Silicon Valley XC Championships Online Entry Instructions
Date 10/14/2022
Host RJ Fisher
Location JD Morgan Park
Director Kent Kappen

40 W Rincon Ave, Campbell, CA 95008
Email kent@leadsportsusa.com
First Race 4:00 PM
Phone

Website http://lynbrooksports.prepcaltrack.com/ATHLETICS/XC/2022/2022.htm

* Athlete Registration will be locked on 10/12/2022 at 6:00 PM (local time)
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This meet is using free online registration at Athletic.net!

Athletic.net is a resource for Track & Field and Cross Country coaches,
offering free *statistic tracking*, easy *meet registrations*, free *meet
managers*, and free tools to simplify common coaching tasks.

Follow the 4 steps below to get started:
1. Sign up for a free coach account
<http://www.athletic.net/account/login/signup> (if you do not have one)

    - Go to the website: www.athletic.net
    - Click on 'Log In <http://www.athletic.net/account/login/signup>' in
    the upper right hand corner, and then click '*Sign Up*' on the bottom of
    that screen.
    - Complete the signup wizard
    - After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

    - *Log In <http://www.athletic.net/account/login/>* to Athletic.net
    - Navigate to the Events page <http://www.athletic.net/events>
    - Start typing *2022 Silicon Valley XC Championships* into the Search Box
    - Expand the meet card, and find the button to add this meet to your
    teams calendar
    - Repeat this process for the rest of your season calendar *(You can
    also find meets by date and location)*
    - If a meet is not listed, you can add it to your calendar by clicking
    'Add new Event' and following the wizard
    - Verify that your calendar is correct. Click on a Meet, then the pencil
    icon to make corrections to a meet, or use the trash can icon to delete a
    meet.

3. Enter team roster

    - Navigate to your team page by opening the side menu, then click on
    your team.
    - Click on Manage Team
    - Click on Edit Roster under Athletes
    - Add athletes to the roster manually, or upload your roster using the
    "Upload Athlete Roster" option.

4. Register athletes for 2022 Silicon Valley XC Championships

    - Locate *2022 Silicon Valley XC Championships* on your team's main

Cross Country page and click on it
- Click "*Register Athletes*"
- Follow instructions on the meet registration page to enter your athletes into the appropriate division(s).
- Use the "Add an athlete" buttons to add athletes to your roster if needed.

You can freely use this meet registration feature of Athletic.net for all your meets. The host team can download them from the website for free.

Friday October 14th, 2022
JD Morgan Park, Campbell

Time Schedule

4:00	6th Grade Girls
4:25	6th Grade Boys
4:50	7th Grade Girls
5:15	7th Grade Boys
5:40	8th Grade Girls
6:05	8th Grade Boys

Entries

The top two teams in each league will be allowed 7 runners per group. Then the league can enter the next top 15 runners from the other teams.

In order to enter, all entrants must be entered into athletic.net under their school's account and please send an e-mail to Kent Kappen, Meet Director, at kent@leadsportsusa.com, listing all of the runners you are entering in each race. It is very important that we receive an accurate list of entries. **Entries are due no later than Monday, October 10th, 2022.**

Teams will be limited to 7 runners per race. If you have fewer than 5 runners in a race, they may run as individuals, provided they meet the criteria described above. All runners must be students at your school. If you have a younger runner from another school that will not otherwise be able to compete, the runner may enter as an individual representing his or her school. That runner will not count in the team scoring.

Runners must represent the school they attend, rather than a club.

Entry Fees

A $25 entry fee (or $5 per individual if you enter less than 5 runners) is required. This allows us to defray the cost of awards and field rental. YOUR RUNNERS WILL NOT BE ALLOWED TO COMPETE WITHOUT AN ENTRY FEE. Checks can be made out to Fisher Middle School, and can be mailed (19195 Fisher Avenue, Los Gatos, CA 95032) in advance or given to Kent Kappen on the day of the meet.

Runner Identification

Runners will wear a shoe chip and bib # to identify themselves in the chute and be matched with the entries you submitted to athletic.net. If you have any race-day changes to your

entries, please email Kent Kappen ASAP to make the changes and no later than 3:30 so that the changes can be entered.

Scoring

Only runners who are part of a full team (at least 5 runners) will count in the team scoring. The total of the places of the first 5 runners will be added to produce the team score; 6th and 7th runners will count to displace others. Lowest score wins.

Awards

The top 10 individuals in each race will receive medals, and the winning team will receive a trophy in each division.

Course

JD Morgan Park is a grassy, crushed cinder and paved surfaced 1.5mile course.

Other Logistics

We ask that each participating school commit two volunteers to help with the meet. Volunteers may be course monitors, timing support and/or finish line managers. If you have questions or concerns, please contact Kent Kappen at kent@leadsportsusa.com.