made it a close team race, finishing third with 67 points behind senior Regina Rowon's 5th place finish.

	Results - Men	
1	Danny Valdez (Merced)	15:51
2	Craig Sawyer (Grace Davis)	16:08
3	Eric Crump (Tracy)	16:23
4	Eric Bookin (Lincoln)	16:27
5	Sean Howard (Merced)	16:38
6	Mike Crawford (Merced)	16:39
7	Steve Russo (Franklin)	16:40
8	Allen Brodley (Merced)	16:45
9	David Garcey (Merced)	16:47
10	Craig Sterni (Lincoln)	16:49
	Team Scores	

1. Merced 25 (82:40), 2. Lincoln 53 (84:44), 3. Franklin 74 (87:12), 4. Grace Davis 107 (90:24), 5. Turlock 110 (89:48).



KELLY DONALDSON Merced

	Results - Women	
1	Colleen Donovon (Lodi)	18:35
2	Kelly Donaldson (Merced)	19:05
3	Londa Mobley (Tracy)	19:26
4	Alix Tubman (Grace Davis)	19:50
5	Regina Rowon (Turlock)	20:09
6	Stephanie Simonsen (Tracy)	20:21
7	Alesha Duggins (Merced)	20:37
8	Doris Chin (Turlock)	20:43
9	Tina Beye (Loncoln)	20:53
10	Yvonne Mobley (Tracy)	21:00
	Team Scores	
1.	Merced 48 (103:09), 2. Tracy 49	(103:15)
3.	Turlock 67 (105:50), 4. Lodi 108	(111:40)
5,	Lincoln 119 (112:31).	CENTER STATE

Northern Section

from Chuck Sheley/Jim Echman

Shasta H.S., Redding. November 5. 3 Miles.

Shasta High School, Redding, November 5-Sophomore Mike Wall (Lassen, Susanville) set a new course record of 15:53 over the hilly 3.0 mile course. He defeated Ernie Freer (Hayfork) by 27 seconds. Mike Dean (Lassen) was third in 16:31.

Jim Echman's Yreka team won with 51 points to 55 for Lassen. Yreka was paced by junior Bill Fields who placed fourth in

Donna Martin (Enterprise) defeated Angela Bonomini (Red Bluff) by 7 seconds 19:30 to 19:37. Heather Hollahan (Enterprise) was third in 19:50.

Chuck Sheley's Chico girls' team with 50 points edged Shasta and Enterprise with 52 points

	Resu	ts -	Men
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	Lasnitz - Mall	
1	Mike Wall (Lassen)	15:53
2	Ernie Freer (Haylork)	16:20
3	Mike Dean (Lassen)	16:31
4	Bill Fields (Yreka)	16:39
5	Steve Scott (Shasta)	16:50
6	Sean O'Shea (Paradise)	16:59
7	Mike Weidlien (Anderson)	17:12
8	Randy Penn (Central Valley)	17:17
9	Greg Blevins (Lassen)	17:18
10	Luke Glines (Red Bluff)	17:21
	Team Scores	
THE REAL PROPERTY.		2 22 20 20

Yreka 68, 2. Lassen 81, 3. Red Bluff 144. 4. Enterprise 147, 5. Shasta 160, 6. Plea-

sant Valley 205, 7. Central Valley 220, 8. Chico 223, 9. Anderson 318, 10. Las Plumas 325.

Results - Women	
Donna Martin (Enterprise)	19:30
Angela Bonomini (Red Bluff)	19:37
Heather Hollahan (Enterprise)	19:50
Denae Dunlap (Anderson)	20:12
Renee Rife (Portola)	20:20
Judi Manning (Central Valley)	20:32
Cori Gifford (Shasta)	20:50
Dani Fellner (Chico)	20:55
Sandy Magoon (Chico)	21:00
Mary Drake (Anderson)	21:02
Team Scores	
	Donna Martin (Enterprise) Angela Bonomini (Red Bluff) Heather Hollahan (Enterprise) Denae Dunlap (Anderson) Renee Rife (Portola) Judi Manning (Central Valley) Cori Gifford (Shasta) Dani Fellner (Chico) Sandy Magoon (Chico) Mary Drake (Anderson)

1. Chico 50, 2. Shasta 52, 3. Enterprise 52, 4. Central Valley 100, 5. Pleasant Valley

South Area

Hart Park, Bakersfield, Nov. 10, 3 Mil.

	Results - Men	rett.
1	Serna (McFarland)	15:02.7
2	Watson (North)	15:28
3	Rizo (McFarland)	15:37
4	F. Gonzalez (McFarland)	15:42.8
5	Helton (Porterville)	15:43
6	Riley (Wasco)	15:44
7	Cepeda (McFarland)	15:47.5
8	Ortiz (Wasco)	15:49.1
9	E. Gonzalez (Highland)	15:50.9
10	Pearson (Porterville)	15:52.6
	Team Scores	
1.	McFarland 54, 2. Porterville	77, 3.

Shafter 102, 4. Bakersfield 108, 5. Wasco

12	0.	
	Results - Women (2 MI	le)
1	Twist (North)	11:47.3
2	Chavez (West)	12:00.7
3	Randolph (Bakersfield)	12:08.1
4	Bujanda (McFarland)	12:09.9
5	Meyer (East)	12:17.1
6	Ford (North)	12:19.8
7	Ramirez (Foothill)	12:30.3
8	Perry (Highland)	12:33.8
9	Baker (Monache)	12:34.4
10	TaCarter (McFarland)	12:38.2
	Team Scores	

1. North 61, 2. Bakersfield 82, 3. Porter-ville 100, 4. West 115, 5. East 121.

Central Area

14:46.4

Avocado Lake. Nov. 10. 3 Miles. Results - Men Hurtado (Sanger)

Martin Leal (Sanger)

3	Naranjo (Sanger)	15:12
4	Bahr (Mt.Whitney)	15:18
5	Bernal (Sanger)	15:22
6	Nagel (Mt.Whitney)	15:30
7	Aguilar (Parlier)	15:40
8	Cibrion (GoldenWest)	15:44
9	Fernandez (Reedley)	15:47
10	Breckenridge (Immanuel)	15:48
	Team Scores	
1.	Sanger 23, 2. Mt.Whitney	66. 3. Cor-
	ran 118, 4. Reedley 126, 5. Li	
	Results - Women	
1	Cook (Golden West)	11:52
2	Cruz (Exeter)	12:22
3	Jungwirth (Redwood)	12:27
4	Battles (TulareUnion)	12:30
5	Drew (Lemoore)	12:31
6	Bird (Reedley)	12:31
7	Saenz (Reedley)	12:31.7
B	Tijerina (Sanger)	12:32
9	Lopez (Parlier)	12:34
10		12:35
- 40	Tesm Scores	12.00
	D-4	The second

1. Redwood 62, 2. Lemoore 86, 3. Golden West 88, 4. Sanger 93, 5. Reedley 98.

North Area

Woodward Park, Fresno. Nov. 10. 3 Mile. Results - Men Lienau (Clovis) 15:18 Jaurequi (Clovis) 15:31 Williams (Clovs) 15:35 Bryant (Clovis) 15:40 Porter (Clovis) 15:44 Morgan (Yosemite) 15:48 Bradburn (Madera) 15:52 Besser (ClovisWest) 15:58 9 Trevino (Madera) 10 Cummings (Madera) 15:59 16:00

Team Scores

Clovis 15, 2. Madera 51, 3. Clovis West 94, 4. Hoover 113, 5. McLane 113.

	Hesults · Women	
1	Shaw (Clovis West)	11:48
2 3	Lewis (Clovis)	11:56
3	Wagoner (Clovis West)	12:10
4	Guajardo (Clovis)	12:14
5	Montie (Clovis)	12:15
6	Stebles (Clovis)	12:24
7	Loeb (Clovis West)	12:34
B	Volkerts (Madera)	12:41
9	Prather (Sierra)	12:42
10	Orme (San Joaquin Mem)	12:44
	Team Scores	

1. Clovis 27, 2. Clovis West, 3. Hoover 103. 4. Memorial 110, 5. Sierra 138.

North Coast Section 3A

from Keith Conning

Pt. Pinole Regional Park. Nov. 12. 6 qualify to Meet of Champions.

Pt. Pinole Regional Park, November 12-On a very rainy day, senior Martin Higginbotham (Berkeley), the Richmond-Berkeley Athletic League Champion who placed 6th last year, upset Scott Hill (Mission San Jose, Fremont), the Mission Valley Athletic League champion who was fifth last year, by three seconds-14:54 to 14:57. The runners were covered by mud from head to toe. Senior Jim Howard (Northgate, Walnut Creek), the Diablo Valley Athletic League champion who

was tenth last year, placed third in 15:16. Three boys' teams-Livermore (3rd in 1982), Berkeley (1st in 1982), and San Ramon (4th in 1982)-tied for first with 94 points. The title went to Livermore, whose sixth runner placed 42nd. Berkeley's sixth man was 51st and San Ramon's was 55th.

Junior Tina Goodykoontz (San Ramon), the East Bay Athletic League champion and fifth here last year, defeated junior Julie Rivers (Livermore), third in the EBAL by 15 seconds. Tom Cathcart of Dublin noticed that Rivers had wandered off the course and called her back. Tom's daughter Amy of Amador Valley, the defending champion, placed third in 18:27

San Ramon (Danville), who was second last year, easily won the girls' title with 33 points. They had four finishers in the top six. Amador Valley (Pleasanton), 3rd in 1982, was second with 94 points followed by College Park (Pleasant Hill) with 97.

Results - Men Martin Higginbotham(Berk) Scott Hill(MissionSanJose) 14:54 14:57 Jim Howard (Northgate) Brian Vaughan (Berkeley) 15:26 John Buck (Logan) 15:27 Stuart Wiseman (ElCerrito) Mike Goralka (Livermore) 15:40 Scott Savage (Foothill) 15:46 Bobby Rivera (NewarkMemorial) 15:48 10 Alex Da Silva (ElCerrito) Bart Stephens (San Ramon) 15:50 15:51 Chuck Lewis (San Ramon) 15:53 Team Scores Livermore 94,(6th runner 42nd), 2.

Berkeley 94,(6th runner 51st), 3. San Ramon 94,(6th runner 55th), 4. Clayton Valley 125, 5. Mission San Jose 169, 6. An-tioch 177, 7. Granada 178, 8. College Park 180, 9. Newark Memorial 194(6th runner 58th), 10. North Gate 194(6th runner 74th), 11. Logan 215, 12. El Cerrito 222. Results - Women

	110001100 410111011	
1	Tina Goodykoontz(SanRamon)	18:01
2	Julie Rivers (Livermore)	18:16
3	Amy Cathcart(AmadorValley)	18:27
4	Laura Carter (SanRamon)	18:47
5	Vonda Vandaveer (San Ramon)	18:58
6	Kelly Sobey (San Ramon)	19:01
7	Gina Jauregui(NewarkMemor)	19:03
8	Michelle Barrier(ClaytonVal)	19:04
9	Teresa Poy(ElCerrito)	19:05
10	Tresa Currie(Pittsburg)	19:16
11	Michelle Kelsey(MonteVista)	19:21
12		19:58
	Team Scores	
1	Can Damou 22 2 Amades Valle	Care 12

San Ramon 33, 2, Amador Valloy 94, 3 College Park 97, 4. Livermore 105, 5. Northgate 111, 6. Clayton Valley 136, 7. Borkeley 157, 8. Mission San Juse 200, 9. Nowark Memorial 202

North Coast Section A

from Kelth Conning

Upper Lake. Nov. 12.

Middle Creek, November 12-Shawn Nisson of Lower Lake and Dana Pyorre of Fort Bragg were the top finishers in the boys' and girls' divisions.

Nisson, last year's runner-up to Fort Bragg's Sal D'Acquisto, beat D'Acquisto this year by 20 seconds. Nisson also defeated D'Acquisto in the Coastal Mountain Conference Championships last week. Sophomore Jim McManus (College Prep, Oakland) was third. It was the third-straight Class A win for

Pyorre and the second-consecutive win for the Fort Bragg girls' team. Pyorre, a four-time NCL I champion, edged last year's runner-up, Sally Carlson of Ferndale, by nine seconds.

University High of San Francisco won the boy's division, ending Fort Bragg's

eight-year domination of the Class A title. The three-mile course was changed prior to the race's start because of flooding at two nearby creeks following Friday nights heavy rains.

Results - Men Shawn Nisson (Lower Lake) 20:04 Sal D'Acquisto (Fort Bragg) 20:24 Jim McManus (College Prep) 21:09 Juan Lopez (Upper Lake) Craig Nelson(MarinAcademy) 21:38

Team Scores University High(S.F.) 38, 2, Fort Bragg 40, 3. Clear Lake 72, 4. California School for Deaf 83, 5. Marin Academy 111.
 Results - Women

Dana Pyorre (Fort Bragg) 25:12 Sally Carlson (Ferndale) 25:21 Heather Turney (Kelseyville) 26:18 Milissa Seale (Fort Bragg) Western Bolmine (Willits) 26:28 26:27 Team Scores

1. Fort Bragg 23, 2. University High 39, 3. Clear Lake 73, 4. St. Vincent 113.

North Coast Section 2A South

from Tim Kuta

Hayward H.S., Nov. 12. 4 Teams Quality.

Hayward High School, November 12-Junior Calvin Gaziano (Castro Valley), the Hayward Area Athletic League champion and seventh last year, defeated his teammate junior John Bass, who was second in the league and second last year, by eight seconds-15:12 to 15:20. Senior John Foley (Miramonte, Orinda), the Foothill Athletic League champion, placed third in 15:53.

Miramonte (Orinda), fourth last year, won the boys' title with 55 points. Castro Valley, second last year, was a bridesmaid again with 87 points, but their team time was one second faster than Miramonte's. Encinal (Alameda), third last year, was third again with 94 points.

Senior Noreen de Bettencourt (Carondelet, Concord), the Catholic Athletic Champion and third in 1982, defeated Sally Wood (Piedmont) by 16 seconds-18:24 to 18:40. Senior Nancy Benson (Piedmont) was third in 19:02.

Piedmont, the Alameda County Athletic League champion and 4th in 1982, won the girls' title with 42 points. Acalanes (Lafayette), the Foothill Athletic League champion, placed second with 87 points and Miramonte (Orinda), the detending champion, was third with 99 points

	Results - Men	
1	Calvin Gaziano(CastroVal)	15:12
2	John Bass(CastroValley)	15:20
3	John Foley (Micamonte)	15:53
4	Alex Lopez (Encinal)	15:57
5	Scott Machado (Moreau)	16:04
6	Darrin Banks (Encinal)	16.09
7	Adam McAboy (Miramonte)	16:10
8	Greg Stephens (Acalanes)	16:15

continued on next page.