THE 1977 ALL NORTHERN CALIFORNIA CROSS COUNTRY TEAM

1 11	NAME	SCHOOL	Gr	Sect	Reg	Lg :	2.0 postal	3.0 postal	Invit.
1.	Avila, Dave	Cupertino QQ	Jr	2	2	1	9:20		2-2-5-2
2.	Berry, Rod	Redwood NO	Sr	2	2	3			
3.	Brewer, Paul	Leigh ()	Sr	5	7	1			1-1
4.	Conover, Mark	Miramonte NC		5 1	2	1			1
5.	Coulman, Dave	San Marin NO	Sr	1	1	1			1-1-1
6.	Deen, Glenn	Jefferson Ad	Sr	7	1	1	9:32.0	15:07.0	3-5
7.	Downs, Peter	Skyline O	Jr			3 .			6
8.	Downs, Tom	2 Skyline O	Jr			1	•	•	2-1
9.	Gruber, Tim	Aptos OA	Sr	4	1	1			1-4
10.	Hochhaus, Craig	Clayton Valle	<i>M</i> Cs _r	3	3	1		14:46.8	15-9
11.	Holladay, Ken	Gilroy (1	Sr	10	1		9:19.0		1-2
12.	Love, Bob	Carlmont ()	Sr	1	1	1	9:22.0		13-1-1-5-6
13.	Millar, Brian	McAteer SF	Sr			1			7
14.	Moreno, Armand	Piner VA	Sr	6	. 3	1	9:22.1		8-7-2-2-6
15.	Otis, Chris	Mira Loma SJ	•	1	1	1			6
16.	Radican, Dave	Mira Loma 35		2	3	2			9
17.	Romiguiere, Ken	Castro Valley	NOST	. 4	2	1			
18.	Soto, Felix	Mt.Pleasant ()		3	3	2	9:25.2		8-3
19.	Strangio, Steve	Mission S.J.N		8	3	1	9:19.5	14:44.0	3-2-2-1
20.	Turner, Frank	Colfax N	2			- 1			
21.	Valdez, Greg	Skyline O	Sr			2			7
22.	Wentworth, Rob	Livermore NO		9	1	1			
	·	A RUNNER OF THE Y	• • • • • • •	Davi Tom Feli	d Cou Downs x Sot	lman o	San I Skyl Mt.P	Marin Marin ine leasant Onville	

The All Northern California Cross Country Team is sponsored annually by the Northern California Track & Field Association and by Citizens Savings. Awards will be given to first team members (scrolls & "T" shirts). The first All Northern California Cross Country team to be selected was back in 1962. Unofficial selections have been made retroactive to 1953.

The selection committee for the 1977 All Northern California Team was composed of: Plato Yanicks (Menlo-Atherton) chairman; Bill Thompson (Alameda); Ken Thomas (Soquel); Terry Ward (St.Ignatius); Bob Woods (Camden); Keith Comming (No.Calif. Running Review). The major criteria for selecting the team were: place in the section, region, and league meets. Postal times, invitational results, place in head-to-head competition helped to influence the final voting.

The area represented by the 1977 team included consideration of athletes from six sections of the CIF: North, North Coast, Central Coast, San Joaquin, S.F., Oakland. The geographical boundaries of these sections went as far as the Oregon border to the North of the state, and Merced to the South.

COMMENTS: There were five repeaters from last year's first team selections: (Berry, Brewer, Holladay, Love, and Stragio). In general it was a down year for cross country in the Bay Area and parts of Northern California. No truly dominant individual graces this year's team, although Dave Coulman had an undefeated year and was selected as our "Runner of the Year! Skyine H.S. placed 3 athletes on the first team, something that hasn't been done for years. Skyline H.S. proved to be the best H.S. team in Northern California when they beat Mission S.J. in a classic meet earlier in the season. There were no second team selections.

Trujillo (Gilroy); Dickenson (Bella Vista); Marden (MSJ); Mass (So. Tahoe); O'Connor (Carimont); Kading (Mira Loma); Knott (Leland); Baker (Stagg); Castro (Logan); Chastaine (MSJ); O'Reilly (San Rafael); Ruffing (MSJ); Nickell (Leigh); Baker (S.Ramon); Powers (Willow Gl.); Gardner (Redwood); Bewley (Cap.); Mojica (Overfelt); Sapp (Fre); Martinez (Newark); Maldonado (Mc Clatchy); Williams (Arcata); Schmidt (Anderson); (Read (MSJ); Saledina (Riverbank); Tiernan (Mira Loma); Vasquez (Watsonville); Traynor (Clayton V); Royal (Petaluma); Shultz (Cordova); Swan (Lincoln); Hale (Stagg); Jenkins (Leigh); Morton (Los Gatos); Van Buskirk (PH); Herandez (Lincoln); Judson (Piner); Herandez (Indep); Brock (Redwood); Bergkamp (Leigh); Noonan (Montgomery); Dean, Gil (Jeff) Balli (Petaluma); Leinninger (Live Oak); Scannell (O'Dowd); Smith (Awalt); Molina (DLS) McCarty (St Francis); Munoz (Stagg); Rockford (Serra); Little (Jesuit); Silva (Yuba City); Christenson (Seaside); Gonzales (Lincoln SJ); Szekepesh (Cordova); Pinn (Jesuit); Allen (Beyer); Sullivan (St Francis); Zehdner (Elk Grove); Piniero (So Tahoe); Pringle: (Gunn); Shoemaker (Mira Loma); Hugens (RLS): Grimes (Watson); Jones (Menlo); Dalke (Leland); Foran (Mira Loma); Rembao (S.Cruz): Clarke (Cordova); Mellquist (Carlmont); Grames (Piner); Gines (Overfelt); Dietler (Foothill); Hart (Cordova); Ifland (Soquel); Abihiden (Leland); Johnson (Saratoga); Torres (Mt Pleasant); Sato (Watson); Pryor (Carl); Pringle (Gunn); McClure (St Francis); Barraza (Watson); Mackey (Davis); Hartman (Milp); Sanchez (Sunny); Allsop (Piner); Hoch (MA); Hannewalt (S.I.); Wimmer (Menlo); Nichols (Hollister); Chandler (Clovis); Foster (Jesuit); Sims (Palma); Espinosa (Mc Clatchy); Youkers (Armijo); Parkhurst (Dixon); Acosta (Hollister); Davies (MA); Gama (Tennyson); Marson (Mills); Sequiros (Watson); Martinez (El Grove); Will (Enc); Zehnder (Elk Grove); Bird (Brothers); Lopez (Davis): Powell (Ponderosa): Pugh (Highlands): Woodford (Sanora); English (Piedmont); Vavuris (Cubb); Hogan (Peterson); Evans (Gunn); Olivas (HMB); Sawrey (HMB); Schmidt (HMB); Williams (Chico); Jacobs (Serra); Baffert (S Ramon); Mc Donald (Camden); Westwood (Home); Demo (Home); Kadock (Lick); Malloy (S.Ramon); Flory (Blackford); Harb (Castro V); Luiz (Exeter); Packer (Gunn); Kinzy (Home); Oakden (Bella-Vista); Peterson (Fairfield); Leeds (Alameda); Zapata (Selma); Sargeson (DLS); Dicks (Soquel); Howard (St Joesph's); Loyd (Livermore); Fenn (Alameda); Watson (Ponderosa) Rasmussen (Ponderesa); Graf (Miramonte); Kallander (Las Lomas): Field (Berkeley): Bratsberg (Ft Bragg).

FIRST TEAM: (listed alphabetically)

NAME	•	SCHOOL	SEC	REG	LG	Invit.			
1.	Bain, Karen	Rio American Sp	4	2	4	2-4			
2.	Bitz, Debbie	Irvington NO	4	4	1	7			
3.	Bubanja, Diana	Piedmont MO	9	1	1	1-1			
4.	Choy, Tiffany	Salinas ((4	3	1	4-1-5-5			
5.	Crisp, Laurie	Downey SJ	1.	1	1	2-1			
6.	Crowley, Irene	Overfelt (4	1	1	1	1-1-2			
7.	Daley, Arlene	Granada N.L	1	1	1t	4-4			
8.	Dennison, Stacy	El Camino (Sac.)ST 2 .	1	1	2			
9.	Hayes, Julie	Dublin V4	6	2	3	3-1-1			
10.	Huyck, Nancy	Aptos (()	3	1		2-2-1-2-2			
11.	Kenny, Dian	Novato Na	2	1	2	2			
12.	Negri, Francie	Novato Na Foothill SJ	5		1	3-2-8			
13.	Nieto, Shelly,	Merced SJ	3	2	2	3-2-5			
14.	Richter, Suzanne	Chico	1		1	2-3-3-1			
15.	Scannell, Colleen	O'Dowd NC	. 4	2	2	13-7-1			
16.	Schmidt, Becky	Half Moon Bay	5	1		4-1-6-3			
17.	Schnupfeil, Kim	San Mateo (10	6-	2		2			
18.	Selchau, Julie	Chico N	3		2	4-6-3			
19.	Shanks, Brenda	Quincy N	2			1-3			
20.	Symons, Jill	Chico N	4		3	6-2			
21.	Trason, Ann	Pafic Grove		2	1	1-1-1-1			
22.	Van Buskirk, Lisa	Pleasant Hill N	Q 3	3	1	2-12			
	RUNNER OF THE YEAR.	I	rene Cro	wley	(Over	felt)			
	Outstanding Senior.				(Over	felt)			
	Outstanding Junior.				(Down	- · . •			
	Outstanding Sophomo				(Aptos)				
	Outstanding Freshma	ns	Stacy Der	ni son	(E1 C	amino)			
		-							

COMMENTS: This team represents the second time that a selection has been made honoring the outstanding girl runners in Northern California. No second team selections were made! Chico dominated the team with an unprecedented 3 selections. The calibur of athlete was much improved over last season, as all the sections have championship participation available for girls: There was a very close battle for the Girl Runner of the Year. Irene Crowley edged Laurie Crisp of Downey at a 2.0 postal meeting in their only head-to-head meeting of the year by the slimmest of margins. That victory was enough to give Irene Crowley the nod for "runner of the year" according to the team selectors.

HONORABLE MENTION:

Hasse (So Tahoe); Figliomoni (Saratoga); Oddone (San Marin); Roberts (Rio American); Prince (Anderson); Chamness (La Sierra); Pearson (San Lorenzo Valley); White (Miramonte); Linn (Rio American); Warga (Ponderosa); Burleson (Chico); Blake (Oak Grove); Simmons (So. Tahoe); Bettencourt (HMB); Tani (Montgomery); Palmer (Del Oro); Nielsen (Carlmont); Hedberg (Miramonte); Beaushamp (Oakmont); Harper (Prospect); Flynn (Tamalpais); Kuphaldt (Bella Vista); Fox (Homestead); Farsnworth (Montgomery); Smith, Jill (Turlock)l Foianini (Carlmont); Manning (Carondelet); Hale (Vanden); Vaughan (San Carlos); Sweeny (Marin Cath) Price (Bella Vista); Houston (Gunn); Nayares (Downey); Gavino (Downey); Hughes (Merced); Mc Keen (Cordova); Alcorn (Del Norte); Capurso (Gunn); Metoxen (So. Tahoe); Seyranian (Tamalpais); Sanchez (Watsonville); Holliman (Rio American) Way (Alameda); Chavez (Cuper) Behrbaum (Amador Val.) Redeker (Healdsburg); Vavuris (Cubbefly); Gaffield (El Cerrito); Bachand (Sunset); Blevins (Campo Lindo); Woehrie (Head-royce)

NORTHERN CALIFORNIA HIGH SCHOOL RUNNER OF THE YEAR:

1953	Stephens, Reger	Pale Alte
1954	Larrieu, Ren	Pale Alte
1955	Larrieu, Ron	Pale Alte
1956	Wallace, Keith	Piedment
1957	Northway, Bill	Pale Alte
1958		Pale Alte
1959	Lehner, Mike	Pale Alte
1960	Grewth, Mergan	Alhambra
1961	Rye, Dan	Pale: Alte:
1962	Ryan, Mike	Wilcex
1963	Ryan, Mike	Wilcex
1964	Ryan, Mike	Wilcex
1965	Celaya, Rudy	Tennyson
1966	Isela	Mt. Diable
1967	Swenson	St.Mary's
1968	Larsen	Frement (sun)
1969	Hale	Campelinde
1970	Merk-Hart-Templeman	Wash-WG-Carl
1971.	Breeks, Steve	Mt. Pleasant
1972	Tayler, Dave	Merced
1973	Kimball, Rich	De La Salle
1974	Kissen, Rey	San Ramon
1975	Helmes, Tim	Downey
1976	Helmes, Tim	Dewney
1977	Coulman, Dave	San Marin

	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR
1962	Celaya (Tennyson)	Ryan (Wilcox) *	Kay (Miramente)	Graham (Les Altes)
1963	Cardinalli (Central)	Gamez (Feethill)	Ryan (Wilcex)*	Kay (Miramente)
1964	Mahen (Hemestead)	H. Carter (Pittsburgh)	Ray Celaya (Tenny)	Ryan (Wilcox) *
1965	Alfare (Pittsburgh)	Bruce (Pleasant Hill)	Walker (Homestead)	Rudy Celaya (Tenny) *
1966	Gaesser (Homestead)	Carey (Carlment)	Mahen (Hemestead)	Isela (Mt.Daible) *
1967	Hale-Mahan-Hagar	Clark (MSJ) & McCarty	Carey (Carlmont)	Swensen (St Mary' s)*
1968	Rebinsen (Pleas.Hill)	Hale (Campelinds)	Brassell (Homestead)	_
1969	MacMitchell-Lewis-Manr	z Kinsella & Geiken	Hale (Campelinde)*	McCarty (St.Fran)
1970	Miller (J)&Lawson(SC)	Miller (Carlment)	****	Merk-Hart-Templeman *
1971	Kingery (San Carles)	Burrough & Thurwachter		Brooks (Mt.Pleas) *
1972	Munoz (Watsenville)	Kingery (SanCarles)	Kimball (DeLaSalle)	Tayler (Merced) *
1973	Holmes (Dewney)	Paulin (Camden)	Kingery (SanCarles)	Kimball (DeLa Salle)*
1974	Berry (Redwood)	Helmes (Dewney)	Paulin (Camden)	Kissen (San Ramen)*
1975	Carrasco (Mt Pleasant)	Berry (Redwood)	Holmes (Downey) *	Shulz (Redwood)
1976	Kurr (Gunn)	Carrasco (Mt Pleas)	Berry (Redwood)	Helmes (Dewney)*
1977	Vasquez (Watsonville)	Soto (Mt.Pleasant)	Downs (Skyline)	Coulman (San Marin) *

77 Considered Athletes																			
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6	Radican Dave		Mire La	2	3	2			14:46.8	9 4 <u>4</u>	487	4	+	+	-			91	
7	Hochhaus		Clayton V.	3	3			9:25:1	14.46.8	15	4 47		T	T				34	
8	Boto, Felix		MX. Plea Castro V	3	2	,		9.75.		4	27	135	1153	4					
-	Romiguere	. 17	astro-V	4	7	/											15	41	
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	Conquer Brewer Paul	12		5	7	1							<u> </u>		1				1
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18	Dickenion, Mike	<u> </u>	Belle Vista	3							-	+	┼	-	┼	-			
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4	Granis Shippi Canis Nelson	τ.	Pini- Overfelt					9:41	-		4			<u> </u>	-	_	┼	┼	-	
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8	Hart		Cridena	23						<u>.</u>	+				_	_	+	-		
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Cupertino's Avila on all-star team

Cupertino High junior Dave Avila is the lone representative from the Midpeninsula on the 1977 All-Northern California prep cross country team.

Avila made the team based on his finishes in the league, regional and section meets where placed first, second and second, respectively.

Bob Love of Carlmont, the South Peninsula Athletic League's top runner, also made All-NorCal.

The following runners are included on the honor-

able mention list:

Sapp (Fremont) McCarty (St. Francis), Smith (Awalt), Sullivan (St. Francis), Pringle (Gunn), Johnson (Saratoga), McClure (St. Francis), Sanchez (Sunnyvale), Vavuris (Cubberley), Evans (Gunn), Westwood (Homestead), Demo (Homestead), Packer (Gunn), Kinzy (Homestead), Jones (Menlo) and Mellquist (Carlmont).

The NorCal runner of the year is David Coulman

of San Marin.

The All-NorCal girls' team failed to include any area runners on a team headed by runner of the year Irene Crowley of Overfelt.

Included on the honorable mention list:

Figliomeni (Saratoga), Fox (Homestead), Houston (Gunn), Vavuris (Cubberley), Capurso (Gunn),

Chavez (Cupertino).

Laurie Crisp of Downey is the top junior of the year while Nancy Huyck of Aptos is the top sophomore and Stacy Dennison of El Camino ranks as the No. I freshman.

Tom Downs of Skyline is the boys' top junior while Felix Soto of Mt. Pleasant is the No. 1 sophomore and Angel Vasquez of Watsonville is the top freshman.