

4-14-94

SAN MATEO — Not only did Ben Elfert win two events Wednesday, he recorded the second best time in the Central Coast Section in one of them to lead Serra High to a 105-31 win over Mitty in a West Catholic Athletic League track and field meet.

In winning the 300-meter intermediate hurdles, Elfert recorded the second best time in the CCS at 39.6. That is only the second sub-40-second time in the section this year. He also took the 400 at 50.7.

Tom Washington was the other Serra double-winner (1,600 and 3,200 meters).

Other Serra winners were Geoff Tuck (110 high hurdles), George Trelut (800), Keith Marshall (long jump), Greg Meyer (200), Carlos Sidjaya (triple jump) and Reggie Cespedas (pole vault).

Serra 105, Mitty 31

400 R — Serra 45.45, Mitty; **1,600** — Wahsington (S) 4:36.1, Tchmourlian (S), Autry (M); **110 HH** — Tuck (S) 15.7, O'Hara (M), Cammarata (S); **Rodriguez (M)** 44-4, Maninini (S), Zechini (M); **400** — Elfert (S) 50.7, Houston (S), Meyer (S); **100** — Cooper (M) 11.5, Marshall (S), McLain (S); **HJ** — Quintero (M) 6-0, Francis (S), McLain (S); **800** — Trelut (S) 2:03.7, Tchmourlian (S), Burkhead (M); **300 IH** — Elfert (S) 39.6, Tuck (S), Francis (M); **LJ** — Marshall (S) 20-4 3/4, Sidjaya (S), Burkhead (M); **200** — Meyer (S) 23.7, Kalika (M), McLain (S); **PV** — Cespedas (S) 11-6, Navarro (S), O'Brien (S); **DT** — Williams (M) 128-6, Lima (M), Maninini (S); **3,200** — Washington (S) 10:02, Woodside (S), Autry (M); **TJ** — Sidjaya (S) 41-3, Elfert (S), Marshall (S); **1,600 R** — Serra 3:46.7, Mitty.

West Catholic 4-21-94 St. Ignatius 68, St. Francis 68

At St. Ignatius

400 relay — St. Francis (Johnson, Lewis, Hassani-Azad, Cross) 44.3; **1600** — Paulsen (SF) 4:27.3; **110 HH** — Johnson (SI) 15.3; **400** — Hassani-Azad (SF) 51.5; **100** — Lewis (SF) 10.9; **800** — Walker (SF) 2:01.9; **300 IH** — Johnson (SF) 42.3; **200** — Lewis (SF) 22.9; **3200** — Hansen (SI) 9:53.8; **1600 relay** — St. Francis 3:33.8; **HJ** — Fernquist (SF) 6-0; **LJ** — Wong (SI) 21-11; **DT** — DeMartini (SI) 192-3 1/2; **SP** — DeMartini (SI) 58-6; **PV** — Harris (SF) 13-6; **TJ** — Larkin (SI) 45-1. **Records** — St. Ignatius 6-1-1, 3-1-1; St. Francis 3-1-1.

Bellarmino 119, Sacred Heart 7

At Bellarmine

400 relay — Bellarmine (Stallings, MacQuarrie, Edmon, Jones) 44.3; **1600** — Becker (B) 4:39.6; **110 HH** — Hornstein (B) 16.1; **400** — Jones (B) 52.5; **100** — Shepard (SH) 11.4; **800** — Dando (B) 2:05.8; **300 IH** — Hornstein (B) 43.3; **200** — Edmon (B) 23.2; **3200** — Tam (B) 10:33.0; **1600 relay** — Sacred Heart 3:42.5; **HJ** — Ziedler (B) 6-10; **LJ** — Saso (B) 21-5; **TJ** — Stallings (B) 44-5; **SP** — Pelka (B) 49-0; **D** — Mazzoni (B) 140-2; **PV** — Coddington (B) 11-0. **Records** — Bellarmine 11-0, 5-0; Sacred Heart 2-4.

Mitty 69, Riordan 62

At Riordan

400 relay — Riordan 45.9; **1600** — Autry (M) 4:57.6; **110 HH** — Larsen (M) 17.0; **800** — Napier (R) 2:10; **300 IH** — Francis (M) 46.1; **200** — Bytof (R) 23.0; **2-mile** — Autry (M) 10:49; **400** — Evans (R) 54.3; **100** — Bytof (R) 11.0; **1-mile relay** — Riordan 3:46; **SP** — Kawas (R) 46-2; **DT** — Rodriguez (M) 139-4; **LJ** — Stevenson (R) 20-2; **TJ** — Smith (R) 39-2; **HJ** — Francis (M) 5-8; **PV** — Francis (M) 8-0. **Records** — Mitty 3-3, 2-3; Riordan 0-5.