

**1978**

**COLLEGE of SAN MATEO**

# **CROSS COUNTRY**



# COLLEGE OF SAN MATEO

## CROSS COUNTRY ROSTER

1978

### MEN

| <u>NAME</u>      | <u>PHONE</u> | <u>ADDRESS</u>        | <u>CITY</u>       | <u>HIGH SCHOOL</u> | <u>YEAR</u> |
|------------------|--------------|-----------------------|-------------------|--------------------|-------------|
| Abeyta Joe       | 344-4670     | 1301 Skyview          | Burlingame 94010  | Mills              | Frosh       |
| Bradley Mike     | 347 3244     | 821 El Camino         | Burlingame 94010  | Birmingham         | Frosh       |
| De Aragon, Randy | 344 5086     | 112 Newton Drive      | Burlingame 94010  | Burlingame         | Soph        |
| Green Joe        | 344-0344     | 401 Aragon Blvd.      | San Mateo 94402   | Aragon             | Soph        |
| Haight Walter    | 344 0297     | 315 Castillian Way    | San Mateo 94402   | Aragon             | Soph        |
| Ild Peter        | 345-7627     | 15 White Plains       | San Mateo 94402   | Aragon             | Soph        |
| Luttrell Rick    | 364-6058     | 902 Pleasant Hill Rd. | RedwoodCity 94061 | San Carlos         | Frosh       |
| McBride, Ken     | 728-3723     | 110 Derecho           | Moss Beach 94038  | Half Moon Bay      | Soph        |
| Jim Rochford     | 589-4576     | 209 Santa Lucia       | San Bruno 94066   | Serra              | Frosh       |
| Sanchez Dan      | 756-4947     | 320 Palomar Drive     | Daly City 94015   | Westmoor           | Frosh       |
| Tscharner Jon    | 574-1965     | 1111 Shoal Drive      | San Mateo 94404   | Serra              | Soph        |

### Administrator Assistants

|               |          |                |                   |                |
|---------------|----------|----------------|-------------------|----------------|
| Weston, Kelly | 366-5195 | 855 Barron Ave | RedwoodCity 94063 | Hillsborough   |
| Farey, Kevin  | 854-1733 | 2060 Monterey  | Menlo Park 94025  | Menlo-Atherton |

### Coach

|           |          |                 |                  |
|-----------|----------|-----------------|------------------|
| Rush, Bob | 591-5226 | 116 Wycombe Ave | San Carlos 94070 |
| Office    | 574-6257 |                 |                  |

COLLEGE OF SAN MATEO  
CROSS COUNTRY  
1978

MEN'S TEAM



Back Row L-R

Ross Walding, Rick Luttrell, Jim Rochford, Joe Green, Joe Abeyta,  
Gary Thurston, and Coach Bob Rush

Front Row L-R

Jon Tschannen, Pete Ild, Ken McBride, Dan Sanchez, Randy DeAragon,  
Walt Haight

WOMEN'S TEAM



Back Row L-R

Connie Gunneen, Beth Carlton, Karin Nelson, Judy Bekeart,  
and Coach Rich Harris

Front Row L-R

Joye Scott, Patty Martin, Susan Pavy

COLLEGE OF SAN MATEO

CROSS COUNTRY

SPECIAL AWARDS

MOST VALUABLE RUNNER AWARD

|      |                 |
|------|-----------------|
| 1962 | Jim Huff        |
| 1963 | Jim Huff        |
|      | Larry Peterson  |
| 1964 | Ralph Likens    |
| 1965 | Jeff Mountain   |
| 1966 | Ted Lydon       |
| 1967 | Mike Dailey     |
| 1968 | Mike Dailey     |
| 1969 | Dave Robertson  |
| 1970 | Dave Robertson  |
| 1971 | Jose Cortez     |
| 1972 | Jim VanDine     |
| 1973 | Ed Barney       |
| 1974 | Damon Wood      |
| 1975 | Mitch Kingery   |
|      | Steve Palladino |
| 1976 | Mitch Kingery   |
| 1977 | Paul Mello      |
| 1978 | Ken McBride     |
|      | Gary Thurston   |

MOST IMPROVED RUNNER AWARD

|      |               |
|------|---------------|
| 1972 | Ed Barney     |
| 1973 | Ed Rios       |
| 1974 | Bruce Sayre   |
| 1975 | Bob Barnett   |
| 1976 | Rick Pincombe |
| 1977 | Rick Pincombe |
| 1978 | Walter Haight |

MOST INSPIRATIONAL RUNNER AWARD

|      |             |
|------|-------------|
| 1975 | Dave Shrock |
| 1976 | Dave Shrock |
| 1977 | Joe Green   |
| 1978 | Joe Green   |

COLLEGE OF SAN MATEO CROSS COUNTRY RECORD

- 1961---CSM forth in Big Eight Meet (Ralph Lee individual winner for CSM)
- 1962---CSM second in dual meets;third in GGC Meet (Jim Huff individual winner); fourth in Northern California.
- 1963---CSM won GGC dual meet crown(Unbeaten) and GGC Finals: second in Northern California.
- 1964---CSM won GGC dual meet crown(unbeaten) and GGC Finals: second in Northern California: fourth in(first annual) State Meet.
- 1965---CSM sixth in GGC duals; fourth in GGC Finals.
- 1966---CSM second in GGC duals; fifth in GGC Finals(Ted Lydon individual winner)
- 1967---CSM won GGC dual meet crown(unbeaten) and Finals crown(Mike Dailey individual winner) eight in Northern California.
- 1968---CSM won the GGC dual meet crown(unbeaten) and final crown(Mike Dailey individual winner; first in Northern California(Mike Dailey individual winner); ninth in the State Meet.
- 1969---CSM sixth in GGC dual meets. Sixth in the GGC Finals. CSM 23rd in Northern California Finals.
- 1970---CSM won GGC dual meet Crown(unbeaten) and finals crown; fifth in Northern California and eighth in the California State Meet.
- 1971---CSM won the GGC dual meet crown(unbeaten) and Finals crown(Jose Cortez individual winner); fourth in Northern California and eighth in the California State Meet.
- 1972---CSM won GGC dual meet crown(unbeaten) (Jim VanDine individual winner) and second in Northern California(Jim VanDine individual winner) and fourth in the California State Meet(Jim VanDine fifth place).
- 1973---CSM third in GGC losing its first GGC dual meet in four years. CSM lost to both DVC and San Jose. They were still rated one of the top teams in the state.
- 1974---CSM fifth in GGC; sixth in the GGC Invitational and seventh in the Northern California Finals(Damon Wood 22nd)
- 1975---CSM second in GGC dual meet Championship; CSM second in GGC Finals. All Conference--Bob Barnett(2nd) Mitch Kingery(8th); CSM fourth in CSM Invitational: CSM fourth in Northern California Championships. All NorCal- Mitch Kingery(6th) Bob Barnett(13th) Dave Hull(20th); CSM ninth in State Championships.
- 1976---CSM tied for first in dual meet Championships: second in GGC Finals AllGGC-Mitch Kingery(1st) Dave Hull(9th) Bob Barnett(12th) Paul Mello(15th) CSM third in Crystal Springs Invitational: CSM second in Northern California Championships: All NorCal-Mitch Kingery

## Cross Country Record Cont.

1976---Continued -- (9th) Rick Pincombe(16th); CSM fourth in California State Championships. All State- Mitch Kingery(7th) Bob Barnett 3rd runner from Northern California at 16th place.

### 1977--Men

CSM was second in the GGC losing to West Valley by one point. Paul Mello was GGC champion followed by Rick Pincombe in second. All GGC honors also went to Joe Green who placed 6th. CSM came back to capture 2nd place in the Northern California Championships with All NorCal honors going to: Paul Mello 3rd, Rick Pincombe 6th, Joe Green 11th. The Bulldogs placed 6th in the California State Championships with All State honors going to Rick Pincombe 12th and Paul Mello 23rd.

### Women

CSM'S first women's team placed 3rd in the GGC Finals with All GGC honors going to: Mercedes Brucker 6th and Molly Newlon 8th. CSM had two individual entries in the NorCal championships, both taking All NorCal honors: Mercedes Brucker 12th and Molly Newlon 14th. In the State Championships, Mercedes Brucker was 23rd and Molly Newlon was 40th.

### 1978---Men

CSM had a 7-1 record in the GGC placing second in the conference. CSM placed 2nd in the GGC Finals with All GGC honors going to: Gary Thurston 5th and Pete Ild 10th. CSM was 5th in the Northern California Finals qualifying to the State Championship for seven out of ten years. All NorCal honors went to Ken McBride 13th. The Bulldogs were 10th in the Div. I State Championships. Gary Thurston was the top placer at 27th.

### Women

The womens team placed 8th in the GGC and 8th in the Finals. Top placers were: Patty Martin 42th and Judy Bekeart was 45th.

## CSM CROSS COUNTRY RECORD Since 1969

| <u>Year</u> | <u>GGC</u> | <u>NORCAL</u> | <u>STATE</u> |
|-------------|------------|---------------|--------------|
| 1969        | 6th        | 23rd          |              |
| 1970        | 1st        | 5th           | 8th          |
| 1971        | 1st        | 4th           | 8th          |
| 1972        | 1st        | 2nd           | 4th          |
| 1973        | 3rd        |               |              |
| 1974        | 5th        | 7th           |              |
| 1975        | 2nd        | 4th           | 9th          |
| 1976        | 1st        | 2nd           | 4th          |
| 1977        | 2nd        | 2nd           | 6th          |
| 1978        | 2nd        | 5th           | 10th         |

## GOLDEN GATE CONFERENCE

## FINAL SCORES

1978

## MEN'S DIVISION

1. West Valley 8-0

|    |               |    |
|----|---------------|----|
| 20 | Diablo Valley | 41 |
| 15 | Foothill      | 50 |
| 19 | Chabot        | 42 |
| 15 | Canada        | 50 |
| 18 | DeAnza        | 43 |
| 15 | CCSF          | 49 |
| 21 | San Mateo     | 38 |
| 19 | San Jose      | 42 |

2. San Mateo 7-1

|    |               |      |
|----|---------------|------|
| 15 | Canada        | Inc. |
| 19 | DeAnza        | 40   |
| 16 | Foothill      | 43   |
| 17 | Chabot        | 40   |
| 15 | CCSF          | Inc. |
| 15 | Diablo Valley | 42   |
| 38 | West Valley   | 21   |
| 23 | San Jose      | 33   |

3. DeAnza 5-3

|    |               |     |
|----|---------------|-----|
| 15 | Canada        | Inc |
| 40 | San Mateo     | 19  |
| 26 | San Jose      | 29  |
| 21 | Foothill      | 38  |
| 43 | West Valley   | 18  |
| 29 | CCSF          | 28  |
| 23 | Chabot        | 32  |
| 23 | Diablo Valley | 32  |

4. San Jose 5-3

|    |               |      |
|----|---------------|------|
| 24 | CCSF          | 33   |
| 24 | Chabot        | 33   |
| 29 | DeAnza        | 26   |
| 22 | Foothill      | 35   |
| 26 | Diablo Valley | 29   |
| 15 | Canada        | Inc. |
| 42 | West Valley   | 19   |
| 33 | San Mateo     | 23   |

5. Diablo Valley 4-4

|    |             |      |
|----|-------------|------|
| 41 | West Valley | 20   |
| 24 | Foothill    | 32   |
| 15 | CCSF        | Inc. |
| 42 | San Mateo   | 15   |
| 29 | San Jose    | 26   |
| 15 | Canada      | Inc. |
| 32 | DeAnza      | 23   |
| 27 | Chabot      | 28   |

6. Chabot 3-5

|    |               |    |
|----|---------------|----|
| 27 | CCSF          | 28 |
| 33 | San Jose      | 24 |
| 42 | West Valley   | 19 |
| 17 | Canada        | 46 |
| 26 | Foothill      | 29 |
| 40 | San Mateo     | 17 |
| 28 | Diablo Valley | 27 |
| 32 | DeAnza        | 23 |

7. San Francisco 3-5

|     |               |      |
|-----|---------------|------|
| 28  | Chabot        | 27   |
| 33  | San Jose      | 24   |
| Inc | Diablo Valley | 15   |
| Inc | San Mateo     | 15   |
| 49  | West Valley   | 15   |
| 28  | DeAnza        | 29   |
| 24  | Foothill      | 32   |
| 15  | Canada        | Inc. |

8. Foothill 1-7

|    |               |      |
|----|---------------|------|
| 50 | West Valley   | 15   |
| 32 | Diablo Valley | 24   |
| 29 | Chabot        | 26   |
| 43 | San Mateo     | 16   |
| 32 | San Francisco | 24   |
| 15 | Canada        | Inc. |
| 35 | San Jose      | 22   |
| 38 | DeAnza        | 21   |

9. Canada 0-8

Incomplete team in all but 2 meets

GOLDEN GATE CONFERENCE  
FINAL SCORES  
1978

WOMEN'S DIVISION

1. West Valley 8-0

|    |               |     |
|----|---------------|-----|
| 26 | Diablo Valley | 30  |
| 19 | Foothill      | 38  |
| 16 | Chabot        | 38  |
| 21 | Canada        | 39  |
| 15 | San Francisco | Inc |
| 19 | San Jose      | 41  |
| 15 | San Mateo     | 49  |

2. Canada 6-2

|    |               |      |
|----|---------------|------|
| 23 | DeAnza        | 32   |
| 15 | San Mateo     | 41   |
| 39 | West Valley   | 21   |
| 31 | Chabot        | 27   |
| 27 | Diablo Valley | 28   |
| 15 | San Jose      | Inc. |
| 21 | Foothill      | 34   |
| 15 | San Francisco | Inc. |

3. Diablo Valley 6-2

|    |               |      |
|----|---------------|------|
| 30 | West Valley   | 26   |
| 21 | Foothill      | 35   |
| 15 | San Francisco | Inc  |
| 17 | San Mateo     | 40   |
| 28 | Canada        | 27   |
| 15 | San Jose      | Inc. |
| 22 | Chabot        | 33   |
| 23 | DeAnza        | 34   |

4. San Jose 5-3

|     |               |     |
|-----|---------------|-----|
| 23  | Chabot        | 32  |
| 15  | San Francisoc | Inc |
| 22  | Foothill      | 33  |
| 15  | DeAnza        | Inc |
| Inc | Canada        | 15  |
| Inc | Diablo Valley | 15  |
| 41  | West Valley   | 19  |
| 17  | San Mateo     | 38  |

5. Chabot 5-3

|    |                   |    |
|----|-------------------|----|
| 32 | San Jose          | 23 |
| 15 | San Francisco Inc |    |
| 38 | West Valley       | 16 |
| 27 | Canada            | 31 |
| 23 | San Mateo         | 32 |
| 27 | Foothill          | 28 |
| 33 | Diablo Valley     | 22 |
| 26 | DeAnza            | 30 |

6. Foothill 3-5

|    |               |     |
|----|---------------|-----|
| 35 | Diablo Valley | 21  |
| 38 | West Valley   | 19  |
| 33 | San Jose      | 22  |
| 15 | DeAnza        | Inc |
| 21 | San Mateo     | 34  |
| 28 | Chabot        | 27  |
| 34 | Canada        | 21  |
| 15 | San Francisco | Inc |

7. DeAnza 2-6

|     |                   |    |
|-----|-------------------|----|
| 32  | Canada            | 23 |
| 19  | San Mateo         | 39 |
| Inc | San Jose          | 15 |
| Inc | Foothill          | 15 |
| 39  | West Valley       | 23 |
| 15  | San Francisco Inc |    |
| 34  | Diablo Valley     | 23 |
| 30  | Chabot            | 26 |

8. San Mateo 1-7

|    |                   |    |
|----|-------------------|----|
| 41 | Canada            | 15 |
| 39 | DeAnza            | 19 |
| 40 | Diablo Valley     | 17 |
| 15 | San Francisco Inc |    |
| 34 | Foothill          | 21 |
| 32 | Chabot            | 23 |
| 38 | San Jose          | 17 |
| 49 | West Valley       | 15 |

CCSF did not field a complete team



GOLDEN GATE CONFERENCE  
PAST CHAMPIONS

|      |  |
|------|--|
| 1962 | San Jose City College                    |
| 1963 | College of San Mateo                     |
| 1964 | College of San Mateo                     |
| 1965 | Foothill College                         |
| 1966 | Merritt College                          |
| 1967 | College of San Mateo                     |
| 1968 | College of San Mateo                     |
| 1969 | San Jose City College                    |
| 1970 | College of San Mateo                     |
| 1971 | College of San Mateo                     |
| 1972 | College of San Mateo                     |
| 1973 | San Jose City College                    |
| 1974 | West Valley College                      |
| 1975 | San Jose City College                    |
| 1976 | College of San Mateo-West Valley College |
| 1977 | West Valley College                      |
| 1978 | WEST VALLEY COLLEGE                      |

# NORTHERN CALIFORNIA CHAMPIONSHIP WINNERS

[Since 1965]

|                               |      |                          |
|-------------------------------|------|--------------------------|
| Fresno City College           | 1965 | 36 points(all time low)  |
| Sacramento City College       | 1966 | 75 points                |
| American River College        | 1967 | 46 points                |
| COLLEGE OF SAN MATEO          | 1968 | 82 points                |
| City College of San Francisco | 1969 | 81 points                |
| Fresno City College           | 1970 | 96 points(all time high) |
| Fresno City College           | 1971 | 55 points                |
| American River College        | 1972 | 64 points                |
| San Joaquin Delta College     | 1973 | 84 points                |
| San Joaquin Delta College     | 1974 | 53 points                |
| San Joaquin Delta College     | 1975 | 38 points                |
| American River College        | 1976 | 39 points                |
| American River College        | 1977 | 37 points                |
| West Valley College           | 1978 | 84 points                |

## CALIFORNIA STATE MEET CHAMPIONS

[Since 1964]

|                            |      |                          |
|----------------------------|------|--------------------------|
| San Diego Mesa College     | 1964 | 57 points                |
| Grossmont College          | 1965 | 63 points                |
| Pierce College             | 1966 | 76 points                |
| Pasadena College           | 1967 | 47 points                |
| Los Angeles Valley College | 1968 | 50 points                |
| Los Angeles Valley College | 1969 | 39 points                |
| Los Angeles Valley College | 1970 | 39 points                |
| El Camino College          | 1971 | 54 points                |
| Grossmont College          | 1972 | 46 points                |
| Grossmont College          | 1973 | 89 points(all time high) |
| Grossmont College          | 1974 | 54 points                |
| Grossmont College          | 1975 | 43 points                |
| Grossmont College          | 1976 | 44 points                |
| Grossmont College          | 1977 | 68 points                |
| Grossmont College          | 1978 | 29 points(all time low)  |

## COLLEGE OF SAN MATEO

## 1978 CROSS COUNTRY TEAM RANKINGS

|                | CSM Annual Beach Run | Yosemite Seminar | GGC Invitational | CSM-DeAnza-Canada | CSM Invitational | CSM-Diablo Valley | CSM-Chabot-Foothill | Mt.SAC Invitational | CSM-WValley-SanJose | GGC Championships | NorCal Championships | State Championships | Average |
|----------------|----------------------|------------------|------------------|-------------------|------------------|-------------------|---------------------|---------------------|---------------------|-------------------|----------------------|---------------------|---------|
| Ken McBride    | 1                    | 1                | 1                | 1                 | 1                | 4                 | 3                   | 1                   | 3                   | 4                 | 1                    | 3                   | 2.00    |
| Gary Thurston  | 4                    | 2                | 2                | 2                 | 2                | 3                 | 2                   | 3                   | 1                   | 1                 | 2                    | 1                   | 2.08    |
| Joe Green      | 5                    | 3                | 4                | 4                 | 3                | 1                 | 1                   | 2                   | 2                   | 3                 | 3                    | 2                   | 2.75    |
| Pete Ild       | 3                    | 4                | 3                | 3                 | 4                | 2                 | 4                   | 4                   | 4                   | 2                 | 4                    | 4                   | 3.42    |
| Walt Haight    | 2                    | 8                | 5                | 5                 | 5                | 5                 | 5                   | 5                   | 5                   | 5                 | 5                    | 5                   | 5.00    |
| Jim Rochford   | 6                    | --               | 6                | 6                 | 6                | 6                 | 6                   | 6                   | 6                   | 6                 | 6                    | --                  | 6.00    |
| Rick Luttrell  | 9                    | 9                | 8                | 7                 | 7                | 8                 | 7                   | 7                   | 7                   | 7                 | 7                    | 6                   | 7.42    |
| Dan Sanchez    | 8                    | 7                | 9                | 9                 | 8                | 10                | 9                   | --                  | 8                   | 8                 | --                   | 7                   | 8.30    |
| Jon Tscharner  | --                   | 6                | 10               | 8                 | 10               | 9                 | 10                  | --                  | 9                   | 9                 | --                   | --                  | 9.00    |
| Randy DeAragon | 10                   | 11               | 12               | 11                | 11               | 11                | --                  | --                  | 10                  | 10                | --                   | --                  | 10.75   |
| Joe Abeyta     | 11                   | 10               | 11               | 12                | --               | --                | --                  | --                  | 12                  | 11                | --                   | --                  | 11.17   |
| Mike Bradley   | 12                   | 12               | 13               | --                | --               | 12                | --                  | --                  | 11                  | --                | --                   | --                  | 12.00   |

# COLLEGE OF SAN MATEO

## 1978 SEASONAL TIME COMPARISONS

|                | CSM Annual Beach Run | Yosemite Seminar | GCC Invitational | CSM-DeAnza-Canada | CSM Invitational | CSM-Diablo Valley | CSM-Chabot-Foothill | Mt. SAC Invitational | CSM-Walley-SanJose | GCC Championships | NorCal Championships | State Championships |
|----------------|----------------------|------------------|------------------|-------------------|------------------|-------------------|---------------------|----------------------|--------------------|-------------------|----------------------|---------------------|
| Ken McBride    | 22:01                | 21:03            | 21:46            | 21:30             | 21:39            | 22:50             | 21:17               | 20:52                | 21:07              | 22:14             | 21:19                | 21:20               |
| Gary Thurston  | 22:28                | 21:26            | 22:07            | 21:50             | 21:41            | 22:24             | 21:09               | 21:39                | 20:29              | 21:20             | 21:32                | 20:52               |
| Joe Green      | 23:09                | 21:31            | 22:18            | 22:11             | 22:00            | 22:11             | 21:05               | 21:15                | 20:42              | 22:06             | 21:52                | 21:03               |
| Pete Ild       | 22:26                | 22:17            | 22:08            | 22:10             | 22:11            | 22:21             | 21:23               | 21:49                | 21:19              | 21:50             | 22:18                | 21:38               |
| Walt Haight    | 22:03                | 24:32            | 22:23            | 22:21             | 22:45            | 22:57             | 22:07               | 22:42                | 21:35              | 22:43             | 22:21                | 22:40               |
| Jim Rochford   | 23:33                | --               | 22:42            | 22:33             | 23:22            | 23:47             | 22:17               | 23:56                | 21:51              | 23:47             | 23:25                | --                  |
| Rick Luttrell  | 26:29                | 25:15            | 24:47            | 24:09             | 24:40            | 25:01             | 22:58               | 24:29                | 22:53              | 24:00             | 23:37                | 24:05               |
| Dan Sanchez    | 25:39                | 24:26            | 24:50            | 24:36             | 25:07            | 25:56             | 23:20               | --                   | 22:56              | 24:10             | --                   | 24:23               |
| Jon Tscharnier | --                   | 24:20            | 25:59            | 24:29             | 25:40            | 25:52             | 23:59               | --                   | 24:07              | 25:07             | --                   | --                  |
| Randy DeAragon | 27:22                | 28:13            | 26:58            | 25:45             | 25:53            | 27:01             | --                  | --                   | 25:04              | 25:49             | --                   | --                  |
| Joe Abeyta     | 27:37                | 25:32            | 26:05            | NT                | --               | --                | --                  | --                   | 25:52              | 27:33             | --                   | --                  |
| Mike Bradley   | 29:28                | 30:52            | 28:05            | --                | --               | 30:11             | --                  | --                   | 27:13              | --                | --                   | --                  |

# COLLEGE OF SAN MATEO

## CROSS COUNTRY

1978

At: Half Moon Bay 4 miles on beach  
Fair Weather

Date: September 16, 1978  
2:30 P.M.

### TEAM SCORES

### TENTH ANNUAL BEACH RUN

|                         |                          |
|-------------------------|--------------------------|
| 1. West Valley College  | 1-2-10-13-16= 42 (21-22) |
| 2. Monterey Peninsula   | 3-4-7-14-15 = 43 (19-24) |
| 3. College of San Mateo | 5-6-9-11-20 = 51 (23-26) |
| 4. College of Marin     | 8-12-17-25-27=89 (28-29) |
| 5. Foothill             | No Score                 |
| 6. Women                | Marin only complete team |

### INDIVIDUAL

### MEN

|                        |          |       |
|------------------------|----------|-------|
| 1. Mike Dyer           | WVC      | 21:08 |
| 2. Vance Eberly        | WVC      | 21:29 |
| 3. Jim Christesen      | MPC      | 21:44 |
| 4. John Sup            | MPC      | 21:57 |
| 5. Ken McBride         | CSM      | 22:01 |
| 6. Walt Haiht          | CSM      | 22:03 |
| 7. Rick Guilfoy        | MPC      | 22:08 |
| 8. Jeff Bautsteisur    | Marin    | 22:12 |
| 9. Pete Ild            | CSM      | 22:26 |
| 10. Curt Karbowski     | WVC      | 22:27 |
| 11. Gary Thurston      | CSM      | 22:28 |
| 12. Chuck McMillan     | Marin    | 22:34 |
| 13. Greg Jenkins       | WVC      | 22:38 |
| 14. Steve Tamagwi      | MPC      | 22:48 |
| 15. Bob Welick         | MPC      | 22:50 |
| 16. Larry Bergkamp     | WVC      | 22:52 |
| 17. Rob Trubull        | Marin    | 22:53 |
| 18. Andy Takaha        | UNAT     | 22:54 |
| 19. Steve Lind         | MPC      | 22:59 |
| 20. Joe Green          | CSM      | 23:09 |
| 21. John Brendal       | WVC      | 23:20 |
| 22. Mike McKay         | WVC      | 23:19 |
| 23.                    |          | 23:27 |
| 24. Jim Rockford       | CSM      | 23:33 |
| 25. Kevin O'Halloran   | Foothill | 23:37 |
| 26. Gene Antone        | WVC      | 23:41 |
| 27. Russell Richardson | WVC      | 23:44 |
| 28. Jorge Solorio      | MPC      | 23:58 |
| 29. Rick Riordan       | WVC      | 23:59 |
| 30. Bob Hough          | MPC      | 24:06 |
| 31. Mike Young         | WVC      | 24:12 |
| 32. Ron Palermo        | WVC      | 24:14 |
| 33. James Boit         | Foothill | 24:36 |
| 34. Phil Watkins       | UNAT     | 24:44 |
| 35. Jim Garl           | MPL      | 24:49 |
| 36. Rob Kennedy        | UNAT     | 25:03 |
| 37. John Colombet      | Marin    | 25:01 |
| 38. Ross Walding       | CSM      | 25:05 |

|                     |       |       |
|---------------------|-------|-------|
| 39. Steve Brisby    | MPC   | 25:22 |
| 40. Dan Sanchez     | CSM   | 25:39 |
| 41. Rick Luttrell   | CSM   | 26:29 |
| 42. Dave Voorhees   | Marin | 26:51 |
| 43. Alan Thiblat    | Marin | 26:54 |
| 44. Scott Hislog    | Marin | 27:08 |
| 45. Randy De Aragon | CSM   | 27:22 |
| 46. Joe Abeyta      | CSM   | 27:37 |
| 47. Joe Bryant      | MPC   | 28:16 |
| 48. Chris Cosino    | Marin | 28:46 |
| 49. Gary Humane     | MPC   | 28:57 |
| 50. Mike Bradley    | CSM   | 29:28 |

### WOMEN

|                    |       |         |
|--------------------|-------|---------|
| 1. Julie Fahl      | Marin | 29:19   |
| 2. Jane Hunt       | Marin | 29:37   |
| 3. Sabrina Peters  | MPC   | 29:45   |
| 4. Susan Locke     | MPC   | 29:55   |
| 5. Andrea Rossman  | Marin | 29:55.6 |
| 6. Yvonne Reid     | Marin | 31:15   |
| 7. Judy Ekeart     | CSM   | 31:53   |
| 8. Margaret Chung  | MPC   | 32:28   |
| 9. Linda Woodward  | Marin | 33:16   |
| 10. Connie Counnen | CSM   | 34:25   |
| 11. Susan Papy     | CSM   | 34:35   |
| 12. Donna Watkins  | Marin | 34:42   |
| 13. Marcia Douglas | Marin | 35:15   |
| 14. Beth Carlton   | CSM   | 43:43   |

COLLEGE OF SAN MATEO  
YOSEMITE CROSS COUNTRY SEMINAR (Individual)

1978

At: Yosemite National Park, 4.0 Miles

September 22 1978  
Weather Mild

TEAM SCORES

|                           |                      |
|---------------------------|----------------------|
| 1. Santa Rosa             | 1-4-9-16-20 = 50     |
| 2. College of San Mateo   | 5-11-14-25-28 = 83   |
| 3. Yuba                   | 3-10-13-30-32 = 88   |
| 4. Marin                  | 2-7-18-22-41 = 90    |
| 5. De Anza College        | 6-15-19-29-33 = 102  |
| 6. C. C. of San Francisco | 12-17-21-27-38 = 115 |
| 7. Napa                   | 23-24-37-42-48 = 174 |
| 8. Chabot                 | 8-31-40-50-51 = 190  |

INDIVIDUAL - MEN

|                       |          |         |                          |          |       |
|-----------------------|----------|---------|--------------------------|----------|-------|
| 1. Jerry Drew         | SR       | 20:30.3 | 35. Bruce Kelly          | DAC      | :51   |
| 2. Rich Carlsen       | Marin    | 20:32   | 36. Tom Martuscelli      | DAC      | :54   |
| 3. Mike Galligan      | Yuba     | :42     | 37. Wayne Chester        | Yuba     | :58   |
| 4. Ricardo Vargas     | Hartnell | :54     | 38. Gary Moore           | Yuba     | 23:00 |
| 5. Kevin Jones        | SR       | 21:02   | 39. Keith Golding        | Napa     | :03   |
| 6. Ken McBride        | CSM      | 21:03   | 40. Brad Meegan          | CCSF     | :11   |
| 7. Dan Grimes         | DAC      | 21:08   | 41. Don Brown            | DAC      | :13   |
| 8. Jeff Baumsteiger   | Marin    | :14     | 42. Don Malcolm          | Chabot   | :25   |
| 9. Jeff Cowling       | Chabot   | :18     | 43. Scott Martin         | Marin    | :27   |
| 10. Bob Luttrell      | SR       | :20     | 44. Tony Lee             | Napa     | :38   |
| 11. Bill Galaviz      | Yuba     | :24     | 45. Jeff Stopper         | Yuba     | :43   |
| 12. Gary Thurston     | CSM      | :26     | 46. John Colombet        | Marin    | :54   |
| 13. Mark Ford         | CCSF     | :29     | 47. Karl Machsches       | CCSF     | :59   |
| 14. Ray Cooper        | Yuba     | :30     | 48. Randy Boe            | SR       | 24:00 |
| 15. Joe Green         | CSM      | :31     | 49. Jon Tscharner        | CSM      | 24:20 |
| 16. Jeff Nicklin      | DAC      | :32     | 50. Ed Ferrari           | CCSF     | :22   |
| 17. Frank Paula       | SR       | :42     | 51. Pat Mahony           | Napa     | :23   |
| 18. David Zarubin     | CCSF     | :44     | 52. Danilo Sanchez       | CSM      | :26   |
| 19. Rob Trumbull      | Marin    | :54     | 53. Walt Haight          | CSM      | :32   |
| 20. Rob Ripplinger    | DAC      | :56     | 54. Bill Bodin           | Chabot   | :39   |
| 21. Rudy Balli        | SR       | :56.5   | 55. Vernon Sallaz        | Chabot   | :42   |
| 22. Andy Takaha       | Unat     | :57     | 56. Kevin Lambert        | Yuba     | :49   |
| 23. Fletcher Stanford | CCSF     | 22:02   | 57. Shah Tahmaseb-Nejada | CCSF     | :52   |
| 24. Chuck McMillan    | Marin    | 22:03   | 58. Ed Tangney           | DAC      | :54   |
| 25. Grant Meyers      | Napa     | 22:07   | 59. Rick Luttrell        | CSM      | 25:15 |
| 26. Tim Lee           | Napa     | :08     | 60. Pete Jolley          | DAC      | :28   |
| 27. Pete Ild          | CSM      | :17     | 61. Chris Morris         | DAC      | :28.7 |
| 28. George Bratsberg  | SR       | :22     | 62. Dave Berry           | Chabot   | :32   |
| 29. Michael Johnson   | CCSF     | :30     | 63. Joe Abeyta           | CSM      | :32.7 |
| 30. Ross Walding      | CSM      | :36     | 64. Ricardo Rubio        | CCSF     | 26:06 |
| 31. Bob Lucas         | DAC      | :40     | 65. Art Marthinson       | Marin    | :26   |
| 32. Marcos Silva      | Yuba     | :46     | 66. Joe Bererit          | Hartnell | :41   |
| 33. Michael DeGroot   | Chabot   | :46.8   | 67. Tony Cooper          | Yuba     | :47   |
| 34. Bill Elliott      | Yuba     | :50     | 68. Randy DeAragon       | CSM      | 28:13 |

# COLLEGE OF SAN MATEO

## GOLDEN GATE CONFERENCE INVITATIONAL

At: Golden Gate Park 4.2 Miles

September 30, 1978

Weather: Fog - Mild

### TEAM RESULTS (Team Times)

#### MEN

|    |                            |         |
|----|----------------------------|---------|
| 1  | West Valley College        | 1:48:03 |
| 2  | American River College     | 1:48:35 |
| 3  | Monterey Peninsula College | 1:48:57 |
| 4  | College of San Mateo       | 1:50:53 |
| 5  | Santa Rosa Junior College  | 1:51:31 |
| 6  | Diablo Valley College      | 1:52:04 |
| 7  | San Jose City College      | 1:52:39 |
| 8  | San Francisco City College | 1:52:50 |
| 9  | Fresno City College        | 1:53:14 |
| 10 | College of Marin           | 1:53:31 |
| 11 | De Anza College            | 1:53:37 |
| 12 | Chabot College             | 1:55:00 |
| 13 | Foothill College           | 1:56:19 |

#### WOMEN

|     |                            |            |
|-----|----------------------------|------------|
| 1.  | Fresno City College        | 2:18:36    |
| 2.  | Diablo Valley College      | 2:24:29    |
| 3.  | Foothill College           | 2:35:08    |
| 4.  | Santa Rosa Junior College  | 2:35:21    |
| 5.  | Monterey Peninsula College | 2:35:26    |
| 6.  | Chabot College             | 2:44:25    |
| 7.  | College of San Mateo       | 2:46:41    |
| 8.  | De Anza College            | 2:48:18    |
| 9.  | College of Marin           | 2:54:25    |
| 10. | San Jose City College      | Incomplete |

### COLLEGE OF SAN MATEO PLACERS

|     | Place           | Time |
|-----|-----------------|------|
| 1.  | Ken McBride     | 15   |
| 2.  | Gary Thurston   | 25   |
| 3.  | Pete Ild        | 26   |
| 4.  | Joe Green       | 31   |
| 5.  | Walt Haight     | 36   |
| 6.  | Jim Rochford    | 52   |
| 7.  | Ross Walding    | 93   |
| 8.  | Rick Luttrell   | 106  |
| 9.  | Dan Sanchez     | 107  |
| 10. | Jon Tschanner   | 135  |
| 11. | Joe Abeyta      | 136  |
| 12. | Randy De Aragon | 141  |
| 13. | Mike Bradley    | 161  |

### INDIVIDUAL RESULTS TOP 25

| Place | Name             | Time    | School  |
|-------|------------------|---------|---------|
| 1     | Vance Eberly     | 21:22   | WVal    |
| 2     | Paul Sechrist    | 21:26   | SJ CC   |
| 3     | Jim Christensen  | 21:28   | MPC     |
| 4     | Malcolm Maxwell  | 21:29   | ARC     |
| 5     | Rich Carlsen     | 21:32   | Marin   |
| 6     | Leroy Bumbaca    | 21:34.3 | WVal    |
| 7     | Jerry Drew       | 21:34.4 | St.Rosa |
| 8     | Mike Dyer        | 21:34.7 | WVal    |
| 9     | Curt Karbowski   | 21:36   | WVal    |
| 10    | Daryl Zapata     | 21:37   | CCSF    |
| 11    | John Sup         | 21:39   | MPC     |
| 12    | Kevin Jones      | 21:43   | St.Rosa |
| 13    | Dan Will         | 21:45   | ARC     |
| 14    | Nick Breven      | 21:46   | ARC     |
| 15    | Ken McBride      | 21:47.7 | CSM     |
| 16    | Kevin Ostenberg  | 21:47.9 | DVC     |
| 17    | Jeff Baumsteiger | 21:49   | Marin   |
| 18    | Danny Grimes     | 21:51   | DeAnza  |
| 19    | Kurt Graves      | 21:57   | WVal    |
| 20    | Steve Tamaghi    | 22:00   | MPC     |
| 21    | Steve McDannold  | 22:02   | Fresno  |
| 22    | Kevin Hunter     | 22:04   | SJ CC   |
| 23    | Brent Cushenbery | 22:06.2 | ARC     |
| 24    | Jeff Nicklin     | 22:06.3 | DeAnza  |
| 25    | Gary Thurston    | 22:07   | CSM     |

# COLLEGE OF SAN MATEO

## GOLDEN GATE CONFERENCE MEET

at: Hellyer Park, San Jose  
Warm-Smoggy

Date: October 5, 1978  
4.0 Miles

### Cross Country Score Sheet

#### CSM-DE ANZA-CANADA

#### INDIVIDUAL

|                     |     |         |                     |     |       |
|---------------------|-----|---------|---------------------|-----|-------|
| 1. KEN McBRIDE      | CSM | 21:30.3 | 15. RICK LUTTRELL   | CSM | 24:09 |
| 2. Danny Grimmes    | DAC | 21:39   | 16. Chris Morris    | DAC | 24:22 |
| 3. GARY THURSTON    | CSM | 21:50   | 17. JOH THARNER     | CSM | 24:29 |
| 4. PETER ILD        | CSM | 22:10   | 18. Luis Sandoval   | CAN | 24:34 |
| 5. JOE GREEN        | CSM | 22:11   | 19. Ed Tangley      | DAC | 24:35 |
| 6. WALT HAIGHT      | CSM | 22:21   | 20. DAN SANCHEZ     | CSM | 24:36 |
| 7. JIM ROCHFORD     | CSM | 22:33   | 21. Norm Shaskey    | DAC | 24:44 |
| 8. Ray Weeand       | CAN | 22:43   | 22. ROSS WALDING    | CSM | 24:55 |
| 9. Rob Ripplinger   | DAC | 22:47   | 23. Ron Batle       | DAC | 25:21 |
| 10. DON BROWN       | DAC | 22:59   | 24. Hans Ritshard   | CAN | 25:33 |
| 11. Bruce Kelley    | DAC | 23:03   | 25. Franz Aguirre   | CAN | 25:36 |
| 12. Tom Martuscelli | DAC | 23:08   | 26. RANDY DE ARAGON | CSM | 25:45 |
| 13. Bob Lucas       | DAC | 23:14   | 27. Marvin Wadlow   | DAC | 28:31 |
| 14. Jeff Nicklin    | DAC | 23:50   | 28. JOE ABEYTA      | CSM | N/T   |

#### TEAM RESULTS

De Anza Win  
Canada Inc.

CSM Win  
Canada Inc.

CSM 19  
De Anza 40



## COLLEGE OF SAN MATEO

CROSS COUNTRY

At: Crystal Springs Course  
Sunny-Moderate

Date: October 7, 1978  
4.1 Miles

## SEVENTH ANNUAL COLLEGE OF SAN MATEO-CRYSTAL SPRINGS INVITATIONAL

Large School ResultsDivision ITEAM RESULTS

|                         |     |                        |            |
|-------------------------|-----|------------------------|------------|
| 1. American River       | 89  | 10. Diablo Valley      | 238        |
| 1. Sequoia              | 89  | 11. Foothill           | 275        |
| 3. West Valley          | 101 | 12. C.C. San Francisco | 283        |
| 4. Modesto              | 104 | 13. Napa               | 293        |
| 5. College of San Mateo | 121 | 14. De Anza            | 330        |
| 6. Santa Rosa           | 170 | 15. Chabot             | 355        |
| 7. Delta                | 189 | 16. Canada             | 474        |
| 8. Marin                | 194 | 17. Merritt            | 504        |
| 9. Fresno               | 235 | Contra Costa           | Incomplete |

INDIVIDUAL RESULTS

|                     |         |         |                      |          |       |
|---------------------|---------|---------|----------------------|----------|-------|
| 1. Bill Hurst       | Mod     | 20:20.2 | 32. Jeff Cowling     | Chabot   | 22:22 |
| 2. Nick Brever      | ARC     | 21:06   | 33. Jimmy Leos       | COS      | 22:26 |
| 3. Swift Katepa     | COS     | 21:12   | 34. Frank Paula      | St.Rosa  | 22:27 |
| 4. Jack Dixon       | Delta   | 21:13   | 35. Greg De La Cru   | COS      | 22:27 |
| 5. Mike Dyer        | WVC     | 21:21   | 36. Brent Cushenbery | ARC      | 22:28 |
| 6. Sal Lozeno       | COS     | 21:27   | 37. Dallas White     | Foothill | 22:29 |
| 7. Jeff Baumsteiger | Marin   | 21:31   | 38. B ryan March     | DVC      | 22:30 |
| 8. Tim Holmes       | Mod     | 21:32   | 39. Chuck McMillan   | Marin    | 22:35 |
| 9. Jerry Drew       | St.Rosa | 21:32   | 40. Mike Johnson     | CCSF     | 22:35 |
| 10. Malcolm Maxwell | ARC     | 21:34   | 41. Greg Jenkins     | WVC      | 22:39 |
| 11. Rich Carlsen    | Marin   | 21:38   | 42. Mark Ford        | CCSF     | 22:41 |
| 12. Ken McBride     | CSM     | 21:39   | 43. Tony Lee         | Napa     | 22:41 |
| 13. Dan Will        | ARC     | 21:40   | 44. Tim Lee          | Napa     | 22:42 |
| 14. Gary Thurston   | CSM     | 21:41   | 45. Mark Lonszak     | ARC      | 22:44 |
| 15. Kevin Ostenberg | DVC     | 21:44   | 46. Bob Ripplinger   | DeAnza   | 22:44 |
| 16. Tom Lohse       | COS     | 21:47   | 47. Walt Haight      | CSM      | 22:45 |
| 17. Leroy Bumbaca   | WVC     | 21:48   | 48. John Clary       | Foothill | 22:46 |
| 18. Curt Karbowski  | WVC     | 21:49   | 49. Marlon Smith     | ARC      | 22:46 |
| 19. Ken Hurst       | Mod     | 21:56   | 50. Bob Luttrell     | St.Rosa  | 22:47 |
| 20. Kurt Graves     | WVC     | 21:59   | 51. Dave Hagopian    | Fresno   | 22:49 |
| 21. Joe Green       | CSM     | 22:00   | 52. Rudy Balli       | St.Rosa  | 22:53 |
| 22. Chris Munoz     | Delta   | 22:03   | 53. Rich Stiller     | Foothill | 22:54 |
| 23. Randy Hale      | Delta   | 22:07   | 54. Larry Bergkamp   | WVC      | 23:06 |
| 24. Steve McDannald | Fresno  | 22:08   | 55. Don Malcolm      | Chabot   | 23:11 |
| 25. Kevin Jones     | St.Rosa | 22:09   | 56. Dave Zarubin     | CCSF     | 23:12 |
| 26. Greg Pope       | Fresno  | 22:09   | 57. John Motz        | Mod      | 23:13 |
| 27. Pete Ild        | CSM     | 22:11   | 58. Grant Meyer      | Napa     | 23:15 |
| 28. Juan Torres     | ARC     | 22:14   | 59. Kevin O'Halloman | Foothill | 23:17 |
| 29. Stan Winkley    | Mod     | 22:15   | 60. Rob Trumbull     | Marin    | 23:18 |
| 30. Burt Kallander  | DVC     | 22:16   | 61. Bob Lucas        | DeAnza   | 23:18 |
| 31. Tim Hill        | COS     | 22:17   | 62. Jim Rochford     | CSM      | 23:22 |

COLLEGE OF SAN MATEO  
CROSS COUNTRY

At: Crystal Springs Course  
Weather: Sunny-Moderate

Date: October 7, 1978  
4.2 Miles

SEVENTH ANNUAL COLLEGE OF SAN MATEO-CRYSTAL SPRINGS INVITATIONAL

Small School Results  
Division II

TEAM RESULTS

|             |     |              |     |
|-------------|-----|--------------|-----|
| 1. Sierra   | 31  | 6. Cuesta    | 109 |
| 2. Skyline  | 89  | 7. Shasta    | 202 |
| 3. Monterey | 92  | 8. Siskiyous | 217 |
| 4. Yuba     | 96  | 9. Cabrillo  | 224 |
| 5. Butte    | 104 | 10. Menlo    | 297 |

INDIVIDUAL RESULTS

|                      |           |       |                      |           |       |
|----------------------|-----------|-------|----------------------|-----------|-------|
| 1. Greg Hitchcock    | Sierra    | 20:21 | 34. Richard Welch    | Cuesta    | 23:33 |
| 2. Chris Hamer       | Sierra    | 20:56 | 35. Rick Guilfooy    | MPC       | 23:33 |
| 3. Bob McDaniel      | Skyline   | 21:15 | 36. Jerry Sandoval   | MPC       | 23:38 |
| 4. Dan Navarro       | Sierra    | 21:39 | 37. Jum Saladino     | Skyline   | 23:40 |
| 5. Jim Christensen   | MPC       | 21:43 | 38. Steve Tamagwi    | MPC       | 23:47 |
| 6. Vince Reyes       | Cuesta    | 21:48 | 39. Tim Wilhite      | Siskiyous | 23:47 |
| 7. Mike Calligan     | Yuba      | 21:49 | 40. Gary Moore       | Yuba      | 23:53 |
| 8. Phil Adams        | MPC       | 21:55 | 41. Rob Radovic      | Cabrillo  | 24:00 |
| 9. Jim Dietler       | Sierra    | 21:58 | 42. Steve Daniels    | Shasta    | 24:07 |
| 10. Al Masterson     | Shasta    | 22:01 | 43. Wayne Cheste     | Yuba      | 24:13 |
| 11. Jim Scott        | Butte     | 22:11 | 44. Dan Gazzigl      | Shasta    | 24:22 |
| 12. Vic Torres,      | Skyline   | 22:13 | 45. Robert Lewis     | Siskiyous | 24:24 |
| 13. Mike Gulli       | Skyline   | 22:16 | 46. John Simenz      | Cuesta    | 24:44 |
| 14. Jose Garcia      | Cabrillo  | 22:25 | 47. Seth Robert      | Butte     | 25:06 |
| 15. Jim Sane         | Sierra    | 22:25 | 48. Ron Campos       | Skyline   | 25:14 |
| 16. Stan Heihrichs   | Cuesta    | 22:26 | 49. Harrison Gunther | Menlo     | 25:21 |
| 17. Roy Coope        | Yuba      | 22:29 | 50. Jeff Young       | Cabriool  | 25:31 |
| 18. Kevin Boone      | Butte     | 22:34 | 51. Roger Marschner  | Siskiyous | 25:36 |
| 19. Clarence Leonard | Butte     | 22:35 | 52. Rick Escobar     | Skyline   | 25:40 |
| 20. Marcos Silva     | Yuba      | 22:42 | 53. John Marchuk     | Shasta    | 25:50 |
| 21. Bob Wellick      | MPC       | 22:43 | 54. Matt Parsons     | Siskiyous | 26:01 |
| 22. Bill Elliott     | Yuba      | 22:48 | 55. Jim Lord         | Shasta    | 26:16 |
| 23. John Sup         | MPC       | 22:53 | 56. Marty Wilder     | Shasta    | 26:31 |
| 24. Mike Skiff       | Skyline   | 22:57 | 57. Sandy Lack       | Menlo     | 26:51 |
| 25. Bob Hastings     | Butte     | 22:59 | 58. Rich Emerson     | Shasta    | 26:58 |
| 26. Steve Onaga      | Cuesta    | 23:01 | 59. Jim Murro        | Cabrillo  | 27:56 |
| 27. Randy Baldwin    | Cuesta    | 23:03 | 60. Hillary Hecht    | Cabrillo  | 28:38 |
| 28. Fernie Fernandez | Siskiyous | 23:12 | 61. Jeff Arndt       | Siskiyous | 29:31 |
| 29. Glenn Susitor    | Sierra    | 23:13 | 62. Bill Daugherty   | Menlo     | 29:34 |
| 30. Armando Zuniga   | Yuba      | 23:15 | 63. Dan Daly         | Siskiyous | 29:36 |
| 31. Ron Hofhenke     | Butte     | 23:19 | 64. Mike Malloy      | Menlo     | 35:59 |
| 32. Hennar Pinieiro  | Sierra    | 23:19 | 65. Bill Larson      | Menlo     | 37:25 |
| 33. Dave Sophie      | Butte     | 23:31 |                      |           |       |

COLLEGE OF SAN MATEO  
CROSS COUNTRY

At: Crystal Springs Course  
Weather: Sunny-Moderate

Date: October 7, 1978  
4.2 Miles

SEVENTH ANNUAL COLLEGE OF SAN MATEO-CRYSTAL SPRINGS INVITATIONAL

Small School Results  
Division II

TEAM RESULTS

|             |     |             |     |
|-------------|-----|-------------|-----|
| 1. Sierra   | 31  | 6. Cuesta   | 109 |
| 2. Skyline  | 89  | 7. Shasta   | 202 |
| 3. Monterey | 92  | 8. Siskiyou | 217 |
| 4. Yuba     | 96  | 9. Cabrillo | 224 |
| 5. Butte    | 104 | 10. Menlo   | 297 |

INDIVIDUAL RESULTS

|                      |          |       |                      |          |       |
|----------------------|----------|-------|----------------------|----------|-------|
| 1. Greg Hitchcock    | Sierra   | 20:21 | 34. Richard Welch    | Cuesta   | 23:33 |
| 2. Chris Hamer       | Sierra   | 20:56 | 35. Rick Guilfooy    | MPC      | 23:33 |
| 3. Bob McDaniel      | Skyline  | 21:15 | 36. Jerry Sandoval   | MPC      | 23:38 |
| 4. Dan Navarro       | Sierra   | 21:39 | 37. Jum Saladino     | Skyline  | 23:40 |
| 5. Jim Christensen   | MPC      | 21:43 | 38. Steve Tamagwi    | MPC      | 23:47 |
| 6. Vince Reyes       | Cuesta   | 21:48 | 39. Tim Wilhite      | Siskiyou | 23:47 |
| 7. Mike Calligan     | Yuba     | 21:49 | 40. Gary Moore       | Yuba     | 23:53 |
| 8. Phil Adams        | MPC      | 21:55 | 41. Rob Radovic      | Cabrillo | 24:00 |
| 9. Jim Dietler       | Sierra   | 21:58 | 42. Steve Daniels    | Shasta   | 24:07 |
| 10. Al Masterson     | Shasta   | 22:01 | 43. Wayne Cheste     | Yuba     | 24:13 |
| 11. Jim Scott        | Butte    | 22:11 | 44. Dan Gazzigl      | Shasta   | 24:22 |
| 12. Vic Torres,      | Skyline  | 22:13 | 45. Robert Lewis     | Siskiyou | 24:24 |
| 13. Mike Gulli       | Skyline  | 22:16 | 46. John Simenz      | Cuesta   | 24:44 |
| 14. Jose Garcia      | Cabrillo | 22:25 | 47. Seth Robert      | Butte    | 25:06 |
| 15. Jim Sane         | Sierra   | 22:25 | 48. Ron Campos       | Skyline  | 25:14 |
| 16. Stan Heihrichs   | Cuesta   | 22:26 | 49. Harrison Gunther | Menlo    | 25:21 |
| 17. Roy Coope        | Yuba     | 22:29 | 50. Jeff Young       | Cabrillo | 25:31 |
| 18. Kevin Boone      | Butte    | 22:34 | 51. Roger Marschner  | Siskiyou | 25:36 |
| 19. Clarence Leonard | Butte    | 22:35 | 52. Rick Escobar     | Skyline  | 25:40 |
| 20. Marcos Silva     | Yuba     | 22:42 | 53. John Marchuk     | Shasta   | 25:50 |
| 21. Bob Wellick      | MPC      | 22:43 | 54. Matt Parsons     | Siskiyou | 26:01 |
| 22. Bill Elliott     | Yuba     | 22:48 | 55. Jim Lord         | Shasta   | 26:16 |
| 23. John Sup         | MPC      | 22:53 | 56. Marty Wilder     | Shasta   | 26:31 |
| 24. Mike Skiff       | Skyline  | 22:57 | 57. Sandy Lack       | Menlo    | 26:51 |
| 25. Bob Hastings     | Butte    | 22:59 | 58. Rich Emerson     | Shasta   | 26:58 |
| 26. Steve Onaga      | Cuesta   | 23:01 | 59. Jim Murro        | Cabrillo | 27:56 |
| 27. Randy Baldwin    | Cuesta   | 23:03 | 60. Hillary Hecht    | Cabrillo | 28:38 |
| 28. Fernie Fernandez | Siskiyou | 23:12 | 61. Jeff Arndt       | Siskiyou | 29:31 |
| 29. Glenn Susitor    | Sierra   | 23:13 | 62. Bill Daugherty   | Menlo    | 29:34 |
| 30. Armando Zuniga   | Yuba     | 23:15 | 63. Dan Daly         | Siskiyou | 29:36 |
| 31. Ron Hofhenke     | Butte    | 23:19 | 64. Mike Malloy      | Menlo    | 35:59 |
| 32. Hennar Pinieiro  | Sierra   | 23:19 | 65. Bill Larson      | Menlo    | 37:25 |
| 33. Dave Sophie      | Butte    | 23:31 |                      |          |       |

INDIVIDUAL RESULTS

|     |                    |          |          |      |                  |          |         |
|-----|--------------------|----------|----------|------|------------------|----------|---------|
| 69. | Wendy Kirk         | Foothill | 23:34    | 97.  | Robin Martin     | Merritt  | 25:20   |
| 70. | Bess Balderston    | DVC      | 23:34.04 | 98.  | Dru Jack         | Menlo    | 25:23   |
| 71. | Deena Nighswonger  | Cuesta   | 23:46    | 99.  | Liz Reginato     | CCC      | 25:25   |
| 72. | Lisa Baker         | Chabot   | 23:47    | 100. | Jill Tryde       | St. Rosa | 25:37   |
| 73. | Julie Prado        | Cabrillo | 23:50    | 101. | Donna McClelland | DeAnza   | 25:47   |
| 74. | Judy Selby         | Napa     | 23:54    | 102. | Pam Stewart      | Butte    | 25:56   |
| 75. | Magda Mendoza      | Skyline  | 24:00    | 103. | Sonia Cota       | DVC      | 25:57   |
| 76. | Suzanne Knott      | Canada   | 24:02    | 104. | Amy Jelliffe     | Foothill | 26:11   |
| 77. | Suzanne Brewer     | Fresno   | 24:05    | 105. | Naomi Sosa       | Fresno   | 26:14   |
| 78. | Joyce Lombard      | Butte    | 24:12    | 106. | Carmel Johnson   | Shasta   | 26:19   |
| 79. | Kaye Hall          | Napa     | 24:14    | 107. | Diane Pentiacoff | DeAnza   | 26:20   |
| 80. | Joye Scott         | CSM      | 24:20    | 108. | Mary Bland       | Canada   | 26:38   |
| 81. | Eva Hilario        | Menlo    | 24:28    | 109. | Carrie Gomes     | DVC      | 26:40   |
| 82. | Marie Martin       | Cuesta   | 24:30    | 110. | Debby Glowinkie  | Napa     | 26:47   |
| 83. | Dawn Umberger      | DVC      | 24:35    | 111. | Sharon Sullivan  | Delta    | 26:56   |
| 84. | Bernakine Teal     | Delta    | 24:37    | 112. | Cindy Wiget      | ARC      | 27:00   |
| 85. | Monica Stoffal     | Cabrillo | 24:41    | 113. | Agnes Wright     | CCC      | 27:43   |
| 86. | Garce Quintana     | Skyline  | 24:43    | 114. | Cindi Bingley    | Canada   | 27:43.4 |
| 87. | Jone Jerpbak       | St. Rosa | 24:45    | 115. | Valarie Wright   | CCC      | 27:58   |
| 88. | Linda Smalley      | Delta    | 24:46    | 116. | Beth Carlton     | CSM      | 27:59   |
| 89. | Cherly Grant       | ARC      | 24:47    | 117. | Deanne Lahaie    | Foothill | 28:34   |
| 90. | Margaret Spencer   | Menlo    | 24:50    | 118. | Ann Carlton      | ARC      | 28:49   |
| 91. | Ann Wells          | Cabrillo | 24:55    | 119. | Beth Lyster      | DVC      | 29:23   |
| 92. | Judy Bekeart       | CSM      | 24:59    | 120. | Cindy Jones      | CCC      | 29:49   |
| 93. | Loreen Rockman     | Delta    | 25:00    | 121. | Marcia Douglass  | Marin    | 29:50   |
| 94. | Susan Pavy         | CSM      | 25:06    | 122. | Mary Harrison    | Canada   | 30:05   |
| 95. | Elaine Wright      | DeAnza   | 25:07    | 123. | Bunny Jones      | CCC      | 36:20   |
| 96. | Margaret Gonsalves | Chabot   | 25:14    |      |                  |          |         |

TEAM RESULTS

|    |               |     |     |              |     |
|----|---------------|-----|-----|--------------|-----|
| 1. | Fresno        | 66  | 9   | Marin        | 226 |
| 2. | Yuba          | 76  | 10. | Delta        | 244 |
| 3. | Canada        | 124 | 11. | Cabrillo     | 250 |
| 4. | Diablo Valley | 143 | 12. | Chabot       | 251 |
| 5. | De Anza       | 155 | 13. | Skyline      | 264 |
| 6  | Sequoias      | 174 | 14. | Foothill     | 264 |
| 7. | St. Rosa      | 179 | 15. | San Mateo    | 377 |
| 8. | Napa          | 225 | 16. | Contra Costa | 463 |

## COLLEGE OF SAN MATEO

CROSS COUNTRY

At: Crystal Springs Course  
Weather: Sunny-Moderate

Date: October 7, 1978  
3 miles

## SEVENTH ANNUAL COLLEGE OF SAN MATEO-CRYSTAL SPRINGS INVITATIONAL

RESERVE RACE RESULTS

|                       |          |          |                         |            |       |
|-----------------------|----------|----------|-------------------------|------------|-------|
| 1. Rich Mounkes       | ARC      | 22:24.03 | 25. Jeff Price          | Skyline    | 25:30 |
| 2. Ricardo Vargas     | Hartnell | 22:27    | 26. Jim Holmes          | Delta      | 25:34 |
| 3. Jim Thylin         | WVC      | 23:01    | 27. Jon Tscharner       | CSM        | 25:40 |
| 4. Mike Young         | WVC      | 23:04    | 28. Steve Brisby        | MPC        | 25:40 |
| 5. Mide Deis          | ARC      | 23:11    | 29. Randy De Aragon     | CSM        | 25:53 |
| 6. Gregg Szanto       | WVC      | 23:18    | 30. Mike McKay          | WVC        | 25:55 |
| 7. Charles Lighty     | WVC      | 23:29    | 31. Rick Riordan        | WVC        | 26:04 |
| 8. Tom Halterman      | ARC      | 23:33    | 32. Bret Rohrer         | Shasta     | 26:28 |
| 9. Russell Richardson | WVC      | 23:37    | 33. Ogwok Olal"Johnson" | Sequoias   | 26:35 |
| 10. Travis Rhoden     | Sequoias | 23:39    | 34. Marshall Gordon     | Shasta     | 26:35 |
| 11. Randy Mitchell    | Sequoias | 23:43    | 35. Randy Lamb          | Butte      | 26:35 |
| 12. Steve Lind        | MPC      | 23:46    | 36. Norm Shaskey        | DeAnza     | 26:57 |
| 13. Mark Kirchmeyer   | MPC      | 23:49    | 37. John Magdaleno      | Delta      | 26:58 |
| 14. Jim Worden        | ARC      | 23:52    | 38. Ed Galleguillos     | Skyline    | 27:17 |
| 15. Bryan Hagins      | Skyline  | 23:56    | 39. Vic Ibanez          | Santa Rosa | :28   |
| 16. Dave Meeks        | Sequoias | 24:11    | 40. Marvin Wadlow       | DeAnza     | 27:40 |
| 17. Jon Brendal       | WVC      | 24:16    | 41. Joe Bryant          | MPC        | 27:41 |
| 18. Jorge Solorio     | MPC      | 24:30    | 42. Matt Butterworth    | Delta      | 28:06 |
| 19. Doug Bennett      | Delta    | 24:50    | 43. Joe Bevier          | Hartnell   | 28:19 |
| 20. Gene Antone       | WVC      | 24:52    | 44. David Berry         | Chabot     | 28:20 |
| 21. Ron Palermo       | WVC      | 25:01    | 45. Dave Matson         | Shasta     | 29:22 |
| 22. Jeff Maxwell      | Skyline  | 25:04    | 46. Gary Human          | MPC        | 30:23 |
| 23. Danilo Sanchez    | CSM      | 25:07    | 47. Chuck Steffes       | DeAnza     | 33:15 |
| 24. Ross Walding      | CSM      | 25:27    | 48. Steve Harvey        | Butte      | 34:05 |

# COLLEGE OF SAN MATEO

## CROSS COUNTRY

At: Crystal Springs Course  
Weather: Hot-Smoggy

College of San Mateo- Date: October 12, 1978  
Diablo Valley College

### GOLDEN GATE CONFERENCE MEET

| <u>TEAM SCORES</u> - MENS |    | 4.1 miles | WOMEN |    | 3.00 miles |
|---------------------------|----|-----------|-------|----|------------|
| CSM                       | 15 |           | DVC   | 17 |            |
| DVC                       | 42 |           | CSM   | 40 |            |

#### INDIVIDUAL - MEN

|     |                  |     |         |
|-----|------------------|-----|---------|
| 1.  | JOE GREEN        | CSM | 22:11.9 |
| 2.  | PETE ILD         | CSM | 22:21   |
| 3.  | GARY THURSTON    | CSM | 22:24   |
| 4.  | KEN MC BRIDE     | CSM | 22:50   |
| 5.  | WALT HAIGHT      | CSM | 22:57   |
| 6.  | Burt Kallander   | DVC | 23:03   |
| 7.  | Kevin Ostenberg  | DVC | 23:17   |
| 8.  | Cliff Stewart    | DVC | 23:30   |
| 9.  | JIM ROCHFORD     | CSM | 23:47   |
| 10. | Bryan March      | DVC | 24:04   |
| 11. | Tom Burns        | DVC | 24:28   |
| 12. | ROSS WALDING     | CSM | 24:35   |
| 13. | Greg Kennedy     | DVC | 24:56   |
| 14. | RICK LUTTRELL    | CSM | 25:01   |
| 15. | Paul Fames       | DVC | 25:40   |
| 16. | J. Peters        | DVC | 25:41   |
| 17. | JON TSCHARNER    | CSM | 25:52   |
| 18. | DAN SANCHEZ      | CSM | 25:56   |
| 19. | RANDY DE ARAGON  | CSM | 27:01   |
| 20. | MIKE BRADLEY     | CSM | 30:11   |
| 21. | Mike Colon-Mateo | DVC | 30:36   |

#### INDIVIDUAL - WOMEN

|     |                 |     |         |
|-----|-----------------|-----|---------|
| 1.  | Diane Bateman   | DVC | 20:03.4 |
| 2.  | Dana Spurrier   | DVC | 20:24   |
| 3.  | Suzanne Blevins | DVC | 21:14   |
| 4.  | KARIN NELSON    | CSM | 22:21   |
| 5.  | Merrily Landers | DVC | 22:29   |
| 6.  | Laurel Brennan  | DVC | 23:38   |
| 7.  | JOYE SCOTT      | CSM | 23:58   |
| 8.  | JUDY BEKEART    | CSM | 24:05   |
| 9.  | Sonia Cota      | DVC | 24:46   |
| 10. | PATTY MARTIN    | CSM | 25:39   |
| 11. | SUSAN PAVY      | CSM | 26:13   |
| 12. | BETH CARLTON    | CSM | 27:55   |
| 13. | Dawn Umberger   | DVC | 29:40   |
| 14. | Beth Lyster     | DVC | 32:46   |
| 15. | Janel Voegtly   | DVC |         |

## COLLEGE OF SAN MATEO

CROSS COUNTRY

At: Stevens Creek Park  
Cupertino  
Fair-Mild

October 18, 1978

## COLLEGE OF SAN MATEO-CHABOT-FOOTHILL

TEAM RESULTS 3.85 Miles

|          |    |        |    |          |    |
|----------|----|--------|----|----------|----|
| CSM      | 16 | CSM    | 17 | Chabot   | 26 |
| Foothill | 43 | Chabot | 40 | Foothill | 29 |

INDIVIDUAL - MEN

|                  |          |       |                   |          |       |
|------------------|----------|-------|-------------------|----------|-------|
| 1. JOE GREEN     | CSM      | 21:05 | 15. O'Halloran    | Foothill | 22:36 |
| 2. GARY THURSTON | CSM      | 21:09 | 16. Fisher        | Chabot   | 22:37 |
| 3. KEN MCBRIDE   | CSM      | 21:17 | 17. Boit          | Foothill | 22:54 |
| 4. PETE ILD      | CSM      | 21:23 | 18. Johnson       | Chabot   | 22:57 |
| 5. Clary         | Foothill | 21:31 | 19. RICK LUTTRELL | CSM      | 22:58 |
| 6. Cowling       | Chabot   | 21:37 | 20. ROSS WALDING  | CSM      | 22:58 |
| 7. Hill          | Chabot   | 21:40 | 21. DAN SANCHEZ   | CSM      | 23:20 |
| 8. WALT HAIGHT   | CSM      | 22:07 | 22. DeGroot       | Chabot   | 23:48 |
| 9. Sallaz        | Chabot   | 22:16 | 23. JON TSCHARNES | CSM      | 23:59 |
| 10. JIM ROCHFORD | CSM      | 22:17 | 24. West          | Chabot   | 24:28 |
| 11. McCarty      | Foothill | 22:20 | 25. Bodin         | Chabot   | 24:45 |
| 12. Stiller      | Foothill | 22:24 | 26. Nielson       | Chabot   | 24:46 |
| 13. Malcolm      | Chabot   | 22:30 | 27. Berry         | Chabot   | 24:57 |
| 14. White        | Foothill | 22:33 | 28. Harris        | Foothill | 25:31 |

TEAM RESULTS 2.8 Miles

|          |    |        |    |          |    |
|----------|----|--------|----|----------|----|
| Foothill | 21 | Chabot | 23 | Foothill | 27 |
| CSM      | 37 | CSM    | 37 | Chabot   | 28 |

INDIVIDUAL - WOMEN

|                    |          |       |                      |          |       |
|--------------------|----------|-------|----------------------|----------|-------|
| 1. Diana Stohr     | Chabot   | 18:59 | 10. JUDY BEKEART     | CSM      | 22:04 |
| 2. KAREN NELSON    | CSM      | 19:08 | 11. Debbie Zwick     | Foothill | 22:11 |
| 3. Jeanette Vawns  | Foothill | 19:10 | 12. JOYE SCOTT       | CSM      | 22:16 |
| 4. Heidi Hansen    | Foothill | 19:26 | 13. PATTY MARTIN     | CSM      | 22:42 |
| 5. Debbie Madia    | Chabot   | 19:36 | 14. SUSAN PAVY       | CSM      | 22:59 |
| 6. Pat Gonsalves   | Chabot   | 20:16 | 15. CONNIE CUNNEEN   | CSM      | 23:39 |
| 7. Katie Glaser    | Foothill | 20:20 | 16. Maggie Gonsalves | Chabot   | 23:49 |
| 8. Joanne Connolly | Foothill | 21:24 | 17. Deanne Lahaie    | Foothill | 23:52 |
| 9. Terri Slatterly | Chabot   | 21:33 | 18. BETH CARTTON     | CSM      | 24:44 |
|                    |          |       | 19. Cindy Mytch      | Chabot   | 27:10 |

# COLLEGE OF SAN MATEO

## MT. SAN ANTONIO CROSS COUNTRY INVITATIONAL

at: Walnut, Ca.  
Humid-Overcast

Date: October 20, 1978  
4.0 Miles

### LARGE J.C. DIVISION - MEN

#### TEAM SCORES

|                               |     |                              |          |
|-------------------------------|-----|------------------------------|----------|
| 1. Grossmont College          | 40  | 10. College of San Mateo     | 271      |
| 2. Fullerton College          | 89  | 11. San Diego Mesa           | 271      |
| 3. Long Beach College         | 109 | 12. Orange Coast College     | 278      |
| 4. Sierra College             | 169 | 13. Mt. San Antonio College  | 289      |
| 5. Bakersfield College        | 186 | 14. Fresno City College      | 353      |
| 6. West Valley College        | 192 | 15. Cerritos College         | 435      |
| 7. Pasadena City College      | 225 | 16. Pierce College           | 460      |
| 8. American River College     | 227 | 17. Sacramento City          | No Score |
| 9. Los Angeles Valley College | 261 | 18. Los Angeles City College | No Score |

#### INDIVIDUAL TOP TEN

|                 |             |       |                |            |       |
|-----------------|-------------|-------|----------------|------------|-------|
| 1. G. Hitchcock | Sierra      | 19:30 | 6. R. Rose     | Grossmont  | 20:12 |
| 2. S. Ortiz     | Grossmont   | 19:41 | 7. F. Gonzales | P.C.C.     | 20:13 |
| 3. R. Perez     | S.D.Mesa    | 19:42 | 8. C. Hamer    | Sierra     | 20:19 |
| 4. A. Carrillo  | Bakersfield | 20:00 | 9. D. Hamblin  | Grossmont  | 20:20 |
| 5. B. Osmann    | Fullerton   | 20:05 | 10. C. Kester  | Long Beach | 20:21 |

#### COLLEGE OF SAN MATEO PLACERS

|                    |     |         |
|--------------------|-----|---------|
| 25. Ken McBride    | CSM | 20:52.9 |
| 40. Joe Green      | CSM | 21:15.6 |
| 56. Gary Thurston  | CSM | 21:39.2 |
| 65. Pete Ild       | CSM | 21:49.8 |
| 85. Walt Haight    | CSM | 22:42.7 |
| 105. Jim Rochford  | CSM | 23:56   |
| 109. Rick Luttrell | CSM | 24:29   |



COLLEGE OF SAN MATEO

COLLEGE OF SAN MATEO - AMERICAN RIVER COLLEGE - SKYLINE

At: Crystal Springs  
Warm

October 20, 1978  
3 Miles

CROSS COUNTRY PRACTISE MEET

TEAM RESULTS

|                        |    |
|------------------------|----|
| American River College | 33 |
| Skyline                | 33 |
| College of San Mateo   | 54 |

INDIVIDUALS

|                    |         |       |
|--------------------|---------|-------|
| 1. Moriyo Connelly | Skyline | 19:00 |
| 2. Diane Tichelaar | ARC     | 19:59 |
| 3. Cheryl Young    | ARC     | 20:09 |
| 4. KARIN NELSON    | CSM     | 20:19 |
| 5. Diana Norton    | ARC     | 20:39 |
| 6. Nori Grossman   | Skyline | 21:19 |
| 7. Melita Peppin   | Skyline | 21:37 |
| 8. Magda Mendoza   | Skyline | 21:54 |
| 9. Cheryl Grant    | ARC     | 22:00 |
| 10. JUDY BEKEART   | CSM     | 22:51 |
| 11. Grace Quintana | Skyline | 23:44 |
| 12. SUSAN PAVY     | CSM     | 24:21 |
| 13. BETH CARLTON   | CSM     | 25:50 |
| 14. Ann Carlton    | ARC     | 27:35 |

# COLLEGE OF SAN MATEO

## CROSS COUNTRY

At: Coyote Point Park  
Newark

College of San Mateo  
West Valley College  
San Jose City College

October 27, 1978  
Fair

### TEAM RESULTS - MEN 4.0 Miles

|             |    |             |    |           |    |
|-------------|----|-------------|----|-----------|----|
| West Valley | 19 | West Valley | 21 | San Mateo | 23 |
| San Jose    | 44 | San Mateo   | 38 | San Jose  | 33 |

### INDIVIDUAL - MEN

|                      |      |       |                       |      |       |
|----------------------|------|-------|-----------------------|------|-------|
| 1. Mike Dyer         | WVC  | 20:02 | 22. Mike Young        | WVC  | 21:59 |
| 2. Paul Sechrist     | SJCC | 20:20 | 23. Dave Parish       | SJCC | 22:05 |
| 3. Leroy Bumbaca     | WVC  | 20:23 | 24. Greg Jenkins      | WVC  | 22:25 |
| 4. GARY THURSTON     | CSM  | 20:29 | 25. Jon Brendai       | WVC  | 22:44 |
| 5. JOE GREEN         | CSM  | 20:42 | 26. Alfredo Bravo     | SJCC | 22:46 |
| 6. Kurt Karbowski    | WVC  | 20:49 | 27. RICK BUTTRELL     | CSM  | 22:53 |
| 7. Kurt Graves       | WVC  | 20:57 | 28. DAN SANCHEZ       | CSM  | 22:56 |
| 8. Vance Eberly      | WVC  | 20:59 | 29. Mike McKay        | WVC  | 23:00 |
| 9. KEN McBRIDE       | CSM  | 21:07 | 30. Tad Barnes        | SJCC | 23:04 |
| 10. Greg Sranto      | WVC  | 21:09 | 31. Tony Barba        | WVC  | 23:09 |
| 11. Bill Walker      | SJCC | 21:13 | 32. Gilbert Hernandez | SJCC | 23:11 |
| 12. Jim Thylin       | WVC  | 21:15 | 33. Ron Palermo       | WVC  | 23:18 |
| 13. Larry Bergkamp   | WVC  | 21:15 | 34. Gene Antone       | WVC  | 23:33 |
| 14. PETER ILD        | CSM  | 21:19 | 35. Rick Ridrdan      | WVC  | 24:00 |
| 15. Kevin Hunter     | SJCC | 21:29 | 36. JON TSCHARNER     | CSM  | 24:07 |
| 16. WALTER HOIGHT    | CSM  | 21:35 | 37. Tomas Bravo       | SJCC | 24:28 |
| 17. Richardson       | WVC  | 21:36 | 38. RANDY DE ARAGON   | CSM  | 25:04 |
| 18. Glen Vonderwerth | SJCC | 21:41 | 39. MIKE BRADLEY      | CSM  | 25:52 |
| 19. Ed Tico          | WVC  | 21:49 | 40. Dave Flores       | SJCC | 26:37 |
| 20. JIM ROCHFORD     | CSM  | 21:51 | 41. JOE ABEYHA        | CSM  | 27:13 |
| 21. Charles Lighty   | WVC  | 21:56 |                       |      |       |

### TEAM RESULTS - WOMEN 3.0 Miles

|             |    |           |    |             |    |
|-------------|----|-----------|----|-------------|----|
| West Valley | 19 | San Jose  | 17 | West Valley | 15 |
| San Jose    | 41 | San Mateo | 38 | San Mateo   | 49 |

### INDIVIDUAL

|                       |      |       |                         |      |       |
|-----------------------|------|-------|-------------------------|------|-------|
| 1. Ann Wotherspoon    | WVC  | 16:45 | 11. Colleen McManus     | WVC  | 20:17 |
| 2. Kathy Perkins      | WVC  | 16:51 | 12. Deborah Fletcher    | SJCC | 20:28 |
| 3. Irene Crowley      | SJCC | 17:20 | 13. Kristen Webb-Ortega | WV   | 20:36 |
| 4. Jackie Hendrickson | WVC  | 17:58 | 14. L. Gonzales         | WV   | 20:51 |
| 5. Diana Davis        | WVC  | 18:10 | 15. Janie Duff          | WV   | 20:55 |
| 6. Josylin West       | SJCC | 18:20 | 16. Jeri Smith          | SJCC | 21:48 |
| 7. Val Teberly        | WVC  | 18:25 | 17. JUDY BECKHART       | CSM  | 21:59 |
| 8. Pam Bowers         | WVC  | 18:35 | 18. PATTY MARTIN        | CSM  | 22:15 |
| 9. Sharon Furtado     | SJCC | 18:54 | 19. JOYE SCOTT          | CSM  | 22:30 |
| 10. KAREN NELSON      | CSM  | 19:17 | 20. SUSAN DAVY          | CSM  | 23:07 |
|                       |      |       | 21. BETH CARLTON        | CSM  | 24:31 |

# COLLEGE OF SAN MATEO

At: Crystal Spring Course  
Belmont - Mild

## CROSS COUNTRY

4.1 Mile  
November 3, 1978

### GOLDEN GATE CONFERENCE CHAMPIONSHIP 1978

#### TEAM RESULTS - MEN

|                                  |     |                          |      |
|----------------------------------|-----|--------------------------|------|
| 1. West Valley                   | 35  | 6. Diablo Valley College | 136  |
| 2. College of San Mateo          | 72  | 7. Chabot                | 152  |
| 3. San Jose City College         | 99  | 8. Foothill              | 178  |
| 4. City College of San Francisco | 114 | 9. Canada                | Inc. |
| 5. De Anza College               | 118 |                          |      |

#### INDIVIDUAL RESULTS - MEN

|                        |          |          |                       |          |         |
|------------------------|----------|----------|-----------------------|----------|---------|
| 1. Paul Sechrist       | SJ       | 21:03.5  | 38. Glen Vonderwerth  | SJ       | 23:11   |
| 2. Danny Grimes        | DeAnza   | 21:07    | 39. Bob Lucas         | DeAnza   | 23:13   |
| 3. Mike Dyer           | WVC      | 21:14    | 40. Dave Zarurin      | CCSF     | 23:17   |
| 4. Leroy Bumbaca       | WVC      | 21:15    | 41. Terry Johnson     | Chabot   | 23:33.1 |
| 5. GARY THURSTON       | CSM      | 21:20    | 42. Greg Kennedy      | DVC      | 23:33.3 |
| 6. Daryll Zapata       | CCSF     | 21:32    | 43. Don Malcolm       | Chabot   | 23:37.4 |
| 7. Rob Ripplinger      | DeAnza   | 21:39    | 44. Vernon Sallaz     | Chabot   | 23:37.8 |
| 8. Curt Karbowski      | WVC      | 21:45    | 45. Karl Mucheschefes | CCSF     | 23:38   |
| 9. Jim Thylin          | WVC      | 21:47    | 46. Paul Fames        | DVC      | 23:40   |
| 10. PETE ILD           | CSM      | 21:50    | 47. Brad Meegan       | CCSF     | 23:46   |
| 11. Kurt Graves        | WVC      | 21:51    | 48. JIM ROCHFORD      | CSM      | 23:47   |
| 12. Gregg Szanto       | WVC      | 21:56    | 49. Bob Cowell        | DeAnza   | 23:53   |
| 13. Larry Bergkamp     | WVC      | 21:58    | 50. RICK LUTTRELL     | CSM      | 24:00   |
| 14. Bill Walker        | SJ       | 22:03    | 51. Gilbert Hernandez | SJ       | 24:04   |
| 15. Vance Eberly       | WVC      | 22:04    | 52. DANLO SANCHE      | CSM      | 24:10   |
| 16. JOE GREEN          | CSM      | 22:06    | 53. Alfredo Bravo     | SJ       | 24:14   |
| 17. Russell Richardson | WVC      | 22:08    | 54. Don Brown         | DeAnza   | 24:27   |
| 18. KEN McBRIDE        | CSM      | 22:14    | 55. Tom Martuscelli   | DeAnza   | 24:28   |
| 19. Kevin Hunter       | SJ       | 22:15    | 56. Kevin O'Halloman  | Foothill | 24:40   |
| 20. Brett Hill         | Chabot   | 22:17    | 57. Len Pugh          | DeAnza   | 24:46   |
| 21. Burt Kallander     | DVC      | 22:19.03 | 58. Tom Burns         | DVC      | 24:57   |
| 22. Rich Stiller       | Foothill | 22:19.07 | 59. Earl Harris       | Foothill | 25:06   |
| 23. Mike Johnson       | CCSF     | 22:20    | 60. Jon TSCHARNER     | CSM      | 25:07   |
| 24. Bryan March        | DVC      | 22:22    | 61. James Carr        | CCSF     | 25:08   |
| 25. Fletcher Sanford   | CCSF     | 22:25    | 62. Tao Barnes        | SJ       | 25:20   |
| 26. Dallas White       | Foothill | 22:27    | 63. Luis Sandoval     | Canada   | 25:25   |
| 27. J. Peters          | DVC      | 22:29    | 64. Bill Bodin        | Chabot   | 25:37   |
| 28. Ray Wieand         | Canada   | 22:41    | 65. RANDY DE ARAGON   | CSM      | 25:49   |
| 29. WALTER HAIGHT      | CSM      | 22:43    | 66. Ed Ferrari        | CCSF     | 25:56   |
| 30. David Fisher       | Chabot   | 22:45    | 67. Tim Chavez        | Chabot   | 26:05   |
| 31. Mark Ford          | CCSF     | 22:50    | 68. Tomas Bravo       | SJ       | 26:07   |
| 32. Jeff Nicklin       | DeAnza   | 22:51    | 69. Ed Tangney        | DeAnza   | 26:53   |
| 33. James Boit         | Foothill | 22:56    | 70. Mike Colon-Mateo  | DVC      | 27:21   |
| 34. Mike DeGroot       | Chabot   | 22:57    | 71. Shaiih Tabmasebne | CCSF     | 27:26   |
| 35. Cliff Stewart      | DVC      | 22:59    | 72. Dave Flores       | SJ       | 29:27   |
| 36. Dave Parish        | SJ       | 23:08.3  | 73. Mike Francois     | Canada   | 30:09   |
| 37. Greg Jenkins       | WVC      | 23:08.6  |                       |          |         |

# COLLEGE OF SAN MATEO

At: Crystal Spring Course  
Belmont - Mild

## CROSS COUNTRY

3.0 Mile  
November 3, 1978

### GOLDEN GATE CONFERENCE CHAMPIONSHIP 1978

#### TEAM RESULTS - WOMEN

|                  |    |                         |     |
|------------------|----|-------------------------|-----|
| 1. West Valley   | 21 | 5. DeAnza               | 101 |
| 2. Canada        | 90 | 6. Foothill             | 141 |
| 3. Diablo Valley | 91 | 7. Chabot               | 146 |
| 4. San Jose      | 91 | 8. College of San Mateo | 210 |

#### INDIVIDUAL RESULTS - WOMEN

|                        |          |       |                         |          |       |
|------------------------|----------|-------|-------------------------|----------|-------|
| 1. Kathy Perkins       | WVC      | 17.13 | 29. Kristin Allyne      | WVC      | 21:30 |
| 2. Ann Wotherspoon     | WVC      | 17.34 | 30. Terri Slattery      | Chabot   | 21:38 |
| 3. Irene Crowley       | SJ       | 17.36 | 31. Laurel Brennan      | DVC      | 21:43 |
| 4. Jackie Hendrickson  | WVC      | 18:15 | 32. Janet Smith         | DeAnza   | 21:44 |
| 5. Diana Davis         | WVC      | 18:25 | 33. Elaine Wright       | DeAnza   | 21:48 |
| 6. Suzanne Blevins     | DVC      | 18:29 | 34. Karin Stok          | Canada   | 21:52 |
| 7. Skip Swannick       | Canada   | 18:34 | 35. Stephanie Ratcliffe | Chabot   | 22:01 |
| 8. Sally McPherson     | DeAnza   | 18:52 | 36. L. Gonzales         | WVC      | 22:15 |
| 9. Val Eberly          | WVC      | 18:59 | 37. Dorothy Vinals      | Chabot   | 22:19 |
| 10. Amy Haberman       | DeAnza   | 19:05 | 38. Joy SCOTT           | CSM      | 22:28 |
| 11. Diane Bateman      | DVC      | 19:07 | 39. Joanne Connally     | Foothill | 22:39 |
| 12. Joslyn West        | SJ       | 19:29 | 40. Debbie Zwick        | Foothill | 22:49 |
| 13. Sharon Furtado     | SJ       | 19:34 | 41. Jeri Smith          | SJ       | 22:51 |
| 14. Renay Wolfe        | Canada   | 19:51 | 42. PATTY MARTIN        | CSM      | 23:06 |
| 15. Colleen McManus    | WVC      | 20:08 | 43. Liz King            | Chabot   | 23:09 |
| 16. Heidi Hansen       | Foothill | 20:10 | 44. Cindi Bingley       | Canada   | 23:10 |
| 17. Debbie Santa Maria | Chabot   | 20:12 | 45. JUDY BEKEART        | CSM      | 23:12 |
| 18. Dana S purrier     | DVC      | 20:14 | 46. Bess Balderston     | DVC      | 23:19 |
| 19. Pat Gonvelzes      | Chabot   | 20:17 | 47. SUSAN PAVY          | CSM      | 23:36 |
| 20. Lynn Harris        | DeAnza   | 20:22 | 48. Dawn Umberger       | DVC      | 23:39 |
| 21. Peggy Stok         | Canada   | 20:25 | 49. Margaret Gonsalves  | Chabot   | 24:22 |
| 22. Katie Glaser       | Foothill | 20:36 | 50. Mary Bland          | Canada   | 24:25 |
| 23. Suzanne Knott      | Canada   | 20:42 | 51. Carrie Gomes        | DVC      | 24:47 |
| 24. Deborah Fletcher   | SJ       | 20:47 | 52. BETH CARLTON        | CSM      | 25:07 |
| 25. Mimi Gerard        | Canada   | 20:50 | 53. Janet Voegtly       | DVC      | 25:09 |
| 26. Merrily Landers    | DVC      | 21:21 | 54. Cynthia Mutch       |          | 27:08 |
| 27. Janie Duff         | WVC      | 21:23 | 55. Mary Harrison       | Canada   | 27:39 |
| 28. Christy Peterson   | Foothill | 21:27 | 56. Beth Lyster         | DVC      | 28:25 |

COLLEGE OF SAN MATEO

GOLDEN GATE CONFERENCE CHAMPIONSHIP 1978

at: Crystal Spring Course  
Belmont - Mild

November 3, 1978

CROSS COUNTRY  
RESERVE TEAM

|                       |        |         |
|-----------------------|--------|---------|
| 1. Mike Young         | WVC    | 23:05.7 |
| 2. Charles Lighty     | WVC    | 23:33   |
| 3. Jon Brendal        | WVC    | 23:50   |
| 4. Tony Borba         | WVC    | 24:04   |
| 5. Ron Palermo        | WVC    | 24:30   |
| 6. Gene Antone        | WVC    | 24:36   |
| 7. Mike McKay         | WVC    | 25:04   |
| 8. Ed Tico            | WVC    | 25:07   |
| 9. Rick Riordan       | WVC    | 25:10   |
| 10. Richard Tomlinson | Chabot | 25:18   |
| 11. Norm Shaskey      | DeAnza | 25:52   |
| 12. Chris Morris      | DeAnza | 25:55   |
| 13. Jim West          | Chabot | 26:02   |
| 14. Carl Nielson      | Chabot | 26:11   |
| 15. David Berry       | Chabot | 26:21   |
| 16. Tom Boyd          | DeAnza | 26:42   |
| 17. Ron Batie         | DeAnza | 27:12   |
| 18. Glenn Hill        | Chabot | 27:26   |
| 19. JOE ABEYTA        | CSM    | 27:33   |

## COLLEGE OF SAN MATEO

NORTHERN CALIFORNIA CHAMPIONSHIPS

## Division I - MEN

At: Crystal Springs Course  
4.1 Miles

CROSS COUNTRY

November 11, 1978  
Cold, Overcast & Windy

TEAM SCORES

|                         |     |                 |     |
|-------------------------|-----|-----------------|-----|
| 1. West Valley          | 84  | 7. Santa Rosa   | 163 |
| 2. Sequoias             | 92  | 8. San Jose     | 170 |
| 3. Modesto              | 102 | 9. Marin        | 176 |
| 4. American River       | 122 | 10. De Anza     | 199 |
| 5. College of San Mateo | 145 | 11. Napa        | 246 |
| 6. Delta                | 162 | 12. Los Medanos | 315 |

INDIVIDUAL RESULTS

|                      |              |          |                      |           |         |
|----------------------|--------------|----------|----------------------|-----------|---------|
| 1. Bill Hurst        | Mod          | *20:09.8 | 45. PETE ILD         | CSM       | 22:18   |
| 2. Danny Grime       | DeAnza       | 20:39    | 46. Chuck McMillan   | Marin     | 22:20   |
| 3. Mike Dyer         | WVC          | 20:44    | 47. WALTER HAIGHT    | CSM       | 22:21   |
| 4. Tim Holmes        | Mod          | 20:54    | 48. George Bratsberg | SR        | 22:28   |
| 5. Nick Brever       | ARC          | 20:55    | 49. Tony Carvalho    | Delta     | 22:29   |
| 6. Jeff Baumsteigern | Marin        | 20:59.2  | 50. Greg De La Cruz  | Seq       | 22:30   |
| 7. Paul Sechrist     | SJ           | 20:59.9  | 51. Allan Coggan     | Napa      | 22:38   |
| 8. Rany Hale         | Delta        | 21:08    | 52. Glen Vonderwerth | SJ        | 22:39   |
| 9. Stan Winkle       | Mod          | 21:11    | 53. Ken Mihlaid      | Mod       | 23:45   |
| 10. Swift Katepa     | Seq          | 21:12    | 54. Frank Paula      | SR        | 22:47   |
| 11. Tom Lohse        | Seq          | 21:13    | 55. Rudy Balli       | SR        | 22:50   |
| 12. Dan Will         | ARC          | 21:16    | 56. Jim Holmes       | Delta     | 22:51   |
| 13. KEN McBRIDE      | CSM          | 21:19    | 57. Pete Oreilly     | Marin     | 22:55   |
| 14. Daryll Zapata    | SF           | 21:20    | 58. Bob Lucas        | DeAnza    | 22:55.5 |
| 15. Sal Lozano       | Seq          | 21:23    | 59. Malcolm Maxwell  | ARC       | 22:55.9 |
| 16. Rob Ripplinger   | DeAnza       | 21:26    | 60. Dave Parish      | SJ        | 22:56   |
| 17. Greg Pope        | Fresno       | 21:28    | 61. Keith Golding    | Napa      | 23:06   |
| 18. Rich Carlsen     | Marin        | 21:29    | 62. Brent Cushenbery | ARC       | 23:09   |
| 19. Gregg Szanto     | WVC          | 21:29.4  | 63. Rob Trumbull     | Marin     | 23:14   |
| 20. Curt Karbowski   | WVC          | 21:29.7  | 64. Bob Cowell       | DeAnza    | 23:14.8 |
| 21. Jerry Drew       | SR           | 21:31    | 65. Bill Brennan     | Marin     | 23:22.6 |
| 22. GARY THURSTON    | CSM          | 21:32    | 66. Randy Mitchell   | Seq       | 23:23   |
| 23. Kevin Hunter     | SJ           | 21:38    | 67. JIM ROCHFORD     | CSM       | 23:25   |
| 24. Kurt Graves      | WVC          | 21:39    | 68. Simon Lew        | SR        | 23:31   |
| 25. Kevin Jones      | SR           | 21:41    | 69. RICK LUTTRELL    | CSM       | 23:37   |
| 26. Vance Eberly     | WVC          | 21:41.8  | 70. Mike Lequait     | Los Medon | 23:40.1 |
| 27. Chris Otis       | Cosumnes Riv | 21:42    | 71. Doug Bennett     | Delta     | 23:40.8 |
| 28. Tim Hill         | Seq          | 21:42.5  | 72. Len Pugh         | DeAnza    | 23:50   |
| 29. Chris Munoz      | Delta        | 21:45    | 73. John Pittel      | Mod       | 24:00   |
| 30. Bob Luttrell     | SR           | 21:46    | 74. Gil Hernandez    | SJ        | 24:03   |
| 31. JOE GREEN        | CSM          | 21:52    | 75. Jim Hartinger    | Los Medon | 24:06   |
| 32. Tim Lee          | Napa         | 21:56    | 76. Bob Roll         | Los Medon | 24:09   |
| 33. Marlon Smith     | ARC          | 21:56.8  | 77. Daris Russo      | Los Medon | 24:11   |
| 34. Jack Dixon       | Delta        | 21:57    | 78. Tom Martuscelli  | DeAnza    | 24:12   |
| 35. Jimmy Leos       | Seq          | 21:59    | 79. Ken Takao        | Delta     | 24:18   |
| 36. Scott Molina     | Los Medon    | 22:01    | 80. John Colomet     | Marin     | 24:30   |
| 37. Jim Thylin       | WVC          | 22:02    | 81. Pat Mahoney      | Napa      | 24:50   |
| 38. Mark Lonzak      | ARC          | 22:08    | 82. Rich Vasquez     | Los Medon | 24:52   |
| 39. Tony Lee         | Napa         | 22:11    | 83. Alfredo Bravo    | SJ        | 25:11   |
| 40. Leroy Bumbaca    | WVC          | 22:12    | 84. Pat Croft        | Los Medon | 26:00   |
| 41. Bill Walker      | SJ           | 22:12.7  |                      |           |         |
| 42. John Motz        | Mod          | 22:13    |                      |           |         |
| 43. Juan Torres      | ARC          | 22:14    |                      |           |         |
| 44. Brian Turner     | Alameda      | 22:15    |                      |           |         |

\*NEW COURSE RECORD

# COLLEGE OF SAN MATEO

## NORTHERN CALIFORNIA CHAMPIONSHIPS Division II - MEN

At: Crystal Springs Course  
4.1 Miles

### CROSS COUNTRY

November 11, 1978  
Cold, Overcast & Windy

### TEAM SCORES

|                             |     |                    |     |
|-----------------------------|-----|--------------------|-----|
| 1. Sierra (1-3-4-9-11)      | 28  | 6. Butte           | 127 |
| 2. Skyline (10-11-14-15-24) | 76  | 7. Antelope Valley | 168 |
| 3. Monterey (2-6-17-26-32)  | 87  | 8. Cabrillo        | 238 |
| 4. Cuesta (7-16-23-27-34)   | 107 | 9. Siskiyou        | 253 |
| 5. Yuba (5-20-22-25-39)     | 111 |                    |     |

### INDIVIDUAL RESULTS

|                    |            |         |                      |            |         |
|--------------------|------------|---------|----------------------|------------|---------|
| 1. Greg Hitchcock* | Sierra     | 20:07   | 32. Glenn Sutor      | Sierra     | 22:48   |
| 2. John Sup        | MPC        | 20:32   | 33. Jerry Sandoval   | MPC        | 22:51   |
| 3. Chris Hamer     | Sierra     | 20:43   | 34. Jim Saladino     | Skyline    | 22:52   |
| 4. Dan Navarro     | Sierra     | 20:54   | 35. Steve Onaga      | Cuesta     | 22:54   |
| 5. Mike Galligan   | Yuba       | 21:01   | 36. Bob Hough        | MPC        | 22:58   |
| 6. Jim Christensen | MPC        | 21:14   | 37. Ron Hofhenke     | Butte      | 23:01   |
| 7. Vince Reyes     | Cuesta     | 21:27   | 38. Seth Roberts     | Butte      | 23:04   |
| 8. Jim Scott       | Butte      | 21:29   | 39. Jay Mortensen    | Ant Valley | 23:08   |
| 9. Ricardo Vargas  | Hartnell   | 21:32.1 | 40. Bill Elliott     | Yuba       | 23:13   |
| 10. Dave Woodlife  | Sierra     | 21:32.7 | 41. Clint Davis      | Ant Valley | 23:17   |
| 11. Mike McDaniel  | Skyline    | 21:33   | 42. Bret Darington   | Ant Valley | 23:18   |
| 12. Jim Dietler    | Sierra     | 21:35   | 43. Jorge Solorio    | MPC        | 23:21   |
| 13. Jim Sane       | Sierra     | 21:46   | 44. Wayne Chester    | Yuba       | 23:24   |
| 14. Mike Gulli     | Skyline    | 21:47   | 45. Dave Sophie      | Butte      | 23:35   |
| 15. Vic Torres     | Skyline    | 21:51   | 46. Ron Bishop       | Siskiyou   | 23:37   |
| 16. Mike Skiff     | Skyline    | 21:56   | 47. John Morefield   | Ant Valley | 23:42   |
| 17. Randy Baldwin  | Cuesta     | 21:58   | 48. Foster Faris     | Ant Valley | 23:47   |
| 18. Bob Wellick    | MPC        | 22:06   | 49. Tim Wilhite      | Siskiyou   | 23:55   |
| 19. Kevin Boone    | Butte      | 22:09   | 50. Pat Gallagher    | Cuesta     | 24:09   |
| 20. Carlos Galvan  | Ant Valley | 22:10   | 51. Rob Todovich     | Cab        | 24:10   |
| 21. Ray Cooper     | Yuba       | 22:15   | 52. Matt Parsons     | Siskiyou   | 24:21   |
| 22. Jose Garcia    | Cabrillo   | 22:16   | 53. Bernie Fernandez | Siskiyou   | 24:29   |
| 23. Marcos Silva   | Yuba       | 22:19   | 54. Bob Hastings     | Butte      | 24:29.8 |
| 24. Stan Heihrichs | Cuesta     | 22:19.8 | 55. Jeff Young       | Cab        | 24:34   |
| 25. Ron Campos     | Skyline    | 22:24   | 56. Bob Lacey        | Cab        | 24:37   |
| 26. Armando Zuniga | Yuba       | 22:27   | 57. Jeff Stopper     | Yuba       | 24:40   |
| 27. Phil Adams     | MPC        | 22:28   | 58. Roger Marschner  | Siskiyou   | 25:11   |
| 28. Richard Welch  | Cuesta     | 22:29   | 59. Jim Murro        | Cab        | 25:14   |
| 29. Chris Hood     | Butte      | 22:32   | 60. Ruebel Gonzales  | Cab        | 25:50   |
| 30. Steve O'Brien  | Skyline    | 22:46   | 61. Hillary Hecht    | Cab        | 27:09   |
| 31. Jack Powell    | Ant Valley | 22:47   | 62. Matt Seretta     | Hartnell   | 27:26   |

\*Greg Hitchcock of Sierra bettered course record of 20:09.8  
by Bill Hurst Modesto in Division I race today.

Previous record was 20:13.6 by Ted Quintana, Chabot, 1974.

## COLLEGE OF SAN MATEO

NORTHERN CALIFORNIA CHAMPIONSHIPS

## Division I - WOMEN

At: Crystal Springs Course  
3.0 Miles

CROSS COUNTRY

November 11 1978  
Cold, Cloudy & Windy

TEAM SCORES

|                                       |     |                    |     |
|---------------------------------------|-----|--------------------|-----|
| 1. West Valley College (1-2-9 11-123) | 35  | 7. Marin           | 191 |
| 2. Fresno (4-7-17-20-41)              | 89  | 8. Sequoias        | 198 |
| 3. Canada (6-18-21-27-32)             | 104 | 9. Delta           | 218 |
| 4. San Jose (3-13-16-30-52)           | 114 | 10. Napa           | 227 |
| 5. Santa Rosa (15-22-25-29-34)        | 125 | 11. American River | 254 |
| 6. Diablo Valley College              | 133 |                    |     |

INDIVIDUAL RESULTS

|                        |          |         |                       |          |         |
|------------------------|----------|---------|-----------------------|----------|---------|
| 1. Ann Wotherspoon     | WVC      | 17:14   | 38. Gabriella Nunez   | Sequoias | 20:41   |
| 2. Kathy Perkins       | WVC      | 17:18   | 39. Andrea Rossman    | Marin    | 20:43   |
| 3. Irene Crowley       | SJ       | 17:40   | 40. Sydney Bronson    | Napa     | 20:56   |
| 4. Connie Hester       | Fresno   | 18:12   | 41. Teri Stout        | Sequoias | 20:57   |
| 5. Karen Robinson      | Delta    | 18:20   | 42. Wendy Parrott     | Delta    | 20:58   |
| 6. Skip Swannick       | Canada   | 18:27   | 43. Irene Torres      | Fresno   | 21:06   |
| 7. Serena Dominques    | Fresno   | 18:31   | 44. Laurel Brennan    | DVC      | 21:10   |
| 8. Diane Bateman       | DVC      | 18:36   | 45. Suzie Locke       | Marin    | 21:13   |
| 9. Diana Davis         | WVC      | 18:37   | 46. Diana Macias      | Fresno   | 21:17   |
| 10. Suzanne Blevins    | DVC      | 18:38   | 47. Diane Norton      | Amer.R   | 21:24   |
| 11. Valerie Everly     | WVC      | 18:39   | 48. Ruby Hernandez    | Sequoias | 21:28   |
| 12. Amy Haberman       | DeAnza   | 18:41   | 49. Felicia Shinnamon | Napa     | 21:30   |
| 13. Pam Bowers         | WVC      | 18:44   | 50. Grace Robles      | Fresno   | 21:36   |
| 14. Joslyn West        | SJ       | 18:54   | 51. Merrily Landers   | DVC      | 21:43   |
| 15. Jackie Hendrickson | WVC      | 19:03   | 52. Jenny River       | Marin    | 21:48   |
| 16. Deanne Neff        | St.Rosa  | 19:10   | 53. Cherly Grant      | Amer.R.  | 21:50   |
| 17. Sharon Furtado     | SJ       | 19:10.7 | 54. Jeri Smith        | SJ       | 21:58   |
| 18. Nora Vargas        | Fresno   | 19:15   | 55. Judy Selby        | Napa     | 22:08   |
| 19. Renay Wolfe        | Canada   | 19:39   | 56. Laura Kulsik      | Sequoias | 22:14   |
| 20. Diane Tichelaar    | Amer.R   | 19:41   | 57. Robin Bachine     | Delta    | 22:39   |
| 21. Ann Olson          | Fresno   | 19:44   | 58. Bess Balderston   | DVC      | 22:43   |
| 22. Peggy Stok         | Canada   | 19:47   | 59. Loreen Brockman   | Delta    | 22:43.5 |
| 23. Becky Simmie       | St.Rosa  | 19:52   | 60. Joslyn Baca       | Sequoias | 22:45   |
| 24. Jocelyn Sisson     | Sequoias | 19:56   | 61. Sue Gonzales      | Sequoias | 22:49   |
| 25. Sally McPherson    | DeAnza   | 19:59   | 62. Cindi Bingley     | Canada   | 22:51   |
| 26. Dana Spurrier      | DVC      | 20:04   | 63. Linda Smallel     | Delta    | 22:54   |
| 27. Diane Kehres       | St.Rosa  | 20:14   | 64. Dawn Umberger     | DVC      | 23:12   |
| 28. Nina Beatei        | Napa     | 20:15.2 | 65. Debby Glowinkie   | Napa     | 23:12.6 |
| 29. Suzanne Knott      | Canada   | 20:15.8 | 66. Linda Woodward    | Marin    | 23:35   |
| 30. Jane Hunt          | Marin    | 20:17   | 67. Kaye Hall         | Napa     | 23:54   |
| 31. Jan Vincent        | St.Rosa  | 20:18   | 68. Mary Bland        | Canada   | 24:12   |
| 32. Deborah Fletcher   | SJ       | 20:24   | 69. Sharon Sullivan   | Delta    | 25:31   |
| 33. Coleen McManhs     | WVC      | 20:33   | 70. Mary Harrison     | Canada   | 25:45   |
| 34. Mimi Gerard        | Canada   | 20:34   | 71. Ann Carlton       | Amer.R.  | 26:40   |
| 35. Julie Fahl         | Marin    | 20:37   | 72. Tonia Smithe      | Amer.R.  | 29:47   |
| 36. Marci Hoard        | St Rosa  | 20:39   | 73. Bernadine Teal    | Delta    | 29:50   |
| 37. Karin Stok         | Canada   | 20:40   |                       |          |         |



COLLEGE OF SAN MATEO  
NORTHERN CALIFORNIA CHAMPIONSHIPS  
Division II - WOMEN

At: Crystal Springs Course CROSS COUNTRY  
3.0 Miles

November 11, 1978  
Cold Cloudy & Windy

TEAM SCORES

|                             |    |
|-----------------------------|----|
| 1. Yuba (1-3-5-11-14)       | 34 |
| 2. Monterey (2-6-7-9-18)    | 42 |
| 3. Shasta (4-10-12-17-21)   | 64 |
| 4. Cabrillo (8-13-15-16-22) | 74 |

INDIVIDUAL RESULTS

|                     |          |         |                      |         |         |
|---------------------|----------|---------|----------------------|---------|---------|
| 1. Robin Tracy      | Ant.Val. | 17:46.5 | 19. Donna Kesterson  | Yuba    | 21:24.3 |
| 2. Diana Pappas     | Yuba     | 18:26   | 20. Dru Russell      | Butte   | 21:24.8 |
| 3. Sabrina Peters   | MPC      | 18:38   | 21. Teresa Sullivan  | Cuesta  | 21:36   |
| 4. Diane Williams   | Yuba     | 18:42   | 22. Ann Wells        | Cab     | 21:36.3 |
| 5. Morigo Connelly  | Skyline  | 18:48   | 23. Nancy Reilly     | Cab     | 21:44   |
| 6. Leann Knedler    | Shasta   | 18:50   | 24. Joyce Lombard    | Butte   | 21:45   |
| 7. Sheila O'Donnell | Cuesta   | 19:02   | 25. Betty Jo Baldwin | Cuesta  | 21:46   |
| 8. S tacey Kearns   | Yuba     | 19:25   | 26. Carmel Johnson   | Shasta  | 21:56   |
| 9. Tammy Gonzalas   | MPC      | 19:40   | 27. Magda Mendoza    | Skyline | 22:06   |
| 10. Luanne Park     | Butte    | 19:49   | 28. Julie Brandlin   | MPC     | 22:14   |
| 11. Cathy Matthews  | MPC      | 20:09   | 29. Deena Nighswonge | Cuesta  | 22:34   |
| 12. Karen Hardy     | Cab      | 20:17   | 30. Anne Lawrence    | Ant.Val | 22:45   |
| 13. Liz Spencer     | MPC      | 20:20   | 31. Yvonne Reio      | MPC     | 22:56   |
| 14. Angie Miller    | Shasta   | 20:25   | 32. Margaret Chung   | MPC     | 22:58   |
| 15. Sherrill Webb   | Yuba     | 20:45   | 33. Grace Quintana   | Skyline | 23:04   |
| 16. Kristen Kaer    | Shasta   | 20:47.5 | 34. Bev Masterson    | Shasta  | 23:26   |
| 17. Nori Grossman   | Skyline  | 20:47.8 | 35. Julie Prado      | Cab     | 23:35   |
| 18. Sandy Sears     | Cab      | 21:05   | 36. Monica Stoffal   | Cab     | 24:05   |

CALIFORNIA STATE CROSS COUNTRY CHAMPIONSHIPS

MEN'S LARGE CONFERENCE - 4.0 MILES AT MORLEY FIELD, S.D., NOVEMBER 18, 1978

TEAM RESULTS

|                |     |                   |     |                |     |
|----------------|-----|-------------------|-----|----------------|-----|
| 1. Grossmont   | 29  | 4. El Camino      | 123 | 7. West Valley | 188 |
| 2. Fullerton   | 79  | 5. Long Beach     | 124 | 8. Sequoias    | 189 |
| 3. Bakersfield | 114 | 6. American River | 179 | 9. Modesto     | 199 |
|                |     |                   |     | 10. San Mateo  | 200 |

INDIVIDUAL RESULTS

|                     |             |       |                       |             |       |
|---------------------|-------------|-------|-----------------------|-------------|-------|
| 1. Bill Hurst       | Modesto     | 19:21 | 38. Stan Winkley      | Modesto     | 21:07 |
| 2. Steve Ortiz      | Grossmont   | 19:32 | 39. Kevin Fisher      | El Camino   | 21:09 |
| 3. Angel Carrille   | Bakersfield | 19:41 | 40. Craig Williams    | El Camino   | 21:17 |
| 4. Chris Schaller   | L.A. Valley | 20:00 | 41. KEN McBRIDE       | SAN MATEO   | 21:20 |
| 5. Rick Rose        | Grossmont   | 20:02 | 42. Malcolm Maxwell   | American Ri | 21:21 |
| 6. Marc Keller      | Grossmont   | 20:07 | 43. James Steffers    | Long Beach  | 21:22 |
| 7. Matt Leddy       | Grossmont   | 20:09 | 44. Ken Cooper        | Bakersfield | 21:23 |
| 8. Ron Cornell      | Long Beach  | 20:12 | 45. Tim Holmes        | Modesto     | 21:28 |
| 9. Swift Katepa     | Sequoias    | 20:15 | 46. Bruce Bosttner    | Fullerton   | 21:33 |
| 10. Bill Saiki      | El Camino   | 20:19 | 47. Roman Gustierrez  | Bakersfield | 21:35 |
| 11. Nick Brever     | American Ri | 20:20 | 48. Jeff Baumsteiger  | Marin       | 21:35 |
| 12. Scott Allison   | Fullerton   | 20:21 | 49. Vance Eberly      | West Valley | 21:35 |
| 13. Mike Lohr       | Grossmont   | 20:22 | 50. PETE ILD          | SAN MATEO   | 21:38 |
| 14. Jose Barcenaz   | Bakersfield | 20:24 | 51. Scott Hislop      | Bakersfield | 21:39 |
| 15. Joey Gomez      | Fullerton   | 20:26 | 52. Jimmy Loes        | Sequoias    | 21:40 |
| 16. Mike Dyer       | W. Valley   | 20:27 | 53. Tim Hill          | Sequoias    | 21:41 |
| 17. Brian Osmann    | Fullerton   | 20:28 | 54. Greg Szante       | West Valley | 21:45 |
| 18. Paul Sechrist   | San Jose    | 20:30 | 55. Chad Kester       | Long Beach  | 21:46 |
| 19. Danny Grimes    | DeAnza      | 20:40 | 56. Curt Karbowski    | West Valley | 21:48 |
| 20. Dennis Hamblin  | Grossmont   | 20:40 | 57. Jim Thylin        | West Valley | 21:49 |
| 21. Ricky Cisneros  | Fullerton   | 20:43 | 58. Mike Deis         | American Ri | 21:50 |
| 22. Mark Trilevsky  | Long Beach  | 20:44 | 59. Leroy Bumbaca     | West Valley | 21:53 |
| 23. Rick Medellin   | Fullerton   | 20:46 | 60. Juan Terres       | American Ri | 21:59 |
| 24. Nick Carr       | El Camino   | 20:47 | 61. Sal Lezano        | Sequoias    | 22:05 |
| 25. Julie Sato      | El Camino   | 20:49 | 62. Brent Cusherberry | American Ri | 22:06 |
| 26. Dan Will        | American Ri | 20:50 | 63. Dean Lofgren      | El Camino   | 22:07 |
| 27. GARY THURSTON   | SAN MATEO   | 20:52 | 64. Mark Lonzak       | American Ri | 22:11 |
| 28. Robert Lusitana | Grossmont   | 20:52 | 65. Kra, Mihalic      | Modesto     | 22:27 |
| 29. Dan Lesane      | Bakersfield | 20:53 | 66. WALT HAIGHT       | SAN MATEO   | 22:40 |
| 30. Rick Neiswonger | Fullerton   | 20:54 | 67. Dean Wilson       | Long Beach  | 22:42 |
| 31. Carmello Rice   | Long Beach  | 20:55 | 68. Ken Hurst         | Modesto     | 22:44 |
| 32. Kurt Graves     | West Valley | 20:56 | 69. Mike Phillips     | El Camino   | 22:47 |
| 33. Randy Hale      | S.J. Delta  | 20:58 | 70. John Metz         | Modesto     | 23:02 |
| 34. Tom Lohse       | Sequoias    | 20:58 | 71. Greg Dela Cruz    | Sequoias    | 23:13 |
| 35. Greg Trilevsky  | Long Beach  | 20:59 | 72. Randy Mitchell    | Sequoias    | 23:33 |
| 36. Ed Burns        | Bakersfield | 21:01 | 73. Charles Pittel    | Modesto     | 23:45 |
| 37. JOE GREEN       | SAN MATEO   | 21:03 | 74. RICK LUTTRELL     | SAN MATEO   | 24:05 |
|                     |             |       | 75. DANILE SANCHEZ    | SAN MATEO   | 24:23 |



Joe Green - Soph  
 Fresh - Aragon High School



Gary Thurston - Fresh  
 Fresh - Menlo-Atherton H.S. School



Pete Ild  
Soph  
From Aragon



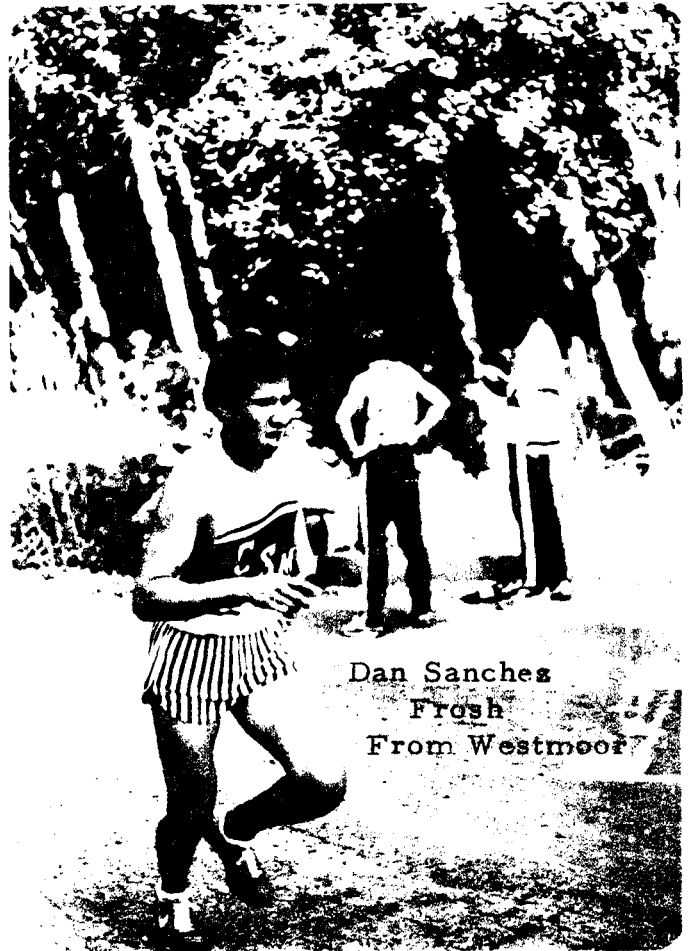
on right  
From Aragon



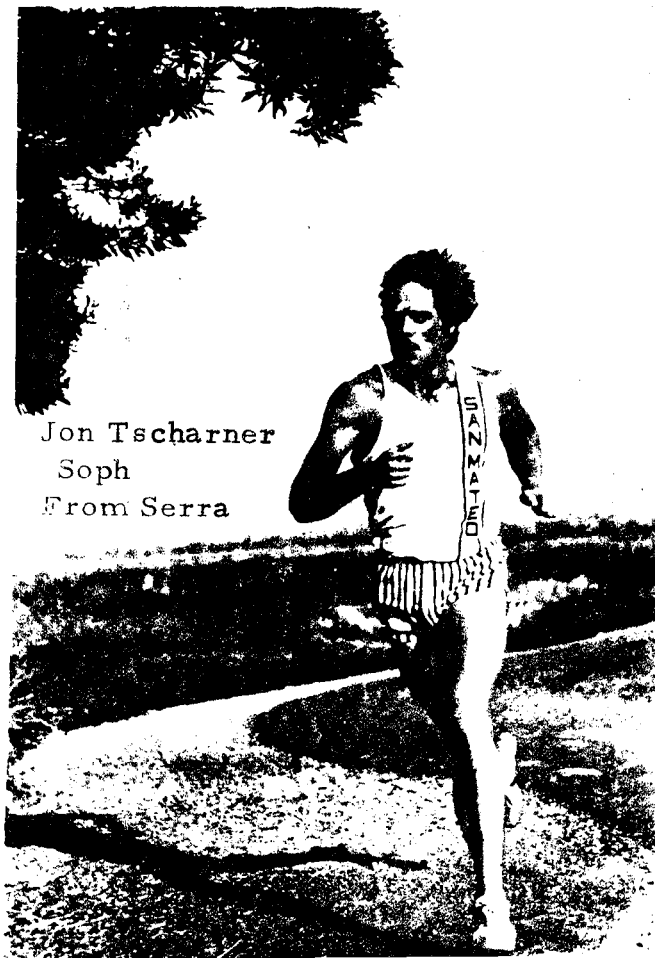
From Serra



Rick Luttrell  
Frosh  
From San Carlos



Dan Sanchez  
Frosh  
From Westmoor



Jon Tscharner  
Soph  
From Serra



Paulie DeArce on Sept.  
 Pres. Bartlett's High S.



Mike Andrew Frosh  
 Pres. Carleton High.



Eric A. Gith - Frosh.  
 Pres. Mills High School - B. C.



Pete, Earle Nelson

President

1. B. Nelson

Supv.

P. R. Nelson

Pres.





Barry Martin  
Coach





ST. LOUIS, MO.  
1940



# Ken McBride leads harriers to third place in Beach Run

The fifth place finishing time of 22:01 by sophomore long distance man Ken McBride led the Bulldog cross country team to a third place finish as the harriers opened their season by hosting the 10th Annual CSM Beach Run last Saturday at Half Moon Bay State Beach.

Taking place on four miles of sand, the run saw West Valley repeat their victory of last year with a score of 42 points, followed closely by Monterey Peninsula with 43 and CSM finishing with 50 points.

A cross country meet is won by the team that has the lowest total after the finishing positions of each team's top five runners are added together. Rounding out CSM's five man finishing team were sixth place finisher Walt Haight, 22:03, Pete Ild with a ninth spot 22:26 and 11th placer Gary Thurston, 22:28. Also finishing for the Dogs were Joe Green, 23:09, Jim Rockford and Ross Walding.

"We really didn't do that well," commented head coach Bob Rush, "I really don't place much emphasis on this meet. I feel we'll do better in the season than we showed here."

The women's team, consisting of Judy Bekeart, Connie Cunneen, Susan Pavy and Beth Carlton, were unable to place because of an incomplete squad, but ran for the experi-

ence because much of the team had never run in any competition before.

"This was our first time in competition as a unit; we all learned and enjoyed it," said coach Richard Harris, reflecting on his team's performance. "My philosophy is that there should be joy in running and joy in victory, so we like to win."

The teams travel to Yosemite for a cross country seminar next week and return for competition in the Golden Gate Conference Invitational to be held at Golden Gate Park on Saturday, Sept. 30th.

# CSM harriers 3rd in debut

Paced by fifth-placer Ken McBride and sixth-placer Walt Haight, College of San Mateo took third among five cross country teams Saturday in the Bulldogs' 10th annual beach run at Half Moon Bay.

Bolstered by a one-two finish, West Valley nipped Monterey Peninsula for top honors, 42-43, followed by CSM (50), Marin (87) and Foothill (incomplete).

Judy Bekeart topped CSM in the women's race, placing seventh.

## BULLDOG BEACH RUN

SCORES: West Valley 42, Monterey Peninsula 43, San Mateo 50, Marin 87, Foothill (incomplete). Mike Dyer (WV) 21:08.5, Eberly (WV) 21:29, Christensen (MP) 21:44, Sup (MP) 21:57, McBride (SM) 22:01, Haight (SM) 22:03, 9. Ild (SM) 22:26, 11. Thurston (SM) 22:28, 20. Green (SM) 23:09, 24. Rockford (SM) 23:23.

Women (Marin only complete team): Julie Fahf (Marin) 29:19, Hunt (Marin) 29:37, 7. Bekeart (SM) 31:53, 10. Counmen (SM) 34:25, 11. Pavy (SM) 34:35.

# X-country season opens with annual Beach Run

The Bulldog cross country team opens its season tomorrow, hosting its 10th Annual CSM Beach run. Starting time will be at 9 a.m. at the Half Moon Bay State Beach.

Coach Bob Rush is looking forward to capturing the Golden Gate Conference title that they were inched out of by West Valley in last year's final dual match of the season by a one point margin.

The harriers will depend heavily on last year's returning lettermen. "There weren't that many good distance runners who graduated from the county's high schools this year, but even though they were a small team, it's a good team with good depth," said Rush.

Sophomores Rich Baldocchi, Joe Green and Ken McBride are expected to carry the burden of the Dogger's points, with additional help from the much improved Walter Haight and Peter Ild.

Rush will continue to use his top track and field competitors to round out the rest of his squad much like he did last year with many of his spring performers. "It helps them build endurance and leg strength," notes Rush. Freshmen pole vaulter Mike Bradley (15'3") and hurdler Rick Luttrell will wet their feet with the team in preparation for track and field.

Randy De Aragon, Danilo Sanchez, Jon Tscherner and Gary Thurston also will be depended on in the harriers' quest for a championship.

The women's cross country team, celebrating its 2nd anniversary this year, hopes to improve on their fourth place GGC finish. They will have a new look with first year coach Richard Harris.

# 3rd Yosemite seminar a bonanza for harriers

When somebody tells you they have gone to a seminar, the first question you naturally ask is, "what did the instructor talk about?", "was it boring?", or "how many good looking girls or guys were there?"

The 3rd Annual Yosemite Cross Country Seminar that the Bulldog harriers attended two weeks ago was a wee bit different from the traditional all talk/no action athletic seminars.

Coach Bob Rush explained the history and meaning of the Yosemite excursions. "Three years ago, a couple of other coaches and I decided to invite nine teams to spend a weekend in Yosemite National Park to compete with each other and at the same time build a team cohesiveness and really try to bring the teams together so they have mutual respect for one another."

Apparently this task was successful. Team member Joe Green further tells what he got out of this trip.

"We really got to know each other. When you have people coming from different high schools and different cities, you have to put a major emphasis on team unity and respect because we're all trying to reach the same goal, and this trip really got us pretty close. We're a tight team now."

The Dogs did find time to get some conditioning in by conquering probably the hardest course that they will ever run. With a gleam of accomplishment in his eyes, Green gives details of the run. "It's a hard course; you're up at an altitude of over 3,000 feet, so the air is pretty thin, and the terrain is hilly, so as you go uphill and downhill the altitude change really gets to you," Rush adds, "You're facing a physical and mental battle because you go through so many peaks and valleys; so after you finish the course you really feel you accomplished something."

McBride led the Doggers with a time of 87 minutes.

## Huge JC harrier meet at Crystal

College of San Mateo's men and Canada College's women prepared for tomorrow's mammoth CSM Invitational with victories yesterday in the first Golden Gate Conference cross country center

meet at Hellyer Park in San Jose.

CSM will play host to nearly every team in Northern California in tomorrow's invitational, which begins at noon at Crystal Springs in Belmont.

Canada's women opened with a blistering pace while beating De Anza, 23-32, and CSM, 15-41. De Anza also beat CSM, 19-39.

De Anza's Sally McPherson topped all GGC runners in 17:23 over the three-mile course, but Canada's Skip Swannack finished behind her with the second-best time, 17:39.4. Colt freshman Renay Wolfe's 18:35.9 was third-best clocking and would have won either of the other two races.

Sophomore Ken McBride and first-year JC harrier Gary Thurston paced CSM's double triumph with first and third, respectively, as the Bulldogs outpointed De Anza, 19-40, with Canada incomplete.

"We grouped pretty well," said Bulldog coach Bob Rush, whose runners took all the first seven spots but second in a solid depth display.

## CSM Fourth In S.F. Race

College of San Mateo's men's team placed fourth and their women seventh in the Golden Gate four mile team race Saturday in San Francisco's Golden Gate Park.

Golden Gate Conference favorite West Valley took men's team honors and Fresno CC won the women's division as most of the top large college teams in Northern California took part.

CSM was the No. 2 GGC men's team with a 1:50:53 combined time for the first five Bulldog runners. They were led by Ken McBride, 15th in 21:47, plus Gary Thurston and Pete Ild, who both ran 22:07.

The Bulldog women were led by Karin Nelson, 19th in 29:53. The women ran in the same race as the men and individual leader Connie Hester of Fresno (25:26.3) beat several of the men finishers in the more than 200-competitor field.

CSM, Canada and De Anza will clash Thursday at San Jose's Hellyer Park as part of the GGC's first center meet of the season.

### FIRST GGC CENTER MEET

First race: Men — CSM 19, De Anza 40, Canada inc. Women — Canada 23, De Anza 32; Canada 15, CSM 41; De Anza 19, CSM 39.

Winners and CSM, Canada placers: Men — McBride (SM) 21:30.3, 3. Thurston (SM) 21:50, 4. Ild (SM) 22:10, 5. Green (SM) 22:11, 6. Haight (SM) 22:21, 7. Rochford (SM) 22:33, 8. Weiland (Can) 22:43, 15. Luttrell (SM) 24:09, 17. Tschanner (SM) 24:29, 18. Sandoval (Can) 24:34 (28 runners, 4.0-mile course at Hellyer Park, San Jose). Women — McPherson (DA) 17:23, 2. Swannack (Can) 17:39.4, 3. Wolfe (Can) 18:35.9, 5. P. Stok (Can) 20:58.8, 6. K. Stok (Can) 21:15.0, 7. Knott (Can) 24:48.6, 9. Pavy (SM) 25:05, 10. Scott (SM) 25:31 (20 runners, seventh and above runners mis-directed one-quarter to one-half mile over 3.0-mile course).

Second race: Men — Chabot 27, CCSF 28; San Jose 24, CCSF 33; San Jose 24, Chabot 33. Women — San Jose 23, Chabot 32, CCSF no team.

Men — Sechrist (SJ) 21:16. Women — Crowley (SJ) 18:48.5.

Third race: Men — West Valley 20, Diablo Valley 41; West Valley 15, Foothill 50; Diablo Valley 24, Foothill 32. Women — West Valley 26, Diablo Valley 30; Diablo Valley 21, Foothill 35; West Valley 19, Foothill 38.

Men — Eberly (WV) 20:59.5. Women — Blevins (OV) 19:30.

# CSM Harriers Win GGC Debut

College of San Mateo's cross country team opened Golden Gate Conference dual competition with an easy 19-40 men's victory over De Anza Thursday and will host nearly all of Northern California JC teams Saturday in the annual CSM Invitational.

More than 30 community colleges have entered the noon meet on the Crystal Springs Course. West Valley is the favorite in the Division I men's race and Skyline in Division II.

In the women's race, Canada defeated CSM, 15-41, and DeAnza, 23-82, although De Anza's Sally McPherson ran 17:23 over the three mile Hillyer Park (San Jose) course to top Canada's Skip Swannack (17:39) for individual honors.

CSM's Ken McBride won the men's four-mile race in 21:30.3 — with second place Dan Grimes of De Anza (21:39) the only one to

break up the Bulldogs' top six men.

## MEN (4.0 miles at Hillyer Park San Jose)

College of San Mateo 19, De Anza 40, Canada incomplete team.  
1. Ken McBride (SM) 21:30.3; 2. Dan Grimes (DA) 21:39; 3. Garry Thurston (SM) 21:50; 4. Peter Ild (SM) 22:10; 5. Joe Green (SM) 22:11; 6. Walt Haight (SM) 22:21; 7. Jim Rothford (SM) 22:33; 8. Ray Wieland (Can) 22:43; 9. Rob Ripplinger (DA) 22:47; 10. Don Brown (DA) 22:59. Additional local placers: 14. Rick Lutfrell (SM) 24:09; 17. Jon Tschanner (SM) 24:29; 18. Louis Sandoval (Can) 24:34; 20. Dan Sanchez (SM) 24:36; 22. Ross Waiding (SM) 24:55; 24. Hans Ritschard (Can) 25:33; 25. Ranz Aguirre (Can) 25:36. Chabot 27, CCSF 28; San Jose 24, CCSF 33; San Jose 24, Chabot 33.  
1. Paul Seacrist (SJ) 21:16.  
West Valley 20, Diablo Valley 41; West Valley 15, Foothill 50; Diablo Valley 24, Foothill 32.  
1. Vince Eberly (WV) 20:59.

## WOMEN (3 miles)

Canada 15, College of San Mateo 41; De Anza 19, College of San Mateo 39; Canada 23, De Anza 32.  
1. Sally McPherson (DA) 17:23; 2. Skip Swannack (Can) 17:39; 3. Rene Wolfe (Can) 18:35; 4. Lynn Harris (DA) 18:41; 5. Peggy Stok (Can) 20:59; 6. Karin Stok (Can) 21:15; 7. Suzanne Knott (Can) 24:48; 8. Diane Pentecoff (DA) 25:02; 9. Susan Pavy (SM) 25:05; 10. Joy Scott (SM) 25:31.  
West Valley 26, Diablo Valley 30; Diablo Valley 21, Foothill 35; West Valley 19, Foothill 38.  
1. Suzanne Blevins (DV) 19:23.  
San Jose 23, Chabot 32.  
1. Irene Crowley (SJ) 18:48.

# X-country sweeps by De Anza, 19-41

The Bulldog harriers opened their Golden Gate Conference dual competition by defeating De Anza 19-40 at San Jose's Coyote Park.

Sophomore Ken McBride took first place with a 21:30 four mile time.

McBride was running second to De Anza's Danny Grimes until they came to the final half-mile stretch, where McBride spurted past Grimes, beating him by nine seconds. "I knew I had him all the way," McBride explained. "He tried to put on a surge at the end, but it was a weak one." Gary Thurston, Peter Ild, Joe Green and Walter Haight took 3rd, 4th, 5th and 6th respectively.

The women's team dropped a controversial race to De Anza, 19-39, and Canada, 15-41. The controversy revolved around the chalk markings of the course. Coach Richard Harris explains the mishap. "It was a general foul-up. The people in the lead knew the course, but the main body didn't and took a wrong turn, adding an extra mile."

Judy Beckett was especially disappointed with what had happened. "The girl's track was separate from the men's. Ours was layed out with chalk lines, and they got all messed up and erased. A lot of us ran a different course." Susan Pavy and Joy Scott managed to run the original course, taking 9th and 10th place respectively.

In Saturday's CSM Invitational, the Dogs grabbed a 5th place in a field of 30 Northern California teams.

Being one of the top five teams in Northern California is a great honor and achievement for the Dogs, but, unluckily they are in the same division as last year's GGC champs, West Valley, who placed third in the Invitational with American River and Sequoias sharing first place. Though West Valley is the pre-season favorite, they will have a run for their money when the Dogs take them on in the last match of the season.

Coach Bob Rush is confident of this year's team. "Even though we are one of the top five teams in NorCal, we have room for improvement. But our times as a team are faster than last year's, and last year's team was one of the best the hilltop has ever had."

# Local Harriers Impress

Canada, Skyline and host College of San Mateo all had impressive showings in the annual CSM Invitational Saturday at the Crystal Springs cross country course in Belmont.

It was a full-scale preview of the Northern California championships to be run on the same layout exactly five weeks later. The Canada women, who placed third; Skyline's men, who placed second in Division II; and CSM's men, who ran fifth in the awesome Division I field, would all qualify for the state meet if they repeat those performances in the NorCal finals. (That is, as long as the state meet isn't eliminated by the state association at its fall meeting this week.)

Skyline's Bob McDaniel suffered his first JC loss, however. Sierra veterans Greg Hitchcock (20:21) and Chris Hamer (20:56) ran one-two over the 4.2 mile course to lead the Wolver-

ines to an easy team victory with 31 points. McDaniel finished third in 21:15 and the Trojans took second with 89 points.

Canada's Skip Swannick, the school teacher who was the top woman finisher in last May's Bay-to-Breakers race, ran fourth in the combined women's division race in 18:43. Third place Canada (124) was well ahead of all of its Golden Gate Conference rivals.

Ken McBride, CSM soph from Half Moon Bay, led the Bulldogs with his 12th place 21:39 clocking while Gary Thurston was 14th in 21:41.

## CROSS COUNTRY College of San Mateo Invitational At Crystal Springs, Belmont Men—4.2 Miles

DIVISION I — 1. American River and Sequoias 89; 3. West Valley 101; 4. Modesto 104; 5. San Mateo 121; 6. Santa Rosa 170; 7. Delta 189; 8. Marin 194; 9. Fresno 235; 10. Diablo Valley 238; 11. Foothill 275; 12. CCSF 283; 13. Napa 293; 14. DeAnza 330; 15. Chabot 355; 16. Canada 475; 16. Merritt 504.  
1. Bill Hurst (Mod) 20:30.2; 2. Nick Brever (AR) 21:06; 3. Swift Katapa (Seq.) 21:12; 4. Jack Dixon (Del) 21:13; 5. Mike Dyer (WV) 21:21. Top

County placers: 12. Ken McBride (CSM) 21:39; 14. Gary Thurston (CSM) 21:41; 21. Joe Green (CSM) 22:00; 27. Pete Ild (CSM) 22:11; 47. Walt Haight (CSM) 22:45; 62. Jim Rothford (CSM) 23:22; 74. Ray Wieland (Can) 23:50.

DIVISION II — 1. Sierra 31; 2. Skyline 89; 3. Monterey Peninsula 92; 4. Yuba 96; 5. Butte 104; 6. Cuesta 109; 7. Shasta 202; 8. Siskiyous 217; 9. Cabrillo 224; 10. Menlo 297.  
1. Greg Hitchcock (Sie) 20:21; 2. Chris Hamer (Sie) 20:56; 3. Bob McDaniel (Sky) 21:15; 4. Dan Navarro (Sie) 21:39; 5. Jim Christensen (MP) 21:43; 6. Vince Reyes (Cue) 21:48; 7. Mike Calligan (Yuba) 21:49; 8. Phil Adams (MP) 21:55. Other Skyline placers: 12. Vic Torres 22:13; 13. Mike Gulli 22:16; 24. Mike Skiff 22:57; 37. Jim Saladino 23:40; 48. Ron Campos 25:14; 52. Rick Escobar 25:40.

## WOMEN'S DIVISION (3 miles) —

1. Fresno 66; 2. Yuba 76; 3. Canada 124; 4. Diablo Valley 143; 5. DeAnza 155; 6. Sequoias 174; 7. Santa Rosa 179; 8. Napa 225; 9. Marin 226; 10. Delta 244; 11. Cabrillo 250; 12. Chabot 251; 13. Skyline and Foothill 264; 15. San Mateo 377; 16. Contra Costa 463.  
1. Stacey Kearns (Yuba) 18:24.2; 2. Diane Williams (Yuba) 18:25; 3. Connie Hester (Fresno) 18:39; 4. Skip Swannick (Ca) 18:43; 5. Sheila O'Donnell (Cue) 19:05; 6. Sally McPherson (DA) 19:06. Top county placers: 15. Renay Wolfe (Can) 20:04; 18. Peggy Stok (Can) 20:21; 29. Karin Stok (Can) 29:05; 41. Melita Peppin (Sky) 21:36; 47. Nori Grossman (Sky) 21:57; 57. Marianne Bennett (Sky) 22:44; 66. Connie Cunneen (CSM) 23:23; 75. Magda Mendoza (Sky) 24:00; 76. Suzanne Knott (Can) 24:02.

# Canada women runners third

Canada College's women placed third and College of San Mateo's men took fifth Saturday in the CSM Invitational cross country meet to provide further encouragement in an already promising season.

Canada's women, led by Skip Swannack's fourth place, were a solid third with 124 points, tops among Golden Gate Conference teams though well behind Fresno's 66 and Yuba's 76.

CSM's men finished fifth in the large school division with 121 points, second among GGC colleges to third-place West Valley. American River and Sequoias tied for the title with 89 points, but if West Valley ace Vance Eberly, a severe blister victim, had run, the Vikings almost surely would have taken the title.

Former Half Moon Bay High standout Ken McBride's 12th and ex-Menlo-Atherton runner Gary Thurston's 14th in a 120-finisher field led

the Bulldogs.

Swannack's fourth in 18:43.0 over three miles at Crystal Springs "was really outstanding — her best effort on that course," said Colt coach Mike Ipsen. Freshman Renay Wolfe from Sequoia (15th) and soph Peggy Stok from Sequoia (18th) also ran well in the 123-woman field.

Sierra won the men's small division with 31 points, well ahead of Skyline's 89.

## MEN'S LARGE DIVISION

Team leaders — American River 89, Sequoias 89, West Valley 101, Modesto 104, San Mateo 121, 15. Canada

574 (17 teams).

Bill Hurst (Modesto) 20:20.2, 2. Brewer (AR) 21:06, 3. Katepa (Seq) 21:12, 4. Dixon (Delta) 21:13, 5. Dyer (WV) 21:21, 12. McBride (SM) 21:39, 14. Thurston (SM) 21:41, 21. Green (SM) 22:00, 27. Ild (SM) 22:11, 47. Haight (SM) 22:45, 62. Rochford (SM) 23:22, 74. Weiland (Can) 23:50, 88. Luttrell (SM) 24:40, 89. Lucas (Can) 24:40 (120 runners, 4.0 miles at Crystal Springs).

## MEN'S SMALL DIVISION

Team leaders — Sierra 31, Skyline 89, Monterey 92, Yuba 96, 10. Menlo 297 (10 teams).

Greg Hitchcock (Sierra) 20:21, 2. Hamer (Sierra) 20:56, 3. McDaniel (Sky) 21:15.

## MEN'S RESERVE

No team scores. Rich Mounkes (AR) 22:24.3, 2. Vargas (Hart) 22:27.

## WOMEN

Team leaders — Fresno 66, Yuba 76, Canada 124, Diablo Valley 143, De Anza 155, 15. San Mateo 377 (16 teams).

Stacey Kearns (Yuba) 18:24.2, 2. Williams (Yuba) 18:25, 3. Hester (Fresno) 18:39, Swannack (Can) 18:43, 5. O'Donnell (Cuesta), 15. Wolfe (Can) 20:04, 18. P. Stok (Can) 20:19, 29. K. Stok (Can) 21:05, 66. Cunneen (SM) 23:23, 76. Knott (Can) 24:02, 80. Scott (SM) 24:20 (123 runners, 3.0 miles).

## CSM harriers raise GGC record to 4-0

Led by winner Joe Green, College of San Mateo swept the first five places yesterday against Diablo Valley for a 15-40 victory in the second Golden Gate Conference cross country center meet at Crystal Springs. The Bulldogs, 4-0 in the GGC, also gained a forfeit win over City College of San Francisco, which arrived after the gun.

In women's competition, Canada got a solid second-place showing by Skip Swannack, but lost to West Valley, 21-39. The Colts also ran a tight race against Chabot, but the result is still to be verified.

## SECOND GGC CENTER MEET

First race: Men — CSM 15, Diablo Valley 42, CCSF forfeit (arrived after gun). Women — Diablo Valley 17, CSM 40.

Winners and CSM leaders: Men — Joe Green (SM) 22:11, 2. Ild 22:15, 3. Thurston 22:21, 4. McBride 22:24, 5. Haight 22:50, 8. Rochford 23:47, 12. Walding 24:35 (21 runners). Women — Diane Bateman (D) 20:03, 4. Nelson 22:21, 7. Scott 23:58, 8. Bekart 24:05 (15 runners).

Second race: Men — West Valley 15, Canada 50; Chabot 17, Canada 46; West Valley 19, Chabot 42. Women — West Valley 21, Canada 39; West Valley 15, Chabot 46; Canada vs. Chabot still to be verified.

Winners and Canada leaders: Men — Mike Dyer (WV) 22:03, 20. Weiland 24:21, 28. Sandoval 26:04 (40 runners). Women — Jackie Hendrickson (WV) 19:05, 2. Swannack 19:08, 5. Wolfe 20:10, 13. P. Stok 23:01, 19. Knott 24:54 (27 runners).

Third race: Men — De Anza 26, San Jose 29; San Jose 22, Foothill 35; De Anza 21, Foothill 38. Winner — Paul Sechrist (SJ) 22:19. Women — San Jose 22, Foothill 33; San Jose and Foothill forfeit over De Anza. Winner — Irene Crowley (SJ) 18:18.9.

## Bulldog Harriers

Paced by Joe Green, College of San Mateo's cross-country team lifted its Golden Gate Conference record to 4-0 Thursday by defeating visiting Diablo Valley 15-42 (and also beating City College of San Francisco by default).

CSM's runners notched the top five spots at Belmont's 4.1-mile Crystal Springs course. Joe Green led the charge for the Bulldogs (who defeated De Anza and Canada in their GGC opener last week) with a clocking of 22:11.

Bulldogs Pete Ild (22:15), Gary Thurston (22:21), Ken McBride (22:24) and Walter Haight (22:50) weren't far behind.

It was a different story in the women's competition, where Diablo Valley captured the top three spots. Karin Nelson finished fourth for CSM, but Diablo Valley's runners also nabbed the fifth and sixth slots.

Varsity: College of San Mateo 15, Diablo Valley College 42—1. Green (CSM) 22:11, 2. Ild (CSM) 22:15, 3. Thurston (CSM) 22:21, 4. McBride (CSM) 22:24, 5. Haight (CSM) 22:50, 6. Kallander (DVC) 22:57, 7. Ostenberg (DVC) 23:03, 8. Stewart (DVC) 23:30, 9. Rochford (CSM) 23:47, 10. March (DVC) 24:04.

Women: Diablo Valley College 17, College of San Mateo 40—1. Bateman (DVC) 20:03, 2. Spurrier (DVC) 20:24, 3. Blevins (DVC) 21:14, 4. Nelson (CSM) 22:21, 5. Landers (DVC) 22:29, 6. Brennan (DVC) 23:38, 7. Scott (CSM) 23:58, 8. Bekeart (CSM) 24:05, 9. Kota (DVC) 24:46, 10. Martin (CSM) 25:39.

GGC Meet Next Wednesday: College of San Mateo vs. Chabot and Foothill at Stevens Creek Park.

# CSM Harriers Undejected



CSM's Joe Green

## Ex-M-A

Led by winner Joe Green and Menlo-Atherton product Gary Thurston in second, College's of San Mateo's first four runners finished only 17 seconds apart yesterday to lead the Bulldogs to a near-sweep in Golden Gate Conference cross country over Foothill, 16-43, and Chabot, 17-40, at Stevens Creek in Cupertino.

The victory in the third GGC center meet raised coach Bob Rush's Bulldogs to 6-0 and set up next Thursday's title run against

## CSM

Second race: Men — San Jose 26, Diablo Valley 29, Canada incomplete. Women — Canada 27, Diablo Valley 28, San Jose incomplete.

Winners and Canada leaders: Men — Paul Sechrist (SJ) 20:53, 12. Weiland 22:57. Women — Irene Crowley (SJ) 17:15, 2. Swannack 18:04, 6. Wolfe 19:04, 8. P. Stok 19:38, 10. K. Stok 20:09, 12. Knott 20:18, 18. Bingley 23:31, 19. Bland 24:31.

Third race: Men — CSM 16, Foothill 43; CSM 17, Chabot 40; Chabot 26, Foothill 29. Women — Chabot 23, CSM 32; Foothill 21, CSM 37; Foothill 27, Chabot 28.

Winners and CSM leaders: Men — Joe Green (SM) 21:05, 2. Thurston 21:09, 3. McBride 21:17, 4. Ild 21:23, 8. Haight 22:07, 10. Rochford 22:17, 19. Luttrell 22:58. Women — Stohr (Ch) 18:59, 2. Nelson 19:06, 10. Bekeart 22:04, 12. Scott 22:16, 13. Martin 22:42, 14.

CUPERTINO — College of San Mateo's cross-country team continued on a Golden Gate Conference collision course with powerful West Valley Wednesday by scoring wins over Foothill and Chabot.

CSM beat Foothill 16-43 and Chabot 17-40. West Valley also dumped two teams — De Anza and City College of San Francisco — on the same 3.85-mile Stevens Creek Park course Wednesday.

Both CSM and West Valley are 6-0 in the GGC, and meet next week in Hayward.

Joe Green led CSM to a sweep of the first four places, clocking 21:05; Garry Thurston followed with 21:09, Ken McBride with 21:17 and Pete Ild with 21:23.

CSM's women lost two decisions, but CSM's Karen Nelson took a second place (over a shorter course) in 19:18, 19 seconds behind winner Diane Stohr of Chabot.

The fastest finisher in the three men's races was Mike Dyer of West Valley. Who clocked 20:31.

"I'd say we're one of the top five teams in Northern California right now," said CSM Coach Bob Rush. "But West Valley is awfully tough. They're one of the top three."

Race 1: CSM 16, Foothill 43; CSM 17, Chabot 40; Chabot 26,

Foothill 29. (winners and CSM placers) 1. Green (SM) 21:05, 2. Thurston (SM) 21:09, 3. McBride (SM) 21:17, 4. Ild (SM) 21:23, 8. Haight (SM) 22:07, 10. Rochford (SM) 22:17, 19. Luttrell (SM) 22:58.

Race 2: West Valley 18, De Anza 44, West Valley 15, CCSF 42; CCSF d. De Anza. 1. Mike Dyer (WV) 20:31. Race 3: San Jose 26, Diablo Valley 29; Diablo Valley d. Canada (incomplete); San Jose d. Canada (incomplete); 1. Jechrist (SJCC) 20:53.

Women: Chabot 23, CSM 32; Foothill 21, CSM 37; Foothill 27, Chabot 28. 1. Stohr (Ch) 18:59, 2. Nelson (SM) 19:18, 10. Bekeart (SM) 22:04, 12. Scott (SM) 22:16, 13. Martin (SM) 22:42, 14. Davy (SM) 22:59, 15. Curneen (SM) 23:39, 18. Carlton (SM) 24:44.

Women: Canada 27, Diablo Valley 28, San Jose incomplete — 1. Crowley (CCSJ) 17:15, 2. Swannack (C) 18:04, 3. West (CCSJ) 18:14, 4. Biglow (DVC) 18:15, 5. Bateman (DVC) 18:20, 6. Ivcliff (C) 19:04, 7. Spurrier (DVC) 19:13, 8. P. Stok (C) 19:38, 9. Fletcher (CCSJ) 20:07, 10. K. Stok (C) 20:09.

# harrier leads

West Valley, also 6-0 after winning twice yesterday.

Canada College raised its women's record to 5-1 with victories over Diablo Valley, 27-28, and incomplete San Jose. The Colts' Skip Swannack ran a strong second in 18:04 for three miles behind brilliant freshman Irene Crowley of San Jose, while Canada's No. 5 runner, Suzanne Knott, came through with her best race of the year to provide the margin of victory.

CSM's women lost to Foothill 21-37, and Chabot, 23-32, although Karin Nelson was a bright spot with a second-place finish 19:08.

CSM's men will run in the Mt. San Antonio College Invitational tomorrow morning at Walnut in Southern California.

### THIRD GGC CENTER MEET

First race: Men — West Valley 18, De Anza 44, West Valley 15, CCSF 42; CCSF 28, De Anza Mike Dyer (WV) 20:31 (3.85 miles at Stevens Creek). Women — West Valley 23, De Anza CCSF incomplete. Pam Bowers (WV) 18:00 (miles).

## Harriers challenge Viking squad today

The championship will be on the line this afternoon when the undefeated Bulldog cross-country team goes up against the defending Golden Gate Conference (GGC) champs, West Valley, at Coyote Point Park.

West Valley, which is also undefeated, is the favorite to repeat their victory of last year. But the Bulldogs, throughout the season, have matched or beaten West Valley's times when compared on similar courses. This will be the first dual match between the two teams this season.

Last Wednesday against Chabot and Foothill, the Dog harriers swiped the first four finishing places, falling one man short of their previous five-man sweep of Diablo Valley last week. Joe Green, Dan Thurston, Ken McBride and Pete Ild were the four responsible for the damage. Green's winning time was 21:05 followed closely by Thurston, who finished four seconds behind at 21:09.

Because the harriers had to go all out in that conference match, they had to take it easy at the Mount Sac Invitational, which was held only two days later. But the Dogs finished a respectable tenth in a field that included most of the teams in Northern California. "We really did not run that hard," relayed Thurston about the Bulldog strategy, "Our plan was to take it easy."

## CSM Harriers Score Well

WALNUT — Northern California community college cross country teams got a preview of the state championships Friday in the annual Mt. San Antonio Invitational, and as usual Grossmont was the dominant team, scoring 40 points to take large college and sweepstakes honors.

College of San Mateo placed a respectable 10th in the tough field, despite slightly sub-par performances by flu-plagued Bulldogs. Ken McBride, 25th in 20:52.9 over the four mile course, was the leading CSM finisher. Joe Green was 40th in the huge field.

## JC cross country

WALNUT — College of San Mateo tied for 10th place yesterday in the Mt. San Antonio Invitational cross country meet, generally considered a preview of the state championships.

### MT. SAN ANTONIO INVITATIONAL

Team leaders — Grossmont 40, Fullerton 89, Long Beach 109, Sierra 169, Bakersfield 186, West Valley 192, Pasadena 225, American River 227, Los Angeles Valley 261, San Mateo and San Diego Mesa 271.

Hitchcock (Sierra) 19:30.9, 2. Ortiz (Grossmont) 19:41.8. CSM leaders: 25. McBride 20:52.9, 40. Green 21:15.6, 56. Thurston 21:39.2, 65. Ild 21:49.8, 85. Haight 22:42.7 (130 runners, 4.0 miles).

# CSM track coach wins 40-over 'run for athletics'

Bob Rush, College of San Mateo's veteran track and cross country coach, provided a good example for his charges by winning the men's 40-over division Sunday in the 4.9-mile Sequoia District "run for athletics" from Sequoia High to Marine World/Africa USA.

Rush clocked 29:24, good for fourth overall.

Jim Moyles (26:17) and Mike Croft (27:10) finished one-two in the men's 19-40 division and also one-two overall. CSM runner Rick Luttrell won the men's 18-under in 28:10 and was third overall.

Top woman was Woodside Striders age-group star Mimi Gerard, who won the 19-40 women's division in 32:53 and was 14th overall. Ruth Waters, San Carlos girls cross country coach, won the over-40 women's division and Maria Gutierrez took the women's 18-under honors.

The run was held to raise money for the Sequoia District sports program, but a disappointingly low 77 participants turned out.

### Division leaders:

#### MEN

18-under — Rick Luttrell 28:10, 2. Nick Sake-larios 30:34, 3. Eric Van Poppele 33:56, 4. Paul Hoberg 34:14, 5. Mike Camper 36:30, 6. John Velez 46:06, 7. Steve Schmidt 53:39.

19-40 — Jim Moyles 26:17, 2. Mike Croft 27:10, 3. Henry Telferon 30:07, 4. Robert Crockett 30:54, 5. Robert Dunn 32:10, 6. Pat Kelvie 32:40, 7. Bill Welsh 33:34, 8. Rick Brown 33:51, 9. Doug Kuehnis 34:17, 10. Mike Appel 35:38.

Over-40 — Bob Rush 29:24, 2. Merle Fruehling 31:04, 3. Jim Luttrell 31:28, 4. Bob O'Conner 32:11, 5. Al Schmidt 32:53, 6. Pete Dolliver 33:08, 7. Larry Nissim 33:14, 8. Larry Marshall 34:09, 9. Trevor Barrett 34:22, 10. Wally Lasater 35:06.

#### WOMEN

18-under — Maria Gutierrez 37:28, 2. Kathy Hoberg 38:39, 3. Tracy Dreyer 40:16, 4. Lynne Young 45:19, 5. Meredith Norton 46:02, 6. Jodie Barker 48:42, 7. Megan McMahon 51:05, 8. Lisa Tiscornia 52:30, 9. Stephanie Sugimoto 52:41, 10. Kelly Smith 52:43.

19-40 — Mimi Gerard 32:53, 2. Susan Dionne 37:17, 3. Elizabeth Stage 44:09, 4. Sheila Barrett 45:08, 5. Haydi Curci 45:17, 6. Vicki Torrey 45:18, 7. Susan Bullwinkle 46:06, 8. Mary Felker 48:42, 9. Grindie Schwartz 52:43, 10. Katie Hemple 54:58.

Over-40 — Ruth Waters 35:11, 2. Carrell O'Conner 35:27, 3. Allene Sieling 47:23, 4. Margaret Marshall 48:37, 5. Adele Bahl 48:39, 6. Irene Evans 56:47.

# Colt gals, Bulldog men run to second places

NEWARK — College of San Mateo's men and Canada College's women both finished second for the second season in a row in Golden Gate Conference cross country, while West Valley finished unbeaten in both divisions yesterday in the fourth and final GGC center meet at Coyote Point Park.

West Valley, which nipped CSM's men for the title by one point last year, made it more decisive this time with a 21-38 triumph over the Bulldogs. CSM finished 7-1 in the GGC by beating San Jose in the other end of the triangular, 23-33.

Canada's women wound up with a 21-34 victory over Foothill (and also beat incomplete CC San Francisco) to finish 6-2, tied with Diablo Valley for second. Last year, Mike Ipsen's Colt gals also tied for second in their maiden season.

Canada's Skip Swannack won her race in 18:22, while third-place Renay Wolfe, fourth-place Peggy Stok and sixth-place Karin Stok provided strong support. Suzanne Knott and Cindi Bingley also continued their improvement for Canada.

For CSM, first-year harrier Gary Thurston from Menlo-Atherton High led the Bulldogs in third place in 20:29 over four miles, which would have won either of the other two races. Joe Green added a fourth place for CSM, but West Valley was a convincing winner.

"It was still gratifying to see a kid like Walt Haight (the Bulldogs' No. 5 runner) just run so darn hard trying to win," said CSM coach Bob Rush. "His best

high school two-mile time last year was only 10:55, and he passed the two-mile mark in 9:56 in a four-mile race. You've really got to hand it to a kid like that."

CSM and Canada next will run in the GGC finals Friday afternoon at Crystal Springs in Belmont.

## FOURTH GGC CENTER MEET

At Coyote Point Park, Newark

Race One: Men — West Valley 21, San Mateo 38; San Mateo 23, San Jose 33; West Valley 19, San Jose 44. Women — West Valley 15, San Mateo 49; San Jose 17, San Mateo 38; West Valley 19, San Jose 41.

Winners and CSM leaders: Men — Mike Dyer (WV) 20:02, 3. Thurston 20:29, 4. Green 20:42, 9. McBride 21:07, 14. Ild 21:19, 16. Haight 21:35, 20. Rochford 21:51, 27. Luttrell 22:53 (4.0 miles, 41 runners). Women — Ann Wotherspoon (WV) 16:45, 10. Nelson 19:17, 17. Bekeart 21:59, 18. Martin 22:15, 19. Scott 22:33, 20. Pavy 23:07 (3.0 miles, 21 runners).

Race Two: Men — De Anza 23, Chabot 32; Diablo Valley 27, Chabot 28, De Anza 23, Diablo Valley 32. Winner — Jeff Nicklin (DA) 20:40. Women — Chabot 26, De Anza 30; Diablo Valley 22, Chabot 33; Diablo Valley 23, De Anza 34. Winner — Diane Bateman (DV) 18:12.

Race Three: Men — CCSF 24, Foothill 32, Canada incomplete. Women — Canada 21, Foothill 34, CCSF incomplete.

Winners and Canada leaders: Men — Daryl Zapata (SF) 20:35, 11. Weiland 22:27, 14. Sandoval 23:49 (18 runners). Women — Skip Swannack (Can) 18:22, 3. Wolfe 19:11, 4. P. Stok 19:35, 6. K. Stok 20:07, 7. Knott 20:34, 12. Bingley 23:01, 15. Bland 23:45 (17 runners).

FINAL GGC STANDINGS: Men — West Valley 8-0, San Mateo 7-1, De Anza 5-3, San Jose 5-3, Diablo Valley 4-4, Chabot 3-5, CCSF 3-5, Foothill 1-7, Canada 0-8. Women — West Valley 8-0, Canada 6-2, Diablo Valley 6-2, Chabot 5-3, San Jose 5-3, Foothill 4-4, De Anza 3-5, San Mateo 1-7, CCSF 0-8.

## Bulldog Harriers Second

NEWARK — College of San Mateo's cross country team finished up the Golden Gate Conference regular season in second place after splitting a twin-bill with West Valley and San Jose City College Friday.

The Bulldogs beat SJCC 23-33, but were beaten by powerhouse West Valley in the conference showdown 21-38.

West Valley finished up 8-0; CSM was 7-1.

CSM hosts the GGC Finals Friday at 3 o'clock at Crystal Springs.

Gary Thurston was the highest CSM placer Friday on the four-mile Coyote Park Course with a time of 20:29. Joe Green was right behind him at 20:42.

At Coyote Park, Newark (4.0 miles)

West Valley 21, CSM 38  
San Mateo 23, San Jose 33  
Winner: Mike Dyer (WVC) 20:02;  
CSM placers: 4. Thurston 20:29; 5. Green 20:42; 9. McBride 21:07; 14. Ild 21:19; 16. Haight 21:21; 20. Rochford 21:51.

### WOMEN (3.0 miles)

West Valley 15, San Mateo 49  
San Jose CC 17, San Mateo 38  
Winner: Weatherspoon (WVC)  
16:45; CSM placers: 10. Nelson 19:17; 17. Beckert 21:59; 18. Martin 22:15; 19. Scott 22:33; 20. Pavy 23:07.  
CSM finished up women's competition 1-7. West Valley is 8-0.



# Harriers fall to Vikings, lose GGC championship

When it was all over there was no bitterness, or anger in their defeat.

The Bulldog harriers lost a bid for the Golden Gate Conference championship by falling to the Northern California powerhouse West Valley, 21-38. It was the second year in a row that West Valley has edged out the Dogs for the crown. San Jose CC, which also ran, was beaten easily by both teams.

The race was a toss up until the 1½ mile mark, when the two lead West Valley runners broke from the pack with CSM's Gary Thurston and Joe Green on their tail. W.V.'s Mike Dyer nabbed first with a time of 20:02. The Dogs' Gary Thurston finished fourth with a 20:29, and teammate Joe "Too Tall" Green followed with a 20:42.

The Dogs finished the GGC dual meet season with an impressive 7-1 record. West Valley finished 8-0.

Though the harriers were disappointed at not beating West Valley, they still showed class in complimenting the victors on their fine race. "It was just a case of us being too uptight and nervous. We should have just relaxed and ran our own race, but they are a great team," said Bulldog Peter Ild whose finishing time was 21:19.

Ken McBride felt likewise. "Our strength was not there today. Their depth was the main factor; they ran in a pack (West Valley) with all their guys bunched together." This

was evident since they took seven of the first twelve places.

Another pin was stuck in the harriers side when it was decided that they would not have the chance to tie West Valley for the championship in today's GGC finals at Crystal Springs. The ruling was that the dual meet will be the sole factor in determining what team will represent the GGC in the NorCal Championship, which will take place at Crystal Springs Nov. 11.

The Dogs feel confident about today's conference finals. "It's on our home course so we should be strong; plus we'll have a week to rest and prepare," said John Tscharnier.

After running four miles you would think that the harriers would find a shady tree to sleep under, but almost four minutes after finishing the West Valley race, many of the runners took off again for a "three-mile warm down."

Don Sanchez, who plays soccer and runs cross country as a second sport, points out that for a runner, four miles is just a short "fun run. Sometimes we run ten miles a day in preparation for the four mile run where you can just let it all hang loose."

In women's action the Dogs were defeated by both San Jose and West Valley. The defeat dimmed the spectacular performance of CSM's Karin Nelson, Judy Bekhart and Patty Martain.

## CSM Harriers Second

College of San Mateo's men's cross country team placed second in the Golden Gate Conference meet Friday at the Crystal Springs course in Belmont, qualifying for the NorCal meet next week in the process.

The Bulldogs totaled 72 points in the meet won by West Valley with 35. West Valley, CSM, San Jose City College and De Anza all qualified for the NorCal meet in the men's division.

CSM's highest placer was Gary Thurston, who was fifth in 21:20 on the 4.1-mile course. CSM also was 10th, 16th, 18th and 29th.

San Mateo finished last in the girls' race with 210. West Valley won it with 21. Canada finished second with 90 to qualify for Northern Cal. The Colts were paced by Skip Swannick's 18:34, good enough for seventh on the 2.85 mile course.

The NorCal meet will be held next Saturday on the Crystal Springs course, beginning at noon.

### MEN'S DIVISION

West Valley 35, CSM 72, San Jose CC 99, CCSF 114, De Anza 118, Diablo Valley 136, Chabot 152, Foothill 179, Canada incomplete.

1. Paul Sechrist (SJ) 21:03.5, 2. Grimes (DA) 21:14, 3. Dyer (WV) 21:14, 4. Bumbaca (WV) 21:15, 5. Thurston (SM) 21:20, 6. Zapata (SF) 21:32, 7. Ripplinger (DA) 21:39, 8. Karbowski (WV) 21:45, 9. Thyllin (WV) 21:47, 10. Ild (SM) 21:50, CSM and Canada placers: 16. Green (SM) 22:06, 18. McBride (SM) 22:14, 28. Weiland (Can) 22:41, 29. Haight (SM) 22:43, 48. Rochford (SM) 23:47, 50. Luttrell (SM) 24:00, 63. Sandoval (Can) 25:25.

### WOMEN'S DIVISION

West Valley 21, Canada 90, Diablo Valley 91, San Jose CC 91, De Anza 101, Foothill 141, Chabot 146, San Mateo 210.

1. Cathy Perkins (WV) 17:13.8, 2. Weatherspoon (WV) 17:34, 3. Crowley (SJ) 17:36, 4. Hendrickson (WV) 18:15, 5. Davis (WV) 18:25, CSM and Canada placers: 7. Skip Swannick (Can) 18:34, 14. Wolfe (Can) 19:51, 21. P. Stok (Can) 20:25, 23. Knott (Can) 20:42, 25. Gerard (Can) 20:50, 31. K. Stok (Can) 21:52, 38. Scott (SM) 22:38, 42. Martin (SM) 23:06, 44. Bingley (SM) 23:10, 45. Bekeart (SM) 23:12, 47. Pavy (SM) 23:16.

# Local JC harriers 2nd

College of San Mateo's men and Canada College's women duplicated their dual meet finishes by earning runnerup honors to powerful West Valley yesterday in the Golden Gate Conference cross country finals at Crystal Springs in Belmont.

CSM's men, a solid second with 72 points behind West Valley's overwhelmingly low 35, were keyed by two all-conference (top 15) finishers. First-year Bulldog harrier Gary Thurston of Menlo-Atherton High ran one of his best races for fifth in 21:20 over the 4.1-mile course, while sophomore Peter Ild took 10th in 21:50.

Skip Swannack finished seventh and freshman Renay Wolfe from Sequoia 14th to earn all-conference distinction and lead Canada's women to second with 90 points, a scant single point ahead

of both Diablo Valley and San Jose.

The Bulldog men and Colt women thus qualified for the Northern California finals next Saturday at Crystal Springs. Both teams have legitimate hopes of finishing in the first five to earn a state meet trip.

San Jose's Paul Sechrist won the GGC men's title in 21:03.5, only 17 seconds ahead of Thurston. West Valley's Kathy Perkins took the women's crown in 17:13.8, leading a totally dominant showing as the Vikes took four of the first five places.

### GGC FINALS

#### Men

Team scores — West Valley 35, CSM 72, San Jose 99, CCSF 114, De Anza 118, Diablo Valley 136, Chabot 152, Foothill 178, Canada incomplete.

NorCal meet qualifiers (combined dual and league finals points) — West Valley 20, CSM 18, San Jose 15 1/2, De Anza 13 1/2.

Paul Sechrist (SJ) 21:03.5, 2. Grimes (DA) 21:07,

3. Mike Dyer (WV) 21:14, 4. Bumbaca (WV) 21:15, 5. Thurston (SM) 21:20, 6. Zapata (SF) 21:32, 7. Ripplinger (DA) 21:39, 8. Karbowski (WV) 21:45, 9. Thyllin (WV) 21:47, 10. Ild (SM) 21:50, 11. Graves (WV) 21:51, 12. Szanto (WV) 21:56, 13. Bergkamp (WV) 21:58, 14. Walker (SJ) 22:03, 15. Eberly (WV) 22:04, Other CSM and Canada leaders: 16. Green (SM) 22:06, 18. McBride (SM) 22:14, 28. Weiland (Can) 22:41, 29. Haight (SM) 22:43, 48. Rochford 23:47, 50. Luttrell (SM) 24:00 (73 runners, 4.1 miles).

#### Women

Team scores — West Valley 21, Canada 90, Diablo Valley 91, San Jose 91, De Anza 101, Foothill 141, Chabot 146, San Mateo 210.

NorCal meet qualifiers (combined dual and league finals points) — West Valley 20, Canada 17 1/2, Diablo Valley 16, San Jose 14.

Kathy Perkins (WV) 17:13.8, 2. Weatherspoon (WV) 17:34, 3. Crowley (SJ) 17:36, 4. Hendrickson (WV) 18:15, 5. Davis (WV) 18:25, 6. Blevins (DV) 18:29, 7. Swannack (Can) 18:34, 8. McPherson (DA) 18:52, 9. Eberly (WV) 18:59, 10. Haberman (DA) 19:05, 11. Bateman (DV) 19:07, 12. West (SJ) 19:29, 13. Furtado (SJ) 19:34, 14. Wolfe (Can) 19:51, 15. McManus (WV) 20:08, Other Canada and CSM leaders: 21. P. Stok (Can) 20:25, 23. Knott (Can) 20:42, 25. Gerard (Can) 20:50, 34. K. Stok (Can) 21:52, 38. Scott (SM) 22:38, 42. Martin (SM) 23:06, 44. Bingley (Can) 23:10, 45. Bekeart (SM) 23:12, 47. Pavy (SM) 23:16, 50. Bland (Can) 24:25 (56 runners, 2.95 miles).

#### Men's reserve race

Winners: Mike Young (WV) 23:05.

# Swannack all-state harrier

**SAN DIEGO** — Skip Swannack of Canada College's women's team made all-state, but otherwise it wasn't a productive weekend for local runners in the state junior college cross country finals Saturday at Morley Field in Balboa Park.

Swannack made the 15-woman all-state squad by taking 11th in 18:53 over a rugged three-mile course. The Colts finished eighth in the 10-team field, won by Golden Gate Conference rival West Valley.

Gary Thurston was the top College of San Mateo men's runner in 27th as the Bulldogs finished 10th in a Division I men's race dominated thoroughly by Southern California teams. Grossmont won its seventh straight state title as Sou-Cal squads swept the first five places.

Canada's standout freshman, Renay Wolfe, suffered a severe ankle injury when she stepped into a hole a mile into the race. She gutted out the remaining two miles, but had to settle for 44th in what Colt coach Mike Ipsen called "a remarkable display of courage and team feeling."

## DIVISION I MEN

Team scores — Grossmont 28, Fullerton 79, Bakersfield 114, El Camino 123, Long Beach 124, American River 179, West Valley 188, Sequoias 189, Modesto 198, San Mateo 200.

Bill Hurst (Mod) 19:21, 2. Ortiz (Gr) 19:32, 3. Carrillo (Bak) 19:41, 4. Schaller (LA Valley) 20:00. CSM runners — 27. Thurston 20:52, 37. Green 21:03, 41. McBride 21:20, 50. Ild 21:38, 66. Haight 22:40 (4.0 miles, 75 runners).

## DIVISION I WOMEN

Team scores — West Valley 29, Fresno 89, Orange Coast 110, San Jose 113, Grossmont 131, Santa Rosa 143, Harbor 149, Canada 150, Golden West, El Camino scores unreported.

Kathy Perkins (WV) 17:30, 2. Crowley (SJ) 17:44, 3. Hester (Fresno) 17:57, 4. Wotherspoon (WV) 18:08. Canada runners — 11. Swannack 18:53, 36. P. Stok 20:33, 44. Wolfe (ran injured) 21:04, 45. Gerard 21:08, 46. Knott 21:40, 52. K. Stok 22:37, 59. Bingley 22:37, 66. Bland 23:52, 70. Harri-son 26:12 (3.0 miles, 72 runners).

# JC Harriers Finish Strong

By FRED BAER  
Times Correspondence

San Mateo County runners brought back honors in all four races of the California Community College cross country championships Saturday in San Diego's Balboa Park.

Highest local individual finishers were Bob McDaniel of Skyline, and Skip Swannack of Canada, both 11th in their races.

Grossmont won its seventh straight Division I men's title, scoring 29 points. College of San Mateo placed tenth in that awesome field with 200 points. Highest CSM finishers were Gary Thurston, 27th in 20:52, and Joe Green, 37th in 21:03, over the 4.0 mile course.

Northern California teams dominated the individual honors and the women's divisions. Bill Hurst of Modesto (19:21) and Greg Hitchcock of Sierra (19:38) repeated their respective Division I

and II triumphs of a week ago in the Northern California championships at CSM's Crystal Springs Belmont course.

West Valley ran away with the Division I women's crown with 29 points while Canada was eighth with 150. Cathy Perkins of West Valley was a surprise winner in 17:30 over the three mile course as the Golden Gate Conference produced seven of the top seven runners.

But the top individual runner was current American 800 meter champion Ruth Caldwell of Citrus, who won the Division II women's race by over half a minute in 17:27. Skyline's Morijo Connolly was 13th in that race, the lone Trojan women's entry.

The Skyline men's team was eighth with 175 points in the Division II men's competition, won by Hitchcock with 44 points.

# Harriers qualify squad to race in State finals

The cross-country team qualified for the state championship meet to be held tomorrow at Balboa Park in San Diego by finishing fifth in the Northern California Championships last weekend.

The team finished with 145 points behind leader West Valley with 84.

Ken McBride was the top finisher for CSM with a time of 21:19, good for a 13th place finish in a field of 84 runners from 12 schools. Other finishers were: Gary Thurston at 21:32 and 22nd place, Joe Green at 21:52, Pete Ild at 22:18, Walter Haight at 22:21, Jim Rochford 23:25, and Rick Luttrell at 23:37.

Held at Crystal Springs in Belmont, the weather was cold and overcast, but dry. The cold may have made the difference in times, as the

ing the day. Modesto runner Bill Hurst broke the record by four seconds with a time of 20:09.8 in the Division I race.

Later in the day, Greg Hitchcock from Sierra ran the same course in the Division II race in 20:07. The record was previously held by a Chabot runner, Ted Quintana, who ran 20:13.6 in 1974.

The cross-country team joins West Valley, Sequoias, Modesto and American River, representing the top teams in the North, at the State Finals hosted by San Diego Mesa and Grossmont.

The women harriers were eliminated during the league finals, but Golden Gate rivals West Valley, Canada and San Jose all qualified

