

## Peninsula Athletic League Championships - 4/30/2026 to 5/9/2026

Results online at RTLIVE.us

## Sequoia HS

## Results

## Girls 100 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 Tolver, Evelyn	Woodside	12.36Q1.2
2 Hayden Gephart, Amelia	Aragon	12.56Q1.2
3 Mahadevan, Diya	Menlo-Athert	12.57Q1.3
4 Ma, Abigail	Sequoia	12.62Q0.6
5 Huynh, Kaylee	Mills	12.92Q0.2
6 Baula, Sophia	El Camino	12.84q 1.2
7 Ewing, Amelia	Sequoia	12.91q 0.6
8 Hwang, Mina	Aragon	12.95q 0.2
9 Green, Sophie	Carlmont	13.10 1.3
10 Goldberg, Hannah	Burlingame	13.18 1.2
11 Lynes, Marcia	Half Moon Ba	13.26 0.6
12 Hoppe, Jenna	Woodside	13.43 1.2
13 Lee, Madison	Terra Nova	13.44 1.2
14 Morales, Ava	Hillsdale	13.53 1.3
15 Lee, Nicole	Hillsdale	13.55 0.2
16 Bell, Eliza	Hillsdale	13.61 1.2
17 Rosas, Rosselyn	Westmoor	13.71 0.2
18 Feng, Melanie	Mills	13.75 1.3
19 Kwan, Jocelyn	Mills	13.79 1.2
20 Srinivasan, Iniya	Hillsdale	13.83 0.6
21 Carrubba, Grace	Woodside	13.86 0.2
22 Shih, Stella	Hillsdale	13.93 1.2
23 Lacson, Carisa Elaina	Aragon	13.97 0.6
24 Orr, Shireen	Hillsdale	14.13 0.2
25 Satuito, Sajin	El Camino	14.21 1.3
26 Bernstine, Aaliyah	South San Fr	14.34 1.2
27 Osei, Ama	Westmoor	14.45 0.6
27 Cheung, Camryn	Hillsdale	14.45 1.3
--- Lee, Hoi Lynn	Mills	DNS 1.2
--- Elan, Rona	Hillsdale	DNS 1.2
--- Moussa, Sophia	Carlmont	DNS 1.2
--- Tow, Samantha	Carlmont	DNS 1.3
--- McGraw, Keyara	Menlo-Athert	DNS 1.2
--- Balinton, Mo Rhai	Menlo-Athert	DNS 0.6

## Girls 100 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Tolver, Evelyn	Woodside	12.26 10
2 Hayden Gephart, Amelia	Aragon	12.34 8
3 Mahadevan, Diya	Menlo-Athert	12.35 6
4 Ma, Abigail	Sequoia	12.36 4
5 Hwang, Mina	Aragon	12.43 2
6 Huynh, Kaylee	Mills	12.68 1
7 Ewing, Amelia	Sequoia	12.75 1.7
8 Baula, Sophia	El Camino	12.86 1.7

## Girls 200 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 Hayden Gephart, Amelia	Aragon	25.79Q1.0

2 Tolver, Evelyn	Woodside	25.95Q0.7
3 Mahadevan, Diya	Menlo-Athert	25.98Q0.7
4 Gutierrez, Star	Capuchino	26.25Q0.9
5 Ma, Abigail	Sequoia	25.96q 0.7
6 Ketcham, Madison	Aragon	26.64q 1.0
7 Ivanov, Vivian	Carlmont	26.68q 0.7
8 Ewing, Amelia	Sequoia	27.11q 1.0
9 Goldberg, Hannah	Burlingame	27.31 0.9
10 Green, Sophie	Carlmont	27.53 0.7
11 Huynh, Kaylee	Mills	27.86 0.7
12 Awoyinka, Eva	Carlmont	28.27 1.0
13 Lee, Madison	Terra Nova	28.40 0.9
14 Betts, Jolee	Terra Nova	28.47 1.0
15 Rubin, Emily	Woodside	28.56 1.0
16 Rosas, Rosselyn	Westmoor	28.57 0.7
17 Morales, Ava	Hillsdale	28.80 0.7
18 Wilmurt, Adison	Hillsdale	28.81 0.7
19 Satuito, Sajin	El Camino	29.71 0.7
--- Carrubba, Grace	Woodside	DNS 1.0
--- Sarmiento Valencia, Juliana	Mills	DNS 0.7
--- McGraw, Keyara	Menlo-Athert	DNS 0.9
--- Nasrah, Nina	Woodside	DNS 0.9
--- Balinton, Mo Rhai	Menlo-Athert	DNS 0.7
--- Michon, Keira	Aragon	DNS 0.9
--- Tow, Samantha	Carlmont	DNS 0.7

## Girls 200 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Hayden Gephart, Amelia	Aragon	25.31 10
2 Tolver, Evelyn	Woodside	25.72 8
3 Ma, Abigail	Sequoia	25.85 6
4 Mahadevan, Diya	Menlo-Athert	25.95 4
5 Gutierrez, Star	Capuchino	26.08 2
6 Ivanov, Vivian	Carlmont	26.61 1
7 Ewing, Amelia	Sequoia	26.67 0.6
8 Ketcham, Madison	Aragon	26.73 0.6

## Girls 400 Meter Dash

Name	School	Prelims
<b>Preliminaries</b>		
1 Ivanov, Vivian	Carlmont	58.60Q
2 Gutierrez, Star	Capuchino	59.15Q
3 Schuett, Isabella	Carlmont	59.25Q
4 Flores, Sophia	Hillsdale	59.26q
5 Farrell, Alexandra	Carlmont	59.72q
6 Eckstein, Tindra	Woodside	1:00.26q
7 Ketcham, Madison	Aragon	1:01.31q
8 Jones, Alexandra	Menlo-Athert	1:02.91q
9 Nasrah, Nina	Woodside	1:03.44
10 Lynagh, Emily	Carlmont	1:03.88
11 Rubin, Emily	Woodside	1:04.85
12 Betts, Jolee	Terra Nova	1:05.18
13 Awoyinka, Eva	Carlmont	1:05.37
14 Wilmurt, Adison	Hillsdale	1:06.28

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## Preliminaries ... (Girls 400 Meter Dash)

Name	School	Prelims
15 Dela Cruz, Kristin	Westmoor	1:07.72
16 Hardman, Zoe	Carlmont	1:08.97
17 Majithia, Tamanna	San Mateo	1:09.57
18 Shinn, Lorelai	Capuchino	1:11.21
19 Cendak, Nadine	Hillsdale	1:12.81
--- Kerby, Amanda	Carlmont	DNS
--- Haggarty, Amikaline	Burlingame	DNS
--- Collins, Lucy	Half Moon Ba	DNS

## Girls 400 Meter Dash

Name	School	Finals
1 Ivanov, Vivian	Carlmont	58.47 10
2 Flores, Sophia	Hillsdale	58.89 8
3 Gutierrez, Star	Capuchino	58.95 6
4 Schuett, Isabella	Carlmont	59.40 4
5 Farrell, Alexandra	Carlmont	59.51 2
6 Ketcham, Madison	Aragon	59.89 1
7 Eckstein, Tindra	Woodside	1:01.19
8 Nasrah, Nina	Woodside	1:03.65

## Girls 800 Meter Run

Hip 9 in lane 2, 10 in lane 7, 11 in lane 1, and 12 in lane 8.

Name	School	Prelims
1 Schuett, Isabella	Carlmont	2:19.91Q
2 Farrell, Alexandra	Carlmont	2:20.91Q
3 Carroll, Elizabeth	Burlingame	2:22.31Q
4 Newman, Elaina	Burlingame	2:21.28q
5 Pflaum, Caroline	Menlo-Athert	2:26.24q
6 Matheou, Jaymie	Half Moon Ba	2:28.89q
7 Tomatis, Lilah	Half Moon Ba	2:29.50q
8 Pantilon, Janelle	Mills	2:29.71q
9 Lai, Chloe	Menlo-Athert	2:29.71q
10 Sanchez, Mia	Menlo-Athert	2:31.41q
11 Piper, Julia	Menlo-Athert	2:35.50q
12 Lynagh, Emily	Carlmont	2:36.26q
13 Hamel, Alexandra	Woodside	2:36.31
14 Combes, Jasmine Anne	Westmoor	2:37.07
15 Mehta, Riya	Menlo-Athert	2:37.74
16 Hernandez, Alize	Sequoia	2:38.67
17 Enriquez, Madeleine	Burlingame	2:40.37
18 Smart, Matilda	Menlo-Athert	2:41.31
19 Smith, Mia	Menlo-Athert	2:41.80
20 Glebov, Sonya	Menlo-Athert	2:41.88
21 Hardman, Zoe	Carlmont	2:42.58
22 Pflaum, Louisa	Menlo-Athert	2:45.59
23 Brottem, Alexandra	Menlo-Athert	2:47.58
24 Kerri, Nina	Mills	2:52.92
--- Shinn, Lorelai	Capuchino	DNS
--- Tiu, Sophia	Aragon	DNS
--- Wilding, Michelle	San Mateo	DNS
--- Collins, Lucy	Half Moon Ba	DNS

## Girls 800 Meter Run

Hip 9 in lane 2, 10 in lane 7, 11 in lane 1, and 12 in lane 8.

Name	School	Finals
1 Carroll, Elizabeth	Burlingame	2:18.17 10
2 Schuett, Isabella	Carlmont	2:19.99 8
3 Newman, Elaina	Burlingame	2:20.27 6
4 Matheou, Jaymie	Half Moon Ba	2:21.92 4
5 Farrell, Alexandra	Carlmont	2:23.12 2
6 Pantilon, Janelle	Mills	2:28.43 1
7 Sanchez, Mia	Menlo-Athert	2:28.44
8 Pflaum, Caroline	Menlo-Athert	2:28.92
9 Lai, Chloe	Menlo-Athert	2:29.75
10 Piper, Julia	Menlo-Athert	2:30.46
11 Lynagh, Emily	Carlmont	2:31.83
12 Tomatis, Lilah	Half Moon Ba	2:32.52

## Girls 1600 Meter Run

Name	School	Prelims
1 Cuadros, Daniela	Carlmont	5:04.00Q
2 Elliott, Katelyn	Carlmont	5:11.56Q
3 Tomatis, Lilah	Half Moon Ba	5:15.86q
4 Newman, Stella	Burlingame	5:17.32q
5 Marsyla, Pearl	Woodside	5:18.60q
6 Mcgaraghan, Paige	Menlo-Athert	5:18.80q
7 Pflaum, Caroline	Menlo-Athert	5:24.54q
8 Matheou, Jaymie	Half Moon Ba	5:25.54q
9 Smith, Mia	Menlo-Athert	5:31.57q
10 Maravilla, Laura	Menlo-Athert	5:33.87q
11 Smart, Matilda	Menlo-Athert	5:34.97q
12 Hernandez, Alize	Sequoia	5:37.06q
13 Lee, Dylan	Aragon	5:39.42
14 Combes, Jasmine Anne	Westmoor	5:40.59
15 Arjona, Dania	Woodside	5:42.97
16 Bailey, Makena	Woodside	5:45.83
17 Brottem, Alexandra	Menlo-Athert	5:49.85
18 Glebov, Sonya	Menlo-Athert	5:50.70
19 Mehta, Riya	Menlo-Athert	5:52.44
20 O'Hara, Sabine	Sequoia	5:53.50
21 Hardman, Zoe	Carlmont	6:00.01
--- Pflaum, Louisa	Menlo-Athert	DNS
--- Amayun, Chloe	Mills	DNS
--- Tiu, Sophia	Aragon	DNS

## Girls 1600 Meter Run

Name	School	Finals
1 Cuadros, Daniela	Carlmont	5:00.45 10
2 Elliott, Katelyn	Carlmont	5:02.89 8
3 Newman, Stella	Burlingame	5:08.95 6
4 Mcgaraghan, Paige	Menlo-Athert	5:10.88 4
5 Marsyla, Pearl	Woodside	5:13.34 2
6 Tomatis, Lilah	Half Moon Ba	5:14.15 1

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## Finals ... (Girls 1600 Meter Run)

Name	School	Finals
7 Matheou, Jaymie	Half Moon Ba	5:17.52
8 Pflaum, Caroline	Menlo-Athert	5:21.15
9 Maravilla, Laura	Menlo-Athert	5:25.88
10 Hernandez, Alize	Sequoia	5:26.10
11 Smith, Mia	Menlo-Athert	5:31.44
12 Combes, Jasmine Anne	Westmoor	5:33.02

## Girls 3200 Meter Run

Name	School	Finals
1 Cuadros, Daniela	Carlmont	11:19.18 10
2 Elliott, Katelyn	Carlmont	11:30.33 8
3 Smart, Matilda	Menlo-Athert	11:37.40 6
4 Mcgaraghan, Paige	Menlo-Athert	11:37.44 4
5 Ichiki, Hana	San Mateo	12:04.76 2
6 Combes, Jasmine Anne	Westmoor	12:08.67 1
7 Brottem, Alexandra	Menlo-Athert	12:08.98
8 Lee, Dylan	Aragon	12:10.43
9 Marsyla, Pearl	Woodside	12:18.88
10 Stevenson, Marina	Woodside	12:27.00
11 Arjona, Dania	Woodside	12:29.29
12 Smith, Mia	Menlo-Athert	12:35.96
13 Glebov, Sonya	Menlo-Athert	12:39.64
14 Maravilla, Laura	Menlo-Athert	12:43.97
15 Dunn, Alexa	Mills	12:44.41
16 Mehta, Riya	Menlo-Athert	12:45.30
17 Pflaum, Louisa	Menlo-Athert	13:25.12
--- Leparmentier, Elise	Sequoia	DNS
--- Enriquez, Madeleine	Burlingame	DNS
--- Piper, Julia	Menlo-Athert	DNS
--- Pflaum, Caroline	Menlo-Athert	DNS
--- Amayun, Chloe	Mills	DNS
--- Correa, Andrea	San Mateo	DNS
--- O'Hara, Sabine	Sequoia	DNS
--- Lai, Chloe	Menlo-Athert	DNS
--- Thakur, Simran	San Mateo	DNS

## Girls 100 Meter Hurdles

Name	School	Prelims
1 Chen, Kiana	Carlmont	15.51Q-0.3
2 Lacasse, Oceane	Sequoia	15.87Q+0.0
3 Barajas, Emerson Elyse	Carlmont	16.59Q1.1
4 Cueva, Katherine	Menlo-Athert	17.20Q0.7
5 Eckstein, Tindra	Woodside	16.72q -0.3
6 Rife, Meilin	Aragon	17.37q +0.0
7 Horan, Ellora	Burlingame	17.64q 0.7
8 Lee, Nicole	Hillsdale	17.68q 1.1
9 Moran, Maliha	Burlingame	18.00 1.1
10 Pailano, Francesca	Jefferson	18.08 0.7
11 Dao, Hailey	Carlmont	18.10 -0.3
12 Pancoast, Jolie	Terra Nova	18.20 +0.0
13 Landucci, Siena	Mills	18.27 +0.0

14 Wong, Emily	Mills	18.33 1.1
15 Guterrez Palacios, Vanessa	Mills	18.42 +0.0
16 Tu, Kallan	Aragon	18.45 1.1
17 Mathews, Brynn	Terra Nova	18.69 -0.3
18 Iriyama, Carrie	Westmoor	18.74 -0.3
19 Schoenstein, Hazel	Half Moon Ba	19.34 0.7
20 Tam, Jasmine	Aragon	19.50 0.7
21 Srinivasan, Iniya	Hillsdale	20.14 -0.3
22 Montero, Frances	Westmoor	20.55 1.1
23 Bernstine, Aaliyah	South San Fr	20.64 0.7
24 Ruiz, Dayna	South San Fr	20.66 0.7
--- Dimon, Katherine	Carlmont	DNS +0.0
--- De Santis, Stella	Aragon	DNS 1.1
--- Hintze, Avery	Menlo-Athert	DNS 1.1
--- Ortiz, Amelia	Aragon	DNS 0.7
--- Miller, Eva	San Mateo	DNS -0.3
--- Martinez, Peyton	Terra Nova	DNS +0.0

## Girls 100 Meter Hurdles

Name	School	Finals
1 Barajas, Emerson Elyse	Carlmont	15.68 10
2 Lacasse, Oceane	Sequoia	16.27 8
3 Cueva, Katherine	Menlo-Athert	17.01 6
4 Horan, Ellora	Burlingame	17.14 4
5 Lee, Nicole	Hillsdale	17.75 2
6 Eckstein, Tindra	Woodside	17.82 1
7 Rife, Meilin	Aragon	17.90 -0.2
--- Chen, Kiana	Carlmont	DQ -0.2

## Girls 300 Meter Hurdles

Name	School	Prelims
1 Chen, Kiana	Carlmont	46.77Q
2 Eckstein, Tindra	Woodside	46.98Q
3 Lacasse, Oceane	Sequoia	48.22Q
4 Jones, Alexandra	Menlo-Athert	52.80Q
5 Rife, Meilin	Aragon	50.86q
6 Moran, Maliha	Burlingame	50.93q
7 Horan, Ellora	Burlingame	51.23q
8 Dao, Hailey	Carlmont	51.75q
9 Landucci, Siena	Mills	52.37
10 Lee, Nicole	Hillsdale	53.03
11 Pailano, Francesca	Jefferson	53.27
12 Wong, Emily	Mills	53.37
13 Edmiston, Yael	Carlmont	53.51
14 Lee, Taylor	Aragon	53.96
15 Guterrez Palacios, Vanessa	Mills	54.04
16 Bernstine, Aaliyah	South San Fr	54.39
17 Iriyama, Carrie	Westmoor	56.15
18 Geylani, Thea	Carlmont	57.45
19 Ruiz, Dayna	South San Fr	57.96
20 Schoenstein, Hazel	Half Moon Ba	58.85
21 Nobrega, Camille	Carlmont	1:01.62
22 Montero, Frances	Westmoor	1:02.48

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## Preliminaries ... (Girls 300 Meter Hurdles)

Name	School	Prelims
--- Martinez, Peyton	Terra Nova	DNS
--- Kerby, Amanda	Carlmont	DNS
--- Hintze, Avery	Menlo-Athert	DNS
--- Ortiz, Amelia	Aragon	DNS
--- Miller, Eva	San Mateo	DNS

## Girls 300 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 Chen, Kiana	Carlmont	45.73 10
2 Eckstein, Tindra	Woodside	47.21 8
3 Lacasse, Oceane	Sequoia	47.65 6
4 Jones, Alexandra	Menlo-Athert	48.98 4
5 Horan, Ellora	Burlingame	49.28 2
6 Moran, Maliha	Burlingame	49.79 1
7 Rife, Meilin	Aragon	49.99
8 Dao, Hailey	Carlmont	50.22

## Girls 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Aragon		49.53 10
2 Carlmont		49.59 8
3 Hillsdale		50.44 6
4 Menlo-Atherton		50.94 4
5 Sequoia		51.48 2
6 Woodside		51.95 1
7 Terra Nova		53.10
8 Westmoor		55.11
--- Mills		DNS
--- South San Francisco		DNS

## Girls 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Carlmont		4:03.64 10
2 Aragon		4:12.53 8
3 Burlingame		4:13.45 6
4 Half Moon Bay		4:15.59 4
5 Sequoia		4:18.02 2
6 Hillsdale		4:24.63 1
7 Menlo-Atherton		4:27.96
8 Terra Nova		4:29.24
9 Woodside		4:30.43
10 Westmoor		4:30.58
11 San Mateo		4:36.33
--- Mills		DNS

## Girls 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Carlmont		9:28.27 10
2 Burlingame		9:40.94 8

3 Menlo-Atherton	10:08.58 6
4 San Mateo	10:11.25 4
5 Mills	10:11.83 2
6 Woodside	10:14.44 1
7 Sequoia	11:18.39
8 Westmoor	13:01.42
--- Half Moon Bay	DNS

## Girls High Jump

Name	School	Finals
<b>Finals</b>		
1 Schuh, Kaitlyn	San Mateo	5-04.00 10
2 Barajas, Emerson Elyse	Carlmont	5-02.00 8
3 Flores, Sophia	Hillsdale	J4-10.00 6
4 Jensen, Genevieve	Half Moon Ba	J4-10.00 4
5 Milks, Mia	Burlingame	J4-10.00 2
6 Bernstine, Aaliyah	South San Fr	J4-08.00 1
7 Terlicher, Mya	Burlingame	J4-08.00
8 Yang, Kara	Westmoor	4-04.00
8 Ormiston, Emily	Mills	4-04.00
--- Nobrega, Camille	Carlmont	NH
--- Torres, Rose	Woodside	NH
--- Mathews, Brynn	Terra Nova	DNS
--- Awoyinka, Eva	Carlmont	DNS
--- Matthews, Tessa	Aragon	DNS
--- Rife, Meilin	Aragon	DNS
--- Hassan, Kamiila	Mills	DNS

## Girls Pole Vault

Name	School	Finals
<b>Finals</b>		
1 Cueva, Katherine	Menlo-Athert	11-02.00 10
2 Ivankov, Alexis	Mills	10-08.00 8
3 Dao, Hailey	Carlmont	9-08.00 6
4 Pellican, Liliana	Menlo-Athert	9-00.00 4
5 Machermer, Abigail	Sequoia	J9-00.00 2
6 Alvarez, Ashley	Aragon	8-04.00 1
7 Prock, Katelyn	Aragon	J7-08.00
8 Lau, Haley	Aragon	J7-08.00
8 Martin, Sydney	Sequoia	J7-08.00
10 Miller, Eva	San Mateo	J7-08.00
11 Militar, Cara	Aragon	7-00.00
--- Taylor, Nina	Aragon	NH
--- Dias, Natalie	San Mateo	DNS
--- Chen, Angelina	Mills	DNS
--- Hoover, Melia	Mills	DNS

## Girls Long Jump

Name	School	Finals
<b>Finals</b>		
1 Barajas, Emerson Elyse	Carlmont	18-01.50 10
2 Ivankov, Alexis	Mills	17-01.00 8
3 Schuh, Kaitlyn	San Mateo	16-07.00 6
4 Elan, Rona	Hillsdale	16-05.00 4
5 Feng, Melanie	Mills	16-03.75 2

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## Finals ... (Girls Long Jump)

Name	School	Finals		
6 Hwang, Mina	Aragon	16-02.50	1	
7 Baula, Sophia	El Camino	16-01.00	NWI	
8 Matthews, Tessa	Aragon	15-11.00	NWI	
9 Lacson, Carisa Elaina	Aragon	15-07.25	NWI	
10 Cheung, Camryn	Hillsdale	15-06.00	NWI	
11 Edmiston, Yael	Carlmont	J15-05.00	NWI	
12 Chen, Victoria	Aragon	J15-05.00	NWI	
13 De Santis, Stella	Aragon	14-07.50	NWI	
14 Schardin, Una	Hillsdale	14-04.50	NWI	
15 Rios, Brisa	Sequoia	13-10.25	NWI	
16 Shih, Stella	Hillsdale	13-09.00	NWI	
17 Weaver, Brooke	Hillsdale	13-05.50	NWI	
--- Kerby, Amanda	Carlmont	FOUL		
--- Henry, Genevieve	Mills	DNS	NWI	

## Girls Triple Jump

Name	School	Finals		
<b>Finals</b>				
1 Ivankov, Alexis	Mills	35-06.75	10	
2 Elan, Rona	Hillsdale	35-06.00	8	
3 Schuh, Kaitlyn	San Mateo	34-10.00	6	
4 Rios, Brisa	Sequoia	33-00.50	4	
5 Chen, Victoria	Aragon	31-11.00	2	
6 Cheung, Camryn	Hillsdale	31-07.00	1	
7 Tarugarira, Kgomotso	Carlmont	31-04.00	NWI	
8 Weaver, Brooke	Hillsdale	31-01.00	NWI	
9 Shih, Stella	Hillsdale	30-06.75	NWI	
10 Schardin, Una	Hillsdale	30-03.00	NWI	
11 Lacson, Carisa Elaina	Aragon	28-11.25	NWI	
12 Yang, Kara	Westmoor	28-10.50	NWI	
13 Louie, Clarissa	Mills	27-01.50	NWI	
14 Ruiz, Dayna	South San Fr	26-06.00	NWI	
--- Yee, Alyssa	Westmoor	FOUL		
--- Kerby, Amanda	Carlmont	DNS	NWI	

## Girls Shot Put

Name	School	Finals		
<b>Finals</b>				
1 Johnson, Kelailah	Mills	36-01.00	10	
2 Shomaker, Rachel	San Mateo	34-07.25	8	
3 Mataele, Fane	Menlo-Athert	31-07.00	6	
4 Erickson, Izzy	Burlingame	30-09.00	4	
5 Eliares, Julia	Terra Nova	29-04.50	2	
6 Smith, Tilly	South San Fr	28-06.25	1	
7 Lichaa, Kayla	San Mateo	28-04.00		
8 Saito, Leia	Hillsdale	26-11.00		
9 Zheng, Nicole	Aragon	26-04.25		
10 Tupou, Amelia	Menlo-Athert	25-11.50		
11 Hoppe, Jenna	Woodside	25-09.50		
12 Yang, Kara	Westmoor	25-04.75		
13 Der, Keilani	El Camino	24-09.00		
14 Ren, Emily	Westmoor	23-11.50		
15 Kinris, Alexa	Burlingame	20-05.00		

---	Wong, Kaylee	Mills	DNS
---	Hassan, Kamiila	Mills	DNS
---	Madrigal, Sofia	Mills	DNS
---	Wong, Layla	Mills	DNS

## Girls Discus Throw

Name	School	Finals		
<b>Finals</b>				
1 Johnson, Kelailah	Mills	118-01	10	
2 Dyogi, Gabriela	Terra Nova	113-09	8	
3 Feng, Melanie	Mills	110-07	6	
4 Mataele, Fane	Menlo-Athert	108-09	4	
5 Lichaa, Kayla	San Mateo	108-02	2	
6 Wong, Kaylee	Mills	104-05	1	
7 Phimsoutoam, Brook	Mills	100-06		
8 Saito, Leia	Hillsdale	88-08		
9 Zheng, Nicole	Aragon	87-04		
10 Erickson, Izzy	Burlingame	86-05		
11 Ali, Ila	Hillsdale	84-02		
12 Han, Lara	Mills	83-11		
13 Tupou, Amelia	Menlo-Athert	81-11		
14 Hanni, Emylia	Woodside	79-06		
15 Shomaker, Rachel	San Mateo	78-10		
16 Chen, Angelina	Mills	74-08		
17 Smith, Tilly	South San Fr	70-07		
---	Ren, Emily	Westmoor	FOUL	
---	Rife, Meilin	Aragon	DNS	

## Boys 100 Meter Dash

Name	School	Prelims		
<b>Preliminaries</b>				
1 Roeder, Jacob	Menlo-Athert	11.00Q1.3		
2 Salamanca, Christian	Hillsdale	11.05Q-0.1		
3 Nand, Nathan	El Camino	11.10Q+0.0		
4 Bell, Jonas	Hillsdale	11.13Q1.9		
5 Labuguen, Benicio	Westmoor	11.19Q-0.4		
6 Saulny-Green, Robert	Jefferson	11.31Q1.0		
7 Lange, Jarett	Woodside	11.18q -0.1		
8 Gabriel, Kyle	Menlo-Athert	11.34q 1.3		
9 Nues, Elijah	Hillsdale	11.37 1.9		
10 Gentner, Brody	Woodside	11.39 1.0		
11 Gonzalez Cedeno, Arturo	South San Fr	11.53 1.9		
12 Chatterjee, Miles	Hillsdale	11.61 +0.0		
13 Li, Eason	Mills	11.68 1.9		
14 Nomm, Jannik	Burlingame	11.70 -0.4		
15 Wong, Matthew	Mills	11.73 1.0		
16 La Vrar, Maximiliano	Carlmont	11.78 1.3		
17 Guevarra, Raimer	El Camino	11.79 1.3		
18 Leung, Aidan	Terra Nova	11.81 1.0		
19 Tjernlund, Adam	Menlo-Athert	11.86 1.0		
20 Simmons, Cairo	Woodside	11.87 -0.1		
20 Veilleux, Bodhi	Half Moon Ba	11.87 +0.0		
22 Crawford, Tyler	Burlingame	11.88 1.3		
23 Lao, Jason	Aragon	11.91 1.3		
24 Lange, Ben	Woodside	11.92 1.9		

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## Preliminaries ... (Boys 100 Meter Dash)

Name	School	Prelims	
25	Curtner, Cashton	Capuchino	11.92 1.0
26	Robertson, Lucas	Carlmont	11.93 1.0
27	Jensen, Leo	Carlmont	11.94 -0.1
28	Bernal, Caden	Sequoia	11.96 -0.1
29	Chow, Wayne	Mills	11.99 1.0
30	Kong, Matteo	Aragon	12.04 -0.1
31	Servin Guizar, Juan	Woodside	12.10 -0.4
32	Alferez, Rafael	Westmoor	12.12 -0.4
33	Jackson, Devon	South San Fr	12.15 -0.4
34	Boatman, Reyes	San Mateo	12.18 -0.4
35	Wye, Zachary	El Camino	12.21 +0.0
36	Liang, Justin	Woodside	12.33 1.9
37	Yee, Jonah	Menlo-Athert	12.41 +0.0
38	Guan, Andrew	Carlmont	12.70 1.3
---	Jada, Kosta	Mills	DNS -0.1
---	Domingo, Kainoa	Carlmont	DNS +0.0
---	Mindel, Julian	Mills	DNS 1.9
---	Lazare, Milo	Menlo-Athert	DNS +0.0
---	Holoyda, Dylan	Carlmont	DNS -0.4
---	Nguyen, Kurt	Aragon	DNS -0.1
---	Andrabadu, Nisith	Hillsdale	DNS -0.4
---	Kei, Brandon	Mills	DNS 1.9
---	Halabi, Marwan	Aragon	DNS +0.0
---	Littman, Declan	San Mateo	DNS 1.3

## Boys 100 Meter Dash

Name	School	Finals	
<b>Finals</b>			
1	Roeder, Jacob	Menlo-Athert	10.67 10
2	Nand, Nathan	El Camino	10.71 8
3	Salamanca, Christian	Hillsdale	10.85 6
4	Bell, Jonas	Hillsdale	11.06 4
5	Gabriel, Kyle	Menlo-Athert	11.20 2
6	Labuguen, Benicio	Westmoor	11.25 1
7	Saulny-Green, Robert	Jefferson	11.29 1.2
8	Lange, Jarett	Woodside	11.30 1.2

## Boys 200 Meter Dash

Name	School	Prelims	
<b>Preliminaries</b>			
1	Nand, Nathan	El Camino	22.27Q0.5
2	Roeder, Jacob	Menlo-Athert	22.47Q-0.1
3	Harger, Charles	Aragon	22.50Q0.5
4	Salamanca, Christian	Hillsdale	22.51Q1.0
5	Bell, Jonas	Hillsdale	22.80Q1.1
6	Dent, Andrew	Carlmont	22.75q 1.0
7	Gabriel, Kyle	Menlo-Athert	22.94q 0.5
8	Saulny-Green, Robert	Jefferson	23.04q 0.5
9	Lange, Jarett	Woodside	23.29 -0.1
10	Gentner, Brody	Woodside	23.32 1.1
11	Nues, Elijah	Hillsdale	23.39 1.1
12	Nomm, Jannik	Burlingame	23.67 0.5
13	Frank, Ryan	Burlingame	23.73 1.0

14	Schaefer, Connor	Carlmont	23.75 0.5
15	Stanton, William	Carlmont	24.12 -0.1
16	Seeger, Emmett	Menlo-Athert	24.16 0.5
17	Artandi, Daniel	Woodside	24.21 1.1
18	Gonzalez Cedeno, Arturo	South San Fr	24.23 1.0
19	Rodriguez, Damian	El Camino	24.30 -0.1
20	La Vrar, Maximiliano	Carlmont	24.46 1.0
21	Gaber, Zaid	Carlmont	24.48 -0.1
22	Leung, Aidan	Terra Nova	24.51 0.5
23	Lange, Ben	Woodside	24.52 -0.1
24	Bernal, Caden	Sequoia	24.57 1.1
25	Veilleux, Bodhi	Half Moon Ba	24.64 1.1
26	Wong, Matthew	Mills	24.67 0.5
27	Gomez, Cristian	Hillsdale	24.67 -0.1
28	Angulo-Mendoza, Lester	South San Fr	24.69 0.5
29	Simmons, Cairo	Woodside	24.77 1.1
30	Lao, Jason	Aragon	24.78 0.5
31	Curtner, Cashton	Capuchino	24.93 1.0
32	Kong, Matteo	Aragon	25.06 0.5
---	Tjernlund, Adam	Menlo-Athert	DNS 1.0
---	Holoyda, Dylan	Carlmont	DNS 0.5
---	Mendoza, Kaelen Ryan	El Camino	DNS 0.5
---	Littman, Declan	San Mateo	DNS 0.5
---	Block, Evan	Menlo-Athert	DNS 0.5
---	Andrabadu, Nisith	Hillsdale	DNS -0.1
---	Kei, Brandon	Mills	DNS 1.1
---	Nguyen, Kurt	Aragon	DNS 1.0

## Boys 200 Meter Dash

Name	School	Finals	
<b>Finals</b>			
1	Roeder, Jacob	Menlo-Athert	21.78 10
2	Nand, Nathan	El Camino	22.03 8
3	Salamanca, Christian	Hillsdale	22.12 6
4	Bell, Jonas	Hillsdale	22.54 4
5	Dent, Andrew	Carlmont	22.82 2
6	Harger, Charles	Aragon	23.01 1
7	Gabriel, Kyle	Menlo-Athert	23.04 -1.0
8	Saulny-Green, Robert	Jefferson	23.25 -1.0

## Boys 400 Meter Dash

Name	School	Prelims	
<b>Preliminaries</b>			
1	Harger, Charles	Aragon	49.84Q
2	Gehrke, Simon	Carlmont	50.72Q
3	Dent, Andrew	Carlmont	51.14Q
4	Frank, Ryan	Burlingame	51.48Q
5	Schaefer, Connor	Carlmont	52.48Q
6	Kron, Nathan	Carlmont	52.53Q
7	Artandi, Daniel	Woodside	52.62q
8	Stanton, William	Carlmont	53.08q
9	Wilhelms, Abraham	Hillsdale	53.35
10	Hunter, Luke	Woodside	53.69
11	Seeger, Emmett	Menlo-Athert	53.78
12	Qura, Luke	Capuchino	53.88

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## Preliminaries ... (Boys 400 Meter Dash)

Name	School	Prelims
13 Ng, Jacob	Hillsdale	53.89
14 Mendoza, Kaelen Ryan	El Camino	54.24
15 Angulo-Mendoza, Lester	South San Fr	54.36
16 Patch, Mason	Burlingame	54.41
17 Moreno, Roman	Westmoor	55.25
18 Varfolomeev, Anton	Mills	55.26
19 Riviere, Louis	Aragon	55.31
20 Gaber, Zaid	Carlmont	55.32
21 Lopez, Jonathan	Half Moon Ba	55.84
22 Degner, William	Menlo-Athert	55.90
23 Berja, Nathan	Capuchino	56.02
24 Gomez, Cristian	Hillsdale	56.35
25 Stretton, Emile	Mills	56.36
26 Johnson, Alexander	Westmoor	56.54
27 Bassi Breda, Mateus	Woodside	56.70
28 Chow, Wayne	Mills	56.88
29 Liu, Andrew	Mills	56.90
30 Penaflor, Maddox	El Camino	57.04
31 Block, Evan	Menlo-Athert	57.46
32 O'Brien, Reid	Burlingame	57.51
33 Guilar, Tiago	Carlmont	58.27
34 Ng, Vincent	Jefferson	58.74
35 Lukoianov, Maksim	Carlmont	59.46
36 Sedeno, Joshua	Westmoor	59.66
37 Benavente, Darren	Aragon	1:01.40
38 Hsieh, Calvin	Mills	1:05.73
--- Pepper, Kaleo	Menlo-Athert	DNS
--- Voytovich, Leo	Mills	DNS
--- Beliso, Brayden	Mills	DNS

## Boys 400 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 Harger, Charles	Aragon	49.39 10
2 Gehrke, Simon	Carlmont	50.46 8
3 Dent, Andrew	Carlmont	50.68 6
4 Schaefer, Connor	Carlmont	51.54 4
5 Stanton, William	Carlmont	51.86
6 Artandi, Daniel	Woodside	52.10 2
7 Kron, Nathan	Carlmont	52.13
8 Wilhelms, Abraham	Hillsdale	53.13 1

## Boys 800 Meter Run

Hip 9 in lane 2, 10 in lane 7, 11 in lane 1, and 12 in lane 8.

Name	School	Prelims
<b>Preliminaries</b>		
1 Bullentini, Dylan	El Camino	1:58.81Q
2 Macedo, Matthew	Sequoia	1:59.37Q
3 Nichols, Tyler	Aragon	1:59.41Q
4 Chopra, Evan	Menlo-Athert	2:00.56Q
5 Schaefer, Landon	Carlmont	1:59.65q
6 Gehrke, Simon	Carlmont	2:00.02q
7 Woo, Adam	Hillsdale	2:00.16q

8 Sharp, Aidan	Menlo-Athert	2:00.68q
9 Kim, Ethan	Hillsdale	2:02.60q
10 Novak, Luke	Aragon	2:02.76q
11 Choy, Daniel	Carlmont	2:02.97q
12 Mitchell, Cason	Menlo-Athert	2:03.50q
13 Kron, Nathan	Carlmont	2:04.37
14 Sanger, Ethan	Woodside	2:04.49
15 Kemal, Meezahn	Sequoia	2:04.50
16 Hanson, Aidan	Hillsdale	2:05.51
17 Partin, Tyler	Capuchino	2:05.87
18 Croft, Mosley	Hillsdale	2:06.01
19 Leslie, Declan	Menlo-Athert	2:06.74
20 Lee, Jayden	Carlmont	2:07.78
21 Salas, Charles	Menlo-Athert	2:10.74
22 Cabrera, Ethan	Mills	2:11.69
23 Matsuda, Naoki	Hillsdale	2:12.91
24 Lee, Nico	Hillsdale	2:13.00
25 McGurk, William	Hillsdale	2:13.26
26 Wuertele, Kentaro	Menlo-Athert	2:15.76
27 Martinez, Julian	Menlo-Athert	2:15.79
28 Whipkey, Sean	Hillsdale	2:19.85
29 Harris, Asher	Menlo-Athert	2:20.46
30 Phan, Brady	Menlo-Athert	2:25.90
31 Stoyanov, Martin	Menlo-Athert	2:31.96
--- Ehsanipour, Nadav	Hillsdale	DNS
--- Cubero Garcia, Nicolas	Hillsdale	DNS
--- Ren, Kaden	Mills	DNS
--- Tellis, Michael	Woodside	DNS
--- Saunders, Luke	Aragon	DNS
--- Kitchen, Grant	El Camino	DNS

## Boys 800 Meter Run

Hip 9 in lane 2, 10 in lane 7, 11 in lane 1, and 12 in lane 8.

Name	School	Finals
<b>Finals</b>		
1 Bullentini, Dylan	El Camino	1:55.67 10
2 Chopra, Evan	Menlo-Athert	1:56.88 8
3 Schaefer, Landon	Carlmont	1:57.10 6
4 Nichols, Tyler	Aragon	1:57.22 4
5 Woo, Adam	Hillsdale	1:57.69 2
6 Macedo, Matthew	Sequoia	1:57.71 1
7 Gehrke, Simon	Carlmont	1:59.65
8 Choy, Daniel	Carlmont	1:59.77
9 Kron, Nathan	Carlmont	2:01.22
10 Kim, Ethan	Hillsdale	2:01.33
11 Sanger, Ethan	Woodside	2:05.97
--- Novak, Luke	Aragon	DNS

## Boys 1600 Meter Run

Name	School	Prelims
<b>Preliminaries</b>		
1 Chopra, Evan	Menlo-Athert	4:15.00Q
2 Macedo, Matthew	Sequoia	4:21.13Q
3 Bullentini, Dylan	El Camino	4:25.76Q
4 Schultz, Kiefer	Woodside	4:28.43Q

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## Preliminaries ... (Boys 1600 Meter Run)

Name	School	Prelims
5 Mitchell, Cason	Menlo-Athert	4:23.58q
6 Blanford, Calvin	Menlo-Athert	4:26.10q
7 Sharp, Aidan	Menlo-Athert	4:28.23q
8 Ambardekar, Adwaiy	San Mateo	4:28.45q
9 Schaefer, Landon	Carlmont	4:31.40q
10 Nichols, Tyler	Aragon	4:31.47q
11 VanderLugt, William	Capuchino	4:34.36q
12 Melosh, Kai	Woodside	4:34.77q
13 Salceda, Benjamin	Menlo-Athert	4:36.80
14 Bennett, Grant	Menlo-Athert	4:36.95
15 Wettermark, Oscar	Menlo-Athert	4:37.11
16 Hanson, Aidan	Hillsdale	4:40.60
17 Matsuda, Naoki	Hillsdale	4:44.06
18 Kim, Ethan	Hillsdale	4:44.20
19 Peterson, Calvin	Woodside	4:44.30
20 Vierra, Daniel	Woodside	4:45.36
21 Mui, Theodore	Carlmont	4:45.75
22 Perez, Xavier	Westmoor	4:45.92
23 Whipkey, Sean	Hillsdale	4:47.40
24 Leslie, Declan	Menlo-Athert	4:47.85
25 Liu, Ryan	Burlingame	4:47.94
26 Lucas, Augustus	Woodside	4:48.16
27 Salas, Charles	Menlo-Athert	4:49.75
28 Lawson, Caleb	Woodside	4:50.44
29 Jones, Zachary	Menlo-Athert	4:51.02
30 Lee, Nico	Hillsdale	4:51.50
31 Lane, Thomas	Hillsdale	4:51.99
32 Wuertele, Kentaro	Menlo-Athert	4:52.32
33 Choy, Daniel	Carlmont	4:52.58
34 Martinez, Julian	Menlo-Athert	4:53.71
35 Vatman, Nick	San Mateo	4:53.84
36 Harris, Asher	Menlo-Athert	4:57.89
37 Tsui, Christian	Woodside	4:58.30
38 McGurk, William	Hillsdale	4:58.76
39 Dille, Aiden	Burlingame	4:59.15
40 Jaco Maya, Jose	Half Moon Ba	4:59.81
41 Nappi, Aidan	Terra Nova	5:03.87
42 Phan, Brady	Menlo-Athert	5:04.34
43 Pascual, Trystan	Capuchino	5:05.92
44 Bailey, Garrett	Woodside	5:06.15
--- Prince, Hunter	Carlmont	DNS
--- Popler, Luke	Sequoia	DNS
--- Stoyanov, Martin	Menlo-Athert	DNS
--- Woo, Adam	Hillsdale	DNS

## Boys 1600 Meter Run

Name	School	Finals
1 Chopra, Evan	Menlo-Athert	4:13.11 10
2 Sharp, Aidan	Menlo-Athert	4:21.93 8
3 Blanford, Calvin	Menlo-Athert	4:22.57 6
4 Macedo, Matthew	Sequoia	4:24.44 4
5 Schultz, Kiefer	Woodside	4:26.02 2

6 Bennett, Grant	Menlo-Athert	4:28.65
7 Melosh, Kai	Woodside	4:31.71 1
8 Peterson, Calvin	Woodside	4:33.76
9 VanderLugt, William	Capuchino	4:36.44
10 Hanson, Aidan	Hillsdale	4:36.44
11 Vierra, Daniel	Woodside	4:47.76
--- Nichols, Tyler	Aragon	DNS

## Boys 3200 Meter Run

Name	School	Finals
1 Mitchell, Cason	Menlo-Athert	9:32.75 10
2 Salceda, Benjamin	Menlo-Athert	9:32.91 8
3 Sharp, Aidan	Menlo-Athert	9:35.60 6
4 Blanford, Calvin	Menlo-Athert	9:35.76
5 Ambardekar, Adwaiy	San Mateo	9:35.81 4
6 Hsiao, Anthony	San Mateo	9:37.03 2
7 Venook, Kyle	Mills	9:53.90 1
8 Popler, Luke	Sequoia	9:54.41
9 Kubitz, Griffin	San Mateo	9:54.77
10 Kishore, Avinash	San Mateo	10:01.87
11 Schultz, Kiefer	Woodside	10:04.41
12 Stoyanov, Martin	Menlo-Athert	10:04.96
13 Bennett, Grant	Menlo-Athert	10:06.54
14 Ren, Kevin	Mills	10:09.31
15 Peterson, Calvin	Woodside	10:11.38
16 Mullen-Weaver, Sam	Burlingame	10:12.32
17 Liu, Ryan	Burlingame	10:14.33
18 Leslie, Declan	Menlo-Athert	10:14.96
19 Perez, Xavier	Westmoor	10:15.18
20 Wettermark, Oscar	Menlo-Athert	10:20.98
21 Matsuda, Naoki	Hillsdale	10:25.64
22 Tellis, Michael	Woodside	10:26.49
23 Eberspacher, David	Mills	10:29.10
24 Melosh, Kai	Woodside	10:29.88
25 Tsui, Christian	Woodside	10:31.32
26 Mui, Theodore	Carlmont	10:34.00
27 Wuertele, Kentaro	Menlo-Athert	10:34.68
28 Lucas, Augustus	Woodside	10:37.61
29 Lane, Thomas	Hillsdale	10:37.95
30 Daru, Wyatt	Carlmont	10:38.54
31 Martinez, Julian	Menlo-Athert	10:39.28
32 Vatman, Nick	San Mateo	10:40.54
33 Zhuo, Gordon	Menlo-Athert	10:41.12
34 Jaco Maya, Jose	Half Moon Ba	10:46.94
35 Vierra, Daniel	Woodside	10:47.76
36 Jones, Zachary	Menlo-Athert	10:53.99
37 Whipkey, Sean	Hillsdale	10:56.63
38 Prince, Hunter	Carlmont	10:57.84
39 Lawson, Caleb	Woodside	11:01.69
40 Pascual, Trystan	Capuchino	11:08.39
41 Hansen, Dane	Menlo-Athert	11:32.77
--- Phan, Brady	Menlo-Athert	DNS
--- Woo, Adam	Hillsdale	DNS
--- Rene, Alexander	Woodside	DNS

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## Finals ... (Boys 3200 Meter Run)

Name	School	Finals
--- VanderLugt, William	Capuchino	DNS
--- Harris, Asher	Menlo-Athert	DNS

## Boys 110 Meter Hurdles

Name	School	Prelims
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## Preliminaries

1	Chen, Jerry	Mills	15.96Q1.2
2	Martinez, Antonio	Jefferson	15.99Q0.3
3	Loof, Dylan	Half Moon Ba	15.99Q1.4
4	Na, Danael	Mills	15.97q 1.2
5	Barry, Cameron	San Mateo	16.23q 0.3
6	Kei, Brandon	Mills	16.36q 1.2
7	O'Meara, Austin	Hillsdale	16.76q 1.4
8	Pecyna, Oliver	Woodside	16.96q 0.3
9	Dionne, Remi	Hillsdale	17.16 1.4
10	Taumoepeau, Coltrane	Hillsdale	17.45 1.4
11	Wallace, Myles	San Mateo	17.98 0.3
12	Lew, Jadon	Westmoor	19.35 1.2
13	Polshakov, Andrew	Carlmont	19.36 1.2
14	San Felipe, Aiden	El Camino	19.42 0.3
15	Skarpaas, Knut	Woodside	19.74 0.3
16	Yap, Lucas	Capuchino	20.04 1.4
17	Sgro, Luke	Carlmont	21.51 0.3
---	Doolittle, Andrew	Aragon	DNS 1.4
---	Telfer-Mantouvalos, Nikitas	Aragon	DNS 1.4
---	Pepper, Kaleo	Menlo-Athert	DNS 1.2

## Boys 110 Meter Hurdles

Name	School	Finals
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## Finals

1	Martinez, Antonio	Jefferson	15.48	10
2	Loof, Dylan	Half Moon Ba	15.56	8
3	Kei, Brandon	Mills	15.68	6
4	Na, Danael	Mills	15.75	4
5	Barry, Cameron	San Mateo	15.92	2
6	Pecyna, Oliver	Woodside	16.71	1
7	O'Meara, Austin	Hillsdale	16.86	2.3
---	Chen, Jerry	Mills	DNF	2.3

## Boys 300 Meter Hurdles

Name	School	Prelims
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## Preliminaries

1	Loof, Dylan	Half Moon Ba	41.24Q
2	Martinez, Antonio	Jefferson	41.75Q
3	O'Meara, Austin	Hillsdale	41.94Q
4	Na, Danael	Mills	42.06Q
5	Rios, Elliot	Sequoia	42.42q
6	Barry, Cameron	San Mateo	42.70q
7	Chen, Jerry	Mills	42.89q
8	Xie, Jayden	Mills	43.81q
9	Dionne, Remi	Hillsdale	44.27
10	Kei, Brandon	Mills	45.18
11	Weppner, Luke	Woodside	45.73

12	Riviere, Louis	Aragon	46.06
13	Wallace, Myles	San Mateo	46.90
14	Chaparala, Nishant	Aragon	47.49
15	San Felipe, Aiden	El Camino	47.94
16	Stretton, Emile	Mills	48.49
17	Lew, Jadon	Westmoor	48.63
18	Taumoepeau, Coltrane	Hillsdale	48.83
19	Skarpaas, Knut	Woodside	49.04
20	Trinidad, Shane	Westmoor	50.14
21	Yap, Lucas	Capuchino	50.51
22	McGuire, Aidan	Sequoia	51.91
---	Nichols, Tyler	Aragon	DNF
---	Pecyna, Oliver	Woodside	DNS
---	Pepper, Kaleo	Menlo-Athert	DNS
---	Sgro, Luke	Carlmont	DNS

## Boys 300 Meter Hurdles

Name	School	Finals
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## Finals

1	Martinez, Antonio	Jefferson	40.50	10
2	Barry, Cameron	San Mateo	40.96	8
3	O'Meara, Austin	Hillsdale	41.17	6
4	Loof, Dylan	Half Moon Ba	41.21	4
5	Rios, Elliot	Sequoia	42.36	2
6	Xie, Jayden	Mills	42.94	1
7	Na, Danael	Mills	43.38	
8	Dionne, Remi	Hillsdale	43.90	

## Boys 4x100 Meter Relay

Team	Relay	Finals
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## Finals

1	Hillsdale	42.79	10
2	Carlmont	43.79	8
3	Woodside	43.92	6
4	El Camino	44.17	4
5	Menlo-Atherton	44.18	2
6	Burlingame	45.37	1
7	Jefferson	45.97	
8	Sequoia	46.91	
9	Westmoor	47.08	
10	Terra Nova	48.75	
---	Aragon	DNF	
---	Mills	DQ	
---	South San Francisco	DNS	

## Boys 4x400 Meter Relay

Team	Relay	Finals
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## Finals

1	Carlmont	3:28.66	10
2	Hillsdale	3:33.08	8
3	Woodside	3:36.14	6
4	Mills	3:37.83	4
5	Westmoor	3:38.72	2
6	Burlingame	3:39.82	1
7	Sequoia	3:41.35	

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## Results

## Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Finals
8	Menlo-Atherton	3:44.69
9	Jefferson	3:48.58
10	Terra Nova	3:49.02
11	Aragon	4:03.06
---	San Mateo	DNS
---	South San Francisco	DNS

## Boys 4x800 Meter Relay

Team	Relay	Finals
1	Carlmont	8:06.45 10
2	Menlo-Atherton	8:15.99 8
3	Aragon	8:16.41 6
4	Hillsdale	8:16.95 4
5	Mills	8:17.05 2
6	San Mateo	8:18.92 1
7	Woodside	8:31.21
8	Burlingame	8:39.27
9	Westmoor	9:57.43
---	Sequoia	DNS

## Boys High Jump

Name	School	Finals
1	Soudah, Zeki	Hillsdale 6-02.00 10
2	Sanchez, Aaron	Woodside 6-00.00 8
3	Gabriel, Kyle	Menlo-Athert 5-10.00 6
4	Ely, Liam	San Mateo 5-08.00 4
5	Huie, Ryan	Burlingame 5-06.00 2
6	Liu, Andrew	Mills 5-04.00 0.5
6	Scherer, Theo	Carlmont 5-04.00 0.5
8	Tesoro, Ryan	Hillsdale J5-04.00
9	Lin, Simon	San Mateo J5-04.00
10	Zhou, Alvin	Westmoor 5-02.00
---	Vasquez-Moreno, Cesar	South San Fr NH
---	Huynh, Tyler	Mills NH
---	Wong, Euclid	Carlmont NH

## Boys Pole Vault

Name	School	Finals
1	Trinklein, Logan	Sequoia J14-02.00 10
2	Nakagawa, Caleb	Carlmont J14-02.00 8
3	Dionne, Remi	Hillsdale 12-00.00 6
4	De Jesus, Victor	Westmoor J11-04.00 3
4	Salotti, Jasper	Aragon J11-04.00 3
6	Soudah, Zeki	Hillsdale J11-04.00 1
7	Xie, Jayden	Mills J10-08.00
8	Chang, Christopher	Aragon J10-08.00
9	Trio, Cameron	Aragon J10-08.00
9	Pfeifer, Zander	Woodside J10-08.00
9	Fisher, Nekoa	Woodside J10-08.00
12	O'Toole, Martin	Woodside J10-00.00

13	Lim, Marshall	Aragon J10-00.00
---	Ahn, Benjamin	Mills NH
---	Mindel, Julian	Mills NH
---	Mattias, Lucas	Woodside DNS
---	Barry, Cameron	San Mateo DNS

## Boys Long Jump

Name	School	Finals
1	Labuguen, Benicio	Westmoor 22-06.00 10
2	Xie, Jayden	Mills 20-09.00 8
3	Chatterjee, Miles	Hillsdale 20-07.50 6
4	Guevarra, Raimier	El Camino 20-04.25 4
5	Wye, Zachary	El Camino 19-09.50 2
6	Alferez, Rafael	Westmoor 19-06.75 1
7	Gowdy, Jakob	Hillsdale 19-01.50 NWI
8	Hackenbereg, Matthias	Capuchino 19-00.75 NWI
9	Sampson, William	Woodside 19-00.25 NWI
10	Li, Eason	Mills 19-00.00 NWI
11	Pecyna, Oliver	Woodside 18-09.25 NWI
12	Wong, Euclid	Carlmont 18-00.25 NWI
13	Scherer, Theo	Carlmont 17-08.50 NWI
14	Anees, Rayhan	Westmoor 16-11.25 NWI
---	Jensen, Leo	Carlmont FOUL
---	Gonzalez Cedeno, Arturo	South San Fr DNS NWI
---	Jackson, Devon	South San Fr DNS NWI
---	Voytovich, Leo	Mills DNS NWI
---	Halabi, Marwan	Aragon DNS NWI

## Boys Triple Jump

Name	School	Finals
1	Labuguen, Benicio	Westmoor 48-01.00 10
2	Gowdy, Jakob	Hillsdale 42-05.00 8
3	Xie, Jayden	Mills 42-03.00 6
4	Bassi Breda, Mateus	Woodside 41-09.00 4
5	Anees, Rayhan	Westmoor 40-03.75 2
6	Hackenbereg, Matthias	Capuchino 39-08.00 1
7	Lin, Simon	San Mateo 39-06.00 NWI
8	Scherer, Theo	Carlmont 38-07.00 NWI
9	Frampton, Evan	Woodside 38-02.50 NWI
10	Chatterjee, Miles	Hillsdale 38-01.00 NWI
11	Alferez, Rafael	Westmoor 37-08.00 NWI
12	Taumoepeau, Coltrane	Hillsdale 37-04.00 NWI
13	Giusti, Terrence	Capuchino 37-00.25 NWI
14	Sampson, William	Woodside 35-01.00 NWI
---	O'Toole, Martin	Woodside DNS NWI
---	Voytovich, Leo	Mills DNS NWI
---	Telfer-Mantouvalos, Nikitas	Aragon DNS NWI
---	Halabi, Marwan	Aragon DNS NWI
---	Mindel, Julian	Mills DNS NWI

## Peninsula Athletic League Championships - 4/30/2026 to 5/9/2026

Results online at RTLive.us

Sequoia HS

Results

**Boys Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Fitzgerald, Yianni	San Mateo	59-00.50 10
2 Qutteineh, Dean	San Mateo	47-04.00 8
3 Baltazar, Paris	Mills	45-06.00 6
4 Liu, Jayson	Aragon	44-02.25 4
5 Cockrell, Vincent	Hillsdale	43-07.00 2
6 Jandu, Logan	San Mateo	43-06.25 1
7 Toki, Roman	San Mateo	43-05.50
8 Hyndman, Lucas	San Mateo	43-00.25
9 Boysel, Brandon	Woodside	J42-05.00
10 Abdelrahman, Adam	Mills	J42-05.00
11 Ma'ake, Valita	Carlmont	40-00.25
12 Oyegbami, Oyewole	Aragon	39-08.00
13 Barrett, Marcelino	Hillsdale	37-06.00
14 Soudah, Johnathan	Hillsdale	37-01.25
15 Navarrete, Zander	Carlmont	35-05.00
16 Wong, Oliver	El Camino	31-11.50
--- Wang, Shuodi	Mills	DNS
--- Fuka, Viliami	Sequoia	DNS

13) South San Francisco	2
14) Westmoor	1

**Men - Team Rankings - 17 Events Scored**

1) Menlo-Atherton	94
2) Hillsdale	86
3) San Mateo	64
4) Carlmont	62.5
5) Mills	38.5
6) El Camino	36
7) Aragon	32
8) Woodside	31
9) Westmoor	29
10) Jefferson	20
11) Sequoia	17
12) Half Moon Bay	12
13) Burlingame	4
14) Capuchino	1

**Boys Discus Throw**

Name	School	Finals
<b>Finals</b>		
1 Fitzgerald, Yianni	San Mateo	157-04 10
2 Hyndman, Lucas	San Mateo	144-05 8
3 Toki, Roman	San Mateo	141-00 6
4 Liu, Jayson	Aragon	136-10 4
5 Qutteineh, Dean	San Mateo	135-08
6 Soudah, Johnathan	Hillsdale	132-10 2
7 Servin Guizar, Juan	Woodside	132-09 1
8 Griggs, Jackson	Hillsdale	126-00
9 Navarrete, Zander	Carlmont	124-05
10 Baltazar, Paris	Mills	124-02
11 Pang, Eugene	Mills	123-08
12 Orr, John	Menlo-Athert	121-10
13 Abdelrahman, Adam	Mills	116-01
14 Nappi, Aidan	Terra Nova	114-00
15 Ma'ake, Valita	Carlmont	111-03
16 Fuka, Viliami	Sequoia	106-02
--- Telfer-Mantouvalos, Nikitas	Aragon	FOUL

**Women - Team Rankings - 17 Events Scored**

1) Carlmont	135
2) Menlo-Atherton	68
3) Mills	59
4) Burlingame	49
5) Aragon	43
6) San Mateo	38
7) Hillsdale	36
8) Sequoia	34
9) Woodside	31
10) Half Moon Bay	13
11) Terra Nova	10
12) Capuchino	8