

Start of the Masters 5-Mile Lake Merced Run...Jim Shettler set a new record for his age group (40+) on this fast course./0'Rorke/

MASTERS RACE QUICK--THREE BREAK 27 MINUTES: (March 23, San Francisco) - This year's over-40 run around scenic Lake Merced (5 miles on the roads) proved to be a record-breaker. Jim Shettler, who has not been racing too much as of late, wanted to remind everyone that he's still around an dangerous. In the process, he pulled two of his teammates under the 27-minute mark, a time that only a handful of masters runners have approached. Although we don't have the old record time for the course (for masters), it was somewhere around 26:35-40 we think, by Jim O'Neil. Shettler's 26:19 was a good margin ahead of Ken Napier's 26:36, which was also probably under the old mark. Ed Preston grabbed the over-50 title, placing 14th (he is 58 now!) with a very commendable 29:16... and Ruth Anderson easily captured the women's trophy with her 33:40 to best Carroll O'Conner (35:02) and Catherine Smith (35:50). Ross and Catherine Smith were the winners in the husband/wife team competition (62:39) by a wide margin of Seymour and Virginia Collins (67:10). /Jack Bettencourt/

1 - Jim Shettler/WVJS	26:19	16 - Bob Van Keuren	29:29	31 - Rich Mueller	31:10
2 - Ken Napier/WVJS	26:36	17 - Bob Biancalana/MAC	29:42	32 - Frank Evans	31:11
3 - Ross Smith/WVJS	26:49	18 - Jim Nicholson/NCSTC	30:13	33 - Bruce Dingwall	31:16
4 - Ray Menzie/Unat	27:07	19 - Phil Paulson/NCSTC	30:15	34 - Bob Knapp	31:18
5 - Dennis Teeguarden/NCSTC	27:24	20 - John Getas	30:29	35 - Ralph Webb	31:21
6 - Bob Malain/NCSTC	27:36	21 - Karl Marshall	30:36	36 - D.L. Nachbar	31:29
7 - Jim O'Neil/SFOC	27:37	22 - Seymour Collins	30:40	37 - Alan Waterman/Stanford RC	31:40
8 - Pat Cunneen/PAMA	28:09	23 - Joe Carey	30:42	38 - James Jacobs	31:49
- 9 - Ulrich Kaemph	28:26	24 - Mickey Moberg	30:43	39 - Bill Mott	31:52
10 - Walt Betschart/BC	28:30	25 - Jim Allen	30:49	40 - Frank Cuzzillo	31:54
11 - Colin Templeman/NCSTC	28:34	26 - Richard Goen	30:54	41 - David Pain/SDTC	31:54
12 - Bill Snavely/BVH	28:42	27 - Tokihiko Suyehiro	30:59	42 - Sig Ketterer	31:55
13 - Mike Healy/WVJS	29:15	28 - Walt Currier	31:00	43 - Herb Naylor	32:02
14 - Ed Preston/SFPD	29:16	29 - Gene White	31:03	44 - Jim Jenner	32:05
15 - Hans Roenau	29:26	30 - Don Hughes	31:08	45 - Keith Walker	32:08



Beardall & Elijah dominate Sacramento Runs: (April 6, Sac'to) - Overcoming a leg problem which developed in the last third of the race, Darryl Beardall won this year's PA-AAU 50 Kilo Championship in 3:06:41, ten minutes off Steve Dean's record of 2:56:06. A field of 29 male and female runners competed under almost ideal weather conditions, with all but one completing the 31 mile plus distance on a flat out and back course along the Sacramento River. Excelsior TC edged out the Tax Reducers by a score of 30-32 to take the team title. Gough Reinhardt captured the Masters category and Penny DeMoss won the women's division with what is believed to be an unofficial best for women, according to Joe Henderson of Runner's World...a good 3:56, with a 3:14 marathon in route. ---- The sponsoring Buf-

falo Chips RC decided to have a shorter 10-mile run along with the 50K and 120 anxious runners went the distance. Ron Elijah clocked a very good 50:22, winning easily, 52 seconds in front of Ron Wayne. The 40-49 men's division was won narrowly by Bob Malain (57:54), only four seconds in front of Bill Jensen Other division winners included: Jim Sane/14-19; Tim Jordan/30-39; Bob Kadie/13-Under (63:53); Will Shank/50+ (65:05); Penny Reneau/Open-women (65:07); Jeani Fuller/13-Under Women (66:17); and Ruth Anderson /40-49 women (69:36). Below are 50K results, with 10 Mile on next page. /Abe Underwood/



(Above) Combined start of Buffalo Stampede & PA 50 Kilo. /Kadie Photo/ (Below) Ron Elijah in the process of winning the Buffalo Stampede. /Jim Engle/

			TE O L D. A. L. AL MICCEC	2.50.00
1	- Darryl Beardall/MAC	3:06:41	15 - Gough Reinhardt/NCSTC	3:50:09
2	- Jan Peter Day/Unat	3:12:33	16 - Don Carpenter/Unat	3:51:40
	- Steve Williams/OPHIR	3:19:16	17 - Don Choi/Excelsior TC	3:52:01
	- Harold DeMoss/West Valley TC	3:21:19	18 - Paul Reese/Unat	3:54:39
	- Dan Moore/LVRC	3:21:49	19 - Vic Crosetti/TRAC	3:54:43
6	- Don Chaffee/Excelsior TC	3:23:20	20 - Penny DeMoss/West Valley TC	3:56:00
7	- David Warren/Excelsior TC	3:25:07	21 - Yvette Cotte/Unat	4:00:17
	- Larry McGrael/Unat	3:27:08	22 - Antonio Reyes/PAMA	4:04:47
	- Peter Stein/TRAC	3:39:54	23 - Harrison Smith/Unat	4:07:01
10	- Richard Stiller/TRAC	3:39:54	24 - Dennis Let1/BC	4:16:23
	- Kerry Kilgore/BV Harriers	3:44:14	25 - Manny Colin/Excelsior TC	4:22:25
	- Harvey Ferrill/Unat	3:44:14	26 - Bob Lee/NCSTC	4:32:30
	- Ray Smith/TRAC	3:45:42	27 - John R. Ulate/TRAC	4:35:35
	- Jeff Olson/Unat	3:46:48	28 - Phil Gray/DSE	5:53:05

1 - Ron Elijah/MAC	50:22	13 - Tom Castro/Unat	54:50	25 - Roger Stordahl/Sac'to CC	57:44
2 - Ron Wayne /West Valley TC	51:14	14 - Frank Krebs/Golden West TC	55:03	26 - David Call/Sac'to CC	57:49
3 - Steven Dean/Golden West TC	51:23	15 - Paul Keller/Unat	55:09	27 - Dan Davidson/Golden West TC	57:52
4 - Jim Howard/Golden West TC	51:42	16 - Robert Coleman/Unat	55:34	28 - Paul Koski/Excelsior TC	57:53
5 - Jim Sane/Buffalo Chips	53:11	17 - Bill Kipp/Unat	55:38	29 - Bob Malain/NCSTC	57:54
6 - Byran Gieser/Unat	53:30	18 - Jim Sullivan/West Valley TC	55:44	30 - Bill Jensen/Pamakids	57:58
7 - John Ladd/Aggie TC	53:30	19 - Bob Coulson/Unat	55:55	31 - Fred Mansueto/Pamakids	58:23
8 - Tim Jordan/Golden West TC	53:34	20 - Mickey Brodie/Buffalo Chips	56:00	32 - Terrence Casey/Excelsior TC	59:00
9 - Larry Cabral/Pamakids	53:42	21 - Dale Fuller/Unat	56:13	33 - Douglas Carroll/Unat	59:10
10 - Claus Pedersen/TRAC	53:48	22 - Tim Swezey/Pamakids	57:08	34 - TomBurns/Unat	59:33
11 - Dale Young/Aggie TC	54:00	23 - Doug Rennie/Buffalo Chips	57:23	35 - Jay Frank/Unat	59:34
12 - John Leeper/Aggie TC	54:09	24 - Frank Donahue/Excelsior TC	57:38	36 - Ralph Blount/Ophir Prison	59:46





(Left) Leaders at about 2 miles in the Golden Gate Park 8-Miler...(left to right) Jim Nuccio, Wayne Badgley, & Jack Leydig. Jim & Wayne went on to tie for first, smashing Jack's course record by a minute. (Above) Start of the very successful 8-Miler in the Park, which saw a record 232 finish. /Photos by Dennis O'Rorke/

NUCCIO & BADGLEY ANNIHILATE GOOD FIELD AT 8-MILER: (April 12, San Francisco) - After a quick start, the tempo picked up! Dropping their last opposition just shortly before two miles, Wayne Badgley and Jim Nuccio decided to have a go at a faster pace Somewhere during the latter stages of the race, a decision was made to not 'race'. But, with almost a two-minute lead over the next runner, all they had as opposition were themselves. Coming across the finishline holding hands, the two NorCal distance running standouts chopped more than a minute from Jack Leydig's 1972 course record of 40:54...today he finished seventh, way back in the pack. Ray Menzie, doing a bit of speedwork before Boston, gobbled up the masters competition, including NCRR point leader, Bill Jensen, with a sterling 44:59 clocking, over two minutes ahead of his rival! Fast improving Colin Templeman grabbed the third spot. Mary Etta Boitano annexed the women's trophy with her 50:50 (67th), besting Joan Ullyot's 52:56 with no real sign of distress. West Valley TC edged to a win over a strong Excelsior squad with a 41-49 score. The weather was nearly perfect, with cool overcast for the entire distance. /Harold DeMoss/

1 - Jim Nuccio/WVTC	39:50	21 - Gary Chilton/Unat	45:54	41 - D. Alan Sauer/Pamakids	48:20
tie Wayne Badgley/Unat	39:50	22 - Edward Rios/Unat	45:54	42 - Clyde Rockwell/Unat	48:24
3 - Reid Harter/WVTC	41:35	23 - Ray Bonner/Unat	46:20	43 - Richard Kell/Pamakids	48:29
4 - Jan Sershen/Unat	42:34	24 - Kees Tuinzing/DSE	46:35	44 - Mike Healy/WVJS	48:32
5 - Doug Butt/Unat	42:48	25 - David Parish/West Valley TC	46:37	45 - Terrence Casey/Excelsior TC	48:33
6 - Gene Fitzgerald/PAMA	43:14	26 - Rick Bowers/WVJS	46:48	46 - Mike Boitano/SERC	48:36
7 - Jack Leydig/WVTC	43:31	27 - Dave Sjostedt/VMTC	47:03	47 - Bill Snavely/Unat	48:47
8 - Kent Guthrie/WVJS	43:59	28 - Darrell Jeong/Excelsior TC	47:04	48 - Gus Cano/Excelsior TC	48:50
9 - David Muela/Excelsior TC	44:19	29 - Ralph Bowles/WVJS	47:05	49 - Tom Mann/Excelsior TC	48:51
10 - John Weidinger/Unat	44:23	30 - Bill Jensen/Pamakids	47:09	50 - David Marsh/Unat	49:00
11 - Tom Castro/Unat	44:25	31 - Mike Duncan/West Valley TC	47:09	51 - Louis Daugherty/Napa	49:12
12 - Mike Conroy/Excelsior TC	44:50	32 - Wayne Plymale/Pamakids	47:12	52 - Alex Monterrosa/Pamakids	49:15
13 - Mike Eash/Excelsior TC	44:53	33 - John Spurr/Unat	47:23	53 - Terry Mullen/TRAC	49:20
14 - Glen Berwick/Unat	44:56	34 - Dave Petterson/WJS	47:40	54 - Ed Lee/Unat	49:21
15 - Ray Menzie/Unat	44:59	35 - John Geer/Whittier Alumni	47:48	55 - Santos Reynaga/WVTC	49:32
16 - Jack Hackmann/VMTC	45:02	36 - Colin Templeman/NCSTC	47:50	56 - Howard Griffith/Cambrian RR	49:36
17 - Robert Parks/Unat	45:06	37 - John Clary/TRAC	47:54	57 - Tom Downey/Unat	49:40
18 - Richard French/Unat	45:21	38 - Sean O'Riordan/West Valley TC	47:55	58 - George Ridout/Unat	49:50
19 - Frank Donahue/Excelsior TC	45:28	39 - John Holtorf/Unat	47:55	59 - Karl Marshall/NCSTC	49:56
20 - Tim Swezey/Pamakids	45:34	40 - Mark Gallo/NCTC	48:03	60 - Scott Frank/Unat	50:15

LIVERMORE 8.56 MILER--ANOTHER RECORD FOR NUCCIO: (April 19, Livermore) - Under ideal conditions (low 60's and overcast), WVTC's Jim Nuccio continued his onslaught of PA-AAU course records with a brisk 42:28 over the 8.56-mile circuit, clipping 42 seconds from Rich Kimball's 1973 standard. Teammate Bill Clark was also under the old mark with his 42:59, and Reid Harter made it a sweep for the club, clocking a fine 44:02. Mary Etta Boitano again had little trouble in taking apart the women's field, dashing to a quick 55:39, easily outdistancing Lynn Penn (58:20) and Karen Bessey (59:25). Her brother Mike copped the Junior Men's division, but missed that division's standard by almost two minutes. Gordon Gane, running on home ground, came within a minute of Ken Napier's over-40 mark (48:34) with his fine 49:44, easily defeating Ralph Blount's 51:02...Bob Malain was only another two seconds back in a close race for runnerup. A total of 202 finished the race on what was a very interesting course with a few challenging hills. The top 60 are listed below and on the following page. /Dick Baxter/

1 -	Jim Nuccio/West Valley TC	42:28	11 - Claus Pedersen/TRAC	48:31	21 - Glenn Pruitt/Pamakids	50:36
	Bill Clark/West Valley TC	42:59	12 - Armando Lagunas, Jr./Unat	48:49	22 - Craig MacMahon/Unat	50:42
3 -	Reid Harter/West Valley TC	44:02	13 - Goroy Vredenburg/Buffalo Chips	49:27	23 - Tom Pawl/Unat	50:48
4 -	Jim Sane/Buffalo Chips	45:27	14 - Ralph Bowles/WVJS	49:35	24 - F. Steve Andes/LVRC	50:56
5 -	Curtis Duff/Golden West TC	45:37	15 - Dick Baxter/LVRC	49:39	25 - Bill Dunlop/LVRC	50:59
6 -	Doug McLean/West Valley TC	46:39	16 - Gordon Gane/WVJS	49:44	26 - Ralph Blount/Ophir	51:02
7 -	Gary Wolfram/Unat	46:42	17 - Leroy Bumbaca/Unat	49:48	27 - Bob Malain/NCSTC	51:04
8 -	Kent Guthrie/WVJS	46:59	18 - David Parish/West Valley TC	49:50	28 - Paul Holmes/Buffalo Chips	51:15
9 -	Timothy Jordan/Golden West TC	47:08	19 - Dave Peterson/WVJS	50:06	29 - Ulrich Kaemph/TRAC	51:36
10 -	Dan Moore/LVRC	48:23	20 - Dave Zumwalt/Unat	50:32	30 - Alek Shestakov/LVRC	51:50

31 - Walt Van Zant/WVJS 32 - Larry McGrael/Unat 33 - David Wright/West Valley TC 34 - Howard Griffith/Cambrian RR 35 - Ross Rowley/Unat 36 - Darrell Jeong/Excelsior 37 - Bob Myers/Pamakids 38 - Hoyt Walker/LVRC 39 - Gregory Hodson/Unat 40 - Ed Stromberg/Buffalo Chips	51:54 52:10 52:18 52:20 52:32 52:33 52:36 52:40 52:41 52:44	41 - Mike Boitano/SERC 42 - Joel Caldwell/Unat 43 - Jack E. Cook/NCSTC 44 - Santos Reynaga/West Valley TC 45 - Ray Smith/Tax Reducers AC 46 - Gough Reinhardt/NCSTC 47 - Frank Robben/Unat 48 - Mark Center/Unat 49 - Wayne Purnell/Unat 50 - Larry Wight/LVRC	52:46 52:48 52:52 52:56 52:57 53:10 53:14 53:33 53:38 53:43	51 - I.P. deVilliers/Unat 52 - Dick Cordone/Unat 53 - Thomas Pinckard/NCSTC 54 - Leon Souza/Woodside Striders 55 - Peter Mattei/NCSTC 56 - Carl Martin/WVJS 57 - Ralph T. Waller/DSE 58 - Mickey Moberg/LVRC 59 - Art Freiler/Unat 60 - Dennis Kroll/Unat	53:48 53:49 53:52 53:56 54:01 54:02 54:06 54:08 54:34 54:45
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PEDERSON AND BUTT TAKE TOP HONORS AT SPRING RIDGE RUNS: (April 20, Cupertino) - The Cupertino Yearlings put together two rough courses in the Santa Clara Valley and got a good turnout for the first year. The shorter (6.039 mile) course drew the larger turnout, with Claus Pederson sweeping to a big margin of victory over San Jose Stater, Grover Prowell...35:23 to 36:11. Ulrich Kaemph showed the masters field how to do some running with his 38:44 clocking, which was good enough for a 1:28 margin of victory over George Moss. Among the most outstanding performance turned in for the day was Ann Trason's 41:29, which won her division by 5-1/2 minutes! It would have placed her loth in the open division (out of 55)! Jim Scattini (10-11 division) was also impressive with his 39:54 time, upending nationally prominent age-group marathoner, Tommy Owen, by nearly 2 minutes. In the long (10.682 mile) haul, it was veteran Doug Butt who made good use of the hills to streak to a two-minute winning margin over Bruce Rider. Ross Smith ran his usual strong race, grabbing the over-40 grouping in easy-come, easy-go fashion. Bill Flodberg was not within sight in second, 71:40 to 75:25. An exceptional performance was turned in by Roxanne Bier in the Girls (12-13) division, when she recorded a 77:31 over the strenuous course. That would have placed her near the top third in the open division! Below are listed the fastest times in each race, regardless of division, of which there were many! /Bill Jones, Ron Landrum/







(Left) Roxanne Bier, 13, competing for the Appaloosa TC, finished the 10.7 mile Cupertino Ridge Run in a great time of 1:17:31, placing 13th overall. /Bill Jones/ (Center) Start of the SF Police Dept. run around Lake Merced. /O'Rorke/ (Right) Winner of the rugged Spring Ridge Run, 10.7 miler, was Doug Butt, who specializes in running fast downhill. /Bill Jones/

DARLING LEADS EXCELSIOR TO SWEEPING VICTORY AT SFPD LAKE MERCED RUN: (May 3, San Francisco) - For a race that wasn't even publicized in the PA-AAU Handbook, this race did all right for itself with 242 finishers: The quality (depth) wasn't that apparent, but that didn't stop Bob Darling from averaging nearly 5 minutes per mile to easily defeat teammate Frank Donahue over the fast 5 mile circuit around Lake Merced. Putting its top five men in the first nine positions, San Francisco's Excelsior TC had no problem in taking the team title. The divisions offered were a bit out of the ordinary (26-35, etc.), but it made for some interesting competitions. Pat Cunneen grabbed the masters trophy with his fine 28:19 clocking, a full minute up on John Soubier. Ed Preston, now 58 years young, was third in the over-40 group, with a great 29:24 clocking. He beat 'young' Jim Nicholson in the process.

Ed Preston, now 58 years young, was process.	third in	n the over-40 group, with a great 29	9:24 clock	ding. He beat 'young' oim without	150n in the
1 - Bob Darling/Excelsior TC 2 - Frank Donahue/Excelsior TC 3 - Joseph Scalia/Unat 4 - Mike Conroy/Excelsior TC 5 - Dan Lavelle/SFOC 6 - Fred Mansueto/Unat 7 - Wayne Plymale/Pamakids 8 - Gus Cano/Excelsior TC 9 - Don Chaffee/Excelsior TC 10 - Terrence Casey/Excelsior TC 11 - Pat Cunneen, Sr./Pamakids 12 - George Roach 13 - Chris Brophy	25:14 25:51 26:19 26:42 27:13 27:32 27:34 27:47 27:51 28:11 28:19 28:28 28:34	14 - Ed Price/West Valley TC 15 - Alex Monterrosa/Pamakids 16 - Richard Cooper 17 - Tom Mann/Excelsior TC 18 - John F. Soubier/DSE 19 - Don Ardell/Embarcadero YMCA 20 - Ed Preston/NCSTC 21 - Walter Basinger 22 - Mike Atkinson 23 - Frank Lee 24 - Bill Shoaf 25 - Jim Nicholson/NCSTC 26 - Eric Harvison	28:41 28:42 28:48 28:52 29:20 29:23 29:24 29:25 29:46 29:49 29:56 30:05 30:12	27 - Thomas Mulkeen 28 - Mark Johnson 29 - Joel Hawthorne 30 - Michael Longwich 31 - R. Weggenman 32 - Mark Peterson 33 - Ronald F. Watson 34 - Mike Jones 35 - Ray Minkel 36 - Mark Scheuer 37 - Paul A. Spangler 38 - John P. Walsh 39 - Robert Cullen	30:24 30:30 30:33 30:34 30:39 30:40 30:41 30:45 30:46 30:47 30:59 31:07

DENNIS TRACY GRABS MAY RUN TITLE: (May 4, Oakland) - The downhill course was fast alright, and Dennis Tracy made good use of those stretches to hang up a tidy victory at something less than 5 minutes per mile (31:27 for 6.5 miles). His closest competition was John Kleinbach, who was over a half-minute arrears. The runnerup position was a bit more competitive, however, as Gary Wolfram closed to within 3 seconds. Tracy led his teammates to the title, with a squad composed of Mike Duncan (7th), Ray Orwig (15th), Larry Main (18th), and John Tedesco (44th). Gordon Gane of the West Valley Joggers & Striders picked off the masters trophy with a fine 33:47 performance, good for eighth overall. His time was nearly a minute up on teammate Mike Healy. Carolyn Tiernan was the top female competitor, notching a swift 38:22...good for 67th in the 263-man field that finished. Julie Ortiz was next at 39:54, followed by reliable masters competitor, Ruth Anderson. Below are the top 75 finishers of this new race which promises to grow next time around. /Maxy King/

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1 - Dennis Tracy/West Valley TC
                                              26 - Michael Coke/Grizzly Pk. P&MB
                                                                                     35:27
                                                                                             51 - Sakata Katsuhiko/Holy Names
                                                                                             52 - Larry Wiley/Unat
53 - Dennis Hedgecock/Unat
   - John Kleinbach/Unat
                                     32:00
                                              27 - Colin Templeman/NCSTC
                                                                                     35:29
                                                                                                                                  37:54
   - Gary Wolfram/Unat
                                     32:03
                                              28 - Scott Douthit/Unat
                                                                                                                                  37:58
                                                                                     35:35
  - Richard French/Unat
                                     32:24
                                              29 - Tom Mann/Excelsior TC
                                                                                             54 - Jim McRae/Ūnat
                                                                                     35:40
                                                                                                                                  37:59
   - Dave Whiteing/Unat
                                     32:35
                                              30 - Richard Scott/Alameda TC
                                                                                             55 - Brian Healy/Unat
                                                                                     35:55
                                                                                                                                  38:00
  - Pieter Visser/Merritt College
                                              31 - George Moss/NCSTC
                                     33:27
                                                                                     35:57
                                                                                             56 - Eric Heim/Unat
                                                                                                                                  38:07
                                              32 - Bill Brown/Unat
 7 - Mike Duncan/West Valley TC
                                     33:33
                                                                                     35:58
                                                                                             57 - Herb Blanchard/Unat
                                                                                                                                  38:10
 8 - Gordon Gane/WVJS
                                     33:47
                                              33 - Dennis Kroll/Unat
                                                                                     36:08
                                                                                             58 - John Foley/Unat
                                                                                                                                  38:14
   - Haywood Norton/Unat
                                     34:06
                                              34 - Paul Navarro/Unat
                                                                                             59 - Ray Dito/Unat
                                                                                     36:16
                                                                                                                                  38:15
  - Larry McGrael/Unat
                                     34:37
                                              35 - Ed Healy, III/Unat
                                                                                             60 - Jim Allen/DSE
                                                                                     36:21
                                                                                                                                  38:16
                                              36 - Jim McKinnon/Unat
11 - Mike Healy/WVJS
                                     34:38
                                                                                             61 -
                                                                                     36:29
                                                                                                  John Recht/King JHS
                                                                                                                                  38:21
12 - Ray Sibley/Solano TC
                                     34:39
                                              37 - Dave Kennedy/Unat
                                                                                             62 -
                                                                                     36:30
                                                                                                  Carolyn Tiernan/Unat
                                                                                                                                  38:22
13 - John Malarkey/Unat
                                     34:40
                                              38 -
                                                   John Hanan/Unat
                                                                                     36:31
                                                                                             63 - Stu Gruendl/Alameda TC
                                                                                                                                  38:23
  - Doug Castro/Unat
                                     34:41
                                              39 - Bil Robbins/Unat
                                                                                     36:57
                                                                                             64 - William Turrentine/Unat
                                                                                                                                  38:27
15 - Ray Orwig/West Valley TC
                                     34:46
                                              40 - Thomas Palmer/Unat
                                                                                             65 - Mike Foley/DSE
                                                                                     37:04
                                                                                                                                  38:28
  - Robert Bailey/Unat
                                     34:47
                                                   John Tedesco/West Valley TC
                                                                                     37:05
                                                                                             66 - Don Hughes/Unat
                                                                                                                                  38:35
17 - Barry Armstrong/Unat
                                              42 - Evan MacBride/NCS
                                     34:48
                                                                                             67 - Thomas Mota/DSE
                                                                                                                                  38:42
                                                                                    37:06
18 - Larry Main/West Valley TC
                                     34:51
                                              43 - Tokihiko Suyehiro/DSE
                                                                                             68 - Jim Boar/Pamakids
                                                                                     37:07
                                                                                                                                  38.44
19 - Dick Cordone/Unat
                                              44 - David Hansen/Unat
                                     34:57
                                                                                     37:16
                                                                                             69 - Jim Hamiter/Unat
                                                                                                                                  38:47
20 - Wes Hurlburt/Unat
                                     35:04
                                              45 - Keith Campbell/WVJS
                                                                                    37:20
                                                                                             70 - Keith Walker/NCSTC
                                                                                                                                  38:49
21 - Ralph Likens/Unat
                                                                                             71 - Tim Murphy/Unat
                                     35:07
                                              46 - Richard Mayers/Unat
                                                                                                                                  38:53
                                                                                    37:23
22 - Jack E. Cook/NCSTC
                                              47 - James Thomas/Unat
                                                                                     37:34
                                                                                             72 - Dan Wentworth/Unat
                                     35:21
                                                                                                                                  38:54
23 - Pat O'Conner/Unat
                                                                                             73 - Michael Bowman/Unat
                                     35:23
                                              48 - Edward B. Healy, IV/Unat
                                                                                    37:35
                                                                                                                                  39:01
                                                                                             74 - Richard N. Gary/Unat
24 - John Cavagnaro/Unat
                                     35:24
                                              49 - Clinton West/DSE
                                                                                    37:50
                                                                                                                                  39:12
25 - Ralph Blount/Ophir
                                              50 - Jack Ball/Unat
                                     35:25
                                                                                    37:51
                                                                                             75 - Dale Nelson/Unat
                                                                                                                                  39:41
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BILL CLARK TAKES FIRST ROAD WIN OF 1975, PULLS TWO OTHERS UNDER COURSE RECORD: (May 10, Angel Island) - All that waiting must have made Bill Clark hungry. Getting in the habit of taking second place in most of the runs this year, it was about time to move onto better things...such as winning for a change. The roller-coaster 4.8 mile road around Angel Island provided the stimulus, as he clipped Ritchie Geisel's 2-year-old record of 23:59 by chugging to a 23:40 clocking, and bringing two others painfully close to him. Pete Sweeney and Ed Schelegle, both of UC Davis, were right behind, at 23:41 and 23:42, respectively. Jim Shettler, deciding it was about time to defend his NCRR Point Trophy, clobbered the masters entries, clipping around the island in a quick 25:44, for what we think is a new over-40 mark for this course. Current NCRR Point Leader, Bill Jensen, was a full minute behind the pace. The women's race was as close as the men's, with Kathy Himmelberger just nipping Mickey Vardell, 31:36 to 31:37. However, Kathy didn't enter the women's open division, but instead elected for the husband/wife awards...nothing lost, since she and her husband Dave picked up the first-place award there. Lot's of other divisions provided something for almost everyone to try for, but double fees prevented athletes from entering more than one division unless they had a lot of money handy. The 535 finishers was slightly less than last year, but still the third largest in NorCal behind Dipsea and Bay-to-Breakers. /Phil Fernandez/

1 - Bill Clark/West Valley TC	23:40	31 - T. Ciotti	27:59	61 - Larry Sumner	29:45
2 - Pete Sweeney/UC Davis	23:41	32 - D. Lyon	28:05	62 - P. Michael	29:47
3 - Ed Schelegle/Aggie TC	23:42	33 - T. Mullen	28:09	63 - B. Naim	29:50
4 - Young	24:03	34 - G. Putallaz	28:13	64 - D. Meroff	29:52
5 - Byron Lowry/Marin AC	24:24	35 - S. Sherwood	28:14	65 - E. Ehlers	29:53
6 - Mike Killeen	24:52	36 - G. Krawiec	28:17	66 - E. Norgarv	29:58
7 - Ben Tucker/Unat	25:01	37 - H. Griffin	28:20	67 - M. West	30:00
8 - Doug Butt/Marin AC	25:06	38 - P. O'Conner	28:23	68 - John Tedesco/West Valley TC	30:02
9 - John Powell	25:26	39 - H. Jacobson	28:24	69 - B. Collins	30:04
10 - Kent Guthrie/WVJS	25:38	40 - D. Kroll	28:26	70 - G. Edwards	30:05
<pre>11 - Jim Shettler/WVJS</pre>	25:44	41 - E. Richardson	28:28	71 - D. Kirkpatrick	30:07
12 - R. Gori	25:49	42 - M. Stewart	28:34	72 - D. Marson	30:15
13 - B. Tracy	25:51	43 - D. Madronich	28:34	73 - B. Robbins	30:17
14 - Dave Himmelberger/WVTC	25:54	44 - J. Hanan	28:43	74 - K. Calandri	30:18
15 - R. French/Unat	26:01	45 - J. Moore	28:47	75 - W. Reed	30:19
16 - B. Kinscott	26:35	46 - G. Harrison	28:50	76 - M. Longwich	30:20
17 - Dave Parish/West Valley TC	26:42	47 - E. Heim	29:04	77 - J. Billings	30:21
18 - Bill Jensen/Pamakids	26:45	48 - K. Whittingslow/SFOC	29:08	78 - K. Bolter	30:23
19 - Ray Orwig/West Valley TC	27:00	49 - P. Waller	29:09	79 - D. Dray	30:26
20 - D. Sjostedt	27:08	50 - J. McKinnon	29:12	80 - S. Ozard	30:28
21 - John Finch/NCSTC	27:11	51 - R. Marston	29:14	81 - N. Ewell	30:30
22 - J. Killeen	27:14	52 - J. Rader	29:16	82 - M. Durham	30:32
23 - C. Chapman	27:18	53 - T. Palmer	29:25	83 - R. Gutman	30:33
24 - R. Sorensen	27:20	54 - P. Navarro	29:25	84 - W. Hamaker	30:34
25 - Mike Healy/WVJS	27:23	55 - J. Osterweis	29:26	85 - M. Fitzgerald	30:41
26 - Richard Wolters	27:27	56 - L. Sorenson	29:26	86 - L. McGraf	30:42
27 - W. Meinhardt	27:36	57 - D. Tovar	29:31	87 - R. Hunter	30:43
28 - R. Herzog	27:41	58 - K. Price	29:35	88 - P. Mulligan	30:44
29 - D. Wade	27:43	59 - R. Deglymes	29:41	89 - E. Fuller	30:45
30 - Don Pickett/Marin AC	27:48	60 - Phil Paulson/NCSTC	29:43	90 - R. Mayers	30:46
22 23	_,		23.10	Jo III III Joi J	

 Late gnus is better than gno gnus! Take note of the next Joint Men's & Women's LDR Meeting after the Excelsior Beach Run (see scheduling section). *** No results yet from Lake Il San Jo, Golden Gate Charity Run, Knights of Columbus Marathon, Avenue of the Giants Marathon, Aptos 15 Kilo, and Statuto, nor the Cinco de Mayo Run. Tune in next issue for all this and much more! Heck, I might even get the May/June issue out before August! Later----







(Left) Tibaduiza leads Rojas and Nuccio up the Hayes Street hill during the Bay-to-Breakers. /O'Rorke/ (Center) Mary Etta Boitano topped all women in the 1975 edition of the cross-city rum (shown during 8 Mile in Golden Gate Park). /Jim Engle/ (Right) Rojas jubilantly accepts his prize TV set. /O'Rorke/

ROJAS OUTKICKS TIBADUIZA AND NUCCIO IN BAY-TO-BREAKERS RACE: (May 18, San Francisco)

- After a somewhat shaky start, the contenders in this mammoth race managed to pull
themselves clear of hundreds of bodies that had managed to filter into the race
from the sidestreets over the first mile. Once on Hayes Street hill, it was obvious that a three-man race was developing. Running together onto the Great Hiway, vious that a three-man race was developing. Running together onto the Great Hiway, New Mexico's Rick Rojas managed to out something extra to overcome a good, but probably too early move made by Domingo Tibaduiza, a Colombian at Univ. of Nevada, Reno. Rojas' margin of victory was less than a second! Nuccio faded badly over the last few hundred yards. Mary Etta Boitano blitzed the female competitors with a 46:04, good enough for 186th overall! Not bad considering there were 5000 entrants. Debbie Finn was a full 3 minutes back (49:04), followed by Carolyn Tiernan (49:46), and Jane Scott (50:21). The over-40 competition was really a close one, with Bill (43:40), and Ulrick Kaemph (43:54) were also within contention. No official team scores were kept this year, but WVIC managed to slip its scoring five into the top 23 places. Runners bucked a stiff breeze coming across town, but it was welcome to most as they completed the latter stages of the race. Below are the top finishers in this year's run. /S.F. Examiner/

as oney compresed the ratter stage:	of the	race. Delow are the top Thirshers in	i uns ye	ar's run. /s.r. examiner/
1 - Ric Rojas/New Mexico TC	37:18	45 - Knut Forstad	42:27	89 - Magdaleno Lopez 44:09
2 - Domingo Tibaduiza/UNTC-Colom.	37:19	46 - Robert Parks	42:28	90 - Richard Greenwald 44:10
3 - Jim Nuccio/West Valley TC	37:28	47 - John Toki	42:30	91 - Lloyd Sampson 44:1
4 - John Farrington/Australia	38:49	48 - John Geer/Whittier Alumni	42:35	92 - Peter Churney 44:12
5 - Jon Stanley/Australia	39:02	49 - John Beaton/CPSLO	42:38	93 - Dick Ratliff 44:12
6 - Brian Maxwell/Unat-Cal	39:09	50 - Pete Flores	42:40	94 - Donald Putil 44:14
7 - Lou Patterson/AIA	39:59	51 - Jack Berry	42:40	95 - Dave Schmidt 44:14
8 - Pat Tyson/Club NW	40:04	52 - Mike Eash/Excelsior TC	42:45	96 - Don Paci 44:14
9 - Jim Birnbaum/West Valley TC	40:18	53 - Armando Lagunas	42:47	97 - Jim Hiserman 44:16
10 - Darryl Beardall/Unat	40:19	54 - Phil Darnall/Unat	42:48	98 - Jim O'Nei1/SFOC (40+) 44:20
11 - Bill Morgan/Unat	40:20	55 - Bob Kecheister	42:49	99 - Gus Cano/Excelsior TC 44:20
12 - Ben Tucker/Unat	40:21	56 - Larry Coburn	42:50	100 - Jeff Richey 44:22
13 - Bob Branch/Culver City AC	40:24	57 - Terry Norton	43:02	101 - Don Pickett/Marin AC (40+) 44:22
14 - Bill Seaver/West Valley TC	40:30	58 - Scott Claypoole	43:06	102 - Ross Routley 44:24
15 - Jon Sutherland/SFVTC	40:33	59 - David Parish/West Valley TC	43:08	103 - Dan Lavelle 44:28
16 - Albie Thomas/Australia	40:34	60 - John Mullin	43:10	104 - Peter Martinez 44:31
17 - Tom Wysocki/Univ. of Nevada	40:37	61 - Randy Belzer	43:13	105 - Joe Scalia 44:32
18 - John Wagner/Unat	40:39	62 - Wayne Plymale/Pamakids	43:13	106 - James Henderson 44:33
19 - Pat Finn/Unat	40:40		43:13	
20 - Gene Fitzgerald/Pamakids	40:48	63 - Terry Casey/Excelsion TC	43:15	107 - Ken Napier/WVJS (40+) 44:36
21 - Bob Darling/Excelsior TC	40:49	64 - Don Chaffee/Excelsior TC	43:15	108 - Glenn Walder 44:37
22 - Doug McLean/West Valley TC	40:49	65 - Jerry Hale		109 - Ian Howe 44:38
23 - Jack Leydig/West Valley TC	40:50	66 - Jim Hurley	43:18 43:20	110 - Kevin Myers 44:39
		67 - Bill Jensen/Pamakids (40+)		111 - Thomas Coitti 44:40
24 - Dennis Tracy/West Valley TC	40:53	68 - Ray Bonner	43:23	112 - John M. Malarkey 44:40
25 - Jon Higley/Unat	40:54	69 - Angus Morrison	43:24	113 - Mike Boitano/SERC 44:42
26 - John Kleinbach	40:58	70 - Czerwong Kaprys	43:27	114 - John Mooney 44:44
27 - Jerry Tallon	41:06	71 - Enoch Martinez	43:27	115 - Dennis Anderson 44:45
28 - Joe Becerra	41:12	72 - Don Flaten	43:28	116 - Ken Riding 44:46
29 - Kent Guthrie/WVJS	41:17	73 - Bill Zachary	43:29	117 - Tom Mann/Excelsior TC 44:48
30 - Dave Stock/West Valley TC	41:23	74 - Peter Wood/NCSTC (40+)	43:29	118 - Frank Donahue/Excelsior TC 44:49
31 - Frank Boutin/Stanford	41:23	75 - Laird Hayes	43:34	119 - Steve Miller 44:50
32 - Bob Nanninga/West Valley TC	41:33	76 - John Finch (40+)	43:35	120 - John Hellman 44:55
33 - Bryan Tracy	41:41	77 - Bruce Hamilton	43:39	121 - Rick Cushman 44:56
34 - Ron Wayne/West Valley TC	41:42	78 - Michael Healy/WVJS (40+)	43:40	122 - Lon Clearwaters 44:57
35 - Mike Conroy/Excelsior TC	41:49	79 - Greg Hodson	43:42	123 - Scott Frank 45:08
36 - Steve Palladino/CWTC	41:51	80 - Stephen Lee	43:45	124 - John Flather 45:09
37 - Mike Lennemann/Fresno Pacific		81 - George Gilbert	43:47	125 - Terry Mullen 45:10
38 - Dan Starn	42:08	82 - Ken Gyers	43:53	126 - Dick Cordone 45:10
39 - Richard French	42:12	83 - Ulrich Kaemph/TRAC (40+)	43:54	127 - Robin Shilling 45:14
40 - Jim Flanigan	42:15	84 - George Scott	43:55	128 - Glenn Krawlec 45:15
41 - John Leeper/Aggie TC	42:18	85 - Jack Holtorf	43:56	129 - Eddy Cline 45:16
42 - Glenn Berwick	42:20	86 - Robert Bailey	43:59	130 - Brian Baumruk 45:17
43 - Douglas Peck	42:22	87 - Bill Benz	44:02	131 - Jim Rader 45:17
44 - Robert Bourbeau	42:24	88 - Dave Luke	44:07	132 - Jim Logan 45:19
44 - Robert Bourbeau	42:24	88 - Dave Luke	44:07	132 - Jim Logan 45:

Pier to Park 5-Miler: (July 4?, Pacifica) * 1-Hans Templeman/ Montana 26:54, 2-Sershen/Un 27:19, 3-Moreno 27:35, 4-Schelegle/ UCD 27:55, 5-Dillie 28:31, 6-Carvey 28:56, 7-Martinez 30:07, 8-Amable 30:48, 9-Lange 30:48, 10-Cunneen/Pama 31:06 (1st 40+). (141 finishers)

Butte-to-Butte 10 Kilo: (July 4, Eugene, Ore.) - (269 entrants; hilly) * 1-GeTs/OTC 30:25, 2-Tyson/CNW 31:22, 3-Heinonen/OTC 31:35, 4-Hamilton/Colo 31:40, 5-Dewsberry/Toronto TC 31:48, 6-Moore/OTC 31:58, 7-Long/OTC 32:11, 8-Anderson/OTC 32:23, 9-Savage/OTC 32:23, 10-Chapman/OTC 32:49...(Women) 1-Heinonen 42:08, 2-Ledbetter/OTC 42:18. /Janet Heinonen/

SPA-AAU 15 Kilo Championship: (July 4, Santa Barbara) * 1-Tuttle/BHS 45:20, 2-G. Aguirre/SBAA 46:28, 3-R. Aguirre/SBAA 47:07, 4-Badgley/SUTC 47:10, 5-Steiner/AATC 47:39, 6-Hayes/SBAA 47:59, 7-Cook/AIA 48:59, 8-Arbogast/SFVTC 49:16, 9-Maier/CCAC 49:26, 10-Kushner/GWAA 49:38, 11-Donovan/SBAA 49:40, 12-Chambliss/SBAA 49:42, 13-Branch/CCAC 49:48, 14-Swift/AzPc 49:52, 15-Peterson/WVTC 50:03, 16-Caldwell/AIA 50:12, 17-Broten/STC 50:13, 18-Haake/SBAA 50:20, 19-Perez/Aztl 50:22, 20-Brown/Un 50:52...24-Miller/CCAC 51:08, 25-Woelk/BHS 51:12, 26-F.Assumma/SURR 51:16, 30-Smartt/BHS (40+) 51:50, 32-Bartek/SBAA (40+) 52:05, 35-Bowles/WVTC 52:31, 62-Hansen/SFVTC (woman) 56:04, 81-Hagerty/SUTC 57:41, 100-McCray/USAF 59:54./Brennand/

WOULD YOU BELIEVE---1974 DIPSEA RESULTS??: (Aug. 25, Mill Valley) - These are sorta late, but Hans Roenau was kind enough to send us a copy. We are printing the top 80 finishers below with no story...see past issues for recap. /Hans Roenau/ Scratch times--

```
Darryl Beardall/MAC
                           49:57
                                    21 - Bill Flodberg/WVJS
                                                               56:02
                                                                       41 - Vance Eberly/Un
                                                                                                  63:13
                                                                                                          61 - K.L. Dicus/Un
                                                                                                                                     57:34
                                                                       42 - F. Pracht/Un
43 - P. Kelly/DSE
    Debbie Rudolph/Un
                            56:11
                                    22 - Byron Lowry/MAC
                                                               50:06
                                                                                                          62 - Hans Roenau/NCSTC
                                                                                                  59:16
                                                                                                                                     61:36
     Ron Elijah/MAC
                                    23 - Mike Healy/WVJS
                            44:49
                                                               56:15
                                                                                                  60:17
                                                                                                          63 - J.M. Partridge/Un
                                                                                                                                     54:47
                                                                       44 - J.A. Clever/Un
     Mike Boitano/SERC
                            52.54
                                         R. Berry/PAMA
                                                               55:18
                                                                                                          64 - C.W. Keeling/SFOC
                                                                                                  58:18
                                                                                                                                     66:54
                                    25 - Gene Fitzgerald/PK
26 - M. O'Neil/NCSTC
     Maryetta Boitano/DSE
                           56:55
                                                               52:26
                                                                                                          65 - Joe McDevitt/WVTC
                                                                       45 - C.W. Seekins/Un
                                                                                                  66:19
                                                                                                                                     55:55
    Homer Latimer/Un
                            49:56
                                                                       46 - P. Scannell/Un
                                                                                                          66 - Don MacIntosh/NCSTC 61:05
                                                               60:16
                                                                                                  58:20
    Dan Martinez/Un
                                    27 - Ted Quintana/ATC
                           51:10
                                                                       47 - Jack Gottsche/WVTC
                                                               50:19
                                                                                                  65:22
                                                                                                          67 - S.S. Cramer/Un
                                                                                                                                     61:08
    Pete Mattei/NCSTC
                           55:22
                                    28 - F. Harrison/NCSTC
                                                               58:41
                                                                       48 - J.J. Blank/Un
                                                                                                  56:28
                                                                                                          68 - M.S. Lipschitz/ARRC 54:14
     Jim Nicholson/NCSTC
                           52:42
                                    29 - M. Lipschitz/ARRC
                                                                       49 - John Brazinsky/Un
                                                                                                          69 - John Boitano/SERC
                                                               50:47
                                                                                                  58:36
                                                                                                                                    64:17
10
    Tommy Owen/RCS
                                    30 - D. Snell/Un
                           56:00
                                                               53:56
                                                                       50 - S.P. McKeen/Un
                                                                                                  65:45
                                                                                                          70 - Sue Munday/Un
                                                                                                                                     65:21
    Don Pickett/MAC
                                    31 - Ray Batz/SFFD
                                                                                                          71 - F.A. Robben/Un
                           54:07
                                                               57:06
                                                                       51 - D.A. Potter/Un
                                                                                                  58:48
                                                                                                                                     61:22
    Don Makela/MAC
                                    32 - Lew Hoyt/NCSTC
                            46:43
                                                               59:07
                                                                       52 - R. Myers/PAMA
                                                                                                  57:57
                                                                                                          72 - Ragnar Thanning/MAC
                                                                                                                                    55:23
13 -
    R. Vasquez/Un
                                    33 - Tom Beck/MAC
                                                                       53 - M.J. Nagel/Un
                           53:10
                                                               55:16
                                                                                                  57:02
                                                                                                          73 - Pete Dinno/WVTC
                                                                                                                                     54:24
    R. Paffenbarger/NCS
                                    34 - R. Emmons/Un
                                                                                                          74 - R.A. Lyon/Un
75 - M.R. McKeen/Un
                           57:37
                                                               58:29
                                                                       54 - Tom Castro/Un
                                                                                                  61:03
                                                                                                                                     58:25
                                    35 - R. Schupbach/Un
                                                                       55 - G.L. Griffin/MAC
15
    Ken Napier/WVJS
                           55:09
                                                               55:54
                                                                                                  53:04
                                                                                                                                    66:26
                                       - Tom Pinckard/NCSTC
16
  - Bob Malain/NCSTC
                           56:11
                                    36
                                                               57:56
                                                                       56
                                                                          - Boyd Tarin/ATC
                                                                                                  53:20
                                                                                                          76 - Lee Adams/NCSTC
                                                                                                                                     62:27
                                    37 - Greg Mandanis/Un
  - Gil Tarin/WVJS
17
                           55:23
                                                               55:59
                                                                       57 - Jack Kirk/Un
                                                                                                  67:24
                                                                                                          77 - Jim Gault/NCSTC
                                                                                                                                     62:28
                                    38 - A. Clark/NCSTC
18
  - T. O'Brien/Un
                           55:31
                                                                       58 - P.O. Purcell/Un
                                                              66:02
                                                                                                 66:28
                                                                                                          78 - P.R. Kiernan/Un
                                                                                                                                     60:29
                                    39 - Hersh Jenkins/Un
  - Bob Bunnell/MAC
                           48:35
                                                                       59 - R.A. Major/Un
                                                              52:03
                                                                                                 57:29
                                                                                                          79 - C.L. Miers/Un
                                                                                                                                     58:30
  - D. Teeguarden/NCSTC
20
                           55:40
                                    40 - Joe Taxiera/ATC
                                                              52:11
                                                                       60 - L.C. Long/Un
                                                                                                          80 - Vance Koerner/NCSTC 62:40
                                                                                                 55:31
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TEMPLEMAN TAKES IL SAN JO 10-MILER IN RECORD TIME: (March 30, Santa Rosa) - Ex-Carlmont High School ace, Hans Templeman, now attending the University of Montana, made his spring break worthwhile by knocking over a minute off of Joe Taxiera's 1974 course standard of 55:26, and in the process took Darryl Beardall under the record too, although he was a minute behind the winner. Doug Butt ran a good race in third, also dipping under 56 minutes. Bill Jensen destroyed Bob Malain's over-40 record as well, clocking 61:58 (old mark was 63:21), as Malain could only manage a 64:11 for runnerup spot today. To complete the record-breaking sweep, Merill Cray chopped an incredible 8 minutes off Jean Maier's old record of 77:41 with her 69:41, as Penny DeMoss (73:56) and Ruth Anderson (75:15) were also under the old mark. The host Valley of the Moon TC easily captured the team award with a low of 86 points. Solano TC (293) and the NorCal Seniors (307) were out of the picture. /F.Kenyon/

```
- Hans Templeman/Un
                          54:16
                                   16 - Dave Warren/ETC
                                                            60:39
                                                                    31 - Mike Coke/GPPMB
                                                                                              65:25
    Darryl Beardall/MAC
                          55:22
                                  17 - Paul Koski/ETC
                                                            60:58
                                                                    32 - Walt Betschart/Un
                                                                                              65:50
3
    Doug Butt/MAC
                          55:54
                                   18 - Harold DeMoss/WVTC
                                                            61:17
                                                                     33 - Paul Tjogas/NWAC
                                                                                              66:04
    Steve Williams/OPHIR
                                                                     34 - Frank Donahue/ETC
                          58:46
                                   19 - Greg Hodson/Un
                                                            61:37
                                                                                              67:43
    Bob Darling/ETC
                          58:49
                                   20 - Bill Jensen/PAMA
                                                            61:58
                                                                     35
                                                                         Ray Sibley/SolanoTC 67:44
    Rich Alexander/VMTC
                          58:50
                                  21 - Dave Sjostedt/VMTC
                                                            62:22
                                                                          Gough Reinhardt/NCS 67:59
                                  22 - Leon Brunet/VMTC
    Pat Buzbee/NCS
                          59:02
                                                                                              68:16
                                                            62:29
                                                                          Vic Bunce/SolanoTC
    Kent Guthrie/WVJS
                                  23 - Jack Hackmann/VMTC
8
                          59:10
                                                            63:11
                                                                         Dennis Johnson/VMTC 68:28
    Bob Bunnell/MAC
                          59:18
                                  24 - Gary Warner/Un
                                                            63:50
                                                                     39 -
                                                                         Larry Pugh/Un
                                                                                              68:30
                          59:27
                                  25 - Tim Swezey/PAMA
10
    Scott Carvey/Un
                                                            64:02
                                                                         Les Easterling/Un
                                                                                              68:50
    Mike Buzbee/NCS
                                  26 - Craig Roland/Un
                          59:48
                                                            64:03
                                                                         Don Madronich/Un
                                                                                              68:53
    Dave Zumwalt/Un
                                  27 - Larry McGrael/Un
12
                          59:53
                                                            64:08
                                                                    42 - Richard Lyon/VMTC
                                                                                              69:01
                          59:57
    Richard Govi/MAC
                                  28 - Bob Malain/NCSTC
                                                            64:11
                                                                    43 - Russell Anderson/Un 69:03
    Fred Kenyon/VMTC
                          60:06
                                  29 - Mark Gallo/NCTC
                                                            64:53
                                                                    44 - Joel Caldwell/Un
                                                                                              69:12
                                  30 - Jim O'Neil/SFOC
                                                                    45 - Merill Cray/Un
  - Dean Behrmann/Un
                          60:35
                                                            65:15
                                                                                              69:41
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Hans Templeman /Paul Cooper/

BADGLEY BLASTS GOLDEN GATE CHARITY SIX-MILER: (April 26, Marin to S.F.) - Famous German coach and physician, Dr. Ernst Van Aaken, was honorary starter for this second annual affair (benefit for Big Brothers & Sisters Charity Organizations), but the finish belonged unquestionably to Wayne Badgley, whose course record of 30:08 was 54 seconds faster than runnerup Bill Clark. Jim Shettler mixed up with many of the areas other top masters, and came out on top, 33:02 to 33:48 for runnerup, Ross Smith. Bill Jensen, the current NCRR LDR Point Race leader in the over-40 class, was next at 34:35. Maryetta Boitano downed some classy opposition in turning back Teri Anderson (38:09 to 38:31), and improving Kathy Himmelberger grabbed third spot for the women with her 40:57, just ahead of teammate Betsy White's 41:15. The husband and wife category was easily taken by Dave & Kathy Himmelberger. The race was a total success as there were over 400 paid starters...a picnic at the finish completed a fantastic race for all those who attended. The NCRR is printing all the results of this race as a charitable donation (saves mailing results). /Paxx Beale/

							2000년 1일 12일 12일 12일 12일 12일 12일 12일 12일 12일		
	l - Wayne Badgley/Un	30:08	12 - Rick French	33:33	23 - Dave Peterson/WVJS	34:51	34 - John Geer/WCATC	35:51	
-5	2 - Bill Clark/WVTC	31:02	13 - Ross Smith/WVJS	33:48	24 - Mike Healy/WVJS	34:52	35 - Ulrich Kaempf/TRAC	36:01	
44	3 - Bill Seaver/WVTC	32:13	14 - Bob Oelschlager	33:56	25 - D.Himmelberger/WVTC	35:00	36 - Dick Lyon	36:12	
4	4 - Dennis Tracy/WVTC	32:14	15 - Gary Chilton	33:57	26 - John Finch/NCSTC	35:03	37 - Dick Greenwald	36:17	
į	- Bob Darling/ETC	32:16	16 - Jim Sullivan/WVTC	34:10	27 - Peter Wood/NCSTC	35:07	38 - Peter Snell	36:29	
(5 - Bob Powell/CWTC	32:26	17 - Dan Moore/LVRC	34:20	28 - Don Pickett/MAC	35:20	39 - John Stovel	36:30	
- 7	7 - Doug McLean/WVTC	32:58	18 - Frank Krebs/GWTC	34:28	29 - Jim O'Neil/SFOC	35:22	40 - I. DeVilliers	36:40	
. 8	3 - Jim Shettler/WVJS	33:02	19 - Gilbert Dean	34:34	30 - George Scott	35:29	41 - Ray Sibley/SolanoTC	36:42	
9	9 - Bob Miller/CWTC	33:16	20 - Bill Jensen/PAMA	34:35	31 - John Malarkey	35:44	42 - Ed Preston/NCSTC	36:43	
10) - John Kleinbach	33:19	21 - Jim Flanigan	34:40	32 - Chris Brophy	35:48	43 - Mike Boitano/SERC	36:47	
11	- Kent Guthrie/WVJS	33:27	22 - Kerry Kilgore	34:45	33 - John Spurr	35:49	44 - Bill Snavely/BVH	36:50	
			The state of the s		이 경기 이번 내가 가게 하면 가게 되었다면 하게 하면 하는데 내가 가게 가지 않는데 있다.				



Wayne Badgley accepts 1st place award from race director, Pax Beale.

- Gaylord Burk Pat Cunneen/PAMA 36:56 Imre Homer 36:57 Carl Peterson 36:58 Gary Martin 36:59 Kechenmeis 37:00 50 Jim Barker/WVTC 51 37:06 Pat O'Connor 52 37:07 53 Allen Winkley 37:08 Gary Goettelmann/Un 37:18 Howard Jacobson 55 37:21 Jack McDonough 56 37:22 John Ryan Gary Alderman 57 37:30 37:32 58 59 Gough Reinhardt 37:37 60 Bruce Patchen 37:46 61 Pete Schoener 37:47 62 Leon Souca 37:48 Karl Marshall 63 37:54 64 K. Hastings 37:55 65 Ralph Waller 37:57 Russ Kiernan 66 38:01 67 Denis Kroll 38:03 68 Skip Marguard 38:05 69 Maryetta Boitano 38:09 Paul Kellman 38:10 Mike Preece 38:14 72 Dave Kennedy 38:21 Earl Norgard Hoyt Walker 73 38:27 74 38:28 75 Al Molnar 38:30 76 Teri Anderson/SJC 38:31 77 Lee Jedian 38:35 Jim Hill 38:36 Antonio Reyes 39:04 80 Don Capron 39:05 81 Clint West 39:06 82 Tom Owen 39:14 Bob Blonder/WVJS 83 39:15 84 Jimmy Myers 39:15 Tony Machado Bill Catanese 85 39:19 39:20 Herb Blanchard 39:21 87 Jim Thomas 39:22 89 Kent Bolter 39:27 90 Mark Scheuer 39:28 91 John Hutchinson 39:29 92 Phil Paulson 39:30 93 Doug Osmont 39:32 94 Rod Miller 39:35 Floyd Clendenen 39:41 96 Jim McRae 39:44 Bruce Dingwall 39:45 98 Evan MacBride 39:45 Gene White 99 39:52 Gary High 100 39:53 101 Len Edholm 39:55 Mike Longwich 39:57 102 39:58 103 Art Boitano Ron Kovacs 40:04 Gordon Rabing 40:05

107 - Bill Hamaker 40:11 - Frank Ruona 40:12 108 109 - Don Hughes 40:14 40:15 110 - Tom Mota - Barret Collins 111 40:17 40:19 112 - Jim Goar 113 - John Getas 40:22 114 - Doug Dray 40:26 Peter Alexander 40:27 Dave Pain 40:27 40:30 117 Jim Warren 118 - Frank Cuzzillo 40:34 - Keith Walker 40:39 119 Dick Fitzgerald 40:44 120 Mike Padilla 40:45 121 122 ATvin Lee 40:47 Jim Caughlin 40:50 George Pine 40:52 124 125 Ron Ild 50:54 Michael Wheeler 50:55 K.Himmelberger/WVTC 40:57 126 127 40:58 128 Theo Jones 129 James Burke 40:59 Richard Gary Michael Steen 130 41:09 131 41:12 Betsy White/WVTC Paul Gatens 41:15 41:21 133 Dennis Lem 41:23 134 135 -Victor Turks 41:32 Don Chambers 41:40 136 Robert Alemany Howard Waldron 137 41:41 138 41:42 139 Gerald Durrett 41:48 140 John Michael 41:51 141 41:53 Terry Moores Jim Henry 142 41:57 Dan Laskoski 143 41:59 Yvette Cotte/WVTC 144 42:03 145 Bill Biggs 42:05 Marty McNair Skip Swannack Kent Robie 146 42:07 147 -42:09 148 42:24 Rubin Glickman 42:26 149 Ed Heinlein 42:28 150 42:29 Andy Kerr Tom Chuey 151 152 42:30 Ruth Anderson/NCSTC 42:32 153 154 Tim Smith 42:35 155 42:38 Robert Yee 42:45 156 Milt Axt 42:47 157 Julie Ortiz 158 -J. Cotte/WVTC 42:50 Jim Hudak 42:51 159 Larry Guinee 42:52 160 161 Joe Genshlea 42:57 162 Larry Reina 43:18 163 Larry Frederick 43:21 John Giniel 43:24 164 165 Keith Weaver 43:25 166 Brandt Zembsch 43:27 Jack Slobodin 43:30 167 Richard Hammond 168 43:32 Bruce Bray 169 43:35 170 John Boitano 43:37 171 Ralph Webb 43:38 172 Mike Grimes 43:40 173 Win Hayward 43:43 43:49 174 Jim Jenner Sheldon Gersh 175 43:50 Dennis Callahan 43:58 176 43:59 177 Jim McGouah 178 Paul Banchero 44:07 179 Ted Hamaker 44:08 180 Tom Bucci 44:11 181 -Elaine Goar 44:14 44:16 182 -Ron Parsons 44:18 183 -Wini Jebian - Ed DiGirolamo 184 44:20 44:20 185 -Joan Chambers 44:25 186 Bob Zembsch 187 Randy Kide 44:26 188 Kathy Maloney 44:27 189 John Brennan 44:28 190 Dwight Willard 44:29

106 - Paul Spangler

40:10

191 - Frank Merlo

192 - Michael Eliastam

193 Norman Kennedy 44:39 194 Richard Stovel 44:44 Harry Cordellos Bob Porter 195 196 -Thomas Fong Steve Subotnick/WV 197 -198 199 -Cornett 200 Steve Thal 201 Tom McGowen 202 Wally Greentree Pete Harames 203 Harry Siitonen Roy Swartout 204 -205 Len Wallach/WVTC 206 207 Rich Eldridge 208 Edwin Roberts 209 Clark Christoffersen45:20 210 Louise Burns 211 -Nick Koras 212 Irene Rudolf/WVTC George Schmidt 213 214 John McLean 215 E. Glenesk 216 Karl Newland Bob Abbott Mary Healy/WVJS 217 218 219 Dave Weill/DSE 220 Nick Ninos Phil Reagan 221 222 Chipman Miles Dick Newell 223 224 Ford Fish 225 Ed Murray Gardner Pond 226 Bob Freethy 227 James Diegnan 228 James Vanya Gail Gustafson 229 230 231 Barbara Carlson 232 Bob Chase 233 Steve Cole 234 Carroll O'Conner 235 Janine Hutchinson Barbara Maas Charles Tourigny 236 237 238 Richard Harley 239 Marge Heinlein 240 Mike Ruddy John Chick 241 242 Priscilla Myers Louis Salaber Michael Van Credi 243 244 Norm Gatzert Kei Kimura 245 246 247 Mike Kelly 248 Leonard Simonetti 249 Jack Baker 250 Chris Boone 251 Coleman Ow Phillip Nelson 252 Sue Kidd 253 Ruth Newall 254 Barry Spitz Pat Whittingslow 255 256 257 Emil Richmond 258 Dale Shirk 259 Jeanie Kayser 260 Matt Kaempf Otto Sommerauer 261 Tod Hunt 262 263 - Doug Lee - Dan Titilbaum 264 265 - Bill Monheit 266 Jackie Smith Glee Edholm 267 -268 - Bob O'Conner 269 - Gene Eller 270 - Walt Stack/DSE 271 - Rod Eshelman 272 - Wade Taylor - Bill Marsico 273 274 - Grant Newland 275 - Tom Smith

279 - Don Ross 44:45 280 Joe McCarthy 49:55 44:47 281 - Harry Hlavac 49:57 - Jeff Smith - Will Prescott 44:49 282 50:00 50:04 44:50 283 Jerry Schwerzler Rosie Kontur 284 -50:06 44:52 50:09 285 -44:58 50:18 45:02 286 Mark Allan 50:19 **Buck Swannack** 45:04 287 50:27 45:09 288 Patricia Dockery 45:11 289 Joseph Kampi 50:39 Roger Anawalt 50:42 45:12 George Weickhardt Ada O'Connor 291 -50:43 45:13 292 -50:45 45:16 50:46 45:17 293 -John Beale 51:16 294 Jim Bisbee 45:21 295 Lee McDaniels 51:17 45:28 296 Ted Wurm 51:18 45:48 297 Bill Mahoney 51:19 Micky Moberg Lee Trampleasure 45:49 298 51:28 51:33 45:55 299 Sandra Vaurs Robyn Paulson 46:00 300 51:40 51:43 46:02 301 -302 Kim Himenes 51:52 46:05 52:00 303 Dan Schell 46:11 52:07 46:28 304 Roger Kahane 46:33 305 Leslie Barlow 52:13 306 Jim Dower 52:17 46:36 307 -46:38 Mike McDoneils 52:23 308 Ralph Lindmark 52:24 46:40 Garrett Cunneen Sharon Van Credi 46:48 309 -52:32 52:38 310 46:49 Tom Schmidt Ed Olkowski 311 -52:40 46:54 46:56 312 52:57 47:01 313 Gordon Chew 53:02 47:03 314 Al Hunt 53:03 John Hunt 315 53:07 47:12 Lori Krebs 53:08 47:12 316 Alex King Diane McEwen James Scannell 317 -53:09 47:16 53:12 47:21 318 53:22 47:31 319 47:40 320 Kathy Monterrosa 53:41 321 -Clare Dower 54:12 47:42 Tom Chudy 54:28 47:46 47:56 323 -David Grieg 54:39 Gail Ingalls 324 54:52 48:00 Dione Panro 55:04 325 -48:02 Bill Pryor 326 55:22 48:03 327 -Bill Emge 55:42 48:04 48:05 328 Alvin Crossman 55:58 48:08 329 Ann Adrian 56:02 330 Sharon Hudak 56:07 48:09 331 Kay Atkinson 56:12 48:11 Chris WHite 48:12 332 56:13 333 -Russell Grines 56:14 48:16 Betty Cunneen Karen Himenes 56:20 334 48:17 335 56:21 48:29 336 -48:30 Ed St. John 56:30 48:33 337 -Thea Myers 56:40 338 Ben Hirsch 56:41 48:37 339 David Johnson 56:48 48:39 48:46 340 Bev Bettencourt 56:52 John Whalen Dick Fetzer 341 -56:58 48:47 57:02 342 -48:48 57:32 343 -Gayle Shaffer 48:49 48:50 344 - Bob Stack 57:36 345 - Don McLavrin 48:52 59:16 48:54 346 Irene Clark 59:36 Jim Powell 59:42 48:55 347 -59:44 48:56 348 - Phillip Perkins 349 - Thea Hensel 59:45 49:01 350 - Faye Reddecliff 59:53 49:07 351 - Brian Morrison 352 - Derek Elliott 60:04 49:11 60:07 49:20 353 - Jean McHale 60:47 49:22 49:26 60:48 354 - Valerie Barntson 355 -49:30 Susan Parrott 60:49 356 -C. Cooke 61:08 49:33 49:34 357 - Mary Boitano 61:09 358 - Jim Cooke 61:10 49:39 359 - Grace Ruth 61:20 49:42 360 - Anna Fong 61:30 49:43

44:30

44:37

276 - Steven Cook

277 - John Mays 278 - Bill Chew

49:46

49:47 49:48

49:54

361 - Jeff Wolinsky 61:35 368 - Charles Monday 362 - Kathy Sheehan 61:36 369 - Ralph McLand 363 - Monique Weil 61:47 370 - Sylvia Ding 364 - Rosalie Webb 61:52 371 - Alice Ding 365 - Dana Wolinsky 62:01 372 - Eric Newland 366 - Sid Wolinsky 62:02 373 - Lisa Morrison 367 - Arriel Reyes 62:56 374 - Tod Morrison	n 67:24 376 - Alex Margolin 72:33 11 69:11 377 - Diane Krebs 73:44 1 69:13 378 - Jeri Krebs 73:45 70:26 379 - Cammie Dingwall 75:36
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"McLEAN GRABS CINCO DE MAYO RUN": (May 3, Redwood City) - WVTC's and Stanford's Doug McLean took an easy win at the first Canada College 'Cultural Exchange Run' which wound 5 miles around the campus area in the Redwood City foothills. The course was obviously at least a half-mile short, as the winner's time of 23:08 seemed fast for the hilly course. Bill Benz was runnerup, over a half-minute behind. Ken Napier had an unexpectedly close battle with Walt Betschart in the masters race, winning 25:22 to 25:27, and Teri Anderson grabbed the women's division by nearly 40 seconds over Penny DeMoss. The top 30 finishers are listed below (64 finished). /Fernando Mejia/



Reid Harter was runnerup at the Avenue of the Giants Marathon in 2:20:55. /D. O'Rorke/

BADGLEY GETS PR AT AVENUE OF THE GIANTS MARATHON: (May 11, Weott) - Stockton's Wayne Badgley hit splits of 52:20 and 1:44:18 at 10 and 20 miles in an evenly-paced marathon, but slowed somewhat due to rising temperatures over the last 5 miles. His 2:18:06 knocked over two minutes from his previous best (2:20:21), but he missed Bill Scobey's 2:17:43 course standard. WVTC's Reid Harter, in training at high-altitude Lake Tahoe, showed he's rounding into form by cruising to a 2:20:55, not too far off his 2:19:15 best. The next three finishers broke 2:30 for their first times: Jim Barker (2:28:11), Pat Buzbee (2:28:22), and Ron Johnson (2:28:37). West Valley placed its three scorers in the top seven to easily annex the team title. Ed Dally just missed catching John Rudberg for the over-40 trophy, losing out by a second, 2:41:34 to 2:41:35, and missing his PR (set at Boston this year) by only two seconds! Bob Malain (2:46:52), George Crandell (2:47:36), and Walt Betschart (2:48:45) all dipped under 2:50 to finish out the top masters competition. Malain & Betschart both got PR's in the process. The women's competition was also top-notch, as Caron Schaumberg's 3:04:42 established a new women's standard for the course. Second-placer, Kathryn Rankin, somewhat of an unknown, grabbed the runnerup position with a fine 3:07:38, in what is believed to be her first attempt at a marathon (she is from Healdsburg). Come-backing Irene Rudolf only missed her PR by two minutes with a 3:14:06 in third, while 45-year-old Ruth from Healdsburg). Come-backing Irene Rudolf only missed her PR by two minutes with a 3:14:06 in third, while 45-year-old Ruth Anderson grabbed fourth with a PR 3:16:12, quite welcome after her big disappointment at Boston. -- Mike Healy ran off with the low-key Half-Marathon that was heald concurrently, clocking an excellent 1:14:56 to win by almost 5 minutes over Mike Libolt's lil-19:47. George Moss was next at 1:21:08, as masters runners garnered first and third. A record number (271) finished the full distance, with 57 going the half-distance.

					/ Duck Gubar	1.0001		
3 - 4 -	Mike Healy/WVJS Mike Libolt/Arcata George Moss/NCSTC Harry Cottrell John Stovel	1:14:56 1:19:47 1:21:08 1:21:26 1:22:23	6 - Don Capron 7 - Keith Campbell 8 - Roger Willmarth 9 - Thomas Burns 10 - Jon Wood	1:22:57 1:23:52 1:26:09 1:28:34 1:28:45	11 - Gary Funamura 12 - Don Chambers 13 - Robert Alemany 14 - Brian McKee 15 - Steve Surowiec	1:30:02 1:31:09 1:31:52 1:32:01 1:32:01	16 - Karl Jackson 17 - Jim Peters 18 - Charles Goodmache 19 - Preston Sherwood 20 - Elaine Pedersen	1:32:31 1:32:56 r1:33:47 1:33:47 1:34:57
2 - 3 - 4 5 7 - 8 7 - 8 - 10 - 11 - 112 - 113 - 115 116 - 117 - 118 - 119 - 20 - 212 - 233 - 24	Tom Castro/Un	2:18:06 2:20:55 2:28:11 2:28:22 2:28:37 2:32:00 2:32:36 2:33:28 2:34:51 2:35:46 2:37:48 2:39:09 2:39:38 2:39:55 2:40:28 2:40:43 2:41:14 2:41:34 2:41:35 2:42:08 2:42:23 2:42:38 2:43:08 2:43:19	26 - Rene Ruzi 27 - Rick Garrison 28 - Ken Kendall 29 - Jeff Kroot/MAC 30 - Dan Moore/LVRC 31 - Ben Sawyer 32 - Fred Mansueto 33 - Robert Malain/NCS 34 - Louis Daugherty 35 - Claus Pedersen 36 - George Crandell 37 - Mike Popkins 38 - Frank Donahue/ETC 39 - Kerry Kilgore 40 - Jack Hackmann 41 - Walt Betschart/BC 42 - Joe Maher 43 - Peter Stein 44 - Fred Kenyon/VMTC 45 - Roger Major 46 - Alex Monterrosa 47 - Don Kirby/SRRC 48 - Bill Snavely/BVH 49 - Craig Roland/Un 50 - Mickey Moberg	2:43:47 2:44:49 2:45:00 2:45:21 2:46:49 2:46:52 2:47:06 2:47:49 2:47:49 2:47:49 2:48:48 2:48:48 2:48:48 2:48:48 2:48:48 2:49:41 2:49:41 2:49:46 2:50:02 2:50:42 2:51:34 2:52:18	51 - Dick Meyer/SRRC 52 - Bob Mackel 53 - Rod Smith 54 - Michael Williams 55 - Glen Pruitt 56 - Pete Schoener 57 - James Rocha 58 - Charles Swanson 59 - Harold DeMoss/WV 60 - T.A.deLusignan 61 - Paul Keller 62 - Lenny Escarda 63 - Hans Roenau 64 - Don MacIntosh 65 - Ed Stromberg 66 - Richard Fleming 67 - Harry Daniell 68 - Harry Ainsleigh 69 - Steve Andes 70 - George Ridout 71 - Tom Miller 72 - Jeff Richman 73 - Don Potter 74 - Sandy Dorbin 75 - Theo Jones	2:52:51 2:53:36 2:54:05 2:55:04 2:55:10 2:55:45 2:55:54 2:56:27 2:56:27 2:56:37 2:57:11 2:57:29 2:57:56 2:57:56 2:55:47 2:57:99 2:59:51 3:02:26 3:02:33 3:02:36 3:03:39 3:03:48	76 - Mike Bradley 77 - Gary Pezzi 78 - Caron Schaumberg 79 - Gene Schaumberg 80 - Mel Anderson 81 - Walt Currier 82 - Bill Daniel 83 - Fred Wellman 84 - Rex Dietderich 85 - Paul Reese/NCSTC 86 - George Roach 87 - Tom Bennent 88 - Richard Ryon 89 - Kathryn Rankin 90 - Mike Andrews 91 - Gary Wolfram 92 - Seymour Collins 93 - Jim Gault 94 - Laurence Prosser 95 - Oyvind Frock 96 - Ray Terrazas 97 - Don Nicholson 98 - John Hutchinson 99 - Bill Shoaf 100 - Larry Deckard	3:03:56 3:04:11 3:04:42 3:04:42 3:05:01 3:05:16 3:05:14 3:06:15 3:06:19 3:06:28 3:07:02 3:07:38 3:07:38 3:09:19 3:09:39 3:09:39 3:09:39 3:11:46 3:11:54 3:11:54 3:12:42 3:12:45

CLARK HANDLES STANLEY AT CORRALITOS 15 KILO: (May 25, Watsonville) - Under quite warm conditions, WVTC's Bill Clark pulled away CLARK HANDLES STANLEY AT CORRALITOS 15 KILO: (May 25, Watsonville) - Under quite warm conditions, WVTC's Bill Clark pulled away from Australian John Stanley about halfway into the race, and was never headed as he cruised to a 47:48 clocking on one loop of the 1975 PA-AAU 30 Kilo course. The temperature held down any abundance of quick times for the most part. Ray Menzie toppled Gordon Gane (54:11 to 55:34) for the masters title, while Ulrich Kaempf nabbed the third award with his 56:51. Judy Gumbs showed that her Boston time wasn't a fluke with a tidy 61:09 (32nd overall out of 98 finishers), far ahead of teammate Kathy Himmelberger (63:47), and resurgent Skip Swannack (64:20). Ruth Anderson was first masters woman (48th, 65:48), and fifth overall for the women, behind Sue Neary. Mike Plummer (57:27) edged out Ruben Gonzalez (57:38) for the junior men's top spot, with Lyn Walker plain [18:50]. Ironically, just after the race had finished, the cool fog came in quickly...too late to help out. On the lowing page are listed the first 40 finishers.

[Mike Jones]

1	_	Bill Clark/WVTC	47:48
2	_	John Stanley/Austral	48:25
3	-	Jan Sershen/Un	50:04
		Dale Fletcher/Army	50:09
5	-	Rich Schupbach	51:06
6	-	Jack Leydig/WVTC	51:36
		Mike Conroy/ETC	52:15
		Richard French	53:35
9	-	D.Himmelberger/WVTC	53:48
		Ray Menzie/Un	54:11

-11	-	James Jacobs
12	-	John Clary
13	-	Gordon Gane/WVJS
14	-	Ben Sawyer
15	-	Doug Castro
16	-	Robert Coleman
17	-	Ulrich Kaempf
18	-	Gary Goettelmann
19	-	Harold DeMoss/WVTC
		Mike Plummer

55:03	22 -	Fritz Watson/Un
55:34	23 -	John Flather
55:43	24 -	Kenneth Riding
56:01	25 - 1	Richard Scott
56:22	26 -	Jack E. Cook
56:51	27 - 1	Lyn Walker
56:59	28 -	Carlos Carrasco
57:16	29 -	Gough Reinhardt/NCS
57:27	30 -	Mickey Moberg

21 - Ruben Gonzalez

54:55

57:38	31 -	Mark Gallo	61:07
58:09	32 -	Judy Gumbs/WVTC	61:09
58:13	33 -	Bill Flodberg/WJS	61:52
58:25	34 -	Hoyt Walker	61:59
58:29	35 -	John McCrillis	62:00
58:45	36 -	Evan MacBride	62:13
58:50	37 -	Joel Caldwell	62:47
58:58	38 -	George Moss/NCSTC	63:02
59:47		Gary Alderman	63:04
60:00		Dennis Lem	63:07



Darryl Beardall won the 8-Mile



104 - Ron.

105 - Gordon

rralitos and Ex-'Rorke/



Start of combined 4 and 8 mile Statuto Races, won by Bill Seaver (4) & Darryl Beardall./0'Rorke/

SEAVER AND BEARDALL CAPTURE STATUTO RUNS: (June 1, S.F.) - The 55th Annual Statuto Races were dedicated to Steve Prefontaine. Nearly 400 runners lined up for the start of the popular runs, as both distances (4 and 8 miles approx.) were run together with two chutes at the finishline. Bill Seaver displayed a good kick to pull away from Jan Remak in the final few hundred yards, with a fast-closing Jack Leydig in third, to win the shorter race, supposedly breaking Mike Ruffatto's course record of 21:18. However, the leaders felt that perhaps their times had been misread by 30 seconds, since fourth-placer, Mike Emry, was nowhere near 40 seconds in back of Leydig. So the top three times have been adjusted. Bill Jensen grabbed the 40+ title (24:02), as he seemed to have little competition (most masters opted for the longer run). Judy Gumbs picked up her second victory in a week by placing 39th overall (26:38) to outdistance teammate Kathy Himmelberger (28:25), in a rerun of last week's finish order. The Pamakid Runners edged the Excelsior TC...37-39, for a close team battle. -- In the longer run, Darryl Beardall (38) hung onto some of the front-runners in the 4-mile to start out quickly, then managed to hang on to his comfortable lead to win handily, 46:11 to 46:30 over Dennis Tracy, who closed fast. Tom Castro and Dan Anderson were in close attendance. Ross Smith, finishing 6th overall, led the over-40 crew by clocking a super 47:45, way in front of teammate Mike Healy's 52:01. Maryetta Boitano walked off with the women's title (55:38), some five minutes ahead of runnerup Betsy White (60:54). The NorCal Seniors made off with the team title--a rarity! /SF Athletic Club/

1 - Bill Seaver/WVTC 2 - Jan Remak/Un 3 - Jack Leydig/WVTC 4 - Mike Emry/PAMA 5 - Larry Cabral/PAMA 6 - Frank Donahue/ETC 7 - Bob Darling/ETC 8 - Mike Conroy/ETC 9 - J. Becerra/ETC 10 - Rich French/Un 11 - Kent Guthrie/WVJS 12 - A. Seaver/PAMA 13 - Bill Jensen/PAMA 14 - George Gilbert/Un 15 - J. Limmerman/Un	21:34 21:38 21:45 21:55 22:45 22:48 23:04 23:24 23:42 23:54 24:01 24:02 24:04 24:13	16 - Tim Swezey/PAMA 17 - D.Himmelberger/WVTC 18 - D. Sjostedt/VMTC 19 - Gus Cano/ETC 20 - F. Casey/ETC 21 - Dan Lavelle/SFOC 22 - T. Fodor/Un 23 - Don Pickett/Un 24 - M. Vernali/MLTC 25 - S. Erickson/Un 26 - J. Blank/Un 27 - M. Gibbons/SFOC 28 - D. Hickman/Un 29 - Larry Main/WVTC 30 - Boris Dujovic/WVTC	24:22 24:32 24:46 25:02 25:03 25:13 25:15 25:22 25:23 25:23 25:23 25:33 25:37 25:42 25:46	31 - T. Ciotti/SFOC 32 - V. Briggs/Un 33 - L. Souza/WS 34 - Steve Strangio/WVTC 35 - M. Buscemi/Un 36 - Steve Simpson/WVTC 37 - C. Poteet/Un 38 - W. Spence/Un 39 - Judy Gumbs/WVTC 40 - P. Kermoian/Un 41 - D. Tepper/Un 42 - J. Simpson/NCSTC 43 - R. Bianchi/Un 44 - C. Verditti/TTM 45 - D. Kasapigil/Un	25:55 25:58 26:01 26:15 26:16 26:25 26:32 26:35 26:38 27:06 27:12 27:16 27:18 27:25
1 - Darryl Beardall/MH 2 - Dennis Tracy/WVTC 3 - Tom Castro/Un 4 - Dan Anderson/WVTC 5 - Pete Flores/AGTC 6 - Ross Smith/WVJS 7 - Mike Duncan/WVTC 8 - John Weidinger/Un 9 - R. Bowles/WVJS 10 - Mark Gallo/NCSTC 11 - Mike Healy/WVJS 12 - R. Rowley/Un 13 - A. Wong/Un 14 - T. Cooper/CR 15 - P. O'Conner/Un	46:11 46:30 46:36 46:43 47:13 47:45 49:24 50:22 51:09 51:46 52:01 52:20 52:44 52:59 53:13	16 - Richard Kell/PAMA 17 - G. Roche/Un 18 - J. McDonough/SFOC 19 - D. Billmaier/CR 20 - Jim Nicholson/NCSTC 21 - G. Amigo/SFAC 22 - H. Jacobson/BCRC 23 - Hans Roenau/NCSTC 24 - P. Kiernan/SERC 25 - Chris Brophy/SFC 26 - H. Hastings/Un 27 - D. Kroll/Un 28 - John Comisky/PAMA 29 - R. Newell/Un 30 - Peter Stein/TRAC	53:19 53:23 53:41 53:57 54:01 54:19 54:29 54:33 54:36 54:48 54:54 54:54 54:57 55:21	31 - Evan MacBride/NCSTC 32 - G. Ealy/Un 33 - Maryetta Boitano 34 - P. Kellman/TRAC 35 - S. Frank/MTC 36 - J. Mullany/Un 37 - A. Reyes/PAMA 38 - Karl Marschall/NCSTC 39 - M. Asrawa/Un 40 - K. Machscheffes/Un 41 - B. Griepurg/Un 42 - Gene White/NCSTC 43 - J. Goar/PAMA 44 - K. Bolter/DSE 45 - J. Thomas/Un	55:34 55:38 55:46 55:53 56:09 56:20

FITZGERALD TOPS ONE-HOUR RUN FIELD: (June 7, S.F. State) - The PA-AAU One Hour Run Championship was run in two heats (fast one first) on a cool morning that was warming up fast and on a hot track. Running conservatively for much of the early going, Gene Fitzgerald began to move during the last 30 minutes, passing early leader Bob Darling and second-placer Jan Sershen, and coming home with a fine 11 miles, 778 yards, some half-lap ahead of Sershen. Mike Porter came late and won the second heat unpressed, finishing fourth overall with a late surge in the last 5 minutes.

Ray Menzie easily defeated a strong masters contingent by racking up 10 miles, 938 yards, more than a lap ahead of Bill Jensen, and nearly two in front of Ed Dally. Peggy Lavelle (8-83) was the top woman, as only one other even attempted the race this year. The other female in the race, Monique Weil, captured the masters division for women with 6 miles, 928 yards. Excelsion TC, the host club, acted not very much like a host, as they captured the team title ahead of WVTC and the Pamakids: ETC 30, WVTC 40, PAMA 69, NVRC 71. A total of 56 runners completed the full hour, and more than half of that number are listed below. /Dave Warren/

```
11 - Kent Guthrie/WVJS 10-1104
12 - Gary Goettelmann 10-1102
  - Gene Fitzgerald/PK 11- 778
                                                                          21 - Jim Engle/NVRC
                                                                                                   10- 495
   - Jan Sershen/Un
                          11- 544
                                     12 - Gary Goettelmann
13 - Jeff Kroot/MH
                                                                          22 - Ralph Bowles/WVJS 10- 440
  - Bob Darling/ETC
                          11- 441
                                                                          23 - Bill Jensen/PAMA
                                                               10-1094
                                                                                                   10- 335
                          11- 313
11- 261
  - Mike Porter/SFC
                                     14 - Mike Spino/Esln
                                                               10-1040
                                                                          24 - Dick Cordone/Un
                                                                                                   10- 199
  - Tom Castro/Un
                                     15 - Paul Koski/ETC
                                                               10-1004
                                                                          25 - Ed Dally/WVTC
                                                                                                   10- 163
6 - Jack Leydig/WVTC
                          11- 211
                                     16 - David Muela/ETC
                                                               10- 968
                                                                          26 - Lou Dougherty/NVR 10- 102
                          11- 110
                                     17 - Ray Menzie/Un
                                                                                                   10- 81
10- 10
7 - Mike Conroy/ETC
                                                                          27 - Don Capron/Un
                                                               10- 938
                          10-1336
8 - Rick Bowers/WVJS
                                     18 - George Gilbert/ET 10- 679
                                                                          28 - Ray Orwig/WVTC
9 - Bruce Degen/MH
                          10-1271
                                     19 - Don Chaffee/ETC
                                                               10- 632
10- 590
                                                                                                    9-1735
                                                                          29 - Tim Lee/NVRC
10 - D.Himmelberger/WV 10-1255
                                     20 - Gus Cano/ETC
                                                                          30 - George Scott/Un
                                                                                                    9-1666
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PRICE CRUSHES FIELD AT SACRAMENTO RIVER RUN: (June 8, Redding) - Chico's Jim Price made short work of his competition on a windy 7.62-Mile course, clocking a swift 39:57, third best time ever. Bill Scobey's 38:14 clocking from 1970 remains untouched, even though fairly cool temperatures prevailed (high 70's). Consistent Darryl Beardall was next at 41:24, followed by Lee Ferrero, who's starting to race again after a lengthy layoff. Debbie Rudolph, 14, of Westwood, was the top female to finish with a very good time of 49:30, while Debbie Finn was next with a 50:09. The every improving Walt Betschart was the first over-40 with 46:39, downing Harry Daniell by nearly a minute. A record number of 89 finished the run. The race has grown every year since it began. /Bob Malain/



Jan Sershen leads Gene Fitzgerald during the PA-AAU One Hour Run. /Dennis O'Rorke/

	- Jim Price/Chico	39:57	9 - P. Keller	44:15	17 - P. Holmes	47:46	25 - B. Long	49:20
2	- Darryl Beardall/MH	41:24	10 - J. Waverek	45:19	18 - R. Camara	47:54	26 - M. Kowalewski	49:21
3	- Lee Ferrero	42:32	11 - D. Butler	45:39	19 - C. Boudreau	48:03	27 - A. Hillesheim	49:22
4	- Allen Beardall	43:07	12 - P. Mallory		20 - M. Terrill	48:25		49:30
5	- B. Armstrong	43:36	13 - R. Scott		21 - J. Cleary	500000000000000000000000000000000000000	29 - Debbie Finn/Un	50:09
6	- K. Malain	43:43	14 - Walt Betschart/BC		22 - D. Mason	49:02	30 - Dan Rudolph	50:40
7	- G. Rogers		15 - B. Cushenberry	46:59	23 - Abe Underwood/BC	49:13	31 - L. Aase	51:00
8	- Steve Cain		16 - H. Daniell	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	24 - D. Kesterson	49:17	32 - P. Huston	51:37
			C-C C C C C C C C C C C C C C C C C C C		- 1103 001 3011	10.11	or iius con	31.3/

CORDELLOS EDGES BEARDALL IN WOODMINSTER HANDICAP RACE: (June 15, Oakland) - Taking advantage of a 30-minute headstart, blind runner Harry Cordellos, led by trusty Bruce Dingwall, managed to hold off Darryl Beardall's challenge to overtake them, winning by a narrow margin of 21 seconds, 46:03 to 46:24 (Darryl also took advantage of a slight handicap of 4 minutes). Meanwhile, back in the pack, Ted Quintana was busy setting a new course mark of 48:32, but that was only good enough to place him sixth. High-schooler Phil Hornig was second fastest (scratch time) with a swift 49:19. Bob Malain had the fastest scratch time for the over-40 group with a 55:05 and that was good enough to got him thind in the handicap mass. Don Biskett association as well hattle heavy and a second with a 55:05, and that was good enough to get him third in the handicap race. Don Pickett gave him a real battle, however, as he was only 6 seconds back (both had the same handicap, so they started on even grounds). Joan Ullyot (63:19) was simply too fast for anyone else in her division, as Betsy White was far back at 64:47...but that only netted her 17th overall in the handicap race. A total of 242 runners completed the up-and-down 9-miler. Anyone who has run it knows what I mean when I think you have to be a masochist on that last hill (at about 6 miles). "Actual running times are listed below." /Chas. MacMahon/

1 - Harry Cordellos	76:03	21 - Mike Healy/WVJS	56:43	41 - Brian Flynn	55:44	61 - Randy Belzer	57:30
2 - Darryl Beardall/MH	50:24	22 - Betsy White/WVTC	64:47	42 - J. McRae	63:18	62 - Jack Kirk/Un	72:37
3 - Bob Malain/NCSTC	55:05	23 - Mike Duncan/WVTC	52:48	43 - J. Pinckard	59:51	63 - Matt Dowling	57:41
4 - Don Pickett/MH	55:11	24 - M. Ecoke	56:55	44 - Richard Cordone	55:55	64 - Chris Boudreau	57:42
5 - Kent Guthrie/WVJS	52:19	25 - Jim Nicholson/NCSTC		45 - Ray Kindle	56:07	65 - Jim Valerga	57:44
6 - Ted Quintana/ATC	48:32	26 - Barry Armstrong	53:40	46 - Larry Guinas	68:11		Committee of the commit
7 - Peter Wood/NCSTC	57:02	27 - Ulrich Kaempf/TRAC	57:42	47 - Mike Plummer	56:27	66 - Michael Millward	57:46
8 - Phil Hornig/ATC	49:19	28 - Dennis Teeguarden	57:53			67 - Marc Millward	57:47
9 - Bill Seaver/WVTC	49:36		J. F. Control Science	48 - James Jacobs	60:37	68 - William Jennings	57:53
		29 - Rich Vasquez	54:03	49 - David Sabo	56:39	69 - Gail Gustafson	70:00
10 - Jan Sershen/Un	49:37	30 - Ross Rowley	54:21	50 - George Gilbert/ETC	56:40	70 - John Hanan	58:03
11 - Steve Locey	50:01	31 - Mark Lund/WVTC	54:39	51 - Michael Small	56:41	71 - Gary Alderman	58:05
12 - John Johnson/Un	50:29	32 - J. McDonough	58:54	52 - L. Burns	68:42	72 - Phil Bailey	58:24
13 - Dan Anderson/WVTC	50:05	33 - Ruth Anderson/NCSTC	66:58	53 - R.C. Houston	64:44	73 - Bill Catanese	62:25
14 - Jim Shettler/WVJS	55:18	34 - Dave Muela/ETC	55:19	54 - Jim Blank	56:51	74 - Pat O'Conner	58:26
15 - Bill Flodberg/WVJS	55:18	35 - Jeff Zimmerman	55:23	55 - Colin Chapman	56:51	75 - Mary Healy/WVJS	70:28
16 - R. Bowles/WVJS	55:18	36 - Gene Elliott	55:24	56 - Marc O'Hara	56:52	76 - Lloyd Sampson	58:30
17 - Joan Ullyot/WVTC	63:19	37 - John Weidinger/Un	55:29	57 - Jeff Lee	57:00	77 - K. Whittingslow	62:31
18 - Dennis Tracy/WVTC	51:37	38 - Larry McGrael	55:32	58 - Skip Swannack	69:12	78 - H. Blank	66:39
19 - John Thomas	52:10	39 - R. Emmons	59:42	59 - Michael DeGroot	57:16	79 - Frank Cuzzillo/NCS	70:45
20 - Kevin Searls	52:38	40 - W. Hurlburt	59:43	60 - Rich Fishbaugh	57:23	80 - Ed Marsden	58:50
			33.40	oo man i isiibaagii	37.23	oo - Lu Hai Sueli	30.30

HOLY CITY RECORD SHATTERED BY BELLAH: (June 22, Holy City--Near San Jose) - One of the longest-standing PA-AAU long distance records fell to an admittedly out-of-shape Jack Bellah on a day with perfect conditions. Having taken it easy for several weeks after school was out, the Stanford senior-to-be was surprised to have run so fast. Bob Walden's 1970 mark of 47:38 had withstood many a determined challenge, but 'mountain-goat' Bellah chopped 20 seconds off that time to take it out of reach for who knows how long? Bill Clark, admittedly in pretty good shape this season (he has a 29-minute track time for 6 miles this spring), was a distant second in 48:45, a PR for him on this course by 10 seconds. Surprising Newark high school junior, Mike Smith, was the next of Stant Second in 48:49, a PK for nim on this course by 10 seconds. Surprising Newark night school junior, Mike Smith, was the next placer at 49:17, as everyone sort of ran their separate races. Ross Smith did a very impressive 51:39 to set what we believe is a masters record for this course. Ray Menzie, no poor runner himself, was almost two minutes back! Sue Munday, a 5-minute miler for Lincoln High in San Jose, cruised to maybe an even more impressive 57:48 to cop the women's title. Judy Gumbs, although 'taking it easy' from the previous evening's 30:04 around Lake Merced (5 miles), was still four minutes back at 61:55, followed by Sue Neary (62:29) and Sally McPherson (62:26) in reverse order. Westside TC took advantage of a weak West Valley TC squad and ended that club's domination of this event in the team scoring, 60-82. The host West Valley Joggers were next with 156, just ahead of a Camino West team with 162. A total of 256 finished the race in what might be a record number of entries. The spectators were treated to a heautiful sunny day at the finish but the runners were drenched in cool for along the summit road. The ton 80 place treated to a beautiful sunny day at the finish, but the runners were drenched in cool fog along the summit road. The top 80 placers are listed on the reverse side of this page. /Ken Napier/

2 2 1 2 22 1 4 4 4 7 7 2	47.70	22 0 2 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1					
1 - Jack Bellah/WVTC	47:18	21 - Ken Salet/CWTC	52:45	41 - Ulrich Kaempf/TRAC	54:49	61 - Keith Maurer/WVTC	56:40
2 - Bill Clark/WVTC	48:45	22 - Jack White/TRAC	52:46	42 - Castro	55:08	62 - Chris Castro/LGP	56:42
3 - Mike Smith/PAMA	49:17	23 - Ben Sawyer/Un	52:47	43 - Chris Jackson/Un	55:09	63 - John Tengelsen/Un	56:47
4 - Gil Brooks/WSTC	50:18	24 - Dave Stock/WVTC	52:51	44 - Gary Alderman/Un	55:25	64 - John Cassora/Un	56:50
5 - R. Montenegro/WSTC	50:28	25 - Mark Millward/Un	53:18	45 - Terry Boynton/Un	55:27	65 - George Gilbert/ETC	56:54
6 - Jack Leydig/WVTC	50:36	26 - Al Marquez/WSTC	53:21	46 - Gus Cano/ETC	55:31		
7 - Don Gregory/PCTC	50:39	27 - Ray Menzie/Un	53:25	47 - Walt Van Zant/WVJS	55:32	66 - Dave Weike1/CWTC	56:54
8 - Denis O'Halloren/HSU		28 - Jim Durocher/Un	53:40			67 - John Soubier/DSE	57:00
9 - Bob Paulin/CRR	51:03			48 - Bill Flodberg/WVJS	55:45	68 - Brian Ritchie/Un	57:02
			53:45	49 - Mark Lund/WVTC	55:59	69 - Eddie Tico/WVJS	57:02
10 - John Weidinger/Un	51:18	30 - Greg Pojal/LGP	53:48	50 - Joe Salazar/WSTC	56:04	70 - Frank Hayes/Un	57:08
11 - Roy Hoglund/WSTC	51:33	31 - Frank Krebs/GWTC	53:53	51 - Mike Haniger/Un	56:07	71 - Javier Barragan/LGP	57:10
12 - Ross Smith/WVJS	51:39	32 - Jerry Hall/Un	53:58	52 - Brent Cushenberry	56:10	72 - Dave Marsh/Un	57:11
13 - Bruce Rider/WVJS	51:53	33 - James Harris/Un	54:01	53 - Scott Weakley/Un	56:11	73 - Ian McClure/LGP	57:18
14 - T. Mezzapelle/WSTC	52:00	34 - Stan Newton/Un	54:15	54 - Stan Ross/CWTC	56:12	74 - Ian Kirkpatrick/MV	57:19
15 - Bob Powell/CWTC	52:04	35 - Mark Quinn/CWTC	54:16	55 - Rich Scott/ATC	56:14	75 - Kevin Klein/LGP	57:22
16 - Ray Aver/LGP	52:10	36 - Bill Meinhardt/WVJ	54:22	56 - Rod Robertson/CWTC	56:25	76 - Jay Cruze/Un	57:25
17 - Paul Keller/Un	52:14	37 - Bob Miller/CWTC	54:28	57 - Ward Crary/Un	56:34	77 - Mike Alderette/WSTC	
18 - Mike Plummer/ATC	52:18	38 - Jack Dujmovich/RRR	54:34	58 - Tom Downey/Un	56:34		
19 - John Hellman/Un	52:18	39 - Rick Jensen/PCTC	54:46			78 - Bruce Kelly/Un	57:46
20 - Dave Muela/ETC	52:44			59 - Rudy Munoz/Un	56:37	79 - Jack Cook/NCSTC	57:47
LO - Dave Muera/ETC	32.44	40 - Mike Millward/Un	54:46	60 - Bob Biancalana/MH	56:37	80 - Tom Pinckard/NCSTC	57:48



Jack Bellah set.a new course standard at Holy City. /Paul Cooper/



Start of the 1975 Excelsior Beach Run (a record 311 finished the run). /Warren/

HALBERSTADT DEFEATS NUCCIO AT BEACH RUN: (June 28, S.F.) - South Africa's and Pacific Coast Club's John Halberstadt ran with WVTC's Jim Nuccio for almost the entire 6.25 miles of the Excelsior Beach Run before going into a hard sprint several hundred yards from the finish. His 5-second margin of victory gave Jim only his second defeat on the roads this year (3rd at Bay-to-Breakers). The 32:25 clocking was a new course standard since the layout was changed somewhat over last year. Nuccio led his team to a repeat team victory, with the Pamakids second and Camino West third. Jim Shettler ran a strong race to finish 21st overall in the 300-man field, clocking 35:41, far ahead of Bill Jensen's 37:17.Judy Gumbs picked up another win (41:49), defeating Sally McPherson of the Cindergals (43:50), and teammate Joan Ullyot (44:20) in the process. Below are listed the top 99 finishers. /David Warren/



John Halberstadt sprinting to victory over Jim Nuccio in the Excelsior Beach Run. /D.Warren/

- LATE -

Did ya ever wonder what I do with space like this? -- Well, it's to tell you I ran out of room this time for: Kenwood 10K, Redwood City 4th of July Run, and Folsom. Next issue!

And the second of the second o					
John Halberstadt	32:25	34 - Joe Salazar/WSTC	36:52	67 - Glenn Pruitt/PAMA	39:18
Jim Nuccio/WVTC		35 - Joe Peterson/ETC	36:53	68 - J. Barrangan/LGP	39:24
Bill Clark/WVTC	33:23	36 - Steve Bird/Un	37:00	69 - Steve Allen/Un	39:26
Larry Rose/PCC	33:30	37 - Ray Aver/LGP	37:01	70 - Mike Coke/GPPMB	39:35
Darryl Beardall/MH	34:23	38 - John Kennedy/Un	37:03	71 - Mack Jagua/CR	39:37
Tim Holmes/WVTC	34:30	39 - H. Hernandez/WVTC	37:04	72 - Steve Small/Un	39:40
Jan Sershen/Un	34:31	40 - Stan Winkley/Un	37:10	73 - Jeff Zimmerman/Un	39:45
Gil Brooks/WSTC	34:44	41 - John Swift/Un	37:13	74 - Don Capron/CR	39:47
Pat McVeigh/S.Cl.	34:53	42 - Doug Butt/MH	37:14	75 - Miles Brennan/Un	39:48
Gene Fitzgerald/PK	35:00	43 - Bill Jensen/PAMA	37:17	76 - Tom Downey/Un	39:49
Jack Leydig/WVTC	35:07	44 - Bob Costa/Un	37:25	77 - Kirk Herrera/Un	39:52
Mike Smith/PAMA	35:08	45 - Mike Plummer/ATC	37:26	78 - Jim Nicholson/NCSTC	39:58
Pete Flores/AGTC	35:14	46 - Tim Swezey/PAMA	37:27	79 - R. Cooper/Navy	40:00
Mike Emry/PAMA	35:15	47 - Kevin Searls/Un	37:28	80 - Kurt Vineyard/Un	40:03
Daryl Zapata/WVTC	35:20	48 - Doug Rennie/BC	37:45		40:04
	35:25	49 - Dave Weikel/CWTC	37:50	82 - Randel Graves/Un	40:07
Joe Becerra/ETC	35:28	50 - Ulrich Kaempf/TRAC	37:51	83 - John Soubier/DSE	40:13
Larry Cabral/PAMA	35:31	51 - Mark Millward/Un	38:04	84 - Pat O'Connor/Un	40:17
Greg Mandanis/WS	35:35	52 - Mike Duncan/WVTC	38:12	85 - Jesse Flores/Un	40:24
Jim Shettler/WVJS	35:41	53 - Chris Jackson/Cup	38:15	86 - Bob Miller/CWTC	40:27
Bruce Degen/Un	35:44	54 - Steve Barr/BC	38:16	87 - S. Mandoeffer/GSTC	40:34
Bob Powell/CWTC	35:47	55 - Bruce McInturf/Un	38:17	88 - Steve Chamberlain	40:35
Joe Taxiera/Un	35:56	56 - Mark Bygaard/GSTC	38:24	89 - Bill Catanese/CR	40:37
John Weidinger/Un	36:00	57 - Matt Dowling/DV	38:27	90 - Dave Billmaier/CRR	40:38
Armando Lagunas/Un	36:07	58 - Blarr Goodrow/LGP	38:28	91 - Wayne Plymale/PAMA	40:45
Roy Hoglund/WSTC	36:19	59 - Dan Lavelle/SFOC	38:31	92 - Mike Williams/Un	40:46
D.Himmelberger/WVTC	36:20	60 - Mike Bregante/Un	38:45	93 - J. Goodmacher/Un	40:47
Ken Salet/CWTC	36:26	61 - Chris Castro/LGP	38:53	94 - J. Reinhart/Un	40:48
Dave Muela/ETC	36:34	62 - Bruce Edwards/Un	38:54	95 - John Mullins/Un	40:50
Dave Sauer/PAMA	36:44	63 - Lloyd Sampson/Un	38:55	96 - Gary John/ETC	40:51
Mark Quinn/CWTC	36:45	64 - George Gilbert/ETC	39:00	97 - George Roach/Un	40:53
Robert Bailey/Un	36:50	65 - Imre Homer/Un	39:14	98 - Brad Morgan/Un	40:56
Bob Love/CWTC	36:51	66 - Paul Holmes/BC	39:17	99 - Leon Souza/WS	41:09
	Jim Nuccio/WVTC Bill Clark/WVTC Larry Rose/PCC Darryl Beardall/MH Tim Holmes/WVTC Jan Sershen/Un Gil Brooks/WSTC Pat McVeigh/S.Cl. Gene Fitzgerald/PK Jack Leydig/WVTC Mike Smith/PAMA Pete Flores/AGTC Mike Emry/PAMA Daryl Zapata/WVTC Pat Stordahl/WVTC Joe Becerra/ETC Larry Cabral/PAMA Greg Mandanis/WS Jim Shettler/WVJS Bruce Degen/Un Bob Powell/CWTC Joe Taxiera/Un John Weidinger/Un Armando Lagunas/Un Roy Hoglund/WSTC D.Himmelberger/WVTC Ken Salet/CWTC Dave Sauer/PAMA Mark Quinn/CWTC Robert Bailey/Un Bob Love/CWTC	Jim Nuccio/WVTC 32:30 Bill Clark/WVTC 33:23 Larry Rose/PCC 33:30 Darryl Beardall/MH 34:23 Tim Holmes/WVTC 34:30 Jan Sershen/Un 34:31 Gil Brooks/WSTC 34:44 Pat McVeigh/S.Cl. 34:53 Gene Fitzgerald/PK 35:00 Jack Leydig/WVTC 35:07 Mike Smith/PAMA 35:08 Pete Flores/AGTC 35:14 Mike Emry/PAMA 35:15 Daryl Zapata/WVTC 35:20 Pat Stordahl/WVTC 35:20 Pat Stordahl/WVTC 35:25 Larry Cabral/PAMA 35:31 Greg Mandanis/WS 35:35 Jim Shettler/WVJS 35:41 Bruce Degen/Un 35:44 Bob Powell/CWTC 35:47 Joe Taxiera/Un 35:56 John Weidinger/Un 36:00 Armando Lagunas/Un 36:07 Roy Hoglund/WSTC 36:19 D.Himmelberger/WVTC 36:20 Ken Salet/CWTC 36:34 Dave Sauer/PAMA 36:44 Mark Quinn/CWTC 36:45 Robert Bailey/Un 36:50	Jim Nuccio/WVTC Bill Clark/WVTC Jasch SeyPCC Jasch SeyPC	Jim Nuccio/WVTC 32:30 35 - Joe Peterson/ETC 36:53 Bill Clark/WVTC 33:23 36 - Steve Bird/Un 37:00 Larry Rose/PCC 33:30 37 - Ray Aver/LGP 37:01 Darryl Beardall/MH 34:23 38 - John Kennedy/Un 37:03 Tim Holmes/WVTC 34:30 39 - H. Hernandez/WVTC 37:04 Jan Sershen/Un 34:31 40 - Stan Winkley/Un 37:10 Gil Brooks/WSTC 34:44 41 - John Swift/Un 37:13 Pat McVeigh/S.Cl. 34:53 42 - Doug Butt/MH 37:14 Gene Fitzgerald/PK 35:00 43 - Bill Jensen/PAMA 37:17 Jack Leydig/WVTC 35:07 44 - Bob Costa/Un 37:25 Mike Smith/PAMA 35:08 45 - Mike Plummer/ATC 37:26 Mike Smith/PAMA 35:14 46 - Tim Swezey/PAMA 37:27 Mike Emry/PAMA 35:15 47 - Kevin Searls/Un 37:28 Daryl Zapata/WVTC 35:20 48 - Doug Rennie/BC 37:45 Pat Stordahl/WVTC 35:25 49 - Dave Weikel/CWTC 37:50 Joe Becerra/ETC 35:28 50 - Ulrich Kaempf/TRAC 37:51 Larry Cabral/PAMA 35:31 51 - Mark Millward/Un 38:04 Greg Mandanis/WS 35:35 52 - Mike Duncan/WVTC 38:12 Jim Shettler/WVJS 35:41 53 - Chris Jackson/Cup 38:15 Bruce Degen/Un 35:44 54 - Steve Barr/BC 38:16 Bob Powell/CWTC 35:47 55 - Bruce McInturf/Un 38:17 Joe Taxiera/Un 36:07 58 - Blarr Goodrow/LGP 38:28 Roy Hoglund/WSTC 36:20 60 - Mike Bregante/Un 38:45 Ken Salet/CWTC 36:26 61 - Chris Castro/LGP 38:53 Dave Muela/ETC 36:34 62 - Bruce Edwards/Un 38:55 Dave Muela/ETC 36:45 64 - George Gilbert/ETC 39:00 Robert Bailey/Un 36:50 65 - Imre Homer/Un 39:14	Jim Nuccio/WVTC 32:30 35 - Joe Peterson/ETC 36:53 68 - J. Barrangan/LGP Bill Clark/WVTC 33:23 36 - Steve Bird/Un 37:00 69 - Steve Allen/Un Arry Rose/PCC 33:30 37 - Ray Aver/LGP 37:01 70 - Mike Coke/GPPMB Arryl Beardall/MH 34:23 38 - John Kennedy/Un 37:03 71 - Mack Jagua/CR 71 m Holmes/WVTC 34:30 39 - H. Hernandez/WVTC 37:04 72 - Steve Small/Un 34:31 40 - Stan Winkley/Un 37:10 73 - Jeff Zimmerman/Un 36:18 Brooks/WSTC 34:44 41 - John Swift/Un 37:13 74 - Don Capron/CR 72 - Miles Brennan/Un 36:18 Brooks/WSTC 34:44 41 - John Swift/Un 37:14 75 - Miles Brennan/Un 36:18 Brooks/WSTC 34:53 42 - Doug Butt/MH 37:14 75 - Miles Brennan/Un 36:18 Brooks/WSTC 35:00 43 - Bill Jensen/PAMA 37:17 76 - Tom Downey/Un 36:08 45 - Mike Plummer/ATC 37:25 77 - Kirk Herrera/Un 37:25 77 - Kirk Herrera/Un 37:25 77 - Kirk Herrera/Un 37:27 79 - R. Cooper/Navy 36:08 45 - Mike Plummer/ATC 37:26 78 - Jim Nicholson/NCSTC 78 - Jim Nicholson/NCSTC 79 - R. Cooper/Navy 36:08 45 - Mike Plummer/BC 37:45 81 - Nick Vogt/GSTC 79 - R. Cooper/Navy 36:25 49 - Dave Weikel/CMTC 37:50 82 - Randel Graves/Un 36:08 84 - Pat 0 'Connor/Un 36:08 85:41 53 - Chris Jackson/Cup 38:15 86 - Bob Miller/CMTC 36:04 54 - Steve Barr/BC 38:16 87 - S. Mandoeffer/GSTC 36:04 54 - Steve Barr/BC 38:16 87 - S. Mandoeffer/GSTC 36:04 36:07 58 - Blarr Goodrow/LGP 38:28 91 - Wayne Plymale/PAMA 30:04 36:07 58 - Blarr Goodrow/LGP 38:28 91 - Wayne Plymale/PAMA 30:04 36:07 58 - Blarr Goodrow/LGP 38:28 91 - Wayne Plymale/PAMA 36:07 58 - Blarr Goodrow/LGP 38:28 91 - Wayne Plymale/PAMA 36:07 58 - Blarr Goodrow/LGP 38:28 91 - Wayne Plymale/PAMA 36:07 58 - Blarr Goodrow/LGP 38:28 91 - Wayne Plymale/PAMA 36:07 36:04 62 - Bruce Edwards/Un 38:54 95 - John Mullins/Un 30:04 36:05 65 - Imre Homer/Un 30:04 98 - Brad Morgan/Un 30:04 98 - Brad Morgan/Un

(DQ) Ranney/GGTC; 200m: (I) 2-Edwards/CPSLO 21.47; (II) 4-Pettus/BAS 21.72; (Final) Brown/Ariz 20.86, Collins/TexChr 20.87, 6-Edwards 21.62; HJ: Guinn/Kans 7-4, Woods/PCC 7-4, 6-Livers/SJS 6-10; DT: Powell/PCC 211-4, Silvester 208-2, 3-Stadel/SJStars 199-2, 5-Louisiana/Army-WVTC 192-5, 6-Kennedy/Unat 188-4, 7-Fruguglietti/USC 170-4; 10,000m: Bjorkland/CTC 28:25.4, Gregorio/CTC 28:37.6, 3-Kardong/CNW 28:56.2, 4-Tuttle/BHS 28:59.0, 5-Anderson/OTC 29:10.0, 6-Garcia/Army 29:27.0; Decathlon: Jenner/SJ Stars 8524 (World Record...first ever over 8500), Dixon/BHS 8277, 5-Warkentin/Unat 7937, 7-George/BHS 7909; TJ: Haynes/Army 55-5 3/4, Rahman/BHS 53-10 1/4, 4-Livers/SJS 53-4 1/2; SP: Stuart/UCTC 65-7 1/2, Albritton/Hawaii 65-1 1/4, 4-Schmock/BAS 64-5 1/2, 7-Marks/Unat 62-6 1/4; 3000mSC: Manley/OTC 8:27.75, Lussenden/UCTC 8:27.85, 8-Lucas/WVTC 8:54.6. /Fred Baer/

Discus All-Comers Meet: (Aug. 21, Fairfield) - (1) Louisiana/ WVTC-Army 191-2, (2) Burton/Ore 184-7, (3) Nave/WVTC 181-10, (4) Caswallador/COM 142-1. (HS DISC) Powell 150-8. /Brad Nave/

Central Coast Decathlon Championships: (Aug. 23-24, Santa Maria) - (1) Kenny Kring/WVTC 6376 (11.6, 20-6, 35-5 1/2, 5-9 3/4, 52.0, 16.8, 97-9 1/4, 13-10 1/2, 147-7, 4:41.8), (2) Danni Eitleberg/Hancock JC, (3) Buddy Kring/UCSB 5684. /Ray Kring/

Discus All-Comers Meet: (Aug. 28, Fairfield) - (1) Louisiana/ WVTC-Army 192-11, (2) Burton/Ore 191-4, (3) Nave/WVTC 188-0 PR, (4) Banich/Ore 178-7, (5) Caswallador/COM 144-6. /Fred Baer/

Pan-American Games Trials: (Aug. 30-31, UCLA) - (WOMEN) 100m: Jiles/NOS 11.3, Bowen/Unat 11.4; 200m: Jiles/NOS 23.6, Cheeseborough/TennSt 24.0, 5-Cobbs/BEBTC 24.1; 400m: Dabney/Clippers 52.1, Sapenter/PV 53.2; 800m: Weston/WS 2:03.6, Hall/WSTC 2:04.2; 1500m: Merrill/AGAA 4:10.6, Bremser/WiscTC 4:13.8, 3-Graham/SJC 4:15.1; 100mH: (w) LaPlante/Unat 13.5, Donnelley/LI 13.6; HJ: Huntley/OTC 6-0, Spencer/GFRR 5-10, 10-Sandberg/SJC 5-4; LJ: Watson/LI 21-4 3/4, McMillan/Unat 21-3 1/2, 7-Elmore/MLTC 19-2 1/4; SP: Seidler/MDYF 50-1 1/2, Jacobson/Unat 49-6, 4-Rutledge/MLTC 48-9; DT: Sabol/LATC 165-9, Svendson/WWW 162-6, 5-Langford/MDYF 155-3; JT: Schmidt/LATC 201-8, Calvert/LI 186-9, 3-Cannon/MLTC 186-7, 6-Bowers/SJC 159-4, 7-Sulinski/MLTC 153-3; Pentathlon: Fitzgerald/Atoms 4306, Collins/SalemTC 4103, 3-King/MLTC 4079. /Fred Baer/

Discus All-Comers Meet: (Sept. 4, Fairfield) - (1) Burton/Ore 185-10, (2) McCollum/BAS 183-3, (3) Nave/WVTC 174-8. /Brad Nave/

Discus All-Comers Meet: (Sept. 11, Fairfield) - (1) Nave/WVTC 191-1 PR, (2) Burton/Ore 187-2. (GIRLS DISC) Svendsen/WWW 166-11. /Brad Nave/

Discus All-Comers Meet: (Sept. 13, Fairfield) - (1) Nave/WVTC 195-6 PR, (2) Burton/Ore 190-6, (3) Dyer/CSH 152-7. /Brad Nave/

PREP X-C PREVIEW

/By Chris Kinder/--Six members of the 1974 Citizens Savings All NorCal Cross Country team will return in 1975, and several other fine runners will highlight the upcoming season. Leading these outstanding harriers will be NorCal's outstanding junior for 1974, Bob Paulin of Camden (San Jose), who finished third in the Central Coast Section last year. Other returnees are Ron Criner (Mt. Diablo, Walnut Creek) who was third in the NCS; Tim Holmes (Downey, Modesto) who was the Sac-Joaquin two-mile champ with a best of 9:06.5 last year while only a sophomore, and the outstanding soph of 1974 in cross country; Rudy Munoz (Watson-ville), sixth in 1974's CCS Title Meet; Hal Schultz (Redwood, Larkspur), the Marin County League two-mile champ; and Kevin Searls (College Park, Pleasant Hill), sixth in the NCS in 1974.

1974's outstanding frosh, Rod Berry (Redwood, Larkspur) will hopefully be back in top shape after missing the spring track season with a knee injury. Another Marin star who has been hampered by a menagerie of injuries is Aran Collier of Tamalpais, third in the NCS frosh-soph race while running with a cast on his arm in 1973 while only a frosh. The North Coast could be real strong if these two return to their previous prowess, and will be getting plenty of push from O'Reilly (San Rafsel).

fael), Gregg (Redwood), and Carlson (Tamalpais).

Besides Criner and Searls, the East Bay should field some strong teams and individuals. Bob McMeans (DeAnza, Richmond) paced last spring's NorCal junior milers with a 4:16.8 clocking. Washington of Fremont, Skyline of Oakland, and Pleasant Hill appear to be the teams to beat. Other individuals to watch are Dave Acosta (Alameda), Harbaugh (Piedmont), and Rich Judy (Tennyson, Hayward).

Ever-powerful Leigh of San Jose paces the CCS harrier picture for 1975, with several juniors, frosh, and sophs that should combine for another fine squad for coach Homer Latimer. Though upset by Pacific Grove in the CCS Meet last year, they managed to take all titles at the 3-mile postal meet, and have been known to win two different invitationals on the same day with two different teams! Besides Munoz and Paulin, other top stars to watch are Vance Eberly (Los Gatos), the CCS frosh-soph champ, Jeff Nicklin (Monta Vista), junior Dave Cortez (Woodside), and Ken McBride (Half Moon Bay).

The Sac-Joaquin area may well be the strongest section in NorCal this fall. Superstar Tim Holmes leads an impressive

The Sac-Joaquin area may well be the strongest section in NorCal this fall. Superstar Tim Holmes leads an impressive list of individuals that includes 9:07 two-miler Ron Read (Jesuit, Sacramento), who was third in that section last fall; Tim Gagen (El Camino, Sacramento), Mike Van Navarro (Oakmont, Roseville), with bests of 4:21 and 9:30 last spring; and Steve Sterling (Davis). Defending champ Jesuit will be challenged by Cordova, Downey, Oakmont, and South Lake Tahoe.

There should be plenty of good competition both individually and team-wise in all parts of Northern California. The Far North areas of Humboldt County and the North Central Valley are beginning to produce some fine athletes, and rumor has it that a NorCal Championship may be on for 1975, and the everarising State Championships idea may even materialize, but we shall have to hope for the best.

LONG DISTANCE RESULTS

DSE Summer Solstice Run: (June 21, Lake Merced, SF) - /5 Mi./ T-Leydig/WVTC 25:13, 2-Conroy/ETC 25:39, 3-Darling/ETC 25:54, 4-Scalmanini/PAMA 26:09, 5-Weidinger/Un 26:28...42-Judy Gumbs/WVTC 30:04 (New CR for women), 53-Joan Ullyot/WVTC 30:36, 63-Karen Salisbury 30:57, 82-Ruth Anderson/NCSTC (40+) 32:03. //DSE Newsletter/

DSE Stow Lake 3-Miler: (June 29, Golden Gate Park, SF) 1-McVeigh 14:42, 2-Smith 14:46, 3-Leydig 14:52, 4-French 14:59, 5-Weidinger 15:06...80-Colleen Scannell 18:17, 104-Julie Ortiz 19:15, 109-Skip Swannack 19:26. /DSE Newsletter/

Galloway Nabs Fountain Place Run: (June 30, Lake Tahoe) - 76.2 Mi./ 1-Galloway/FTC 32:27, 2-Jones/WVTC 33:25, 3-Ruffat-to/CTC 36:11, 4-Swart/WVTC 36:18, 5-Deis 36:50, 6-Ferreira 36:54, 7-Keller 37:11...26 finishers. /David Price/

Redwood City 4th of July Parade Run: (July 4, Redwood City) - /3 Mi./ (11/UNDER) 1-Don Aviles 17:18, 2-Dean Aviles 17:51, 3-Bunting 18:42, 4-A. Sakelarios 19:05; (11/UNDER-GIRLS) 1-Krieg 20:44, 2-Scannell 21:04, 3-Himenes 21:52; (12-13) 1-Thomas 17:14, 2-N. Sakelarios 17:48; (12-13 GIRLS) 1-Himenes 17:49, 2-Scannell 17:59, 3-Vaughan 18:41; (14-17) 1-Mandanis 15:00, 2-Quinn 15:35, 3-Pincombe 15:53, 4-Dolan 16:33, 5-Small 16:36, 6-Weakley 16:43, 7-Vending 16:58; (14-17 GIRLS) 1-Neary/WVTC 17:29, 2-Wolfe 18:11, 3-G. Sakelarios 19:42, 4-Y. Cotte/WVTC 19:45; (18-29) 1-George/AIA 14:19, 2-Tracy/WVTC 14:58, 3-Loux 15:12, 4-Himmelberger/WVTC 15:18, 5-Bird 15:23, 6-Stock/WVTC 15:32, 7-Cooper/WS 15:33, 8-Watson/WVTC 15:51, 9-Norton 15:52, 10-Martin 15:59; (30-39) 1-Mawson 16:55, 2-Ulate 17:01, 3-Stovel 18:00, 4-Main/WVTC 18:01; (30-39 W0-MEN) 1-Vaurs 22:14; (40 & OVER) 1-Paul/WVTC 16:53, 2-Healy/WVJS 17:04, 3-Egley 17:17, 4-Crosetti/TRAC 17:53; (40 & OVER-WOMEN) 1-M. Scannell 25:36. /Sten Mawson/

DSE Double Lake Merced Run: (July 4, Lake Merced, SF) - /9.5 Mi./ 1-Leydig/WVTC 49:58, 2-Zapata/WVTC 51:00, 3-Darling/ETC 51:17, 4-Weidinger/Un 51:48, 5-Miller/CWTC 52:56...72-Ruth Anderson (40+) 64:14, 86-Louise Burns 65:58. /DSE Newsletter/

SPA-AAU 15 Kilo Championships: (July 4, Santa Barbara) 1Tuttle/BHS 45:20 CR, 2-G.Aguirre/SBAA 46:28, 3-R.Aguirre/SBAA
47:07, 4-Badgley/SUTC 47:10, 5-Steiner/AATC 47:39, 6-Hayes/
SBAA 47:59, 7-Cook/AIA 48:59, 8-Arbogast/SFVTC 49:16, 9-Maier
/CCAC 49:26, 10-Kushner/GWAA 49:38, 11-Donovan/SBAA 49:40,
12-Chambliss/SBAA 49:42, 13-Branch/CCAC 49:48, 14-Swift/AZPC
49:52, 15-Peterson/WVTC 50:03, 16-Caldwell/AIA 50:12, 17Broten/STC 50:13, 18-Haake/SBAA 50:20, 19-Perez/AZTL 50:22,
20-Brown/Un 50:52...26-F.Assumma(14)/SURR 51:16...30-Smartt
(43)/Un 51:50, 32-Bartek(42)/SBAA 52:05, 35-Bowles/WVTC 52:31,
81-Hagerty/SUTC 57:41...Teams: SBAA 4:00:56, CCAC 4:10:55,
RRR 4:20:56, SFVTC 4:28:20. (Note: Tim Peterson took a wrong
turn one-half mile from finish while running in 7th and wound
up 15th). Old course record was 46:50 by Mike Wagenbach in
1973. A record number of 219 finishers and generally the
fastest-ever mass finish for this event. Jackie Hansen was
first female in a quick 56:04 (62nd). /John Brennand/

DSE Golden Gate Park 4-Miler: (July 6, S.F.) - (This course is the same as the 4-mile loop for the Golden Gate Park 8-Miler in April...AAU Race). 1-Lucas/WVTC 20:42, 2-Smith/PAMA 20:50, 3-Scalmanini/PAMA 21:01, 4-Weidinger/Un 21:02, 5-Zapata/WVTC 21:03, 6-Fitzgerald/PAMA 21:04...59-Sue Neary/WVTC 24:32, 83-Callens Scannell 25:43 Colleen Scannell 25:43. /DSE Newsletter/

College of the Canyons Run: (July 6, Valencia) - /6.0 Mi./ - 1-Lee 31:12, 2-Swift/AZPC 31:42, 3-Caldwell 32:13, 4-Miller/CCAC 32:19, 5-Harrie/RRR 32:29, 6-Starinieri 32:47. /Brennand/

Cold Creek Trail Run: (July 12, Lake Tahoe) - /8 Mi./ 1-Vil-joen/Oklahoma St.-So.Africa 41:06, 2-Galloway/FTC 41:06, 3-Her-nandez/Nevada 43:58, 4-Zarate 43:58, 5-Keller 46:09, 6-Vargas/ Nevada 46:21, 7-Smith 46:39, 8-Ellis 48:12, 9-Lemus 48:26, 10-Fairwell 48:43. /David Price/

Coastal Section One-Hour Run: (July 12, San Luis Obispo) 1-Flanigan/BHS 10-1539, 2-Alfaro/AZTL 10-1332, 3-Beaton/SLDC 10-731, 4-Nanninga/WVTC 10-614, 5-Hiserman/CPSLO 10-482, 6-Naples/PennAC 10-435, 7-Rosenfield/SLDC 10-116. /Rosenfield/

DSE Coit Tower Run: (July 13, S.F.) - /About 2.6 Miles/ Forge/CWTC 13:11, 2-Gregory/PCTC 13:16, 3-Weidinger/Un 13:34, 4-Lennemann 13:37, 5-Chaffee/ETC 14:03, 6-Stagliano 14:10... 14-Kate Keyes/UCLA 14:46, 58-Julie Ortiz 16:26. /DSE News/

The Great Race: (July 19, Sacramento) - A biker, a kayaker, and a runner from Berkeley were the 1975 winners with a record time of 1:20:27. Called the Nike Club, the team consisted of Ron Wayne, Fritz Moritz, and Tom Simonson. Each received a 10-speed bike for his victory. This is a relay event in which competitors raced bikes 9 miles, maneuvered water crafts on the river for 4.5 miles and ran 5.5 miles. Eppie Johnson sponsored the race and proceeds from entry fees (\$1,605) went to the Aquarian Effort, a Sacramento drugs rehabilitation center. Second place went to the Ophir Prison Inmates, consisting of Paul Barton, Dick Reimers, and Steve Williams, who did 1:21:32. Three rubber rafts were awarded to the second-placers. Liver-more Flukes was the third place team with a time of 1:21:59... members being Dick Roberts, Bill Seaver, and Bill Spence. All were awarded jogging suits. Highlights of the race included an were awarded jogging suits. Highlights of the race included an effort on the river with a surfboard and a performance by one man (Pax Beale) who entered himself as a team and undertook all three portions of the race on his own. Division winners and their times: (Senior) Bike-Oar-Ron-A's (Gade, Hayman, Flodberg) 1:30:22; (Women) Kirby's Girls (Pickett, Rickards, Lyman) 1:36:19; (Junior) Vicker's Honda (O'Neil, Pickett, Pardee) 1:23:59; (Eppie's Restaurants) Voyager Inn (Poud, Dean, Cordes) 1:31:21 1:31:21.

7th Annual County Fair 10-Miler: (July 22, Guadelupe to Santa Maria) - /10.1 Mi./ 1-Zarate/UNTC 50:16.3, 2-Reyes/SDTC 53:06, 3-Huff/PRHS 56:46, 4-Martinez/Un 56:55...11-Gi1 (40+) 60:27.. 40-Barbara Arreola/SLDC 73:49. /Ray Kring/

DSE Ft. Point Run: (July 25, S.F.) - /Less than 4 miles/ 1-Smith/PAMA 19:33, 2-Muela/ETC 19:56, 3-Lavelle 20:07, 4-Byrd 20:11, 5-Svendsgaard 20:23, 6-Myers 20:31...40-Maryetta Boi-tano 22:53, 49-Colleen Scannell 23:11. /DSE Newsletter/

Ponderosa Ridge Run: (July 26, Lake Tahoe) - /10 Mi./ 1-Si-nott 71:48, 2-Lawson 74:24, 3-Keller 75:19, 4-Kier Furey 76:26, 5-Ellis 77:11, 6-Branchini 78:26. /David Price/

SPA-AAU Hour Run: (July 26, Santa Barbara) - Gary Tuttle fi-nally managed to break Bill Clark's American record for the nally managed to break Bill Clark's American record for the One Hour Run by travelling 12 miles, 811 yards around the UCSB all-weather surface. WVTC's Jim Nuccio was also well on his way to cracking the old mark (12-527), set in 1971 at Tamalpais High School in Marin County. But he made the mistake of wearing spikes instead of flats and was forced out at 10 miles with bad blisters. Still...his 45:07.8 for 15 Kilos and 48:25 for 10 miles were super marks (he passed 6 miles in 28:58). At the time he pulled out, he was only about 100 yards behind the fleet Tuttle, who won the 1974 Bay-to-Breakers Race. We have no complete results from this race yet, but will print them in no complete results from this race yet, but will print them in next issue, assuming we have them by then. /John Brennand/

DeMoss Takes His First Masters Run: (Aug. 2, Los Gatos) - Having just turned 40 the week before, WVTC's Harold DeMoss decided to celebrate his entry into the masters scene by competing in his first run as one. He promptly clipped off a 74:58 clocking for the 11.5 Mile "Larry Lewis Memorial Run",

leaving his nearest opposition almost three minutes arrears. The very warm temperatures made a shambles of many good runners in the field who could not take the adverse conditions.



WVTC's Harold DeMoss won his first race as a 'Master' on Aug. 2. /J. Engle/

The run was followed by a picnic at Frank Cunningham's home in the Los Gatos Hills (end of the run...all uphill). Following DeMoss' 74:58 clocking were: 2-Ni-cholson/NCSTC 77:37, 3-Martin/WVJS 77:58, 4-Napier/WVJS 78:59, 5-Finch /NCSTC 79:38, 6-Reinhardt/NCSTC 90:50, 70:50, 80:59, 7-Reese/NCSTC 81:55, 8-Lucero/Un 82:41, 9-Crosetti/TRAC 83:49, 10-Allen/NCSTC 84:16, 11-Willets 86:37, 12-Correa 86:51, 13-Paulin 87:06, 14-Lenihan 89:30, 15-Hill 90:26. /Frank Cunningham/

> Resurrection Pass Trail Marathon: (Aug. 2, Hope, Alaska) - Chris Haines toured 26+ miles of mudcovered trail to better a field of 56 challengers in the 5th Annual running of this race. Following a modified course and extremely rough conditions, Haines completed the race in 2:51:42 (ten minutes off his 1973 time). Other finishers: 2-Besh 3:09:30, 3-Raynor(Jr) 3:15:38, 4-Brown 3:17:06, 5-Bodnar 3:17:43, 6-Malloy 3:22:21, 7-Hill 3:25:19, 8-Vanalston(jr) 3:26:00, 9-Morgester 3:26:04, 10-Gnad 3:29:41. /John Trent/

Pikes Peak Marathon: (Aug. 3, Manitou Springs, Colo.) - Rick Trujillo broke both the ascent and round-trip record for this rugged race, doing the 'up' portion in 2:01:47 to best Chuck Smead (2:07:15) and then completing the roundtrip in 3:31:05 to knock about 5 minutes from his previous mark. We have the complete results but I am facing a printing deadline right now and don't have time to try and figure out all the combinations of ascents and roundtrips for local runners...so hold tight and we'll have them for you in next issue. Thanks for your patience. Any volunteers to do this job for me? /Rudy Fahl/

DSE Practice Dipsea Run: (Aug. 3, Mill Valley to Stinson Beach)
- /6.8 Mi./ 1-BunneTT/MH 50:37, 2-Salazar 57:55, 3-Schmidt/
57:56, 4-Chaffee/ETC 47:58, 5-Walker 58:23, 6-Scannell 58:33... 10-Debbie Rudolph/Lassen 58:47, 32-Maryetta Boitano/Un 68:45. /DSE Newsletter/

One-Hour Run: (Aug. 4, Sacramento) - (1) Fuller/GWTC 11-322, (2) Ferreira 11-206, (3) Read/GWTC 11-140, (4) Wulff/GWTC 10-1621, (5) Baudendistel/GWTC 10-1104, (6) Krebs/GWTC 10-714, (7) Hardy 9-1238...(10 Miles) Deis 54:27. /Walt Lange/

Griffith Park 13 Kilo Team Run: (Aug. 5, L.A.) - 1-Baksh 42:39, 2-Patterson 43:40, 3-Kryczko 44:16, 4-Askren 44:38, 5-Swift 44:49, 6-Cook 44:50, 7-Branch 45:03, 8-Moffitt 45:19, 9-Chambliss 45:21, 10-Amaya 45:24. /John Brennand/

American River Run: (Aug. 9, Sacramento) - 1-Ferreira 33:32, 2-D.Fuller/GWTC 33:45, 3-Hernandez/WVTC 33:50, 4-Swart/WVTC 34:02, 5-Jordan/GWTC 34:46, 6-Weed 35:24, 7-0'Neil/GWTC 36:02, 8-Smolich/Un 36:46, 9-Fairwell/GWTC 36:57, 10-Lagomarsino/GWTC 37:10, 11-J.Ferreira 37:18, 12-Monje/Un 37:22, 13-Misner/Un 37:45, 14-Teague/Un 37:51, 15-Hardy 37:53. /H. Hernandez/

El Cerrito Hillside Run: (Aug. 9, El Cerrito) - /4 Mi./ 1-Ron Wayne/WTC 20:10 CR, 2-Castro 20:45, 3-Fitzgerald/PAMA 21:00, 4-Himmelberger/WVTC 21:42, 5-Coleman 22:08, 6-Dale Scott 22:26, 7-Browne 22:34, 8-Larson 22:44, 9-Johnson 22:54, 10-Harlow 22:57...18-Moss (40+) 24:05. /George Moss, Dick Hunn/

DSE Practice Dipsea Run: (Aug. 10, Mill Valley) - /6.8 Mi./ - T-Muela/ETC 52:07, 2-Carlson 52:52, 3-Chaffee/ETC 52:54, 4-Scannell 53:56, 5-Pickett(40+) 54:21, 6-Mike Boitano 55:05,... 23-Maryetta Boitano 61:34, 27-Colleen Scannell 62:04./DSE News/

DSE Lake Merced Run: (Aug. 17, S.F.) - /5 Mi./ 1-Sershen/Un 24:49, 2-French 25:58, 3-Weidinger/Un 26:19, 4-Sjostedt 27:04, 5-Ferrill 27:05, 6-Jensen(40+) 27:17...39-Maryetta Boitano 30:42, 44-Colleen Scannell 31:03, 80-Skip Swannack 33:11, 98-G. Gustafson 34:09, 105-Rudolf 34:38...264+ finishers.

/DSE Newsletter/

Pan-American Games Marathon Trials: (Aug. 23, Flagstaff, Ariz.) /7200 feet/ - 1-Rojas/CTC 2:26:23.8, 2-Smead/CTC 2:28:11.0, 3-Badgley/SUTC 2:29:22, 4-Haviland 2:29:56, 5-Hoag/TCTC 2:32:36, 6-Flanagan 2:33:44, 7-Akiyama/SDTC 2:34:10, 8-Busby 2:34:28, 9-Kelley 2:34:52, 10-Harter/WVTC 2:36:04, 11-Fidler 2:37:04...
13-Fleming 2:40:45, 15-Pfeffer/JT 2:44:23, 17-Ziegler 2:53:53; ---DNF's Galloway, Lorenz, Pate, Wayne, Hoffman, Trujillo, Bowles & others. /Bob Decelle/

Charleston Distance Run: (Aug. 30, Charleston, W.Va.) - /15 Mi./
1-Vitale 1:17:00, 2-Brown/FTC 1:17:18, 3-Eden/ATC 1:18:15, 4Fry/Indiana U&P TC 1:18:48, 5-Rosa/Parkside TC 1:18:49, 6-Dimmick/Vt 1:18:56, 7-Ed Leddy 1:18:59, 8-Galloway/FTC 1:19:12,
9-Martin/W&M 1:19:47, 10-Richie/OhioTC 1:20:03...16-Kurrle/BHS
1:21:13, 27-Wayne/WVTC 1:23:26, 94-Reeder/Un 1:30:09. /Warm &
humid conditions prevailed entire race/. /Don Cohen/



Start of 24-Hour Relay at San Jose State. /Sheldon Gersh/

Camino West Wins 24-Hour Relay; Two World Records Set: (Aug. 30-31, San Jose State) - A total of 171 runners on 18 teams started this year's version of the 24-Hour Relay. Only 142 runners on 16 teams managed to finish the long grind. Camino West's young squad battled it out with Excelsior TC for a while but then just pulled away to about a 7 mile victory margin, logging 268 miles, 940 yards. Excelsior was runnerup with 261 miles, 700 yards. The two world records that were set were by seven women (West Valley Women), and by a mixed 5-man/5-woman team. See WVTC Club News in this issue for a special writeup on the relays by Ellen Clark. The seven women were Ellen Clark, Peggy Lyman, Joan Ullyot, Sue Neary, Jeannette Cotte, Penny DeMoss, and Mary Healy. The 'Adam & Eve Express' was composed of Tom Smith, Steve Strangio, Sandy Paulin, Terry Johnson, Liz Douglas, Steve Simpson, Kris Costello, Renee Mallet, Victor Briggs, and Michele Hughey. -- (1) CWTC 268-940, (2) Excelsior Mixed 261-700, (3) Olympic Hopelesses 256-520, (4) TRAC 250-0, (5) Ralston Alumni 238-980, (6) Alameda Burnouts 233-255, (7) Ralston JHS 223-1440, (8) Fremont Dynasty 222-705, (9) Brentwood TC 219-880, (10) Adam & Eve Express 216-949, (11) Arrow TC 214-1470, (12) West Valley Women 214-787, (13) C. to M.R. 205-870, (14) Peninsular Girls 204-410, (15) RC Flyers Mixed 192-830, (16) Camp-Town Racers 188-690, (17) Santa Clara Pak II 80-0, (18) Menlo TC 74-0. /J.Griffin/

Bass Lake Half-Marathon: (Sept. 6, Bass Lake) - 1-Hans Templeman/Un 1:11:56, 2-Van Dellen 1:15:53, 3-Wegener (HS) 1:22:12, 4-Hartwig 1:23:37, 5-L.Thornton/HSTC(40+) 1:23:51. /Cockerham/

Ron Wayne Nabs Knights of Columbus Marathon: (May 4, Cupertino) - Just a few short weeks after recording a near PR 2:18:55 at the Boston Marathon, Ron decided to take in the K of C Marathon. Obviously not pushing the pace as hard as he was able, Ron eased in to a 2:36+ clocking (exact time is not available...was printed incorrectly in results as 2:21:12). Fellow Berkeley runner, Bob Coleman got a 2:37:14 in second, easily his best time, and coming on a difficult course made it even the more impressive. Only 8 runners broke three hours, although 150 managed to complete the full course. Mickey Moberg managed to slip under the three hour mark as he picked up the over-40 prize at 2:58:14. Ulrich Kaempf was right on his heels with a 3:01:10, with Gough Reinhardt another minute and forty seconds back. Maryetta Boitano came up with her usual fine race at 3:06:40...probably worth a sub-three hour effort on a flatter course. She was 14th place overall. Yvette Cotte was next at 3:12:09, less than a minute off of her PR. Below are listed the top finishers (men and women). /Dan O'Keefe/

```
13 - Peter Wood/NCSTC
                                                           3:06:09
                                                                     25 - Yvette Cotte/Un
                                                                                             3:12:09
                                                                                                        37 - Peter Baum
                                                                                                                                3:18:49
1 - Ron Wayne/WVTC
                        2:36:??
2 - Robert Coleman/Un
                        2:37:14
                                   14 - Maryetta Boitano
                                                           3:06:40
                                                                     26 - Gary Upham
                                                                                              3:13:32
                                                                                                        38 - Paul Sebesta
                                                                                                                                3:19:55
                                                                     27 -
                                        Santos Reynaga/WV
                                                                           Robert Hopper
                                                                                                        39 - Peter Stein/TRAC
                                                                                                                                3:21:08
3 - Tony Mezzapelli
                        2:44:03
                                   15 -
                                                           3:06:50
                                                                                              3:13:36
                                                                                                             Wayne Hooper
                                                                                                                                3:21:08
    Keith Kruse/WVTC
                        2:47:55
                                   16 -
                                        Ray Smith
                                                           3:08:20
                                                                     28 -
                                                                           S. Spark
                                                                                              3:15:12
                                                                                                        41 - Dennis Lem
                        2:52:00
                                   17 -
                                        Peter Martinez
                                                           3:09:09
                                                                        - John Bulash
                                                                                              3:15:14
                                                                                                                                3:22:12
5 - Jim Waters
                                                                                              3:15:29
                                                                                                        42 -
                                                                                                             Carl Martin
                                                                                                                                3:22:16
                                        Stephan Totten
                                                           3:09:22
                                                                           Richard Willets
6 - Mark Drissall
                        2:56:40
                                   18 -
                                                                      30
                                        Stephen Sidney
                                                                           Clifford Wolery
                                                                                                        43 - Marshall Frank
                                                                                                                                3:22:54
7 - Mickey Moberg
8 - Bruce Smith
                        2:58:14
                                   19 -
                                                           3:09:43
                                                                      31 -
                                                                                              3:15:37
                                                                                                        ***WOMEN***
                                   20 -
                                        Robert Malone
                                                           3:11:02
                                                                      32 -
                                                                           Colby Harmon
                                                                                              3:16:36
                         2:58:20
9 - Ulrich Kaempf/TRAC 3:01:10
                                   21 -
                                        David Bogosian
                                                           3:11:12
                                                                      33 - Darrell Jeong
                                                                                              3:17:15
                                                                                                        14 - Maryetta Boitano
                                                                                                                                3:06:40
                                        John Perkins (40+) 3:11:17
                                                                                                        25 - Yvette Cotte/Un
                                                                                                                                3:12:09
                                                                      34 - William Spence
                                                                                              3:18:26
10 - Mike Boitano
                        3:02:19
                                   22 -
                                                                                                        66 - Jeannette Cotte
                                                                                                                                3:35:33
                                                                      35 - Bob Kuchenmeister 3:18:35
11 - John Hellman
                         3:02:33
                                   23 -
                                        John Holtorf, Jr. 3:11:26
                                                                                              3:18:35
                                                                                                        85 - Sandy Paulin
                                                                                                                                3:50:21
12 - Gough Reinhardt
                                                                      36 - George Sandoval
                         3:02:50
                                   24 - Bruce Dingwall
                                                           3:11:43
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Ross Smith is Handicap Victor at Mt. Misery: (June 14, Placerville) - Fastest is not necessarily first...at least not in the case of this race. Although Jim Sane had the fastest scratch time by over a minute (41:43), he was not able to catch Ross Smith of Reno, who was still some two minutes ahead at the finishline because of his early start. We found the results sheet awfully confusing, but Ross Smith helped us out a bit by telling us what division each person was in. We'll list finishers below in terms of their 'actual' finish place but put down their actual time too unless we don't know what handicap to use (in which case we'll put down the handicap time with an asterisk before it (*). Runners got up to 20 minutes headstart (the scratch group was 18-39 and boys in the 11th and 12th grades). /Ross Smith, Ernie Marinoni/

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11 - Micky Brodie
12 - Brent Cushenberry
                                                                                                                                    *71:56
                                                                                                 *68:25
                                                                                                           31 - Leon Souza
  - Ross Smith/WVJS
                                                               46:07
                                                                       21 - Steve Fuller
                           44:19
                                                                                                           32 - Al Wiggins
                                                                                                                                     62:39
2 - Jeff Baker
                           50:20
                                                               46:10
                                                                       22 - Bruce Brazelton
                                                                                                  49:21
                                                                                                           33 - Roger Anawalt
    Jim Sane/BCTC
                           41:43
                                    13 - Randy Hansen
                                                               46:11
                                                                       23 - Walt Currier
                                                                                                  69:43
                                                                                                                                     62:56
                                                                                                                                     53:35
                                         Mike O'Neil
                                                               56:56
                                                                       24 - Catherine Smith
                                                                                                  70:04
                                                                                                                John Lundquist
    Ron Wanninger
                           62:18
                                                                                                                                     58:40
  - Dave Boyet
                           42:57
                                    15 - Ty Hadley
                                                               47:00
                                                                       25 - Paul Holmes
                                                                                                  50:16
                                                                                                           35 - Colin Templeman
                                                                                                           36 - Bob Long
37 - Stephen Paine
                                    16 - Mike Brown
                                                                        26 - Chuck Himenez
                                                                                                  51:21
                                                                                                                                     54:01
  - Paul Keller
                           43:25
                                                               47:13
                                                                                                                                     54:52
7 - T. Powell
                           54:08
                                    17 - Bob Coulson
                                                               47:37
                                                                        27 - J.P. Wyrick
                                                                                                  61:37
                                    18 - Brent Weaver
                                                               47:48
                                                                        28 - Tim Keller
                                                                                                  71:38
                                                                                                           38 - Steve Mansdoerfer
                                                                                                                                     54:53
8 - Ed Nicholson
                           44:16
                                    19 - Greg Mandanis/WS
                                                               47:56
                                                                        29 - Abe Underwood
                                                                                                  51:40
                                                                                                           39 - Richard Cooper
                                                                                                                                      56:23
9 - Paul Reese/NCSTC
                           54:37
                                                                       30 - Martin Dugard
10 - Nick Vogt/GSTC
                                    20 - Lisa Foy (W)
                                                               63:22
                                                                                                  61:40
                                                                                                           40 - Mike Brigante
                                                                                                                                     56:27
                           45:21
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Nuccio Clobbers Kenwood Field: (July 4, Kenwood) - WVTC's Jim Nuccio didn't play around at all this year. Last year he and Ron Elijah deliberately tied it up in a then course record of 32:16. Today Nuccio smothered that mark with a 31:25 over the tough 10 kilo course. His closest competition was a minute-and-a-half back in the person of Run Wayne (32:51). Darryl Beardall hung in well to push Ron with his 33:15. Bill Jensen ran very strongly and placed eighth overall to take the masters title in 36:06, besting Craig Roland's 37:15. Kathy Costello, just off a successful track season, proved she's tough on the roads too with a victory in her division (43:06). Her closest rival was a full three minutes back. A total of 104 finished the run. /Fred Kenyon/

```
38:50
                                                                           15 - Jon Valerga/DVTC
                                                                                                                22 - Jim Blank/DVTC
                                      8 - Bill Jensen/PAMA
                                                                 36:06
1 - Jim Nuccio/WVTC
                            31:25
                                                                 36:15
                                                                          16 - Paul Holmes/Un
                                                                                                       37:41
                                                                                                                23 - Colin Hermans/VMTC
                                                                                                                                           38:57
                                     9 - Rich Vasquez/DVTC
10 - Terry Pintane/VMTC
2 - Ron Wayne/WVTC
                            32:51
                                                                                                       37:50
                                                                                                                24 - Ken Ibarra/Un
                                                                                                                                            39:09
                                                                          17 - Richard Cooper/Un
3 - Darryl Beardall/MH
                                                                 36 . 41
                            33:15
                                                                          18 - Phil Bailey/Un
19 - Dick Lyon/VMTC
                                                                                                                25 - Don Madronich/Un
                                                                                                                                            39:23
                                                                                                       37:59
4 - Gene Fitzgerald/PAMA
                            33:44
                                     11 - Rich Alexander/VMTC 36:50
                                                                                                       38:11
                                                                                                                26 - John Lynde/VMTC
                                                                                                                                            39:25
                                                                 36:51
  - Doug McLean/WVTC
                            34:49
                                     12 - John Mullin/DVTC
                                                                          20 - Gary Warner/Un
21 - Phil Holder/Un
                                                                                                       38:23
                                                                                                                27 - Pete Schoener/Un
                                                                                                                                            39:45
                                     13 - Craig Roland/Un
                                                                  37:15
  - Jack Hackmann/VMTC
                            35:36
                                                                                                                28 - John Daly/Un
                                                                                                                                            39:54
                                                                                                       38:38
                                     14 - Glenn McCarthy/VMTC 37:33
7 - Jeff Jahn/VMTC
                            35:41
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41 - Gary Bannister/Un
WOMEN 43:05 40:13 35 - Ivan Rarick/Un 41:26 29 - Larry Kirk/VMTC 36 - Gough Reinhardt/NCS 41:36 40:26 - Brian Jennings/Un 42 - Kathy Costello/Un - Dave Hoagland/VMTC 40:38 37 - Evan MacBride/Un 41:59 43:06 61 - Jo Ellen Howard/UTC 46:06 - Bill Shealy/Napa 40:40 38 - Roger Nelson/Un 42:22 69 - Dana Searls/Un 47:13 - Steve Howard/UTC 41:08 39 - Tom McCarthy/Un 42:31 40 - Lynn Stafford/VMTC 70 - Liz Golinceaux/Un 47:44 34 - Kevin Farrell/VMTC 41:17 43:00

Pat Phelan Invades 'North'--Cops Folsom 10 Kilo: (July 6, Folsom) - Fresno State's Pat Phelan decided to do some running 'up north' this summer and proceeded to gobble up the field at the Folsom 10 Kilo. His 32:06 clocking was off Jim Birnbaum's 31:31 standard of last year, but the weather wasn't trying to cooperate either...78° at the start. This held most of the records down except that Walt Betschart set a masters mark of 35:53. Dale Fuller of the local Golden West TC was the runnerup in 32:26, followed by Cal-Aggie, Pete Flores, in 32:43. Jim Sane was the first prep to finish, and took fourth overall (32:50). Michelle McKeen of the NorCal Track Club had an easy time upending the Cotte sisters for the women's title (42:33). /Frank Krebs/

1	- Pat Phelan/FSU	32:06	17 - Gordy Vreedenberg	34:31
2	- Dale Fuller/GWTC	32:26	18 - Steve Barr/BCTC	34:33
3	- Pete Flores/AggieTC	32:43	19 - Rob Fairley/Un	34:37
4	- Jim Sane/BCTC	32:50	20 - Doug Rennie/BCTC	34:42
5	- H. Hernandez/WVTC	33:08	21 - Nick Vogt/GSTC	34:56
	- Jim Howard/GWTC	33:26	22 - Bruce McInturf/Un	35:28
	- Doug Butt/MH	33:39	23 - Walt Betschart/BCTC	35:53
	- Tim Farrell/Un	33:40	24 - Kevin Hanson/Un	36:05
9	- Paul Keller/Un	33:43	25 - Tom Burns/Un	36:09
THE PARTY OF THE P	- Robert Deis/Un	33:47	26 - Bill Fairwell/GWTC	36:11
200	- Dirk Feenstra/GWTC	33:49	27 - Abe Underwood/BCTC	36:17
A Common	- Greg Mandanis/WS	33:50	28 - Mark Nygaard/GSTC	36:39
D-020-	- Dennis Swart/WVTC	33:59	29 - Paul Holmes/BCTC	36:44
12/19/20	- Andy McBride/SCC	34:07	30 - Guy Ealey/Un	36:47
	- Frank Krebs/GWTC	34:10	31 - Sam Trujillo/BCTC	36:57
200	- Adam Ferreira/GWTC	34:28	32 - David Brown/Un	36:57

22	William Danier / Daniel IIC	27.04
33 -	Mike Brown/Pond.HS	37:04
34 -	Corey Sterner/Un	37:24
35 -	Bruce Dixon/Un	37:28
36 -	Dave Reynolds/Un	37:36
37 -	Jim Williams/GSTC	37:44
38 -	Jim Kirkpatrick/MVT	C37:47
39 -		37:50
40 -	Larry Summer/BCTC	37:56
41 -	Pete Schoener/BCTC	38:03
	Bob Coulsen/Un	38:19
43 -	Joe Cornett/Un	38:48
	IOMEN***	
73 -	Michelle McKeen/NCT	C42:33
	Yvette Cotte/WVTC	43:39
10000		ALL STORES AND AND ADDRESS OF THE PARTY OF T

- Jeannette Cotte/WVTC46:09



Jim Nuccio set course standards at Kenwood, Lafayette 10 Kilo, and Alameda this summer. /Paul Cooper/

Nuccio Pulls Himself and Two Others Under Course Standard at Lafayette 10 Kilo: (July 12, Lafayette Reservoir) - Under nearly ideal conditions, Mill Valley's Jim Nuccio pushed hard from the start and kept pushing...so hard in fact that he clipped 44 seconds from his own 1974 standard of 31:13. His competition gave a good account of themselves too, as teammates Bill Clark and Jack Bellah also dipped under the old mark with 30:59 and 31:09 clockings. Larry Rose, in fourth, was also close at 31:21. In the over-40 race, Jim Shettler proved why he was chosen as the top masters road runner in 1974 by defeating Dennis Teeguarden by a full half-minute. Surprise third-placer was fast improving George Moss, another half-minute back. First woman to finish in the very good field was Sue Munday (38:31), who destroyed her nearest competitor by over a minute (Pam Allen--39:42). Debbie Rudolph was way back of Pam, and Kathy Himmelberger was quite close in fourth. Rumaldo Montenegro waged a good battle with Jim Sane in the high school division before dropping him by 16 seconds at the end. Kevin Searls took the third prep spot, but his 33:52 was out of the money for anything better than that. A whopping 240 finished the run, with 25 of those at 35 minutes or better! /Mike Foley, George Moss/



Gary Singer has an early lead in the Lafayette 10 Kilo (he finished 13th), as about 250 started the run. /Jeff Zimmerman/

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- Jim Nuccio/WVTC
                                                               35:00
                           30:29
                                    24 - Bruce McInturf/Un
                                                                        47 - Rick Rockwell/WTC
                                                                                                  37:35
                                                                                                           70 - Pam Allen/Lassen
                                                                                                                                      39:42
  - Bill Clark/WVTC
                           30:59
                                                               35:06
                                                                        48 - Albino Amador/Un
                                                                                                  37:37
                                                                                                           71 - Ken Israel/DSE
2
                                    25 - Tim Swezey/PAMA
                                                                                                                                      39:53
                           31:09
                                    26 - Bruce Rubin/Un
                                                               35:17
                                                                        49 - Tom Callander/Un
                                                                                                  37:38
                                                                                                           72 - Doug Prouty/Un
                                                                                                                                      39:54
  - Jack Bellah/WVTC
                           31:21
                                    27 - Blair Goodrow/Un
                                                                        50 - George Moss/NCSTC
                                                                                                  37:39
    Larry Rose/PCC
                                                               35:29
                                                                                                           73 -
                                                                                                                Jim Allen/NCSTC
                                                                                                                                      39:55
    Hans Templeman/Un
                           31:41
                                    28 - Alan Saver/PAMA
                                                               35:30
                                                                        51 - Dennis Egley/Un
                                                                                                  37:49
                                                                                                           74 - David Zermer/Un
                                                                                                                                      39:56
    Mike Emry/PAMA
                            32:06
                                    29 - Pat Shaughnessy/WV
                                                               35:35
                                                                        52
                                                                            Tom Cooper/CRR
                                                                                                   37:52
                                                                                                           75
                                                                                                                James Parmiter/Un
                                                                                                                                      40:00
    Pete Flores/Aggie TC
                           32:43
                                    30 - Doug Rennie/BCTC
                                                               35:38
                                                                        53 - Mike Cooke/GPP&MB
                                                                                                  37:55
                                                                                                           76 - Bob Sakauye/Un
                                                                                                                                      40:09
    Dennis Tracy/WVTC
Rich Kimball/OSU
                            32:44
                                    31 -
                                         Chris Castro/Un
                                                               35:50
                                                                             Andrew Arce/Un
                                                                                                   38:02
                                                                                                                Don Lucero/Un
                                                                                                                                      40:10
                                         Ralph Bowles/WVJS
                            32:55
                                                               35:55
                                                                             Jim Hartinger/DVTC
                                                                                                  38:04
                                                                                                           78 - Jack Garnett/NCSTC
                                                                                                                                      40:14
    Rumaldo Montenegro
                           32:58
                                    33 -
                                         Jim Williams/PBPTC
                                                               36:15
                                                                                                   38:14
                                                                                                           79 - Gough Reinhardt/NCS
                                                                                                                                     40:16
10 -
                                                                            Dennis Kroll/Un
                                                                             Gary Alderman/Un
                                                                        57 -
                                                                                                           80 - Frank Harrison/NCS
                            33:04
                                         Jim Shettler/WVJS
                                                               36:36
                                                                                                  38:17
                                                                                                                                      40:28
11 -
    Keith Jacobson/Un
                                                                                                           81 - Pete Alexander/DSE ***WOMEN***
                                    35 -
                                                               36:37
                                                                        58 -
12
    Jim Sane/BCTC
                           33:14
                                         Kees Tuinzing/MH
                                                                            Isao Apachi/Japan
                                                                                                  38:29
                                                                                                                                      40:31
    Gary Singer/Un
Rich Delgado/WVTC
                                    36
                                                                        59 -
                                                                                                  38:30
13
                            33:31
                                         Vance Eberly/Un
                                                               36:39
                                                                             Kevin Hampson/NNTC
                                                                                                           60 - Sue Munday/WSTC
                                    37 -
                                                               36:45
14
                            33:42
                                         Mike DeGrott/Un
                                                                        60 -
                                                                             Sue Munday/WSTC
                                                                                                   38:31
                                                                                                                                      38:31
15
     Doug Butt/MH
                            33:48
                                    38
                                         Jack Cavagnaro/Un
                                                               36:52
                                                                        61 -
                                                                            Howard Griffith/CRR
                                                                                                  38:36
                                                                                                           70 -
                                                                                                                Pam Allen/Lassen
                                                                                                                                      39:42
                                                                        62 - Alan Winkley/Un
     Dave Himmelberger/WV
                           33:50
                                    39 -
                                         Paul Holmes/BCTC
                                                               36:55
                                                                                                   38:39
                                                                                                              - Debbie Rudolph/Un
                                                                                                                                      41:09
                                    40
                                         Wes Hurlburt/USN
                                                               37:01
                                                                        63 -
                                                                             Tom Pinckard/NCSTC
                                                                                                  38:40
                                                                                                           97
     Kevin Searls/CPHS
                            33:52
                                                                                                                Kathy Himmelberger
                                                                                                                Vickie Monroe/Lassen42:09
     Bob Bailey/Un
                            34:07
                                         Javier Barragan/Un
                                                               37:02
                                                                            Marvin Winer/Un
                                                                                                   38:41
                                                                                                          112
                                                                                                                Betsy White/WVTC 42:23
Ruth Anderson/NCSTC 42:34
                            34:15
                                    42
                                         Dennis Teeguarden
                                                               37:03
                                                                        65 -
                                                                            Brad Morgan/Un
                                                                                                   38:47
                                                                                                          117 -
19
    Eric Burt/Un
                                                                        66
                                                                            Richard Emmons/Un
                                                                                                   39:02
                                    43
                                                               37:04
    Richard French/Un
                            34:26
                                         Alan Robertson/Un
                                                                                                          120
                                                                                                  39:07
                                                                                                              - Louise Adamson/WVTC 43:01
                            34:38
                                    44 -
                                                               37:05
                                                                        67 -
                                         Dave Lason/Alameda
                                                                             John Hillibrink/Un
    Doug McLean/WVTC
                                                                                                          128
                                         Richard Cooper/MIM
                                                                        68 - Hoyt Walker/LVRC
22
    H. Hernandez/WVTC
                            34:53
                                    45
                                                               37:20
                                                                                                   39:10
                                                                                                          130
                                                                                                              - Yvette Cotte/WVTC
                                                                                                                                      43:19
  - Steve Parker/NNAC
                            34:55
                                    46 - Frank Hagerty/SUTC
                                                               37:30
                                                                        69 - Doug Dray/CRR
                                                                                                   39:21
                                                                                                          140 - Jeannette Cotte/WVTC44:10
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Templeman Conquers Hills at Felton: (July 13, Felton) - Univ. of Montana distance runner (ex-Carlmont HS), Hans Templeman, showed Jack Bellah a thing or two about hill running at the 6.9-Mile Race to the Redwoods (new course). It was never a question of whether Templeman would win, but just by how much...it turned out to be nearly a minute! His 36:56 will be a course standard since it has never been run before. Ulrich Kaempf (43:13) turned back little-known Rudy Del Rio (43:27) in the masters race, with Bill Flodberg next at 43:39. Sue Neary (46:53) proved too much for Sue Munday (48:43) in the women's race. There were 180 finishers.

				95 22	755 TEV NO 10		er 0:33 p : 1 .	47 70
	Templeman/Un	36:56	21 - B. Sawyer	42:25	41 - Stan Newton	45:01	61 - Bill Reinhart	47:10
	Bellah/WVTC	37:45	22 - Steve Palladino	42:34	42 - Dennis Urtiaga/WVTC	45:23	62 - Ward Crary	47:13
	Seaver/WVTC		23 - David Weikel	42:35	43 - Bryan Kovacs	45:26	63 - Wayne Griffin	47:21
	Stock/WVTC		24 - Jake White	42:36	44 - Jay Cruze	45:28	64 - Richard Willets	47:21
		A STATE OF THE STA	25 - Hollis Marriott	42:45	45 - Joseph Reinhart	45:31	65 - Michael Young	47:27
	rooks/WSTC	Total Control of the			46 - Gilbert Munoz	45:33	66 - Gary Martin	47:30
6 - Tad W			26 - David Colburn/CWTC	42:55		45:35	67 - James Knipe	47:40
7 - John I	Moreno	1,7070.7 (2007)	27 - Mike Millward/Un	43:05	47 - Peter Stein/TRAC			
8 - Pat S	tordah1/WVTC	39:26	28 - Ulrich Kaempf/TRAC	43:13	48 - Chris Kadoch	45:42	68 - John Stock	47:51
9 - Denni:	s Tracy/WVTC	40:21	29 - W. Meinhardt	43:18	49 - Bill Brown	46:15	69 - Robert Ernst	47:53
10 - A. La		40:22	30 - Rudy Del Rio	43:27	50 - M. Macallair	46:17	70 - Jim Miller	47:58
	Sayre/CWTC	41:06	31 - Keith Maurer/WVTC	43:32	51 - Tom Cooper	46:29	71 - T. Hazlehurst	48:18
	Quinn/CWTC	/ (cd.da/ 0.4000)	32 - Haywood Norton	43:34	52 - William Diaz	46:31	72 - Dan Harvey	48:20
13 - Jim S			33 - Bill Flodberg/WVJS	43:39	53 - Phil Trumbly	46:33	73 - Howard Griffith	48:23
			34 - Gary Grellmann	44:11	54 - Santos Reynaga/WTC	46:33	74 - P. Sanfilippo	48:24
	oglund/WSTC			44:16	55 - Paul Holmes	46:39	***WOMEN***	
15 - Scott			35 - Marc Lund/WVTC		기존전	46:45	59 - Sue Neary/WVTC	46:53
16 - Joe S	alazar		36 - Stan Ross	44:23	56 - Paul Sebesta		79 - Sue Munday/WSTC	48:43
17 - Mike	Plummer	SEAT TO	37 - Jack Reime	44:24	57 - Philip Hager	46:47		
18 - John	Hillman	41:58	38 - Walt Betschart/BCTC		58 - Dan Escamilla	46:51	99 - Jeannette Cotte/WV	
19 - M. Ka	empf	42:21	39 - R. Wolters, Jr.	44:30	59 - Sue Neary/WVTC	46:53	106 - Yvette Cotte/WVTC	53:07
20 - Steve	The state of the s	42:24	40 - Ed Dally/WVTC	44:44	60 - J. Schwerzler	46:55	129 - Alicia Munoz	55:41

Templeman Outkicks Bellah at Wharf-to-Wharf: (July 19, Santa Cruz to Capitola) - In their third meeting this summer, Templeman pulled ahead, two wins to one, by hanging with the surging Bellah and then kicking hard at the end to win. Both Templeman and Bellah went under Mark McConnell's year old record of 28:30 by going 28:12 and 28:20 respectively. McConnell, admittedly a bit out of shape, settled for third. Ed Dally tagged the masters runners with a solid 36-second margin of victory over Dieter Diekmeyer, 32:03 to 32:39. Improving Walt Betschart was next at 32:51. San Jose Cindergal Teri Anderson had no problem with her division, as she clocked a quick 33:44 over the 5.813 mile course. WVTC's Sue Neary was a near minute arrears at 34:33, with Sue Munday at 35:05. This year the race drew nearly 600 starters with 565 making it to the finish in Capitola. The weather was overcast and perfect for fast times. /Ken Thomas/



Start of the Felton, Race to the Redwoods. /Cooper/

```
100
                                                                                                             - Edward Tico/WVJS
                                                                                                                                     33:26
                                                                                                 32:22
                                                              31:09
                                                                       67 - Paul Cooper
1 - Hans Templeman/Un
                           28:12
                                        Jake White
                                                                                                         101
                                                                                                                                     33:27
                                                                                                             - Imre Homer
                           28:20
                                      - Rob Fairley
                                                               31:09
                                                                       68 - Glenn Pruitt
                                                                                                  32:22
  - Jack Bellah/WVTC
                                                                                                         102 - Rick Sanders
                                         Pete Dinno
                                                                       69 - Richard Herzog
                                                                                                  32:30
                                                                                                                                     33:27
                           28:54
                                                               31:11
    Mark McConnell/Un
                                        Gordy Urebenburg
Mike Plummer
                                    37
                                                               31:14
                                                                          - Marc O'Hara
                                                                                                  32:39
                                                                                                         103 - Tom Paul(?)
                                                                                                                                     33:30
                           29:05
    Dave Cords/WVTC
                                                                                                         104 - Jay Gruze
                                                                                                                                     33:33
                                                                            Dieter Diekmeyer
                                                                                                  32:39
5
    H. Hernandez/WVTC
                           29:29
                                    38
                                                               31:14
                                                                       72 - Dave Sjostedt
73 - D. Hinkinsop
                                                                                                             - Chris Kadoch
                                                                                                                                     33:33
                                                                                                  32:40
                                                                                                         105
                                      - Stan Winkley
  - Bob Grubbs/WVTC
                           29:30
                                    39
                                                               31:15
                                                                                                  32:43
                                                                                                         106
                                                                                                             - W. Witscher
                                                                                                                                     33:34
                                                                          - D. Hinkinsop
                           29:31
                                    40
                                       - Frank Sierras
                                                               31:19
  - Bob Darling/ETC
                                                                                                         107 - Ken Napier/WVJS
                                                                                                                                     33:35
                                         Gary Goettelmann/WV
                                                                       74 - James Jacobs
                           29:39
                                    41
                                                              31:20
                                                                                                  32:47
  - Mike Smith/PAMA
                                                                                                         108 - Kevin Klein
                                                                                                                                     33:35
                                    42
                                                               31:25
                                                                       75 -
                                                                            Gus Cano/ETC
                                                                                                  32:50
  - Paul Frederickson/Un 29:39
                                         Shawn James/WSTC
                                                                            Alan Harkness
                                                                                                         109 - Bruce Kelly
                                                                                                                                     33:39
                           29:47
                                         Emil Magallanes
                                                               31:27
                                                                       76
                                                                                                  32:51
10 - Jack Leydig/WVTC
                           29:53
                                                                                                  32:54
                                                                                                         110 -
                                                                                                               Kevin Crowder
                                                                                                                                     33:39
                                    44 - David Warren/ETC
                                                               31:27
                                                                            Walt Betschart
11 - Jack Reime
                                                                            Ray Smith
                                                                                                  32:54
                                                                                                         111 - David Wynn
                                                                                                                                     33:39
                                                               31:27
                                    45 -
12
  - John Moreno
                           30:01
                                         Bruce Edwards
                                                                       79 -
                                                                                                  32:55
                                                                                                         112
                                                                                                             - L. Wittgenstein
                                                                                                                                     33:40
                                                                            Bruce Williams
  - Arturo Tello
                           30:03
                                    46 -
                                         John Hellman
                                                               31:28
                                                                                                         113 -
                                                                                                               L. Vasquez
                                                                                                                                     33:41
                                                                                                  32:57
                                         Dave Colburn/CWTC
                                                                       80
                                                                            Vance Eberly
  - Dave Stock/WVTC
                           30:09
                                    47 -
                                                               31:33
                                                                                                                                     33:41
                                                                                                         114 - Sten Mawson
                                                                                                  32:57
                            30:11
                                    48
                                       - Martin Qualle
                                                               31:33
                                                                       81 - Joe Reinhart
15 - R. Montenegro/Un
                                                                                                         115 - J. Harbaugh
                                                                                                                                     33:44
                                                                                                  32:58
16 - Roy Hoglund/WSTC
                                    49
                                                               31:37
                                                                       82
                                                                            Stan Newton
                            30:12
                                         Paul Holmes
                                                                                                                                     33:45
                                                                            Walt Van Zant/WVJS
                                                                                                         116 - Teri Anderson/SJC
17 - Joe Salazar
                            30:13
                                         Doug Rennie
                                                               31:41
                                                                       83
                                                                          -
                                                                                                  32:58
                                                                                                         117 -
                                                                                                               John Ulate
                                                                                                                                     33:47
                                         B. Meinhardt
                                                               31:47
                                                                       84
                                                                            Gary Grellman
                                                                                                  33:00
                            30:18
18 - Ernest Reith
                                                                       85
                                                                            Mike Williams
                                                                                                  33:00
                                                                                                         118 - Mike Huffman
                                                                                                                                     33:47
                                         Mark Millward/Un
                                                               31:50
                           30:21
19 - Ray Aver
                                                                                                         119 - Jack Cook
                                                                                                                                     33:48
                                    53 -
                                                               31:55
                                                                            D. Billmaier
                                                                                                  33:01
20 - Mike Conroy/ETC
                            30:22
                                         Jim Hiserman
                                                                            Michael William
                                                                                                         120 - Jim Cook
                                                                                                                                     33:50
                                                                       87
                                                                                                  33:02
  - Steve Palladino
                            30:24
                                         Rip Wrinkle
                                                               31:56
                                                                                                         121 - Bryant Garth
                                                                                                                                     33:51
                                                                       88
                                                                          - Santos Reynaga/WVTC
                                                                                                  33:10
  - Arnardi Kagybas
                            30:24
                                    55
                                         Chris Costra
                                                               31:59
                                                                       89
                                                                          - J. Santana
                                                                                                  33:10
                                         Ralph Likens/WVTC
                            30:25
                                    56
                                                               31:59
  - Bruce Sayre/CWTC
                                                                                                         116 - Teri Anderson/SJC
                                                                                                                                     33:45
                                                                       90 - J. Flather
                                                                                                  33:12
                            30:40
                                    57
                                                               31:59
24 - Frank Donahue/ETC
                                         Jay Marlowe
                                                                                                         143 - Sue Neary/WVTC
                                                                                                                                     34:36
                                                                       91 -
                                                                            Steve Bruns/WVTC
                                                                                                  33:12
  - Roland Watson/WVTC
                            30:40
                                         Terrance Casey
                                                               32:00
25
                                                                                                                                     34:47
                                                                                                         152 - Debbie Rudolph/Las
                            30:41
                                    59
                                         Steve Niedrauer
                                                               32:00
                                                                       92
                                                                          - Duwayne Little
                                                                                                  33:15
26
  - Alan Sandretti
                                                                       93
                                                                            Michael Gourley
                                                                                                  33:16
                                                                                                          163 - Sue Munday/WSTC
                                                                                                                                     35:05
                                    60
                                                               32:03
                                         Dan Starn
                            30:48
27
  - Scott Carvey
                                         Ed Dally/WVTC
                                                                                                  33:17
                                                                                                         235 - Penny DeMoss/WVTC
                                                                                                                                     36:48
                                                               32:03
                                                                            Tom Cooper
                                    61
28 - Bob Paulin/CRR
                            30 - 51
                                                               32:07
                                                                                                          241 -
                                                                                                               Vicki Monroe/Lassen
                                                                                                                                     36:54
                                         Mike Haniger/SJS
                                                                          - Rick Milam
  - David Muela/ETC
                            30:56
                                    62
                                                                       96
                                                                                                         249
                                                                                                             - Yvette Cotte/WVTC
                                                                                                                                     37:00
                                                               32:14
                                                                          - J. Barrajan
                                                                                                  33:21
     Ruben Gonzales
                            31:00
                                    63
                                         Don Poland
                                                                       97 - M. Ashworff
                                                                                                  33:24
                                                                                                         250 - Sue Grigsby
                                                                                                                                     37:00
                                         John Clary/TRAC
                            31:00
                                    64
                                                               32:15
31 - Mark Quinn/CWTC
                                                                                                         289 - Alice Munoz
                                                                                                                                     38:19
                                                                                                  33:24
                                                                       98 - Willie Diaz
                                    65
                                         David Weikel/CWTC
                                                               32:18
32 - Stan Ross
                            31:02
                                                                                                                                     38:28
                                                                                                          300 - Karen Bessey
                                         Rob Robertson/CWTC
                            31:08
                                    66 -
                                                               32:20
                                                                       99 - Gary Mader
33 - David Schmidt
```

Biancalana and Stewart are Winners at Ft. Baker Handicap Run: (July 20, Ft. Baker, Marin County) Fifty-year-old Bob Biancalana of the Marin Harriers took advantage of his 16 minute head start to
hold off a determined George Stewart, the first scratch runner, who came in just slightly under 3
minutes behind. Sandwiched in between was 48-year-old Bob Malain, who was 2 minutes off the winning pace. Handicaps were assigned starting at age 35 (1 minute per year), and all women got 15
minutes, plus an extra minute for each year over 34. The course was unexpectedly cut short (there
was a legit reason, but I forgot what it was) of the regular 15 miles, and was probably something
like 13.5 miles. Stewart's 1:15:03 scratch time was two minutes up on Gene Fitzgerald's second
fastest time. Gene finished ninth overall, however. Ed Dally had the fastest scratch time for a
masters runner (1:25:05), while Bill Flodberg (1:26:15) was next. Malain and Biancalana filled the
next two spots. Sue Neary's 1:34:08 was about a mile ahead of anyone else in her division, as Peggy Lyman could only manage a 1:40:39, a time close to which she recorded for the full distance a
year ago. Betsy White's 1:41:06 was good enough for third fastest scratch time for the women.
No official team scores were kept, but the NorCal Seniors talled 38 unofficially to best runnerup
WTC's 48. A large number of runners turned out for this popular run, and 203 managed to finish
the rugged up-and-down course. All times on opposite page are 'actual' running times.



Bob Biancalana near the finish of his Ft. Baker win. /Robt. Main/



Sue Neary /Jeff Zimmerman/

1	-	Bob Biancalana/MH	1:28:10
2	-	Bob Malain/NCSTC	1:28:01
	-		1:15:03
			1:25:05
		Kent Guthrie/WVJS	1:19:13
		Bill Main/Un	1:35:26
		Richard Houston/NCS	1:34:51
			1:35:11
9	-	Gene Fitzgerald	1:17:11
10	-	Flory Rodd/NCSTC	1:34:51

11 - Hans Roenau/NCSTC	1:31:10
12 - Joe McDevitt/WVTC	1:18:25
13 - Karl Marshall/NCS	1:33:43
14 - Doug McLean/WVTC	1:19:06
15 - Sue Neary/WVTC	1:34:08
16 - Bill Flodberg	1:26:15
17 - Jim Sane/BCTC	1:19:18
18 - Doug Butt/MH	1:19:52
19 - Bob Darling/ETC	1:20:16
20 - Mike O'Neill/BCTC	1:37:40
21 - Don Lucero/Un	1:34:46
22 - John Weidinger/Un	1:20:54
23 - Ben Tucker/Un	1:21:13
24 - Don MacIntosh/NCS	1:30:25
25 - Bob Bunnell/MH	1:21:50
26 - Mark Quinn/CWTC	1:22:00
27 - Frank Krebs/GWTC	1:22:08
28 - James Jacobs/NCS	1:30:00
29 - Betsy White/WVTC	1:41:06
30 - T.C.Munos/CWTC	1:23:45
31 - John Soubier/DSE	1:33:57
32 - Ray Bonner/Un	1:24:13
33 - Ralph Bowles/WVJS	1:29:28
34 - Dave Marsh/Un	1:27:39
35 - Tim Swezey/PAMA	1:24:53
36 - Peg Lyman/WVTC	1:40:39
37 - Mickey Moberg	1:32:40
38 - Bob Pope/Un	1:25:49
39 - John Getas/DSE	1:43:52
40 - Peter Martinez/Un	1:26:20
NE DETERMINENTATION	
	100

43	-	Yvette Cotte/WVTC	1:	41		25
44	-	Jack Hackmann/VM	1:	26	:	43
		Darrell Jeong/ETC	1:	26	:	57
46	-	Harrison Smith/Un		41		
		Chas. Goodmacker	1:	27	:	13
			1:	27	:	17
49	-		1:	27	:	19
50	-		1:	27	:	40
		Steve Sherwood/Un	1:	27	:	45
52	-	Ralph Webb/Un	1:	37	:!	56
		Alex Monterrosa	1:	28	:(00
54	-	Harry Blank/Un	1:	39	:(30
		Jeannette Cotte/WV				
				28		
57	-	Santos Reynaga/WV		29		
58	-	Jeff Richman/Un	1:	29	:	34
		R. Paffenbarger	1:	47	::	37
60	-	Thomas Bennett/Un	1:	30	:(30
61	-		1:	30	:2	29
			1:	46	:(30
63	-		1:	57	:	12
64	-		1:	39	:	18
65	-	Mike Gulli/PAL	1:	31	:2	25
66	-	Craig MacMahon	1:	31	:2	27
67	-	Joe Maher/Un	1:	31	:4	12
68	-	Kees Tuinzing/MH	1:	31	:4	13
		Greg Von Buchau/MH				
70	-	Lyn Walker/Un	1:	32	:1	14

41 - Steve Cole/DSE 1:53:22 42 - Frank Cuzillo/NCS 1:51:24



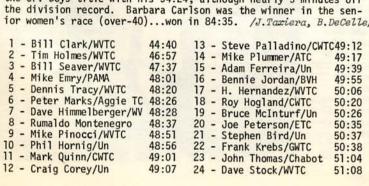
George Stewart /Dave Stock/

71	-	George Roach/Un	1:32:34
		Gene White/NCSTC	1:38:36
73	-	Frank Evans/NCSTC	1:41:43
74	-	Walt Stack/DSE	2:03:00
75	-	Mike Williams/Un	1:33:11
76	-	Gus Cano/ETC	1:33:37
77	-	Gail Gustafson/DSE	1:48:50
78	-	Julie Ortiz/DSE	1:48:50
79	-	Emil Richmond/NCS	1:57:03
80	-	Mike Preece/Un	1:38:06



Start of the Oakland Watermelon Run. /Jeff Zimmerman/

Clark Beats Heat and Field at Watermelon Run: (July 26, Oakland)
- Seeming not to be affected by the furnace-like conditions that plagued most of the runners, WTC's Bill Clark (see cover photo) churned out a 5:19 per mile average over a hilly 8.4 mile double loop to record a two-minute-plus margin of victory over teammate Tim Holmes, who will be a junior at Downey High in Modesto. Out of 302 starters, only 219 managed to complete the challenging run...it was mighty tempting to drop out after completing the first loop. Although not approaching Tom Hale's 43:16 standard, set last year, his time under the conditions was probably almost equivalent. Jim Shettler handled Bob Malain (52:21 to 53:34) almost as easily in the masters division, and amazing Sue Neary, used to the cool coastal breezes of Aptos, didn't suffer as much as the other women as she notched a 57:41 to easily outdistance teammate Kathy Himmelberger (60:57) and top-class runner Sue Munday (65:08). Sue managed to set a course standard for women despite all the heat. Ann Trason was the only other record-setter with her 67:28 in the Jr. Girls race. West Valley TC's 'furnace crew' had a near perfect 18 points to easily outscore Camino West TC's 124. The other teams were far back. Bob Love of CWTC took the Jr. Boys title with his 54:24, although nearly 5 minutes off the division record. Barbara Carlson was the winner in the senior women's race (over-40)...won in 84:35. /J.Taxiera, B.Decelle/





"WHY BOTHER KICKING IN THIS HEAT WHEN WE CAN JUST CUT THROUGH THE TREES?"

WHEN WE CAN JU	UST CUT	THROUGH THE TREES?"	
25 - David McCann/Un	51:28	37 - Joe Salazar/WSTC	53:15
26 - Mike Smith/PAMA	51:30	38 - Ross Rowley/Un	53:16
27 - Matt Dowling/DVTC	51:51	39 - Rich Vasquez/DVTC	53:33
28 - Gary Goettelmann/WV	52:02	40 - Bob Malain/NCSTC	53:34
29 - Mark McConnell/Un	52:09	41 - John Swift/Un	53:42
30 - Jim Shettler/WVJS	52:21	42 - Bob Bailey/Un	53:44
31 - Lester Mina/Un	52:25	43 - Dick Cordone/Un	53:52
32 - Patrick Scannell/Un	52:31	44 - Ralph Likens/WVTC	53:57
33 - Dave Colburn/CWTC	52:43	45 - Mark Millward/Un	54:03
34 - Chris Castro/Un	52:47	46 - Boyd Tarin/ATC	54:11
35 - Doug Rennie/BCTC	52:57	47 - Ulrich Kaempf/TRAC	54:14
36 - William Diaz/Un	53:03	48 - Frank Lemus/Un	54:18

49 - David Hull/CWTC	54:21	60 - David Sauer/PAMA	55:11	71 - Dave Weikel/CWTC	56:26	***WOMEN***	
50 - Javier Barragan/Un	54:23	61 - Dennis Urtiaga/WVTC	55:15	72 - Manuel Monge/Un	56:31	80 - Sue Neary/WVTC	57:41
51 - Bob Love/CWTC	54:24		55:24	73 - Guy Ealey/Un	56:32	106 - Kathy Himmelberger	60:57
52 - Terrence Casey/ETC		63 - Marc Lund/WVTC	55:26	74 - Larry Sumner/BCTC	56:37	126 - Sue Munday/Un	65:08
53 - Rich Fishbaugh/CWTC	NEWS PROPERTY	64 - Jim Blank/DVTC	55:34	75 - David Muela/ETC	56:38	139 - Ann Trason/Mont-TC	67:28
54 - Joe McDevitt/WVTC		65 - Mark Payne/PAMA	55:37	76 - Mickey Moberg/LVRC	56:51	142 - Louise Burns/DSE	68:01
55 - Wm. Faionul/GWTC			55:56	77 - Bruce Tarver/Un	57:03	143 - Penny DeMoss/WVTC	68:08
56 - Lloyd Sampson/Un		67 - Gus Cano/ETC	55:56	78 - Scott Shelley/Un	57:16	146 - Colleen Scannell/Un	68:35
57 - Bill Spence/WVTC	55:02	68 - John Geer/Un		79 - Albert Buck/Un	57:16	155 - Ellen Clark/WVTC	71:01
58 - Earl Hardy/Un		69 - Bob Paulin/CRR		80 - Sue Neary/WVTC	57:41	156 - Gail Gustafson/Un	71:08
59 - Gil Tarin/WVJS		70 - Ralph Bowles/WVJS		81 - Tony Casillas/WVTC	57:48	159 - Alicia Muniz/WatHS	71:56

Lafayette Rim Run--Templeman Again! (Aug. 9, Lafayette Reservoir) - Hans Templeman continued to make a shambles of top local road runners as he disposed of George Stewart on the super-hilly "Rim Run" around Lafayette Reservoir. Although far off Tom Hale's 36:20 course standard (1974), his 34 second victory certainly indicates he wasn't pressed. Surprising Phil Hornig (another mountain goat) grabbed third spot, just 6 seconds behind Stewart's 37:57. Bill Flodberg won his first masters title in some time with a 45:20 clocking, more than a minute ahead of Dennis Egley's 46:23. Cindergal Teri Anderson continued to dominate the road scene (whenever she runs), notching a 48:48 for the 6.0 mile circuit. Betsy White did very well in holding Teri's victory margin to 1:24, and masters competitor, Ruth Anderson, was a good third in 50:52. This year 170 managed to complete the grind. /G.Wetzork/

1 - Hans Templeman/Un 37:2 2 - George Stewart/WVTC 37:3 3 - Phil Hornig/WVTC 38:	7 20 - Karl Leal	42:13 42:47 42:52	37 - Lloyd Sampson 38 - Chris Jackson 39 - Jeffrey Baird	45:40 45:45 45:52	55 - Howard Griffith 56 - Danyal Kasapligil 57 - Teri Anderson/SJC	48: 38 48: 45 48: 48
3 - Phil Hornig/WVTC 38:0 4 - Bill Seaver/WVTC 38:0	다른 10 - 10 - 10 - 10 - 10 - 10 - 10 - 10	42:56	40 - Scott Shelley	45:57	58 - Gene White	48:52
5 - Dave Stock/WVTC 38:	가면 있는 사람들이 가는 사람들이 가는 사람들이 되었다. 아이들이 가는 사람들이 되었다면 하는데 되었다.	43:00	41 - John Weidinger/Un	46:05	59 - Marco Martin	48:56
6 - Mitch Kinger/CWTC 39:0	04 24 - Rockwell	43:05	42 - Jan Vorlaga	46:08	60 - Ernst Hayman/NCSTC	49:08
7 - Jim Sane/BCTC 39:	15 25 - Rowley	43:24	43 - Dennis Egley	46:23	61 - M. Berkowitz	49:10
8 - Tim Holmes/WVTC 39:	66 26 - Keith White	43:30	44 - Jerry Smith	46:34	62 - Alan Harkness	49:13
9 - Pete Flores/Aggie TC 40:0	00 27 - Chris Castro	43:45	45 - Randy Loehn	46:45	63 - A.J. Parmiter	49:17
10 - Craig Corey/Un 40:	22 28 - Frank Sierras	43:54	46 - Tony Pedri	46:47	64 - Sam Clark	49:22
11 - Doug McLean/WVTC 40:	29 - George Lynch	43:56	47 - W. Hurlburg	46:51	65 - Richard Mayers	49:34
12 - Tom Chavez 40:	38 30 - Jay Cruze	44:23	48 - A. Chesterman	47:07	***WOMEN***	
13 - Joe Salazar 40:	12 31 - Ralph Bowles/WVJS	44:31	49 - Kevin O'Hara	47:15	57 - Teri Anderson/SJC	48:48
14 - Kevin Searls 40:	52 32 - David Sauer	44:31	50 - Marv Winer	47:28	81 - Betsy White/WVTC	50:12
15 - Rich Vasquez 40:	59 33 - Devin Klein	44:34	51 - Javier Barragar	47:39	86 - Ruth Anderson/NCSTC	
16 - Steve Niedrauer 41:	19 34 - Allen Robertson	44:45	52 - H. Rache	48:09	94 - Colleen Scannell	51:35
17 - Terrence Boynton 41:	28 35 - Bill Flodberg/WVJS	45:20	53 - Reynaldo Corona	48:11	103 - Kathy Costello/OTC	52:50
18 - Bruce Kelly 41:	35 36 - Chris Svensgaard	45:39	54 - Brian MacMahon	48:15	114 - Roxanne Bier/Un	55:37



(ABOVE) Start of the 1975 Tahoe Relays. /Dave Warren/ (RIGHT) Skyler Jones is completing his leg and handing off to anchorman, Jack Bellah, on winning WVTC relay team. /Dave Stock/ (BELOW) Record-setting WVTC Tahoe Relay Team that ran 6:24:43; Left to right (Top): Bill Clark, Mike Pinocci, Jim Nuccio, Jack Bellah; (Bottom): George Stewart, Skyler Jones, Reid Harter. /Harold DeMoss/

New Tahoe Relays Mark by West Valley TC--Pinocci Sets Third Leg Mark: (Aug. 16, Lake Tahoe) - Although only one individual leg record was shattered during the 1975 edition of the Robt. E. DeCelle, Jr. Memorial Relays (Tahoe Relays), many of the old marks were missed by just a few seconds...it all added up to a very fast race. Prior to the race, WVTC's team captain, Jack Leydig, said that it might very well take a sub-6:25 to win it, and this turned out to be the case. Had the weather been a bit cooler and the competition a bit keener, the 6:20 mark might have even been eclipsed. After Mike Pinocci blitzed to a third leg mark and put WVTC ahead, it was just a matter of how fast the race might develop. Although the 3rd/4th exchange point was off a bit, it was figured that about 207 paces should have been added on to the 3rd leg (& subtracted from the 4th leg). After some calculations, it was determined that 45 seconds was a reasonable time to add, and this still gave Mike a time of 53:32, far superior to Ron Elijah's 1974 standard of 54:58. Ron Wayne just missed the 1st leg record by 4 seconds, and Jack Bellah was within 1 second on the anchor. A total of 5 teams dropped below the once-magic 7 hour barrier. Three other teams were within a few minutes. The NorCal Seniors were the first masters team to complete the round-the-lake circuit with a time of 8:19:59 (34th). A WVTC women's squad completed the relay in just under 9 hours (8:59:37) for what is believed to also be a new record to go with the men's. The first 'open' team was the "Mad River" squad that got second place overall in 6:36:07. On the following page are listed the splits for the first 10 teams overall, and then the final times for the rest of the 69 squads that completed the relay. Anyone who did not get a ribbon, please send a self-addressed, stamped envelope to: Harold DeMoss, Box 967, Los Altos 94022.

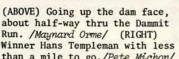




(1) WVTC "A" Team (Harter 63:50, Nuccio 1:57:08, Pinocci 2:50:42, Clark 3:46:30, Stewart 4:39:15, Jones 5:32:47, Bellah 6:24:43); (2) Mad River (63:24, 1:58:57, 2:54:53, 3:51:45, 4:44:36, 5:43:35, 6:36:07), (3) Tahoe Striders (61:50, 1:57:38, 2:53:58, 3:54:11, 4:49:10, 5:44:37, 6:40:37), (4) Pacific College "A" (65:08, 1:59:20, 2:57:53, 3:56:53, 4:54:15, 5:51:00, 6:46:12), (5) Sundance TC "A" (62:37, 1:56:03, 3:00:09, 3:55:37, 4:54:35, 5:56:05, 6:55:09), (6) Camino West TC (66:02, 2:03:45, 3:03:20, 4:04:28, 5:04:12, 6:03:38, 7:01:00), (7) Golden West "A" (67:13, 2:09:40, 3:09:00, 4:10:01, 5:04:00, 6:01:50, 7:02:12), (8) WVTC "B" (67:43, 2:10:30, 3:10:44, 4:11:11, 5:06:07, 6:07:47, 7:02:25), (9) Harrier Hole (71:30, 2:06:50, 3:09:58, 4:09:34, 5:15:15, 6:20:27, 7:17:47), (10) Cypress Pt. Gold & TC (73:36, 2:15:10, 3:18:54, 4:24:57, 5:19:20, 6:20:50, 7:17:55), (11) Woodside Str. 7:18:22, (12) Helineken Harriers 7:20:47, (13) Excelsior TC 7:22:19, (14) Pacific College "B" 7:22:42, (15) Pamakid "A" 7:25:23, (16) Oxy Tigers 7:27:20, (17) Buffalo Chips "A" 7:28:41, (17) Camino West "B" 7:30:36, (18) Golden West "B" 7:30:36, (19) Six Rivers RC 7:34:34, (20) Bonor Babies 7:36:58, (21) Ophir Prison "A" 7:37:35, (22) Camino West "B" 7:37:40, (23) Road Hogs 7:40:39, (24) TRAC-17:45:39, (25) Creed Ranch Runners 7:30:52, (26) Sundance TC "B" 7:56:44, (27) Half Moon Bay Running Mothers 7:56:51; (28) Stereoscope Loafers 7:58:58, (29) E.Bay Grease 8:05:19, (30) Excelsior "B" 8:08:50, (31) Cambrian RR 8:11:56, (32) WVTC "C" 8:12:46, (33) Las Pamas 8:19:43, (34) NCSTC/Masters 8:19:59, (35) Monte Vista AC 8:25:03, (36) Fort Ord Bayonets 8:25:33, (37) NCSTC(over 50) 8:35:31, (38) Pacific College "C" 8:40:20, (39) W. Fifth Fair Fliers 8:40:39, (40) Pamakids "B" 8:43:08, (41) Candian Bacon RC 8:46:30, (42) HSTC/Jyrs. 8:51:49, (43) IMAA 8:51:58, (44) Buffalo Chips "B" 8:52:28, (45) Tahoe Turkeys 8:56:37, (46) TRAC Masters 8:57:15, (47) Unatt. TC 8:58:10, (48) Lanza's Restaurant 8:59:37, (49) WVTC "Women" 8:59:37, (50) The Others 8:59:

Templeman is Victor in 2nd Annual Dammit Run--Judy Graham Leads Tough Women's Field: (Aug. 23, Los Gatos) - Running through a new course this year (a bit over 5 miles probably), the Dammit Run turned into a huge success, with over 400 finishers...despite the fact that the Dipsea Run was the next morning. Hans Templeman made good use of the fact that the course was changed to make it a bit hillier. After doing the Lafayette Rim Run and Felton, this was nothing at all. Coming onto the track, however, the Montana Univ. distance star somehow managed to go astray and did not circle the track. However, at the time he had a 150 yard lead with only a 330 to go, so the award was given to him anyway, although the course record must go to runnerup Bill Clark who followed the track around to the finishline. Clark's 30:07 was about 17 seconds back of Templeman, according to reports. CSM Frosh, Mitch Kingery, was a strong third until the final 220 when Clark put in a quick spurt that left him 9 seconds back. He still finished third, however. Judy Graham of the San Jose Cindergals grabbed a 22-second victory over Sue Neary as the women's competition proved to be as strong or stronger than the men's. Jim Shettler moved closer to reclaiming his Point Rating lead of 1974 with a nearly 3-minute margin of victory over Jerome Lewis (31:48 to 34:31). Ken Napier was another four







the women's competition proved to be as strong or stronger than the men's. Jim Shettler moved closer to reclaiming his Point Winner Hans Templeman with less Rating lead of 1974 with a nearly 3-minute margin of victory than a mile to go./Pete Michon/ over Jerome Lewis (31:48 to 34:31). Ken Napier was another four second arrears. The team scoring was really tight. West Valley TC garnered both the men's and women's titles, but although the men won 61-73-129 (over Camino West & Woodside Striders), the women came out on top by only a single point, and then because of a protest involving ineligibility. The final adjusted score was WVTC 783 and San Jose Cindergals 784!! /Maynard Orme/

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1 - Hans Templeman/Un	*29:50	29 - Bruce Sayre/CWTC	33:03	57 - Jerome Lewis/NCSTC	34:31	85 - Carl Gillette/WVJS	36:01
2 - Bill Clark/WVTC	30:07	30 - David Weikel/CWTC	33:04	58 - Leroy Bumbaca	34:40	86 - Andrew Arce	36:06
3 - Mitch Kingery/CWTC	30:16	31 - Don Poland/WSTC	33:07	59 - Ken Napier/WVJS	34:45	87 - Curt Karbowski	36:11
4 - Bob Paulin/CRR	30:31	32 - Todd Baker/Un	33:08	60 - Mike McQueeney	34:48	88 - Dave Colburn/CWTC	36:15
5 - Jack Bellah/WVTC	30:52	33 - Terrence Boynton/Un	33:09	61 - W. Weed	34:49	89 - Rod Robertson/CWTC	36:16
6 - Dave Stock/WVTC	31:01	34 - Dave Llewellyn/WS	33:10	62 - Javier Barragan	34:51	90 - Dan Anisman	36:19
7 - Scott Carvey/Un	31:24	35 - Dave Cortez/WS	33:12	63 - Tom Alarcon/CRR	34:53	91 - J. Harbaugh	36:21
8 - John Moreno/CWTC	31:33	36 - Bill Meinhardt/WVJS	33:13	64 - Walt Van Zant/WVJS	35:03	92 - Gary Galloway	36:24
9 - Mark McConnell/Un	31:36	37 - Mike Plummer/ATC	33:17	65 - Ed Tico/WVJS	35:06	93 - Mike Venning	36:26
10 - Tony Munoz/CWTC	31:38	38 - Frank Sterras/Un	33:19	66 - Kevin Donovan	35:07	94 - Mike Huffman	36:27
11 - Craig Corey/Un	31:40	39 - Bruce Kelly	33:23	67 - Craig Wells	35:09	95 - David Zermer	36:28
12 - Joe Salazar/WSTC	31:42	40 - Steve Fuller/WS	33:24	68 - Robert Paredes/CWTC	35:11	96 - Ray Russell	36:30
13 - Russ Daggatt/OTC	31:46	41 - Rudy Munoz	33:27	69 - Paul Cooper/CRR	35:15	97 - Steve Nelson	36:31
14 - Jim Shettler/WVJS	31:48	42 - Tom Paul	33:33	70 - Blair Goodrow	35:17	98 - David Reynolds	36:33
15 - Armando Lagunas	31:53	43 - Joe Mangan/WVTC	33:36	71 - Manny Mahon	35:20	99 - Tom Thibault	36:34
16 - Jesse Zamora/WSTC	32:00	44 - Kevin Klein/Un	33:41	72 - K. Ainslie/SolanoTC	35:22	***WOMEN***	
17 - Bob Cooper/WS	32:02	45 - Kent Guthrie/WVJS	33:45	73 - Rick Wolters/Un	35:22	100 - Judy Graham/SJC	36:38
18 - Bruce Rider/WVJS	32:16	46 - Glenn Harmatz/WVTC	33:49	74 - Glen Harada	35:24	111 - Sue Neary/WVTC	37:00
19 - Greg Miller	32:25	47 - Keith Shepardson	33:55	75 - Carlos Carrasco	35:25	120 - Roxanne Bier/Un	37:27
20 - Gary Goettelmann/WV	22	48 - Mark Isaalson/Un	33:56	76 - J. Williams	35:27	121 - Sue Munday/Un	37:30
21 - Greg Mandanis/WS	32:29	49 - Keith Maurer/WVTC	33:57	77 - Ted McRice/OCRC	35:31	125 - Phyllis Olrich/WVTC	37:38
22 - John Barbour/WS	32:38	50 - James Stewart/Un	33:58	78 - Ken Wernick/CWTC	35:32	129 - Peggy Lyman/WVTC	37:47
23 - Jay Marlowe/CWTC	32:41	51 - Haywood Norton/Un	34:03	79 - Harold DeMoss/WVTC	35:33	146 - J. Hendrickson/SJC	38:37
24 - John Clary/TRAC	32:45	52 - Vance Eberly/Un	34:04	80 - John Hilbrink	35:45	159 - Sally McPherson/SJC	
25 - Tom Cooper/CRR	32:46	53 - James S. Howe	34:10	81 - Mike Williams	35:52	162 - Diane Williams/PBP	39:19
26 - Mike Smith/PAMA	32:47	54 - Jess Frescas	34:16	82 - John Hanson	35:56	164 - Ann Witherspoon/SJC	
27 - John Weidinger/ETC	32:48	55 - Robert Weaver/CWTC	34:23	83 - Larry Vasquez	35:57	168 - Penny DeMoss/WVTC	39:33
28 - Roland Watson/WVTC	32:57	56 - Steve Coronado/WTC		84 - Carl Martin	36:00	188 - Tracy Weber/SJC	40:26

Benton Hart Sets Course Mark at Grass Valley X-C Run: (Aug. 23, Grass Valley) - Ex-Modesto High School'er, now attending Brigham Young Univ., Benton Hart, made his summer running 'debut' by grabbing the course record at the Golden Empire X-C Runs. His time for the 4.5-Mile course was 22:06.1. The battle was for second, where fast-improving Adam Ferreira edged Bob Deis and Colombian Jairo Vargas (22:13 to 22:14). There were many other age-group runs as well, and these are all summarized on the following page. Other record-setters were David McFadden (10-11) in the 1 mile, 587 yard race at 9:15.6; and Earl Lagomarsino's 23:00 in the 4.5 miler (16-18 Division).



Benton Hart set a new course mark at the Golden Empire X-C

BOY'S 9/U (1/2 Mi)		3 - Harry Youkers/Un	10:36	4 -	
	2:51	4 - Jon Valerga/DVTC	10:40	5 -	
1 - Chas. Haggard/VMTC			10:42	6 -	
2 - Joe Rice/WS	2:54			7 -	
3 - Greg Teague/NCTC	3:01	6 - Jon Lollopy/SierraH	10:50		
4 - John Gash/VMTC	3:02	7 - Chris Shultz/CB	11:05	8 -	
5 - Steve Edgar/NCTC	3:03	8 - Martin Dugard/CB	11:11	9 -	
6 - Peter Berzman/WS	3:04	9 - Danyal Kasapligil/Ur	111:13	10 -	
7 - Joe Liassen/WS	3:13	10 - Ken Harvey/NCTC	11:17	11 -	
8 - Glen Frye/Un	3:16	***GIRL'S 13/U*** (1 Mi,	587 Y)	12 -	
GIRL'S 9/U (1/2 Mi)		1 - Sandra Beauchamp/WS	9:21	13 -	
1 - Andrea Lervantes/RG	3:11	2 - Suzie Martinez/WS	9:26	14 -	
2 - Linda Van Huss/WS	3:12	3 - Karin Minn/WS	9:32	15 -	
3 - Kathy Cresta/WS	3:14	4 - Sandy Warner/WS	9:37	16 -	
4 - Karen Himenes/WS	3:15	5 - Tami Frye/WS	9:43	17 -	
5 - Kim Himenes/WS	3:17	6 - Sara Chamness/WS	9:47	18 -	
6 - Lori Jacobs/WS	3:18	***GIRL'S 14/0*** (2 Mi,	440 Y)	19 -	
BOY'S 10-11 (1 Mi,		1 - Eileen Claugus/Un	12:24	20 -	
1 - David McFadden/WS	9:16	2 - Darcy Burleson/IMMA	12:38	21 -	
2 - Brian Marlen/CB	9:36	3 - Pam Allen/Lassen	12:44	22 -	
MEN'S 12-13 (Apx.		4 - Debbie Rudolph/Las	12:52	23 -	
1 - Ray Eddy/Un	11:15	5 - Karen Nachbar/WS	13:02	24 -	
2 - Matt Dugard/CB	11:24	6 - Vicky Monroe/Las	13:40	25 -	
3 - Tom Arnez/CB	11:31	7 - Holly Himenes/WS	13:48	26 -	
	11:56	***OPEN*** (4.5 Miles)	10.10	27 -	
4 - Tom Owen/WS		1 - Benton Hart/Un	22:06	28 -	
	1.8 Mi)		22:13	29 -	
1 - Steve Faggella/GWTC	10:19	2 - Adam Ferreira/Un		30 -	
2 - Brian Barton/GWTC	10:23	3 - Bob Deis/Un	22:14	30 -	

Australian is Surprise Winner of Dipsea: (Aug. 24, Mill Valley to Stinson Beach) - Joe Patterson, a 41-year-old milkman from Queensland who never even heard of the Dipsea until the night before the race, won by 11 seconds over Don Pickett (47 years old from Tiburon). George McGrath, 56, of Sydney, Australia, came in third ahead of defending champion Darryl Beardall of Santa Rosa. Patterson, with a 7-minute handicap, covered the 6.8 miles to Stinson Beach in an actual elapsed time of 51:58. Both Australians were just staying in the Bay Area before leaving for home after competing in the World Masters Track Championships in Toronto. They just had read about the race in the paper and decided to have a go at it! The fastest scratch time went to Byron Lowry of Mill Valley who did 48:17 for sixth place with a two-minute handicap of his own. Boyd and Gil Tarin took the father/son award (9th % Sich) while Sone and Botton White analysis Run. /John Marconi/
Tarin took the father/son award (8th & 51st), while Gene and Betsy White grabbed the husband/wife award...Betsy was 13th, and we don't know Gene's finish yet. We have only a few results, thanks to Hans Roenau. We will try to get a complete set for next issue and print at least the top 100. Anyone having a list that deep should send it to us. /Roenau/

```
16 - Don Chaffee/Un
                                                                                                 58:41
                                    6 - Byron Lowry/MH
                                                              48:17
                                                                      11 - Seamount/Un
1 - Joe Patterson/Austr
                                                                      12 - Worling
                                                                                                          17 - Mike Healy/WVJS
                                                                                                                                    55:35
                                                                                                 61:04
                                    7 - Bob Biancalana/MH
2 - Don Pickett/MH
                          54:09
                                                              56:18
                                                                      13 - Betsy White/WVTC
14 - Don Makela/MH
                                                                                                          18 - Chuck Stagliano/DSE 52:41
                                                                                                 62:13
3 - George McGrath/Austr
                                    8 - Gil Tarin/WVJS
                                                              54:10
                          58:14
                                                                                                         19 - Karl Marshall/Un
                                                                                                                                    58:05
4 - Darryl Beardall/MH
                                                                                                 48:22
                                    9 - Bob Malain/NCSTC
                                                              56:14
                          50:51
                                                                                                          20 - Jim Nicholson/NCSTC 56:20
                                                                      15 - Bill Scobey/SFVTC
                                                                                                 51:23
                                   10 - Bob Bunnell/MH
                                                              48:26
5 - Debbie Rudolph/Un
                          56:59
```

Nuccio Sets Course Mark at Alameda: (Sept. 6, Alameda) - Jim Nuccio continues to set course records, with the Alameda 10 Kilo the latest to fall by the wayside with a 31:04 clocking. Matt Yeo was over a minute back in second, as Jim ran virtually a solo race. Jim Shettler did likewise to Bill Jensen in the masters race and appears ready to overhaul in the NCRR Point Ratings. Karen Bain led a sweep of the first five places by Will's Spikettes with her 16:47 over a bit less than 3 miles (course was cut short of advertised 3.3 miles). Divisional winners below--- /Bob DeCelle/

```
40:12
                                                                          9 - Paul Reese/NCSTC
                                     ***GIRL'S 13-14***
***BOY'S 7-8***
                                                                         10 - Al Weil/NCSTC
                                                                                                    40:30
                                     1 - Karen Bain/WS
1 - Mike Kennedy/Un
                            19:52
                                                                16:47
                                                                         ***OPEN***
2 - Robert Latting/DVTC
                            20:16
                                      2 - Sandy Warner/WS
                                                                17:00
                                                                         1 - Jim Nuccio/WVTC
2 - Matt Yeo/WS
                                                                                                    31:04
3 - Steve Ogden/DVTC
                                      3 - Karen Salisbury/Un
                                                                17:42
                            21:14
                                     ***WOMEN 15/OVER***
1 - Kathy Adams/WS
                                                                                                    32:22
***BOY'S 9-10***
                                                                            - Skyler Jones/WVTC
                                                                                                    32:29
                                                                17:02
  - John Latting/DVTC
                            17:59
                                                                            - H. Hernandez/WVTC
                                                                                                    32:36
                                      2 - Karen Nachbar/WS
                                                                17:19
                            18:31
  - Bryan Kovacs/ARTC
                                                                                                    33:11
                                                                          5 - Dennis Tracy/WVTC
                                                                18:38
  - Jim Chaney/DVTC
                            18:33
                                          Ruth Anderson/NCSTC
                                                                          6 - Tony Webb/Un
7 - David Himmelberger
                                                                                                    33:12
                                                                18:58
  - Jeff Mihn/Un
                            18:34
                                      4 - Skip Swannack/Un
                                          Louise Adamson/WVTC 19:02
                                                                                                    33:29
***BOY'S 11-12***
                                                                                                    33:32
                                     ***HIGH SCHOOL***
                                                                          8 - Bob Bailey/Un
  - Joe Ogden/DVTC
                            17:40
                                                                          9 - Clark Rosen/PAMA
                                                                                                    33:37
2 - Jim Salisbury/DVTC
                                                                34:25
                            18:17
                                      1 - Dan Harvey/CWTC
                                                                                                    34:03
                                      2 - Kurt Vineyard/AR
                                                                35:07
                                                                         10 - Doug Butt/MH
                            18:54
  - Larry Guinee Un
                                      3 - Harry Youkers/AR
4 - Ron Busby/WVTC
                                                                              Nick Vogt/GSTC
                                                                                                    34:17
                                                                35:52
                                                                         11
***BOY'S 13-14***
                                                                              Roland Watson/WVTC
                                                                36:00
                                                                                                    34:21
    Joe Fields/Un
                            15:49
                                                                                                    34:32
                                                                         13 -
                                                                              John Weidinger/ETC
  - Mike Boitano/Un
                            16:08
                                      5 - David Renaud/AR
                                                                36:12
                                                                                                    34:42
                                                                         14 - Ralph Bowles/WVJS
 3 - Peter Foster/DVTC
                            16:30
                                      6 - Marc O'Hara/MC
                                                                36:21
                                                                         15 - Dave Robertson/WVTC
                                                                                                    34:45
 4 - Bret Raffert/DVTC
                            17:11
                                      7 - Ken Romiguiere/C
                                                                 36:22
                                                                                                    35:00
***GIRL'S 7-8***
1 - Yvette Sims/BEBTC
                                      8 - Peter Wilamoski/AR
                                                                36:49
                                                                         16 -
                                                                              Bryan Tracy/Un
                                                                              Kent Guthrie/WVJS
                                                                                                    35:06
                                      9 - Bob Rolli/DVTC
                                                                 36:32
                                                                         17 -
                            26:40
                                                                              Marc Lund/WVTC
                                     10 - Gary Veasy/AHS
***MASTERS MEN***
                                                                37:09
                                                                         18 -
                                                                                                    35:08
                            26:56
 2 - Pippi Robben/Un
                                                                              Jeff Zimmerman/Un
                                                                                                    35:11
                                                                         19 -
***GIRL'S 9-10***
                                                                              Bryan Gieser/WS
                                                                                                    35:42
                                                                34:26
                                                                         20 -
                                      1 - Jim Shettler/WVJS
 1 - Barbara Valerga/OTC
                            20:17
                                                                              John Sheehan/WTC
                                                                                                     35:45
                                                                         21 -
                                                                 36:05
                            20:39
                                      2 - Bill Jensen/PAMA
 2 - Janice Bain/WS
                                                                              Gary Alderman/Un
                                                                                                     36:28
                                                                         22 -
                                      3 - Ulrich Kaempf/TRAC
                                                                 36:26
 3 - Kathy Scannell/Un
                            21:20
                                                                                                     36:59
***GIRL'S 11-12***
                                                                 36:54
                                                                         23 - Greg Tinlay/GSTC
                                      4 - John Finch/NCSTC
                                                                                                     36:59
                                      5 - Bill Snavely/Un
                                                                 37:52
                                                                         24 - Lyn Walker/Un
                            17:25
  - Sandra Beauchamp/WS
                                                                                                     37:20
                                      6 - James Jacobs/NCSTC
                                                                 37:52
                                                                         25 - Doug Dray/CRR
                            17:26
   - Colleen Scannell/Un
                                      7 - Dennis Egley/Un
                                                                 38:39
                                                                         26 - Bruce Dixon/Un
                                                                                                     37:39
 3 - Maryetta Boitano/Un
                            17:27
                                                                         27 - Clifford Stewart/Un 38:18
                                                                 39:28
                                      8 - Derl Crowder/Un
 4 - Natalie Fulcher/BEB
                            23:10
```



Jairo Vargas/NNTC

Pete Flores/Aggie

Steve Palladino

Stan Ross/CWTC

Doug Butt/MH Dave Cortez/WS

Mike Adams/ARJC

Tom Blake/Aggie

Greg Mandanis/WS

Robert Bourbeau Dave Robertson/WV

Matt Dowling/DVTC

Paul Holmes/BCTC

George Teague/Un

Steve Parker/NNTC David Renaud/Un

Larry McGrael'Un

Mike Rinaldi/Un Fred Kenyon/VMTC

Abe Underwood/BCTC 25:21 Jack Betschart/BC 25:23

Earl Lagomarsino Jim Sane/BCTC

Andy Sturgeon/GWTC 22:27 Karl Schaechterle 22:27 George Hernandez

Bob Loux/Un

22:14

22:25

22:29

22:41 22:45

23:00

23:05

23:20

23:25

23:36 23:52

24:07

24:12 24:20

24:30

24:34

24:37

24:46

24:48 25:06

25:11 25:13

25:19

Australian, Joe Patterson, surprise winner of the Dipsea Race. /Paul Reese/

LATE GNUS

RESULTS: - Ron Wayne won the PA 25-Kilo in 1:20+ and Jim Shettler won the Natl. Masters Title. Seniors TC of L.A. took the overall team award .--- Jim Nuccio won the Walnut Festival in course record time. All this and more...next time!

Two-Mile High School Postal: (Nov. 1, Saratoga) - Note: Only a partial list of results (varsity race #1) have been received by our publication deadline. We will probably list more in next issue. All are seniors unless noted (9=frosh, etc.). 1-Holmes /Dwn(11) 9:10.5, 2-Schultz/Red 9:12.1, 3-Farrell/LS 9:17.5, 4-Read/J 9:18.5, 5-Miller/MP1 9:19.5, 6-Love/Ca(10) 9:20.0, 7-Berry/Red(10) 9:20.7, 8-Sup/P 9:21.0, 9-Paulin/Cam 9:23.0, 10-Behrmann/LA 9:23.5, 11-Lagomarsino/J 9:24.9, 12-Newborgwer/RLS 9:25.0, 13-Munoz/Wat 9:28.0, 14-Johnson/Ov 9:28.0, 15-Dyer/Sar 9:30.4, 16-Carrasco/MP1(9) 9:31.1, 17-Bruns/Sar(11) 9:33.0, 18-Fairly/LS 9:33.0, 19-Tarin/Liv 9:34.0, 20-Mihailoff/R 9:34.0, 21-Smith/MSJ 9:36.0, 22-Bolen/EC 9:37.0, 23-Anex/LS(11) 9:37, 24-Mandanis/Ca 9:38, 25-Barton/J 9:38.5. /Bill Mensing/

Pac-8 Southern Division: (Nov. 1, UCLA) - 6.2 Mi - Stanford 28, UCLA 38, Cal 59, USC ns. 1-Sandoval/S 31:07, 2-Thomas/UCLA 31:15, 3-Bellah/S 31:48, 4-Nitti/UCLA 32:05, 5-Kissin/S 32:23, 6-Boswell/UCLA 32:32, 7-Fritzke/Cal 32:48, 8-Emory/S 32:55, 9-Harris/Cal 32:57, 10-Blume/Cal 32:58, 11-Cummings/S 33:02.

//Marshall Clark/

Big-8 Conference: (Nov. 1, Boulder, Colo.) - 5 Mi - (1) Schemmel/KS 25:22...(10) Pinocci/OSU 26:04, (15) Quintana/Colo 26:22. /The Harrier/

PA-AAU Girl's Age-Group Champs: (Nov. 2, Belmont) - (EXHIB.-WOMEN) 1-01rich/WVTC 18:06, 2-Haberman/SJC 19:56, 3-Tiernan/WVTC 19:58, 4-Swannack/WDS 20:39, 5-Regalado/SV 21:14. (14-18) SJC "A" 36, SJC "B" 70, Lassen 102. 1-Bowers/SJC 16:08.9, 2-S.Greenberg/SJC 16:16, 3-L.Greenberg/SJC 16:18, 4-Adams/WS 16:25, 5-Allen/L 16:38, 6-Simmons/RCF 16:43, 7-Carron/ML 16:52, 8-Belk/SJC 16:59, 9-Neary/WVTC 17:03, 10-Wotherspoon/SJC 17:09, 11-Nachbar/WS 17:16, 12-Rudolph/L 17:19, 13-Mears/SJC 17:21, 14-Dimmick/SJ 17:27, 15-Wolfe/RCF 17:28. (12-13) WS 40, SJC 64, RCF 108. 1-Bier/SJC 10:49.2, 2-Bain/WS 11:02, 3-McKeen/NCTC 11:16, 4-Beauchamp/WS 11:20, 5-Regan/CY 11:22, 6-Allred/NCTC 11:22, 7-Linn/WS 11:23, 8-Himenes/WDS 11:24, 9-Davis/RCF 11:29, 10-Miller/SJC 11:37. (10-11) OTC 68, SLT 70, RG 105. 1-Gleason/CY 8:33.2, 2-Choy/SV 8:35, 3-Fuller/RG 8:37, 4-Martinez/WS 8:47, 5-Wolcott/SLT 8:52, 6-Scannell/Berk 8:54, 7-Boitano/Un 8:56, 8-Hitchcock/SLT 8:57, 9-Van Buskirk/OTC 9:01, 10-Marvin/ATC 9:02. (9/UNDER) CY 50, APP 85, WDS 112. 1-Miller/App 6:18.0, 2-Bain/WS 6:24, 3-Johnson/SLT 6:27, 4-Bento/CY 6:28, 5-Scannell/Berk 6:35, 6-Carney/CY 6:36, 7-Vasquez/App 6:37, 8-Smith/SV 6:39, 9-McLaughlin/CY 6:40, 10-Lepley/CY 6:41.

PA-AAU Boy's Age-Group Champs: (Nov. 2, Belmont) - (14/UP) 1-DeWitt/VMTC 16:13.6. (12-13) SVTC 47, DVTC 82, Arrow 105. 1-Miller/CY 10:36.7, 2-Gonzales/ATC 10:38, 3-Krause/DVTC 10:52, 4-Marson/ML 10:55, 5-Sells/SV 10:57, 6-Scattini/SV 10:58, 7-Ogden/DVTC 11:00, 8-Green/SV 11:00, 9-Sakelarios/RCF 11:00, 10-Lewis/ATC 11:02. (10-11) RCF 34, DVTC 64, Arrow 74. 1-Don Aviles/RCF 8:28.5, 2-Dean Aviles/RCF 8:38, 3-Sells/SV 8:43, 4-Cambron/RCF 8:50, 5-Chaney/DVTC 8:51, 6-Latting/DVTC 8:52, 7-Sakelarios/RCF 8:56, 8-Mihm/Un 8:57, 9-Lee/CY 8:58, 10-Castro/ATC 8:59. (9/UNDER) SVTC 34, WDS 91, VMTC 91. 1-Munn/SV 6:00, 2-Haggard/VMTC 6:09, 3-Teague/NCTC 6:12, 4-Taylor/SV 6:15, 5-G. Scattini/SV 6:24, 6-Edgar/NCTC 6:27, 7-DeBrine/RCF 6:32, 8-B. Scattini/SV 6:34, 9-0'Hara/VMTC 6:37, 10-Berzaman/WDS 6:39. (6-7 EXHIB.) 1-Myal1/SC 7:03, 2-01vera/SV 7:09. /Sakelarios/

Far West Conference Champs: (Nov. 8, Belmont) - 5.1 Miles - UCD 27, HSU 37, SacSt 83, Stanislaus 98, SFS 111, CSH 172. 1-Dulaney/HSU 25:42.0 (CR), 2-Yeo/UCD 25:46, 3-Sweeney/UCD 25:53, 4-Cole/HSU 26:11, 5-Hammer/HSU 26:20, 6-Leeper/UCD 26:35, 7-Taxiera/UCD 26:39, 8-Brooks/Stan 26:50, 9-Berquist/UCD 26:55, 10-Hayes/HSU 27:03, 11-Martinez/UCD 27:07, 12-McCarthy/SFS 27:16, 13-Mijares/Sac 27:29, 14-Cooper/Sac 27:33, 15-Fuller/Sac 27:34, 16-Haroum/Stan 27:36, 17-Anderson/HSU 27:38. /Dave Fix/

National AAU Masters X-C Champs: (Nov. 15, New York City) - Van Cortlandt Pk. 10 Kilo (difficult) - Only partial results have been received, but the big story is that the PA-AAU District All-Star Team walked off with the team title (second place team and scores not available)! The team was composed of: (8) Ray Menzie/WVTC 36:53, (21) Harold DeMoss/WVTC 37:55, (24) Bill Jensen/PAMA 38:00, (25) John Finch/NCSTC 38:02, (33) Jim O'Neil Jersen/PAMA 38:00, (25) John Finch/NCSTC 38:02, (33) Jim O'Neil Division II (over 50), beating Jim McDonagh by 2 seconds. Flory Rodd was 3rd in Div. II. Winner (not known at moment) was timed in 34:58. To attest to the toughness of the field, Hal Higdon could only manage 10th place! Race was run under perfect conditions...126 entries. More next time. /Jim O'Neil/

LONG DISTANCE RESULTS

Palos Verdes Marathon: (June 14, Palos Verdes) - More results of local finishers are listed here (top 10 in issue #54). 66-Winer/CCAC 2:57:39, 77-Egley (2nd 50+) 3:00:37, 142-Y.Cotte/WVTC 3:11:26 (1st Woman), 209-J.Cotte/WVTC 3:21:23 (2nd Woman), 298-J.Boitano 3:32:24, 333-M.Boitano 3:36:13. /J. Brennand/

SPA-AAU One-Hour Run: (July--various dates & locations) - Below are the compiled results from 4 races held this summer in postal competition. Distances are in miles/yards. -- 1-Tuttle/BHS 12-811 (New Amer. Rcd., old Rcd. by Bill Clark, 12-527 in August 1971), 2-Baksh/HHS 12-254, 3-G.Aguirre/SBAA 12-147, 4-Hayes/SBAA 12-93, 5-Ocana/BHS 11-1639, 6-Moffitt/AZTL 11-1003, 7-Branch/CCAC 11-921, 8-Covert/SFVTC 11-916, 9-Maier/CCAC 11-906, 10-Kushner/CCAC 11-800, 11-Chambliss/SBAA 11-576, 12-Moses/GPAC 11-552, 13-Miller/CCAC 11-426, 14-Broten/STC 11-330, 15-Roberts 11-98, 16-Smartt/Un (40+) 11-26...40-Rudberg/STC (40+) 10-811, 46-Nanninga/WVTC 10-614, 60-Sawyer/Soq 10-251, 61-J.Hansen/SFVTC (Woman) 10-246, 106-S.Collins/SLDC 9-697, 192-V.Collins/SLDC (Woman) 7-1683. /John Brennand/

Pikes Peak Marathon: (Aug. 3, Manitou Sprgs., Colo.) - ASCENT: (20-34) 1-Trujillo/CTC 2:01:47 (Record), 2-Smead/CTC 2:07:15, 3-Lower/Col 2:16:21, 4-Harrie/San Bernardino 2:21:29, 5-Strabel /Colo 2:25:12, 6-Young/Ariz 2:24:30...14-Sweezey/PAMA 2:50:02, 58-Rasmussen/Davis 3:24:30, 65-Burns/Berk 3:27:20, 66-Witter/ Novato 3:27:22, 71-McDonald/Davis 3:32:02, 79-Albert/Carmichael 3:38:17, 81-Canning/San Anselmo 3:41:30, 84-Crowley/Menlo Park 3:46:04, 88-Colin/SF 3:52:27, 90-Cooper/MI 3:53:29, 101-Hlavac/ Mill Valley 4:11:35, 109-Weill/SF 4:19:22, 115-Whalen/SF 5:10:07. (35-39) 1-Butterfield/BAA 2:30:00, 13-Whittingslow/ SFOC 3:23:57, 15-D.Ullyot/SF 3:38:00, 17-Stafford/Kenwood 3:41:07, 22-B.Swannack/Los Altos 4:29:37, 23-Lester/SF 4:45:04. (40-49) 1-Greene/Colo 2:28:30, 12-Dingwall/PAMA 3:27:47, 17-Chambers/Reno 3:43:25, 18-Cotter/Corte Madera 3:45:35, 19-Siitonen/SF 3:47:30, 21-J.Anderson/Dakland 3:53:26, 23-Jenner/Brk 3:57:33, 29-Witter/SF 4:32:16, 32-Hamaker/Presidio 5:45:00. (50-59) 6-Fox/Campbell 3:20:34, 7-Getas/SF 3:27:55, 11-Collins/SLDC 3:42:29, 13-Sekulich/NCSTC 3:54:55, 16-Anawalt/PAMA 4:12:15 19-Rodd/NCSTC 5:02:40. (60+) 1-Wertin/SF 3:43:42, 2-Cole/SF 3:55:02, 3-Stack/DSE 3:58:12. (16-19) 7-Keller/Placerville 2:52:54, 47-Witter/Novato 4:18:03. (15/UNDER) 15-Bangert/MLTC 4:22:01, 23-M.Bangert/MLTC 5:45:12. (WOMEN 16/UNDER) 1-L.Bangert/MLTC 5:20:25. (WOMEN 17-30) 5-Fox/Berk 4:34:50. (WOMEN 31/OVER) 1-Messenger/Colo 3:02:24 (Rcd), 2-Ullyot/WVTC 3:10:46, 3-Burns/Berk 3:21:52, 4-Anderson/NCSTC 3:27:40, 5-Gustafson/SF 3:45:00, 6-St. James/Coyote 3:46:00, 7-Collins/SLDC 3:52:00, 8-Chambers/Reno 4:05:08, 10-Swannack/WDS 4:45:00, 11-Dingwall/PAMA 4:50:00, 12-McEwen/SF 4:50:37, 13-Pedersen/SF 5:24:48, 17-Marsh/SF 6:10:00. ROUNDTRIP: 1-Trujillo 3:31:05 (Rcd), 2-Lower 5:50:34, 84-Colin 6:07:53, 85-Canning 6:07:53, 87-St. James 6:10:00, 88-Gustafson 6:10:52, 96-Stafford 6:24:18, 99-D.Ullyot 6:30:42, 101-Cooper 6:32:35, 106-Cotter 6:58:00, 107-Dingwall 7:00:00, 109-D.Weill 7:05:15, 110-Stack 7:25:00, 112-S.Swannack 7:



"Not a public thoroughfare?" Runners don't seem to take heed in the DSE Biathlon, held in early Sept. /Jim Engle/

Walnut Sports Festival: (Aug. 3, Walnut) - 6.0 Mi - 1-Gregorio/ CTC 28:39 (CR), 2-White/AATC 30:17, 3-Simonian/LAV 30:31, 4-Swift/AZPC 31:03, 5-Leeper/AGTC 31:14, 6-Macias/Un 31:25, 7-Cook/AIA 31:48. /John Brennand/

Huntington Beach Distance Derby: (Aug. 9, Huntington Beach) - 10.0 Mi - 1-Baksh/SFVTC 49:28, 2-White/AATC 49:31, 3-Scobey/ CCAC 50:38, 4-Branch/CCAC 50:43, 5-Carlson/AATC 51:12, 6-Dulany /HSU 51:46, 7-Cook/AIA 51:47, 8-Covert/SFVTC 51:55, 9-Simonian/ LAV 51:56, 10-Sweeny 51:57, 11-Nolasco/SDTC 51:58, 12-Kurrle/ BHS 51:58, 13-Hanson/CCAC 51:59, 14-Reynoso/SLDC 52:13, 15-Swift/AATC 52:48, 16-Johnson/SDTC 52:49, 17-Akiyama/SDTC 52:50, 18-Colley/SURR 54:31, 19-Hughes/BHS 54:45, 20-Caldwell/AIA 55:00...37-Rudberg/STC (40+) 56:56, 53-Hansen/SFVTC (Woman) 59:09, 77-Rudolph/Lassen 61:36, 84-Gorman/SFVTC 62:02./Brennand/

Santa Monica Sports Festival: (Aug. 24, Santa Monica) - 6.2 Mi - 1-Williams/Ore 30:26, 2-White/AATC 30:27, 3-Baksh/HHS 30:29, 4-Schankel 30:30, 5-Nitti/UCLA 30:39, 6-Carlson 30:40, 7-Cook/AIA 31:09, 8-Lee 31:30, 9-Kurrle/BHS 31:32, 10-Acuff 31:35...(Vets) 1-Smartt 33:14, 2-Smith 33:51...(Women) 1-Gorman/SFVTC 36:19, 2-Reinhart 39:42. /John Brennand/

DSE Ocean Beach Run: (Aug. 30, San Francisco) 6.0 Mi - 1-Sershen /Un 30:19, 2-Leydig/WVTC 32:22, 3-Fitzgerald/PAMA 32:34, 4-Weidinger/Un 32:59, 5-McVeigh 33:35, 6-Jensen/PAMA(40+) 33:36, 7-Lee 33:50...80-Betsy White/WVTC 40:09. /DSE Newsletter/

2nd Annual Rio Beach Run: (Aug. 31, Aptos) 6.86 Mi - 1-McConnell/Stan 38:03, 2-Watson/WVTC 38:43, 3-Brock/WVTC 38:43, 4-Munoz/CWTC 39:33, 5-Carruth/WVTC 40:48, 6-Marlowe/CPSLO 40:50, 7-Milward/WVTC 41:19, 8-Frosolone/Un 41:22, 9-Macallair 41:27, 10-Watkins 41:28, 11-Meinhardt 41:36, 12-Salazar 41:39, 13-Minor 41:44, 14-Paredes 41:50, 15-Eberly 41:59, 16-Reynaga/WVTC 42:10, 17-Gregoric 42:17, 18-Goodrow 42:23, 19-McLean 42:26, 20-Sierras 42:31...(Women) 1-Poor/SJC 43:50, 2-Furtado/Buchser HS 44:13, 3-Bier/Un 44:17, 4-Hendrickson/SJC 44:48, 5-McPherson/SJC 47:13, 6-Weber 47:46. /Don Amini/

Mt. Baldy Hill Climb: (Sept. 1, So.Cal.) 8.0 Mi - 1-Smead/CTC 62:44, 2-Scobey/CCAC 66:55, 3-Moffitt/GNG 67:19, 4-Harrie/RRR 68:51, 5-Rawlings 69:09, 6-Louis 69:51, 7-Kushner/CCAC 71:48, 8-Durand/Un 72:11, 9-Stephenson 72:53, 10-Assumma,F./SURR 74:58, ...(40+) 22-Durand/STC 78:55, 26-Holtel 79:53,...(Women) 43-Sanchez 89:19...73-S.Collins/SLDC 1:42:49, 85-V.Collins/SLDC 1:55:31.

SPA-AAU 50-Mile Champs: (Sept. 6, Santa Monica) - (Dirt track)
1-Burgasser/STC 5:39:06, 2-Levinson/STC 6:23:47, 3-Sheeran/STC
(48) 6:30:23, 4-Donna Gookin/SDTC 7:18:36, 5-Eileen Waters/SDTC
7:44:00, 6-Reynolds/PLTC 7:45:19, 7-Klass/GPAC (53) 8:13:42...
12 finishers. Donna Gookin picked up a world mark at 40 miles with 5:42:30, bettering Eileen Waters' 5:49:51. /Tom Sturak/

DSE Biathlon: (Sept. 7, San Francisco) Run 3 Miles, Swim 1/4 Mile (approx. distances) - 1-Price/WVTC 23:40, 2-Gaughan 23:42, 3-Matheson 24:11, 4-Larson 24:28, 5-Walker 24:39, 6-???, 7-R. Major 24:46, 8-Stanbridge 24:50, 9-Gottsche/WVTC (11) 25:15, 10-Swezy/PAMA 25:23, 11-Chaffee/ETC 25:33...(40+) 14-P.Cunneen/PAMA 26:20...(Women) 32-C.Scannell 28:54, 33-D.Major 28:58, 34-Scott 29:04...123 participants.

UCCM La Fiesta X-C Races: (Sept. 13, Grover City) 4.0 Miles - (OPEN) 1-Cadena/SLDC 19:42, 2-Genschmer/WVTC 20:03, 3-Mys1i-viec/CPSLO 20:33, 4-Dabill/Un 20:40, 5-Arreola/SLDC 21:25, 6-Welch/Un 21:26...(40+) 12-Cline/SLDC 23:29, 17-S.COllins/SLDC 25:41...(Women) 20-Spierling/SLDC 28:56, 21-Collins/SLDC 29:36. (15/UNDER) 2.0 Miles - 1-Vrooman 10:18. /Stan Rosenfield/

Will Rogers 15 Kilo X-C: (Sept. 14, So.Cal.) - 1-Scobey/CCAC 49:58, 2-Branch/CCAC 50:40, 3-Hughes/SFVTC 50:54, 4-Cour 51:21, 5-Siva 51:41, 6-Rawlings 51:49, 7-P.Ryan/GWAA 52:10, 8-Bueller 52:13, 9-C.Assumma/SURR 52:41, 10-Edwards/Un 53:32...(Women) 38-N.Garcia/SDTC 59:04, 57-Sanchez 61:53. /John Brennand/

Equinox Marathon: (Sept. 20, Fairbanks, Alaska) 1-May 3:01:15, ...7-Alex Monterrosa/PAMA 3:21:07, 13-H.DeMoss/WVTC 3:30:22 (4th 40-49),...(Women) Coe(14) 3:52:54, P.DeMoss/WVTC 4:00:48 (34th)...153 starters (21 women). /Harold DeMoss/

Atascadero Colony Days 4-Miler: (Sept. 21, Atascadero) - 1-Cadena/SLDC 19:49, 2-Genschmer/WVTC 20:05, 3-Warrick/CPSLO 20:34, 4-Stock/WVTC-CPSLO 20:41, 5-Beaton/SLDC 21:13, 6-Mysliviec/CP 21:15, 7-Hockerson/CP 21:18, 8-Hiserman/Un 21:49...(Women) 23-Arreola/SLDC (12) 25:22, 24-Rouda/CP 25:55. /Stan Rosenfield/

Griffith Park 20 Kilo: (Sept. 27, L.A.) - 1-Babiracki/SFVTC 62:21, 2-Scobey/CCAC 63:59, 3-Cook/AIA 64:11, 4-Hughes/SFVTC 64:32, 5-Miller/CCAC 64:57, 6-Branch/CCAC 65:15, 7-Moffitt/GNG 66:07, 8-Alfaro/AZTL 66:41, 9-Freemoth 67:21, 10-Reyes 67:47, ...(40+) 15-Smartt 69:01, 22-Crum/STC & Rudberg/STC 71:31... (Women) 36-Kinsey 77:58, /John Brennand/

Long Beach Grand Prix 5 Kilo: (Sept. 27, Long Beach) - 1-Steiner/AATC 14:40, 2-Wayne/WVTC 14:58, 3-Sutherland/SFVTC 14:59, 4-Horn/SFVTC 15:04, 5-Kurrle/Un 15:09...(Women) 1-Heald/Un 16:42, 2-Hansen/SFVTC 17:13...(40+) Turner/STC 17:34./STC News/

Contra Costa YMCA Run: (Sept. 27, Richmond) - 2.75 Miles - 1-Fitzgerald/PAMA 13:41, 2-McMeans/DeAnza HS 14:20, 3-Martin 14:25, 4-Swezey/PAMA 14:26, 5-Jones 14:30, 6-Warren/ETC 14:33, 7-Myers/PAMA 14:38, 8-Harlow 14:43, 9-Teeguarden/NCS(40+) 14:44, 10-Bachand 15:05...(Woman) 38-Edelsen 18:04. /G. Moss/

Arroyo Grande Harvest Festival 8-Miler: (Sept. 27, Arroyo Grande) - 1-Cadena/SLDC 40:31, 2-Beaton/SLDC 44:18, 3-Hiserman 44:18, 4-Pena 44:48, 5-Flather/Palo Alto 44:58, 6-Rosenfield 45:15, 7-Cline(40+) 46:02. /Stan Rosenfield/

College of the Canyons Road Run: (Sept. 28, Valencia) - 7.9
Miles - 1-Reynoso/CP 42:21, 2-Macias/ELATC 43:07, 3-Martinez/
CC 43:25, 4-Blakley/Un 43:28, 5-Brenneman/CC 44:01, 6-Bowles/
WVTC 44:08, 7-Shaffer/CCAC 44:26...(40+) 28-Perez/STC 48:37...
(Women) 47-Tiernan/WVTC 52:33. /California Track News/

DSE Baker Beach Run: (Sept. 28, San Francisco) - (Not run on beach...alternate course 3 Miles+). 1-Muela/ETC & Fitzgerald/PAMA 16:32, 3-Weidinger/ETC 16:37, 4-Stagliano 17:10, 5-John/ETC 17:14, 6-Jensen/PAMA(40+) 17:20...13-Cunneen/PAMA(40+) 18:01...(Women) 32-Boitano 19:30, 34-Tiernan/WVTC 19:40, 40-C.Scannell 19:54. /DSE Newsletter/

Mt. Vaca Hill Climb: (Sept. 28, Vacaville) - 10.6 Miles - 1-Butt/Un 66:28, 2-0'Riordan/WVTC 67:57, 3-Otter 70:06, 4-Smith/Un (40+) 72:18, 5-Cordone 76:32, 6-LaPierre 76:48, 7-S.Swesey 77:40, 8-Flodberg/WVJS(40+) 79:57, 9-Mourgey 84:37, 10-0'Neil, M.(40+) 84:53...(Women) 15-Anderson/NCSTC 86:48, 18-P.Reneau 92:05, 21-T.Reneau 93:36. Doug Butt set a new unofficial downhill record of 24:30: /Bill Flodberg/

New York City Marathon: (Sept. 28, N.Y.C.) 1-Fleming/NYAC 2:19:27.6, 2-Bragg/NYAC 2:25:20, 3-Smith/MohStr 2:26:03, 4-White/ChTC 2:28:38, 5-Baxter/BAA 2:28:40, 6-Hall/OkwdTC 2:28:52, 7-Fredrick/NYAC 2:29:46...22-Williams/WVTC 2:44:17, 25-Waco/CCAC 2:46:08 (1st 40+), 78-Rodd/NCSTC 3:02:27 (1st 50+), 111-Lem/SF 3:14:07, 186-R.Miller/SF 3:37:11. /F.Lebow/

National AAU Women's Marathon: (Sept. 28, N.Y.C.) 1-Merritt/
ParksideAC 2:46:14.8 (CR), 2-Gorman/SFVTC(40+) 2:53:03, 3-Barron/AtTC 2:57:22, 4-Ullyot/WVTC 2:58:31, 5-Bevans/Balt 2:59:20,
6-Garrett/ArizTC 3:01:41, 7-Switzer/CPTC 3:02:57, 8-Linday/NY
3:06:53, 9-Mallery/OhioTC 3:07:27, 10-May/Alaska 3:12:02...
20-L.Bangert/MLTC 3:51:36. (44 starters, 36 finishers) Teams:
Central Pk. TC, Long Island Gold Spikes. Weather was sunny,
clear (61°-68°); rolling hills. /Nina Kusesik, Fred Lebow/





(Left) Joan Ullyot, in the best condition of her life, won the Pamakid Lake Merced Run in 42:29, setting a course record, only a week after placing fourth in the Women's AAU National Marathon in New York City. /Dennis O'Rorke/ (Above) Doug Butt captured the Mt. Vaca Hill Climb and set a downhill record of 24:30 for 5.3 miles! /Daye Stock Photo?/

Lake Merritt All-Comers Runs: (Oct. 5, Oakland) - (5 Kilo) 1-Tucker 16:27, 2-Warren/ETC 17:05, 3-Jiks 17:10, 4-Visser 17:21, 5-Allen 17:21. (10 Kilo) 1-Tucker 34:29, 2-Warren 35:42, 3-Spino 36:49, 4-Moss(40+) 38:06, 5-Walker 38:08. /George Moss/

Malibu Canyon X-C: (Oct. 5, So.Cal) - 6.2 Mi - 1-Cook/AIA 33:38, 2-Johnson 33:45, 3-Horn 33:50, 4-Martinez 33:56, 5-Swift /AZPC 34:05, 6-Arquilla/AATC 34:10, 7-Miller/CCAC 34:14, 8-Carlson 34:25, 9-Macias/ELATC 34:36, 10-Chase/Un 34:49, 11-Hughes/SFVTC 34:56, 12-Maier/CCAC 35:05, 13-Lee 35:10, 14-A1-faro/AZTL 35:17, 15-Haller 35:19...(40+) 24-Brennand/SBAA 37:03, ...29-Bowles/WVTC 37:30. /John Brennand/

Reedley Road Runs: (Oct. 11, Reedley) - (OPEN) 1-Zarate/UNTC 28:41, 2-Wysocki/Nev 29:00, 3-Dagg/Nev 29:26, 4-DeLaGarza/Nev 29:40, 5-Caputo/LassenTC 30:05, 6-Curt Elia/FrTC 30:14, 7-Fredrickson/Nev 30:28, 8-Vargas/Nev-Col 30:46, 9-Sanchez/Nev 31:16, 10-Kiel/Un 32:03...(40+) 1-Thornton/HSTC 33:22, 2-Livesay/SDTC 33:43. /California Track News/ (6 Mile Race)

Lake Merritt Columbus Day Runs: (Oct. 12, Oakland) - HELP!! - Those of you who ran this year's 5 & 10 Kilo runs were aware that no one recorded finish places or times. We do have a partial list of the top open/masters/women in both races, but we need the help of our readers. If you ran in these (either) races, and if you remember your time or place (times were called off at the finish), please send your name/finish-place/time to the NCRR right away. We will try and piece together some information for next issue and print a more complete set of results then, instead of doing it this time. They will be late, but at least maybe we can get something out. We want not just the top open runners (say 30-40 deep), but also the top women & masters in both races...especially for point races. So if you don't remember your time, at least send us your place...it will be appreciated very much. Thanks.



Ross Smith placed second in the Masters AAU Marathon with a 2:39:15. /O'Rorke/

Santa Barbara Marathon: (Oct. 12, Santa Barbara) 1-Schmenk/USAF 2:28:21 (CR), 2-Lee 2:31:13, 3-Cadena/SLDC 2:34:13, 4-Shaffer/CCAC 2:36:08, 5-Schwertzer 2:36:58, 6-McDermott 2:38:51, 7-Donovan 2:39:10, 8-Sayward 2:39:55, 9-Bartek/SBAA (40+) 2:42:13, 10-Maron/SBAA 2:42:43, 11-McComb 2:43:59, 12-Rupp 2:44:05, 13-Brennand/SBAA(40+) 2:44:33, 14-Georgi/SBAA 2:45:17, 15-Gleason 2:46:58...22-Sawyer/ SQRC 2:53:35, 30-McCray/USAF 2:57:42, 32-Stein/TRAC 2:58:59, 36-Perkins/USAF 2:59:50, 40-Gillette/WVJS 3:01:01, 76-Bowen/RW 3:17:27, 83-Mary Carman 3:20:20, 101-Lem 3:29:10, 112-Campbell/WVJS 3:36:58, 115-Miller/PAMA 3:38:54, 127-Jan Herhold/RW 3:44:57, 139-Ruth Dettering/ NCS 3:53:55 (1st WV), 162-Siitonen/DSE 4:26:24, 180-Anawalt/PAMA 5:11:33.

/John Brennand/

Nike/Oregon TC Marathon: (Oct. 12, Eugene, Oregon) 1-Anderson/OTC 2:16:08, 2-Kardong/CNW 2:19:14, 3-Norton 2:22:45, 4-Dewsberry/OTC 2:22:57, 5-Berka 2:23:04, 6-Merrell 2:23:44, 7-Chapman 2:26:55, 8-Steinke 2:35:44, 9-Jacob 2:38:09, 10-Peterson

2:38:14, 11-Jackie Hansen/SFVTC 2:38:19 (World Record),...14-Frosolone 2:40:14, 22-J.Waters 2:50:25, 26-0'Halloran 2:55:07, ...73 finishers. /Geoff Hollister/

Natl. AAU Masters Marathon: (Oct. 12, Medford, Ore.) - Running on top throughout the race, WVTC's Ray Menzie, 40, handily won the national title with a 2:36:40 clocking. Ross Smith, 47, Univ. of Nevada science professor, was second in 2:39:15, as the PA-AAU scored a 1-2 sweep. Menzie's victory thunder was dimmed by the phenomenal performance of 60-year-old Clive Davies of Portland, Ore., who was timed in 2:47:46, a new world record for 60-and-over. This averages out to a 6:23/mile clip. Weather conditions were overcast and crispy cold, but no rain. There were 42 finishers on the undulating course. -- 1-Menzie/WVTC 2:36:40, 2-Smith/Un 2:39:15, 3-Beckwith/Ore 2:40:22, 4-Parkhurst/Ore 2:40:39, 5-Fall/Canada 2:44:49, 6-Coveney/Canada 2:46:07, 7-Parker/STC 2:46:28, 8-Davies/Ore (60+) 2:47:46, 9-Eroen/STC 2:48:43, 10-Escarda/SRRC 2:49:34, 11-Betschart/BCTC 2:50:35, 13-Nicholson/NCS 2:51:57, 14-Harper/Palos Verdes 2:52:21, 15-Daniell/Redding 2:53:02, 17-Jacobs/NCS 2:53:59, 19-MacIntosh/NCS 2:56:07, 23-Bright/SnTC 3:10:54, 25-Reese/NCS 3:11:56, 26-Montoya/STC 3:12:37, 27-Smith/Redding 3:13:26, 30-Ruth Anderson/NCS 3:15:47(PR), 31-Crosetti/TRAC 3:18:51, 32-Naylor/Cupertino 3:20:31, 33-Fong/SUTC 3:24:04, 36-Zembsch/Fremont 3:52:31, 37-Johnson/El Toro 3:52:31, 38-Abbe/Redding 3:55:20, 41-Waste/Kentfield 4:19:43, 42-Whiting/Fremont 4:30:44. Team winner: Seniors TC (LA). /Paul Reese, Jim Nicholson, Jerry Swartsley/

Rice Festival Marathon: (Oct. 18, Crowley, LA) 1-B.Brown/FTC 2:16:43, 2-Ziegler/Okla 2:17:23, 3-Busby 2:18:40, 4-Cloeter 2:19:32, 5-Haviland 2:19:32, 6-Dimick 2:19:51, 7-Wayne/WVTC 2:20:29, 8-Fanelli 2:23:22, 9-Amer/GBTC 2:23:30, 10-Cederholm 2:24:27...18-Bozanich/USMC 2:30:16, ??-Kokesh 2:58+, 144-Lem 3:20:00, 168-Smith/WVTC 3:27:01, 226-Stack/DSE 3:53:35.

DSE Golden Gate Park Run: (Oct. 19, S.F.) 4.7 Miles - 1-Caputo /Lassen 23:37, 2-Conroy/ETC 23:47, 3-Scalmanini/PAMA 23:59, 4-French 24:09, 5-Muela/ETC 24:22...(Women) 30-Carron/MLTC 27:42, 31-Ullyot/WVTC 27:47, 58-Gumbs/WVTC 29:41. /DSE Newsletter/

Natl. AAU 50 Mile Champs: (Oct. 25, Seattle) - Incomplete results: 1-Jim Pearson 5:13+ (Amer.Rcd.),...7-Lem 8:06, 8-Reyes 8:33:10, 9-Fauss 9:00+, 11-Miller/PAMA 11:38:06, 12-Siitonen 11:52:30, 13-Anawalt/PAMA 13:30:24. /DSE Newsletter/

Natl. AAU 20 Kilo Champs: (Oct. 26, W.Roxbury, Mass.) l-Babiracki /SFVTC 60:20, 2-Rodgers/GBTC 60:24, 3-Vitale/HTC 62:10, 4-Eden/ AtTC 62:45, 5-Burfoot/MS 62:50, 6-Hodge/GBTC 62:56, 7-Thomas/ GBTC 63:06, 8-Fleming/NYAC 63:16, 9-Wayne/WVTC 63:37, 10-Ryan/ NYAC 63:47...14-Cook/AIA 64:24. /Bob Campbell/

Journal Jog: (Oct. 26, Reno, Nev.) 5 Miles - 1-Zarate/Un 24:24, 2-Barton/Un 24:58, 3-Wysocki/Nev 25:18, 4-Dagg/Nev 25:33, 5-De-LaGarza/Nev 25:36, 6-Fredrickson/Nev 25:42, 7-Paulson/LTTC 25:58, 8-Ellis/Nev 26:12, 9-Williams/Nev 26:15, 10-Houk/WTC 26:23, 11-Hernandez/Reno 26:56, 12-Dyer 27:05, 13-Lawrence/SLT 27:15, 14-Pfefferle/Nev 27:16, 15-Lawson 27:19. (Women) 1-Bain 30:08, 2-Allen/Lassen 30:52, 3-Monroe/Lassen 32:24, 4-Williams/PBP 32:45, 5-Rudolph/Lassen 33:36. /Nevada State Journal/

RRCA 15 Kilo Champs: (Nov. 16, N.Y.C.) 50-Jim O'Neil/SFOC (1st 50+) 58:55 (Rcd. by 1:05), 69-Rodd/NCS 62:09 (3rd 50+), 74-Penny DeMoss/WVTC (1st woman) 63:02 (Rcd. by 46 sec). /Jim O'Neil/

Chico State's Tim Stone Easy Victor at Lake Wildwood Cross-Country: (Sept. 13, nr. Grass Valley) - Tim Stone, Chico State student running for the Intermountain A.A., showed he's ready for a good cross country season by easily defeating Gold Spike TC's mainstay, Nick Vogt, by nearly a quarter-mile in 59:08 for a very rugged ten mile course. Doug Rennie of the Buffalo Chips was another minute and 14-seconds down. Near-masters runner, Bob Bourbeau of Reno (anyone know when he'll turn 40?), showed he will be a factor to contend with soon in that division by placing fourth overall in 62:02, and taking top honors in the 35-and-over division. Michelle McKeen ran a fantastic race to blitz all other women competitors with a fine 68:18, fast enough for 13th overall in the field of 60 finishers! Darly Burleson of the IMAA was next at 72:16. We aren't sure who the first over-40 finisher was because of the unusual 35+ division. The results list several other divisions but fails to explain the coding...therefore the results are meaningless to us. Can anyone help us out? /Nick Vogt/

1 - Tim	Stone/IMAA	59:08	10 -	Abe Underwood/Un	67:15	19 -	L. Burleson/Chico	72:15	28 - Suzy McKeen/NCTC	79:00
		60:20		LaPierre/Un	67:53		D. Burleson/IMAA	72:16	29 - V.I. Wexner/Un	79:45
THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAMED IN COLUMN TW	The state of the s	61:34	12 -	Guy Ealey/Un	68:03	21 -	Charles Albert/BCTC	72:18	30 - Jim Wirick/OPHIR	79:49
4 - Bob	Bourbeau/NNTC	62:02	13 -	Michelle McKeen/NCT	C68:18	22 -	Jonathon Brown/BCTC	74:17	***WOMEN***	
5 - Larr	y Slamner/BCTC	65:10	14 -	Mickey Brodie/BCTC	68:23	23 -	Mike O'Neil/BCTC	76:23	13 - Michelle McKeen/NC	TC68:18
6 - Mike	Bradley/Chico	65:41	15 -	Don Jardine/OPHIR	70:28	24 -	Gary Campen/Un	77:25	20 - D. Burleson/IMAA	72:16
7 - Paul	Holmes/BCTC	65:44	16 -	Fraser Rasmussen/Un	70:33	25 -	Dennis Lem/Un	77:	26 - Penny Reneau/NCTC	77:33
8 - Tom	Wilson/Un	66:53	17 -	Ed Stromberg/BCTC	71:13	26 -	Penny Reneau/NCTC	77:33	28 - Suzy McKeen/NCTC	79:00
		67:02	18 -	Jim Cook/Un	71:30	27 -	Tom Moungey/Chico	78:51	33 - Tami Reneau/NCTC	81:00









(Clockwise) Ron Wayne winning PA-AAU 25-Kilo title. /Dennis O'Rorke/ Runnerup in the women's division, Roxanne Bier, 13 years old. /John Danner/ Start of the combined PA-AAU and National Masters 25 Kilo. /O'Rorke/ Seniors T.C.'s winning team at Natl. 25 Kilo: (L to R) Darty Cronin, John Rudberg, Dave Parker, Don Jones, Conrad Eroen.

Ron Wayne & Jim Shettler Grab 25-Kilo Titles: (Sept. 14, San Francisco) - In what turned out to be a perfect day, WVTC's Ron Wayne grabbed the District Championship over the certified 5K loop in Golden Gate Park with a 1:20:17 clocking to defend his 1974 title, while Jim Shettler of the West Valley Joggers & Striders (see cover photo) beat a fine masters field in 1:27:48, just 10 seconds ahead of Graham Parnell of San Diego. Actually, the first over-40 to finish was SBAA's Dick Bartek, just 5 seconds in front of Shettler, but he failed to enter the National Championship division by the entry deadline and so was content to compete in the PA-AAU Championships only (see protest in Letters to the Editor section of this issue). Surprise second-placer in the overall race was Wayne's teammate, Humberto Hernandez, who finds himself in the best condition of his life. His 1:21:43 was 15 seconds up on UC Davis' Matt Yeo. Ray Menzie slipped in for a solid third in the masters race at 1:28:21. WVTC took team honors (26) over Excelsior TC (74) and Woodside Striders (82) in the open PA-AAU division, while the San Jose Cindergals, led by Cyndy Poor's superlative 1:35:14 (69th), clobbered WVTC in the women's team race, 21-34, with the NCSTC Masters Women next with 65. Tiny Roxanne Bier, just 13, downed a strong field for second place among the women with a 1:39:36, ahead of the likes of Judy Graham (1:40:15) and Joan Ullyot (1:41:02). Jim O'Neil led the Division II (50+) runners with his 1:33:02 in 56th, some four minutes ahead of Bob Biancalana (1:37:06), with Ray Gil third (1:39:55). In the 60-and-over competition, John Montoya (1:48:01), Al Clark (1:50:58), and Jim Bole (2:00:58) led an SPA-

four minutes ahead of Bob Biancalana (1:37:06), with Ray Gil third (1:39:55). In the 60-and-over competition, John Montoya (1:48:01), Al Clark (1:50:58), and Jim Bole (2:00:58) led an SPA-AAU sweep. Overall team champion in the Natl. Masters race was the Seniors TC of Los Angeles, followed by WVJS and NCSTC (32-46-61). A PA-AAU All-Star team won the 50-and-over team title (26-29) over the Seniors TC, and the 60-and-over team title went to the SPA-AAU All-Stars, the only complete squad. A total of 320 completed the highly successful run (72 masters, 46 women)./Leydig/

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= Masters--Nat1.)
      Ron Wayne/WVTC
                          1:20:17
                                     30 - Bryan Gieser/WDS
                                                             1:28:26
                                                                       *59 - Dave Parker/STC
                                                                       *59 - Dave Parker/STC 1:33:40
*60 - Len Thornton/HSTC 1:33:50
                                                                                                           88 - George Roach/Un
                          1:21:43
      H.Hernandez/WVTC
                                     31 - Russ Black/TRAC
                                                             1:28:27
                                                                                                          *89 - James Jacobs/NCS
                                                                                                                                   1:38:18
      Matt Yeo/WDS
                          1:21:57
                                     32 - Mike Smith/PAMA
                                                              1:28:48
                                                                        61 - Walt Van Zant/WVJS1:33:52
                                                                                                           90 - Mike Huffman/Un
                                                                                                                                   1:38:38
      Jan Sershen/Un
                          1:22:17
                                     33 - David Warren/ETC
                                                             1:28:55
                                                                        62 - Ben Sawyer/SoqRC
                                                                                                1:33:58
                                                                                                           91 -
                                                                                                                Robbie Bates/Un
                                                                                                                                    1:38:39
     Mike Chambliss/SBAA1:22:34
                                     34 - Kent Guthrie/WVJS 1:29:05
                                                                                                          *92 - Carl Gillette/WVJ
                                                                             Mike Healy/WVJS
                                                                                                 1:34:14
                                                                                                                                   1:38:41
      Bob Darling/ETC
                          1:22:54
                                     35
                                        - Greg Mandanis/WDS
                                                             1:29:14
                                                                        64 -
                                                                             Joe Becerra/ETC
                                                                                                 1:34:26
                                                                                                           93 - Lee Damron/PAMA
                                                                                                                                   1:38:42
     Ed Schelegle/AGTC
                          1:23:19
                                          George Stewart/WV
                                                             1:29:17
                                                                        65 -
                                                                             Bill Meinhardt/WVJ1:34:31
                                                                                                           94 - Nick Granados/Un
                                                                                                                                   1:38:49
      Gene Fitzgerald/PK 1:23:23
                                          John Clary/TRAC
                                                             1:29:20
                                                                       *66 -
                                                                             Ulrich Kaempf/TRAC1:34:49
                                                                                                           95 - Stephen Swesey/SJS1:38:58
      Kirk Randall/Un
                          1:23:27
                                          Frank Krebs/GWTC
                                                                       *67 -
                                                             1:29:52
                                                                             Conrad Eroen/STC
                                                                                                1:35:05
                                                                                                          *96 - Carl Martin/WVJS
                                                                                                                                   1:39:01
     Larry Reyes/SDTC
D. O'Halloran/Un
 10
                          1:24:45
                                     39
                                          Ralph Bowles/WVJS 1:30:05
                                                                        68 -
                                                                             Ray White/SRC
                                                                                                 1:35:06
                                                                                                          *97 - Hans Roenau/NCS
                                                                                                                                    1:39:03
 11 -
                          1:24:45
                                    *40
                                          John Rudberg/STC
                                                             1:30:10
                                                                        69 -
                                                                             Cyndy Poor/SJC
                                                                                                 1:35:14
                                                                                                          *98 - Jim Nicholson/NCS 1:39:06
                                    *41 -
 12
     Daryl Zapata/WVTC
                          1:25:22
                                          Ross Smith/Un
                                                             1:30:37
                                                                        70 - Haywood Norton/Un 1:35:51
                                                                                                           ***WOMEN***
   .
     Dennis Dillie/WVTC 1:25:46
                                                                                                           69 - Cyndy Poor/SJC
99 - Roxanne Bier/U
 13
                                     42
                                          Don Roth/WVTC
                                                                        71 - Joe Maher/Un
                                                             1:31:15
                                                                                                 1:36:12
                                                                                                                                   1:35:14
 14
   -
     Scott Carvey/CWTC
                          1:26:05
                                          Dave Muela/ETC
                                                             1:31:20
                                                                        72 - Ross Rowley/Un
                                                                                                 1:36:17
                                                                                                                Roxanne Bier/Un
                                                                                                                                    1:39:36
   -
 15
     Mike Conroy/ETC
                          1:26:15
                                          Don Chaffee/ETC
                                                                       *73 - Walt Betschart/BC 1:36:19
                                                             1:31:23
                                                                                                          109 - Judy Graham/SJC
                                                                                                                                   1:40:15
 16
     Clark Rosen/PAMA
                          1:26:29
                                     45 -
                                          Jerry Ockerman/Un 1:31:50
                                                                       74 - Bill Catanese/Un
                                                                                                 1:36:27
                                                                                                          116 - Joan Ullyot/WVTC
                                                                                                                                    1:41:02
 17
     Roland Watson/WVTC 1:26:38
                                          Bob Myers/PAMA
                                     46 -
                                                             1:31:51
                                                                        75 - Pat McVeigh/USCL
                                                                                                1:36:36
                                                                                                          132 - Micki Vardell/Un
                                                                                                                                   1:42:42
18
                          1:26:48
     Tom Castro/Un
                                     47 -
                                          Bruce Rider/WVJS
                                                             1:32:03
                                                                        76
                                                                             Keith Hastings/Un 1:36:52
                                                                                                          133 - Sue Neary/WVTC
                                                                                                                                    1:42:51
     G. Goettelmann/WVTC1:27:02
19 -
                                     48 -
                                          Kevin Kirby/Un
                                                             1:32:16
                                                                       *77 -
                                                                             B.Biancalana/MH
                                                                                                1:37:06
                                                                                                          165 - Estella Guina/SJC
                                                                                                                                   1:46:47
20 - Mark Llewellyn/WDS 1:27:24
                                    49 -
                                          John Kleinbach/ETC1:32:21
                                                                        78 - Terry Casey/ETC
                                                                                                          174 - Sue Munday/Un
                                                                                                 1:37:17
                                                                                                                                   1:47:46
21
   - Bob Paulin/CRR
                          1:27:29
                                    *50
                                          Don Jones/STC
                                                             1:32:36
                                                                                                          186 - J. Henderson/SJC
                                                                        79 - B. Carradine/ESLN 1:37:18
                                                                                                                                   1:48:50
                          1:27:33
     Mike Plummer/Un
                                    51
                                          Vince Spangler/SF 1:32:37
                                                                        80 - Bill Spence/WVTC
                                                                                                1:37:33
                                                                                                          187 - S. McPherson/SJC
                                                                                                                                   1:48:52
23
     Bob Miller/CWTC
                          1:27:34
                                    52
                                          Mike Larsen/Un
                                                             1:32:46
                                                                        81 - Peter Marks/AGTC
                                                                                                 1:37:35
                                                                                                          190
                                                                                                              - L. Greenberg/SJC
                                                                                                                                   1:48:58
24
                          1:27:39
     Doug Butt/Un
                                   *53 -
                                          Gil Tarin/WVJS
                                                                             John Sheehan/WVTC 1:37:35
                                                             1:32:51
                                                                        82 -
                                                                                                          191 - Betsy White/WVTC
                                                                                                                                   1:48:59
   - Dick Bartek/SBAA
25
                                   *54
                          1:27:43
                                          Bob Malain/NCS
                                                             1:32:59
                                                                        83 -
                                                                             Doug Castro/Un
                                                                                                 1:37:39
                                                                                                          195
                                                                                                              - Yvette Cotte/WVTC 1:49:40
                                   *55
×26
   - Jim Shettler/WVJS
                                                                        84 -
                          1:27:48
                                          Darty Cronin/STC
                                                             1:33:00
                                                                             John Armstrong/Un 1:37:42
                                                                                                              - J. Cotte/WVTC
                                                                                                          202
                                                                                                                                   1:51:07
                                   *56
*27
   - Graham Parnell/Un
                          1:27:58
                                          D. Teeguarden/NCS
                                                             1:33:02
                                                                        85 - D. Diekmeyer/Un
                                                                                                1:37:48
                                                                                                          206
                                                                                                              - Pam Bowers/SJC
                                                                                                                                   1:51:50
                                   *57
                                          Jim O'Neil/SFOC
                                                                       86 - Gary John/ETC 1:37:51
87 - Rich Hornstra/SKY 1:38:04
28 - Jake White/TRAC
                          1:28:02
                                                             1:33:02
                                                                                                1:37:51 *207
                                                                                                              - Ruth Anderson/NCS 1:51:51
*29 - Ray Menzie/Un
                                    58 - Rich Stiller/TRAC 1:33:31
                          1:28:21
                                                                                                         208 - S. Greenberg/SJC 1:51:52
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Biancalana and Lowry Grab Double Dipsea Titles: (Sept. 20, Stinson Beach) - Just-turned-50, Bob Biancalana, took advantage of his 25-minute handicap and knowledge of the Dipsea Trail to turn back a strong field of other masters runners in winning by a big margin of 4 minutes in the sixth running of the Double Dipsea, beginning at Stinson Beach, going to Mill Valley, and returning. Bob Malain, himself approaching fifty (48), notched a 1:58:59, exactly one minute faster (scratch time) than Biancalana, but finished behind due to the 20-minute handicap for his age-group. Byron Lowry picked away at the leaders but wound up four places short in fifth. However, his time of 1:42:37 was a new course standard. Denis O'Halloran ran a brilliant race at 1:44:27, considering his far lesser knowledge of the "Tam" trails than winner Lowry. Other scratch runners didn't have times approaching these. Betsy White led the women with her twelfth place finish and 2:15:26 clocking. Louise Burns (2:24:22) and Ruth Anderson (2:28:26) were far back. Paul Reese, now 58, ran a very strong race at 2:14:47 for tenth place overall. The popularity of this race continues as there were a total of 184 finishers, and 20 of these were members of the fair sex. Total distance of the run is 13.6 miles of extremely difficult trails and some pavement, including over 1000 stairs! (total of both directions). The general greater appeal of this run is probably because it's easier to run (less fighting to pass runners) than the regular Dipsea. /Walt Stack/

10 Carl Cillatta UNIC C. CT. 41 OC Fil N. C.	2 - 4 - 5 - 6 - 7 - 8 - 9 - 10 - 11 - 12 - 13 - 14 - 15 - 16 - 16 - 16 - 17 - 16 - 17 - 17 - 18 - 18 - 18 - 18 - 18 - 18	- Bob Biancalana/MH - Bob Malain/NCSTC - Dennis Egley/Un - Ralph Paffenbarger - Byron Lowry/MH - Don Chaffee/ETC - Alvaro Mejia/Un - Denis O'Halloran - Paul Reese/NCSTC - Darryl Beardall/MH - Betsy White/WVTC - Jim Nicholson/NCS - Don MacIntosh/NCS - David Warren/ETC - Hans Roenau/NCS - Bob Bunnell/MH - Jack Ball	1:59:59 1:58:59 2:05:40 2:07:07 1:42:37 1:51:45 1:52:49 1:44:27 2:14:47 1:54:06 2:15:26 2:02:02 2:03:10 1:57:18 2:10:12 1:52:24 2:10:12	26 - Chas. Cauldwell 27 - Keith Whittingslov 28 - Ruth Anderson/NCS 29 - Steve Sherwood 30 - Keith Hastings 31 - Elmer Sanborn 32 - Brian Ritchie 33 - Ross Rowley 34 - Russ Kiernan	45 - Richy Rodriguez 46 - Carroll O'Conner 47 - Mike Laner 48 - Bryan March 49 - W.J. Swiztecki 50 - Jim Allen/NCS 51 - Chas.Frosolone 52 - Santos Reynaga/WV	2:33:53 2:04:42 2:34:57 2:14:02 2:05:12 2:25:14 2:30:55 2:05:05 2:06:12	66 - Charles Becker 67 - Alan Swartz 68 - Frazer Rassmussen 69 - Dwight Hendrix 70 - P.W. Osborne	2:19:10 2:20:10 2:21:42 2:12:43 2:37:57
	17 -	Jack Ball	2:01:27	35 - Tom Fodor	53 - Lloyd Sampson	2:15:23 2:15:39	71 - Cliff Janoff 72 - A. Menocal	2:37:57 2:21:58 2:21:59



Double Dipsea victor, Bob Biancalana. /Dennis O'Rorke Photo/



After 3/4 mile at the Walnut

Nuccio Blitzes Course Standard at Walnut Festival by 40 Seconds: (Sept. 21, Walnut Creek) - The fact that Jim Nuccio annihilated Dwayne Harms' 1973 course standard by nearly 40 seconds was something in itself, but when you figure he beat the rest of the field by over a minute in the process (5.605 miles), you know he was moving! His 27:23 figures out to 4:56 per mile, really moving when you consider the presence of a rough hill on each of the five laps. Ed Schelegle of the Davis Aggies was 28:34 in second, and his teammate, Jeff Clark, was next at 28:39. The Aggie TC grabbed team honors with 30 to WYTC's 56. The masters were led by John Finch's 33:15, a minute ahead of George Moss. Kathy Costello, to be a frosh at UCLA this fall, ran her final tuneup before cross country season in 35:21, with surprising Carolyn Tiernan of WYTC next in 35:53. Besides the 132 finishers in the open race, meet directors Andy MacCono and Frank Sutton staged a family run of 2.242 miles (2 laps) and several boys and girls age-group runs. The top finishers in these races are listed below. The Myers family grabbed the family run title with 29 points (Bob, Jim, and Priscilla), followed by the Robben's (Frank, Mike, and Barbara). A total of 52 completed that race. /Andy MacCono/

	Transfer of the second	ciide i di	. Thing maccono,	ALTERNATION IN		
	- Jim Nuccio/WVTC	27:23	40 - Michael Dunne/	AGTC 34:15	***WOMEN***	
2	- Ed Schelegle/AGTC	28:34	41 - David McCormacl		17 - Barbara Sherrell	16:05
3	- Jeff Clark/AGTC	28:39	42 - Robert Ernst/U		21 - Priscilla Myers/PK	16:28
4	- Pat Stordahl/WVTC	28:43	43 - Winfred Wollen,		22 - Barbara Robben	16:33
	- Pete Sweeney/AGTC	28:48	44 - Ross Rowley/Un	34:45	BOYS 12/UNDER (2.242 Mi)	10.33
	- Ron Elijah/Un	28:59	45 - John Geer/Whit.		1 - Steve Larson	13:24
	- Joe Taxiera/Un	29:00	46 - Ralph Waller/Un		2 - Orlando Harris	13:36
	- Dennis Tracy/WVTC	29:15	47 - Henry Raehn/Un	35:10	3 - Jeff Larson	14:00
	- John Leeper/AGTC	29:27	48 - Mike Shaughness		4 - David Anderson	14:24
10	- Matt Yeo/WDS	30:36	49 - Art Waggoner/BO		5 - Jack Gottsche/WVTC	14:25
	- Peter Marks/AGTC	30:54	50 - Bob Lofthus/Un	35:18	BOYS 13/18 (3.363 Mi)	14.25
12 .	- Bob Bailey/Un	30:04	51 - Mike Souza/BCTO		1 - Kevin Searls	17.22
	- Bryan Gieser/WDS	30:06	52 - Kathy Costello	UCLA 35:21	2 - Rich Vasquez	17:32
	- Roger Stordahl/IMAA		53 - Harry Cross/WV	C 35:26	3 - Matt Dowling	17:40
	- Steve White/AGTC	30:13	54 - John Dugan/Un	35:27	4 - John Mullin	17:45
	- Tony Webb/Un	30:17	55 - Mike Preece/Un	35:48	5 - Jeff Zimmerman	17:52
	- Lester Mina/Un	30:20	56 - Carolyn Tiernar		CIPIS OUMPED (2 Mi) PO	18:01
	- Bernd Heinrich/Un	30:24	57 - Samuel S. Clark	/Un 35:59	GIRLS 9/UNDER (1 Mi) RG=	
	- Lee Hotchkin/AGTC	30:35	58 - Vincent Ricevut	/UN 35:59	1 - Barbara Valerga/OTC	6:29
	- Dan Anderson/WVTC	30:40			2 - Kathy Scannell	6:35
	- Gary Miller/Un	30:59	59 - Peter Many/Un	36:10	3 - Keri Johnson/SLT	6:37
	- Kevin Rudy/AGTC	31:17	60 - Lee Fox/BCTC ***WOMEN***	36:15	4 - Kim McGarraugh/Berk	6:38
		31:29	The state of the s		5 - Susy Sylvester/RG	6:38
24	- Jack Leydig/WVTC - Ralph Bowles/WVJS	31:35	52 - Kathy Costello	UCLA 35:21	GIRLS 10/11 (14 Mi) SLT=2	
			56 - Carolyn Tiernar	/WV 35:53	1 - Mary Hitchcock/SLT	8:02
	- Mike Pratt/AGTC	31:55	85 - Nancy Edelson/F		2 - Maree Hansen/OTC	8:02
	- John Lynde/Sonoma	31:58	FAMILY RUN (2.242 Mi		3 - Lynn Simmons/SLT	8:03
	- Gary Montante/Un	32:19	1 - Kent Guthrie/WV		4 - Marlow Rose/SLT	8:09
	Grover Prowell/SJS	32:21	2 - Bob Myers/PAMA	12:21	5 - Lisa Van Buskirk/OTO	8:17
29 -	- Lon Berquist/AGTC	32:26	3 - Frank Robben	12:59	GIRLS 12/13 (1½ Mi) RG=38	Pts.
	Wesley Hurlburt/Nvy		4 - Marvin Winer/Un		1 - Colleen Scannell	9:53
	John Finch/NCSTC	33:15	5 - Bob Wall	13:10	2 - Kris Taylor/Berk	10:39
	- David Brown/WVTC	33:31	6 - Jim Myers/PAMA	13:38	3 - Laurie Greene/OTC	10:48
	- Gary Alderman/Un	33:34	7 - Tom Pinckard/NC	STC 14:07	4 - Nida DeLeon/RG	11:38
	- Leroy Kotchevar	33:37	8 - Ron Neumann	14:10	5 - Valerie Schultz/SLT	11:41
	Doug Dray/CRR	33:39	9 - Robby Lynde	14:12	GIRLS 14/0VER (2.242) L=1	
	Gary Whittemore/Un	33:48	10 - Bob Lynde	14:12	1 - Pam Allen/Lassen	12:21
	Howard Griffith/CRR		11 - Ray Walker	14:17	2 - Debbie Rudolph/Lass	
	George Moss/Un	34:10	12 - Bruce Dingwall/	PAMA 14:32	3 - Vicky Monroe/Lassen	
39 -	Rob Gardner/Un	34:14	13 - Jaime McEntee	14:43	4 - Karen Salisbury	13:40
		COLUMN TO	Way Office I of Land		2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	NAME OF TAXABLE PARTY.

After 3/4 mile at the Walnut Festival, Ed Schelegle leads a tight pack. Jim Nuccio (#235)
won by over a minute from Schelegle. /Jim Engle/
11-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over10-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over10-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over10-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over10-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over11-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over12-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over13-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over13-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over13-second margin. The 5-mile course was flat, but on dirt and gravel roads, open rough field, and hard-surface bike path. Ray Menzie ran a strong race in 15th place overall to cop the over14-06 m

1 - John Mollring/SonSt 26:26 8 - Gerry Haslam/VMTC 28:03 2 - H. Hernandez/WVTC 26:37 9 - Gary Wolfram 28:24 3 - John Moreno/CWTC 26:52 10 - Hersh Jenkins/SRRC 28:40 4 - Pat Stordahl/WVTC 27:08 11 - Frank Krebs/GWTC 28:53 5 - Tony Munoz/CWTC 27:12 12 - Dave Sjostedt 29:06 6 - Jack West/WVTC 27:23 13 - Bruce Sayer/CWTC 29:09 7 - Scott Carvey/CWTC 27:27 14 - Butch Alexander/VMTC29:14	16 - John Neuhaus 17 - Jeff Zimmerman 18 - John Carty 19 - Haywood Norton 20 - Mike Healy/WVJS	29:22 29:30 29:32 29:57 30:13 30:30 30:38	22 - Bob McMeans/Un 23 - Bruce Jones ***WOMEN*** 1 - Kathy Rankin/SonSt 2 - Janice Stordah1/Un 3 - Mary Healy/WVJS 4 - Madeline Roese/SonS	38:34 39:35
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(Above) Start of Pamakid Lake Merced Run. (Below--Left to Rt) Close battle for 5th thru 7th in same race (L to R): Daryl Zapata, Bob Bailey, Dennis Tracy. Bill Clark, individual winner. /O'Rorke Photos/ Jim Myers, 10 years old, was second in the 10-14 division in 44:26, 11 seconds out of first. /Pris Myers/

Clark Outkicks Emerling at Pamakid Lake Merced Run: (Oct. 5, San Francisco) - WVTC teammates Bill Clark and Fred Emerling ran together for most of the 7-mile run, but then, coming into the final stretch, Clark's superior speed proved too much as he moved away to an easy 4-second victory, 34:36 to 34:40. Jon Anderson's 1972 mark of 34:25 remained intact. Jim Shettler, trying to catch Bill Jensen's NCRR Point Standings lead in the last few races of the season, made quick work of a strong over-40 field, recording an excellent 37:48, while Ken Napier also slipped ahead of the Point Total leader with a 38:20. Jensen had 38:44 in third spot. Joan Ullyot, only a week after her fourth place finish at the Natl. AAU Women's Marathon in New York, gobbled up the women's competition with a record 42:29,

some 2 minutes up on Maryetta Boitano's 44:23. Carolyn Tiernan (44:57) just managed to hold off Kathy Himmelberger (44:59) for third. WVTC defended their team title with a low of 21, with Excelsior TC next at 59 and WVJS with 140. Other divisional winners were: 9/Under Boys--Garrett Cunneen 54:14; 9/Under Girls--Rachel Bray 59:37; 10-14 Boys--Charlie Lewis 44:15; 10-14 Girls--Sis Boitano 44:23; 15-19 Men--Bob Miller 37:55; 15-19 Women--Kathy O'Conner 50:27; 40-49 Women--Ruth Anderson 48:48 (Rcd); 50+ Men--Mike O'Neil 46:05; 50+ Women--Nancy Bean 62:49 (Rcd). There were 285 finishers under perfect overcast conditions. /B. Long/

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- Bill Clark/WVTC
                                   29 - Bill Jensen/PAMA
                                                              38:44
                                                                      57 - Don Chaffee/ETC
                                                                                                41:41
                                                                                                         85 - Dan Alberti/Un
                                                                                                                                   44:14
  - Fred Emerling/WVTC
                           34:40
                                   30 - Tom Jacobs/Un
                                                                      58 - Tom Pierce/PAMA
                                                              38:52
                                                                                                41:45
                                                                                                         86 - Charlie Lewis/Arrow 44:15
 3 - Jan Sershen/ETC
                                   31 - Glen Berwick/Un
                           35:16
                                                              38:55
                                                                      59 - Steve Bailey/Un
                                                                                                         87 - Al Stanbridge/Un
                                                                                                41:47
                                                                                                                                   44:20
 4 - Bob Darling/ETC
                           35:26
                                   32 - Charles Frosolone/Un39:12
                                                                      60 - W.E. Wollen/Un
                                                                                                41:48
                                                                                                        88 - Sis Boitano/Un
                                                                                                                                   44:23
 5 - Daryl Zapata/WVTC
                           35:36
                                   33 -
                                        Terry Casey/ETC
                                                              39:17
                                                                      61 - Tom Mann/ETC
                                                                                                42:05
                                                                                                        89 - Tlkihiko Suyehiro/Un44:25
 6 - Dennis Tracy/WVTC
                           35:37
                                   34 - Gus Cano/ETC
                                                                      62 - Stuart Ruth/PAMA
                                                              39:20
                                                                                                42:15
                                                                                                         90 - Jim Myers/PAMA
                                                                                                                                   44:26
                                   35 - Darrell Jeong/ETC
 7 - Bob Bailey/WVTC
                           35:37
                                                                      63 - George Ridout/Un
                                                              39:21
                                                                                                        91 - Ted Brock/Un
                                                                                                42:19
                                                                                                                                   44:31
                                   36 - Robert Parks/PAMA
 8 - Dan Anderson/WVTC
                           35:58
                                                                      64 - Philip Hager/Un
                                                              39.27
                                                                                                42:20
                                                                                                        92 - Unknown Runner
                                                                                                                                   44:45
 9 - Denis O'Halloran/Un
                           36:33
                                   37 - Robert Lange/Skyline39:34
                                                                      65 - Jim Mullany/Un
                                                                                                42:23
                                                                                                        93 - John Whetstone/Un
                                                                                                                                   44:48
10 - Mike Conroy/ETC
                                   38 - Rob Gardner/SLS
                                                                         - Joan Ullyot/WVTC
                           36:47
                                                              39:47
                                                                      66
                                                                                                42:29
                                                                                                        94 - Don Jardine/OPHIR
                                                                                                                                   44:53
11 - Joe Becerra/ETC
                           36:50
                                   39 - Rich Stiller/TRAC
                                                              39:49
                                                                      67 - Bill Tillson/Un
                                                                                                        95 -
                                                                                                42:40
                                                                                                             Tom Gallagher/E-YMCA44:54
12 - Dave Himmelberger/WV 36:56
                                   40 - Ulrich Kaempf/TRAC
                                                                      68 - Brian Hennessy/Un
                                                              39:57
                                                                                                        96 - Carolyn Tiernan/WVTC44:57
                                                                                                42:45
13 - Neal Pyke/Un
                           37:00
                                   41 - Lee Damron/PAMA
                                                              39:58
                                                                      69 - John Ryan/Un
                                                                                                        97 - Kathy HimmelbergerWV
98 - Sheldon Gersh/TRAC
                                                                                                42:50
                                                                                                              Kathy HimmelbergerWV44:59
14 - John Weidinger/ETC
                           37:05
                                   42 - Edward Lee/Un
                                                              40:00
                                                                      70 - Frank Lee/Un
                                                                                                43:07
                                                                                                                                  45:00
15 - David Muela/ETC
                                   43 - John Finch/NCSTC
                           37:06
                                                              40:05
                                                                                                       99 - Dennis Lem/Un
100 - Marvin Pettey/Un
                                                                      71 - Bob Lualhati/NCSTC
                                                                                                43:25
                                                                                                                                   45:02
16 - Frank Donahue/ETC
                           37:12
                                   44 - Alan Hart/Un
                                                              40:06
                                                                      72 - Unknown Runner
                                                                                                43:26
                                                                                                                                   45:03
17 - Bill Benz/Un
                           37:20
                                   45 - David Brown/Un
                                                              40:08
                                                                      73 - Unknown Runner
                                                                                                43:27
                                                                                                        ***WOMEN***
18 - John Sheehan/WVTC
                                   46 - Walt Van Zant/WVJS
                           37:27
                                                              40:18
                                                                      74 -
                                                                           Clifford Wolery/Un
                                                                                                43:28
                                                                                                        66 - Joan Ullyot/WVTC
                                                                                                                                   42:29
19 - John Kleinbach/ETC
                                   47 - Lloyd Sampson
                           37:34
                                                              40:25
                                                                        - Scott Frank/Un
                                                                                                43:30
                                                                                                        88 - Sis Boitano/Un
                                                                                                                                   44:23
20 - Kent Guthrie/WVJS
                           37:40
                                   48 - Jim Nicholson/NCSTC 40:34
                                                                      76 - Robin Nowinski/PAMA
                                                                                                        96 -
                                                                                                43:35
                                                                                                              Carolyn Tiernan/WVTC44:57
21 - Jim Shettler/WVJS
                           37:48
                                   49 -
                                        Wayne Plymale/PAMA
                                                             40:37
                                                                      77 - Allan Berrin/PAMA
                                                                                                43:38
                                                                                                        97 -
                                                                                                              K.Himmelberger/WVTC 44:59
22 - George Gilbert/ETC
                           37:52
                                   50 - George Roach/Un
                                                             40:44
                                                                      78 - Michael Preece/Un
                                                                                                43:43
                                                                                                       119 -
                                                                                                             Vicky Bray/Arrow TC 46:04
23 - Bob Miller/CWTC
                                   51 - Ray White/SRC
                           37:55
                                                              40:56
                                                                      79 - Dave Donaldson/Merc 43:44
                                                                                                       126 - Skip Swannack/WDS
                                                                                                                                  46 - 25
24 - Mario Flores/WVTC
                                   52 - Abe Underwood/BCTC
                           38:00
                                                             40:56
                                                                      80
                                                                          Charles Albert/BCTC
                                                                                                44:00
                                                                                                       137 - Maria King/Arrow TC 47:09
25 - Bruce Rubin/Un
                           38:03
                                   53 - Gary Alderman/Un
                                                             40:57
                                                                      81
                                                                           Ray Dito/Un
                                                                                                44:02
                                                                                                       162 - Ruth Anderson/NCSTC 48:48
26 - Ralph Bowles/WVJS
                                        Bill Long/PAMA
                                                             41:05
                           38:17
                                   54 -
                                                                      82
                                                                         - Jonathan Brown/BCTC 44:03
                                                                                                       169 - Gail Gustafson/Un
                                                                                                                                  49:21
27 - Ken Napier/WVJS
                           38:20
                                   55 -
                                                                                                       177 - Carroll O'Conner/NCS49:52
                                        Pat Connor/Un
                                                             41:33
                                                                      83 - Alex Bangert/Un
                                                                                                44:04
28 - Lee Byrd/PAMA
                           38:41
                                   56 - K. Whittingslow/OC 41:37
                                                                      84 - Ken Israel/Un
                                                                                                       187 - Kathy O'Conner/CWTC 50:27
                                                                                                44:12
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Jim Nuccio Shatters Record in Second Annual Berkeley Waterfront Run: (Oct. 11, Berkeley) - Ron Wayne's year-old mark of 25:20 for the 5-mile course was eclipsed by almost a minute by Nuccio when he won with a 24:23 clocking. Bill Clark's 25:16 in second also dipped under the old standard, as he grabbed the first pre-masters award (over-30). A total of 169 runners completed the race, which was divided into eight categories, four men's and four women's divisions. Jeff Zimmerman won the Junior Men's division with a time of 27:03 (6th overall), with Jim Shettler the masters champion (27:21). Pat Cunneen and George Moss battled it out for the runnerup spot in the over-40 classification, 29:43 to 29:44. Joan Ullyot continued her great racing this year by clocking 30:29 as top woman (took first in Women's Pre-Masters division). Carolyn Tiernan and Kathy Himmelberger continued their close rivalry, with Carolyn again coming out on top, 31:44 to 31:55, for the top two in the Women's division, and second and third overall. Carroll O'Conner finished first in the Women's Masters Division with a time of 36:51. Winners and second place finishers were given fine merchandise awards by the co-sponsoring Sierra Designs and The Athletic Dept. of Berkeley. Almost forgot...the Junior Women's Division was won by Jamie Lynch in 39:42. /Dan Williams/

1	- Jim Nuccio/WVTC	24:23	18 - Doug Dray	29:29	35 - Tim Chalmer	30:45	52 - Thomas Burns	32:09
	- Bill Clark/WVTC	25:16	19 - Ross Rowley	29:37	36 - Harvey Rentschler	30:57	53 - Jim McRae	32:13
3	- Dennis Tracy/WVTC	25:59	20 - George Jewett	29:42	37 - Bob Van Keuren	31:01	54 - Jim Myers/PAMA	32:14
4	- Dave Himmelberger/WV	26:34	21 - Pat Cunneen/PAMA	29:43	38 - Paul Curry	31:10	55 - Gene White/NCSTC	32:15
5	- Ernie Rivas	26:56	22 - George Moss/Un	29:44	39 - Jack Ball	31:25	56 - Arthur Romero	32:16
6	- Jeff Zimmerman	27:03	23 - Randy Margo	29:48	40 - Evan Macbride	31:34	57 - Jim Allen/NCSTC	32:25
7	- Jim Shettler/WVJS	27:21	24 - Colin Templeman/NCS	29:51	41 - Armando Menocal	31:35	58 - Dennis Lem	32:30
	- Ray Bonner	27:40	25 - Dennis Kroll	29:56	42 - Richard Mayers	31:36	59 - Fred Schwarzer	32:39
	- Doug Rennie	27:54	26 - Mark Wegner	30:00	43 - William Lovelace	31:41	60 - Tom Peet	32:46
	- Keith White/NCSTC	28:00	27 - I.P. de Villiers	30:06	44 - Carolyn Tiernan/WV	TC31:44	***WOMEN***	
1721120	- Jim Reichle	28:04	28 - Alan Winkley	30:09	45 - David D. Sharp	31:48	32 - Joan Ullyot/WVTC	30:29
	- Bruce Jones	28:09	29 - Tom Mann/ETC	30:12	46 - Kathy Himmelbergerl	W31:55	44 - Carolyn Tiernan/WV1	C31:44
	- Bob McMeans/Un	28:39	30 - Howard Jacobson	30:21	47 - Ted Brock	31:56	46 - K.Himmelberger/WVT0	31:55
-65969	- David Brown	28:46	31 - Robert Woodliff	30:23	48 - Charles Crovitz	32:01	72 - Betsy White/WVTC	33:40
	- Bob Myers	28:55	32 - Joan Ullyot/WVTC	30:29	49 - Jonathon Brown	32:02	83 - Eileen Allen	34:18
	- George Roach	29:11	33 - Dennis Egley/Un	30:30	50 - Richard Austin	32:05	101 - Mary Mappelli	35:34
.17	- Paul Holmes/BCTC	29:24	34 - Scott Douthit	30:34	51 - Ron Nemeth	32:07	105 - Louise Burns	36:30

Gerry Garcia Smashes Course Record at Palo Alto 10-Miler: (Oct. 19, Palo Alto) - WVTC's latest acquisition, sub-28:00 six-miler Gerry Garcia, had little trouble in demolishing his competition at the 3rd Annual edition of this race, crushing Jim Dare's 52:26 (1973) course PR. Washington Sports Club's, Steve Mahieu, in the area for about a year, easily outdistanced Jan Sershen of Excelsior TC (52:03 to 52:30) for the runnerup spot, as he too dipped under the old standard. Ulrich Kaempf grabbed a significant win over Peter Wood (59:04) and Harold DeMoss (59:49) to cop the masters division with his 58:49 clocking. Sue Neary disposed of the women's competition with a fine 64:35, besting Kathy Himmelberger (65:06) and Penny DeMoss (65:38). Andrew Coron grabbed the high school division with a fine 57:00, easily besting Bob McMeans, who recorded a 63:19. Viki Bray ran uncontested in the girls under-14 division with a 70:41. /John Bartch/

		The Johnson	3		the state of the s			, your contain	
1 -	Gerry Garcia/WVTC	50:46	24	-	Anthony Flores	59:06	47	- Jim Mullany	64:09
2 -	Steve Mahieu/WSC	52:03	25	-	Heine Hartwig	59:11			64:21
3 -	Jan Sershen/ETC	52:30			Rob Gardner	59:16			64:28
4 -	Russell Black/TRAC	54:13	27	-	Richard Herzog	59:16			64:35
5 -	Dan Anderson/WVTC	54:41			Ted Wilson	59:33			64:36
	Joe Becerra/ETC	54:47			George Minarik	59:36	THE RES		64:38
7 -	Dave Himmelberger/WV	54:57			Harold DeMoss/WVTC	59:49	1272	127 Table 1 Ta	64:50
	Gordon MacMitchell	55:13			John Flatter	59:57			65:06
9 -	John Clary	55:17			Bruce Carradine	60:48			65:14
10 -	Doug Butt/WVTC	55:30			Robin Clark	60:51			65:21
	Jake White	55:39			Gary Martin	60:59			65:38
12 -	Sean O'Riordan/WVTC	56:45			Bill Catanese	61:00			65:49
13 -	Jerry Hall	56:47			Jeff Richman	61:51			66:05
	Bill Meinhardt	56:56			Bryant Garth	62:10			66:16
	Andrew Coron	57:00			Douglas Dray	62:24		- Carolyn Tiernan/WVTC	
	Keith White	57:07			Don Carpenter	62:45		*WOMEN***	00.00
	Bruce Rubin	57:19			Robert Woodliff	62:47			64:35
	Walter Tompkins	57:23	(a a		Thomas Pitchford	62:57			65:06
	David Sjostedt	58:27			Bob Romano	63:04			65:38
	Robert Paredes	58:34			Bob McMeans	63:19		- Carolyn Tiernan/WVTC	
	Ulrich Kaempf/TRAC	58:49			Robert Frederick	63:34			69:31
	Tom Wilson	59:01			Gough Reinhardt	63:55			70:41
	Peter Wood/NCSTC	59:04			Fred Levins	63:56			71:30
					Marie Zalinia	7	-	ing maser many soc	1.00

Jim Shettler Grabs PA-AAU Masters X-Country Title: (Oct. 18, Ross) - Running from the front at the start, West Valley Jogger ace, Jim Shettler won a big victory at the First Masters PA-AAU X-C Championships. The results have his time for the 10 Kilo (tough) course at 33:02, but we suspect that this was a misprint and it should be maybe 38:02 (someone let us know?). This is based on second place time of 40:24 by NCSTC's John Finch (no way Jim could beat John by over 7 minutes I don't think). Ross Smith, who was solidly in second near the finish, strayed from the course, still finished, but ran short, so his place and time were disallowed. Bill Jensen of the Pamakids was third in 40:43. The first over-50 was Jim O'Neil in 9th with a fine 42:28 time, and Ruth Anderson grabbed the women's vet award with 47:23 and 23rd place, finishing in the top 50% of the field. The NorCal Seniors easily toppled the West Valley Joggers for the team title (no scores listed), and the NorCal Seniors Women won that division (they were the only complete team entered). A total of 49 finished the run.

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1 - Jim Shettler/WVJS
                        ?38:02? 10 - Carl Martin/WVJS
                                                                  19 - Bob Rush/Un
2 - John Finch/NCSTC
                                                                   20 - Bruce Dingwall/PAMA 47:10
                         40:24
                                 11 - Bob Biancalana/MH
                                                           42:44
3 - Bill Jensen/PAMA
                         40:43
                                 12 - Pat Cunneen/PAMA
                                                                   21 - William Biggs/Un
                                                           43:01
                                                                                            47:18
4 - Jerome Lewis/NCSTC
                         40:51
                                 13 - Bill Flodberg/WVJS
                                                           43:14
                                                                   22 - Ruth Anderson/NCSTC 47:23
5 - Bob Malain/NCSTC
                                 14 - Dennis Egley/Un
                                                                   23 - Phil Paulson/NCSTC
                         40:57
                                                           43:29
                                                                                            48:02
6 - Jim Jacobs/NCSTC
                         41:00
                                 15 - Colin Templeman/NCS 43:35
                                                                   24 - Ron Newmann/Un
                                                                                            48:16
7 - Jim Nicholson/NCSTC
                         41:24
                                 16 - Keith Campbell/WVJS 44:00
                                                                   25 - Ed Heinlein/NCSTC
                                                                                            48:34
8 - Mike Healy/WVJS
                         42:08
                                 17 - Preston Hill/WV.IS
                                                           44:18
                                                                   26 - James Waste/NCSTC
                                                                                            49:17
9 - Jim O'Neil/SFOC
                         42:28
                                 18 - Bill Snavely/SUTC
                                                           44:36
                                                                   27 - J. Chamberlain/Un
                                                                                            49:27
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Gerry Garcia set a new course standard of 50:45.7 at the Palo Alto 10-Miler./Debbie West/



Dennis Swart edged Wayne Badgley at the Almond Bowl Run... shown leading an 880 race last spring. /Jim Engle/

28 - John Fllight/WV.15 52:00

		MEN***	52.00	
	-	Ruth Anderson/NCSTC	47:23	
		Carroll O'Conner/NCS		
32	-	Barbara Carlson/NCS	54:30	
33	-	Ruth Dettering/NCS	54:44	
34	+	Pam Purcell/Un	54:50	

Dennis Swart Outlasts Wayne Badgley at Almond Bowl Run: (Nov. 1, Chico) - WVTC's Dennis Swart, an ex-Providence trackman, defeated Wayne Badgley of Sundance TC by 5-seconds in a close battle over the 6-mile Almond Bowl course (1st Annual). Lee Ferrero of Weed easily handed Chico State's Tim Stone a defeat with a swift 14:10 clocking in the shorter 3-mile run. Stone was timed in 14:37. In the longer run, the Buffalo Chips' Walt Betschart clocked 34:57 to upend Redding's Harry Daniell (35:14) for the masters title, as most of the major competition in that division was at the longer distance. Merrill Cray's 40:47 was good enough for victory over Betty Best (42:01) in the 6-mile's women's division, although Betty was first over-30. A real race developed in the 3-mile race for women, as Cindy Claiborne clocked 20:00 to grab a one-second victory from Jeanette Anderson. However, Jeanette won the 10-13 division, while Cindy was the 14-17 winner. A total of 92 and 73 finished the 6 and 3 milers, respectively. /Mike Andrews/

-	- Dennis Swart/WVTC	29:17	9 - Pat Buzbee	32:27	17 - Dan Ralston	34:35	25 - Michael Huwaldt	35:39
2	- Wayne Badgley/SUTC	29:22	10 - Mike Buzbee	32:32	18 - Jim Middleton	34:38	26 - John Moran	35:46
	3 - Gary Singer/SUTC	30:09	11 - Steven Cain	32:50	19 - Jim Engle	34:39	27 - Stan Edwards	35:59
	- Jack West/WVTC	30:34	12 - Doug Rennie	33:35	20 - Walt Betschart/BCTC	34:57	28 - Roger Herndon	36:23
	- Chris DeFazio	30:43	13 - David Wood	33:46	21 - Tom Hannickel	34:58	29 - Brian Newell	36:32
6	- Rodger Stordahl	31:34	14 - Paul Holmes/BCTC	34:05	22 - Gary Kohl	35:08	***WOMEN***	
7	- Tony Webb	31:49	15 - Tom Olsen	34:16	23 - Harry Daniell	35:14	60 - Merrill Cray	40:47
8	3 - George Rogers	32:00	16 - Mark Shumen	34:22	24 - Mark Glenesk	35:22	67 - Betty Best	42:01
	- Lee Ferrero	14:10	9 - Harry Ellis/ChicoSt	15:39	17 - Stephen Broderick	17:16	25 - James Cavanaugh	18:36
2	- Tim Stone/Chico St.	14:37	10 - Steve Coronado/WVTC	15:48	18 - Mark Morgan	17:32	26 - Mike Gregg	18:45
	B - Pat Finn/Chico St.	14:43	11 - Steve Harvey	16:05	19 - Robert Chavez	17:36	27 - Brandon Muncy	18:47
1	- Karl Schaecterle	14:49	12 - Dave Callnon	16:09	20 - Floyd Harden	17:45	***WOMEN***	
	- Wayne Barth	15:05	13 - Scott Ellis	16:10	21 - Ken Long	17:47	35 - Cindy Claiborne	20:00
6	- Michael Hovar	15:08	14 - Wayne Moss	16:34	22 - Thomas Grady	18:30	36 - Jeanette Anderson	20:01
7	- Jack Betschart	15:26	15 - Eric Peterson	16:40	23 - Paul Fuller	18:35	44 - Betsy Petersen	21:25
8	3 - Kent Mulkey	15:28	16 - Dale Booth	16:43	24 - Charles Engle	18:35	48 - Danae Luper	22:42

Blume Outkicks Badgley at Excelsior West End Run: (Nov. 8, San Francisco) - Wayne Badgley, running on top for nearly the entire race, was caught during the final mile at Excelsior TC's Golden Gate Park West End Run. Blume displayed a good kick in putting a 4-second margin between he and Badgley over the final 150 yards. Bill Seaver and Pete Flores had a similar battle for third spot as Seaver clocked 30:45, 2 seconds ahead of Flores. Jerome Lewis, seeming to improve with each race, grabbed the masters competition with a fine 34:15, ahead of teammate Jim Nicholson's 35:41. Dennis Egley, a Division 2 runner (over-50), took a surprising third (37:00). The women's battle was as close as the men's open, with 14-year-old Vicki Bray edging out masters runner Ruth Anderson by 3 seconds, 39:46 to 39:49. Nancy Edelson was next at 43:24. West Valley TC edged out the host Excelsior squad by 4 points, 28-32, with NorCal Seniors next with 84. /Frank Donahue/ 205 finish

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- Gary Blume/Cal (6 Mi)30:15
                                                                         51 - Thomas Fodor/Un
                                     26 - Mike Conroy/ETC
                                                                34:05
                                                                                                    37:11
   - Wayne Badgley/SUTC
                                     27 - Al Sanford/WVTC
                                                                         52 - Jeffrey Rogers/Un
                            30:19
                                                                34:12
                                                                                                    37:20
                                                                         53 - Cliff Wolery/Un
   - Bill Seaver/WVTC
                            30:45
                                     28 - Ralph Bowles/WVJS
                                                                34:14
                                                                                                    37:24
   - Pete Flores/AGTC
                            30:47
                                     29 - Jerome Lewis/NCSTC
                                                                34:15
                                                                         54 - Jim Mullany/Un
                                                                                                    37:39
   - Brian Maxwell/Un
                            30:53
                                     30 - Gary Whittemore/Un
                                                                34:40
                                                                         55 - Bill Flodberg/WVJS
                                                                                                    37:42
   - Gary Singer/SUTC
                            31:13
                                     31
                                        - Anthony Flores/Un
                                                                34:47
                                                                         56 - R. Mayers/Un
                                                                                                    37:47
   - Daryl Zapata/WVTC
                                        - David Owen/Un
                                                                         57 - J. Hannawalt/Un
                            31:21
                                                                35:08
                                                                                                    37:54
                                     33 - Byron Richardson/WV 35:13
 8 - John Moreno/CWTC
                                                                         58 - Bob Scolnick/Un
                            31:24
                                                                                                    37:56
                                     34 - James Reinertsen/Un 35:14
   - Bob Bailey/WVTC
                            31:26
                                                                         59 - Mark West/Un
                                                                                                    37:59
                                     35 - Dick Cordone/Un
10 - Damon Wood/CWTC
                            31:38
                                                                35:24
                                                                         60 - Chris Brophy/Un
                                                                                                    38:00
                                                                         61 - Phil Paulson/NCSTC
11 - Bob Darling/ETC
                            31:48
                                     36 -
                                          Ross Rowley/Un
                                                                35:25
                                                                                                    38:14
                                     37 - Paul Navarro/Un
12 - Gordon MacMitchell
                            31:52
                                                                         62 - Harry Cross/WVTC
                                                                35:26
                                                                                                    38:15
                            32:13
                                          Jim Nicholson/NCSTC 35:41
                                                                         63 -
   - Frank Hagerty/SUTC
                                                                              Marvin Pettey/Un
                                                                                                    38:17
14 - Gary Wolfram/Cal
15 - Jim Tracy/ETC
                            32:18
                                     39 - Darrell Jeong/ETC
                                                                35:51
                                                                         64 - Dan Gonzales/Arrow
                                                                                                    38:29
                                     40 - Lyn Walker/Un
                                                                         65 - Leon Souza/Un
                            32:22
                                                                35:59
                                                                                                    38:33
16 - Peter Jones/Cal
                                     41 - Walt Berringer/ETC
                            32:31
                                                                         66 - William Lovelace/Un
                                                                36:04
                                                                                                    38:36
17 - Tony Munoz/CWTC
                            32:44
                                     42 - Gus Cano/ETC
                                                                36:07
                                                                         67 - Don Lucero/Un
                                                                                                    38:38
18 - John Kleinbach/ETC
                            32:47
                                     43 - Santos Reynaga/WVTC 36:08
                                                                         68 - Richard Siciliano
                                                                                                    38:49
19 - Kent Guthrie/WVJS
                            32:50
                                     44 - Michael Humwaldt/Un
                                                                36:09
                                                                         69 - Mike Steen/Un
                                                                                                    39:02
                                                                         70 - Larry Guinee/Un
71 - David Tripp/Un
   - Bill Benz/Un
                            33:06
                                     45 - Lloyd Sampson/Un
                                                                36:20
                                                                                                    39:09
                                     46 - Kerry Kilgore/SUTC
47 - Cliff Stewart/Un
21 - Clark Rosen/PAMA
                            33:15
                                                                36:25
                                                                                                    39:18
                                                                         72 - A.J. Parmiter/Un
***WOMEN***
22 - Neal Pyke/Un
                            33:23
                                                                36:34
                                                                                                    39:23
                                     48 - K. Whittingslow/SFOC36:40
23 - John Weidinger/ETC
                            33:26
                                                                         76 - Vicky Bray/Arrow 39:46
79 - Ruth Anderson/NCSTC 39:49
24 - Dan Cruz/CWTC
                            33:29
                                     49 - Dennis Egley/Un
                                                                37:00
                                     50 - Dennis Kroll/Un
25 - John Shroyer/CWTC
                            33:31
                                                                37:01
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Gary Blume chugs to victory over Wayne Badgley (under his right arm) at the Excelsior West End Run. /J. Engle/

122 - Nancy Edelson/PAMA 43:24 128 - Carroll O'Conner/NCS43:45 130 - Pat Whittingslow/Un 44:05 138 - Suzanne Anderson/Un 44:53 140 - Kathy O'Conner/CWTC 45:07 147 - Rachel Bray/Arrow 45:50

Ybarra Leads Wolfpack to "Angwin" Title: (Nov. 9, Angwin) - University of Nevada's Terry Ybarra was an easy victor in the Second Annual Angwin to Angwish Run, clipping off a good 39:50 time, but falling short of Darren George's 1974 mark of 39:33. Teammate Richard Ellis was runnerup at 40:53. Ross Smith took his division (over-40) almost as easily as Ybarra, clocking 42:52 to Bill Jensen's 43:46, with Bob Malain next at 44:54. Joan Ullyot continued her dominance over the women with a 48:43, and teammate Kathy Himmelberger next in 51:01. Ruth Anderson was first veteran woman and third woman overall at 52:32. A total of 171 runners completed the hilly course. There were T-shirts left over: \$3.25 to Dennis Reeder, 1100 Crestmont, Angwin, 94508. /D. Reeder/

1 - Terry Ybarra/UNTC	39:50	17 - Dwight Van Pelt	43:31	33 - Bob Malain/NCSTC	44:54	49 - Mike Bobst	46:21
2 - Richard Ellis/UNTC	40:53	18 - Bill Jensen/PAMA	43:46	34 - Jim Sullivan/WVTC	45:10	50 - Steve Miller	46:23
3 - Rodger Gates	41:13	19 - John Hawkley	43:48	35 - Brian Nichelin	45:16	51 - Jim Simpson	46:26
4 - Mark Proteau	41:18	20 - Mike Kearny/UNTC	43:51	36 - Bob Myers/PAMA	45:21	52 - Larry Pugh	46:28
5 - Dave Himmelberger/WV	41:27	21 - Bruce Jones	43:54	37 - Mike Healy/WVJS	45:24	53 - Mury Salls	46:34
6 - Dave Muela/ETC	41:44	22 - Bob Barber	43:55	38 - Bill Shealy	45:27	54 - Larry Sumner	46:53
7 - Gordy Vredenburg	42:10	23 - Jim Penrose/UNTC	43:59	39 - Craig Roland	45:29	55 - Abe Underwood/BCTC	47:09
8 - Doug Butt/WVTC	42:27	24 - K. Christensen/UNTC	44:00	40 - Jim O'Neil/SFOC	45:32	56 - Bruce Carradine	47:33
9 - Kevin Pfefferle/UNTC	42:41	25 - Kent George	44:02	41 - Walt Betschart/BCTC	45:35	57 - Dan Hintz/WVTC	47:42
10 - Dan Moore/LVRC	42:45	26 - Rooney Mowbray	44:20	42 - Carl Gillette/WVJS	45:44	***WOMEN***	
11 - Ross Smith/WVJS	42:52	27 - Steve Coronado/WVTC	44:28	43 - Fraser Rasmussen	46:05	68 - Joan Ullyot/WTC	48:43
12 - Harry Ellis	42:57	28 - Brian Bonner	44:36	44 - Gary Alderman	46:06	90 - K.Himmelberger/WVTC	51:01
13 - Rafael Othon/UNTC	43:00	29 - Scott Ellis	44:42	45 - Bob Layton	46:06	105 - Ruth Anderson/NCSTC	52:32
14 - Keith White/WVTC	43:05	30 - Edward Lee	44:44	46 - Greg Jewett	46:07	109 - Judy Gumbs/WVTC	53:00
15 - Tony Lee	43:23	31 - David Zumwalt	44:46	47 - Paul Holmes/BCTC	46:14	117 - Louise Burns	54:34
16 - Tim Lee	43:24	32 - Jack Hackmann/VMTC	44:49	48 - Greg Durbin	46:15	127 - Olavie Weir	56:01
				Service Servic			

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RESULTS: - Humberto Hernandez grabbed his first PA-AAU title in the marathon at Sonoma St. with a 2:30:18...re-sults will be in next issue. He wins a trip to the Culver City (National AAU) Marathon (via LDR Committee funds). BOSTON GROUP PACKAGE: - Detail sheet will be out in a few weeks...write now to get on mailing list and save \$\$ if you are interested in 1976 Boston Marathon...c/o NCRR. NEXT LDRC MEETING: - After PA-AAU 20 Kilo on January 18.