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Peninsula Athletic League Championships - 4/28/2022 to 5/7/2022

Posults online of DEFF.

Results online at RTLive.us Woodside High School Results

Event 1 Girls 100 Meter Dash

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	Name	Year	School	Prelims	Wind	H#	
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Pre	liminaries						
1	Daniels, Brooklyn		Jefferson	13.080	NWI	3	
2	Ellis, De'Auri		Menlo-Athert	13.260	NWI	1	
3	Noble Dean, Heart		Westmoor	13.300	NWI	4	
4	Snodgrass, Grace		Hillsdale	13.490	NWI	2	13.4
	Perez, Rochelle		El Camino	13.560	NWI	5	
6	Wachter, Isabella		Carlmont	13.49g	NWI	3	13.48
7	Cho, Pia		Aragon	13.50g	NWI	4	
8	Carrou, Isabelle		Menlo-Athert	13.59g	IWN	5	
9	Anderson, Makena		Hillsdale	13.84	NWI	5	
10	Najac, Taylor		Sequoia	13.88	NWI	1	
11	Redjaian, Sabrina		Menlo-Athert	13.94	NWI	1	
12	Hagemann, Shannon		Terra Nova	13.95	NWI	2	
13	Minor, Rey		Carlmont	13.97	NWI	3	
14	Lim, Katherine		Hillsdale	14.00	NWI	3	
15	Ghajarrahimi, Armita		Aragon	14.05	NWI	1	
16	Eliares, Leila		Terra Nova	14.07	NWI	1	
17	Goodwin, Mira		Sequoia	14.12	NWI	5	14.1
18	Ichiuji, Halle		Aragon	14.12	NWI	2	14.1
19	Fong, Kaitlyn		Carlmont	14.20	NWI	3	
20	Hamzawi, Zaina		Menlo-Athert	14.23	NWI	3	14.22
21	Dehne, Emily		Menlo-Athert	14.23	NWI	2	14.22
22	Fraser, Gabrielle		Woodside	14.27	NWI	4	
23	Nguy, Sarah		Carlmont	14.34	NWI	4	
24	Brown, Mystique		Jefferson	14.36	NWI	2	
25	Paiko, Delia		Carlmont	14.42	NWI	4	
26	Smith, Asha		Sequoia	14.59	NWI	2	
27	Arevalo Fuentes, Angela		South San Fr	14.68	NWI	5	
28	McCarthy, Lauren		Carlmont	14.92	NWI	5	
29	Ozuna, Nicole		Westmoor	14.94	NWI	1	
30	Wong, Shayla		Mills	15.18	NWI	3	
31	Frank, Alexandra		Oceana	18.19	NWI	1	

Event 1 Girls 100 Meter Dash

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Name	Year School	Finals V	Wind
		==========	====
Finals			
1 Daniels, Brooklyn	Jefferson	12.92	0.5
2 Snodgrass, Grace	Hillsdale	12.98	0.5
3 Noble Dean, Heart	Westmoor	13.00	0.5
4 Ellis, De'Auri	Menlo-Athert	13.01	0.5
5 Cho, Pia	Aragon	13.17	0.5
6 Perez, Rochelle	El Camino	13.22	0.5
7 Carrou, Isabelle	Menlo-Athert	13.34	0.5
8 Wachter, Isabella	Carlmont	13.37	0.5

Event 2 Boys 100 Meter Dash

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	Name	Year	School	Prelims	Wind	H#
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Pre	liminaries					
1	Bonney, Jax		Capuchino	11.40Q	NWI	3
2	O'Brien, Corey		Terra Nova	11.68Q	NWI	6
3	Barbie, Johnnie		Menlo-Athert	11.70Q	NWI	2
4	Parodi, Marco		Woodside	11.75Q	NWI	1
5	Uhrich, William		Burlingame	11.77Q	NWI	5
6	Grundmann, davis		Burlingame	11.82Q	NWI	4
7	Moss, Jalen		Menlo-Athert	11.71q	NWI	2
8	Hernandez Ferman, Daniel	L	South San Fr	11.84q	NWI	5
9	Holoyda, Ryan		Carlmont	11.87	NWI	4
10	Vizcarra, Christopher		Terra Nova	11.88	NWI	6
11	Makasini, Leimana		Sequoia	11.88	NWI	1
12	Lam, Samuel		Mills	11.90	NWI	3
13	Sanchez Delope, Sebastia	a	Menlo-Athert	11.95	NWI	5
14	Hickey, Jack		Aragon	11.96	NWI	2
15	Smith, Sherrod		Menlo-Athert	11.99	NWI	1
16	Garcia-Standlee, Noah		Menlo-Athert	12.05	NWI	2
17	Chu, Stanley		San Mateo	12.06	NWI	3

18	Flood, Joseph	Menlo-Athert	12.10	NWI	6	12.094
19	Nordgren, Andrew	Woodside	12.10	NWI	3	12.097
20	Brathwaite, Jayden	Westmoor	12.12	NWI	6	12.111
21	Oliveira, Casey	Carlmont	12.12	NWI	1	12.114
22	Taylor, Tyler	Jefferson	12.15	NWI	1	
23	Phillips, Cooper	Carlmont	12.23	NWI	2	
24	Johnson, Trevor	Carlmont	12.24	NWI	5	
25	Kwok, Ryan	Mills	12.28	NWI	4	12.272
26	Young, Rohin	Burlingame	12.28	NWI	2	12.279
27	Mariano, Giancarlo	Jefferson	12.35	NWI	3	12.343
28	Woodworth, Toby	El Camino	12.35	NWI	6	12.344
29	Lasala, Bronsen	Carlmont	12.39	NWI	4	
30	Hart, Nicholas	Woodside	12.42	NWI	4	
31	Phillips, Drake	Woodside	12.46	NWI	1	
32	Moss, Jayden	Menlo-Athert	12.47	NWI	5	
33	Copus, Jake	San Mateo	12.51	NWI	6	
34	Jung, Samuel	Mills	12.60	NWI	6	
35	Garay Benavides, Esteban	Capuchino	12.61	NWI	3	
36	Yang, Joshua	Carlmont	12.71	NWI	5	
37	Khuu, Brandon	Jefferson	12.79	NWI	4	12.784
38	Jacob, Dylan	Westmoor	12.79	NWI	5	12.786
39	Darve, Julien	Aragon	12.90	NWI	5	
40	Zilla, Franco	Half Moon Ba	12.91	NWI	1	
41	White, Nathaniel	Jefferson	12.96	NWI	2	
42	Dones, Jericho	Jefferson	13.03	NWI	2	
43	Navarette, Christian	Half Moon Ba	13.04	NWI	6	
44	Syme, Coleman	Half Moon Ba	14.05	NWI	1	

Event 2 Boys 100 Meter Dash

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Name	Year	School	Finals	Wind
Finals				
1 Bonney, Jax		Capuchino	11.16	-0.4
2 Moss, Jalen		Menlo-Athert	11.40	-0.4
3 Parodi, Marco		Woodside	11.47	-0.4
4 Uhrich, William		Burlingame	11.56	-0.4
5 O'Brien, Corey		Terra Nova	11.59	-0.4
6 Grundmann, davis		Burlingame	11.72	-0.4
7 Barbie, Johnnie		Menlo-Athert	11.76	-0.4
8 Hernandez Ferman	, Daniel	South San Fr	11.84	-0.4

Event 3 Girls 200 Meter Dash

	Name	School	Prelims		
	 liminaries				
1	Haggarty, Cora	Burlingame	26.57Q	NWI	2
2	Reichow, Avah	Burlingame	26.64Q	NWI	4
3	Daniels, Brooklyn	Jefferson	26.93Q	NWI	5
4	Cho, Pia	Aragon	26.99Q	NWI	3
	Chavez, Sarah	Capuchino	27.03Q	NWI	1
6	Ellis, De'Auri	Menlo-Athert	26.74q	NWI	4
7	Wilmurt, Kira	Hillsdale	27.37q	NWI	1
8	Snodgrass, Grace	Hillsdale	27.43q	NWI	2
9	Draheim, Alyssa	Mills	27.58	NWI	1
	Waring, Tianna	Hillsdale	27.61	NWI	4
11	Carrou, Isabelle	Menlo-Athert	27.78	NWI	3
12	Yee, Katie	Mills	28.15	NWI	5
13	Perez, Rochelle	El Camino	28.18	NWI	5
14	Brown, Mystique	Jefferson	28.39	NWI	2
15	Mora Ramirez, Lia	Hillsdale	28.74	NWI	4
16	Clancy, Aisling	Oceana	28.78	NWI	2
17	Hagemann, Shannon	Terra Nova	28.89	NWI	3
18	Minor, Rey	Carlmont	28.93	NWI	2
19	Lim, Katherine	Hillsdale	29.04	NWI	1
20	Nguy, Sarah	Carlmont	29.09	NWI	4
21	Anderson, Makena	Hillsdale	29.20	NWI	3
22	Redjaian, Sabrina	Menlo-Athert	29.26	NWI	3
23	Gosling, Mia	Woodside	29.48	NWI	4
24	Fong, Kaitlyn	Carlmont	29.62	NWI	1
25	Kaliski, Caitlin	Aragon	29.77	NWI	5
26	Smith, Asha	Sequoia	29.97	NWI	3
27	Dehne, Emily	Menlo-Athert	29.98	NWI	3
28	Fraser, Gabrielle	Woodside	29.99	NWI	2
29	Chu, Crystal	Aragon	30.12	NWI	4
30	McCarthy, Lauren	Carlmont	30.37	NWI	2
	Lee, Kari	San Mateo	30.86		1
32	Lopez, Valeria	Half Moon Ba	33.17	NWI	3
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	Name	Year	School	Finals	Wind
====		=====			====
Fina	als				
1	Haggarty, Cora		Burlingame	26.21	1.0
2	Cho, Pia		Aragon	26.47	1.0
3	Reichow, Avah		Burlingame	26.61	1.0
4	Ellis, De'Auri		Menlo-Athert	26.95	1.0
5	Chavez, Sarah		Capuchino	27.18	1.0
6	Daniels, Brooklyn		Jefferson	27.35	1.0
7	Wilmurt, Kira		Hillsdale	27.51	1.0
8	Snodgrass, Grace		Hillsdale	27.89	1.0

Event 4 Boys 200 Meter Dash

Name 	Year School		7ind	
reliminaries				==
1 Deinla, Jacob	El Camino	22.980	NWI	3
2 Bonney, Jax	Capuchino	23.06Q	NWI	6
3 Pigot, Benjamin	Sequoia	23.130	NWI	5
4 McKeever, Kyle	San Mateo	23.26Q	NWI	2
5 Earby, Jeremiah	Menlo-Athert	23.50Q	NWI	1
6 Holoyda, Ryan	Carlmont	23.91Q	NWI	4
7 Makasini, Leimana	Sequoia	23.40q	NWI	5
8 Uhrich, William	Burlingame	23.52q	NWI	2
9 Jackson, Myles	Menlo-Athert	23.54	NWI	2
10 Moss, Jalen	Menlo-Athert	23.65	NWI	3
11 Hernandez Ferman, Danie	l South San Fr	23.95	NWI	6
12 Grundmann, davis	Burlingame	23.96	NWI	4
13 Lam, Samuel	Mills	23.98	NWI	1
14 Barbie, Johnnie	Menlo-Athert	24.11	NWI	5
15 Vizcarra, Christopher	Terra Nova	24.22	NWI	6
16 Smith, Sherrod	Menlo-Athert	24.24	NWI	5
17 Clark, Oliver	Woodside	24.43	NWI	1
18 Chu, Stanley	San Mateo	24.56	NWI	3
19 Garcia-Standlee, Noah	Menlo-Athert	24.70	NWI	4
20 Taylor, Tyler	Jefferson	24.73	NWI	3
21 Hickey, Jack	Aragon	24.79	NWI	2
22 Johnson, Trevor	Carlmont	24.92	NWI	3
23 Sandin, Alexander	Carlmont	24.93	NWI	5
24 Scott, Brandon	Menlo-Athert	24.97	NWI	1
25 Phillips, Drake	Woodside	24.97	NWI	2
26 Peterson, Aidan	Carlmont	25.00	NWI	5
27 Resnick, Jesse	Sequoia	25.09	NWI	5
28 Brathwaite, Jayden	Westmoor	25.18	NWI	1
29 Riviello, Anthony	Menlo-Athert	25.19	NWI	4
30 Schwarzkopf, Avinash	Aragon	25.21	NWI	4
31 Pacini, Eric	Oceana	25.30	NWI	4
32 Moss, Jayden	Menlo-Athert	25.49	NWI	3
33 Jung, Samuel	Mills	25.56	NWI	2
34 Mariano, Giancarlo	Jefferson	25.57	NWI	3
35 Garay Benavides, Esteba	n Capuchino	25.60	NWI	4
36 Jacob, Dylan	Westmoor	26.37	NWI	1
37 Lai, Noah	Mills	26.39	NWI	2
38 Martinez, Francisco	El Camino	26.43	NWI	3
39 Dones, Jericho	Jefferson	26.90	NWI	5
40 Syme, Coleman	Half Moon Ba	29.12	NWI	6

Event 4 Boys 200 Meter Dash

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	Name	Year	School	Finals	Wind
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Fina	als				
1	Earby, Jeremiah		Menlo-Athert	22.29	1.4
2	Bonney, Jax		Capuchino	22.35	1.4
3	Deinla, Jacob		El Camino	22.64	1.4
4	Pigot, Benjamin		Sequoia	22.71	1.4
5	McKeever, Kyle		San Mateo	22.82	1.4
6	Makasini, Leimana		Sequoia	22.87	1.4
7	Uhrich, William		Burlingame	23.39	1.4
8	Holoyda, Ryan		Carlmont	23.68	1.4

Event 5 Girls 400 Meter Dash

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Name	Year School	Prelims	H#				

Pre	liminaries			
1	Haggarty, Cora	Burlingame	58.93Q	2
2	Reichow, Avah	Burlingame	59.38Q	1
3	Wilmurt, Kira	Hillsdale	1:00.26q	2
4	Chavez, Sarah	Capuchino	1:00.86q	1
5	Draheim, Alyssa	Mills	1:01.07q	2
6	Yee, Katie	Mills	1:03.49q	1
7	Waring, Tianna	Hillsdale	1:04.20q	1
8	Zygarewicz, Sophia	Terra Nova	1:04.49q	1
9	Arjun, Shreya	Aragon	1:05.12	2
10	Clancy, Aisling	Oceana	1:06.22	2
11	Gosling, Mia	Woodside	1:07.42	1
12	Hsieh, Kendall	Hillsdale	1:07.78	2
13	Louie, Danielle	Mills	1:08.87	2
14	Lee, Kari	San Mateo	1:09.69	1
15	Lopez, Valeria	Half Moon Ba	1:14.27	1

Event 5 Girls 400 Meter Dash

	Name	Year	School	Finals
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Fina	als			
1	Haggarty, Cora		Burlingame	58.45
2	Reichow, Avah		Burlingame	59.38
3	Wilmurt, Kira		Hillsdale	59.46
4	Chavez, Sarah		Capuchino	1:00.19
5	Draheim, Alyssa		Mills	1:01.31
6	Waring, Tianna		Hillsdale	1:03.71
7	Zygarewicz, Sophia		Terra Nova	1:04.32

Event 6 Boys 400 Meter Dash

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	Name	 School	Prelims	H#	
Pre	======================================	 ==========			
1	Roberts, Yutaka	El Camino	50.50Q	3	
2	Habash, Jason	Mills	51.310	1	
3	Schwarzkopf, Avinash	Aragon	51.65Q	4	
4	Earby, Jeremiah	Menlo-Athert	52.78Q	2	
5	Pigot, Benjamin	Sequoia	52.11q	4	
6	McKeever, Kyle	San Mateo	52.33q	1	
7	Scott, Brandon	Menlo-Athert	52.39q	4	
8	Jackson, Myles	Menlo-Athert	52.86q	1	
9	Kalos, Connor	Half Moon Ba	53.07	1	
10	Yertzell, Christian	Terra Nova	53.78	4	53.772
11	Deinla, Jacob	El Camino	53.78	3	53.778
12	Dahlberg, Hunter	Carlmont	54.18	2	
13	Clark, Oliver	Woodside	54.44	2	
14	Parness, Luke	Burlingame	54.57	1	
15	Mansfield, Quinn	Carlmont	54.83	3	
16	Pacini, Eric	Oceana	54.89	3	
17	Kwan, Bryan	Aragon	55.09	3	
18	Corpus, John	Sequoia	55.27	4	
19	Resnick, Jesse	Sequoia	55.76	2	55.751
20	Peterson, Aidan	Carlmont	55.76	3	55.756
21	Riviello, Anthony	Menlo-Athert	56.12	4	
22	Tan, Cyrus	Mills	56.41	2	
23	Holquin, Dominic	Capuchino	56.99	2	
24	Orellana, Isaiah	Capuchino	57.13	1	
25	Cedillos, Eric	Westmoor	57.37	2	
26	Ho, Chester	Mills	57.71	4	
27	Liu, Junxian	Jefferson	58.41	3	
	Yu, Wesley	Westmoor	FS	3	

Event 6 Boys 400 Meter Dash

Name	Year School	Finals
Finals		
1 Roberts, Yutaka	El Camino	48.12
2 Earby, Jeremiah	Menlo-Athert	48.75
3 Habash, Jason	Mills	50.55
4 Schwarzkopf, Avinash	Aragon	51.39
5 Yertzell, Christian	Terra Nova	53.23
6 Scott, Brandon	Menlo-Athert	53.40
7 Kalos, Connor	Half Moon Ba	53.87
8 Jackson, Myles	Menlo-Athert	54.62

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	Name	Year	School	Prelims	H#
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	Olesen, Tatum		Menlo-Athert	2:24.80Q	
2	Pflaum, Annie		Menlo-Athert	2:30.17Q	1
3	Lucey, Colleen		Hillsdale	2:28.13q	2
4	Van Voorhis, Chloe		San Mateo	2:28.37q	2
5	Metzler, Naomi		Carlmont	2:31.82q	1
6	Clark, Caitlin		Aragon	2:33.63q	1
7	Bikle, Anna		Half Moon Ba	2:34.35q	2
8	Welander, Katherine		Menlo-Athert	2:34.62q	1
9	Ohashi, Nao		Menlo-Athert	2:37.06q	1
10	Pappas, Anna		Aragon	2:37.92q	1
11	Teng, Natalie		Aragon	2:38.62q	1
12	Torres, Mary		Aragon	2:38.65q	1
13	Heith, Penelope		Carlmont	2:39.87	2
14	Melani, Sofia		Menlo-Athert	2:42.71	2
15	Coleman, Rylie		Burlingame	2:44.24	1
16	Sipes, Danielle		Aragon	2:46.31	2
17	Doyle, Sophia		Sequoia	2:47.18	2
18	Morales, Belinda		Half Moon Ba	2:49.25	2
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Event 7 Girls 800 Meter Run

Name	Year School	Finals
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Finals		
1 Olesen, Tatum	Menlo-Athert	2:21.06
2 Pflaum, Annie	Menlo-Athert	2:21.11
3 Lucey, Colleen	Hillsdale	2:23.13
4 Van Voorhis, Chloe	San Mateo	2:25.39
5 Metzler, Naomi	Carlmont	2:27.70
6 Bikle, Anna	Half Moon Ba	2:28.34
7 Clark, Caitlin	Aragon	2:31.35
8 Welander, Katherine	Menlo-Athert	2:31.76
9 Pappas, Anna	Aragon	2:35.15
10 Teng, Natalie	Aragon	2:35.66
11 Torres, Mary	Aragon	2:36.55
12 Ohashi, Nao	Menlo-Athert	2:37.98

Event 8 Boys 800 Meter Run

	Name	 School	Prelims	"
	 liminaries			
1	Roberts, Yutaka	El Camino	1:57.79Q	1
2	Habash, Jason	Mills	2:01.29Q	2
3	Taylor, Andrew	Hillsdale	2:01.99q	1
4	Rosales-hasek, Romer	Burlingame	2:02.04q	1
5	Voyles, Daniel	Aragon	2:02.34q	2
6	Mercado, Gabriel	Jefferson	2:03.81q	1
7	Scott, Jackson	Sequoia	2:04.79q	2
8	Michelson, Moss	Half Moon Ba	2:04.97q	1
9	Chin, Aaron	Mills	2:05.20q	2
10	Doong, Tian	San Mateo	2:05.32q	2
11	Doherty, Aidan	Menlo-Athert	2:06.81q	1
12	Nightengale, Aiden	Hillsdale	2:08.47q	2
13	Quemuel, Alexander	El Camino	2:08.74	2
14	Pecson, Rowan	Menlo-Athert	2:08.92	1
15	Grush, Aaron	San Mateo	2:09.47	2
16	Lunt, Dallin	Menlo-Athert	2:09.50	2
17	Levine, Ethan	San Mateo	2:10.73	1
18	Thompson, Leo	Aragon	2:11.52	1
19	Ortaleza, Edwin Genesis	Westmoor	2:13.30	1
20	Vasquez, Bryant Cruz	Capuchino	2:13.86	2
21	Steffel, Maxim	Oceana	2:25.60	2
22	Mercado, Joustin	South San Fr	2:30.21	1

Event 8 Boys 800 Meter Run

Year School	Finals
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El Camino	1:57.89
Aragon	2:00.96
Mills	2:01.59
Burlingame	2:01.70
Hillsdale	2:03.09
	El Camino Aragon Mills Burlingame

6	Scott, Jackson	Sequoia	2:03.52
7	Chin, Aaron	Mills	2:04.19
8	Michelson, Moss	Half Moon Ba	2:04.80
9	Doong, Tian	San Mateo	2:06.79
10	Nightengale, Aiden	Hillsdale	2:09.07
11	Quemuel, Alexander	El Camino	2:09.77
12	Mercado, Gabriel	Jefferson	2:22.28

Event 9 Girls 1600 Meter Run

	Name	 School	Prelims	
	 liminaries			
1	Olesen, Tatum	Menlo-Athert	5:10.04Q	1
2	Pflaum, Annie	Menlo-Athert	5:13.35Q	2
3	Marsyla, Elle	Woodside	5:12.46q	1
4	Pilette, Chloe	Menlo-Athert	5:17.23q	2
5	Peacock, Katherine	Carlmont	5:19.27q	1
6	Lucey, Colleen	Hillsdale	5:20.01q	2
7	Rehkopf, Cleo	Menlo-Athert	5:20.99q	1
8	Briggs, Katriona	Menlo-Athert	5:21.85q	2
9	Boyle, Madeleine	Menlo-Athert	5:24.98q	1
10	Scanziani, Lara	Oceana	5:27.18q	2
11	Lorenz, Katherine	Menlo-Athert	5:28.24q	2
12	Brignardello, Myla	Capuchino	5:30.16q	1
13	Clark, Caitlin	Aragon	5:32.90	1
14	Pistilli, Virginia	Woodside	5:34.13	1
15	Melani, Sofia	Menlo-Athert	5:41.05	2
16	Reynolds, Ryanne	Terra Nova	5:42.01	2
17	Pappas, Anna	Aragon	5:42.75	1
18	Torres, Mary	Aragon	5:45.10	1
19	Bikle, Anna	Half Moon Ba	5:46.51	1
20	Teng, Natalie	Aragon	5:50.71	1
21	Heith, Penelope	Carlmont	5:59.98	2
	Sipes, Danielle	Aragon	6:01.69	2
23	Giere, Ava	Burlingame	6:20.72	2

Event 9 Girls 1600 Meter Run

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	Name	Year	School	Finals
====	=======================================	=====	=======================================	=======
Fina	als			
1	Olesen, Tatum		Menlo-Athert	5:04.36
2	Pflaum, Annie		Menlo-Athert	5:05.41
3	Marsyla, Elle		Woodside	5:11.35
4	Pilette, Chloe		Menlo-Athert	5:14.73
5	Briggs, Katriona		Menlo-Athert	5:19.57
6	Peacock, Katherine		Carlmont	5:19.98
7	Boyle, Madeleine		Menlo-Athert	5:20.67
8	Scanziani, Lara		Oceana	5:24.43
9	Lucey, Colleen		Hillsdale	5:28.64
10	Melani, Sofia		Menlo-Athert	5:39.42
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Event 10 Boys 1600 Meter Run

	Name	Year	School	Prelims	H#
				=======	-==
	liminaries				
1	Taylor, Andrew		Hillsdale	4:28.89Q	2
2	Brooks, Ethan		Woodside	4:29.86Q	1
3	Bae, Ethan		Sequoia	4:35.71Q	3
4	Doherty, Aidan		Menlo-Athert	4:31.90q	2
5	Hohendorf, Maximilian		Woodside	4:32.68q	1
6	Lanier, Dylan		Menlo-Athert	4:34.76q	1
7	Brennan, Luc		Sequoia	4:37.68q	2
8	Pecson, Rowan		Menlo-Athert	4:37.86q	3
9	Bae, Jackson		Sequoia	4:37.92q	3
10	Kumar, Lokesh		Mills	4:39.29q	1
11	Thompson, Leo		Aragon	4:40.04q	1
12	Buhr, Hans		Woodside	4:40.29q	2
13	Michelson, Moss		Half Moon Ba	4:41.43	2
14	Voyles, Daniel		Aragon	4:42.55	3
15	Oehlerking, Walter		Capuchino	4:43.19	3
16	Greer, Benny (Benjamin)		Capuchino	4:43.74	3
17	Henige, Rowan		Sequoia	4:46.11	2
18	Sun, Caleb		Oceana	4:47.58	3
19	Nightengale, Aiden		Hillsdale	4:48.49	3
	Palomo, Remy		Mills	4:49.44	3
21	Vidana, Zacharie		Seguoia	4:52.34	2

22	Grush, Aaron	San Mateo	4:52.58	2
23	Altamirano, Jaret	Hillsdale	4:53.34	1
24	Park, Aria	Westmoor	4:54.57	1
25	Van Voorhis, Isaac	Burlingame	4:56.36	1
26	Chong, Michael	Carlmont	4:57.28	2
27	Lunt, Dallin	Menlo-Athert	4:57.91	1
28	Kent, Miles	Carlmont	4:57.92	3
29	Mercado, Gabriel	Jefferson	4:58.64	2
30	Low, Zachary	Aragon	4:58.73	2
31	Levine, Ethan	San Mateo	5:02.04	2
32	Suzuki, Hayato	San Mateo	5:02.72	1
33	Sison, Jonathan	Carlmont	5:03.16	3

Event 10 Boys 1600 Meter Run

	Name	Year	School	Finals
====		=====		=======
Fina	als			
1	Taylor, Andrew		Hillsdale	4:23.78
2	Brooks, Ethan		Woodside	4:27.31
3	Pecson, Rowan		Menlo-Athert	4:27.99
4	Bae, Ethan		Sequoia	4:29.21
5	Doherty, Aidan		Menlo-Athert	4:31.37
6	Hohendorf, Maximilian		Woodside	4:32.59
7	Lanier, Dylan		Menlo-Athert	4:32.60
8	Bae, Jackson		Sequoia	4:33.35
9	Brennan, Luc		Sequoia	4:33.61
10	Michelson, Moss		Half Moon Ba	4:39.94
11	Kumar, Lokesh		Mills	4:41.66
12	Thompson, Leo		Aragon	4:46.77

Event 11 Girls 3200 Meter Run

====				
	Name	Year	School	Finals
====				
1	Rehkopf, Cleo		Menlo-Athert	11:25.14
2	Marsyla, Elle		Woodside	11:29.93
3	Brignardello, Myla		Capuchino	11:45.42
4	Scanziani, Lara		Oceana	11:48.17
5	Briggs, Katriona		Menlo-Athert	11:49.68
6	Pilette, Chloe		Menlo-Athert	11:52.17
7	Pistilli, Virginia		Woodside	11:55.32
8	Boyle, Madeleine		Menlo-Athert	12:04.05
9	Melani, Sofia		Menlo-Athert	12:18.43
10	Pappas, Anna		Aragon	12:33.05
11	Teng, Natalie		Aragon	12:35.99
12	Sipes, Danielle		Aragon	13:25.65
13	Morales, Belinda		Half Moon Ba	13:53.96
14	Pollack, Jianna		Sequoia	13:57.76

Event 12 Boys 3200 Meter Run

	Name	Year	School	Finals
1	Dimick, Aidan		Carlmont	9:22.12
2	Brooks, Ethan		Woodside	9:41.92
3	Lanier, Dylan		Menlo-Athert	9:51.57
4	Hohendorf, Maximilian		Woodside	9:55.51
5	Buhr, Hans		Woodside	10:07.33
6	Kumar, Lokesh		Mills	10:08.68
7	Steiner, Kai		Woodside	10:14.72
8	<pre>Greer, Benny (Benjamin)</pre>		Capuchino	10:24.28
9	Low, Zachary		Aragon	10:28.31
10	Park, Aria		Westmoor	10:31.84
11	Thompson, Leo		Aragon	10:37.67
12	Palomo, Remy		Mills	10:39.91
13	Lee, Calvin		Hillsdale	10:43.10
14	Suzuki, Hayato		San Mateo	10:45.45
15	Van Voorhis, Isaac		Burlingame	10:45.87
16	Chong, Michael		Carlmont	10:47.20
17	Lund, Samuel		Oceana	11:02.59
18	Brennan, Luc		Sequoia	11:15.01
19	Lloyd, Matthew		San Mateo	11:26.64
	Doherty, Aidan		Menlo-Athert	DQ
	Pecson, Rowan		Menlo-Athert	DQ

Event 13 Girls 100 Meter Hurdles

Name Year School Prelims Wind H#

4-6-5-c 4-6-5-c

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Pre	liminaries				
1	Lamprecht, Kamryn	Half Moon Ba	17.22Q	NWI	2
2	Kissane, Ailish	Hillsdale	17.62Q	NWI	3
3	McCann, Mia	Terra Nova	17.64Q	NWI	1
4	Mora Ramirez, Lia	Hillsdale	18.52q	NWI	3
5	Ho, Lariza	Capuchino	18.70q	NWI	3
6	Wood Carracedo, Laura	Aragon	19.39q	NWI	1
7	Takatoku, Shiho	Aragon	19.48q	NWI	2
8	Tidwell, Alice	Sequoia	20.12q	NWI	1
9	Perucho, Nathalie	Westmoor	20.45	NWI	2
10	Arevalo Fuentes, Angela	South San Fr	20.56	NWI	3
11	Zhu, Allison	San Mateo	20.57	NWI	1
12	Benchohra, Zena	Jefferson	20.71	NWI	3
13	Vinluan, Hazel	Westmoor	20.75	NWI	1
14	Nau, Nia	Woodside	21.18	NWI	2
15	Oviedo, Princess Mia	Westmoor	22.38	NWI	2
16	Lin, Erica	Aragon	32.44	NWI	1

Event 13 Girls 100 Meter Hurdles

Name	Year	School	 Finals	Wind
Finals			 	
1 Kissane, Ailish		Hillsdale	16.27	-0.4
2 Lamprecht, Kamry	n	Half Moon Ba	17.29	-0.4
3 McCann, Mia		Terra Nova	17.61	-0.4
4 Ho, Lariza		Capuchino	18.95	-0.4
5 Takatoku, Shiho		Aragon	19.08	-0.4
6 Wood Carracedo,	Laura	Aragon	19.23	-0.4
7 Tidwell, Alice		Sequoia	19.90	-0.4
8 Mora Ramirez, Li	a	Hillsdale	21.54	-0.4

Event 14 Boys 110 Meter Hurdles

Zvene 11 Zeja 11 Neset natureb						
	Name	Year	School	Prelims	Wind	H#
====				=======	=====	===
_	liminaries					
1	Leighton, Zachary		Hillsdale	16.49Q	NWI	3
2	Dodge, Erik		Aragon	16.79Q	NWI	1
3	Piserchio, Jonah		Mills	17.20Q	NWI	2
4	Buddie, Luke		Woodside	16.82q	NWI	1
5	O'Brien, Corey		Terra Nova	17.25q	NWI	3
6	Wacha, Nicholas		Carlmont	17.89q	NWI	2
7	Hart, Nicholas		Woodside	17.91q	NWI	2
8	Tolentino, Josh		Capuchino	17.97	NWI	3
9	Gee, Kevin		Hillsdale	18.45	NWI	1
10	Asral, Goodrich		Terra Nova	18.81	NWI	3
11	Bhat, Aneesh		San Mateo	19.06	NWI	2
12	Sacco, Antonio		Mills	19.14	NWI	3
13	Guiman, Justin		South San Fr	20.06	NWI	2
14	Shew, Colin		Aragon	20.56	NWI	1
15	Reyes, Blas		Aragon	20.58	NWI	1
16	Lagarto, Jeremy		Westmoor	21.00	NWI	2
17	Marquez, Aaron		South San Fr	21.62	NWI	1
18	Gamer, Rafael		Westmoor	21.79	NWI	3

Event 14 Boys 110 Meter Hurdles

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	Name	Year	School	Finals	Wind
===:		=====		======	=====
Fina	als				
1	Leighton, Zachary		Hillsdale	15.96	1.6
2	O'Connell, Brendan		Westmoor	16.30	1.6
3	Buddie, Luke		Woodside	16.37	1.6
4	Dodge, Erik		Aragon	16.50	1.6
5	Hart, Nicholas		Woodside	16.94	1.6
6	Wacha, Nicholas		Carlmont	17.06	1.6
7	O'Brien, Corey		Terra Nova	17.40	1.6
8	Piserchio, Jonah		Mills	19.98	1.6

Event 15 Girls 300 Meter Hurdles

		=========
Name	Year School	Prelims H#
		============
Preliminaries		
1 Lamprecht, Kamryn	Half Moon Ba	48.86Q 1
2 Pflaum, Annie	Menlo-Athert	49.06Q 3
3 Kissane, Ailish	Hillsdale	49.62Q 2

4	Chio, Gwynn	San Mateo	49.81q	2	
5	Zygarewicz, Sophia	Terra Nova	50.00q	1	
6	Sun, Katelyn	Oceana	51.10q	2	
7	Hinkson, Kiana	Carlmont	51.76q	2	
8	Noble Dean, Heart	Westmoor	51.83q	3	
9	Tidwell, Alice	Sequoia	52.56	3	
10	Zolck, Payton	Carlmont	54.37	1	
11	Lin, Erica	Aragon	54.70	1	
12	Hsieh, Kendall	Hillsdale	56.30	3	
13	Reinshagen, Adelaide	Carlmont	56.42	1	
14	Thompson, Leilani	Oceana	56.68	3	
15	Ho, Lariza	Capuchino	57.15	2	
16	Vinluan, Hazel	Westmoor	57.56	2	
17	Arevalo Fuentes, Angela	South San Fr	57.72	2	
18	Benchohra, Zena	Jefferson	57.94	3	
19	Gonzales, Princess	Jefferson	58.49	3	
20	Oviedo, Princess Mia	Westmoor	1:00.59	2	
21	Perucho, Nathalie	Westmoor	1:00.69	1	
	Ohashi, Nao	Menlo-Athert	DQ	1	5-14-2e

Event 15 Girls 300 Meter Hurdles

====				
	Name	Year	School	Finals
====				-=====
Fina	als			
1	Lamprecht, Kamryn		Half Moon Ba	47.52
2	Kissane, Ailish		Hillsdale	48.27
3	Zygarewicz, Sophia		Terra Nova	49.49
4	Pflaum, Annie		Menlo-Athert	50.09
5	Chio, Gwynn		San Mateo	51.08
6	Hinkson, Kiana		Carlmont	51.57
7	Noble Dean, Heart		Westmoor	52.73
8	Sun, Katelyn		Oceana	56.06

Event 16 Boys 300 Meter Hurdles

	Name	Year	School	Prelims	H#
Pre	 liminaries				
1	Leighton, Zachary		Hillsdale	41.860	1
	Javier, Lucas		Capuchino	43.34Q	2
3	Gee, Kevin		Hillsdale	45.00Q	3
4	Kinder, Zachary		Carlmont	43.61q	2
5	Bhat, Aneesh		San Mateo	43.72q	2
6	Piserchio, Jonah		Mills	45.19q	1
7	Songco, Anthony		South San Fr	46.34q	2
8	Dodge, Erik		Aragon	46.64	2
9	Coronel, Ivan		Carlmont	46.82	1
10	Sacco, Antonio		Mills	47.08	3
11	Wacha, Nicholas		Carlmont	47.10	3
12	Guiman, Justin		South San Fr	47.95	2
13	Chin, Aaron		Mills	48.83	1
14	Shew, Colin		Aragon	48.95	1
15	Reyes, Blas		Aragon	49.54	3
16	Chen, Arden		Terra Nova	50.07	2
17	Gamer, Rafael		Westmoor	50.16	3
18	Lagarto, Jeremy		Westmoor	50.84	1

Event 16 Boys 300 Meter Hurdles

Name	Year School	Finals
Finals		
1 Leighton, Zachary	Hillsdale	40.92
2 Javier, Lucas	Capuchino	42.87
3 Kinder, Zachary	Carlmont	43.45
4 Bhat, Aneesh	San Mateo	43.56
5 Gee, Kevin	Hillsdale	43.71
6 Songco, Anthony	South San Fr	44.84
7 Piserchio, Jonah	Mills	44.86

Event 17 Girls 4x100 Meter Relay

	School	Finals
2 3	Hillsdale Menlo-Atherton Sequoia Carlmont	51.70 51.89 52.26 52.57

	Capuchino		52.67	
	Aragon		53.10	
7	Terra Nova		53.66	
Ever	nt 18 Boys 4x100 Meter Ro	elay		
====		-		-==
	School		Finals	H#
	Menlo-Atherton		43.76	2
2	Capuchino		43.91	2
	Burlingame		44.85	2
	Aragon Westmoor		45.41 45.47	1 2
_	Terra Nova		45.47	2
_	El Camino		46.06	1
8	Jefferson		46.42	1
_	Mills		46.92	2
-	San Mateo		46.99	2
	South San Francisco Half Moon Bay		47.50 DNF	1 1
	nair noon bay		DIVI	-
	nt 19 Girls 4x400 Meter	4		
====	cahaal	===========		
====	School	=======================================	Finals	
	Hillsdale		4:15.31	
	Menlo-Atherton		4:19.98	
_	Carlmont		4:20.81	
_	Westmoor Mills		4:32.55 4:44.45	
5	MIIIS		4:44.45	
Ever	nt 20 Boys 4x400 Meter Re	elay		
====				
	School		Finals	
	Menlo-Atherton		3:31.64	
	San Mateo		3:33.43	
3	Mills		3:34.84	
	Sequoia		3:36.63	
	Aragon		3:36.77	
_	Westmoor Jefferson		3:36.90 3:55.34	
-	South San Francisco			
			4:05.36	
	200011 2011 1101101200		4:05.36	
	nt 21 Girls High Jump			
	nt 21 Girls High Jump			
====	nt 21 Girls High Jump	Year School	 Finals	
====	nt 21 Girls High Jump Name Chio, Gwynn	Year School ====== San Mateo	 Finals	
==== 1 2	nt 21 Girls High Jump Name Chio, Gwynn Cacianti, Sophia	Year School ========== San Mateo Capuchino	Finals 5-00.00 J4-10.00	
==== 1 2 3	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa	Year School ============= San Mateo Capuchino Mills	Finals 5-00.00 J4-10.00 J4-10.00	
==== 1 2 3 4	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn	Year School ===================================	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00	
===== 1 2 3 4 5	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla	Year School ============= San Mateo Capuchino Mills	Finals 5-00.00 J4-10.00 J4-10.00	
===== 1 2 3 4 5 6 7	nt 21 Girls High Jump Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor	Year School San Mateo Capuchino Mills Carlmont Sequoia	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-10.00 J4-0.00	
===== 1 2 3 4 5 6 7	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-08.00 J4-06.00 J4-06.00	
===== 1 2 3 4 5 6 7 7	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00	
===== 1 2 3 4 5 6 7 7 9 9	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00	
===== 1 2 3 4 5 6 7 7 9 9	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00	
===== 1 2 3 4 5 6 7 7 9 9 11 12	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00	
===== 1 2 3 4 5 6 7 7 9 9 11 12 13 14	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily Hughes, Lily Moorhead, Brooke Sheynin, Jay	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert Sequoia Woodside Sequoia	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00	
===== 1 2 3 4 5 6 7 7 9 9 11 12 13 14 15	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily Hughes, Lily Moorhead, Brooke Sheynin, Jay Nii, Sydney	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert Sequoia Woodside Sequoia Carlmont	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00	
===== 1 2 3 4 5 6 7 7 9 9 11 12 13 14 15	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily Hughes, Lily Moorhead, Brooke Sheynin, Jay	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert Sequoia Woodside Sequoia	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00	
===== 1 2 3 4 5 6 7 7 9 9 11 12 13 14 15	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily Hughes, Lily Moorhead, Brooke Sheynin, Jay Nii, Sydney	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert Sequoia Woodside Sequoia Carlmont	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00	
===== 1 2 3 4 5 6 7 7 9 9 11 12 13 14 15 	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily Hughes, Lily Moorhead, Brooke Sheynin, Jay Nii, Sydney Hunt, Mia ht 22 Boys High Jump	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert Sequoia Woodside Sequoia Carlmont Sequoia	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 A-02.00 NH	
===== 1 2 3 4 5 6 7 7 9 11 12 13 14 15 	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily Hughes, Lily Moorhead, Brooke Sheynin, Jay Nii, Sydney Hunt, Mia nt 22 Boys High Jump	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert Sequoia Woodside Sequoia Carlmont Sequoia	Finals 5-00.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 Finals	
===== 1 2 3 4 5 6 7 7 9 9 11 12 13 14 15 	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily Hughes, Lily Moorhead, Brooke Sheynin, Jay Nii, Sydney Hunt, Mia nt 22 Boys High Jump	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert Sequoia Woodside Sequoia Carlmont Sequoia	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 Finals	
===== 1 2 3 4 5 6 7 7 9 11 12 13 14 15 Ever =====	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily Hughes, Lily Moorhead, Brooke Sheynin, Jay Nii, Sydney Hunt, Mia nt 22 Boys High Jump	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert Sequoia Woodside Sequoia Carlmont Sequoia	Finals 5-00.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 Finals	
===== 1 2 3 4 5 6 7 7 9 9 11 12 13 14 15 Ever =====	Name Chio, Gwynn Cacianti, Sophia Draheim, Alyssa Fong, Kaitlyn Gee, Mikayla Kissane, Ailish Najac, Taylor Huynh, Elaine Kusumoto, Sara Hornsby, Addison Dehne, Emily Hughes, Lily Moorhead, Brooke Sheynin, Jay Nii, Sydney Hunt, Mia ht 22 Boys High Jump Name Buddie, Luke	Year School San Mateo Capuchino Mills Carlmont Sequoia Hillsdale Sequoia Aragon Hillsdale El Camino Menlo-Athert Sequoia Woodside Sequoia Carlmont Sequoia Carlmont Sequoia Woodside	Finals 5-00.00 J4-10.00 J4-10.00 J4-10.00 J4-08.00 J4-06.00 J4-06.00 J4-06.00 J4-06.00 J4-04.00 J4-04.00 J4-04.00 J4-04.00 H-04.00 NH	
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11 Price, Johnovan	Menlo-Athert	J5-04.00
12 Coronel, Ivan	Carlmont	J5-04.00
13 Yamagishi, Jacob	Burlingame	J5-04.00
14 Abellan, Angelo	South San Fr	J5-02.00
15 Guiman, Justin	South San Fr	J5-02.00
16 Brathwaite, Jayden	Westmoor	J5-02.00
17 Ortega, Alfonso	Mills	J5-02.00
18 Thompson, Nathan	El Camino	5-00.00
Volynsky-Krug, Samson	Half Moon Ba	NH

Event 23 Girls Pole Vault

	Name	Year	School	Finals
1	Goetz, Abigail		Seguoia	9-04.00
2	Tai, Courtney		Aragon	8-10.00
3	Hunt, Mia		Sequoia	8-04.00
4	Leung, Annalese		Mills	J7-10.00
5	Lin, Erica		Aragon	J7-10.00
5	Cary-Clark, Rowan		Aragon	J7-10.00
7	Sheynin, Jay		Sequoia	J7-04.00
7	Warren, Allison		San Mateo	J7-04.00
9	Goodwin, Mira		Sequoia	6-10.00
10	Kaul, Anisha		San Mateo	J6-04.00
10	Ozuna, Nicole		Westmoor	J6-04.00
10	Lin, Phoebe		Aragon	J6-04.00
13	Wong, Shayla		Mills	5-06.00

Event 24 Boys Pole Vault

	Name	Year	School	Finals	
L	Dodge, Erik		Aragon	13-06.00	
2	Nunnemaker, Jarod		Aragon	12-00.00	
3	Parmer Lohan, Greg		Sequoia	11-00.00	
4	Wolfgram, Joshua		San Mateo	J10-00.00	
4	Ho, Nathan		Westmoor	J10-00.00	
4	Lagarto, Jeremy		Westmoor	J10-00.00	4 Q
7	Xie, Jack		Mills	J8-06.00	
7	Benner, Dean		Woodside	J8-06.00	
7	Mangubat, Prince Mishael	L	Westmoor	J8-06.00	
7	Butler, Philip		Mills	J8-06.00	
1	Carlos, Jeovanny		Sequoia	J8-06.00	
2	Ortaleza, Edwin Genesis		Westmoor	J8-06.00	
_	Eremeev, Vladimir		San Mateo	NH	
_	Quan, Calvin		Woodside	NH	
_	Butler, Tim		Mills	NH	

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Event 25 Girls Long Jump

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	Name	Year	School	Finals	Wind		
====		=====			=====		
1	Cho, Pia		Aragon	16-11.75	NWI		
2	Waring, Tianna		Hillsdale	15-07.50	NWI		
3	Noble Dean, Heart		Westmoor	J15-03.00	NWI		
4	Ichiuji, Halle		Aragon	J15-03.00	NWI		
5	Metzler, Naomi		Carlmont	15-02.00	NWI		
6	Fong, Kaitlyn		Carlmont	J15-00.50	NWI		
7	Perez, Rochelle		El Camino	J15-00.50	NWI		
8	Holzman, Kylie		Burlingame	14-10.75	NWI		
9	Bender, Hanna		Sequoia	14-09.00	NWI		
10	Pautin, Isabella		Capuchino	14-08.00	NWI		
11	Hornsby, Addison		El Camino	14-07.25	NWI		
12	Shetty, Samantha		Carlmont	14-03.25	NWI		
13	Vinluan, Hazel		Westmoor	14-02.50	NWI		
14	Nau, Nia		Woodside	14-00.50	NWI		
15	Louie, Danielle		Mills	13-07.00	NWI		
16	Coleman, Rylie		Burlingame	13-01.50	NWI		
17	Pitchkhadze, Anfisa		San Mateo	12-08.50	NWI		
18	Moorhead, Brooke		Woodside	12-06.75	NWI		
	Thompson, Ione		Mills	FOUL			

Event 26 Boys Long Jump

Name	Y	ear	School	Finals	Wind
1 Barbie, 2 Buddie, 3 Sandin,			Menlo-Athert Woodside Carlmont	21-00.50 20-10.75 20-10.00	NWI NWI NWI

4	Smith, Sherrod	Menlo-Athert	20-08.50	NWI
5	Robenalt, Carson	Burlingame	20-08.25	NWI
6	Nishimoto, Isaac	Capuchino	20-06.25	NWI
7	Berania, Jonathan	Westmoor	20-01.75	NWI
8	Kwan, Bryan	Aragon	19-11.50	NWI
9	Xie, Jack	Mills	19-10.00	NWI
10	Yamagishi, Jacob	Burlingame	19-07.25	NWI
11	Holoyda, Ryan	Carlmont	19-07.00	NWI
12	Haba, Abe	Burlingame	19-03.00	NWI
13	Young, Jericho	Westmoor	18-10.50	NWI
14	Woodworth, Toby	El Camino	18-08.50	NWI
15	Thompson, Nathan	El Camino	18-07.75	NWI
16	Rivera, Shaun	Westmoor	18-06.00	NWI
17	Duran, Ben	Sequoia	18-01.00	NWI
Eve	nt 27 Girls Triple Jump			

	Name	Year	School	Finals	Wind
1	Metzler, Naomi	=====		34-02.00	==== NWI
2	Ichiuji, Halle		Aragon	34-00.00	NWI
3	Holzman, Kylie		Burlingame	32-04.50	NWI
4	Nau, Nia		Woodside	31-09.50	NWI
5	Bender, Hanna		Sequoia	31-06.00	NWI
6	Pautin, Isabella		Capuchino	31-04.00	NWI
7	Hornsby, Addison		El Camino	30-03.00	NWI
8	Masarova, Natalie		Hillsdale	29-08.50	NWI
9	Chen, Melanie		Westmoor	29-06.50	NWI
10	Hao, Amanda		Aragon	28-06.00	NWI
11	Kusumoto, Sara		Hillsdale	28-02.00	NWI
12	Zhu, Allison		San Mateo	27-05.00	NWI
13	Leung, Annalese		Mills	27-04.50	NWI
14	Sapkota, Aayushma		Mills	25-06.00	NWI
15	Wong, Jamie		Mills	25-04.00	NWI

Event 28 Boys Triple Jump

====	Name	Voar	School	Finals	==== Wind
	Name			========	=====
1	Nishimoto, Isaac		Capuchino	42-07.00	NWI
2	Berania, Jonathan		Westmoor	42-00.75	NWI
3	Oliveira, Casey		Carlmont	41-07.50	NWI
4	Robenalt, Carson		Burlingame	40-03.00	NWI
5	Young, Jericho		Westmoor	40-01.75	NWI
6	Wacha, Nicholas		Carlmont	39-03.50	NWI
7	Yamagishi, Jacob		Burlingame	39-00.25	NWI
8	Woodworth, Toby		El Camino	38-11.50	NWI
9	Leung, Anthony		Burlingame	38-09.75	NWI
10	Duran, Ben		Sequoia	38-05.00	NWI
11	Xie, Jack		Mills	38-03.25	NWI
12	Nunnemaker, Jarod		Aragon	37-03.00	NWI
13	Songco, Anthony		South San Fr	35-03.25	NWI
14	Yu, Wesley		Westmoor	34-08.75	NWI
	Ortega, Alfonso		Mills	FOUL	

Event 29 Girls Shot Put

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		Name	Year	School	Finals
_	2 3 4 5 6 7 8	Haungatau, Emma McCann, Shayla Thompson, Ione Byrne, Sophie Taufahema, Ane Iosia, Fiatagata Holzman, Kylie Wong, Serene Christman, Isabella		Capuchino Terra Nova Mills Terra Nova Aragon Aragon Burlingame South San Fr	31-09.75 28-06.00 28-01.75 28-01.00 28-00.75 26-11.50 25-08.50 24-09.50 21-08.75
		Samayoa, Maya		South San Fr	20-09.75

Event 30 Boys Shot Put

	Name	Year	School	Finals
2 3 4	La Grill, Richard Gillen, Jack Tan, Matthew Zheng, Albert Ward, Frank		Carlmont Terra Nova Mills Aragon Terra Nova	43-05.50 40-07.50 38-11.75 38-05.50 J38-04.75

6	Green, Charles	Jefferson	J38-04.75		
7	Walter, Lloyd	Aragon	37-11.00		
8	Robenalt, Carson	Burlingame	36-06.25		
9	Uniacke, Conor	El Camino	35-07.75		
10	Juan, Dana	Capuchino	34-05.50		
11	Haba, Abe	Burlingame	33-09.25		
12	Tessier, Vincent	San Mateo	33-06.75		
13	Tang, Tino	Westmoor	32-07.75		
14	Mandojano, Nico	Half Moon Ba	31-07.50		
15	Tiomico, Aiser	Westmoor	30-08.75		
Event 31 Girls Discus Throw					

	Name	Year School	Finals
2 3 4 5 6 7 8	Haungatau, Emma Thompson, Ione Spencer, Stephanie Taufahema, Ane Wong, Serene Holzman, Kylie Hao, Amanda Iosia, Fiatagata Byrne, Sophie	Capuchino Mills Half Moon Ba Aragon South San Fr Burlingame Aragon Aragon Terra Nova	93-07 90-00 89-10 89-00 88-00 82-03 71-05 67-10 63-04
	Christman, Isabella	Sequoia	54-06

Event 32 Boys Discus Throw

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	Name	Year	School	Finals		
1	Gillen, Jack	=====		====== 128-01		
	Ward, Frank		Terra Nova	128-00		
3	Walter, Lloyd		Aragon	125-02		
4	Uniacke, Conor		El Camino	124-07		
5	Green, Charles		Jefferson	123-07		
6	Bean, Brandon		Capuchino	120-09		
7	La Grill, Richard		Carlmont	114-11		
8	Barton, Cody		Aragon	108-10		
9	Sipor, Arthur		Menlo-Athert	107-10		
10	Moffitt, Paul		Sequoia	107-01		
11	Wilder-smith, William		Terra Nova	102-09		
12	Tan, Matthew		Mills	100-05		
13	Zheng, Albert		Aragon	99-05		
14	Tessier, Vincent		San Mateo	97-11		
15	Gomez-Henry, Samuel		Terra Nova	97-06		
16	Lee, Max		Woodside	90-05		
17	Volynsky-Krug, Bo		Half Moon Ba	78-06		
18	Jamjoum, Hamza		South San Fr	78-03		

Women - Team Rankings - 16 Events Scored

1)	Menlo-Atherton	81	2)	Hillsdale	68
3)	Aragon	54	4)	Capuchino	47
5)	Burlingame	41	6)	Carlmont	32
7)	Mills	28	8)	Sequoia	26
9)	Half Moon Bay	25	10)	Terra Nova	24
11)	Woodside	18	12)	San Mateo	16
12)	Westmoor	16	14)	Jefferson	11
15)	Oceana	5	16)	South San Francisco	2
17)	Fl Camino	1			

Men - Team Rankings - 16 Events Scored

1)	Menlo-Atherton	81	2)	Woodside	55
3)	Aragon	50	4)	Capuchino	46.50
5)	Carlmont	40.50	6)	Hillsdale	34
7)	Terra Nova	33	8)	Burlingame	31
9)	El Camino	30	10)	Westmoor	25.66
11)	Mills	25	12)	San Mateo	20.33
13)	Sequoia	20	14)	Jefferson	3
15)	South San Francisco	1			