2022-2023 XC Team Entries

BOYS	Division I	Division II	Division III	Division IV	Division V
Central	3	2	3	2	2
Central Coast	2	3	2	3	3
Los Angeles	2	1	1	1	1
North Coast	2	4	4	3	5
Northern	0	0	1	2	1
Oakland	*	*	*	*	*
Sac-Joaquin	3	3	3	3	2
San Diego	2	3	3	3	3
San Francisco	*	*	*	*	*
Southern	7	7	7	7	7
TOTAL	21	23	24	24	24
GIRLS	Division I	Division II	Division III	Division IV	Division V
Central	3	2	2	2	2
Central Coast	3	3	2	3	4
Los Angeles	0				
	2	1	1	1	1
North Coast	2	3	1 4	1	1 5
North Coast Northern					
	2	3	4	3	5
Northern	2	3	4	3 2	5 1
Northern Oakland	2 0 *	3 0 *	4 1 *	3 2 *	5 1 *
Northern Oakland Sac-Joaquin	2 0 * 2	3 0 *	4 1 * 3	3 2 * 3	5 1 * 2
Northern Oakland Sac-Joaquin San Diego San	2 0 * 2 2	3 0 * 4 3	4 1 * 3 4	3 2 * 3 3	5 1 * 2 2

^{*}Oakland and San Francisco each earn 1 team entry per gender. The team division will be determined based upon their respective Section divisional placement.