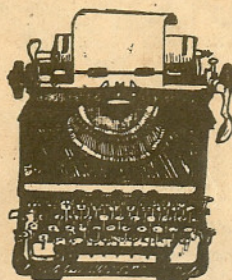


*from the editor...*



I like to think that our sport of track and field is one of the most noble of all sports. Through participation in track one not only gains the obvious benefits of physical fitness, recreation, competition, travel, recognition, scholarships, friendships, etc; but has an opportunity to really see himself/herself. Track involves men against the clock or men against the tape measure as well as man against man. Dishonesty may aid one in beating an opponent, but can not serve as an advantage against the watch or measuring stick(not unless one is able to fool himself).

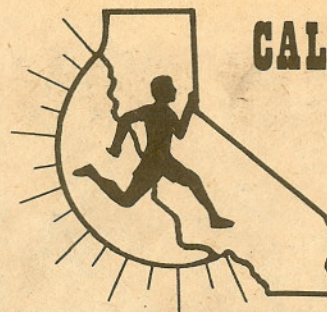
One form of dishonesty frequently noticeable at all levels of track is the fudging on marks by coaches to gain athletes entrance into limited field meets(big invitationals and championship meets). It's really kinda humorous to know that entry qualification marks and then see many athletes who are definitely below that standard there competing.

A coach who lies to get his athletes into a meet is being selfish and dishonest, besides setting a poor example. Entry standards are set in the best interests of a healthy run, quality meet(preventing the drawn-out all-comers situation). When coaches lie to get athletes in then the field remains too large and the meet management is forced to up the meet standards the following year — forcing bigger lies by coaches to get athletes in

up to everyone on a trials basis. California women did this for entrance into the Sunkist Indoor. For example: in the women's 800 meter Francie Lutz, Cyndy Poor and Judy Graham were championship meets). At invitationals the meet management could reserve automatically invitated, with the remaining four spots open to the first four at the trials — everyone had a chance to be in the "big meet" and only the best went. This could also generate a larger amount of entry fees.

As I sit here at the typesetter composing this I realize this issue will be about one week late. Our goal each issue is to mail all subscriptions sometime during the first week of the month. This issue should be in the mail on May 14. Don't get on the mailman — it wasn't his fault this time.

Track and field in California is booming, especially the ladies side of the sport. We hope to continue to cover all areas of track in California so have added in this issue a women's junior college state ranking for the first time. It's a start for this rapidly expanding part of track. But, we are going to need more cooperation from the women coaches. We sent a request for marks to every junior college women's track coach in the state but only had a half dozen reply — come on coaches — we are here to publicize and promote your sport —



## CALIFORNIA TRACK NEWS

1717 South Chestnut Avenue  
Fresno, California 93702

BIMONTHLY \$3.50 per year

PUBLISHER: Fresno Pacific College Track Team

EDITOR: Bill Cockerham

MANAGEMENT: Judy Cockerham

PRODUCTION ASSISTANCE: Gregg Weinmann. PHOTOGRAPHERS: Bud Hanson, Diane Johnson, Bill Leung, Jr., Dave Stock, Jeff Zimmerman.

HIGH SCHOOL BOYS: Ron Blackwood, Keith Conning, Jack Shepard, Mike Kennedy. HIGH SCHOOL GIRLS: Rich Ede.

4 YEAR COLLEGE/OPEN MEN: Chuck Skow, John Wenos.

4 YEAR COLLEGE/OPEN WOMEN: Calvin Brown. JUNIOR

COLLEGE MEN: Fred Baer, Ken Dose, Don Mulligan.

MASTERS MEN: Percy Knox, Peter Mundle. MASTERS

WOMEN: Irene Obera. TECHNIQUE & TRAINING: Vern Gambetta.

ORANGE COUNTY: Ted Brazil. SAN DIEGO: Noel Mon-

trucchio. BAKERSFIELD: Mike Miles. EAST BAY: James

Day. SAN JOSE: Darrel Cox. SANTA BARBARA COUNTY:

Vern Gambetta. VENTURA COUNTY: Rich Romine. SAC-

RAMENTO: Noel Hitchcock. MODESTO: Bill Mensing.

## meet the staff:

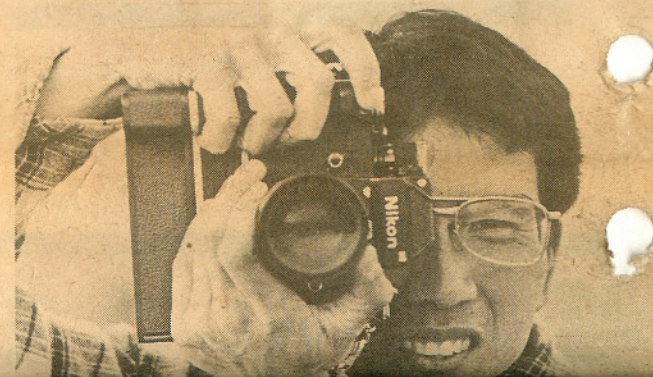


photo by Julie Brown



meets (big invitationals and championship meets) is really kinda humorous to know entry qualification marks and then see many athletes who are definitely below that standard there competing.

A coach who lies to get his athletes into a meet is being selfish and dishonest, besides setting a poor example. Entry standards are set in the best interests of a healthy run, quality meet (preventing the drawn-out all-comers situation). When coaches lie to get athletes in then the field remains too large and the meet management is forced to up the meet standards the following year — forcing bigger lies by coaches to get athletes in anyway — thus higher and higher standards. This type of spiraling inflation eventually gets ridiculous. There are cases now where places in a meet are earned at marks much lower than those needed just to get into the meet.

It's tempting to fudge a little (especially when you know an athlete is ready for a better mark and when you know others are doing it) to get our own athletes into a given meet. But in the best interests of fairness and quality in meets and for the good of the sport it must stop.

Another solution would be to have coaches verify marks for meet entrants. Or, still another possible solution that would also allow everyone a fair chance to be in the big meet might be to have trials the day before or several days before the big meet (as is done for some a few spots for the name athletes and open the remainder of the available spots

**ON THE COVER:** JANE FREDERICK turned to the new pentathlon outdoors for the first time and got off to a great start, running a windy 13.3, throwing the shot 50-2¾ and high jumping 5-9 before a sore foot held her to 18-10 in the long jump. She finished with a 2:24.4 in the 800 for a total score of 4438.

*photo by Bill Leung, Jr.*

Don't get on the mailman — it wasn't his fault this time.

Track and field in California is booming, especially the ladies side of the sport. We hope to continue to cover all areas of track in California so have added in this issue a women's junior college state ranking for the first time. It's a start for this rapidly expanding part of track. But, we are going to need more cooperation from the women coaches. We sent a request for marks to every junior college women's track coach in the state but only had a half dozen reply — come on coaches — we are here to publicize and promote your sport — help us help you.

Rich Ede has agreed to attempt a California high school girls ranking for the next issue. It takes hours and hours of work putting together the various state rankings and we are very grateful to our faithful contributors who do the research and compiling in the rankings. Ron Blackwood took a week of his vacation just to get us the high school ranking for this issue. Keith Conning helped Ron with that one by locking

himself in the library after work and going over tons of newspapers searching for results and marks. Calvin Brown puts out a similar effort with the women, as does Fred Baer with the community college men, and Percy Knox and Peter Mundle with the masters. Thanks MUCH to all of you.



photo by Julie Brown

## BILL LEUNG, JR.

Nicknamed "Leatherlung" by my college coach I guess I've been involved in track and field since high school. Combining my hobby of photography with my interest in track and field I've been fortunate to have my pictures appear in California Track News, Track and Field News, Runner's World, and Women's Track and Field World. Track photography has been a creative outlet for me and through it I've been able to meet the athletes and the people associated with the sport. At times I may work into the wee hours of the morning to meet deadlines for various publications

but I consider it all a labor of love. It makes me feel more involved in the sport and I hope in my way a contribution to track and field.

I'm employed by Dow Chemical as a material technician and currently I'm a senior at the University of Southern California working toward a degree in business with special emphasis in real estate investments. With working full time, going to school and taking pictures, I still find time to compete for the San Diego Track Club and get in my weekly dose of 40-50 miles of running.