

AA

TEAMS COMPETING

01	Bank of America	29	Hewlett-Packard #2
02	I.B.M.	30	Control Data #2
03	Hewlett-Packard #1	31	Hewlett-Packard #3
04	Pacific Telesis	32	Hewlett-Packard #4
05	P.G. & E.	33	Amdahl
06	Chevron	36	Hewlett-Packard #5
07	S.R.I.		
08	General Electric		
09	National Semiconductor		
10	Lockheed		
11	Crocker Bank		
12	F.M.C.		
13	City of San Jose		
14	TRW-ESL		
15	Intel		
16	Shaklee		
17	Control Data #1		
18	Bechtel		
19	Safeway		
20	Syntex		
21	Verbatim		
22	Federal Express		
23	Crown Zellerbach		
24	Ford Aerospace		

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25	Runner's World
26	Zylin
27	EPRI
28	Versatec
34	Lucasfilms
37	Precision Monolithics
38	One Point
39	Homequity
40	Quantum
81	Hibernia Bank #1
82	Hibernia Bank #2
83	California Dental Service
84	Esprit

CCA S.F. REGIONALS
06/24/84

TIME SCHEDULE OF FINALS

DISTANCE RELAY (AA)	SAT - 7:35 P.M.
MENS MILE (AA)	SUN - 1:15 P.M.
WOMENS RELAY (AA)	SUN - 1:25 P.M.
MASTERS 1500M (AA)	SUN - 1:45 P.M.
WOMENS 800 M (AA)	SUN - 1:55 P.M.
MENS 800 (AA)	SUN - 2:35 P.M.
MASTERS RELAY (AA)	SUN - 3:10 P.M.
WOMENS 1500 M (AA)	SUN - 3:25 P.M.
EXEC. RELAY (AA)	SUN - 3:50 P.M.
3 LAP SPRINT (AA)	SUN - 1:00 2:15 & 4:15
PYRAMID RELAY (AA)	SUN - 3:35 & 4:20 P.M.
PRES. RELAY (AA)	SUN - 2:45 & 4:35 P.M.
SPRINT RELAY (AA)	SUN - 3:00 4:50 & 4:55

MASTERS RELAY (A)	SAT - 5:40 P.M.
WOMENS RELAY (A)	SAT - 6:20 P.M.
PYRAMID RELAY (A)	SAT - 7:20 P.M.
SPRINT RELAY (A)	SUN - 1:05 P.M.
3 LAP SPRINT (A)	SUN - 1:35 P.M.
MENS MILE (A)	SUN - 2:05 P.M.
PRES. RELAY (A)	SUN - 2:20 P.M.

2 DAY SEQUENCE

SATURDAY 6/23/84

8:30	Women's 5K (all divisions) <u>Class AA Open Relays Trials</u>	<i>OP</i> <i>MA</i>	<i>A</i>	<u>14 teams for Final.</u> Top 5 per heat plus next 4 fastest times.
9:30	Heat 1			
10:30	Heat 2 <u>Class AA Women's 1500M</u>			12 runners advance to the final, top 3 in each heat plus next 3 fastest times.
11:30	Heat 1			
11:40	Heat 2			
11:50	Heat 3 <u>Class AA Executive Relay Trials</u>			<u>14 teams for Final.</u> Top 4 per heat and next 6 fastest times.
12:00	Heat 1			
12:25	Heat 2 <u>Class A Men's Mile Team Race</u>			<u>10 teams for Final.</u> Top 4 teams in each heat plus next 2 fastest times.
12:50	Heat 1			
1:00	Heat 2 <u>Class AA Men's Masters 1500M</u>			12 runners advance to the finals, top 4 per heat and next 4 fastest times.
1:10	Heat 1			
1:20	Heat 2			
1:30	Heat 3 <u>Class A Three-Lap Sprint</u>			Fastest 8 times advance to the finals.
1:40	Heat 1			
1:45	Heat 2 <u>Class AA Pyramid Relay Trials</u>			14 teams for finals. Top 3 per heat and next 5 fastest times.
1:50	Heat 1			
2:10	Heat 2			
2:30	Heat 3			

Class AA Women's 800M Team Race Trials 12 teams for final. Top 3

2:50

Heat 1 ✓

per heat, next 3 fastest times.

3:00

Heat 2 ✓

3:10

Heat 3 ✓

Class A Sprint Relay Trials

8 teams for final. Top 3 per heat, next 2 fastest times.

3:13

Heat 1

3:17

Heat 2

CANCELLED

Class AA Men's Mile Team Race Trials

10 teams for final. Top 1 per heat, next 7 fastest times.

3:20

Heat 1 ✓

3:30

Heat 2 ✓

3:40

Heat 3 ✓

Class AA Three-Lap Sprint Trials

16 teams for final. Top 2 per heat, next 10 fastest times.

4:00

Heat 1 ✓

4:08

Heat 2 ✓

4:16

Heat 3 ✓

4:24

~~Heat 4~~

Class AA Women's Relay Trials

12 teams for final. Top 4 per heat, next 4 fastest times.

4:30

Heat 1 ✓

4:40

Heat 2 ✓

4:50

~~Heat 3~~

Class AA Men's 800M

12 runners for final. Top per heat, next 3 fastest times.

5:05

Heat 1 ✓

5:12

Heat 2 ✓

5:20

Heat 3 ✓

5:25

Class A Masters Relay Final

10 teams

Class AA Masters Relay Trials

12 teams for final. Top 3 per heat, next 3 fastest times.

5:35

Heat 1 ✓

5:45

Heat 2 ✓

5:55

Heat 3 ✓

6:05 Class A Women's Relay Final 11 teams
Class AA Sprint Relay Trials
6:15 Heat 1
6:25 Heat 2
6:35 Heat 3
6:45 ~~Heat 4~~
7:05 Class A Pyramid Relay Final 13 teams
7:30 Class AA Distance Relay Final

16 teams for final. Top 2 per heat, next 10 fastest times.

Acute 77.2
6:00 3:28 (70) 3:21
3:43 (75) 3:26
Time 4:15 (80)
5:50 (90) 5:25
6:55 (100) 6:30
5:00 5:25
Both 9:53.4 62.4

ESPRIT

SUNDAY

~~AA~~
~~AA~~
SE A

- 9:30 Men's 10-K (all divisions)
- 11:45 Introduction of Teams
- S 12:00 Class A Sprint Relay--10 Teams
- 12:17 Class AA Men's Mile--10 Teams
- 12:27 Class AA Women's Relay--12 Teams
- 12:40 Class A 3-Lap Sprint
- S 12:50 Class AA Men's Masters 1500 Meter
- 12:57 Class AA Women's 800 Meter Team Race--12 Teams
- 1:05 Class A Men's Mile Team Race--10 Teams
- 1:15 Class AA 3-Lap Sprint (Heat 1)--8 Teams
- 1:22 Class A Presidents Relay
- S 1:37 Class AA Men's 800 Meter--12 Teams
- 1:42 Class AA Presidents Relay--14 Teams
- 1:57 Class AA Sprint Relay (Heat 1)--8 Teams
- 2:02 Class AA Masters Relay--12 Teams
- S 2:12 Class AA Womens 1500 Meter--12 Teams
- 2:20 Class AA Pyramid Relay (Heat 1)--7 Teams
- 2:36 Class AA Executive Relay--14 Teams
- 3:00 Class AA 3-Lap Sprint (Heat 2)--8 Teams
- 3:10 Class AA Pyramid Relay (Heat 2)--7 Teams
- 3:26 Class AA Sprint Relay (Heat 2)--8 Teams
- 4:00 Awards Ceremony