

# CCS "TOP 8" TRACK & FIELD CLASSIC

## SAN JOSE CITY COLLEGE

Friday, April 18, 2014

The 34<sup>th</sup> Annual Top 8" Track and Field Classic will be held on Friday, April 18, on the San Jose City College Track. The meet previews our top athletes from the central coast area prior to their league, section and state meets.

All times must be electronic to the thousandths of a second (no hand times accepted) and marks must be made this year, appear in the San Jose Mercury News "Top Mark List" or [www.lynbrooksports.com](http://www.lynbrooksports.com) website. The top 8 or top 16 (if 2 heats), submitted times or marks in each event in Varsity Boys and Varsity Girls will qualify.

**ENTRY FEE:** \$6.00 per event for individuals and \$16.00 per relay team.

**All "ENTRIES" will be submitted to** [www.directathletics.com](http://www.directathletics.com)

Put your email address on entry form, in case, we have any questions concerning your entries. Entry Fees must be paid at the entrance gate.

**ENTRY DEADLINE:** All entries must be received by Direct Athletics on or before 11:00pm, **April 12th**. No updates after the entry deadline. All coaches can verify entries on Tuesday, April 15, at [www.directathletics.com](http://www.directathletics.com) or [www.lynbrooksports.com](http://www.lynbrooksports.com), Entry Fees will be posted at [www.lynbrooksports.com](http://www.lynbrooksports.com) by Tuesday, April 15.

**MAKE CHECK PAYABLE TO:** Los Gatos Athletic Association Attn: CCS Top 8 Classic  
Pay at the Gate or Send To:

**Los Gatos Athletic Association**  
P.O. Box 1334  
Los Gatos, CA. 95031

Scratch meeting will be held at 3:00 PM at the Clark Check in Area.

**GENERAL INFORMATION:** (scratch meeting will be held at 3:30pm on meet day)

- Award medals to 1-2-3 place finishers; athlete of meet medals
- Scoring will be 10-8-6-4-2-1 point system
- Admission: Adult \$5.00 Students \$2.00
- Finish Lynx timing system on the finish line, all weather track and runways
- Lane assignments will be seeded by best times and marks
- Athletic Trainer will be available at the meet
- T-Shirts (\$13) and Programs (\$2) For Sale; Concession stand will be open.

### MEET DIRECTORS

Willie Harmatz (408) 206-9973 or (408) 354-7365 or  
email: [willieharmatz@aol.com](mailto:willieharmatz@aol.com)

Mike Dudley (408) 509-7105

Ernesto Salinas (408) 310-7078

**Entries must be received by 11:00pm, Sat. April 12, 2014**

**\*\* Entering times must be electronic- NO HAND TIMES ACCEPTED**

**CCS**  
**"Top 8" Track & Field**  
**34th Annual**  
**San Jose City College**  
**Friday, April 18, 2014**

**ORDER OF EVENTS & TIME SCHEDULE**

**Field Events**

1	3:15	Varsity Discus
2	3:15	F/S Pole Vault
3	3:45	F/S High Jump
4	3:45	F/S Shot Put
5	4:00	Girls Triple Jump
6	4:00	Varsity Long Jump
7	4:15	Varsity Pole Vault
8	4:30	Girls Discus
9	5:00	Varsity Shot Put
10	5:00	Girls High Jump
11	5:30	F/S Triple Jump
12	5:30	Girls Long Jump
13	5:45	F/S Discus
14	5:50	Girls Pole Vault
15	6:30	Varsity High Jump
16	6:45	Girls Shot Put
17	6:45	Varsity Triple Jump
18	7:00	F/S Long Jump

All athletes 3 attempts Top 8 athletes  
 Get 3 additional attempts in Shot Put, Discus,  
 Long Jump and Triple Jump

Athletes must check in 30 minutes  
 Prior to their event

**Track Events**

19	4:30	4x100 Relay	Girls
20		"	Varsity
21		"	F/S
22	4:45	1600	Girls
23		"	Varsity
24		"	F/S
25	5:30	100 LH	Girls
26		110 HH	Varsity
27		65 HH	F/S
28	6:00	400	Girls
29		"	Varsity
30		"	F/S
31	6:15	100	Girls
32		"	Varsity
33		"	F/S
34	6:40	800	Girls
35		"	Varsity
36		"	F/S
37	7:05	300 IH	Girls
38		"	Varsity
39		"	F/S
40	7:25	200	Girls
41		"	Varsity
42		"	F/S
43	7:40	3200	Girls
44		"	Varsity
45		"	F/S
46	8:25	4x400 Relay	F/S
47		"	Girls
48		"	Varsity

# **CCS "TOP 8" TRACK CLASSIC**

## **Minimum Entry Time/Marks Standards**

*These standards below are based on the lowest entering time/marks that qualified in the meet from the last 3 years. These are just guidelines to follow in entering your athletes, and does not mean your athletes made it in. If your athlete's time or mark is close to the cut-off time, they still may make it, so you may try to enter them. The final cut, are to be determined by this years entering times/marks that are verified and must be on the top times/marks list on [www.lynbrooksports.com](http://www.lynbrooksports.com). Final entries will be posted on [www.lynbrooksports.com](http://www.lynbrooksports.com) on Tuesday, April 15, 2014.*

	<b><u>VARSITY BOYS</u></b>	<b><u>VARSITY GIRLS</u></b>
100	11.49 (3 heats of 8)	13.10 (3 heats of 8)
200	23.59 (3 heats of 8)	27.00 (3 heats of 8)
400	51.99 (2 heats of 8)	61.99 (3 heats of 8)
800	2:04.50 (2 heats of 12)	2:28.30 (2 heats of 12)
1600	4:35.00 (2 heats of 14)	5:25.00 (2 heats of 14)
3200	10:08.00 (1 heat of 20)	12:04.00 (1 heat of 20)
110/100 Hurdles	16.25 (2 heats of 8)	17.10 (2 heats of 8)
300 Hurdles	42.49 (2 heats of 8)	50.10 (3 heats of 8)
4x100 Relay	44.90 (2 heats of 8)	52.70 (3 heats of 8)
4x400 Relay	3:36.90 (2 heats of 8)	4:24.00 (2 heats of 8)
Shot Put	46' 8" (2 flights of 7)	33' 2" (2 flights of 7)
Discus	139' 0" (2 flights of 7)	103' 0" (2 flights of 7)
High Jump	6' 0" (1 flight of 12)	5' 0" (1 flight of 12)
Long Jump	20' 5" (2 flights of 7)	15' 10" (2 flights of 7)
Triple Jump	42' 1" (2 flights of 7)	34' 0" (2 flights of 7)
Pole Vault	12' 2" (1 flight of 12)	9' 6" (1 flight of 12)

*\* All times and marks must be made this year. They must appear in the San Jose Mercury News top times/marks list and/or on the [www.lynbrooksports.com](http://www.lynbrooksports.com) website for the Varsity Boys and Varsity Girls. If your athletes are not on either list, your entry will not be accepted. In order to get your athletes accepted and get on the "Top Times/Marks List", you must contact Hank Lawson at [hanklaw@ix.netcom.com](mailto:hanklaw@ix.netcom.com). Any questions, email Willie at [willieharmatz@aol.com](mailto:willieharmatz@aol.com).*

*\* All Frosh/Soph Boys that qualified from the CCS F/S Track Classic are automatically entered in the CCS "Top 8" Track Classic, and entry fees are still added.*