

DeANZA ATHLETIC LEAGUE



1988-1989 GIRLS' - BOYS' TRACK AND FIELD SCHEDULE

MARCH 9th - Thursday

Lynbrook @ Saratoga  
Only Meet Scheduled

APRIL 13 - Thursday

Los Gatos @ Monta Vista (DEANZA)  
Saratoga @ Fremont  
Cupertino @ St. Francis  
Lynbrook @ Homestead

MARCH 16 - Thursday

Homestead @ Los Gatos  
Saratoga @ St. Francis  
Fremont @ Lynbrook  
Monta Vista @ Cupertino

APRIL 20 - Thursday

St. Francis @ Los Gatos  
Saratoga - Bye  
F.U.H.S.D.-Vacation

MARCH 23 - Thursday

\* Monta Vista @ St. Francis-Wed. 3/22  
Los Gatos @ Lynbrook  
Homestead @ Fremont  
Cupertino @ Saratoga

APRIL 27 - Thursday

Fremont @ Los Gatos  
Monta Vista @ Saratoga  
St. Francis @ Homestead  
Cupertino @ Lynbrook

MARCH 30 - Thursday

Saratoga @ Homestead  
Cupertino @ Los Gatos  
Fremont @ Monta Vista  
Lynbrook - Bye  
St. Francis-Vacation

MAY 4 - Thursday

Los Gatos @ Saratoga @ Los Gatos  
Lynbrook @ Monta Vista  
St. Francis @ Fremont  
Homestead @ Cupertino

APRIL 6 - Thursday

Homestead @ Monta Vista  
St. Francis @ Lynbrook  
Fremont @ Cupertino  
Saratoga-Los Gatos on Vacation

D.A.L. Trials - ~~Tuesday~~ <sup>Los Gatos HS</sup> May 9th, @ ~~DeAnza College~~ - 3:00 P.M.  
D.A.L. Finals - ~~Thursday~~ May 11th, @ ~~DeAnza College~~ - 3:00 P.M.

Region II - Friday, May 19th @ San Jose City College - 3:30 P.M.

C.C.S. - Friday, May 26th, @ Independence High School

State Meet - Friday & Saturday, June 3rd & 4th, @ Cerritos College, Norw

Starting Date: First School Day in February 1989 - Wed., Feb. 15

Date of First Contest: Monday, February 20, 1989

Meet Limitations: 12 Meets

Pre-Season Meeting: February 7th, Tuesday - 5:00 P.M., MVPE Office

Chairpersons: Ron Ross - Monta Vista  
Steve Filios - St. Francis

Meet Starting Time: 3:30 P.M.

## SAINT FRANCIS HIGH SCHOOL

1989 BOYS' AND GIRLS' TRACK AND FIELD SCHEDULE

<u>DATE</u>	<u>DAY</u>	<u>OPPONENT</u>	<u>PLACE</u>	<u>TIME</u>
MARCH 3	FRIDAY	GUNN, CARLMONT (Boys & Girls)	DeANZA COLLEGE	3:00 P.M.
MARCH 10	FRIDAY	PALO ALTO, LELAND (Boys & Girls)	STANFORD	2:45 P.M.
MARCH 16	THURSDAY	SARATOGA (Boys & Girls)	ST. FRANCIS	3:15 P.M.
MARCH 18	SATURDAY	K-BELL INVITATIONAL(Boys & Girls)	LOS GATOS	9:00 A.M.
MARCH 22	WEDNESDAY	ST. IGNATIUS (Boys)	TBA	3:15 P.M.
MARCH 22	WEDNESDAY	MONTA VISTA (Girls)	ST. FRANCIS	3:15 P.M.
MARCH 24	FRIDAY	STANFORD INVITATIONAL(Boys & Girls)	STANFORD	12:00 NOON
MARCH 25	SATURDAY	STANFORD INVITATIONAL(Boys & Girls)	STANFORD	9:00 A.M.
MARCH 25	SATURDAY	FROSH INVITATIONAL (Boys)	ST. IGNATIUS	9:00 A.M.
APRIL 1	SATURDAY	ST.FRANCIS/FOOTHILL INV.(B & G)	FOOTHILL	8:30 A.M.
APRIL 6	THURSDAY	MITTY & LYNBROOK (Boys & Girls)	ST.FRANCIS	3:15 P.M.
APRIL 8	SATURDAY	GILROY INVITATIONAL(Boys & Girls)	GILROY	9:00 A.M.
APRIL 8	SATURDAY	ARCADIA INVITATIONAL(Boys&Girls)	ARCADIA	12:00 NOON
APRIL 12	WEDNESDAY	RIORDAN (Boys)	RIORDAN	3:15 P.M.
APRIL 13	THURSDAY	CUPERTINO (Girls)	ST. FRANCIS	3:15 P.M.
APRIL 15	SATURDAY	JENNER INVITATIONAL(Boys & Girls)	SAN JOSE C.C.	9:00 A.M.
APRIL 17	MONDAY	FROSH/SOPH CLASSIC (Boys)	LOS GATOS	4:00 P.M.
APRIL 18	TUESDAY	LOS GATOS (Girls)	LOS GATOS	3:15 P.M.
APRIL 19	WEDNESDAY	SERRA (Boys)	ST. FRANCIS	3:15 P.M.
APRIL 21	FRIDAY	MOUNT SAN ANTONIO COLLEGE Inv.(G)	MT.SAN ANTONIO C.	12:00 Noon
APRIL 22	SATURDAY	MOUNT SAN ANTONIO COLLEGE INV.(G)	MT.SAN ANTONIO C.	9:00 A.M.
APRIL 22	SATURDAY	WEST VALLEY INVITATIONAL (B & G)	WEST VALLEY	8:30 A.M.
APRIL 26	WEDNESDAY	BELLARMINE (Boys)	BELLARMINE	3:15 P.M.
APRIL 27	THURSDAY	HOMESTEAD	HOMESTEAD	3:15 P.M.
APRIL 29	SATURDAY	TOP '8' INVITATIONAL(Boys & Girls)	LOS GATOS	4:00 P.M.
MAY 3	WEDNESDAY	SACRED HEART CATHEDRAL (Boys)	SACRED HEART CATH.	3:15 P.M.
MAY 4	THURSDAY	FREMONT (Girls)	FREMONT	3:15 P.M.
MAY 8	MONDAY	W.C.A.L.TRIALS(Jumps only)(Boys)	SERRA	3:30 P.M.
MAY 9	TUESDAY	D.A.L. TRIALS (Girls)	LOS GATOS	2:00 P.M.
MAY 9	TUESDAY	W.C.A.L. TRIALS (Boys)	SERRA	2:00 P.M.
MAY 11	THURSDAY	D.A.L. FINALS (Girls)	LOS GATOS	2:30 P.M.
MAY 11	THURSDAY	W.C.A.L. FINALS (Boys)	SERRA	2:30 P.M.
MAY 16	TUESDAY	REGION I TRIALS (Boys)	FOOTHILL	2:00 P.M.
MAY 18	THURSDAY	REGION I FINALS	FOOTHILL	2:00 P.M.
MAY 19	FRIDAY	REGION II TRIALS & FINALS (Girls)	SAN JOSE C.C.	2:00 P.M.
MAY 25	THURSDAY	C.C.S. TRIALS & FINALS (B & G)	SAN JOSE C.C.	2:00 P.M.
MAY 25	FRIDAY	STATE TRIALS (Boys & Girls)	CERRITOS COLLEGE	12:00 NOON
JUNE 3	SATURDAY	STATE FINALS (Boys & Girls)	CERRITOS COLLEGE	4:00 P.M.

HEAD BOYS' TRACK COACH: TOM TUIITE - SCHOOL (415) 968-1213 HOME: (415) 851-7198

HEAD GIRLS' TRACK COACH: STEVE FILIOS - SCHOOL (415) 968-1213 HOME: (415) 961-8602

ASSISTANT COACHES: ROBERTA CHISAM, BRIAN CURLEY, JOHN DOZIER, MIKE KEMP and RALPH PREIMAN

ATHLETIC DIRECTOR: ANGELO A. AGUIAR - Phone: (415) 96801461

**FREMONT HIGH SCHOOL**  
**TRACK AND FIELD SCHEDULE**  
**1989 DUAL MEETS**

MASCOT: Indians

PHONE: 735-6252

MONTH	DATE	DAY	OPPONENT	PLACE	TIME
FEB.	<del>14</del>	<del>Wednesday</del>	TUES	Intra-Squad	F.H.S. 3 p.m.
	<del>16</del>	Thursday	Intra-Squad	F.H.S.	3 p.m.
MARCH	2	Thursday	Palo Alto	F.H.S.	3 p.m.
	9	Thursday	Mt. Pleasant & Fremont (Oakland)	F.H.S.	3 p.m.
	16	Thursday	*Lynbrook	Lynbrook	3 p.m.
	23	Thursday	*Homestead	F.H.S.	3 p.m.
	30	Thursday	*Monta Vista	Monta Vista	3:15 p.m.
APRIL	6	Thursday	*Cupertino	Cupertino	3:15 p.m.
	13	Thursday	*Saratoga	F.H.S.	3:15 p.m.
	27	Thursday	*Los Gatos	Los Gatos	3:15 p.m.
MAY	4	Thursday	*St. Francis	F.H.S.	3:15 p.m.

\*League Meets

**INVITATIONALS**

MARCH	24	Friday	Stanford Invitational	Stanford	T.B.A.
	25	Saturday	Oakland Invitational	U.C. Berkeley	9 a.m.
APRIL	1	Saturday	King City Invitational	King City	9 a.m.
	8	Saturday	Gilroy Invitational	Gilroy	9 a.m.
	15	Saturday	Jenner Classic	San Jose C.C.	T.B.A.
			Frosh/Soph Classic	Los Gatos	T.B.A.
	22	Saturday	West Balley Relays	West Valley J.V.	T.B.A.
	29	Saturday	C.C.S. Top "8" Classic	Los Gatos	4:30 p.m.
MAY	9	Tuesday	D.A.L. Trials	De Anza J.C.	3 p.m.
	11	Thursday	D.A.L. Finals	De Anza J.C.	3 p.m.
	19	Friday	Region II	S.J.C.C.	3:30 p.m.
	26	Friday	C.C.S.	Independence H.S.	4 p.m.
JUNE	3-4	Fri., Sat.	State Meet	Cerritos College	T.B.A. (Norwalk)

<b>COACHES:</b>	CHUCK PETERS (HEAD)	THROWS	DAN BURKE	SPRINTS
	DOUG BOYD	DISTANCES	JEFF MYERS	LJ, TJ
	JOE RUDEN	HIGH JUMP	ROGER PATTON	HURDLES

# Saratoga

## BOYS TENNIS

		VAR.	J.V.	TIME
Mon. Feb. 27	vs. Menlo Atherton	H	A	3:30 p.m.
Tues. Feb. 28	vs. Los Altos	A	H	3:30 p.m.
Thurs. Mar. 2	vs. Palo Alto	A	H	3:30 p.m.
Tues. Mar. 7	vs. Fremont	A	H	3:30 p.m.
Wed. Mar. 8	vs. Gunn	A only	no JV match	
Thurs. Mar. 9	vs. Lynbrook	H	A	3:30 p.m.
Tues. Mar. 14	vs. Homestead	A	H	"
Wed. Mar. 15	vs. Leland	H	A	"
Thurs. Mar. 16	SARATOGA-BYE			
Tues. Mar. 21	vs. Los Gatos	A	H	
Thurs. Mar. 23	vs. Cupertino	H	A	3:30 p.m.
Tues. Mar. 28	vs. Monta Vista	A	H	"
Wed. Mar. 29	vs. Homestead	H	A	"
Thurs. Mar. 30	vs. Fremont	H	A	"
Wed. April 12	vs. Lynbrook	A	H	"
Fri. April 14	vs. Monta Vista	H	A	"
Tues. April 18	vs. Menlo	H	A	"
Thurs. April 20	vs. Los Gatos	H	A	"
Mon. April 24	vs. Cupertino	A	H	"
April 26	DAL Finals Varsity @ Saratoga			1 p.m.
April 26	DAL Finals JV @ Cupertino			1 p.m.
April 27	Finals at both levels at Saratoga			1 p.m.
May 3	Begin CCS- Team			
May 19	Begin CCS - Singles/Doubles			

## TRACK SCHEDULE

Thurs. Mar. 2	Leigh @ Los Gatos	3:30 p.m.
Mon. Mar. 9	Lynbrook @ Saratoga	3:15 p.m.
Thurs. Mar. 16	Saratoga @ St. Francis (Girls)	3:15
Sat. Mar. 18	K-BELL CLASSIC @ Los Gatos	9:00 a.m.
Thurs. Mar. 23	Cupertino @ Saratoga	3:15 p.m.
Fri/Sat. Mar. 24-25	STANFORD INVITATIONAL @ STANFORD	9:00 a.m.
Thurs. Mar. 30	Saratoga @ Homestead	3:15 p.m.
Sat. April 1	FOOTHILL INVITATIONAL @ FOOTHILL	9:00 a.m.
Sat. April 8	GILROY INVITATIONAL @ GILROY	9:00 A.M.
Thurs. April 13	Saratoga @ Fremont	3:15 p.m.
Sat. April 15	BRUCE JENNER CLASSIC @ SAN JOSE CITY	9:00 A.M.
SAT. APRIL 22	FROSH-SOPH CLASSIC @ LOS GATOS	TBA
Thurs. April 27	WEST VALLEY RELAYS @ WEST VALLEY	9:00 A.M.
Sat. April 29	Monta Vista @ Saratoga	3:15 P.M.
Thurs. May 1	CCS TOP 8 CLASSIC @ LOS GATOS	4:30 P.M.
Tues. May 9	Los Gatos @ Los Gatos	3:15 p.m.
Thurs. May 11	DAL Trials @ Los Gatos	3:00 p.m.
Fri. May 19	DAL Finals @ Los Gatos	4:45 p.m.
Fri. May 25	Region II @ San Jose City College	3:30 p.m.
Sat. & Sun. June 3-4	CCS Finals @ San Jose City	1:00 p.m.
	State Meet @ Los Angeles	TBA

# Saratoga

## UNIVERSITY TENNIS

ALEXANDER, BRIAN 11  
BALFUS, ERIK 12  
BANG, HAN-JU 12  
FOX, DAVID 12  
GETZ, JUSTIN 11  
KILLIAN, KEITH 12  
KLIMAN, BRAD 12  
KORDESTANI, SAID 12  
LEBRUN, GUILLAUME 12  
LEUNG, CHRIS 9  
ZACHES, TORREY 12

## J.V. TENNIS

BLACK, CHRIS 9  
BRANDENBURG, STEVE 10  
CHANG, EDWARD 10  
CONZELMANN, ENNO 11 EX.  
FOSTER, TRAVIS 9  
HUIE, JASON 10  
KOLE, LEE 10  
KUMMERER, CHRIS 9  
KWON, PETER 10  
NORRING, MIKE 11  
PATTNER, KEN 9  
SCHELL, MITCH 10  
ROCKWOOD, ADAM 9  
ROWE, CHRIS 10  
SHAPIRO, ALAN 11  
SODERMAN, DANIEL 10  
SORDEN, JIM 10  
STARCK, CHRIS 11 EX.

## TRACK

ALDRIDGE, DAVID 9  
BANG, HAN-KYU 10  
BECKER, BRIAN 10  
BERGSTEDT, LISA 12  
BLISH, CATHERINE 12  
BOBROFF, GENE 11  
BOCKS, RYAN 9  
BONASERA, JENETTE 9  
BOONE, JEANNIE 10  
BRAUN, HASHONA 12  
BREITENBACH, KATIE 11  
BRITTAIN, DAVID 11  
BROWN, MICHELLE 11  
BROWN, ERIC 9

## TRACK

BUDAY, ABIGEL 10  
BUKHARI, SAMIR 10  
CAMPBELL, JODEEN 11  
CAPOZZA, SUSIE 10  
CARLSON, KRISTIN 10  
CHALMERS, ALEX 11  
CHANG, ARTHUR 10  
CHANG, SHELDON 9  
CHAPIN, GREG 9  
CHOW, SEAN 12  
CHU, STEPHEN 12  
CIOFFI, LORI 11  
CLARK, ANDREW 10  
CONNOR, ANNE 11  
CRANDALL, BETH 10  
CRAWFORD, BRETT 9  
DEBELLA, PETER 12  
DORMAN, TAMARA 10  
DUNIVIN, MEKA 12  
EDWARDS, CYNDEE 11  
FENG, PETER 9  
FENOLIO, DANTE 11  
FINNECY, DARREN 9  
FONNER, NANCY 10  
FOX, KATIE 9  
FRIEDMAN, ROSS 10  
FRIEDMAN, DON 11  
GRABYAN, LORI 11  
GRAVINA, MICHELE 12  
GROSSMAN, NADELLE 11  
GURNEY, TOD 12  
GUY, ALEX 9  
HAAS, VALERIE 9  
HAMAI, MARK 10  
HAMAMJIAN, ARA 9  
HENANDER, KARA 10  
HINGARH, NILESH 9  
HOLLOWAY, BRENT 9  
HOTTINGER, AIMEE 10  
HURANT, LARA 9  
JACOBS, KAREN 9  
JAUNRUBENIS, AMBER 11  
JONES, JEFF 12  
KANAZAWA, CURTIS 12  
KUMAGI, TONY  
KWON, TERESA 11  
LAVALLE, YVONNE 11  
LAVALLEE, ADRIAN 9  
LEE, KENNETH 10  
LEVINE, MIKE 11  
LINDBERG, AARON 12  
LODIN, MARY 11  
LOH, YOLANDA 10

## TRACK

LOUWENAAR, EVAN 10  
MA, JEAN 11  
MCINTYRE, KIM 10  
MERCURIO, ALFREDO 11  
MOBILIO, DAVID 11  
MONTGOMERY, JOY 9  
MORRISON, JEFF 10  
MURPHY, RYAN 9  
MUSSONE, DAVE 9  
NEUN, CHRIS 11  
PARK, PILSANG 10  
PETERSON, MATT 12  
RIDOLFO, ROBERT 11  
ROBERT, SARA 9  
ROBERTS, JAY 9  
ROGERS, SMILIE 10  
RYLEY, GRANT 10  
SAFFARIAN, MICHELLE 10  
SARKISSIAN, APRILL 10  
SAUCEDO, CHRISTIAN 12  
SCHEEL, TED 9  
SCHEFFEL, PAUL 12  
SCHNEIDER, MARC 10  
SCHUMAN, HEIDI 12  
SENER, TRACY 9  
SHANHOLTZ, CRAIG 12  
SHEVOCK, LINDA 9  
SHIELDS, CAROLINE 9  
SIU, LORI 10  
SMITH, CHRIS 12  
SPENCER, JEREMY 9  
SPIRO, SYLVIA 10  
STAVIS, JODI 11  
SUGITA, JILL 10  
SUTTER, STACI 11  
TANNER, TRACY 11  
TSAI, DEAN 10  
TVETER, KIRSTEN 10  
VICTOR, JASON 10  
WALB, ADAM 12  
WALLIS, DAVE 10  
WILD, TERRY 11  
WILD, JIM 12  
WOOTEN, DAVE 10  
WU, ERIC 9  
YANG, GENE 10  
YOUNG, MARY 11  
YU, LARRY 10  
ZINN, DAVID 11  
ZLOT, LIZ 9

PALO ALTO-BYE

**SANTA CLARA VALLEY ATHLETIC LEAGUE  
TRACK AND FIELD SCHEDULE  
1989**

March 16, 1989

MTN. VIEW @ GUNN  
SANTA CLARA @ MILPITAS  
PALO ALTO @ WILCOX  
LOS ALTOS-BYE

March 23, 1989

GUNN @ LOS ALTOS  
MILPITAS @ PALO ALTO  
SANTA CLARA @ MTN. VIEW  
WILCOX-BYE

March 30, 1989

GUNN @ SANTA CLARA  
WILCOX @ LOS ALTOS  
MTN. VIEW @ PALO ALTO  
MILPITAS-BYE

April 6, 1989

LOS ALTO @ MTN. VIEW  
MILPITAS @ WILCOX  
SANTA CLARA-BYE

April 13, 1989

WILCOX @ GUNN  
LOS ALTOS @ MILPITAS  
PALO ALTO @ SANTA CLARA  
MTN. VIEW-BYE

April 20, 1989

PALO ALTO @ GUNN

April 27, 1989

LOS ALTO @ PALO ALTYO  
WILCOX @ SANTA CLARA  
MILPITAS @ MTN. VIEW  
GUNN BYE

May 4, 1989

GUNN @ MILPITAS  
MTN. VIEW @ WILCOX  
SANTA CLARA @ LOS ALTOS

May 10, 1989

SCVAL Trials TBA

May 12, 1989

SCVAL FINALS TBA

May 19, 1989

C.C.S. Region II - TBA

May 26, 1989

Central Coast Section - TBA

June 2, 1989 and June 3, 1988

C.I.F. State Meet

SCHEDULE APPROVED

JUNE 1, 1989

Chairperson

Hal Daner - Gunn

Starting Time

3:00PM

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• GUNN TRACK 1989

DAY	DATE	OPPONENT (Non Scoring)	LOCATION	TIME	BUS
FRI	3/3	ST. FRANCIS /CARL	DE ANZA	3:00	
THUR	3/9	LOS GATOS/DEL MAR	LOS GATOS	3:15	
THUR	3/16	* MT. VIEW	GUNN	3:00	
SAT	3/18	K-BELL INVITATIONAL	LOS GATOS	9:00	
WED	3/22	* LOS ALTOS	LOS ALTOS	3:00	
FRI	3/24	STANFORD INVITATIONAL	STANFORD	9:00	
SAT	3/25	STANFORD INVITATIONAL	STANFORD	9:00	
THUR	3/30	* SANTA CLARA	SANTA CLARA	3:00	
SAT	4/1	FOOTHILL INVITATIONAL	FOOTHILL	8:00	
SAT	4/8	GILROY INVITATIONAL	GILROY	9:00	
SAT	4/8	ARCADIA INVITATIONAL	ARCADIA (L.A)	9:00	
THUR	4/13	* WILCOX	GUNN	3:00	
SAT	4/15	JENNER INVITATIONAL	SJCC	9:00	
SAR	4/15	F/S TOP 8 INV.	LOS GATOS	TBA	
THUR	4/20	* PALO ALTO	GUNN	3:00	
SAT	4/22	WEST VALLEY INV.	WEST VALLEY	9:00	
SAT	4/29	C.C.S. TOP 8 INV.	LOS GATOS	4:00	
THUR	5/4	* MILPITAS	MILPITAS	3:00	
WED	5/10	* S.C.V.A.L. TRIALS	GUNN	2:00	
FRI	5/12	* S.C.V.A.L. FINALS	FOOTHILL	3:00	
FRI	5/19	REGION II	SJCC	3:00	
THUR	5/25	C.C.S.	SJCC	2:00	
FRI	6/2	CIF STATE MEET	L.A.	2:00	
SAT	6/3	CIF STATE MEET	L.A.	2:00	

\* = S.C.V.A.L. LEAGUE MEET

HENRY M. GUNN HIGH SCHOOL  
780 Arastradero Road, Palo Alto, Ca. 94306

Stephanie Adcock, Athletic Director

Track and Field  
1988-89

<u>DAY/DATE</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
Friday, March 3	St. Francis/Carlmt	DeAnza Coll	3:00
Thursday, March 9	Los Gatos/Del Mar	Los Gatos	3:15
*Thursday, March 16	Mtn. View	GUNN	3:00
Saturday, March 18	K-Bell Invitational	Los Gatos	9:00
*Wednesday, March 22	Los Altos	Los Altos	3:00
Friday, Saturday March 24, 25	Stanford Invit.	Stanford	9:00
*Thursday, March 30	Santa Clara	Santa Clara	3:00
Saturday, April 1	Foothill Invit.	Foothill	8:00
Saturday, April 8	Gilroy Invit.	Gilroy	9:00
Saturday, April 8	Arcadia Invit.	Arcadia (LA)	9:00
*Thursday, April 13	Wilcox	GUNN	3:00
Saturday, April 15	Jenner Invit.	SJCC	9:00
Saturday, April 15	F/S Top 8 Invit.	Los Gatos	TBA
*Thursday, April 20	Palo Alto	GUNN	3:00
Saturday, April 22	West Valley Invit.	West Valley	9:00
Saturday, April 29	CCS Top 8 Invit.	Los Gatos	4:00
*Thursday, May 4	Milpitas	Milpitas	3:00
Wednesday, May 10	SCVAL Trials	GUNN	2:00
Friday, May 12	SCVAL Finals	Foothill	3:00
Friday, May 19	REGION II	SJCC	3:00
Thursday, May 25	CCS	SJCC	2:00
Friday, Saturday June 2,3	CIF State Meet	Los Angeles	2:00

COACHES: Hal Daner, Robert Peters  
Steve Ahrendsen, Bruce Hori, Doug Nakashima, Hank Lawson

PRINCIPAL: Kevin O'Reilly

MASCOT: Titans

COLORS: Red, White, Black

# LOS ALTOS HIGH SCHOOL TRACK & FIELD

## Track and Field Meet Schedule - 1989



<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Time</u>	<u>Place</u>
Friday	March 3	Intersquad Meet	3:00	Los Altos
Friday	March 10	Cupertino/Yerba Buena	3:00 (Bus 1:45)	Yerba Buena
Thursday	March 16	Del Mar	3:30 (Bus 1:30)	Del Mar
Saturday	March 18	K-Bell	10:00	Los Gatos
Wednesday	March 22	Gunn	3:00	Los Altos
Fri/Sat	Mar 24/25	Stanford Invitational	10:00	Stanford
Thursday	March 30	Wilcox	3:00	Los Altos
Saturday	April 1	Foothill Invitational	9:00	Foothill
Thursday	April 6	Mountain View	3:00 (bus 1:30)	Mountain View
Saturday	April 8	Arcadia Invitational	9:00	Arcadia
Saturday	April 8	Gilroy Invitational	9:00	Gilroy
Thursday	April 13	Milpitas	3:00 (bus 1:00)	Milpitas
Saturday	April 15	Jenner	9:00	San Jose City College
Saturday	April 15	Top "8" Frosh/Soph	9:00	Los Gatos
<b>APRIL 17 TO 21 VACATION</b>				
<b>PRACTICE MON. TUES. WED. THURS. 10:00 TO 1:00</b>				
Thursday	April 27	Palo Alto	3:00 (bus 1:15 )	Palo Alto
Saturday	April 29	Top "8"	T.B.A.	Los Gatos
Thursday	May 4	Santa Clara	3:00	Los Altos
Wednesday	May 10	S.C.V.V.A.L. Trials	2:00 (bus 12:30)	Gunn
Friday	May 12	S.C.V.A.L. Finals	T.B.A.	Foothill
Friday	May 19	Region II Final	T.B.A.	San Jose City College
Thursday	May 25	C.C.S. Finals	T.B.A.	San Jose City College
Fri/Sat	June 2/3	State Meet	T.B.A.	Los Angeles

**Coach Paszkelcz has requested that Los Altos High School parents help at the home track events. Parents are needed to help with the pole vaulting, high jump and long jump. events. If you could be of help for one or more dates please contact Coach Paszkelcz at 968 6571 x 55 or 56.**

**This is a way that parents can truly help the Los Altos High School team.**

TRACK - (GIRLS) - 1989

- Los Altos High School

ASSISI, ARUNA-0831  
BELLANDI, CARRIE-1268  
BERGTSSON, VIRIKA-3826  
BRAUN, TARA-1282  
BRIDGES, JULIA-1695  
BRIDGES, SONYA-1696  
BUELL, ERIN-3344  
CHAPMAN, ROTONDA-0884  
CORBINO, CATHERIAN-3373  
FRANKLIN, KATHRYN-3792  
GALLAGHER, STACEY-1350  
GUTHEIL, MELISSA-3435  
HERRMANN, HEIDI-2024  
JACKSON, CHRISTIANA-2035  
JONES, MERIDITH-0998  
KEYES, TORI-2046  
KIRKLAND, JEANNINE-  
KOCHIT, LISA  
KONYE, MARY  
LECORNU, MISTY  
LEE, MEGAN  
LEMES, JENNY  
LIRA, XOCHIL  
LIU, SHAN  
MCATEE, NICHOLE  
MOTOSIAN, KRISTIN  
MUELLER, HOPI  
NELSON, KAREN  
NGUYEN, TONG  
\*PAASO, KRISTI  
PALMER, KATY  
POURMAND, YASMIN  
REYNOLDS, MICHELLE  
ROBERTS, KELLY  
SCHERER, JULIE  
SHEEHAN, SHELBY  
SHEPHERD, JENNIFER  
SHOEMAKER, TRACY  
STEINMETZ, ASHLEY  
STOMBS, DELILAH  
VALDRY, PAMELA  
VALDRY, LYNNETTE  
VAUGHN, CHRISTY  
WOINAROSKY, ANCA

Crouts, Stephanie

Head Coach - Joshua Whiskey  
home phone 408-270-5652

# TROJANS



MILPITAS ATHLETICS  
1285 ESCUELA PARKWAY  
MILPITAS, CA. 95035  
(408) 262-3131

MILPITAS HIGH SCHOOL  
TRACK AND FIELD SCHEDULE  
1989

DATE	DAY	TIME	OPPONENT	LOCATION
3/16	THURS	3:00	SANTA CLARA	MILPITAS
3/23	THURS	3:00	PALO ALTO	PALO ALTO
4/6	THURS	3:00	WILCOX	WILCOX
4/13	THURS	3:00	LOS ALTOS	MILPITAS
4/27	THURS	3:00	MTN. VIEW	MTN. VIEW
5/4	THURS	3:00	GUNN	MILPITAS
5/10	WED	TBA	SCVAL TRIAL	TBA
5/12	FRI	TBA	SCVAL FINALS	TBA

COACH - LARRY THORSON

PRINCIPAL - CHARLES GARY

ATHLETIC DIRECTOR - JIM FERGUSON

SCHOOL COLORS - NAVY BLUE/GOLD

MASCOT - TROJANS

SCHOOL ADDRESS - 1285 ESCUELA PARKWAY MILPITAS, CA 95035

SCHOOL PHONE - 408 262-3131

PALO ALTO HIGH SCHOOL  
1989 TRACK AND FIELD SCHEDULE

<u>DAY</u>	<u>DATE</u>	<u>OPPONENT</u>	<u>RELEASE</u>	<u>BUS</u>	<u>MEET</u>
THURS	3/2	@ FREMONT H.S.	1:20	1:30	3:00
FRI	3/10	@ STANFORD LELAND & ST. FRANCIS	1:45	----	2:45
THURS	3/16	@ WILCOX	1:20	1:30	2:45
TUES	3/21	@ PALO ALTO MILPITAS	1:45	----	2:45
FRI-SAT	3/24-25	STANFORD INV.	TBA	----	10:45 F 8:00 S
THURS	3/30	@ PALO ALTO MTN. VIEW	1:45	----	2:45
SAT	4/1	FOOTHILL INV.	---	8:00	9:00
SAT	4/8	GILROY INV. OR ARCADIA INV.	---	----	9:00 TBA
THURS	4/13	@ SANTA CLARA	1:20	1:30	2:45
SAT	4/15	JENNER INV. F/S CLASSIC (LOS GATOS)	---	4:30	9:00 8:00
THURS	4/20	@ GUNN	1:20	1:30	2:45
FRI-SAT	4/21-22	MT. SAC. RELAYS OR WEST VALLEY RELAYS	---	TBA 8:00	TBA 9:00
THURS	4/27	@ PALO ALTO LOS ALTOS	1:45	----	2:45
SAT	4/29	TQP 8 INV. @ LOS GATOS	---	----	6:00
TUES	5/2	@ PALO ALTO MENLO ATHERTON	1:45	----	2:45
WED	5/10	LEAGUE TRIAL @ GUNN	11:40	11:50	1:00
FRI	5/12	LEAGUE CHAMPIONSHIPS @ FOOTHILL COLLEGE	1:20	1:30	3:00
FRI	5/19	CCS REGION II @ SAN JOSE CITY COLLEGE	TBA	TBA	1:00
THURS	5/25	CCS CHAMPIONSHIPS @ SAN JOSE CITY COLLEGE	TBA	----	1:00
FRI-SAT	6/2-3	CIF STATE MEET @ CERRITOS COLLEGE	TBA	----	TBA
COLORS --GREEN & WHITE---BOY'S COACH --WIN BELTON 329-3853 S 964-5543 -					

NICKNAME-VIKINGS GIRL'S COACH--PAUL JONES 329-3652 S 329-0-26 -  
ASS'T. PRINCIPAL DAN SAROUHAN--329-3828 CLEM WIEBER--AD--329-3865