

NORTH COAST SECTION MEET OF CHAMPIONS FINALS

May 27, 1995. Edwards Stadium, University of California, Berkeley. The top four finishers in each event qualify for the state meet.

Boys

100 (-1.85)--1. Dee Morankola (De Anza 12) 10.73, 2. Gwangee Pittman (Berkeley 12) 10.84, 3. J.Juan Cherry (Berkeley 12) 10.88, 4. George Jordan (Pittsburg 11) 10.88, 5. Mack Carminer (Kennedy, Richmond 11) 11.43. 200 (-1.40)--1. Leon Calen (De La Salle 11) 21.54, 2. Cory Nelson (Rancho Cotate 12) 21.61 (scratched from state meet, will only run 400) (heat 1. 21.24, -1.9, meet record), 3. J.Juan Cherry (Berkeley 12) 21.65, 4. Gwangee Pittman (Berkeley 12) 22.15, 5. Hannibal Navies (Berkeley 12) 22.32, 6. Mack Carminer (Kennedy, Richmond 11) 22.62.

400--1. Cory Nelson (Rancho Cotate 12) 46.89 (meet record, old record 47.08 Steve Lewis, American, 1987), 2. Marion Monroe (Berkeley 12) 49.10, 3. Howard Moore (De La Salle 11) 49.35, 4. Scott Druskin (San Ramon 12) 49.90, 5. Michael Thompson (Alhambra 11) 50.19. 800--1. Aaron Richberg (Logan 12) 1:49.36 (meet record, old record 1:50.34 Richberg 1994), 2. Jonevan Homsby (St. Mary's 12) 1:53.46, 3. Joel Young (St. Mary's 12) 1:53.82, 4. Cody Clark (Arcata 12) 1:53.90, 5. Alex Rodriguez (Tennyson 11) 1:54.81, 6. Josh Wilson (Terra Linda 12) 1:58.49, 7. Ben Vanden Houvel (Santa

Rosa 12) 1:58.99. 8. Bryan Caulboy (Tennison 12) 1:59.9.

1600-1. Michell Jones (Livermore 11) 4:13.91. 2. Mike Wojciechowski (Clayton Valley 11) 4:16.13. 3. Jon Genant (Branson 12) 4:16.37. 4. Alex Teekel (Bishop O'Dowd 12) 4:18.44. 5. Dan Brecht (Petaluma 11) 4:22.36. 6. Jon Stevens (Mission San Jose 9) 4:25.01. 7. Dean Truehart (Amador Valley 12) 4:26.73. 3200-1. Steve Immel (Livermore 12) 9:14.54. 2. Michell Jones (Livermore 11) 9:26.49. 3. Zach Barrett (Santa Rosa 12) 9:31.82. 4. Keith Kennedy (San Leandro 12) 9:35.03. 5. Brian Henstorf (Amador Valley 10) 9:36.86. 6. Jon Genant (Branson 12) 9:40.04. 7. Jon Stevens (Mission San Jose 9) 9:40.13. 8. Martin Briggs (Monte Vista 12) 9:45.7. 9. Daniel Embaye (Logan 11) 9:47.2. 10. Ryan Gallagher (Campolindo 12) 9:48.9. 11. Geoff Brigham (Clayton Valley 12) 9:50.3. 12. Tom Prindville (De La Salle 10) 9:50.6. 13. Dave Rodriguez (Mission San Jose 10) 9:51.5. 14. Enriquez Henriquez (San Leandro 10) 9:53.9. 15. Chad Foster (Logan 10) 9:54.8.

1100H (-1.30)-1. Donte Joseph (Pinole 10) 14.62. 2. Marcus Williams (Berkeley 11) 14.82. 3. Aaron Hill (De Anza 12) 14.85 (heat 1 14.67, negative wind). 4. Chris Barnsdale (Montgomery 11) 14.98 (heat 2 14.95, negative wind). 5. Adeh DeSandies (Moreau 12) 15.03. 300H-1. Andre Rutledge (Encinal 11) 39.04. 2. Chris Barnsdale (Montgomery 11) 39.05. 3. Bryan Glick (Logan 12) 39.28. 4. Aaron Hill (De Anza 12) 39.35. 5. Jason Andrews (Rancho Cotate 10) 39.54. 6. Seth Barrett (Santa Rosa 10) 40.18. 7. Craig Brooks (Logan 12) 40.46. 8. Donny Brown (Amador Valley 12) 40.8.

400R-1. Berkeley 42.06. 2. Alhambra 43.72. 3. Amador Valley 43.97. 4. Kennedy, Richmond 44.00. 5. Mission San Jose 44.06. 6. Ukiah 44.68. 1600R-1. St. Mary's 3:20.45. 2. De La Salle 3:20.83. 3. Berkeley 3:21.00. 4. San Marin 3:25.03. 5. Kennedy, Richmond 3:26.03. 6. De Anza 3:27.18. 7. Washington 3:29.65. 8. Livermore 3:30.8.

HJ-1. Pat Leonard (Piner 12) 6-8. 2. Bobby Frick (Redwood 12) 6-6. 3. Jeff Poisson (Cardinal Newman 11) 6-6. 4. Saleem Mahdi (Pittsburg 11) 6-6. 5. Matt Hurd (Antioch 11) 6-6. 6. Sean Fitzhugh (Antioch 12) 6-4. PV-1. Jon Chang (Mission San Jose 12) 13-0. 2. Django Heckler (Terra Linda 11) 13-0. 3. Cody Metzger (Liberty 11) 13-0. 4. Tony Moore (Castro Valley 11) 12-6. LJ-1. Kevin Oates (Castro Valley 12) 22-5 1/4 (+3.67) (no legal jumps). 2. Howard Moore (De La Salle 11) 21-11 3/4 (+1.79) (trials 22-7, +2.8). 3. Lars Ewing (Clear Lake 12) 21-8 3/4 (+0.87). 4. Django Heckler (Terra Linda 11) 21-8 1/4 (+3.20) (best legal 20-8 1/2, +1.81). 5. Simon Foreman (Tampabay 12) 21-6 (+3.44).

TJ-1. Rasheed Abdullah (Logan 12) 47-6 (+2.10) (best legal 46-10, +2). 2. Saleem Mahdi (Pittsburg 11) 45-6 1/4 (no wind reading). 3. Saleem Muhammad (De La Salle 10) 45-8 (-0.20). 4. Gary Smith (Logan 12) 44-3 1/2 (-1.00). SP-1. Brian Chase (Cardinal Newman 10) 58-2 1/4. 2.

Dave Spitz (Monte Vista 12) 55-9 1/2. 3. Matt Seefeld (Marin Catholic 12) 52-4 3/4. 4. Delmer Lydick (Fort Bragg 12) 51-4 1/4. 5. Andy Seefeld (Marin Catholic 12) 50-8 1/2. 6. Mike Sagapolu (Tennison 12) 50-3 3/4. DT-1. Kyle Donovan (Washington 12) 169-11. 2. Dave Spitz (Monte Vista 12) 167-11 (trials 170-7). 3. Matt Seefeld (Marin Cath-



DAVEETA SHEPHERD

Photo by Bill Cockerham

olic 12) 165-7 (trials 165-10. 4. Jeremy Mills (McKinleyville 11) 155-0 (trials 155-9). 5. Sam Sherrod (Foothill 12) 151-5. 6. Shawn Mullings (Clear Lake 12) 145-2.

Girls

100 (+0.40)-1. Kelli White (Logan 12) 11.57. 2. Jernae Wright (Logan 11) 12.07. 3. Charon Stewart (Beacon 12) 12.35. 4. Maisha Maxwell (San Leandro 11) 12.60. 200 (-1.10)-1. Kelli White (Logan 12) 23.66. 2. Zarinah Tillman (Foothill 12) 25.33 (heat 2. 24.93, +0.8). 3. Turshika Bennett (Bishop O'Dowd 11) 25.70 (heat 3. 25.55, +0.0). 4. Danielle Jones (San Leandro 11) 26.01. 5. Pia McAllister (Clayton Valley 10) 26.24. 6. Felicia Jiles (Pittsburg 10) 26.32.

400-1. Carla Estes (Logan 10) 54.77 (heat 1 54.75). 2. Zarinah Tillman (Foothill 12) 55.76. 3. Crystal Miles-Threat (O'Dowd 11) 56.38. 4. Senek Saavedra (El Cerrito 10) 56.39. 5. Brandee Grant (Holy Names 10) 57.56. 6. Felicia Jiles (Pittsburg 10) 57.87. 7. Turshika Bennett (O'Dowd 11) 58.05. 8. Colleen Fitzgerald (College Park 9) 59.16. 800-1. Elissa Riedy (Mission San Jose 12) 2:13.07. 2. Martina Ze (Livermore 11) 2:15.25. 3. Pamela Richardson (Montgomery 12) 2:15.63. 4. Jennifer Bridgeman (Logan 10) 2:17.81 (heat 2. 2:16.93). 5. Kelly Howisey (Clayton Valley 10) 2:18.79. 6. Candace Miles-Threat (Bishop O'Dowd)

2:19.14. 7. Kern Bock-Wines (Carondelet 10) 2:19.26. 8. Monica Van Wagon (Amador Valley 10) 2:19.58.

1600-1. Elissa Riedy (Mission San Jose 12) 4:52.54. 2. Kristen Gordon (Carondelet 10) 4:54.97. 3. Lori Riedy (Mission San Jose 12) 4:54.99. 4. Allison Lambert (Northgate 12) 4:56.00. 5. Tina Bowen



SHANNON FLETT

Photo by Bill Cockerham

(San Ramon Valley 11) 5:04.74. 6. Veronica Harrah (Sonoma Valley) 5:12.89. 7. Desiree Gobert (Clear Lake 9) 5:19.5.

3200-1. Julia Stamps (Santa Rosa 10) 10:19.91. 2. Lori Riedy (Mission San Jose 12) 11:10.95. 3. Kristen Gordon (Carondelet 10) 11:13.34. 4. Deborah Osteen (Clayton Valley 10) 11:17.65. 5. Marisa Daniel (Granada 12) 11:22.10. 6. Jennifer Ewing (Castro Valley 10) 11:23.58. 7. Nicky Salleta (O'Dowd 12) 11:30.0. 8. Lisa Hernandez (Healdsburg 12) 11:33.2. 9. Amber Robinson (Las Lomas 12) 11:33.5. 10. Melissa Madson (Kelseyville 9) 11:39.2. 11. Megan Canova (Ursuline 12) 11:42.4. 12. Katie Owen (Carondelet 12) 11:57.0.

1000H (-2.00)-1. Daveetta Shepherd (Salesian 10) 14.07. 2. Jernae Mitchell (El Cerrito 9) 14.82. 3. Australia Ratliff (Pittsburg 10) 15.04 (heat 2. 15.03, negative wind). 4. Ayana Grant (O'Dowd 11) 15.19 (heat 2. 14.40, negative wind). 5. Odessa Balumba (Logan 11) 15.62. 6. Manel Triggs (Moreau 12) 15.8. 7. Kelly Calaway (California 11) 16.0. 300H-1. Daveetta Shepherd (Salesian 10) 42.90 (meet record, old record 43.19 Shepherd in trials). 2. Katie Schukie (Santa Rosa 10) 44.05. 3. Charon Stewart (Beacon 12) 44.39. 4. Melissa Cartmell (San Ramon Valley 10) 44.49. 5. Carolyn King (Carondelet 9) 44.51. 6. Julie

Peterson (Ferndale 12) 4:02. 7. Denean Garrett (San Leandro 12) 45:72. 8. Giana Federico (Berkeley 12) 46:6.

400R--1. Logan 46.31. 2. Bishop O'Dowd 47.65. 3. El Cerrito 47.80. 4. San Leandro 48.55. 5. Pittsburg 49.60. 6. Amador Valley 49.89. 7. Santa Rosa 50.16. 8. Clayton Valley 50.45. 1600R--1. Logan (Jemae Wright 59.9, Carla Estes 55.1, Jennifer Bridgeman 58.7, Kelli White 53.1) 3:46.90 (meet record, old record 3:47.29 Bishop O'Dowd 1992); 2. Bishop O'Dowd 3:48.65; 3. El Cerrito 3:52.34; 4. Carondelet 3:58.82. 5. Clayton Valley 4:00.79. 6. Santa Rosa 4:01.4. 7. Amador Valley 4:01.35. 8. Berkeley 4:05.8.

HJ--1. Jamilla Churchill (O'Dowd 12) 5-8. 2. Karen Townsend (Logan 11) 5-5. 3. Allison Chappelle (Logan 12) 5-4. 4. Melissa Guanelia (Santa Rosa 10) 5-4. 5. Erin Nichols (Acalanes 11) 5-4. 6. Jenny Eggers (Carondelet 10) 5-2. PV--1. Shannon Flett (Acalanes 11) 10-6 1/4 (meet record). 2. Amanda Bauer (Mission San Jose 12) 10-1 3/4. 3. Becky Studebaker (South Fork 10) 9-3. 4. Maria Lopez (Newark 10) 9-0. 5. Cynthia Lee (Arroyo 12) 9-0. 6. Lisa Bell (Liberty 12) 8-9. 7. Kathleen Hampton (Liberty 10) 8-9. 8. Ann Marie Guglielmo (Novato 10) 8-6. 9. Grace Neisingh (Santa Rosa 11) 8-0. LJ--1. Jemae Wright (Logan 11) 18-6 1/2 (+0.88). 2. Carla Estes (Logan 10) 18-0 1/2 (+3.49) (best legal 17-0 3/4, +1.45). 3. Raquel Brewer (Berkeley 10) 17-1 1/2 (+2.20) (best legal 16-11 1/2, -1.00) (trials 17-6 3/4, +2.66). 4. Pia McAllister (Clayton Valley 10) 17-0 3/4 (+1.22) (trials 17-3, +1.40). 5. Jeannie Minton (Acalanes 12) 16-9 3/4 (+3.41). 6. Jenny Howell (Elsie Allen 10) 16-6 3/4 (+2.81). 7. Cindy Samuels (Campolindo 12) 16-6 (+1.25).

TJ--1. Alicyn Chappelle (Logan 12) 36-8 3/4 (+0.00) (trials 37-8, +1.63). 2. Andrea Lacson (Logan 11) 36-2 3/4 (+0.10). 3. Jeannie Minton (Acalanes 12) 36-2 1/2 (+0.20). 4. Phyllis Brumm (Amador Valley 10) 35-0 (-0.10) (trials 35-1 1/2, +2.00). 5. Lydia Idem (Logan 11) 34-5 (+0.3). 6. Melody Mellon (Logan 12) 34-3 3/4. 7. Kristy Johnson (Ygnacio Valley 11) 34-1 (-0.60). SP--1. Kristen Gabbard (Novato 12) 39-8 3/4. 2. Christina Pitchford (Clayton Valley 12) 36-8 1/2 (trials 36-9 1/4). 3. Kristine Knobel (Santa Rosa 12) 36-0 3/4 (trials 36-5 1/2). 4. Elizabeth Peacock (Moreau 10) 35-10 1/4. 5. Candace Webb (Bishop O'Dowd 11) 35-6 3/4. 6. Melissa Reis (Logan 9) 35-2 3/4. 7. Liz Ross (California 11) 35-0 1/4. DT--1. Katie Beck (Clayton Valley 12) 125-6. 2. Senwa Dazdie (Newark 12) 124-2 (trials 128-5). 3. Melissa Reis (Logan 9) 117-10 (trials 105-6). 4. Kristen Gabbard (Novato 12) 116-3. 5. Antoinette Tillman (Berkeley 11) 115-7. 6. Marissa Wilson (Santa Rosa 9) 113-11. 7. Maureen Kennedy (Arroyo 12) 110-1.