

53rd Annual Pacific Grove Rotary Invitational

Hosted by Pacific Grove High School Track and Field

April 1, 2023

- Contact: Peter Jordan, Meet Director
408-309-9280; runcoach@gmail.com
- Location: Pacific Grove High School, 615 Sunset Drive, Pacific Grove, CA 93950
- Facilities: Nine lane all weather track. Spikes ¼" or less are allowed
- Time: Both track and field events will begin at 10:00. See attached schedule.
- Entries:
- Entries shall be completed on athletic.net and must be received by Tuesday, March 28, 2023 at 11:59 pm
 - Please limit entries to 3 athletes per division in each event
 - No additions will be accepted after the deadline, no additions on meet day
 - On meet day, substitutions will be made up until 9:00
- Fees: \$5.00 per entry (per individual event), and \$15 per relay team. Minimum \$20 per school, maximum \$400 per school. Schools will be charged for the number of original entries received by the entry deadline. No refunds will be made for no shows. Entry fees must be paid by the day of the meet, or a school purchase order must be presented.
- Please make checks payable to **Pacific Grove High School Track and Field**
- Awards: Medals will be awarded for 1st through 5th place in each event for all four divisions
- Weights: All throwing implements must be weighed prior to competition. A weighing station will be set up near the shot put ring

2023 ROTARY INVITATIONAL TIME SCHEDULE

Running Events

Start at 10:00AM

(event times approximate)

400 meter Relay (10:00)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
1600 meter Run (10:30)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
110 meter High Hurdles (11:00)	FS Boys (36"), Varsity Boys (39")
100 meter Int Hurdles (11:30)	FS Girls, Varsity Girls (33#)
400 meter Dash (11:45)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
100 meter Dash (12:10)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
800 meter Run (12:40)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
300 meter IH (1:15)	FS Boys, Varsity Boys (36")
300 meter LH (1:30)	FS Girls, Varsity Girls (30")
200 meter Dash (1:40)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
3200 meter Run (2:10)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
1600 meter Relay (3:00)	FS Boys, FS Girls, Varsity Boys, Varsity Girls

Field Events

<p>10:00AM to 11:15AM</p> <p>Long Jump: FS Girls Triple Jump: FS Boys High Jump: Varsity Girls Pole Vault: Varsity Boys Shot Put: Varsity Girls Discus Throw: Varsity Boys</p> <p>11:30AM to 12:45PM</p> <p>Long Jump: Varsity Girls Triple Jump: Varsity Boys High Jump: FS Girls Pole Vault: FS Boys Shot Put: FS Girls Discus Throw: FS Boys</p>	<p>1:00PM to 2:15PM</p> <p>Long Jump: FS Boys Triple Jump: FS Girls High Jump: Varsity Boys Pole Vault: Varsity Girls Shot Put: Varsity Boys Discus Throw: Varsity Girls</p> <p>2:15PM to 3:30PM</p> <p>Long Jump: Varsity Boys Triple Jump: Varsity Girls High Jump: FS Boys Pole Vault: FS Girls Shot Put: FS Boys Discus Throw: FS Girls</p>
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