

# SCVAL Track & Field Pre-Season Meeting 2016

## Agenda

Handouts: Schedules, NFHS Major Rule Changes, Senate Bill #707, see CCS email for other handouts

- 1) Introductions
  - a) Athletic Director Liaison
  - b) Phone and email updates
- 2) League Schedules
  - a) Start date - Feb. 1
  - b) First Scrimmage - Feb. 15
  - c) Roster submission - athletic.net (Hank)
- 3) By-Laws Update
  - a) By-Laws Status - current version: Jan. 2015
  - b) Last change approved Jan. 2015, Article VI, Section 2.4
  - c) At postseason meeting, by-law change - vote for Article VI, Section 2.3 alternates to SCVAL from 20<sup>th</sup> to 22<sup>nd</sup>, 7 approved, 3 abstained - discussion
- 4) CCS Meeting
  - a) Semifinals - Sat., May 21 early start - Tentative Time 11am Running, 10am Field Events except PV 9:30 Finals - Fri., May 27 - 4pm - Field Events, 6pm Running Events
  - b) Site - San Jose City College
  - c) All At-Large entries are based on the 8<sup>th</sup> place qualifying mark (1600m, 3200m) - error from 2013 & 2014 - large drop this year
  - d) 800m, 1600m and 3200m - alley starts, get use to them - dual meets, league, etc.
  - e) SCVAL - 6 entries boys, 6 entries girls
  - f) Entrance charge for CCS
  - g) Free admission for athletes and 5 coaches per school, no pass gate list - official list
  - h) Participation Certificates for CCS on website
  - i) T-shirts available at least 5 days before Semifinals, patches - anytime, other souvenirs at meet, will take credit cards at meet.
  - j) There will be a detailed time schedule - check participation bulletin - check-in time
  - k) Field Event Results Checker
  - l) Job Assignments for CCS Semifinals and Finals

### Trials

<u>Events</u>	<u>School</u>	<u>School</u>
400m relay - 110m HH	Santa Clara	Cupertino
400m - 300m IH	Milpitas	Fremont
200m - 1600m relay	Wilcox	Saratoga
High Jump (2-3 workers)	Lynbrook	Los Gatos

### Finals

<u>Events</u>	<u>School</u>	<u>School</u>
400m relay - 110m HH	Los Altos	Gunn
400m - 300m IH	Palo Alto	Mt. View
200m - 1600m relay	Homestead	Monta Vista
High Jump (2-3 workers)	Lynbrook	Los Gatos

Workers should arrive ready to work 45 minutes before the start of the event. Workers should provide their own equipment to perform their job. A \$100 fine or loss of entry for next year's meet could be levied if a league does not provide personnel for their events on time.

- m) CCS Evaluation Meeting - Tues., June 7 at 4pm if needed
  - n) Coach accompanying athletes (CIF rule) / *Senate Bill*
  - o) New website design - should be easier to find things
- 5) State Meet
- a) Trials, Fri., June 3, Finals, Sat., June 4
  - b) Buchanan High School, Clovis
  - c) Changes to set up: jumps flipped with PV, jumps are side by side but staggered, new shot put area, Colored Jumbotron, practice track with straight lanes
- 6) NFHS Rule Changes
- a) Please have a copy of NFHS Track Book, should also have a copy of NFHS Track Officiating Book and Case

- Book - received from Nunes - year?
- b) Review CCS handout for rule changes
- 7) Post Season Meeting
  - a) May 24 ~~5:00pm~~ location TBA - date or time change? @ Santa Clara  
5:30
- 8) Other
  - a) Andy Anderson Relays - Tues., March 1  
Rainout Dates - March 2 or 3, Participating schools are Santa Clara, Wilcox (Discus), Lynbrook (Shot), Cupertino (TJ), Fremont (LJ) and Homestead (HJ).
  - b) Start times for Leagues/SCVAL  
AP Test Dates  
Mon., May 2 - Psychology  
Tues., May 3 - Art History, Physics 1  
Wed., May 4 - Japanese, Physics 2  
Thurs., May 5 - Chinese, AP Seminar  
Fri., May 13 - Latin

Any conflicts - notify League Meet Directors.  
Also, see if athlete can arrange to take test at league meet site. Time schedule should be published and/or approved by the league several weeks before meet.

  - c) Alternates to League finals - show up or not eligible for SCVAL?
  - d) Committee to look into changing schedule for 2017

DAL-Tue for  
EC-Thur 2DT.

- 9) A few reminders for future meet directors:
  - a) All job assignments should be filled, preferable with experienced workers. There should be a starting line clerk if there is only 1 starter assigned to the meet. The starting line clerk will assist the starter with insuring the athletes are in the appropriate lanes and give last minute race instructions.
  - b) Turn Judges should be assigned for the whole meet.
  - c) There should be a Field Result Checker to verify the results and make sure that they are entered correctly into the computer.
  - d) The Field Event Officials need to review the rules for checking out of an event and competing out of order. Athletes should only compete out of order if they have a conflict with another event.
  - e) For tracks with no curb, cones should be placed on the inner edge of the track. It is best to have as many cones as possible.

- f) Check for uniform violations at both running and field events.
- g) Meet Director should only direct the meet.
- h) All coaches need to help with meet management; unfortunately we can't just coach our athletes.
- i) Starters have been requested from scheduler - Mark Greenough - send him contact info, location, time
- j) Jim Clark is timing Leagues, SCVAL - keep him in the loop.

10) SCVAL Championship Meet

- a) Fri. night, May 13
- b) League meet results due to Jim Clark by May 5, copy to Julie L'Heureux, Ernesto Salinas and Walt Van Zant.
- c) Please send scratches by Wed., May 11 at 8:00pm to Jim Clark and Julie L'Heureux
- d) Lane Assignments will be done Wed. Night
- e) Location - Los Gatos HS
- f) Meet Director: Ernesto Salinas, Co-Director: Julie L'Heureux

g) Starter: Leroy Milam

h) Jury of Appeals (3 + 2 alt.): *Kelsey, Bridget, Paul (Mark 2 Curtis alt's)*

i) Job Assignments:

Timer: Jim Clark

Results: Jim Clark

Field Event Result Checker: Julie L'Heureux / SC

Clerk of Course: *LG*

Starting Clerk: *LG*

Finish Line: *Curtis*

Block Crew: *Paly*

Implement Weigh In: *LA*

Events:

Pole Vault: SC/LG

Hurdles: Monta Vista

Shot: *Lynbrook*

Discus: *Homestead*

TJ: *Cupertino*

HJ: *Premont*

LJ: *Milpitas*

Finish Line Judges:

Turn Judges:

1st half (400m relay - 100m) 8 judges

2nd half (800m - 1600m relay) 8 judge

Qualifier Meet Results

Results must be submitted electronically to the CCS office and CCS meet director (Mark McConnell), using Meet Manager (the preferred program) or Excel by 9:00am on the Tuesday (May 17) following their league meet or qualification meet. No changes are allowed after the deadline.

Reminder: No alternates are allowed for the CCS Semis. Please scratch any athletes ASAP, preferably before leaving the Championship meet. Otherwise, notify the league reps. ASAP or no later than Sun. morning, May 15 so that alternates may be notified. Keep checking your emails during this time period.

11) League Meets

a) League Host DAL — Los Gatos  
EC — Saratoga

b) Location  
d) Days and time  
d) Meet director  
e) Duties

Starter: starters requested, none assigned at this time

Timing: Jim Clark

Scoring: Jim Clark

Head Field Judge (check field results):

Jury of Appeals (3 + 2 alt.):

Clerk of the Course:

Block Crew:

Events:

Hurdles —

Shot —

Discus —

TJ —

LJ —

HJ — Monta Vista (EC meet)

Chief Finish Line Judge:

Finish Line/Turn Judges:

g) League Entries are due May?

12) Meeting adjourned

