

SCHEDULE OF EVENTS

TRACK EVENTS

(first event starts at 3:30)

1. BFS 4 X MILE
2. GFS 4 X MILE (run with GV 4 x Mile)
3. GV 4 X MILE (run with GFS 4 x Mile)
4. JR HI 4 x 100
5. BFS 4 X 100
6. GFS 4 X 100
7. GV 4 X 100
8. BFS SHUTTLE HURDLES 39"
9. GFS SHUTTLE HURDLES 33"
10. GV SHUTTLE HURDLES 33"
11. BFS 4 X 220
12. GFS 4 X 220
13. GV 4 X 220
14. BFS 4 X 880
15. GFS 4 X 880
16. GV 4 X 880
17. JR HI OPEN 100
18. BFS OPEN 100
19. GFS OPEN 100
20. GV OPEN 100
21. JR HI MILE (NO DEVIL)
22. BFS DEVIL-TAKE-THE-HINDMOST MILE
23. GFS DEVIL-TAKE-THE-HINDMOST MILE
24. GV DEVIL-TAKE-THE-HINDMOST MILE
25. BFS 4 X 440
26. GFS 4 X 440
27. GV 4 X 440

FIELD EVENTS

28. GV HIGH JUMP (PIT A) 4:00 PM
29. GFS HIGH JUMP (PIT A) AFTER GV
30. BFS HIGH JUMP (PIT B) 4:00 PM
31. GFS LONG JUMP 4:00 PM
32. GV LONG JUMP AFTER GFS
33. BFS TRIPLE JUMP AFTER GV
34. BFS SHOT PUT (RING A) 4:00 PM
35. GV SHOT PUT (RING A) AFTER BFS
36. GFS SHOT PUT (RING B) AFTER BFS
37. GV DISCUS (RING A) 4:00 PM
38. GFS DISCUS (RING B) 4:00 PM
39. BFS DISCUS (RING A) AFTER GV
40. GFS POLE VAULT 4:00 PM
41. GV POLE VAULT SAME TIME AS GFS
42. BFS POLE VAULT AFTER GV

Track & Field
Castro Valley High School
19400 Santa Maria Avenue
Castro Valley, CA 94546

2001 CASTRO VALLEY INVITATIONAL RELAYS

Friday April 13, 2001

Trojan Stadium
Castro Valley High School
3:30 p.m.

Why You Should Come to the

Castro Valley Invitational

We offer a meet geared specifically for the girls squads, and also the boys' frosh-soph. There is no Boys' Varsity at this meet. This allows the often under-represented parts of our sport to see the spotlight. We also feature full relays in all events, even field events. Multiple entries are welcome, so you may enter a "B" or "C" or "D" relay if you can. All relays are eligible to score and earn medals. We also run on Friday afternoon/evening, so there is no conflict with weekend soccer, SAT classes, family outings, etc., and kids can compete under the lights.

See you the 13th!!!

WELCOME:

to the 2001 Trojan Invitational Relays! Now in their 8th year, they are a continuation of the long-running DeKlotz Relays (1973-1989) which were held at Las Lomas High School. The DeKlotz Relays were the first track and field relays in Northern California set up expressly for girls' competition. Later, boys' frosh-soph events were added to further encourage competition in under-represented parts of the sport. In 1996 we added girls' frosh-soph events as well. All records, by permission of the former meet director, have been forwarded from the DeKlotz Relays and are now a part of this continuing event.

ENTRIES:

Please fill in the attached entry form (xerox as many as you need) and mail them with the appropriate fees to: Trojan Invitational Relays
Peter Brewer

Castro Valley High School
19400 Santa Maria Avenue
Castro Valley, CA 94546

You may also fax entries:

School: 510-582-3924

Home: 925-945-1510

or e-mail: pcb@internet-frontier.net

Entry deadline is Monday, April 9, 2000

ENTRY FEES:

\$10.00 per relay

\$5.00 per individual

\$75.00 max per squad (GV, GFS, or BFS)

\$200.00 max per school (all 3 divisions)

Late Fees: Add \$10.00 for entries after April 9

Make checks out to **Castro Valley High School**

SCORING:

Relays: 10-8-6-4-2

Individual events: 6-4-3-2-1

In case of a tie, the school with the most first place finishes will be declared the winner.

AWARDS:

Medals:

top 4 relay teams in each track event

top 4 relay teams in each field event

top 5 individuals in each open race

top 5 individuals in each field event

Trophies:

top 3 teams in the Girls' Varsity

top 3 teams in the Girls' Frosh-Soph

top 3 teams in the Boys' Frosh-Soph

top 1 team in the junior high

Awards and results will be available following the meet in the press booth. Please note: an athlete may compete in a field event individually.

JUNIOR HIGH EVENTS

Introduced last year, we will continue these three events for the junior high athletes: 4x100, Open 100 and Open Mile. Races must be same gender but may be mixed grades.

FACILITIES:

The Castro Valley High School track is a 7 lane dirt track. The runways have an artificial surface. 1/4 inch spikes are recommended for the runways and takeoff areas. Bathrooms will be available. There are no dressing facilities. There will be a snack bar in operation, and there will be a trainer on duty.

SCRATCHES AND SUBSTITUTIONS

will be handled at the bullpen. The Clerk of the Course will rearrange heats as necessary. All runners report to the bullpen. All field events report directly to the event. Please have field event athletes sign up before 4:00 p.m. in their respective events.

TENT CITY AND ATHLETES' BIVOUAC

is on the south side of the field, behind the scoreboard.

PLEASE, NO ATHLETES ON THE INFELD DURING COMPETITION --

your cooperation on this point is greatly appreciated.

AN ATHLETE MAY COMPETE IN ONLY 4 EVENTS

T-SHIRTS will be on sale for \$10.00.

IN CASE OF RAIN the meet will be cancelled.

DIRECTIONS

to Castro Valley High: The track is located on Redwood Road 3/4 of a mile north of 580. From 580 West take the Castro Valley Boulevard exit and go west until Redwood Road. Turn right (north) and follow to the school. From 580 East take the Redwood Road exit. Turn left (north) and follow to the school. Enter the track through the entrance on the south side.

MEET MANAGEMENT:

The meet will be run according to National Federation rules. There will be a Meet Referee in case of appeals, and a Jury of Review consisting of the Head Starter, the Head Finish Judge, and the Chief Inspector. All races will be videotaped. The meet will start at 3:30 p.m. and then continue until the last event. The length of the meet will be determined by the number of entries.

DEVIL-TAKE-THE-HINDMOST MILE:

There has been concern among coaches that this event is demeaning, or at the very least embarrassing for the athletes that get pulled from the track at the end of each lap. Out of concern for these athletes, we advise coaches who feel that this may be a factor to not enter those athletes in this race. However, the majority of the coaches polled supported this race, and so we will not only run it, there will be a Devil to pull off the last runner at each lap off the track.

QUESTIONS:

Please feel free to call:

Peter Brewer Home: (after 9 pm) 925-945-8869

CVHS: 510-537-5910 x470

e-mail: pcb@internet-frontier.net

(Please xerox more copies as needed)

2001 TROJAN RELAYS ENTRY FORM

Circle One: **GV** **GFS** **BFS** **JR HI**

School _____ Coach _____ Home Phone _____

RELAY EVENTS

Running Event	Time	Names
4 x 100	_____	_____
4 x 220	_____	_____
4 x 440	_____	_____
4 x 880	_____	_____
4 x Mile	_____	_____
4 x Hurdles (5 flights)	_____	_____

Field Event	Mark	Names
3 x HJ	_____	_____
3 x LJ(BFS TJ)	_____	_____
3 x PV	_____	_____
3 x SP	_____	_____
3 x Discus	_____	_____

INDIVIDUAL EVENTS

Event	Name	Mark	Name	Mark
Open 100 meters	_____	_____	_____	_____
Devil-take-the-hindmost Mile	_____	_____	_____	_____

Notes:

1. "B" teams are welcome in any relay event. So are "C" and "D" teams, et cetera. All teams are eligible to score. List "B" et cetera teams on the back or on an additional copy of this page.
2. Individuals may enter the field event relays, and are eligible for individual medals.
3. There is only one horizontal jump facility, so for the sake of time there will be only one jump relay for each division. GV and GFS will long jump; BFS will triple jump.
4. You may enter more than two individuals in the open 100 if you have a third outstanding athlete. Your runner may be an alternate depending on number of entries. You may enter as many runners as you wish in the Devil mile.
5. Junior High events will be contested in girls' and boys' division, with all grades (6th, 7th, 8th) combined.

Please mail entries and fees to: Peter Brewer c/o Castro Valley High School, 19400 Santa Maria Avenue, Castro Valley, 94546
Or FAX: Peter Brewer 925-945-1510 or e-mail: pcb@internet-frontier.net.

Questions? Call Peter at home after 9 p.m.: 925-945-8869

Entries are due no later than Monday April 9.