciation for the land."

Paul has earned 12 letters at Woodside, the maximum possible, including six on varsity teams. He has been an integral part of seven championship squads; he has never played on a losing team.

The record of his teams against league opponents is 94-32-5.

As football coach Ratliff says, "That's no coincidence."

Paul is correct when he says Glen, the twin he is so close to, might well have won the award. Glen had an even better freshman year at Woodside than Paul. But early in his sophomore football season, Glen broke a vertebra in

his neck, to be followed by several other injuries. It was remarkable Glen participated as actively as he did, making the semifinals of this year's Athlete of the Year contest.

Woodside's coaches can tell Carey stories all day.

Soccer coach Bob Poole, who calls Paul "a man among boys and an outstanding gentleman — and all mirrored in his brother," says he'll never forget the answer he received when he asked Carey why he didn't scramble after a foul fly.

"He said something like 'the velocity of the sphere and the angle of the trajectory made it impossible for my speed to catch that ball.'"

Jess Cavender, who coached most of the teams on which Paul played, said, "It's impossible to replace a kid like Paul."

"Paul wasn't a holler guy. But when he spoke, you knew what he said was important. When Paul got mad, you knew it was time to work. He was very serious in practice."

"I hated long practices," said Paul. "I always figured if they were short you could use the time for something else."

Cavender was the beneficiary of Carey's big baseball season. Paul drove in 35 runs in 23 games and batted .333, including .400 in league. Even though he had only 10 league games, he tied the SPAL record for RBIs with 22, set in a 16-game schedule.

Twenty of those RBIs came in Woodside's first seven league games, all victories. That gave the Wildcats much of the confidence they needed to hang on.

"Paul got perhaps the best jump on the ball in center of

anybody I've seen. I saw him make only one mistake — when he tried a shoestring catch in our (lone regular league) loss to San Carlos."

How did Paul blossom into such a strong hitter?

"I opened my stance. I just stood differently, to avoid lunging. It worked."

In soccer, he contributed his top efforts in the playoffs. He and Glen were the only significant contributors to both Woodside's football and soccer teams, so tough is it to break into the school's attendance area soccer talent.

Paul also had perhaps his finest football game in CCS play. In Woodside's 1-0 tie-breaker loss to Andrew Hill, Carey punted seven times for a 42.4 average when fine punting was desperately needed. He also intercepted two passes, giving him a school career record of 12, and caught two passes for 22 yards.

Carey didn't get the opportunity to shine offensively; Woodside did not have a strong passing game. But he was usually involved in key defensive plays.

In Woodside's nine football games, Tribune stories (by four different reporters) mentioned him in eight games for some defensive gem or other.

"He was an excellent blocker too. He almost always got a hit on somebody," said Ratliff. Carey was vital on Woodside's sweeps.

Paul was born in Concord and split his first seven years between that East Bay community and Claremont in Southern California. His family moved to Portola Valley when he was seven.

Carey's father, Bob, is a metallurgist for Beckman Instruments in Palo Alto. Paul's mother, Myrtle, is a secretary at La Entrada School. The twins are the youngest of five children, all former Woodside students: Bob, Kent (a former football line standout), and Dawn.

Bill Guttormsen, the veteran Woodside athletic director who has seen so many good ones come and go, calls Paul "a fine representative of our school and our district."

"If there's a mold, we'd sure like to have more like him."

Even if Paul never plays a game in college, one thing's certain. He'll find something to do with his time.

First girl Athlete of Year

Eleven girls in the running

By **MIKE NOLAN**
Tribune Sports Writer

Eleven outstanding girls have been selected to participate in a bit of local sports history as the Tribune prepares to honor its first SPAL Girl Athlete of the Year.

The 11 gals listed below were chosen for their excellent all-round contributions to their schools' athletic programs.

One of the 11 will be recognized as the league's best overall athlete, with the announcement due Friday.

The winner will be heralded with a drawing by Mrs. Dorothea Templeman, who handles the Tribune's Athlete of the Week and regular Athlete of the Year features. The winner also will be the subject of a special feature story.

The field includes six athletes from Carlmont, two each from Menlo-Atherton and Sequoia and one from San Carlos. There are eight seniors, two juniors and one sophomore.

With participation in sports for girls having increased dramatically this year, it was decided to recognize the SPAL's best with the following list of finalists.

Each has demonstrated not only fine athletic ability, but also outstanding sportsmanship and character. Here's the alphabetical list and a capsule description of each girl's achievements:

Sandy Bindervoet, M-A, senior — All-leaguer on championship volleyball team, regular guard on basketball titlist, starting softball infielder. She helped M-A reach

the Central Coast Section volleyball finals and Region II basketball title game.

Barb Boyle, Carlmont, junior — Strong volleyball regular, all-league center on fine basketball team, one of league's most promising high jumpers in track. At 6-2, she was among league's most feared rebounders.

Mary Crusick, Carlmont, senior — Reliable volleyball player, all-league soccer performer and all-leaguer on softball team which went 23-2 and finished second in CCS. Her pitching record was 10-1; she batted .594 in league and .506 overall with 43 hits and 35 runs batted in.

Sue Gaggioli, M-A, senior — All-leaguer on championship volleyball team and doubles star of badminton title squad. She and

Jan Vucinich also teamed for the CCS badminton doubles championship.

Kim Gaumer, Carlmont, sophomore — All-league soccer scoring threat, all-league softball centerfielder, compiled 6-1 doubles tennis record with Lori Grech. Batted .467 overall with 35 hits and 33 RBIs, fielded well in center.

Lori Grech, Carlmont, senior — All-league softball shortstop, honorable mention all-league basketball guard, part of 6-1 tennis doubles team with Kim Gaumer. Inspirational leader of great softball team and fine basketball squad, SPAL batting champ with .636 average and among finest shortstops in CCS.

Nancy Hunter, San Carlos, senior — Among few experienced athletes on Don campus, she was runnerup for tennis singles title, starting guard in basketball and softball regular.

Monica Willadsen, Sequoia, senior — All-league volleyball player, regular basketball center who earned honorable mention honors and a softball pitching regular. At 5-11, has potential for future sports stardom.

Donna Papargellin, Carlmont, senior — Among most spirited and hard-working athletes in SPAL. She was all-league volleyballer, starting basketball guard and regular softball third baseman. No gaudy statistics but, as one coach put it, "a tremendous asset to any team anywhere."

Lots Spivey, Sequoia, senior — Fine volleyball player, all-league basketballer who made most of 5-5 height with hustle and 9.5 scoring average, solid sprinter who helped 440 relay team win league track title. Leader of Sequoia's program.

Allisa Wilson, Carlmont, junior — Strong volleyball player, all-league basketball forward and all-league softball first baseman. Second-leading basketball scorer at 12.9 and batted .376 with 40 RBIs in softball.

Lori Grech first girl Athlete

LORI GRECH



CARLMONT



ete of Year

Three-sport Scot star tops field

By MIKE NOLAN
Tribune Sports Writer

Lori Grech, for whom the word "challenge" is the most meaningful of all, has combined her abundance of ability, leadership and integrity into local sports history for girls.

The versatile Caflmont High senior was named today as the Tribune's first Girl Athlete of the Year in the South Peninsula Athletic League.

And the five-foot bundle of energy's reaction upon receiving the honor is typical of both her mature outlook and the unselfishness which helped her win:

"The best thing about this award is that it will inspire younger girls in the elementary and junior high schools to do their best.

"I hope a lot of them will say, 'if she won, I can too.' That's what I like about it."

Grech was chosen from a field of 11 finalists, the top all-round girls in the SPAL. The runner-ups were three-sport senior standouts Mary Crusick of Carlmont and Lois Spivey of Sequoia.

Lori's credentials are impressive.

She may have been the finest shortstop in the Central Coast Section. She helped the Scots to their second straight SPAL title, to a 23-2 overall season and runnerup in the CCS championships, and also won the league batting title with a .636 average while fielding with outstanding consistency.

She was among the area's finest ball-handling guards in basketball, a tiny play-maker overshadowed by taller talent in the scoring column, but a defensive reliable as indispensable as any player in the SPAL to her team's success.

In her first experience with competitive tennis, she was a member of a doubles team which won six of seven SPAL matches.

In talking with her coaches and Lori herself, it's obvious she has been so much more than merely a talented member of excellent teams.

"There was never one moment — never one — when she didn't hustle, didn't play all-out," said Grech's basketball coach, Ruth McKissick. "She was always completely unselfish."

"Lori has shown complete integrity and honesty," said her softball coach, Jim Liggett. "Last year, even before softball started, she informed us that her family had planned a week's vacation (during the season). A lot of kids wouldn't have said anything. Lori wanted us to know before she played."

Grech's tennis coach, Bonnie Verhousky, was surprised that she made so much improvement for one so inexperienced. But she wasn't surprised why: "Lori's very responsive, very coachable. Just a really fine girl to get to work with."

As for Lori, when asked why she made this decision or went out for that sport or why she will do anything she has a familiar

refrain: "Because it's a challenge, and I love challenges. I love to compete, to go as far as my ability will take me."

As it so often influences life's winners, early adversity brought out the best in Grech, teaching her lessons she applied to sports.

"My Mom (Cece) was pretty ill with heart trouble for a long time," said Lori. "She's feeling fine now. But being the oldest, I always had a lot of responsibility in helping take care of my brother (Paul, a freshman-to-be at Carlmont) and sister (Sandy, a senior-to-be).

"That makes you grow up and it becomes easier to make decisions. It gave me the chance to be responsible at a young age."

Lori credits her father Ed, a produce manager for Lucky Stores, for her success.

"He'd come home and after dinner he'd always play catch with us and spend time with us. My Mom and Dad gave me all the encouragement, but they didn't put on a lot of pressure.

"They always said, 'anything you set your mind to do, you can do. Don't just look at it and say you can't do it.'"

Not surprisingly, Lori is intensely devoted to her family. Her love for them is sprinkled throughout her conversation.

Grech also is proof positive that a girl can combine athletic ability and achievement with femininity and charm. Her voice has a lilt which provides a stunning contrast with, for example, the authoritative throws she unleashes from shortstop.

Her goal has nothing to do with athletics; it's to become an elementary school mathematics

(Please turn to Page 14, Col. 5)

Top girl athlete loves challenge

(Continued from Page 13)

teacher. Why?

"Because I love to work with kids. And I want to work with younger kids — that's where the problem is. I've been doing a lot of tutoring at Carlmont, and I really enjoy it."

But why math?

"It's a challenge (what else?!) to solve problems and to teach others to solve problems."

A north San Mateo County resident through the sixth grade, Lori spent grades 7-10 in Napa, where she honed her athletic skills at both school and home.

She was a regular on championship basketball and softball teams as a sophomore at Napa High. She admits it was tough leaving the friendly, bucolic Napa area for the bustling Peninsula.

Now, though, Lori thinks Carlmont's programs have been even better for her.

"The coaches at Carlmont make a tremendous difference," she said. "They really care for us."

"Mr. Liggett has to be one of the kindest people I've ever met. Miss McKissick has patience galore, and she establishes one-to-one relationships with each student. And I credit Mrs. Verhousky for my tennis, and my partner, Kim Gaumer."

Liggett notes that it hasn't always been easy for Lori: "She has had some pretty severe injuries."

Three years ago, she broke her ankle in a slide at home plate. She suffered from severe shin splints in basketball. And she endured a

bad slide burn. "But she never let these hold her back," said her coaches.

"Even though Lori already had tremendous ability," noted Liggett, "she improved herself just by listening."

"I know I'm prejudiced, but she was the best shortstop I saw all year (Carlmont played 17 different opponents)."

"I've never seen a girl shortstop who can do some of the things she can. I've seen girls with stronger arms or more speed, but none with her overall technique and ability."

Grech also was excellent at bat. She topped the SPAL with a .636 average as Carlmont's leadoff hitter. She struck out only three times all season.

McKissick notes that Lori "had the most responsibility on our basketball team" — which narrowly lost to Menlo-Atherton, 58-55, in a special playoff for the SPAL title. M-A had one of the finest teams in the CCS, losing to eventual section champ Peterson by nine points in the Region II final.

"She had more steals than the rest of the team combined," noted McKissick. "She was our spark-plug."

Grech isn't sure of her athletic future; her studies (first at College of San Mateo) may curtail her sports activities.

When asked if she wasn't a bit worried about her future in the over-crowded teaching job market, Lori's answer was typically feisty.

"Well, it relates to sports. If you want something hard enough, you're going to fight for it. You're going to fight your hardest to get it. And I love to compete."

Lori Grech may be only five feet tall. But there's no doubt that whatever challenge she tries, she'll never be short on success.

Athlete of Year starts with 41

They're off and running for the Tribune's 18th annual Sequoia Union High School District Athlete of the Year trophy, the highest honor a SUHSD athlete can win.

This year there are 41 athletes vying for the honor, won last year by Woodside High's Myrt Easley, 33 of them because they were at some time this year awarded the Tribune's Athlete of the Week award.

The other eight in the running are there because several times during the year they came close to winning Athlete of the Week honors, but were nudged out by more spectacular performances.

Two years ago Woodside's Gary Scott won the award after failing to earn A of W recognition.

After lengthy research this initial list will be pared down to semifinalists and then finalists before the winner is announced late next week.

The winner will be heralded in a color drawing by Tribune artist Dorothea Templeman, whose weekly drawings have announced the Athlete of the Week.

The Athlete of the Year will then receive the original drawing by Mrs. Templeman, while the athlete's school will receive the Al Foss Memorial Trophy for safekeeping during the next school year.

The Foss Trophy was donated by members of the 1943 unbeaten Sequoia High football team in memory of one of their teammates.

For the past three years, and seven of the last eight, the Foss trophy rested in the display case at Woodside High, thanks to Easley, Scott and John Naber in 1973.

Other previous winners have been Marty Hull, Sequoia 1959; Rich Koeper, Sequoia 1960; Gary Gaskill, Carmont, 1961; Greg Buckingham, Menlo-Atherton, 1962; Gary Frohlich, Sequoia, 1963; Dick Roth, Menlo-Atherton, 1964 and 1965; Bob Emery, San Carlos, 1966; Charlie Johnson, Sequoia, 1967; Neil Platts, Woodside, 1968; Bob LeBlanc, Woodside, 1969; Rich Kelley, Woodside, 1970 and 1971; Jim Watts, Menlo-Atherton, 1972.

Woodside leads this year's field with 11 nominees, followed closely by M-A with nine and Carmont with eight.

They are followed by Ravenswood and Sequoia, four each, San Carlos, three, and Menlo School, 2.

Only one athlete won Athlete of the Week honors twice (only one award per person, per athlete is allowed) this year, Carmont cross country and distance runner Bob Love.

There are no semifinalists

or finalists from last year in the running this year, and the only quarterfinalist from last year in this year's field is Carmont track star Wyatt Bishop.

There are 27 seniors in the running this year, eight juniors and six sophomores.

Quarterfinalists will be announced in Thursday's edition of the Tribune.

The nominees

Date	Athlete	School	Sport
Sept. 23	Bob Haimson	M-A	Football
Sept. 30	Clay Henderson	Woodside	Football
Oct. 7	Eric Hill	Woodside	Football
Oct. 14	Jim Ciampi	Woodside	Football
Oct. 21	A. Williams	Carmont	Football
Oct. 28	Bob Love	Carmont	Cross Country
Nov. 4	Kurt Jorgensen	M-A	Football
Nov. 11	Bill Swanberg	Woodside	F-S football
Nov. 18	Tim Doyle	Woodside	Football
Dec. 9	James Williams	Ravenswood	Basketball
Dec. 16	Gerald Simien	Ravenswood	Basketball
Dec. 23	Steve Biddle	San Carlos	Soccer
Dec. 30	Tod Sedlacek	San Carlos	Basketball
Jan. 6	Andre Campbell	Woodside	Basketball
Jan. 13	Kevin Barbour	M-A	Basketball
Jan. 20	George Garibay	Sequoia	Soccer
Jan. 27	Russ Crane	Ravenswood	Soccer
Feb. 3	Greg Smith	Ravenswood	Basketball
Feb. 10	Davis Slajchert	Menlo	Basketball
Feb. 17	Bill Guilfoyle	Woodside	Soccer
Feb. 24	B. Hedenberg	M-A	Wrestling
Mar. 2	Stewart Bartlett	Woodside	Tennis
Mar. 9	Rich Montero	Carmont	Track
Mar. 16	Gordon Bliss	Carmont	Track
Mar. 23	Rich Clark	M-A	Track
Mar. 30	Bret Cesarin	Woodside	Baseball
Apr. 6	Bruce Sandin	Carmont	Baseball
Apr. 13	Stu Ward	M-A	Swimming
Apr. 27	Kirk Dawson	Woodside	Swimming
May 4	Chris Lanier	M-A	F-S swimming
May 11	T. Kavanaugh	San Carlos	Baseball
May 18	Wyatt Bishop	Carmont	Track
May 25	Fred Oravillo	Sequoia	F-S track
June 1	Bob Love	Carmont	Track

ADDITIONAL NOMINEES

Rod Shepard, M-A (Basketball, Baseball)
 Rich Sentman, Carmont (Football, Basketball, Baseball)
 Derek Bulcock, Sequoia (Football, Basketball, Baseball)
 Rick Volk, Woodside (Basketball, Baseball)
 Paul Byrne, M-A (Football, Baseball)
 Jay Cornish, Menlo (Basketball, Tennis)
 Doug Ryan, Sequoia (Football, Basketball, Baseball)
 Waymon McKitric, Carmont (Football, Basketball, Track)

'Athlete' list down to 20 semifinal prep candidates

By **BILL HARKE**
Tribune Sports Writer

Now there are only 20 left in the race to replace Woodside's Myrt Easley as the Tribune's Sequoia Union High School District Athlete of the Year.

After careful consideration, the Tribune cut the original squad of 41 hopefuls down to just under half, and at this time next week one of them will emerge as the 18th Athlete of the Year, seven of the last eight of whom have come from Woodside High.

Woodside has six athletes in this year's semifinals, but that's one less than Menlo-Atherton.

Carlmont is next highest with three, followed by Ravenswood with two and Sequoia and Menlo School with just one each. San Carlos High does not have one athlete in the semis.

There is still one more cut to be made — that will come early next week when the finalists are announced.

The honored athlete, whose school will receive the Al Foss Memorial Trophy for one year, will be recognized with a special color drawing by Tribune artist Dorothea Templeman.

Of the final 20, six never have

been named Athlete of the Week, but were close so many times they had to be recognized.

Just because they didn't earn the weekly award doesn't mean they can't take the whole ball of wax, because in 1974, Woodside's Gary Scott never was Athlete of the Week before becoming the king.

Two of this year's semifinalists made it to the quarterfinals last year, Woodside's Clay Henderson and Carlmont's Wyatt Bishop.

Of the following semifinalists, 14 are seniors, three are juniors and three are sophomores.

The alphabetical list (backwards) and a brief discription of their athletic achievements this year:

James Williams, senior,

Ravenswood — Co-SPAL basketball Player of the Year after leading the Trojans to the league title with a 20.6 per game scoring average and a .525 shooting percentage. An all-around performer in track, running sprint, middle distances and hurdles at various times.

Stu Ward, senior, Menlo-Atherton — One of the top swim sprintsmen in the league, posted the SPAL bests in both the 50 and 100 frees, taking both events in the SPAL meet. He was also the main ball-handler on the Bears' varsity water polo team that just missed a CCS berth.

Rick Volk, senior, Woodside — Perhaps the most steady player on the Wildcats' second place basketball team, did everything well, but was unspectacular. Also

a fine fielding first baseman who hit .340 and had four hits in one game to keep Cats in race for playoffs.

Bill Swanberg, sophomore, Woodside — Probably the best frosh-soph football player in the league, unanimous all-leaguer as Cats won title. Second team all-league JV basketball as Cats won title, and was hitting over .600 for Woodside frosh-soph baseball title team before being called up to varsity.

Greg Smith, senior, Ravenswood — All-league guard from the Trojans' championship basketball team. Scored 16.8 points a game and shot over 50 per cent. Honorable mention baseball all-leaguer, led the team in hitting with an ever .300.

Rod Shepard, senior, Menlo-Atherton — Top vote-getter on the All-SPAL basketball honorable mention list after being keystone to Bear playoff team. Although just 6-2, one of the top rebounders in the league, and second team all-league catcher with a .344 average.

Rich Sentman, junior, Carlmont — Transferred into Carlmont this year and quarterbacked football team, as well

SECOND SECTION



Redwood City (Ca.) Tribune

Thursday, June 3, 1976—17

as surprising basketball team which almost upset Ravenswood. Led the league in ERA at 0.67 and posted a 4-1 record to earn honorable mention status.

Bob Love, sophomore, Carlmont — Going to the state meet Saturday after posting a great 9:17.8 two-mile in the CCS.

Also was named cross country runner of the year and was the only athlete to win the Tribune's Athlete of the Week award twice this year.

Chris Lanier, sophomore, Menlo-Atherton — The only

(Please turn to Page 18, Col. 1)

Athlete of Year choices

(Continued from Page 17)

district winner in CCS swimming, setting a CCS record for the frosh-soph 100 back and also placing third in the 500 free. The dominant frosh-soph swimmer, and also frosh-soph water polo Player of the Year for league champion Bears.

Kurt Jorgensen, junior, Menlo-Atherton — The Bears' top running back as M-A finished a surprising third in the SPAL. He was the sixth leading rusher in the league and then played the hot corner for the Bear baseball team and turned in many fine fielding plays.

Eric Hill, senior, Woodside — Led SPAL in yards rushing during football season as Cats won the title. Also earned all-league honors, despite missing a couple of games with injuries. Injuries affected basketball season, also track season, although he won many sprints.

Clay Henderson, senior, Woodside — Was the SPAL football offensive Player of the Year after leading the loop in passing and total offense during Cats championship season. Played third base and was Cats' fourth leading hitter with a .277 average, earning honorable

mention.

Bruce Hedenberg, senior, Menlo-Atherton — Won the league wrestling title, won the region title and then finished third in the CCS meet and became the only district grappler to advance to the state meet where he won a pair of matches.

Tim Doyle, senior, Woodside — Broke two SPAL football career records, passes caught and yards gained receiving, while leading the league in both categories this year. Hot and cold runner during the track season.

Kirk Dawson, senior, Woodside — Led the Wildcats to the SPAL water polo crown and was rewarded with Player of the Year honors for his efforts. The premier distance swimmer in the league, taking both the 200 and 500 frees in the SPAL meet and placing in the CCS meet.

Jay Cornish, senior, Menlo School — The top rebounder and second leading scorer for the Acorn basketball squad, he earned all-league honors for exploits. Also made it to SPAL tennis doubles quarterfinals and played a solid number two for the Acorns all year.

Richard Clark, junior, Menlo-Atherton — Earned honorable mention for his outstanding

performance as a defensive end for the Bears although overshadowed by teammate. The best hurdler in the league, he'll be appearing in the state meet with a small chance to place.

Derek Bulcock, senior, Sequoia — He never won the Athlete of the Week award, but probably came the closest the most times. Just missed first team All-SPAL football for play at end, and also one of top defensive backs in league. Although just 6-0, tough-nut basketball forward, and a first team all-leaguer off Tribe's playoff baseball team with a .370 average.

Paul Byrne, senior, Menlo-Atherton — First team all-league guard for the Bear football team, responsible for opening holes for the M-A rushing attack. Starter on the M-A baseball team, finished season with All-SPAL honorable mention and a solid .357 average. All-league soccer.

Wyatt Bishop, senior, Carlmont — Although changing events midway through the year from the 440 to the 880, Bishop appears to be the league's best chance to win some kind of medal in the state meet. Ran a 1:53.4 in the CCS, bettering his previous best by almost four seconds in setting a school record.

Ten left in Athlete of Year

6-8

Jr.



WYATT BISHOP
finally, a state champ



DEREK BULCOCK
Tribe's golden glover



PAUL BYRNE
three league mentions



RICH CLARK
up to final hurdle



KIRK DAWSON
stroked to the finals



ERIC HILL
top SPAL ground gainer



BOB LOVE
likes those distances



RICH SENTMAN
Scot three-sporter



STU WARD
with him, it's the water



CLAY HENDERSON
a real passing fancy

District's top award revealed this Thursday ⁶⁻⁸

By **BILL HARKE**, Tribune Sports Writer

One of 10 Sequoia Union High School District athletes is just a few days away from becoming the Tribune's 18th annual Athlete of the Year.

After much discussion — and debate — the list, which started with 41 hopefuls, has been trimmed down to just 10 finalists in the search to succeed Woodside's Myrt Easley.

And the winner will be announced Thursday afternoon with a full color drawing by Tribune artist Dorothea Templeman and a feature story.

It could be another Woodside High athlete who cops the crown, which the past three years, and seven of the last eight, has gone to a Wildcat. The Cats have no fewer than three finalists this year.

But Menlo-Atherton and Carlmont each have three finalists also, with the remaining finalist coming from Sequoia.

San Carlos and Ravenswood have no entrants left.

Woodside offers a trio from a variety of sports, all seniors.

Clay Henderson, a quarterfinalist last year, comes from football and baseball, Eric Hill from football, basketball and track and Kirk Dawson from water polo and swimming.

Carlmont offers a sophomore, Bob Love; a junior, Rich Sentman; and a senior, Wyatt Bishop.

M-A offers a two-sport junior, Rich Clark; a two-sport senior, Stu Ward; and a three-sport senior, Paul Byrne.

Derek Bulcock, a three-sport starter, is Sequoia's finalist.

All of them — except for Bulcock, Sentman and Byrne — at one time were Athlete of the Week, Love being the only athlete to win the award twice.

Two years ago Gary Scott of Woodside won the Athlete of the Year honor although he had never been accorded weekly honors.

Alphabetically, here's what's left:

Bishop, track — Wyatt, although switching events from the 440 to the 880 midway through the year, became the first Sequoia District track athlete to win a state title in 46 years. Many times during the year, in which he led Carlmont to the SPAL title, Bishop would be a double winner although the events were run within 15 minutes of each other. He also ran on winning relays.

Bulcock, football, basketball and baseball — All-league baseball player who led Sequoia to a second-place finish with his bat and glove. A scrappy forward on the playoff basketball team, although only 6-0. Was second team all-league offensively in football and honorable mention defensively, just missing higher honors by a few votes on both occasions.

Byrne, football, soccer and baseball — Paul earned all-league mention in all three sports, the best being his first-team rating as an offensive guard in football. He was a second teamer from the Bears' soccer team and a hard-hitting honorable mention all-league choice off the M-A baseball team that just missed a playoff spot.

Clark, football and track — An outstanding defensive end who helped the Bears maintain one of the best defensive records in the league while finishing a surprising third. In track, when it came to the hurdles in the SPAL, there wasn't a runner who could come close to Rich. Made the state meet in the highs and set a school record of 14.4.

Dawson, water polo and swimming — Kirk ran away with SPAL polo Player of the Year honor after leading the Cats to the league title with scoring punch and aggressive defense. The top distance swimmer in the league, he won two events in the SPAL finals and also placed in the Central Coast Section meet.

Henderson, football and baseball — Another Wildcat who earned Player of the Year honors after leading the Woodies to a title. Clay led the SPAL gridders in both passing and total offense as Woodside ran through the football season undefeated. A strong hitter, he also earned honorable mention baseball for his play at third base.

Hill, football, basketball and track — Eric sped away with the top rushing yardage total in the league even though hampered with a leg injury at the end of the season to help Henderson bring the Cats the league title. First-team all-leaguer. A spot starter on the Cat second place basketball team (still hampered by the injury) and he came on to win the 100-yard dash in the SPAL track finals.

Love, cross country and track — The only two-time Athlete of the Week, Bob ran away with Runner of the Year honors in cross country as the Scots took that title, and then ran varsity in track, copping the two-mile crown, finishing second in the CCS in school record time and also running in the state finals, a rare honor for a soph.

Sentman, football, basketball and baseball — Rich transferred into Carlmont this year just in time to fill gaps in all three sports. He took the helm as Carlmont's football quarterback, then became the playmaking guard on the basketball team before turning into the league ERA leader in baseball with a minute 0.67 ERA and a 4-1 record.

Ward, water polo and swimming — Like Dawson, the anchor to both of his school's aquatics team. Helped M-A tie for second in water polo and in swimming turned out to be the league's top sprinter, winning both the 50 and 100 frees in the SPAL finals and coming back to place in the rugged CCS field.

Bishop Tribune's Athlete of Year

Stretch run wins for Scot

By BILL HARKE

Tribune Sports Writer

In the true spirit of a half-miler, Carlmont High's Wyatt Bishop literally ran away from the rest of the field on the last turn to win the Tribune's 18th Annual Athlete of the Year award.

Bishop, who only last Saturday became the first District athlete in 46 years to win a state track title and the first ever to win a running event, blitzed ahead of nine other finalists with his effort to become only the second Carlmont athlete to capture the honor, the first having been Gary Gaskill in 1961.

Wyatt succeeds Woodside's Myrt Easley as Athlete of the Year, ending a three-year Woodside reign. A Woodside athlete had also won the award seven of the last eight years.

Bishop also becomes the first one-sport athlete to ever take the top honor.

"I don't think there could be a better choice," said Bishop's coach, Loren Lansberry.

"Wyatt is just a great young man, both as far as athletics and being a person. He'll do anything you ask of him and he's a great team man," Lansberry added.

Curiously, one of the things that led Wyatt to his state crown was a pair of sore ankles.

"When I ran the 440, I had to do all kinds of sprint workouts," such as 55s and 110s, Bishop said. "And my ankles would really start to hurt."

So bad, according to Lansberry, that "Wyatt couldn't stand on both feet at the same time. He would have to jump from one to the other because his ankles hurt so bad."

Bishop's problem was the way his foot struck the ground on the shorter strides, and although the problem was alleviated some last year by putting special pads in his shoes, the same solution didn't work this year.

"My ankles have hurt ever since I can remember," said Bishop. "Even when I was a freshman they would hurt. I'd come home from school and my ankles would hurt so bad, my mom would ask me why I didn't quit."

She must not have meant it, though, because Wyatt says "she really helped me a lot. I'd come home and my ankles would be so sore. She would sit down and rub them for an hour until they were feeling better."

The 880 enabled Bishop to run longer practices, like 440s and 660s, and in a different manner, utilizing his longer stride.

"The ankles didn't hurt after those workouts, so there was a plus right there," he said.

Bishop changed his schedule and method this year and he thinks it helped.

"Last year I worked real hard all the time, wanted to do my best every race and let it all hang out," he says.

"I think I've peaked too early before, so this year when I didn't have a real hard race I took it easy and I didn't peak until just the right time."

He ran the 880 once last year against Palo Alto in 2:00.0, not a bad starting time, and this year he ran it in his last eight meets, with a best of 1:57.0 in the Region 2 finals.

In his next meet, the Central Coast Section finals, Wyatt finished second but knocked off over three-and-a-half seconds from his previous best with a 1:53.4, establishing himself as one of the best half-milers around.

And that after just half a season in the event.

In the state meet, which he reached the previous two years in the 440, Bishop started off with a 1:54.6 in the trials, the same time as the winner, but in second place.

The next day over the slow, wind-swept Cal track, Bishop started out in the seventh lane, and says "I thought to myself, 'Why me? Why can't I get a good lane?'"

In his first two state appearances, Bishop also had to run from an outside lane.

But he didn't feel quite so bad when Pacific Grove's Tom Light, who beat Wyatt in the CCS, was next to him in the eighth lane.

"Actually, I couldn't complain too much," he said, "I was just happy to be in the finals after not making it for two years."

"I could say to myself 'Hey, I'm one of the top nine in the whole state.' And if I would have finished fifth or seventh, I could have gone back to school and been the fifth or seventh best in the

state.

"And that's not too bad."

But then came the race and Bishop thought he was doing pretty well because he was keeping right up with Light.

"But then I saw all these guys on the inside catching up with me on the first turn (after a staggered start) and I realized I had better get going."

That's where a change in training helped Wyatt out.

In the 440 he was forced to take short strides "and grit my teeth when I ran."

"In the 880 I can take those long strides (a lot of people tell me I look real good taking them) and I have to let my jaw relax."

After the second turn Wyatt was able to move in from his lane

to the inside and found himself in the middle of the pack.

"Down the back stretch I was really letting my jaw hang and I was feeling good and all of a sudden I realized I was ahead."

"That's when I said to myself, 'Wyatt, you can win this thing.'"

Which he did with a 1:54.4 to better three other runners by just a few inches at the wire.

"It still hasn't sunk in," said Bishop. "It's hard to comprehend — state champ. I realize it a little

more now, but it's still awfully hard to believe you're the best in the state."

About his future, Bishop flatly states "I'm more interested in majoring in engineering in college than in running.

"People come up to me at school now and ask me 'Are you going to go to the Olympics now?'

"To the Olympics — I can't even believe I'm the best in the state and the Olympics are for the best three in the whole country."

Lansberry says, though, "I definitely think he has a good future in running, in the 880, the mile and on mile relays.

"He's a great learner and so easy to coach. He'll listen to whatever you tell him and understand it. He's really still learning and he has tremendous potential," said Lansberry.

"I think he's really the tops, and with his potential, the way he works and his dedication, there's no telling where he could go."

Right now, though, it looks like Bishop will go to either Cal or Howard University in Washington, D.C.

He prefers Cal because "I've been told it has a really good engineering department and that's what I want to get into. I'm taking all kinds of math and science classes so I can get a good background."

And in those courses he is averaging almost a 3.0.

As far as Howard goes, Bishop says "Cal might be a little too close to home for me. I'd like to see the whole country because there's more to it than just the Bay Area and that's where I've lived my whole life."

Bishop's mother likes to travel, and according to Wyatt she has whet his appetite.

"She took us to places like Boston and Florida and I love to meet people and talk to them.

"Even if you meet someone you think is really strange, after you talk to them awhile, you always learn something," he said.

Bishop, who is president of the Black Student Union at Carlmont, noted he was surprised by that kind of thing at the state meet.

"These guys I'm going to run against, they're all talking to me and to each other and it was really great.

"And even after the race—it's something I didn't expect at all."

Bishop likes to talk about other people and what they're like and one of his favorite stories is about the times he went to Stanford football games as a youngster.

"My friends and I used to be the ones who went on the field after all the games and started knocking down the old wooden goal posts. We'd start it, and then everybody else would join in and no one would know who started it," he said.

"After we broke them down we'd take the pieces of wood and have the players autograph them.

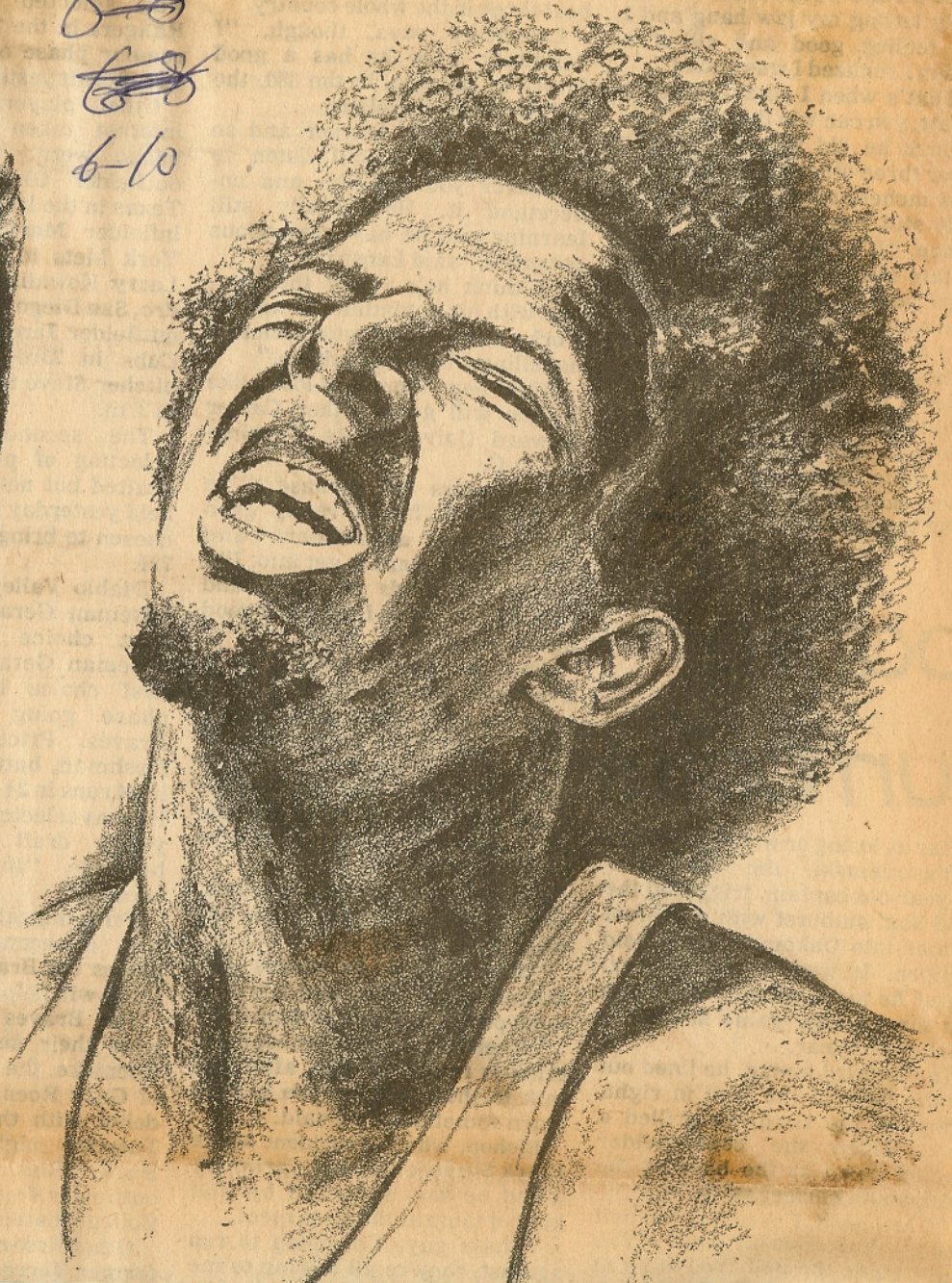
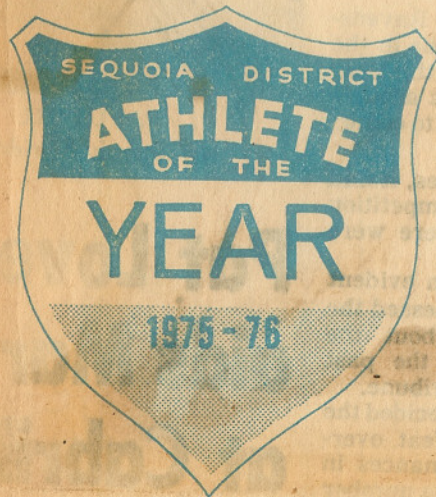
"And then we'd sell those pieces of wood—for \$5—and people would really buy them," said Bishop.

"That what I mean about people being a little strange."

And now Bishop gets to go on and meet more people—some of them no doubt strange—and find out what the future holds for him, not only in track but also in engineering.

CARLMONT

88
6-10



WYATT BISHOP

Preparation

By BILL HARKE



6/10

Although Ravenswood High, which is closing in just a couple of weeks, has never in the event's 18-year history had a Tribune Sequoia District Athlete of the Year, it might have had two.

That's because the last two winners, Carlmont's Wyatt Bishop this year and Woodside's Myrt Easley last year, were both transfer students from the Ravenswood area.

However, Bishop made a good point this year when he noted, "I don't know if I would have done this well (winning the state track crown) if I didn't go to Carlmont and didn't have all these coaches to help me."

He added, "Also, at Ravenswood, if you go out for track you have no one to train with (because so few go out) and here at Carlmont there are over 120 guys out and there's always some competition — and fun — in the practices."

Nevertheless, at least Ravenswood can take some pride in the fact that two Athletes of the Year came from that school's area — and there might be more to come.

* * *

As far as this year goes, it had some of the toughest competition in a long time, and there were many possibilities.

That would have been evident to anyone who had witnessed the "calm" discussions about the eventual winner over the past couple of weeks at the Tribune.

But in the end it was decided the enormity of Bishop's feat overshadowed good performances in more than one sport by a number of fine athletes.

After all, not since 1930 (and only in 1930) had a Sequoia District athlete won a state title in track and field and Bishop is the only one — out of tens of thousands — who was able to win a running title.

Plus, winning the state meet means that in his event, the 880, there is no one in the biggest state in the country as far as population goes who is better than Bishop.

That doesn't mean he's a league best, a region best or even just a section best, but the best in the best prep track state in the nation, which says an awful lot for his ability.

Add to the fact he dominated every race in the league in both the 880 and 440; although they are held less than 15 minutes apart at times, and that makes the effort even more incredible.

And, if you need more, Bishop has only been running the 880 for about half a season. So just imagine how good he will be when he learns everything there is about it.

* * *

That's not to downplay the rest of the finalists — or any of the original 41 entrants — it's just Bishop was that good.

Wyatt did have some very strong competition from three others, Sequoia's Derek Bulcock, Woodside's Kirk Dawson and Menlo-Atherton's Paul Byrne, all of them very good in at least two sports.

Bulcock, for example, was an outstanding all-league hitter as well as fielder in baseball, and many thought he was cheated a little bit by getting "only" second team offense and honorable mention defense for his football season and not earning any mention for his efforts on the basketball court.

Byrne was a first team All-SPAL guard in football, second team all-league fullback in soccer and an honorable mention in baseball where he hit .400 for the season and had an on-base percentage way over .550.

Dawson was the Player of the Year after leading Woodside to the SPAL water polo title, and then when it came to swimming, he was the top distance man in the

league, scoring a double win in the 200 and 500 in the SPAL finals.

* * *

Another thing we discovered down here in our discussions, is that it looks like for the next couple of years we are going to have some more tight finishes as there are a whole flock of fine underclass athletes.

between the LINES

By Ed Jacobowsky

Tribune Sports Editor



The forgotten state champ

It's difficult to overrate the accomplishment last Saturday of Wyatt Bishop, who today was named the Tribune's 18th Sequoia District Athlete of the Year.

Not too many people around these parts can relate to such a lofty achievement as being California State Meet champion in the 880-yard run.

One who can, however, is Woodside's Bob Dickinson, who retired from the California State Highway Patrol in 1969 after some 28 years of service.

Bob was one of two—that's right, two—Sequoia High School athletes who won state titles in the 1930 State Meet. And that's the last time a local kid has made the grade . . . until Wyatt Bishop that is.

After Wyatt's great win, it had been reported that he was the first Sequoia District lad to win a state crown since Kermit Plowman won the high jump title in the 1930 meet at Berkeley the same site as Bishop's victory.

It didn't take long—only a few hours—for Don Bogie to charge into the Tribune sports department, scrapbook under his arm, and point out the error of our ways.

"We had two state champions," Don declared, opening up the book to show proof.

The other was Dickinson, whose efforts have been forgotten by many only because his event, the javelin, was dropped from the high school program many years ago and its winners, therefore, don't appear in the State Meet program each year.

But Bob did win, as Bogie, a long-time teacher and vice principal at Sequoia, pointed out and Ray Dimick confirmed.

It was Ray's scrapbook Don brought in, and Ray, who still substitutes in the district, was the track coach in the early 30's.

A good one, too, as the Cherokees' near-miss in the battle for the state crown testifies. Sequoia lost out by only one point of at least sharing the title, Plowman's 6-0½ high jump and Dickinson's 173-11 javelin toss accounting for 10 points.

Sequoia was the only school to have two winners in the meet.

Ray wasn't extremely surprised by what transpired.

"I knew we had a couple of real good performers," he recalls of Plowman, who passed way in 1971, and Dickinson, "but I just didn't know how well they would do that day. They were tremendous."

And Dickinson, who has lived in Woodside all his life and now "does a little bit of home remodeling," says, "You never know how you'll do. You just try to do your best. I had a good coach. I've got to give Ray the credit for everything."

Bob says he was too slow to do any running events, but liked to throw things. So "Ray gave me a javelin to take home before the season. I think it was pretty good, winning it (the state title) in one year of competition."

Although he did throw the javelin a little for the Olympic Club after getting out of high school, that one senior year was his only real participation in the event, a job looming as

more important than college in those depression years. Was he surprised that it took 46 years for another Sequoia District athlete to match his effort?

"Yes, but the competition is a little rougher now. There's a great number of fine athletes, very highly trained, these days. And the 880 . . . that's a tough, gruelling race."

Actually, Dickinson was a little disappointed at the distance of his throw, an effort that missed the meet record by about five inches.

He had tossed the spear 187 feet the previous week in setting a North Coast Section record, "but we had a very

strong wind in Berkeley that day and it affected my throws."

Bogie recalls that Bob was a truly dedicated athlete and tells—with a straight face—of his never bothering to take the bus home to Woodside after practice.

"He'd run home every night, throwing the javelin ahead of him, retrieving it, then throwing it again, all the way home."

"Don's a good man," Dickinson laughed.

* * *

In the years the Tribune has made the award, possibly only one man, during his high school days, had a single achievement that exceeds, or even comes close to, Wyatt's victory.

That would have to be Dick Roth, who took the Athlete of the Year honors for a second time in 1965.

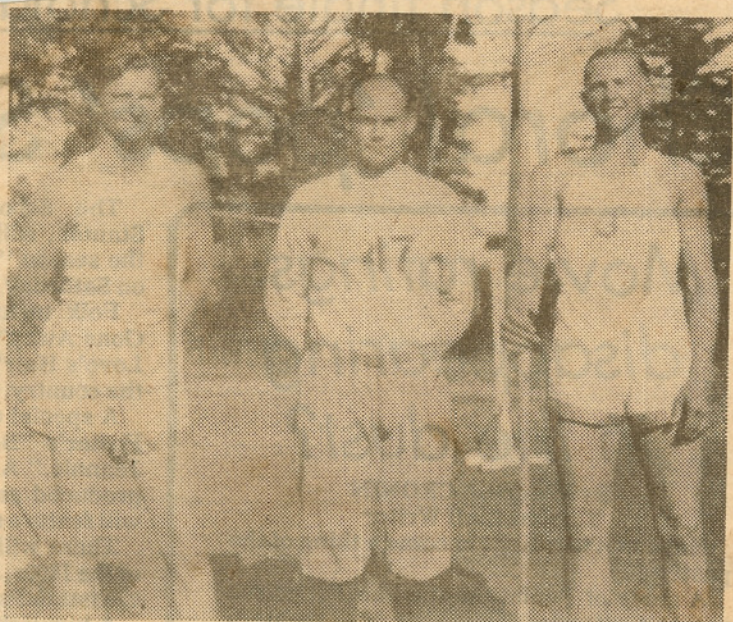
Although in his first year, Dick won it for his efforts in two sports, water polo and swimming, the second year, like Bishop, it was for just one sport, swimming.

It seems that another extracurricular event disrupted his water polo season.

He had to take time out in the fall to win the Olympic Games 400-meter individual medley crown in Tokyo, setting a world record in the process.

But swimmers tend to peak at a young age.

Wyatt Bishop, in winning a state title in the nation's toughest state for high school track, has served notice that he'll be at his peak in time for a trip to Moscow in 1980 when Russia is host to the Olympics.



Plowman, Dimick, Dickinson

Largest field in history for Athlete of the Year

The largest field ever is in the running for the Tribune's 17th annual Sequoia Union High School District Athlete of the Year trophy, the highest honor an SUHSD athlete can receive.

This year 46 athletes are vying for the honor, won last year by Woodside's Gary Scott, 36 of them earning nominations because they won the Tribune's Athlete of the Week award sometime during the year.

The other 10 noteworthies are athletes who came close to winning the award at least two times during the year — and in most cases even more often.

Scott never was Athlete of the Week last year.

After lengthy research, the list will be pared to quarterfinalists, then semifinalists and finalists before the winner is announced late next week.

The winner will be heralded in a color drawing by Tribune artist Dorothea Templeman, whose weekly drawings announced the Tribune Athlete of the Week.

The Athlete of the Year will then receive Mrs. Templeman's original drawing while his school will then receive Mrs. huge Al Foss Memorial Trophy for safekeeping during the next year.

The Foss Trophy was donated by members of the unbeaten Sequoia High football team of 1943 in memory of one of their teammates.

For the past two years, and six of the last seven, the

trophy has been stored at Woodside, thanks to Scott and 1973 winner John Naber, who has gone on to do some amazing things in the pool at University of Southern California.

Other winners have been Marty Hull, Sequoia, 1959; Rich Koeper, Sequoia, 1960; Gary Gaskill, Carlmont, 1961; Greg Buckingham, M-A, 1962; Gary Frohlich, Sequoia, 1963; Dick Roth, M-A, 1964 and 1965; Bob Emery, San Carlos, 1966; Charles Johnson, Sequoia, 1967; Neil Platts, Woodside, 1968; Bob LeBlanc, Woodside, 1969; Rich Kelley, Woodside, 1970 and 1971; Jim Watts, M-A, 1972.

Woodside leads this year's field with 15 candidates, while Carlmont is close behind with 12.

They are followed by San Carlos, 8; Ravenswood, 6; M-A, 4; and Sequoia, 3.

Two athletes won the weekly award twice (only one award per season, per athlete is allowed), both from Woodside.

Myrt Easley won in basketball and track, while Scott Mosher copped the award for water polo and soccer.

Three finalists from last year — Easley, Woodside's Mike Garcia and San Carlos' Mitch Kingery — are included in this year's field.

There are 34 seniors in the running this year, nine juniors, two sophomores and one freshman.

The total field tops by two the previous largest field of 44 in 1969-70.

Quarterfinalists will be announced tomorrow.

Oct. 8	Scott Mosher	Woodside	Water Polo
Oct. 15	Larry Spear	San Carlos	Water Polo
Oct. 22	Hart Ezell	Woodside	Football
Oct. 29	Clay Henderson	Woodside	Football
Nov. 5	Tony Bava	Carlmont	Football
Nov. 12	Bob Heatherington	San Carlos	Football
Nov. 19	Andrew Williams	Carlmont	JV Football
Nov. 26	Keith McAfee	M-A	Water Polo
Dec. 3	None selected		
Dec. 10	Rafael Miranda	Ravenswood	Soccer
Dec. 17	Mike Wilgus	San Carlos	Basketball
Dec. 24	Myrt Easley	Woodside	Basketball
Dec. 31	Tim Twietmeyer	Sequoia	JV Basketball
Jan. 7	None selected		
Jan. 14	Miguel Lopez	Ravenswood	Soccer
Jan. 21	Eddie Valdez	San Carlos	Basketball
Jan. 28	Bruce Kelley	Ravenswood	Basketball
Feb. 4	Ed Fisher	Carlmont	Basketball
Feb. 11	Scott Mosher	Woodside	Soccer
Feb. 18	Ken Chainey	Carlmont	Wrestling
Feb. 25	Mark Sullivan	Woodside	Basketball
Mar. 4	Mark Brown	San Carlos	Baseball
Mar. 11	Myrt Easley	Woodside	Track
Mar. 18	Brent Page	Woodside	Baseball
Mar. 25	Larry Wright	Carlmont	Track
Apr. 1	Mike Garcia	Woodside	Baseball
Apr. 8	Mike Mouton	Ravenswood	Baseball
Apr. 15	Kim Black	Carlmont	Track
Apr. 22	Donald Walker	Woodside	Fr. Baseball
Apr. 29	Brian Hurdal	Carlmont	Track
May 6	Darryl Hughes	M-A	Baseball
May 13	Tom Del Sarto	Sequoia	Baseball
May 20	Mike Greggans	Woodside	Track
May 27	Wyatt Bishop	Carlmont	Track
June 3	Tim Doyle	Woodside	Track
June 3	Eric Hill	Woodside	Track
June 3	Robert Sweet	Woodside	Track

ADDITIONAL NOMINEES

Bruce Anderson, Woodside, (Football, Soccer, Baseball)
 Jerry Breen, Carlmont (Water Polo, Swimming)
 Steve Dowden, San Carlos (Football, Soccer, Baseball)
 Lars Jensen, M-A (Football, Wrestling, Baseball)
 Thor Jensen, M-A (Football, Wrestling, Baseball)
 Charles Jones, Ravenswood (Football, Wrestling, Track)
 Mitch Kingery, San Carlos (Cross Country, Track)
 Rudy Law, Ravenswood (Football, Basketball, Baseball)
 Marty Schneider, Carlmont (Football, Basketball, Baseball)
 Savann Thompson, San Carlos (Football, Track)

★★★

★★★

The nominees

Date	Athlete	School	Sport
Sept. 17	Joe Balzarini	Sequoia	Football
Sept. 24	Bill Ring	Carlmont	Football
Oct. 1	Brent Nance	Carlmont	Football

23 left in battle for

By BILL HARKE
Tribune Sports Writer

The field for the 17th annual Sequoia Union High School District Athlete of the Year trophy has been cut in half after careful consideration by the Tribune's sports staff.

Of the original 46 hopefuls there are 23 left trying to earn the honor won last year by Woodside's Gary Scott.

Woodside leads the list of quarterfinalists with eight, while Carlmont has six, San Carlos and M-A three each, Ravenswood two and Sequoia one.

There are still two more

chops to be made, one Saturday when the list of semifinalists is announced.

The honored athlete, whose school will receive for the next year the Al Foss Memorial Trophy, a beautiful 43-inch statue donated by the Sequoia High undefeated football team of 1943, will be recognized with a special color drawing by Tribune artist Dorothea Templeman.

She has handled the regular Athlete of the Week drawings (from which the candidate list is based) for over four years.

Four of the remaining

candidates, interestingly enough, never won the Athlete of the Week honor, but were close so many times they had to be recognized.

They should take heart because last year Scott also failed to earn Athlete of the Week honors.

Two of this year's quarterfinalists, Woodside's Myrt Easley and Mike Garcia were all finalists last year.

Of the following quarterfinalists, the only juniors are Carlmont's Brent Nance and Wyatt Bishop, Woodside's Clay Henderson and Ravenswood's Rafael

Miranda. The rest are seniors.

The alphabetical list and a brief description of their achievements:

Bruce Anderson, Woodside — Three-sport starter for the Cats in football, soccer and baseball. Second team all-leaguer in both football and soccer, and a .300 hitter (both for the season and career) in baseball. Also one of best fielding outfielders in league.

Tony Bava, Carlmont — All-SPAL defensive back (first team) and wing back (second team) for league champion Scot football

Athlete of the Year

team, plus an honorable mention in baseball. A starting guard on the Carlmont basketball team.

Wyatt Bishop, Carlmont — One of the best prep track prospects to come out of the league in a long time. Dynamite in the 440 with some amazing relay splits, including a 47.3. In state meet tomorrow.

Mark Brown, San Carlos — All-league linebacker in football and all-league pitcher in baseball with a 7-1 league mark, plus another win in CCS Region play. Mark also saw action for the Don basketball team, which upset league champ

Woodside.

Tom Del Sarto, Sequoia — A pro baseball prospect, Tom broke both the SPAL career hit and career total base records this year. An all-around threat, hits with power, can go with the pitch or bunt, along with carrying a fine mitt.

Myrt Easley, Woodside — SPAL basketball Player of the Year for the second straight season, led the Cats to the league title while gaining All-NorCal honors. One of top hurdlers and triple jumpers in league during track, competing in this week's State Meet in the triple

jump.

Hart Ezell, Woodside — Hard-charging fullback for the Cats who earned first team all-league because of rushing and blocking ability. Also was the top weightman for the Cat track team.

Mike Garcia, Woodside — Second in basketball Player of the Year voting to teammate Easley, a slick ball-handler who could also get hot from outside or drive the middle. Sure-handed first baseman who earned all-league baseball honors also. Hit .365, won four games pitching and turned in a 1.40 earned run

average.

Mike Greggans, Woodside — One of top defensive backs in SPAL after switching from running back, returned two interceptions for touchdowns against Carlmont only to have one called back. Outstanding sprinter on the track team, led the Cats to the SPAL meet championship, plus ran on Cats' CCS record setting 440 relay team, also in the State Meet.

Clay Henderson, Woodside — Only a junior, Henderson was the second leading passer in the SPAL (Please turn to Pg. 14, Col. 1)

(Continued from Page 13)

this year and third in total offense to earn honorable mention. Started at third base occasionally for Cats' runner-up baseball team.

Darryl Hughes, Menlo-Atherton — Two-sport all-league first teamer in baseball and basketball, he probably could have made it three if he had had any kind of a line in front of him during football season. Typical playmaking guard

in basketball, who could really make things happen and carried it right over into a .429 baseball season.

Brian Hurdal, Carlmont — One of mainstays on Scot cross-country team who set school record in the 880 not once, but twice, as he helped the Scots to the SPAL dual meet track championship.

Lars Jensen, Menlo-Atherton — Sturdy football lineman who could hit with

the best of them. Carried form over into wrestling as he won the SPAL and region titles at 194. Played baseball too.

Charles Jones, Ravenswood — Bones is probably the littlist quarter-finalist, but still was a big threat to catch and run with the football and in track he and Hurdal had some of the best battles around, splitting the wins. Proved all-around ability by winning SPAL

wrestling title.

Keith McAfee, Menlo-Atherton — All-league and All-America in water polo, he led the SPAL in scoring and took the Bears to a third place finish in the CCS. Solid soccer goalie when he started at end of year, plus all-league shortstop in baseball, hitting .348.

Rafael Miranda, Ravenswood — One of best soccer players in league

history and only a junior. Miranda led the SPAL in scoring and was named Central Coast Section Player of the Year although league coaches did not give him SPAL award. Also was voted first team All-SPAL in football as a place kicker.

Scott Mosher, Woodside — One of only two athletes to earn Tribune Athlete of Week award twice, Mosher was an all-league goalie on both the Cats' water polo and round-robin champion soccer squads.

Brent Nance, Carlmont — Pressed into duty when teammate Bill Ring suffered a football injury, Brent broke two records by scoring six touchdowns and 38 points in one game. A junior, Nance was also one of the top sprinters in the track league for the dual meet champion Scots.

Bill Ring, Carlmont — Bill broke three SPAL football records despite missing $2\frac{1}{2}$ games with a shoulder injury, including season rushing mark with 1,079 yards. He then won the Region II wrestling title and when baseball came around slapped a solid .393 and earned honorable mention all-league.

Mark Sullivan, Woodside — Second team all-league

for both the Cat league champion basketball team and Shaughnessy champion baseball team. Sullivan's big moment came in the opening basketball playoff game when he almost single-handedly shot Palo Alto out of the game in first half. Stroked a .333 baseball average.

Savann Thompson, San Carlos — Was 10th in league in receptions for the Don football team, which had its first winning year in history, and also was a mainstay in defensive backfield. An outstanding low hurdler in track.

Mike Wilgus, San Carlos — Helped the Dons win the SPAL baseball title with both pitching and clutch hitting, then socked a game-winning home run in Region playoff game. Named first team all-league in baseball and top second team vote-getter in basketball, where he tied for second place in league scoring and hit 305 points for the year.

Larry Wright, Carlmont — Best high jumper in SPAL in many years, had top jump of 6-9 and also advanced into state meet. Was key figure as Scots broke Los Altos' 64-meet winning streak early this year.

Athlete of the Year semifinals tomorrow.

Who will be the Sequoia Union High School District Athlete of the Year? The answer to that question is still five days away, but the Tribune will announce the 13 semifinalists in tomorrow evening's edition.

Finalists will be announced Monday with the winner being unveiled in a special color drawing by Tribune artist Dorothea Templeman in Wednesday's paper.

Five Wildcats left in bid for top honor

By BILL HARKE

Tribune Sports Writer

The cream is really starting to rise to the top in the Tribune's 17th annual Sequoia High School District Athlete of the Year race.

The first cut down to quarterfinalists was hard enough, but to make a cut to 13 semifinalists was about as difficult as beating the 1943 Sequoia High football team.

That was the team which, honoring an unbeaten season and deceased teammate, donated the Al Foss Memorial Trophy which is presented to the Athlete of the Year's school for safe-keeping over the next year.

The athlete himself is glorified in a color drawing by Tribune artist Dorothea Templeman and is presented with the drawing.

Last year's winner was Gary Scott of Woodside, the sixth Cat in the last seven years to win the award.

And this year there are five Woodsiders still in the running, including Mike Garcia and Myrt Easley, both finalists last year.

Four other schools: San Carlos, Ravenswood, Menlo-Atherton and San Carlos, each have two semifinalists, while Sequoia no longer has anyone in the running.

Two of the semifinalists, Charles "Bones" Jones of Ravenswood and Bruce Anderson of Woodside, were never selected Tribune Athlete of the Week, from which the original list of nominees is taken, but the Tribune sports staff felt they had excelled so much in sports they were added to the list of hopefuls.

This is normal for the nominee list, and just because a player doesn't make Athlete of the Week, it doesn't mean he can't make Athlete of the Year.

Just ask last year's winner, who was never Athlete of the Week.

There will be one more cut made in the list, the finalists to be announced in Monday's paper. The winner will then be named Wednesday.

Only one junior, Ravenswood's Rafael Miranda, remains in the running for the award, the other 12 semifinalists all being seniors.

If he, or Jones, were to win, it would be the first time a Ravenswood athlete had ever been so awarded.

Woodside has had six Athletes of the Year, M-A and Sequoia four each and San Carlos and Carlmont one apiece.

Alphabetically, here's what's left:

Bruce Anderson, Woodside football, soccer, baseball — Bruce never made Athlete of the Week, but as Bob Poole, his coach in soccer and baseball said, "He's so darn consistent, sometimes you forget he's even out there. He'll do things nobody has a right to do, but you expect them." Second team all-league in football and soccer, plus a .300 hitter in baseball, both season and career-wise.

Tony Bava, Carlmont football, basketball, baseball — Determined athlete who makes up for lack of size with desire and hustle. "We were watching Ring so much and Bava catches that deflected pass and then intercepts one to kill us," said Woodside football coach Troy Ratliff after Bava led the Scots from 14 points behind to beat Wood-

(Turn to Page 9, Col. 1)

Mike Wilgus, San Carlos basketball and baseball — "He didn't hit for a very good average (.261), but he sure hit in the clutch," said Don baseball coach Pete Cocconi. Wilgus beat Woodside with a home run in an important SPAL game which eventually gave Dons round-robin title, then hit homer to win Region 2 playoff game. Pumped in 23 of teams' 47 points in upset win over basketball champ Woodside. First team All-SPAL in baseball, second team in basketball.

(Continued from Page 7)

side. First team all-league defensively in football and second team on offense. Also baseball honorable mention.

Mark Brown, San Carlos football, basketball and baseball — "He's so good," said Sequoia's Tom Del Sarto, "He'll throw that junk up there and then smoke it past us." Brown made all-league as linebacker as well as in baseball and was a part-time starter for the Don basketball team.

Myrt Easley, Woodside basketball and track — "Just give Myrt and those other guys an NBA franchise and let the rest of us play the season," said one basketball coach before Easley led the Cats to their third straight SPAL basketball crown. Not known for emotion, Easley literally leaped for joy after winning the CCS triple jump crown.

Mike Garcia, Woodside basketball and baseball — One of those "other" guys on the Woodside basketball team, runnerup to Easley for Player of the Year honors. Best ball-handler in SPAL in years and perhaps best sportsman ever. Fine pitcher (before arm injury) and hitter in SPAL, stood at home plate to congratulate

a batter after he hit Garcia pitch for game-winning home run.

Darryl Hughes, Menlo-Atherton football, basketball, baseball — Right up there with Garcia for the Mr. Nice Guy award. Always cool player who never lost his head and was catalyst on teams he played on. "Sometimes he's not pretty out there, but he always gets the job done," said one opposing basketball coach of the two-sport all-leaguer (basketball and baseball). Hit .429.

Charles Jones, Ravenswood football, wrestling and track — "I wanted him

to run cross-country so he could get in shape for track season," said Ravenswood football coach Gerry Guess, "but he said he thought he could help the football team so he played." Also won the league wrestling title and Region 880 crown.

Keith McAfee, Menlo-Atherton water polo, soccer, baseball — "He came out late and with no experience and by the end of the

year he was one of the best goalies in the league," said M-A soccer coach Colin Lindores. "He would probably do well no matter what sport he tried." Keith backed up Lindores by

gaining all-league and All-America water polo honors and all-league stature in baseball.

Rafael Miranda, Ravenswood football and soccer — Probably the victim of the greatest injustice of the year when SPAL soccer coaches failed to name a Player of the Year. Situation was somewhat rectified when he was named CCS Player of the Year. Was also first team in football as placekicker, and as an opposing soccer coach said, "if you stop Miranda, you stop Miranda, you stop Ravenswood." Ravenswood won the title, which shows how often Miranda

was stopped.

Scott Mosher, Woodside soccer and water polo — "He makes some incredible saves," said both water polo and soccer coaches of the two-way goalie. He and Easley are the only two athletes to have earned weekly honors twice this year. Like Anderson, the two-sport all-leaguer got the job done without a lot of hoopla.

Bill Ring, Carlmont football, wrestling, baseball — "Just watching him work to get down to weight showed just how good an athlete he is," said an SPAL wrestling coach of Ring, who lost only once during the SPAL wrestling season. Definitely believes records are made to be broken. He broke three during football season to earn one group's All-America laurels and also hit .393 as Carlmont's right fielder.

Mark Sullivan, Woodside cross country, basketball, baseball — "I asked Sully to come out for cross-country for the first time because he's such a competitor," said Woodside campus aide Mike Ipsen. Sullivan then competed himself right into all-league status in junior varsity CC and second team all-league in both basketball and base-

ball, where he played wherever and did whatever his coaches wanted him to do.

Six left in Athlete

By BILL HARKE

Tribune Sports Writer

What started out with 46 out of over 3,000 athletes in the running is now down to a final six.

The six finalists in the Tribune's 17th annual Sequoia High School District Athlete of the Year contest have been selected after much painstaking thought by the Tribune sports staff, and one of them will succeed last year's winner, Gary Scott of Woodside.

And, it might be another Wildcat as Woodside is one of two schools with two athletes in the finals — basketball-baseball star Mike Garcia and basketball-track standout Myrt Easley.

The other four finalists are San Carlos' Mike Wilgus, who played on the league champion baseball team and Shaughnessy playoff participant basketball team, Don distance runner Mitch Kingery, Carlmont's record-break-

ing footballer Bill Ring who also wrestled and played baseball and Menlo-Atherton's three-sport (football, basketball, baseball) starter and two-sport (basketball and baseball) first team all-leaguer Darryl Hughes.

Kingery was originally cut from the field of quarterfinalists because in the Tribune's opinion he had not done well enough this year (although he did have a fine career) to advance.

However, a strong showing in the state meet Saturday, where he set a Central Coast Section record in the two-mile, prompted a change of mind. He was a finalist last year.

Each one in this group, which represents less than one-quarter of one per cent of all the athletes who participated in the Sequoia District this year, probably would have won in some past years when the competition wasn't nearly as

good as this year, which ranks in the top three of all-time.

It is down to just two more days before the Tribune announces its 17th choice for top honor any District athlete can win.

For the winner, it will probably be the biggest day of his life, and although the five other finalists may have a let-down, there is still a lot of pride in having been selected in the top six out of 3,000.

And that pride should

extend through the entire starting field of 46, which comprises only 1½ per cent of the entire athletic participant field.

The winner, of course, will receive a little more than the others, including the original color drawing by Tribune artist Dorothea Templeman which will announce the selection.

And to the school of the winner will go the Al Foss Memorial Trophy for safe-keeping over the next year. The trophy was originally

donated by the Sequoia High unbeaten football team of 1943, and for the last 16 years has been going from school to school.

Well, for most of the past 16, as Woodside has had it for the last two years and six of the last seven.

As far as the remaining athletes are concerned, what can be said that hasn't already been said and written about them?

But, for a quick rundown of reasons they qualified, try these:

Hughes — A super all-around athlete and a super person. Hit over 400 and was almost a unanimous pick for baseball all-league (21 of 22 possible votes). Third highest vote-getter in All-SPAL basketball voting, and a quick football back who just needed a line.

Ring — Before breaking his collarbone in the football season, Bill broke single game and single play rushing records. After

(Turn to Page 10, Col. 7)

coming back, he broke the season record. Offensive Player of the Year and also All-America mention. Won Region wrestling title, then hit .393 in baseball for honorable mention.

Wilgus — Pitched and hit San Carlos to the SPAL baseball crown to earn all-league honors, and was also main cog in Don basketball machine, leading upset win over league champ Woodside with 23 points. Second team all-league cager.

Easley — SPAL basketball Player of the Year, led league in scoring, rebounding, shooting and was named All-NorCal for his efforts. In track he won four events in many meets and was league's highest finisher in state track meet, taking third in triple jump, two inches behind winner.

Garcia — Unselfish player who any coach would love to have. Runner-up to Easley for basketball Player of the Year honors, he could shoot, penetrate and pass. Unanimous first team pick in baseball, drawing votes in three different areas due to versatility.

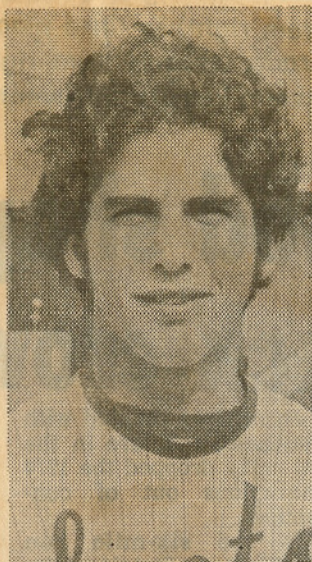
Kingery — One of the top runners in SPAL history, had not improved time at all this year until the state meet. Although admittedly setting his sites on track

season, was SPAL cross-country runner of the year and earned All-NorCal honors.

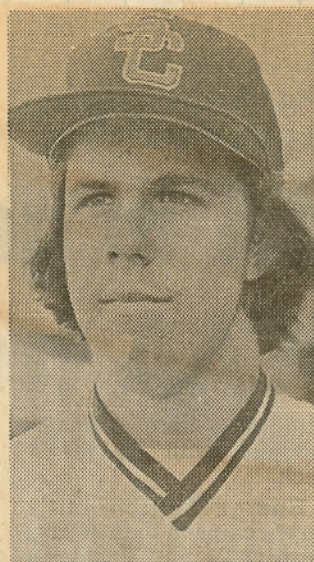
And now, in just two days, one of these six will be the 17th Tribune Athlete of the Year.



BRUCE ANDERSON



TONY BAVA



MARK BROWN



MYRT EASLEY



MIKE GARCIA



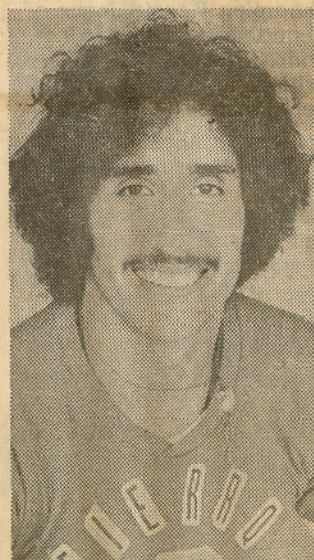
DARRYL HUGHES



CHARLES JONES



KEITH McAFEE



RAFAEL MIRANDA



SCOTT MOSHER



BILL RING



MARK SULLIVAN



MIKE WILGUS

'Heading' toward Athlete of Year



—Staff photo by Tom Bullock

Round and round we go, where she stops . . .

. . . nobody knows. But everyone will find out tomorrow when one of these six is named the Sequoia Union High School District Athlete of the Year. The finalists for the award, grouped around the 43-inch Al Foss Memorial

Trophy which goes to the winner's school, are (from top left): Myrt Easley and Mike Garcia of Woodside, Bill Ring of Carlmont, Darryl Hughes of Menlo-Atherton and Mike Wilgus and Mitch Kingery of San Carlos.

6-16

ATHLETE
OF THE
YEAR
1974-75



MYRT EASLEY
WOODSIDE

DOROTHEA
TEMPLEMAN

Cat track, cage ace tops field

By BILL HARKE
Tribune Sports Writer

The 17th Sequoia High District Athlete of the Year is no more than a baby who jumped his way into the honor.

That baby is a mere 6-5 basketball-track star from Woodside High named Myrt Easley, who came within two inches of winning the triple-jump in the state track meet in San Diego last weekend.

Myrt, at 18 the youngest in a line of Melvin and Essie Easley's 10 children, had to beat out one of the best fields in the history of the award to become the seventh Woodside athlete in the last eight years to cop top honors.

Carlmont's three-sport star Bill Ring, who smashed three football rushing records, won the Region wrestling crown and hit .393 during baseball season, was judged runner-up by the Tribune sports staff.

The rest of a top-notch finalist field included Woodside's Mike Garcia, Menlo-Atherton's Darryl Hughes and the San Carlos duo of Mike Wilgus and Mitch Kingery.

"I didn't really know what to expect," said Myrt when he learned of the award. "I always did my best and I thought I might be able to edge Ring out, although he was in three sports.

"I remember hearing all about him during football season."

When Myrt started high school basketball he was in the shadow of one of his older brothers, Melvin Jr., who was a three-sport standout at Ravenswood and was a Tribune Athlete of the Year finalist in 1964, when M-A's Dick Roth took the first of his two awards.

"It never really bothered him," said Myrt's mom Essie, who along with her own 10 children, has adopted three-year-old daughter, Monique.

"Myrtle would always say 'I'm going to win more trophies than Melvin did,' and now it looks he's right."

How about it Myrt?

"I have seven more than Mel does," but he admits he doesn't know exactly how many he has, except "it's somewhere around 40, plus 60 medals and about 20 ribbons."

Essie, a campus aide at Menlo-Atherton ("I root for Myrt when Woodside and M-A play each other"), said Myrt really wasn't too sure he would win the award.

"He said to me 'Momma, how do you think I'm doing,' and I said 'you just have to do your best.'"

"He told me he didn't think he would make Athlete of the Year, so this is really nice news to me," she said.

Myrt's father, who works for United Airlines, is especially happy with Myrt's decision to attend University of Santa Clara — on a full scholarship.

"The rest of the kids all went away to college, and it was hard for me to get to see them play. When Mel went to Oregon, I had to fly down to L.A. to see him play, because I usually had to work when he played around here."

"Of course, the rest were all the kind of kids who liked to get out, but Myrt likes to stay around home and now I'll have a lot of chances to see him play."

Myrt's dad hopes a few more pounds can be added to his son's 6-5, 210-pound frame.

"He's eager and he plays hard, and if he can pick up a few more pounds, he'll be able to bounce some of those bigger guys around in college."

Tom Crane, the Woodside basketball coach, noted a big change in Myrt toward the end of this year's basketball season.

"He was pretty immature for a while this year, but then toward the end of the season he really matured and started working very hard. He's kept the same attitude and I think that's what has made him so good."

"He's not a dumb kid. He's intelligent enough to know what he has to do," continued Crane.

He then pointed out a major change he noticed in Easley.

"When he got back from the state (track) meet, Claude (Turner, Woodside track coach) told me Myrt was really kind of disappointed at not having won."

"For Myrt to be disappointed is very encouraging, and it will help him work harder."

"All my coaches, Mr. Turner, Mr. Crane and Mr. G (athletic director Bill Guttormsen) have really helped me out, and Mr. Gradiska (Woodside vice principal Millord) also helped me a lot to go the right way academically."

It was none other than Mr. G. who got Myrt started in track.

"When I was a freshman, I played frosh-soph basketball for him and I asked him if he thought I should go out for track, and he said it would help my basketball."

Once he went out for track, Myrt wasn't sure he was going to like it.

"Man, those hurdles were something else. I didn't like them at all, but Mr. Turner told me I had to keep working at it."

"I figured I would as long as he didn't want me to pole vault. That's getting up too high and just thinking about it scared me."

One thing that really helped Myrt out — as a matter of fact, it clinched the Athlete of the Year award — was during his freshman year, when, according to Myrt, "Mr. Turner told me that big dudes are good for the triple jump."

"I tried it, but didn't think much of it until I went 46-7½ as a sophomore. But I really never thought I'd go to the state meet in it. I figured if I got to go it would be for the mile relay or something," Myrt said.

"I really think he could become a world class triple jumper," said Turner.

"If he was coached by a specialist in the triple jump, you better watch out."

'Little' Myrt finally outdoes his brothers

(Continued from Page 13)

What did Turner think when he first saw Myrt out for track?

"Oh boy. I've been around a long time, but I still marvel at some of his deeds, and other kids would just shake their heads. He seldom looked clumsy, although it's easy to look that way in hurdles."

Turner likes to tell the story of the time he asked Easley to high jump, and "without practicing one day, he went out and won at 6-4.

"He'll probably be in the top five or 10 high school triple jumpers in the country this year, and that means he'll be All-America," he continued, noting Easley holds or shares 16 school track records.

"Chances aren't too great we'll have another athlete like Myrt here. He could probably do anything he wanted to, including play football or water polo, which we wanted him to do.

"He's a real strong swimmer and a teacher at the YMCA during the summer," said Turner.

"I think his parents had a lot to do with it too, along with his brothers and sisters. They were always behind him and not just in sports, because his mom's the head of the PTA."

But all the talk about track is not really what Myrt wants to hear.

"I like basketball the best," he said.

Easley gives a lot of credit to Al Julian, his coach in seventh and eighth grade at Green Oaks School in Palo Alto.

"I was really a ding dong when I was in seventh grade," he says. "I didn't know what I was doing, but Mr. Julian got me started and then the coaches at Woodside have been really good too."

When Myrt was a freshman, he was fifth in F-S scoring and made second team all-league, overshadowed on the team by four-year mate and Athlete of the Year finalist Garcia.

As a matter of fact, during his freshman year, Myrt was known in the paper as Mert, while Garcia was leading the league in scoring and becoming a unanimous first team pick.

"Mike and I, we were partners. We got into it a few times, but we were partners. And Sully (Mark Sullivan, another senior who has been on all the teams with Easley and Garcia), he was the best hustler of any of us.

"I don't think I could have played with any better guys."

Myrt passed Garcia during the sophomore year as he was the starting varsity center on the Cats' championship team and earned second team mention as Woodside finished second in the CCS playoffs.

His next year he took the Cats to third in the CCS, was second in SPAL scoring and earned Player of the Year honors, plus being named to the All-CCS team.

This year he won SPAL scoring, rebounding and shooting titles, broke the school scoring record, was one again SPAL Player of the Year, All-CCS, and added All-NorCal to his belt.

Now it's on to college, University of Santa Clara in particular, "because I liked the academics and I want to play basketball for a good program.

"The coach there, Mr. Carroll Williams, seems interested in two things, first the person, then the player, and that influenced my decision."

Always a center in high school, Myrt will have to make the switch to forward.

"I'm going to be a strong forward, I'll be another Rick Barry," he jokes, "but quicker because of my track.

"I hope I can grow another few inches, maybe to 6-8 or 6-9, then I'll be unstoppable," he laughed.

"He's not a ball-handler," says Crane. "He'll have to be the jumping forward.

"He has all the tools and he's very capable of doing the job. If he keeps getting his head together the way he has been, I'm sure he can do the job."

As Myrt says, "the baby is going to be the best."

between the LINES

By Ed Jacobowsky

Tribune — Sports — Editor



Myrt's competition tough

The Tribune's annual Sequoia District Athlete of the Year competition ended with yesterday's announcement that Woodside High's Myrt Easley was the winner.

Understandably, if you've followed prep sports in this area and/or read Tribune prep sports director Bill Harke's fine article on Myrt yesterday, there've been no

voices of dissent.

That isn't, however, due to any lack of competition for the award. This has to have been one of the best overall fields since Marty Hull of Sequoia won that first one way back in 1959 for his swimming exploits.

Marty, now a successful dentist in Redwood City, still reigns as the only sophomore to have won the honor.

The next year, it was another Cherokee, three-sport star Rich Koeper, only a junior, who won.



JIM LUTTRELL?

And that gives you an idea how strong the field was the third year. With Hull and Koeper still around and showing no signs of slacking off. Carlmont's football, basketball and track standout Gary Gaskill put on an extra burst in the latter sport to nose out the two previous winners.

But this year's field probably had more contenders than those who battled Gaskill for the honor in 1961, with Bill Ring, a three sport man and Carlmont Scot like Gaskill, emerging as the main opposition to big Myrt.

Any other year, Ring, as well as some of the other finalists, might well have been the winner.

By the same token, there are few years in which Easley wouldn't have won or given the man who did run a heckuva battle.

Who'll it be next year?

Start looking around now at an awfully fine group of underclassmen. No one's going to run away with it in 1976.

* * *

When Harke was looking for a mug shot of San Carlos' Jim Luttrell to go with his column mentioning that the popular track coach and athletic director had been named co-winner of that school's Teacher of the Year competition, all he could come up with was a picture of Jim taken 14 years ago.

So, we tried to get Jim to come down for a new one, he being a bit longer of tooth and hair these days. Unfortunately, the times our photographer was going to be in didn't jibe with the times Jim could get down here.

"That's all right," Luttrell said with great understanding. "Just dig out a picture of Robert Redford and put my name under it."

"Nobody'll know the difference."



Inside Harke's Head

It was no sweat

There are some people you just can't write enough about, and one of them is the Tribune's 1975 Athlete of the Year, Myrt Easley of Woodside.

While talking about his selection, Myrt related a story from the state track meet in which he came within two inches of winning the triple jump and a few minutes of missing his plane.

"Mr. Turner (track coach Claude) made all the plane reservations and we were supposed to leave at 5:30," Myrt said.

"But the triple jump lasted a lot longer than we thought and didn't get over until about five after five, and I didn't have time to even change into my clothes before we had to get into a car and go to the airport.

"We just made it in time, but I had to ride home on the plane in my sweats."

Nobody, though, gave the awesome Easley a hard time on the plane. He's so big and muscular, he can wear anything he wants anyplace he wants.

* * *

1973-74 Athletes of the Week

- 9/18 Jeff Hansen, San Carlos football
- 9/25 Bill Ring, Carlmar football
- 10/2 Jim Goudeau, Sequoia football
- 10/9 Steve Patrick, Sequoia football
- 10/16 Mitch Kingery, San Carlos cross-country
- 10/23 Jeff Henderson, Woodside football
- 10/30 Charlie March, Woodside football
- 11/6 Dave Canaway, Woodside V cage
- 11/13 Tony Wong, Carlmar water polo
- 11/20 Mike Ross, M-A water polo
- 11/27 Kevin Kane, Sequoia football
- 12/4 None selected
- 12/11 Myatt Easley, Woodside cage
- 12/18 Rella Coribay, Sequoia soccer
- 12/25 None selected
- 1/1 Bruce Herron, Carlmar cage
- 1/8 Hubie Gaddis, Sequoia cage
- 1/15 Larry Gullette, Carlmar wrestling
- 1/22 Keith Breckenridge, Carlmar basketball
- 1/29 Phil Cole, Ravenswood soccer
- 2/5 Jim Miller, San Carlos cage
- 2/12 Henry Ehlers, San Carlos wrestling
- 2/19 Scott Mosher, Woodside soccer
- 2/26 Andre Campbell, Woodside cage
- 3/5 Dave Brownstone, Woodside cage
- 3/12 Robert Forsing, Sequoia soccer
- 3/19 Larry Wright, Carlmar track
- 3/26 Darran Wood, Woodside track
- 4/2 Ken Campbell, Ravenswood baseball
- 4/9 Robert Sweet, Woodside track
- 4/16 None selected
- 4/23 Eddie Oranillo, Sequoia track
- 4/30 Steve Wallace, Carlmar baseball
- 5/7 Jack Henderson, Woodside baseball
- 5/14 Mike Ross, M-A swimming
- 5/21 Don MacKenzie, M-A track
- 5/28 Phil Robinson, Woodside track
- 6/4 Mitch Kingery, San Carlos track

OTHER NOMINEES — POSSIBLES

GARY SCOTT, Woodside Football - Basketball - BASKETBALL

SCOT SEDLACEK, San Carlos basketball - baseball

MIKE GARCIA, Woodside basketball - baseball

PETE SNYDER, SAN CARLOS football - basketball - baseball

HARRY THREKELSEN, CARLISLE soccer - baseball

~~ALAN COLE, RANCHO SERRA soccer - basketball~~

~~JOHN ROBINSON, WOODSIDE football - basketball~~

37 hopefuls begin prep Athlete of Year chase

Even though the high school sports year is over, the next few days will prove as exciting as any for the leading candidates in the Tribune's 16th annual Sequoia District Athlete of the Year competition.

A field of 37 candidates for the highest honor a Sequoia District athlete may receive was announced today.

Thirty-two qualified automatically by winning the Tribune Athlete of the Week award during the past school year.

Five others, who came very close to winning the award at least once, were added to the field in recognition of their general excellence. Each has at least two all-league honors.

After due consideration, the list will be cut about in half for the semi-finalist field. About eight finalists will be chosen shortly after, followed by the announcement of the winner late next week.

The District's No. 1 athlete will be heralded by a color drawing by Tribune artist Mrs. Dorothea Templeman, whose drawings have announced the Athlete of the Week on most Tuesdays during the school year for more than three years now.

The Athlete of the Year will receive the original drawing by Mrs. Templeman, while his school holds the huge Al Foss Memorial Trophy for safe-keeping during the next school year.

The Foss Trophy was donated by members of Sequoia's unbeaten 1943 football team in memory of a teammate.

For the past year, the 43-inch hardware has been on display at Woodside, where it has been for five of the past six years, thanks to 1973 winner John Naber.

Following in the successful footsteps of most Tribune Athletes of the Year, Naber enjoyed a record-smashing freshman swim season at University of Southern California this year.

Other winners have been:

Marty Hull, Sequoia, 1959; Rich Koeper, Sequoia, 1960; Gary Gaskill, Carlmont, 1961; Greg Buckingham, M-A, 1962; Gary Frohlich, Sequoia, 1963; Dick Roth, M-A, 1964 and 1965; Bob Emery, San Carlos, 1966; Charles Johnson, Sequoia, 1967; Neil Platts, Woodside, 1968; Bob LeBlanc, Woodside, 1969; Rich Kelley, Woodside, 1970 and 1971; Jim Watts, M-A, 1972.

Woodside leads the field with 12 candidates, followed by Carlmont with eight, Sequoia with seven, San Carlos with six, and M-A and Ravenswood with two each.

Three athletes won the weekly award twice (only one award per season per athlete is allowed): Jack Henderson of Woodside, Mitch Kingery of San Carlos and Mike Ross of M-A.

Semi-finalists will be announced Saturday.

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Date	Athlete	School	Sport
Sept. 18 Jeff Hansen	San Carlos	Football
Sept. 25 Bill Ring	Carlmont	Football
Oct. 2 Jim Goudeau	Sequoia	Football
Oct. 9 Steve Patrick	Sequoia	Football
Oct. 16 Mitch Kingery	San Carlos	Cr. Country
Oct. 23	... Jack Henderson	Woodside	Football
Oct. 30 Charlie March	Woodside	Football
Nov. 6 Dave Callaway	Woodside	D Basketball
Nov. 13 Tony Luras	Carlmont	Water Polo
Nov. 20 Mike Ross	M-A	Water Polo
Nov. 27 Kevin Kane	Sequoia	Football
Dec. 4 None selected		
Dec. 11 Myrt Easley	Woodside	Basketball
Dec. 18 Polla Garibay	Sequoia	Soccer
Dec. 25 None selected		
Jan. 1 Bruce Herron	Carlmont	Basketball
Jan. 8 Hubie Gaddis	Sequoia	Basketball
Jan. 15 Larry Gullette	Carlmont	Wrestling
Jan. 22	Keith Breckenridge	Carlmont	Basketball
Jan. 29 Phil Cole	Ravenswood	Soccer
Feb. 5 Jim Miller	San Carlos	Basketball
Feb. 12 Henry Ehlers	San Carlos	Wrestling
Feb. 19 Scott Mosher	Woodside	Soccer
Feb. 26	.. Andre Campbell	Woodside	Basketball
Mar. 5 Dave Brunsting	Woodside	Basketball
Mar. 12 Robert Fonsny	Sequoia	Soccer
Mar. 19 Larry Wright	Carlmont	Track
Mar. 26 Damon Wood	Woodside	Track
Apr. 2 Ken Campbell	Ravenswood	Baseball
Apr. 9 Robert Sweet	Woodside	Track
Apr. 16 None selected		
Apr. 23 Eddie Oravillo	Sequoia	Track
Apr. 30 Steve Wallace	Carlmont	Baseball
May 7	... Jack Henderson	Woodside	Baseball
May 14 Mike Ross	M-A	Swimming
May 21	... Don MacKenzie	M-A	Track
May 28 Phil Robinson	Woodside	Track
June 4 Mitch Kingery	San Carlos	Track

ADDITIONAL NOMINEES

Mike Garcia, Woodside (Basketball, Baseball)
 Gary Scott, Woodside (Football, Basketball, Baseball)
 Scot Sedlacek, San Carlos (Basketball, Baseball)
 Pete Snyder, San Carlos (Football, Basketball, Baseball)
 Harry Therkelsen, Carlmont (Soccer, Baseball)

Athlete of Year one of 17

Seventeen multi-talented athletes—the exciting elite of Sequoia Union High School District sports—are still in the running for the Tribune's 16th annual Athlete of the Year award.

The original field of 37 candidates was chopped more than half, with one more cut remaining before the winner is announced.

That will come Tuesday with the announcement of the finalists.

The honored athlete, whose school will receive the huge Al Foss Memorial Trophy, will be recognized with a special color drawing by Tribune artist Mrs. Dorothea Templeman. She has handled the regular Athlete of the Week drawings (from which the candidate list was based) for more than three years.

Woodside, which has won five of the last six Athlete of the Year Awards, leads with eight candidates, followed by San Carlos with four, Carmont with three, and Menlo-Atherton and Ravenswood with one each. Sequoia is now without one.

Five of the 18, interestingly enough, never won Athlete of the Week honors, but were added because they made all-league in two or three sports.

Of the following semi-finalists, the only juniors are

Woodside's Myrt Easley and Mike Garcia and San Carlos' Mitch Kingery.

The alphabetical list and a brief description of their achievements:

Dave Brunsting, Woodside—Second team All-SPAL football tight end who caught 59 passes for 805 yards over 20 games and two seasons, starting forward on Wildcats' SPAL basketball champs and track team shot putter.

Phil Cole, Ravenswood—All-SPAL soccer star and league's third leading scorer with nine goals in eight games, also second team all-league baseballer as talented pitcher-shortstop.

Myrt Easley, Woodside—Muscular 6-4 pivot was basketball Player of the Year and won league rebounding title, already second on school's all-time list with 709 points and a season remaining. Also vital relay team member in track who won both SPAL hurdles titles.

Henry Ehlers, San Carlos—Stocky 220-pounder was three-year varsity football starter, made All-SPAL at guard last fall; also won three consecutive league heavyweight wrestling titles.

Mike Garcia, Woodside—Playmaking guard won All-SPAL basketball honors in second varsity season with one to go, then made All-SPAL base-



LARRY GULLETTE
Carmont entry

ball as pitcher-outfielder with 4-1 record, .327 average, 13 runs batted in and 16 scored in 16 games.

Larry Gullette, Carmont—Hard-hitting linebacker was voted football Co-Defensive Player of the Year, also valuable 148-pound wrestler who finished third in league and was track team pole vaulter.

Jack Henderson, Woodside—Smashed most SPAL passing records as brilliant football quarterback who led Wildcats to 15-1 two-year league record

also first team All-SPAL baseball star who batted .377, tied for league RBI lead with 16 and posted 3-2, 1.75 earned run pitching.

Bruce Herron, Carmont—Three-year varsity basketball starter capped his career by making first All-SPAL team, two-year baseball pitcher who was second team selection with 5-2 record this spring.

Mitch Kingery, San Carlos—Northern California junior class Runner of the Year in cross country, Don dynamo has finished eighth in the state meet two-mile the past two seasons. Has eight-lap bests of 9:00.5 in cross country and 9:05.0 in track.

Charlie March, Woodside—Brilliant All-SPAL football pass-snatcher, set several records including season (681) and career (1,087) yards receiving and scored school record 130 points in two campaigns. Also key track team relay member.

Phil Robinson, Woodside—Cornerback who won Co-Defensive Player of Year honors in football, turned to track in spring and won Central Coast Section long jump title with 23-2½ leap.

Mike Ross—SPAL water polo Player of the Year and fifth team All-American, finished ninth and sixth in Central Coast Section 200 and 500 freestyle finals and had bests

of 1:45.97 and 4:43.99.

Gary Scott, Woodside—Won seven letters in baseball, basketball and football, second team all-league grid cornerback, honorable mention guard on Wildcats' basketball champs and first team baseball infielder with .410 career average.

Scot Sedlacek, San Carlos—Most feared athlete in the league in clutch during basketball and baseball seasons, spearheaded Dons' perfect round-robin cage campaign as second team all-league guard, then tied for league RBI lead with 16 as All-SPAL shortstop on baseball title team.

Pete Snyder, San Carlos—Second team All-SPAL defensive back in football, vital sixth man on basketball team and honorable mention all-league first baseman in baseball.

Harry Therkelsen, Carmont—Two-sport first team all-leaguer as soccer goalie and baseball outfielder, won much praise as defensive soccer ace and hit .370 this spring.

Damon Wood, Woodside—Best distance runner in school's history, holds records with 4:18.7 mile (fifth in Central Coast Section) and 9:21.2 two-mile, also all-league and honorable mention All-American California cross country runner.

And then there were nine

By MIKE NOLAN
Tribune Sports Writer

Even trimming the Tribune's 16th annual Athlete of the Year competition from 17 semifinalists to nine finalists proved a thankless task this year, thanks to all sorts of standouts.

But here they are — the nine athletes picked as the Sequoia Union High School District's finest — with yet one more cut to come.

That will be, as someone once said, the unkindest cut of all. A glance at the talented field listed below will quickly show there isn't, frankly, all

that much difference between them.

The winner will be announced Thursday, heralded by a color drawing by Tribune artist Mrs. Dorothea Templeman, who handles the regular Athlete of the Week feature on which the contest is based.

Woodside, which won the SPAL All-Sports Trophy for the fourth time in five years and has produced five of the last six Athletes of the Year, leads with no less than five candidates. San Carlos has two, Carlmont and Menlo-Atherton one.

The candidates are listed al-

phabetically. Juniors are Myrt Easley and Mike Garcia of Woodside and Mitch Kingery of San Carlos.

Will Woodside retain that 43-inch Al Foss Memorial Trophy awarded the winning school? Read the answer Thursday.

Myrt Easley, Woodside — Easley has three realistic basketball goals for his senior year: to lead the Wildcats to a third straight SPAL title and to that elusive Central Coast Section championship, to break Rich Kelley's school scoring record and to win his second Player of the Year award.

Myrt has established a most solid foundation. The 6-4 muscleman has been "pivotal" in Wildcat cage success the past two campaigns, scoring 709 points as Woodside amassed a 41-11 record and finished second and third in the CCS finals.

League MVP this season — Myrt scored 468 points for a 16.7 average and was the league's top rebounder — his expected improvement next season should enable him to far surpass Kelley's 1,117 points. Easley was second team all-league as a sophomore.

Myrt's no slouch on the track, either. He won both hurdles in the SPAL finals and is a valuable relay runner. Easley scored the bulk of the points when Woodside won the CCS frosh-soph crown last year, including the low hurdles title.

Mike Garcia, Woodside — Garcia was the best "pitcher" in two sports at Woodside. He was first team All-SPAL basketball guard who set several school assist records, and an All-SPAL baseball utilityman with a 4-1 mound mark and

(Please turn to Pg. 10, Col. 4)

327 average.

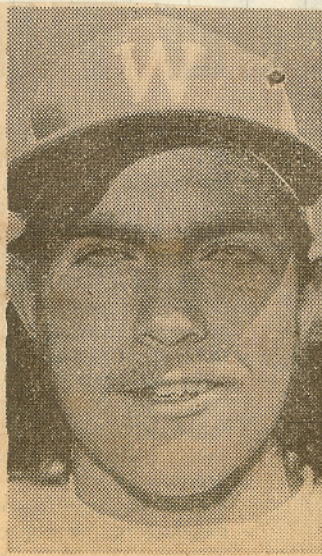
Though obviously a stickout performer to letter in both sports as a soph and make first team all-league in both as a junior, Mike's no glory guy. He averaged eight points per cage outing and was usually content to let the other people shoot. But make no mistake, he can shoot too and should be among the league scoring leaders next year.

Garcia's as good or better in baseball. This season he scored 16 runs and drove in 13 in only 16 games and tied teammate Gary Scott for the league homer leadership with four.

With five homers for his career, Garcia will be "gunning" next year, all right — for the league record of seven.



MYRT EASLEY



MIKE GARCIA



LARRY GULLETTE



JACK HENDERSON



MITCH KINGERY

Larry Gullette, Carlmont — Pound for pound, there wasn't a tougher SPAL athlete than this superb competitor who took on the grueling duties of linebacker, wrestler and pole vaulter in the same term.

Larry was rugged enough to be voted football Co-Defensive Player of the Year, to compile a 22-8 wrestling record and finish third in the league 148-pound finals and to take fourth in the SPAL pole vault finals.

At a school without the gifted running backs Carlmont enjoyed last fall, Larry might have been an offensive standout, too. As a junior, he gained 89 yards in 20 carries — a 4.5 average — before injury struck. He picked up 52 yards in 11 carries in infrequent duty this season.

Gullette was tabbed Carlmont's top all-round athlete by the coaching staff, winning the Al Terremere award.

Jack Henderson, Woodside — The finest pure passer in SPAL history, Jack was nimble and quick enough to set 14 school and eight league football records.

He was suitably recognized as SPAL Co-Offensive Player of the Year, All-San Mateo County most valuable, All-Midpeninsula, All-Central Coast Section, along with a couple of All-America mentions.

University of Oregon-bound Henderson led Woodside to 15-1 league and 16-4 overall records (and the 1972 title), and completed 201 of 418 passes for 2,903 yards and 40 touchdowns.

Though he doesn't plan to play college baseball, Jack was among the better SPAL prospects. An honorable mention all-league junior and first team senior, Jack compiled .359 and .377 averages and tied for the league lead with 16 runs batted in this year. He didn't particularly like pitching, but came up with a 6-3 record with 65 strikeouts in 64 innings and a 2.08 two-season earned run average.

Mitch Kingery, San Carlos — Still just a junior, Mitch has won five Athlete of the Week awards and established himself as probably the finest all-round distance runner in local history.

Kingery holds the national prep record for the marathon and is a solid 1976 Olympic bet.

Yet he's helped Don cross country and track too, though two and three-mile races are actually too short for him!

In cross country, Mitch finished ninth in the CCS finals as a freshman, first in the large school division (and tied for second overall by time) as a sophomore and first overall as a junior. He's been SPAL Runner of the Year for two seasons, and chosen Northern California Runner of the Year for his grade all three years.

In track, Mitch won the CCS two-mile this season and finished eighth in the state finals two straight years in the nation's most competitive field. He's run 9:00.5 in cross country and 9:05.0 in track.

Phil Robinson, Woodside — There may not be a better natural athlete in the league than Phil.



JOHN NABER
1973 winner

Look at the two big honors he captured this term — SPAL football Co-Defensive Player of the Year and CCS track long jump champion, school record holder and state meet entry.

As the league's premier cornerback, Phil didn't allow a touchdown pass all season. His coach, Troy Ratliff, said no team made a gain of more than 17 yards over Phil's side all season.

Robinson won three consecutive high-pressure track meets — the SPAL finals, Region II finals (23-1¾) and CCS (with a section season topper 23-2½). He also won all five SPAL meets he entered and helped Woodside to an 8-0 season.

Mike Ross, Menlo-Atherton — Unquestionably, Mike was the overall king of SPAL aquatics this year.

He was SPAL water polo Player of the Year after making second team as a junior. He won the league scoring title with 59 goals (tying M-A's 14-game school record) and helped the Bears fashion a 27-1 two-season league record. His 86 career varsity goals are third on M-A's all-time list.

Recently Ross was named a fifth team All-American on a squad of California athletes (only) picked by a coaching group.

In swimming, Ross was outstanding in the rugged CCS. Though finishing "only" sixth in the CCS 500 free and ninth in the 200, his best clockings of 4:43.99 and 1:45.97 broke Olympian Dick Roth's 10-year-old school standards.

Gary Scott, Woodside — An outstanding all-round athlete and one of the finest competitors in the history of a school which has produced bushels of them in the past 15 years.

Gary was a second-team All-SPAL football defensive back, but was perhaps second only to teammate Phil Robinson among the circuit's cornerbacks. Scott set a school career record for tackles with 111, surpassing the marks of many all-league stars.

Not a big offensive basketball threat, Gary knew his role perfectly and meshed well with Woodside's more prolific scorers as the team's top defensive player and all-round leader. He averaged 5.8 points per game overall this season and 7.8 in league.

Baseball was Scott's best sport. He finished fourth on the SPAL career list with a .410 average (41x100) despite

several nagging injuries. He tied teammate Mike Garcia for the league homer lead with four, and hit another in Woodside's single playoff appearance. Gary was a unanimous all-league selection at third base.

Scot Sedlacek, San Carlos — Though Scot's credentials aren't quite as splashy as some of the others (second team All-SPAL basketball, first baseball), there was no more feared athlete in the circuit in the clutch.

It wasn't just coincidence that San Carlos' regular season basketball and baseball record the past two years was a combined 36-16; Scot was almost personally responsible for several of those victories. Time and again he came up with the big bucket or big hit, in almost uncanny fashion.

Sedlacek, voted second team all-league basketball two straight seasons, scored only 299 points in 41 games for a 7.3 average. But, safe to say, he led the league in crucial baskets.

Scot was a unanimous all-league shortstop, batting .396 and tying Woodside's Jack Henderson for (what else?) the runs batted in title with 16. Scot was a three-season regular.

Sedlacek also won the prestigious Tony Devine Memorial Trophy, given annually to the Sequoia District senior who best combines athletics, scholarship and leadership. There wasn't much doubt he qualified.

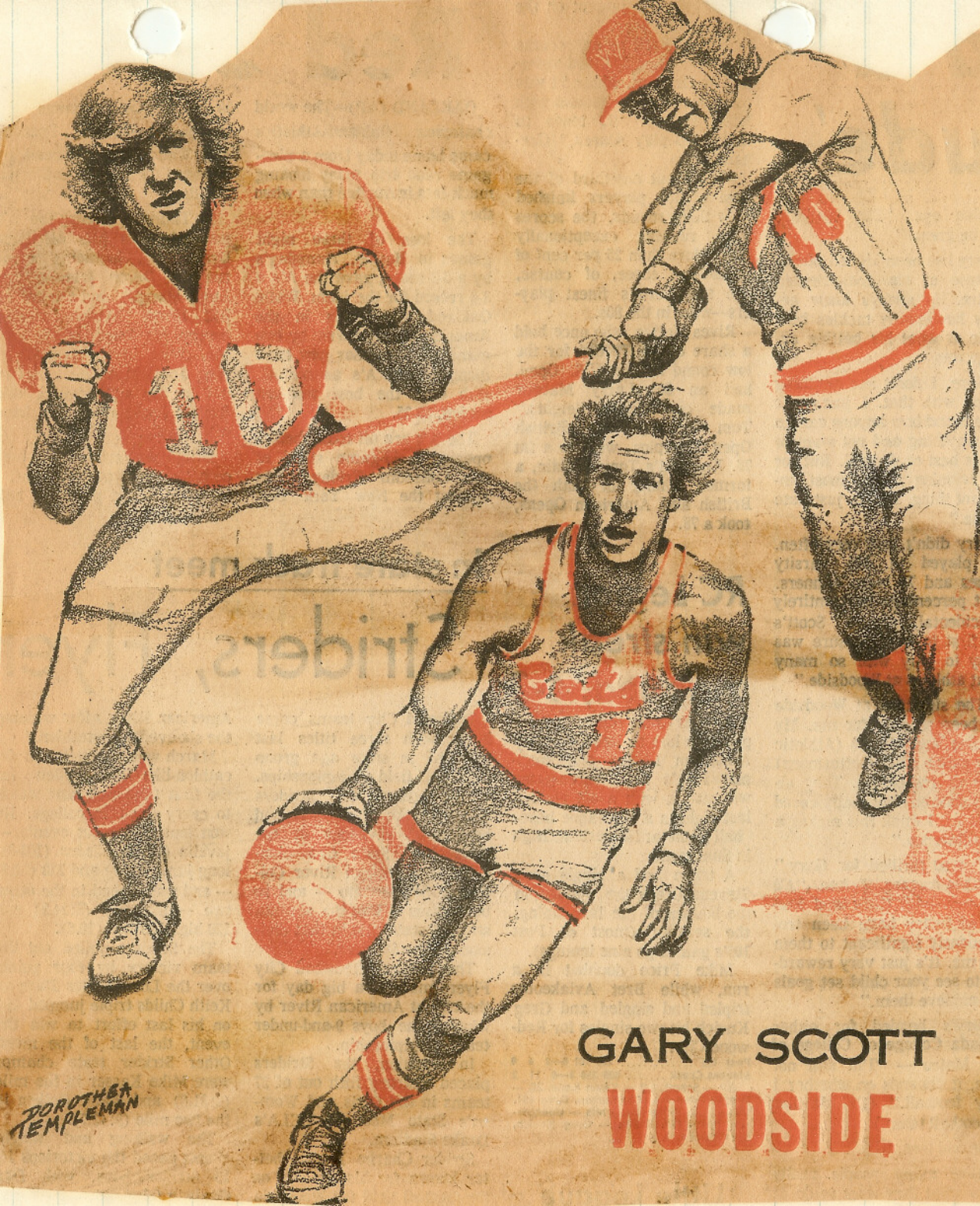
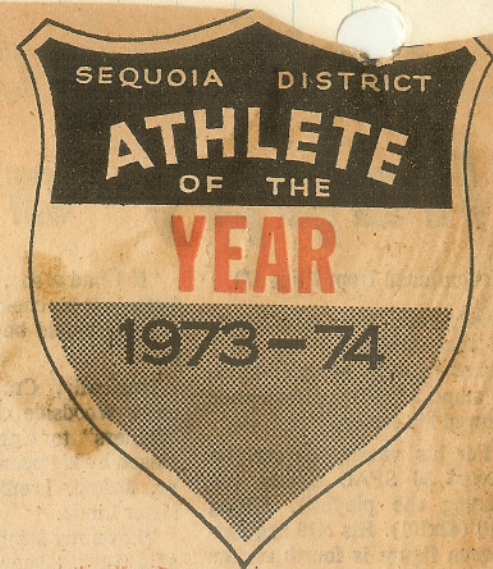
After looking over the credentials of all nine candidates, it seems that just being in this year's finals is quite an honor.



MIKE ROSS



SCOT SEDLACEK



GARY SCOTT
WOODSIDE



Woodside's Scott Athlete of Year

By MIKE NOLAN

Tribune Sports Writer

Gary Scott, who was never the Athlete of the Week, instead turned out to be the athlete of every week as the Tribune's Athlete of the Year.

Woodside's gritty, great Scott, who simply refused to let a baseball slump, pressure and severe mid-season injury cost him the award, is the 16th winner of the highest honor a Sequoia Union High School District athlete may receive.

But he's only the second person to take top honors without ever being selected an Athlete of the Week.

The other, like Scott a senior football - basketball - baseball standout, was Sequoia's Gary Frohlich in 1963.

Scott, who earned seven var-

sity letters, enabled Woodside to retain the Al Foss Memorial Trophy, donated by Sequoia's unbeaten 1943 football team in memory of a teammate. Gary is the sixth Wildcat in the past seven winners to be named Athlete of the Year.

Scott topped an outstanding field of finalists, including Woodside's Jack Henderson, Phil Robinson, Myrt Easley and Mike Garcia, San Carlos' Scot Sedlacek and Mitch Kingery, Menlo-Atherton's Mike Rags and Carlmont's Larry Gullette.

Henderson, who smashed most SPAL football passing records and was also a baseball all-leaguer, was judged runnerup.

The indomitable Scott is among the most competitive, and respected, athletes ever developed in the Sequoia District.

Woodside basketball coach Tom Crane had a perfect description of Gary:

"When you're down, he gives you great confidence. He never shows fear in his face. That's a quality few guys have. Gary is truly a winner all the way."

Added several Woodside coaches: "I never once saw Gary give up." Neither did this writer.

Yet success hasn't come easy. Though blessed with a generous supply of natural talent, 5-11, 170-pound Scott worked, and worked, and worked over the years to hone his skills.

His story is also that of an understanding mother (Gary's parents were divorced when he was in fourth grade) and an older brother, Ron, a fine athlete in his own right, whose concern, love and guidance left a lasting impression.

Scott, an outgoing, goal-oriented person, freely admits, "I was shooting for three championships for Woodside (he got one and narrowly missed the other two) and the Athlete of the Year award when the school year began."

As fate would have it, Gary's courage and confidence were tested to the limit only a few weeks ago.

Scott, who batted .452 as a junior, took a .200 average for the first half of the baseball season into the Easter break. He was concerned; he knew he had to have a super second half to make Athlete of the Year.

But, while body surfing, he suffered a shoulder dislocation, recurrence of an injury he received sliding into first base last year.

A doctor told Gary his arm would have to be in a sling for three weeks.

"Uh, uh," said Scott. "When I got hurt last year, they told me, 'take it easy, don't hurt yourself for next year.' Well, this was 'next year.' No way."

So he played the final eight games, plus Woodside's one playoff appearance, with a special brace. And he collected an incredible 16 hits in 27 at bats, including five home runs, to lift his 17-game figure to .404 (21x52).

He was a unanimous all-league selection at third base, and his appointment to the All-Northern California team will be officially announced next week. Pressure? You bet —

mostly from Scott, who wanted that Athlete of the Year award so badly he could hardly stand it. His performance showed his desire.

For his varsity career, he played 36 SPAL games (including the playoff), hitting .416 (42x101). His .410 regular-season figure is fourth on the all-time SPAL list. He went to bat 124 times with walks, made base on hits or walks 65 times, a superb .524 on-base average.

In football, Gary was honorable mention all-league linebacker as a junior for Woodside's SPAL and Region II champs. But after three years at linebacker, Scott was asked to fill a pressing need at cornerback last fall.

Gary was excellent there, making "only" second team all-league defensive back (two stickout safeties and teammate Robinson, Co-Defensive Player of the Year at cornerback, beat him out).

"There's no doubt in my mind he was the league's second best cornerback even without any experience," said Ratliff. "He would have been all-league at linebacker."

Gary took aim on the school career tackle record, and snapped it with 111 in two seasons. He also filled voids by playing reserve quarterback as a junior and split end as a senior.

"Gary is always his own man," said Ratliff. "He'll do what you ask him, but he wants to know why."

In basketball, Scott was an honorable mention caliber guard. He played on two champs with a combined 41-11 record which finished second and third in the Central Coast Section playoffs. Woodside went 16-2 from the point Scott played as a junior, then 22-6 this year.

His 5.8 average was, as might be expected, deceiving. "Gary was the guts of our team," said Crane. "He fit in perfectly, was the guy I wanted to tie things together. Give me five Gary Scotts, and we'd win, believe me, we'd win."

"I won't forget one moment (in a nonleague game). Gary got hit in the gut something fierce. He really looked terrible. I bent down and all he could say was, 'Please, don't take me out!' That's Scott for you. I'm sure gonna miss that little bugger!"

"Another fine thing about Gary," Crane added, "is that while many athletes are moody, up one day and down the next, Gary was always pretty much the same. He had a happy attitude, and worked well with everyone."

"If I had a son, I'd bust my buttons if he could be just like Gary. I would be so proud of him."

Ironically, Crane and the other Woodside coaches were "fathers" to Gary, who was raised by his personable mother, JoAnn, brother Ron and sister Linda.

"I owe my family so much," said Gary. "They really care. I've always felt loved. They've done so much for me — so much."

"My mother was really understanding. She moved (to the San Jose area for business reasons), but she knew how badly I wanted to stay at Woodside for my senior year. She has always thought of me."

Arrangements were made so Gary could live in Redwood City with the Garcia family, Pinky and Fran and son Mike, a junior who'll be a strong Athlete of the Year contender.

"He's been like a son to us," said Fran Garcia. "You don't know how happy we are to see him win this award."

"You know," she added, "You've got to give JoAnn Scott all the credit in the world for raising two sons like Gary and Ron. You can see, she did quite a job."

Gary thanks Ron, former Woodside and Canada College star who's catching for powerful University of Miami this week in the College World Series, for helping him become the athlete, and the person, he is. The relationship has been an exceptional blend of cooperation and competition.

Scott showed a 'happy attitude'

"Ron's a sensitive person. He's cared so much, almost like a father to me. He's really got his head together. I have all the respect in the world for him."

The all-consuming ambition of both Scotts is to go as far as possible in baseball.

How about it Gary, would your fondest dream be to lead the major leagues in hitting — with Ron one point behind?

"I never thought about it that way," Gary answered, with a twinkle in his com-

★ ★ ★

Past winners

- 1950 Marty Hull, Sequoia
- 1960 Rich Koeper, Sequoia
- 1961 Gary Gaskill, Carlmont
- 1962 Greg Buckingham, M-A
- 1963 Gary Frohlich, Sequoia
- 1964 Dick Roth, M-A
- 1965 Rick Roth, M-A
- 1966 Bob Emery, San Carlos
- 1967 Charles Johnson, Sequoia
- 1968 Neil Platts, Woodside
- 1969 Bob LeBlanc, Woodside
- 1970 Rich Kelley, Woodside
- 1971 Rich Kelley, Woodside
- 1972 Jim Watts, M-A
- 1973 John Naber, Woodside

petitive eye. "But wouldn't that be great?"

Gary has been kidded plenty because of his goal-oriented nature. He always knew exactly how many tackles he'd made or what his batting average was.

"Sure, I don't see anything wrong with that. I just don't understand how anyone can go into anything and not want to do his best or do well. But for me, winning is the most important thing. I hate, just hate to lose."

Gary didn't lose very often. He played in 105 varsity games and 75 were winners. That percentage isn't entirely coincidental, though Scott's the first to say, "I sure was lucky to play with so many great athletes at Woodside."

"The situation at Woodside has been so good for me. My coaches and Mr. G (Athletic Director Bill Guttormsen) were so responsive. They always showed they really cared about us. I think this makes a big difference."

"I'm so thrilled for Gary," said his mother, JoAnn. "All the men both Gary and Ron played under have been tremendously significant to them and me. It's just very rewarding to see your child set goals and achieve them."

Gary's headed for either Cañada College or College of San Mateo — "I'm still not sure, it depends on whether I play football." (Cañada has no football team.)

Beyond that, what?

"How many people really know what they want to do at 17 years old?" he answered. "I'm not sure."

"I know whatever I do, I'll try to be good at it. You can't sit on your butt all day and be a success. You have to be responsible for yourself."

With his kind of drive, it's not impossible Gary will be "responsible" all the way to the major leagues.

But if he doesn't make it there, it won't be for lack of Scott a true winner indeed. effort. And that makes Gary

A big day for Scotts

Great Scott! No, make that great Scotts!

Ron Scott found a special way to help celebrate the selection of his brother, Woodside High's Gary, as the Tribune's Athlete of the Year.

Only hours after learning yesterday that Gary had won the honor, Ron (who's been eagerly awaiting the news from home) cracked a homer and run-scoring single to help University of Miami top University of Southern California 7-3 in the college World Series at Omaha, Neb.

That left Miami the lone unbeaten (3-0) team in the Series and helped Ron boost his already considerable stock as

one of the nation's finest collegiate catchers.

Ron, former Woodside and Canada College ace, returns to action tonight as his Hurricanes (51-9) seek to oust Southern Illinois (49-11) from the double-elimination classic. In the other game, USC (47-20) tries to eliminate Texas (54-7).

This is quite a time in the life of the Scotts. Ron will be married to Linda Twietmeyer of Redwood City June 23. Gary, who celebrates his 18th birthday June 18, will be his best man.

In the Scott family, it looks like there are two "best men" these days.

1972-73 Athletes of Week

9/19	Barry Hyde, MA	football
9/26	Kevin Kane, Sequoia	football
10/3	Mike Citara, Carmont	"basketball
10/10	Doug MacBlane, Woodside	football
10/17	Bob Bedford, Carmont	football
10/24	Duane Wilkins, M-A	football
10/31	Jeff Little, Sequoia	water polo
11/7	Mitch Kingsry, San Carlos	cross country
11/14	Chris Lueder, Carmont	football
11/21	Howie Avila, Carmont	football
11/28	None selected	
12/5	Carl Cattarin, Carmont	cross country
12/12	Eric Waecher, Woodside	basketball
12/19	Polla Garibay, Sequoia	soccer
12/26	None selected	
1/2	Steve Worthington, San Carlos	basketball
1/9	None selected	
1/16	Ray Nolan, San Carlos	baseball soccer
1/23	Ron Chamman, Sequoia	basketball
1/30	Rob Hodgkinson, Woodside	soccer
2/6	Ken Davis, M-A	soccer
2/13	Rick Kerr, Sequoia	wrestling
2/20	Tim Burgess, Carmont	basketball
2/27	None selected	
3/6	Tim Doyle, Woodside	track
3/13	Kevin Jewell, Woodside	basketball
3/20	Kevin Kane, Sequoia	baseball

3/27	John Naber, Woodside	swimming
4/3	Randy Rhodes, M-A	baseball
4/10	Bob Bedford, Carmont	baseball
4/17	Mrgt Easley, Woodside	track
4/24	None selected	
5/1	Mitch Kingery, San Carlos	track
5/8	Tom Booth, M-A baseball	baseball
5/15	Mike Wilgus, Wood N baseball	baseball
5/22	James Ragland, Ravenswood	track
5/29	Jack Hennen, Carmont	track

Athlete of Year competition wide open

Menlo-Atherton High has another strong contender for the Tribune's 15th annual Athlete of the Year award, but "wide open" describes the competition as well as anything.

Jim Watts, the Bears' 6-6 basketball-football-track sensation, is now at Weber State College in Ogden, Utah after claiming the coveted honor last year.

M-A's Jeff Stites, an All-American water polo player and Central Coast Section swim medalist, is the lone returnee from last year's eight finalists.

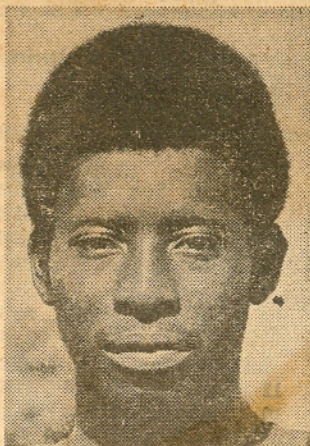
Carlmont cross country and track star Steve Miller would have been a top candidate too, but decided to pass up sports

this year to concentrate on religious activities.

But as always, several juniors or late-blooming seniors probably will "arrive" to press for the award.

The Athlete of the Week feature will begin on the Tuesday following the first full week of prep action. The Athlete of the Week is picked from the Sequoia District schools only — Carlmont, Menlo-Atherton, Ravenswood, San Carlos, Sequoia and Woodside — and can come from any sport on any level.

Any weekly winner, chosen by the Tribune sports staff, is announced with a drawing by Tribune artist Mrs. Dorothea Templeman, now in her second full



JIMMY WATTS
1971-72 winner

year with the feature. The drawing depicts the athlete and lists other standouts that week in an honor roll column.

Near the end of the school year, all Athletes of the Week, plus others who have come close several times, compete for the Athlete of the Year award, highest athletic honor a Sequoia District athlete can receive.

The winner is announced by a multi-color drawing by Mrs. Templeman which is framed and presented to the athlete. His school also is given a huge Al Foss Memorial Trophy for display the following year.

Previous Athlete of the Year winners: 1959 — Marty Hull, Sequoia swimming and water

polo; 1960 — Rick Koeper, Sequoia football, basketball and baseball; 1969 — Gary Gaskill, Carlmont football, basketball and track; 1962 — Greg Buckingham, Menlo-Atherton water polo and swimming; 1963 — Gary Froelich, Sequoia football, basketball and baseball; 1964 and 1965 — Dick Roth, Menlo-Atherton swimming and water polo; 1966 — Bob Emery, San Carlos basketball and baseball; 1967 — Charles Johnson, Sequoia basketball and track; 1968 — Neil Platts, Woodside football and soccer; 1969 — Bob LeBlanc, Woodside football and baseball; 1970 and 1971 — Rich Kelley, Woodside basketball and tennis.

Athlete of Year competition set

No Sequoia District Athlete of the Week award will be made this week — local competitors in the State track and field championships had already won the honor.

But the Athlete of the Year competition begins tomorrow, with a story detailing the candidates and method of selection.

The winner will be announced next week, heralded by a two-color drawing by Tribune artist Dorothea Templeman. Watch for it.

36 candidates for Athlete

Now in its 15th year, competition is once again underway for the highest honor a Sequoia Union High School District athlete may receive.

The Tribune's 15th annual Athlete of the Year will be selected from a field of 36 candidates announced today.

Twenty-nine qualified automatically by winning the Sequoia District Athlete of the Week award during the past school year.

Seven others, who narrowly

missed winning the award at one time or another, were added by the Tribune's selection committee. Each has two all-league honors.

After careful consideration, the list will be cut about in half for the semifinalist field. Six to eight finalists will be chosen shortly after, followed by the announcement of the winner the middle of next week.

The honored athlete will be heralded by a color drawing

by Tribune artist Mrs. Dorothea Templeman, whose drawings announced the athlete of the week on most Tuesdays of this school year.

The Athlete of the Year will receive the original drawing by Mrs. Templeman, while his school retains custody of the huge Al Foss Memorial Trophy for safekeeping during the next school year.

The Foss Trophy was donated by members of the unbeaten 1943 Sequoia High foot-

ball team in memory of a teammate.

For the past year the 43-inch trophy has been at Menlo-Atherton, courtesy of Jim Watts, the 1972 Athlete of the Year.

Like most Tribune Athletes of the Year, Watts appears on the way to a highly successful college career. At Weber State he lettered in varsity basketball as a freshman.

Other winners have been — Marty Hull, Sequoia, 1959;

Rich Koeper, Sequoia, 1960; Gary Gaskill, Carlmont, 1961; Greg Buckingham, Menlo-Atherton, 1962; Gary Frohlich, Sequoia, 1963; Dick Roth, M-A, 1964 and 1965; Bob Emery, San Carlos, 1966; Charles Johnson, Sequoia, 1967; Neil Platts, Woodside, 1968; Bob LeBlanc, Woodside, 1969; Rich Kelley, Woodside, 1970 and 1971.

Woodside led in athletes of the week this year with eight, followed by Carlmont (seven), Menlo-Atherton and Sequoia

(five), San Carlos (three) and Ravenswood (one).

With the added nominees, Woodside has 12, M-A and Carlmont seven, Sequoia five, San Carlos three and Ravenswood two.

Three athletes have won the weekly award twice (only one award per season per athlete is allowed): Kevin Kane of Sequoia, Bob Bedford of Carlmont and Mitch Kingery of San Carlos.

The semifinalists will be announced Saturday.

The nominees

Date	Athlete	School	Sport
Sept. 19	Barry Hyde	M-A	Football
Sept. 26	Kevin Kane	Sequoia	Football
Oct. 3	Mike Citara	Carlmont C	Basketball
Oct. 10	Doug MacBlane	Woodside	Football
Oct. 17	Bob Bedford	Carlmont	Football
Oct. 24	Duane Wilkins	M-A	Football
Oct. 31	Jeff Little	Sequoia	Water Polo
Nov. 7	Mitch Kingery	S. Carlos	Cr. Country
Nov. 14	Chris Lueder	Carlmont	Football
Nov. 21	Howie Avila	Carlmont	Football
Nov. 28	None selected		
Dec. 5	Carl Cattarin	Carlmont	Cr. Country
Dec. 12	Eric Walker	Woodside	Basketball
Dec. 19	Polla Garbay	Sequoia	Soccer
Dec. 26	None selected		
Jan. 2	Steve Worthington	San Carlos	Basketball
Jan. 9	None selected		
Jan. 16	Ray Nolan	San Carlos	Soccer
Jan. 23	Ron Channess	Sequoia	Basketball
Jan. 30	Rob Hodgkinson	Woodside	Soccer
Feb. 6	Ken Davis	M-A	Soccer
Feb. 13	Rick Kerr	Sequoia	Wrestling
Feb. 20	Tim Burgess	Carlmont	Basketball
Feb. 27	None selected		
Mar. 6	Tim Doyle	Woodside	Track
Mar. 13	Kevin Jewell	Woodside	Basketball
Mar. 20	Kevin Kane	Sequoia	Baseball
Mar. 27	John Naber	Woodside	Swimming
Apr. 3	Randy Rhodes	M-A	Baseball
Apr. 10	Bob Bedford	Carlmont	Baseball
Apr. 17	Myrt Easley	Woodside	Track
Apr. 24	None selected		
May 1	Mitch Kingery	San Carlos	Track
May 8	Tom Booth	M-A	Baseball
May 15	Mike Wilgus	Woodside	JV Baseball
May 22	James Ragland	Ravenswood	Track
May 29	Jack Lennen	Carlmont	Track

ADDITIONAL NOMINEES

Jack Henderson, Woodside (football, baseball)
 Chris Minor, Ravenswood (football, basketball, baseball)
 Jeff Peralta, Woodside (football, wrestling, track)
 Tim Powers, Woodside (football, baseball)
 Glenn Procter, M-A (water polo, swimming)
 Gary Scott, Woodside (football, basketball, baseball)
 Jeff Stiles, M-A (water polo, swimming)

Only 16 athletes — true stars all — remain in contention today for the Tribune's 15th annual Athlete of the Year award.

The original field of 36 for the highest honor a Sequoia Union High School District athlete may receive has been chopped more than half by the Tribune's selection committee.

Just making the field of 16 finalists is quite an honor, but the cutting will continue, to eight finalists (to be announced Tuesday) and finally the winner.

The honored athlete, whose school will receive the huge Al Foss Memorial Trophy, will be heralded by a special color drawing by Tribune artist Mrs. Dorothea Templeman. She handles the regular Athlete of the Week drawings on which the original candidate list was based.

Woodside leads with seven semifinalists, followed by Menlo-Atherton with four, Carlmont with two and Sequoia, San Carlos and Ravenswood with one each.

Interestingly, only nine of the 16 actually won Athlete of the Week honors this year. The others are multiple sport stars added by the selection committee.

The semifinalists, listed alphabetically, with a capsule description of their qualifications:

Howie Avila, Carlmont — All-SPAL running back and league rushing champion, also valuable senior member of second place track team as sprinter and shot putter.

Bob Bedford, Carlmont — SPAL baseball Player of the Year as a junior with a 10-1 pitching record, also honorable mention all-league foot-



JACK HENDERSON
Cat candidate

ball defensive end who was seventh in rushing as fullback despite injuries.

Myrt Easley, Woodside — One of finest young SPAL basketball prospects in years, 6-3 sophomore center made second team all-league for Wildcat champs. Also led Woodside to Central Coast Section frosh-soph track title with four medals.

Jack Henderson, Woodside — Second team All-SPAL football quarterback with 20 touchdown passes in 11 games while leading Wildcats to CCS semifinals, this junior was also honorable mention baseball all-leaguer as versatile pitcher-outfielder.

Kevin Kane, Sequoia — All-SPAL football split end and second in receiving, honorable mention all-league basketball guard-forward, second team all-league baseballer as talent-



RANDY RHODES
two-sport Bear

ed pitcher-infielder. And he's just a junior.

Mitch Kingery, San Carlos — SPAL Runner of the Year in cross country as CCS champion, eighth in the State Meet in two-mile and second on SPAL all-time list — all as only a sophomore.

Chris Minor, Ravenswood — All-league, hard-hitting football defensive end, varsity basketball reserve forward, honorable mention all-league baseball first baseman.

John Naber, Woodside — American record holder in 200 backstroke, CCS champion in two swimming events, holder of numerous school, league and section records, and also first team All-PAL water poloist. A senior.

Jeff Peralta, Woodside — A senior, he was two-way first team football all-league lineman as Defensive Player of

the Year, SPAL wrestling runnerup at 194 pounds and letterman on varsity track team.

Tim Powers, Woodside — All-SPAL first teamer in two sports as football linebacker and baseball infielder, this senior was among league's most competitive athletes.

Glenn Procter, Menlo-Atherton — SPAL water polo Player of the Year and second high scorer, also valuable senior swimmer and PAL champion in 50 freestyle.

Randy Rhodes, Menlo-Atherton — All-league baseball infielder and three-year short-stop starter with penchant for spectacular, this senior was also starting football quarterback for two seasons.

Gary Scott, Woodside — Honorable mention all-league linebacker but overshadowed as junior on Wildcat football champs, fiercest starting guard

Eight finalists for Athlete of the Year

A quick glance at the field of eight finalists announced today for the Tribune's 15th annual Sequoia District Athlete of the Year honors shows why Woodside High had such a great year in sports.

The Wildcats, who won the SPAL All-Sports Trophy for all-around excellence, claim four of the eight finalists.

Carlmont, Menlo-Atherton, San Carlos and Sequoia have one each in the race for top

honors and the right to keep the 43-inch Al Foss Memorial Trophy for the next school year.

The winner will be announced Thursday, to follow in a long line of distinguished athletes who won the highest honor a Sequoia Union High School District athlete may receive.

The eight finalists were chosen from a field of 16 semifinalists, selected from an original list of 36 candidates.

The Tribune will announce the 15th annual winner with a color drawing by Tribune artist Mrs. Dorothea Templeman, who portrays the regular Athlete of the Week feature on which the award is based.

Listed alphabetically, all eight finalists (four seniors, three juniors and a sophomore) have top-notch credentials, the District's finest 1972-73 products:

Bob Bedford, Carlmont football and baseball — Only a junior, Bob proved the class of his high school athletically this year.

Though seeing significant offensive action at running back in only four of eight SPAL football games due to injuries, Bob finished seventh in the league in rushing with 350 yards on 67 carries for a 5.2 average.

However, he was equally ef-

fective defensively, where his prowess at end won honorable mention all-league honors.

Bob really blossomed in baseball as the SPAL Player of the Year for his 10-1 pitching. He was 12-3 over-all to lead Scots to their first title since 1965, and already is leading league season and career (11) winner in Carlmont history.

Kevin Kane, Sequoia football, basketball and baseball

— More than just versatile, this Cherokee junior was a standout in all three sports.

In football, Kevin was an all-league end, second in the loop with 33 receptions without benefit of either a strong team or good thrower. A standout 6-0, 180-pounder, Kane could well snap career record of 67 catches if someone can get him the ball next fall.

In basketball, Kane was honorable mention at forward,

averaging 9.4 points with the league's second highest field goal (.537) and free throw (.815) shooting percentages.

In baseball, Kevin led the league in earned run average (1.52) and bad luck (3-5 record). His good infielding and fair (.238) hitting made him a second team all-league utility pick.

Mitch Kingery, San Carlos cross-country and track — Only a sophomore, Mitch is al-

ready second only to current Gunn senior Gordon MacMitchell in SPAL two-mile history with a 9:09.4 best.

Kingery finished eighth in the State Meet two-mile (MacMitchell was fifth) as the first soph to cross the finish line.

A two-time All-SPAL cross-country pick, Kingery was Runner of the Year last fall as

(Please turn to Pg. 14, Col. 1)

Central Coast Section large school division champion.

Mitch also holds the American high school record for the marathon — 2:23.15 — and has his sights set on the 1976 Olympics in that event.

John Naber, Woodside water polo and swimming — A senior, John burst on the national scene in April when he won the national AAU 200-yard backstroke in an American record 1:49.842.

Naber also won the AAU 100 back — the meet's lone double winner — but his local feats are most noteworthy, too.

Big (6-6) John not only won the CCS 200 free and 100 back titles, but missed the national prep 100 back record of 51.99 by a hair with 52.0 effort.

He also set SPAL dual meet records for the 200 free (1:43.0), 400 free (3:39.3) and 100 back (52.8), and league finals marks in the 200 free and 100 back.

Naber captured first team all-league and honorable mention All-American water polo recognition entirely on his defensive ability.

Jeff Peralta, Woodside football, wrestling and track — A senior acknowledged as the top lineman in the SPAL despite only average size (195-200), Jeff was tabbed Defensive Player of the Year.

Peralta was the lone two-way first team all-league footballer at tackle and led Woodside to the SPAL championship and CCS semifinals.

Also outstanding in wrestling, Jeff was 6-2 in dual meets and finished second at 194 pounds in the league finals to qualify for CCS competition.

He also scored points in the discus for Woodside's track team.

Tim Powers, Woodside football and baseball — Tim was the only athlete in the Sequoia District to earn first team all-league honors in two of the three major team sports.

One of the league's hardest hitters despite his 160-pound dimensions, senior Powers lived up to his name as an all-star linebacker who helped greatly in Woodside's title drive.

Able to play anywhere (but pitcher) well in baseball, Powers claimed all-league utility honors with a .393 average following a .327 honorable mention junior season.

Powers' .393 is sixth on Woodside's all-time season list, his 22 hits second, his 16 runs first. Career-wise, Tim's second in hits (39), third in average (.358), fourth in runs (25) and first in triples (five).

Gary Scott, Woodside football, basketball and baseball — one of the toughest athletes in the SPAL on the field, court or diamond, and he's just a junior.

A standout football linebacker who was honorable mention all-league, Scott figures to come into his own this fall. He's also a capable reserve quarterback.

Scott won no basketball honors, but was a strong defensive guard who helped fire up a second straight championship in the same school year.

Though injuries limited him to 10 baseball games, Scott hit .452 to claim second-team all-league honors at third base. He's likely to break Woodside's .380 career hitting mark.

Jeff Stites, Menlo-Atherton water polo and swimming — An All-American Bear senior in both water sports.

Twice a first team All-SPAL water poloist who scored 85 goals in two championship seasons, Stites made the 10th All-American team as a junior and fifth until last fall.

One of the better all-time SPAL swimmers, Stites was third in the 100 back and sixth in the 200 individual medley in the CCS this year after second and fifth place finishes last season. He was SPAL 200 IM champion.

Stites is listed in the top 10 in all eight individual swim events at M-A, and holds the school record for the 100 back (54.7).



BOB BEDFORD
best in baseball



KEVIN KANE
all-around all-leaguer



MITCH KINGERY
sophomore sensation



JOHN NABER
wizard in the water



JEFF PERALTA
gridiron great



TIM POWERS
tough as his name



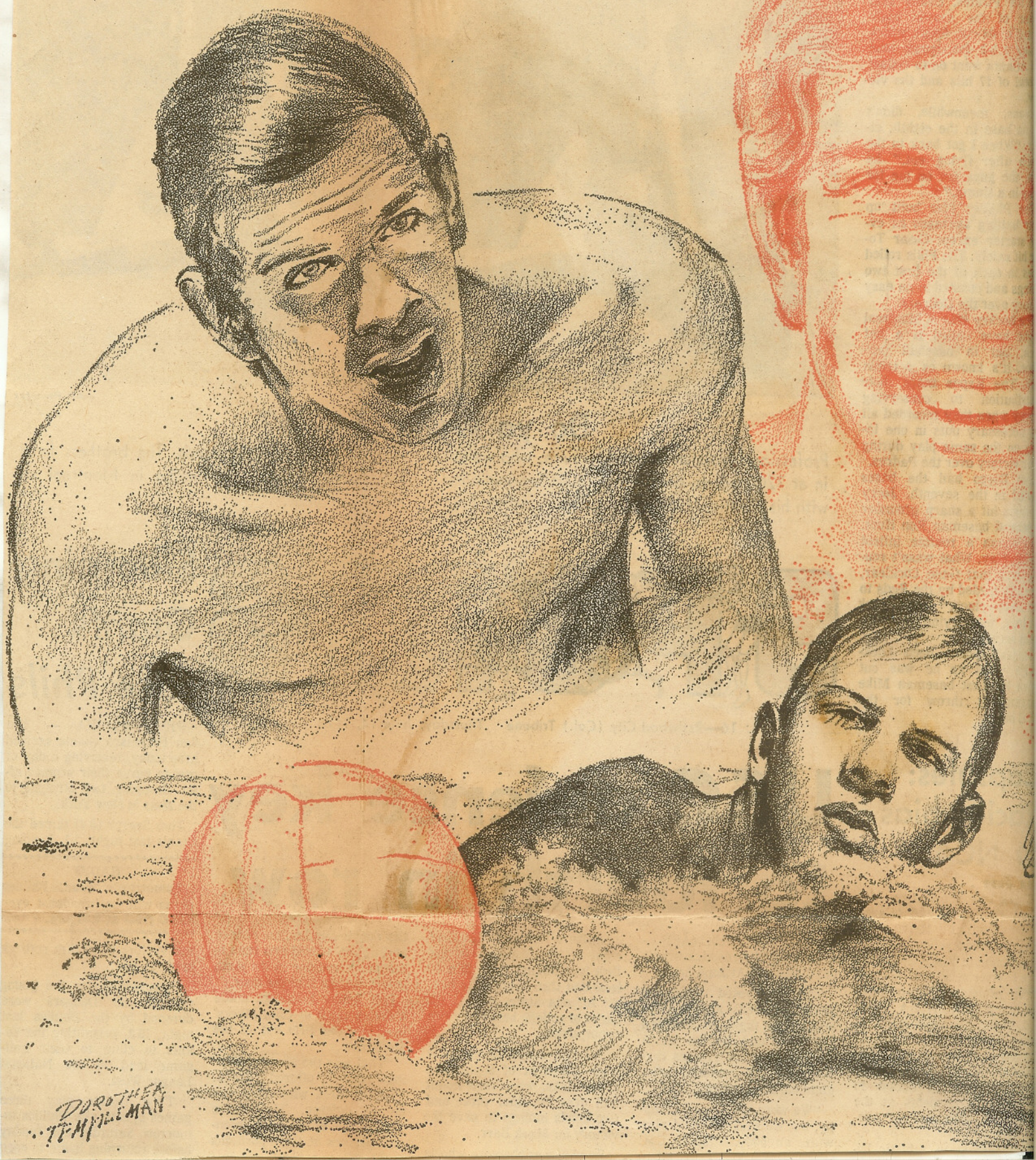
GARY SCOTT
versatility plus



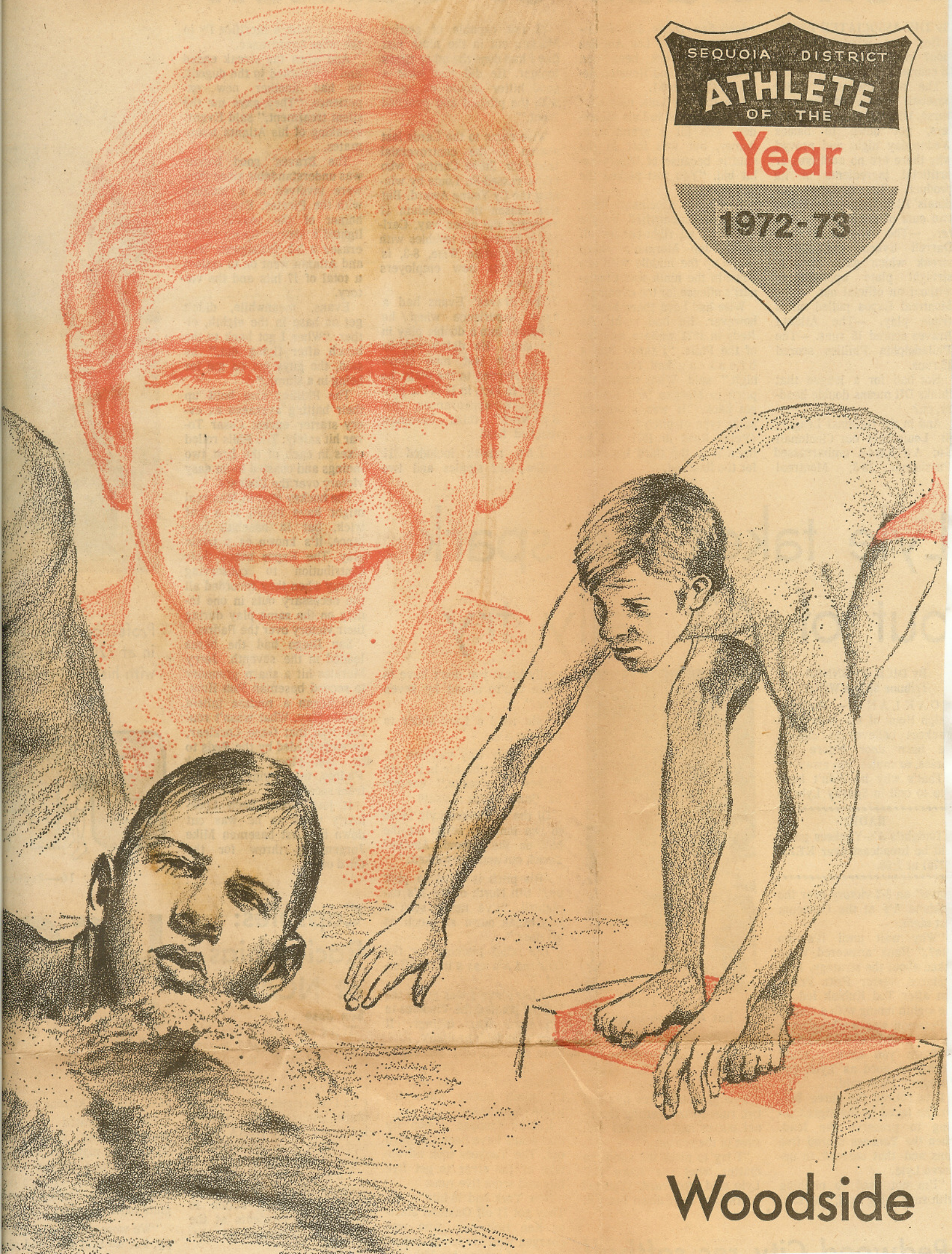
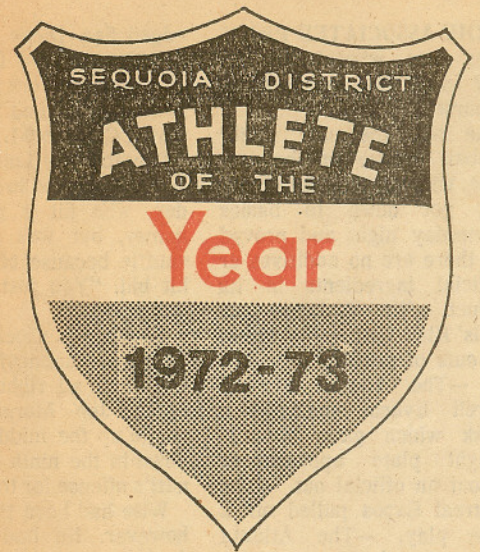
JEFF STITES
great when it's wet

John Naber named A

JOHN NABER



Named Athlete of Year



Woodside

Cat swimmer unlikely pick four years ago

By MIKE NOLAN
Tribune Sports Writer

John Naber, whose incredibly rapid rise to national swimming fame may be a record in itself, today was named Athlete of the Year in the Sequoia Union High School District.

The Woodside High senior, an All-American caliber athlete in both swimming and water polo, won the Tribune's coveted 15th annual honor over seven other talented finalists.

Naber is the first aquatic to win the award since Olympic super star Dick Roth of Menlo-Atherton claimed it in both 1964 and 1965.

And for good reason — Naber is the greatest swimmer produced by the South Peninsula Athletic League since Roth's heyday.

Naber also returns to Woodside the Al Foss Memorial Trophy, donated by Sequoia's unbeaten 1943 football team in memory of a teammate. The trophy was held at Woodside four straight years until M-A's

Jim Watts won it in 1972.

The other finalists included Sequoia's Kevin Kane, San Carlos' Mitch Kingery, Menlo-Atherton's Jeff Stites, Carlmont's Bob Bedford and Woodside's Tim Powers, Jeff Peralta and Gary Scott.

Kane, top-notch junior football, basketball, baseball star, was judged first runnerup.

Naber, an intelligent, idealistic, articulate 17-year-old with a maturity far beyond his years, feels he faces his toughest challenges out of the pool because of what he can do in it.

"I want people to know me as John Naber the human being, rather than John Naber the swimmer," he says earnestly.

Yet, Naber may have as much desire as any swimmer in the world to become the best in his events, the backstroke and distance freestyle.

As he puts it, "I'm not going to let anyone beat me if I can help it."

Thus, Naber's goal is to combine his Olympian-caliber

swim skills with a humanistic awareness of other people and their problems.

John knows it won't be easy; he's seen what fame has done to other swimmers as well as what it's done for them.

It's obvious he doesn't want to wind up like Mark Spitz, whose human side has been lost in the adoration over his feats in the water.

"I'm not in swimming to make money," said John softly. "That shouldn't be the purpose of swimming at all."

How good is Naber, who didn't even begin competitive swimming until he was a freshman at Woodside?

Good. So good, in fact, he probably can become the best in the world.

He's currently second in the world to East German super stroker Roland Matthes with a 59.2 clocking for the 100-meter backstroke and 2:08.1 for 200 meters. He's 10th on the all-time 100-meter list and ninth on the 200-meter sheet.

Naber set the American

record of 1:49.842 for the 200-yard back in the trials and went 1:50.485 in the finals to win the AAU National title in Cincinnati last April.

He also won the 100-yard back — the big meet's lone double winner — in 51.307, just a tenth of a second off Mike Stamm's American standard of 51.2.

And remember, Naber is just 17 with three years of swimming experience! In fact, he skipped an elementary grade and by rights should be just a junior.

John's 52.0 to win the Central Coast Section finals at archaic Salinas Municipal pool just missed the national 100 back record of 51.99. Naber surely would have gotten the mark in a decent pool; his 51.307 didn't count because it wasn't set in a prep meet.

Naber also won the 200 free — joining Santa Clara's Joe Bottom this year as a rare CCS double winner — and his 3:39.3 clocking for the 400 free

led the section this season and possibly the nation.

Back in Cincinnati, Naber was also third in the 1,650 free in an outstanding 15:39.725 and 10th in the 200 free in 1:41.3 — a super clocking for a prep in that race. Santa Clara's legendary Spitz holds the national record at 1:40.5.

Naber's contributions were vital as coach Gary Thurston's Wildcats tied Gunn for the SPAL swim championship.

John also played one of the finest defensive games of water polo ever seen in the SPAL. In fact, though he scored only 10 goals all year, he made first team all-league and honorable mention All-America honors.

Not that he couldn't score. Five goals in his season finale proved that. But his defense was even more valuable for coach Hal Wall's crew.

But when Naber, now a lanky 6-6, entered Woodside as a gangling, clumsy freshman, no one could have possibly suspected he would someday be the Sequoia District Athlete of the Year, much less a world-ranked swimmer.

Ironically, the friendship and inspiration provided by M-A's Jeff Stites, one of Naber's closest friends and a finalist for top District honors also, was critical in John's development.

Stites attended Woodside as a freshman and sophomore and "I idolized Jeff then," said John.

"And I still idolize him. Jeff is a fantastic person, a great all-around athlete too, much better than I. He's very unselfish — a real human being — and I wouldn't be where I am today without his help.

"When we were in Cincinnati and Jeff had already been eliminated (he finished 14th in the 200 back and 19th in the

100 with life bests), he was there for my 100 back race

"He told me, 'I'm going to be swimming that race with you and you're going to win whether you like it or not because you can.'" Naber recalled.

Naber also credited Bob Whitmore, his coach two years at Woodside before his transfer to Sequoia, for "getting me started."

"Mr. Whitmore was my first coach," said John, "and without him I probably wouldn't have stayed with swimming. I wasn't ready for hard work yet (as a freshman) and yet he kept it fun and interesting.

"His workouts didn't destroy my spirit. I'll always be indebted to him for his help; he's a wonderful man and coach."

Naber also notes his parents, Phil and Joan Naber of Menlo Park, were vital in his development along with George French, his coach at Ladera Oaks Aquatic Club who turned him into a backstroker.

"My family has done so much for me. They were the ones who got up at 5:30 in the morning to drive me to early workouts.

"More important, they've supported me but haven't pushed. It's just been a lot of support, love and encouragement. And I respond to that. I'm an emotional person."

After his success in Cincinnati, Naber won the right to participate in international meets in London and Sophia, Bulgaria. He placed first five times and second once in the backstrokes.

"I liked travel before those meets," said Naber, who'd been to Germany, "but I absolutely fell in love with it. It's a big reason why I'm swimming."

Naber also was happy to be on the international trip because "I wasn't just a big fish in a small pond. Most of the others had been to (the Olympics in) Munich, and I hadn't. It was humbling."

Naber just missed the Olympic team — after missing all but two weeks of his junior prep season with a broken collarbone. He was a virtual unknown at the Olympic trials, though his early season 54.2 for the 100 back in 1972 was the second best time in the CCS all year.

Naber, who was student body president at Woodside the past year and freely admits he's "straight as a string," is totally dedicated — and prepared for much tougher work at the University of Southern California.

He usually swims 10,000 to 12,000 yards per day — or 400 to 500 laps in the pool.

"It's going to be a lot more at USC. (Coach) Peter Daland wants to make a 1,650 freestyler out of me. But I'm really eager — I still love the workouts."

Naber plans four more years of swimming — that is, to finish his college career. And at USC he'll study — you guessed it — marine oceanography and biology.

"I want to make a career out of the water somehow."

Naber has two immediate goals — "to beat Indiana for the NCAA title (Indiana has won six straight) and to make the 1976 Olympic team.

"I'm just concerned with making the team individually. There's the real pressure. The best meet in the world is the U.S. Olympic trials."

John's father, Phil, is a business consultant with Management Resources of Palo Alto.

John has one sister (Nancy,

~~~~~

## Past winners

1959 Marty Hull, Sequoia  
1960 Rich Koeper, Sequoia  
1961 Gary Gaskill, Carlmont  
1962 Greg Buckingham, M-A  
1963 Gary Frohlich, Sequoia  
1964 Dick Roth, M-A  
1965 Dick Roth, M-A  
1966 Bob Emery, San Carlos  
1967 Charles Johnson, Seq.  
1968 Neil Platts, Woodside  
1969 Bob LeBlanc, Woodside  
1970 Rich Kelley, Woodside  
1971 Rich Kelley, Woodside  
1972 Jim Watts, M-A

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15-year-old Woodside freshman) and two brothers (Fred, Cal Poly SLO freshman, and Robert, (La Entrada School), seventh grader).

Naber's interests include mathematics and puzzles — "they go together, and I like to think" — and writing letters. He corresponds regularly with some 30 pen pals.

He also likes to star gaze. He even installed a planetarium effect on the ceiling of his bedroom at home.

"I could stare at the stars all night. They make me feel very small and very insignificant. I just feel good watching them."

That's fitting — one of the greatest stars in swimming looking at real stars to remind himself of his place in the world.

With that attitude, John Naber is more likely to radiate a steady warmth over many years rather than burning brightly over just a short period.

And steady warmth, after all, is the sign of stability — in a star or a human being.

1971-72

Athletes of the Week

9/28	Jim Edelson, SC
10/5	Man Peen, Carl
10/12	Kent Krueger, Carl
10/19	Barry Baumgardner, Wood
10/26	Dick Bass, M-A
11/2	Charles Chandle, Ran.
11/9	Jeff Stites, M-A
11/16	Tim Melhan, Sequoia
11/23	Chris Dorst, M-A
11/30	Mitch Kingery, SC
12/7	Jim Watts, M-A
12/14	Mark Dickey, Woodside
12/21	Steve Medera, SC
12/28	None Selected
1/4	None Selected
1/11	Kevin Jewell, Woodside
1/18	Tim Melhan, Sequoia
1/25	Kevin Dallman, M-A
2/1	Ervin Brown, Carl
2/8	Kevin Moore, Ran.
2/15	Tom Vigman, M-A
2/22	Roberto Prado, Sequoia
2/29	Olden Lyssand, Sequoia
3/7	Steve Miller, Carlmont
3/14	Louis Kichkopf, Carlmont
3/21	Jack Lennen, Carlmont
3/28	Bruce Veal, San Carlos
4/4	None Selected
4/11	Tom Vigman, M-A
4/18	Ervin Brown, Carlmont
4/25	Dick Bass, M-A
5/2	Paul Dempster, Carlmont
5/9	Pat Powell, Sequoia

5/16 Tom Weeden, Carlmont

5/23 None Selected

6/1 Jim Daba, Squoia

The countdown — and cut-down — begins today for the highest honor a Sequoia Union High School District athlete may receive.

The district's 14th annual Athlete of the Year will be chosen from a field of 39 candidates announced today.

Twenty-eight qualified automatically by winning the Sequoia District Athlete of the Week award during the school year.

Eleven others, who narrowly missed winning the award at one time or another, were added by the Tribune's selection committee.

After careful consideration, the list will be pared about in half for the semifinalist field, with about eight finalists to be chosen shortly after. The winner will be announced near the end of next week.

The honored athlete will be heralded by a color drawing by Tribune artist Mrs. Dorthea Templeman, whose weekly drawings announced the athlete of the week during most Tuesdays of this school year.

The Athlete of the Year will receive the original drawing by Mrs. Templeman, while his school retains custody of the huge Al Foss Memorial Trophy for safekeeping during the next school year.

The Foss Trophy was do-

nated by members of the unbeaten 1943 Sequoia High football team in memory of one of their teammates.

For the past four years, the 43-inch trophy has remained at Woodside, thanks to Athletes of the Year Neil Platts (1968), Bob LeBlanc (1969) and Rich Kelley (1970 and 1971).

Other winners have been — Marty Hull, Sequoia, 1959; Rich Koepfer, Sequoia, 1960;

Gary Gaskill, Carlmont, 1961; Greg Buckingham, Menlo-Atherton, 1962; Gary Frohlich, Sequoia, 1963; Dick Roth, M-A, 1964 and 1965; Bob Emery, San Carlos, 1966; Charles Johnson, Sequoia, 1967.

Carlmont led in athletes of the week this year with eight, followed by M-A (six), Sequoia (five), San Carlos (four), Woodside (three) and Ravenswood (two).

With the added nominees,

Carlmont still leads with 11 candidates, M-A follows with seven, San Carlos, Sequoia and Woodside have six and Ravenswood three.

Four athletes have won the weekly award twice (only one award per season per athlete is allowed): Tim Mehan of Sequoia, Tom Vignau and Dick Bass of M-A and Ervin Brown of Carlmont.

The semifinalists will be announced Saturday.

The Nominees

Date	Athlete	School	Sport
Sept. 28	Jim Edelstein	San Carlos	Football
Oct. 5	Mark Pecar	Carlmont	Water Polo
Oct. 12	Kent Krueger	Carlmont	Football
Oct. 19	Barry Baumgardner	Woodside	Water Polo
Oct. 26	Dick Bass	M-A	Football
Nov. 2	Charles Cheadle	Ravenswood	Football
Nov. 9	Jeff Stites	M-A	Water Polo
Nov. 16	Tim Mehan	Sequoia	Football
Nov. 23	Chris Dorst	M-A	Water Polo
Nov. 30	Mitch Kingery	S. Carlos	Cr. Country
Dec. 7	Jim Watts	M-A	Basketball
Dec. 14	Mark Dickey	Woodside	Basketball
Dec. 21	Steve Medina	San Carlos	Wrestling
Dec. 28	None selected		
Jan. 4	None selected		
Jan. 11	Kevin Jewell	Woodside	Basketball
Jan. 18	Tim Mehan	Sequoia	Basketball
Jan. 25	Howie Dallmar	M-A	Basketball
Feb. 1	Ervin Brown	Carlmont	Basketball
Feb. 8	Kevin Moore	Ravenswd.	Basketball
Feb. 15	Tom Vignau	M-A	Basketball
Feb. 22	Rigoberto Prado	Sequoia	Soccer
Feb. 29	Oddvar Lyssand	Sequoia	Soccer
Mar. 7	Steve Miller	Carlmont	Track
Mar. 14	Louis Kickhofel	Carlmont	Golf
Mar. 21	Jack Lennen	Carlmont	Track
Mar. 28	Bruce Veal	San Carlos	Track
Apr. 4	None selected		
Apr. 11	Tom Vignau	M-A	Baseball
Apr. 18	Ervin Brown	Carlmont	Track
Apr. 25	Dick Bass	M-A	Baseball
May 2	Paul Dempster	Carlmont	Track
May 9	Pat Purcell	Sequoia	Track
May 16	Tom Weeden	Carlmont	Gymnastics
May 23	None selected		
June 1	Jim Data	Sequoia	Track

ADDITIONAL NOMINEES

Dan Hagemann, Sequoia (football, soccer, baseball)
 Lloyd Minor, Ravenswood (football, basketball, track)
 Paul Brandow, Carlmont (football, track)
 Ken White, San Carlos (cross country, track)
 Leigh Gullette, Carlmont (football, baseball)
 Glenn Procter, M-A (water polo, swimming)
 Carl Cattarin, Carlmont (cross country, track)
 Eric Walker, Woodside (basketball)
 Steve Worthington, San Carlos (basketball, baseball)
 Lamonte Wiley, Woodside (basketball, track)
 Dave Edens, Woodside (football, baseball)

Athlete of Year Field

Trimmed to Top 18

Only 18 of the more than 1,000 athletes participating in Sequoia Union High School District sports are still eligible for the district's highest honor.

The field for the coveted Athlete of the Year award and the Al Foss Memorial Trophy that goes with it has been sliced slightly more than half from the 39 original candidates announced Wednesday.

But the toughest job of the

Tribune sports staff is still ahead — cutting the list to eight finalists (to be announced Tuesday) and ultimately the winner.

The young man honored as the district's top athlete will be heralded at the end of next week with a special color drawing by Tribune artist Dorthea Templeman, who handles the regular Athlete of the Week drawings on which the original candidate list was

based.

Carlmont leads with six semi-finalists, followed by Menlo-Atherton with five, Sequoia with three, Ravenswood with two and San Carlos and Woodside with one each.

The semifinalists, listed alphabetically, with a capsule description of their qualifications:

Dick Bass, M-A — First-team All-SPAL football running back as loop's third-best

rusher, 150-pound senior was also smooth-fielding, power-hitting baseball centerfielder.

Barry Baumgardner, Woodside — Among the finest water polo players in SPAL history, earning first team All-American honors as one of the country's top seven players and SPAL Player of the Year. Winter injury hampered his spring swim season.

Paul Brandow, Carlmont — Major reason for Scots' foot-

ball resurgence, second-team all-league linebacker and honorable mention guard, and loop's finest track weightman, fourth in Central Coast Section shot put finals.

Ervin Brown, Carlmont — All-SPAL basketball selection all league scoring leader with 20-point average and school career leader, also big point-maker in long and high jumps and league champ in those events on Carlmont's title

track team.

Charles Cheadle, Ravenswood — Second-unit All-SPAL running back as league's fifth-leading rusher, reserve guard on Trojans' strong basketball team all-league baseball best baseball players.

Howie Dallmar, M-A — All-SPAL soccer Player of the league champs, averaged 13.8 points and 11 rebounds per game, contributed rugged defense, set season and career free throw records and also played smooth first base on baseball team.

Jim Edelstein, San Carlos — One of SPAL's finest all-around athletes, two-way All-SPAL backfielder and league's second-leading rusher, starting basketball guard and starting baseball centerfielder.

Leigh Gullette, Carlmont — Elusive football wingback who averaged 10.4 yards per play for SPAL record as league's seventh-leading rusher, also .300-hitting top-notch defensive centerfield twice tabbed to second All-SPAL baseball team.

Dan Hagemann, Sequoia — Second-team All-SPAL football quarterback and defen-

sive back, aggressive all-league soccer star on Cherokees' loop champions and first team All-league baseball shortstop with .357 average.

Oddvar Lyssand, Sequoia — SPAL soccer Player of the Year as potent scorer and tough defenseman, perhaps as good as anyone in the CCS, also excellent football place-kicker.

Tim Mehan, Sequoia — League's leading rusher with 912 yards and 6.2 average as best football running back, also All-SPAL in basketball with 17.3 average.

Steve Miller, Carlmont — One of only two juniors in contest, SPAL cross country Runner of the Year and CCS mile champion in track who took SPAL's all-time mile best of 4:12.3 into this weekend's state meet.

Lloyd Minor, Ravenswood — Leader of school's athletic program, an All-SPAL tight end ranked third in pass receiving, second unit all-league basketball center who topped league in rebounding with 16 per game, and valuable track team member.

Mark Pecar, Carlmont — One of biggest (6-3, 220 pounds) aquamen in SPAL

history, all-league water polo selection and CCS swim participant who holds several school records.

Jeff Stites, M-A — Also only a junior, led Bears to water polo championship as all-leaguer and paced tie for swim crown, placing second in CCS 100 backstroke and fifth in 200 individual medley.

Tom Vignau, M-A — Among most competitive and hardest-working athletes in league, the 6-4, 210-pounder battled back injury problems as honorable mention all-league forward on M-A's cage champs, and second-team All-SPAL baseball pitcher with a 6-0 record.

Jim Watts, M-A — A super all-around athlete, the 6-6 senior was league's leading football receiver as All-SPAL and All-Central Coast selection, basketball Player of the Year who dominated virtually every foe he faced, and holder of four school records in track.

Tom Weeden, Carlmont — Among greatest one-sport athletes in SPAL history, has Olympic hopes in gymnastics after winning SPAL and Divisional championships three straight seasons and taking NorCal title last week with record scores.

Athlete of Year Field Cut to Eight

Now there are eight — but not for long.

Soon, only one athlete will have survived to claim the coveted Sequoia High School District Athlete of the Year award, the highest athletic honor of the school year.

And though the district's top man won't be announced until later, the 43-inch Al Foss Memorial Trophy will leave Woodside for another district school.

After claiming four straight Athletes of the Year, Woodside this time has no finalists — all eight announced today by the Tribune's sports staff attend

The 6-3 limber leaper also starred in track, winning the SPAL long and high jump titles. His top marks were 22-11/4 and 6-4.

Jim Edelstein, San Carlos football, basketball and baseball — Although a three-sport starter, Jim was at his best in football as an exciting, two-way All-SPAL back who constantly made things happen when he carried the ball.

He lugged the leather an even 100 times for 537 yards (second in the league) for a 5.4 average, tied for second with five interceptions and tied for fifth with 42 points.

A basketball guard, Jim averaged 8.8 as a constant fast-break threat. In baseball, though he hit only .171, Jim's on-base average due to his speed and batting eye was more than twice that and his defensive centerfield play was often outstanding.

Dan Hagemann, Sequoia football, soccer and baseball — Dan, the lone finalist who didn't win an Athlete of the Week award but was added to the candidate list on merit, was a tremendous addition to Cherokee athletics after transferring from rival Palo Alto one game into the football sea-

son.

He was a quarterback stand-out for second division Sequoia in football, particularly on the option, after setting several league passing records as a Paly junior. He won second-team all-league honors both seasons.

Hagemann was not only a strong all-league soccer scoring threat (seven goals, fourth best in league), but his aggressive defense helped the Cherokees' capture the loop crown. Dan also played on Paly's 1971 Central Coast Section champs.

As a baseball shortstop, Dan

batted .357 this spring to claim first team All-SPAL infield honors following a .347 second-team season at Paly.

Tim Mehan, Sequoia football and basketball — Despite the Tribe's shift from single wing to T from his junior to senior seasons, running back Mehan ripped through SPAL defenders for 912 yards and 12 touchdowns for 72 points, all league-leading figures.

Mehan, who also played defensive back and punted effectively, gained 1,796 yards in his three-season varsity career, all but 89 as a junior and senior.

Tim also earned first-team All-SPAL basketball honors; his 17.3 scoring average was third best in the loop, and he set a league record with 28 straight free throws.

Steve Miller, Carlmont track and cross-country — Only a junior but already the finest in a long, long line of excellent Scot distancemen, Miller climaxed a superb year at last weekend's state track finals.

There, Miller ran a 4:10.7 third place mile (behind two state standard record-breakers) to not only snap the SPAL record he set several times this season, but also became the fastest miler in San Mateo County history.

Last fall, Miller was named Runner of the Year in leading Carlmont to its usual cross country championship.

Jeff Stites, Menlo-Atherton water polo and swimming — Also just a junior, Jeff's superb aquatics efforts paced the Bears to a water polo crown and a tie for the swim title.

Stites stamped himself among the nation's finest young aquamen when he earned first team honors in the tough SPAL water polo circuit and won two medals in the CCS swim finals, generally considered the nation's top talent showcase.

Jeff's 55.3 in the 100 backstroke was second in the CCS finals and his 200 individual medley of 2:03.9 fifth. Stites' 44 goals in water polo (on a balanced team which had several other standouts) and tough defense earned All-American recognition.

Jim Watts, M-A football,

basketball and track — One of the better all-arounders in SPAL history, 6-6 Jim played a big part in M-A's most successful sports year in 15 seasons.

Watts was SPAL basketball Player of the Year for the champion Bears, averaging 17.1 points and 15 rebounds per game while contributing the type of teamwork and defense that gave the Bears a 20-5 record. He was All-Central Coast and honorable mention All-America.

The league's leading football receiver with 29 catches for 492 yards (17.0 average) and four touchdowns, Watts rarely left a game without being M-A's best performer. He also won All-Central Coast grid honors.

Watts set four M-A records in track as a CCS finals caliber athlete — a 14.7 high hurdles, 45-1 triple jump, 108 dual meet points and 5,191 decathlon points.

Tom Weeden, Carlmont gymnastics — Though the only one-sport finalist, Weeden probably was the best performer in a given sport in the SPAL.

Tom won the Northern California finals — highest honor a NorCal gymnast can receive, since there are no state finals — to climax three championship seasons at Carlmont. Several of his point totals were outstanding.

Numerous NorCal prep and college gymnastics coaches have said Weeden has Olympic potential in his sport.

either Carlmont (three), Menlo-Atherton (two), Sequoia (two) or San Carlos (one).

The eight finalists were selected from a field of 18 semifinalists chosen from an original list of 39 candidates.

The Tribune will herald the 14th annual winner with a two-color drawing by Tribune artist Mrs. Dorothea Templeman, who draws the regular Athlete of the Week feature on which the award is based.

Listed alphabetically, all eight finalists (two juniors and six seniors) have choice credentials, the District's finest

1971-72 products:

Ervin Brown, Carlmont basketball and track — All-SPAL basketball selection two consecutive years, Ervin became the first Scot to average 20 points per game as loop scoring champ and Carlmont career record holder with 740 points.

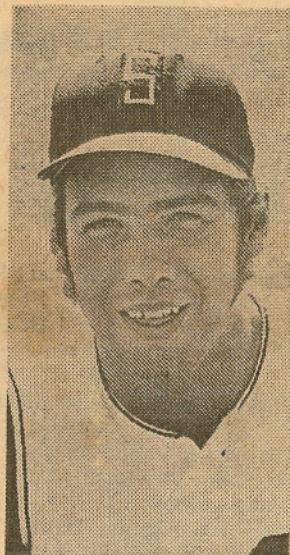
Brown, who led the third-place Scots to one of their better cage campaigns, was the lone SPALer to make the top five in each major statistical category — fifth in free throw shooting (.764), third in field goal shooting (5.67) and third in rebounding (13.1).



ERVIN BROWN
Leaped to heights



JIM EDELSTEIN
Excitement creator



DAN HAGEMANN
All-around all-leaguer



TIM MEHAN
Ball-packing bruiser



STEVE MILLER
Record-smashing runner



JEFF STITES
Wonder in the water



JIM WATTS
Biggest Bear of all



TOM WEEDEN
The best, no less

6-9

Athlete of Year Named Tomorrow

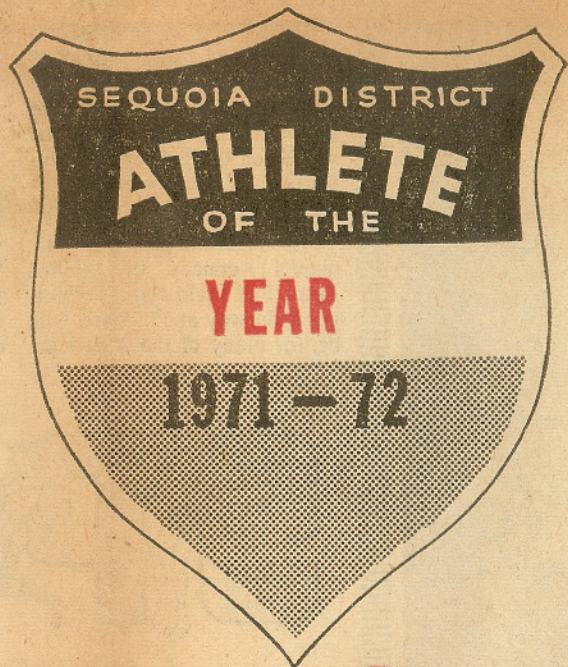
Tomorrow morning ends the suspense as the Tribune announces the winner of its 14th annual Athlete of the Year award.

The award is the culmination of the prep sports year in the Sequoia High School District and is the highest award for a District prep athlete.

The winner will be chosen from a field of eight finalists announced Tuesday. A list of 18 semifinalists was previously announced from the original candidate list of 39.

The finalists: Ervin Brown, Carlmont basketball and track; Jim Edelstein, San Carlos football, basketball and baseball; Dan Hagemann, Sequoia football, soccer and baseball; Tim Mehan, Sequoia football and basketball; Steve Miller, Carlmont track and cross country; Jeff Stites, Woodside water polo and swimming; Jim Watts, Menlo-Atherton football, basketball and track and Tom Weeden, Carlmont gymnastics.

The winner will be heralded by a color drawing by Mrs. Dorothea Templeman and an accompanying story detailing the accomplishments and the past of the winner.



Watts
THERTON

Three-Sport Bear Star Tops 7 Others

By MIKE NOLAN
Tribune Sports Writer

Jim Watts, who combined personal integrity, coolness under pressure and peerless ability as one of the truly big Bears in Menlo-Atherton history, is the Sequoia High School District Athlete of the Year.

Watts, lanky 6-6, 185-pound football all-leaguer, basketball Player of the Year and track record-setter, won the Tribune's 14th annual award in competition with seven other district finalists.

The talented field included Carlmont's Ervin Brown, Steve Miller and Tom Weeden, Sequoia's Dan Hagemann and Tim Mehan, M-A's Jeff Stites and San Carlos' Jim Edelstein.

Hagemann, a senior football-soccer-baseball all-leaguer, was judged runnerup in the contest.

Watts is the first Bear since aquatics star Dick Roth (1964-65) to claim the one-year possession of the Al Foss Memorial Trophy, donated by Sequoia's unbeaten 1943 football team in memory of a teammate. Greg Buckingham (1962) is M-A's only other winner.

M-A basketball coach John Barrette, who worked exceptionally close with Watts, expressed well the feelings of those who have associated with the popular 18-year-old senior:

"Jim is a unique individual, with his own unique integrity, an integrity which he applies in all he does."

Watts, who admits he is somewhat shy, won the hearts of M-A football and basketball crowds with his often spectacular feats. He never seemed to panic; in today's jargon, "he never lost his cool."

Though blessed with height, and beautifully graceful coordination for one who was 6-6 at 16, Barrette noted Jim isn't really a "natural."

"He's a natural all right," said Barrette, "after he's worked on it a thousand times. And that's what made him so great — he worked and worked hard for what he's gotten."

Watts, who will attend the University of Colorado or Weber State next year, may be shy but that doesn't prevent his personality, including a wonderful sense of humor and perspective, from showing through.

Long after memory of Watts' court feats dims, Barrette says he'll recall Jim for "all the human things he does. He's a genuinely nice guy. There's no way you can really put into words what he's like."

But it'll be a long time indeed before football coach Ben Parks, track mentor Plato Yanicks and Barrette, along with his teammates, forget big Watts.

Parks received two strong seasons from Watts, first team All-SPAL offensive end last fall after showing signs of brilliance his junior year. Watts also won All-Central Coast honors.

Watts caught nine passes for 215 yards as a junior and a league-leading 29 for 492 yards as a senior. His 38 receptions, an M-A career record, for 707 yards and six touchdowns in 16 SPAL games were tremendous for the type of team he played on.

On a squad with a solid, experienced quarterback and a philosophy of more passing, there's no telling what kind of records Jim might have set. As it was, those 38 catches or 707 yards comprised the bulk of M-A's 71 completions for 1076 yards.

Without Watts, M-A's offense scarcely would have gotten off the ground.

Watts passed up glory for the bigger satisfaction of winning with M-A's 20-5 SPAL basketball champs last winter.

On many teams, especially the smaller ones, Watts could have freelanced more and averaged more points and rebounds. But with M-A's control offense and rugged defensive style, he concentrated instead on doing his job within the framework of the entire team.

Jim was fourth in the league in scoring with a 17.1 average and second in rebounding at 15.0 after finishing third in scoring (18.0) and second in rebounding (14.9) as a junior. He also set the SPAL field goal percentage record of .612 (60x98) as a junior.

Watts' 797 career points are the second highest in M-A history.

In track, Watts was exceptional for one with absolutely no extra time to spare; many trackmen don't participate in winter sports.

Jim set school records in the high hurdles (14.7 while just missing a Central Coast Section finals medal), the triple jump (45-1), decathlon (5,191) and dual meet points (108).

Combining 52 points during his junior track season, Watts is one of the most prolific scorers in league history. Those 160 points in 18 meets average to nearly two firsts per meet.

Jim came to M-A as a sophomore from Monroe, Louisiana, a town of 50,000 nestled serenely in the upper bayou country, and admittedly was a little apprehensive.

"I didn't want to leave Louisiana," said Jim. "I played basketball on the varsity (as a 6-3 freshman) and began to like it. I was looking forward to my sophomore year, when I would have started. I started the last three games as a freshman."

But Jim and his mother, Mrs. Mary Watts of Menlo Park, did come to California along with part of Jim's family, which includes an older brother and sister and two younger brothers.

Watts went out for frosh-soph football, but it was in frosh-soph B basketball, under M-A Athletic Direc-

tor and coach Bob Ayers, that Jim began to blossom.

He averaged 20 points for 10 league games, including the playoffs, for the second place Bears and was named the league's most valuable player, foreshadowing the identical varisty honors he was to win as a senior.

"I remember well this first week of (varsity) practice," said Barrett. "He came in with graph paper. He had graphed all our drills and had a few questions to ask. How often do you see that?"

"He was intense, yet relaxed. He doesn't waste time and motion," noted Barrette. "He applies himself. He understands situations and prepares himself for them. He gets himself emotionally ready well.

"What's important, though, is that he doesn't take himself all that seriously. He plays today's game today," Barrette added.

It was this ability to remain relaxed yet ready that helped Jim out of many a tight situation.

When asked to recall his biggest thrills at M-A, Watts characteristically referred to team thrills:

"Beating Woodside (and seven-foot, two-time Athlete of the Year Rich Kelley in 1971) in the (basketball) playoffs; winning the championship and playing in the CCS at Stanford; beating Woodside in football last fall."

"Oh yeah," Jim added, "blocking coach Barrette's famous hook shots. And watching him get mad when we start stuffing the ball."

It really is hard to talk with Jim for more than a few minutes without that sense of humor showing through.

"Would I like to go back to Louisiana? Well, I think I'd like to go back and visit. You can see more hot pants there now," he observed.

The best thing about participation in sports, which means so much to Watts, is "the chance to get to know other people better, to care for them instead of being selfish. It's learning how to relate to people."

It was in basketball, where every man's performance is so critical, that Jim displayed this ability for teamwork while fighting the natural tendency to play for points.

The way the Bears played together, with Watts a central figure, was the key to their fine season, since M-A was slower, handled the ball rougher and shot poorer than much of its competition.

Watts hopes to use his college education to get into legal or social work, "though I might like to do some coaching too."

It will be hard to picture M-A athletics without Watts next year — the classic hook shot, the 58-yard pass interception touchdown, the 60, 58, and 57-yard touchdown bombs.

Someday, his athletic feats, including those still to come, will be so much scrapbook material, nice to remember but that's about all.

But Jim Watts will have much more than old scrapbooks. He'll have his integrity, willingness to work with others and the respect of his friends. And that will make Jim Watts a winner the rest of his life.

Past District Athletes of Year

1959	Marty Hull, Sequoia	1966	Bob Emery, San Carlos
1960	Rich Koeper, Sequoia	1967	Charles Johnson, Seq.
1961	Gary Gaskill, Carlmont	1968	Neil Platts, Woodside
1962	Greg Buckingham, M-A	1969	Bob LeBlanc, Woodside
1963	Gary Frohlich, Sequoia	1970	Rich Kelley, Woodside
1964	Dick Roth, M-A	1971	Rich Kelley, Woodside
1965	Dick Roth, M-A		

Athlete of the Week

1970-71

Sept. 22	Tim Mehan	Sequoia	Football
Sept. 29	Frank Altrick	Woodside	Football
Oct 6	Gene Johnson	MA	Football
Oct 13	Tito Rael	Woodside	Football
Oct 20	Hans Templeman	Carlmount	Cross Country
Oct 27	Jerry Holland	Carlmount	Football
Nov 3	David Williams	MA	Football
Nov 10	Tink Reynolds	Sequoia	Football
Nov. 17	Brad Dini	Sequoia	Football
Nov 24	Gary Schlenker	San Carlos	Football
Dec 1	none		
Dec 8	Bruce Belkin	Carlmount	basketball
Dec 15	Rich Kelley	Woodside	basketball
Dec 22	Jim Watts	MA	basketball
Dec 29	Tom Douglas	SC	wrestling
Jan 5	none		
Jan 12	Steve Medina	SC	wrestling
Jan 19	Ken Atelian	SC	wrestling
Jan 26	Ray Turner	Ravenswood	basketball
Feb 2	Don Wilson	Woodside	basketball
Feb 9	Ervin Brown	Carlmount	basketball
Feb 16	Joel Barney	San Carlos	wrestling
Feb 23	none		
Mar 2	none		
Mar 9	Paul Russo	San Carlos	baseball
Mar 16	Mike Hughes	Sequoia	track
March 23	Mike Han	Carlmount	track
March 30	Scott Hoyt	Woodside	golf
April 6	Cezar Oranillo	Sequoia	track
April 13	none		
April 20	Tim McDonnell	Woodside	Swim

(Over)

April 27	Dick Cawson	Squon	barbell
May 4	Eric Nave	Carlman	barbell
May 11	Lewin Kickhofel	Carlman	goof
May 18	Tom Weiden	Carlman	geomartus
May 28	Jeff Jennings	M-A	trick
June 1	Hans Temelera	Carlman	trick

Tribune Athlete of Year Countdown Begins

A field of 40 candidates has been named for the Tribune's 12th annual Sequoia Union High School District Athlete of the Year trophy, the highest honor an SUHSD athlete can receive.

Thirty-one of the candidates qualified automatically by winning the Sequoia District Athlete of the Week award

during the school year. Nine others were added by the Tribune's selection committee.

The nine extras were considered for Athlete of the Week honors several times during the school year.

After lengthy research and study, the list will be pared to semi-finalists and then finalists before the eventual winner

is announced sometime late next week.

The winner will be heralded by a color drawing by Tribune artist Mrs. Dorothea Templeman, whose weekly drawings announced the Athlete of the Week in each Tuesday's Tribune this spring. Former Tribune artist Chuck Beebe ended a nine-year run with the

feature after moving to San Diego in the winter.

The Athlete of the Year will receive the original drawing by Mrs. Templeman, while his school will receive custody of the huge Al Foss Memorial Trophy for safekeeping during the next year.

The Foss Trophy was donated by members of the un-

beaten 1943 Sequoia High football team in memory of one of their teammates.

For the last three years, the 43-inch trophy has remained at Woodside, thanks to Niel Platts, 1968 Athlete of the Year, 1969 winner Bob LeBlanc and Rich Kelley, who won as a junior last year.

Other winners have been Marty Hull, Sequoia, 1959;

Rich Koeper, Sequoia, 1960; Gary Gaskill, Carlmont, 1961; Greg Buckingham, Menlo-Atherton, 1962; Gary Frolich, Sequoia, 1963, Dick Roth, M-A, 1964 and 1965; Bob Emery, San Carlos, 1966; Charles Johnson, Sequoia, 1966.

Carlmont led in number of Athletes of the Week with nine during the school year, followed by Sequoia, Woodside and

San Carlos with six each, M-A with four and Ravenswood with one.

With the extra names, Carlmont leads with 10 Athlete of the Year candidates, followed by Sequoia, Woodside and San Carlos with eight each, M-A with five and Ravenswood with two.

Carlmont senior Hans Templeman was the only athlete

this season to make Athlete of the Week in more than one sport, earning the honor both cross country and basketball.

The Athlete of the Year winner could be a one-sport or a three-sport man. Although participating in more than one sport certainly will affect selection, the award is as much for quality as quantity.

Nominees

DATE	ATHLETE	SCHOOL	SPORT
Sept. 22	Tim Mehan	Sequoia	Football
Sept. 29	Frank Altick	Woodside	Football
Oct. 6	Gené Johnson	M-A	Football
Oct. 13	Tito Rael	Woodside	Football
Oct. 20	Hans Templeman	Carlmont	Cr. Country
Oct. 27	Jerry Holland	Calmont	Football
Nov. 3	David Williams	M-A	Football
Nov. 10	Tink Reynoso	Sequoia	Football
Nov. 17	Brad Dini	Sequoia	Football
Nov. 24	Gary Schlenker	San Carlos	Football
Dec. 1	None selected		
Dec. 8	Bruce Bulkin	Carlmont	Basektball
Dec. 15	Rich Kelley	Woodside	Basketball
Dec. 22	Jim Watts	M-A	Basketball
Dec. 29	Tom Douglas	San Carlos	Wrestling
Jan. 5	None selected		
Jan. 12	Steve Medina	San Carlos	Wrestling
Jan. 19	Ken Atelian	San Carlos	Wrestling
Jan. 26	Ray Turner	Ravenswood	Basketball
Feb. 2	Don Wilson	Woodside	Basketball
Feb. 9	Ervin Brown	Carlmont	Basketball
Feb. 16	Joel Barney	San Carlos	Wrestling
Feb. 23	None selected		
Mar. 2	None selected		
Mar. 9	Paul Risso	San Carlos	Baseball
Mar. 16	Mike Hughes	Sequoia	Track
Mar. 23	Mike Hall	Carlmont	Track
Mar. 30	Scott Hoyt	Woodside	Golf
Apr. 6	Cezar Oravillo	Sequoia	Track
Apr. 13	None selected		
Apr. 20	Tim McDonnell	Woodside	Swimming
Apr. 27	Dick Cameron	Sequoia	Baseball
May 4	Eric Nave	Carlmont	Baseball
May 11	Louis Kickhofel	Carlmont	Golf
May 18	Tom Weeden	Carlmont	Gymnastics
May 25	Jeff Jennings	M-A	Track
June 1	Hans Templeman	Carlmont	Track

ADDITIONAL NOMINEES

Rich Jones, Woodside (football, track)
 Ron Scott, Woodside (football, baseball)
 Clint Hill, Ravenswood (football, basketball, track)
 Mike Noce, Sequoia (football, soccer)
 Steve Miller, Carlmont (cross-country, track)
 Knut Lyssand, Sequoia (football, soccer)
 Rick Chackel, San Carlos (basketball, baseball)
 Barry Biggerstaff, M-A (basketball, baseball)
 Ron Shaffer, San Carlos (water polo, swimming)

Athlete of Year List Trimmed to 18

Despite the presence of last year's winner, competition is still rugged for the Tribune's 13th annual Sequoia District Athlete of the Year award.

That much was evident as the Tribune sports staff completed cutting the original list of 40 candidates to 18 semifinalists today — with the toughest eliminations still ahead.

Although seven-foot basketball-tennis star Rich Kelley of Woodside returns as a semifinalist, he'll have plenty of competition for the award, the highest honor an SUHSD athlete can receive during the school year.

The Tribune will list the finalists tomorrow and the winner will be named Friday.

The victor will be announced with a special color drawing by Tribune artist Dorothea Templeman, who handles the regular Athlete of the Week drawings on which the original candidate list was based.

Woodside leads with six semifinalists, fol-

lowed by Sequoia with five, Carlmont with three and San Carlos and Menlo-Atherton with two each. Ravenswood has no semifinalist.

The semifinalists, listed alphabetically, with a capsule description of each one's qualification:

Frank Altick, Woodside — An All-SPAL running back and league's third best rusher and a fine receiver in football, also infield starter on baseball team.

Dick Cameron, Sequoia — Sixth leading SPAL receiver and strong defensive player in football, outstanding hitter (.333) and pitcher (5-3, 0.97) in baseball.

Tom Douglas, San Carlos — First team offense and second-team defense as All-SPAL football tackle, third place heavyweight winner at Northern California Invitational in wrestling, a good discus and shot put point-winner in track.

Jerry Holland, Carlmont — A mid-year graduate who was SPAL Back of the Year, first team All-SPAL pick on offense and defense and league's second leading rusher in football.

Mike Hughes, Sequoia — A fine football end, a starting basketball center at 6-1, and consistent point-getter in long or triple jumps and shot put in track.

Gene Johnson, M-A — Potentially brilliant receiver and ball carrier who had senior football season cut short by knee injury, came back to become honorable mention all-league guard in basketball and one of track team's most consistent performers.

Rich Jones, Woodside — First team All-SPAL on offense, fourth leading receiver and fifth leading scorer and second-team All-SPAL at defensive end in football, standout hurdler and long jumper in track.

Rich Kelley, Woodside — Two-time SPAL

Player of the Year, also All-Northern California first team and All-American honors this season in basketball, and SPAL champion and Central Coast Section finalist in tennis doubles play.

Tim Mehan, Sequoia — Only a junior, fourth leading SPAL rusher and second team all-league in football, honorable mention all-league guard in basketball and member of Tribe baseball squad.

Tim McDonnell, Woodside — Among better swimmers in strong SPAL aqua history, was Central Coast Section champion in 200 free and second in 400 free, also first team All-SPAL in water polo.

Mike Noce, Sequoia — Outstanding first team All-SPAL defensive lineman in football, and tough starter on soccer squad.

Tito Rael, Woodside — Second leading

(Please turn to Page 18, Column 1)

'Athlete' Pick Coming Friday

(Continued from Page 17)

6-8

SPAL passer as football quarterback, starting guard on SPAL champion basketball team and .353-hitting outfielder in baseball.

Tink Reynoso, Sequoia — A senior, he was All-SPAL in football, in which he set a league total offense record; second team all-league in basketball, averaging 13.1 points per game; and a starting outfielder in baseball.

Gary Schlenker, San Carlos — Third leading SPAL passer as football quarterback, starting forward on Basketball team and starting infielder on baseball squad.

Ron Scott, Woodside — Second team All-SPAL wide receiver in football and strong .292-hitting catcher in baseball.

Hans Templeman, Carlmont — Two-time SPAL champion and State Meet participant in two-mile track, and two-time SPAL Runner of the Year and All-Northern California selection in cross-country as leader of Scots' national champions last fall.

Jim Watts, M-A — A 6-7 junior who was fine receiver and defensive end in football, first-team All-SPAL center in basketball, and valuable track team member.

Tom Weeden, Carlmont — Also a junior, the Central Coast Section runnerup in the all-around gymnastics competition as two-time SPAL and Division II champion.

Three Left in Athlete of Year Derby



Tom Douglas

One of three versatile high school stars will soon be declared winner of the Tribune's coveted 13th annual Athlete of the Year award.

From an original field of 40 candidates, only Tom Douglas of San Carlos, Rich Kelley of Woodside and Tink Reynoso of Sequoia now remain in contention for the Sequoia Union High School District prize.

That talented trio survived the elimination of 15 other semifinalists to become the finalists for the highest honor an SUHSD athlete can receive.

And only one of the three will survive the ultimate consideration, made rougher by the fact that each is a bona-fide candidate with the all-league credentials and accomplishments to back his claim.

The winner will be announced Friday in the Tribune, heralded by a two-color drawing by Tribune artist Dorothea Templeman.

The winner's school will receive custody for one year of the giant Al Foss Memorial Trophy, donated by members of the unbeaten 1943 Sequoia football team in memory of one of their teammates.

Only the tough consideration to be made by the Tribune selection committee will tell whether Kelley becomes only the second two-time winner in the contest's history.



Rich Kelley

Kelley is also bidding to keep the Foss trophy at Woodside for an unprecedented fourth straight year, while Reynoso would be Sequoia's fourth winner overall and Douglas San Carlos' second.

Menlo-Atherton swim star Dick Roth (1964-65) has been the only other double winner in contest history.

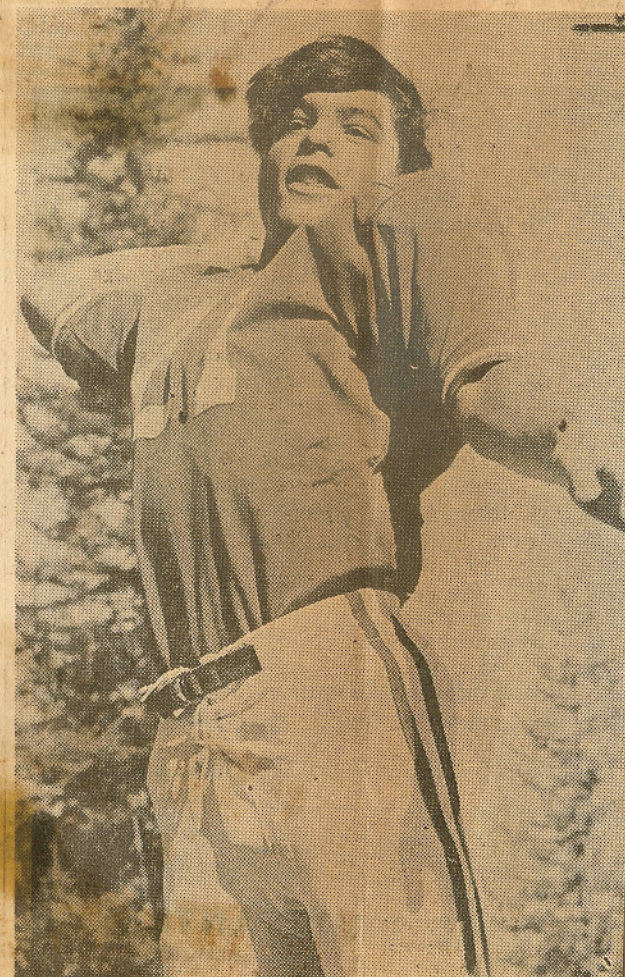
Here's a complete rundown on each candidate's athletic accomplishments:

Douglas won all-SPAL first team offensive and second team defensive honors as a 240-pound tackle, despite playing for a winless football team last fall.

He played almost every minute of the season, and although no statistics are available to substantiate his effectiveness as a blocker, the yardage Don backs were able to make was largely due to Douglas' crushing blocks. He also was the Dons' top defensive player.

Douglas didn't win the SPAL heavyweight individual wrestling title, but did help his team to the league crown. He then advanced to the Northern California Invitational, where he took a third for the second-best showing by an SPAL entrant in history.

Douglas also was among the
(Please turn to Pg. 12, Col. 4)



Tink Reynoso

Douglas, Kelley, Reynoso Remain

(Continued from Page 11)

leading members of the SC track and field team, throwing the discus and shot.

Kelley is a two-time SPAL Player of the Year in basketball, an All-Northern California first team pick and an All-American selection — and not just because of his height.

The seven-footer was as ag-

ile as many players a foot shorter, sometimes proving the most effective ball-handler on the Wildcats' erratic but championship cage squad.

The SPAL scoring and rebounding champion as a junior, Kelley had the second-best scoring average (19.3) and again topped the league in rebounding (18.0) and also set

a career record with 14.8 rebounds per game in four varsity seasons.

Kelley also is a fine tennis player. He went through an unbeaten singles season despite getting a late start due to basketball as Woodside's No. 3 man on a strong team, then became a finalist in the Central Coast Section doubles competition.

Reynoso became the most statistically productive total offensive performer in SPAL football history.

The 5-10, 165-pound tailback broke Barr Curry's record for total offense with 1,633 yards and Gary Beban's total offense per game average record with 204.1 yards while following in the footsteps of

those former Tribe stars.

He threw for 12 touchdowns and rushed for eight more in leading the Cherokees to a 7-2 SPAL second place finish.

After taking first team SPAL grid honors, Reynoso was selected second team all-league in basketball as a 13.1 points per game guard, and then started as an outfielder on the Tribe baseball squad.

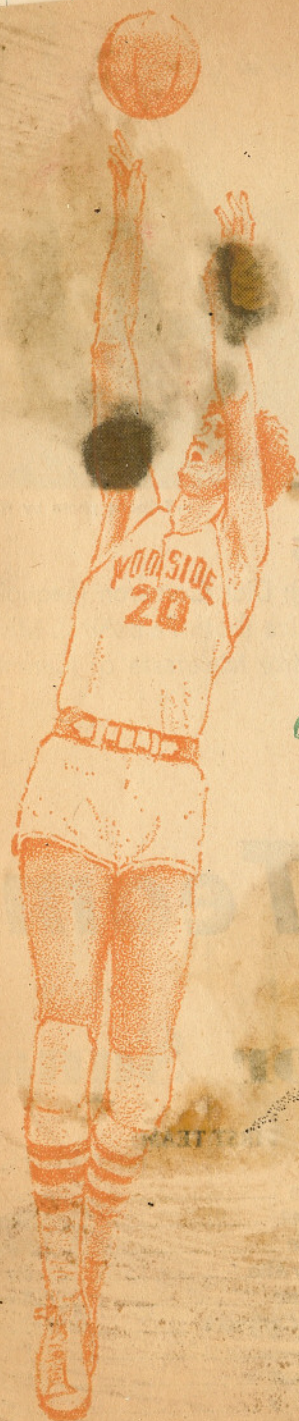


—Tribune photo by Reg McGovern

Is It Within Their Reach? 6-10

Woodside's Rich Kelley, all seven feet of him, has a decided advantage in reach as he tries to hold off the bids of San Carlos' Tom Douglas (left) and Sequoia's Tink Reynoso to take away

the Tribune's Sequoia District Athlete of the Year trophy he won last year. The three semifinalists will learn which one has the winning bid when they read tomorrow's Tribune.



6-11



RICH KELLEY
WOODSIDE

*DOROTHEA
TEMPLEMAN*

Rich Kelley Rep

Only Second 'Two-Timer' In History

By MIKE NOLAN
Tribune Sports Writer

A one-time gangling freshman who scored only two points his first season, but was destined to become one of the most memorable basketball stars in SPAL history, has become the second two-time Sequoia District Athlete of the Year.

Seven-foot Rich Kelley of Woodside High earned the Tribune's 13th annual honor after nabbing All-American cage recognition and reaching the Central Coast Section doubles finals in tennis.

The Stanford-bound Kelley, twice SPAL basketball Player of the Year and a first team All-Northern California selection, is Woodside's fourth Athlete of the Year in a row.

Following in his own footsteps and those of Neil Platts (1958) and Bob LeBlanc (1969) in keeping the huge Al Foss Memorial Trophy on the Cat campus, Kelley joins former Olympic swim star Dick Roth of Menlo-Atherton (1964-65) in taking the highest SUHSD award twice.

Kelley captured the coveted honor over three-sport stars Tink Reynoso of Sequoia and Tom Douglas of San Carlos in close competition.

In the end, Kelley's seven-feet couldn't be beat — but it was more than that which tipped the scales.

"I could sum up Rich in one word," said an elated Woodside cage coach Bill Guttormsen when informed of the honor. "Class. Rich has class. He's his own person, and he's gone through a lot."

The veteran Guttormsen, fondly called "Mr. G." by Kelley, paid his star quite a tribute:

"He's done an awful lot for me, helping and leading us to two titles. Working with him has made a better man out of me. You couldn't find a more humble young guy."

The first seven-foot athlete in Peninsula history, Kelley didn't achieve his greatness through statistics, though he compiled impressive ones.

But they don't tell the story of a boy who had to carry a man's burden in leading otherwise fairly average Woodside teams to loop titles the past two seasons.

Rich didn't even have a chance to set many SPAL career cage records because he played his final two seasons under the new single round-robin and Shaughnessy playoff system, but he couldn't have cared less.

"We won the championship those two years, and that's what counts, what's important," said Kelley. "That's what counts."

Kelley did, however, lead the SPAL in scoring (20.4) and rebounding (19.8) his junior year, and had the second-best

in four varsity seasons Kelley set a career rebound average record of 14.8 pickoffs per game.

But Guttormsen feels Kelley can't be measured by stats of any kind, including Rich's seven-foot height.

"He didn't want to score 35 or 40 points at all, he wanted to win," said Guttormsen. "He wasn't selfish — if he had a weakness, it was that he didn't shoot enough."

Guttormsen remembers Kelley's first bucket when Rich was a green 6-5 freshman forced to play varsity due to his size — but Kelley remembers it even better.

"We didn't have frosh-soph/B's then, and I was really scared. But we went into our first game, a nonleague game against Mills, and some guys were hurt or something and I had to be the second-string center."

"Our starting center got four quick fouls and I had to play eight or nine minutes. I got a few rebounds and scored that bucket."

"That was it for the year — my only two points. But I didn't mind not playing too much. When you're a freshman you almost don't want to

play. I was so scared . . ."

Ironically, the Tribune's box score the next day had Kelley spelled "Kelly" but everyone soon learned to spell it, when Kelley overcame his fright the next year.

He became the starting center as a 6-9 soph and helped Woodside to an 8-8 record after the Cats began the season 1-6.

"I'll never forget a game

SPAL Past Winners

1959	Marty Hull	Sequoia
1960	Rich Kooper	Sequoia
1961	Gary Gaskill	Carlmont
1962	Greg Buckingham	M-A
1963	Gary Frohlich	Sequoia
1964	Dick Roth	M-A
1965	Dick Roth	M-A
1966	Bob Emery	San Carlos
1967	Charles Johnson	Sequoia
1968	Neil Platts	Woodside
1969	Bob LeBlanc	Woodside
1970	Rich Kelley	Woodside

scoring average (19.3) and was tops in rebounding (18.0) his senior campaign.

Kelley's Ideal Life: Sign, Then Help People

(Continued from Page 13)

against M-A late that season," recalls Guttormsen. "M-A had the ball out of bounds with a one-point lead and four seconds to go.

"How do you win in that situation? But Rich comes over in a timeout, screaming 'We can do it, coach, we can do it.' But how can we, I'm wondering?

"Next thing I knew, Kelley's out there stealing the inbounds pass and making a game-winning shot. It was incredible."

Guttormsen praised Kelley for "tremendous leadership" but emphasized the burdens on Rich at 7-0 were far greater than the usual trials faced by prep athletes.

"He played extremely well under pressure, but people expected so much. It wasn't really fair because he's human and a high school player. A player 6-0 has a bad game and no one thinks twice, but it's possible for a 7-0 guy to have a bad game too."

Kelley took unwarranted personal abuse from hostile fans who called him "freak" and the like, but "he never lost his cool or his class," notes Guttormsen.

Actually, Kelley, who prefers not to be measured and hasn't been in some time, doesn't even know his own true height. "Honest, I don't!"

"Besides, it's more fun this way. I like to see how the papers handle it (one Peninsula paper repeatedly called Kelley 7-2 or better). It's fun!"

"I like to freak out people with my height," chuckled Kelley. "I have this friend who's 5-2 and it's fun to walk down the street and see everyone stare."

With that attitude, Kelley has been able to take the shouts and stares in stride.

"I probably would have been more self-conscious without basketball. I hate to imagine what it would be like if I didn't play. Can you imagine a seven-foot kid not playing basketball?"

"I'm not a benny about basketball," Kelley adds. "I like it and I really look forward to playing at Stanford."

"But basketball isn't my whole life. I'd like to be able to help people in some way... to me the ideal life would be to make a quick bundle in the pros for a few years, then set up something with that money to help people."

"It's idealistic, I guess, but it's what I would like to do."

Basketball is only part of Kelley's athletic life. He's also a fine tennis player — and probably the world's tallest, at

that — who ranks among the better 18-year-olds in the area.

Kelley and his good friend, John Hursh, teamed to win the SPAL doubles titles and advanced to the CCS net finals before finally losing.

In four varsity seasons for last fall, hasn't quite finished his prep career. He's looking forward to playing the All-State Basketball Classic July 1 matching the best from Northern and Southern California at the Oakland Coliseum Arena.

"I'd love to play tennis at Stanford, but I don't know if I'll be able to. I probably wouldn't be able to make Stanford's (excellent) team even if I didn't play basketball."

"But it would be fun to play JV's — I think I might be able to make the top 15 or something — and still play."

Although Rich did choose Stanford — "I definitely wanted to play for a Pac-8 school and Stanford's tops academically" — he noted all those rumors about his dad (Ryland Kelley) and Indian coach Howie Dallmar were just that.

"My dad wasn't best man at Mr. Dallmar's wedding or best buddies or anything like that," laughs Rich. "They were fraternity brothers for a brief time and that was it."

"That's right," noted Rich's mother Shirley, "but I'm glad Rich is going to play at Stanford."

"Our family loves basketball and we've had Stanford season tickets for some time. Now we'll just have to go a little earlier."

Rich will be playing on the Indian frosh, who often play prelims to the varsity games, and with San Francisco prep star Mark Gilberg and "several other sleepers" arriving at the Farm, the frosh should be more interesting than the varsity.

Kelley, who could have qualified for Stanford from an academic standpoint alone — a 3.8 grade point average (an A) in a college prep program — participated widely in Woodside student activities also.

It's not hard to see where Rich gets his height. His dad, a former Stanford football player, goes 6-5 and his mother, a tennis buff, is 6-2.

Rich and younger brothers Tom (16½) and Bruce (14) and his parents reside at 300 Dedalera in the Ladera area west of Menlo Park.

Tom will be a senior and Bruce a freshman at the new desegregated Ravenswood High this fall — and Bruce, already 5-10, "is a pretty good athlete and is interested in

sports."

So the name Kelley, "ey" and all, may not disappear from SPAL box scores.

Kelley, who greatly enjoyed coaching Woodside's Class D basketball team along with varsity teammate Don Wilson

He's looking forward to playing the All-State Basketball Classic July 1 matching the best from Northern and Southern California at the Oakland Coliseum Arena.

"That will be a great challenge," said Kelley. "I'm looking forward to it, playing against guys who are all so good."

Somehow Rich Kelley leaves the impression he'll be looking for one challenge or another — on and off the athletic courts — for a long time.