## Bill Kearney Invitational Salinas High Track & Field April 16, 2005

Host:

Salinas High Track & Field

Location:

Hartnell College, Salinas, California

Facilities:

Nine lane All-Weather track and runways. Spikes, 1/4 inch or less, are allowed on the track surface. Spikes longer that 1/4 inch will not be allowed and the athlete will be disqualified for that event. All shoes will be checked at the clerk of the course station at the time of checking in.

Time:

Field events will start at 9 a.m. Flights will be used to reduce the field to a final nine competitors.

Track event trials will start at 9:30 a.m. At this time, preliminary heats will be conducted in the 100 m, 100 LH, 110 HH, 65 HH, & 200 m. Track event finals will begin approximately 30 min. following the completion of the trials.

Entries:

- 1. Each team may enter 2 athletes per division in each of the following events: 100 m, 200 m, 400 m, 65/100/110/ hurdles, 300 hurdles, high jump & pole vault. No entries over this limit will be accepted. See alternates below.
- Each team may enter 3 athletes per division in each of the other events. No 2. entries over this limit will be accepted
- 3. **ALTERNATES**: Heats of the sprint races will be seeded prior to the start of each event to ensure complete fields. One alternate, per division, per school will be allowed in the following events: 100 m, 200 m, 65/100/110 hurdles, 400 m & 300 hurdles. Alternates will not be used as a substitution for your own athletes. Athletes will be drawn from the alternate pool as necessary to fill heats & will not be used to create new heats.
- A name, time / distance mark MUST accompany each entry. Please enter 2005 4. marks only and be as honest & accurate as possible.
- 5. NO ADDITIONS will be accepted. Substitutions ONLY may be made up to 9 p.m. Thursday April 14 by phone or email only. NO CHANGES, ADDITIONS, OR SUBSTITUTIONS WILL BE MADE ON MEET DAY!
- 6. Entries must be received by Friday April 8, 2005 at 5 p.m.. Entries may be mailed, faxed or emailed. Entries not received by this date will not be entered.

7. Send or fax completed entry forms to:

Roger Chagnon Bill Kearney Invitational 1060 University Avenue Salinas, CA 93901 Phone: 831-770-0919 Fax: 831-424-2501

\*If you would like to receive electronic entry forms (Excel), please call or email to chagnon@ultimanet.com

Fees: Entry fees are as follows: \$4.00 per entry (per individual event) and \$6.00 per relay team. Schools will be charged for the number of ORIGINAL entries received. No refunds will be made for no shows!

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Please make checks payable to Salinas High Track & Field and send to:

Salinas High Track & Field 726 South Main Street Salinas, California 93901

Admission: Spectator admission is free.

Seating: The bleachers are for spectators only. No teams are allowed to "camp" on the infield.

Teams may "camp" around the perimeter of the track.

Warm-up: All warm-up will be conducted outside the track area. No warm up allowed on the track

or infield.

Check-in: For all track events, athletes must check in at the clerk's table by the third call

announcement. Alternates must also check in at the clerk's table. Runners will be scratched if they have not checked in by the time the check-in sheet leaves the table.

Field event athletes will check in at the event location prior the start.

**Scoring**: Events will be scored in the following order: 10 - 8 - 6 - 4 - 2 - 1

Alternates who place will count toward team scores.

Awards: Medals will be awarded for 1<sup>st</sup> thru 5<sup>th</sup> place in each event for all four divisions.

A team trophy will be awarded to the top team in each division.

T-shirts: A limited supply of T-shirts will be available on meet day.

Weights: All throwing implements must be weighed prior to competition. A weighing station will be

set up near the shot put ring.

Coaches A meeting will be held prior to the start of the trials (approx. 9:00 a.m.).

Meeting

## 2005 Bill Kearney Invitational

## Salinas High Track Field Order of Events

9:30 A.M. - TRACK TRIALS 100 Meters

F/S Girls, F/S Boys, V Girls, V Boys

100 Meters Hurdles F/S Girls, V Girls

110 / 65 Meter Hurdles V Boys, F/S Boys

200 Meters

F/S Girls, F/S Boys, V Girls, V Boys

FINALS 3200 Meters

F/S Girls, F/S Boys

4x100 Meter Relay (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

1600 Meters (Fast - Slow)

V Girls, V Boys, F/S Girls, F/S Boys

100 / 110 / 65 Meter Hurdles

F/S Girls, V Girls, V Boys, F/S Boys

400 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

100 Meters

F/S Girls, F/S Boys, V Girls, V Boys

800 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

300 Meter Hurdles (Fast - Slow)

F/S Girls, V Girls, F/S Boys, V Boys

200 Meters

F/S Girls, F/S Boys, V Girls, V Boys

3200 Meters

V Girls, V Boys

4x400 Meter Relay (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

9 A.M. - FIELD

Group 1

Shot PutF/S GirlsDiscusF/S BoysLong JumpV BoysTriple JumpF/S GirlsHigh JumpV GirlsPole VaultF/S Girls

**Immediately Following Group 1** 

Group 2

Shot Put V Girls
Discus V Boys
Long Jump V Girls
Triple Jump F/S Boys
High Jump V Boys
Pole Vault V Girls

Immediately Following Group 2

Group 3

Shot Put F/S Boys
Discus F/S Girls
Long Jump F/S Girls
Triple Jump V Boys
High Jump F/S Boys
Pole Vault V Boys

**Immediately Following Group 3** 

Group 4

Shot Put V Boys
Discus V Girls
Long Jump F/S Boys
Triple Jump V Girls
High Jump F/S Girls
Pole Vault F/S Boys