

EVENT: # 1, 4X MILE

HEAT 1 OF 1

Jr Hi BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Yano, Miller, Riberia, Weite	CV	20.44.89 20.15.13	1
3	2		Sucred		
4	3	SILVER, 2(Dos), Horikoshi/Smith	ALA	22.21.42	3
5	4	Senger, Magudia, Pauwe, Marasco	LL	23.14.63	4
6	5	Rau, weiss, Bennett, Smallman	GRAN	23.52.94	5
7	6	Tran, Boxdell, ^{Delasquez} Luis, ^{Cannon} Mike	SLZ	22.16.97	2
8	7				

EVENT: # _____

HEAT _____ OF _____

Jr Hi

BFS

GFS

GV

EVENT: # 5, 4X100

HEAT 1 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
i	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Tolentino, Sanchez, Ng, Picetti	CV "B"	50.35	4
✓ 3	2	Zellick, Scotts, Chu, Hosang	ALAN	47.95	2
✓ 4	3	Riesenberg, Yin, Lee, Durkin	WAL	50.10	3
✓ 5	4	Griffin Bennett, Russo, Morison, Khari, Walter, Ian, Phillip	EVAN	45.81	1
6	5	Rominguo, McKintin, Hames, Brown	HAYB		
7	6	Brown Boatwright, Palacios, Flynn, Jones	SDS	63.7	6
✓ 8	7	Velasquez, Tran, Garrett, Williams	SLZ	51.73	5

(3) (5)

 (1)

EVENT: # 5, 4X100

HEAT 2 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Valentin, Sanchez, Ng, Pickett	OV "C"		
3	2	Justin, Andy, Chris, Jason	SH	51.41	3
4	3	Stohr, Hicken, Jones, Chu	OV "A"	48.24	2
5	4	Mike, Lamar, Mark, David	HAW "A"	47.61	1
6	5	MU-HUA, JUSTIN, ERIK, EMMANUEL CHENG SIBLEY ESUN CLAY	ALA "B"	51.77	4
7	6		ALA "C"		
8	7	Eric Volan, Scott Williams, Michael Morgan, Mark Hainschein-Cline	WASH.	52.06	5

(4)

(2)

EVENT: # 8, 4x70 yd Hurdles HEAT 1 OF 1

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Mac, Sibley, Robin, Soots	AVA	45.44	1
3	2				
4	3	KONG, HUGHES, STAGGER-SEALS, LENG	CV	46.22	2
5	4				
6	5	Khari, Mark, David, Chris	HAY	46.28	3
7	6				
8	7	Lien, Kobuchi, Lee, Yip	SH	46.30	4

8

EVENT: #

Jr Hi

BFS

GFS

HEAT ONE
GV

A	B	C	D	E

EVENT: # 11, 4x200

HEAT 1 OF 2

Jr Hi

7
BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Vasquez, Borell, Garret, Williams	SLZ	1:46.57	4
3	2	Riesenberg, Yu, Morgan, Durkin	LL	1:46.48	3
4	3	Goff, Russo, Morisali, Bennet	Grand	1:38.54	1st 2nd <small>STRENGTH OF 2003</small>
5	4	Zellick, Chu, Blackwood, Udenberg	ALA "A"	1:39.43	2
6	5	Tolentino, Sanchez, Ng, Pichetti	EV "B"		
7	6	... Sunzian, Robig, Krause, Lee	ALA "C"		
8	7				

(5)

(2)

EVENT: # 11 , 4x220

HEAT 2 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1		ALA "A"		
3	2	ROBIN KRAUSE ASUNCION LEE	ALA "A"	1:55.82	4
4	3	Cheng, Sibley, Hosang, Pedraza	ALA "B"	1:47.34	3
5	4	Hicken, Stoff, Apodaca, Jones	CV "A"	1:41.47	1
6	5		SACRED		
7	6	Dominquez, Brown, McKinley, Humer	HAY	1:44.36	2
8	7				

③

④

EVENT: # 14, 4x800

HEAT 1 OF 1

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1	Yano, Riberia, Riberia, Welfe	CV	9 17 57	1
3	2	Orin, Inderson, Markiewicz, Lee	SH	10 02 27	5
4	3	Das Equis, Honneger, Smiths	ALVA "A"	9 58 16	4
5	4		ALVA "B"		
6	5	Songer, Majenschein Cline, ^{Marslo,} Durkin	WASL	9 38 84	3
7	6	Blake, Tony, Soren, Mike	SLZ	9 31 74	2
8	7				

EVENT: # 18, 100 meter Dash

HEAT 1 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	✓ 1	Chris Bennett Chris Bennett	GRAVANA	11 96	1
3	✓ 2	Mark McIntyre Vittorio Dominguez	HAY	12 56	4
4	3	Mark McIntyre Mark McIntyre	GRAVANA		
5	✓ 4	Jason Zelleck	ALA	12 00	2
6	✓ 5	Ryan Stohr	CV	12 40	3
7	✓ 6	Rosenberg	LL	12 90	5
8	7	Ruan	SLZ		

(2)

(3)

EVENT: # 18, 100 meter Dash HEAT 2 OF 3

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	✓ 1	Jon Hicken	CV	12 64	3
3	✓ 2	Peter V D ...	LL	12 74	4
4	✓ 3	Rance Jones	CV	12 19	2
5	✓ 4	Josh Graff	Grand	11 88	1
6	5	E. Blackwood	ALA		
7	6	Chris Kennedy	Sacred		
8	7	Williams	SLZ		

(4)
(1)

EVENT: # 18, 100 meter dash HEAT 3 OF 34

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	✓ 1	Estan Paredes, Joseph	SPDS	13 71	6
3	✓ 2	Lamar Brown	Hay	12 20	1
4	✓ 3	Craig Hosang	ALA	12 65	3
5	✓ 4	Jon Chu	ALA	12 66	4
6	✓ 5	Joe Apodaca	CV	12 37	2
7	6	Andy Lee	Sacred		
8	✓ 7	Thomas Boatwright	SPDS	13 45	5

3
 4
 5
 6
 7
 8

EVENT: # 18, 100 meter Dash HEAT 4 OF 4

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Thomas Miller	CV	12 88	2
3	✓ 2	Jonathan Chu Benjamin	CV	12 98	3
4	✓ 3	Mike Fernandez Stacy Bennett	CHS	14 20	6
5	✓ 4	Emmanuel Tolentino	CV	13 38	4
6	5	Benjamin Na Benjamin Na	CV	13 96	5
7	6	Peter Yu	LL		
8	7	Richard Stepmey	THS	12 76	1

~~Benjamin Na~~

Castro Valley High School Cross Country

Score Sheet

Devil Mile

Boys FS

Date: _____ Division: _____ Location: _____ Distance: _____

Place	Name	School	Grade Level				Teams:						
			(circle one)										
1	Josh Rau	Gran	9	10	11	12	5	01	5				
2	NICK FALZANO	ALA	9	10	11	12	5	07	5				
3	ADDISON Anderson	SHC	9	10	11	12	5	09	9				
4	Zane Welte	CV	9	10	11	12	5	13	1				
5	John Yano	CV	9	10	11	12	5	14	3				
6	T J Miller	CV	9	10	11	12	5	15	2				
7	Jeff Rubiera	CV	9	10	11	12	5	23	1				
8	Jason Bordell	SLZ	9	10	11	12	5	27	3				
9	Joey Silver	ALA	9	10	11	12	5	28	9				
10	Kevin Shintani	CV	9	10	11	12	5	43	0				
11	Justin Galster	SSS	9	10	11	12	5	44	2				
12			9	10	11	12							
13			9	10	11	12							
14			9	10	11	12							
15			9	10	11	12							
16			9	10	11	12							
17			9	10	11	12							
18			9	10	11	12							
19			9	10	11	12							
20			9	10	11	12							
21			9	10	11	12							
22			9	10	11	12							
23			9	10	11	12							
24			9	10	11	12							
25			9	10	11	12							

EVENT: #25, 4x440

HEAT 1 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1	Cannon, Tran, Walt Velasquez, Garrett	SLZ	4:02.08	3
3	2	JASON, MU-HOA, BEN, CRAIG	ALA"B"	4:06.68	4
4	3	Hicken, Ling, Apodaca, Jr	CV "A"	3:56.76	2
5	4	Rau, Russo, Morisoli, Bennett	Grand	3:47.85	1
6	5		CV "B"		
7	6	SCOTT, BRIAN, NICK, SEAN	ALA"C"	4.47.	5
8	7				

3
4
2
1

EVENT: # 25, ~~4~~ 440

HEAT 2 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1		SDS		
3	2	Tony, TS, Kari, John, Patti	CV "C"		
4	3	Sgipov, Kabuchi, Lien, Yip	Sacred	4:27.82 4:27.82	3
5	4	Soots, Sibley, Ma K, UDEMBERG	ALA "A"	4 11 58	1
6	5	Velon, Yu , Jensen, Martha ^{Martha} Chen ^{Chen}	LL	4 27 72	2
7	6	Deminguez, Barrow ^{Barrow} , Phillip ^{Phillip} Whitney ^{Whitney}	HCV	4 30 50	4
8	7				

5

GFS **BFS** GY LONG JUMP **TRIPLE JUMP** SHOT PUT

Name	School	1	2	3	Best	ind place	team place
MATT UDDENBERG	ALA	37' 1/2"	38' 9"	/	38' 9"	1st	
WILSON MAK		35' 4"	35' 10"	36' 2"	36' 2"	4th	106' 3 1/2" (2)
BRYAN SOOTS		30' 3"	29' 3 1/2"	31' 4"	31' 4"		
Scott Coyle	GRAN	36' 2"	35' 0"	/	36' 2"	5th	
Jesse Lackey	GRAN	38' 6"	37' 1/2"	36' 10"	38' 6"	2nd	109' 7 1/2" (1)
Derek Urrutia	GRAN	34' 1 1/2"	34' 11 1/2"	33' 3 1/2"	34' 11 1/2"		
William Seals	CV "A"	31' 2 1/2"	30' 4"	27' 5 1/2"	31' 2 1/2"		
CHRIS KONG		33' 11 1/2"	35' 4"	34' 7"	35' 4"		102' 9 1/2" (3)
JIM LENG		36' 3"	36' 1"	35' 8"	36' 3"	3rd	
Chris Kennedy	SACRAMENTO STATE	30' 4"	31' 5"	31' 7 1/2"	31' 7 1/2"		31' 7 1/2" (4)
Jon Olsen	CV "B"	28' 6"	29' 2"	26' 8"	29' 2"		
Kyle Hughes	CV "B"	29' 8"	29' 1"	30' 4 1/2"	30' 4 1/2"		89' 11 1/2" (5)
Nick Morozovskiy		30' 5"	30' 2"	30' 1 1/2"	30' 5"		
Aaron Albanew	CV "C"	29' 11 1/2"	30' 3"	30' 5"	30' 5"		30' 5" 1
Wook-Jae Lee	LL	35' 1"	34' 3"	35' 9"	35' 9"		
B. II Saporito		31' 0"	31' 7 1/2"	30' 1 1/2"	31' 7 1/2"		97' 4 1/2" (4)
Scott Williams		30' 0"	29' 9"	29' 11"	30' 0"		
	HAYWARD						

GFS **BFS** QY

LONG JUMP

TRIPLE JUMP

SHOT PUT

DISCUS

Name	School	1	2	3	Best	Ind place	team place
Manuel Rico	HAY	57'5	—	—	57'5		
Phillip Mbakogu		109'10	—	109'7	109'10	2	(2)
Chris Crapp		80'11	74'8	—	80'11		
BRIAN CHUNG	ALA	65'10	78'	64'10	78'		
ALEX KENDALL		74'11	—	76'4	76'4		(3)
SCOTT ADWAY		—	73'	83'1	83'1		
Emmanuel Tolentino	CV	60'3	—	84'9	84'9		
Vincent Wu		52'	—	57'2	57'2		(6)
Walter Chui		—	—	63'11	63'11		
Percon, Ryan	LL	100'10	104'6	107'4	107'4	3	
Lee, Wook-Jae		—	68'1	75'9	75'9		(4)
Craven, Sam		44'10	46'2	39'2	46'2		
Jesse Lacky	GRAN	110'2	—	107'	110'2	1	
Brad Hahn		46'3	35'4	—	46'3		(5)
Bobby Smallman		—	65'9	66'9	66'9		
Nicolas Solis	SALCEDO HEART	—	88'11	91'1	91'1	6	
Mike Lim		81'7	94'10	87'8	94'10	5	(1)
Nick Lien		—	61'2	64'6	64'6		
John Vind	SAN VICENTE	96'2"	97'5"	98'4"	98'4"	4	
Thomas Byrd		33'4"	—	—	33'4"		(7)
Daniel Byrd		—	61'6"	—	61'6"		

(4x2)

248' 2"

237' 5"

205' 10"

229' 3"

223' 2"

230' 5"

193' 2"

EVENT: # 3, 4 X MILE

HEAT 1 OF 1

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
	LANE	NAMES	SCHOOL	TIME	PLACE
1		a. McAteer D. Beck J. Greene S. Rowburg			
2	1	*	SHCP	23.12.13	1
3	2	Courtney Stewart, Stephanie Manos, Kristen Boon, Shannon Alter	CV	24.21.25	2
4	3	Grace W, Sarah Orzell, Emily Brown, Sarah Walker	ALA	25.38.71	3
5	4				
6	5				
7	6				
8	7				

EVENT: # 10, 4x65yd Hurdles HEAT 1 OF 3

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1	VONGKHAMCHANH, BICHU, NONG, Robinson.	AVA	46.39	3
3	2				
4	3	Rivas, Hugnes, Banduvong, Tekaw A	APR	40.27	1
5	4				
6	5	BABU, CHOW, KNAPP, LEE LIGTH	CV	48.33	4
7	6				
8	7	Andrea, Aureal, Ryana, Eve	HAY	43.78	2



EVENT: # 13, 4x220

HEAT 1 OF 1

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1		SLZ		
3	2	Chaw, Knapp, Meadano, Britt	CV	1:57.25	1
4	3	Yee, Vongchamchank, Pimentel, Wong	ALA	2:01.47	4
5	4	Erdman, More, Brooks, Letzch	LL	1:57.33	2
6	5	Wilson, R. Smith, L. Smith, Morris	HAIY	1:58.81	3
7	6		Sacred		
8	7				

EVENT: # 14, 4 X 880

HEAT 1 OF 1

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1	Amanda Medrang, Tiana Britt, Stephanie Manos, Suzy Dodge	GV	10 57 22	2 1
3	2		SH		
4	3	Sarah Orzell, Anne Kriedys, Grace Lee, Sarah Walker	AVA	11 35 98	3 2
5	4		Hay		
6	5				
7	6				
8	7				

EVENT: # 20, 100 meter dash HEAT 1 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Smith	SLZ		
3	2	Nicole McCoy	Hay		
4	3	Oakes	SLZ		
5	✓4	Katy Wong	ALA	14 98	3
6	✓5	Lydia Smith D. Morris	Hay	13 75	1
7	✓6	Letsch	LL	14 07	2
8	7		CV		

(2)

(4)

EVENT: # 20 100

HEAT 2 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
i	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Melissa TARA BANDY	SLZ	14 75	3
3	✓ 2	Lisa Pimentel	ALA	15 39	4
4	✓ 3	Melissa Yee	ALA	13 90	2
5	✓ 4	Tyne Johnson	SLZ	15 42	5
6	5	ANEKIA JOHNSON	SLZ	15 65	6
7	✓ 6	Makiana Long	THS	13 64	1
8	7				

⑤

③

①

Castro Valley High School Cross Country

Score Sheet

DEVIL FILE

GVAR

Date: _____ Division: _____ Location: _____ Distance: _____

Place	Name	School	Grade Level <small>(circle one)</small>	Teams:				
1	BONNIE CHALMERS	LL	9 <u>10</u> 11 12	5	50	05		
2	Danielle Beck	SHC	9 <u>10</u> 11 12	6	22	08		
3	Shannon ALTER	CV	9 <u>10</u> 11 12	6	22	30		
4			9 10 11 12					
5			9 10 11 12					
6			9 10 11 12					
7			9 10 11 12					
8			9 10 11 12					
9			9 10 11 12					
10			9 10 11 12					
11			9 10 11 12					
12			9 10 11 12					
13			9 10 11 12					
14			9 10 11 12					
15			9 10 11 12					
16			9 10 11 12					
17			9 10 11 12					
18			9 10 11 12					
19			9 10 11 12					
20			9 10 11 12					
21			9 10 11 12					
22			9 10 11 12					
23			9 10 11 12					
24			9 10 11 12					
25			9 10 11 12					

EVENT: # 27, 4x440

HEAT 1 OF 1

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1				
3	2		HCV		
4	3	Sarah Orzull, Malissa Lee Jessica Robinson, Sarah Walker	ALA	4 46 53	3
5	4	Ietsch, Moore, Brooks, Erdman	LL	4 35 10	1
6	5	Chow, Denat, Monos, Knapp	CV	4 44 82	2
7	6	Do,	SDS		
8	7				

Division: (circle one)

Event: (circle one)

GFS

BFS

QY

LONG JUMP

TRIPLE JUMP

SHOT PUT

Name	School	1	2	3	Best	Ind place	team place
	LAS LOMAS						
Michele Dalisay	ARROYO	25-7	23	26-3	26-3	4	
Alicia Aggetta		29-7	29-9	29-2	29-7	2	88-11
Jessica Perreira		28-8	31-3	33-1	33-1	1	
	CV						
	SACRED HEART						
Anne Kreider	ALAMEDA "A"	25-6	25-2	25-3	25-6	5	
Becca Walker		21-2	20	19-9	21-2		69-11
Erica Kendall		23-3	23-3	22-10	23-3		
Mia Craft	ALAMEDA "B"	20-10	22-9	21-2	22-9		
Katy Mozikar		18-6	19-4	19-2	19-4		63-1
Emily Brown		19-9	19-11	21-1	21-1		
LANEKE MORGAN	HAYWARD	27-6	28-3	28-4	28-4	3	
Tonellya Williams	Hayward	20-10	24-11	25-2	25-2		53-6
Sarah Walker	Voc. Chr						

1

2

3

4

GFS BFS **GY** LONG JUMP TRIPLE JUMP SHOT PUT **DISCUS**

Name	School	1	2	3	Best	Ind place	team place
REBECCA WALKER	ALAMEDA "A"	63'3	64'10	71'4	71'4	(3)	
ERICA KENDALL		81'8	—	71'6	81'8	(1)	230.2
ANNE KREIDER	LL	77'2	67'8	—	77'2	(2)	
XXXXXXXXXX	CV "A"						
MELANIE LINNEY		71'2	—	50'4	71'2	(5)	
XXXXXXXXXX	SACRED HEART						
KATY MUIZIKAR	ALA "B"	55'4	60'4	49'10	60'4		
MIA CROFT		67'2	61'4	68'2	68'2		1874
EMILY BROWN		58'9	55'9	58'10	58'10		
LaNeice Morgan	HAYWARD	53'3	71'2	69'3	71'2	(4)	
Taneliya Williams	Hayward	57'6	55'11	52'7	57'6		
Sarah Walker incl	beaville chr.	—	35'11	44'1	44'1		

5th Pole Vault

Name

School

5-6-6-06-67-07-07-68-08-08-69-09-09-51001106110

Ind

Team

CINDY LAS LOMAS

EVIA KENSEY LAS LOMAS

BETH KENSEY DIRECTO

SAVANNAH T. DIRECTO

MISKA VALAIS DIRECTO

Samantha heads-v

Melody JUR

HAYWARD

10'

1st

10'

1st

8'0"

3rd

8'6"

2nd

7'0"

4th

8'0"

2nd

8'0"

3rd

24'6" 1st

15'6" 2nd

8'0" 3rd

8'0" 3rd

EVENT: # 17, 4X MILE

HEAT 1 OF 1

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1	Emily, Sarah G, Grace, Sarah W	ADA		
3	2	Suey, Nathan, Choi, Zambrano	CV "A"	25.41.44	3 1
4	3	Eniannon, Erin, Stefanie, Jenny Webb, Fong, Teel, O'Neill	CV "B"	26.41.86	3 3
5	4	FS Jennifer, Jilli, Grace, Kee <i>ky</i>	ALA	25.53.08	3 2
6	5				
7	6				
8	7				

EVENT: # 6, 4x100

HEAT 1 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1	Jones, Powell, Seth, Murphy ② ① ④ ③	Last	58.61	3
3	2	BREANN ROBBINS SIN BAILEY ORTON ④ ③ ① ②	Fran	58.28	2
4	3	oliver, chandler, lee Good speed	CV "A"	1.05.37	5
5	4	Miller, Anthony, McConnell, Avery	HAY "A"	1.00.34	4
6	5	Bandy, Hardy, Adams, Rush	SLZ	55.42	1
7	6				
8	7				

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EVENT: # 6, 4x100

HEAT 7 OF 7

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1				
3	2	Andrews, Hammans, Beck, Lau	SAC SHC	57.48	3
4	3	Ackerly RN, White, Haworth, Medrano	CV "B"	56.85	2
5	4	Rosenbaum, Dewater, Pineda Frankel	AVA	55.30	1
6	5	Westling, Lopez, Yu, Linda	CV "E"	59.92	4
7	6				
8	7				

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EVENT: # 9, 4 x 65yd Hurdles HEAT 1 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1				
3	2				
4	3	haci Dalester, Lauren Hovill,  Janice Waley, Seema, Sandhu	ALA	45.54	2
5	4				
6	5	Danielle Lacey, Roqna Tirado, CRISTINA ROBINSON, Brittany Arterpom Brittany Arterpom.	CV "B"	53.82	3
7	6				
8	7	Laura Powell, Maggie Murphy Sam Jones	LasV.	45.45	1

EVENT: # 9, 4x65yd Hurdles HEAT 2 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1				
3	2				
4	3	Erin McCarthy, Kierstin Soder, Laura Oobel, Regina Warren	CV "A"	46.14	
5	4				
6	5		CV "B"		
7	6				
8	7				

3

EVENT: # 12, 4x220

HEAT 1 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1				
3	2	Britney Arterburn, White, Haworth, Westling	CV "B"	2 03 37	3
4	3	HEE Rosenblum, Dewater, Hodill, Frankel	ALA "A"	1 56 78	1
5	4	Hamington, Murphy, Jones, Seth	LL	2 04 65	4
6	5	Am Beck, Hammmons, Lau, Andrews	Sacred	2 05 31	5
7	6	Bandy Evans, Adams Fara Hardy	SLZ	1 57.13	2
8	7				

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EVENT: # 12, 4x220

HEAT 2 OF 2

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1				
3	2	Orton, Kaddans, Bailey, Sim	Grandpa	2:04.42	2
4	3	Oliver, Medrano, Lee, Goodspeed	CV "A"	1:58.88	1
5	4	Monica Pineda, Janine Wong, Cimper, Garrett, and Xena	ALA "B"	2:09.96	4
6	5	Anthony, Miller, McConnell, Aubrey	Hay	2:07.69	3
7	6				
8	7				

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EVENT: # 15, 4x880

HEAT 1 OF 1

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Suey, Zambrano, Choi, Nation	CV "A"	11 25 46	3 3
3	2	Keely Hill, Corinne Roberts, Jessica Lee, Jennifer Steiner	ALA	11 15 25	2 2
4	3		CV "B"		
5	4	Krystal Ruggin, Michi Beckham Kara Hardy, Zinzi Evans	SLZ	10 38 91	1
6	5				
7	6				
8	7				

EVENT: # 19, 100 meter dash HEAT 1 OF 3

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
	LANE NAMES		SCHOOL	TIME	PLACE
2	1	Amy Lavett	SDS	15 42	5
3	2	Adams	SLZ		
4	3	Iesha Miller	HAY	13 84	2
5	4	Joyce Lee J. FRANKEL	ALA	13 77	1
6	5	J. FRANKEL TABITHA PANG	ALA VAC	15 40	4
7	6	Joyce Lee ANDOR GARRETT	ALA CV	14 65	3
8	7	Tabitha Pang	Vac. etc		

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EVENT: # 19, 100 meter dash

HEAT 2 OF 3

Jr HI

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Courtne Thomas	JDPS	15 85	3
3	2	Tyne	SLZ		
4	3	Alex Robbins William	Granada High	14 74	2
5	4	Harshay Goodspeed	GV		
6	5	Breann Orton	Granada	14 32	1
7	6	Larryce Oliver	Hay		
8	7	Nicole Adams	JDPS	17 50	4

(4)

EVENT: # ~~19~~, ~~4x50METER HURDLES~~ HEAT 1 OF 1

19 100 Meter dash

3 of 3

Jr Hi

~~BFS~~

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1	Nicole Westling	CVHS	14 87	4
3	2	Santa Andrews	SATC	13 93	1
4	3				
5	4	NATALIE OLIVER	CV	14 61	3
6	5	Kate Haworth	CVHS	14 58	2
7	6				
8	7				

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Castro Valley High School Cross Country

Score Sheet

Devil Mile

Girls

Date: _____

Division: _____

Location: _____

Distance: _____

Place	Name	School	Grade Level (circle one)	Teams:				
1	Lisa Crampton	GRN	9 (10) 11 12	5	31	58		
2	ZINZI EVANS	SLZ	9 (10) 11 12	5	37	66		
3	CORINNE ROBERTS	ALA	9 (10) 11 12	5	43	79		
4	LAURA BRASSIELT	SHC	9 (9) 10 11 12	6	15	61		
5	JANETTE McDONALD	SHC	9 (10) 11 12	6	17	64		
6	JILLIAN ZARISIS	ALA	9 (9) 10 11 12	6	18	60		
7	MARIA TOWNSWICK	VCS	9 (9) 10 11 12	6	20	47		
8			9 10 11 12					
9			9 10 11 12					
10			9 10 11 12					
11			9 10 11 12					
12			9 10 11 12					
13			9 10 11 12					
14			9 10 11 12					
15			9 10 11 12					
16			9 10 11 12					
17			9 10 11 12					
18			9 10 11 12					
19			9 10 11 12					
20			9 10 11 12					
21			9 10 11 12					
22			9 10 11 12					
23			9 10 11 12					
24			9 10 11 12					
25			9 10 11 12					

EVENT: # 26, 4x440

HEAT 1 OF 3

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE NAMES		SCHOOL	TIME	PLACE
2	1				
3	2	CHOI, DEVORA, MANOSKIATICH CHANDLER	CV "C" SLZ	4:28.17	2
4	3	DUGH, EUANS, BICKHAM, HARDY	ALA	4:22.77	1
5	4	Dewater: Rosenblum, Steiner Frankel	ALA "A"	4:34.28	3
6	5	Sandoz, Wany, Garrett, Pineda	ALA "B"	5:17.53	4
7	6				
8	7				

O = MISS X = NOT C P = PASS

NAME	SCHOOL	3	0	6	3	0	8	3	1	0	4	0	0	4	0	2	4	0	4	4	0	6	4	0	8	4	1	0	5	0	0	Final	Team
Lo. a. Russell	LL	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4'8"	3rd	
COLENE SOLARIS	ALA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4'10"	1st	
Jessie White	ALA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4'4"	6E	
LYNDEN SIVINA	CV "A"	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4'10"	4th	
EM McCAFFREY	CV "B"	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4'10"	10th	
Regina Johnson	CV "B"	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	3'10"	13th	
Jeanette McDonald	SACRED	P	P	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4'4"	5th	
Michelle Brown	SLZ	P	P	P	P	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	4'2"	9th	

Official Timers
 1st Team L L 13th
 2nd Team C.V. 12th
 3rd Team A CA 12th
 4th SH 4-4

GFS BFS GY **LONG JUMP** TRIPLE JUMP SHOT PUT

25' 8 1/2"
42' 2"
41' 9 1/2"
36' 7"
38' 6 1/2"

Name	School	1	2	3	Best	Ind place	team place
Chetee Chandler	CV "A"	14' 3"	14' 10"	15' 2 1/2"	15' 2 1/2"	2 nd	25' 8 1/2"
Kiersten Slader							
Brittany Abernethy				10' 6"	10' 8"		
KRISTEN ROSENBLUM	ALA	-	13' 5"	13' 10"	13' 10"	(5)	42' 2"
LAUREN HEDILL		15' 1"	-	14' 3"	15' 1"	(3)	
COZINNE ROBERTS		12' 10"	13' 3"	13' 2"	13' 3"		
Tara Bandy	SLZ	-	-	11' 7"	11' 7"		
Mitch Bickham		11' 11 1/2"	13' 9"	12' 7 1/2"	13' 9"		41' 9 1/2"
Crystal Pugh		16' 5"	16' 5 1/2"	15' 9 1/2"	16' 5 1/2"	1 st	
Melica Sin	GRAN	13' 8"	12' 10 1/2"	11' 10 1/2"	13' 8"		
Olex Edwards		11' 5 1/2"	11' 2"	12' 5"	12' 5"		36' 7"
Alison Bailey		-	10' 5"	10' 8"	10' 6"		
Jessie White	CV "B"	13' 9 1/2"	14' 1"	14' 1/2"	14' 1"	(4)	38' 6 1/2"
Valerie W		12' 4"	12' 4"	11' 9"	12' 4"		
Dana Linda		-	9'	12' 1 1/2"	12' 1 1/2"		
Harrington, Rachel	LL	13' 3"	-	10' 7"	13' 3"		26' 2"
Powell, Laura		12' 7 1/2"					
Setu, Lauren		12' 1"	12' 4 1/2"	12' 11"	12' 11"		
Jenny Verra	CV "C"	10' 10 1/2"	-	11' 3"	11' 3"		34' 6"
Alycia Ligh		12' 3"	11' 8 1/2"	12'	12' 3"		
Liz Lopez		11'	10' 11"	10' 10 1/2"	11'		
Erika Gutierrez	CV "D"	7' 4 1/2"	7' 2"	8' 10"	8' 10"		
Kate Haworth		10' 6"	11' 2 1/2"	10' 11 1/2"	11' 2 1/2"		31' 8 1/2"
Erin Fong		9' 5"	-	11' 8"	11' 8"		
Elysse Turner	HAYWARD						
Tiffany Gellie		-	13' 2"	12' 7 1/2"	13' 2"		13' 2"
ind. Tabby Pang	Vacaville Chr.	10' 8 1/2"	11' 2"	10' 8 1/2"	11' 2"		22' 8 1/2"
ind. Mariya Townswick		9' 7"	11' 6 1/2"	11' 4 1/2"	11' 6 1/2"		

(1)
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25'

GFS

BFS GY

LONG JUMP

TRIPLE JUMP

SHOT PUT

Name	School	1	2	3	Best	Ind place	team place
1. Saron Gooden	HAYWARD	24'9"	23'7"	24'5 1/2"	24'9"	6	
2. Tiffany Gellie	AAV	20'10"	21'4"	22'8 1/2"	22'8 1/2"	9	65.4 1/2
3. Ashley Heabell	HAY	17'11"	17'11"	16'15"	17'11"	15	
1. Stephanie Simpson	CV "A"	25'1"	27'9"	25'6"	27'9"	2	
2. Jessica Passerbie		26'8"	26'	25'	26'8"	4	81.2
3. Erin Cardenas		24'10"	26'	26'9"	26'9"	3	
1. Britney Weinberglynn	LL	17' 3/5"	17'4 1/2"	19'2"	19'2"	13	
2. Sandy Wright		18'9"	19'1"	19'1"	19'1"	14	62.0 1/2
3. Megan Hoff		23'4"	22'9"	23'9 1/2"	23'9 1/2"	8	
1. Lyndsey Silva	CV "B"	21'1 1/2"	22'1 1/2"	21'10 1/2"	22'1 1/2"	10	46.5 1/2
2. Dasha Gordenchev		19'5"	18'9"	18'4"	19'5"	12	
3.							
1. Currone Zoltis	SLZ	24'2"	25'	25'7 1/2"	25'7 1/2"	5	77.3 1/8
2. Erica Caron		29'8"	30'2"	28"	29'8"	1	
3. Brooke Ingram		20'9"	21'4"	22"	22"	11	
Allison Bailey	Gran.	24'1"	22'9"	23'3 1/2"	24'1"	7	

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Division: (circle one)

Event: (circle one)

GFS BFS GY LONG JUMP TRIPLE JUMP SHOT PUT DISCUS

Name	School	1	2	3	Best	Ind place	team place
Lyndsy Silva	CV "A"	64'8"	X	59'2"	64'8" (5)		
Erin Cardiasmenis		66'9"	68'8"	59'7"	68'8" (3)	207.7 1/2	- 1
Jessica Vassadore		71'3 1/2"	X	55'7"	71'3 1/2" (2)		
Britney weinberg-Hynn	LL	43'3"	52'5"	X	52'5"		
Sandy Wright		41'9"	X	45'3 1/2"	45'3 1/2"	137.3 1/2	- 3
Megan Hoff		X	39'7"	39'3 1/2"	39'7"		
Scarlett Woodson	HAY	X	64'6"	61'1"	64'6"	104.11 1/2	- 5
Ashley Heppner	HAY	35'9"	X	40'5 1/2"	40'5 1/2"		
	CV "B"						
Stephanie Simpson		58'6 1/2"	50'4"	53'8 1/2"	58'6 1/2"	109.11 1/2	- 4
DASHA BORDEYCHEV		50'10"	51'5"	50'8 1/2"	51'5"		
Cynthia Bellis	SLZ	58'7 1/2"	67'7"	60'5"	67'7" (4)		
Alyssa Woodson		77'4"	69'4"	87'5"	87'5" (1)	203	- 2
Christie Tamm		42' 1/2"	36'10"	48'0"	46'0"		

EVENT: # 4, 4x100

HEAT 1 OF 1

Jr Hi

BFS

GFS

GV

3.11.07

	A	B	C	D	E
	LANE NAMES		SCHOOL	TIME	PLACE
1	1	Hodges, Serrin, Ly, Mendoza	Bret Harte	1 06 48	5
2	2	Hodges, Mendez, Adams, SMITH SMITH	BRET HARTE	1 00 99	2
3	3	Patterson, Lamons, Gonzales, Nourd	Bret Harte	1.16.3	6
4	4	JIN, LAPONTE, WES, SCHOFIELD	Vannoy	1 03 52	3
5	5	OVERLY, HAN, WISER, CAMERON	Vannoy	1 05 69	4
6	6	STRING, GIBSON, BOWSE, ACUSEE	Elmhurst	1.00.6	1
7	7				

3
2
4
1
2
1

EVENT: # 17, OPEN 100

HEAT 1 OF 4

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
	LANE	NAMES	SCHOOL	TIME	PLACE
2	1				
✓ 3	2	LIONEL ANDREWS	ELMHURST	13 15	2
4	3	BRIAN MOORE	ELMHURST	12 38	1
✓ 5	4	ANDREW CLEGHORN	ELMHURST	14 87	4
6	5	CHRISTIAN WILLIAMS	Edende	NO TIME	6
✓ 7	6	Matt Kerner	VannoyE	14 90	5
8	7	RICHIE AERONOVISO	Canyon	13.59	3

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5
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③

EVENT 17.

OPEN 100

Heat 2 of 4

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
	LANE	NAMES	SCHOOL	TIME	PLACE
2 ✓	1	Ivana Zubonja	Bret Harte	17 96	6
3 ✓	2	Jessica Serun	Bret Harte	NO TIME	9
4 ✓	3	Sabrina Ly	Bret Harte	16 04	3
5 ✓	4	Raigelee Hodges	Bret Harte	16 42	4
6 ✓	5	Jobita Mendoza	Bret Harte	16 46	5
7 ✓	6	Evelyn Smith	Bret Harte	14 96	1
8 ✓	7	Malia Hamons	Bret Harte	15 82	2

(B) 1

EVENT: # 17, Open 100

HEAT 3 OF 4

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Andreese Eteghem	Elabast		
3	✓2	Ashley Bowie	Elmhurst	15 20	2
4	✓3	Livingi Okusi	ELMHURST	15 83	4
5	✓4	SHEILA STRING	ELMHURST	15 89	5
6	✓5	Madeira Macedo	St. Johns	15 06	1
7	✓6	Katrina Han	Vannoy	17 60	6
8	✓7	Mariah Cameron	Vannoy	15 80	3

3

2

ELEM.

ELEM!

EVENT: # 17, Open 100

HEAT 4 OF 4

Jr Hi

BFS

GFS

GV

	A	B	C	D	E
1	LANE	NAMES	SCHOOL	TIME	PLACE
2	✓ 1	Aimee Adams	Bret Harte	15 13	2
3	✓ 2	Briana Albanico	Canyon	16 08	5
4	✓ 3	Jeron Boxdell	St Johns	15 21	3
5	✓ 4	Rachyl Lign	Canyon	15 70	4
6	5	R. Mari Williams Richie Arredondo	Canyon ST JOHN	15 08	1
7	6	Laney Schofield Local Area	Vannoy East	17 18	6
8	7	Brian Messing	Harvard		

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(3)

ELEM 2

EVENT: #21, mile

HEAT OF

Jr Hi

BFS

GFS

GV

BOYS

GIRLS

	A	B	C	D	E
i	LANE	NAMES	SCHOOL	TIME	PLACE
2	1	Rachel Mendez	Bret Harte	6:35	7
3	2	Jobita Mendoza	Bret Harte	7:39	11
4	3	Kyle Dehauro	Bret Harte	5:57	2
5	4	Parris Hodges	Bret Harte	6:14	4
6	5	Jessica Servin	Bret Harte	8:08	12
7	6	Mauricio Hurtado	Winton	5:40	1
8	7	Bismarck Arica	Winton	6:17	5

ZETRA EVANS St E 5:58 3

NICK ARREDONDO Canyon 6:29 6

Rachel High Canyon 7:26 8

Kwai Philpott Proctor 7:31 9

Alexa Rags Canyon 7:33 10

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- (5)
- (2)
- (3)
- (0)
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- (1)
- (5)
- (3)
- (0)
- (4)