CHALLENGE GUNNLOCEANALSERRAL CAMPBELL WESTMOOR IN GIGANTIC MEET AT MLA

VARSITY FACES TOUGH GUNN. AND OCEANA

For the first time in years, the MA cross country team will not be faraored to win its opening meet at home.

The Oceana Dolphins have their best team in history this sesson and are clear cut favorites to! win the varsity meet. Fant improving Gunn will also give MA a stiff test today

The Bears will be handicapped by the loss of Captain Dan Maub who is suffering from an appendix inflamation,

Starting lineup for the Bears will be:

- le John Barbour (Jz)
- Doug Yost (Sr) Rick Krengal (Sr)
- 4. Earl Meneweather(Sr)
- 5. Harry Wong (Sr)

Gordon Bernhard (So)

Baybour and Yost looked good in last week's opening meet at San Carlos. The rest of the team was unimpo ressive and were no match for Carlmont, San Carlos, and Sequoia,

SERIES RECORDS OF MA AGAINST TODAY'S OPPONENTS

MA Won 6 Oceana MA Won 5 Guna MA Won 3 Westmoor 0 MA Won 2 Serva MA Won 2 Campbell 0

MA has never lost a mest to any one of today's opponents Needless to say the Bears hope to keep the win streak goingo

NATIONAL RANKING OF MA VARSITY CROSS COUNTRY TEAMS

1965 87th USA. 1966 31st USA 1967 42nd USA 1968 36kk WSA 1969 41 15 HOA

BARBOUR LEADS SUMMER MILEAGE

John "the machine" Barbour led all members of the Cross Country team in the amount of mileage put in before participating in the opening meat of the season. John racked un 464 miles in summer workouts. Harry Wong and Doug Yost ran 272 and 230 miles respect-Evely. Dan Moub, Mike Shib. ata, and Craig Lambert were the only other M-A runners to put in over a 100 miles in summer workouts.

MA CROSS COUNTRY HAS GREAT WINNING TRADITION

Despite dual meet losses to Carlmont, San Carlos, Seqsois, and Pioneer in the first meet of the season, the Bears save a very impressive wire. ling record.

1965 Won 12 lost 2 1966 Won 17 lost 3 1967 Wom 12 1968 Wora 16 lost 2 1969 Won 14 lost 3 1970 Won lost

Coach Yanicks has hopes that the 1970 team will equal the the great record of past M-A teams.

MA CROSS COUNTRY CAPTAINS

1965 Stave Gavazza 1966 Dan Britta Bob Mallory 1967 1968 O'Donnell & Krengel 1969 Ron Schloss 1970 Dan Meub

ALL SPAL VARSITY RUNNERS FROM MA

1966 Dan Britts Bob Mallory 1967 1968 O'Donnell & Krengel 1969 Non Schloas

LARGE FROSH TURNOUT MAKES MA SQUAD LARGEST IN THE SCHOOL'S HISTORY

A record turnoutof 15 freshmen has bolstered the MA Cross Country squad to a record 32 men.

Coach Yanicks feels that the pres ent crop of freshmen may be his best since the 1966 group won the SPAL fitle.

Leading the freshmen team are Neil Penny and Carl Johnko Both have outstanding natural ability and have looked good in workouts.

DOUG YOST MOST IMPROVED VARSITY

Doug West ran the first cross country race of his career last Monday against two of the strongest high school teams in the country and did surprisingly well. He took 13th in a large field of runners and impressed Coach Yanicks with his competitive spirite

Doug is a senior, which is rather late to take up any sport, but Doug has made the adjustment easily.

Doug was named MaA athlete of the week for his fine performance.

TOP TIMES EVER MADE ON THE MA COURSE BY MA RUNNERS

	SENIORS:		
	1. 10:36.2	Dan Britts	1966
The same of the same	2. 10:55.4	Mike Rountree	1969
-	3. 10:59.8	Bob Mallory	1967
	Co. 11:01.1	Jim O'Donnell	1968
	5. 21:03.1	John Hawton	1966
and the same	SOPHOMORES:		
di-femous	1. 11:12.0	Gordon Krengel	1966
-COOLSEA	2. 11:39.6	John Barbour	1969
BANG-SA	3. 11:56.5	Ron Schloss	1967
CHESTAGO	4. 11:57.0		
- Contract	JUNIORS:	Jim O'Donnell	1966
D-FLAMING	- SERVICE TRANSPORTED AND ADDRESS OF THE PERSON OF THE PER		
Preparate	1. 10:59.3	Walter Mitchell	1969
PERMITTAN	20 11:01.0	Bob Mallory	1966
Appropries.	3. 11:04.0	Jim O'Donnell	
odgook	40. 11:07.2	Cordon Krengel	1967
できる	5. 11:11.0 -	Mike Rountree	1967
SECRET	FRESHMENS	while	1968
No.	A STATE OF THE PARTY OF THE PAR		

1968

1066

1. 22:01.7 John Barbour

12:22,3 Cedric Thomas