

Mt. SAC Invitational

From DOUG SPECK

October 30-31. Mt. San Antonio College.

On Friday, October 30th, and Saturday, Halloween, high schools gathered at Mt. SAC for the thirty-third annual top-quality invitational. A change in this year's meet was to go with smaller school boys and girls races on Friday afternoon, and the larger schools running on Saturday. Past years featured girls on Friday and boys on Saturday, which made for some interesting bus rides for outlying schools two straight days. School sizing for races was a bit of a change, with schools able to request competition in Sweepstakes Races with top squads from all sizes. With Southern Section schools broken down into four divisions for their Sectional competition, this was a chance to see some top teams and individuals head to head for the only time. This is the first year at three miles for the ladies, and the Sweepstakes match-up would appear to give us an idea as to what a good girls time over this hilly course would be. The only regret was that in keeping with its last Saturday in October date the meet was held less than a week prior to most League Finals races -- many in a tough League competition were late cancellations or never entered.

Friday's Division I match-ups of smaller schools featured La Canada's boys and Laguna Beach's girls in big Sweepstakes wins. 3A schools for Sectional competition due to the past successes of their League Coach Pat Logan's and Jim Toomey's squads showed their power when against schools of their own size.

On Saturday the large schools came to SAC, with some of Friday's individuals and squads choosing to wait until Saturday to face the Big Boys (and Girls). Saturday got to be pretty hot around noon when the best races came (84 degrees officially), and definitely slowed times a touch when compared to Friday's near-perfect cool conditions.

The coming together of a super crop of girls individuals in the Sweepstakes was Saturday's highlight. Vickie Cook (Alemany), Polly Plumer and Theresa Barrios (University, Irvine), Tanya Fisher (Chaminade, Canoga Park), Denise Ball (Newbury Park), and Lori Lopez (Sacred Heart, LA) had all been winning races in times that looked like typographical errors or else they had super credentials.

Plumer had only started racing in the last week or two after an injury. Cook, Fisher, Ball, and Barrios blasted away from the pack after a quarter mile and each added small bursts to push the pace through two relatively flat horseshoe loops up to the mile. Lopez was fifteen yards back with Plumer appearing content to hold off the rest of the field back in sixth. The fireworks happened during the tough third mile. A tough fifty yard "poop-out" grade precedes the two mile mark and it was there that Ball started to edge away from the group. During the third mile Lopez moved up also, as the Cook-Fisher duo faded a bit. Ball pulled away to win at 17:56, Lopez was second, with Barrios finishing ahead of Cook and Fisher. In Cook's defense, it seems she has been sick lately. University's girls averaged 19:06 to win the Sweepstakes team title easily with 45 points. Is there a team of high-school girls in the United States who could average under 18:00 for three miles on the flat to challenge this team from Irvine?

The Boys' Team Sweepstakes featured a bit of an upset, as a young El Toro (another Sea View League power, Jeez!) team used its depth to upset Mater Dei (Santa Ana) and San Diego power Valhalla (El Cajon). Crescenta Valley's Jeff Holyfield chased Mater Dei's Robert Planta down during the run over the final "Reservoir Hill" to win the individual duel 15:27-15:42.

The day's seeding mistake had the Sacramento area's Harold Kuphaldt (Belle Vista) and his team in the Individual Sweepstakes race. A late entrant, the nation's fastest returning prep two miler ran away and hid after three-quarters of a mile to win in 15:25.

The Southern Section will return to this facility November 14th and 21st for Prelim and Finals affairs.

DIVISION ONE

Boys

SWEEPSTAKES: IND. —1. Marsh (La Jolla Country Day), 15:47; 2. Green (La Jolla), 15:55; 3. Hall (La Salle), 15:59; 4. Currie (Alemany), 16:03; 5. Zanetti (Apple Valley), 16:14; 6. De Anda (Salesian), 16:20; 7. J. Trevithick (La Canada), 16:21; 8. Rosser (Rim of the World), 16:22; 9. Ledgewood (Lompoc), 16:29; 10. Sawyer (La Canada), 16:30. **TEAM**—1. La Canada, 78 (83:18); 2. Alemany, 141 (85:01); 3. Lompoc, 146 (85:26); 4. Fillmore, 150 (85:40); 5. Rim of the World, 163 (85:43); 6. Buena Park, 165 (86:00); 7. Sherman Indjan, 173 (86:18); 8. La Salle, 231 (87:36); 9. LA Baptist, 234 (88:09); 10. Apple Valley, 242 (88:21); 11. La Jolla, 261 (88:33); 12. Bishop, 267 (89:06); 13. Salesian, 285 (90:10); 14. Morro Bay, 294 (90:09).

RACE 14: IND.—1. Swangler (Nordhoff), 15:56; 2. Spence (Ontario), 16:26; 3. Arce (Nordhoff), 16:34. **TEAM**—1. Nordhoff, 38 (84:22); 2. Ontario, 90 (88:10); 3. Calexico, 114 (89:58).

RACE 15: IND.—1. Smith (Perris), 15:40; 2. Clayton (Mar Vista), 15:52; 3. Guarino (Mar Vista), 15:53; 4. Silva (Coachella valley), 16:25. **TEAM**—1. Mar Vista, 50 (83:55); 2. Coachella Valley, 56 (85:20); 3. Ramona (SD), 94 (87:15); 4. Perris, 129 (87:41); 5. San Marino, 135 (89:01).

RACE 16: IND.—1. Mawhorter (LV Lutheran), 16:42; 2. Melendez (Coronado), 17:14; 3. MacFarland (Orange Lutheran), 17:22. **TEAM**—1. Twentynine Palms, 108 (91:48); 2. Serrano, 123 (92:12); 3. Coronado, 132 (92:15).

RACE 17: IND.—1. Grewe (Carpinteria), 15:34; 2. Loud (Charter Oak), 15:46; 3. Yuster (Brentwood), 15:52; 4. Brown (San Luis Obispo), 15:47; 5. Bishop (SLO), 16:16. **TEAM**—1. San Luis Obispo, 57 (85:13); 2. Carpinteria, 85 (87:38); 3. St. Augustine, 105 (89:52); 4. Escondido, 115 (90:23); 5. Brentwood, 127 (90:56).

Girls

SWEEPSTAKES: IND.—1. Sterton (Coronado), 18:45; 2. McMillion (LA Baptist), 19:02; 3. Booth (Laguna Beach), 19:15; 4. Anaya (Coachella Valley), 19:30; 5. Snyder (LB), 19:42; 6. Corrigan (La Canada), 19:49; 7. Levy (Coronado), 20:15. **TEAM**—1. Laguna Beach, 59 (100:48); 2. Coronado, 84 (102:53); 3. La Canada, 144 (105:53); 5. Paso Robles, 172 (107:37); 6. Sherman Indjan, 194 (109:11); 8. Lompoc, 195 (108:04); 7. Apple Valley, 205 (108:56); 8. Bishop, 269 (111:56); 9. Louisville, 269 (112:48); 10. Escondido, 277 (110:44).

RACE 20: IND.—1. Kutner (Pasadena Poly), 19:05; 2. Torrez (Bassett), 19:27; 3. Garcia (Brawley), 19:44; 4. Rohman (Valencia), 19:51; 5. Desantazgo (Ontario), 19:57; 6. Calderon (Calexico), 20:06; 7. Cort (Rio Mesa), 20:10; 8. Chiholm (Miraleste), 20:15. **TEAM**—1. Ontario, 127 (106:10); 2. Brea, 130 (106:41); 3. La Jolla, 148 (107:44); 4. Rio Mesa, 151 (108:05); 5. Mar Vista, 161 (108:56); 6. Valencia, 166 (107:12).

RACE 21: IND.—1. Howard (Notre Dame, Riv.), 19:41; 2. Meyers (Royal Oak), 19:50; 3. Costa (Northview), 19:52. **TEAM**—1. Nordhoff, 57 (105:26); 2. Southwest (SD), 63 (105:43); 3. Covina, 113 (108:48); 4. Bell-Jeff, 156 (112:46).

SOPH: IND.—Irving (San Marino), 19:37. **FROSH:** IND.—Flannigan (Memorial), 19:19.

TEAM SWEEPSTAKES

Boys

RACE 43: IND.—1. Holyfield (Crescenta Valley), 15:27; 2. Planta (Mater Dei), 15:42; 3. Erickson (Fountain Valley), 15:46; 4. Roud (Valhalla, El Cajon), 15:51;

5. Ortiz (Barstow soph), 15:57; 6. Logan (El Toro), 16:00; 7. Rice (Newbury Park soph), 16:05; 8. Gelvan (Valhalla), 16:05; 9. Floyd (Crescenta Valley), 16:06; 10. Mosher (Fountain Valley), 16:10. **TEAM**—1. El Toro, 80 (82:15); 2. Valhalla (El Cajon), 105 (82:34); 3. Mater Dei, 105 (82:36); 4. Newbury Park, 116 (83:04); 5. Crescenta Valley, 117 (82:37); 6. Barstow, 122 (83:17); 7. Fountain Valley, 127 (83:09); 8. Arroyo, 168 (84:33); 9. Monte Vista (SD), 210 (86:05); 10. Victor Valley, 236 (87:21).

RACE 44: IND.—1. Kuphaldt (Bella Vista, Fair Oaks), 15:25; 2. Nugent (Culver City), 15:40; 3. Cammack (South Hills), 15:46; 4. Clary (Katella), 15:47; 5. Vega (Chula Vista), 15:50; 6. Arriola (Gahr), 16:01; 7. Dietch (El Camino Real), 16:03; 8. Hemingway (Santana), 16:11; 9. Harris (Eisenhower), 16:15. **TEAM**—1. Bella Vista (Fair Oaks), 95 (83:47); 2. Santana (Santee), 99 (84:27); 3. Simi Valley, 143 (86:36); 4. Katella, 145 (86:15); 5. South Hills, 145 (86:21).

Girls

RACE 45: IND.—1. Ball (Newbury Park), 17:56; 2. Lopez (Sacred Heart), 18:16; 3. Barrios (Univeristy soph), 18:18; 4. Cook (Alemany), 18:22; 5. Fischer (Chaminade), 18:29; 6. Plumer (University), 18:55; 7. Cattivera (Mira Costa freshman), 19:06; 8. Nourse (University), 19:08; 9. Buzza (Arroyo Grande), 19:14; 10. R. Acosta (Walnut freshman), 19:24; 11. Armentrout (University), 19:26. **TEAM**—1. University (Irvine), 45 (95:32); 2. Costa Mesa, 110 (100:32); 3. San Marino, 115 (101:13); 4. Newbury Park, 116 (100:32); 5. Walnut, 145 (103:18); 6. Saugus, 160 (105:01); 7. Mira Costa, 207 (110:13); 8. Valhalla (El Cajon), 216 (109:50); 9. Arroyo Grande, 224 (111:20); 10. Alemany, 237 (114:23).

DIVISION II

Boys

RACE 32: IND.—1. McCormack (Norco), 15:39; 2. Reed (Mission Bay), 16:05; 3. Emmons (Righetti), 16:10. **TEAM**—1. Norco, 64 (83:55); 2. Righetti, 67 (84:10); 3. Quartz Hill, 106 (86:42).

RACE 33: IND.—Hebert (Redondo), 16:21. **TEAM**—San Dieguito, 45 (86:06).

RACE 34: IND.—Dorado (Rancho Alamitos), 16:24. **TEAM**—Fallbrook, 82 (89:53).

RACE 35: IND.—1. Dodson (Aviation), 15:52. **TEAM**—1. Sunny Hills, 75 (87:00); 2. Crospi, 81 (87:11); 3. Orange Glen, 84 (87:13); 4. Torrey Pines, 85 (87:15).

RACE 36: IND.—1. Hisslevik (University), 15:47; 2. Howard (Costa Mesa), 15:59; 3. Watson (Canyon Sau.), 16:06; 4. Haheman (El Dorado), 16:11; 5. DeSoto (Canyon, Sau.), 16:15. **TEAM**—1. Canyon (Sau.), 90 (83:16); 2. Mira Costa, 111 (84:22); 3. University (Irvine), 123 (84:09); 4. El Dorado, 137 (84:54); 5. De la Salle (Concord), 139 (85:01); 6. Costa Mesa, 159 (85:40); 7. Hilltop (Chula Vista), 86:04; 8. Amador Valley (Pleasanton), 86:24; 9. Montclair, 191 (86:31); 10. Esperanza, 203 (87:17); 11. El Capitan (SD), 215 (87:14); 12. St. John Bosco, 238 (87:52).

Girls

RACE 37: IND.—1. Laddans (Fallbrook), 18:37; 2. White (Sonora), 19:03; 3. Marino (Montclair), 19:24. **TEAM**—1. Orange Glen, 52 (106:32); 2. Newport Harbor, 82 (110:47); 3. Fallbrook, 121 (112:40); 4. Sonora, 132 (113:55).

RACE 38: IND.—Parkhurst (Bishop Montgomery), 18:50. **TEAM**—1. Amador Valley (Pleasanton), 98 (106:59); 2. Bishop Montgomery, 110 (106:59); 3. Righetti, 148 (110:37); 4. Norco, 159 (110:55); 5. Torrey Pines, 160 (110:40); 6. Los Altos, 187 (112:26).

RACE 39: IND.—Ebner (Bishop Amat), 18:58. **TEAM**—1. Esperanza, 46 (106:16); 2. Aviation, 113 (111:33); 3. San Dieguito, 128 (113:10).

DIVISION III

Boys

RACE 46: IND.—1. Qulletta (Mira Mesa), 16:09; 2. Gutierrez (Pasadena soph), 16:10. **TEAM**—1. Dos Pueblos, 49 (85:24); 2. Mira Mesa (SD), 107 (87:27).

RACE 47: IND.—Quinonez (Huntington Beach), 16:07. **TEAM**—1. Santa Barbara, 85:06; 2. Huntington Beach, 86:39.

RACE 48: IND.—1. Parker (Tustin), 16:06; 2. Aldama (Centra, El Centro), 16:15. **TEAM**—Tustin, 87:09.

RACE 49: IND.—Hatch (Thousand Oaks), 16:09. **TEAM**—1. Thousand Oaks, 59 (84:13); 2. Walnut, 87 (85:47); 3. Westlake, 94 (85:57); 4. Hawthorne, 123 (87:20); 5. Royal, 141 (87:43).

Girls

RACE 50: IND.—Gonzales (Buena), 19:38. **TEAM**—1. Victor Valley, 67 (108:30); 2. Vista, 76 (109:14); 3. Rowland, 80 (110:28); 4. Sweetwater, 101 (111:53).

RACE 51: IND.—Biggers (El Toro freshman), 19:43. **TEAM**—1. Alta Loma, 70 (106:06); 2. Dos Pueblos, 75 (106:28); 3. El Toro, 87 (106:29); 4. Eisenhower, 109 (108:48); 5. Central (El Centro), 140 (111:13).

RACE 52: IND.—Stryker (Tustin), 19:02. **TEAM**—1. Tustin, 54 (101:44); 2. Thousand Oaks, 73 (104:07); 3. Millikan, 88 (106:19); 4. Nogales, 137 (111:30); 5. Rubidoux, 139 (110:41); 6. Santa Barbara, 146 (110:58).

RACE 53: IND.—Elliott (Alhambra), 19:33. **TEAM**—1. Monte Vista (SD), 47 (106:48); 2. Mt. Carmel (SD), 63 (107:49); 3. Westlake, 74 (108:48); 4. Westminster, 141 (113:45).