

CCS Last Chance Track & Field Invitational

Friday April 24-Saturday April 25, 2026

The Central Coast Section Last Chance meet will provide CCS athletes one last opportunity to improve qualifying marks before we head into the championship season. This will also be the last chance for the top Frosh-Soph boys from across CCS to compete against each other.

Special event: Can you dip 1600m?: 1600m race only for boys who have not broken the 5 minute barrier and girls who have not broken the 6 min barrier this season. Hopefully good competition and a crowd cheering can get them there. This event will take place during the 1600s on Friday.

DATE: Friday, April 24 and Saturday, April 25, 2026

ENTRY INFORMATION:

All entries must be made on athletic.net before 9:00PM, Mon. April 20th. No updates or additions after the entry deadline. Coaches can verify accepted entries & alternates on Wednesday, April 22nd.

- All entry marks must be recorded on athletic.net in the 2026 season. All times must be electronic. A “No Mark” (NM) will not be accepted into the meet.
- F/S boys may be entered in the Varsity division but will not be automatically moved to F/S if they do not meet the Varsity entry standard
- Friday and Saturday are considered one meet: an athlete entered in F/S or Varsity on Friday must compete in that same division on Saturday.

EVENT ENTRY LIMITS:

The following number of entries will be accepted in each event. The top submitted times or marks in each event in Varsity Boys, F/S Boys and Girls (JV/Varsity combined) will qualify. There is no limit to the number of entries per school, however heats are limited so not all entries are guaranteed to be accepted.

100m: Limit of 6 heats per division

All other Track events up to 400m: Limit of 4 heats per division

800, 1600, 3200m: Number of heats TBD based on entries

Field events: VB 30, FSB 30, Girls 30

Meet management reserves the right to adjust the field sizes to provide the best competitive atmosphere.

ENTRY FEES: \$15.00 per event for individuals and \$30.00 per relay team.

Maximum team fee \$400 **per gender** per team. All entries must be submitted on athletic.net. You will be charged for all entries that are accepted. Entry Fees will be posted on www.lynbrooksports.com and must be paid at the packet pick up area.

MAKE CHECK PAYABLE TO: MVHS Boosters

MEET DIRECTOR: Jonathan Hubbs (coachhubbs@gmail.com)

IMPORTANT INSTRUCTIONS FOR ATHLETES:

- An alternate list will be posted the week of the meet with live updates as scratches occur. Alternates should check in with the clerk and will be added whenever possible. They should show up at the start of the event in case of very last-minute scratches. Please email any scratches you become aware of before meet day to Jonathan Hubbs (coachhubbs@gmail.com)
- Lane assignments will be seeded by best times and marks. Hip numbers will be worn for 1600, 800, 3200, 4x 800, and 4x400 relay
- All track athletes must check in at least 20 minutes prior to the event at the clerk tent. Hip numbers will be given out there for all distance events & 4x4
- All field athletes must check in no later than 20 minutes prior to the start of the event with the official, even if in flight 2. Flights seeded by best marks. Best marks in flight 2.
- All field event athletes get 4 attempts.
- Opening height for HJ will be determined based on entries

- Athletes doing a field event and running event at the same time must tell the field judge when leaving and returning. If not, and their turn is up, they will scratch that attempt. Telling the judge, will allow making up the attempt only if the flight, height, or event is not over.
- Track events will run up to 10 minutes early
- No headphones/electronics or food will be allowed on the infield or track.
- Only coaches and athletes preparing for events should be in the infield area.
- All CIF uniform rules will be enforced.
- There are no dressing rooms or shower facilities. Please come prepared to compete.
- An EMT is available

GENERAL INFORMATION:

- Award medals to top 3 placings in each event
- Scoring is 10-8-6-5-4-3-2-1
- Admission fee: adults \$10, seniors & students \$7, children 12 & under free. 2 day tickets are \$15 for adults and \$10 for seniors & students. Tickets must be purchased on GoFan beforehand or at the gate. Cash will not be accepted. GoFan link coming soon.
- Timer: Hank Lawson. Live results will be available on: www.lynbrooksports.com
- EMT will be on site
- T-Shirts will be for sale; concession stand will be open. Cash or card.

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Invoice

Meet Fee: \$_____

\$15.00 per event for individuals and \$30.00 per relay team. Maximum team fee \$400 **per gender** per team

Please make checks payable to:

MVHS Boosters

Bring to packet pick up or mail to:

Jonathan Hubbs
Mountain View High School
Attn: Track & Field Last Chance Invite
3535 Truman Ave.
Mountain View, CA 94040