Mission runs

down all cross

country foes

By JEFF FARAUDO

NOVATO - The day belonged to Mission San Jose High School.

As expected, MSJ's boys cross country team easily won the North Coast Section team championship at Indian Valley College yesterday, but the Warriors' girls team — a bit more of a surprise — completed the MSJ sweep nipped Miramonte for a second team title.

South County representatives did very well all the way around yesterday as Granada High's Arlene Daley won the girls individual title whiel Castro Valley's boys were a strong fourth in the team race.

Although both victorious, MSJ's boys and girls squads accomplished their feats in entirely differnet manners. While the boys team embarrassed the competition, MSJ's girls snuck in quietly.

The Warrior boys team placed five runners among the first 16 finishers for an impressive point total of just 36. Runner-up Redwood was well out of the running at 101 while Castro Valley was fourth at 126.

John Marden, the coach's son, defeated the team's normal top finisher Steve Strangio for the first time this year. Marden was severth overall in 15:30 while Strangio was right behind in 15:38. Both are juniors.

Seniors Mike Chastaine and Scott Ruffing finished 11th and 12th while sophomore Rich Read took 16th.

Castro Valley's Ken Romiguiere was the South County's top_individual_finisher, taking_fourth_place_with_a_15:22 clocking. San Marin's Dave Coulman won the race in a course record time of 15:12 while his Marin County Athletic League rival Rod Berry was second in 15:13.

Livermore's Rob Wentworth was ninth and James Logan's Ray Castro finished 10th. Bishop O'Dwod's Pat Scannell was **22nd, while Castro Valley's Rich Vasquez was 25th.**

MSJ's girls, meanwhile, won a narrow battle from Miramonte. The Warriors' top finisher was Liz Strangio, a sophiomore, who was 19th in 14:33. But Linda Coon was 25th. Londa Larson was 26th, Dina Buti 39th, and Beth Duey 41th.

While Granada's Daley won the girls race, Irvington's Debbie Bitz and O'Dowd's Colleen Scannell tied for fourth at 13:58. Dublin's Julie Hayes was sixth.

NCS CROSS COUNTRY FINALS

Team Scores: Alission San Jose 36, Redwood 101, Clayton Valley 112, Castero Valley 126, Piner and Pleasant Hill 141, Petaluma 160, Campolindo 210, DeLaSalle 211. Arcata 215.

Individuals: Coulman (S. Marin) 15:12, Berry (Red) 15:13; Hochhaus (Clay, V.) 15:20; Romigulere (Castro V.) 15:22; Conover (Mira.) 15:24; Moreno (Piner) 15:28, Marden (MSJ) 15:30, Strangio (MSJ) 15:38, Wentworth (Liv) 15:44; Castro (Logan) 15:46; Chastaine (MSJ) 15:53; Ruffing (MSJ) 15:57; O'Reilly (San Rafael) 15:58; Baker (S. Ramon) 15:58; Gardner (Red.) 16:04; Read (MSJ) 16:05; Williams (Arc) 16:05; Traynor (Clay, V.) 16:07; Royal (pet)-16:07; VanBuskirk (Pleas, Hill) 16:09; Judson (Piner) 16:10; Scannell (BOD) 16:11: Boyd (Campo) 16:13; Valli (Pet) 15:13; Vasquez (Castro V.) 16:16.

Girts Team Scores: Mission San Jose 108, Miramonte 110, Pleasant Hill 121



INDIVIDUAL RUSHING

)N (1c-yds) -- Carnell 38-236; Bradford 12-51; ise 3-minus 5; Cendana 1-23; Williams 1-0; 1-minus 2; Contardi 1-3,

AMON - Castelli 7-29; Houston 6-minus 29; Hud-9; Fisch 1-2.

INDIVIDUAL PASSING

By J alrea He You amati

it bec

Mission San Jose x-country champs

NOVATO — Petaluma High School cross country coach Doug Johnson served warning to other area coaches: Don't schedule the Mission San Jose team next season.

Mission San Jose ran away and hid from the rest of the pack in Saturday's North Coast Section cross country championships by winning the title with 36 points — second lowest total in the history of the event.

"Of their top five runners, four are juniors and one's a sophomore," Johnson said, which means the team will be returning intact in 1978.

Piner, the defending NCS champions, tied for fifth place with 143 points, and Petaluma placed seventh with 163.

Redwood, which won the Redwood Empire Area meet over Piner, finished second behind MSJ with 101 points, but in the personal duel between Redwood's Rod Berry and San Marin's Dan Coulman, it was Coulman the winner again. Coulman defeated Berry in the Marin League finals, again in the Area meet, and a third time Saturday to win the individual championship.

Behind Redwood came Clayton Valley with 112, Castro Valley with 126, Piner and Pleasant Hill with 143, and Petaluma with 163.

Mission San Jose also won the girls' championship with 108 points, with Montgomery, the NBL champs, placing fifth with 139 in a relative close battle for team honors. Miramonte was second with 110, Pleasant Hill third with 121, and Tamalpais fourth with 134.