

San Francisco State University
Cross Country
1976

ADDED DEPTH FOR HARRIERS

Second-year coach, David Fix, welcomes back six of the top seven Running Gators from last season. This is in sharp contrast with his first year when there was not one returning runner. With the addition of some talented newcomers, the Gators are looking to improve on their fifth place finish in the Far Western Conference.

Heading the returnees are Kian McCarthy (Tamalpais, Marin JC) who finished 12th in the FWC and Terry Lomax (Albany) who finished 20th in the FWC. The other veterans include Bob Schug (Carlmont, Skyline CC), Guy Dear (Lincoln), Bob Mullen (Wilson), and Inre Houser (Jefferson, Skyline CC).

John Moreno (Terra Nova, Skyline CC) will join the cross country team after an outstanding track season for the Gators. Running for a club last fall, Moreno placed 18th in the Pacific Association - AAU Championships. "John had a superb summer of training and road racing," notes Fix, "and he must be considered one of the best in the conference."

Two other transfers will bolster the depth of the Purplemen. Keith Larsen (Crestmoor, Skyline CC) and Amador Garcia (Balboa, CC San Francisco) have the potential to be strong cross country runners.

The Gators open their 1976 season at the Cal Aggie Invitational held on the fast course at U.C. Davis. Always a tough race, 12 schools will line up at the starting line including the FWC teams, Stanford, Cal Berkeley, San Jose State, Fresno State, Fresno Pacific, and Cal Poly SLO.

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<u>DATE</u>	<u>DAY</u>	<u>OPPONENT</u>	<u>PLACE</u>	<u>TIME</u>
SEPT. 18	SAT	INTRASQUAD	CRYSTAL SPRINGS	11:00 AM
Oct. 9	Sat	Cal Aggie	Davis	10:00 AM
Oct. 16	Sat.	University of California, Davis	Davis	11:00 AM
OCT 23	SAT	CHICO STATE & HUMBOLDT STATE	CRYSTAL SPRINGS	11:00 AM
OCT 29	FRI	CAL STATE HAYWARD & ST. MARY'S	CRYSTAL SPRINGS	1:30 PM
Nov. 6	Sat.	Far Western Conference Championships	Chico	11:00 AM
Nov. 13	Sat.	NCAA Division II Championships	Springfield, MO.	-
NOV 14	SUN	PA - AAU CHAMPIONSHIPS	CRYSTAL SPRINGS	-

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