

GFS

A X MILE

A	MIN MANOS SHANNON BROOKE	4X200 A	BRITTANY MARSHAY JOYCE NAT	3X HJ	A	KIERSTEN MONOS JOURNEY JESSIE
B	ESAYS HELGA O'NEILL ERIN		B REBECCA NICOLE TISHA KATE	3X LJ	A	KIERSTEN CHELSEA BRITANY
	BETTINGER TEEL	4X800 A	MIN MONOS BROOKE KELLEY		B	JOURNEY DANA JESSIE

4x100

June 7

A	KIERSTEN BRITTANY CHELSEA MARSHAY		B	SAM HELGA O'NEILL BETTINGER		C	LIZBETH ALYIA TISHA
B	JOYCE KATE NAT REBECCA	OPEN 100	JOYCE MARSHAY		D	EMILIA JENNY V. BRENDA ERIN	
C	TISHA NICOLE DANA BRENDA	OPEN MILE	MANOS BROOKE SAM HELGA SHANNON ERIN BETTINGER TEEL	3X SP	A	JESSICA STEPHANIE	

4xHH

A	LAURA KIERSTEN ERIN KELLEY		B	POANA DANIELLE CHRISTINE REGINA	4X400 A	A	CHELSEA KELLEY REBECCA JOYCE TISHA NAT BRENDA NICOLE
B						B	DASHA LINDSEY ERIN JESSICA LINDSEY
						C	DASHA STEPH O'NEILL CHELSEA ERIN POANA

CV INVITE ENTRIES

Prepared By	Initials	Date
Approved By		

	1	2	3	4	5
BFS					
4 x MILE	A	ZANE	4 x 880	A WELTE	3 x TJ "A" LENG
	A	YANO		A YANO	KONG
	A	JEFF		A JASON	KOUFMAN
	A	JASON		A JEFF	"B" STANLEY
A x MILE	B			B	HUGHES
	B			B	GRAHAM
	B			B	"C" OLSON
	D			B	MORANZKY
4 x 100	A	STOHR	OPEN 100	JOE	SEALS
	A	JOE		STOHR	3 x HD "A" GRAHAM
	A	RANCE		EDN F	LENG
	A	HICKEN		HICKEN	STOHR
	B	CHU		CHU	B HUGHES
	B	SANCHEZ		RANCE	OLSON
	B	GRAHAM	DEVIL MILE	ZANE 150	NICORA
	B	NICORA		YANO 157	3 x SP A CHU
	C	RATTO		JEFF 118	E.T.
	C	NG		JASON 570	WU
	C	COOPER		JEFF	3 x D A CHU
	C	KOUFMAN		SHINDANI 10	E.T.
4 x HH		LENG		MARVIN 570	WU
		KONG	4 x 440	A RANCE	3 x PV A SANCHEZ
		STANLEY		JOE	SHINDANI
		BILL		HICKEN	COLLARD
4 x 220	A	JOE		LENG	B EVAN
	A	HICKEN		B CHU	
	A	RANCE		KONG	ALBONICO
	A	CHU		STANLEY	
	B	SANCHEZ		ZAMORA	
	B	RATTO		C RATTO	
	B	NG		NG	
	B	COOPER		COOPER	
	C	NICORA		SANCHEZ	
	C	GRAHAM			
	C	SANCHEZ			
	C	STOHR			

D ALBONICO
 EVAN
 COLLARD

C SEALS
 KOUFMAN
 KONG

HAYWARD HIGH SCHOOL TRACK & FIELD

BOY'S FROSH/SOPH

4X100 A Homer,McKinley,Domingues,Brown 48.0

4X100 B Mbakogu,Kendricks,Brown,Bickham 49.2

4x65 Homer,McKinley,Nourot,Barrow (Fast)

100m Lamar Brown 12.6 , Mike Dominquez 12.9

4x200 Dominguez,Bickham,McKinley,Homer (Fast)

4x4 Bickham,Dominguez,Kendricks,Barrow (Fast)

Devil-take-the-hind-most Mile Ross Curiel 5:30

Shot Put, Mbakogu, Wourenmaa, Manuel Rico 95'

Shot Put, Mbakogu, Wourenmaa, Manuel Rico 287'

High Jump Philliop Mbakogu

Triple Jump Lamar Brown

No Boys F/S Long Jump

Roster

Khari Barrow 9th

Clayton Bickham 9th

Curiel, Ross 9th

Lamar Brown 10th

Mike Dominguez 9th

David Homer Jr. 10th

Ian Kendricks 10th

Phillip Mbakogu 9th

Mark McKinley 10th

Chris Nourot 9th

Manuel Rico 10th

Jeff Wourenmaa 10th

4xM A 25:45
 CV 24:15
 SH 22:45
4x100 A 57:0 2
 CV 56:5 8
 H 55:0 5
 LL 53:8 4
 SAT-DAY 60.1 6

4xHH AL - N.T.
 AR 42.0
 CV - N.T.
 H - N.T.

4x220 A - 159
 CV NT
 H NT
 LL 155

SAT DAY N.T.

4x800 A 11:15
 CV 10:35
 H N.T.
 SH 10:45

OPEN 100 MELISSA YEE (AL) 13.5
 KATHY WON (AL) 14.0
 (CV) N.T.
 DIMMERIS (H) 13.1
 NICKOL MEECH (H) 13.9.
 LETSCH (LL) 13.2

OPEN MILE CV (3)
 H (3)
 LL (2)
 SH (4)

3xPV APR 21-0
 CV 20-6
 H N.M.
 LL 26-0

4x440 A 4:40 3
 CV 4:41 5
 H N.T. 2
 LL 4:28 4
 SAT-DAY N.T. 6

3xLJ CV 33-6
 H N.M.
 LL 39-0
 SH N.M.

3xHJ APR 13-6
 CV 13-0
 CV B N.M.

3xSP AL-A 69-0
 AL-B 63-0
 APR 85-0
 CV 84-0
 H N.M.
 LL 90-0
 SH 82-0

3xD AL-A 245
 AL-B 190
 CV 212
 H N.M.
 LL 230
 SH 206

4xM Δ 25:30
CV A 24:25
B 26:00

4x100 A 54.1
~~CV-A 53.5~~
~~CV-B 55.0~~
~~CV-C 58.5~~
~~GRAN 56.1~~
~~H-A 56.9~~
~~H-B NIT~~
~~LL 57.0~~

	<u>HT 1</u>	<u>HT 2</u>
1		
2	LL 57.0	H-B NIT
3	GRAN 56.1	CV-B 55.0
4	CV-A 53.5	A 54.1
5	H-A 56.9	CV-C 58.5
6		
7		

4xHT A - NIT
CV A - NIT
CV B - NIT
H - WIT
LL - NIT

	<u>HT. 1</u>	<u>HT. 2</u>
1+2		
3+4	A	CV A
5-6	CV-B	H
7-8	LL	

4x220 A-A 146
~~A-B 202~~
~~CV-A 155~~
~~CV-B 200~~
~~GRAN 200~~
~~H - NIT~~
~~LL 204~~
SH 212

	<u>HT 1</u>	<u>HT 2</u>
1	H	
2	CV-B 200	GRAN 200
3	A-A 146	CV-A 155
4	LL 204	A-B 202
5	SH 212	H NIT
6		
7		

4x800 A - 11:00
CV-A 10:40
B 11:20

OPEN 100

- J. FRONKEL (A) B.8
- AMBER GARRET (A) 15.4
- JOYLE (CV) 13.2
- MORSHAM (CV) 13.7
- ORTON (G) 13.8
- WILLIAMS (A) 14.5
- LESHA MILLER (H) 14.2
- LARRY OLIVER (H) 14.6

- | | |
|--------------------|-------------------|
| HT 1 | HT 2 |
| 1 | |
| 2 | |
| 3 MILLER (H) 14.2 | WILLIAMS (A) 14.5 |
| 4 JOYLE B.2 | MORSHAM 13.7 |
| 5 FRONKEL (A) 13.8 | ORTON (G) 13.8 |
| 6 GARRETT (A) 15.4 | OLIVER (H) 14.6 |
| 7 | |

<u>MILE</u>	(A) - 6	<u>4x440</u>	<u>3xL</u>	<u>3xH</u>
	CV - 7	A-A 4:20 H	A-43-1	A-13-2
	G - 2	A-B 4:49 G	CV-A 44-0	CV-A 13-0
	H - 2	CV-A 4:25 B	B-39-0	-B 12-4
	LL - 1	-B 4:47 2	C-33-0	GRAN 12-6
	SH - 2	-C 5:01 F	D-31-0	H N.M.
		H N.T. 7	G-40-0	LL 13-6
		SH 4:35 S	H N.M.	SH N.M.
			LL 36-0	

<u>3xSP</u>	<u>3xD</u>	<u>3xPV</u>
CV-A 77-6	CV-A 220-0	CV 23-6
B N.M.	CV-B N.M.	G 16-6
H 78-0	H 145-0	H 13-0
LL 56-0	LL 160-0	LL 18-0

March 31, 2001

Mr. Peter Brewer
Castro Valley High School

Dear Coach Brewer,

Thank you for your letter advising us of the Invitational and Championship track events in April and May. The Club is not able to do all you requested, but is pleased to help with some of the requirements.

Enclosed is a check for \$200 which should help with a few of the miscellaneous expenses you mentioned in the two day HAAL Championship.

Unfortunately, Snack Bar operations in May are currently scheduled at our maximum capacity. We are planning to handle 4 other events in May and will not be able to open for the two day HAAL Championships. The Snack Bar will be open for the CV Track Invitational on Friday, 4/13. However, we cannot offer 45 free meals. Some of our food and drink items cost over \$3.00 to prepare. The "Lunch Ticket" courtesy does not seem equitable considering the other school sports we support.

Mr. Brewer, we wanted to advise you in a timely manner and hope the enclosed money and Snack Bar operations in April will help. The Club appreciates having 23 families from the Track Team as members and wishes you great success in the coming events.

Sincerely,



Jim Layton, Co-President
CVHS Athletic Booster Club

cc: Marie Gray
John Morrison