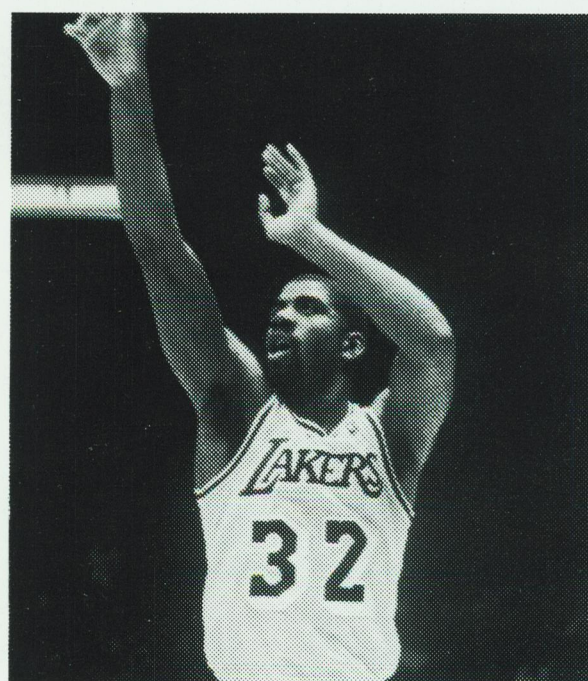
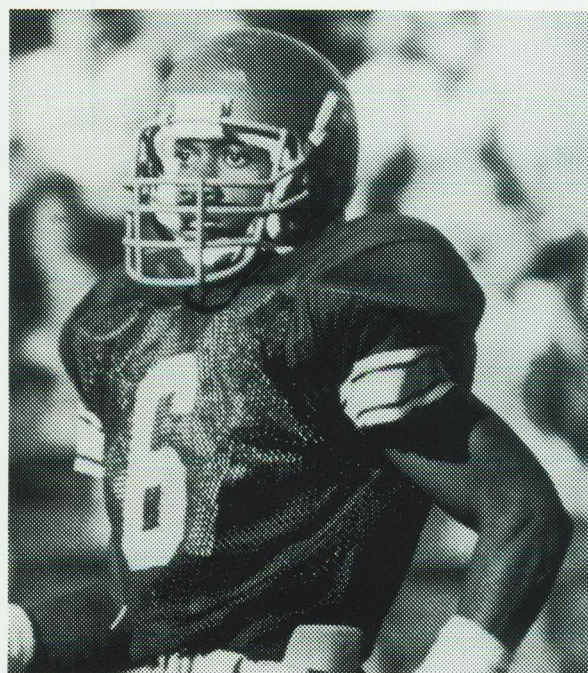




**WOODWARD PARK, FRESNO, CALIFORNIA  
SATURDAY, NOVEMBER 24, 1990**







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## Table of Content

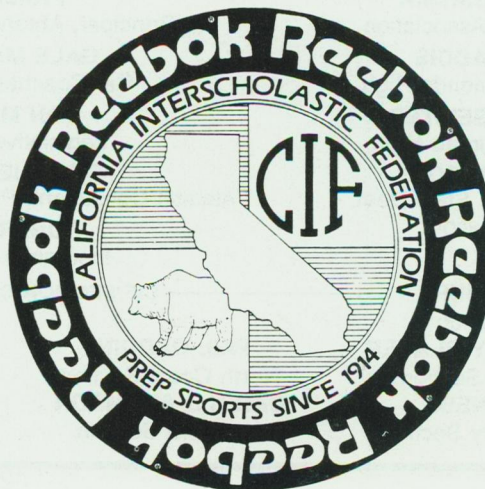
Meet Officials.....	1
Special Recognition.....	1
President Packer's Welcome.....	2
Welcome from the State CIF.....	3
Brief History of CIF/Reebok State Championships.....	4-5
Championship Playoff Calendar.....	5
CIF/Reebok State Cross Country Championship Preview.....	6-7
"Dreamer and Doer," Margaret Quan..	8
Honorary Starter - Doug Speck.....	9
CIF/Reebok State Cross Country Championship Time Schedule.....	9
In Support of High School Athletics...	10
CIF/Reebok State Cross Country Championship Competitor list.....	12-20
CIF/Reebok State Cross Country Championship Team list.....	12-20
CIF/Reebok State Cross Country Championship All-Time Top Times....	23
CIF/Reebok State Cross Country Championship Records.....	24-26
Map of Woodward Park.....	28

## Special Recognition

The State CIF would like to recognize its corporate sponsor Reebok and major supporting sponsor Pepsi. In addition, the CIF extends a special thanks to all the athletes and coaches involved in the CIF/Reebok State Cross Championships. Most of the photos in this program were provided by the coaches. This program was printed at Langdon Press.

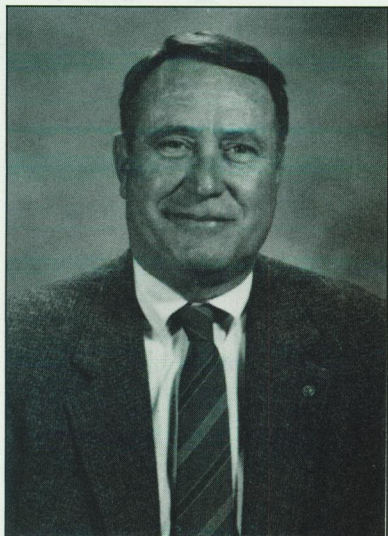
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**Course Monitors/Announcer Communications:** David Hurnblad,  
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# THE CALIFORNIA INTERSCHOLASTIC FEDERATION WELCOMES YOU



**ROBERT M. PACKER**  
*CIF President*

It is my pleasure, as President of the State CIF Federated Council, to welcome all to participation in interscholastic events throughout the state of California. The opportunities that are afforded to the young women and men of our California high schools are unlimited in the area of interscholastic athletics.

CIF is an organization which has been in existence since 1914 and I am proud to be a part of it. It provides the necessary framework for quality athletic competition for high school students. It has the responsibility of ensuring fair, equitable and safe competition for each student athlete. The CIF is a grassroots organization. Its representation is made up of elected officials from local schools and local school districts.

People that represent schools and leagues and sections throughout CIF are individuals who, for the most part, volunteer much of their time. It is typically done out of a love for athletics and a true desire to make our educational system a truly comprehensive one. Each of the people that dedicate themselves to this effort, through their representation to CIF, deserve our admiration and appreciation.

On behalf of all of us who represent CIF at the league, section or the State level, we wish the student athletes of California a most successful 1990-91 school year.

Robert M. Packer, Ph.D.  
Superintendent  
Duarte Unified School District  
Duarte, California

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### CIF SECTION COMMISSIONERS



# Welcome From The State Office Of The CALIFORNIA INTERSCHOLASTIC FEDERATION

Your California Interscholastic Federation has served the youth of California since 1914 and proudly boasts of having more than four million alumni.

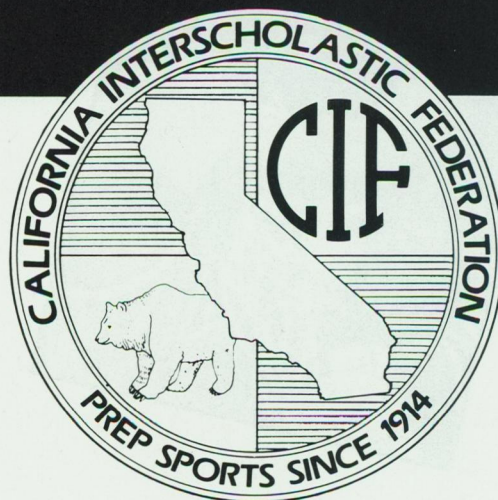
Since its beginning, the state-wide CIF has grown to become the largest youth agency in the state, serving more than 500,000 young student/athletes each year who participate regularly in the interscholastic athletic activities of California's 1200 secondary schools.

The CIF is dedicated to providing all student/athletes in California with equal participation opportunities, a philosophy that has propelled the state into uncontested leadership in the nurturing of outstanding athletes.

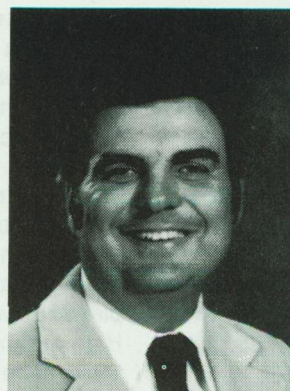
Many of the names are legends, and today that heritage is being continued. Janet Evans, Rick Monday, Pat Haden, Scott McGregor, Flo Hyman. Outstanding men and women of whom Californians can be proud.

With the continuing cooperation and dedication of superintendents, principals, and athletic directors as well as the abundant interest of over one-half million students and their families each year, the future of prep sports would appear bright and healthy.

We urge you to continue your support of scholar/athletes by attending high-school sporting events in your community on a regular basis.



"We are proud to present this outstanding state championship event, an indication of the support given to our scholar/athletes by the people of California. We welcome you to this showcase of some of our finest young California athletes-- our nation's future leaders."



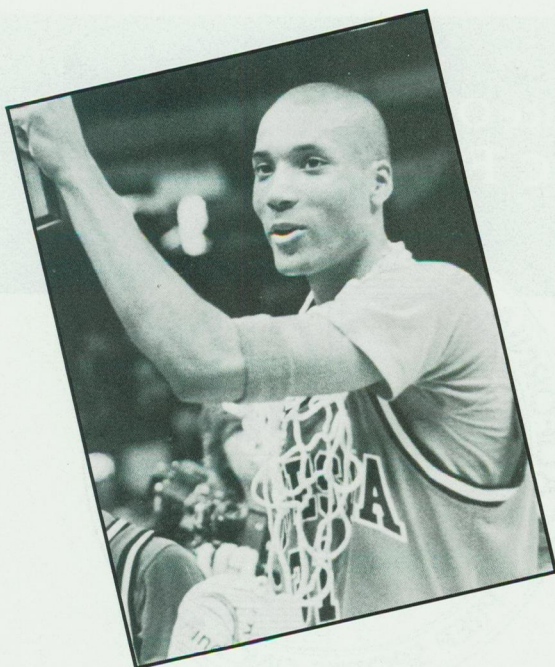
Thomas E. Byrnes  
State CIF Commissioner



Margaret R. Davis  
Associate State CIF Commissioner

## DOING THE JOB FOR PREP SPORTS SINCE 1914





## A Brief History of the CIF/Reebok State Championships

The CIF offers state championships in six different sports; cross country, girls' volleyball, wrestling, basketball, track and field and golf.

Track and field, the longest running state championship, was run for the first time at Fresno High in 1915 and reached the 72nd year mark during the 1990 CIF/Reebok State Track and Field Championships. Except for the war years from 1941-45, the track and field championships have been held annually.

Early championships were conducted at high schools, YMCA's, universities and fair sites including: the Sacramento Fair in 1918, the San Bernardino Fair of 1919, the Bakersfield Fair in 1920 and the Stockton Fair in 1922. The 1990 CIF/Reebok State Track and Field Championships marked the third consecutive year that Cerritos College, Norwalk was the host site. 1974 featured the first year of girls' competition in the CIF/Reebok State Track and Field Championships with the setting at Memorial Stadium, Bakersfield.

Accomplished athletes in various sports dot the list of California High School competitors in the track and field state championships. Names like Dwight Stones, an Olympic medalist in the high jump, Rafer Johnson, a Gold Medalist in the decathlon, and Sherri Howard, an Olympian in the 4 X 400 high-light the list.

Track and field stars from California High

schools have gone on to succeed in other sports as well. Bobby Bonds of Polytechnic High in Riverside, who later became a major league baseball star, and Lynn Swann from Serra High in San Mateo, whose success came in professional football, were both state champions in the long jump - a feat Swann accomplished on two occasions (1969-70).

After track and field, the CIF/Reebok State Basketball Championships were established in 1916 and were held until 1928. The first state basketball championship was played between Whittier High and Berkeley High at Whittier High School on March 25, 1916. The final result: Whittier 31-20. In 1989, Glendora High standout Tracy Murray set a record for most points scored with a phenomenal 64 - more than Berkeley and Whittier combined in the first title tilt. Women's basketball joined the state championships in 1981 when the championships were renewed for both boys and girls.

In its short history, the Girls' CIF/Reebok State Basketball Championships have experienced tremendous success with names like national record holder Cheryl Miller, and 1990 sensation Lisa Leslie playing starring roles. Point Lomas's four state championships (1984 Division II; 1985-87 Division I) have also highlighted girl's competition.

On the boys' side, Stockton High dominated early play winning four championships in the 1920's (1922-23, 1925, 1928).

Crenshaw High equalled that dominance in the modern championship, winning four titles in the 1980's (1983, 1985-86, 1989). Besides Murray, great names like Michael Manning and 1990 standouts Shon Tarver and Ed O'Bannon have participated in the state finals.

The CIF/Reebok Basketball Championships have come a long way since its beginning at Whittier High in 1916. The 1990 championships marked the first time that all five boys' and girls' Divisions (I, II, III, IV and V) were housed under the same roof - the Oakland Coliseum. Attendance for the two-day championship eclipsed the 20,000 mark.

The CIF/Reebok State Wrestling Championships were established in 1973 and conducted at Cal State Hayward. The University of Pacific's Spanos Center has been the host site since 1987. Clovis High dominated during the first years of the championships, winning three consecutive CIF/Reebok State Wrestling Championships from 1974-76. Its fourth title in 1990 moved Clovis ahead of rival Clovis West as the team with the most state championships. Clovis West has won three titles (1983-84, 1989) in the 1980's.

With the largest participation of any girls' sport, volleyball has increased its following by leaps and bounds since the first CIF/Reebok State Volleyball Championships in 1978. Highland High, Bakersfield won the first championship, held at Highland High.



## CIF/Reebok Championship History Cont.

In 1981, a Division II classification was added to the championships and a year later a Division III classification was included.

The growth of the sport is also evident in terms of revenue. For the first time, volleyball became self-supporting in 1990 netting more than \$12,000.

Considered the finest volleyball team in the nation last season by several publications, Mira Costa High from Manhattan Beach, completed an unbeaten season by defeating Lynbrook at the 1990 CIF/Reebok Division I State Championships. Rim of the World has three titles in Division II, while

Francis Parker has won three titles in Division III. Cal State Fullerton has been the host site for the CIF/Reebok Volleyball Championships since 1986. Cal Poly Pomona will be the setting for the 1990 championship in December.

Traditionally, the last CIF/Reebok Regional Championship completed during the course of the school year, the State Golf Championships were established in 1976 for boys and 1977 for girls and ran until 1981. Since then, regional championships have been conducted. The 1990 CIF/Reebok Regional Golf Championships were held

at El Caballero Country Club in Tarzana for Southern California and Del Rio Country Club, Modesto for Northern California.

The CIF/Reebok Cross Country Championships were the newest edition to the state championship fold in 1987 and have been held annually at Woodward Park, Fresno. Bryan Dameworth and Deena Drossin, both of Agoura High, have won three and two individual state titles respectively. Kira Jorgensen of Rancho Buena Vista won two consecutive individual state championships (1987-88). Palos Verdes girls' have dominated the team championship with three consecutive titles (1987-89).

### 1990-91 CIF/Reebok State Championship Playoff Calendar

<u>Sport</u>	<u>Date</u>	<u>Site</u>
Cross Country	November 24, 1990	Woodward Park, Fresno
Girls' Volleyball	December 1, 1990	Cal Poly Pomona, Pomona
Wrestling	March 1-2, 1991	Spanos Center, Stockton
Basketball	March 15-16, 1991	Oakland Coliseum, Oakland
Track and Field	May 31-June 1, 1991	Cerritos College, Norwalk
Golf South Regionals	June 10, 1991	TBA
Golf North Regionals	May 20, 1991	TBA





# 1990 CIF/Reebok State Cross Country Championship Preview

By Doug Speck - California Track and Running News

(in the following preview abbreviations for Sections are as follows: Northern (No), Sac Joaquin (SJS), Central (C), North Coast (NCS), Central Coast (CCS), Southern (SS), Los Angeles City (LA), and San Diego (SD).

The CIF/Reebok State Cross Country Championship, now in its fourth year, is much like a young child of the same age, having gone through the early crawling and walking stages, now really ready to get up and run. As part of this growing up, the 1990 meet marks a change from three to four divisions, with the state's eight hundred schools divided equally into the classifications. The addition of another division has geographically spread around even more than before the opportunities for championships. Once again, they are coming from the far reaches of the state, with schools from north near the Oregon border, south to San Diego and across the state from the Sierra Nevada Mountains in the East to the blue Pacific Ocean, racing over the fine course here at Woodward Park in quest of statewide honors. The state is once again blessed with its usual number of very outstanding individuals and teams, with these inter-sectional competition certain to leave the course scorched by the end of the day.

The first group on the course this morning will be Division IV schools, with some fine teams among these schools of 938 students or less in enrollment. The boys race will feature a geographically diverse group, led by Maranatha (Sierra Madre-SS), which raced to an excellent 82:47 team time (top five on team times added up) in taking the Southern Section Division IV Finals on the tough Mt. San Antonio College Course.

Anthony Fisher and Oscar Montes lead Coach Ken Cronquist's strongly peaking squad. Bret Harte (Altaville-SJS) came south to the Mt. SAC Invitational in late October, racing 84:23 behind 1989 state third placer Brian Singleton, and defeating Fillmore (SS), which later improved to 84:07 behind Jorge Barajas. Yreka totaled 27 points from its tough pack in taking the Northern Division IV Finals. Corcoran is a fine team out of the Central Section. Morro Bay (SS) and St. Anthony (Long Beach-SS), with the latter led by the duo of Geoff Janquart (8th Div. II State '89) and Andre Faubert (12th Div. II '89), had strong Section Finals efforts. Some top individuals, in addition to those mentioned above, are 1989 Division III 5th placer, J.J. Castner (Oak Park-SS), 1989 Division III 6th placer Jeff Arnold (York, Monterey-CCS), Pascual Morales (Washington Union, Easton-Cen), Ken Rhoads (Colfax, SJS), Reel Anderson (South Fork, Miranda-NCS), Richie Broulet (Drake, San Anselmo-NCS), Paul Manson (Branson, Ross-NCS), and Greg Gatlin (Weed-No).

In girls Division IV action, in each of the last two weekends at Southern Section Qualifying and Finals competition, Nordhoff (Ojai), led by Dascha Spellman (8th state '89 Div. II), has upset season-long divisional favorite Morro Bay. Nordhoff had an excellent 102:05 Section Finals team time at Mt. SAC, with Morro Bay, led by Jenny Lacovara (9th state Div. III '89), 102:10. In the early October Stanford Invitational it was Morro Bay, Piedmont (NCS), and Nordhoff in that order in Division IV, with the North Coast power handling Nordhoff easily at that competition. There are others from around the state to mix up our batch of competition here. Anderson (No) has rolled over all of its size up north, led by twins Amie and Angie Diulio, with Bear River (Grass Valley-SJS) having Section divisional winner sophomore Anikai Webb on top. McFarland was a big Central Section winner at this level, with Half Moon Bay the Central Coast Section's best. Fillmore (SS) has Maribella Aparicio (7th state '89 Div. II) and Nikki Shaw, one of the nation's top milers (4:59.07), with Amber Parkinson leading a good Orange Lutheran (SS) squad. Neve Zwagerman (Tamalpais, Mill Valley-

NCS) (2nd '89 Division II) had a super Section Finals race, with Amy Davidson (Bret Harte, Altaville-SJS) another high returnee at 4th place from Division III Last year.

The Division III boys race will feature a St. Ignatius (San Francisco-CCS) team that performed magnificently in their Section Finals. Mark McManus leads an underclass dominated Wildcat team that will be tough to beat. San Marion dropped nicely in the Southern Section Finals, with Peter Nichols and Carlos Deovando leading the Titans. Palos Verdes (SS) is also very solid, with junior Goss Lindsey a top individual for the Sea Kings. Palo Alto (CCS) was also very tough in the Section Championship affair at Crystal Springs Park. San Luis Obispo is strong, with James Menon (8:59.05 the #2 returning two-miler in the nation) and Adam Divirgilio very capable team leaders. Livermore (NCS) has Ahmik Jones leading the division's early season top-ranked squad. Placer (Auburn) was the Sac Joaquin Section Champion. Other top individuals here include Jeff Wilson (Newbury Park-SS), Ryan Bow (Lemoore-Cen), sophomore Jed Saueressig (Yosemite, Oakhurst-Cen), Aaron Kemp (San Lorenzo Valley, Felton-CCS), Austin Matulonis (Oak Ridge, El Dorado Hills-SJS), and Dan Stoll (College Park, Pleasant Hill-NCS).

The girls Division III team contest is led by a very tough La Jolla (SD) squad, the defending CIF/Reebok State Division II Champions, who are ranked 14th in the nation by "Harrier" magazine. Frosh Julie Schoene led a Viking charge in the Section Finals that scored 17 points and had the 1-5 gap at 33 seconds! San Marino (SS) will lead the challenge from the rest of the state, with a healthy Titan crew, led by Marjorie Hsu, capable of competing with La Jolla. Mills (Millbrae-CCS), second to La Jolla in Division II last year, has Diane Harlick and a good group here this weekend. St. Francis (Sacramento-SJS) had Cybelle McFadden take the Section divisional title, with Foothill (Santa Ana) the second best from the Southern Section, and St. Francis (Mountain View-CCS) putting together a fine Section Championship race. There are some other strong athletes in the field. Becky Spies (Livermore-NCS) is one of the nation's best, the state champion in track at 1600 meters (4:48.74), and runner-up Division I statewide in 1989 in cross country. Kate Sweeney (Leigh, San Jose-CCS), super frosh Carrie Garritson (Rim of the World, Lake Arrowhead-SS), defending CIF/Reebok State Division II Champion, Sarah Riley (Campolindo, Moraga-NCS), Becky Kaiser (Seaside, Monterey-CCS), and Tennyia Soderman (Gunn, Palo Alto-CCS) will be factors up front.

The boys Division II run will feature very fierce competition. Season-long divisional top-ranked team, Del Camp (Fair Oaks), has a host of challengers. In the San Diego Section Finals, San Pasqual (Escondido), with team member Robert Walker racing the Section's fastest time for the day, handled a very strong Helis (SD) squad, led by Brazilian Daniel DasNeves and Javier Lozano (10th Division I 1989). Southern Section powers Agoura, third Division I in 1989, and Camarillo, the nation's top ranked boys team and CIF/Reebok State Division I champions in 1989, are peaking strongly again this year. Agoura is led by sophomore Ryan Wilson and Mike Cherman, with Camarillo Sannon Brusca and Ken Gerry. Amador Valley (Pleasanton) continues to improve, edging the Jim Zachery led De La Salle (Concord) team in the North Coast Division II Finals. Gunderson (San Jose-CCS), led by James Joyner, and Shasta (No), with Chris Dawson on top, have been very successful in their area.



## Preview Continued

Some good individuals will be near the front of the pack. Tesfaye Beyene (Newark Memorial-NCS) is having a super season, with Todd Tressler (San Marcos, Santa Barbara-SS) that Section's Champion. Hector Hernandez (Jar Vista, Imperial Beach-SD), Mark Gonzales (La Habra-SS 2nd last year Division II), last year's 8th placer Div. I Israel Pose (Torrance-SS), and James Pendergraph (Norte Vista, Riverside-SS 10th Div. II '89) rate solid consideration.

The girls Division II race has a San Pasqual (Escondido-SD) squad that returns most of a 1989 Division I third place team back racing very strong lately. Coach Will Wester's Golden Eagle squad gapped very close to leaders Deanna Hadley (11th Div. I '89) and Melissa Keim in the Section Finals, with the team deserving a rating among the top dozen nationally. Westlake (Westlake Village-SS) led by Jeannie Rothman (3rd '89 Div. I) and Jessica Graham, had a fine 98:16 team time at Mt. SAC in the Section Finals. Rothman's 17:25 earlier in the season on the Mt. SAC course is the equal number three time ever on that popular venue. Woodbridge (Irvine-SS) is led by talented frosh, Kay Nekota, with a young Canyon (Anaheim) team as improved as any in the state from the start of the season. Del Camp (Fair Oaks) was strong in the Sac Joaquin Finals, with El Capitan (Lakeside) packing nicely to earn the second spot out of the San Diego area. Some top individuals will be competing here. Shelley Taylor (Edison, Huntington Beach-SS 7th Div. I '89 and a fine 4:54.44/1600 meters from track), Milena Glusac (Fallbrook-SD 9th Div. I '89), Crissy Look (Shasta, Redding-No), Martha Pinto (Katella, Anaheim-SS 10:42.51 for 2nd in state over 3200 meters in track), Tanya Brix (University, Irvine-SS 4th Div. I '89), and Melissa Freeburg (California, San Ramon-NCS 13th Div. I '89) are back with very strong credentials. Laura Monson (Claremont-SS), Danielle Nelson (Napa-SJS), Heather Trout (Casa Roble, Orangevale-SJS), Judy Petty (Golden West, Visalia-Cen), and Elice Patterson (Castro Valley-NCS) had good Section Finals efforts.

The boys Division I features the team that has easily been the Golden State's finest in 1990. Madera, under Coach Dennis DeWitt, has rolled over everyone during a season of statewide travels, with the Coyotes a potent pack that gaps within 20 seconds near the front of big races. Ranked number three in the nation by Harrier magazine, Madera has Jose Santiago and Polo Duarte leading this year's benchmark of excellence against which all other programs in the state can measure themselves. Some strong squads have the talent to challenge Madera. Hart (Newhall-SS), led by soph. Keith Grossman and Billy Dixon, and Saddleback (Santa Ana-SS)

with Eddie Salinas, are squads of great ability that have one more chance to jell this season. Belmont (LA), led by Rene Arellano, scored a very low 32 points to take the Los Angeles City title. Bellarmine (San Jose) edged Watsonville in the Central Coast Section Finals run. Individually, the race will feature the nation's top prep harrier in Louie Quintanta (Arroyo Grande-SS 2nd '89 Div. I). The nation's top returning miler at 4:07.20, Quintana has been undefeated from coast to coast this Fall, including a 45 second thrashing of the top runners in the Virginia-Washington D.C. area at the University of Virginia Invitational in late September. Louie raced 14:40 at Mt. SAC earlier this season, with an inspired effort here giving him a shot at the all-time course mark of 14:38 by Marc Davis (San Diego HS) from 1986. Dave Hartman (Canyon, Canyon Country), among the top half dozen in the nation, has been the only one to keep Quintana honest this season, pushing Louie with a 14:51 on the Mt. Sac course, with Dave having a fine 9:06.28 for 3200 meters on the track. Dan Niednagel (Dana Hills-SS) is another strong runner from the South. Others who will be near the front are Steve Guerrini (Santa Rosa-NCS), 1989 Division I 12th placer Steve Gonzales (Carson-LA), and Brian Godsey (Taft, Woodland Hills-LA).

Four of the girls Division I teams in today's meet are ranked among the top ten nationally by "Harrier" magazine (no other state has more than two ranked among the entire top 25 put out every two weeks during the Fall by that publication). The Division I girls race will feature the state's strongest squad, Agoura (SS), coached by Bill Duley, ranked second in the nation. The Chargers are ably led by Deena Drossin, one of the nation's top runners, and a two-time CIF/Reebok Division I champ. Drossin is the defending state 3200 meter champion in track with a 10:29.60 best, and earlier this season equalled the course record at Mt. SAC (17:16). The Charger team does not stop with Drossin, as Tiffany York (12th '89 Div. I), Laura Hayward, Kristie Camp, and Skye Colclough lead a pack that raced 93:59 in the Southern Section Finals at Mt. SAC, the #5 team performance ever there. Mt. Carmel (San Diego) holds a #4 national ranking, with Susan Scott leading the Sun Devils to performances that included a solid trouncing of the top teams from the eastern U.S. in the Eastern States Championship race in the Manhattan College, (New York City) Invitational in mid-October. Palos Verdes has taken the only three CIF/Reebok State Division I girls championships awarded thus far, and is ranked #5 nationally. Coach Joe Kelly has no other fine squad, and he hopes to regroup the Sea Kings here at the end of the season behind Maya Muneno (21st '89 Div. I). Arroyo Grande, given a #10 ranking nationally, feature Angela Orefice (19th '89 Div. I) and Brandy Barr (20th '89 Div. I), with the Eagles adding to their national stature with a big win at the University of Virginia Invitational in late September. Irvine, with strong runners Kelly Roda and frosh Jennifer Gillis, has been a big surprise this season. Keeping the Southerners honest will be Clovis West (Fresno-Cen), led by Sarah Groff, and Overfelt (San Jose-CCS), led by Mario Solorio (10th Div. I '89). Veronica Barajas (Channel Islands, Oxnard-SS) raced a fine 17:47 on the tough Mt. SAC course behind Drossin in the Southern Section Finals, with Erica Sumi (Wilson, Long Beach-SS) third there. Mika Horn (Santa Rosa-NCS), Brooke Pritchard (Vacaville-SJS), and Ashleigh Armstrong (San Dieguito, Encinitas-SDS) were strong in Section runs.



Deena Drossin — Agoura

Thanks to the following individuals, without whose help this article would not have been possible: Jim Eckman, Steve Fagundes, Pete Brewer, Keith Conning, Hal Daner, Steve Ward and Dennis McClanahan.





Family Ties — California's Dreamer and Doer™ Margaret Quan (center) shares a moment with her family at Walt Disney World, Florida.

## Meet California's "Dreamer and Doer" Margaret Quan

The fact that the late Walt Disney was a "dreamer and doer" is hardly a secret to anyone who has visited Disneyland. The Magic Kingdom is filled with Disney's ideas, innovations and dreams, but none of it came without hard work, courage and a confidence that overcame overwhelming adversity. He was told again and again that the project, the building of Disneyland, was doomed for failure. But he never gave up, following his dream every step of the way, and the final result was that Disneyland became a tremendous global success.

Success stories like Walt Disney's are recognized each year with the selection of the 49 Walt Disney World "Dreamers and Doers". The program acknowledges individuals who demonstrate the 4 C's - Curiosity, Confidence, Courage and Constancy - characteristics so revered by Walt Disney. Each year one junior from each state is selected. They serve as role models and spokespersons for the values of activity programs and serve as co-chairpersons for National High School Activities Week. In addition, each "Dreamer and Doer" gets to spend three days at Walt Disney World, Florida.

The 1990 California "Dreamer and Doer" is **Margaret Quan**, from Pioneer High School in San Jose. Like Walt Disney, Quan has demonstrated an innate curiosity, and a tremendous amount of courage, confidence and constancy.

Born in Boston, Massachusetts and raised in San Jose, Quan is the daughter of immigrant parents, who came to the United States from China. Her father, Hong Mow, and her mother, Siu Ping, own a Chinese takeout restaurant in San Jose. Margaret's people skills were developed, in part, by helping out at her parent's restaurant.

While Margaret's list of accomplishments go on and on, she is most proud of her involvement within the community, her contact with people, and her work with the Inter School Council (ISC), where she is currently the president.

"I want to be actively involved in my community for the rest of my life," Quan says. "Not only does it make me feel good about myself, but I have the opportunity to meet new people every day and help people who are less privileged than myself."

Her work as president of the ISC, a problem-solving group which consists of students district-wide, includes organizing a district leadership dance. She is currently working with other representa-

tives on solutions to graffiti problems in the schools and to form a new recycling program.

She gives her time willingly, whether it be working with the homeless as a crew member of the Homeless Shelter's "Home Run" race, volunteering at Homewood Convalescent Home, a food bank volunteer, or as a member of the Peer Counseling Committee. In addition, Quan is active in sports competing in varsity tennis and badminton at Pioneer High.

Quan was first encouraged to get involved in activities in the seventh grade by her sister Selina, who was always actively involved with one project or another. She was also encouraged by teachers, advisors, her brother and her parents to strive for her best and to be involved.

Quan would like to get into international business or pediatrics after college. She wants to attend either Stanford, UC Berkeley, UC Davis or Santa Clara University upon graduating from Pioneer this year.

"Involvement in my school definitely influences my everyday life. Sports, clubs and activities are all different facets which encourage me to give everything all my effort and to strive for the best.

"For me, school becomes much more enjoyable and memorable with activities. There's an old saying which I strongly believe - 'in order to love life, one must live life.' This means in order for me to live my life to its fullest I must get involved and learn to love what I am.

"Participation in numerous events have helped me build my self esteem and confidence. My teachers used to complain about the fact that I was too shy, however, the situation is completely reversed now...High school only lasts for a few years in ones' lifetime and everyone should be able to enjoy it. In addition to academics, extra curricular activities is a crucial aspect. All participants become role models and they are the ones who will become the leaders of tomorrow. Everyone should strive to get involved in activities because they inspire you the rest of your life. Always strive for your goals and continue to dream and do."

The State CIF is proud to recognize Margaret Quan as California's "Dreamer and Doer" for 1990-91.



## Doug Speck Serves as Honorary Starter

A name that goes hand-in-hand with the sport of cross country in California is Doug Speck, who serves as the Honorary Starter for the 1990 CIF/Reebok State Cross Country Championships.

Currently a teacher at First Avenue Junior High School in Arcadia, Speck graduated from Eagle Rock High School in Los Angeles and attended both Pasadena City College and Cal Poly Pomona. He received his masters degree from Azusa Pacific.

Speck lettered in cross country and track and field at Pasadena City College, as well as at Cal Poly Pomona.

After college, Speck entered the world of coaching where he spent 11 years as a cross country and track and field mentor. He coached at Webb School in Claremont, Channel Islands High, Hueneme High and Arcadia High.

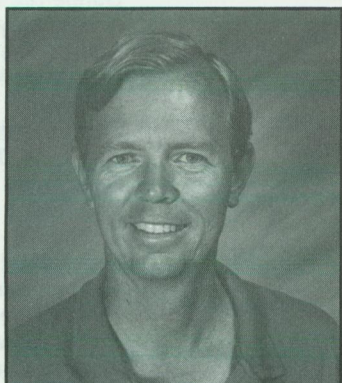
During his time as head coach, Speck's teams won 16 league championships in cross country. As an assistant track and field coach specializing in the training of long distance runners, Speck saw 15 of his boy milers run under 4:30.

Since leaving the coaching arena, Speck has remained very much involved with cross country and track and field. He is one of the high school editors for Track and Field News and California Track and Running News. In addition, he helped initiate a post-season "California State High School Cross Country Rankings" in 1982, with rankings done during the season since the inception of the CIF/Reebok State Cross Country Championships in 1987. He served "The Athletic Congress" for the last three years as a consultant to juniors and has been involved with publicizing TAC/USA Junior National Championships in the sport of Track and Field.

His involvement with the CIF is numerous including serving on the ad hoc committee for cross country to study changes in number of divisions and enrollment breakdowns for the CIF/Reebok State Cross Country Championships. He has assisted with the section and state meets in track and field and section meets in cross country. Currently, Speck is on the Southern Section-CIF Cross Country Advisory Committee.

Speck has served as the meet director for the prestigious Arcadia Invitational, rated as the nation's top high school in season invitational meet. One of his high points in sports came at the 1984 Olympic Games, where he served as Field Event Facilities Coordinator with responsibility for equipment used in the field events at the Los Angeles Coliseum.

A resident of Glendora, Doug and his wife Kathy have two daughters, Kerri 19, and Jennifer 16. Kerri is a sophomore at USC, while Jennifer is a junior at Glendora High.



Doug Speck

## CIF/Reebok State Cross Country Championship Time Schedule

<b>DIVISION IV</b>	Boys Introductions	9:50 a.m.
	Boys Race	10:00 a.m.
	Girls Introductions	10:25 a.m.
	Girls Race	10:35 a.m.

<b>DIVISION III</b>	Boys Introductions	11:00 a.m.
	Boys Race	11:10 a.m.
	Girls Introductions	11:35 a.m.
	Girls Race	11:45 a.m.

<b>DIVISION II</b>	Boys Introductions	12:35 p.m.
	Boys Race	12:45 p.m.
	Girls Introductions	1:10 p.m.
	Girls Race	1:20 p.m.

<b>DIVISION I</b>	Boys Introductions	1:50 p.m.
	Boys Race	2:00 p.m.
	Girls Introductions	2:30 p.m.
	Girls Race	2:40 p.m.

<b>AWARDS</b>	Division III & IV	12:05 p.m.
	Division I & II	3:00 p.m.

**Note:** 1990 marks the first year that the CIF/Reebok State Cross Country Championships will use a four-division format. Since its inception in 1987, the championships have been conducted in three enrollment-based divisions.

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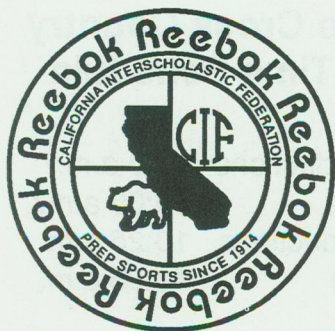
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 Calexico Ismaels  
 Canoga Park Oshman's  
 Carlsbad Cal Best  
 Cerritos Oshman's  
 Chatsworth Foot Fiesta  
 Chino Hills Chino Hills Sporting Goods  
 Chula Vista Cal Best  
 City of Industry Oshman's  
 Corona Modern Athletic Shoes  
 Costa Mesa Oshman's  
 Downey Shoe City  
 Eagle Rock Oshman's  
 El Cajon Cal Best  
 El Toro Oshman's  
 Encinitas Cal Best, Oshman's  
 Encino Oshman's  
 Escondido Cal Best, Oshman's, Sports Chalet  
 Fullerton Boeges  
 Garden Grove Shoe City  
 Gardena Sports World  
 Hermosa Beach Foot Tech  
 Huntington Beach Oshman's (2), Sports Chalet  
 Huntington Park Shoe World  
 La Canada Sports Chalet

La Jolla Sports Chalet  
 La Mesa Movin Shoes, Sports Chalet  
 La Mirada Oshman's  
 La Puente Modern Shoes  
 Lancaster Oshman's  
 Lawndale Oshman's  
 Long Beach Oshman's (2)  
 Los Alamitos Oshman's  
 Los Angeles Pro Tennis, New Family Shoes, All Star Shoes, Athletic Attic, Oshman's, Sports Chalet  
 Marina Del Rey Sports Chalet  
 Mission Viejo Oshman's, Sports Chalet  
 Monrovia Shoe Stop  
 Montclair Oshman's  
 Moorpark Shoe World  
 National City Performance Athletics, Oshman's  
 N. Hollywood Oshman's  
 Northridge Oshman's (2)  
 Orange Oshman's, Shoe City  
 Oxnard Sports Chalet  
 Palmdale Sneakertown  
 Pasadena Oshman's  
 Pt. Loma Sports Chalet  
 Poway Oshman's  
 Rancho Palos Verde Foot Tech  
 Redondo Beach Foot Tech  
 Riverside Oshman's  
 Rowland Heights Ace Sporting Goods  
 San Bernardino Oshman's  
 San Diego Movin Shoes, Cal Best (3), Oshman's (2), Sports Chalet  
 San Pedro Oshman's  
 San Ysidro Ismaels  
 Santa Ana Oshman's

Santa Barbara Second Sole  
 Santa Clarita Sports Chalet  
 Santa Monica Oshman's  
 Simi Valley Jack's Shoes  
 South Gate Shoe Port  
 Thousand Oaks Oshman's  
 Torrance Oshman's  
 Tustin Oshman's  
 Ventura California Sport Shop, Athletic Shoe Stop  
 Victorville Oshman's  
 Vomba Linda Foot Track  
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 West Los Angeles Shoe City, Oshman's (2)  
 Westminster Oshman's  
 Westwood Cambelle Mayo  
 Whittier Oshman's  
 Woodland Hills Sneakerland, Oshman's

## NORTHERN CALIFORNIA

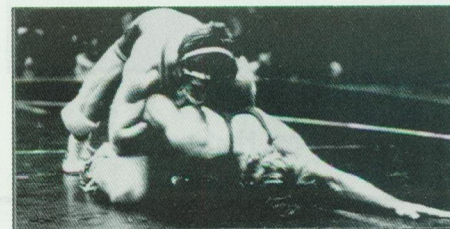
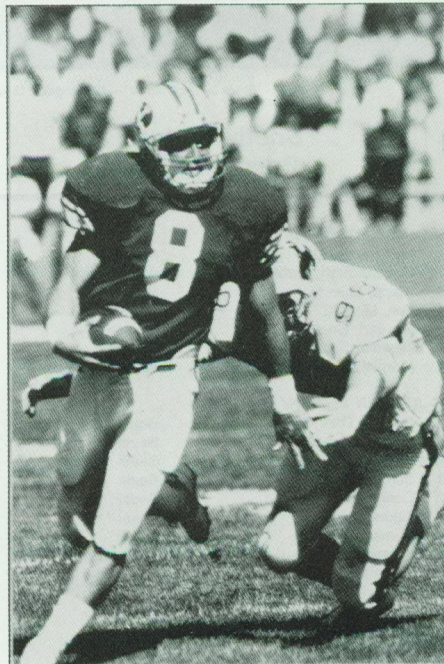
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 Chico Sports Foot  
 Citrus Heights Sporting Feet, Oshman's  
 Concord Doherty & Dunne, Oshman's  
 Cupertino Athletic Attic, Oshman's  
 Davis Sporting Feet, Davis Sport Shop  
 Dublin Oshman's  
 Fairfield Sports Foot

Fair Oaks Fleet Feet  
 Fremont Tri City Sports  
 Elk Grove Tower Shoes  
 Grass Valley Dave's Shoes  
 Jackson Tower Shoes  
 Los Gatos Athletic Performance  
 Merced McNamara's Sports  
 Mill Valley Oshman's  
 Millbrae Oshman's  
 Mt. View Oshman's (2)  
 Novato Oshman's  
 Placerville Dave's Shoes, Tower Shoes, Fleet Feet  
 Pleasant Hill Oshman's  
 Pleasanton Doherty & Dunne  
 Redding Sports Foot  
 Roseville Fleet Feet  
 Sacramento Fleet Feet, Sporting Feet (3), NorCal Ath. Doherty & Dunne, Oshman's  
 S. Sacramento Oshman's  
 San Bruno Oshman's  
 San Francisco Doherty & Dunne (2), Reebok Sports Arena, Hoys Sports, Empire Sports, First Step  
 San Jose Asby Sports, Oshman's  
 San Leandro Oshman's  
 San Luis Obispo TJ Sportswide  
 San Mateo Athletic Attic, Oshman's  
 San Rafael Oshman's  
 Santa Clara Athletic Attic, Ryan's Sports  
 Santa Rosa Oshman's (2)  
 Sonoma Live Action  
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Jim Osborne  
June 24-28, July 1-5, July 8-12

## **SWIMMING**

Stan Crump  
Tim Powers  
June 24-28

## **WRESTLING**

Alan Albright  
June 24-28

## **VOLLEYBALL**

Elaine Michaelis  
July 15-19, July 22-26

## **BOYS' GYMNASTICS**

Makoto Sakamoto  
Peter Vidmar  
June 24-28

## **GIRLS' GYMNASTICS**

Brad Cattermole  
June 17-21, July 8-12, July 22-26

## **GOLF**

Karl Tucker  
June 24-28

## **SOCCER**

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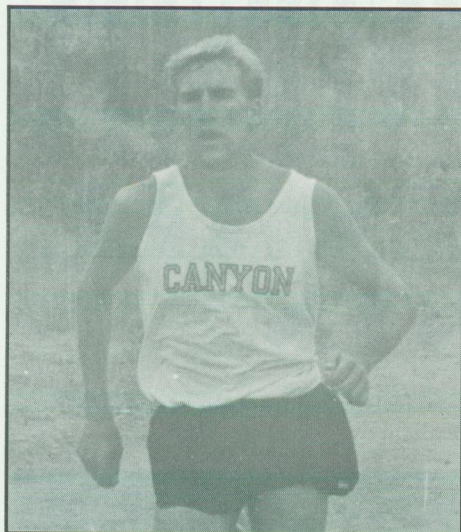
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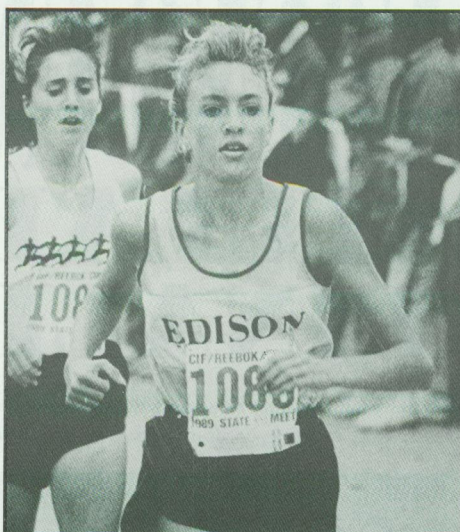
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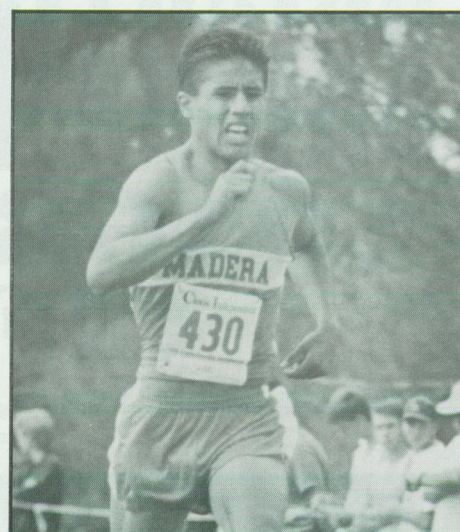
# 1990 CIF/Reebok Competitors and Team Listings



**Dave Hartman**  
Canyon High



**Shelly Taylor**  
Edison High



**Jose Santiago**  
Madera High

Photo by Scott Anger — Los Angeles Times

## DIVISION I - BOYS TEAMS

### NO. NAME (First, Last, Grade) SCHOOL

CENTRAL SECTION (2)		
841	Santiago, Jose-12	Madera
842	Sanchez, Oscar-11	Madera
843	Uribe, Jose-11	Madera
844	Kropf, Eric-9	Madera
845	Rodriguez, Art-12	Madera
846	Duarte, Polo-11	Madera
847	Madrigal, Frank-11	Madera
848	Alexander, Curtis-12	Hanford
849	Bell, James-12	Hanford
850	Carrillo, David-11	Hanford
851	Heugly, Robert-12	Hanford
852	Roosevelt, Tim-10	Hanford
853	Rebman, Robert-10	Hanford
854	Gomez, Felix-11	Hanford

### CENTRAL COAST SECTION (2)

855	Dande, Kyle-12	Bellarmine
856	Kelly, Pat-12	Bellarmine
857	Dolan, Geoff-12	Bellarmine
858	Watson, Tim-12	Bellarmine
859	Overholzer, Tim-12	Bellarmine
860	Cannon, Jaime-10	Bellarmine
861	Whibball, Justin-11	Bellarmine
862	Flores, Ignacio-10	Watsonville
863	Cervantes, Sergio-12	Watsonville
864	Hernandez, Victor-12	Watsonville
865	Zuniga, Robert-11	Watsonville
866	Flores, Juan-10	Watsonville
867	Lopez, Francisco-10	Watsonville
868	Mendoza, Victor-12	Watsonville

### L.A. CITY SECTION (2)

869	Arellano, Rene-12	Belmont
870	Lopez, Sergio-12	Belmont
871	Leay, Augusto-12	Belmont
872	Irias, Davis-11	Belmont
873	Santana, Jose-11	Belmont
874	Palafax, Felipe-12	Belmont
875	Epieanio, Roman-12	Belmont
876	Carr, Torino-12	Taft
877	English, Chip-12	Taft
878	Godsey, Brian-12	Taft
879	Krentzin, Michael-11	Taft
880	Orentzin, Kipp-12	Taft
881	Rodriguez, Cesar-9	Taft
882	Gough, Jim-12	Taft

### NORTH COAST SECTION (1)

883	Godfrey, Jeff	Montgomery
884	Lopez, Nat	Montgomery
885	Shelby, Jason	Montgomery
886	Jorgenson, Sven	Montgomery
887	Sanborn, Tim	Montgomery
888	Baluzak, Erik	Montgomery
889	Grafe, Mike	Montgomery

### OAKLAND SECTION (1)

911	Parr, Aaron-12	Skyline
912	Scarborough, James-11	Skyline
913	Klapp, Mike-11	Skyline
914	Yee, Mike-12	Skyline
915	Morgan, Sean-12	Skyline
916	Newman, Joaquin-12	Skyline
917	Morgan, Matt-10	Skyline

### SAC-JOQUIN SECTION (2)

918	Loucks, Darin-12	Beyer
919	Fleitas, Red-10	Beyer
920	Kroll, Jason-11	Beyer
921	Scott, Jason-11	Beyer
922	Dose, Jason-12	Beyer
923	Nguen, Phi-10	Beyer
924	Jackson, Joe-10	Beyer
925	Kennedy, Shawn-11	El Camino
926	Eastman, Davis-10	El Camino
927	McCord, Devin-10	El Camino
928	McCord, Keith-10	El Camino
929	White, Joel-11	El Camino
930	Barod, Chris-11	El Camino
931	Barnes, Jeremy-12	El Camino

### SAN DIEGO SECTION (2)

932	Keflezighi, Nebrahtom-9	San Diego
933	Keflezighi, Fussum-12	San Diego
934	Magana, Dart-12	San Diego
935	Keflezighi, Akiliu-10	San Diego
936	Pascual, Ivan-11	San Diego
937	Perez, Jose-10	San Diego
938	Lopez, Salvador-12	San Diego
939	Arnold, Nate-11	Poway
940	Higginbotham, Jeff-10	Poway
941	Finn, Sean-12	Poway
942	Vogel, Joe-10	Poway
943	Tennant, Jason-12	Poway
944	Brown, Josh-12	Poway
945	Melcher, Ian-9	Poway

### SAN FRANCISCO SECTION (1)

946	Lilot, Dan-11	Lowell
947	Fuller, Dorian-12	Lowell
948	Lim, Bo-12	Lowell
949	Donohoe, Gabe-12	Lowell
950	Lee, Wyman-11	Lowell
951	Deng, Joe-11	Lowell
952	Jung, Kenneth-12	Lowell

### SOUTHERN SECTION (4)

953	Dixon, Billy-12	Hart
954	Grossman, Keith-10	Hart
955	Chavez, Hector-12	Hart
956	Klinger, Carlo-9	Hart
957	DeLaCerdia, Paul-10	Hart
958	Duken, Mike-11	Hart
959	Patterson, Rick-12	Hart
960	Salinas, Eddie-12	Saddleback
961	Ochoa, Johnny-10	Saddleback

962	Ochoa, Albert-12	Saddleback
963	Heredia, Joe-11	Saddleback
964	Vela, Mario-10	Saddleback
965	Acevez, Albert-12	Saddleback
966	Gil, Elias-12	Saddleback
967	Matson, Rick-12	El Toro
968	Rothschild, Blake-12	El Toro
969	Nelson, Rob-10	El Toro
970	Nelson, Greg-12	El Toro
971	Follman, Adam-12	El Toro
972	Frogue, Andy-11	El Toro
973	McCaslin, Steve-12	El Toro
974	Ellington, Stewart-11	Channel Islands
975	Mendoza, Fernando-11	Channel Islands
976	Darpino, James-11	Channel Islands
977	Ortega, Miguel-10	Channel Islands
978	Garcia, Angel-12	Channel Islands
979	Siebold, Joey-11	Channel Islands
980	Blunt, Patrick-10	Channel Islands

## DIVISION II - BOYS TEAMS

### NO. NAME (First, Last, Grade) SCHOOL

CENTRAL SECTION (2)		
561	Sanchez, Mark-12	Arvin
562	Sanchez, Mike-12	Arvin
563	Calvillo, Isaias-12	Arvin
564	Acevas, Mickie-10	Arvin
565	Aguilar, Enrique-12	Arvin
566	Aguilar, Lozano-12	Arvin
568	Guzman, Salvador-11	Delano
569	Ruiz, Rafael-10	Delano
570	Rivera, George-10	Delano
571	Hernandez, Ruben-11	Delano
572	Ortiz, Alvaro-11	Delano
573	Garza, Ernie-12	Delano
574	Tustison, Nick-11	Delano

### CENTRAL COAST (2)

575	Joyner, James-12	Gunderson
576	Ardal, Tommy-11	Gunderson
577	Sandhu, Raj-11	Gunderson
578	Haacke, Jeff-12	Gunderson
579	Nieh, Cornell-10	Gunderson
580	Brown, Thomas-12	Gunderson
581	Matoba, Crian-10	Gunderson
582	Dowens, Scott-12	Leigh
583	Ottinger, Aaron-11	Leigh
584	Bradler, Chad-11	Leigh
585	Dorsey, Adan-12	Leigh
586	Tran, Howie-11	Leigh
587	Taylor, Nate-12	Leigh
588	Kay, Chris-12	Leigh

### NORTH COAST SECTION (2)

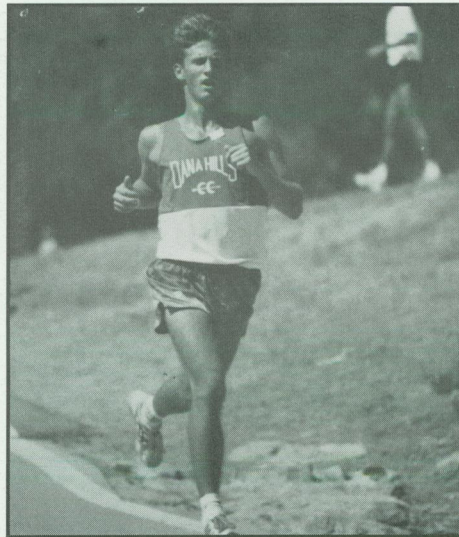
603	Sullins, Chris-10	Amador Valley
604	Hartlin, Jeff-11	Amador Valley
605	Hyde, Eric-11	Amador Valley
606	Keegan, Sean-12	Amador Valley



# 1990 CIF/Reebok Competitors and Team Listings



**Erica Suma**  
Wilson, Long Beach



**Dan Neidnagel**  
Dana Hills



**Roman Rendon**  
Banning

607	Carroll, Peter-12	Amador Valley
608	Braden, Dave-10	Amador Valley
609	Boster, Rick-12	Amador Valley
610	Zachary, Jim-11	De La Salle
611	Falla, Guillero-11	De La Salle
612	Selby, Kevin-12	De La Salle
613	Prindiville, Mike-10	De La Salle
614	Walker, Ty-10	De La Salle
615	Lampe, Chris	De La Salle
616	Koller, Rob-10	De La Salle

## NORTHERN SECTION (1)

617	Dawson, Chris-12	Shasta
618	Beale, Mike-12	Shasta
619	Crain, Sam-12	Shasta
620	Miles, Matt-11	Shasta
621	Hightower, Royal-11	Shasta
622	Jacobson, Erik-10	Shasta
623	Wheeler, Greg-10	Shasta

## SAC-JOAQUIN SECTION (2)

638	Johnston, Jerry-12	Del Campo
639	Morthole, Greg-12	Del Campo
640	Dykstra, Damon-11	Del Campo
641	Siler, Cale-12	Del Campo
642	Rogers, Ken-12	Del Campo
643	Smith, Matt-11	Del Campo
644	Freeman, John-11	Del Campo
645	Escay, Bobby-12	Jesuit
646	Drake, Jim-11	Jesuit
647	Farley, Matt-9	Jesuit
648	Niles, Nick-10	Jesuit
649	Newton, Casey-10	Jesuit
650	Fuller, Marc-10	Jesuit
651	Craft, James-11	Jesuit

## SAN DIEGO SECTION (2)

652	Walker, Robert-12	San Pasqual
653	Keim, Brian-11	San Pasqual
654	O'Neill, Devin-11	San Pasqual
655	Daum, Ken-12	San Pasqual
656	Christensen, Gareth-11	San Pasqual
657	Engel, Eric-11	San Pasqual
658	Navarro, Al-11	San Pasqual
659	Das Neves, Daniel-10	Helix
660	Lozano, Javier-12	Helix
661	Bobrowski, Julio-11	Helix
662	Kocis, Rob-12	Helix
663	Pfau, Geoff-11	Helix
664	Kleinick, Josh-12	Helix
665	Weber, Todd-12	Helix

## SOUTHERN SECTION (4)

673	Cherman, Mike-12	Agoura
674	Wilson, Ryan-10	Agoura
675	Kappel, Justin-11	Agoura
676	Gold, Ryan-12	Agoura
677	Colelough, Mark-10	Agoura
678	Prater, John-11	Agoura
679	Azzits, Emanuel-10	Agoura
680	Brusca, Shannon-12	Camarillo

681	Minster, Bodie-11	Camarillo
682	Gerry, Josh-12	Camarillo
683	Stringer, Scott-11	Camarillo
684	Byrd, Scott-10	Camarillo
685	Park, John-11	Camarillo
686	Roach, Jeff-12	Camarillo
687	Gonzales, Mark-12	La Habra
688	Mahon, James-11	La Habra
689	Mahon, Robert-10	La Habra
690	Mahon, Brendan-9	La Habra
691	Andrews, Chad-12	La Habra
692	Romero, Roberto-11	La Habra
693	Pointer, Frank-12	La Habra
694	Christensan, Walter-10	Claremont
695	Kelly, Peter-9	Claremont
696	Lander, Rob-12	Claremont
697	Metlitzky, Warren-12	Claremont
698	Parrott, Josh-12	Claremont
699	Shimauchi, Barry-11	Claremont
700	Shimauchi, Kenny-9	Claremont

327	Ferguson, Jon	Livermore
328	Ryder, Jason-12	Livermore
329	Heeder, Jeff-11	Livermore
330	Douglas, Mark-12	Moreau
331	Puppione, Chris-11	Moreau
332	O'Neil, Patrick-12	Moreau
333	Guinan, Tom-12	Moreau
334	O'Connor, Mike-11	Moreau
335	Aguino, Mike-12	Moreau
336	Cappuccio, Frank-12	Moreau

## NORTHERN SECTION (1)

337	Dunlak, Josh-12	Central Valley
338	Olkowski, Matt-10	Central Valley
339	Hartman, Darrell-11	Central Valley
340	Smith, Ryan-12	Central Valley
341	Palermo, Ben-10	Central Valley
342	Vinson, Chris-11	Central Valley
343	Bell, Kevin-12	Central Valley

## SAC-JOAQUIN SECTION (2)

358	Donnelly, Brian-12	Placer
359	Kruenegel, Jason-11	Placer
360	Turpin, Ron-12	Placer
361	LaShell, Jeff-11	Placer
362	McKinney, Justin-12	Placer
363	Hardey, Jacob-11	Placer
364	Graals, Evan-11	Placer
365	Young, Jacob-10	Ponderosa
366	Rennie, Tom-12	Ponderosa
367	Oldfield, Sean-12	Ponderosa
368	Dyer, Damon-10	Ponderosa
369	Rodgers, Dan-11	Ponderosa
370	Wohlwend, Christian-11	Ponderosa

## SAN DIEGO SECTION (2)

372	Wilhelm, Terry-12	La Jolla
373	Alcaraz, Francisco-11	La Jolla
374	Leek, Bryan-11	La Jolla
375	Pryor, Billy-11	La Jolla
376	Quan, Kevin-12	La Jolla
377	Walls, Dan-11	La Jolla
378	Pitcairn, Miles-11	La Jolla
379	Melendez, Ciro-12	Mission Bay
380	Elizondo, Devin-9	Mission Bay
381	Marquez, Mario-9	Mission Bay
382	Levy, Davis-9	Mission Bay
383	Calderon, Aaron-12	Mission Bay
384	Hernandez, Fabian-10	Mission Bay
385	Manna, Jason-11	Mission Bay

## SOUTHERN SECTION (4)

393	Nicholas, Peter-12	San Marino
394	DeOvando, Carlos-12	San Marino
395	Payne, Matt-12	San Marino
396	Welton, Joe-11	San Marino
397	Hillman, Mike-11	San Marino
398	Pettit, David-12	San Marino
399	Nicholas, Ben-11	San Marino
400	Lindsey, Goss-11	Palos Verdes
401	Marlowe-Rogers, Aaron-12	Palos Verdes

## DIVISION III - BOYS TEAMS

### NO. NAME (First, Last, Grade) SCHOOL

#### CENTRAL SECTION (2)

281	Bow, Ryan-12	Lemoore
282	Abalos, Mel-12	Lemoore
283	Quinn, Sonny-10	Lemoore
284	Santley, Craig-10	Lemoore
285	Badacsi, John-11	Lemoore
286	Faz, Ben-10	Lemoore
287	Stanley, Brian-9	Lemoore
288	Anguliano, Francisco-11	Coalinga
289	Gonzalez, Eduardo-11	Coalinga
290	Gonzalez, Javier-12	Coalinga
291	Sorenson, Andy-10	Coalinga
292	Walker, Josh-12	Coalinga
293	Barboza, Rey-9	Coalinga

#### CENTRAL COAST SECTION (2)

295	McManus, Mark-11	St. Ignatius
296	Clogger, Brad-11	St. Ignatius
297	Cosentino, Marcelo-11	St. Ignatius
298	D'Anquisto, Mark-11	St. Ignatius
299	Whittaker, Dean-12	St. Ignatius
300	Walker, Lamarr-11	St. Ignatius
301	Baldelli, Mike-12	St. Ignatius
302	Mammar, Jon-12	Palo Alto
303	Kugler, Gabe-12	Palo Alto
304	McMichael, Erik-12	Palo Alto
305	Kulger, Rafi-12	Palo Alto
306	Weissman, Brian-11	Palo Alto
307	Dolan, Fred-12	Palo Alto
308	Ross, Tim-12	Palo Alto

#### NORTH COAST SECTION (2)

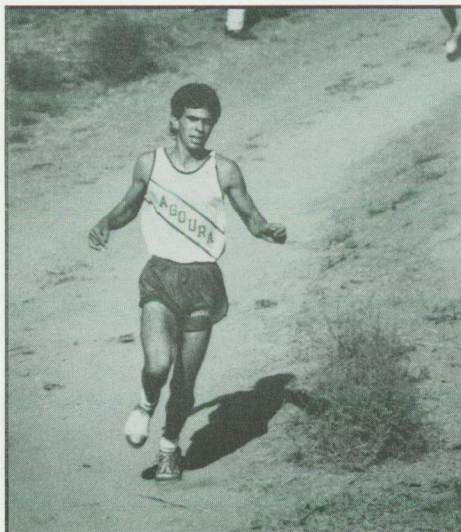
323	Jones, Ahmik-11	Livermore
324	Lewis, Shannon-11	Livermore
325	Myers, Steve-12	Livermore
326	Tyler, Robert-10	Livermore



# 1990 CIF/Reebok Competitors and Team Listings



**Jeanine Rothman**  
Westlake



**Mike Cherman**  
Agoura



**Melissa Ackerman**  
Castro Valley

402	Minami, Ken-12	Palos Verdes
403	Bradley, Ethan-11	Palos Verdes
404	Fay, Kevin-11	Palos Verdes
405	Chandrarantna, Preva-10	Palos Verdes
406	Jessoe, Mark-11	Palos Verdes
407	Menon, James-12	San Luis Obispo
408	DiVirgilia, Adam-11	San Luis Obispo
409	Jefferson, Kevin-12	San Luis Obispo
410	Roberts, Brian-11	San Luis Obispo
411	Ciano, Roger-10	San Luis Obispo
412	Wolf, Justin-11	San Luis Obispo
413	Kakkonen, Dan-11	San Luis Obispo
414	Marumoto, Mike-12	Corona Del Mar
415	Hogan, Jack-12	Corona Del Mar
416	McLendon, Aaron-11	Corona Del Mar
417	Timmon, Tim-9	Corona Del Mar
418	Carmichael, Pete-10	Corona Del Mar
419	Carmichael, Alan-11	Corona Del Mar
420	Mural, Keith-11	Corona Del Mar

47	Boman, Andrew-12	St. Mary's
48	Jehose, Jordan-9	St. Mary's
49	Bfuiagua, Josh-12	St. Mary's
50	Chan, Tony-12	Piedmont
51	Brown, Stephen-9	Piedmont
52	Jordan, Ben-12	Piedmont
53	Hird, David-12	Piedmont
54	Kempel, Jeff	Piedmont
55	Rogin, Alex-12	Piedmont
56	Hong, Doug	Piedmont

## NORTHERN SECTION (2)

57	Allen, Jason-10	Yreka
58	Ravenscroft, Jeremy-10	Yreka
59	Cravens, Clay-11	Yreka
60	Dressler, Jason-12	Yreka
61	Eckman, Nate-11	Yreka
62	Barison, Jeff-11	Yreka
63	Dewit, Mike-11	Yreka
64	Davis, Matt-12	Corning
65	Graciano, Justo-12	Corning
66	Johnson, Bryce-12	Corning
67	Babb, Joe-12	Corning
68	Graciano, Jose-10	Corning
69	Lomeli, George-11	Corning
70	Morgan, Justin-12	Corning

## SAC-JOQUIN SECTION (2)

78	Singleton, Brian-12	Bret Harte
79	Brown, Jason-11	Bret Harte
80	Ellis, Tim-12	Bret Harte
81	Davis, Steve-11	Bret Harte
82	O'Geen, Josh-12	Bret Harte
83	Re, Anthony-11	Bret Harte
84	Carl, Dan-10	Bret Harte
85	Spalliero, Bob-12	Bear River
86	Schaylz, Seth-11	Bear River
87	Bell, Aaron-10	Bear River
88	Bullock, Graham-10	Bear River
89	Murray, Trevor-10	Bear River
90	Tucker, Gregg-10	Bear River
91	Quinnan, Mike-11	Bear River

## SAN DIEGO SECTION (2)

92	Ross, Troy-10	Army-Navy
93	Yoon, Charlie-12	Army-Navy
94	Choi, Jim-12	Army-Navy
95	Parks, Phil-12	Army-Navy
96	Gandy, Jason-11	Army-Navy
97	Morlet, Jacques-9	Army-Navy
98	Hizume, Sakura-10	Army-Navy
99	Soto, David-12	Christian
100	Rothman, Travis-9	Christian
101	Cox, Josh-10	Christian
102	Dalusu, Chris-12	Christian
103	Woodrum, Tom-10	Christian
104	Wirochem, Leon-11	Christian
105	Benjamin, Adam-12	Christian

## SOUTHERN SECTION (4)

113	Montes, Oscar-12	Marantha
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114	Hardin, Tim-12	Marantha
115	Hageman, John-12	Marantha
116	Fisher, Anthony-11	Marantha
117	Ellis, Tim-11	Marantha
118	Riddle, Scott-10	Marantha
119	Johnson, Matt-10	Marantha
120	Barajas, Jorge-12	Fillmore
121	Hernandez, Victor-11	Fillmore
122	Lopez, Joel-11	Fillmore
123	Gonzalez, Raymond-11	Fillmore
124	Lopez, Ruben-12	Fillmore
125	Prindle, Kenny-11	Fillmore
126	Flores, Edwardo-9	Fillmore
127	Stowe, Adam-12	Morro Bay
128	Burch, Aaron-12	Morro Bay
129	Round, Luke-12	Morro Bay
130	Lawless, Sean-11	Morro Bay
131	Roundy, Will-10	Morro Bay
132	Gercis, Mike-12	Morro Bay
133	Verdrin, Jim-12	Morro Bay
134	Janquart, Geoff-12	St. Anthony
135	Faubert, Andre-12	St. Anthony
136	Hamon, Tony-12	St. Anthony
137	Gath, Greg-12	St. Anthony
138	Mungo, Paul-11	St. Anthony
139	Arellano, Ed-11	St. Anthony
140	Warot, Andrew-11	St. Anthony

## DIVISION I INDIVIDUAL BOYS

NO.	NAME (First, Last, Grade)	SCHOOL
<b>CENTRAL SECTION (5)</b>		
9301	Lawson, Marc-10	Clovis West
9302	Shahadey, Richie-11	Clovis West
9303	Habtom, Ermias-11	South
9304	Ragsdale, Russell-11	Bullard
9305	Moares, Ryan-12	Bakersfield
<b>CENTRAL COAST SECTION (5)</b>		
9306	Avila, Edward-10	Milpitas
9307	Cervelli, Scott-9	Santa Teresa
9308	Ayala, Luis-10	W.C. Overfelt
9309	Pacheco, Jason-12	Live Oak
9310	Perez, Armando-11	W.C. Overfelt

## L.A. CITY SECTION (5)

9311	Gonzales, Steve-12	Carson
9312	Mesten, Ben-12	Venice
9313	Rendon, Ramon-12	Banning
9314	Gonzalez, Armando-12	Roosevelt
9315	Perea, Jorge-10	Bell

## NORTH COAST SECTION (5)

9316	Cuerrini, Steve-12	Santa Rosa
9317	White, Brian	Antioch
9318	O'Neill, Rory	Santa Rosa
9319	Gonzalez, Ray	Logan
9320	Calvert, Matthew	Berkeley

## DIVISION IV - BOYS TEAMS

### NO. NAME (First, Last, Grade) SCHOOL

#### CENTRAL SECTION (2)

1	Ochoa, Jose G-10	Corcoran
2	Zavalza, Cesar-11	Corcoran
3	Ochoa, Jose J.-11	Corcoran
4	Garcia, Juan-11	Corcoran
5	Silva, John-10	Corcoran
6	Castillo, Joaquin-9	Corcoran
7	Diaz, Marco-12	Corcoran
8	Quinlan, Forrest-12	Taft
9	Farmer, Mike-12	Taft
10	Orosco, John-10	Taft
11	Ross, George-12	Taft
12	Sweeney, David-12	Taft
13	Fralick, Gerry-10	Taft
14	Brewer, Mark-10	Taft

#### CENTRAL COAST SECTION (2)

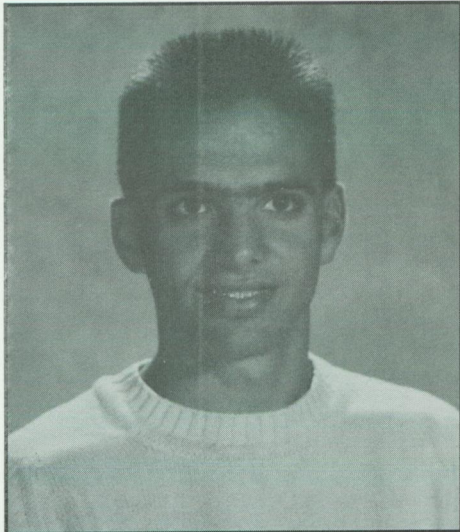
15	Chaudhry, Muhammed-11	San Jose Acad.
16	Chavez, Efrain-10	San Jose Acad.
17	Castro, Tony-12	San Jose Acad.
18	Montoya, Mark-9	San Jose Acad.
19	Felix, Armando-9	San Jose Acad.
20	Witthar, Ray -12	San Jose Acad.
21	Kumar, Navin-9	San Jose Acad.
22	Devine, Chris-12	Half Moon Bay
23	Murphy, Roy-10	Half Moon Bay
24	Boro, Markus-12	Half Moon Bay
25	Stern, Eric-11	Half Moon Bay
26	Duxbury, James-12	Half Moon Bay
27	Padilla, Juan-9	Half Moon Bay
28	Hawkins, Glen-12	Half Moon Bay

#### NORTH COAST SECTION (2)

43	Young, Devin-12	St. Mary's
44	Pendergast, Mike-11	St. Mary's
45	Ioh, Steve-10	St. Mary's
46	Caldez, Marc-11	St. Mary's



# 1990 CIF/Reebok Competitors and Team Listings



**James Menon**  
San Luis Obispo



**Becky Spies**  
Livermore

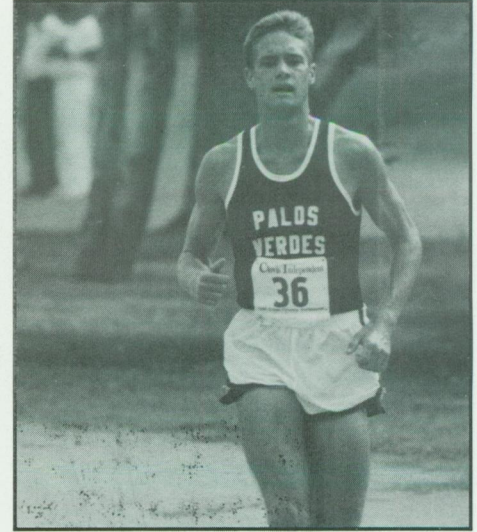


Photo Courtesy of California Track and Running News

**Goss Lindsey**  
Palos Verdes

## NORTHERN SECTION (3)

9321 Glaze, Justin-10  
9322 Hutchison, Chad-10  
9323 Carrion, Jarred-9

Fall River  
Fall River  
Fall River

## OAKLAND SECTION (2)

9326 Sandles, David-12  
9327 Miyahira, Carlos-15

Castlemont  
Oakland

## SAC-JOQUIN SECTION (5)

9331 Adams, Ryan-12  
9332 Roumowice, Bob-12  
9333 Monk, David-11  
9334 Wilkinson, Brian-10  
9335 Rivera, Sam-11

Fairfield  
Casa Roble  
Fairfield  
Merced  
Lincoln

## SAN DIEGO SECTION (5)

9336 Hernandez, Jeff-12  
9337 Ricketts, Eric-11  
9338 Wenger, Chad-10  
9339 Shaffer, Chris-12  
9340 Peraza, Umberto-11

Bonita Vista  
Hilltop  
Mira Mesa  
Granite Hills  
Mt. Carmel

## SAN FRANCISCO SECTION (5)

9341 Rawls, Dustin-12  
9342 Chan, Sherman-11  
9343 Ruterger, Philipp-10  
9344 Lee, Garry-12  
9345 Huynh, An-12

Lincoln  
Washington  
Washington  
Washington  
O'Connell

## SOUTHERN SECTION (5)

9346 Quintana, Louis  
9347 Hartman, Dave  
9348 Niednagel, Dan  
9349 Cecillas, Marguerite  
9350 Reyes, T.J.

Arroyo Grande  
Canyon (CC)  
Dana Hills  
Glendale Hoover  
Lakewood

## DIVISION II INDIVIDUAL BOYS

**NO. NAME (Last, First, Grade) SCHOOL**

### CENTRAL SECTION (5)

9201 Hickey, Terry-10  
9202 Cardenes, Robert-12  
9203 Brewer, Ricardo-10  
9204 Trujillo, Jose-11  
9205 Lovett, Stan-10

Foothill  
Danger  
Musiti  
Golden West  
North

### CENTRAL COAST SECTION (5)

9206 Solorio, Ernesto-11  
9207 Elmi, Mohamed-9  
9208 Johnson, Erik-12  
9209 Munyak, Eddie-12  
9210 Middlebrooks, Jack-11

Gilroy  
Mt. Pleasant  
Los Gatos  
Homestead  
Los Gatos

### NORTH COAST SECTION (5)

9216 Beyene, Tesfaye-12  
9217 Cresaon, Matt-9

Newark Memorial  
Eureka

9218 Bowd, Brian  
9219 Kroh, Jason-12  
9220 Purcell, Dan-11

San Ramon  
Newark Memorial  
Clayton Valley

## NORTHERN SECTION (5)

9221 Carlson, Erick-12  
9222 Olson, Tim-12  
9223 Arnold, Duane-12  
9224 Krause, Dan-10  
9225 Hubbard, Josh-11

Enterprise  
Chico  
Enterprise  
Chico  
Chico

## SAC-JOQUIN SECTION (5)

9231 Cardenas, Michael-12  
9232 Rose, Brandon-12  
9233 Griffin, Cheek-12  
9234 Sloan, Greg-12  
9235 Porter, Lyle-12

Rio Linda  
El Dorado  
East Union  
El Dorado  
Oakmont

## SAN DIEGO SECTION (5)

9236 Hernandez, Hector-12  
9237 Dilligan, Matt-11  
9238 Kayne, Jason-11  
9239 Meek, Jerid-12  
9240 Levister, Ray-12

Mar Vista  
Pt. Loma  
Grossmont  
Escondido  
Vista

## SOUTHERN SECTION (5)

9246 Pendergraph, James  
9247 Love, Mike  
9248 Tressler, Todd  
9249 Pose, Israel  
9250 Reinisch, Joe

Norte Vista  
Katella  
San Marcos  
Torrance  
Bishop Mont.

## DIVISION III INDIVIDUAL BOYS

**NO. NAME (Last, First, Grade) SCHOOL**

### CENTRAL SECTION (5)

9101 Saueressig, Jed-10  
9102 Bennett, Corey-12  
9103 Banuelos, Cris-12  
9104 Green, David-12  
9105 Manduena, Raul-12

Yosemite  
Highland  
Tulare  
Edison  
Wasco

### CENTRAL COAST SECTION (5)

9106 Kamp, Aaron-12  
9107 Johnson, Nathan-12  
9108 Thomas, Trevor-11  
9109 Clark, Will-12  
9110 Spencer, Robert-9

San Lorenzo  
Santa Cruz  
St. Francis  
St. Francis  
Cesual

### NORTH COAST SECTION (5)

9116 Stoll, Dan-12  
9117 Murray, Kevin-12  
9118 Digirolamo, Paul-12  
9119 Esponda, Richard-10  
9120 Johnson, Brent-12

College Park  
Granada  
Petaluma  
Casa Grande  
Casa Grande

## NORTHERN SECTION (5)

9121 Girt, Kevin-11  
9122 Carlson, Lane-9  
9123 Megill, Josh-11  
9124 Tharsing, Josh-12  
9125 Dunica, William-11

West Valley  
Nova  
West Valley  
Paradise  
Paradise

## SAC-JOQUIN SECTION (5)

9131 Matulonis, Austin-11  
9132 Wilson, Chad-11  
9133 Pope, Joe-11  
9134 White, David-11  
9135 Forsberg, Chris-11

Oak Ridge  
Rio Americano  
Del Oro  
Sonora  
Rio Americano

## SAN DIEGO SECTION (5)

9136 Gause, Ryan-12  
9137 Kolenic, Scott-10  
9138 Hutton, Josh-12  
9139 Borunda, Greg-12  
9140 Bartell, Ryan-9

Uni. of San Diego  
Rancho Bernardo  
West Hills  
St. Augustine  
West Hills

## SOUTHERN SECTION (5)

9146 Lopez, Manuel  
9147 Wilson, Jeff  
9148 Garcia, Joe  
9149 Sanchez, Fraylan  
9150 Elia, Andy

Moorpark  
Newberry Park  
Northview  
St. Francis  
Dos Pueblos

## DIVISION IV INDIVIDUAL BOYS

**NO. NAME (Last, First, Grade) SCHOOL**

### CENTRAL SECTION (5)

9001 Morales, Pascual-12  
9002 Ruiz, Joe-11  
9003 Olsen, Ryan-11  
9004 Benitez, Franco-11  
9005 Owens, John-11

Washington  
Kingsburg  
Garces  
Kingsburg  
Sierra

### CENTRAL COAST SECTION (5)

9006 Arnold, Jeff-11  
9007 Jeffers, Aengus-11  
9008 Atkins, Davis-11  
9009 Smith, Sal-11  
9010 Doyle, Will-11

York  
Stevenson  
Blackford  
Redwood Christi  
Westmont

### NORTH COAST SECTION (5)

9016 Anderson, Rio  
9017 Boulet, Richie-12  
9018 Rankin, Paul-12  
9019 Thompson, Neil  
9020 Miklose, Jesse-11

South Fork  
Drake  
Branson  
Del Norte  
Ft. Bragg

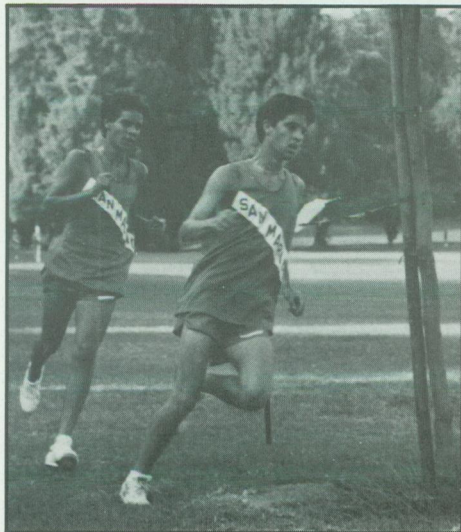
### NORTHERN SECTION (5)

9021 Garlin, Greer-12  
9022 Hildebrand, Travis-10  
9023 Mott, Mike-11  
9024 Gonzales, Sergio-12

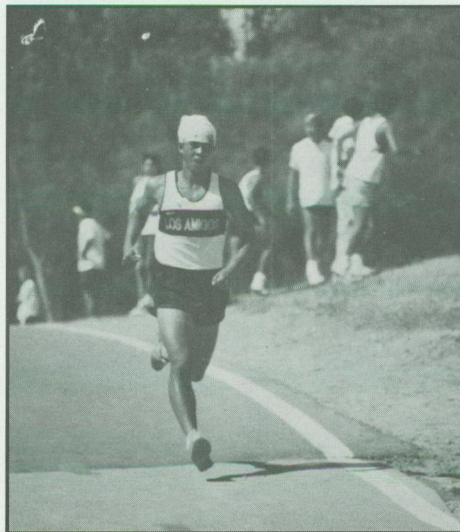
Weed  
Etna  
Lassen  
E. Nicholas



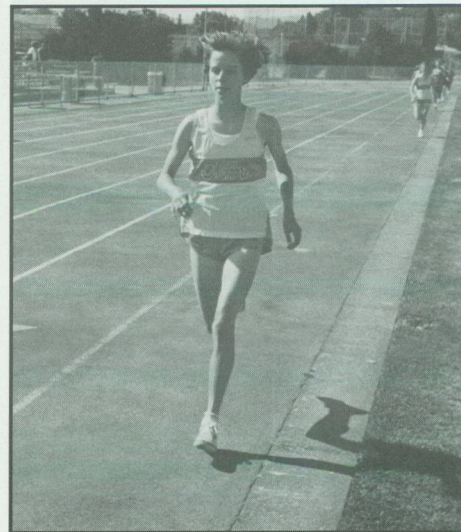
# 1990 CIF/Reebok Competitors and Team Listings



**Carlos De Ovando**  
San Marino



**Lin Le**  
Los Amigos, Garden Grove



**Neve Swagerman**  
Tamalpais

9025 Liss, Josh-12

## SAC-JOQUIN SECTION (5)

9031 Rhoades, Ken-11  
9032 Gould, John-11  
9033 Reichel, David-12  
9034 Bobadilla, Carlos-12  
9035 Welsh, Tim-10

## SAN DIEGO SECTION (5)

9036 Tevelde, George-12  
9037 Stephens, Nick-10  
9038 Bateman, Matt-12  
9039 Ando, Tateu-12  
9040 Mill, Geoff-11

## SOUTHERN SECTION (5)

9046 Castner, J.J.  
9047 Armstrong, Ian  
9048 Johnston, Tim  
9049 Fardin, Bobby  
9050 Wallschlagel, Geoff

Oroville

Colfax  
Los Banos  
Justin-Siena  
Christian Brothers  
Colfax

Calvin Christian  
Coronado  
Bishops  
Parker  
Coronado

Oak Park  
Ontario Ch.  
Nordhoff  
Crossroads  
La Salle

1010 Garcia, Claudia-12  
1011 Gomez, Yolanda-9  
1012 Trejo, Patty-10  
1013 Perez, Luz-12  
1014 Moreno, Patra-12  
1015 Flores, Imelda-9  
1016 Kurdyla, Alison-10  
1017 Valdez, Sandra-12  
1018 Kleiner, Nicole-10  
1019 Pineda, Veronica-10  
1020 Martens, Ann-11  
1021 Klonoski, Katie-10  
1022 Federica, Mariana-12

## NORTH COAST SECTION (1)

1024 Reeder, Megan-10  
1025 Horn, Nika-11  
1026 Beardall, Wendy-11  
1027 Tejler, Charottra-11  
1028 Walker, Anna  
1029 Mazza, Rhonda-11

## OAKLAND SECTION (1)

1051 Said, Aziza-12  
1052 Alemil, Amal-11  
1053 Kifle, Nikki-11  
1054 Aquilar, Maria-12  
1055 Ramos, Alicia-10  
1056 Goodwin, Reyna-9

## SAC-JOQUIN SECTION (2)

1058 Prichard, Brooke-12  
1059 Lynette, Erin-10  
1060 Goodoff, Christi-11  
1061 Lynette, Kristi-12  
1062 Laufer, Sarah-11  
1063 Hoffman, Kellie-11  
1065 Greene, Erica-11  
1066 Cornwall, Val-9  
1067 Nance, Stephanie-11  
1068 Kaldani, Monica-12  
1069 Bowen, Andrea-10  
1070 Tanemore, Roxanne-11  
1071 Cielo, Alma-12

## SAN DIEGO SECTION (2)

1072 Scott, Susan-11  
1073 Hermiz, Rita-9  
1074 Larson, Marcia-12  
1075 Vergith, Jennifer-10  
1076 Foss, Charaighn-12  
1077 Carl, Kathleen-11  
1078 Cooper, Angio-11  
1079 Barnhart, Tara-12  
1080 Callison, Tricia-11  
1081 Callan, Monica-10  
1082 Granger, Sarah-10  
1083 Hammel, Tashia-12  
1084 Reinys, Emily-12  
1085 White, Mandy-12

Belmont  
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San Pedro  
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Santa Rosa  
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Oakland  
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Vacaville  
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Turlock  
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Poway  
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Poway

## SAN FRANCISCO SECTION (1)

1086 Reddick, Julie-11  
1087 Quan, Eileen-11  
1088 Fown, Erin-11  
1089 Fong, Julia-12  
1090 Kwan, Elizabeth-11  
1091 Howenstine, Marisa-10  
1092 Choy, Cathy-9

## SOUTHERN SECTION (4)

1093 Drossin, Deena-12  
1094 York, Tiffany-12  
1095 Camp, Kristie-10  
1096 Hayward, Laura-11  
1097 Colclough, Skye-12  
1098 Burt, Tiffany-10  
1099 Fay, Melissa-9  
1100 Orefice, Angela-11  
1101 Barr, Brandy-10  
1102 Kelly, Heather-11  
1103 Tullis, Wendy-11  
1104 Dellagatta, Kim-11  
1105 Reed, Tammy-11  
1106 Felix, Shannon-12  
1107 Muneho, Maya-11  
1108 Senga, Yoko-11  
1109 Heap, Nancy-11  
1110 Zareski, Karen-12  
1111 Della Gatta, Joanna-12  
1112 Kelly, Kim-10  
1113 Scribe, Laurie-10  
1114 Roda, Kelly-10  
1115 Gillis, Jennifer-9  
1116 Hameln, Maggie-12  
1117 Phillips, Jessica-11  
1118 Livermore, Alison-9  
1119 Radley, Laura-10  
1120 Weimer, Jackie-9

Lowell  
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Agoura  
Agoura  
Agoura  
Agoura  
Agoura  
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Arroyo Grande  
Arroyo Grande  
Arroyo Grande  
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Arroyo Grande  
Arroyo Grande  
Palos Verdes  
Palos Verdes  
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Palos Verdes  
Palos Verdes  
Irvine  
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Irvine

## DIVISION I - GIRLS TEAMS

NO. NAME (First, Last, Grade)

### CENTRAL SECTION (2)

981 Grogg, Sarah-11  
982 Leal, Jessica-9  
983 Natesuwon, Jann-12  
984 Freeman, Stacy-9  
985 Johnson, Serena-9  
986 Jones, Rachael-12  
987 Calabrese, Chantell-12  
988 Samaniego, Mireya-11  
989 Trevino, Rosa-11  
990 Kropf, Erin-12  
991 Buatista, Bertha-10  
992 Reyes, Mariluz-9  
993 Hill, Tamara-9  
994 Hill, Trica-9

SCHOOL

Clovis West  
Clovis West  
Clovis West  
Clovis West  
Clovis West  
Clovis West  
Clovis West  
Madera  
Madera  
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Madera

### CENTRAL COAST SECTION (2)

995 Solorio, Maria-12  
996 Trigos, Javiera-12  
997 Moreno, Juanita-10  
998 Guarino, Rita-10  
999 Moreno, Alexandra-12  
1000 Balaoing, Aurora-12  
1001 Le, Binh-9  
1002 Sanchez, Keri-12  
1003 Moates, Devon-12  
1004 Ruckriegal, Julie-9  
1005 Anderson, Kimik-12  
1006 Gibson, Rachael-11  
1007 Anderson, Kishi-12

W.C. Overfelt  
W.C. Overfelt  
W.C. Overfelt  
W.C. Overfelt  
W.C. Overfelt  
W.C. Overfelt  
W.C. Overfelt  
Santa Teresa  
Santa Teresa  
Santa Teresa  
Santa Teresa  
Santa Teresa  
Santa Teresa  
Santa Teresa

### L.A. CITY SECTION (2)

1009 Herrera, Alma-9

Belmont

## DIVISION II - GIRLS TEAMS

NO. NAME (First, Last, Grade)

### CENTRAL SECTION (2)

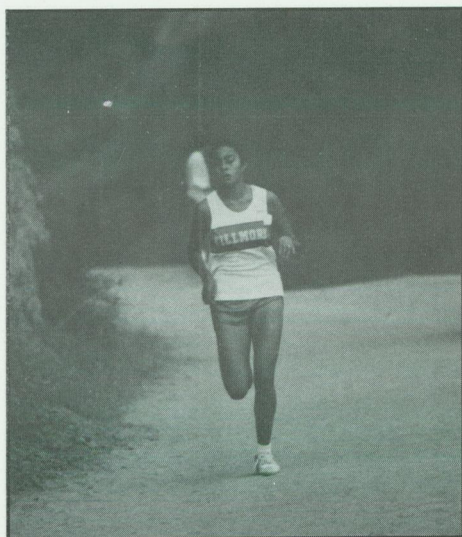
701 Petty, Judy-10  
702 Bivado, Teresa-10  
703 Vigil, Nikki-10  
704 Audela, Veronica-9  
705 Ramirez, Isabel-12  
706 Petty, Terri-9  
707 Ruiz, Sonia-9  
708 Miller, Lori-11  
709 Apperson, Wendy-12  
710 Jacobson, Kelly-10  
711 Toler, Jenny-9  
712 Lauffenberger, Any-12  
713 Sink, Heidi-9  
714 Porter, Lara-11

SCHOOL

Golden West  
Golden West  
Golden West  
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North  
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North



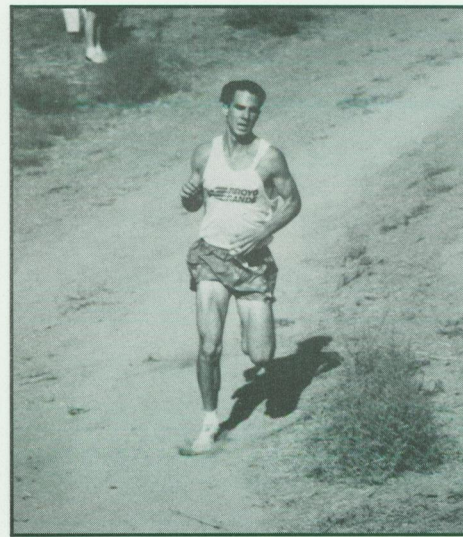
# 1990 CIF/Reebok Competitors and Team Listings



**Maribella Aparicio**  
Fillmore



**Brian Singleton**  
**Bret Harte**



**Louie Quintana**  
Arroyo Grande

## CENTRAL COAST SECTION (2)

715	Raybould, Keri-12	Leland
716	Fuchs, Vanessa-9	Leland
717	Raferty, Amy-10	Leland
718	Kearny, Jenny-11	Leland
719	Allison, Rebecca-10	Leland
720	Chang, Jennifer-10	Leland
721	Tan, Jennifer-10	Leland
722	Cole, Jamie-10	Las Gatos
723	Drew, Amy-11	Las Gatos
724	Graff, Amy-11	Las Gatos
725	Duack, Carolyn-10	Las Gatos
726	McCullough, Erin-11	Las Gatos
727	Saffaie, Rosanna-9	Las Gatos
728	Rucher, Isabel-11	Las Gatos

## NORTH COAST SECTION (2)

743	Schuster, Julie-10	Monte Vista
744	Kintzer, Rachelle-10	Monte Vista
745	Grant, Lori-11	Monte Vista
746	Niednagel, Miriam	Monte Vista
747	Keopke, Krista-10	Monte Vista
748	McCorduck, Brittany-9	Monte Vista
749	Brouwer, Liesbeth-10	Monte Vista
750	Patterson, Elice-12	Castro Valley
751	Ackermann, Melissa-10	Castro Valley
752	Patterson, Sarah	Castro Valley
753	Berry, Alisha-11	Castro Valley
754	Branzow, Heather-11	Castro Valley
755	Gomes, Monica-11	Castro Valley
756	Comer, Andrea-9	Castro Valley

## NORTHERN SECTION (1)

757	Look, Krissy-11	Shasta
758	Cosindas, Nicole-11	Shasta
759	Beale, Heather-12	Shasta
760	Hanes, Wendy-12	Shasta
761	Crain, Donna-10	Shasta
762	Hanes, Jenny-10	Shasta

## SAC-JOQUIN SECTION (2)

778	Viglione, Dannielle-10	Del Campo
779	Cox, Julie-10	Del Campo
780	Adams, Christine-11	Del Campo
781	Mayes, Cindy-10	Del Campo
782	Adams, Rachel-10	Del Campo
783	Dickerman, Lexa-10	Del Campo
784	Korsmo, Pam-12	Del Campo
785	Trout, Heather-11	Casa Roble
786	Bovee, Jennifer-12	Casa Roble
787	Mettam, Lisa-9	Casa Roble
788	McKnight, Shelby-10	Casa Roble
789	Stull, Tabitha-11	Casa Roble
790	Baughman, Julieanne-10	Casa Roble
791	Carillo, Blanco-10	Casa Roble

## SAN DIEGO SECTION (2)

792	Hadley, Deanna-11	San Pasqual
793	Keim, Melissa-10	San Pasqual
794	Blunt, Erin-11	San Pasqual
795	Eilerts, Allison-12	San Pasqual

796	Womack, Patricia-11	San Pasqual
797	Tyrell, Tammara-10	San Pasqual
798	Villasenor, Jeni-11	San Pasqual
799	Russell, Laura-11	El Capitan
800	Olson, Kelly-11	El Capitan
801	Stutz, Dawn-12	El Capitan
802	Young, Tricia-11	El Capitan
803	Parkhurst, Vickie-10	El Capitan
804	Gutierrez, Georgina-12	El Capitan
805	Connole, Amy-11	El Capitan

## SOUTHERN SECTION (4)

813	Rothman, Jeannie-12	Westlake
814	Graham, Jessica-11	Westlake
815	Jones, Meredith-9	Westlake
816	McClosky, Kerry-10	Westlake
817	Collett, Tannis-10	Westlake
818	Friedrich, Stephanie-11	Westlake
819	Peraine, Lorin-10	Westlake
820	Nexota, Kay-9	Woodbridge
821	Tardif, Kim-11	Woodbridge
822	Robles, Amy	Woodbridge
823	Durham, Katie-10	Woodbridge
824	Tran, Tina-11	Woodbridge
825	Worley, Christa-10	Woodbridge
826	Mainez, Michele-12	Woodbridge
827	Nelson, Kim-9	Canyon
828	Flatauer, Laura-9	Canyon
829	Hoagland, Carrie-9	Canyon
830	Gillespie, Megan-9	Canyon
831	Rizzuto, Robin-9	Canyon
832	Russell, Erin-10	Canyon
833	Lee, Cathy-12	Canyon
834	Alexander, Liza-10	Tustin
835	Dorr, Leila-11	Tustin
836	Nauyen, Christine-12	Tustin
837	Bickley, Jarell-10	Tustin
838	Bandaros, Wendy-11	Tustin
839	Nitre, Susan-10	Tustin
840	Mannina, Nikki-10	Tustin

## CENTRAL COAST SECTION (2)

435	Harlick, Diana-11	Mills
436	Taylor, Yndira-10	Mills
437	Brightwell, Erin-11	Mills
438	Harlick, Jeanene-11	Mills
439	Morse, Kathy-10	Mills
440	Battistoni, Anniken-10	Mills
441	Yee, Anita-10	Mills
442	Ruiz, Michelle-11	St. Francis
443	Shellooe, Laura-11	St. Francis
444	Kelly, Kathy-10	St. Francis
445	Keeler, Linda-9	St. Francis
446	Shelley, Monica-10	St. Francis
447	Iverson, Anniken-9	St. Francis
448	Monahan, Kalie-10	St. Francis

## NORTH COAST SECTION (2)

463	Spies, Becky-12	Livermore
464	Delguidice, Michelle-10	Livermore
465	Raguindin, Gemma-11	Livermore
466	Gainous, Tina-9	Livermore
467	Keyes, Missy-10	Livermore
468	Wang, Lori-11	Livermore
469	Drake, Kristin-11	Livermore
470	Radowicz, Stacey-10	Carondelet
471	Cruz, Jeannie-12	Carondelet
472	Seven, Amanda-10	Carondelet
473	Nigro, Angela-12	Carondelet
474	Colyar, Carolyn-9	Carondelet
475	Latona, Xita-11	Carondelet
476	Costa, Leanne-10	Carondelet

## NORTHERN SECTION (1)

477	Long, Molly-11	Paradise
478	Yerman, Brook-9	Paradise
479	Selberg, Mandy-11	Paradise
480	Long, Sally-9	Paradise
481	Toney, Wendy-9	Paradise
482	Pina, Shaloma-11	Paradise
483	Jensen, Ericka-9	Paradise

## SAC-JOQUIN SECTION (2)

498	McFadden, Cybelle-10	St. Francis
499	Kassis, Kolleen-12	St. Francis
501	Jahani, Pantea-11	St. Francis
502	Gruben, Tina-12	St. Francis
503	Pendola, Kathleen-11	St. Francis
504	Love, Cara-10	St. Francis
505	Keill, Amy-12	Rio Americano
506	Marr, Linsey-11	Rio Americano
507	Pacheco, Nina-11	Rio Americano
508	Vis, Kirsten-11	Rio Americano
509	Badovinac, Lisa-10	Rio Americano
510	Withycombe, Amber-10	Rio Americano
511	Foster, Megan-12	Rio Americano

## SAN DIEGO SECTION (2)

512	Schoane, Julie-11	La Jolla
513	Andrade, Lauren-9	La Jolla
514	Cornejo, Elizabeth-10	La Jolla
515	Ferguson, Mailee-11	La Jolla

## DIVISION III - GIRLS TEAMS

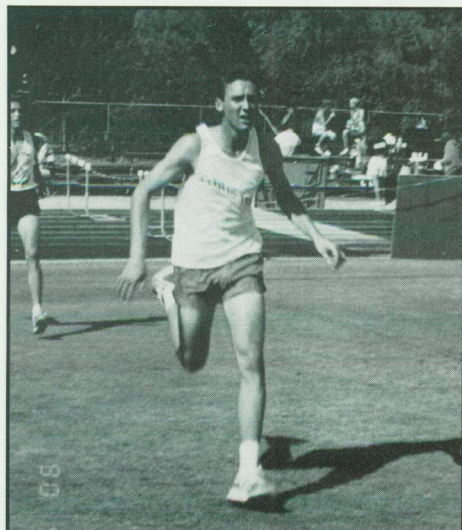
### NO. NAME (First, Last, Grade)

#### CENTRAL SECTION (2)

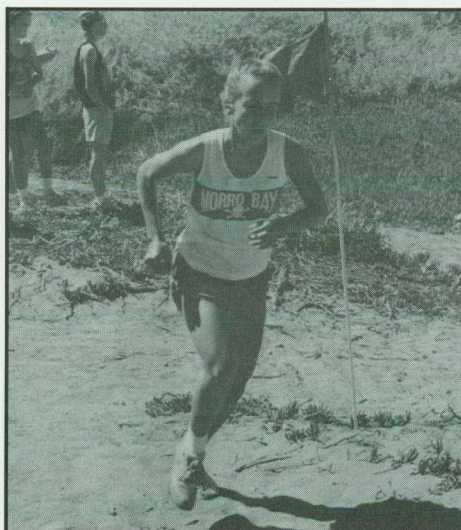
421	Noble, Meagan-11	Garces
422	Berens, Angeli-12	Garces
423	Berens, Tresea-9	Garces
424	Crawford, Stephanie-10	Garces
425	Berens, Sylvie-11	Garces
426	Tripicchio, Christine-11	Garces
427	Lyles, Jacque-10	Garces
428	Guadagnini, Chrissy-11	Yosemite
429	Cooper, Robyn-12	Yosemite
430	Burtie, Cassy-11	Yosemite
431	Saueressig, Heather-9	Yosemite
432	Huntsman, Jenny-12	Yosemite
433	Lyng, Heather-9	Yosemite
434	Ballou, Sara-10	Yosemite



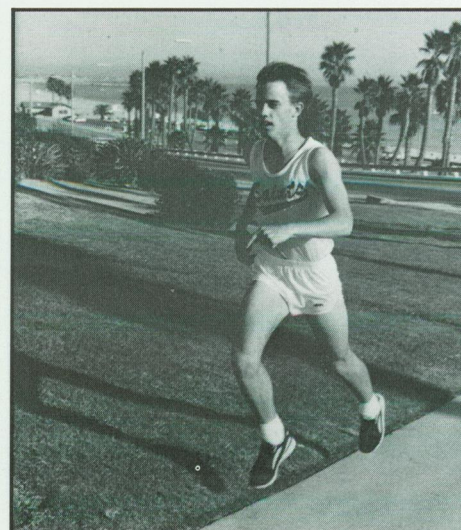
# 1990 CIF/Reebok Competitors and Team Listings



**David Soto**  
Christian, El Cajon



**Jenny Lacovara**  
Morro Bay



**Geoff Janquart**  
St. Anthony, Long Beach

516	Bache, Stephanie-11	La Jolla
517	Anderson, Christina-12	La Jolla
518	Beardsley, Emily-12	La Jolla
519	Clemens, Megan-10	Uni. of San Diego
520	Foely, Katie-10	Uni. of San Diego
521	Kilcoyne, Shelly-10	Uni. of San Diego
522	Fillipponi, Marsi-10	Uni. of San Diego
523	Fallon, Colleen-10	Uni. of San Diego
524	Creelman, Stephanie-11	Uni. of San Diego
525	Cruz, Rebecca-10	Uni. of San Diego

## SOUTHERN SECTION (4)

533	Hsu, Marjorie-11	San Marino
534	Liao, Jenny-11	San Marino
535	Norberg, Stephanie-9	San Marino
536	Gardner, Kim-9	San Marino
537	Lay, Rosemary-11	San Marino
538	Muriat, Anne-Maria-9	San Marino
539	Gardner, Debbie	San Marino
540	Allison, Alicia-9	Foothill
541	Armofel, Laura-11	Foothill
542	Brugman, Gretchen-12	Foothill
543	Corwin, Karen-11	Foothill
544	McCauley, Linette-11	Foothill
545	Myers, Allyson-10	Foothill
546	Ordway, Mary Louise	Foothill
547	Matheson, Kristen-10	Santa Margarita
548	Markel, Amy-11	Santa Margarita
549	Dullask, Kathryn-12	Santa Margarita
550	Donnelly, Saime-9	Santa Margarita
551	Donnelly, Kathleen-11	Santa Margarita
552	Fritsch, Julie-11	Santa Margarita
553	Vatrounex, Nikki-12	Santa Margarita
554	McFarland, Kirsten-11	Corona Del Mar
555	Borce, Alicia-9	Corona Del Mar
556	Bray, Heather-10	Corona Del Mar
557	Flint, Mollie-10	Corona Del Mar
558	Shryock, Kristen-12	Corona Del Mar
559	Taketa, Heather-9	Corona Del Mar
560	Kerr, Sharlyn-12	Corona Del Mar

## CENTRAL COAST SECTION (2)

155	Cooks, Donna-11	Half Moon Bay
156	Wolf, Jessica-11	Half Moon Bay
157	Cooks, Brenda-10	Half Moon Bay
158	Van Horbek, Kelly-11	Half Moon Bay
159	Diggs, Paula-11	Half Moon Bay
160	Olsen, Rebecca-11	Half Moon Bay
161	Laurenco, Misty-11	Half Moon Bay
162	Snowden, Liz-12	Presentation
163	Turrone, Christy-12	Presentation
164	O'Maley, Mara-11	Presentation
165	Turrone, Gina-10	Presentation
166	Stavolone, Christine-9	Presentation
167	Raone, Mariah-9	Presentation
168	Jones, Krystal-9	Presentation

## NORTHERN COAST SECTION (2)

183	Rahl, Riva-12	Piedmont
184	Arnaud, Aimee-12	Piedmont
185	McCool, Jessica-10	Piedmont
186	Wolfe, Julie-12	Piedmont
187	Dunn-Ruiz, Amy-12	Piedmont
188	Wolfe, Karen-12	Piedmont
189	Beilock, Sian-10	Alhambra
190	Larence, Jenny	Alhambra
191	Johnson, Karna	Alhambra
192	Free, Kristina	Alhambra
193	Haynes, Stacey	Alhambra
194	McNerney, Molly	Alhambra
195	Ferrara, Liz	Alhambra
196	Johnson, Christa	Alhambra
197	Diulio, Amy-12	Anderson
198	Diulio, Ancie-12	Anderson
199	McDaniel, Kris-12	Anderson
200	Andrews, Brandy-10	Anderson
201	Hauptman, Stacey-9	Anderson
202	Wright, Shelley-10	Anderson
203	Solberg, Sara-11	Anderson
204	Anderson, Traci-9	Yreka
205	McPherrin, Jenny-10	Yreka
206	Foster, Jaime-10	Yreka
207	Rath, Erin-11	Yreka
208	Agee, Kerri-10	Yreka
209	Herfindahl, Lauren-11	Yreka
210	Herfindahl, Leslie-10	Yreka

## SAC-JOQUIN SECTION (2)

218	Webb, Anikai-10	Bear River
219	Janus, Julie-12	Bear River
220	Madigan, Courtney-9	Bear River
221	Hammond, Jennifer-10	Bear River
222	Sagan, Becky-12	Bear River
223	Alexander, Christy-9	Bear River
224	Finley, Shay-10	Bear River
225	Davidson, Amy-11	Bret Harte
226	David, Liberty-9	Bret Harte
227	Schamander, Gretchen-9	Bret Harte
228	Stickney, Tonya-10	Bret Harte
229	Beaudreau, Sarah-10	Bret Harte
230	Schulz, Anna-11	Bret Harte
231	Hicks, Christie-9	Bret Harte

## SAN DIEGO SECTION (2)

232	Hansen, Angle-9	Coronado
233	Roundtree, Jenna-11	Coronado
234	Garola, Joeann-11	Coronado
235	Roberson, Amy-9	Coronado
236	Jones, Becky-11	Coronado
237	Reza, Regina-11	Coronado
238	Taylor, Laura-12	Coronado
239	Howerzyl, Heather-11	Calvin Christian
240	Verhoeven, Kim-11	Calvin Christian
241	Silveira, Beth-9	Calvin Christian
242	Boonstra, Rachel-9	Calvin Christian
243	Denougen, Amy-12	Calvin Christian
244	Johnson, Christina-11	Calvin Christian
245	Cattron, Melissa-11	Calvin Christian

## SOUTHERN SECTION (4)

253	Spellman, Dascha-12	Nordhoff
254	Garcia, Maria-9	Nordhoff
255	Debord, Karen-10	Nordhoff
256	Kimpton, Jennifer-12	Nordhoff
257	Kunde, Sarah-10	Nordhoff
258	Shelton, Rosie-10	Nordhoff
259	Murphy, Shanna-9	Nordhoff
260	Lacovara, Jennifer-12	Morro Bay
261	Strohman, Deena-11	Morro Bay
262	Ewing, Dana-12	Morro Bay
263	Pierce, Sara-11	Morro Bay
264	Taff, Aysha-10	Morro Bay
265	Yurchesen, Emily-11	Morro Bay
266	Roundy, Faye-9	Morro Bay
267	Toumail, Heather-11	Orange Luth.
268	Parkinson, Amber-10	Orange Luth.
269	Salisbury, Heather-11	Orange Luth.
270	Washburn, Alexa-9	Orange Luth.
271	Kinney, Caren-10	Orange Luth.
272	Meyer, Julie-10	Orange Luth.
273	Kahler, Lyndsay-11	Orange Luth.
274	Aparicio, Maribella-10	Fillmore
275	Shaw, Nikki-11	Fillmore
276	Felix, Margarita-10	Fillmore
277	Torres, Marta-9	Fillmore
278	Jasso, Gabriella-11	Fillmore
279	Shaw, Natash-9	Fillmore
280	Sandoval, Angelica-9	Fillmore

## DIVISION IV - GIRLS TEAMS

### NO. NAME (First, Last, Grade)

NO.	NAME (First, Last, Grade)	SCHOOL
<b>CENTRAL SECTION (2)</b>		
141	Carter, Cindy-9	McFarland
142	Diaz, Delia-11	McFarland
143	Torrez, Lupe-10	McFarland
144	Alston, Amanda-9	McFarland
145	Perezchica, Patricia-11	McFarland
146	Cervantes, Emily-10	McFarland
147	Zuniga, Elizabeth-9	McFarland
148	McGorman, Kristen-12	Taft
149	Hill, Wendy-12	Taft
150	Minor, Julie-10	Taft
151	Vega, Kristina-10	Taft
152	McGorman, Leslie-9	Taft
153	Grayson, Georgia-11	Taft
154	Fraylick, Sarah-12	Taft

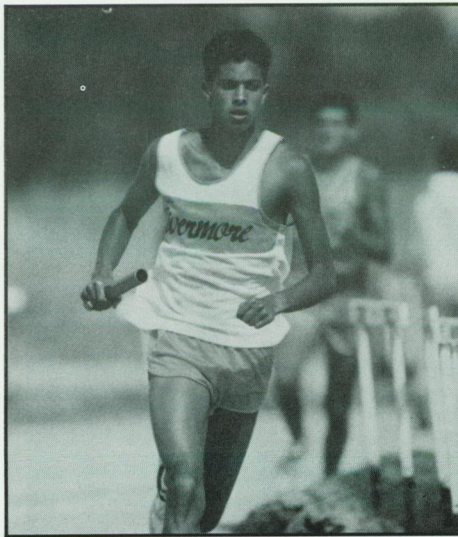
## DIVISION I INDIVIDUAL GIRLS

### NO. NAME (First, Last, Grade) SCHOOL

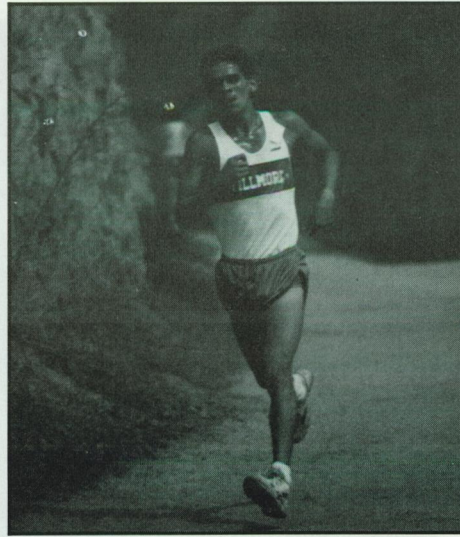
<b>CENTRAL SECTION (5)</b>		
9351	DeLa Torre, Maurita-11	Roosevelt
9352	Aguirre, Christina-10	Roosevelt
9353	Carrillo, Lety-12	Hanford
9354	Bergstrom, Nikki-12	Bakersfield
9355	Brenyas, Melanie-10	Hanford



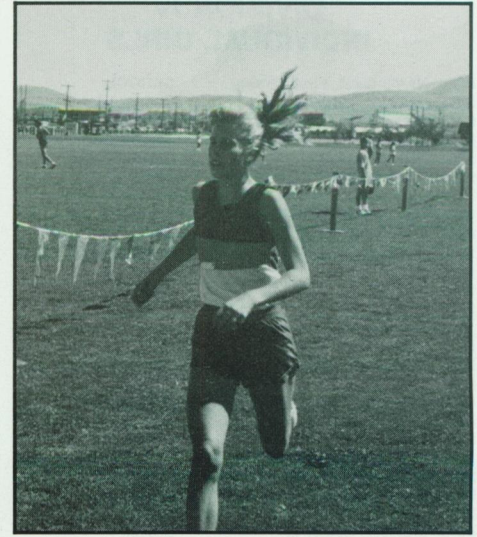
# 1990 CIF/Reebok Competitors and Team Listings



**Ahmik Jones**  
Livermore



**Jorge Barajas**  
Fillmore



**Amy Davidson**  
Bret Harte

## CENTRAL COAST SECTION (5)

9356	Quintero, Isabel-11	Watsonville
9357	Resendez, Wendy-12	Watsonville
9358	Roberts, Thea-12	Archbishop Mitt.
9359	Johnson, Latanya-9	Archbishop Mitt.
9360	Buchanan, Celeste-10	Archbishop Mitt.

## L.A. CITY SECTION (5)

9361	Snowbeck, Robin-11	Palisades
9362	Armanta, Jenny-11	Kennedy
9363	Posey, Oshooda-10	North Hollywood
9364	Pelote, Melissa-10	Grant
9365	Zeno, Geanna-9	El Camino Real

## NORTH COAST SECTION (5)

9366	Wilkes, Kim-10	Logan
9367	Sturges, Sunny	Berkeley
9368	Johnson, Stacie-12	Antioch
9369	Malmstromk, Krista	Berkeley
9370	Wilkinson, Marianne	Antioch

## NORTHERN SECTION (2)

9371	Perry, Renee-11	Fall River
9372	Shoup, Shawna-12	Fall River

## OAKLAND SECTION (2)

9376	Ly, Ann-11	Technical
9377	Tam, Lavina-12	Skyline

## SAC-JOQUIN SECTION (5)

9381	Hamel, Jennifer-12	Merced
9382	Fields, Anthanette-11	Stagg
9383	Cabita, Dawn-9	Riordan
9384	Reed, Shannon-9	Johnson
9385	Lewis, Amber-11	Mira Loma

## SAN DIEGO SECTION (5)

9386	Armstrong, Ashleigh-10	San Dieguito
9387	Raa, Stephanie-12	Rancho Buena
9388	Schiebal, Gretchen-12	Orange Glen
9389	Rouse, Sandra-12	Sweetwater
9390	DeFazio, Danyell-9	Rancho Buena

## SAN FRANCISCO SECTION (5)

9391	Lopez, Lisa-12	Blaboa
9392	Aviles, Trudy-10	Mc Ateer
9393	Lazar-Lea, Tanya-11	Mc Ateer
9394	Sims, Stacey-12	Wallenberg
9395	Grubbs, Nedra-11	Mc Ateer

## SOUTHERN SECTION (5)

9396	Barajas, Veronica-11	Channel Islands
9397	Sumi, Erica-10	L.B. Wilson
9398	Smith, Monique-12	Diamond Bar
9399	Rodriguez, Gabriella-9	Oxnard
9400	Reyes, Lcinda-12	Lakewood

## DIVISION II INDIVIDUAL GIRLS

### NO. NAME (Last, First, Grade) SCHOOL

#### CENTRAL SECTION (5)

9251	Salinas, Maribel-9	Arvin
9252	Franco, Cindy-10	Delano
9253	Tatman, Lorraine-12	Foothill
9254	McAlister, Traci-11	West
9255	Nakashima, Beth-9	Foothill

#### CENTRAL COAST SECTION (5)

9256	Leon, Mona-10	Gunderson
9257	Huff, Julia-12	Fremont
9258	Dyche, Sandy-12	Santa Clara
9259	Caceres, Samantha-10	Gunderson
9260	Beck, Danielle-10	Salinas

#### NORTH COAST SECTION (5)

9266	Muehling, Michelle-10	Amador Valley
9267	Freeberg, Melissa	California
9268	Venzor, Tina-12	Mission S.J.
9269	Harris, Joy-12	Mission S.J.
9270	Dale, Kerry	California

#### NORTHERN SECTION (5)

9271	Rucker, Kari-12	Red Bluff
9272	Hafer, Rab Ann-12	Chico
9273	Houchin, Kerry-10	Chico
9274	Wilson, Vanessa-11	Red Bluff
9275	Jackson, Jenny-10	Red Bluff

#### SAC-JOQUIN SECTION (5)

9281	Nelson, Danielle-10	Napa
9282	Dietz, Amy-12	Bella Vista
9283	Jones, Stacey-11	Hogan
9284	Bernheim, Lauren-9	Davis
9285	Marnach, Jennifer-10	Bella Vista

#### SAN DIEGO SECTION (5)

9286	Glusac, Melina-10	Fallbrook
9287	Nicodemus, Alisa-12	Grossmont
9288	Hand, Melanie-10	Fallbrook
9289	Stevens, Kerry-12	Pt. Loma
9290	Young, Kelly-12	Grossmont

#### SOUTHERN SECTION (5)

9296	Taylor, Shelly	Edison
9297	Pinto, Martha	Katella
9298	Monson, Laura	Claremont
9299	Hildebrand, Sonia	Mission Viejo
9300	Brix, Tanya	University

## DIVISION III INDIVIDUAL GIRLS

### NO. NAME (Last, First, Grade) SCHOOL

#### CENTRAL SECTION (5)

9151	Allen, Vanessa-10	Highland
9152	Abalos, Jennifer-11	Lemoore
9153	Low, Matilda-10	Exeter
9154	King, Sara-9	Exeter
9155	Martinez, Sonya-12	Selma

#### CENTRAL COAST SECTION (5)

9156	Sweeney, Kate-11	Leigh
9157	Kaiser, Becky-11	
9158	Soderson, Tanaya-11	Gunn
9159	Crauch, Tina-9	Aptos
9160	Saldelli, Ann-9	St. Ignatius

#### NORTH COAST SECTION (5)

9166	Dalke, Angela	Bishop o'Dowd
9167	Venables, Catherine-10	Encinal
9168	Riley, Sarah	Campolindo
9169	Fahres, Kathryn	Redwood
9170	O'Brien, Crissy	Northgate

#### NORTHERN SECTION (5)

9171	Teter, Nicole-12	West Valley
9172	Mercer, Alicia-12	Pleasant Valley
9173	Cardenas, Irene-10	Pleasant Valley
9174	Morcom, Genon-12	West Valley
9175	Mendon, Lisa-10	Pleasant Valley

#### SAC-JOQUIN SECTION (5)

9181	Edwards, Robin-11	Sonora
9182	Bruins, Donna-9	Dixon
9183	Reep, Shelle-11	Ponderosa
9184	Chan, Alice-11	Highlands
9185	Banas, Bridget-12	Dixon

#### SAN DIEGO SECTION (5)

9186	Levy, Becky-12	Madison
9187	Stuart, Jennifer-9	West Hills
9188	Hampson, Laura-10	Mission Bay
9189	Zuniga, Rosalie-10	Rancho Bernardo
9190	Barnett, Carrie-9	Madison

#### SOUTHERN SECTION (5)

9196	Garrison, Carrie	Rim of the World
9197	Calesby, Bonnie	South Hills
9198	Eklit, Katy	Costa Mesa
9199	Dien, Sarah	La Canada
9200	Penata, Carlene	La Canada



# 1990 CIF/Reebok Competitors and Team Listings

## DIVISION IV INDIVIDUAL GIRLS

NO.	NAME (Last, First, Grade)	SCHOOL
9051	DeGroot, Tamara-11	Central Valley
9052	Greer, Wendy-11	Sierra
9053	Michaels, Jennifer-10	San Joaquin Mem.
9054	Albert, Nicole-11	Corcoran
9055	Graham, Julie-11	Sierra

### CENTRAL COAST SECTION (5)

9056	Leigh-Wood, Liz-10	Santa Catalina
9057	Gensalan, Alyele	Santa Catalina
9058	Curtis, Jenny-12	Stevenson
9059	Hamilton, Sarah-12	Stevenson
9060	Schroeder, Kristin-10	Castilleja

### NORTH COAST SECTION (5)

9066	Zwagerman, Niamh-12	Tamalpais
9067	Nickerson, Lisa	Read Royce
9068	McCarthy, Theresa-12	Terra Linda
9069	Sousa, Kim-11	Arcata
9070	Henderson, Cailin-10	Arcata

### NORTHERN SECTION (5)

9071	Gorbet, Dee Dee-9	Lassen
9072	Giuntini, Stephi-10	Lassen
9073	Massey, Heather-10	Lassen
9074	Robbins, Trixie-12	Orland
9075	Hill, Karie-10	Quincy

### SAC-JOAQUIN SECTION (5)

9081	Martinez, Magi-9	Wood
9082	Anders, Denia-9	Wood
9083	Nissen, Allison-12	Colofax
9084	Bird, Melissa-10	Wood
9085	Gonzalus, Leticia-12	St. Mary's

### SAN DIEGO SECTION (5)

9086	Nebyliu, Zuryash-12	Lincoln
9087	Flores, Liliana-10	Lincoln
9088	Goldberg, Kathi-12	Bishops
9089	Knight, Rachel-10	Christian
9090	Newman, Theresa-11	Julian

### SOUTHERN SECTION (5)

9096	Wester, Karen	Maranatha
9097	Warthinton, Emily	Thacher
9098	Kendig, Jamie	La Reina
9099	Ambrosak, Steffie	St. Joseph
9100	Parker, Kala	Chadwick






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# CIF/REEBOK STATE CROSS COUNTRY ALL-TIME TOP TIMES

## BOYS TOP ALL-TIME SCORES (TEAM)

### Division I

1. Camarillo (1989)	39
2. Arroyo (1987)	41
3. Dana Hills (1988)	91
4. DeLaSalle (1989)	97
5. Agoura (1989)	107

### Division II

1. Walnut (1987)	40
2. Jesuit (1989)	61
3. Corona del Mar (1987)	63
4. Corona del Mar (1988)	72
5. Jesuit (1988)	80

### Division III

1. Sherman Indian (1988)	58
2. Laguna Beach (1989)	65
3. McFarlan (1987)	99
4. Maranatha (1988)	103
5. McFarlan (1989)	127

## GIRLS TOP ALL-TIME SCORES (TEAM)

### Division I

1. Palos Verdes (1989)	65
Palos Verdes (1988)	65
3. Palos Verdes (1987)	70
4. Agoura (1989)	75
5. Agoura (1987)	91

### Division II

1. Newport Harbor (1988)	75
2. Newport Harbor (1987)	87
3. La Jolla (1989)	88
4. Mills (1989)	94
5. Woodbridge (1987)	106

### Division III

1. Bret Harte (1988)	54
2. Maranatha (1987)	72
3. Bret Harte (1989)	73
4. Maranatha (1989)	81
5. University (1987)	93

## BOYS ALL-TIME TOP TIMES (INDIVIDUAL)

### Division I

1. 14:45 - B. Dameworth (Agoura '89)
2. 14:59 - L. Quintana (Arroyo Grande '89)
3. 15:032 - B. Dameworth (Agoura '88)
4. 15:04 - M. Williamson (Thous. Oaks '88)
5. 15:05 - J. Rodriguez (Santa Ana Valley '88)
6. 15:08 - F. O'Neil (San Pasqual '88)
7. 15:11 - J. Seven (DeLaSalle '89)
8. 15:12 - B. Dameworth (Agoura '87)
9. 15:13 - G. Tadese (Crawford '87)
10. 15:14 - D. Scudamore (Palos Verdes '87)

### Division II

1. 15:15 - S. Hempel (Walnut '88)
2. 15:19 - K. Berkowitz (Hayward '89)
3. 15:20 - D. Welsh (Jesuit '88)
4. 15:22.1 - S. Hempel (Walnut '87)
5. 15:24 - E. Lavella (Corona Del Mar '88)
6. 15:26 - G. Stolz (Miraleste '88)
7. 15:29 - B. Ayers (Christian Brothers '87)
8. 15:31 - M. Gonzales (La Habra '89)
9. 15:32 - M. Glaza (Notre Dame '87)
10. 15:32.3 - M. Hempel (Walnut '88)

### Division III

1. 15:29 - R. Williams (River City '87)
2. 15:44 - S. Cole (Yosemite '87)
3. 15:52 - O. Perez (Pater Noster '89)
4. 15:52 - D. Soto (Christian '89)
5. 15:57 - B. Ochs (Million College '87)
6. 16:00 - M. Metzger (San. Fran. Univ. '88)
16:00 - H. Ortiz (Orestimba '87)
8. 16:04 - B. Singleton (Bret Harte '89)
9. 16:06 - B. Baca (Bear River '87)
10. 16:07 - O. Perez (Pater Noster '88)
16:07 - R. DeLeon (Moorpark '87)

## GIRLS ALL-TIME TOP TIMES (INDIVIDUAL)

### Division I

1. 17:27 - D. Drossin (Agoura '89)
2. 17:33 - B. Spies (Livermore '89)
3. 17:35 - D. Drossin (Agoura '87)
4. 17:42 - K. Jorgensen (Rancho Buena Vista '88)
5. 17:43 - R. Cervantes (Montebello '87)
6. 17:45 - J. Ashe (Leland '87)
7. 17:45 - N. Robbins (Hesperia '87)
8. 17:50 - R. Cervantes (Montebello '88)
9. 17:51 - R. Bryant (Hesperia '87)
10. 17:51 - A. Black (Palos Verdes '87)

### Division II

1. 17:34 - K. Jorgensen (Rancho Buena Vista '87)
2. 17:48 - K. Hecox (South Hills '87)
3. 18:01 - S. Riley (Campolindo '89)
18:01 - K. Hecox (South Hills '88)
18:01 - T. Gorbet (Lassen '87)
6. 18:14 - S. Acosta (Walnut '87)
7. 18:15 - N. Zwageman (Tamalpais '89)
8. 18:17 - T. Gorbet (Lassen '88)
9. 18:18 - K. Hecox (South Hills '89)
10. 18:33 - T. Gorbet (Lassen '89)

### Division III

1. 17:51 - K. McCandless (Castilleja '87)
2. 18:17 - T. Thayer (Serrano '87)
3. 18:29 - S. Dugger (Coronado '87)
4. 18:47 - L. Hamady (The Urban '89)
5. 18:50 - R. Lewis (Santa Catalina '88)
6. 18:54 - K. Talamantes (Western Christian '88)
7. 18:58 - J. Harvey (Paraclete '89)
8. 19:03 - Z. Hillinger (Serrano '87)
9. 19:04 - E. Martino (St. Joseph '87)
10. 19:18 - K. Talamantes (Western Christian '87)

**Note:** The CIF/Reebok State Cross Country Championships were established in 1987 and have been held at Woodward Park in Fresno since its inception. The 1990 CIF/Reebok State Cross Country Championships are scheduled for Saturday, November 24, 1990 at Woodward Park and for the first time will include four divisions at the following enrollment:

Division IV - 1-900  
Division III - 901-1525  
Division II - 1526-2025  
Division I - 2026-UP



# 1989 CIF/REEBOK CROSS COUNTRY CHAMPIONSHIP RESULTS

at Woodward Park, Fresno

## BOYS TEAM RESULTS

### Division I

1. Camarillo	39
2. De LaSalle	97
3. Agoura	107
4. Madera	132
5. San Clemente	153
6. Saddleback	214
7. Del Campo	217

### Division II

1. Jesuit	61
2. Norte Vista	155
3. Palo Alto	156
4. St. Anthony	168
5. South Pasadena	168
6. Lompoc	169
7. North Gate	214

### Division III

1. Laguna Beach	65
2. McFarland	127
3. Bret Harte	153
4. La Salle	155
5. Calvin Christian	178
6. Sherman Indian	178
7. Pater Noster	202

## GIRLS TEAM RESULTS

### Division I

1. Palos Verdes	65
2. Agoura	75
3. San Pasqual	119
4. Mt. Carmel	121
5. Arroyo Grande	177
6. Buena	185
7. Alta Loma	195

### Division II

1. La Jolla	88
2. Mills	94
3. Corona Del Mar	116
4. Nordhoff	123
5. Morro Bay	149
6. San Marino	162
7. Golden West	203

### Division III

1. Bret Harte	73
2. Maranatha	81
3. LA Baptist	102
4. Mary Mount	156
5. Paraclete	165
6. McFarland	165
7. Brentwood	182

## BOYS INDIVIDUAL RESULTS

### Division I

1. 14:45 - Bryan Dameworth (Agoura)
2. 14:59 - Luis Quintana (Arroyo Grande)
3. 15:11 - Jeremy Seven (DeLaSalle)
4. 15:22 - Abe Valdez (Camarillo)
5. 15:26 - Dan Berkland (Canyon)
6. 15:28 - Dave Hartman (Canyon)
7. 15:30 - Obed Aguirre (San Fernando)
8. 15:30 - Israel Pose (Torrance)
9. 15:38 - Roman Rendon (Banning)
10. 15:38 - Javier Lozano (Helin)

### Division II

1. 15:19 - Kevin Berkowitz (Hayward)
2. 15:31 - Mark Gonzales (La Habra)
3. 15:34 - Eric Taylor (Grant)
4. 15:39 - Paul Eley (Mills)
5. 15:43 - Paul Goodrich (Dos Pueblos)
6. 15:47 - Andy Bupp (Woodside)
7. 15:50 - Jason Atwood (Castro Valley)
8. 15:56 - Geoff Janquar (St. Anthony)
9. 15:58 - Jeremy Redding (Central Valley)
10. 16:01 - James Pendergraph (Norte Vista)

### Division III

1. 15:52 - Oscar Perez (Pater Noster)
2. 15:52 - David Soto (Christian)
3. 16:04 - Brian Singleton (Bret Harte)
4. 16:08 - Matt Metzger (University)
5. 16:11 - John Castner (Oak Park)
6. 16:12 - Jeff Arnold (York)
7. 16:14 - David Crain (Laguna Beach)
8. 16:14 - Johnny Samaniego (McFarland)
9. 16:19 - Melvin Kenton (Sherman Indian)
10. 16:28 - Algene Talas (Sherman Indian)

## GIRLS INDIVIDUAL RESULTS

### Division I

1. 17:27 - Deena Drossin (Agoura)
2. 17:33 - Becky Spies (Livermore)
3. 18:01 - Jeannie Rothman (Westlake)
4. 18:06 - Tanya Brix (University)
5. 18:24 - Beth Bartholomew (Fremont)
6. 18:25 - Suzanna Thrasher (Villa Park)
7. 18:30 - Shelley Taylor (Edison)
8. 18:30 - Maryann Martinez (Foothill)
9. 18:31 - Milena Glusac (Fallbrook)
10. 18:31 - Maria Solorio (Overfelt)

### Division II

1. 18:01 - Sarah Riley (Campolindo)
2. 18:15 - Neve Zwagerman (Tamalpais)
3. 18:18 - Karen Hecox (South Hills)
4. 18:33 - Tina Gorbet (Lassen)
5. 18:36 - Alva Dancel (Mills)
6. 18:44 - Milessa Ackerman (Castro Valley)
7. 18:46 - Maribella Aparicio (Fillmore)
8. 18:51 - Dascha Spellman (Nordhoff)
9. 18:56 - Jenny Lacovara (Morro Bay)
10. 18:56 - Sheila Aguilar (Norte Vista)

### Division III

1. 18:47 - Laura Hamady (The Urban)
2. 18:58 - Jean Harvey (Paraclete)
3. 19:24 - Frankie Rivera (Maranatha)
4. 19:30 - Amy Davidson (Bret Harte)
5. 19:31 - Viviana Reza (Coronado)
6. 19:47 - Debbie Lewis (Maranatha)
7. 20:01 - Jonette Vollmer (Fort Bragg)
8. 20:02 - Casey Leary (Katharine Branson)
9. 20:03 - Cedar Lindsley (Cate)
10. 20:03 - Nicki Clark (Marin Academy)



# 1988 CIF/REEBOK CROSS COUNTRY CHAMPIONSHIP RESULTS

at Woodward Park, Fresno

## BOYS TEAM RESULTS

### Division I

1. Dana Hills	91
2. Rowland	124
3. Poway	128
4. Camarillo	141
5. DeLaSalle	174
6. Del Campo	181
7. Canyon	226

### Division II

1. Corona del Mar	72
2. Jesuit	80
3. Walnut	99
4. So. Pasadena	156
5. Piedmont	184
6. Los Gatos	197
7. Castro Valley	223

### Division III

1. Sherman Indian	58
2. Maranatha	103
3. Stevenson	130
4. Thacher	133
5. McFarland	133
6. San Fran. Univ.	147
7. York	161

## GIRLS TEAM RESULTS

### Division I

1. Palos Verdes	65
2. Agoura	108
3. San Pasqual	119
4. Montebello	155
5. Norco	158
6. Hesperia	174
7. Santa Teresa	202

### Division II

1. Newport Harbor	75
2. Yucaipa	112
3. Archbishop Mitty	146
4. Los Gatos	153
5. La Jolla	162
6. Foothill	191
7. South Hills	206

### Division III

1. Bret Harte	54
2. Maranatha	102
3. McFarland	121
4. San Fran. Univ.	145
5. St. Joseph	152
6. San Joaquin Memorial	165
7. Fort Bragg	182

## BOYS INDIVIDUAL RESULTS

### Division I

1. 15:032 - Bryan Dameworth (Agoura)
2. 15:04 - Mike Williamson (Thousand Oaks)
3. 15:05 - Jimmy Rodriguez (Santa Ana Valley)
4. 15:08 - Francis O'Neil (San Pasqual)
5. 15:21 - Mike Tansley (Dana Hills)
6. 15:22 - Todd Lewis (Burbank)
7. 15:25 - Dave Hartman (Canyon)
8. 15:26 - Martin Morales (Wilson)
9. 15:27 - Luis Quintano (Arroyo Grande)
10. 15:28 - Craig Lawson (Granada Hills)

### Division II

1. 15:15 - Scott Hempel (Walnut)
2. 15:20 - Davis Welsh (Jesuit)
3. 15:24 - Ed Lavella (Corona Del Mar)
4. 15:26 - Gary Stolz (Miraleste)
5. 15:323 - Matt Hempel (Walnut)
6. 15:39 - Steve Frisone (Laguna Hills)
7. 15:40 - Eric Christopherson (Walnut)
8. 15:42 - Tony Castelton (La Puente)
9. 15:46 - Eli Ricca (Arcata)
10. 15:46 - Andy Bupp (Woodside)

### Division III

1. 16:00 - Matt Metzger (San Fran. Univ.)
2. 16:07 - Oscar Perez (Pater Noster)
3. 16:15 - Oscar Montes (Maranatha)
4. 16:28 - Melvin Kenton (Sherman Indian)
5. 16:25 - Bob Bush (Inland Christian)
6. 16:28 - Verde Mevayaktewa (Sherman Indian)
7. 16:29 - Ryan Coady (Village Christian)
8. 16:35 - Jim Goode (Francis Parker)
9. 16:39 - Algene Talas (Sherman Indian)
10. 16:39 - Wes Smith (L.A. Baptist)

## GIRLS INDIVIDUAL RESULTS

### Division I

1. 17:42 - Kira Jorgensen (R.B. Vista)
2. 17:50 - Rayna Cervantes (Montebello)
3. 17:55 - Deena Drossin (Agoura)
4. 18:03 - Ashley Black (Palos Verdes)
5. 18:18 - Beth Bartholomew (Fremont)
6. 18:20 - Nicole Robbins (Hesperia)
7. 18:25 - Jamie Park (Santa Barbara)
8. 18:28 - Shelley Taylor (Edison)
9. 18:37 - Chrissy Look (Nova)
10. 18:37 - Tanya Brix (University)

### Division II

1. 18:01 - Karen Hecox (South Hills)
2. 18:17 - Tina Gorbet (Lassen)
3. 18:45 - Sandra Acosta (Walnut)
4. 18:48 - Becky Kopchik (Northgate)
5. 18:54 - Tanya Thayer (Serrano)
6. 18:58 - Barbi Sittman (Placer)
7. 19:00 - Jennie Dempsey (Analay)
8. 19:02 - Zita Hillinger (Serrano)
9. 19:03 - Stacey Pando (Newport Harbor)
10. 19:07 - Eva Belot (El Dorado)

### Division III

1. 18:50 - Rachel Lewis (Santa Catalina)
2. 18:54 - Karen Talamantes (Western Christian)
3. 19:30 - Jean Harvey (Paraclete)
4. 19:34 - Amy McConnell (San Fran. Univ.)
5. 19:47 - Kami Gardner (College Prep)
6. 19:53 - Mary McKiernan (Lutheran Orange)
7. 19:57 - Amy Davidson (Bret Harte)
8. 20:00 - Tanya Dooley (Bret Harte)
9. 20:01 - Jonette Vollmer (Ft. Bragg)
10. 20:04 - Tamara DeGroot (Central Valley Christian)



# 1987 CIF/REEBOK CROSS COUNTRY CHAMPIONSHIP RESULTS

at Woodward Park, Fresno

## BOYS TEAM RESULTS

### Division I

1. Arroyo	41
2. Dana Hills	115
3. Bellarmine	124
4. Camarillo	132
5. Palos Verdes	141
6. Upland	143
7. Poway	172

### Division II

1. Walnut	40
2. Corona del Mar	63
3. Gunn	144
4. El Camino	161
5. Woodbridge	181
6. Newport	188
7. Castro Valley	203

### Division III

1. McFarlan	99
2. Robert Louis Stevenson	145
3. Yreka	153
4. Salesian	163
5. Bear River	166
6. Maranatha	173
7. Village Christian	186

## GIRLS TEAM RESULTS

### Division I

1. Palos Verdes	70
2. Agoura	91
3. Hesperia	112
4. Montebello	139
5. Arroyo Grande	174
6. Poway	192
7. Madera	203

### Division II

1. Newport Harbor	87
2. Woodbridge	106
3. Archbishop Mitty	120
4. South Hills	168
5. Nordhoff	175
6. Miramonte	209
7. Willow Glen	213

### Division III

1. Maranatha	72
2. University	93
3. Coronado	118
4. St. Josephs	128
5. Bret Harte	163
6. Yreka	169
7. Paraclete	178

## BOYS INDIVIDUAL RESULTS

### Division I

1. 15:12 - Bryan Dameworth (Agoura)
2. 15:13 - Goshu Tadese (Crawford)
3. 15:14 - Davis Scudamore (Palos Verdes)
4. 15:23 - Jamie Ortega (Arroyo)
5. 15:29 - Terrence Mahon (La Habra)
6. 15:29 - Jeff Gilkey (Arroyo)
7. 15:30 - Luis Quintana (Arroyo)
8. 15:30 - Francis O'Neill (San Pasqual)
9. 15:31 - Bobby Rodriguez (McLane)
10. 15:31 - Derrick Powers (Arroyo)

### Division II

1. 15:22.1 - Scott Hemple (Walnut)
2. 15:29 - Ben Ayers (Christian Bro.)
3. 15:32 - Mike Glaza (Notre Dame)
4. 15:33 - Jim Geerlings (Newport Harbor)
5. 15:37 - Brett Mack (Carlmont)
6. 15:39 - Eddie Lavelle (Corona del Mar)
7. 15:41 - Richard Duran (Wasco)
8. 15:44 - Coby Polite (Walnut)
9. 15:48 - Gary Stolz (Miraleste)
10. 15:50 - Jim Robins (Corona del Mar)

### Division III

1. 15:29 - Reggie Williams (River City)
2. 15:44 - Scott Cole (Yosemite)
3. 15:57 - Brian Ochs (Million College)
4. 16:00 - Hector Ortiz (Orestimba)
5. 16:06 - Bob Baca (Bear River)
6. 16:07 - Ricky DeLeon (Moorpark)
7. 16:13 - Thomas Yalles (McFarland)
8. 16:26 - Dave Wester (Maranatha)
9. 16:29 - John Heiber (Serrano)
10. 16:30 - Ryan Coady (Village Christian)

## GIRLS INDIVIDUAL RESULTS

### Division I

1. 17:35 - Deena Drossin (Agoura)
2. 17:43 - Reyna Cervantes (Montebello)
3. 17:45 - Jennifer Ashe (Leland)
4. 17:45 - Nicole Robbins (Hesperia)
5. 17:51 - Robbyn Bryant (Hesperia)
6. 17:51 - Ashley Black (Palos Verdes)
7. 18:10 - Becky Spies (Livermore)
8. 18:11 - Jena Haggen Miller (Thousand Oaks)
9. 18:15 - Brigid Greyne (Riverside Poly)
10. 18:20 - Nicole Houle (Hesperia)

### Division II

1. 17:34 - Kira Jorgensen (Rancho Buena Vista)
2. 17:48 - Karen Hecox (South Hills)
3. 18:01 - Tina Gorbet (Lassen)
4. 18:14 - Sandra Acosta (Walnut)
5. 18:44 - Kristi Bache (Univ. San Diego)
6. 18:46 - Cindy Mahaffey (Carlmont)
7. 18:47 - Karen Karcher (Ramona)
8. 19:02 - Suzanne Catruita (West Covina)
9. 19:06 - Stacy Pando (Newport Harbor)
10. 19:08 - Kolleen Kassis (St. Francis)

### Division III

1. 17:51 - Katy McCandless (Castilleja)
2. 18:17 - Tanya Thayer (Serrano)
3. 18:29 - Shamen Dugger (Coronado)
4. 19:03 - Zita Hillinger (Serrano)
5. 19:04 - Evelyn Martino (St. Joseph)
6. 19:18 - Karen Talamantes (W. Christian Univ.)
7. 19:27 - Amy McConnell (University)
8. 19:29 - Rachel Lewis (Santa Catalina)
9. 19:30 - Brandi Waters (Bishop)
10. 19:33 - Nell Smith (University)



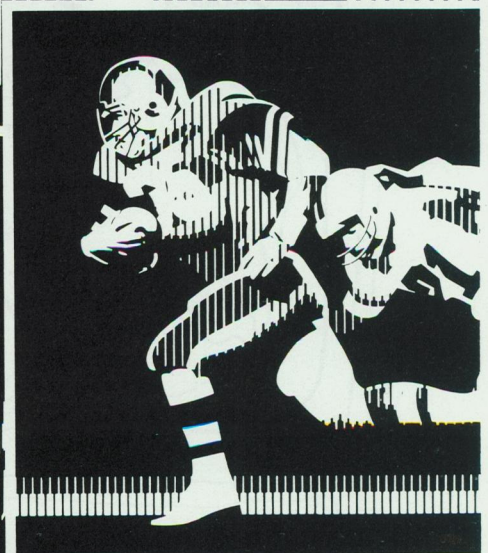
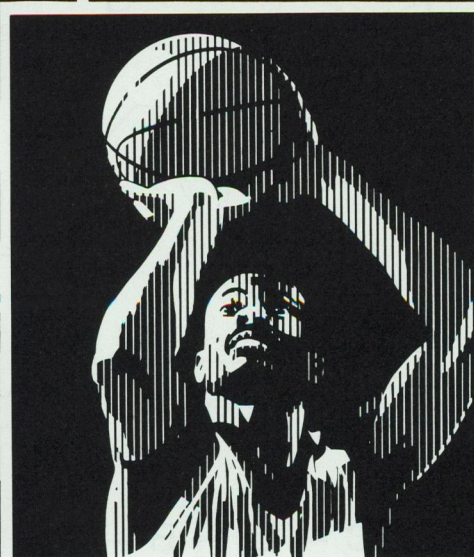
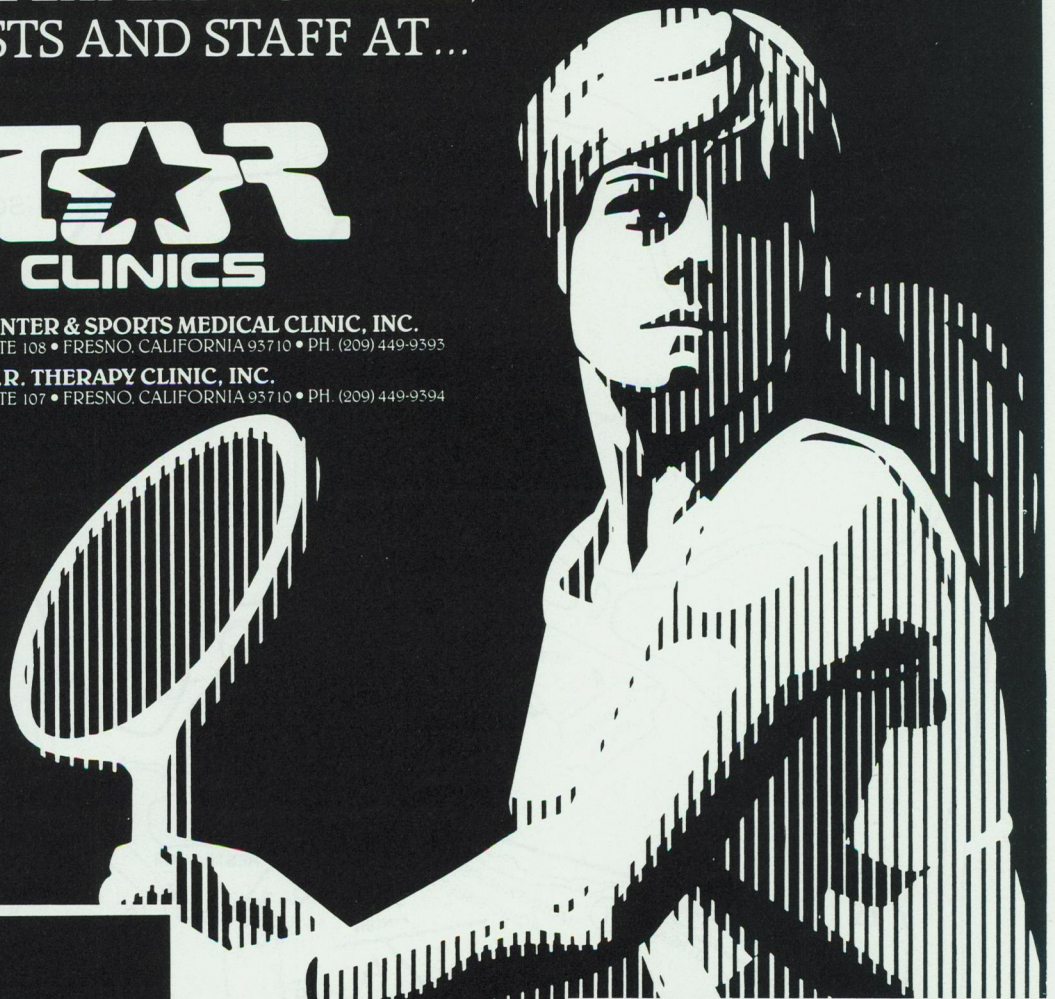
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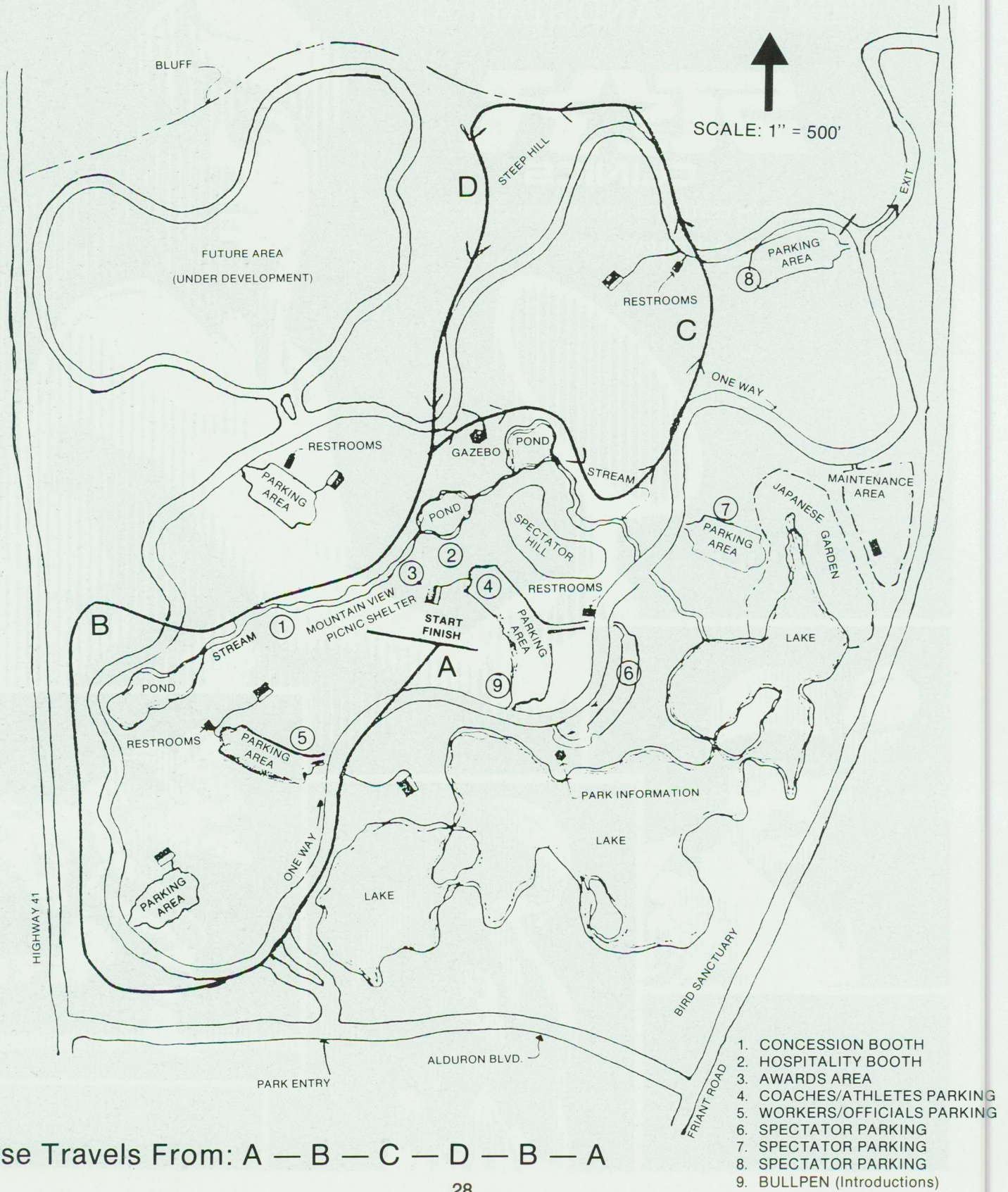
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STATE CROSS COUNTRY CHAMPIONSHIPS  
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