

Ewing fights off pain, leads

By Matt Schwab
STAFF WRITER

OAKLAND — Castro Valley High sophomore Jennifer Ewing picked a really bad time to get injured — four days before the North Coast Section Division II Cross Country Championships.

An ankle sprain in training Wednesday put her on crutches up until almost the start of the 5,000-meter race Saturday.

Then all she did was finish fourth to qualify for the state meet and help her team qualify, too.

Ewing's gritty run on a tough course helped the Trojans finish with 68 points as they edged arch-rival Moreau Catholic by one point for the final state spot.

Mission San Jose walked away with the team title with 40 points. Only the top two teams plus the best five individuals not on those teams qualified for the CIF State Cross Country Championships Saturday at Woodward Park in Fresno.

"We taped her ankle as if she was running for the Kentucky Derby," Castro Valley coach Peter Brewer said proudly. "She did really well. It was a good race all the way around."

San Leandro junior Rachel Moser was a strong sixth-place finisher in girls Division III and earned a trip to the state meet. Bishop O'Dowd's Nicky Saleta was 13th.

In a thrilling Division III boys race, Livermore's Micheil Jones and Steve Immel were first and third, keying a dominating first-place team finish of 33 points. But Bishop O'Dowd's Alex Teekell stepped up to finish second in 16:35.5 and San Leandro star Keith Kennedy was fifth at 16:57.6. San Leandro's Enrique Henriquez was 10th (17:30.2).

In Division I girls, James Logan earned a trip to state by placing second with 65 points. Sophomores Senhit Dirar and Jennifer Bridgeman led the Colts by taking fifth

locals in top 20: 8. Kasia Nowak, Newark Memorial, 21:37.9; 10. Sue Pickens, Newark Memorial, 21:41.4; 11. Jennifer Knowden, Mission San Jose, 21:43.4; 13. Betsy Stevens, Mission San Jose, 22:01.5.

Division III girls

Team—Clayton Valley 35, Northgate 84, Acalanes 122, Bishop O'Dowd, 147, Granada 161.

Individual—1. Heather Wallace, Clayton Valley, 19:13; 2. Deborah Osteen, Clayton Valley, 19:30; 3. Jessica Rhodes, Acalanes, 19:34; 4. Alison Lambert, Northgate, 19:50; 5. Amber Robinson, Las Lomas, 19:54. (No locals in top 20)

Division III boys

NCS cross country

Team—Livermore 38, Clayton Valley 87, Amador Valley 92, Bishop O'Dowd 147, Granada 157, Irvington 190.

Individual—1. Micheil Jones, Livermore, 16:24.2; 2. Alex Teekell, Bishop O'Dowd, 16:35.5; 3. Steve Immel, Livermore, 16:37.8; 4. Mike Wojciechowski, Clayton Valley, 16:41; 5. Keith Kennedy, San Leandro, 16:57.6. Locals in top 20: 17. Tim Hess, Irvington, 17:40.7; 18. Brian Neesham, Irvington, 17:42.8.

Division IV boys

Team—Campolindo 74, Piedmont 89,

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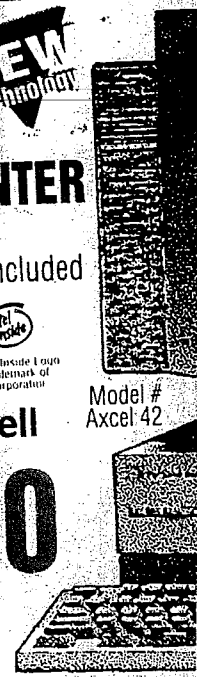
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Reverse

Leads Trojans to state meet

Entry

Terra Linda 95, Cardinal Newman 118, University 132, Arcata 143, St. Mary's 156, Miramonte 199, Lick-Wilmerding 225, Drake 271.

Individual—1, Ryan Gallagher, Campolindo, 16:47; 2, Jason Hardy, Calif. School For Deaf, 16:56.4; 3, Cody Clark-Thompson, Arcata, 16:57.3; 4, Jonevan Hornsby, St. Mary's, 17:04.9; 5, Adrian Gutierrez, Mt. Diablo, 17:20.6; 6, Dave Rhodes, Piedmont, 17:28.8; 7, Cisco Schaaf, St. Mary's, 17:34.8; 8, Aron Fischer, University, 17:37; 9, Jon Genant, Branson, 17:37; 10, Justin Cude, Middletown, 17:48.3; 11, Thad Woosley, Cardinal Newman, 17:48.8; 12, Tom Gaim, Elsie Allen, 17:50.5; 13, Kyle Wong, Campolindo, 17:51.1; 14, Phillippe Melin, Cardinal

Newman, 17:53.1; 15, Robin Pendoley, Terra Linda, 17:54.6; 16, Espen Walker, Terra Linda, 17:55.6; 17, Keith Trimble, Piedmont, 17:56.8; 18, Ben Wigger, Drake, 17:57.3; 19, Mike Broom, University, 18:00.5; 20, Mike Miller, College Prep, 18:06.6.

Division IV girls

Team—Miramonte 55, Branson 73, Ursuline 77, Arcata 101, Campolindo 188, Piedmont 197, Terra Linda 211, Drake 238, College Prep 245, San Rafael 245.

Individual—1, Kristen Schreiber, Miramonte, 19:58.2; 2, Theresa Newman, Marin Catholic, 20:14.9; 3, Jennifer Ponig, Terra Linda, 20:45.9; 4, Kim Reynolds, Branson, 20:59.2; 5, Lyndsey Bergren, Miramonte,

21:00.8; 6, Gina Rafanelli, College Prep, 21:04.3; 7, Tegan Zimmerman, San Rafael, 21:11.2; 8, Sarah Hallis, Ursuline, 21:13.2; 9, Abi Heckscher, San Rafael, 21:14.6; 10, Alisa Reynolds, Arcata, 21:28.8; 11, Carrie Hunt, Middletown, 21:48.1; 12, Julie Reynolds, Branson, 21:53.2; 13, Jenny Eckert, Branson, 21:57.9; 14, Kirsti Miller, Miramonte, 22:00.3; 15, Tammy Hunt, Middletown, 22:02.3; 16, Megan Canova, Ursuline, 22:03.9; 17, Christy Minkema, Arcata, 22:04.8; 18, Moshiah Underhill, Marin Academy, 22:06.8; 19, Eve Phillips, Miramonte, 22:16.9; 20, Leia Giambastiani, Ursuline, 22:18.3.

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Jonann Gerlach, 401, 4-2
— Digory Williams, 5th, 4-2

School football playoffs

1994

Championship

Bragg 17, Kelseyville 6

2A

and

results

Esburg 14, San Marin 0
Catholic 24, Petaluma 6

3A's results

El Molino 26, El Molino 21
Lips 45, Del Norte 6

4A

Nov. 25

El Molino vs. Healdsburg at
Rosa JC, 7:30 p.m.

5A, Nov. 26

Lips vs. Marin Catholic at
Rosa JC, 7 p.m.

Championship

Dec. 2

Rosa JC, 7:30 p.m.

3A

4A

5A games

Esburg 42, Rancho Cotate 21
La Salle 35, Eureka 6
Buch 39, Washington 8
Kelsey 41, American 20

6A

Nov. 25

La Salle vs. Antioch at Diablo
College, Pleasant Hill, 7:30 p.m.

7A, Nov. 26

Esburg vs. Berkeley at Dublin
p.m.

Championship

Day, Dec. 3

Land Coliseum, 7 p.m.

2A quarterfinals

VALY

El Molino 0 14 0 7—21
El Molino Newman 6 6 6 8—28

—Sebastiani 2 run (kick failed)
—Lane 53 pass from Justin
—Lick (Lane kick)
—Dillon 41 pass from Willison
—Justin Lewis 2 run (Lane kick)
—Hewson 19 pass from Willison
—Lane 87 pass from Justin
—Willison 23 run (Dillon pass
—Willison)

High school basketball state non-league

OTTER VALLEY

4 9 2 5—20

1 PM

NFL: Raiders vs. Oilers, KGO 810

5 PM

NFL: 49ers vs. Rams, KGO 810

Boys

Division I—Santa Rosa 24, James
Logan 39, Montgomery 86, Alameda
109, Antioch 125, Berkeley 172,
Rancho Cotate 175

Egerton (1), SR, 16:50.6; Barrett (2),
SR, 17:20; Foster (3), JL, 17:40.8;
Richberg (4), JL, 17:50.1; Vandenheu-
vel (5), SR, 17:55.0; Fekadu (6), SR,
17:58.4; Yohannes (7), A, 18:02.5;
Asmatey (8), JL, 18:04.1; Embaye (9),
JL, 18:05.2; Schwartz (10), SR,
18:05.8; Leef (12), SR, 18:14.4; Finlay
(13), M, 18:20.8; Staroba (14), M,
18:27.2; Funk (18), M, 18:48.1; Finch
(19), M, 18:50.1; Liu (20), RC, 18:51.5;
De Selle (22), M, 18:53.3; Condron
(27), SR, 19:35.6; Currie (28), M,
19:36.1; Buonaccorsi (30), M, 19:52.0;
Finarty (32), RC, 20:25.5; Hunt (33), P,
20:32.8; Holzmann (39), RC, 20:52.0;
Romero (41), RC, 21:09.5; Pepper (43),
P, 21:16; Lee (45), P, 21:34.1; Castner
(48), RC, 22:04.1; Hocker (50), RC,
22:22.4; Huber (51), P, 22:46.6; Rath
(52), RC, 23:16.5.

Division II—De La Salle 54, Mission
San Jose 64, Eureka 67, Castro Valley
68, San Ramon 157, College Park 175,
Ukiah 181, Monte Vista 188, California
199, Moreau 286

Prindiville (1), D, 16:34.8; Maestretti
(2), D, 16:52; Grubbs (3), E, 17:04.9;
Stevens (4), M, 17:15.2; White (5), E,
Quinones (32), U, 18:49.4; Otto (33), U,
18:49.6; Poor (43), U, 19:21.6; Ma-
thews (45), U, 19:23; Keerne (56), U,
20:10.3.

Division III—Livermore 38, Clayton
Valley 87, Amador Valley 92, Bishop
O'Dowd 147, Granada 157, Irvington
190, San Leandro 217, Novato 230,
Northgate 233, Healdsburg 240, El
Molino 299, Acalanes 300, Petaluma
325, Casa Grande 335, San Lorenzo
341

Jones (1), L, 16:24.2; Teekel (2), B,
16:35.5; Immel (3), L, 16:37.8; Wojie-
chowski (4), C, 16:41; Kennedy (5), SL,
16:57.6; Brecht (8), P, 17:27.1; Suazo
(15), H, 17:39.3; Mendes (37), H,
18:18.1; Serafini (44), S, 18:39.9; Carey
(48), S, 18:46.4; Mc Bride (49), CG,
18:48.2; Max (53), H, 18:51.7; Leone
(59), EM, 19:00.3; Jacobs (61), EM,
19:04; Sulomen (68), EM, 19:10.3.

Division IV—Campolindo 74, Pied-
mont 89, Terra Linda 95, Cardinal
Newman 118, University 132, Arcata
143, St. Mary's 156, Miramonte 199,
Lick—Wilmerding 225, Drake 271,
Head—Royce 272, Branson 273, Mar-
in Academy 276

Gallagher (1), C, 16:47; Hardy (2),
CSD, 16:56.4; Clark—Thompson (3),
Arcata, 16:57.3; Hornsby (4), SM,
17:04.9; Gutierrez (5), MD, 17:20.6;
Cude (10), M, 17:48.3; Woosley (11),
CN, 17:48.8; Gaim (12), EA, 17:50.5;
Melin (14), CN, 17:53.1; Tuhtan (36),
CN, 18:37.3; Cady (39), CN, 18:37.3;
Bayless (47), CN, 18:55.9

Girls

Division I—Carondelet 29, James
Logan 85, Santa Rosa 99, Washington
103, Montgomery 108, Alameda 138,
Antioch 220

Lowery (14), A, 20:37; Roberts (42),
EM, 22:59; Martin (46), CG, 22:36;
Lovrin (47), CG, 23:28; Kauk (52), P,
23:56.

Division IV—Miramonte 55, Branson
73, Ursuline 77, Arcata 101, Campolin-
do 188, Piedmont 197, Terra Linda
211, Drake 238, College Prep 245, San
Rafael 245, Kelseyville 251, University
267, Head—Royce 276, Fort Bragg
301

Schreiber (1), M, 19:58.2; Newman
(2), MC, 20:14.9; Ponig (3), TL, 20:45.9;
Halls (8), U, 21:13.2; C. Hunt (11), M,
21:48.1; T. Hunt (15), M, 22:02.3;
Canova (16), U, 22:03.9; Giambastiani
(20), U, 22:18.3; Madson (21), K,
22:18.6; Nurmi (24), U, 22:21.9

High school volleyball NCS playoffs

AT CASTRO VALLEY

Castro Valley d. Ukiah 7-15, 8-15,
15-7, 15-11, 15-7.

AT DUBLIN

El Molino d. Granada (Livermore)
16-14, 15-0, 15-7.

AT MONTGOMERY

Miramonte d. Ursuline 15-6, 11-15,
15-7, 15-8.

ODDS

NFL

Today

Favorite	Line	Underdog
at 49ers	14	LA Rams
at Buffalo	3	Green Bay
at Chicago	3	Detroit
at Indianapolis	1	Cincinnati
at Dallas	16	Washington
at Kansas City	4	Cleveland
San Diego	2½	at New England
at Pittsburgh	1½	Miami
Philadelphia	3½	at Arizona
at Denver	6½	Atlanta
at LA Raiders	6	New Orleans
at Minnesota	7	N.Y. Jets
at Seattle	6½	Tampa Bay

Monday

at Houston	3	N.Y. Giants
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NBA

Today

Favorite	Line	Underdog
at New Jersey	13½	LA Clippers
at Sacramento	1½	Cleveland
at Portland	8½	Detroit

OF NOTE

Baseball

American League

NEW YORK YANKEES—Designated
Hector Hernandez pitcher for assist-

higher of champions captured the individual title in 16:48. The Cougars also captured the team title.

In Division IV girls, Miramonte's Kristen Schreiber helped her team to first place by winning in 19:59.

Division I boys

Team—Santa Rosa 24, James Logan 39, Montgomery 86, Alameda 109, Antioch 125, Berkeley 172, Rancho Cotate 175.

Individual—1, Peter Egerton, Santa Rosa, 16:50.6; 2, Zach Barrett, Santa Rosa, 17:20; 3, Chad Foster, James Logan, 17:40.8; 4, Aaron Richberg, James Logan, 17:50.1; 5, Ben Vandenheuvel, Santa Rosa, 17:55; 6, Mekonnen Fekadu, Santa Rosa, 17:58.4; 7, Ermas Yohannes, Alameda, 18:02.5; 8, Ishma Asmatey, James Logan, 18:04.1; 9, Daniel Embaye, James Logan, 18:05.2; 10, Mike Schwartz, Santa Rosa, 18:05.8; 11, Jason Irwin, Antioch, 18:10.2; 12, Ken Leef, Santa Rosa, 18:14.4; 13, Jerry Finlay, Montgomery, 18:20.8; 14, John Staroba, Montgomery, 18:27.2; 15, Ben Leung, James Logan, 18:31.3; 16, Steve Alexander, Antioch, 18:33.9; 17, Purandy Manna, James Logan, 18:44.6; 18, Kevin Funk, Montgomery, 18:48.1; 19, Paul Finch, Montgomery, 18:50.1; 20, Vance Liu, Rancho Cotate, 18:51.5.

Division I girls

Team—Carondelet 29, James Logan 65, Santa Rosa 98, Washington 103, Montgomery 108, Alameda 138, Piner 168, Antioch 220.

Individual—1, Julia Stamps, Santa Rosa, 18:10.4; 2, Kristen Gordon, Carondelet, 19:39.7; 3, Pamela Richardson, Montgomery, 20:33.4; 4, Katie Owen, Carondelet, 20:50; 5, Senhit Dirar, James Logan, 21:10.9; 6, Coleen Fitzpatrick, Carondelet, 21:34.8; 7, Jennifer Bridgeman, James Logan, 21:49; 8, Gina Carrillo, Carondelet, 21:58.9; 9, Megan Goodard, Carondelet, 22:02.3; 10, Melissa Ducha, Washington, 22:11.5; 11, Elissa Chatigny, Carondelet, 22:12.4; 12, Stephanie Rumsel, Washington, 22:22.7; 13, Cerene Hanika, Carondelet, 22:30.9; 14, Sky Baumbach, James Logan, 22:35.2; 15, Cheryl Yokoi, Santa Rosa, 22:36.7; 16, Lauren Smith, Berkeley, 22:47.1; 17, Amy Lodin, Montgomery, 22:57; 18, Jenny Shargel, Alameda, 23:04.4; 19, Danielle Price, James Logan, 23:09; 20, Elizabeth Baca, Alameda, 23:11.8.

Division II boys

Team—De La Salle 54, Mission San Jose 64, Eureka 67, Castro Valley 68, San Ramon 157.

Individual—1, Tom Prindville, De La Salle, 16:34.8; 2, Randy Maestretti, De La Salle, 16:52; 3, Adam Grubbs, Eureka, 17:04.9; 4, Jon Stevens, Mission San Jose, 17:15.2; 5, Kevin White, Eureka, 17:17.7. Other locals in top 20: 7, Pat O'Leary, Mission San Jose, 17:29.1; 9, Armandeep Singh, Mission San Jose, 17:47.3; 14, Dave Rodriguez, Mission San Jose, 17:58.6; 16, Jamie Vasquez, Newmark Memorial, 18:03.9.

Division II girls

Team—Mission San Jose 40, Castro Valley 68, Moreau 69, College Park 82, Monte Vista 85.

Individual—1, Lori Riedy, Mission San Jose, 19:26.2; 2, Elissa Riedy, Mission San Jose, 19:36.4; 3, Tina Bowen, San Ramon, 20:03.9; 4, Jennifer Ewing, Castro Valley, 20:27.8; 5, Lisa Gillis, Moreau, 21:14.2. Other



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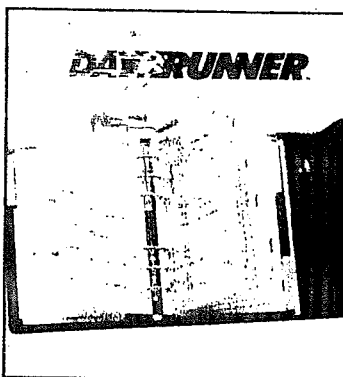
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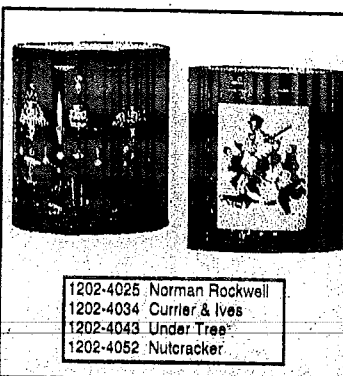
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