

Subject: 1998 MCAL Cross Country Championships & Meet All-Time Lists

Date: Sat, 14 Nov 1998 17:40:59 -0800

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> 1998 MCAL Cross Country Championships

> Stafford Lake, Novato

> 11/14/98, 3.0 miles

> Weather: Early fog, nice temps.

>

> Varsity Boys

- > 1 Redwood (7-0) 83:47 21 1-2-3-7-8 (14) (27)
- > 2 SF Drake (6-1) 90:49 87 9-15-16-17-30 (43) (47)
- > 3 Novato (5-2) 90:38 91 5-13-21-23-29 (35) (44)
- > 4 Terra Linda (4-3) 92:11 109 12-19-20-28-31 (40) (41)
- > 5 San Marin (3-4) 93:01 115 6-10-26-34-39 (42) (45)
- > 6 San Rafael (1-6) 96:09 150 11-22-33-38-46 (48) (49)
- > 7 Tamalpais (1-6) 95:46 151 4-24-36-37-50 (51) (53)
- > 8 Marin Catholic (1-6) 99:25 182 19-25-32-52-54 (55)

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- > 1 Chris Johnson 10 Red 16:16
- > 2 Nick Franco 11 Red 16:16
- > 3 Chris Kuntz 10 Red 16:28
- > 4 Spencer Fishman 11 Tam 16:46
- > 5 Jeff Morgan 10 Nov 17:07
- > 6 Spencer Nielsen 12 SM 17:08
- > 7 Nick Schiller 11 Red 17:22
- > 8 Andrew Ryan 11 Red 17:25
- > 9 Wesley Pettit 12 SFD 17:32
- > 10 Matt Deshazo 10 SM 17:39
- > 11 Alex Ambrosi 12 SR 17:40
- > 12 Oren Laeffer 12 TL 17:40
- > 13 John Tapia-Grassi 12 Nov 17:43
- > 14 Darin Nee 11 Red 17:50

- > 15 Avery Cook 9 SFD 18:03
- > 16 Steve O'Mara 10 SFD 18:04
- > 17 Evan Dahme 10 SFD 18:04
- > 18 Jeffrey Touchstone 12 TL 18:08
- > 19 Nick Wetzler 10 MC 18:19
- > 20 Benjamin Lawson 12 TL 18:23
- > 21 Obie Porteous 12 Nov 18:27
- > 22 Tomas Martinez 11 SR 18:31
- > 23 Brett Larson 12 Nov 18:31
- > 24 Fred Hall 11 Tam 18:32
- > 25 Ian Ivarson 11 MC 18:33
- > 26 Erik Olson 11 SM 18:43
- > 27 Luke Zehradnik 10 Red 18:46
- > 28 Shaun Ahmadi 11 TL 18:48
- > 29 Micah Jacob 12 Nov 18:50
- > 30 Rory Kuykendall 9 SFD 19:06
- > 31 Jeffrey Larson 11 TL 19:12
- > 32 Matt Turrentine 12 MC 19:22
- > 33 Julian Garfalo 11 SR 19:28
- > 34 Caleb Vandencline 12 SM 19:33
- > 35 Justin Thomas 12 Nov 19:34
- > 36 Terence Liszewski 11 Tam 19:40
- > 37 Marc Sherry 11 Tam 19:54
- > 38 Mark Hendershott 11 SR 19:55
- > 39 Pierre Minhondo 12 SM 19:58
- > 40 Ross Barclay 10 TL 19:59
- > 41 Ryan Stauffer 12 TL 20:04
- > 42 Patrick Scannell 10 SM 20:15
- > 43 Matt Bernarding 12 SFD 20:17
- > 44 Stefan Sanborn 12 TL 20:18
- > 45 Ryan Detert 12 Nov 20:29
- > 46 George Eldred 9 SM 20:33
- > 47 Dustin Ruiz 11 SR 20:35
- > 48 Matt Segale 12 SFD 20:44
- > 49 Connor Kamada 11 SR 20:48
- > 50 George Tuttle 11 SR 20:53
- > 51 Tucker Kelley 11 Tam 20:54
- > 52 Ray Martinez 11 SR 21:00
- > 53 Adam Cohen 11 SM 21:17
- > 54 Rikkie Tran 12 SM 21:15
- > 55 Matt Bozdech 12 SM 21:16
- > 56 Andrew Stewart 11 Tam 21:21
- > 57 Chris McCoy 12 MC 21:29
- > 58 David Parker 11 Tam 21:40
- > 59 James Hazlehurst 12 MC 21:42
- > 60 Shingi 10 SFD 21:50
- > 61 Mike Harms 12 MC 22:08
- > 62 Joel Steffen 12 Tam 22:33
- > 63 Warren Steinberg 12 TL 23:30

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> JV Boys

> 1 Redwood 98:17 15 1-2-3-4-5 (6) (7)

> 2 Marin Catholic 110:49 50 8-9-10-11-12 (13)

> Novato, San Rafael, San Marin, Terra Linda incomplete

> Tamalpais, Sir Francis Drake no team

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- > 1 Kevin Wetzler 9 Red 19:23
- > 2 Jeff Gehringer 9 Red 19:23
- > 3 Jeff Wootton 11 Red 19:43
- > 4 Federico Baradello 10 Red 19:47
- > 5 Pat Kolsky 9 Nov 19:59
- > 6 Dana Hill 9 Red 20:04
- > 7 Peter Weir 11 Red 20:15
- > 8 Jonathon Summers 10 Red 20:18
- > 9 Brandon Touchstone 9 TL 20:25
- > 10 Joey Dale 11 TL 20:30
- > 11 Robert Guinan 11 Nov 20:35
- > 12 Mike Finnegan 11 MC 21:12
- > 13 Brandon Driscoll-Luttringer 9 MC 21:14
- > 14 Stephen Craford 9 TL 21:19
- > 15 Travis Petovello 9 Red 21:25
- > 16 Toby Louie 9 Red 21:27
- > 17 O'Ryan Guthrie 10 SR 21:36
- > 18 Tom Goldman 10 Red 21:42
- > 19 Burch Greene 9 SM 22:07
- > 20 John David 11 MC 22:14
- > 21 Ryan Kress 11 MC 22:40
- > 22 James Stryker 11 Red 22:47
- > 23 Jack O'Reilly 9 Red 23:19
- > 24 Ian Dunbar-Hall 9 MC 23:29
- > 25 Matthew Mochizuki 9 TL 23:39
- > 26 Dominic Testa 11 MC 23:48
- > 27 Chris Whittaker 9 Red 24:39
- > 28 Nick Leotta 9 SM 24:40

> 1998 MCAL Cross Country Championships

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>

>Varsity Girls

- > 1 Novato (7-0) 104:32 34 2-6-7-9-10 (12) (14)
- > 2 SF Drake (5-2) 110:23 89 1-16-19-20-33 (38) (39)
- > 3 San Rafael (3-4) 112:40 97 3-4-15-34-41 (43) (44)
- > 4 Redwood (6-1) 112:13 106 13-21-22-24-26 (29) (30)
- > 5 Terra Linda (3-4) 117:34 146 17-25-32-35-37 (42)
- > 6 Marin Catholic (1-6) 120:27 151 5-28-31-40-47
- > 7 Tamalpais (1-6) 120:32 152 18-23-27-36-48 (50)
- > 8 San Marin (1-6) 127:30 159 8-11-45-46-49

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- > 1 Ann Glenn 12 SFD 19:14 *CR*
- > 2 Bonnie Hanks 12 Nov 20:01
- > 3 Terry Legg 12 SR 20:22
- > 4 Julianne McKeever 12 SR 20:24
- > 5 Kelsey Piper 12 MC 20:36
- > 6 Eva Gut 10 Nov 20:45
- > 7 Alexis Franzak 9 Nov 21:01
- > 8 Karine Graham 10 SM 21:15
- > 9 Emily Guglielmo 12 Nov 21:16
- > 10 Lauren Ciabattari 12 Nov 21:29
- > 11 Laurel Kellner 11 SM 21:37
- > 12 Robin Lee 12 Nov 21:41
- > 13 Lana Barkhordarian 12 Red 21:43
- > 14 Alicia Roberts 12 Nov 21:59
- > 15 Aubin Secor 12 SR 22:14
- > 16 Jennie Allen 12 SFD 22:16
- > 17 Katrina Powers 12 TL 22:20

- > 18 Shannon Wilhelm 11 Tam 22:23
- > 19 Dory Weston 11 SFD 22:24
- > 20 Alicia Howard 10 SFD 22:25
- > 21 Lindsay Cook 11 Red 22:30
- > 22 Lindsay Innes 10 Red 22:31
- > 23 Rachel Baudler 11 Tam 22:36
- > 24 Catherine Roman 10 Red 22:37
- > 25 Nola Schoder 12 TL 22:46
- > 26 Danielle Grant 10 Red 22:52
- > 27 Katherine Steiner 12 Tam 22:53
- > 28 Lauren Nestor 9 MC 23:12
- > 29 Lara Moscrip 11 Red 23:27
- > 30 Maggie Grey 10 Red 23:32
- > 31 Chanelle Olivo 12 MC 23:53
- > 32 Cindy Jac 10 TL 23:55
- > 33 Nicole Peoples 9 Red 24:02
- > 34 Blaire Williams 10 SFD 24:04
- > 35 Morgan Crane 10 SR 24:13
- > 36 Betsy Conway 11 TL 24:14
- > 37 Aliessa Sullivan 10 Tam 24:15
- > 38 Bryanne O'Leary 10 TL 24:19
- > 39 Mary Baldwin 9 SFD 24:27
- > 40 Renee Johnson 10 SFD 24:43
- > 41 Elsbeth Detwiler 10 MC 25:22
- > 42 Shannon McFarland 12 SR 25:27
- > 43 Amanda Noland 11 TL 25:41
- > 44 Simone Corrinco SR 25:49
- > 45 Marie Hamrick 11 SR 26:12
- > 46 Kelsey Selfridge 9 SM 26:26
- > 47 Kimberly Glass 12 SM 27:19
- > 48 Brittany Cane 10 MC 27:23
- > 49 Kara Bischoff 11 Tam 28:25
- > 50 Katie Palmear 11 SM 30:53
- > 51 Lara Rusky 11 Tam 32:02

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> JV Girls

- > 1 Novato 115:49 15 1-2-3-4-5 (7) (8)
- > 2 Redwood 126:02 48 6-9-10-11-12 (14) (16)
- > 3 Terra Linda 136:00 82 13-15-17-18-19
- > Sir Francis Drake incomplete
- > Marin Catholic, Tamalpais, San Marin, San Rafael no team

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- > 1 Jacki Medina 10 Nov 22:10
- > 2 Ashley Dodson 10 Nov 22:36
- > 3 Charlotte Tyler 9 Nov 23:24
- > 4 Liza Manion 9 Nov 23:47
- > 5 Kim Kahn 11 Nov 23:52
- > 6 Megan Tremelling 12 Red 24:09
- > 7 Stacie Hansen 9 Nov 24:23
- > 8 Maisha Nelson 11 Nov 24:54
- > 9 Rachel Ryan 9 Red 24:55
- > 10 Nicole Smith 10 Red 25:18
- > 11 Gemma Edward-Aron 10 SFD 25:27
- > 12 Alison Noble 11 Red 25:32
- > 13 Devin DeMartini 10 Red 26:08
- > 14 Elizabeth Torgrimson 12 TL 26:17

- > 15 Vikki Hunt 11 Red 27:01
- > 16 Jacqueline Nation 10 TL 27:03
- > 17 Claudia Sun 11 Red 27:04
- > 18 Marly Briggs 11 Red 27:07
- > 19 Amy Clover 10 TL 27:33
- > 20 Michaille Ramirez 9 Red 28:38
- > 21 Threse Gondouin 10 TL 30:41
- > 22 Tamar Segev 9 TL 34:26
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>MCAL Cross Country Championships All-Time List

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>All-Time Boys Team Times

- > 1 Redwood 83:47 (16:45) 98
- > 2 Novato 83:49 (16:45) 96
- > 3 Redwood 86:28 (17:17) 96
- > 4 Redwood 87:43 (17:32) 97
- > 5 Terra Linda 88:24 (17:40) 96
- >

>All-Time Boys Individuals

- > 1 Todd Hunt 12 Nov 15:47 96
- > 2 James Nielsen 12 SM 16:05 96
- > 3 Chris Johnson 10 Red 16:16 98
- > Nick Franco 11 Red 16:16 98
- > 5 Francisco Guevara 12 TL 16:17 96
- > 6 Chris Kuntz 10 Red 16:28 98
- > 7 Geoff Garcia 12 Nov 16:36 96
- > 8 Rob Bancroft 11 Nov 16:42 96
- > 9 Spencer Fishman 11 Tam 16:46 98
- > 10 Adam Bessie 11 Red 16:57 96
- > 11 Jeff Morgan 10 Nov 17:07 98
- > 12 Spencer Nielsen 12 SM 17:08 98
- > 13 Mike Tribolet 12 Red 17:11 96
- > 14 Adam Innes 12 Red 17:17 96
- > 15 Neil Matthews 12 Nov 17:18 96
- > Robb Freed 11 Red 17:18 96
- > 17 Nick Schiller 11 Red 17:22 98
- > 18 Andrew Ryan 11 Red 17:25 98
- > 19 Darin Nee 10 Red 17:26 97
- > 20 Justin Schwartz 12 TL 17:28 96
- > 21 Alex Piel 12 SM 17:30 96
- > 22 Brien Hendershott 12 SR 17:31 97
- > 23 Wesley Pettit 12 SFD 17:32 98
- > 24 Dennis Koeller 12 Nov 17:36 96
- > 25 Nalon Smith 12 SFD 17:38 96
- >

>All-Time Boys (By Grade)

- > 1 Todd Hunt 12 Nov 15:47 96
- > 2 James Nielsen 12 SM 16:05 96
- > 3 Francisco Guevara 12 TL 16:17 96
- > 4 Geoff Garcia 12 Nov 16:36 96
- > 5 Spencer Nielsen 12 SM 17:08 98
- >
- > 1 Nick Franco 11 Red 16:16 98
- > 2 Rob Bancroft 11 Nov 16:42 96
- > 3 Spencer Fishman 11 Tam 16:46 98

- > 4 Adam Bessie 11 Red 16:57 96
- > 5 Robb Freed 11 Red 17:18 96
- >
- > 1 Chris Johnson 10 Red 16:16 98
- > 2 Chris Kuntz 10 Red 16:28 98
- > 3 Jeff Morgan 10 Nov 17:07 98
- > 4 Darin Nee 10 Red 17:26 97
- > 5 Matt Dshazo 10 SM 17:39 98
- >
- > 1 Chris Johnson 9 Red 17:38 97
- > 2 Darin Nee 9 Red 17:52 96
- > 3 Brian Ward 9 Nov 17:57 96
- > 4 Avery Cook 9 SFD 18:03 98
- > 5 Jeff Morgan 9 Nov 18:06 97
- >
- > MCAL Cross Country Championships All-Time List
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- >
- >All-Time Girls Team Times
- > 1 Novato 104:32 (20:54) 98
- > 2 Novato 106:26 (21:13) 96
- > 3 Sir Francis Drake 106:52 (21:22) 96
- > 4 Terra Linda 107:25 (21:29) 96
- > 5 San Marin 108:08 (21:37) 96
- >
- >All-Time Girls Individuals
- > 1 Ann Glenn 12 SFD 19:14 98
- > 2 Tiffany Hansen 12 Red 19:21 96
- > 3 Melissa Green 11 TL 19:40 96
- > 4 Bonnie Hanks 12 Nov 20:01 98
- > 5 Terry Legg 12 SR 20:22 98
- > 6 Julianne McKeever 12 SR 20:24 98
- > 7 Kelsey Piper 12 MC 20:36 98
- > 8 Alethea Countouriotis 11 TL 20:42 97
- > 9 Laurel Kellner 9 SM 20:43 96
- > Maxine Bandner 9 SM 20:43 96
- > 10 Eva Gut 10 Nov 20:45 98
- > 11 Katie Bernarding 12 SFD 20:56 96
- > 12 Alexis Franzak 9 Nov 21:01 98
- > 13 Jody Konigsberg 11 Nov 21:02 96
- > 14 Danielle Connolly 9 Nov 21:14 96
- > 15 Karine Graham 10 SM 21:15 98
- > 16 Emily Guglielmo 12 Nov 21:16 98
- > 17 Emily Nielsen 9 SM 21:17 97
- > 18 Erin Jones 11 Nov 21:19 96
- > 19 Lauren Ciabattari 12 Nov 21:29 98
- > 20 Laurel Kellner 11 SM 21:37 98
- > 21 Emily Clare 12 SM 21:35 96
- > 22 Katrina Powers 10 TL 21:38 96
- > 23 Amber Wilson 11 SFD 21:40 96
- > 24 Robin Lee 12 Nov 21:41 98
- > 25 Lana Barkhordarian 12 Red 21:43 98
- >
- >All-Time Girls (By Grade)
- > 1 Ann Glenn 12 SFD 19:14 98
- > 2 Tiffany Hansen 12 Red 19:21 96
- > 3 Bonnie Hanks 12 Nov 20:01 98
- > 4 Terry Legg 12 SR 20:22 98
- > 5 Julianne McKeever 12 SR 20:24 98
- >

> 1 Melissa Green 11 TL 19:40 96
> 2 Ann Glenn 11 SFD 20:30 97
> 3 Alethea Countouriotis 11 TL 20:42 97
> 4 Bonnie Hanks 11 Nov 20:48 97
> 5 Jody Konigsberg 11 Nov 21:02 96

>
> 1 Ann Glenn 10 SFD 20:25 96
> 2 Bonnie Hanks 10 Nov 20:38 96
> 3 Eva Gut 10 Nov 20:45 98
> 4 Terry Legg 10 SR 21:20 96
> 5 Karine Graham 10 SM 21:15 98

>
> 1 Laurel Kellner 9 SM 20:43 96
> 2 Maxine Bandner 9 SM 20:43 96
> 3 Alexis Franzak 9 Nov 21:01 98
> 4 Danielle Connolly 9 Nov 21:14 96
> 5 Emily Nielsen 9 SM 21:17 97
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