

**1974 MEN'S JUNIOR NATIONAL
CROSS COUNTRY 8000 METER
CHAMPIONSHIP**



ALAMEDA

CALIF.

50¢

RONALD REAGAN
GOVERNOR

State of California

GOVERNOR'S OFFICE

SACRAMENTO 95814



It is my pleasure to extend warm greetings and good wishes to everyone participating in the American Championships for Cross Country Running for Men.

Today's race will be the culmination of months of perseverance and self-denial and will demonstrate your personal commitment to excellence. I admire your dedication and congratulate you for being able to participate in this event.

Just to compete in the American Championship is an honor, but more important to each of you is your resolve to endure the difficulties that go with achievement.

Sincerely,

Ronald Reagan

RONALD REAGAN
Governor



CITY OF ALAMEDA • CALIFORNIA

OFFICE OF THE MAYOR

December 19, 1974

Alameda Track Club
P. O. Box 1606
Alameda, California 94501

Dear Track Club Members:

I would like to take this opportunity to congratulate you for your sponsorship of the National A.A.U. 8000 Meter Cross Country Championship Race which will be held Saturday, December 21, 1974, on Bay Farm Island in our community.

As Mayor, I wish to extend a warm and friendly welcome to all of the participants in this nationally recognized event to Alameda. We are very pleased and honored to be the host City for such a prestigious and significant track meet.

Please accept my best wishes for a very successful event on Saturday. And, to the participants, I extend the hope that all of you have your best race ever.

Sincerely,

A handwritten signature in dark ink, appearing to read "Terry La Croix, Jr.", is written over a horizontal line.

Terry La Croix, Jr., Mayor
of the City of Alameda

TLaC:jf

Acknowledge

SPONSORING ORGANIZATION: ALAMEDA TRACK CLUB

SANCTIONED BY: PACIFIC ASSOCIATION OF THE AAU, SANCTION No. 257

HOST CITY: CITY OF ALAMEDA, TERRY LA CROIX JR, MAYOR

RACE DIRECTOR: JOE TAXIERA, PRESIDENT ALAMEDA TRACK CLUB

ASSISTANT RACE DIRECTORS: JACK LEYDIG, NATIONAL SECRETARY, AAU LONG DISTANCE AND ROAD RUNNING COMMITTEE.
HAROLD DE MOSS, LONG DISTANCE RUNNING COMMITTEE CHAIRMAN, PACIFIC ASSOCIATION.

MEET REFEREE: ROBERT E. DECELLE, NATIONAL AAU LONG DISTANCE AND ROAD RUNNING COMMITTEE CHAIRPERSON

STARTER: BEN MORJIG, EAST BAY VICE CHAIRMAN, PA AAU

COMMISSIONER OF OFFICIALS: GEORGE NEWLON

COURSE: RONALD H. COWAN, CHAIRMAN OF THE BOARD, HARBOR BAY ISLE ASSOCIATES, DORIC DEVELOPMENT, INC., UTAH INTERNATIONAL, INC., BAY FARM ISLAND, INC., RECLAMATION DISTRICT #2105.

COURSE SELECTION & MEASUREMENTS: KEN HOCKABOUT, HARBOR BAY ISLE ASSOCIATES; ROBERT HAUGEN AND DANNY MILLS

TRAFFIC CONTROL: ALAMEDA POLICE DEPARTMENT.

AWARD SITE: ALAMEDA PARKS & RECREATION, BAY FARM ISLAND RECREATION CENTER.

OFFICIALS: PA AAU OFFICIALS

RACE HEADQUARTERS: HILTON AIRPORT INN, HEGENBERGER & DOOLITTLE, OAKLAND, CA.
DON HENDERSON, SALES MANAGER

SPECIAL THANKS: THERE ARE MANY WHO HAVE ASSISTED IN MAKING THIS EVENT A SUCCESS, AMONG THOSE ARE PROVERB JACOB, HEAD TRACK COACH, PERALTA JUNIOR COLLEGE, LANEY CAMPUS, BEN RATTO, PACIFIC GAS & ELECTRIC, GUS WIEMKEN, VANCE HENRY, THE MEMBERS OF THE ALAMEDA TRACK CLUB UNNAMED AND ALL OTHERS WHO HAVE ASSISTED, WE'D LIKE TO OFFER OUR APPRECIATION.

Entries

#	NAME	AFFILIATION	#	NAME	AFFILIATION
10	RON ADAMS	SFVTC	94	BRYAN FARRELL	NCS A
12	MIKE AMEX	NCS "B"	95	TIM FARRELL	NCS A
16	ALEJANDRO AQUILAR	WSTC	96	DAN FARWELL	WS
20	GEORGE AQUILAR	UA	97	DIRK FEENSTRA	GWTC A
24	GEORGE AQUIRRE	SBAA	98	ERIC FITZ	UA (Mod)
25	RICHARD AQUIRRE	SBAA	99	RICHARD FLORES	BVTC
26	GUY ARBOGAST	UA(WASH)	104	BRYAN FOLEY	PH A
27	LUPE ARGUELLO	UA(Wasco)	105	PAUL FREDERICKSON	UA
28	JOE ARISMAN	UA	117	JIM FREEMAN	NCS A
29	LUIS ARREOLA	SLDC	123	RON FRITZKE	CWTC A
30	TOM BABIRACKI	UA(LA)	131	DAN FULTON	UA
31	TRINI BALDERRAMA	PTC	132	ROBERT FULTON	UA (ORE)
32	BOB BARNETT	CWTC A	133	KEIR FUREY	GWTC B
33	STEVE BARR	UA(Sac)			
34	ARTHUR BAUDENDISTEL	GWTC A	134	GREG GAGAN	GWTC B
35	LON BERQUIST	AG TC	135	TIMOTHY GAGAN	GWTC A
36	RUSS BIANCHI	UA (SF)	136	JUAN GARCIA	UA (WASH)
37	STEVE BIRD	UN (Modest)	137	MIQUEL GARCIA	EX
38	MIKE BREEN	JT	138	SAMMY GARCIA	UA(Wasco)
39	LEON BRUNET	VMTC A	139	VICTOR GARCIA	UA
40			140	VICENTE GARZA JR	PH A
44			141	BRYAN GEISSLER	BFTC
45	ERIC BURT	UA (MICH)	142	DENNY GONSALVES	WVTC B
48	GARY CAMP	UA (CARM)	143	STEVE GRAY	ATC
57	DENNY CAPPLEO	NCS A	144	GARY GREEN	UA
60	DANA CARVEY	CWTC B	145	JAMES GRIECO	PH A
67	DAVE CASILLAS	UA (ILL.)	146	LOUIS GRIECO	PH A
68	ROGER CASILLAS	BVTC	147	GREG GUSTAFSON	BFTC
69	ARMANDO CENDEJAS	UA (LA)			
70	DON CLARY	UA(ALASKA)	148	HANSEN	
71	JEFFERY COFFMAN	SBAA	149	DAN HARVEY	CWTC A
72	MARTY CONWAY	WVTC B	147	RANDY HENRY	BFTC
73	JOE CORDOVA	BVTC	148	ROY HOGLUND	WSTC
74	CRAIG COREY	UA (HILL)	149	BOB HOLLISTER	SBAA
75	STEVE CORONADO	UA (SAC)	130	TIM HOLMES	WVTC A
76	DAVE CORTEZ	WS	131	BRIAN HUNSAKER	UA (LA)
77	JEFFERY CURRAN	WVTC A	132	LARRY HURST	UA (ORE)
78	EUGENE CUSHING	UA (NEV)	679	ERIC HULST	UA (LA)
79	MARK DAWSON	VMTC	680	DAVID HOAGLAND	VMTC
80	JEFF DAY	UA(LA)	133	KEITH JACOBSON	BVTC
			134	SHAWN JAMES	WSTC
81	DAVE DAY	UA(LA)	135	BRIAN JARVIS	UA
82	PETER DINNO	UA	136	JEFF JOHN	VMTC A
83	KURT DICUS	UA(NEV)	137	DENNIS JOHNSON	VMTC
			138	ROBERT JOHNSON	VMTC
84	GREG EGER	UA	139	KEITH JURN	PH B
85	HARRY ELLIS	GWTC B			
86	JERRY ELLIS	NCS A	140	MARTIN KRENN	WSTC
87	SCOTT ELLIS	NCS B	141	PAUL KEIPER	BFTC
88	STEVE ELLIS	NCS	142	TONY KELLER	UA (ORE)
89	JERRY EMORY	CWTC A	143	ROBERT KENT	UA
90	MICHAEL EMRY	UA	144	MIKE KILLEEN	MAC
91	STEVE ERICKSON	UA	145	TIM KILLEEN	MAC
92	MARIO ESCARENO	UA	146	RICH KIMBALL	ATC
93	RON ESQUIVEL	PH A	147	MICH KINGERY	CWTC A

Entries

#	NAME	AFFILIATION	#	NAME	AFFILIATION
448	BILL KIPP	UA(SAC)	627	TED QUINTANA	ATC
450	ROY KISSIN	WVTC A			
451	KEVIN KNOX	UA(Wasco)	628	DAVID RAMER	GWTC A
452	PETER KUMMANT	UA(OHIO)	629	RICHARD READ	GWTC A
			682	ROD READ	GWTC A
453	STEVE LACY	UA(Wisc)	630	DAVE REITER	UA
454	BOB LANGE	CWTC B	631	VINCE REYES	SBAA
455	TOM LARSON	BFTC	632	BRENT RIRIE	VMTC
456	HANK LAWSON	UA	633	DIRK ROHLOFF	UA
457	JOHN LEACH	UA(Nev)	634	JOHN ROSCOE	UA(MICH)
458	KARL LEAL	UA	635	TONI RUGGLE	UA
459	TERRY LOMAX	UA	636	DANNY RUIZ	UA(Wasco)
460	TOM LUCAS	WS	637	KEN SOLET	CWTC A
461	MARTY LUDWIKOWSKI	UA(NJ)	638	MURRY SALLS	UA(Nev)
462	RONNIE MAESTAS	NMTC	639	DAVE SANDERSON	UA(YAKIMA)
463	EMIL MAGALLANES JR	WVTC B	640	BILLY SANTILLAN	UA
464	GREG MANDANIS	WS	641	BILL SAUGEZ	PH B
465	JOE MANGAN	WVTC B	642	BRUCE ROBERTSON SAYRE	CWTC B
466	RICHARD MEAD	PH A	643	JIM SCHANKEL	UA(Lompoc)
467	JEFF MERROW	PH A	644	HAL SCHULZ	MAC
468	CRAIG MIERS	UA(Nev)	645	SCHUTZ	
469	DAVE MIHAILOFS	MAC	646	KEVIN SEARLS	UA
470	RICH McCANDLESS	WVTC A	647	RALPH SERNA	UA(LA)
471	DAVE McFADDEN	WS	648	MIKE SHAUGHNESSY	WVTC B
472	McGINN		649	DAVID SHAW	UA(FRESNO)
473	STEPHAN McMAHAN	SBAA	650	ROBERT SHIRLY	PH B
474	BOB MILLER	CWTC B	651	JOHN SHROYER	CWTC B
475	CHUCK McMILLIAN	MAC	652	VICKEN SIMONIAN	UA(LA)
476	WALLY MONTENEGRO	WSTC	653	MIKE SMITH	DSER
477	JOHN MORENO	GWTC B	654	TOM SMITH	WVTC B
478	CLIFFORD MORDEN	SFTC	655	ALFRED SOTO	UA
479	BILL MORGAN	BFTC	656	JEFF SPANGLER	BHS
480	DON MOSES	UA(LA)	657	BARRY STARKEY	ATC
481	KENT MULKEY	ATC	658	DAVE STOCK	WVTC A
482	BILLY MUNOZ	UA	659	TOBY SUHM	UA(YAKIMA)
483	RUDY MUNOZ	UA	660	PETER SWEENEY	MAC
484	MARK MURPHY	CWTC B	661	JOHN SWIFT	UA
485	STEVE NIEDRAUER	UA	663	ROBERT THOMAS	UA(LA)
486	ANDY NOONAN	VMTC	664	BRYAN TRACY	UA(SLO)
			665	BRYAN TRACY	MAC
487	KEVIN O'HARA	SBAA	666	JERRY TUCKER	BVTC
488	MARC O'HARA	UA			
489	PAUL O'NEIL	UA	667	GILBERT URESTI	WSTC
490	CHRIS OTIS	NCS B			
491	TOMMY OWEN	WS	668	SILVERIO VEGA	UA(NJ)
			669	MICHAEL VENNING	UA
492	HENRY PEREZ	BVTC	670	KURT VINEYARD	UA
493	MIKE PLUMMER	ATC			
494	BOB POWELL	CWTC A	671	LYN WALKER	WVTC B
			672	ROGER WARNES	SLDC
			681	PETER WILANOSKI	UA
			673	JACK WILEY	UA

Entries

#	NAME	AFFILIATION
674	MIKE WILLIAMSON	ATC
675	RICK WHITAKER	BFTC
676	ARRELL WHITE	UA
677	JERRY WHITE	NCS A
678	JEFF ZIMMERMAN	UA
683	MIKE CHATTERTON	PMKD
684	STEVEN CHATTERTON	PMKD
685	DAVE HUGHES	VMTC
686	JOHN KONINGH	UA (LA)

TEAM DESIGNATIONS

SFVTC	SAN FERNANDO VALLEY TRACK CLUB
NCS	NORTHERN CALIFORNIA STRIDERS
WSTC	WESTSIDE TRACK CLUB
SBAA	SANTA BARBARA ATHLETIC ASSOCIATION
SLDC	SAN LUIS DISTANCE CLUB
PTC	PHOENIX TRACK CLUB
CWTC	CAMINO WEST TRACK CLUB
GWTC	GOLDEN WEST TRACK CLUB
AG TC	AGGIE TRACK CLUB
VMTC	VALLEY OF THE MOON TRACK CLUB
BVTC	BIG VALLEY TRACK CLUB
JT	JAMUL TOADS-SAN DIEGO
WVTC	WEST VALLEY TRACK CLUB
WS	WOODSIDE STRIDERS
PH	PHAETON TRACK CLUB -FRESNO
BFTC	BIG FOOT TRACK CLUB-SPOKANE
MAC	MARIN ATHLETIC CLUB
BHS	BEVERLY HILLS STRIDERS
EX	EXCELSIOR TRACK CLUB
DSER	DOLPHIN SOUTHBEND RUNNERS
ATC	ALAMEDA TRACK CLUB
PMKD	PAMAKIDS

ALAMEDA TRACK CLUB

A LITTLE ABOUT THE SPONSOR, ALAMEDA TRACK CLUB. THIS CLUB, FORMED EARLY IN 1964 WITH A SMALL HANDFUL OF EAGER HIGH SCHOOLERS.

FROM THE BEGINNING, THIS ORGANIZATION HAS BEEN LOW-KEY IN ITS STRUCTURE, WITH EMPHASIS BASED UPON INDIVIDUAL LEADERSHIP DEVELOPMENT AS THE PARAMOUNT CONCERN.

YOUNG MEN DEVELOPED IN LEADERSHIP CAPACITY HAVE GONE ON TO OTHER AREAS TO PROMOTE NEW TRACK CLUBS OR OTHER DISCIPLINES.

THE NAME IS CONFUSING, BECAUSE THE ORIGINAL ORGANIZATION TOOK PLACE IN ALAMEDA. BUT THIS IS ALAMEDA COUNTY ALSO. ACTUALLY, LIKE ALL ORGANIZATIONS, ATC HAS REACHED OUT, EVEN TO OTHER STATES TO EMBRACE MEMBERSHIP.

THE MEMBERSHIP HAS NEVER BEEN ENCOURAGED TO "WIN AN EVENT". IT HAS LONG BEEN THE BELIEF OF THE LEADERSHIP, THAT TO PARTICIPATE IS MORE IMPORTANT. IF ONE FEELS UP TO WINNING, THEN OF COURSE EVERYONE IS PULLING FOR THE VICTORY.

THE CURRENT MEMBERSHIP IS AROUND 150, WITH MANY OF THE MEMBERS SCATTERED TO COLLEGES AND UNIVERSITIES IN OTHER AREAS.

DURING THIS PAST SEASON, OUR OUTSTANDING STAR HAS BEEN RICH KIMBALL, WHO WON THE JUNIOR WORLD CHAMPIONSHIPS AT MONZA, ITALY. THOUGH THE CLUB HAD SIX MEMBERS PARTICIPATE IN THE AAU JUNIOR NATIONAL CHAMPIONSHIPS IN GAINESVILLE, FLORIDA, ONE IN THE AAU SENIOR NATIONAL TRACK & FIELD CHAMPIONSHIPS IN LOS ANGELES. ONE OF OUR MEMBERSHIP WON AGAINST THE USSR VS USA JUNIOR MEET AND ONE WAS THIRD AGAINST THE USSR VS USA SENIOR MEET.

IF YOU HAVEN'T JOINED A CLUB YET, MAY WE URGE THAT SO DO. OUR ROSTER IS NOW OPEN IF YOU ARE LOOKING FOR A PLACE TO LIGHT!