DATE: Friday, November 18, 1977

PLACE: Crystal Springs, Belmont, California

ADURSE: 2,9 miles (easy, rolling hills)

TEAM AWAPDS: Plaques will be awarded to the top 2 teams in the Varsity and Girls Division only.

INDIVIDUAL AMAPDS: Certificates will be awarded to the top 15 places in Cirls and Varsity divisio n only.

DIVISION3: Girls, Varsity and Brosh-Soph division only. You are limited to seven Varsity runners, seven female runners and seven Frosh-Soph Funners, plus individual qualifiers.

ENTRY PEES: Will be paid by the different leagues.

SCHEDULE: 3:00pm Frosh-Sophs 3:20pm Girls Division

3:1:Opm Varsity (Inclimate weather may change schedule,)

TEAMS CUALIFYING TO REGION II MELT: SPAL * TOP & TEAMS

SCVAL- TOP 6 TEAMS

DAL- TOP I TEAMS

QUALIFIERS TO CCS MEET: The fop 5 teams from the region II finals will advance to the CCS meet to be held at Crystal Springs on Tuesday, November 22nd. Individuals finishing in the top 10% and who don't qualify on a team will also advance to the CCS.

COACHES: We will follow the time schedule. We will not wait. Please be on the starting KNHEKEAFF line early. Coaches are to note that the entire team in any given race have the same uniform. Your runners can, of course walk and jor the course but instruct your athletes that the they must not be on the course after 3:00pm.

MEET HOST: CATIMONT HIGH SCHOOL

MEET DIFECTOR: Loren L. Lansberry