

2013 BOYS' FALL ALL-LEAGUE TEAMS

CROSS COUNTRY

ALL-PENINSULA ATHLETIC LEAGUE (Based on placing in league finals)

1, Logan Marshall (Half Moon Bay) Sr.; 2, Michael Bereket (Carlmont) Sr.; 3, Mark Vingralek (Carlmont) Jr.; 4, Owen Lee (Carlmont) Jr.; 5, Ryan Dimick (Carlmont) Sr.; 6, Zach Plante (Menlo-Atherton) Sr.; 7, Gerardo Castro (El Camino) Sr.; 8, James Schulte (Carlmont) Sr.; 9, Graham Faust (Half Moon Bay) So.; 10, Anwar Alghaithy (Westmoor) Jr.; 11, Ryan McAuliffe (Aragon) So.; 12, Michael Ward (Terra Nova) Sr.; 13, Johain Ounadjela (Carlmont) Jr.; 14, Chris Jacobson (Half Moon Bay) Sr.; 15, Charlie Utecht (Sequoia) Jr.

ALL-WEST BAY ATHLETIC LEAGUE

Most Valuable Runner: Corey Gonzalez (Harker)

First Team

Daniel Hill (Sacred Heart Prep); Ross Corey (Priory); Preston Lam (Crystal Springs); Sasha Novitsky (Sacred Heart Prep); Yumeto Shighihara (Crystal Springs); Chris Gregory (Priory); Johnny Trudelle (Priory)

Second Team

Abin Thomas (King's Academy); Carter Kremer (Sacred Heart Prep); Isaiah Scott (King's Academy); Derek Field (King's Academy); Brandon Chu (Crystal Springs); Javier Rojas (Crystal Springs); Daniel O'Neill (King's Academy)

Honorable Mention

Brett Anstrom (Sacred Heart Prep); Dennis Manduzo (Menlo School); August Howell (Sacred Heart Prep); Zachary Cherian (Crystal Springs); Hugo Pegley (Crystal Springs); Marcus Niksa (Crystal Springs); Tyler Schoenduve (King's Academy); Robert Screven (Priory); Peter Rosston (Menlo School); Matthew Wan (Menlo School); Rahul Balakrishnan (Harker); Rahul Sridhar (Harker)



ister (Palo Alto) Sr.

Outstanding Inside Linebacker: Andrew Frick (Palo Alto) Sr.

Outstanding Outside Linebacker: Benito Serrano (Wilcox) Sr.

Outstanding Defensive Back: Cory Olivet (Los Gatos) Sr.

Outstanding Utility: Anthony Avery (Mountain View)

Outstanding Kicker: Logan Chapman (Los Gatos) Sr.

Co-Senior of the Year: Malcolm Davis (Palo Alto) WR/DB and Kenny Dipko (Wilcox) QB

Junior of the Year: Solomon Foketi (Milpitas) LB

Sophomore of the Year: Eli Givens (Palo Alto) WR

First Team

Quarterback: Ronnie Reed (Milpitas) Sr.; Nick Bawden (Los Gatos) Sr.

Running Back: Savion Black (Milpitas) Jr.; Isiah Jackson (Mountain View); Jacob Marr (Saratoga) Sr.; Keneen Smith (Santa Clara) Sr.; Devaunte Sanches (Fremont) Jr.

Wide Receiver: Christian Rita (Milpitas) Sr.; Keensean Johnson (Palo Alto) Sr.; Austin Johnson (Mountain View); Grant Faylor (Saratoga) Sr.; Joey Medeiros (Saratoga) Jr.; Dominick Bailey (Wilcox) Sr.

Tight End: Frank Kapp (Mountain View); Jake Kenney (Wilcox) So.; Cody Marshall (Los Gatos) Sr.

Offensive Line: Mikey Saybe (Milpitas) Sr.; Uate Mataele (Milpitas) Jr.; Christian Haangana (Milpitas) So.; Jack Anderson (Palo Alto) Sr.; Justin Rittman (Palo Alto) Sr.; Afa Prescott (Fremont) Jr.; Clark Rothenberg (Saratoga) Sr.; Jonathan Herrera (Wilcox) Jr.; Jack Jarigan (Los Gatos) Jr.; Andrew Hillard (Los Gatos) Sr.; Brandon Ross (Los Gatos) Sr.

Defensive Back: Ken Wu (Saratoga); David Kruskamp (Milpitas) Sr.; Duane Jones (Milpitas) Jr.; Joey Medeiros (Saratoga) Jr.; Manu Turituri (Wilcox) So.; Cory Barraclough (Wilcox) Sr.; Cole Wisecarver (Los Gatos) Sr.; Matthew Wilcox (Los Gatos) Jr.

Linebacker: Cole Poffenbarger (Milpitas) Jr.; Jake Butters (Mountain View); Sam Kanongata (Fremont) Jr.; Davis Berryhill (Saratoga) Sr.; Jake Tittle (Los Gatos) Sr.; Cameron Ackerman (Los Gatos) Sr.

Defensive Line: Sii Mataele (Milpitas) So.; Mike Fitzsimmons (Saratoga) Sr.; Justin Wright (Wilcox) Sr.; Jonathon

Outstanding Inside Linebacker: David Park (Cupertino) Sr.

Outstanding Defensive Back: Jonathan Chang (Lynbrook) Jr.

Outstanding Senior: Christopher Lanman (Los Altos) QB

Outstanding Junior: Max McCann (Monta Vista) RB/LB

Outstanding Sophomore: Anthony Pozzetti (Cupertino) QB/DB

Outstanding Freshman: Tonga Ketu (Los Altos) OL/DL

First Team

Quarterback: Ryan Manley (Monta Vista)

Running Back: Tim Cheng (Homestead) Sr.; Jason Larsh (Lynbrook) Sr.; Sean Lydster (Gunn) Sr.

Wide Receiver: Nathan Duong (Cupertino) Sr.; Bryan Erickson (Homestead) Sr.; Patrick McColl (Los Altos) Jr.

Tight End: Joseph Faria (Homestead) Jr.; Dylan Schultz (Cupertino) Jr.

Offensive Line: Jessie Arreola (Cupertino) Sr.; Noe Barajas (Homestead) Jr.; Nolan Hurtado (Monta Vista) Jr.; Fred Li (Gunn) Jr.; Tristian Salvador (Monta Vista) Sr.; Aaron Siminon (Lynbrook) Sr.; Michael Strahan (Cupertino) Sr.; Josh Williams (Los Altos) Sr.

Defensive Back: Kyle Avvakumovits (Cupertino) Jr.; Mateo Manjarrez (Homestead) Sr.; Justin Miller (Homestead) Jr.; Milanko Plavsic (Monta Vista) Sr.; John Rak (Homestead) Jr.

Inside Linebacker: David Almas (Homestead) Sr.; Carlo Isola (Lynbrook) Sr.; Forrest Larson (Gunn) Jr.; Duke Myers (Los Altos) Sr.

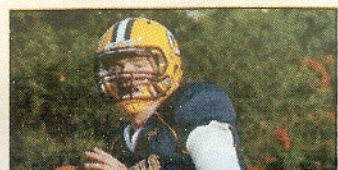
Outside Linebacker: Max Chiew (Gunn) Jr.; Justin Marengo (Homestead) Sr.; Alex Zee (Lynbrook) Sr.

Defensive End: Julian Arndt (Lynbrook) Sr.; Won Lee (Monta Vista) Sr.

Defensive Line: Jake ACervantes (Homestead) Jr.; Justin Cheng (Cupertino) Sr.; Daniel Grinberg (Lynbrook) Jr.; Thomas Holm (Homestead) Sr.; Anthony Tung (Cupertino) Sr.

Utility: Eric Day (Lynbrook) Sr.

Kicker: Matt Schonher (Los Altos) Jr.



First Team Offense

Anthony Gordon (Terra Nova) Jr. QB; Jack Heneghan (Menlo School) Sr. QB; John Wallace (Terra Nova) Sr. RB; Andrew Segre (Sacred Heart Prep) Sr. RB; Isiah Nash (Menlo-Atherton) Sr. RB; Jaylend Jones (Terra Nova) Sr. WR; Domenic Ortisi (Terra Nova) Sr. WR; Peter Bouret (Menlo School) Sr. WR; Ryan Roberts (Menlo-Atherton) Sr. WR; Oliver Bucka (Menlo-Atherton) Sr. TE; Paul Noa (Terra Nova) Sr. OL; Patrick Finnigan (Sacred Heart Prep) Sr. OL; Alex Castro (Sacred Heart Prep) Sr. OL; Api Mane (Menlo-Atherton) Jr. OL; Adam Yecies (Menlo School) Sr. OL; Matt Jenkins (Sequoia) Sr. PK

First Team Defense

Sam Auelua (Terra Nova) Sr. DL; David Melton (Terra Nova) Sr. DL; Nic Colazzo (Sacred Heart Prep) Sr. DL; Enzo Santos (Menlo-Atherton) Sr. DL; Nick Pierotti (Terra Nova) Sr. LB; Ben Burr-Kirven (Sacred Heart Prep) Jr. LB; Brian Jagers (Menlo-Atherton) Sr. LB; Noah Kawasaki (Sacred Heart Prep) Sr. DB; Travis Chambers (Menlo School) Sr. DB; Dylan Anderson (Sequoia) Sr. DB; Sam Stroud (Menlo-Atherton) Sr. DB; Ben Sehl (Sequoia) Sr. punter

ALL-MISSION TRAIL ATHLETIC LEAGUE

Most Valuable Player: Will Latta (Priory) Sr.

Sportsmanship Award: Gabe Bautista (Alma Heights Christian) Sr.

First Team

Tom Latta (Priory) Sr.; James McDaniel (Priory) Sr.; Michael Alcaraz (Trinity Christian) Sr.; Dre Perez (Trinity Christian) Sr.; Jack Sweat (Pinewood) Jr.; Aiden Lucero (Pinewood) So.; Gabe Bautista (Alma Heights Christian) Sr.; Ethan Hensens (Stuart Hall) Sr.

Second Team

Charlie Tidmarsh (Priory) Sr.; Garrett Weber (Priory) Jr.; Brandon Zaringhalam (Priory) Sr.; Matt Novak (Trinity Christian) Sr.; Jon Hill (Trinity Christian) Sr.; Kevin Tracy (Pinewood) Sr.; Joshua Cayetano (Alma Heights Christian) Sr.; Marcos Galvan (Anzar) So.; Mena Otovo (North Valley Baptist) Jr.

Second Team

Matthew Lund (Lynbrook) Sr.; Gary Chen (Lynbrook) Sr.; JJ Kadifa (Palo Alto) Sr.

Quinn Hamilton (Gunn) Fr.; Samuel Lewis (Los Gatos) Jr.; Jackson Zeigler (Monta Vista) Sr.; Alex Paulsen (Mountain View); Ryan Seltzer (Lois Altos) Sr.; Randy Kenyon (Mountain View) Sr.

ALL-PAL BAY DIVISION

Most Valuable Player: Nick Bisconti (Menlo School) Jr.

Most Valuable Goalie: John Wilson (Menlo School) Sr.

First Team

Johnny Wilson (Menlo School) Sr.; Chris Xi (Menlo School) So.; Evan McClelland (Menlo-Atherton) Sr.; Jacob Bassin (Menlo-Atherton) Sr.; Nikola Karamadzin (Carlmont) Sr.; Weston Avery (Menlo School) Jr.; Hans Brouwer (Menlo-Atherton) Sr.

Second Team

Andreas Katsis (Menlo School) Jr.; John Knox (Menlo-Atherton) Jr.; Gene Schreck (Carlmont) Sr.; Elias Sebt (Carlmont) Jr.; George Archbold (Sequoia) Sr.; Will Lowdon (Burlingame) So.; Griffin Tietz (Aragon) Sr.

Honorable Mention

Ryan Hammarskjold (Menlo School) Sr.; Jorge Pont (Menlo-Atherton) So.; Simeon Giverts (Carlmont) Sr.; Eric Bittner (Sequoia) Sr.; Jed Rosen (Burlingame) Jr.; Nathan Rurtenberg (Aragon) Jr.

ALL-PAL OCEAN DIVISION

Co-Most Valuable Players: Grant Peel (Mills) So. And Kevin Hoffert (Hillsdale) Sr.

Most Valuable Goalie: Anthony Papas (Hillsdale) Sr.

First Team

Javier Rosas (Hillsdale) Sr.; Eric Rudberg (Hillsdale) Sr.; Clifford Shaw (Mills) Sr.; Jacob Ng (Mills) So.; Garrett Kern (Half Moon Bay) Jr.; Devin Johnson (Terra Nova) Sr.; William Xu (Priory) Sr.

Second Team

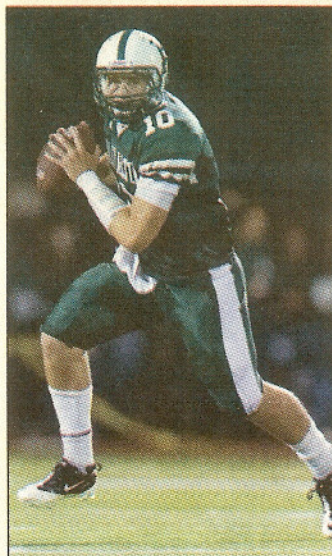
Curtis Cassin (Hillsdale) So.; Zane Girouard (Mills) Fr.; Jackson Crane (Half Moon Bay) Jr.; Malcolm Feix (Half Moon Bay) So.; Aaron Sturtevant (Terra Nova) Sr.; Leo Franco Munoz (Woodside) So.; Scott Harris (Priory) So.; Perry Liu (San Mateo) Sr.; Marcus Rabara (Capuchino)



Carter Kremer (Sacred Heart Prep); Isaiah Scott (King's Academy); Derek Field (King's Academy); Brandon Chu (Crystal Springs); Javier Rojas (Crystal Springs); Daniel O'Neill (King's Academy)

Honorable Mention

Brett Anstrom (Sacred Heart Prep); Dennis Mandudzo (Menlo School); August Howell (Sacred Heart Prep); Zachary Cherian (Crystal Springs); Hugo Pegley (Crystal Springs); Marcus Niksa (Crystal Springs); Tyler Schoenduve (King's Academy); Robert Screven (Priory); Peter Rosston (Menlo School); Matthew Wan (Menlo School); Rahul Balakrishnan (Harker); Rahul Sridhar (Harker)



Keller Chryst

FOOTBALL

ALL-SCVAL DE ANZA DIVISION

Co-Most Valuable Players: Keller Chryst (Palo Alto Sr. QB and Delshawn Mitchell (Wilcox) Sr. RB

MVP Offense: Squally Canada (Milpitas) Sr. RB

MVP Defense: Sione Finefeuiaki (Wilcox) Sr. LB

MVP Lineman: Jimmy Leatiota (Wilcox) Sr. OL

Outstanding Offensive Lineman: Vita Musika (Milpitas) Jr.

Outstanding Defensive Lineman: Jason Scrempos (Milpitas) Jr.

Outstanding Quarterback: Jonathan Walters (Saratoga) Sr.

Outstanding Running Back: Joey Wood (Los Gatos) Jr.

Outstanding Wide Receiver: Tre Hartley (Milpitas) Sr.

Outstanding Tight End: Tully McCal-

Grant (Saratoga Sr.); Joey Mederios (Saratoga) Jr.; Dominick Bailey (Wilcox) Sr.

Tight End: Frank Kapp (Mountain View); Jake Kenney (Wilcox) So.; Cody Marshal (Los Gatos) Sr.

Offensive Line: Mikey Saybe (Milpitas) Sr.; Uate Mataele (Milpitas) Jr.; Christian Haangana (Milpitas) So.; Jack Anderson (Palo Alto) Sr.; Justin Rittman (Palo Alto) Sr.; Afa Prescott (Fremont) Jr.; Clark Rothenberg (Saratoga) Sr.; Jonathan Herrera (Wilcox) Jr.; Jack Jarigan (Los Gatos) Jr.; Andrew Hillard (Los Gatos) Sr.; Brandon Ross (Los Gatos) Sr.

Defensive Back: Ken Wu (Saratoga); David Kruskamp (Milpitas) Jr.; Duane Jones (Milpitas) Jr.; Joey Mederios (Saratoga) Jr.; Manu Tirituri (Wilcox) So.; Cory Barraclough (Wilcox) Sr.; Cole Wisecarver (Los Gatos) Sr.; Matthew Wilcox (Los Gatos) Jr.

Linebacker: Cole Poffenbarger (Milpitas) Jr.; Jake Butters (Mountain View); Sam Kanongata (Fremont) Jr.; Davis Berryhill (Saratoga) Sr.; Jake Tittle (Los Gatos) Sr.; Cameron Ackerman (Los Gatos) Sr.

Defensive Line: Sii Mataele (Milpitas) So.; Mike Fitzsimmons (Saratoga) Sr.; Justin Wright (Wilcox) Sr.; Jonathon Pohaha (Wilcox) Jr.; Bailey McNally (Los Gatos) Sr.; CJ Hibbits (Los Gatos) Jr.; Brendan Ross (Los Gatos) Jr.; Nikita Klochko (Santa Clara) Sr.

Utility: Jacob Camp (Santa Clara); Adam Garza (Santa Clara)

Kicker: Leo Hernandez (Santa Clara) Sr.

ALL-SCVAL EL CAMINO DIVISION

Co-Most Valuable Players: Derek Rositas (Homestead) Sr. RB/LB and Justin Cena (Monta Vista) Sr. RB/LB

MVP Offense: Ryan Allenmandi (Homestead) Jr. RB

Co-MVP Defense: Faris Karaborni (Monta Vista) Sr. LB and Tijani Karaborni (Monta Vista) Sr. LB

MVP Lineman: Ofisa Pati (Los Altos) Sr.

Outstanding Offensive Lineman: Kyle Barry (Monta Vista) Sr.

Outstanding Defensive Lineman: Joseph Chang (Lynbrook) Sr.

Outstanding Quarterback: Jerome Holloway (Homestead) So.

Outstanding Running Back: Sean Lanoza (Los Altos) Jr.

Outstanding Wide Receiver: Victor Puiz (Los Altos) Sr.

Outstanding Tight End: Max Wilber (Los Altos) Sr.

Co-Outstanding Defensive End: Sam Nastari (Monta Vista Jr. and Dakota Kratzer (Los Altos) Sr.

Outstanding Outside Linebacker: Dietrich Sweat (Gunn) Jr.

Defensive Back: Kyle Avvakumovits (Cupertino) Jr.; Mateo Manjarrez (Homestead) Sr.; Justin Miller (Homestead) Jr.; Milanko Plavsic (Monta Vista) Sr.; John Rak (Homestead) Jr.

Outside Linebacker: Max Chiew (Gunn) Jr.; Justin Marengo (Homestead) Sr.; Alex Zee (Lynbrook) Sr.

Defensive End: Julian Arndt (Lynbrook) Sr.; Won Lee (Monta Vista) Sr.

Defensive Line: Jake ACervantes (Homestead) Jr.; Justin Cheng (Cupertino) Sr.; Daniel Grinberg (Lynbrook) Jr.; Thomas Holm (Homestead) Sr.; Anthony Tung (Cupertino) Sr.

Utility: Eric Day (Lynbrook) Sr.

Kicker: Matt Schonher (Los Altos) Jr.



Jack Heneghan

ALL-PAL BAY DIVISION

Co-Offensive Players of the Year: Jack Heneghan (Menlo School) Sr. QB; Anthony Gordon (Terra Nova) Jr. QB

Co-Defensive Players of the Year: Nick Pierotti (Terra Nova) Sr.; Ben Burr-Kirven (Sacred Heart Prep) Jr.

Utility Player of the Year: Isiah Nash (Menlo-Atherton) Sr. RB/LB

Special Teams Player of the Year: Ben Sehl (Sequoia) Sr.

Coaches of the Year: Mark Newton (Menlo School); Bill Gray (Terra Nova)

LEAGUE

Most Valuable Player: Will Latta (Priory) Sr.

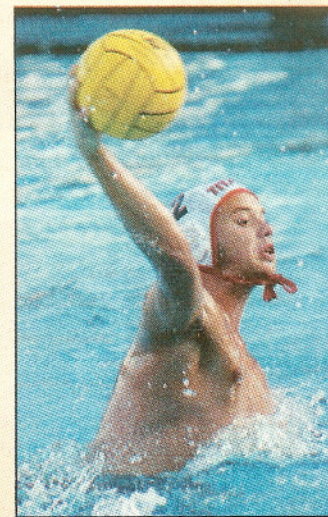
Sportmanship Award: Gabe Bautista (Alma Heights Christian) Sr.

First Team

Tom Latta (Priory) Sr.; James McDaniel (Priory) Sr.; Michael Alcaraz (Trinity Christian) Sr.; Dre Perez (Trinity Christian) Sr.; Jack Sweat (Pinewood) Jr.; Aiden Lucero (Pinewood) So.; Gabe Bautista (Alma Heights Christian) Sr.; Ethan Hensens (Stuart Hall) Sr.

Second Team

Charlie Tidmarsh (Priory) Sr.; Garrett Weber (Priory) Jr.; Brandon Zaringhalam (Priory) Sr.; Matt Novak (Trinity Christian) Sr.; Jon Hill (Trinity Christian) Sr.; Kevin Tracy (Pinewood) Sr.; Joshua Cayetano (Alma Heights Christian) Sr.; Marcos Galvan (Anzar) So.; Mena Otovo (North Valley Baptist) Jr.



Coby Wayne

WATER POLO

ALL-SCVAL DE ANZA DIVISION

Most Valuable Player: Coby Wayne (Gunn) Sr.

Most Valuable Goalie: Charlie Niehaus (Mountain View) Sr.

First Team

Ari Wayne (Gunn) Jr.; Christian Znidarsic (Gunn) So.; Anthony Zunino (Gunn) Jr. goalie; Justin Cooper (Gunn) Jr.; Sam Kelley (Palo Alto) Sr.; Lucas Novak (Palo Alto) Jr.; Jake Weinstein (Palo Alto) Sr.; Rey Castillo (Mountain View) Sr.; Matthew Dunn (Mountain View) Jr.; Colin Hong (Monta Vista) Sr.; Rishabh Hegdel (Lynbrook) Sr.; Matthew Hendrix (Los Gatos) Sr.; Sam Lisbonne (Los Altos) Sr.

Jordan Stout (Los Altos) Sr.

Honorable Mention

Ryan Hammarskjold (Menlo School) Sr.; Jorge Pont (Menlo-Atherton) So.; Simeon Giverts (Carlmont) Sr.; Eric Bittner (Sequoia) Sr.; Jed Rosen (Burlingame) Jr.; Nathan Rurtenberg (Aragon) Jr.

ALL-PAL OCEAN DIVISION

Co-Most Valuable Players: Grant Peel (Mills) So. And Kevin Hoffert (Hillsdale) Sr.

Most Valuable Goalie: Anthony Pappas (Hillsdale) Sr.

First Team

Javier Rosas (Hillsdale) Sr.; Eric Rudberg (Hillsdale) Sr.; Clifford Shaw (Mills) Sr.; Jacob Ng (Mills) So.; Garrett Kem (Half Moon Bay) Jr.; Devin Johnson (Terra Nova) Sr.; William Xu (Priory) Sr.

Second Team

Curtis Cassin (Hillsdale) So.; Zane Girouard (Mills) Fr.; Jackson Crane (Half Moon Bay) Jr.; Malcolm Feix (Half Moon Bay) So.; Aaron Sturtevant (Terra Nova) Sr.; Leo Franco Munoz (Woodside) So.; Scott Harris (Priory) So.; Perry Liu (San Mateo) Sr.; Marcus Rabara (Capuchino) So.

Honorable Mention

Thomas Durnat (Hillsdale) sr.; Danile Yu (Mills) Jr.; Anthonu Obester (Half Moon Bay) Sr.; Kyle Kehoe (Terra Nova) Sr.; Mitchell Martin (Woodside) Jr.; Brooks Royals (Priory); Danny Pantuso (San Mateo) Jr.

ALL-WEST CATHOLIC ATHLETIC LEAGUE

First Team

Harrison Enright (Sacred Heart Prep) Sr.; Nelson Perla-Ward (Sacred Heart Prep) Jr.; Will Conner (Sacred Heart Prep) Jr.; Michael Swart (Sacred Heart Prep) Jr.; Michael Blach (Bellarmine) Sr.; Rico Burke (Bellarmine) Sr.; Jack Turner (Bellarmine) Sr.; Shawn Welch (St. Francis) Sr.; Adam Antony (St. Francis) Sr.; Reilley May (St. Ignatius) Sr.; Max Schaum (St. Ignatius) Sr.; Joe Kmak (Serra) Jr.; Brian Roush (Valley Christian) Sr.

Second Team

Chris Hinrichs (Sacred Heart Prep) Sr.; Philippe Marco (Sacred Heart Prep) Sr.; Zack Zamecki (Serra) Sr.; Jeremy Hitchcock (Serra) Sr.; Conor Hehir (Bellarmine) Sr.; Riley Preston (Bellarmine) Sr.; Kyle Phalen (Mitty) Sr.; Trevor Ralsch (St. Francis) Jr.; Sean Elmurib (St. Francis) Jr.;

Zack Lowenstein (Valley Christian) Sr.; Michael Hoeffling (Valley Christian) Sr.; Charlie May (St. Ignatius) So.; Sheldon Boboff (St. Ignatius) So.

(All-league teams are selected by the coaches)

2013 GIRLS' FALL ALL-LEAGUE TEAMS

CROSS COUNTRY

ALL-PENINSULA ATHLETIC LEAGUE (Based on placing at league finals)

Madeleine Baier (Menlo-Atherton) So.; Katie Beebe (Menlo-Atherton) So.; Carmen Contreras (Half Moon Bay) Sr.; Taylor Fortnam (Menlo-Atherton) Sr.; Oma Skyrus (Aragon) Jr.; Annika Roise (Menlo-Atherton) Sr.; Annalisa Crowe (Menlo-Atherton) So.; Sarah Gayer (Mills) Fr.; Clara Fassinger (Half Moon Bay) So.; Kayley James (Woodside) So.; Kyleen Freeburg (Half Moon Bay) Sr.; Carmen Zafra (Half Moon Bay) So.; Natalie Strohm (Half Moon Bay) Sr.; Emily Rexter (Carlmont) So.; Raneem Mokattrin (Carlmont) Jr.

ALL-WEST BAY ATHLETIC LEAGUE

Most Valuable Runner: Niki Iyer (Harker)

First Team

Zoe Enright (Menlo School); Nicole Colonna (Pinewood); Lizzie Lacy (Menlo School); Meagan Moyer (Mercy-Burlingame); Hana Marsheck (Priory); Lianna Blodgett (Crystal Springs); Eliza Crowder (Menlo School)

Second Team

Claudia Tischler (Harker); Michelle Bromley (King's Academy); Danielle Tatsumo (King's Academy); Emily Cox (Notre Dame-SJ); Alina Brown (Castilleja); Julia Monaco (King's Academy); Maria Nacerio (Priory)

Honorable Mention

Katie Chu (Crystal Springs); Simran Arora (Menlo School); Britney Biddle (Crystal Springs); Katherine Huang (Crystal Springs); Helena Merk (Pinewood); Lydia Ho (Mercy-Burlingame); Natalie Novitsky (Sacred Heart Prep); Emelia Hamilton (Notre Dame-SJ); Hannah Arledge (King's Academy); Fernanda Salguero (King's Academy); Brooke Hammaraskjold (Menlo School); Jenny Shearer (Crystal Springs); Katie Harrison (Sacred Heart Prep); Quynh Tran (Mercy-SF); Madeline Cooney (Mercy-SF); Maya Mizuki (Notre Dame-SJ); Mary Najibi (Harker); Meilan Stemple (Harker); Mackenzie Carman (Mercy-Burlingame); Grace Hammaraskjold (Menlo School); Lexi Van Ligten (Menlo School)

GOLF

ALL-PENINSULA ATHLETIC LEAGUE

Golfer of the Year: Aman Sangha (San Mateo) So.

First Team

Yakima Chen (Aragon) Jr.

Dvorak (Carlmont) Jr.; Cindy Liu (Hillsdale) Sr.; Natalie Spievack (Hillsdale) Sr.; Mariko Iinuma (Hillsdale) Jr.

Second Team

Biying Sun (Aragon) Sr.; Lisa Patel (Burlingame) Sr.; Haley Shaffer (Burlingame) Jr.; Mar Burgueno (Carlmont) So.; Pareesa Darafshi (Carlmont) Jr.; Morgan Watson (Carlmont) So.; Nina Bachicha (Half Moon Bay) So.; Irene Palisoc (Hillsdale) Sr.; Kathy Li (Hillsdale) Fr.; Lindy LaPlante (Menlo-Atherton) Sr.; Sally Carlson (Menlo-Atherton) So.; Amanda Scandallos (Menlo-Atherton) So.; Sadie Rhen (Sequoia) So.



Elizabeth Yao

ALL-WEST BAY ATHLETIC LEAGUE FOOTBALL DIVISION

Most Valuable Athlete: Elizabeth Yao (Menlo School) Jr.

First Team

Christine Eliazo (Menlo School); Helena Ong (Menlo School); Sadie Bronk (Menlo School); Alice Yao (Menlo School); Paulette Wolak (Castilleja); April Chien (Castilleja); Celeste Woloshyn (Castilleja); Tara Ritchey (Sacred Heart Prep); Vi-Van Nguyen (Notre Dame-SJ); Dora Tzeng (Harker)

Second Team

Paulina Golikova (Menlo School); Sarah Schinasi (Menlo School); Melissa Tran (Menlo School); Mia McConnell (Menlo School); Georgia Anderson (Menlo School)

line Fukomoto (Mercy-San Francisco); Jenna McCormick (Mercy-Burlingame); Yena Kim (Mercy-Burlingame); Alyssa Farella (Mercy-Burlingame)

VOLLEYBALL

ALL-SCVAL DE ANZA DIVISION

Co-Most Valuable Players: Casey Carroll (Homestead), Carmen Annevelink (Los Altos)

Outstanding Senior: Morgan Robinson (Homestead)

Outstanding Junior: Maria Balus (Homestead)

Outstanding Freshman: Jessica Lee (Palo Alto)

Coach of the Year: Peter Kim (Los Altos)

(Note: No Outstanding sophomore was selected)

First Team

Morgan Robinson (Homestead) Sr. OH; Maria Balus (Homestead) Jr. setter; Hannah Koehler (Los Altos) Sr. setter; Katie Tristchler (Los Altos) Sr. DS; Becca Raffel (Palo Alto) Sr. OH; Keri Gee (Palo Alto) Sr. DS; Kristi Brown (Los Gatos) Sr. setter; Jensen Ditzler (Los Gatos) Jr. DS; Erica Johnston (Gunn) Sr. OH; Megan Robinson (Mountain View) Sr. setter;

Second Team

Katie Barker (Homestead) Jr. OP; Connor Bunka (Homestead) Jr. OP; Michelle Albright (Los Altos) Sr. OP; Megan McDermott (Los Altos) Sr. OH; Lauren Kerr (Palo Alto) Sr. MB; Jessica Lee (Palo Alto) Fr. Setter; Tori Taormina (Los Gatos) Jr. OH; Shea O'Gorman (Los Gatos) Jr. OP; Meghan Mahoney (Gunn) Jr. OH; Beverly Yu (Monta Vista) Sr. OH

Honorable Mention

Bre Rachel (Homestead) So. MB; Allison Inanoria (Homestead) Sr. DS; Jenna Hoover (Los Altos) Jr. MB; Joyce Christiansen-Salameh (Los Altos) Jr. setter; Jade Schoenberger (Palo Alto) Jr. OH; Jessica Dinneen (Gunn) Jr. OP; Nicole Brigham (Gunn) Jr. setter; Elle Rogers (Los Gatos) Jr. MB; Elyse Fitzsimons (Mountain View) Jr. MB; Alice Liu (Monta Vista) Sr. MB

ALL-PAL BAY DIVISION

Most Valuable Player: Christine Alftin (Woodside) Sr.

First Team

Madison Lee (Aragon) So.; Morgan Ho (San Mateo) Sr.; Isabel Walker (Burlingame) Sr.; Morgan McKeever (Burlingame) Sr.; Jami Maffei (Hillsdale) Sr.

First Team

Elisa Merten (Menlo School); Marine Hall-Poirier (Priory); Shreya Dixit (Harker); Katya Scocimara (Castilleja); Victoria Garrick (Sacred Heart Prep); Divya Kalidindi (Harker); Melissa Cairo (Menlo); Morgan Dressel (Menlo)

Second Team

Natalie Marshall (Sacred Heart Prep); Lida Vandermeer (Menlo School); Madeline Johnson (Castilleja); Kijana Best (Mercy-San Francisco); Jessica Norum (Castilleja); Doreen Kang (Harker)

Honorable Mention

Olivia Pellarin (Menlo School); Jacquelyn Yee (Mercy-San Francisco); Samantha Lui (Mercy San Francisco); Shannon Richardson (Harker); Sarah Rose (Castilleja); Maddy Frappier (Menlo School); Maddie Stewart (Menlo School); Taylor McNeil (Mercy-San Francisco); Mercedes Chien (Harker); Jennifer DiSanto (Castilleja)

SKYLINE DIVISION

Most Valuable Player: Mehra Den Braven (Pinewood)

First Team

Diana Vandenberg (King's Academy); Peyton Nora (Crystal Springs); Caroline Diemer (Notre Dame-SJ); Amelia Smith (Notre Dame-SJ); Nicole Connolly (Mercy-Burlingame); Louise Hardiman (Mercy-Burlingame)

Second Team

Rose Gold (Crystal Springs); Krista Saito (Notre Dame-SJ); Victoria Langi (Mercy-Burlingame); Geli Du (Crystal Springs); Angie Lao (Notre Dame-SJ); Ciara Young (Mercy-Burlingame)

Honorable Mention

Abigail Sylvester (Eastside Prep); Perla Ramos (Eastside Prep); Makiya Frands (Eastside Prep); Esi Thompson (Eastside Prep); Caroline Callaghan (Crystal Springs); Maddie Clay (Crystal Springs); Caroline Chienwalski-Anders (Notre Dame-SJ); Sabrina Santos (Mercy-Burlingame); Kathleen Glasser (Mercy-Burlingame); Milan Loiacono (King's Academy); Laura Miller (King's Academy); Alyssa Pablo (King's Academy); Tehmi den Braven (Pinewood); Karalena Davis (Pinewood); Sarah Cilker (Pinewood); Valene Trigueros (ICA); Allyson Balocating (ICA); Lynell Magat (ICA); Michelle Dearden (ICA); Arianna Chacon (ICA); Anne Scerbak (Notre Dame-SJ)

Second Team

Sara McAllister (Homestead) Jr.; Irene Feng (Lynbrook) Jr.; Gabrielle Bethke (Gunn) Sr.; Jenna Gavenman (Los Altos) Sr.; Katie Francis (Palo Alto) So.; Mary Stone (Los Gatos) Jr.; Madison Gress (Sarotoga) Jr.; Natasha Batista (Gunn) Sr.

ALL-PAL BAY DIVISION

Most Valuable Player: Jessica Heilman (Menlo-Atherton) Sr.

Most Valuable Goalie: Francesca Gilles (Menlo-Atherton) Jr.

First Team

Sofia Caryotakis (Menlo-Atherton) Sr.; Samantha Henze (Menlo-Atherton) Sr.; Anna Yu (Castilleja) Jr.; Stephanie Flammen (Castilleja) Sr.; Kristen Denney (Carlmont) Jr.; Nicole Reynolds (Burlingame) Sr.; Sasha Levin-Guracar (Sequoia) Jr.

Second Team

Nicole Zanolli (Menlo-Atherton) Sr.; Alex Zafran (Castilleja) Jr.; Katelyn McGrath (Carlmont) Jr.; Kristen Dames (Carlmont) Sr.; Claire Morrison (Burlingame) So.; Helena Larsen (Sequoia) Sr.; Tessa Draper (Aragon) Jr.

Honorable Mention

Sierra Sheeper (Menlo-Atherton) Sr.; Fernanda Kramer (Castilleja) Jr.; Sarah Fecher (Carlmont) Sr.; Gretta Musayelyan (Burlingame) Sr.; Samantha Peyton (Sequoia) Sr.; Alison Clark (Aragon) Sr.

ALL-PAL OCEAN DIVISION

Most Valuable Player: Micaela White (Half Moon Bay) Sr.

Most Valuable Goalie: Emily Dunlap (Woodside) Sr.

First Team

Terez Touhey (Woodside) Jr.; Taira Hovden (Woodside) Jr.; Kyla Kemp (Half Moon Bay) Sr.; Sarah Stretch (Half Moon Bay) Jr.; Donya Dehnad (Menlo School) Sr.; Madison Gomes (Mercy-Burlingame) So.; Saige Daniel (Mills) Sr.

Second Team

Mina Sealund (Woodside) Fr.; Fiona Handler (Half Moon Bay) Jr.; Audrey Flower (Menlo School) Jr.; Kate Huneke (Menlo School) Sr.; Talor Cormier (Mills) Sr.; Darya Shtykalo (Hillsdale) Sr.; Nikela Klinghagen (San Mateo) Sr.; Grace Casolo (Mercy-Burlingame) Jr.; Tylor Gomes (Terra Nova) So.

Honorable Mention

line Dierker (Notre Dame-SJ); Annelise Tassano (King's Academy); Emily Cox (Notre Dame-SJ); Alina Brown (Castilleja); Julia Monaco (King's Academy); Maria Nacerio (Priory)

Honorable Mention

Katie Chu (Crystal Springs); Simran Arora (Menlo School); Britney Biddle (Crystal Springs); Katherine Huang (Crystal Springs); Helena Merk (Pinewood); Lydia Ho (Mercy-Burlingame); Natalie Novitsky (Sacred Heart Prep); Emelia Hamilton (Notre Dame-SJ); Hannah Arledge (King's Academy); Fernanda Salguero (King's Academy); Grace Hammarskjold (Menlo School); Jenny Shearer (Crystal Springs); Katie Harrison (Sacred Heart Prep); Quynh Tran (Mercy-SF); Madeline Cooney (Mercy-SF); Maya Mizuki (Notre Dame-SJ); Mary Najibi (Harker); Meilan Stemple (Harker); Mackenzie Carman (Mercy-Burlingame); Grace Hammarskjold (Menlo School); Lexi Van Ligtan (Menlo School)

GOLF

ALL-PENINSULA ATHLETIC LEAGUE

Golfer of the Year: Aman Sangha (San Mateo) So.

First Team

Valerie Chen (Aragon) Jr.; Kelly Fang (Aragon) Jr.; Allie Economou (Burlingame) Jr.; Naomi Lee (Menlo-Atherton Fr.); Lisa Sasaki (San Mateo) Jr.; Tessa Ulrich (Aragon) Fr.; Abbey Pederson (Menlo-Atherton) Fr.; Brooke Williams (Half Moon Bay); Ashley Utz (Menlo-Atherton) Jr.

ALL-WEST BAY ATHLETIC LEAGUE

Most Valuable Player: Chloe Sales (Castilleja) Jr.

First Team

Maddy Ellison (Sacred Heart Prep); Jessica Koehnig (Sacred Heart Prep); Kristine Lin (Harker); Danielle Mitchell (Castilleja); Nicole Mitchell (Castilleja); Jessie Rong (Menlo School); Lauren Von Thaden (Sacred Heart Prep)

Second Team

Sinead Haley (Sacred Heart Prep); Daphne Liang (Harker); Divya Nekkanti (Notre Dame-SJ); Paris Wilkerson (Castilleja); Lauren Yang (Menlo School); Ellie Zales (Castilleja)

Honorable Mention

Kiana Cacchione (Sacred Heart Prep); Nicole Henderson (Menlo School); Connie Li (Harker); Cami Steppe (Sacred Heart Prep); Ashley Zhong (Harker)

TENNIS

ALL-PAL BAY DIVISION

First Team

Kaede Ishikawa (Aragon) Sr.; Sami Andrew (Menlo-Atherton) Jr.; Alex Hargan (Burlingame) Sr.; Lizzie Siegel (San Mateo) Sr.; Cori Sidell (Carlmont) Sr.; Cassidy Sobey (Carlmont) So.; Veronika



Elizabeth Yao

ALL-WEST BAY ATHLETIC LEAGUE

FOOTHILL DIVISION

Most Valuable Athlete: Elizabeth Yao (Menlo School) Jr.

First Team

Christine Eliazo (Menlo School); Helena Ong (Menlo School); Sadie Bronk (Menlo School); Alice Yao (Menlo School); Paulette Wolak (Castilleja); April Chien (Castilleja); Celeste Woloshyn (Castilleja); Tara Ritchey (Sacred Heart Prep); Vi-Van Nguyen (Notre Dame-SJ); Dora Tzeng (Harker)

Second Team

Paulina Golikova (Menlo School); Sarah Schinasi (Menlo School); Melissa Tran (Menlo School); Mia McConnell (Menlo School); Georgia Anderson (Menlo School); Ruth Sarwal (Sacred Heart Prep); Lucy Ackley (Sacred Heart Prep); Maddy Jones (Sacred Heart Prep); Allison Harman (Sacred Heart Prep); Courtney Schulz (Crystal Springs); Sahithya Parkash (Harker); Izzy Gross (Harker)

Honorable Mention

Arden Hu (Harker); Sondra Yue (Harker); Anna Verwillow (Castilleja); Jackie Maloney (Castilleja); Julia McKay (Castilleja); Megan Colford (Castilleja)

SKYLINE DIVISION

Most Valuable Athlete: Tia Lee (King's Academy)

First Team

Maggie Mei (Priory); Esther Bartlett (King's Academy); Emily Hilton (King's Academy); Anna Moreno (King's Academy); Florence Lau (Mercy-San Francisco); Holly Lam (Mercy-San Francisco); Kristell Ng (Mercy-San Francisco); Leah Hess (Pinewood); Hannah Manheim (Pinewood); Francesca Faoro (Mercy Burlingame)

Second Team

Karina Uppal (Pinewood); Desirae Bustos (Mercy-San Francisco); Zereza Shaw (Mercy-San Francisco); Marcela Alvarez (Mercy-San Francisco); Kristi Seymour (King's Academy); Emily Friesen (King's Academy); Karl Bergsdet (King's Academy); Nicole Trahan (King's Academy); Alana Wilson (Mercy-Burlingame); Alexa Oropeza (Mercy-Burlingame)

Honorable Mention

Charlotte Beriker (Priory); Mary Lin (Priory); Amanda Lee (Priory); Jacques

Second Team

Katie Barker (Homestead) Jr. OP; Connor Bunka (Homestead) Jr. OP; Michelle Albright (Los Altos) Sr. OP; Megan McDermott (Los Altos) Sr. OH; Lauren Kerr (Palo Alto) Sr. MB; Jessica Lee (Palo Alto) Fr. Setter; Tori Taormina (Los Gatos) Jr. OH; Shea O'Gorman (Los Gatos) Jr. OP; Meghan Mahoney (Gunn) Jr. OH; Beverly Yu (Monta Vista) Sr. OH

Honorable Mention

Bre Rachel (Homestead) So. MB; Alison Inanoria (Homestead) Sr. DS; Jenna Hoover (Los Altos) Jr. MB; Joyce Christiansen-Salamah (Los Altos) Jr. setter; Jade Schoenberger (Palo Alto) Jr. OH; Jessica Dinneen (Gunn) Jr. OP; Nicole Brigham (Gunn) Jr. setter; Elle Rogers (Los Gatos) Jr. MB; Elyse Fitzsimons (Mountain View) Jr. MB; Alice Liu (Monta Vista) Sr. MB

ALL-PAL BAY DIVISION

Most Valuable Player: Christine Alftin (Woodside) Sr.

First Team

Madison Lee (Aragon) So.; Morgan Ho (San Mateo) Sr.; Isabella Walker (Burlingame) Sr.; Morgan McKeever (Burlingame) Sr.; Jami Maffei (Hillsdale) Sr.; Sifatogo Faaiu (South San Francisco) Sr.; Danielle Walsh (Woodside) Sr.; Halli Hoeft (Woodside) Sr.; Paulina King (Menlo-Atherton) Sr.; Virginia Lane (Menlo-Atherton) Sr.; Amelia Tupou (Carlmont) Sr.; Ella McDonough (Carlmont) Sr.

Second Team

Devin Joos (Menlo-Atherton) Jr.; Leanna Collins (Menlo-Atherton) So.; Isabella Mauricio (San Mateo) Jr.; Melanie Moore (Aragon) Fr.; Bianca Alvarez (Burlingame) Sr.; Tatum Novitzky (Burlingame) Jr.; Karen Chang (Hillsdale) Jr.; Natasha Lee (South San Francisco) Sr.; Sierra Nelson (South San Francisco) Sr.; Ana Oropeza (Woodside) Sr.; Francesca Fioresi (Woodside) Sr.; Bailee Rocas (Carlmont) Sr.; Charlotte Jackman (Carlmont) Sr.

Honorable Mention

Miranda Taylor (Aragon) Jr.; Anna Joshi (Aragon) Jr.; Kirby Knapp (Menlo-Atherton) Fr.; Alyssa Ostrow (Menlo-Atherton) Jr.; Brittney Carias (Burlingame) Jr.; Rachel Topper (Burlingame) Jr.; Lisa Morabe (Hillsdale) Jr.; Cherene Uale (Hillsdale) So.; Sharon Tukuaoga (South San Francisco) Sr.; Bianca Ng (South San Francisco) Sr.; Jesse Larkin (Woodside) So.; Heilani Hoeft (Woodside) Jr.; April Smith (Carlmont) Sr.; Elena Mateus (Carlmont) So.; Amanda Corsetti (San Mateo) So.; Hayley Goell (San Mateo) Jr.

ALL-WEST BAY ATHLETIC LEAGUE

FOOTHILL DIVISION

Most Valuable Player: Maddie Huber (Menlo School) Sr.

line Dierker (Notre Dame-SJ); Annelise Tassano (King's Academy); Emily Cox (Notre Dame-SJ); Alina Brown (Castilleja); Julia Monaco (King's Academy); Maria Nacerio (Priory)

Second Team

Rose Gold (Crystal Springs); Krista Saito (Notre Dame-SJ); Victoria Langi (Mercy-Burlingame); Geli Du (Crystal Springs); Angie Lao (Notre Dame-SJ); Ciara Young (Mercy-Burlingame)

Honorable Mention

Abigail Sylvester (Eastside Prep); Perla Ramos (Eastside Prep); Makiya Frands (Eastside Prep); Esi Thompson (Eastside Prep); Caroline Callaghan (Crystal Springs); Maddie Clay (Crystal Springs); Caroline Chiemwalski-Anders (Notre Dame-SJ); Sabrina Santos (Mercy-Burlingame); Kathleen Glasser (Mercy-Burlingame); Milan Loiacono (King's Academy); Laura Miller (King's Academy); Alyssa Pablo (King's Academy); Tehmi den Braven (Pinewood); Karalena Davis (Pinewood); Sarah Cilker (Pinewood); Valene Trigueros (ICA); Allyson Balocating (ICA); Lynell Magat (ICA); Michelle Dearden (ICA); Arianna Chacon (ICA); Anne Scerbak (Notre Dame-SJ)



Caroline Anderson

WATER POLO

Most Valuable Player: Caroline Anderson (Gunn) Sr.

Most Valuable Goalie: Nicole Nelson (Los Gatos)

First Team

Samantha Acker (Gunn) Jr.; Rachel Wong (Gunn) Sr.; Bianca Batista (Gunn) Jr.; Rebecca Lysaght (Los Gatos) Sr.; Betsy Wall (Los Gatos) Sr.; Nikki De Roos (Saratoga) Sr.; Mackenzie Rosenthal (Saratoga) Jr.; Romy Aboudarham (Los Altos) Jr.; Casey Vanneman (Los Altos) Sr.; Tess van Hulsen (Palo Alto) Jr.; Katie Richards (Homestead) Jr.; Helen Li (Lynbrook) Sr.; Kimberlyn Tilley (Los Altos) Sr.; Puck De Roos (Saratoga) Jr.

Sierra Sheeper (Menlo-Atherton) Sr.; Fernanda Kramer (Castilleja) Jr.; Sarah Fecher (Carlmont) Sr.; Gretta Musayel-an (Burlingame) Sr.; Samantha Peyton (Sequoia) Sr.; Alison Clark (Aragon) Sr.

ALL-PAL OCEAN DIVISION

Most Valuable Player: Micaela White (Half Moon Bay) Sr.

Most Valuable Goalie: Emily Dunlap (Woodside) Sr.

First Team

Terez Touhey (Woodside) Jr.; Taira Hovden (Woodside) Jr.; Kyla Kemp (Half Moon Bay) Sr.; Sarah Stretch (Half Moon Bay) Jr.; Donya Dehnad (Menlo School) Sr.; Madison Gomes (Mercy-Burlingame) So.; Saige Daniel (Mills) Sr.

Second Team

Mina Sealund (Woodside) Fr.; Fiona Handler (Half Moon Bay) Jr.; Audrey Flower (Menlo School) Jr.; Katie Huneke (Menlo School) Sr.; Talor Cormier (Mills) Sr.; Darya Shtykalo (Hillsdale) Sr.; Nikola Klinghagen (San Mateo) Sr.; Grace Casolo (Mercy-Burlingame) Jr.; Tylor Gomes (Terra Nova) So.

Honorable Mention

Suzie Ortiz (Woodside) So.; Sarah O'Keefe (Half Moon Bay) Fr.; Jenny Greenstein (Menlo School) Jr.; Josie Madrigal (Mills) Sr.; Lexie Gordon (Hillsdale) Sr.; Briana Cerda (San Mateo) Jr.; Vanessa Kibblewhite (Mercy-Burlingame) Jr.; Eddy Kapp (Terra Nova) So.

ALL-WEST CATHOLIC ATHLETIC LEAGUE

First Team

Samantha Strutner (St. Francis) Sr.; Courtney Batcheller (St. Francis) Sr.; Katherine Moore (St. Francis) Sr.; McKenna Yates (St. Francis) Sr.; Caitlin Stuewe (Sacred Heart Prep) Sr.; Maddy Johnston (Sacred Heart Prep) Fr.; Morgan McCracken (Sacred Heart Prep) Sr.; Maura Cantoni (Mitty) Jr.; Sabrina Sherrin (Mitty) Sr.; Claudia Macedo (Valley Christian) Sr.; Emma Malysz (Presentation) Jr.; Catherine Summa (St. Ignatius) Sr.

Second Team

Anna Edgington (St. Francis) Jr.; Natalie Williams (St. Francis) Jr.; Lauren Kerrigan (Sacred Heart Prep) Sr.; Kelly Moran (Sacred Heart Prep) Sr.; Luey Maclean (Mitty) Sr.; Susan Cantoni (Mitty) Jr.; Wynne Stagnaro (Valley Christian) Sr.; Samantha Baker (Valley Christian) Jr.; Jessica Kwok (Presentation) Sr.; Sela Obot (Presentation) Sr.; Paige Waters (St. Ignatius) Jr.; Katie French (St. Ignatius) Jr.; Elenia Giotinis (Notre Dame-Belmont) Jr.; Megan Cosgrave (Notre Dame-Belmont) Jr.

(All-league teams are selected by the coaches)