

***Bill Kearney Invitational***  
**Salinas High Track & Field**  
***April 18, 2009***

Coaches,

Welcome to the 20<sup>th</sup> annual Bill Kearney Invitational. Once again, the meet will be held at Hartnell College.

All entries must be completed at Direct Athletics ([www.directathletics.com](http://www.directathletics.com)) by April 14<sup>th</sup> at midnight.

We would like to accommodate as many schools as possible, but are limited to about 40.

If your team has not attended this meet in the last few years or you are outside the Central Coast Section (CCS), please contact Roger Chagnon at [chagnon@ultimanet.com](mailto:chagnon@ultimanet.com).

We look forward to another great meet and hope to see you there!

Roger Chagnon  
Salinas HS Track & Field  
Meet Director – Bill Kearney Invitational

**Bill Kearney Invitational**  
**Salinas High Track & Field**  
**April 18, 2009**

**Host:** Salinas High Track & Field

**Contact:** Roger Chagnon, Meet Director  
(831) 796-7400 x3464 *school*; (831) 770-0919 *home*; [chagnon@ultimanet.com](mailto:chagnon@ultimanet.com)

**Location:** Hartnell College, Salinas, California

**Facilities:** Nine lane All-Weather track and runways. Spikes, 1/4 inch or less, are allowed on the track surface. Spikes longer than 1/4 inch will not be allowed and the athlete will be disqualified for that event. All shoes will be checked at the clerk of the course station at the time of checking in.

**Time:** Field events will start at **9 a.m.** Flights will be used to reduce the field to the final **seven** competitors in each event.

Track event trials will start at **9:30 a.m.** At this time, preliminary heats will be conducted in the 100 m, 100 LH, 110 HH, 65 HH, & 200 m. Track event finals will begin approximately 20 min. following the completion of the trials. See attached schedule.

- Entries:**
1. Entries are to be entered through Direct Athletics <http://www.directathletics.com> and must be received by **Tuesday April 14, 2009 at 11:59 p.m.**
  2. Each team may enter **2** athletes per division in each of the following events: 100 m, 200 m, 400 m, 65/100/110/ hurdles, 300 hurdles, high jump & pole vault. **No entries over this limit will be accepted.** See alternates below.
  3. Each team may enter **3** athletes per division in each of the other events. **No entries over this limit will be accepted**
  4. **ALTERNATES:** Heats of the sprint races will be seeded prior to the start of each event to ensure complete fields. One alternate, per division, per school will be allowed in the following events: 100 m, 200 m, 65/100/110 hurdles, 400 m & 300 hurdles. Alternates will not be used as a substitution for your own athletes. Athletes will be drawn from the alternate pool as necessary to fill heats & will not be used to create new heats.
    - a. To enter alternates in the meet, please use the attached form and send to: Roger Chagnon, fax: 831-424-2501 or email: [chagnon@ultimanet.com](mailto:chagnon@ultimanet.com) by the entry deadline.
  5. A name, time / distance mark **MUST** accompany each entry. Please enter **2009 marks only** and be as **honest & accurate** as possible.
  6. **NO ADDITIONS** will be accepted after the deadline. **Substitutions ONLY** may be made up to 9 p.m. Thursday April 16 by **phone or email only**. **NO CHANGES, ADDITIONS, OR SUBSTITUTIONS WILL BE MADE ON MEET DAY!**

**Fees:** Entry fees are as follows: \$4.00 per entry (per individual event) and \$10.00 per relay team. Schools will be charged for the number of **ORIGINAL** entries received (including alternates). *No refunds will be made for no shows!*

Please make checks payable to **Salinas High Track & Field** and send to:

Salinas High Track & Field  
726 South Main Street  
Salinas, California 93901  
Attn: Roger Chagnon

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- Admission:** Spectator admission is free.
- Seating:** **The bleachers are for spectators only.** No teams are allowed to “camp” on the infield. Teams may “camp” around the perimeter of the track.
- Warm-up:** All warm-up will be conducted outside the track area. **No warm up allowed on the track or infield.**
- Check-in:** For all track events, athletes must check in at the clerk’s table by the third call announcement. Alternates must also check in at the clerk’s table. Runners will be scratched if they have not checked in by the time the check-in sheet leaves the table. Field event athletes will check in at the event location prior the start.
- Scoring:** Events will be scored in the following order: 10 – 8 – 6 – 4 – 2 – 1  
Alternates who place will count toward team scores.
- Awards:** Medals will be awarded for 1<sup>st</sup> thru 5<sup>th</sup> place in each event for all four divisions.  
A team trophy will be awarded to the top team in each division.
- T-shirts:** A limited supply of T-shirts will be available on meet day.
- Weights:** All throwing implements must be weighed prior to competition. A weighing station will be set up near the shot put ring.
- Coaches Meeting** A meeting will be held prior to the start of the trials (approx. 9:00 a.m.).

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**DEADLINE: Tuesday April 14<sup>th</sup> at 11:59 p.m.**

**Entries shall be made at <http://www.directathletics.com>; alternates shall be entered using the attached form.**

**Entry Fees**

School: \_\_\_\_\_ Fax #: \_\_\_\_\_

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

Please include your email address on the entry forms for quick confirmation of entry receipt.

Email address: \_\_\_\_\_

Event Fee: \$4.00 per entry / \$10.00 per relay team

Division:            Boys Varsity            # of Entries \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Alternates: \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Girls Varsity            # of Entries \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Alternates: \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Boys F/S                # of Entries \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Alternates: \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Girls F/S                # of Entries \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Alternates: \_\_\_\_\_ x \$4.00 = \_\_\_\_\_

Sub Total = \_\_\_\_\_

Total # of Relays \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

**TOTAL = \_\_\_\_\_**

Please make checks payable to: **Salinas High Track & Field**

Send checks to: Salinas High Track & Field  
726 South Main Street  
Salinas, CA 93901  
Attn: Roger Chagnon

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**ALTERNATE ENTRY FORM**

**(Deadline: Tuesday April 14<sup>th</sup> at 11:59 p.m. Fax completed form to: 831-424-2501)**

School: \_\_\_\_\_ Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

**ALTERNATES:** Heats of the sprint races will be seeded prior to the start of each event to ensure complete fields. One alternate, per division, per school will be allowed in the following events: 100 m, 200 m, 65/100/110 hurdles, 400 m & 300 hurdles. Alternates *will not* be used as a substitution for your own athletes. Athletes will be drawn from the alternate pool as necessary to fill heats & *will not* be used to create new heats.

<b>VARSIITY BOYS:</b>	<b><u>ATHLETE</u></b>	<b><u>MARK</u></b>
100 METERS:	_____	_____
200 METERS:	_____	_____
400 METERS:	_____	_____
110 HURDLES:	_____	_____
300 HURDLES:	_____	_____

<b>VARSIITY GIRLS:</b>	<b><u>ATHLETE</u></b>	<b><u>MARK</u></b>
100 METERS:	_____	_____
200 METERS:	_____	_____
400 METERS:	_____	_____
100 HURDLES:	_____	_____
300 HURDLES:	_____	_____

<b>F/S BOYS:</b>	<b><u>ATHLETE</u></b>	<b><u>MARK</u></b>
100 METERS:	_____	_____
200 METERS:	_____	_____
400 METERS:	_____	_____
65 HURDLES:	_____	_____
300 HURDLES:	_____	_____

<b>F/S GIRLS:</b>	<b><u>ATHLETE</u></b>	<b><u>MARK</u></b>
100 METERS:	_____	_____
200 METERS:	_____	_____
400 METERS:	_____	_____
100 HURDLES:	_____	_____
300 HURDLES:	_____	_____

# 2009 Bill Kearney Invitational

## Salinas High Track Field

### Order of Events

#### 9:30 A.M. - TRACK

##### TRIALS

##### 100 Meters

F/S Girls, F/S Boys, V Girls, V Boys

##### 100 Meters Hurdles

F/S Girls, V Girls

##### 110 / 65 Meter Hurdles

V Boys, F/S Boys

##### 200 Meters

F/S Girls, F/S Boys, V Girls, V Boys

##### FINALS

##### 3200 Meters

F/S Girls, F/S Boys

##### 4x100 Meter Relay (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 1600 Meters (Fast - Slow)

V Girls, V Boys, F/S Girls, F/S Boys

##### 100 / 110 / 65 Meter Hurdles

F/S Girls, V Girls, V Boys, F/S Boys

##### 400 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 100 Meters

F/S Girls, F/S Boys, V Girls, V Boys

##### 800 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 300 Meter Hurdles (Fast - Slow)

F/S Girls, V Girls, F/S Boys, V Boys

##### 200 Meters

F/S Girls, F/S Boys, V Girls, V Boys

##### 3200 Meters

V Girls, V Boys

##### 4x400 Meter Relay (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

#### 8:30 A.M. - FIELD

##### Group 1

Discus (3 attempts only) F/S Girls

#### 9 A.M. - FIELD

##### Group 2

Shot Put V Boys

Long Jump V Boys

Triple Jump V Girls

High Jump F/S Boys

Pole Vault F/S Girls

#### *Immediately Following Group 1 & 2*

##### Group 3

Shot Put V Girls

Discus (3 attempts only) F/S Boys

Long Jump F/S Girls

Triple Jump F/S Boys

High Jump V Boys

Pole Vault V Girls

#### *Immediately Following Group 3*

##### Group 4

Shot Put (3 attempts only) F/S Boys

Discus V Boys

Long Jump V Girls

Triple Jump V Boys

High Jump V Girls

Pole Vault V Boys

#### *Immediately Following Group 4*

##### Group 5

Shot Put (3 attempts only) F/S Girls

Discus V Girls

Long Jump F/S Boys

Triple Jump F/S Girls

High Jump F/S Girls

Pole Vault F/S Boys