

WORLDWIDE CROSS-COUNTRY UP-DATE

NOV. 12, 1979

CAL. ST. HAYWARD

Well this is it!!!! Thursday morning...it's off to Florida and the NATIONALS...our goal since the very beginning.

There will be 18 teams in quest of the Division III AIAW title. From the "grapevine" we have extracted the listing as being:

- Slippery Rock(Pa.)
- Army(West Point)
- Navy(Annapolis)
- Radford
- Univ. of the South
- Vanderbilt
- U. Wisconsin(LaCrosse)
- U. Wisconsin(Stevens Pt.)
- Hillsdale
- Central Iowa
- St. Olaf's
- St. Thomas
- Western Washington
- Whitworth
- Linfield
- Sacramento State
- Cal Lutheran
- HAYWARD STATE

The Pioneer Squad

Michele AUBUCHON.....jr.
 Connie REOTER.....jr.
 Stefani STOUT.....soph
 Franic CASTRO.....jr.
 Karey ROBINSON.....soph
 Denise BIGELOW.....fresh
 Shane FELIX.....fresh

Word has it that St. Olaf's, Central, and Wisconsin -Lac. along with Sacramento, are the better teams.

We run at 12 noon on Saturday, Nov. 17, on the Seminole Golf Course in Tallahassee.

AND ADDITIONALLY.....

During the course of the season, we have had some of our members getting into road runs in the area. Sometimes, these have been mentioned...sometimes not...so here goes with a quick run-down.

- Oct. 7...Concord Classis (10 Kilo)..Denise BIGELOW ..1st in 14-18 bracket
- Oct. 14...Lafayette 10 Kilo.....Mary RIEBOLDT....1st Woman..38:23
- Oct. 28...Hayward Half Marathon.....Denise BIGELOW... 3rd Woman in 1:25:30
- Nov. 4...Black Bart 5.6 miles.....Mary RIEBOLDT....1st in 33:34
- Nov. 4...Apple Hill 3 mile run.....Karey ROBINSON...1st in 18:32 (new record) (hilly)
- Apple Hill 6 mile run.....Denise BIGELOW...2nd in 41:33 (hilly)
- Nov. 11...Orinda Fest Fete (5K) ...Mary RIEBOLDT....1st in 18:46
- Nov. 12....F. Hill Jr. Olympic 5K/
 qualifier..... Denis BIGELOW..1st in 17:15 (3 miles)
 Londa LARSON...2nd in 17:19
 Shane FELIX....3rd in 18:23
- also...Denise BIGELOW...won a special 2 miler at Sunnyvale on Sun. 11/11