

Postseason SCVAL Track Meeting

Tues., May 24 5:30pm SCHS

1) Introductions

2) League Reps. – Change?

3) League Championships

	De Anza League	El Camino League
VB	Los Altos	Mt. View
VG	Gunn	Mt. View
F/S	Palo Alto	Monta Vista
JVG	Gunn	Monta Vista

Certificates – digital copies

4) League Finals Evaluations

Host Schools - Los Gatos, Saratoga/Santa Clara

5) Past and Future League Meets

League Meet	Host School	Host School
	DeAnza	El Camino
Past		
Year	DAL	ECL
2007	Los Gatos	Saratoga
2008	Monta Vista	Santa Clara
2009	Milpitas, 2000	Homestead/SC, 2002
2010	Palo Alto	Saratoga/SC
2011	Gunn	Santa Clara
2012	Los Altos	Fremont
2013	Lynbrook	Cupertino
2014	Gunn	Wilcox
2015	Mt. View/Lyn., 2005	Monta Vista, 2008
2016	Los Gatos	Saratoga/Santa Clara
Future		
2017	Milpitas	Santa Clara
2018	Homestead	Fremont
2019	Palo Alto	Cupertino
2020	Los Altos	Wilcox
2021	Lynbrook	Mt. View
2022	Gunn	Monta Vista

6) Start Time for League Meets – next year

A) Time Schedule (item 2 – Curtis's email)

B) Scratch Meeting / Article V, Section 11 (item 3 – Curtis's email)

C) AP Testing

Mon. – Psychology

Tues. – Art History, Physics 1

Wed. – Japanese, Physics 2

Thurs. – Chinese

D) JOB DUTIES FOR DIVISION/SCVAL – SPECIALIZING IN ^{AN} EVENT

2016 - 2017 TRACK AND FIELD SANTA CLARA VALLEY ATHLETIC LEAGUE DE ANZA DIVISION

Preliminary

TEAMS: Gunn, Homestead, Los Altos, Los Gatos, Lynbrook, Milpitas, and Palo Alto.

Thursday, March 9

Bye - MILPITAS
LOS ALTOS @ PALO ALTO
GUNN @ HOMESTEAD
LOS GATOS @ LYNBROOK

Thursday, March 16

Bye - LOS GATOS
LOS ALTOS @ GUNN
PALO ALTO @ LYNBROOK
HOMESTEAD @ MILPITAS

Thursday, March 23

Bye - LYNBROOK
PALO ALTO @ HOMESTEAD
LOS GATOS @ GUNN
LOS ALTOS @ MILPITAS

Thursday, March 30

Bye - HOMESTEAD
MILPITAS @ PALO ALTO
LYNBROOK @ GUNN
LOS GATOS @ LOS ALTOS

Thursday, April 6

SPRING BREAK
HOMESTEAD @ LOS ALTOS
MILPITAS @ LYNBROOK

Thursday, April 13

SPRING BREAK
Bye - GUNN
PALO ALTO @ LOS GATOS

Thursday, April 20

Bye - PALO ALTO
HOMESTEAD @ LOS GATOS
GUNN @ MILPITAS
LYNBROOK @ LOS ALTOS

Thursday, April 27

Bye - LOS ALTOS
GUNN @ PALO ALTO
LYNBROOK @ HOMESTEAD
MILPITAS @ LOS GATOS

Tuesday, May 2

De Anza League Trials

Thursday, May 4

De Anza League Finals

Friday, May 12

SCVAL Championship Meet

Saturday, May 20

CCS Semifinal

Friday, May 26

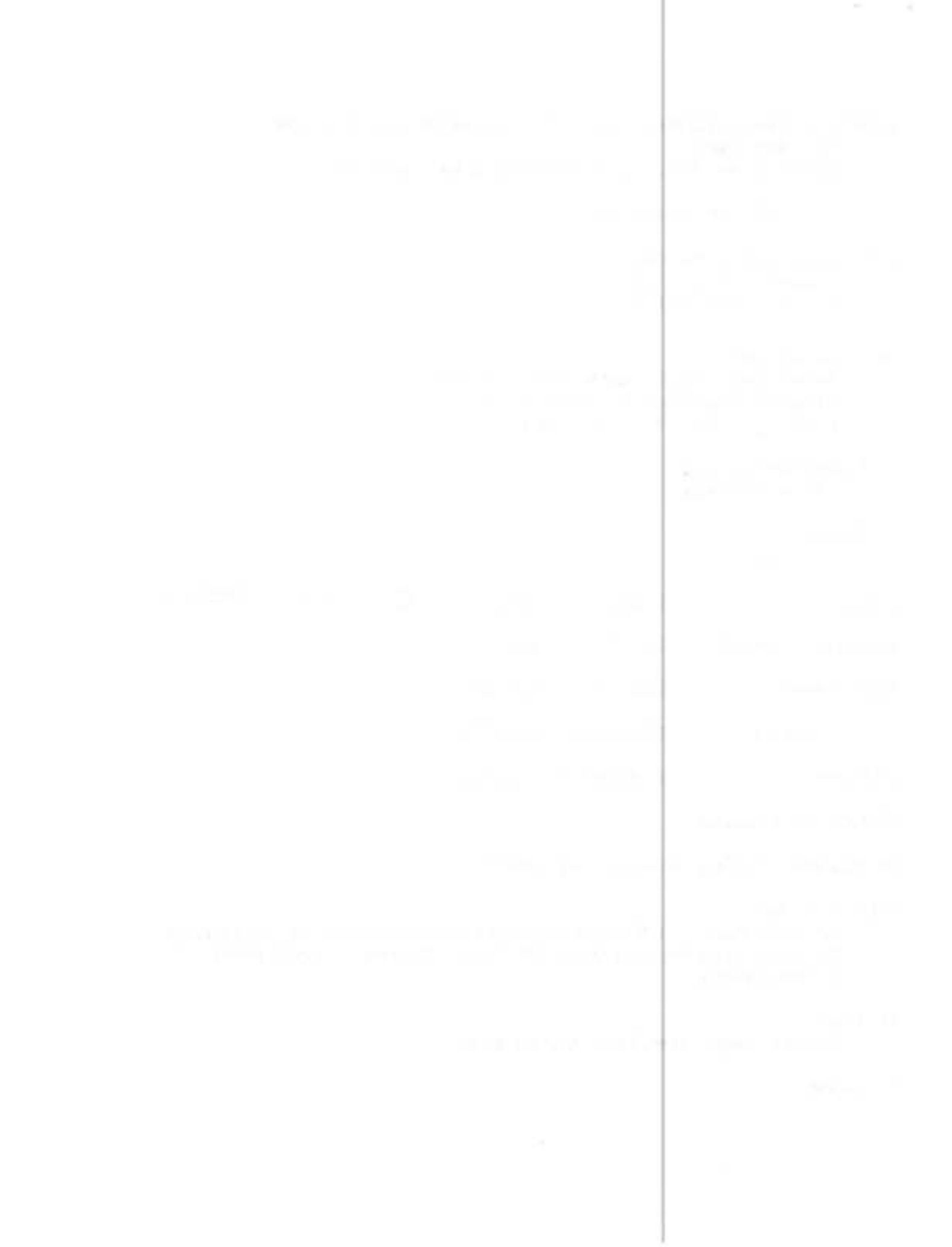
CCS Finals

Friday, June 2 and

Saturday, June 3
CIF State Finals

**ALL MEETS SCHEDULED ON SPRING BREAK MUST BE CHANGED, TO A MUTUALLY AGREEABLE DATE,
IF REQUESTED BY THE SCHOOL ON SPRING BREAK**

Meet Limit	15	No team or athlete may compete in more than 15 meets
Pre League Meeting	January	17 4:00 PM @ Santa Clara H.S.
Start Practice	January	30
First Scrimmage Allowed	February	13
First Contest Allowed	February	20
Last SCVAL Event Allowed	May	13
C.C.S Entries Due	May	16
First C.C.S Event	May	20
Post League Meeting	May	23 5:30 PM @ TBD
Last C.C.S Event	May	26
CIF State Finals	Friday and Saturday	June 2 & 3
Meet Day	Thursdays	
Starting Times:	3:15PM	
Chairpersons:	Ernesto Salinas-DA / Julie L'Heureux-EC	
A.D. Liaisons:	Curtis Liang (Gunn)	
SAN JOSE MERCURY NEWS	(408) 920-5354	FAX (408) 920-5244
C.C.S.	(408) 224-2994	FAX (408) 224-0476
Peninsula Sports (Officials)	(877) 375-3301	FAX (831) 375-4029
SCVAL Web site:	www.scval.com	



ECL 2016

	VB dual place	pts.	league place	pts.	total l+n	place	Realign. pts.
Cupertino	2	6	4	4	10	2T	5.5
Fremont	6	2	7	1	3	7	1
Monta Vista	7	1	5	3	4	6	2
Mt. View	1	7	1	7	14	1	7
Santa Clara	3	5	6	2	7	5	3
Saratoga	5	3	3	5	8	4	4
Wilcox	4	4	2	6	10	2T	5.5
	VG						
Cupertino	4T	3.5	4	4	7.5	4	4
Fremont	1T	6	2	6	12	2	6
Monta Vista	6T	1.5	5	3	4.5	5T	2.5
Mt. View	1T	6	1	7	13	1	7
Santa Clara	1T	6	3	5	11	3	5
Saratoga	6T	1.5	6	2	3.5	7	1
Wilcox	4T	3.5	7	1	4.5	5T	2.5
	F/S Boys						
Cupertino	2	6	2	6	12	2	6
Fremont	6	2	5	3	5	5T	2
Monta Vista	1	7	1	7	14	1	7
Mt. View	4T	3.5	6T	1.5	5	5T	2
Santa Clara	7	1	3	5	6	4	4
Saratoga	4T	3.5	6T	1.5	5	5T	2
Wilcox	3	5	4	4	9	3	5
	JVG						
Cupertino	7	1	7	1	2	7	1
Fremont	4T	3.5	4	4	7.5	5	3
Monta Vista	1	7	1	7	14	1	7
Mt. View	2T	5.5	5	3	8.5	3T	4.5
Santa Clara	2T	5.5	2	6	11.5	2	6
Saratoga	4T	3.5	3	5	8.5	3T	4.5
Wilcox	6	2	6	2	4	6	2
Realignment	VB realign. pts.	VG realign. pts.	FSB realign. pts.	JVG realign. pts.	Total sum 2015	2014	Total
Mt. View	7	7	2	4.5	20.5		
Monta Vista	2	2.5	7	7	18.5		
Santa Clara	3	5	4	6	18		
Cupertino	5.5	4	6	1	16.5		
Wilcox	5.5	2.5	5	2	15		
Fremont	1	6	2	3	12		
Saratoga	4	1	2	4.5	11.5		

DAL 2016

VB

Realign.

	dual place	pts.	league place	pts.	total l+n	place	pts.
Gunn	5T	2.5	6	2	4.5	6	2
Homestead	7	1	7	1	2	7	1
Los Altos	1T	6.5	1	7	13.5	1	7
Los Gatos	1T	6.5	2	6	12.5	2	6
Lynbrook	4	4	4	4	8	4	4
Milpitas	5T	2.5	5	3	5.5	5	3
Palo Alto	3	5	3	5	10	3	5
	VG						
Gunn	1	7	1	7	14	1	7
Homestead	6T	1.5	4	4	5.5	5	3
Los Altos	3T	4.5	3	5	9.5	3	5
Los Gatos	2	6	2	6	12	2	6
Lynbrook	3T	4.5	6	2	6.5	4	4
Milpitas	6T	1.5	5	3	4.5	6	2
Palo Alto	5	3	7	1	4	7	1
	F/S Boys						
Gunn	1	7	3	5	12	2	6
Homestead	5	3	4	4	7	4.5	3.5
Los Altos	5	3	2	6	9	3	5
Los Gatos	7	1	6	2	3	7	1
Lynbrook	2T	5.5	7	1	6.5	6	2
Milpitas	4	4	5	3	7	4.5	3.5
Palo Alto	2T	5.5	1	7	12.5	1	7
	JVG						
Gunn	1	7	1	7	14	1	7
Homestead	6	2	5	3	5	6	2
Los Altos	5	3	4	4	7	4	4
Los Gatos	7	1	7	1	2	7	1
Lynbrook	4	4	6	2	6	5	3
Milpitas	2	6	2	6	12	2	6
Palo Alto	3	5	3	5	10	3	5
Realignment	VB realign. pts.	VG realign. pts.	FSB realign. pts.	JVG realign. pts.	Total sum 2016	2017	Total
Gunn	2	7	6	7	22		
Los Altos	7	5	5	4	21		
Palo Alto	5	1	7	5	18		
Milpitas	3	2	3.5	6	14.5		
Los Gatos	6	6	1	1	14		
Lynbrook	4	4	2	3	13		
Homestead	1	3	3.5	2	9.5		

Curtis Liang's Email

1. Dual Meet Start Time. Our bylaws state that our meet start time is 3:00 PM, and can be changed according to a mutual decision by both coaches. I had a lot of issues actually getting email responses from coaches, and they just had an assumed start time which I was never told. It made my life and my athletes' lives difficult for scheduling buses and which classes to miss, since it meant the difference of waiting until the end of a class or pulling athletes out the middle of class. There were also disparities in the start time of field events and track events, which was unclear to me. In one meet, they started the field events earlier than the track events, which gave my team less time to warm up. In another meet, they started one field event early for a single athlete, which leads to an unfair advantage in competition.

2. DAL Time Schedule. I thought we agreed last year that we would start all events later because of how much more efficient our meets have been running. In the past, it was possible for DAL/EC Finals to run until 7:00-7:30 PM even if we started the meet at 2:30, but in the past several years we have been ahead of schedule and the starter has been delaying in between events. The only reason we were behind schedule at all for DAL Finals is because of the shot put situation. DAL (and EC) Finals should take less time than the average dual meet because there is only one heat of each event, even with the added 3200. I want to propose a later start time of 3:30, which allows greater flexibility for the well known AP testing conflict. Additionally, I think it would be beneficial to compress the time schedule by five minutes for each event, but keeping the 3200 the same.

I'm also unsure as to why there is such a huge difference in the start time between field and track events and why there is so much time in between the each flight of field events. The time difference adds an extra layer of complexity for transportation. On Tuesday, each field event took no longer than an hour, yet there was a two and a half hour gap in between events. An additional issue is that the field events started at the exact same time as the scratch meeting. Field events should start at the same time track events start, at the very least, no sooner than half an hour earlier.

3. Scratch Meeting at DAL/EC. I want an actual ruling as opposed to the vague way this is expressed in our bylaws. From working at the finish line at the DAL meet, it seems to me that there is no point to our scratch meeting at all. I thought it was assumed that the coaches would have no problem scratching in a slower athlete, but we used "reseeding efficiency" as the excuse for why I

couldn't get my athletes in. The only other argument I heard was voiced from Lynbrook was that slower athletes shouldn't be running in league finals -- the actual quote being "why do your slow athletes want to run anyways?" There is no advantage in having empty lanes in a meet. I want to give as many chances for my athletes to participate, regardless of their chances of making it to the next meet; they deserve the right to compete. The counterargument that I have several weeks to sort out my lineup is unfair due to the fact our last meet is about 24 hours when our entries are due. It may be easy for smaller teams to fill in the three slots because you only have three or four options for each event, but larger teams can literally have a dozen options for some events. It is really, really difficult to go down the line to find out if each person is scratching. Additionally, unforeseen circumstances really do just come up; we had an athlete who's parent did not let him run for DAL finals because of his grades were not up to "Gunn standards" and did not find out until the day before the meet. My proposed solution is to allow slower scratches in based off an athletic.net reference of their PRs. I realize this encourages people to enter their fastest persons in each event, but it's what teams are doing anyways. If there is no change, we are conducting a pointless scratch meeting.

4. Throws Judges at DAL/EC/SCVAL. Based on the incident at the varsity boys shot put at the DAL Finals, we should hire someone, an actual official, to take charge of the throws. It's obvious that these implements are dangerous when the person in charge is not an experienced throws official. Alternatively, one school dedicates themselves to that event, and it stays school's responsibility year after year. The person in charge should be a coach, or someone well versed with throwing and not simply parent volunteers. We want the responsibility of official to stay on one or two persons, so it does not alternate between less experienced people.

5. Qualifying for SCVAL Qualifier Meet. Qualification standards are confusing when it comes to comparing to DAL and EC. I get the feeling Julie is the only one who understands how the top 16 are determined. At the moment, it punishes athletes who have a bad day at finals and it feels very wrong to do so. Athletes who make finals should be treated as gaining an advantage for being in the top eight on trials day. Our current determination standards also make it easier for hardships to get in for no real reason. The following is an example from this season: Saratoga was approved a hardship athlete in the 100HH against Gunn's 17.9 runner, who fell at finals and had run a 15.3 on trials. As written, the Saratoga athlete only needed to beat the 17.9 time in a time verification setting,

not a race. Our athlete was fourth in CCS at the time and could have been potentially displaced by someone not in the top 20. This hardship case ended up getting dropped and my runner ended up not running due to personal conflicts with the event, but it stands as another point of punishment for someone who actually competed at finals. My proposed solution is to use the best time from trials and finals to create the top 16 list.

6. For the throwing events:

A. All schools need to put protective barriers around their landing areas. They should not allow athletes to shag their own implements. There should be reliable people in the field shagging during the warm ups as well as during the scored event.

During a discus event, the athletes and spectators, officials should all be behind the net. If your ring is near a start line, you should have all the runners on the other side of the track. Athletes waiting to compete (and officials) should remain behind the net.

No one should be called into the ring until it is safe for the shaggers and the officials are done writing everything down. Sometimes officials call in the athletes and they are still recording information and do not see fouls that occur in the initial set up of the thrower. They need to watch for the rim of the circle being violated.

If the athletes do shag their own implements, they should NEVER turn their backs on the ring. Throwers in the ring should NEVER throw when someone is in the landing area, even in the outside unless you have made eye contact with them and they know that you are throwing.

Recording the marks: Discus is measured to the nearest whole inch and Shot Put to the quarter inch. Many officials did not know this at different schools.

B. There are still many throwers that are not in school issued uniforms. They throw in all kinds of different tops and bottoms. Many without any markings of the school at all. They are athletes on a team that need to follow the uniform rules all year round.