

Etuale, Flemings star in Top 7 track classic

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SAN MATEO — Another track and field meet.

Another personal best.

Another school record.

Another Central Coast Section top mark.

Such is the life for Christina Etuale.

Saturday, she won the shot put in a Jefferson-record and CCS-best mark of 43 feet, 6 inches, one of the highlights at the Fifth Annual San Mateo County Top 7 Track Classic, held at Serra.

Burlingame took the girls meet, with 102 points. The Fleming twins helped Hillsdale finish second with 73 points, nipping Mercy of Burlingame with 72½ points.

On the boys side, Serra won with 185 points, led by the double winners Tom Washington and Ben Elfert.

Writing school records is becoming something of old hat for Etuale. This is the second time this year she set the Jefferson record in the shot put. Not to be outdone, she also holds the school record in the discus, which she set a week ago.

(Etuale won the discus Saturday at 117-8.)

The Fleming twins were making noises of their own. Vicci Fleming took both hurdle races and finished second to sister Valerie in the 100-meter dash.

The two also combined to lead the Knights to victory in the 400 relay. Vicci Fleming's winning time in the 300 low hurdles was 47.93, fourth best in the CCS.

Her time in the 100 low hurdles was 16.41. Valerie Fleming's winning time in the 100-meter dash was 12.79.

Other winners included Lydie Anderson (mile), Kim Parker (400) and Jacquie Cook (2 mile) from Burlingame.

Part of the reason for Mercy's success was victories by Monica Tobin in the high jump and long jump. Leslie Wadel also got a win for the Crusaders (200).

Westmoor's Joyce Kyi (triple jump) and Woodside's Kristin Goodrich (800) took home victories.

Serra scored in every event to take home the team victory. The Padres without individual winners, winning eight of the 16 events, including double victories by Elfert and Washington.

After break the 40-second barrier in the 300-intermediate hurdles earlier last week, Elfert came back with another sub-40 mark, winning in 39.98, despite running with the wind in his face after coming off the turn.

"Aside from the wind, everything was all right," Elfert said with a grin. "I went over the first hurdle with the wrong leg. But I'm satisfied. I'll take the win."

His winning time in the 400 of 50.22 is a personal best. That mark ranks him fourth in the CCS.

(Due to results from other meets Saturday, Elfert falls from second to fourth in the 300 hurdles).

As for Washington, not only did he take

the mile and two mile, but he also lowered his season marks on both events — 9:53.8 in the two-mile, 4:30.7 in the mile.

Other Serra winners included Keith Marshall (long jump), Reggie Cespedes (pole vault) and George Trelut (800).

Westmoor's Felton Charles had another sensational day. He won the high jump (6-4) and the 200 (22.10). He also ran the anchor leg on Westmoor's 400 relay team.

Other Westmoor winners included Maurice Byrd (110 high hurdles) Mario Zamora (100) and Earl Sambo (triple jump).

Woodside's Mike Frey was a double winner, taking the shot put and discus.

Serra won the frosh-soph meet with Burlingame finishing second. Hillsdale's Jonathan DeSilva won three events.

The Fifth Annual San Mateo County Top 7 Track Classic at Serra High, San Mateo

Boys

Team Scores

Serra 185, Westmoor 106, Woodside 50, Burlingame 30, Half Moon Bay 22, San Mateo 22, Capuchino 17, El Camino 16, Hillsdale 15.

Individual placers

400 R — Westmoor 43.06, Serra, San Mateo; **Mile** — Washington (Serra) 4:30.7, Tchamourlian (Serra), Buelow (B); **LJ** — Marshall (Serra) 20-8, Sidjaya (Serra), Ferguson (SM); **HJ** — Charles (West) 6-4, Falso (HMB), Andre (Hills); **110 HH** — Byrd (West) 15.21, Belto (Wood), Tuck (Serra); **400** — Elfert (Serra) 50.22, Morales (West), Meyer (Serra); **100** — Zamora (West) 11.40, Marshall (Serra), Nest (Wood); **DT** — Frey (Wood) 141-10, Morgan (Burl), Padilla (EC); **800** — Trelut (Serra) 2:02.5, Beulow (Burl), Tchamourlian (Serra); **PV** — Cespedes (Serra) 11-6, Navarro (Serra), Aranibar (Serra); **SP** — Frey (Wood) 43-5, Maninini (Serra), Felina (Serra); **TJ** — Sambo (West) 42-2, Sidjaya (Serra), Vladimirov (West); **300 IH** — Elfert (Serra) 39.98, Byrd (West), Belto (Wood); **200** — Charles (West) 22.10, Meyer (Serra), Sambo (West); **2 mile** — Washington (Serra) 9:53.8, Robinette (EC), Stern (HMB); **1600 R** — Serra 3:30.5, Westmoor 3:31.3.

Girls

Team Scores

Burlingame 102, Hillsdale 73, Mercy-Burlingame 72 1/2, Westmoor 62, Jefferson 47, Capuchino 28, Half Moon Bay 20, Woodside 19 1/2, Sequoia 9.

Individuals

400 R — Hillsdale 51.99, Burlingame, Jefferson; **Mile** — Anderson (Burl) 5:49.1, Beckheyer (Burl), Bear (Hills); **100 LH** — Vi. Fleming (Hills) 16.41, Kyi (West), Ostertag (Mercy); **400** — Parker (Burl) 62.07, Darkin (Wood), Mei (Mercy); **100 M** — Va. Fleming (Hills) 12.79, Vi. Fleming (Hills), Wadell (Mercy); **LJ** — Tobin (Mercy) 15-10 1/2, Hoskinson (Burl), Byrd (West); **800** — Goodrich (Wood) 2:27.8, Ly (Cap), Tovey (HMB); **SP** — Etuale (Jeff) 43-6, Sahourieh (West), Nilmeier (Burl); **HJ** — Tobin (Mercy) 5-2, Byrd (West), Citrino (Cap); **300 LH** — Vi. Fleming (Hills) 47.93, Kyi (West), Mazik (Cap); **200** — Wadel (Mercy) 28.09, Parker (Burl), Nassar (Mercy); **TJ** — Kyi (West) 32-4, Mason (HMB), Byrd (West); **DT** — Etuale (Jeff) 117-8, Joy (Burl), Ibrahim (West); **2 mile** — Cooke (Burl) 12:34.6, Castellanos (Jeff), Aldrago (Burl); **Mile R** — Hillsdale 4:23, Burlingame, Jefferson.

Frosh-Soph

Team Winner

Serra 176.