



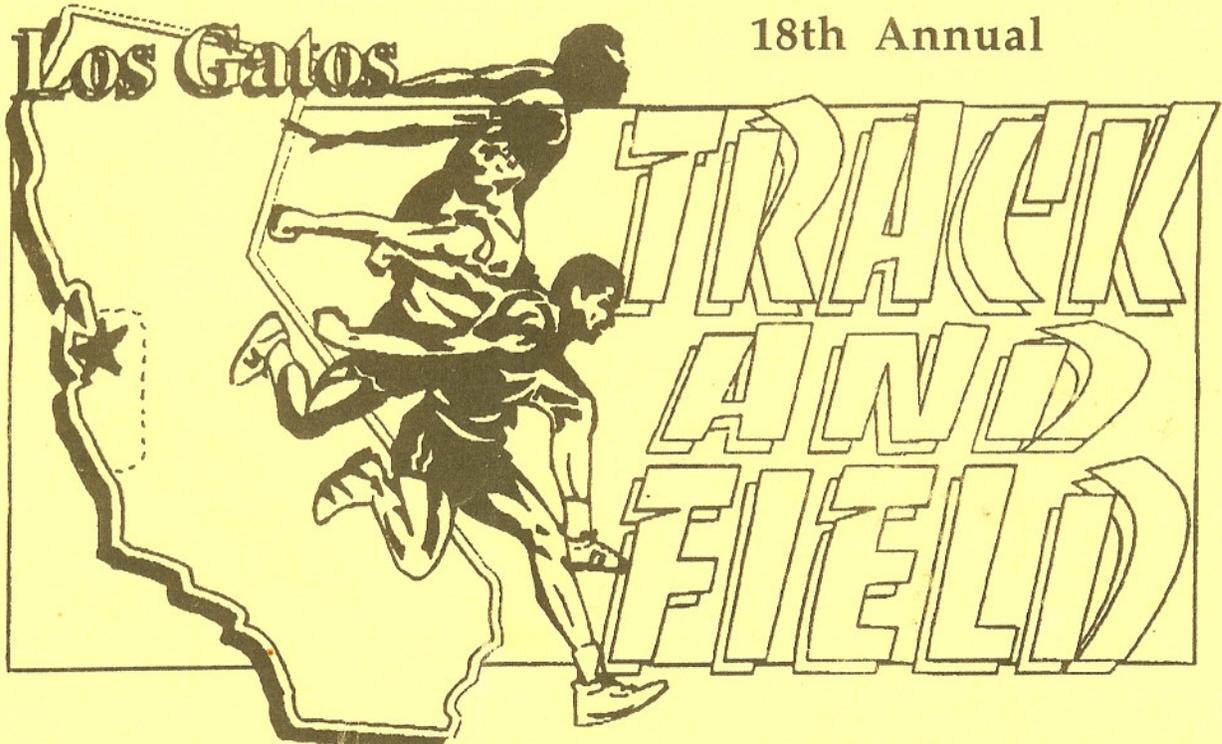
1998



# CCS TOP 8

Los Gatos

18th Annual

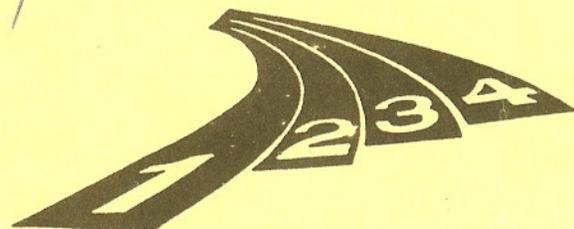


# CLASSIC

*"Where our Section's Best Athlete's Compete"*

Friday, April 24, 1998

*F/S Boy & Girls results in the back*



Los Gatos High School

# C.C.S. Top "8" Track and Field Classic

April 24, 1998

## ORDER OF EVENTS AND TIME SCHEDULE

### FIELD EVENTS

1	3:00	Varsity Discus
2	3:45	F/S High Jump
3	3:45	F/S Shot Put
4	4:00	Girls Triple Jump
5	4:00	Varsity Long Jump
6	4:15	Girls Pole Vault
7	4:15	Girls Discus
8	5:15	Girls High Jump
9	5:30	Varsity Shot Put
10	5:30	F/S Triple Jump
11	5:30	Girls Long Jump
12	5:30	Varsity Pole Vault
13	5:30	F/S Discus
14	6:45	Varsity High Jump
15	7:00	Girls Shot Put
16	7:00	Varsity Triple Jump
17	7:00	F/S Long Jump
18	7:00	F/S Pole Vault

10 minute rule if in another event. 1 1/2 minutes for an attempt

All athletes 3 attempts Top "7" athletes get 3 additional attempts in SP;DIS;LJ;TJ;

4x100 Katz, Wang, Beerman, Bryson  
45.82

### TRACK EVENTS

19	5:15	400m Relay	Girls
20	"	"	Varsity
21	"	"	F/S
22	5:30	1600m Run	Girls
23	"	"	Varsity
24	"	"	F/S
25	6:00	100m LH	Girls
26	"	110m HH	Varsity
27	"	65m HH	F/S
28	6:30	400m	Girls
29	"	"	Varsity
30	"	"	F/S
31	6:45	100m	Girls
32	"	"	Varsity
33	"	"	F/S
34	7:10	800m	Girls
35	"	"	Varsity
36	"	"	F/S
37	7:25	300m IH	Girls
38	"	"	Varsity
39	"	"	F/S
40	7:45	200m	Girls
41	"	"	Varsity
42	"	"	F/S
43	8:00	3200m Run	Girls
44	"	"	Varsity
45	"	"	F/S
46	8:45	1600m Relay	F/S
47	"	"	Varsity
48	"	"	Girls

Field Event athletes must check-in with the official at their event. Your athletes must check-in on time or they will be scratched and the alternate will be entered.



# C.C.S. TOP "8" TRACK AND FIELD CLASSIC MEET RECORDS

		<b>100 METERS</b>		
VARSAITY	TONY MILLER	RIORDAN	10.40	86
	CARL MONTGOMERY	SOUTH SAN FRANCISCO	10.40	80
GIRLS	DAMESHA CRAIG	ST FRANCIS	11.54	96
F-S	ANTHONY PACHECO	MILPITAS	10.87	87
		<b>200 METERS</b>		
VARSAITY	TONY MILLER	RIORDAN	21.10	87
GIRLS	ANNETTE COLEMAN	CARLMONT	24.17	89
F-S	FELTON CHARLES	WESTMOOR	22.10	94
		<b>400 METERS</b>		
VARSAITY	CALVIN HARRISON	NORTH SALINAS	46.32	93
GIRLS	BRENDA BREWER	HILLSDALE	55.60	82
F-S	FELTON CHARLES	WESTMOOR	48.81	94
		<b>800 METERS</b>		
VARSAITY	DAN SIKIRIC	LELAND	1:51.77	96
GIRLS	KRISTEN DOWELL	SANTA TERESA	2:09.40	83
F-S	SCOTT CERVELLI	SANTA TERESA	1:55.40	91
		<b>1600 M RUN</b>		
VARSAITY	MATT GIUSTO	SAN MATEO	4:13.60	84
GIRLS	CORY SCHUBERT	DEL MAR	4:49.60	83
F-S	SEAN CROWLEY	OVERFELT	4:22.70	82
		<b>3200 M RUN</b>		
VARSAITY	MIKE MC COLLUM	PALO ALTO	9:01.80	81
GIRLS	MARY MENDOZA	PRESENTATION	10:26.20	87
F-S	CHRIS CRAIG	LEIGH	9:32.80	82
		<b>HURDLES</b>		
VARSAITY	AREND WATKINS	SILVER CREEK	13.89	97
GIRLS	JENNIFER ODOM	INDEPENDENCE	14.65	94
F-S	DON POWELL	PALO ALTO	8.80	84
		<b>INTERMEDIATE HURDLES</b>		
VARSAITY	GUY MC GOWAN	LEIGH	38.06	97
GIRLS	EFFIE DAETZ	LEIGH	42.90	87
F-S	JOE NAIVALU	FREMONT	39.65	94
		<b>400 M RELAY</b>		
	VARSAITY	MT PLEASANT	41.15	92
	GIRLS	ST FRANCIS	48.00	86, 87
	F-S	WESTMOOR	43.67	94
		<b>1600 M RELAY</b>		
	VARSAITY	INDEPENDENCE	3:18.49	91
	GIRLS	ST FRANCIS	3:54.29	86
	F-S	WESTMOOR	3:27.56	94

**MEET RECORDS**

CON'T

		<b>SHOT PUT</b>	
Varsity	FRED HOUSTON	WILLOW GLEN	60-1 1/2 84
Girls	TINA ETUALE	JEFFERSON	47-6 1/2 95
F-S	FRANK FILLIPONE	OAK GROVE	56-10 1/2 89
		<b>DISCUS</b>	
Varsity	JOHN WIRTH	LELAND	199-0 88
Girls	CINDI DURCHSLAG	SAN CARLOS	149-2 82
F-S	JON FOWLER	LOS ALTOS	152-7 87
		<b>POLE VAULT</b>	
Varsity	SCOTT SLOVER	LELAND	16-7 93
Girls	VANESSA YERBA	GONZALES	11-0 97
F-S	MIKE KIBORT	FREMONT	13-6 81
	GEORGE BASSETT	SARATOGA	13-6 82
		<b>TRIPLE JUMP</b>	
Varsity	LARRY WELDON	SILVER CREEK	48-1 3/4 82
Girls	WENDY BROWN	WOODSIDE	42-11 84
F-S	ALLEN PICCHI	ST FRANCIS	48-6 1/4 81
		<b>LONG JUMP</b>	
Varsity	PAUL BRADFORD	CARLMONT	23-10 92
Girls	WENDY BROWN	WOODSIDE	19-11 1/4 84
F-S	MARK MONTGOMERY	INDEPENDENCE	22-5 1/2 81
		<b>HIGH JUMP</b>	
Varsity	JEFF RODGERS	OVERFELT	7-3 85
Girls	CHI JOHNSON	MENLO ATHERTON	5-9 90
F-S	JEFF RODGERS	OVERFELT	6-6 83

**TEAM CHAMPIONS**

	<u>Varsity</u>	<u>Girls</u>	<u>F-S</u>
1980	DEL MAR	CARLMONT	LOS GATOS
1981	INDEPENDENCE	SAN CARLOS	ST FRANCIS
1982	INDEPENDENCE	SAN MATEO/MITTY	OVERFELT
1983	INDEPENDENCE	WOODSIDE	LOS ALTOS
1984	INDEPENDENCE	WOODSIDE	PALO ALTO
1985	MENLO ATHERTON	LOS GATOS	BELLARMINE
1986	INDEPENDENCE	LOS GATOS	LOS ALTOS
1987	INDEPENDENCE	ST FRANCIS	LOS ALTOS
1988	INDEPENDENCE	MITTY	BELLARMINE
1989	RIORDAN	CARLMONT	OAK GROVE
1990	BELLARMINE	LELAND	ST IGNATIUS
1991	ST IGNATIUS	LYNBROOK	ST FRANCIS
1992	MT PLEASANT	LOS GATOS	BELLARMINE
1993	NORTH SALINAS	INDEPENDENCE	LOS ALTOS
1994	BELLARMINE	LOS GATOS	ST IGNATIUS
1995	BELLARMINE	INDEPENDENCE	ST FRANCIS
1996	DEL MAR	ST IGNATIUS	MITTY
1997	NORTH MONTEREY COUNTY	LOS ALTOS	ST IGNATIUS

## TRACK AND FIELD ATHLETE OF THE MEET

### TRACK

### FIELD

1980	VARSITY GIRLS F-S	CARL MONTGOMERY TRACY WEBER WILEY WATSON	SSF LYNBROOK STEVENSON	HENRY HALL CAROLY PERKINS JOHN AIMONETTI	WESTMOOR WESTMOOR CAMPBELL
1981	VARSITY GIRLS  F-S	RON SEANEZ BRENDA BREWER MARG DEMOREST DAVE WALLICK CRAIG BRANSTROM	GILROY HILLSDALE BUCHSER BUCHSER HMB	TIM SUTRO WENDY BROWN  ALLEN PICCHI	DEL MAR WOODSIDE  ST FRANCIS
1982	VARSITY GIRLS F-S	BRIAN BERGSTROM BRENDA BREWER BUDDY COLES	LOS GATOS HILLSDALE OVERFELT	LARRY WELDON WENDY BROWN JEFF HIGGINS	SILVER CK WOODSIDE DEL MAR
1983	VARSITY GIRLS F-S	ERIC MONTGOMERY CORY SCHUBERT CHRIS DANIELS	INDEP DEL MAR HILL	JOHNNY CLEVELAND WENDY BROWN JEFF RODGERS	SOQUEL WOODSIDE OVERFELT
1984	VARSITY GIRLS F-S	MICHAEL DAVIDSON KRISTEN DOWELL GREG SCATTINI	ST FRANCIS S. TERESA PALMA	JEFF RODGERS WENDY BROWN BEN WHITE	OVERFELT WOODSIDE CARLMONT
1985	VARSITY GIRLS F-S	HENRY BARBA KRISTEN DOWELL IAN CHANPENY	LICK S. TERESA BELLARMINE	JEFF RODGERS HEIDEE RUIZ REGGIE JACKSON	OVERFELT LOS GATOS RIORDAN
1986	VARSITY GIRLS F-S	TONY MILLER LAURIE CHAPMAN	RIORDAN GUNDERSON	HAROLD RUCKER LEZLI JENSEN	SILVER CK LOS GATOS
1987	VARSITY GIRLS F-S	TONY MILLER MARY MENDOZA TOM GRIFFIN	RIORDAN PRES. LOS ALTOS	WES BORGSTEDT JENNIFER RUFF JON FOWLER	SOQUEL SEQUOIA MILPITAS
1988	VARSITY GIRLS F-S	JOHN MONTGOMERY KERI SANCHEZ CRAIG MAGNESS	INDEP. S. TERESA S. TERESA	JOHN WIRTH JENNY PETERS JIM YOUNGER	LELAND GUNN MILPITAS
1989	VARSITY GIRLS F-S	IAN HUNTER ANNETTE COLEMAN ALEX BYNOE	PROSPECT CARLMONT GUNN	SCOTT HILL SHANNON PARKER FRANK FILLIPONE	RIORDAN ST FRANCIS OAK GROVE
1990	VARSITY  GIRLS  F-S	ROCKEY MORRIS TERRENCE HILL ATIM UDOFFIA BETH BARTHOLOMEW ALONZO STOKES	HILL OAK GROVE LELAND FREMONT MILLS	ED LASQUETE  CHI JOHNSON  JASON DOSSY	MT PLEASANT  MA  SERRA
1991	VARSITY GIRLS F-S	SHAN WILLIAMS CHERICE ELLISON SCOTT CERVELLI	INDEP. MT PLEASANT S. TERESA	SEAN GRIFFIN LAURA MOLNAR TAHKI BANNISTER	DEL MAR CARLMONT SAN MATEO

**TRACK AND FIELD ATHLETE OF THE MEET** CON'T

		<u>TRACK</u>		<u>FIELD</u>	
1992	VARSITY GIRLS F-S	RICHARD DUPREE SYLVIA PIESLAK MARK PORTER	MT PLEASANT MA WESTMOOR	PAUL BRADFORD CHRIS SHERWOOD JAMES WONG	CARLMONT WATSONVILLE ST IGNATIUS
1993	VARSITY GIRLS F-S	CALVIN HARRISON SHAWNA JENKINS FELTON CHARLES	N SALINAS DEL MAR WESTMOOR	SCOTT SLOVER CHRIS ETUALE FRED JACKSON	LELAND JEFFERSON PIED. HILLS
1994	VARSITY GIRLS F-S	JASON ISAAC VERONICA WOODS FELTON CHARLES	LOS GATOS INDEP. WESTMOOR	CHRIS DeMARTINI CINDY PETTIBON WILLIE HOWARD	ST IGNATIUS GUNDERSON LOS ALTOS
1995	VARSITY GIRLS F-S	DAN NORD TISHA PONDER PETER CARTER	LOS ALTOS DEL MAR LOS GATOS	NATHAN SASO TINA EUTALE GREG FISHER	LOS GATOS JEFFERSON NMC
1996	VARSITY  GIRLS  FS	DAN SIKIRIC JOE NAIVALU TISHA PONDER DAMESHA CRAIG GUY McGOWAN	LELAND FREMONT DEL MAR ST FRANCIS LEIGH	WILLIE HOWARD  DARLENE TULUA  MIAH GIROUARD	LOS ALTOS  CARMEL  LOS ALTOS
1997	VARSITY  GIRLS FS	ARRON BRYANT  STEPHANIE CHAVEZ JOSEPH CARTER	WILCOX  LOS GATOS LOS GATOS	DARREN MARBLE PETE BJORKLUND KIM STONE IGOR OLSHANSKY	LOS ALTOS LOS ALTOS YORK ST IGNATIUS



**EVENT  
NUMBER**

**Varsity  
DISCUS**

**1**

**RECORD**

JOHN WIRTH    LELAND    199-0    1988

Top "7" qualify to finals

Name	School	Distance
Darin Morris	DM	143-5
John Sigzia	LAltos	143-7
Micah Goins	LAltos	150-1
Corey Fitzgibbon	SI	150-6
Pete Bjorkland	LAltos	152-2
Chris Schwacofer	Gilroy	159-0
Brandon Goldstein	PHills	159-8
Jim Grassi	Mitty	160-2
Brent Bower	Gunn	160-11
Brent Nichols	KC	161-6

**Alternates:**

Derek Martinez    Bell  
Cheyne Murray    MA

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

**F/S  
HIGH JUMP**

**2**

**RECORD**

JEFF RODGERS    OVERFELT 6-6    1983

Starting Height 5-8

Name	School	Height
1 Vincent Kirkpatrick	SI	5-8
2 Gary MacNeil	Riordan	5-8
3 Jaison Moore	Riordan	5-8
4 Verdine Baker	LAltos	5-8
5 Alex Loveless	SLV	5-10
6 Jeremiah Spears	Aptos	5-10
7 Matt Chisam	SF	6-0
8 Rueben Mastin	DM	6-2

**Alternates:**

Tony Martinelli    Serra  
Jeff Marquess    Gunn  
Nate Boudreaux    Bell

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

F/S  
Shot Put

**3**

**RECORD**

FRANK FILLIPONE OAK GROVE 56-10 1/2 1989

Top "7" qualify to finals

Name	School	Distance
1 Jesus Gurerro	MP	45-6 1/2
2 John Holder	Gonz	45-9
3 Lauova Java	Jeff	46-9
4 Adam Ailand	Burl	47-3
5 Princeton Stamps	Jeff	47-5
6 Brad King	KC	47-7
7 Rick Esparza	Mitty	48-8
8 Igor Olshansky	SI	53-4 1/2

**Alternates:**

Doug Sampson Aptos  
Kelly Turbin SI

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT Girls  
NUMBER Triple Jump**

**4**

**RECORD**

WENDY BROWN WOODSIDE 42-11 1984

Top "7" qualify to finals

Name	School	Distance
Becca Burnham	LAltos	34-8
Taylor Todd	Hollister	34-9
May Reburiano	SI	34-10
Christiana Chiong	SI	34-11
Sarah Chan	LAltos	35-1
Lesley Mueller	SF	35-3
Sarah Smith	Wilcox	35-3
Nikki Gillott	NMC	36-4
Tinishia Johnson	Mitty	37-5
Shana Adkins	PHills	37-8

**Alternates:**

Yvette Sullivan NMC  
Mesha Wallace PHills

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT  
NUMBER**

Varsity  
Long Jump

**5**

**RECORD**

PAUL BRADFORD CARLMONT 23-10 1992

Top "7" qualify to finals

Name	School	Height
Tom Rees	SF	21-1
Adrian Dilley	Seq	21-2
Reuben Johnson	Serra	21-7
Mike Whitaker	Cup	21-11
Willie Jones	NMC	21-11
Knut Solberg	KC	21-4
Mike Cordoba	nSal	21-5
Anthony Pasion	Riordan	21-5
Fred Jackson	Wilcox	22-1
Don Strickland	Riordan	22-4

**Alternates:**

Jerry Mathews PHills  
Ed Garcia Wats

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT Girls  
NUMBER Pole Vault**

**6**

**RECORD**

BREANNA HAUT HARBOR 9-6 1995

Starting Height 9' 0"

Name	School	Height
Lindsay Ramaekers	Aptos	9-0
Anna Furniss	SI	9-0
Christie Olsson	SI	9-0
Faith Reyes	ND Sal	9-0
Karin Eckkila	SI	9-0
Kim Foxx	ND Sal	9-0
Lindsay Sam	Mitty	9-0
Lynda Tran	MP	9-0
Marissa Berg	NMC	9-0
Vanesa Yerba	Gonz	9-6
Buffie Ryan	Soquel	9-6
Jesika Englebretson	NSal	10-0
Karyn Lewis	Holl	10-0
Iran Serrano	Gonz	10-6

**Alternates:**

None

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

Girls  
Discus

**7**

**RECORD**

CINDI DURCHSLAG SAN CARLOS 149-2 1982

Top "7" qualify to finals

Name	School	Distance
Stephanie Mestaz	PHills	109-0
Marie Walbeck	ND Sal	109-1
Alice Johnson	Burl	110-1
Kristy Prasad	Milp	111-0
Virginia Malofa	Aragon	111-0
Sandra Maldonado	NMC	112-7
Diane Williams	Hillsdale	113-8
Caitie Firth	ND Sal	115-3
Jen Santos	LAltos	117-2
Rose Faavesi	Mrey	117-5

**Alternates:**

Ikeda Presberry	Milp
Christina Oryega	SF
Anne Farnady	LG

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT Girls  
NUMBER High Jump**

**8**

**RECORD**

CHI JOHNSON MA 5-9 1990

Starting Height 5-2

Name	School	Height
Casey Tulley	KC	5-2
Jessica Stafford	Aptos	5-2
Janita Abundiz	Holl	5-2
Sue Peck	Gunn	5-2
Nikki Gillot	NMC	5-2
Michelle Chatman	SF	5-3
Melissa Hansell	SI	5-3
Holly Demeter	LAltos	5-4
Jenny Grimaldi	SI	5-4
Alea Abod	S Clara	5-4
Kim Stone	York	5-6
Cynthia Mallory	Milp	5-6
Aoife Keane	SI	5-6
Sandra Butler	Gunder	5-8

**Alternates:**

None

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

Varsity  
Shot Put

9

**RECORD**

FRED HOUSTON WG 60-1 1/2 1984

Top "7" qualify to finals

Name	School	Distance
Nick Burley	SF	50-0
Meallii Gutu	Jeff	50-2
PJ Uperesa	Jeff	50-7
Ryan Finney	PHills	51-0
Amin Nikfar	Wilcox	51-5
Derek Martinez	Bell	51-9
Jim Grassi	Mitty	52-3
Brandon Goldstein	PHills	54-1
Minh Nguyen	Sck	54-9
Brent Nichols	KC	56-1
Pete Bjorkland	LAltos	56-11

**Alternates:**

Rich Alpers Bell  
Aaron Cabana NMC

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT F/S  
NUMBER Triple Jump**

10

**RECORD**

ALLEN PICCHI ST FRANCIS 48-6 1/4 81

Top "7" qualify to finals

Name	School	Distance
1 O'Neil Bhalala	LO	39-1 1/2
2 Lester Sing	Wmoor	39-4 3/4
3 Barrett Bryson	Lyn	39-7 39'5"
4 Kevin May	Mitty	40-2
5 Tipeti Pains	Riordan	41-3/4
6 Matt Lemos	SF	42-3 1/2
7 Juane Armon	Mitty	42-4
8 Rashad Higgs	Indep	43-8

**Alternates:**

Jerry Valera SI  
Mike McCoy KC

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

Girls  
Long Jump

11

**RECORD**

WENDY BROWN WOODSIDE 19-11 1/4 1984

Top "7" qualify to finals

Name	School	Distance
Tamika Davis	Carlmont	16-6
Sarah Coombe	Carmel	16-6
Yvette Sullivan	NMC	16-7
Oriana Kas-Osaka	Indep	16-7
Mimi Molhern	SI	16-7
Lesley Mueller	SF	16-8
Hsani Roseby	Mrey	17-2
Tinishia Johnson	Mitty	17-2
Elzunia Lamb	Holl	17-7
Shawna Adkins	PHills	17-8
Sarah Chan	MView	17-8
Keri Jones	Gunder	17-9 1/4

**Alternates:**

Emily King	LG
May Reburiano	SI
Cynthia Mallory	Milp

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT Varsity  
NUMBER Pole Vault**

12

**RECORD**

SCOTT SLOVER LELAND 16-7 1993

Starting Height 13-0

Name	School	Distance
Theotis Daniels	Gonz	13-0
Garrett Jones	DM	13-0
Gabriel Bravo	Over	13-0
Joe Bishop	Aragon	13-0
Brian Denhan	SF	13-0
Jeremy Dybdahl	Soquel	13-3
Forrest Wells	KC	13-6
Max Lishansky	SI	13-6
J Nikbaksh-Tali	Mitty	13-6
Dustin Evanger	NMC	14-0
Rick Lechleitner	Serra	14-0
Robert Carbajal	MP	14-0
Jason Lueck	SI	14-6

**Alternates:**

None

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

**FS  
Discus**

**13**

**RECORD**

JON FOWLER LOS ALTOS 152-7 1987

Top "7" qualify to finals

Name	School	Distance
1 Princeton Stamps	Jeff	119-6
2 Brian Eckert	LO	121-0
3 Eric Battiato	Mitty	121-7
4 Mike Woods	Burl	123-5 1/2
5 Lauova Java	Jeff	127-4 1/2
6 Igor Olshansky	SI	128-6
7 Rick Esperza	Mitty	129-5
8 Kelly Turbin	SI	132-3

**Alternates:**

Adam Ailano Burl  
David Ambler SF

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT Varsity  
NUMBER High Jump**

**14**

**RECORD**

JEFF RODGERS OVERFELT 7-3 1985

Starting Height 6'-2"

Name	School	Height
John Darcy	Serra	6-3
Adrian Dilley	Seq	6-3
John McKee	PHills	6-4
Aaron Mathews	Aragon	6-4
Knut Solberg	KC	6-4
Cisco Narewski	KC	6-4
Bob Kately	Wmoor	6-4
Ty Edwards	Holl	6-4
Dustin Evanger	NMC	6-4
Darren Marble	LAltos	6-9

**Alternates:**

None

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT  
NUMBER**

Girls  
Shot Put

15

**RECORD**

TINA ETUALE    JEFFERSON    47-6 1/2    1995

Top "7" qualify to finals

Name	School	Distance
Kacey Romans	Mitty	33-8
Ikeda Presberry	Milp	34-4
R Farahbakash	Aptos	34-6
Melissa Taylor	Wmont	35-2
Laura Sauao	Over	36-0
Kristi Prasad	Milp	36-8
Jonelle Guillon	NSal	36-8
Diane Williams	Hillsdale	37-10
Danielle Endaya	SF	37-4
Jen Santos	LAltos	39-7

**Alternates:**

Elena Ledesma    PHills  
Virginia Maloto    Aragon

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT    Varsity  
NUMBER    Triple Jump**

16

**RECORD**

LARRY WELDON    SILVER CK 48-1 3/4    1982

Top "7" qualify to finals

Name	School	Distance
Mike Whitaker	Cup	43-3
Anthony Pasion	Riordan	43-4
Nick Penna	MA	43-5
Alex Shye	LAltos	43-8
Mike Sanders	Aptos	43-10
Jay Dixon	Holl	43-11
John Mullins	Wmoor	44-11
Kreg Quarrles	LAltos	44-6
Vincent Ibia	SCK	45-6
Mike Cordoba	NSal	46-6

**Alternates:**

Kishion Acosta    Hollister  
Dustin Evanger    NMC

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

F/S  
Long Jump

17

**RECORD**

MARK MONTGOMERY INDEP 22-5 1/2 1981

Top "7" qualify to finals

Name	School	Distance
1 Skip Powers	Carmel	18-10
2 Barrett Bryson	Lyn	19-0
3 Matt Lemos	SF	19-1 1/2
4 Jeff Molumby	Serra	19-4 1/2
5 Roshad Higgs	Indep	19-5
6 Juanne Armon	Mitty	19-10 1/2
7 Antwon Guidry	Leigh	20-8
8 Steve Baker	Gunn	21-1

**Alternates:**

Ian Jang Saratoga  
Tipeti Paini Riordan

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT F/S  
NUMBER Pole Vault**

18

**RECORD**

MIKE KIBORT FREMONT 13-6 1981  
GEORGE BASSETT SARATOGA 13-6 1982

Starting Height 10"6"

Name	School	Height
1 TJ Tonks	NMC	11-0
2 Tyler Wolfkian	SMateo	11-0
3 Ryan Riley	SF	11-0
4 John Silva	Bell	11-0
5 Cody Wells	KC	11-0
6 Don Hilliker	LG	12-0
7 Justin Davis	DM	12-0
8 Adrian Carbajal	MP	12-0

**Alternates:**

Landon Calhoun NMC  
Dan Hannig SF

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT  
NUMBER**

Girls  
400m Relay

19

**RECORD**

ST FRANCIS 48.00 1986 & 1987

Heat #1

School	Time
1 Oak Grove	50.7
2 St Francis	50.71
3 Mitty	50.45
4 Wilcox	48.96
5 St Ignatius	50.13
6 Independence	50.56
7 Milpitas	50.73
8 Monterey	50.8

Heat #2

School	Time
1 Palo Alto	51.2
2 Menlo	51.28
3 Gunn	50.9
4 Menlo-Atherton	51.05
5 Leigh	50.9
6 No Monterey Co	50.9
7 Cupertino	51.2
8 Leland	51.3

**Alternate:**

Aptos  
Harbor  
Aragon  
North Salinas

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT Varsity  
NUMBER 400m Relay**

20

**RECORD**

MT PLEASANT 41.15 1992

Heat #1

School	Time
1 Westmoor	43.8
2 Del Mar	43.77
3 Mitty	43.43
4 North Salinas	42.41
5 Gunderson	42.9
6 St Francis	43.54
7 St Ignatius	43.7
8 Gunn	44.10

Heat #2

School	Time
1 So San Francisco	44.8
2 Milpitas	44.74
3 Menlo-Atherton	44.0
4 Aragon	43.9
5 No Monterey Co	43.9
6 Capuchino	44.1
7 Fremont	44.5
8 Sequoia	44.8

**Alternate:**

Santa Clara  
Los Altos  
Serra

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT  
NUMBER**

F/S  
400m Relay

**21**

**RECORD**

WESTMOOR 43.67 1994

School	Time
1 Lynbrook	46.17
2 Palo Alto	46.03
3 St Ignatius	45.41
4 St Francis	44.2
5 Menlo Atherton	44.86
6 Mitty	45.45
7 King City	46.10
8 Bellarmine	46.23

**Alternate:**  
San Mateo  
Carmel

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT Girls  
NUMBER 1600m Run**

**22**

**RECORD**

CORY SCHUBERT DEL MAR 4:49.60 1983

Name	School	Time
1 Katie Appenrodt	SI	4:59.0
2 Nicole Portley	Aragon	5:05.0
3 Lina Biber-Ferro	LG	5:12.9
4 Lauren Gustafson	Mills	5:13.7
5 Angela Sanchez	Cap	5:17.0
6 Kate Abbene	SI	5:20.4
7 Ann Ricketts	Saratoga	5:22.0
8 Monique Silva	Aptos	5:22.4
9 Erin Lapping	SI	5:22.5
10 Amy LaPine	LG	5:22.8
11 Lauren Currie	PAlto	5:24.0
12 Betsy Butterrick	SF	5:24.0

**Alternate:**  
Melanie Hann Live Oak  
Theresa Radanyi Soquel  
Shiloh Whiting San Lorenzo Valley  
Lauren Preker Burlingame

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT  
NUMBER**

Varsity  
1600m Run

**23**

**RECORD**

MATT GIUSTO SAN MATEO 4:13.60 1984

Name	School	Time
1 Cuco Chavez	Hollister	4:16.7
2 Nurv Abdella	Cupertino	4:21.0
3 Leo Balderas	SCh	4:23.9
4 Joma DeWald	Soquel	4:24.0
5 Matt Chen	SI	4:24.1
6 Brendon Wells	SI	4:24.6
7 Adam Tucker	SF	4:25.9
8 Mohammed Abdul	Westmoor	4:27.0
9 Neil McDonough	SI	4:27.0
10 DJ Ozan	Del Mar	4:27.2
11 Steve Garza	PHills	4:27.8
12 Jeff Wilson	Bell	4:28.1

**Alternate:**

Tom Allen	Gunn
Andrew Hill	Los Altos
Jose Acosta	Piedmont Hills
Mich Sakurada	Aragon
Booker Tynes	Mitty
Jules Villanueva	Soquel

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT F/S  
NUMBER 1600m Run**

**24**

**RECORD**

SEAN CROWLEY OVERFELT 4:22.70 1982

Name	School	Time
1 Neil McDonough	SI	4:27.7
2 Ed Alanic	MP	4:29.1
3 Neil Davis	Bell	4:31.8
4 Josh Campbell	NMC	4:34.1
5 Chip Powers	Carmel	4:34.3
6 Matt Smithley	Aptos	4:36.2
7 Girway Guangul	S Clara	4:37.4
8 Zack Regner	LG	4:37.6
9 Grant Guentner	Soquel	4:39.0
10 Russ Martin	LG	4:41.9
11 Dan Galindo	Bell	4:42.1
12 Jim Shimp	Leland	4:43.4

**Alternate:**

Erik Dixon	NMC
Jake Krucynski	Terra Nova
George Lanning	Gunn

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT  
NUMBER**

Girls  
100m Hurdles

25

**RECORD**

JENNIFER ODOM INDEP 14.65 1994

Heat # 1

Name	School	Time
1 Latoya Phillips	Mitty	16.08
2 Taylor Teerlink	Saratoga	15.60
3 Nikki Gillott	NMC	15.3
4 Tenia Green	Wilcox	15.26
5 Tamra Gulley	OGrove	14.6
6 Kelly Watson	Milp	15.47
7 Leanne Slater	Leland	15.4
8 Elzunia Lamb	Hollister	15.9

Heat # 2

Name	School	Time
1 Meredith Barret	MA	16.7
2 Kate Cody	SI	16.81
3 Mollie Caselli	SI	16.64
4 Jennifer Leier	Cupertino	16.2
5 Natasha Gordon	Aptos	16.1
6 Chantay Eddings	SSF	16.54
7 Laura Birenbaum	Saratoga	16.86
8 Cherise Adkins	PHills	16.8

**Alternate:**

Adriene Farrales Independence

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT Varsity  
NUMBER 110m High Hurdles**

26

**RECORD**

ISAAC CARSON JEFFERSON 13.96 1991

Heat # 1

Name	School	Time
1 Fred Sheppard	Gunn	15.30
2 Alex Ware	LAltos	15.09
3 Brandon Orlando	Gilroy	14.8
4 Tom Hocker	SCrk	14.73
5 Guy McGowan	Leigh	14.19
6 Karam Gill	Bell	14.90
7 Charlie Von Hoffen	SSF	15.23
8 Joe Augustine	Indep	15.2

Heat # 2

Name	School	Time
1 Jim Dickerson	Cupertino	15.4
2 C J Powell	LOak	15.64
3 Tyler Mullins	Soquel	15.3
4 Gauge Magadia	Overfelt	15.3
5 Transom Hum	Indep	15.2
6 Domine Barbaria	Serra	15.63
7 Ed Garcia	Wats	15.4
8 Kassim Osgood	NSal	15.65

**Alternate:**

Jeremy Dybdahl Soquel  
Nick Dickinson St Francis  
Tuati Wooden Independence  
Scott Yi Monterey

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

F/S  
65m HIGH HURDLES

27

**RECORD**

DON POWELL PALO ALTO 8.80 1984

Name	School	Time
1 Ira Shauqnessy	SI	9.98
2 Pat Hamer	SF	9.78
3 Benard Thomas	SF	9.58
4 Justin Scott	Indep	9.49
5 Nick Chenault	Jeff	9.50
6 Derek Willis	Aragon	9.72
7 Jeff Molumby	Serra	9.81
8 Lester Sing	Westmoor	10.18

**Alternates:**

Aaron Baggett	NMC
Eric Osti	Bell

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT Girls  
NUMBER 400m**

28

**RECORD**

BRENDA BREWER HILLSDALE 55.60 1982

**Heat #1**

Name	School	Time
1 Colleen Wrenn	PA	59.7
2 Simone Drucker	Harbor	59.6
3 Courtney Bell	Wilcox	58.79
4 Dominique Haley	Leland	57.19
5 Deanna Slaton	SCk	58.2
6 Sara Hess	Lincoln	59.67
7 Jasmine Washington	SI	59.97
8 Ashley Toews	Mitty	60.01

**Heat #2**

Name	School	Time
1 Vanessa Auburn	Carmel	60.91
2 Jessica Stafford	Aptos	60.56
3 Valerie Fo	PA	60.2
4 Christie Cohill	SI	60.03
5 Rometra Craig	Menlo	60.12
6 Kathryn Wang	Gunn	60.33
7 Angelica Brown	Milp	60.61
8 Emily Todd	SF	61.06

**Alternates:**

Marg Washington	Cupertino
TJ Dickson	Burlingame
Sarah Coombe	Carmel
Jasmine Green	Gilroy

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

**29**

Varsity  
400m

*Al, Don SI  
4:23.9*

**RECORD**

CALVIN HARRISON N SALINAS 46.32 1993

Heat # 1

Name	School	Time
1 Sterling Willets	NSal	50.17
2 Tyrol Springs	NSal	49.68
3 Arthur Crockett	DM	49.30
4 Ernesto Salinas	Gilroy	48.84
5 Devon Dyer	Indep	49.2
6 Tom Stout	Mills	49.56
7 Wes Morgan	Gunderson	49.85
8 Chad Allen	Saratoga	50.3

Heat #2

Name	School	Time
1 Nick Tung	Lynbrook	51.8 <i>51.3</i>
2 Mike Atkinson	SF	51.27
3 Steve Gaitan	Hollister	50.9 <i>51.57 F</i>
4 Chase Harmer	Mitty	50.8
5 Tom Rees	SF	51.08
6 Paul Mancias	Milp	51.21
7 Greg West	Wilcox	51.80
8 David Swanson	Mitty	51.8

**Alternates:**

Mike Whitaker	Cupertino
Robert Ogilvie	Los Altos
Morgan Drew	Homestead
Cameron Sund	Capuchino

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT F/S  
NUMBER 400m**

**30**

**RECORD**

FELTON CHARLES WESTMOOR 48.81 94

Name	School	Time
1 Hank Madson	KC	53.72
2 Dale Raby	NMC	53.10
3 Ken Jones	Gunn	53.01
4 Josh Harris	SI	52.15
5 Lynn Burnett	LO	52.26
6 Maury Melara	MA	53.04
7 Rob Kennedy	SI	53.46
8 Jon Johnson	Carmel	53.84

**Alternates:**

William Barries	Homestead
Sal Washington	Prospect

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

Girls  
100m

**31**

**RECORD**

KAREN LAWSON ST FRANCIS 11.80 1987

Heat #1

Name	School	Time
1 Binta White	Hollister	12.4
2 Michelle Taylor	AHill	12.2
3 Nikki Pogue	Menlo	12.27
4 Oriaka Kas-Osaka	Indep	12.02
5 Tenesha Webb	Wilcox	11.80
6 Shani Roseby	Mrey	12.1
7 Cinty McGowan	Leigh	12.2
8 Kerry Blaschke	Cup	12.4

Heat #2

Name	School	Time
1 Kaley Bradley	SF	12.7
2 Jamie Hageman	TNova	12.7
3 Kelsey Laws	Gunn	12.5
4 Kristie Ostoja	Hollister	12.5
5 Amber Taylor	NMC	12.4
6 Shavonne Floyd	Indep	12.77
7 Janet Lawrence	Gunn	12.6
8 Ann Leemhuis	SF	12.8

**Alternate:**

Casey Caldwell	SF
Angela Mercado	Santa Clara
Stephanie Hererra	Westmont
Amanda Hughes	MA
Jan Carter	Mitty

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT Varsity  
NUMBER 100m**

**32**

**RECORD**

CARL MONTGOMERY SSF 10.40 1980  
TONY MILLER RIORDAN 10.40 1986

Heat #1

Name	School	Time
1 Brandon Orlando	Gilroy	10.9
2 Guy McGowan	Leigh	10.9
3 Mike Rodriguez	NSal	11.14
4 Eric Nikisch	OGrove	10.94
5 Donte Mack	DM	10.74
6 Nick Hord	SCLara	11.10
7 Steve Lee	SI	10.9
8 Paul Simonsen	RLS	10.9

Heat #2

Name	School	Time
1 Willie Jones	NMC	11.0
2 Jonnie Gray	Gunn	11.0
3 Tony Guanotti	SCLara	11.21
4 Terrance Williams	Mitty	11.18
5 Sam Minty	Sequoia	11.16
6 Mike Atkinson	SF	11.20
7 Chris Castro	SI	11.24
8 Clay Hathorne	MA	11.0

**Alternate:**

Erik Lichtenstein	Mills
Dingane Jackson	Aragon
Sam Wright	NSalinas
Anthony Butler	Gunn

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT** F/S  
**NUMBER** 100m

# 33

## RECORD

ANTHONY PACHECO MILPITAS 10.87 1987

Name	School	Time
1 John Hurley	SI	11.87
2 Antwon Guidry	Leigh	11.67
3 Jackie Wilson	MA	11.57
4 Ronald Nunn	SF	11.47
5 Lewis Curistian	PA	11.3
6 Craig Macarag	Bell	11.59
7 Kevin May	Mitty	11.74
8 Brandon Simmons	Wilcox	11.96

### Alternates:

Justin Katz	Lyn
Verthis Young	PA
Jon Samples	NMC
Aaron Emmert	MVC

## RESULTS

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT** Girls  
**NUMBER** 800m

# 34

## RECORD

KRISTEN DOWELL S.TERESA 2:09.40 1983

Name	School	Time
1 Katie Appenrodt	SI	2:21.0
2 Maureen Marquess	SF	2:18.69
3 Colleen Wrenn	PA	2:14.4
4 Heather Hennessy	Mitty	2:16.8
5 Amy LaPine	LG	2:18.3
6 Lina Biber-Ferro	LG	2:19.0
7 Angela Sanchez	Cap	2:20.0
8 Carigan D-Brown	Burl	2:21.7
9-2a Erin Lapping	SI	2:23.36
10-7a Maureen Gustafson	Mills	2:22.0
11-1a Ann Morales	Burl	2:22.6
12-8a Katie Nejasnich	SI	2:24.3

### Alternates:

Melanie Hann	Live Oak
Alies Cados	Leigh
Caroline Mendez	NMC
Emily Retiner	Leland

## RESULTS

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

Varsity  
800m

**35**

**RECORD**

KEITH ALLEN BELLERMINE 1:52.10 1984

Name	School	Time
1 Manuel Mendoza	Wmoor	1:59.2
2 Temo Trujillo	NMC	1:56.3
3 DJ Ozan	DM	1:54.67
4 Neil McDonough	SI	1:56.19
5 Adam Tucker	SF	1:56.0
6 Chris Knapp	Bell	1:59.21
7 Steve Nestinger	SCLara	1:59.0
8 Wes Morgan	Gunderson	1:59.8
9-2a Devon Dyer	Indep	2:00.0
10-7a Alex Daniels	Saratoga	2:00.3
11-1a Erland Solberg	KCity	2:00.5
12-8a Cesa Lira	SSF	2:00.5
13-3a James Huddleston	SI	2:00.36

**Alternates:**

Tim Tuff	Half Moon Bay
Ernesto Salinas	Gilroy
Richardo Cano	Serra
Chris Puga	Mills

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT F/S  
NUMBER 800m**

**36**

**RECORD**

SCOTT CERVELLI SANTA TERESA 1:55.40 1991

Name	School	Time
1 Paul Rose	Bell	2:02.9
2 Matt Szymanowski	Cup	2:01.5
3 Ed Alaniz	MP	2:01.0
4 Neil McDonough	SI	2:01.1
5 Juanne Armon	Mitty	2:01.1
6 Frisco Morelos	Overfelt	2:01.2
7 David Huss	SF	2:02.1 <i>2:00</i>
8 Paul Gonella	SI	2:03.4
9-2a David Pearl	Bell	2:03.7
10-7a Chip Powers	Carmel	2:03.8
11-1a Jeff Hoeft	LG	2:04.0
12-8a Chris Martinez	SCLara	2:04.8 <i>2:04</i>

**Alternates:**

Lucas Crowley	Mitty
Jeff Yu	Gunn
Seartalus Guillory	Terra Nova
Chris Allen	SF

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

Girls  
300m Intermediate Hurdles

**37**

**RECORD**

EFFIE DAETZ LEIGH 42.90 1987

Heat #1

Name	School	Time
1 Mollie Caselli	SI	48.24
2 Taylor Teerlink	Saratoga	46.8
3 Leanne Slater	Leland	46.6
4 Tenia Green	Wilcox	44.19
5 Kelley Watson	Milp	46.34
6 Nikki Gillott	NMC	46.4
7 Jessi Spear	Harbor	47.6
8 Merideth Barrett	MA	48.38

Heat #2

Name	School	Time
1 Amy Olsen	Hollister	50.7
2 Enjolie Barnaba	PHills	50.1
3 Latoya Phillips	Mitty	49.61
4 Amy LaPine	LG	48.4
5 Kai Sample	Harbor	49.1
6 Lara Werschky	SI	49.69
7 Claire Fodor	Aptos	50.40
8 Farrah Abrishani	SF	50.99

**Alternate:**

Erin Curtis	Mitty
Lina Pimentel	Del Mar
Cami Craig	Aptos
Ann Overton	St Francis

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT Varsity  
NUMBER 300m Intermediate Hurdles**

**38**

**RECORD**

SHAN WILLIAMS INDEP 38.60 1992

Heat #1

Name	School	Time
1 Terrance Robinson	NSal	41.17
2 Fred Sheppard	Gum	40.5
3 Transom Hum	Indep	40.0
4 Guy McGowan	Leigh	37.5
5 Tom Hooker	SCK	39.2
6 Joe Augustine	Indep	40.1
7 Jose Rumayor	Riordan	40.9
8 Karam Gill	Bell	41.21

Heat #2

Name	School	Time
1 C J Powell	LOak	41.7
2 Nick Dickinson	SF	41.84
3 Alex Ware	Los Altos	41.2
4 Brandon Orlando	Gilroy	41.1
5 Tuati Wooden	Indep	41.1
6 George Magadia	Overfelt	41.3
7 Terrance Williams	Mitty	41.90
8 Scott Yi	Monterey	41.8

**Alternate:**

Jon Friel	Aptos
Charlie Von Hoffen	So San Francisco
Alex Shye	Los Altos
Tony Balbos	Hollister
Adam Barton	Harbor

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

**F/S  
300M IH**

**EVENT Girls  
NUMBER 200m**

**39**

**40**

**RECORD**

JOE NAIVALU    FREMONT 39.65    1994

**RECORD**

ANNETTE COLEMAN CARLMONT 24.17 1989

Name	School	Time
1 Ira Shaugnessy	SI	43.45
2 Jeff Marquess	Gunn	43.39
3 Nick Kopec	SI	42.63
4 Lester Sing	Westmoor	41.57
5 Derek Willis	Aragon	42.25
6 Justin Scott	Indep	42.69
7 Skip Powers	Carmel	43.40
8 Nick Chenault	Jeff	43.50

**Alternates:**

Matt Carmody    Aptos  
Seamus Quillinan    Fremont

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

Name	School	Time
1 Cinty McGowan	Leigh	25.7
2 Nikki Pogue	Menlo	25.81
3 Dominique Haley	Leland	25.76
4 Shani Roseby	Mrey	25.0
5 Andrea Gulley	OGrove	25.0
6 Tenesha Webb	Wilcox	25.02
7 Sarah Smith	Wilcox	25.90
8 Ashley Toews	Mitty	26.10

**Name            School            Time**

1 Valerie Fo	PA	26.8
2 Sara Hess	Lin	26.4
3 Jasmine Washington	SI	26.51
4 Ashley Toews	Mitty	26.10
5 Kerry Blaschke	Cup	26.2
6 Dee Reese	Milp	26.54
7 Simone Drucker	Harbor	26.8
8 Angelia Brown	Milp	26.73

**Alternates:**

Kelsey Laws            Gunn  
Angela Mercado        Santa Clara  
Christina Rayne        SI  
Holly Stone            Aptos  
Jen Carter                Mitty

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

Varsity  
200m

41

**RECORD**

TONY MILLER RIORDAN 21.10 1987

Heat #1

Name	School	Time
1 Clay Hathorne	MA	22.5
2 Donte Mack	DM	22.4
3 Eric Nikisch	OGrove	22.1
4 Tyrol Springs	NSal	21.79
5 Guy McGowan	Leigh	21.98
6 Mike Rodriguez	NSal	22.56
7 Mike Atkinson	SF	22.74
8 Paul Simonsen	RLS	22.6

Heat #2

Name	School	Time
1 Willie Jones	NMC	23.20
2 Paul Mancias	Milp	23.06
3 Tom Stout	Mills	22.94
4 Arthur Crockett	DM	22.6
5 Tom Rees	SF	22.7
6 Jon Gray	Gunn	22.8
7 Shiraz Qadri	SF	23.06
8 Chase Harmer	Mitty	23.22

**Alternates:**

Ken Chang	Cupertino
Nick Hord	Santa Clara
Matt Mast	SLV
Dingane Jackson	Aragon
Jason Hughey	Sequoia

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT F/S  
NUMBER 200M**

42

**RECORD**

FELTON CHARLES WESTMOOR 22.10 1994

Name	School	Time
1 Craig Macarg	Bell	23.71
2 Matt Lemos	SF	23.4
3 Antwon Guidry	Leigh	23.43
4 Ronald Nunn	SF	23.13
5 Jackie Wilson	MA	23.1
6 Lewis Christian	PA	23.60
7 Josh Keough	SMateo	23.69
8 Branden Simmons	Wilcox	23.5

**Alternates:**

Maury Melara	MA
Aaron Emmert	MVC
Pat Hamer	SF

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

Girls  
3200m Run

**43**

**RECORD**

MARY MENDOZA PRESENTATION 10:26.20 1987

Name	School	Time
1 Katie Appenrodt	SI	10:56.0
2 Nicole Portley	Aragon	10:56.4
3 Analicia Martinez	KC	11:10.0
4 Celeste Dunlap	Cup	11:34.5
5 Sarah High	LG	11:35.0
6 Lauren Currie	PA	11:35.0
7 Erin Duterte	SI	11:42.0
8 Rebecca Harmer	Mitty	11:50.2
9 Lauren Moroevich	SI	11:50.2
10 Chloe Glare	MA	11:50.7
11 Bev Havner	Del Mar	11:51.7
12 Ann Ricketts	Saratoga	11:59.0
13 Beth Burnham	SLV	12:05.0
14 Sabrina Ahman	Milpitas	12:13.0
15 Yuli Ortega	Harbor	12:17.1
16 Elena Lopez	Santa Teresa	12:17.1

**Alternate:**

Jessica Upson	St Francis
Rebecca Goodwin	Piedmont Hills
Amy Briley	NMC
Stephanie Rodriquez	Hollister
Rose Delos Santos	North Salinas
Andie Knudsen	LG

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT Varsity  
NUMBER 3200m Run**

**44**

**RECORD**

MIKE MC COLLUM PALO ALTO 9:01.80 1981

Name	School	Time
1 Andrew Hill	Los Altos	9:17.0
2 Leo Balderas	SCk	9:22.0
3 Cuco Chavez	Hollister	9:23.0
4 Brandon Wells	SI	9:25.0
5 Adam Perez	Serra	9:34.5
6 Omar hart	Bell	9:38.7
7 Matt Chen	SI	9:40.0
8 Marshall Boyd	Gunn	9:42.6
9 Brian Harrington	Del Mar	9:43.1
10 Steve Garza	PHills	9:48.0
11 Dan Chavez	SF	9:48.9
12 Brian Rankin	MA	9:49.4
13 Booker Tynes	Mitty	9:50.2
14 Kevin Brown	Bell	9:51.0
15 David Monico	PHills	9:51.0
16 Jose Acosta	PHills	9:51.0

**Alternate:**

Eric Jones	NMC
Matt Hovic	Homestead
Eyasu Kebede	Willow Glen
Dan Seddiqui	Homestead
Francisco Uribe	Riordan
J T Service	Mitty

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT  
NUMBER**

**F/S  
3200m Run**

**45**

**RECORD**

CHRIS CRAIG LEIGH 9:32.80 1982

Name	School	Time
1 Josh Campbell	NMC	9:52.4
2 Andy Gallengos	Burl	9:54.0
3 Russ Martin	LG	10:02.7
4 Zack Regner	LG	10:07.7
5 Ian Payne	MP	10:10.2
6 George Lanning	Gunn	10:12.9
7 Shawn Jinnerson	TNova	10:13.8
8 Frisco Morrelos	Overfelt	10:17.4
9 Joey Rozewicz	DM	10:19.9
10 Martin Gutierrez	Wats	10:23.0
11 Brooks Hanson	SI	10:26.2
12 Andrew Kwee	Bell	10:27.1

**Alternate:**

Dennis Bernele	Del Mar
Kale Major	Wilcox
Jake Spangler	St Francis
Hector Mandujano	King City

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT F/S  
NUMBER 1600m Relay**

**46**

**RECORD**

WESTMOOR 3:27.56 1994

School	Time
1 Lynbrook	3:40.0
2 Mitty	3:39.1
3 St Ignatius	3:35.4
4 Gunn	3:32.87
5 Carmel	3:35.2
6 Bellarmine	3:37.1
7 Riordan	3:39.6
8 Live Oak	3:41.8

**Alternate:**

Serra  
San Mateo

**RESULTS**

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

6 \_\_\_\_\_

**EVENT  
NUMBER**

Varsity  
1600m Relay

47

**RECORD**

INDEPENDENCE 3:18.49 1991

Heat #1

School	Time
1 St Ignatius	3:29.1
2 Menlo-Atherton	3:35.8
3 Mitty	3:35.5
4 North Salinas	3:21.7
5 Del Mar	3>25.10
6 St Francis	3:25.87
7 Westmoor	3:27.2
8 Gunn	3:29.8

Heat #2

School	Time
1 Mills	3:35.96
2 Los Altos	3:32.0
3 No Monterey Co	3:31.2
4 Oak Grove	3:30.0
5 Hollister	3:31.0
6 Bellarmine	3:31.7
7 Cupertino	3:32.0
8 Santa Clara	3:36.0

**Alternate:**

Sequoia

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**EVENT** Girls  
**NUMBER** 1600m Relay

48

**RECORD**

ST FRANCIS 3:54.29 1986

Heat #1

School	Time
1 Milpitas	4:12.34
2 Palo Alto	4:09.2
3 Capuchino	4:08.0
4 Wilcox	3:57.0
5 Mitty	4:06.69
6 St Ignatius	4:08.36
7 Leland	4:10.1
8 Gunn	4:12.4

Heat #2

School	Time
1 Saratoga	4:18.0
2 Burlingame	4:15.70
3 Los Gatos	4:13.8
4 Menlo-Atherton	4:12.0
5 St Francis	4:13.0
6 Aptos	4:14.24
7 Harbor	4:15.8
8 Carmel	4:20.0

**Alternate:**

North Monterey County  
North Salinas  
Independence  
San Lorenzo Valley

**RESULTS**

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

**Frosh/Soph Classic**  
**April 10, 1998**

**Boys Results (Top 8 qualifiers)**

**100M:** (*meet record: Anthony Pacheco, Milpitas, 10.87, 1987*) 1.(tie) Ronald Nunn, St. Francis 11.47 FAT/11.3 handtimed & Lewis Cristian, Palo Alto, 11.3 handtimed; 3. Jackie Wilson, Menlo Atherton, 11.57; 4. Craig Macarag, Bellarmine, 11.59; 5. Antwon Guidry, Leigh, 11.67; 6. Kevin May, Archbishop Mitty, 11.74; 7. John Hurley, St. Ignatius, 11.87; 8. Brandon Simmons, Wilcox, 11.96; Alt #1 (tie) Justin Katz, Lynbrook & Verthis Young, Palo Alto, 12.01; Alt #3 (tie) Jon Samples, NMC & Aaron Emmert, MV Christian, 12.08.

**200M:** (*meet record: Felton Charles, Westmoor, 22.10, 1994*) 1. Ronald Nunn, St. Francis, 23.13; 2. Jackie Wilson, Menlo Atherton, 23.1 (handtimed); 3. Antwon Guidry, Leigh, 23.43; 4. Lewis Christian, Palo Alto, 23.60; 5. Matt Lemos, St. Francis, 23.4 (handtimed); 6. Josh Keough, San Mateo, 23.69; 7. Craig Macarag, Bellarmine, 23.71; 8. Branden Simmons, Wilcox, 23.5 (handtimed); Alt #1(tie) Maury Melara, Menlo Atherton & Aaron Emmert, Monta Vista Christian, 23.95; Alt #3. Pat Hamer, St. Francis 23.97.

**400M:** (*meet record: Felton Charles, Westmoor, 48.81*) 1. Josh Harris, St. Ignatius, 52.15; 2. Lynn Burnett, Live Oak, 52.26; 3. Ken Jones, Gunn, 53.01; 4. Maury Melara, Menlo Atherton, 53.04; 5. Dale Raby, NMC, 53.10; 6. Rob Kennedy, St. Ignatius, 53.46; 7. Hank Madson, King City, 53.72; 8. Jon Johnson, Carmel, 53.84; Alt. #1. William Barries, Homestead, 54.05; Alt #2. Sal Washington, Prospect, 54.07.

**800M:** (*meet record: Scott Cervelli, Santa Teresa, 1:55.40, 1991*) 1. Ed Alaniz, Mt. Pleasant, 2:01.0; 2. Neil McDonough, St. Ignatius, 2:01.1; 3. Juaane Armon, Archbishop Mitty, 2:01.1; 4. Prisco Morelos, Overfelt, 2:01.2; 5. Matt Szymanski, Cupertino, 2:01.5; 6. David Huss, St. Francis, 2:02.1; 7. Paul Rose, Bellarmine, 2:02.9; 8. Paul Gonella, St. Ignatius, 2:03.4; 9. David Pearl, Bellarmine 2:03.7; 10. Chip Powers, Carmel, 2:03.8; 11. Jeff Hoef, Los Gatos, 2:04.0; 12. Chris Martinez, Santa Clara 2:04.8; Alt #1. Lucas Crowley, Archbishop Mitty 2:06.7; Alt #2. Jeff Yu, Gunn, 2:06.7; Alt #3. Seartalus Guillory, Terra Nova, 2:06.8; Alt #4. Chris Allen, St. Francis, 2:06.9.

**1600M:** (*meet record: Sean Crowley, Overfelt, 4:22.70c, 1982(mile)*) 1. Neil McDonough, St. Ignatius, 4:27.7; 2. Ed Alanic, Mt. Pleasant 4:29.1; 3. Neil Davis, Bellarmine, 4:31.6; 4. Josh Campbell, NMC, 4:34.1; 5. Chip Powers, Carmel, 4:34.3; 6. Matt Smithley, Aptos, 4:36.2; 7. Girway Guangul, Santa Clara, 4:37.4; 8. Zack Regner, Los Gatos, 4:37.6; 9. Grant Guentner, Soquel, 4:39.0; 10. Russ Martin, Los Gatos, 4:41.9; 11. Dan Galindo, Bellarmine, 4:42.1; 12. Jim Shimp, Leland, 4:43.4; Alt #1: Erik Dixon, NMC; 4:43.5; Alt #2. Jake Krucynski, Terra Nova, 4:44.1; Alt #3: George Lanning, Gunn, 4:44.3.

**3200M:** (*meet record: Chris Craig, Leigh, 9:32.80c, 1982*) 1. Josh Campbell, NMC, 9:52.4; 2. Andrew Gallegos, Burlingame, 9:54.0; 3. Russ Martin, Los Gatos, 10:02.7; 4. Zack Regner, Los Gatos, 10:07.7; 5. Ian Payne, Mt. Pleasant, 10:10.2; 6. George Lanning, Gunn, 10:12.9; 7. Shawn Jinnerson, Terra Nova, 10:13.8; 8. Prisco Morrelos, Overfelt, 10:17.4; 9. Joey Rozewicz, Del Mar, 10:19.9; 10. Martin Gutierrez, Watsonville, 10:23.0; 11. Brooks Hanson, St. Ignatius, 10:26.2; 12. Andrew Kwee, Bellarmine, 10:27.1; Alt #1. Dennis Bernele, Del Mar, 10:29.0; Alt #2. Kale Major, Wilcox, 10:39.0; Alt #3. Jake Spangler 10:40.2; Alt #4 Hector Mandujano, King City, 10:40.2.

**65M HH:** (*meet record: Don Powell, Palo Alto, 8.80, 1984*) 1. Justin Scott, Independence, 9.49; 2. Nick Chenault, Jefferson, 9.50; 3. Benard Thomas, St. Francis, 9.58; 4. Derek Willis, Aragon, 9.72; 5. Pat Hamer, St. Francis 9.78; 6. Jeff Molumby, Serra, 9.81; 7. Ira Shaugnessy, St. Ignatius, 9.98; 8. Lester Sing, Westmoor, 10.18; Alt #1: Aaron Baggett, NMC, 10.19; Alt #2: Eric Osti, Bellarmine, 10.21.

**300M IH:** (*meet record: Joe Naivalu, Fremont, 39.41, 1994*) 1. Les Sing, Westmoor, 41.57; 2. Derek Willis, Aragon, 42.25; 3. Nick Kopec, St. Ignatius, 42.63; 4. Justin Scott, Independence 42.69; 5. Jeff Marquess, Gunn, 43.39; 6. Skip Powers, Carmel, 43.40; 7. Ira Shaugnessy, St. Ignatius, 43.45; 8. Nick Chenault, Jefferson, 43.50; Alt #1. Matt Carmody, Aptos, 43.60; Alt #2. Seamus Quillinan, Fremont 43.61.

**400M Relay:** (*meet record: Westmoor 43.67, 1994*) 1. St. Francis 44.2 (hand timed); 2. Menlo Atherton 44.86; 3. St. Ignatius 45.41; 4. Archbishop Mitty 45.45; 5. Palo Alto 46.03; 6. King City 46.10; 7. Lynbrook 46.17; 8. Bellarmine 46.23; Alt #1: San Mateo 46.48; Alt #2: Carmel 46.53.

**1600M Relay:** (*meet record: Westmoor, 3:27.56, 1994*) 1. Gunn, 3:32.87; 2. Carmel, 3:35.2; 3. St. Ignatius, 3:35.4; 4. Bellarmine, 3:37.1; 5. Archbishop Mitty, 3:39.1; 6. Archbishop Riordan, 3:39.6; 7. Lynbrook, 3:40.0; 8. Live Oak, 3:41.8; Alt #1. Serra, 3:44.4; Alt #2. San Mateo, 3:44.5.

**Shotput:** (*meet record: Frank Fillipone, Oak Grove, 56'10 1/2, 1989*) 1. Igor Olshansky, St. Ignatius, 53' 4 1/2; 2. Rick Esparza, Mitty, 48' 8; 3. Brad King, King City, 47' 7; 4. Princeton Stamps, Jefferson, 47' 5; 5. Adam Ailand, Burlingame, 47' 3; 6. Lauova Java, Jefferson, 46' 9; 7. John JHolder, Gonzales, 45' 9; 8. Jesus Gurrero, Mt. Pleasant, 45' 6 1/2; Alt #1: Doug Sampson, Aptos, 45' 1/2; Alt #2: Kelly Turbin, St. Ignatius, 44' 2.

**Discus:** (*meet record: Jon Fowler, Los Altos, 152'7, 1987*) 1. Kelly Turbin, St. Ignatius, 132'3; 2. Rick Esparza, Mitty, 129'5; 3. Igor Olshansky, St. Ignatius, 128'6; 4. Java Laudva, Jefferson, 127' 4 1/2; 5. Mike Woods, Burlingame, 123' 5 1/2; 6. Eric Battiato, Archbishop Mitty, 121'7; 7. Brian Eckert, Live Oak, 121'0; 8. Princeton Stamps, Jefferson, 119'6; Alt #1. Adam Ailano, Burlingame, 119' 3 1/2; Alt #2. David Ambler, St. Francis, 119'3.

**Pole Vault:** (*meet record: George Bassett, Saratoga, 1982, Mike Kibort, Fremont, 1981, 13'6*) 1(tie). Adrian Carbajal, Mt Pleasant; Justin Davis, Del Mar; & Don Hilliker, Los Gatos, 12'0; 4. Cody Wells, King City, 11'0; 5. John Silva, Bellarmine, 11'0; 6 (tie). Ryan Riley, St. Francis, & Tyler Wolfkian, San Mateo, 11'0; 8. T. J. Tonks, NMC, 11'0; Alt #1: Landon Calhoun, NMC, 10'6; Alt #2. Dan Hannig, St. Francis, 10'0.

**Triple Jump:** (*meet record: Allen Picchi, St. Francis, 48-6 1/4, 1981*) 1. Rashad Higgs, Independence, 43'8; 2. Juane Armon, Archbishop Mitty, 42;4; 3. Matt Lemos, St. Francis, 42' 3 1/2; 4. Tipeti Paini, Archbishop Riordan, 41' 3/4; 5. Kevin May, Archbishop Mitty, 40'2; 6. Barrett Bryson, Lynbrook, 39' 7 1/4; 7. Lester Sing, Westmoor, 39' 4 3/4; 8. O'Neil Bhalala, Live Oak, 39' 1 1/2; Alt #1. Jerry Valera, St. Ignatius, 37' 11 3/4; Alt #2. Mike McCoy, King City, 37'10 1/2.

**High Jump:** (*meet record: Jeff Rogers, Overfelt, 6'6, 1983*) 1. Reuben Mastin, Del Mar, 6'2; 2. Matt Chisam, St. Francis, 6'0; 3. Jeremiah Spears, Aptos, 5'10; 4. Alex Loveless, SLV, 5'10; 5. Verdine Baker, Los Altos, 5'8; 6. Jaison Moore, Archbishop Riordan, 5'8; 7(tie). Gary MacNeil, Archbishop Riordan & Vincent Kirkpatrick, St. Ignatius, 5'8; Alt #1. Tony Martinelli, Serra, 5'8; Alt #2(tie) Jeff Marquess, Gunn & Nate Boudreaux, Bellarmine, 5'6.

**Long Jump:** (*meet record: Mark Montgomery, Independence, 22'5 1/2, 1981*) 1. Steve Baker, Gunn 21'1; 2. Antwon Guidry, Leigh, 20'8; 3. Juanne Armon, Archbisop Mitty; 4. Roshod Higgs, Independence, 19' 5 1/2; 5. Jeff Molumby, Serra, 19' 4 1/2; 6. Matt Lemos, St. Francis 19' 1 1/2; 7. Barrett Bryson, Lynbrook, 19'0; 8. Skip Powers, Carmel, 18'10; Alt #1. Ian Jang, Saratoga, 18'10; Alt #2. Tipeti Paini, Archbishop Riordan, 18'6.

## FROSH SOPH CLASSIC April 10, 1998

### Girls Results

**100M:** (*meet record: new event*) 1. Janet Lawrence, Gunn, 13.13; 2. Kelsey Laws, Gunn, 13.26; 3. Annie Leemhuis, St. Francis, 13.28; 4. Casey Caldwell, St. Francis, 13.67; 5. Jaclyn Campi, St. Francis, 13.69; 6. Charlen Deardorf, Mt. Pleasant, 13.70; 7. Jean Thompson, Homestead, 13.75; 8. Monica White, Palo Alto, 13.82.

**200M:** (*meet record: new event*) 1. Margaret Thomas, Carmel, 27.92; 2. Charlene Deardorf, Mt. Pleasant, 28.20; 3. Jurusha Rand, Capuchino, 28.30; 4. Loren Reed, Capuchino, 28.37; 5. Marisa Taylan, NMC, 28.38; 6. Lara Lazaro, St. Ignatius, 28.40; 7. Jeanyce Thompson, Homestead, 28.46; 8. Daisy-Lu Comejo, Santa Clara, 28.55.

**400M:** (*meet record: new event*) 1. Vanessa Auburn, Carmel, 60.91; 2. Kristy Candau, St. Francis 62.70; 3. Chelsey Voss, St. Francis, 63.80; 4. Jennifer Brown, Fremont, 64.29; 5. Eva Shu, Gunn, 64.31; 6. Ashley Mitchell, Del Mar, 66.22; 7. Delphine Huang, Palo Alto, 66.83; 8. Katie Murphy, Palo Alto, 68.37.

**800M:** (*meet record: new event*) 1. Maureen Marquess, St. Francis, 2:19.2; 2. Carrigan D-Brown, Burlingame, 2:21.7; 3. Angela Sanchez, Capuchino, 2:23.8; 4. Melanie Hahn, Live Oak, 2:25.0; 5. Caroline Mendez, NMC, 2:26.7; 6. Emily Rettner, Leland, 2:27.0; 7. Liveth Ramos, Mt. Pleasant, 2:27.2; 8. Elizabeth Burnham, SLV, 2:27.4.

**1600M:** (*meet record: new event*) 1. Angela Sanchez, Capuchino, 5:18.2; 2. Kate Abbere, St. Ignatius, 5:20.8; 3. Monique Silva, Aptos, 5:22.4; 4. Melanie Hahn, Live Oak, 5:26.0; 5. Elena Lopez, Santa Teresa, 5:31.1; 6. Shiloh Whitting, SLV, 5:33.7; 7. Laura Boyo, Gunn, 5:41.0; 8. Courtney Luna, Terra Nova, 5:42.9.

**3200M:** (*meet record: new event*) 1. Erin Duterte, St. Ignatius, 11:49.6; 2. Bev Havner, Del Mar, 11:51.7; 3. Lauren Maroevich, St. Ignatius, 12:15.7; 4. Eleva Lopez, Santa Teresa, 12:21.8; 5. Rosalind Honig, Mt. Pleasant, 12:35.4; 6. Becky Simmons, St. Francis, 12:41.7; 7. Julia Lee, Palo Alto, 12:41.9; 8. Andie Knudsen, Los Gatos, 12:42.8.

**100M HH:** (*meet record: new event*) FAT times not available: 1. Mollie Caselli, St. Ignatius, 16.9; 2. Undine Becker, Mt. Pleasant, 17.2; 3. Adrienne Farrales, Independence, 17.3; 4. Kristen Kam, Fremont, 17.6; 5. Sara Bullard, Independence, 18.0; 6.(tie) Elizabeth Toomer, St. Ignatius & Lety Taylor, 18.1; 8. Mina Malek, Gunn, 18.5.

**300M LH:** (*meet record: new event*) 1. Mollie Caselli, St. Ignatius, 48.24; 2. Undine Becker, Mt. Pleasant, 48.60; 3. Kristen Kam, Fremont, 49.15; 4. Kate Jennings, St. Ignatius, 50.95; 5. Christy Blessing, Live Oak, 51.71; 6. Adrienne Farrales, Independence, 51.96; 7. Lety Taylor, SLV, 52.35; 8. Adriana Palmer, Mt. View, 53.07.

**400M Relay:** (*meet record: new event*) HANDTIMED: 1. Archbishop Mitty, 50.5; 2. St. Francis, 50.5; 3. Mt. Pleasant, 51.4; 4. Gunn 52.4; 5. St. Ignatius, 53.1; 6. Mills, 53.5; 7. Fremont, 53.7; 8. Santa Clara, 53.8.

**1600M Relay:** (*meet record: new event*) 1. Archbishop Mitty, 4:06.6; 2. St. Ignatius, 4:18.7; 3. St. Francis, 4:22.2; 4. Mt. Pleasant, 4:22.9; 5. SLV, 4:25.2; 6. NMC, 4:29.8; 7. Del Mar, 4:35.4; 8. Palo Alto, 4:36.0.

**Shotput:** (*meet record: new event*) 1. Danielle Endaya, St. Francis 35'7"; 2. Anna Marie Owens, Prospect 34' 5 1/2"; 3. Mariah Posporil, Los Altos, 30' 5 1/2"; 4. Mary Kay-Chin, Mills, 29'7"; 5. Colleen Cocitti, school?, 28'5"; 6. Melanie Eaton, MV Christian, 27' 6 1/2"; 7. Arleen Polk, Mt. Pleasant, 26' 2 1/2"; 8. Annie Farnady, Los Gatos, 26' 2.

**Discus:** (*meet record: new event*) 1. Sandra Maldonado, NMC, 111' 7 1/2"; 2. Daniella Endaya, St. Francis, 100' 6"; 3. Susan Conway, St. Francis, 98' 4 1/2"; 4. Mariah Posporil, Los Altos, 94' 7"; 5. Anne Farnady, Los Gatos, 93' 5 1/2"; 6. Reyna Quedado, Overfelt, 77' 0"; 7. Frances Valido, St. Ignatius, 75' 8"; 8. Arlene Polk, Mt. Pleasant, 75' 4 1/2".

**Pole Vault:** (*meet record: new event*) 1. Buffie Ryan, Soquel, 9'6"; 2. Linsay Ramaekers, Aptos, 8'0"; 3. Lina Sar, Mt. Pleasant, 8'0"; 4. Melisa Taing, Mt. Pleasant, 8'0"; 5. Alicia Castillo, Gonzales, 7'6"; 6 (tie). Caroline Kolling, St. Ignatius & Jeannette Ramirez, King City, 7'6".

**Triple Jump:** (*meet record: new event*) 1. Tinishia Johnson, Mitty, 35; 6 3/4; 2. Sarah Chan, Mt. View, 34'5"; 3. Maxine Bazely, Aptos, 31'9"; 4. Cindy Liang, Gunn, 30' 9 1/2"; 5. Jessica Hosea, St. Ignatius, 29; 7 1/2; 6. Lina Sar, Mt. Pleasant, 29' 3 1/2"; 7. Marissa Bruce, St. Ignatius, 29' 1 1/2"; 8. Sarah Little, Carmel, 28' 11 3/4.

**High Jump:** (*meet record: new event*) 1. Jenna Grimaldi, St. Ignatius, 5'4"; 2. Janit Lawrence, Gunn, 5'0"; 3. Casey Tulley, King City, 5'0"; 4. Marissa Whitlock, Los Altos, 4'10"; 5. Whitney Condie, Del Mar, 4'6".

**Long Jump:** (*meet record: new event*) 1. Undine Becker, Mt. Pleasant, 16'0"; 2. Cristen McClenathen, Los Gatos, 15; 2 1/2; 3. Margaret Thomas, Carmel, 14'7"; 4. Maxine Bazely, Aptos, 14'7"; 5. Eva Shu, Gunn, 14'3"; 6. Jessica Hosea, St. Ignatius, 14' 2 1/2"; 7. Marissa Bruce, St. Ignatius, 14' 1"; 8. Marisa Taylan, NMC, 13'7".



# LOS GATOS FIELD RECORDS

## COLLEGE & OPEN DIVISIONS

### ► MEN

60 Yards	Bill Green	5.9	1985
100 Meters	Ato Bolden	10.04	1994
200 Meters	Ato Bolden	20.42	1994
400 Meters	Andre Phillips	45.38	1988
800 Meters	Rod Green	1:48.4	1987
1,500 Meters	Andy Grifford	3:40.5	1982
Mile	Tom Smith	3:59.2	1985
2 Mile	Gary Bloom	8:41.6	1980
5,000 Meters	John Moreno	13:54.5	1983
10,000 Meters	Dan Gruber	29:56.4	1984
65m Hurdles	Malcom Dixon	8.1	1986
110 Hurdles	Duffy	13.7	1988
330 Yard Hurdles	Ron Seanez (33")	36.6	1981
400 Meter Hurdles	Wendell Angel (36")	50.26	1984
400 Relay	San Jose State	40.3	1985
	Sacramento State	40.46	1993
Mile Relay	Army	3:12.0	1984
Shot Put	Greg Tafralis	72'1 $\frac{1}{4}$ "	1992
Discus	Mike Bunsic	222'2"	1984
35 lb. Weight	Gustafson	73'5 $\frac{1}{4}$ "	1988
High Jump	Ruben Wallace	72'2 $\frac{1}{4}$ "	1984
Long Jump	Mike McRae	26'7 $\frac{1}{4}$ "	1984
Triple Jump	Tyler	53'3 $\frac{1}{4}$ "	1984
Pole Vault	Tom Hintnaus	18'8"	1985

### ► WOMEN

60 Yards	Wendy Brown	6.9	1985
	Linda Turing	6.9	1991
100 Meters	Linda Turing	11.6	1991
200 Meters	Alice Brown	23.01	1988
400 Meters	June Griffith	52.7	1984
800 Meters	Robin Campbell	2:00.0	1984
1,500 Meters	Regina Jacobs	4:05.0	1995
Mile	Ceci St. Geme	4:33.2	1991
3,000 Meters	Ceci St. Geme	9:05.2	1991
2 Mile	Patti Sue Plummer	10:04.6	1985
5,000 Meters	Nancy Ditz	16:08.0	1985
10,000 Meters	Nancy Ditz	33:39.0	1989
60 Meter Hurdles	Hypolite (Canada)	7.98	1988
110 Meter Hurdles	Glynis Nunn	13.11	1984
330 Yard Hurdles	Leslie Maxie	40.8	1989
400 Meter Hurdles	Leslie Maxie	56.50	1988
400 Relay	Whiz TC	48.64	1986
Mile Relay	Helwig-Walker-Demorest-Miller	4:04.0	1983
Shot Put	Pam Dukes	57'11"	1992
Discus	Carol Cady	201'6"	1982
High Jump	Klough	6'3"	1988
Long Jump	Edwards	21'6 $\frac{1}{4}$ "	1993
Triple Jump	Wendy Brown	42'11"	1984

# Los Gatos Helm Field Records

## VARSIITY BOYS

100 Meters	Ato Bolden (Piedmont Hills)	10.4	1991
	Carl Montgomery (St.Fran)	10.4	1980
	Shon Lewis (Wilcox)	10.4	1992
	Riley (Fairchild)	10.52	1990
	Laynes (Oakland)	10>52	1989
200 Meters	Tony Miller (Riordan)	21.1	1987
	Callen (De La Salle)	21.30	1996
400 Meters	Calvin Harrison (N.Salinas)	46.32	1993
800 Meters	Dan Sikiric (Leland)	1:51.77	1996
Mile	Paul Cox (Los Gatos)	4:13.4	1981
2 Mile	Mike McCollum (Palo Alto)	9:01.8	1981
400 Relay	Mt. Pleasant	41.15	1992
Mile Relay	Oakland	3:19.65	1988
110 Hurdles	Eric Montgomery (Independence)	13.7	1983
	Arend Watkins (Silver Creek)	13.89	1997
330y Hurdles	John Montgomery (Independence)	37.75	1988
Pole Vault	Scott Slover (Leland)	16'7"	1993
Triple Jump	Alfonzo Davis (Fairchild)	49'3 $\frac{1}{2}$ "	1987
Long Jump	Paul Bradford (Carlmont)	23'10"	1992
Shot Put	Bret Mannon	63'11 $\frac{1}{2}$ "	1972
Discus	John Wirtz (Leland)	199'0"	1988
High Jump	Jeff Rodgers (Overfelt)	7'3"	1985

## VARSIITY GIRLS

100 Meters	Damesha Craig (St.Francis)	11.3	1996
200 Meters	Annette Coleman (Carlmont)	24.17	1989
400 Meters	Brenda Brewer (Hillsdale)	55.6	1986
800 Meters	Kristen Dowell (Santa Teresa)	2:09.4	1983
Mile	Cory Schubert (Del Mar)	4:51.1	1983
2 Mile	Cory Schubert (Del Mar)	10:11.3	1983
400 Relay	St. Francis	47.82	1986
Mile Relay	St. Francis	3:54.29	1986
100 Hurdles	Jennifer Odom (Independence)	13.88	1986
330y Hurdles	Leslie Maxie (Mills)	42.9	1985
	Effie Daetz (Leigh)	42.90	1987
Long Jump	Wendy Brown (Woodside)	19'11 $\frac{1}{4}$ "	1984
High Jump	Beth Vidakowitz (St.Francis)	5'9"	1985
	Chi Johnson (M-A)	5'9"	1990
Triple Jump	Wendy Brown (Woodside)	42'11"	1984
Shot Put	Tina Etuale (Jefferson)	47'6 $\frac{1}{2}$ "	1995
Discus	Cindy Durshlag (San Carlos)	149'2"	1982
Pole Vault	Vanessa Yerba (Gonzales)	11'0"	1997

## SUPERIOR MARKS FROM ALL-COMER MEETS

### VARSIITY BOYS

100 Meters	Laynes (Oakland)	10.51	1989
200 Meters	Laynes (Oakland)	21.13	1989
Mile	Calvin Gaziano (Castro Valley)	4:08.8	1985
2 Mile	Calvin Gaziano (Castro Valley)	9:01.0	1985
Pole Vault	Scott Burns (Accalanes)	17'6"	1988
Long Jump	Prince (Logan)	24'0"	1989

### VARSIITY GIRLS

330y Hurdles	Leslie Maxie (Mills)	40.8	1984
Mile	Cory Schubert (Del Mar)	4:50.5	1983
Long Jump	Wendy Brown (Woodside)	20'8"	1982

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## R U N N I N G

### LOS GATOS HIGH SCHOOL

#### F/S Boys Field Records

100 Meters	Anthony Pacheco (Milpitas)	10.87	1987
200 Meters	Felton Charles (Westmoor)	22.10	1994
400 Meters	Felton Charles (Westmoor)	48.81	1994
800 Meters	Scott Cervelli (Santa Teresa)	1:55.2	1992
MILE	Sean Crowley (Overfelt)	4:24.3	1982
2 MILE	Chris Craig (Leigh)	9:36.2	1982
400 Relay	Silver Creek	43.5	1978
	Westmoor	43.67	1994
MILE Relay	Overfelt	3:22.8	1982
70 Hurdles	Don Powell (Palo Alto)	8.80	1984
	Joel Castillo (N. Monterey)	8.6	1990
300 Int. Hurdles	Joe Naivalu (Fremont)	39.65	1994
POLE VAULT	Andy Sythe (Los Gatos)	13'7"	1980
TRIPLE JUMP	Allen Picchi (St. Francis)	48'6½"	1981
LONG JUMP	Mark Montgomery (Indep.)	22'5½"	1981
HIGH JUMP	Jeff Rodgers (Overfelt)	6'6"	1983
SHOT PUT	Davis (Camden)	59'6"	1972
DISCUS	Gary Bersano (Los Gatos)	173'2"	1974

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- credit card balances
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- home equity loans

**in as little as 8 to 12 years or sooner**

**without spending** any more per month than you are right now?

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CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

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Rick Milam  
(408) 241-6578

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## Why Should You Have a TSA?

- Helps you with your current tax situation, etc.....
- Your money accumulates tax deferred for faster growth
- Helps you avoid the effects of inflation on your retirement benefits.
- You may borrow funds for emergencies
- If you risk outliving your resources because Social Security, pension benefits and/or other savings will not adequately provide for your retirement, your investment in a TSA is a wise choice. The TSA allows you to defer taxes on income until you actually receive it. So if you put, say \$5000 into a TSA every year, the taxes on the \$5000 are deferred until you start taking the money out of the TSA during retirement.
- The primary purpose of a 403 (b) annuity (TSA) is to provide supplemental retirement income. However, one can use part of his or her current TSA to purchase life insurance, called *Tax Qualified Life*. The coverage must be "incidental" to the retirement benefits provided by the annuity. TQL is incidental if the premium is less than 50% of your total annuity contributions, past and present.

## Being a Good Friend

You would not let friends hurt themselves. Your friends will be retiring someday and you would not want them to hurt during their retirement years. If you have friends or colleagues that are eligible for (classified or certified personnel) but do not have TSAs, suggest to them that I am just a phone call away. I will be willing to answer any questions they may have. Remember you can do a friend a favor by putting us together.

## Many Types of Annuities

- If you have been saving money in a TSA for sometime and wish to transfer \$10,000 or more we have an account which earned +2.94 % during February '98 with an annual return of + 16.66 % and during March '98 earned +2.48 % with an annual return of + **19.07 %**.
- Flexible Premium 6.2 % with a 10 year surrender period and out
- Guaranteed 5% matching bonus on every payment you make and you may receive up to 60% additional income if totally disabled

**Best of Luck and Success in today's meet and the rest of the season.....**

**Rick Milam  
(408) 241-6578**

- 2000 meters and 10,000 meters both for men and women and the 3000 meter steeplechase for men
- 7 1500 meter, 1600 meter, one mile, 3000 meter, 3200 meter, two mile and 3 mile qualifying times also qualify for the
- 8 Times submitted in hundredths of a second must be fully automatic times
- 9 subsequence a fully automatic qualifying time for an event
- 2 A manual time may not be used for qualifying if a fully automatic time exists for the race. A manual time may not
- 4 A three percent (3%) altitude adjustment on the standard, is permitted on track events of 1500 and longer, contested
- from indoor competitions must be attained on or after December 1, 1997.
- 3 Junior Qualifying standards must be attained on or after May 1, 1997 through June 14, 1998. Qualifying marks
- meets, except dual and triangular meets.
- 5 Qualifying marks must be made in 1) USATF or IAAF sanctioned meets, 2) collegiate meets, or 3) high school
- 1 All qualifying marks for training events must be made on a standard indoor or outdoor track.

**Qualifying Guidelines:**

1 mile	2:00.14	2:00.00	1:42:00.00
10K Walk	28:00.14	28:00.00	1:42:00.00
2K Walk	28:30.14	28:30.00	1:42:00.00
3K Walk	19:00.14	19:00.00	1:42:00.00

**ENTRY BLANK INFORMATION**

All entries should be sent to:  
 Southern Illinois University at Edwardsville  
 Junior National Track Meet  
 Campus Box 1129  
 Edwardsville, IL 62026-1129

7871 Photocopies of the entry blank will be acceptable.  
 Dome, Suite 140, Indianapolis, IN. 46222 (317) 261-0200 or from SIUE by calling (618) 692-  
 Dome, Suite 140, Indianapolis, IN. 46222 (317) 261-0200 or from SIUE by calling (618) 692-

The entry fee is \$10.00 per individual event and \$10.00 for the Hepatitis/Decathlon. Please  
 send certified or cashier's check payable to: SIUE. DO NOT SEND CASH!

Entries must be accompanied by a COPY of a legal document (birth certificate or passport) in  
 order to verify date of birth. These documents will not be returned. In addition, proof of  
 performance that you have met the standard is also required. This must be either a copy of the  
 meet results or a newspaper report of the meet results.

**Entries must be received by June 12, 1998.** (Athletes should enter even if they have not met  
 the qualifying standard; however, athletes will not be permitted to compete unless they have met  
 the standard by June 21, 1998). We recommend that entries mailed after June 18th be sent by  
 overnight delivery to the above address. Entries received after June 12, 1998 will reduce a  
**LATE FEE of \$25 per event.** Late entries will not be accepted after NOON on  
 Wednesday, June 24, 1998. Personal checks will not be accepted for late entries or fees.

## Why Should You Have a TSA?

- Helps you with your current tax situation, etc.....
- Your money accumulates tax deferred for faster growth
- Helps you avoid the effects of inflation on your retirement benefits.
- You may borrow funds for emergencies
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- Flexible Premium 6.2 % with a 10 year surrender period and out
- Guaranteed 5% matching bonus on every payment you make and you may receive up to 60% additional income if totally disabled

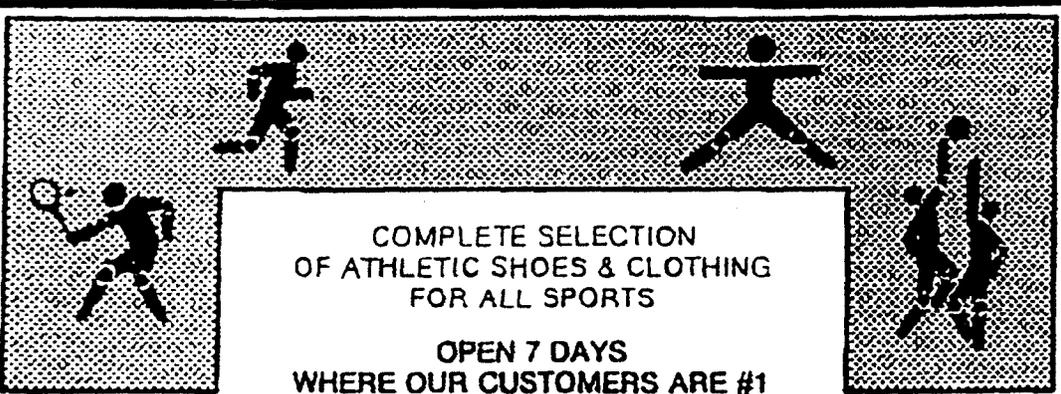
**Best of Luck and Success in today's meet and the rest of the season.....**

**Rick Milam  
(408) 241-6578**

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# LOS GATOS OPEN AND MASTERS TRACK & FIELD CLASSIC

## Saturday, June 13, 1998

Los Gatos High School

Sanctioned By Pacific Association USATF  
SPONSORED BY LOS GATOS ATHLETIC ASSOCIATION

**Pre-Entry Deadline Thursday, June 4, 1998**

- ENTRIES:** Pre-Entry required before Thursday, June 4th Phone entry O.K. (408) 395-9486
- FEES:** Prior to Thursday, June 4, 1998  
\$10 per event - Relays \$20  
Late Entry Fee (after June 4th) \$15 per event - Relays \$25
- ELIGIBILITY:** All men and women with current 1998 registration in Pacific Association USATF
- TIMING:** Fully automatic timing by Accutrack and Wind Gauge
- AGE GROUPS:** 30 years old and above in 5 year age groups - Age on June 13, 1998 determines age group
- AWARDS:** Medals to first three places in all events by 5 year age groups
- T-SHIRTS:** For Sale at the meet
- FACILITIES:** All Weather track surface (1/4" spikes only) concrete throwing rings, Javelin grass runway, Long Jump and Triple Jump will have an open pit in all age groups
- NOTE:** Hammer, Javelin, 25/35/56 lb Throw and Steeplechase will be held at West Valley College in Saratoga (Map on back of this sheet)
- HEATS:** We will combine races where we do not have enough runners by specific 5 yr age groups
- HOUSING:** (Special Rates for Track & Field Meet - Ask for the manager *Los Gatos Lodge*  
50 Saratoga Ave, Los Gatos, CA (next to track) (408) 354-3300 or (800) 231-8676

cut along line      remember to sign your name on waiver form on back of this sheet

032998

PLEASE PRINT

Name \_\_\_\_\_  Male       Female

Address \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Club Affiliation \_\_\_\_\_ Age as of 6-13-98 \_\_\_\_\_

USATF CARD #: \_\_\_\_\_

Events Entered	Best Recent Mark	
1. _____	_____	Amount Enclosed
2. _____	_____	Make Checks Payable \$ _____
3. _____	_____	to: "Los Gatos Athletic Association"
4. _____	_____	Los Gatos T&F Classic June 13, 1998

**Meet Directors:** Willie Harmatz - Rick Milam - Bruce Springbett - Monica Townsend  
**Mail Entries to:** Monica Townsend 138 Johnson, Los Gatos, CA 95032 (408) 395-9486

Turn Sheet Over

# 1998

## USA TRACK & FIELD JUNIOR NATIONAL CHAMPIONSHIPS



June 26-27 ★ Southern Illinois University ★ Edwardsville, IL

### QUALIFYING STANDARDS

EVENT	FAT/Hand	MEN		EVENT	Metric/English
		EVENT	FAT/Hand		
100M	10 64/10.4	3200m	9:16.00/9:16.0	High Jump	2.09/6-10.25
200m	21 54/21.3	2 mile	9:19.20/9:19.2	Pole Vault	4.80/15-09
220y	21 64/21.4	5000m	15:10.00/15:10.0	Long Jump	7.28/23-10.75
400m	47 84/47.7	3 mile	14:25.00/14:25.0	Triple Jump	14.63/48-00
440y	48.14/47.9	10,000m	32:45.00/32:45.0	Shot (16#)	15.54/51-00
800m	1 53.14/1:53.0	110mH (42")	14.64/14.4	Shot (12#)	17.37/57-00
880y	1:53.24/1:53.1	110mH (39")	14.24/14.0	Discus (2k)	48.00/157-6
1500m	3:58.14/3:58.0	400mH (36")	53.94/53.8	Discus (HS)	54.00/177-02
1600m	4:15.14/4:15.0	400mH (30")	53.74/53.6	Hammer(16#)	42.68/140-0
1 mile	4:17.14/4:17.0	300mH (30")	37.14/36.9	Hammer (12#)	48.78/160-0
3000m SC	9:40.00/9:40.0	300mH (36")	37.64/37.4	Javelin (NEW)	56.00/183-09
2000m SC	6:27.00/6:27.0	10k Walk	55:15.00/55:15.0	Javelin (OLD)	60.00/196-10
3000m	8:40.00/8:40.0	Sk Walk	25:28.00/25:28.0	Decathlon	5900(Int'l)/6000 (HS)
<b>WOMEN</b>					
100m	12.14/11.9	3000m	10:25.14/10:25.0	High Jump	1.70/5-07 00
200m	24.74/24.5	3200	11:05.14/11:05.0	Pole Vault	3.20/10-6
220y	24.84/24.6	2 mile	11:10.14/11:10.0	Long Jump	5.70/18-8.50
400m	56.14/56.0	5000m	18:30.14/18:30.0	Triple Jump	11.60/38-0.75
440y	56.44/56.3	10,000m	40:00.14/40:00.0	Shot (4k)	12.75/41-10
800m	2:15.14/2:15.0	100mH (33")	14.54/14.34	Discus	43.00/141-1
880y	2:16.14/2:16.0	100mH (30")	14.24/14.0	Hammer	40.00/131-03
1500m	4:46.14/4:46.0	300mH (30")	44.14/44.0	Javelin	40.00/131-03
1600m	5:04.94/5:04.8	400mH (30")	63.14/63.0	Heptathlon	4200 (FAT)
1 mile	5:06.14/5:06.0	3k Walk	16:00.14/16:00.0		
		Sk Walk	28:30.14/28:30.0		
		10k Walk	58:00.14/58:00.0		

#### Qualifying Guidelines:

- All qualifying marks for running events must be made on a standard indoor or outdoor track.
- Qualifying marks must be made in 1) USATF or IAAF sanctioned meets, 2) collegiate meets, or 3) high school meets, except dual and triangular meets.
- Junior Qualifying standards must be attained on or after May 1, 1997 through June 14, 1998. Qualifying marks from indoor competitions must be attained on or after December 1, 1997.
- A three percent (3%) altitude adjustment on the standard, is permitted on track events of 1500 and longer, contested at a facility 4000 feet or more, above sea level.
- A manual time may not be used for qualifying if a fully automatic time exists for the race. A manual time may not supersede a fully automatic qualifying time for an event.
- Times submitted in hundredths of a second must be fully automatic times.
- 1500 meter, 1600 meter, one mile, 3000 meter, 3200 meter, two mile and 3 mile qualifying times also qualify for the 5000 meters and 10,000 meters both for men and women and the 3000 meter steeplechase for men.

#### ENTRY BLANK INFORMATION

All entries should be sent to:  
Southern Illinois University at Edwardsville  
Junior National Track Meet  
Campus Box 1129  
Edwardsville, IL 62026-1129

Additional entry forms may be obtained by writing or calling USA Track & Field at One RCA Dome, Suite 140, Indianapolis, IN. 46225 (317) 261-0500 or from SIUE by calling (618) 692-2871. Photocopies of the entry blank will be acceptable.

The entry fee is \$10.00 per individual event and \$10.00 for the Heptathlon/Decathlon. Please send certified or cashier's check payable to: SIUE DO NOT SEND CASH!

Entries must be accompanied by a COPY of a legal document (birth certificate or passport) in order to verify date of birth. These documents will not be returned. In addition, Proof of performance that you have met the standard is also required. This must be either a copy of the meet results or a newspaper report of the meet results.

Entries must be received by June 15, 1998. (Athletes should enter even if they have not met the qualifying standard; however, athletes will not be permitted to compete unless they have met the standard by June 21, 1998). We recommend that entries mailed after June 18th be sent by overnight delivery to the above address. Entries received after June 15, 1998 will require a LATE FEE of \$25 per event. Late entries will not be accepted after NOON on Wednesday, June 24, 1998. Personal checks will not be accepted for late entries or fees.