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#### THE CALIFORNIA INTERSCHOLASTIC FEDERATION **WELCOMES YOU**



VANCE NELSON CIF President

"Activities, and specifically athletics, has played an important role in the American high school over the years. It provides our students with many learning opportunities not easily taught in our academic program. It provides an incentive for some students to put greater effort into their academic program. It provides an avenue for the expression of spirit and pride and draws a student body and a community together in a common bond. The California Interscholastic Federation (CIF) has functioned as the governing body of high school athletics in California since 1914. I am truly proud to be elected to serve as President of this organization. The ladies and gentlemen who serve on the CIF Federated Council, along with the state and section employees, have one common goal — to provide the best athletic experience possible for all of our students within the academic program. Scholarship must continue to be our primary objective and concern, but scholarship and athletics can and must work hand in hand to help our students seek their greatest potential. This is our primary task, and we will continue to do all we can to achieve this goal."

Dr. Vance C. R. Nelson, Principal

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## FROM THE STATE CIF OFFICE

Welcome to all participants and spectators to this State CIF Championship event.

The caliber of interscholastic competition in California is second to none in the United States, and this outstanding activity should set new standards of excellence in the field of high-school athletics.



MARGARET R. DAVIS
Associate Commissioner

## THE CIF: Doing the Job for Prep Sports Since 1914

In 1914, as high school athletic teams began crossing district lines to compete with neighboring schools, the CIF was established to provide consistency in sports rules and a safe, rewarding environment for young California athletes. Since that beginning, with fewer than 20,000 athletes, the organization has grown to become the largest youth agency in the state, serving over 500,000 young studentathletes each year.

During dynamic growth years, the CIF saw participation in high school sports double (for both boys and girls) between 1965-1975, and, although since 1978 some leveling-off has occurred in numbers of students participating, indications are that such a trend is due more to a lack of available school programs rather than to a lack of interest or desire on the students' part.

Few Californians realize that the CIF, the sole administrative body of interscholastic athletics, is an independent organization that has been carefully structured to provide needed services to the youth of the state without placing unfair burdens on the public education system. Athletic programs conducted in all 1200 secondary-schools in the state do not exist simply because students desire to participate in sports. The CIF utilizes the volunteer services of over 10,000 persons who are charged with the task of ensuring effective athletic programs for all of the public, private, and parochial high schools of the state.

As a result of effective planning, sound program administration, and a determination to support the philosophy that all student-athletes in our state should be provided with equal participation opportunities, the CIF has propelled California into uncontested leadership in the nurturing of outstanding athletes. Former and current California high school athletes hold more national records than do students from any other state — and our youngsters continue to be highly recruited by top-notch universities across the country. Many of the names are legend — Amy Alcott, Rick Monday, Bill Walton, Pat Haden, John McKay, Scott McGregor, Ron Cuccia, Jill Sterkel, Sherri Howard; all former CIF athletes, all outstanding men and women of whom Californians can be proud.

Although the CIF has been serving California youth for nearly 70 years and can boast of having over four million "alumni," many are unaware of the diversity of CIF administrative responsibility. Day-to-day activities of the CIF state office in Fullerton include enforcing regulations, establishing state calendars' of events, arranging and supervising state championships in four sports, maintaining individual and team sports records, providing publicity to the media, publishing the *State News*, and maintaining legal and insurance services which ensure the very existence of prep sports. In addition, 10 section commissioners throughout the state maintain full-time schedules to ensure that prep athletic events in their areas are operated effectively, safely, and consistently.

The support of the California public has been responsible for the success and expansion of California athletic programs for 72 years. With the continued cooperation and dedication of school superintendents, principals, and athletic directors, as well as the keen interest of over one-half million students and their families each year, the future of prep sports would appear to be bright and healthy. The CIF urges you to lend your suppport to our young student-athletes by attending high school sporting events in your community on a regular basis. The CIF welcomes you to this championship event; a showcase of some of our finest young California athletes — our nation's future leaders.





State of California GOVERNOR'S OFFICE SACRAMENTO 95814

May 7, 1987

On behalf of the State of California, I am pleased to extend my warm regards to all attending the California Interscholastic Federation State Track and Field Championships.

This exciting event, now in its 69th year, promises to once again surpass all expectations of success by offering an opportunity to view some thrilling athletic competition.

I am pleased to commend each of the talented athletes participating in this event. Your accomplishments inspire all Californians to strive for excellence in athletics as well as the many other aspects of our lives.

Please accept my best wishes for an enjoyable competition.

Most cordially,

George Denkungian

George Deukmejian

#### 1987 OFFICIALS

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	Bob Laxson (Woodland High)
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	Fred Gibson (El Camino High)
	Jug Giovich (Placer High)
Women's Discus	Dick Seward (Rio Linda)
Men's Discus	Honk Williams (Vacaville High)
Women's High Jump	. Sig Ostrom (Nevada Union High)
Men's High Jump	Glen Winters (Elk Grove)
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#### CIF/REEBOK SCHOLAR-ATHLETES OF THE YEAR



Ms. Katie Cook Del Mar High School San Jose

It is with great pride that the State CIF and Reebok salute Ms. Katie Cook and Mr. Paul Chan, the 1986-1987 Scholar-Atheletes Of The Year. When the CIF and Reebok established the award, it was agreed that the one young woman and one young man selected would be those two who had best attained their full potential as both student and athlete, and whose high school scholastic and athletic records indicated a bright, productive future.

The young woman selected as the female Scholar-Athlete Of The Year is Ms. Mary Katherine "Katie" Cook from Del Mar High in San Jose, California.

Ms. Cook is a four-year letter winner in softball and a two-year varsity letter winner in volleyball. She has been volleyball team captain for four consecutive years and an all-league player for the last two.

Under Ms. Cook's leadership, Del Mar High has been West Valley Athletic League Volleyball Champs in 1985 and 1986 and semi-finalist in the Central Coast Section CIF Championships.

Ms. Cook's skills in softball led her to be named to the all-league team for the past three years.

Katie intends to major in math and education and is interested in a career in teaching.

She has been ASB vice-president, Key Club member, and international club member as well as a



Mr. Paul Chan San Dieguito High School Encinitas

tutor in Math, English and Spanish.

Katie will graduate first in her class of 331 with a grade point average of 4.15.

Congratulations to Katie Cook — CIF/Reebok Scholar-Athlete Of The Year!

The young man selected as the male Scholar-Athlete Of The Year is Mr. Paul S. Chan from San Dieguito High in Encinitas, California.

Mr. Chan is a two-year varsity letter winner in the sport of basketball.

Paul was named most valuable player during his junior year on the varsity squad and has been the cocaptain of the team the past two years. He has been an all-league player and was named this year to the *San Diego Tribune's* Scholar/Athlete Basketball first team.

Chan is ranked second on the San Diego CIF's All-Time Free Throw Percentage Chart with an average of  $88\,\%$  .

Paul plans to attend Harvard, majoring in engineering and communications and would like to become a research professor.

Chan is the senior class valedictorian and a National Merit Scholar. He will graduate first in his class of 551 with a grade point average of 4.21.

Congratulations to Paul Chan, the CIF/Reebok Scholar-Athlete Of The Year!







#### TRIALS/FRIDAY

#### FINALS/SATURDAY

FIELD STA EVENTS	RTING TIME	RUNNING S EVENTS	STARTING TIME	FIELD EVENTS	STARTING TIME
Girls' Discus Boys' Pole Vault Boys' Discus	12:00 12:00 2:00	Boys' 400 Meters (Heat #1) Boys' 400 Meters (Heat #2) Boys' 400 Meters (Heat #3)	5:17 5:22 5:27	Boys' Pole Vault Girls' Discus Girls' High Jump	2:30 4:00 5:00
Girls' Shot Put Girls' High Jump Girls' Triple Jump Boys' Long Jump	3:00 3:00 3:30 3:30	Girls' 100 Meters (Heat #1) Girls' 100 Meters (Heat #2) Girls' 100 Meters (Heat #3)	5:32 5:37 5:42	Boys' Discus Girls' Shot Put Girls' Triple Jump	5:00 5:30 5:30
Boys' Shot Put Boys' High Jump Girls' Long Jump	6:00 6:00 6:30	Boys' 100 Meters (Heat #1) Boys' 100 Meters (Heat #2) Boys' 100 Meters (Heat #3)	5:47 5:52 5:57	Boys' Long Jump Boys' High Jump Girls' Long Jump Boys' Shot Put	5:30 7:00 7:30 7:30
Boys' Triple Jump	6:30	Girls' 800 Meters (Heat #1) Girls' 800 Meters (Heat #2) Girls' 800 Meters (Heat #3)	6:02 6:09 6:16	Boys' Triple Jump	7:30
RUNNING EVENTS Girls' 400 Meter Relay (Heat #1)	3:00	Boys' 800 Meters (Heat #1) Boys' 800 Meters (Heat #2) Boys' 800 Meters (Heat #3)	6:23 6:30 6:37	RUNNING EVENTS	
Girls' 400 Meter Relay (Heat #2) Girls' 400 Meter Relay (Heat #3) Boys' 400 Meter Relay (Heat #1)	3:07 3:17 3:21	Girls' 300 Meter LH (Heat #1) Girls' 300 Meter LH (Heat #2) Girls' 300 Meter LH (Heat #3)	6:55	Girls' 400 Meter Relay Boys' 400 Meter Relay Girls' 1600 Meters	6:00 6:08
Boys' 400 Meter Relay (Heat #2) Boys' 400 Meter Relay (Heat #3)	3:28 3:35	Boys' 300 Meter IH (Heat #1) Boys' 300 Meter IH (Heat #2)	7:02 7:10 7:18	Boys' 1600 Meters Girls' 100 Meters LH	6:15 6:25 6:35
Girls' 1600 Meter Run (Heat #1) Girls' 1600 Meter Run (Heat #2)	3:42 3:51	Boys' 300 Meter IH (Heat #3) Girls' 200 Meters (Heat #1)	7:26 7:34	Boys' 110 Meters HH Girls' 400 Meters Boys' 400 Meters	6:45 6:50 6:55
Boys' 1600 Meter Run (Heat #1) Boys' 1600 Meter Run (Heat #2)	4:08 4:17	Girls' 200 Meters (Heat #2) Girls' 200 Meters (Heat #3)	7:40 7:46	Girls' 100 Meters Boys' 100 Meters Girls' 800 Meters	7:00 7:05 7:10
Girls' 100 Meter LH (Heat #1) Girls' 100 Meter LH (Heat #2) Girls' 100 Meter LH (Heat #3)	4:26 4:32 4:38	Boys' 200 Meters (Heat #1) Boys' 200 Meters (Heat #2) Boys' 200 Meters (Heat #3)	7:52 7:58 8:04	Boys' 800 Meters Girls' 300 Meter LH	7:20 7:30
Boys' 110 Meter HH (Heat #1) Boys' 110 Meter HH (Heat #2) Boys' 110 Meter HH (Heat #3)	4:44 4:50 4:56	Girls' 1600 Relay (Heat #1) Girls' 1600 Relay (Heat #2) Girls' 1600 Relay (Heat #3)	8:10 8:19 8:28	Boys' 300 Meter IH Girls' 200 Meters Boys' 200 Meters Girls' 3200 Meters	7:40 7:47 7:53 8:00
Girls' 400 Meters (Heat #1) Girls' 400 Meters (Heat #2) Girls' 400 Meters (Heat #3)	5:02 5:07 5:12	Boys' 1600 Relay (Heat #1) Boys' 1600 Relay (Heat #2) Boys' 1600 Relay (Heat #3)	8:37 8:46 8:55	Boys' 3200 Meters Girls' 1600 Meter Relay Boys' 1600 Meter Relay	8:18 8:35 8:43



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# California Track & Running News

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#### JANEENE VICKERS/Pomona

By Randell Sturgeon

When this 5'7", 136 pound senior, speeds down to her last state meet tape, you will be witnessing a bit of history. The moment she hits the tape she may very well be acclaimed as the finest, all-around sprinter/hurdler in California history. This weekend she'll be pursuing the accomplishments of Leslie Maxie Mills (Millbrae).

The common element between these ladies? They have won state titles or been nationally ranked in the 200, 400, 100 hurdles and 300 hurdles. In her prep career Maxie ran 23.44, 53:07, 13:74, and a national record 40.18. In her junior year she ran the 400 hurdles in another national prep record of 55.20. In that race she just missed making the U.S. Olympic team finishing fifth at the trails.

How does Vickers compare? 24.02, 52.25, 13.47 and 41.32. Janeene also has a national championship to her credit. This past March she captured the 400 at the Pathmark meet in New Haven Connecticut. Her time of 54.85 led the nation and is the 8th best mark in prep history.

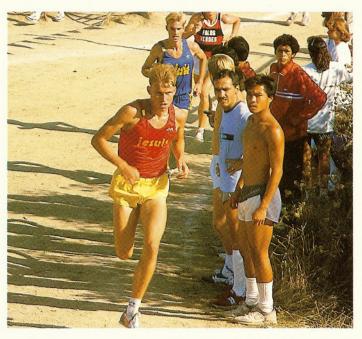
Making all-time lists is something that both Vickers and Leslie do very well. Maxies rankings in national and state history are 200 (13th and 6th), 400 (21st and 7th), 100 hurdles (31st and 9th), 300 hurdles (1st and 1st). Vickers by comparison comes in at 200 (3rd nationally in '87), 400 (12th and 6th), 100 hurdles (6th and 2nd) and in the 300 hurdles (3rd ad 3rd).

This season Vickers has added another facet to her repertoire. The 100 meter dash. Vickers is among the state leaders in the short dash having won the event at Mt. SAC in a time of 11.89w. She also won both hurdles at that meet with times of 13.7h and 42.54. The latter leads the state.

What will she run at state? Obviously she would be the favorite in just about anything she chooses. She will forego the 400 meter dash due to its proximity to the 100 meter hurdles. However she will be the force to be be reckoned with in the 100 as well as the 100 and 300 low hurdles.

She will also see relay duty, anchoring Pomona's 1600 meter

Continued on page 10



#### PAUL THOMAS/Jesuit H.S.

By Bob Burns Bee Staff Writer

Paul Thomas often examines the bulletin board in the coaches' office at Jesuit High School. The tiny numbers typed on one particular sheet of yellow paper provide encouragement and impetus to one of the nation's leading prep distance runners before he embarks on his daily chores.

"Not many schools can put their board up against ours," Thomas says.

Thomas is referring to the list of all-time Jesuit performers in the three longest track events — 800, 1,600 and 3,200 meters. And he's right. Few schools in the country can match the fast times at Jesuit High.

For proof, consider only that Thomas, a senior who competed int he shadows of Eric and Mark Mastalir the last three years, led the nation at 3,200 meters for most of this spring with a clocking of 8 minutes, 53.92 seconds. Yet his time places him no better than third on Jesuit's all-time list.

Or that in March he ran an indoor mile in 4:12.24, also fastest in the nation for 1987. Again, good for third behind the Mastalirs.

Climbing that list can be an exhausting proposition, even for a runner as talented and dedicated as Thomas. The school records at 800 (1:50.70, Pat McCrystle, 1980), 1,600 (4:05.58, Mark Mastalir, 1986) and 3,200 (8:44.95) are all Sac-Joaquin Section marks besides. But Thomas is making progress, and the heart of the season, including the California Interscholastic Federation state meet at hughes Stadium, awaits.

Thomas is fulfilling the promise he first showed as a 114-pound freshman in the fall of 1983. Paul's older brother, Jim, previously alerted Jesuit coach Walt Lange about his precocious younger brother, who ran a 4:58 mile at the age of 11.

"Jim told us his brother was a much better runner than he was," Lange says. "I didn't pay too much attention to it at the time."

Lange, who since 1971 has coached 17 Jesuit runners under the 9:30 mark in the two-mile run, pays attention to results.

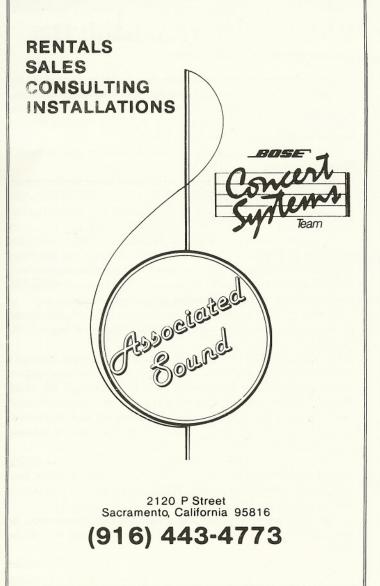
Continued on page 10

relay team. She is an excellent relay runner having anchored the United States junior team to the world title last summer. Can Vickers bring Pomona a state title? A possibility now that Hawthorne is out of the 400 relay and their sprinters are nursing some injuries. Most of all she hopes to duplicate her double of 86, where she won both hurdles in 13.74 and 41.32.

Who will give her competition? Most likely a set of Arcadia Invitational champions. In the 100h Vickers will be pushed by junior La Shawn Simmons of El Monte. Simmons captured the short hurdles at Arcadia in a then national ad state leading 13.78. In the longer race Effie Daetz of Leigh (San Jose) who is third in the nation and second in the state with a 42.72. In the 100 she will face the defending state champion, Angela Burnham (Rio Mesa, Oxnard).

Besides repeating state championships Vickers hopes to repeat some other honors as well. Last year she was an all-American in the 400 and 300 hurdles and was the Gatorade Athlete of the Year in the western region. Her honors aren't confined to just the track as she is a 3.49 student and member of California Scholarship Federation.

Next year she will help the rich get richer. Next fall she will enter UCLA on a track scholarship. There she hopes to go on to national titles and Olympic glory. Just one problem coach. What event?



Thomas produced immediately. He finished second in the varsity race at the prestigious Clovis Invitational cross-country meet, less than a month into his freshman year.

"It was obvious from the beginning he had tremendous talent," Lange says. "Paul has a beautiful stride. I call him the greyhound. It's so smooth."

Nagging injuries and illnesses hindered Thomas the next two years, although he managed to run 9:20.6 for 3,200 meters as a sophomore, just missing a state-meet berth.

He emerged as a national-class runner his junior year, improving to 9:05.27 in the Sac-Joaquin Section championship meet, completing a 1-2-3 Jesuit sweep of the event. But one week later, at the state meet in Norwalk, he finished a disappointing half-lap behind Eric Mastalir in 9:25.

"I'd hate for that to happen this year," Thomas says. "I thought there was a lot of pressure on me, but there really wasn't."

Lange says, "The record shows he's a lot more consistent. He hasn't had a blow-up this year."

Eric Mastalir, currently redshirting his freshman track season at Stanford, says he's not surprised to see his former teammate taking off where he and his brother left off.

"He's definitely as good as either one of us were," Mastalir

Thomas will attend the University of Arkansas in the fall on a track scholarship. The Rancho Cordova resident doesn't run away from competition, choosing Jesuit for his high school, Arkansas for his college.

"I didn't think he'd be interested in coming to the Midwest," says Arkansas coach John McDonnell. "When he got here, he realized it's a prettier place than he thought."

Fayetteville is pretty. But starter, please fire the recall gun. The Midwest?

"We're almost in Kansas," McDonnell asserts.

Such geographical liberties don't sway Thomas, who simply wants to be all that he can be as a runner. McDonnell's track record with distance runners is exemplary. Arkansas won the 1986 NCAA cross country championship and has replaced Oregon as the nation's most fertile spawning ground for distance runners.

"I'm not a big-city kid," Thomas says. "I think it'll be neat, leaving California, going away to school."

His roommate at Arkansas will be Eric Henry, whose recent 8:52.2 clocking for 3,200 eclipsed Thomas' time as the national leader. Henry also anchored McCullough High (The Woodlands, Texas) to a national record in the distance medley relay. McCullough's 9:53.31 beat Jesuit's year-old mark of 9:56.3, to which Thomas contributed an 800-meter leg.

"We only had it one year," Thomas says. "I'm trying to decide whether it's better that a friend helped break it. I guess it is."

Thomas will attempt a 1,600-3,200 double at the state meet, encouraged by the favorable time schedule that allows runners a break of nearly two hours between races. The once-frail freshman now carries 157 sturdy pounds on a 6-foot frame and has displayed an ability to run two fast races in a single day.

Thomas prefers the mile, saying, "It's the glamour event around the world. I haven't heard too many people say, 'Hey, let's go to a track meet and watch the two-mile.'

Following the state finals, Thomas will have the opportunity to chase fast times at the Golden West Invitational in Sacramento and the Keebler Invitational in Chicago.

Thomas believes he can bring his mile time down to 4:04 or 4:05, which would give future Marauders something to contemplate as they head off toward the American River on a quiet run.



These coaches have been selected for their coaching excellence and contributions to the sport of track and field.

WILLIE HARMATZ — CENTRAL COAST SECTION/Head track and field coach, Los Gatos High School

BILL DASKAROLIS — CENTAL COAST SECTION/Head track and field coach, Aragon High School, San Mateo

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MIKE LARSEN — SAC-JOAQUIN SECTION/Head track and field coach, Vacaville High School

**DAN DAVIDSON** — SAC-JOAQUIN SECTION/Head track and field coach, Foothill High School, Sacramento

**KEN GOETZEL** — NORTH COAST SECTION/Head track and field coach, Santa Rosa High School

**STAN AGUSTINE** — NORTH COAST SECTION/Head track and field coach, Sonoma High School

GARY MACDONALD — SAN DIEGO SECTION/Girls track coach, Morse H.S., President San Diego Track Coaches Assoc., San Diego

**TIM ODER** — SAN DIEGO SECTI-ON/Head boys coach, Fallbrook H.S., San Diego

#### NATIONAL RECORDS

#### **GIRLS**:

**100 Meter** — **11.13** Chandra Cheeseborough, Ribault, Jacksonville, Fl., 76

**200 Meter** — **22.77** Chandra Cheeseborough, Ribault, Jacksonville, Fl., 75

**400 Meter — 50.87** Denean Howard, Kennedy, Granada Hills, Ca., 82

**800 Meter — 2:00.07** Kim Gallagher, Upper Dublin, Ft. Washington, Pa., 82

1600 Meter — 4:34.04c Polly Plummer, University, Irvine, Ca.,

**3200 Meters** — **10:01.1c** Mary Shea, Cordinal Gibbons, Raleigh, N.C., 79

**100 Meter** — Low Hurdles 13.06 Yolanda Johnson, Washington, Denver, Co., 86

**300 Meter — Low Hurdles 40.18** Leslie Maxie, Mills, Millbrae, Ca., 84

400 Meter Relay — 45.11 Hawthorne, Ca., 85 1600 Meter Relay — 3:37.69 Muir, Pasadena, Ca., 85 High Jump — 6'23/4" Lisa Bernhagen, Wood River, Hailey, Id.,

**High Jump** — **6'2**¾" Latrese Johnson, Clovis, Ca., 85 **Long Jump** — **22'3**" Kathy McMillan, Hoke County, Raeford, N.C., 76

Triple Jump — 42'101/2" Wendy Brown, Woodside, Ca.,

Shot Put — 53'7¾" Natalie Kaaiawahia, Fullerton, Ca., 83 Discus — 183'11" Leslie Deniz, Gridley, Ca., 80

#### BOYS:

100 Meter — 10.13 Derrick Florence, Ball, Galveston, Tx., 86 200 Meter — 20.13 Roy Martin, Roosevelt, Dallas, Tx., 86 400 Meter — 44.69 Darrell Robinson, Wilson, Tacoma, Wa., 82

800 Meter — 1:47.31 Pete Richardson, Berkeley, CA., 81 1600 Meter — 3:54.1 Jim Ryun, East, Witchita, Kan., 65 3200 Meters — 8:33.9 Jeff Nelson, Burbank, Ca., 79 1600 Meter — 3:07.40 Hawthorne, Ca., 85 400 Meter Relay — 40.31 Roosevelt, Dallas, Tx., 85 High Jump — 7'6" Dothel Edwards, Cedar Shoals, Athens, Ga., 83

Pole Vault — 18'2" Brandon Richards, San Marcos, Santa Barbara, Ca., 85

Long Jump — 26'8¼" Carl Lewis, Willingboro, N.J., 79 Triple Jump — 53'6½" Joe Richardson, Pasadena, Ca., 84 Shot Put — 81'3½" Michael Carter, Jefferson, Dallas, Tx., 79 Discus — 224'3" Kamy Keshmiri, Reno, Nv., 87

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#### The DL Series. Introducing a cradle that won't rock.

Baby your feet in our DL Series running shoes with the new Dynamic Cradle™

It doesn't rock, but it sure feels good. And, it gives you the stability and motion control you need without taking away



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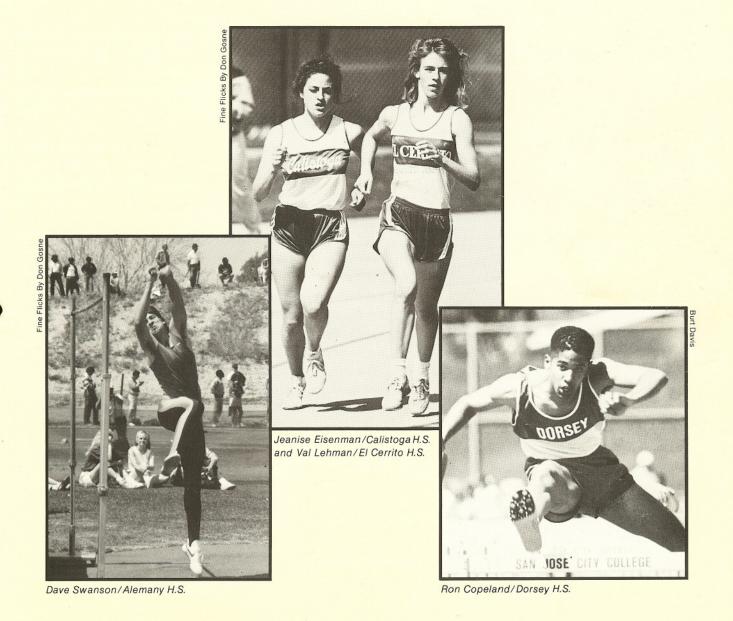
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The innovative Goodyear Ree-action® outsole on our DL 6000 is made of two compounds for improved cushioning and durability.

DL 5000

DL 6000

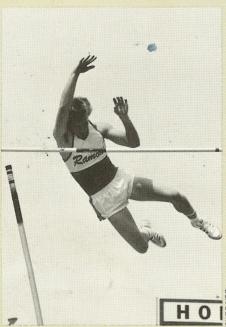
## SCHEDULE OF EVENTS



#### CIF/REEBOK STATE MEET '87

(The event summaries included with the list of entries for this year's State Meet are provided as a general guide for spectator viewing. Due to printing deadlines they are a summary of the Spring Track and Field season up through early May, with time limitations making their value as accurate, last minute, predictions obviously not valid.) — Doug Speck/California Track and Running News, and Mike Kennedy/Track and Field News.

## POLE VAULT/BOYS 2:30 PM



Pat Alduenda, Ramona H.S.

Brent Burns (Acalanes, Lafayette), the U.S. efeventh grade record holder last year off his 17-6 best was the winner at Arcadia at 17-3 and Jenner at 17-41/2. He won at Mt. SAC over Tom Parker (Notre Dame, Sherman Oaks) on a jumpoff at 16-6 after both had cleared 16-0. Burns has special interest in reclaiming the State title he won two years ago here as a sophomore. Last year he was upset for the title in one of the few defeats he has suffered as a High Schooler. Others over 16-0 through early May were Matt Warwick (Hesperia), Pat Alduenda (Ramona, San Diego Section), Rett Summerville (San Ramon, Danville), and Steve Slocum (Foothill, Santa Ana). This could be the deepest Vault competition in State Meet history.

State Meet Record: 17-0½ Anthony Curran (Crespi/Encino) at Bakersfield 1978. Frosh: 14-8¼ Anthony Curran (Crespi/Encino) 1975. Soph: 16-2 Brent Burns (Acalanes/Lafayette) 1985. Junio: 17-0 Mike Kibort, Saratoga 1982. Senior: 18-2 Brandon Richards (San Marcos/Santa Barbara) 1985.

18-2	Brandon Richards (San Marcos/S. Barb.)	1985
17-41/4	Anthony Curran (Crespi/Encino)-2	1978
17-01/2	Doug Fraley (West/Clovis)	1983
17-0	Mike Kibort (Saratoga)-1	1982
16-8%	Steve Smith (South/Torrance)-2	1969
16-834	Mike Tully (Millikan/Long Beach)	1974
16-71/4	Brent Burns (Acalanes, Lafavette)-1	1986
16-7	Robert Pullard (Los Angeles)	1969
16-63/4	Paul Wilson (Warren/Downey)-2	1965
16-6	Brian Worden (Norte Dame/Sherman O)	1975
16-6	Greg Ernst (El Dorado/Placentia)	1978

#	NAME	GR	AFFILIATION	MARK	POS	PLACE	MARK
<b>419</b>	Brent Burns	12	Acalanes	17-00.0	1		
403	Pat Alduenda	12	Ramona	15-08.25	2	-	
418	Mike Guevara	11	Clovis West	15-00.0	3		
413	Rick Gordon	12	Rio Vista	15-00.0	4		
412	Adam Stratton	12	Amador-				
			Sutter Creek	15-00.0	5		
405	Sean Rapp	12	Henry	15-00.0	6		
404	Jay Rafail	12	Vista	15-00.0	7		
400	Jeff McKee	12	Downey	15-00.0	8		
399	Tommy Parker	11	Notre Dame-				
			Sherman Oaks	15-00.0	9		
398	Steve Slocum	12	Foothill-				
	• •		Santa Ana	15-00.0	10		
422	Rett Summerville	12	San Ramon	14-09.0	11		
414	Ed Quijada	11	Rio Vista	14-09.0	12		
401	Erich Reinhart	12	Notre Dame-				
			Sherman Oaks	14-08.0	13		
417	Derek Oliver	12	Coalinga	14-06.0	14		
416	Scott Edwards	12	Clovis	14-06.0	15		
410	Andrew Patton	12	Del Mar	14-04.0	16		
402	Tom Richards	11	San Marcos-				
			Santa Barbara	14-04.0	17		
421	Justin Rinefort	12	San Rafael	14-03.0	18		
450	Howie Dooley		Anderson	14-00.0	19		
420	Sean Cooper	12	De la Salle	14-00.0	20		
409	Chris McCuen	12	Aptos	14-00.0	21		
406	Frank Bray	12	Van Nuys	14-00.0	22		
415	Shanil Goodlow	11	Castlemont	13-10.0	23		
411	Charles Shafer	11	Mt. View	13-04.0	24		
407	Lynn Ford	12	Sylmar	13-00.0	25	-	
397	Jeff Lamonica	12	Poly-Sun Valley	13-00.0	26		
408	Jay Bettinger	11	Chatsworth	12-06.0	27		

#### TRACK TRIVIA

The first prep vaulter to go 17' was Casey Carrigan of Orting, Washington. He cleared the height as a junior and made the U.S. Olympic team. As a senior he raised his national mark to 17'4¾" while winning the Golden West Invitational at Hughes Stadium.

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	#	NAME	GR	AFFILIATION	PREV.	DOC	DI ACE MARK	
d					MARK	POS	PLACE MARK	145
9		Dawn Dumble	9	Bakersfield	151-11.0	1	116 131 7"	10
7		Melissa Weis	9	Bakersfield	143-03.0	2	11.11.30 v 1.	0
_		Robin Longwell	12	Grossmont	138-08.0	3	144'3" Iba 10	18 .
7	184	Allison Franek	10	Canyon-	138-04.0	4	1343,169,16	1
				Anaheim				
	191	Tammy Bermudes	12	Fremont-				
				Sunnyvale	137-01.75	5	127.7" 132	100 15
	193	Jenny Peters	10	Gunn	136-02.75	6	141 113%	
	439	Donna McKinnon		Yreka	135-10.0	7	F 116' 10	Ku
5	178	Simrra Taylor		Grant-			2-111-10	
. 0		1	•	Sacramento	135-09.0	8	12 12 12 12 12 12 12 12 12 12 12 12 12 1	4 6
4	183	Reneeka William		Nogales	134-03.0	9	11011	ILIA
-	189	Terri Mann	12	Point Coma	134-01.0	10	140 8"130	174
2	179	Debbie Cembellin	10	Amador Valley-				
				Pleasanton	134-01.0	11		
	192	Jennifer Ruff	12	Sequoia	133-05.5	12		
	154	Sabrina Miles	11	Vallejo	129-02.5	13		1
	188	Starla Ahu	12	Vista	128-09.0	14		
	194	Charlynn Edwards	12	Galt	128-04.0	15		
	182	Marcy Cochran		Nordhoff	126-06.0	16		
	181	Quenn Tumanuvao	10	Bell Gardens	126-03.0	17		
	180	Laurie Edzlbrock		St. joseph	123-09.0	18		3
	198	Michell Gustin	12	Sanger	123-06.0	19	100 1111	
3	201	Sheree Ogden	12	Antioch	122-01.0	20	12811,123	, 17
9	199	Julie Dejarlais	10	Las Lomas	117-03.0	21		g
	195	Husany Sherrif	12	Lincoln-				th N
				San Francisco	116-11.0	22		th
	187	Micki Gurney		El Camino Real	114-05.5	23		S in
	200	Debbie Leatham	10	James Logan	114-04.0	24		aı
	186	Melissa Hake		Wilson	113-00.5	25		th w
	185	Brenda Villa		Banning	107-01.0	26		fie



Dawn Dumble, Bakersfield H.S.

Daw Dumble (Bakersfield), the State's next great weight star, has already started her march through the record book, establishing a new National Frosh Record in this event of 157-7 through early May. She soundly trounced the State's top gathering of platter-tossers at Arcadia in April. Terri Mann (Point Loma, San Diego), among the top handful of Basketball players in the nation, is a dangerous talent in the event, and was fifth last year in State. Melisa Weis (Bakersfield) has been out over 140 feet, with Debbie Cembellin (Amador Valley, Pleasanton) and Simara Taylor (Grant, Sacramento) fine mid-season efforts from the North.

State Meet Record: 172-11 Leslie Deniz (Gridley) at Berkeley 1980. Frosh: 144-11 Leslie Deniz (Gridley) 1977. Soph: 162-10 Natalie Kaaiawahla (Fullerton 1981. Junior: 175-10 Leslie Deniz (Gridley) 1979. Senior: Leslie Deniz (Gridley) 1980.

183-11	Leslie Deniz (Gridley)-2 at Lancaster	1980
174-9	Natalie Kaaiawahia (Fullerton)-2	1983
167-5	Jacque Norton (Mission Viejo)-1	1982
167-1	Laura DeSnoo (Washington, Frmt)	1981
164-10	Karen Nickerson (Cordova, RanCord)	1982
162-11	Kim Kesler (Vintage, Napa)	1983
162-2	Lil IIi (Nogales)-1	1985
162-0	Lori Parker (Ramona)	1986
161-10	Linda Langford (Leigh, San Jose)	1969
159-1	Stacy Horn (Cordova, RanCord)	1982

#### TRACK TRIVIA

How many former female state champions have been on a Wheaties box? Answer, one, Leslie Deniz of Gridley and Arizona State accomplished the feat in 84. She also is a two-time state champ and has six of the ten best throws ever.

## 2

## DISCUS/GIRLS 4:00 PM

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				PREV.		
#	NAME	GR	AFFILIATION	MARK	POS	ALACE MARK
197	Dawn Dumble	9	Bakersfield	151-11.0	7 .	44.14
196	Melissa Weis	9	Bakersfield	143-03.0	2	1'K"03"
190	Robin Longwell	12	Grossmont	138-08.0	3	162 HZ
184	Allison Franek	10	Canyon-	138-04.0	4	13687136
			Anaheim			,
191	Tammy Bermudes	12	Fremont-		11	93:1192
			Sunnyvale	137-01.75	5	
193	Jenny Peters	10	Gunn	136-02.75	6	136.34
439	Donna McKinnon		Yreka	135-10.0	7	138.3.
178	Simrra Taylor		Grant-			
			Sacramento	135-09.0	8	1338"
183	Reneeka William		Nogales	134-03.0	9	137
189	Terri Mann	12	Point Coma	134-01.0	10	134.4.
179	Debbie Cembellin	10	Amador Valley-			'01
			Pleasanton	134-01.0	11	1518.
192	Jennifer Ruff	12	Sequoia	133-05.5	12	133.11.
154	Sabrina Miles	11	Vallejo	129-02.5	13	The state of the s
188	Starla Ahu	12	Vista	128-09.0	14	
194	Charlynn Edwards	12	Galt	128-04.0	15	
182	Marcy Cochran		Nordhoff	126-06.0	16	1-27-1-1
181	Quenn Tumanuvao	10	Bell Gardens	126-03.0	17	1-8
180	Laurie Edzlbrock		St. joseph	123-09.0	18	
198	Michell Gustin	12	Sanger	123-06.0	19	
201	Sheree Ogden	12	Antioch	122-01.0	20	191 1.
199	Julie Dejarlais	10	Las Lomas	117-03.0	21	100
195	Husany Sherrif	12	Lincoln-			
			San Francisco	116-11.0	22	<u> </u>
187	Micki Gurney		El Camino Real	114-05.5	23	
200	Debbie Leatham	10	James Logan	114-04.0	24	
186	Melissa Hake		Wilson	113-00.5	25	
185	Brenda Villa		Banning	107-01.0	26	

#### TRACK TRIVIA

How many former female state champions have been on a Wheaties box? Answer, one, Leslie Deniz of Gridley and Arizona State accomplished the feat in 84. She also is a two-time state champ and has six of the ten best throws ever.



## HIGH JUMP/GIRLS 5:00 PM



Stacia Pollock, Westlake H.S.

LaShawn McBride (Poly, Long Beach) and Karol Damon (Redlands) jumped 5-10 in the early season and traded off Invitational victories along the way in the South. McBride was fifth in State last year, with strong competitor, Stacia Pollock (Westlake, Westlake Village), seventh in that Meet. Celia Willis (Clovis West, Fresno) and Terry Prince (Paradise) had 5-9 bests through early May. Lori Svoboda (El Dorado, Placentia), Lisa Coleman (Marina, Huntington Beach), fifth here last years, Angie Evans (Vanden, Travis Air Force Base), Lynn Patrick (Serra, San Diego), Crissy Mills (Campbell Hall, North Hollywood), the nation's best eighth grade jumper last year at 5-91/2, 86's and are State runner-up, Eugenia Miller (Crenshaw, LA), and other threats.

State Meet Record: 6-2 Latrese Johnson (Clovis) at Sacramento 1985. Frosh: 5-10 Tonya Mendonca (Mt. Whitney, Visalia) 1980. Soph: 6-04 Sue McNeal (Carlsbad) 1976. Junior: 6-2 Latrese Johnson (Clovis) 1984. Senior: 6-24Latrese Johnson (Clovis) 1985.

6-23/4	Latrese Johnson (Clovis)-1	1985
6-21/4	Wendy Brown (Woodside)-1	1984
6-1	Sue McNeal (Carlsbad)	1979
6-1	Karen Lysaght (St. Fran, Sacto)-1	1980
6-0	Yleana Carrasco (Anaheim)-1	1985
5-111/2	Tonya Alston (Chico)-1	1979
5-11	Kathy Hamilton (Beyer, Modesto)	1979
5-11	Katrena Johnson (Marshall, Pasadena)-2	1982
5-11	Maggie Van Zeeland (Acalanes, Laf)	1981
5-11	Ursula Lovely (Kennedy, La Palma)	1985



#### REEBOK

#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
242	Lori Suoboda	10	El Dorado	5-10.5	1		
249	Eugenia Miller	12	Crenshaw	5-07.0	2		
226	Nadle Barker	10	Colfax	5-07.0	3		
440	Mary Pring		Paradise	5-06.0	4		
248	Melanie Clarke	20	El Camino Real	5-06.0	5		
245	Lynn Patrick	10	Serra-San Diego	5-06.0	6		
241	Lashawn McBride	12	Long Beach Poly	5-06.0	7		
240	Crissy Mills		Campbell Hall	5-06.0	8		
239	Stacia Pollock	12	Westlake	5-06.0	9		
238	Lisa Coleman		Marina	5-06.0	10		
237	Sheree Samms	11	Independence	5-06.0	11		
233	Celia Willis	11	Clovis West	5-06.0	12		
227	Julieann Broughton	10	Armijo	5-05.0	13		
203	Angie Evans	12	Vanden	5-05.0	14		
244	Christy Kurras	9	Poway	5-04.0	15		
236	Tara Raquinio	10	King City	5-04.0	16		
234	Samantha Shaver	12	Los Altos	5-04.0	17		
232	Lisa Jackson	12	Laton	5-04.0	18		
225	Edwina Ammonds	10	Roosevelt-Fresno	5-04.0	19		
231	Suzanne Debrunner	12	Redwood-Larkspur	5-03.0	20		
230	Brook Knight	11	Clayton Valley	5-03.0	21		
243	Zoe Anastas	12	Poway	5-02.0	22		
229	Suzanne Cathrall	12	Piedmont	5-02.0	23		
228	Kim Cox	10	Granada	5-02.0	24		
247	Kim Jerimiah	10	Fremont-LA	5-00.0	25		
246	Danielle Davis	10	Banning	5-00.0	26		

#### TRACK TRIVIA

11 Fremont-Oakland 4-10.0

The best high jumper ever is Kym Carter of East in Wichita, Kansas. Although she is only third on the all-time list with a leap of 6'2½", she owns four of the ten best marks ever. She has the most leaps over 6'2" with four. Lisa Bernhagen of Indiana is second with three and California's Wendy Brown of Woodside is third with two.



235 Sonja Godfrey



#### REEBOK

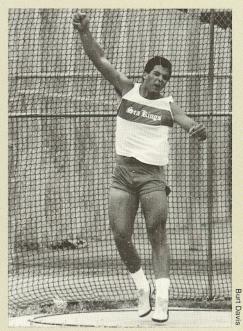
				PREV.			
#	NAME	GR	AFFILIATION	MARK	POS	PLACE	MARK
289	Dave Bultman	12	Royal	184-08.0	1		
298	John Wirtz	11	Leland	183-05.0	2		
288	Michael Bain	12	Corona Del Mar	181-03.0	3		
303	Alex Smith	12	Madera	178-11.0	4		
290	Tony Scanlan	12	Burroughs-				
			Ridgecrest	178-07.0	5		
309	Rick Cox		San Ramon	176-07.0	6		
296	Nick White	12	Bellarmine	175-10.0	7		
305	Mike Stubblefield	11	Bakersfield-South	175-06.0	8		
297	Greg Winkler	11	St. Francis-Mt. View	174-03.0	9		
293	Robert Malsack	12	Escondido	171-04.0	10		
302	Kevin marks	12	Nevada Union	169-05.0	11		
291	Rich Brown	12	Mission Viejo	167-05.0	12		
304	Allen Smith	12	Madera	165-01.0	13		6.00
294	Ray Rowe	12	Mira Mesa	163-09.0	14		
292	Graig Rebeck	12	Capistrano Valley	163-05.0	15		
307	Chris Bobinette	11	California-				
			San Ramon	163-02.0	16		
448	Andy Connor		Yreka	162-09.0	17		
306	Tim Boerum	11	Redwood-Larkspur	162-00.0	18		
308	Sam Canallaro	12	James Logan	160-04.0	19		
301	Chad Fisk	12	Davis-Davis	160-04.0	20		
300	Jason Krogh	12	Casa Roble	160-03.0	21		
295	Paul MacRenato	12	University-				
			San Diego	159-11.0	22		
299	Zuri Hector	11	Washington				
			San Francisco	139-05.0	23		

#### TRACK TRIVIA

The first prep platter tosser to go over 200' was Chris Adams who threw 201'3" in 1970. Chris of Los Altos is one of three athletes from his school to win five state discus titles. Adams won two (69,70), as did Bob Stoecker (61,62) and Scott Overton won one in 72. By the way in 70 Adams combined with a legendary athlete by the name of Rick Brown to bring Los Altos a state title.

## 4

#### DISCUS/BOYS 5:00 PM



Mike Bain, Corona del Mar H.S.

Dave Bultman (Royal, Simi), Mike Bain (Corona del Mar), and Rich Cox (Danville, San Ramon) have all had very fine seasons, even though they have been overshadowed in Meets by the 220 foot plus throwing of Kamy Keshmiri (Reno, Nevada), who threw most weekends in California. All three were over 185 feet through early May, with Bultman 3-0 heads up with Bain at that point Steve Stubblefield (South Bakersfield), Alex Smith (Madera), John Wirtz (Leland, San Jose), Sean Ullom (Orange), Ken Henderson (Mt. Eden, Hayward), soph Derik Stevens (Bakersfield), and Clemens (Willows) are all potential placers.

State Meet Record: 203-4 Brian Blutreich (Capistrano Valley) at Sacramento 1985. Frosh: 173-6 Antonio Dobbins (Burroughs/Ridgecrest) 1979. Soph: 180-7 Mark NcNaughton (McLane/Fresno) 1972. Junior: 194-10 Ray Burton (Vacaville) 1973. Senior: 210-8 Brian Blutreich (Capistrano Valley) 1985.

210-8	Brian Blutreich (Capistrano Vly)-1	1985
209-6	Dave Portath (Atwater)-1 at Sacramento	1978
201-6	Ray Burton (Vacaville)-1	1974
201-3	Chris Adams (Los Altos)-2	1970
200-7	Paul Bender (Shafter-1	1980
200-4	Scott Endler (Hoover/Fresno)-1	1976
200-1	Scott Overton (Los Altos)-1	1972
198-6	Dave Voorhees (Tulelake)	1973
197-6	Kevin Richardson (Shafter)	1984
195-8	Bill Joe Winchester (Mt. Miguel/SV)	1970

#### SHOT PUT/GIRLS

5:30 PM



Nancy Wanamaker, Pleasant Valley H.S.

Amazing ninth grader, Dawn Dumble (Bakersfield), is undefeated and has totally dominated her competition statewide with an early may best of over 45 feet. Jenny Whelchel (Agoura) was fifth in the State Meet in 1986, with Nancy Wannamaker (Pleasant Valley, Chico), Yvonne Hill (Rubidoux, Riverside), Maureen McKinney (Reedly), and Heidi Ruiz (Los Gatos) solid big-meet credentials. Michelle Campbell (Crawford, San Diego), Theresa Faafeu (Ventura), and Starla Ahu (Vista) had early May bests of out over 40 feet.

State Meet Record: 52-7 Natalie Kaaiawahia (Fullerton) at Bakersfield 1983, Frosh: 48-4% Natalie Kaaiawahia (Fullerton) 1980. Soph: 52-2½ Natalie Kaaiawahia (Fullerton) 1981. Junior: 52-2½ Natalie Kaaiawahia (Fullerton) 1982. Senior: 53-7% Natalie Kaaiawahia (Fullerton) 1983.

53-73/4	Natalie Kaaiawahia (Fullerton)-4	1983
50-31/2	Lynn Graham (Muir, Pasadena)	1965
50-01/2	Emily Done (Buena Park)	1975
49-6	Kathy Devine (Mission Bay, SD)-2	1974
48-11%	Susie Ray (Villa Park)-1	1980
47-111/2	Iva Wright (Edison, Fresno)	1971
47-9%	Debra Corley (Garces, Bakersfield)	1981
47-41/4	Brandi Gail (Rowland, Hac. Hgts)	1986
46-11	Elaine Oden (Irvine)-1	1985
46-9	Dot Jones (Hilmar)	1982
46-9	Latonia Gloyd (Oakgrove)	1984
46-9	Heidi Adams (Mission Viejo)	1985



# NAME GR AFFILIATION MARK POS PLACE MARK 259 Heidee Ruiz 11 Los Gatos 42-09.0 1	#	NAME	GR	AFFILIATION	PREV. MARK	POS	DIACE	MADK
260 Theresa Faafeu         10 Ventura         41-10.25         2							PLACE	WARK
264 Yvonne Hill         12 Poly-Riverside         41-09.0         3						76		
263         Jennif Luhelchel         Agoura         41-07.5         4								
197 Dawn Dumble         9 Bakersfield         41-05.5         5			12				-	
251       Maureen McKinney       12       Reedley       41-01.0       6			•					
267 Tracy Wilson       11 Taft-								
Woodland Hills		A Company of the Comp			41-01.0	6		
269 Sharla Ahu       12 Vista       40-05.25       8	267	Tracy Wilson	11					
266 Victoria Gurney       12 El Camino Real       40-00.5       9								
441 NancyWannamaker       Pleasant Valley       39-09.0       10								
186 Melissa Hake       Wilson       39-06.0       11			12					
265       Kesha Martin       11       University-LA       39-05.75       12	441							
262       Carolyn Hueth       11       West Torrance       39-05.5       13	186			Wilson				
257 Aloese Afatasi       12 Jefferson-Daly City       38-11.25       14	265	Kesha Martin	11	University-LA	39-05.75	12		
190 Robin Longwell       12 Grossmont       38-10.75       15	262	Carolyn Hueth	11	West Torrance	39-05.5	13		
252 Laura Aronson       12 Bakersfield-West       38-09.5       16	257	Aloese Afatasi	12	Jefferson-Daly City	38-11.25	14		
256 Pat Simpson       12 Vacaville       38-07.75       17	190	Robin Longwell	12	Grossmont	38-10.75	15		
261 Angela Arrington       9 Palmdale       38-06.75       18	252	Laura Aronson	12	Bakersfield-West	38-09.5	16		—.
254 Tracy Lopez       11 Vacaville       38-02.0       19	256	Pat Simpson	12	Vacaville	38-07.75	17		
268 Vanessa Holley       12 Henry       37-11.5       20	261	Angela Arrington	9	Palmdale	38-06.75	18		
200 Debbie Leatham       10 James Logan       37-07.0       21	254	Tracy Lopez	11	Vacaville	38-02.0	19		
255 Tina Cruz       9 Sonora       36-11.75       22	268	Vanessa Holley	12	Henry	37-11.5	20		
258 Christy Bruno       10 North Monterey         County       36-05.25       23	200	Debbie Leatham	10	James Logan	37-07.0	21		
County 36-05.25 23	255	Tina Cruz	9	Sonora	36-11.75	22		
253 Dora Briggs Rincon Valley  Christian 35-09.5 24  199 Julie Dejarlaais 10 Las Lomas 35-02.75 25	258	Christy Bruno	10	North Monterey				
Christian 35-09.5 24				County	36-05.25	23		
199 Julie Dejarlaais 10 Las Lomas 35-02.75 25	253	Dora Briggs		Rincon Valley				
				Christian	35-09.5	24		
201 Sheree Ogden 12 Antioch 34-09.0 26	199	Julie Dejarlaais	10	Las Lomas	35-02.75	25		
	201	Sheree Ogden	12	Antioch	34-09.0	26		
250 Sherrif Husany 12 Lincoln-	250	Sherrif Husany	12	Lincoln-				
San Francisco 33-02.0 27				San Francisco	33-02.0	27		

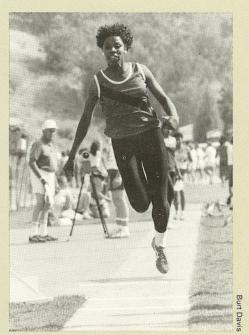
#### TRACK TRIVIA

This is one event where all you do is turn to "High School Track" by Jack Shepard and you know all you have to know. Natalie Kaaiawahia is so dominant the event should be named after her. She holds all the class records, four age records, four state titles and all the top ten marks, plus the national record. Enough said.



#### TRIPLE JUMP/GIRLS

5:30 PM



Jackie Anderson, Mt. Miguel H.S.

Felicia Harris (San Lorenzo) pulled the upset of the 1986 State Meet with her win here. Jackie Anderson (Mt. Miguel, Spring Valley), second the last two years, has returned to the form that had her set a National Prep Indoor record in the event at 41-01/2 in February of 1986, with a 41-01/4 win at Arcadia. Harris has been out over 40 feet this Spring, with Kim Lassair (Northgate, Walnut Creek) also jumping well up North. This could be a very intersting competition. Althia Moses (Morningside), fifth in State last June, Kami Tarman (Chico), seventh there, LaFrenia West (Grossmont, La Mesa), ninth in that competition, Wendy Simmons (Santa Rosa), Temeca Richardson (Tular Western), Cherisce Poole (Patrick henry, San Diego), and Serena Strange (Indio) are all possible placers.

State Meet Record: 42-101/2 Wendy Brown (Woodside) at Los Angeles 1984. Frosh: 39-7 Gayle Wadsworth (Hawthorne) 1982. Soph: 40-1 Wendy Brown (Woodside) 1982. Junior: 40-8 Wendy Brown (Woodside) 1983. Senior: 42-10½ Wendy Brown

42-101/2	Wendy Brown (Woodside)-3	1984
42-51/2	Yvette Bates (Berkeley)	1984
40-11	Sheila Hudson (Rio Linda)-1	1985
40-3	Jackie Anderson (Mt. Miguel, Spring Vly)	1986
40-23/4	Renita Robinson (Manual Arts, LA)	1983
39-91/2	Janis Diggs (Salinas)	1984
39-81/4	Debbie Orr (Ocean View, H. Bch)	1986
39-8	Camille Robertson (Redlands)	1984
39-7	Gayle Wadsworth (Hawthorne)	1982
39-7	Carole Jones (Chino)	1983

#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
271	Jackie Anderson	12	Mount Miguel	39-11.5	1		
279	Kim Lassair	12	Northgate	38-05.5	2		
281	Temeca Richardson	11	Tulare	38-01.5	3		
437	Kami Tarman		Chico	38-00.0	4		
274	Stacy Lyles	11	Vallejo	37-11.75	5		
278	Wendi Simmons	12	Santa Rosa	37-10.5	6		
217	Serina Strange	12	Indio	37-10.5	7		
282	Stacie Haru	12	Gilbroy	37-10.0	8		
277	Ally Kalb	10	Monte Vista-				
			Danville	37-10.0	9		
216	Tonya Conner	11	Barstow	37-09.5	10		
147	Kim Young	10	Madera	37-07.5	11		
287	Sharon Manship	12	Thousand Oaks	37-06.25	12		
283	Gina Prince	12	Pacific Grove	37-05.75	13		- n=
284	Jennifer Jackson	11	St. Francis-Mt. View	37-05.5	14		
151	Christina Gangnuss	12	Foothill-Pleasanton	37-05.5	15		
272	Cherisce Poole	12	Henry	37-02.75	16		
286	Lisa Gill	11	Alemany	37-02.5	17		
275	Melynee Bass	11	Vacaville	37-00.25	18		
273	LaFrania West	10	Grossmont	36-10.75	19		
270	Angela Hill		Lincoln-				
			Los Angeles	36-09.5	20		
280	Bridget Taylor	11	Central-Fresno	36-09.0	21		
276	Wendy Brown	11	Argonaut	36-03.5	22		
285	Lisa Fager	9	Mission Viejo	36-03.25	23		
211	Yolanda Burton	10	McAteer	35-08.0	24		

#### TRACK TRIVIA

Wendy Brown of Woodside owns this event. Not only is she a state champion and national record holder but she also owns seven of the 10 best jumps ever. Brown has continue to improve since leaving high school having won national titles and set world records for USC. She also plays on the basketball team.

#### LONG JUMP/BOYS 5:30 PM



Percy Knox, Antelope Valley H.S.

Percy Knox (Antelope Valley, Lancaster) became the seventh Californian under any conditions to leap 26 feet in the event earlier this Spring with a wind-aided 26-01/2 leap. Knox is undefeated during the outdoor season and was the State runner-up last June. MacArthur Anderson (Bakersfield) equalled Knox's best jump at Arcadia at 23-1014, but had a lesser second leap. Anderson has been out over 24 feet. Soph Glen Reyes (Orange Glen, Escondido) was over 24 feet. Leonard Hudson (Pomona) was fifth, and Mike Carnes (Simi) sixth in last year's State affair.

State Meet Record: 25-41/4 Jerry Proctor (Muir/Pasadena) at San Diego 1967. Frosh: 23-10½ Johnny Johnson (Pacific Grove) 1963. Soph: 25-2½ Johnny Johnson (pacific Grove) 1964. Junior: 25-10¾ Heulon Hewitt (Merced) 1968. Senior: 26-2¼ Ken Duncan (McClatchy/Sacramento) 1972.

26-21/4	Ken Duncan (McClatchy/Sacramento)	1972
26-03/4	Jerry Proctor (Muir/Pasadena)-1	1967
26-03/4	Joe Richardson (Pasadena)-1	1984
26-0	Johnny Cleveland (Soquel)-1	1984
25-111/2	Larry Doubley (Manual Arts/LA)-1	1976
25-103/4	Heulon Hewitt (Merced)-1	1968
25-91/2	Gerald Hardeman (Edison/Fresno)	1976
25-7	James McAlister (Blair/Pasadena)-1	1970
25-61/4	Ted Hammond (Compton)	1973
25-514	Doyle Steel (San Diego)-1	1966



REEBOK

#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
326	Joel Smith	12	Cordova	24-05.25	1		
310	Percy Knox	12	Antelope Valley	23-10.5	2		
315	Matt Farmer	12	Monte Vista-				
			Spring Valley	23-10.25	3		
321	Reggie Jackson	12	Riordan	23-09.0	4		
316	Charles Huff	12	La Jolla-				
			San Diego	23-07.5	5		
323	Randy Starbird	12	Soquel	23-06.5	6		
325	DeWayne Quinn	12	Vanden	23-06.25	7		
167	Albert Pride	12	Grant-Sacramento	23-06.25	8		
328	Billy Wright	11	Edison-Fresno	23-04.5	9		
317	John Ashworth	12	Poway	23-04.5	10		
329	MacArthur						
	Anderson	12	Bakersfield	23-03.5	11		
322	Jamie Calderson	12	Alisal	23-03.0	12		
327	Frank Jones	11	Hoover	23-00.75	13		
330	Anthony Terrell	12	Mission San Jose	23-00.5	14		
449	Paula Anaya		Quincy	23-00.0	15		
318	Charles Howlett	12	Jordan	22-11.25	16		
312	Darin Zaabel		Damien	22-09.5	17		
311	Matt Malone		Marina	22-09.5	18		
319	Robert Proctor	12	University-LA	22-09.0	19		
313	Stacey Gibson	12	Royal	22-08.25	20		
49	Darrell Armstrong		Reseda	22-07.5	21		
314	Mitch Butler		Oakwood	22-05.25	22		
324	Alonzo Levingston	12	Skyline	22-05.05	23		
331	Marty Beck	12	Clayton Valley	22-04.0	24		
332	Mikel Jones	12	San Lorenzo	22-02.5	25		
333	Eric Lewis	12	James Logan	22-01.75	26		
320	Ron Wilkenson	11	Reseda	21-09.0	27		

#### TRACK TRIVIA

California dominates the all-time prep list with six of the top ten. California record holder Ken Duncan of McClatchy did more than just win the state long jump that year. He scored in the sprints and the 440 relay to nearly lead his school to the team championship.

IF	R	REEBOK
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					PREV.			
	#	NAME	GR	AFFILIATION	MARK	POS	PLACE	MARK
3	55	Tim Prince	11	James Logan	6-10.0	1	-	
3	50	Mike Paule	12	Del Campo	6-09.0	2		
3	49	Chris LaQuay	12	Vacaville	6-09.0	3		
3	57	Walter Barney	12	Livermore	6-08.0	4		
3	56	Kevin Asch	11	Clayton Valley	6-08.0	5		
3	54	Rick Pickett	10	Clovis	6-08.0	6		
3	51	Chris Arentz	12	Valley-Sacramento	6-08.0	7		
3	46	Steve Becker	12	Southbay Christian	6-08.0	8		
3	45	Luis Julio	12	Piedmont Hills	6-08.0	9		
3	39	Lance McGrath	11	Poway	6-08.0	10		
3	37	Jeff Donofrio		Alta Loma	6-08.0	11		
3	36	Dave Swanson	12	Alemany	6-08.0	12		
3	35	Derek Pippert		Alta Loma	6-08.0	13		
3	34	Joe Mitre	12	Redlands	6-08.0	14		
3	15	Matt Farmer	12	Monte Vista-				
				Spring Valley	6-08.0	14		
3	858	James Robertson	12	Northgate	6-06.0	16		
3	352	Ruben Hendrix	9	Bakersfield-South	6-06.0	17		
3	347	Lamont Allen	12	Riordan	6-06.0	18		
3	340	Paco Camarena	10	Torrey Pines	6-06.0	19		
3	38	Kurt Fethke	12	Canyon-Anaheim	6-06.0	20		
4	60	Haizig Tamani		Las Plumas	6-05.0	21		
3	841	Carlos McCowan	12	Carson	6-05.0	22		
3	353	Brian Koch	12	Bullard	6-04.0	23		
3	348	Eric Young	12	Fremont-Oakland	6-04.0	24		
3	344	Kurtk Gustafson	10	Chatsworth	6-02.0	25		
3	343	Paul Richardson	12	University-LA	6-02.0	26		
3	342	Eric Hu	11	Belmont	6-02.0	27		

#### TRACK TRIVIA

California's greatest high jumper? Renaldo Brown of Compton. Renaldo won three consecutive state title, in 67, 68 and 69. His prep best was 7'3". He made that leap in the Olympic trials at Echo Summit near Lake Tahoe. The jump qualified him for the Olympic games in Mexico City.

#### HIGH JUMP/BOYS 7:00 PM



Charles LaQuay, Vacaville H.S.

Dave Swanson (Alemany, Mission Hills) jumped 7-0 in 1986, and while he had not reached that height by mid-May of this year, he had still put together a sterling competitive season, handling the State's best in a fine series of Invitational wins. A flock of others are very close to Swanson, however, and anyone of a group of a dozen jumpers could emerge as the State titlest. Rickey Pickett (Clovis West, Fresno), Jeff Donofrio (Alta Loma), John Amneus (Foothill, Santa Ana), Chris LaQuay (Vacaville), Eric Young (Fremont, Oakland), Mark Wilson (Charter Oak, Covina), Lance Crewse (Hanford), Chris Arentz (Valley, Sacramento), Jason Crumwiede (Saratoga), Tim Prince (Logan, Union City), and Walter Barney (Livermore) have all enjoyed 1987 competitive successes.

State Meet Record: 7-33/4 Lee Balkin (Glendale) at Sacramento 1979. Frosh: 6-81/2 Russell White, (Lawrence Jr. Chatsworth) 1985. Soph: 7-1 Kenny Burke (Westlake, Los Angeles) 1983. Junior: 7-3 Maurice Crumby (Balboa/San Francisco) 1982. Senior: 7-4½ Maurice Crumby (Balboa/San Francisco)

7-41/2	Maurice Crumby (Balboa/S.F.)-2 at Stan	1983
7-31/4	Lee Balkin (Glendale)-1 at Sacramento	1979
7-3	Reynaldo Brown (Compton)-3	1968
7-3	Rim Poltl (Alemany/Mission Hills)	1979
7-3	Jeff Rogers (Overfelt/San Jose)	1985
7-2	Billy Hice (Oakland)	1977
7-2	Dennis Smith (Santa Monica)-1	1977
7-2	Kerry Myers (Berkeley)	1978
7-2	Frank Schiefer (Madison/San Diego)1979	
7-2	Kenny Burke (Westlake/L./A.)-1	1984



## LONG JUMP/GIRLS 7:30 PM



Madette Smith, Quartz Hills H.S.

Defending Champion Maddette Smith (Quartz Hill) is the Golden State record holder in the event with a 20-111/4 best through early May. The slight-framed Quartz Hill star can be hindered in heavy wind conditions such as are possible here, but if she is jumping well the competition will be for second, with a large group battling for that position. 1986 state placers Stacy Rogers (Johnson, Sacramento) third, Kristen Edwards (South Pasadens) fourth, Karen Lawson (St. Francis, Mountain View) seventh, and explosive Angi Evans (Vanden, Travis Air Force Base) ninth, obviously all have strong credentials. Improving LaShawn Simmosn (El Monte), Michelle Outlaw (Lincoln), San Diego), and Serena Strange (Indio) could all place on a good day.

State Meet Record:20-9¾ Wendy Brown (Woodside) at Los Angeles 1984. Frosh: 20-7 Dora Lee Roberts (Riverdale) 1971. Soph: 20-8 Wendy Brown (Woodside) 1982. Junior: 20-8½ Jodi Anderson (Washington, LA) 1975. Senior: 20-11¾ Madette Smith (Quartz Hill) 1986.

20-1134	Madette Smith (Quartz Hill)-1	1986
20-93/4	Wendy Brown (Woodside)-2	1984
20-834	Kim Attlesey (Corona del Mar)	1971
20-83/4	Marlene Harmon (Thousand Oaks)-1	1980
20-81/2	Jodi Anderson (Washington, LA)-3	1975
20-7	Dora Lee Roberts (Riverdale)	1971
20-7	Gail Devers (Sweetwater, NatCty)-1	1984
20-5	Gwen Loud (Westchester, LA)-1	1979
20-41/2	Carrie McLaughlin (Davis, Modesto)	1979
20-31/4	Joanna Harper (Fremont, LA)	1980





#### REEBOK

				DDEV				(
#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK	
453	Maddette Smith	122	Quartz Hill	19-10.25	1			
202	Stacie Rogers	12	Hiram Johnson	19-01.5	2			
214	Marlo Aubert	11	Milpitas	19-00.75	3			
218	LaShawn Simmons	12	El Monte	19-00.5	4			
203	Angie Evans	12	Vanden	19-00.5	5		<del></del>	
217	Serina Strange	12	Indio	18-11.0	6			
438	Jennifer Haws		Pleasant Valley	18-08.0	7			
213	Lezli Jensen	12	Los Gatos	18-06.75	8			
212	Kewn Lqaon	12	St. Francis-					
			Mt. View	18-06.0	9	-		
216	Tonya Conner	11	Barstow	18-03.5	10			
208	Tonia Knott	12	Fresno	18-01.0	11			
127	Michelle Outlaw	12	Lincoln-					
			San Diego	18-00.25	12			
224	LaTanya Canada	12	Castle Park	17-11.75	13			
144	Wendi Simmons	12	Santa Rosa	17-11.5	14			
215	April Broussard	12	Royal	17-11.0	15			
204	Stephanie Rhoades	11	Woodland	17-09.0	16			
223	Lora Stowe	12	Torrey Pines	17-08.25	17			
206	Charon Dhelfer	11	Clayton Valley	17-07.25	18			1
205	Denise Butticci	12	Northgate	17-07.0	19			•
210	Lisa Bryant	11	Bakersfield	17-04.75	20			
209	Alli Torczon	10	Taft	17-04.5	21			
207	Donita Lyons	12	Encinal	17-02.0	22			
211	Yolanda Burton	10	McAteer	17-01.5	23	HE WE		
111	Lynette Christian	10	Dorsey	16-10.5	24			
221	Melanie Usher	11	Crenshaw	16-10.0	25	-		
220	Tiesha Holmes	10	Los Angeles	16-09.0	26			
219	April Oliver	11	Dorsey	15-11.25	27			

#### TRACK TRIVIA

This event belongs to Olympian Kathy McMillan with seven of the 10 best marks ever. In 1976 McMillan made the Olympic team while still a prepster at Hoke County in Raeford, North Carolina. The person owning the other three marks is a famous sister. Carol Lewis is second on the all-time list with a jump of 21'734" to McMillan's 22'3" Jump.





#### REEBOK

#	NAME	GR	AFFILIATION	PREV.	POS	PLACE	MARK
289	Dave Bultman	12	Royal	61-09.75	1	PLACE	MARK
520.53655					2		
376	Sam Cavallaro	12	James Logan	60-06.5	2		
359	Kalesph Carter		Edison-	EO 11 0E	0		
200	Bials Carr		Huntington Beach	59-11.25	3		
309	Rick Cox		San Ramon	57-11.0	18		
362	Brent Noon	9	Fallbrook	57-06.75	5		
360	Rick Fuller	11	El Monte	57-02.25	6		
291	Rich Brown	12	Mission Viejo	57-01.5	7		
363	Jr. Seau	12	Oceanside	56-08.5	8		
375	Jaseon Miller	11	Clovis West	56-07.5	9		
361	Doug Blanchard		Edison-				
			Huntington Beach	56-01.5	10		
451	Ro James		Enterprise	55-10.0	11		
302	Kevin Marks	12	Nevada Union	55-09.0	12		
374	Tom Rowe	12	Sanger	54-08.0	13		
365	Jason Wyatt	12	Dorsey	54-08.0	14		
301	Chad Fisk	12	Davis-Davis	54-07.0	15		
364	Charles Fishero	12	Morse	54-05.75	16		
304	Allen Smith	12	Madera	54-04.0	17		-
377	Andy Andrews	12	American-Fremont	54-03.75	18		
370	Andy Maloato	12	Pioneer	54-01.5	19		
371	Trent Blair	12	Salinas	53-11.75	20		
369	Will Gath	12	Santa Clara	53-07.5	21		
366	Amani Davis	12	University-LA	53-05.0	22		
373	Phil Gentry	12	Placer	52-11.5	23		
368	Chris Orrill	12	Granada Hills	52-09.5	24		
378	Chris Robinette	11	California-				
			San Ramon	52-07.25	25		
367	Tim McDaniel	12	Jordan	52-07.25	26		
372	Kevin Smith	12	Skyline	48-04.0	27		

#### TRACK TRIVIA

The all-time event listing in the shot should have been retired and started over in 1979. In that season Michael Carter of Jefferson in Dallas, Texas, threw eight of the ten best ever. Included in that series was his unreal 81'3½" at the Golden West meet. To this day his "Beamon-like" toss is nearly 7' ahead of second place. Carter is same man who plays middle guard for the 49ers.

## 10

#### SHOT PUT/BOYS 7:30 PM



Dave Bultman, Royal H.S.

Dave Bultman (Royal, Simi), a transfer from Independence of San Jose, was at 62-0 feet through early May and had split in competitions with last year's State runner-up, junior Kaleaph Carter (Edison, Huntington Beach). Arroyo (El Monte) junior Rick Fuller exploded to 61-8¾ in his early May League Finals competition. Sam Cavallero (Logan, Union City), Rich Cos (Sam Ramon, Danville). Doug Blanchard (Edison, Huntington Beach), Steve Stubblefield (South Bakersfield), Roshawn James (Enterprise, Redding), Jason Miller (Clovis West, Fresno), amazing ninth grader Bren Noon (Fallbrook) 56-6 by early May), and Alex Smith (Madera) will battle for finals and place positions.

State Meet Record: 68-4 Brian Blutreich (Capistrano Valley) at Sacramento 1985. Frosh: 52-5% Curt Hampton (El Cajon) 1971. Soph: 61-11 Kaleaph Carter (Edison, Huntington Beach) 1986. Junior: 68-4% Brian Blutreich (Capistrano Valley) 1984. Senior: 69-6% Brian Blutreich (Capistrano Valley 1985.

85
73
76
75
166
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176
73
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71
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## TRIPLE JUMP/BOYS 7:30 PM



Joel Smith, Cordova H.S.

California has a very fine group of athletes in this event for 1987. Eight athletes had bests of over 49 feet through early May. MacArthur Anderson (Bakersfield) by that date was out to 51-4½, with Anthony Terrell (Mission San Jose, Fremont) the winner in the clash of the Titans (6 of the 8, including Anderson) at Arcadia. Joel Smith (Cordova, Rancho Cordova), Alfonso Davis (Fairfield), Lawrence Miller (Palmdale), Herman McCullough (Edgewood, West Covina), Tim Prince (Logan, Union City), and soph Russell White (Crespi, Encino) are all supers who could match up in the best ever State Triple Jump competition.

State Meet Record: 52-4% Ken Frazier (Mission/SF) at Norwalk 1981. Frosh: 48-4 David Tucker (San Joaquin Memorial/Fresno) 1968. Soph: 50-2½ Ken Frazier (Mission/SF) 1980. Junior: 52-6½ David Tucker (S.J. Memorial/Fresno) 1970. Senior: 53-6½ Joe Richardson (Pasadena) 1984.

53-61/2	Joe Richardson (Pasadena)-1	1984
52-101/2	Charles Mayfield (Muir/Pasadena)	1980
52-61/4	David Tucker (S.J. Memorial/Fresno)	1970
52-6	Henry Ellard (Hoover/Fresno)-1	1979
52-53/4	Marcus Hooks (Lakewood)-1	1986
52-43/4	Ken Frazier (Mission/SF)-1	1981
52-31/2	Randy Williams (Edison/Fresno)	1971
51-8	Mike Woods (Manual Arts/LA)	1963
51-71/4	Vestee Jackson (McLane/Fresno)	1981
51-61/2	Greg Caldwell (Fremont/LA)-1	1976

	#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
3	29	MacArthur						
		Anderson	12	Bakersfield	50-09.0	1		
32	26	Joel Smith	12	Cordova	50-07.5	2		
33	30	Anthony Terrell	12	Mission San Jose	48-11.0	3		
3	79	Russell White	10	Crespi	48-07.25	4		
39	94	Dimitri Ghuys	12	Kingsburg	48-02.0	5		
32	21	Reggie Jackson	12	Riordan	48-02.0	6		
38	34	Lou Coons	12	Crawford	47-11.5	7		
39	91	Alphonso Davis	12	Fairfield	47-10.5	8		
38	30	Daniel Bugay	12	Arestia	47-10.5	9		
38	31	Charles Rogers		Baldwin Park	47-07.75	10		
39	92	Cedric Boyd	12	Stagg	47-05.0	11		
31	15	Matt Farmer	12	Monte Vista-				
				Spring Valley	47-04.5	12		
38	38	Joseph Frank	12	Overfelt	47-03.0	13		
39	96	Mike Hatcher	12	St. Mary's-Berkeley	47-02.5	14		
38	39	Ken Woofter	12	Serra-San Mateo	47-02.5	15		
38	32	Lawrence Miller	12	Palmdale	47-02.5	16		
31	6	Charles Huff	12	La Jolla-San Diego	47-00.0	17		
38	33	Chris Conrad	12	Mater Dei	46-10.75	18		
45	52	Roger Murry		Yreka	46-10.0	19		
39	93	Ryan Benjamin	11	Tulare	46-04.25	20		
33	32	Mikel Jones	12	San Lorenzo	46-02.75	21		
38	35	Daryle Smith	12	Taft-				
				Woodland Hills	45-06.75	22		
38	36	Ron Martin	11	Chatsworth	45-06.5	23		
39	90	Ken Turner	12	McAteer	45-05.5	24		
32	20	Ron Wilkenson	11	Reseda	45-04.5	25		
39	)5	Marvin Brown		Pittsburg	45-00.75	26		
38	37	Jeff Ricks	12	Reseda	44-11.75	27		

#### TRACK TRIVIA

Los Angeles has produced numerous jumpers over 50'. However for quality Fresno is the town for triple jumpers having produced three over 52'. They are Dave Tucker, San Joaquin Memorial, Harry Ellard, Hoover and Randy Williams of Edison. By the way that is the same Randy Williams who went on to win an Olympic Gold Medal in the 72 Olympics long jump.

## 12

## **400 METER RELAY** GIRLS

6:00 PM



Adienna Thomas, Deeaundra Wheeler, Deanna Amy and Keesha Adams, Hawthorne H.S.

Defending Champions Hawthorne were felt to be unbeatable in 1987, but a very talented Morse of San Diego squad ran the Cougars down twice during mid-season Invitations to assume the favorite's role. Through early May the two teams were number one and two timewise in the entire nation. Oakland, the State runner-ups in 1986, Locke (LA), St. Francis (Mountain View), fourth in the 1986, State Meet, and Johnson (Sacramento) are all extremely talented squads. Pomona, Vallejo, Dorsey (LA), Muir (Pasadena), Poly (Long Beach), Patrick Henry (San Diego), and Hueneme (Oxnard), third here last June, are all strong squads.

	) at Norwalk 1981.	
45.11	Hawthorne-1 at Walnut	1985
	(Wheeler, Grant, Amy, Stiles)	
45.13	Berkeley-1 at Norwalk	1981
	(King, Ware, Johnson, Rodgers)	
45.23	Muir (Pasadena)	1985
	(Cantrell, Miller, Wilson, Franklin)	
45.42	Dorsey (LA)-1	
	(Stewart, Peterson, Rolfe, Dawkins)	
45.54	Hawthorne-1	1986
	(Thomas, Wheeler, Amy, Stiles)	
45.81	Kenedy (Granada Hills)-1	1980
	(Howard, Thompson, Howard, Howard)	
45.91*	Crawford (San Diego)-1	1977
	(Young, Gaston, Reed, Lovelady)	
45.99	Hawthorne-1	1984
	(Allen, Price, Burrell, Grant)	
46.01	Berkeley	1979
46.06	Poly (Long Beach)	1980
	(Evans, Smith, Randolph, Paige)	
Hand Tim	ing (*=440 yards minus 0.2)	
45.7	Berkeley	1980
	(Rodgers, Ware, King, Young)	

	#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
	722	719,720,721,709		Vallejo	50.06	1		
		Lakina Demerey-Had	assal			lliams		
	758	/755,707,756,757		Chowchilla	49.39	2		
		Erika Degrott-Patricia	-I on			_		
	713	/710,558,711,712		San Fernando	48.92	3		
		Stephanett Lee-Nikay	wa Pr				A 100 PM	
	773	/769,770,771,772	, a	Cajon	48.36	4		
		Tasonya Jackson-Ka	rin Th				vser	
	786	/783,784,785,135		Pomona	47.32	5	1301	
	, 00	Lillian King-Shanegya	a Can			_	ckers	
	768	/765,766,767,638	u oun	Hueneme	48.33	6	ONOIS	
		Latrica James-Tina Jo	ohnse			•		
	729	/146,632,727,728		Bishop O'Dowd-	ono odin			
	. = 0	, , , , , , , , , , , , , , , , , , , ,		Oakland	48.90	7		
		Michelle Decoux-Kim	Rho					
	809	/805.806.807.808		Henry	49.29	8		
	000	Angie Harrison-Vane	ssa H			Ū		
	718	/714,715,716,717		Vanden	50.02	9		
		Laurle Wheeler-Rhon	da C				-	
_								
	764	/760,761,762,763		Independence	50.50	1		
	104	Jackie Riley-Cynthia	Adam					
	813	/810.811.812.438	radiii	Pleasant Valley	49.6	2		
	010	Debbie Souza-Jenny	Dobh					10/11-11/11/20
	791	/787,788,789,792		Banning	49.05	3		
		Angie Richardson-Ja	ckie F					
	804	/801,554,642,803		Crawford	48.41	4		
		/798,799,643,800 - O	nnie l	Ferguson-Shani Free	eman-Laura	Hatch	ner	
	782	/779,780,781,637		Long Beach Poly	48.00	5		
		Demetria Darrington-	Tracy	McCray-Chinyera k		vstal Ir	vina	
	750	/747,565,748,749		Edison-Fresno	48.32	6		
		Felicia Grisby-Fitima	Grisb	y-Sherry Pacicard-S	Shamone Ch	nisom		
	832	/819,820,821,822		University-LA	48.89	7		
		Dawn Degrafenread-	Melis	sa Weiser-Matu Clea	aver-Tanya	Valent	ino	
	818	/814,815,816,817		Dorsey	49.25	8		
		W. Williams-D. Zimme	ermar					
	754	/751,708,752,753		Washington-Fresno		9		
		Veronica Singleton-S	abrin	a Lee-Linda Harris-k	(eanya Jack	son		
-	720	/704 70E 70C 707		Callana Daule	50.50			
	130	/734,735,736,737 Karen Semema-Dana	Ston	College Park	50.52	1 Molin	do March	
	7/12	/739,740,741,213	Stori	Los Gatos	49.61	2	ua Marsi	iaii
	142	Kerri Rexford-Tiffany	Hack			2		
	733	/730,731,732,570	Hack	Berkeley	49.10	3		
	100	Lisa Whitney-Natasha	Tho					
	746	/743,744,745,564	11110	Oakland	48.50	4		
	140	Kellei Stokes-Sharan	da Wi			7		
	759	/701,284,627,562	uu ***	St. Francis-	da Dioons			
		7.01,201,021,002		Mt. View	48.19	5		
		Joslyn Mack-Jennifer	iack				W	
	801	/798,799,643,800	,	Morse	48.28	6		
		Shawnette Sapp-Nico	olo St					
	778	/774,775,776,777		Rio Mesa	48.76	7		
	75500	Mary Bittner-Shannor	n Wie				am	
	726	/723,574,724,725		Hiram Johnson	49.13	8		
		Jerri Perriro-Stacey F	Rogers					
	797	/794,795,796,793		Presentation	49.72	9		
		Jualean Woods-Mich	ele M		onia Wells			

#### TRACK TRIVIA

What city has produced the "best all-time 400 relay team." It must be from California or Texas right? Would you believe Denver, Colorado. Their top four ever are Andrea Bush 11.2a, Caryl Smith 11.46, Dana De Van 11.51, and Pamela Green 11.3h.

						PREV.		
	#	NAME	GR	AFFILIATIO	N	MARK	POS	PLACE MARK
7	22	719,720,721,709		Vallejo		50.06	1	49.16
_		Lakina Demerey-Had	dassal		ey Terre		_	
7	58	/755,707,756,757 Erika Degrott-Patrici	o I on	Chowchilla	orri Dro	49.39	2	
7	13	/710,558,711,712	a-LOII	San Fernand		48.92	3	
,	10	Stephanett Lee-Nika	wa Pr					116 9 0
7	73	/769,770,771,772		Cajon		48.36	4	75,10
_	00	Tasonya Jackson-Ka	arin Th		chelle Do			vser 1
1	86	/783,784,785,135 Lillian King-Shanegy	a Can	Pomona	ra Dioh	47.32	5	iokoro
7	68	/765,766,767,638	a Can	Hueneme		48.33	6	48.39
		Latrica James-Tina J	lohnso					10101
7	29	/146,632,727,728		Bishop O'Do				40 64
		Michella Dagouy Kin	n Dho	Oakland		48.90	7	71.0
8	09	Michelle Decoux-Kir /805,806,807,808	טווח וו	Henry		49.29	8	
·	00	Angie Harrison-Vane	ssa H				Ü	
7	18	/714,715,716,717		Vanden		50.02	9	
		Laurle Wheeler-Rhor	nda C	olvin-Marisha	a Welker	rson-Angle	Evans	3
7	64	/760.761.762.763		Indopondon	20	50.50	1	
/ !	04	Jackie Riley-Cynthia	Adam	Independences-Patricia Ho				
8	13	/810,811,812,438	, , , ,	Pleasant Val		49.6	2	50.41
		Debbie Souza-Jenny	Dobb					
7	91	/787,788,789,792	alda F	Banning		49.05	3	
Q	04	Angie Richardson-Ja /801,554,642,803	ickie i	Crawford		48.41	4	48.09
0	04	/798,799,643,800 - C	nnie I					ner <b>u7</b> G I
7	82	/779,780,781,637		Long Beach		48.00	5	41.41
_		Demetria Darrington-	Tracy					ving 8 13
7	50	/747,565,748,749 Felicia Grisby-Fitima	Grich	Edison-Fresi		48.32	6 hisom	110
8:	32	/819,820,821,822	GIISD	University-L		48.89	7	49.45
	_	Dawn Degrafenread-	Melis					tinoul 1 1
8	18	/814,815,816,817		Dorsey		49.25	8	1
7	- A	W. Williams-D. Zimm	ermar	1-L. Christian	-A. Rolfe	40.04	0	49.52
/:	54	/751,708,752,753 Veronica Singleton-S		Washington-			9 kson	
			abilii				KSOII	
7:	38	/734,735,736,737	C+-	College Park		50.52	1	1- 14- 1 11
7.	12	Karen Semema-Dana /739,740,741,213	Ston	Los Gatos		denderson 49.61	-Melino 2	da Marshall
,,	12	Kerri Rexford-Tiffany	Hack				2	THE TOTAL
7:	33	/730,731,732,570		Berkeley		49.10	3	
_	40	Lisa Whitney-Natash	a Tho					
7.	46	/743,744,745,564	do \\/:	Oakland		48.50	4	
7	59	Kellei Stokes-Sharan /701,284,627,562	ua vvi	St. Francis-	JIK-HOII	da Brooks		
, ,				Mt. View		48.19	5	
		Joslyn Mack-Jennife	rjacks	son-Roslyn M				
80	01	/798,799,643,800	-1- 0:	Morse		48.28	6	
7	78	Shawnette Sapp-Nice /774,775,776,777	olo Ste	ennis-Yoland Rio Mesa		Angel Lea	th 7	
,		Mary Bittner-Shanno	n Wie					ım
72		/723,574,724,725		Hiram Johns	on ·	49.13	8	
_		Jerri Perriro-Stacey F	Rogers					
75		/794,795,796,793	ole M	Presentation		49.72	9	
		Jualean Woods-Mich	iele M	civair-Cherie	Fora-I	onia wells		

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What city has produced the "best all-time 400 relay team." It must be from California or Texas right? Would you believe Denver, Colorado. Their top four ever are Andrea Bush 11.2a, Caryl Smith 11.46, Dana De Van 11.51, and Pamela Green 11.3h.

## 12

#### **400 METER RELAY**

GIRLS 6:00 PM



Adienna Thomas, Deeaundra Wheeler, Deanna Amy and Keesha Adams, Hawthorne H.S.

Defending Champions Hawthorne were felt to be unbeatable in 1987, but a very talented Morse of San Diego squad ran the Cougars down twice during mid-season Invitations to assume the favorite's role. Through early May the two teams were number one and two timewise in the entire nation. Oakland, the State runner-ups in 1986, Locke (LA), St. Francis (Mountain View), fourth in the 1986, State Meet, and Johnson (Sacramento) are all extremely talented squads. Pomona, Vallejo, Dorsey (LA), Muir (Pasadena), Poly (Long Beach), Patrick Henry (San Diego), and Hueneme (Oxnard), third here last June, are all strong squads.

State Meet Record: 4513 Berkeley (King, Ware, Johnson Rodgers) at Norwalk 1981 Hawthorne-1 at Walnut 1985 (Wheeler, Grant, Amy, Stiles) 45.13 Berkeley-1 at Norwalk 1981 (King, Ware, Johnson, Rodgers) Muir (Pasadena) 45.23 1985 (Cantrell, Miller, Wilson, Franklin) Dorsey (LA)-1 (Stewart, Peterson, Rolfe, Dawkins) 45 42 Hawthorne-1 45.54 1986 (Thomas, Wheeler, Amy, Stiles) 45.81 Kenedy (Granada Hills)-1 (Howard, Thompson, Howard, Howard) 1980 45.91\* Crawford (San Diego)-1 1977 (Young, Gaston, Reed, Lovelady) Hawthorne-1 45.99 1984 (Allen, Price, Burrell, Grant) 46.01 Berkeley 1979 Poly (Long Beach) (Evans, Smith, Randolph, Paige) 46.06 1980 Hand Timing (\*=440 yards minus 0.2) Berkeley 1980 (Rodgers, Ware, King, Young)

#### **400 METER RELAY**

BOYS

6:08 PM



Corey Ealy and Marcus Robertson, Muir H.S.

Coach Kye Courtney's Hawthorne Cougars have proven to be the best team in the State when the stick is passed correctly. Muit (Pasadena) and Taft (Woodland Hills) are a meter or two back, with Quincy Watts rocketing amazing anchor legs for Taft. Dorsey (LA), Carson, and Crawford (San Diego) seem to be next after the top trio. Lincoln (San Diego), Duarte, Bakersfield, Compton, Morningside (Inglewood), Tokay (Lodi), Independence (San Jose), Manual Arts (LA), and Simi Valley all have the ability to make the State Finals race.

State Meet Record: 40.83 Edison/Fresno (Cowings, Woods, Walker, Wheeler) at Bakersfield 1983.

40.64	Hawthorne at Eagle Rock	1985
40.82	Hawthorne at Norwalk	1984
40.83	Edison/Fresno-1	1983
	(Cowling, Woods, Walker, Wheeler)	
40.86	Berkeley-1	1981
	(McCree, Robinson, Clewis, Murray)	
40.87	Hawthorne	1983
	(Young, Thomas, Young, McGee)	
40.92	Dorsey/Los Angeles	1981
	(Boles, Williams, Williams, Jackson)	
40.93	Berkeley-1	1984
	(Davis, Henderson, Hunter, Usher)	
40.93	Muir/Pasadena	1986
	(Limbrick, Ealy, Eruins, Jeffries)	
40.98	Berkeley	1983
	(Davis, Henderson, Hunter, Paulding)	
41.01	Oakland-1	1982
	(Porter, Watson, Williams, Watson)	
Hand Tim	ning	
(*440 Yar	rds Minus 0.2)	
40.8*	Wilson (San Francisco)-1	
	(Farmer, Whitaker, Kirtman, Walker)	



REEBOK

#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
933	/449,930,931,932		Quincy	43.2	1		
	Paul Anaya-Shawn C	onst	on-Mike Walker-Joe	Kempton			
851	/847,848,849,850		Tracy	42.75	2		
004	Mike Lewis-Justic Mo						
894		9	Bakersfield	42.24	3		
000	/884,885,886,887 W. Aspinall-R. Copela	nd-E	Dorsey	41.84	4		
910	/908,909,532,72	iliu-i	Muir	40.92	5		
0.0	Alreas Douglas-Ricky	Ervl					•
897	/81,895,82,896		Hawthrne	41.71	6		
	Curtis Conway-Valler	y Yki		is Hannah			
863	/860,489,861,862		Crawford	42.22	7		
070	Brian Jones-Raymon	d Eth			-	3	
8/9	/876,496,877,878 Troy Viney-Devon Go	odlo	Tokay	42.67	8	-	
870	/866,867,868,869	ouio	Henry	43.20	9		
0,0	Allen Smith-Richard H	Hill-D			9		
				Dane			
056	/852,853,854,855		Maragu	43.50	1		
000	Jef Chimienti-Dan Osa	anna	Moreau -Rich Laccay-Vince		'		
839	/835,836,837,838	aiiiia		42.79	2		
000	Dethrick Slocum-Don	vc Le			-		
832	/500,829,830,831		Archbishop Mitty	42.3	3		
	Jeff Sakamoto-Donn E			Atkins			
891	/890,48,889,49		Reseda	41.97	4		
004	D. Wilson-Mike Wilson	n-Ro		Armstrong			
881	/61,64,62,880		Taft-	44.00	-		
	David Flores-Quincy \	Matte	Woodland Hills	41.08	5		
903	/79,77,76,902	valls	Simi Valley	41.47	6		
000	Danny Cross-Kevin H	atche			•		
901	/898,899,492,900		Duarte	42.05	7		
	Ray Mccle-Anthony P	orer-	Martin Cannady-Tor	ny Saler			
846	/845,111,113,114		James Logan	42.60	8		
075	Wallace Henry-Nathai	n Sut					
8/5	/871,872,873,874	too [	Bella Vista	42.91 Dillord	9		
	Mike Mathis-Don Pon	les-L	aryi Johnson-Emie	Dillard			
-					_		
844	/840,841,842,843		Monte Vista-				
			Danville	43.55	1		
	Wendell Richardson-S			-James Mai		le	
859	/415,688,857,858		Acalanes	42.83	2		
016	Shanil Goodlow-Dan Brian Flewellen	Earis	- IIm Green-Chris Bi Riordan		2		
	/166,911,912,913		Independence	42.5 42.00	3		
314	John Montgomery-He				8.00	Kelvev	-
907	/103,904,905,906	0.0.	Morningside	41.29	5		
	Eric Frazier-Michael F	hillip					
883	/882,58,59,56		Carson	41.35	6		
000	Charles Varrie-Duni G				_		
828	/824,825,826,827		Castlemont	42.03	7		
924	Torronzo Paden-Ange	eio Si					
034	/17,20,689,833 Billy Wright-Derrick R	ichie	Edison-Fresno	42.60	8		
856	317,97,99,864		Poway	42.85	9		
500	John Ashworth-Doug				,		
		2.		,			

#### TRACK TRIVIA

If states could put together their all-time best 400 relay teams who would win? Probably Texas. Making their team with their time and all-time ranking in parentheses are: Roy Martin (10.18-3rd), Joe De Loach (10:21-4th), Johnny 'Lam" Jones (10:23-5th) and Tony Jones (10:31-10th)



#### REEBOK

#				PREV.			
#	NAME	GR	AFFILIATION	MARK	POS	PLACE	MARK
656	Laurie Andeen	11	Menlo Atherton	5:02.6	1		
517	Tonya Russell	11	Taft	5:12.14	2		
648	Dee Dee Coate	12	Vacaville	5:14.9	3		
650	Maria Ravazza	12	Avalanes	5:05.24	4		
475	Karen Karcher	11	Ramona	5:11.62	5		
654	Audrey Maynor	9	Garces	5:18.08	6		
658	Melissa Sutton	12	Newbury park	4:55.21	7		
655	Mary Mendora	12	Presentation	4:52.1	8		
649	Debra Binnall	12	El Cerrito	5:05.88	9		
471	Kara Olsen	12	San Pedro	5:04.53	10		
472	Sandra Rodriguez	12	Wilson	5:09.87	11		
659	Kathy Karpel		Ocean View	4:54.16	12		
663	Kira Jorgensen	10	Vista	5:00.90	13		
657	Beth Bartholomew	9	Fremont-				
657	Beth Bartholomew	9	Fremont- Sunnyvale	4:5.6	1		
657 653	Beth Bartholomew  Mary martinez	9			1 2		
			Sunnyvale				
653	Mary martinez	9	Sunnyvale Foothill Bakersfield	5:11.50	2	=	
653 662	Mary martinez Denise McFayden	9	Sunnyvale Foothill Bakersfield Mira Mesa	5:11.50 5:13.42	2 3		
653 662 651	Mary martinez Denise McFayden Peewee Lemus	9 12 12	Sunnyvale Foothill Bakersfield Mira Mesa Montgomery	5:11.50 5:13.42 5:04.41	2 3 4		
653 662 651 469	Mary martinez Denise McFayden Peewee Lemus Beverly Woo	9 12 12 12	Sunnyvale Foothill Bakersfield Mira Mesa Montgomery Skyline	5:11.50 5:13.42 5:04.41 5:32.28	2 3 4 5		
653 662 651 469 660	Mary martinez Denise McFayden Peewee Lemus Beverly Woo Tracey Williams	9 12 12 12	Sunnyvale Foothill Bakersfield Mira Mesa Montgomery Skyline Mt. View	5:11.50 5:13.42 5:04.41 5:32.28 4:53.01	2 3 4 5 6		
653 662 651 469 660 443	Mary martinez Denise McFayden Peewee Lemus Beverly Woo Tracey Williams Beki Collins	9 12 12 12 11	Sunnyvale Foothill Bakersfield Mira Mesa Montgomery Skyline Mt. View West Valley	5:11.50 5:13.42 5:04.41 5:32.28 4:53.01 5:08.6	2 3 4 5 6 7		
653 662 651 469 660 443 647	Mary martinez Denise McFayden Peewee Lemus Beverly Woo Tracey Williams Beki Collins Malenie Hiatt	9 12 12 12 11	Sunnyvale Foothill Bakersfield Mira Mesa Montgomery Skyline Mt. View West Valley Davis-Davis	5:11.50 5:13.42 5:04.41 5:32.28 4:53.01 5:08.6 5:06.9	2 3 4 5 6 7 8		
653 662 651 469 660 443 647 665	Mary martinez Denise McFayden Peewee Lemus Beverly Woo Tracey Williams Beki Collins Malenie Hiatt Wanda Bailey	9 12 12 12 11 11	Sunnyvale Foothill Bakersfield Mira Mesa Montgomery Skyline Mt. View West Valley Davis-Davis Fairfield	5:11.50 5:13.42 5:04.41 5:32.28 4:53.01 5:08.6 5:06.9 5:21.4	2 3 4 5 6 7 8		
653 662 651 469 660 443 647 665 473	Mary martinez Denise McFayden Peewee Lemus Beverly Woo Tracey Williams Beki Collins Malenie Hiatt Wanda Bailey Georgia McClean	9 12 12 12 11 11 12 11 1	Sunnyvale Foothill Bakersfield Mira Mesa Montgomery Skyline Mt. View West Valley Davis-Davis Fairfield Belmont	5:11.50 5:13.42 5:04.41 5:32.28 4:53.01 5:08.6 5:06.9 5:21.4 5:10.28	2 3 4 5 6 7 8 9		
653 662 651 469 660 443 647 665 473 481	Mary martinez Denise McFayden Peewee Lemus Beverly Woo Tracey Williams Beki Collins Malenie Hiatt Wanda Bailey Georgia McClean Brigid Freyne	9 12 12 12 11 11 11 11	Sunnyvale Foothill Bakersfield Mira Mesa Montgomery Skyline Mt. View West Valley Davis-Davis Fairfield Belmont Poly-Riverside	5:11.50 5:13.42 5:04.41 5:32.28 4:53.01 5:08.6 5:06.9 5:21.4 5:10.28 4:55.32	2 3 4 5 6 7 8 9 10		
	648 650 475 654 658 655 649 471 472 659	648 Dee Dee Coate 650 Maria Ravazza 475 Karen Karcher 654 Audrey Maynor 658 Melissa Sutton 655 Mary Mendora 649 Debra Binnall 471 Kara Olsen 472 Sandra Rodriguez 659 Kathy Karpel	648 Dee Dee Coate       12         650 Maria Ravazza       12         475 Karen Karcher       11         654 Audrey Maynor       9         658 Melissa Sutton       12         655 Mary Mendora       12         649 Debra Binnall       12         471 Kara Olsen       12         472 Sandra Rodriguez       12         659 Kathy Karpel	648 Dee Dee Coate 650 Maria Ravazza 12 Avalanes 475 Karen Karcher 11 Ramona 654 Audrey Maynor 9 Garces 658 Melissa Sutton 12 Newbury park 655 Mary Mendora 12 Presentation 649 Debra Binnall 12 El Cerrito 471 Kara Olsen 12 San Pedro 472 Sandra Rodriguez 13 Vacaville 14 Ramona 15 Garces 16 Remona 16 Presentation 17 El Cerrito 18 San Pedro 19 Vilson 19 Ocean View	648 Dee Dee Coate       12 Vacaville       5:14.9         650 Maria Ravazza       12 Avalanes       5:05.24         475 Karen Karcher       11 Ramona       5:11.62         654 Audrey Maynor       9 Garces       5:18.08         658 Melissa Sutton       12 Newbury park       4:55.21         655 Mary Mendora       12 Presentation       4:52.1         649 Debra Binnall       12 El Cerrito       5:05.88         471 Kara Olsen       12 San Pedro       5:04.53         472 Sandra Rodriguez       12 Wilson       5:09.87         659 Kathy Karpel       Ocean View       4:54.16	648 Dee Dee Coate       12 Vacaville       5:14.9       3         650 Maria Ravazza       12 Avalanes       5:05.24       4         475 Karen Karcher       11 Ramona       5:11.62       5         654 Audrey Maynor       9 Garces       5:18.08       6         658 Melissa Sutton       12 Newbury park       4:55.21       7         655 Mary Mendora       12 Presentation       4:52.1       8         649 Debra Binnall       12 El Cerrito       5:05.88       9         471 Kara Olsen       12 San Pedro       5:04.53       10         472 Sandra Rodriguez       12 Wilson       5:09.87       11         659 Kathy Karpel       Ocean View       4:54.16       12	648 Dee Dee Coate       12 Vacaville       5:14.9       3         650 Maria Ravazza       12 Avalanes       5:05.24       4         475 Karen Karcher       11 Ramona       5:11.62       5         654 Audrey Maynor       9 Garces       5:18.08       6         658 Melissa Sutton       12 Newbury park       4:55.21       7         655 Mary Mendora       12 Presentation       4:52.1       8         649 Debra Binnall       12 El Cerrito       5:05.88       9         471 Kara Olsen       12 San Pedro       5:04.53       10         472 Sandra Rodriguez       12 Wilson       5:09.87       11         659 Kathy Karpel       Ocean View       4:54.16       12

#### TRACK TRIVIA

Polly Plummer of University in Irvine is often rated as the best prep ever. Besides her still standing national record she also won three consecutive state titles. However number one may be Eileen Claugus of Rio Americano in Sacramento. She ran 4:38.9c on a dirt track back in 1973, when there were no prep teams for girls. That mark stood for nine years as the national record.

## 14

#### 1600 METER RUN GIRLS 6:15 PM



Tracy Williams, Mountain View H.S.

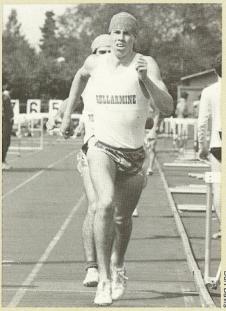
Kira Jorgensen, a soph at Vista, destroyed the State's best in a 4:51.03 (1600 meter) and 10:24.23 (3200m) mid-April Arcadia Invitational double that earned her "Athlete of the Meet" honors with those nation-leading times as of mid-april. Mary Mendoza (Presentation, San Jose) had an amazing early May triple in the distances of 2:15.7 (800m), 4:55.9 (Mile), and 10:30.6 (2 Mile). Mary was third in last year's State 3200. Robbyn Bryant (Hesperia) was fifth in this Meet in 1986 at 1600 meters with a 4:49.60 best. Rayna Cervantes (Montebello) (4:55.42) and Kathy Karpel (Ocean View, Huntington Beach) (4:56.93) showed promise at the Arcadia meet. Melanie Hiatt (Davis), Kara Olson (San Pedro), Nicole Nugent (Torrey Pines, Encinitas), Beth Bartholomew (Sunnyvale, Fremont), and Ashley Black (Palos Verdes) have all raced well in Invitationals.

State Meet Record: 4:39.92 Polly Plumer (University, Irvine) at Sacramento 1982. Frosh: 4:40.2\* Mary Decker (Portola JHS. Orange) 1973. Soph: 4:46.0\* Linda Goen (North, Bakersfield) 1977. Junior: 4:40.0\* Vickie Cook (Alemany, Mission Hills) 1981. Senior: 4:33.44\* Polly Plumer (University, Irvine) 1982.

4:33.44*	Polly Plumer (University, Irvine)-3	1982
4:38.9*	Eileen Claugus (Rio Amer, Sacto)	1973
4:40.0*	Vickie Cook (Alemany, We HIs)	1981
4:40.2*	Mary Decker (Orange)	1973
4:42.77	Darcy Arreola (Grossmont, La Mesa)-1	1986
4:43.15*	Cheri Williams (Livermore)-1	1978
4:43.90	Paula Bresnan (Kennedy, Grn Hls)	1983
4:44.47	Denise Ball (Newbury Park)	1982
4:44.6*	Linda Goen (North, Bakersfield)-2	1979
4:44.76	Tracy Weber (Lynbrook, San Jose)	1981

BOYS

6:25 PM



Scott Robinson, Bellarmine Prep H.S.

Scott Robinson (Bellarmine, San Jose) handled the State's best quite handily in a 4:10.80 Arcadia win, then handled the best up North at Jenner the next weekend over 1500 Meters. Raul Serratos (Moreno Valley) was 6th in this meet last year and is the best from Southern California (he was 4:12.00 at Arcadia). Where Paul Thomas (Jesuit, Sacramento) will end up could be interesting, as he had an amazing 4:12.24 (mile) and 9:01.76 (2 mile) double in March's pathmark National High School Indoor Championships. Haissam Sabra (Ocean View, Huntington Beach), Jason Lienau (Clovis), and Jason Martin (Fallbrook) have consistently placed high in Spring Invitationals, each with sub-4:14.0 bests from those competitions.

State Meet Record: 4:05.4y Mark Schilling (Garden Grove) at Oroville 1972. Frosh: 4:15.4\* Harry Nicholas (Reedley) 1968. Soph: 4:07.3\* Jim Arriola (Gahr/Cerritos) 1974. Junior: 4:02.4\* Curtis Beck (Santa Monica) 1972. Senior: 3:57.6\* Tim Danielson (Chula Vista) 1966.

Tim Danielson (Chula Vista)-2 at San Diego	1966
Rich Kimball (DeLaSalle/Concord)-1	1974
Curtis Beck (Santa Monica)	1972
Paul Medvin (University/LA)-2	1979
Mark Schilling (Garden Grove)-1	1972
Terry Cotton (Valley/El Cajon)	1972
Mark Mastalir (Jesuit, Carmichael)-1	1986
Pedro Reyes (Jesuit, Carmichael)	1980
Eric Mastalir (Jesuit, Carmichael)	1986
Steve Whitcomb (Helix/La Mesa)	1979
	Rich Kimball (DeLaSalle/Concord)-1 Curtis Beck (Santa Monica) Paul Medvin (University/LA)-2 Mark Schilling (Garden Grove)-1 Terry Cotton (Valley/El Cajon) Mark Mastalir (Jesuit, Carmichael)-1 Pedro Reyes (Jesuit, Carmichael) Eric Mastalir (Jesuit, Carmichael)



677 Jeff Rachal

672 John Smith

459 Kevin Munoz

687 Sabra Haissani



			Ī	'					
					PREV.				(
	#	NAME	GR	AFFILIATION	MARK	POS	PLACE	MARK	
	681	Jorge Castro	12	Ramona	4:17.12	1			
	680	Jason Martin	12	Fallbrook	4:16.06	2			
	670	Parker Kelly	12	Serra-San Mateo	4:24.2	3			
	605	Paul Thomas	12	Jesuit	4:13.9	4			
	666	Dale Vinski	12	Roosevelt-LA	4:18.77	5			
	674	Alex Dasilva	12	El Cerrito	4:15.79	6			
	683	Raul Serratos	12	Moreno Valley	4:11.41	7			
	675	Chris Bray	12	Nevada Union	4:16.1	8			
	668	Sven Haus	12	Birmingham	4:14.67	9			
	685	Bret Kimple		Carpinteria	4:14.19	10			
	679	Max Guardiola	10	Tulare	4:21.44	11			
	678	Lason Lienau	12	Clovis	4:16.64	12			
	676	Kevin Blazona	12	Casa Roble	4:17.5	13			
,									
	686	Kurt DePfyffer	12	Laguna Beach	4:13.87	1			
	671	Scott Robinson	12	Bellarmine	4:14.4	2			
	673	Chris Burger	12	Berkeley	4:17.35	3			
	619	Tefere Gebre	12	Belmont	4:15.93	4			
	545	Dan Gabor	12	Amador Valley-					
				Pleasanton	4:16.20	5			
	609	Sean Redfield	12	Skyline	4:34.22	6			1
	669	Matt Weaver	12	Aptos	4:25.3	7			
	682	Andy Davis	12	Henry	4:17.12	8			
	684	Robert Pena	12	Buena	4:14.53	9			
	667	Robert Ortiz	12	Venice	4:20.12	10			

4:15.87

4:13.50

4:16.27

4:19.2

#### TRACK TRIVIA

12 Golden West

12 Miramonte

Lassen

Ocean View

One only has to look at the calendar to appreciate Jim Ryun's greatness. His national prep mark was set in 1965 and has never been approached. Only two others in prep history have ever run a sub-four minute mile. They were Tim Danielson of Chula Vista (Ca.) 3:59.4 and Marty Ligouri of Essex Catholic (N.J.) in 3:59.8. There have been seven prep sub-fours and six have been run in California.

#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
424	Natalie Masson	12	Narbonne	14.98	1		
432	Dee Balch	12	Rwedwood-Visalia	14.62	2		
218	LaShawn Simmons	12	El Monte	14.33	3		
153	Lori Finnerty	12	Piedmont Hills	14.01	4		
135	Janenne Vickers	12	Pomona	13.40	5		
142	Laurie Smith	12	Valley-Sacramento	13.94	6		
431	Shiana Mosby	12	Alta Loma	14.25	7		
433	Kim Lassair	12	Northgate	14.57	8		
433	Jackie Foreman	9	Locke	14.96	9		
436	Rocky Wingert		Yreka	15.1	1		
434	Felicia Harris	12	San Lorenzo	14.71	2		
146	Michelle Decoux	11	Bishop O'Dowd-				
			Oakland	14.33	3		
131	Laura Ainsworth	12	Fremont-LA	14.10	4		
430	Effie Daetez		Leight	13.63	5	_	
138	Doris Williams	12	Poly-Riverside	13.83	6		
203	Angie Evans	12	Vanden	14.20	7	_	
429	Darla Vaughn	12	Mira Mesa	14.44	8		
435	Nikki Hunziker	11	Antioch	14.94	9		
427	Bobbette Crosse	12	McAteer	16.33	1	_	
132	Odessia Dorsey	12	Dorsey	14.72	2		
127	Michelle Outlaw	12	Lincoln-San Diego	14.40	3	-	
147	Kim Young	10	Madera	14.15	4		
426	Staci Leach	12	Thousand Oaks	13.73	5	-	
425	LaShawn McBride	12	Long Beach Poly	13.80	6		
145	Gina Albanese	12	Branham	14.16	7		
141	Chrishelle Johnson	12	Stagg	14.42	8		

#### TRACK TRIVIA

Bishop's

14.84

428 Ungela Brockman

The national record for the 30" hurdles is held by Yolanda Johnson of Denver, Colorado. Her best time is 13.06a. However that mark actually pales in comparison to the 33" record. That standard is held by Candy Young of Beaver Falls, Pennsylvania. She set her mark of 12.95 back in 1979.

## 16

## 100 METER LOW HURDLES/GIRLS

6:35 PM



LaShawn McBride, Long Beach Poly H.S.

The country's best will meet here. Janeene Vickers (Pomona) is the defending State Champion, the nation's number one returnee in the event at 13.47, and showed well in early May after being held back for a month with injury. In Vickers' midseason absence, State Meet runnerup LaShawn Simmons (El Monte) raced to an undefeated pre-sectional schedule, having a 13.78 best from Arcadia, Effie Daetz (Leigh, San Jose) is the best from up North. LaShawn McBride (Poly, Long Beach), sixth at State in 1986, has looked strong. Staci Leach (Thousand Oaks), Doris Williams (Riverside Poly), and Laurie Smith (Valley, Sacramento) have looked very good during the Invitational season. 1986 State Finalists Kristen Edwards (South Pasadena), fifth, Michelle DeCoux (Bishop O'Dowd, Oakland), seventh, along with Lori Finnerty (Piedmont Hills, San Jose).

State Meet Record: 13.41 Gail Devers (Sweetwater, National City) at Los Angeles 1984. Frosh: 14.10 Yvette Bates (Berkeley) 1981. Soph: 13.74 Yvette Bates (Berkeley) 1982. Junior: 13.47 Janeen Vickers (Pomona) 1986.Senior: 13.41 Gail Devers (Sweetwater, National City) 1984.

	vickers (Follona) 1500.00mgr. 10.41 G	un Develo
(Sweetw.	ater, National City) 1984.	
13.41	Gail Devers (Sweetwater, Nat'l City)-1	1984
13.47	Janeene Vickers (Pomona)-1	1986
13.49	Chewaukii Knighten, (Locke, L.A.)-1	1984
13.59	Wendy Brown (Woodside)	1984
13.65	Carrie Franklin (Muir, Pasadena)	1985
13.71	Marlene Harmon (Thousand Oaks)	1980
13.71	Sherifa Sanders (Berkeley)-1	1981
13.74	Yvette Bates (Berkeley)	1982
13.75*	Kris Costello (Lynbrook, San Jose)-2	1978
13.76	Lana Cantrell (Muir, Pasadena)-1	1985
Hand Tim	ning:	
/+ 33 inc	h hurdlee)	

1980

Judy Young (Berkeley)-1

Lorna Tinney (Oceanside)



Albert Pride, Grant H.S.

Last year's runner-up in the State Meet, Albert Pride of Grant in Sacramento, and third place finisher, Dana Hall (Ganesha, Pomona) will battle here. Hall is undfeated this Spring with big Invitational wins at Arcadia (14.09) and Mt. SAC. Pride was 6th at Arcadia in one of his first meets of the season. Ron Copeland (Dorsey, LA) has had a solid season, a Jenner Invitational win and high placings in Southern Invitationals. Shelton Boynkin (San Fernando), Doug Connor (St. Mary's, Berkeley), Craig Gilbert (Overfelt, San Jose), Tom Perry (Lemoore) and John Montgomery (Independence, San Jose) also have impressive credentials and should battle for spots in the top five in the finals.

State Meet Record: 13.41 Steve Kerho, Mission Viejo at Sacramento 1982. Soph: 14.98\* Ronnie McCoy (Edison/Fresno) 1979. Junior: 13.69\* Phillip Johnson (Gardena) 1977. Senior: 13.41 Steve Kerho, Mission Viejo 1982.

13.41	Steve Kerho (Mission Viejo)-1	1982
13.67*	Phillip Johnson (Gardena)-1	1978
13.67	David Ashford (West Covina)-1	1981
13.73	Don Ward (St. Mary's/Berkeley)-1	1980
13.79	Henry Andrade (Hiram Johnson/Sacto)	1980
13.79	Troy Weaver (Edgewood/Covina)	1982
13.80	Ron Brown (Bishop Amat/La Puente)	1982
13.81*	Ken Margerum (Fountain Valley)	1977
13.85	Ronnie McCoy (Edison/Fresno)	1981
13.87*	Milan Stewart (West Covina)-1	1978
Hand Timir	ng:	
13.2y	Dedy Cooper (Harry Ells/Richmond)	1975
13.3y	Robert Gaines (Kennedy/Richmond)-1	1975
13.3y	Jon Peterson (Saddleback/Santa Ana)	1975
13.3y	Phillip Johnson (Gardena)-1	1978
13.5y	Ken Margerum (Fountain Valley)	1977

(\*120 Yards Plus 0.03)

CIF



REEBOK

								1
#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK	
173	John Petros	12	San Marcos-		. 00	LAGE	····	
170	domini cuos	12	San Marcos	14.96	1			
594	Diatori Gildersleeve	11	Grant-Sacramento	14.61	2			
	Ron Cason	12	Buena	14.45	3			
593	Elliott Beverly	12	Oakland	14.26	4			
	Shelton Boykin	12	San Fernando	13.84	5			
167	Albert Pride	12	Grant-Sacramento	14.11	6			
160	Yki Vallery	12	Hawthorne	14.43	7			
590	Teddy Yu	12	Birmingham	14.61	8			
	Fred Saria	12	Mira Mesa	14.87	9			
307	ried Salia	12	IVIII a IVIESa	14.07	9			
448	Andy Connor		Yreka	15.0	1			
598	Darrell Thompson	11	Cerritos	14.66	2			
591	Mike Lodden	12	Bellarmine	14.50	3			
171	Doug Conner	12	St. Mary's-Berkeley	14.30	4			
159	Dana Hall	12	Ganesha	13.84	5			
166	John Montgomery	11	Independence	14.09	7			
596	Jesse Quintana	12	Selma	14.43	7			
394	Dimitri Ghuys	12	Kingsburg	14.58	8			
588	Charles Patterson	12	Lincoln-San Diego	14.74	9			
								1
126	Tim Estes	11	Fort Bragg	15.03	1			
111	Nathan Sutton		James Logan	14.67	2			
595	Richard Terwilliger	12	Oakmont	14.50	3			
592	Craig Gilbert	12	Overfelt	14.32	4			
155	Ronald Copeland	11	Dorsey	13.88	5			
161	Mark Crear	12	Rowland	14.07	6			
329	MacArthur							
	Anderson	12	Bakersfield	14.32	7			
589	Darryl Lockett	12	Dorsey	14.55	8			
170	Mark D'Ambra	12	Granada	14.70	9			

#### TRACK TRIVIA

The 1960 state meet was won by Robert Bonds of Polytechnic in Riverside with a time of 13.9. If you don't recognize the name right away it might be the first name that is throwing you. Robert Bonds is better known as Bobby Bonds. Yes the same Bobby Bonds who played for the Giants, Angels, Yankees...





				PREV.			
#	NAME	GR	AFFILIATION	MARK	POS	PLACE	MARK
631	Marian Coote	11	San Domenico	58.33	1		
641	Kim Toney	10	Atascadero	57.52	2		
630	Tanya Dooley	9	Bret Harte	5705	3		
627	Roslyn Mack	10	St. Francis-Mt. View	w 56.3	4		
646	Angela Rolfe	10	Dorsey	53.81	5		
636	Bernatha Whitmore	11	Compton	56.11	6		
149	Kathi Roldan	10	Mt. Whitney	56.99	7		
629D'	Angela Smith 12	2 Va	alley-Sacramento 5	7.46	8		
625	Tarsha Handy	11	Piedmont Hills	58.2	9	—	
	701						
640	Yasmin Daher	9	Castle Park	58.82	1		
639	Adienna Thomas	12	Hawthorne	57.53	2		_
633	Beth Kilmer	12	Acalanes	57.08	3		
444	Rosie Williams		East Nicolaus	56.4	4		
637	Crystal Irving	11	Long Beach Poly	54.45	5		
512	Kimberly McAllister	10	Locke	55.89	6		
144	Wendi Simmons	12	Santa Rosa	56.86	7		
628	Stephani Sampo	11	Davis-Davis	57.44	8		
632	Kim Rhodes	12	Bishop O'Dowd-				
			Oakland	58.09	9		
635	Vivian Banks	12	Skyline	59.45	1		
225	Edwina Ammonds	10	Roosevelt-Fresno	57.61	2		
642	Shani Freeman	9	Crawford	57.09	3		
643	Yolanda Fitch	12	Morse	56.64	4		
645	Debra Hamilton	10	Locke	55.73	5		
638	Simone Cain	11	Hueneme	55.87	6		
644	Socorro Vazquez	12	South Gate	56.71	7		
626	Andreen Alvarenga	11	Archbishop Mitty	57.1	8		
634	Sheila Willams	12	Immanuel	57.95	9		

#### TRACK TRIVIA

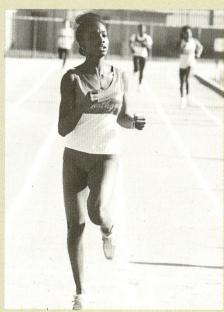
The event belongs to Denean and Sherri Howard. Besides winning state titles in this and in the 4x400 relay they dominate the state and national all-time lists. The top six marks in state history and six of the top ten all-time belong to them.

## 18

#### **400 METER DASH**

GIRLS

6:50 PM



Keesha Adams, Hawthorne H.S.

Age group star Angela Rolfe (Dorsey, Los Angeles), a sophomore, has emerged on the interscholastic scene in a big way, running what was, at the time, a nation-leading 53.68 in winning at the Mt. SAC Invitational. Ronda Brooks (Oakland) is as talented as anyone in the State, and if she competes here, she will be a threat to win.

High placers in this affair from 1986, runner-up Crystal Irving (Poly, Long Beach), third placer Roslyn Mack (St. Francis, Mountain View), and Andreen Alvarenga (Mitty, San Jose), fifth, are very talented and will not give up without a fight. Rosie Williams (East Nicolaus, Trowbridge) may move up to this event for Championship competition.

State Meet Record: 52.39 Denean Howard (Kennedy, Granada Hills) at Sacramento 1982. Frosh: 53.76 Leslie Maxie (Mills, Millbrae) 1982. Soph: 51.70 Denean Howard (Kennedy, Granada Hills) 1980. Junior: 51.09Sherri Howard (San Gorgonio, San Bernardino) 1979. Senior: 50.87 Denean Howard (Kennedy, Granada Hills) 1982.

50.87	Denean Howard (Kennedy, Gran Hills)-2	1982
51.09	Sheri Howard (San Gorgonio, SB)-1	1979
51.91	Mable Fergerson (Ganesha, Pomona)	1972
52.17	Chewaukii Knighton (Locke, LA)-2	1985
52.25	Janeene Vickers (Pomona)	1986
52.83	Leslie Maxie (Mills, Millbrae)-1	1984
53.10	Linnetta Wilson(Muir, Pasadena)	1985
53.12	Freida Cobbs (Berkeley)	1978
53.13*	Charlette Cooke (?, Los Angeles)	1966
53.20	Paulette Bialock (Compton)	1984
hand Timi	ng (*440 yards minus .03):	
51.8*	Kathy Hammond (Sacramento)	1969



Travis Hanna, Hawthorne H.S.

Steve Lewis (American, Fremont) is the defending champion. He is undefeated outdoors and blasted the State's top field in a 46.70 Arciadia win. Paul Peters (Santa Ana Valley) was a big Mt. SAC Invitational winner at 47.34, with Travis Hanna (Hawthorne), the anchor runner for the Cougar's fourth consecutive State 4 x 400m relay championship team in 1986 as a soph, the other outside threat to Lewis. Maurice Horton (Edison, Fresno), Reggie Johnson (Compton), Sean Cumby (Logan, Union City), Patrick Rowe (Lincoln, San Diego), Darren Bernard (Thousand Oaks), Robert Myles (North Monterey County, Castroville), Steve Provenzano (Arcadia), Ron Coleman (Manual Arts, L.A), Ron Brown (Johnson, Sacramento), and Ralph Blanks (Royal, Simi) all had bests up through early May between 48.05 and 48.55.

State Meet Record: 46.38 Fabian Cooper, Washington (Los Angeles) at Sacramento 1982. Frosh: 48.56 Henry Thomas (Hawthorne) 1982. Soph: Fabian Cooper (Washington/LA) 1980. Junior: 45.82 Henry Thomas (Hawthorne) 1984. Senior: 45.09 Henry Thomas (Hawthorne) 1985.

45.09	Henry Thomas (Hawthorne)	1985	
45.51	Bill Green (Cubberley/Palo Alto)-1	1979	
45.76	Danny Everett (Fairfax/LA)	1985	
46.04	Chip Rish (Marina/Huntington Beach)-2	1985	
46.34*	James Sanford (Pasadena)-1	1977	
46.38	Fabian Cooper (Los Angeles)-1	1982	
46.50	Steve Lewis (American, Fremont)-1	1986	
46.57*	Dave Timmons (Oakland)-1	1981	
46.67*	Rod Bethany (Fontana)	1978	
Hand Timin	g (* 440 Yards Minus 0.3):		
45.7	Chip Rish (Marina/HuntingtonBch)-2	1985	
45.8*	Ulis Williams (Compton)-2	1961	
46.3*	Larance Jones (Lemoore)-1	1969	

(\*440 Yards Minus 0.26)

CIF



REEBOK

	#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
	98	Marcus Wesley		Poway	49.58	1		
	693	Haile Clay	12	Gunn	49.06	2		
	539	Mark Dunzo	12	Los Angeles	48.63	3		
	700	Steve Rovenzano	12	Arcadia	48.29	4		
	499	Steve Lewis	12	American-Fremont	47.08	5		
	327	Frank Jones	11	Hoover	48.26	6		
	694	Robert Myles	12	North Monterey				
				County	48.62	7		
	501	James Shipp	12	Silver Creek	48.96	8		
	692	Paul Castle	11	Balboa	49.58	9		
٠	24	Alex Mayberry	12	Bakersfield-East	49.88	1		
	691	Jesse Casey	12	Downey	49.09	2		
	696	Derick Vaughn	12	Venice	48.68	3		
	699	Bill Thurmond	12	Saddleback	48.41	4		
	84	Travis Hannah		Hawthorne	47.80	5		
	114	Sean Cumby		James Logan	48.25	6		
	109	Shawn Hanna	12	Santa Rosa	48.56	7		
	89	Michael Stevenson	11	Morse	48.87	8		
	688	Dan Earls	11	Acalanes	49.53	9		
	99	Dustin Seale		Poway	50.00	1		
	690	Chris Price	12	St. Patricks	49.14	2		
	458	Clint Terkiloson	12	Williams	48.7	3		
	697	Jerry Marsee	12	San Pedro	48.47	4		
	689	Maurice Horton	12	Edison-Fresno	47.99	5		
	491	Paul Peters	12	Santa Ana Valley	48.12	6		
	698	Raymond Glass	12	Morningshide	48.48	7		
	695	Ronald Coleman	12	Manual Arts	48.82	8		
	12	Ronnie Brown	12	Hiram Johnson	49.15	9		
	12	Holline Blown	12	i ii aiii Joillisoii	45.10	9		

#### TRACK TRIVIA

Of the 10 fastest prep 400's ever run, Darrell Robinson (Wilson, Tacoma, Wa.), owns marks 1, 3, 4 and 5. His leading mark was 44.69 set in the 1982 Sports Festival. In 1961 three preps ran 46.3 or better. They were Don Webster (Pa.) 46.3, Ted Nelson (Tx.) 46.3, and Ulis Williams of Compton who ran a 45.9c.



## 400 METER DASH

BOYS

6:55 PM



Travis Hanna, Hawthorne H.S.

Steve Lewis (American, Fremont) is the defending champion. He is undefeated outdoors and blasted the State's top field in a 46.70 Arciadia win. Paul Peters (Santa Ana Valley) was a big Mt. SAC Invitational winner at 47.34, with Travis Hanna (Hawthorne), the anchor runner for the Cougar's fourth consecutive State 4 x 400m relay championship team in 1986 as a soph, the other outside threat to Lewis. Maurice Horton (Edison, Fresno), Reggie Johnson (Compton), Sean Cumby (Logan, Union City), Patrick Rowe (Lincoln, San Diego), Darren Bernard (Thousand Oaks), Robert Myles (North Monterey County, Castroville), Steve Provenzano (Arcadia), Ron Coleman (Manual Arts, LA), Ron Brown (Johnson, Sacramento), and Ralph Blanks (Royal, Simi) all had bests up through early May between 48.05 and 48.55.

State Meet Record: 46.38 Fabian Cooper, Washington (Los Angeles) at Sacramento 1982. Frosh: 48.56 Henry Thomas (Hawthorne) 1982. Soph: Fabian Cooper (Washington/LA) 1980. Junior: 45.82 Henry Thomas (Hawthorne) 1984. Senior: 45.09 Henry Thomas (Hawthorne) 1985.

45.09	Henry Thomas (Hawthorne)	1985
45.51	Bill Green (Cubberley/Palo Alto)-1	1979
45.76	Danny Everett (Fairfax/LA)	1985
46.04	Chip Rish (Marina/Huntington Beach)-2	1985
46.34*	James Sanford (Pasadena)-1	1977
46.38	Fabian Cooper (Los Angeles)-1	1982
46.50	Steve Lewis (American, Fremont)-1	1986
46.57*	Dave Timmons (Oakland)-1	1981
46.67*	Rod Bethany (Fontana)	1978
Hand Timin	g (* 440 Yards Minus 0.3):	
45.7	Chip Rish (Marina/HuntingtonBch)-2	1985
45.8*	Ulis Williams (Compton)-2	1961
46.3*	Larance Jones (Lemoore)-1	1969

(\*440 Yards Minus 0.26)

#	NAME	GR	AFFILIATION	MARK	POS	PLACE MARK
98	Marcus Wesley		Poway	49.58	1	HT HT
693	Haile Clay	12	Gunn	49.06	2	44.56
539	Mark Dunzo	12	Los Angeles	48.63	3	44.20
700	Steve Rovenzano	12	Arcadia	48.29	4	48.23
499	Steve Lewis	12	American-Fremont	47.08	5	78.21
327	Frank Jones	11	Hoover	48.26	6	48.0
694	Robert Myles	12	North Monterey			40.66
			County	48.62	7	116 69
501	James Shipp	12	Silver Creek	48.96	8	44.52
692	Paul Castle	11	Balboa	49.58	9	
						en 3
24	Alex Mayberry	12	Bakersfield-East	49.88	1	VG C
691	Jesse Casey	12	Downey	49.09	2	11.3
696	Derick Vaughn	12	Venice	48.68	3	46 6
699	Bill Thurmond	12	Saddleback	48.41	4	47.
84	Travis Hannah		Hawthorne	47.80	5	47 9
114	Sean Cumby		James Logan	48.25	6	F1.0
109	Shawn Hanna	12	Santa Rosa	48.56	7	40.1
89	Michael Stevenson	11	Morse	48.87	8	469
688	Dan Earls	11	Acalanes	49.53	9	45./
99	Dustin Seale		Poway	50.00	1	
690	Chris Price	12	St. Patricks	49.14	2	
458	Clint Terkiloson	12	Williams	48.7	3	
697	Jerry Marsee	12	San Pedro	48.47	4	
689	Maurice Horton	12	Edison-Fresno	47.99	5	
491	Paul Peters	12	Santa Ana Valley	48.12	6	
698	Raymond Glass	12	Morningshide	48.48	7	
	Ronald Coleman	12	Manual Arts	48.82	8	
093		12	ivianual Arts	40.02	0	

#### TRACK TRIVIA

12 Hiram Johnson

49.15

Of the 10 fastest prep 400's ever run, Darrell Robinson (Wilson, Tacoma, Wa.), owns marks 1, 3, 4 and 5. His leading mark was 44.69 set in the 1982 Sports Festival. In 1961 three preps ran 46.3 or better. They were Don Webster (Pa.) 46.3, Ted Nelson (Tx.) 46.3, and Ulis Williams of Compton who ran a 45.9c.

12 Ronnie Brown

		CIF	1	KE RE	EBUK	
#	NAME	GR	AFFILIATION	PREV. MARK	POS PL	ACE I
560	Charlotte Vines	10	San Marcos-			
			Santa Barbara	12.48	1	

				PREV.		
#	NAME	GR	AFFILIATION	MARK	POS	PLACE MARK
560	Charlotte Vines	10	San Marcos-			
			Santa Barbara	12.48	1	
570	Abiola Davis	10	Berkeley	12.33	2	
218	LaShawn Simmons	12	El Monte	12.21	3	
553	Kim Matthews	12	Morse	12.05	4	
574	Stacey Rogers	12	Hiram Johnson	11.79	5	
556	LeAnn Tinkshell	10	Locke	12.04	6	
557	Denise Anderson	11	Kennedy-LA	12.20	7	
565	Fitima Grisby	11	Edison-Fresno	12.29	8	
568	Sharon Polley	11	El Molino	12.46	9	
569	Erin McLaughlin	9	Alhambra-Martinez	12.69	1	
561	Stephanie Lampkon		Independence	12.34	2	
554	Onnie Ferguson	11	Crawford	12.22	3	
562	Karen Lawson	12	St. Francis-			
			Mt. View	12.11	4	
564	Ronda Brooks	12	Oakland	11.84	5	
567	Angela Davidson	10	Wasco	11.94	6	
573	Lania Brice	9	Lincoln-Stockton	12.17	7	
555	Laural Isles	12	El Camino-			
			Oceanside	12.26	8	
559	Sheri Bentell	11	Mission Viejo	12.44	9	
571	Tenisha Talley	9	Kennedy-Richmond	112.69	1	
442	Mindy Putnam		Oraland	12.4	2	
563	Annette Colman	10	Carlmont	12.22	3	
131	Laura Ainsworth	12	Fremont-LA	12.16	4	
135	Janenne Vickers	12	Pomona	11.89	5	
453	Maddette Smith	12	Quartz Hill	11.93	6	
566	Shamone Chisoin	10	Edison-Fresno	12.17	7	
572	Dana Ramey	12	Davis-Davis	12.24	8	
558	Nikawa Prevost	11	San Fernando	12.40	9	

#### TRACK TRIVIA

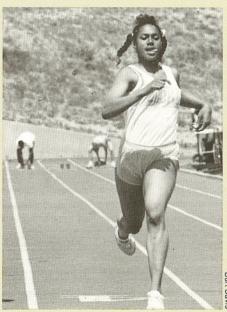
All of Chandra Cheeseborough's national records in the 100 and 200 meters were accomplished during her junior year. The fastest time ever recorded under any circumstances was a 10.8 hand time at altitude. The race was run by Margaret Bailes of Eugene, Oregon in 1968.

## 20

#### **100 METER DASH**

GIRLS

7:00 PM



LeeAnn Tinkshell, Locke H.S.

Defending State Champion Angela Burnham (Rio Mesa, Oxnard), the nation's top frosh sprinter last year with an 11.77 best, will have her hands full in her own backyard, as Janeene Vickers (Pomona) has picked the 100 as one of her events for 1987. Vickers was out the middle of the 1987 outdoor season with injury, but bounced back with an 11.89w 100m effort at Mt. SAC as Burnham nursed chicken pox.

The field behind this duo on top is talented. Ronda Brooks (Oakland) may show up in a number of events, with a high placing assured if she goes in the 100. LaShawn Simmons (El Monte) was third in State last June. Maddette Smith (Quartz Hill), Stacy Rogers (Johnson, Sacramento), and Rosie Williams (East Nicolaus, Trowbridge), should battle for places in the Finals.

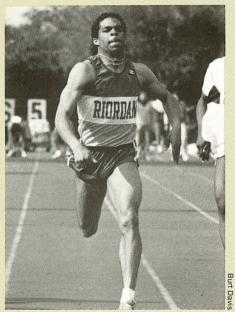
State Meet Record: 11.42 Sharon Ware (Berkeley) at Berkeley 1980. Frosh: 11.60 Brenda Winston (San Gorgonio, San Bernardino) 1976. Soph: 11.58 Brenda Winston (San Gorgonio, San Bernardino) 1977. Junior: 11.34 Sharon Ware (Berkeley) 1980. Senior: 11.50 Kim Robinson (Westchester, Los Angeles)

11.34	Sharon Ware (Berkeley)-2 at Knoxville	1980
11.50	Kim Robinson (Westchester, LA)	1977
11.51	Gail Devers (Sweetwater, Nat'l Cty)-1	1984
11.56	Jackit Thompson (Lincoln, SD)	1973
11.57	Valerie Brisco (Locke, LA)	1978
11.58	Brenda Winston (San Gorgonio, San Berdoo)	1977
11.59	Monica Taylor (Grant, Sacramento)	1983
11.61	Gervaise McGraw (Ganesha, Pomona)-1	1982
11.61	Sheri Howard (Kennedy, Granada hills)	1980
11.61	Carrie Franklin (Muir, Pasadena)	1985

#### **100 METER DASH**

BOYS

7:05 PM



Tony Miller, Riordan H.S.

Quincy Watts (Taft, Woodland Hills) was second in this competition last June. The Taft junior is undefeated this Spring, handling all the State's best at Arcadia by two meters at 10.51, then two weeks later having to really hustle to catch footballer Calvin Holmes (Carson) in the last 15 meters 10.52-10.58 at Mt. SAC. Tony Miller (Riordan, San Francisco) was 3rd, behind Watts and Holmes at Arcadia, and has ruled Northern California in Invitational races. Corey Ealy (Muir, Pasadena) (4th in State 1986), Raymond Ethridge (Crawford, San Diego), Billy Wright (Edison, Fresno), Darren Stringer (Vacaville), and Brian Bridgewater (Washington, LA), have proven themselves in heavy competition this Spring.

State Meet Record: 10.44 Henry Thomas, Hawthorne 1984. Los Angeles. Frosh: 10.94 Ronald McCree (Madera) 1983. Soph: 10.46 Henry Thomas (Hawthorne) 1983. Junior: 10.27 Henry Thomas (Hawthorne) 1984. Senior: 10.25 Henry Thomas (Hawthorne) 1985.

10.25	Henry Thomas (Hawthorne)-1	1985
10.39	Kenny Robinson (Berkeley)-1	1981
10.39	Ray Brown (Muir, Pasadena)	1984
10.44	Stanley Davis (Inglewood)	1984
10.45	Darron Norris (El Camino/Oceanside)	1984
10.46	Kevin Willhite (Cordova/RanchoCor)	1981
10.46	Ronald McCree (Madera)-2	1986
10.50	Phillip Johnson (Gardena)	1978
10.50	Fabian Cooper (Washington/LA)	1982
10.51	Michael Sanford (Pasadena)-1	1978
Hand Tin	ning:	
10.2	Michael Sanford (Pasadena)	1979

#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
113	Mike Davis		James Logan	11.10	1		
576	Ricky Ervihs	12	Muir	10.79	2		
581	Eddie Vaughn	12	Foothill-				
			Sacramento	10.74	3		
578	Brian Bridgewater	11	Washington-LA	10.63	4		
64	Quincy Watts	11	Taft-Woodland Hills	s 10.17	5		
72	Corey Ealy		Muir	10.63	6		
580	Richard Turner	10	Prospect	10.73	7		
575	Mike Orwat		Paraclete	10.79	8		
118	Darrell King	11	Ygnacio Valley	11.00	9		
455	Fred Lee		Butte Valley	11.1	1		
82	Robert Carroll		Hawthorne	10.80	2		
584	Michael Roberts	12	Tulare	10.74	3		
495	Anthony Williams	12	Tulare	10.63	4		
56	Calvin Holmes		Carson	10.36	5		
62	Sean Roberts		Taft-Woodland Hills	10.62	6		
585	Marcell Lawson	10	Casa Grande-				
			Petaluma	10.7	7		
579	Kurt Hodges	12	Santa Cruz	10.78	8		
577	Kiyoshi Moody	10	Castle Park	10.95	9		
586	Jeff Chimient	12	Moreau	11.30	1		
17	Billy Wright	11	Edison-Fresno	10.80	2		
583	Torrey Edwards	12	Bakersfield	10.77	3		
490	Patrick Rowe	12	Lincoln-San Diego	10.66	4		
502	Tony Miller	11	Riordan	10.41	5		
582	Darren Stringer	11	Vacaville	10.57	6		
489	Raymond Ethridge	12	Crawford	10.67	7		
492	Martin Cannady	12	Duarte	10.78	8		
494	Berry Smith	10	Mission-				
			San Francisco	10.84	9	-	

#### TRACK TRIVIA

The fastest time ever recorded by a prepster over 100 meters was a hand-timed, windy, 9.8. This was done by Michael Taylor of Green Oaks in Shreveport, Louisiana in 1983. In 1979, heavy 400 favorite, Bill Green of Cubberly in Palo Alto, was disqualified in the 400, but returned to the track minutes later to capture the 100.

#### **100 METER DASH**

BOYS

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10.39	Kenny Robinson (Berkeley)-1	1981
10.39	Ray Brown (Muir, Pasadena)	1984
10.44	Stanley Davis (Inglewood)	1984
10.45	Darron Norris (El Camino/Oceanside)	1984
10.46	Kevin Willhite (Cordova/RanchoCor)	1981
10.46	Ronald McCree (Madera)-2	1986
10.50	Phillip Johnson (Gardena)	1978
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10.51	Michael Sanford (Pasadena)-1	1978
Hand Tim	ing:	
10.2	Michael Sanford (Pasadena)	1979

	#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE MARK
	113	Mike Davis		James Logan	11.10	1	11:37
	576	Ricky Ervihs	12	Muir	10.79	2	16.78
	581	Eddie Vaughn	12	Foothill-			1
				Sacramento	10.74	3	10.81
	578	Brian Bridgewater	11	Washington-LA	10.63	4	16.79
	64	Quincy Watts	11	Taft-Woodland Hills	10.17	5	16.55
	72	Corey Ealy		Muir	10.63	6	16.67
	580	Richard Turner	10	Prospect	10.73	7	11.05
	575	Mike Orwat		Paraclete	10.79	8	10.96
	118	Darrell King	11	Ygnacio Valley	11.00	9	11.15
_							
	455	Fred Lee		Butte Valley	11.1	1	11:08
	82	Robert Carroll		Hawthorne	10.80	2	1683
	584	Michael Roberts	12	Tulare	10.74	3	11:23
	495	Anthony Williams	12	Tulare	10.63	4	1037
	56	Calvin Holmes		Carson	10.36	5	1065
	62	Sean Roberts		Taft-Woodland Hills	10.62	6	10.95
	585	Marcell Lawson	10	Casa Grande-			Market will
				Petaluma	10.7	7	11:05
	579	Kurt Hodges	12	Santa Cruz	10.78	8	11.04
	577	Kiyoshi Moody	10	Castle Park	10.95	9	11:09
_							
	586	Jeff Chimient	12	Moreau	11.30	1	11.3
	17	Billy Wright	11	Edison-Fresno	10.80	2	
	583	Torrey Edwards	12	Bakersfield	10.77	3	16.8
	490	Patrick Rowe	12	Lincoln-San Diego	10.66	4	16.5
	502	Tony Miller	11	Riordan	10.41	5	10.5
	582	Darren Stringer	11	Vacaville	10.57	6	10.5
	489	Raymond Ethridge	12	Crawford	10.67	7	16.5
	492	Martin Cannady	12	Duarte	10.78	8	10.7
	494	Berry Smith	10	Mission-			
				San Francisco	10.84	9	10.9

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#### REEBOK

#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
505	June Untalan	10	Rio Linda	2:20.2	1		
506	Gabby MacKenzie	11	Dixon	2:18.8	2		
509	Karrie King	11	Granada Hills	2:20.15	3		
523	Dawn Pittman	11	Casa Grande-				
			Petaluma	2:18.74	4		
528	Persephone Lowery	10	Norco	2:15.04	5		
527	Kathryn Krieger	12	San Luis Obispo	21;12.70	6		
512	Kimberly McAllister	10	Locke	2:17.14	7		
524	Althia Moses	11	Morningside	2:14.90	8		
522	Lorie Leverett	10	Sonoma Valley	2:17.29	9		
511	La Monica Smith	11	Banning	2:18.74	1		
508	Joann Arnold	11	Palo Alto	2:20.1	2		
503	Janet Bowie	11	Woodside	2:17.8	3		
521	Courtney Clark	11	Las Lomas	2:15.69	4		
504	Denise Walker	10	Golden Sierra	2:20.7	5		
446	Carlyn Neel		Etna	2:16.4	6		
520	Kathy Lee	12	Acalanes	2:13.63	7		
517	Tonya Russell	11	Taft	2:19.27	8		
526	Erika Lovett	11	Savanna	2:12.86	9		
E10	Cina Washii		Taman Diagram	0:47.00		7	
513	Gina Wesby	9	Torrey Pines	2:17.86	1		
518 514	Whitney Wyatt Kristi Bache	10	Bakersfield	2:16.35	2		
514	Kristi Bache	11	University-	0:10:10	0		
519	Shannon Leider		San Diego	2:16.18	3		
	Kris Kochel	11	Clovis	2:18.72	4		
		12	Ventura	2:13.58	5		
	Kristina Hand	11	Fallbrook	2:13.26	6		
	Margo Gray	12	Hamilton	2:19.43	7		
516	Romona Pena	9	Washington-	0.05 47			
507	Dath Bank I		San Francisco	2:25.17	8		
507	Beth Bartholomeu	9	Fremont-Sunnyvale	2:19.8	9		

#### TRACK TRIVIA

Mary Decker owns three of the 10 fastest times in prep history but never won a state title. That's because there was no girls track back in 74 when she was at Orange High School. However she didn't fair too bad. She made our national team and beat the Russians in an 800 in Russia.

## 22

#### **800 METER RUN**

GIRLS

7:10 PM



Kim McAllister, Lock H.S.

A very talented group returns here. Kristina Hand (Fallbrook), the Arcadia Invitational winner, and Kim McAllister (Locke, LA), the Mt. SAC Invite winner, have performed at a very high level all spring. 1986 State Meet third placer Desiree Joubert (Westlake, Westlake Village) and Kris Kochel (Ventura), sixth in that affair, have fine credentials, but have been held back with injuries this spring. Shannon Lieder (Clovis), Glenda Smith (Upland), Kristi Bache (University, San Diego), Shannen Karpel (Ocean View, Huntington Beach), Courtney Clark (Las Lomas), JoAnn Arnold (Palo Alto), June Untalan (Rio Linda), and Gabby MacKenzie (Dixon) all have had good Invitational seasons.

State Meet Record: 2:06.08 Donna Curtis (Culver City) at Norwalk 1981. Frosh:2:02.43 Mary Decker (Portola JHS, Orange) 1973. Soph: Mary Decker (Orange) 1974. Junior: 2:04.6\* Ann Regan (Camden, San Jose) 1978. Senior: 2:03.8\* Charlette Cooke (Los Angeles) 1966.

2:02.29	Mary Decker (Orange) at Durham	1974
2:03.8*	Charlette Cooke (Los Angeles)	1966
2:04.37	Ann Regan (Camden, San Jose)-3	1977
2:04.59	Kerri Zaleski (Millikan, Long Beach)-1	1985
2:04.91	Trena Hull (Compton)-1	1984
2:05.43	Linda Goen (North, Bakersfield)	1977
2:05.7	Rennie Durrand (Laguna Beach)-1	1980
2:05.84	Jessica Spies (Livermore)	1981
2:05.9	Francie Larrieu (Fremont, Sunnyvale)	1970
2:05.9	Lynn Hollins (Riverside)	1976

(\*880 yards minus 0.7)



Don Gabor, Amador Valley H.S.

Dan Gabor (Amador Valley, Pleasanton), at 1:52.63 and seventh in State last June, and Kevin Blazona (Casa Roble, Orangevale), 1:52.88 for eighth, are the two top returnees in the State. Gabor came South to Mt. SAC in late April and recorded an 800 meter 1:53.1 relay split and 1:54.0 Invitational race victory. Marcus Robertson (Muir, Pasadena) is undefeated in the Southern half of the State, was the Arcadia winner, and has dangerous speed as a member of the nationally ranked Muir 400m relay squad. Art Gonzales (St. Mary's, Stockton) and Will Breckenridge (Immanuel, Reedley) had 1986 bests of under 1:54.0. Craig Olson (El Dorado, Placentia), Chano Salas (Clovis), David Joshua and Derrick Miller (both of Johnson, Sacramento), have all had Invitational success this Spring and are potential placers.

State Meet Record: 1:47.31 Pete Richardson (Berkeley) at Norwalk 1981. Frosh: 1:56.6 Harry Nicholas (Reedley) 1968. Soph: 1:51.9 Pete Quinonez (Tulare) 1978. Junior: 1:50.19 Pete Richardson (Berkeley) 1980. Senior: 1:47.31 Pete Richardson (Berkeley) 1981.

1:47.31	Pete Richardson (Berkeley-1 at Norwalk)	1981
1:47.8*	Dale Scott (El Cerrito)-1	1972
1:48.1*	Richard Joyce (Sierra/whittier)-1	1965
1:48.2	Jeff West (Crenshaw/LA)	1979
1:48.3*	Clark Mitchell (Bakersfield)	1965
1:48.5*	Dennis Carr (Lowell/Whittier)-1	1963
1:48.5*	Robert Hose (Madison/San Diego)-1	1964
1:48.7*	Jim Walters (Estancia/Costa Mesa)-1	1977
1:49.0*	Dan Aldridge (Petaluma)	1975
1:49.21	Eric Schermerhorn (Woodbridge/Irvine)	1984

(\*800 Yards Minus 0.7)

CIF



#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
537	Jorge Cabral	11	Belmont	1:55.36	1		
536	James Fraser	12	Monte Vista-				
			Spring Valley	1:55.26	2		
531	Nick-UJohn Haiduc	12	Servite	1:53.97	3		
533	Craig Olsen	12	El Dorado	1:54.45	4		
108	Sean O'Leary	12	Santa Rosa	1:54.5	5		
530	Morgan Bateman	10	Crescenta Valley	1:53.94	6	_	
539	Mark Dunzo	12	Los Angeles	1:56.17	7		
534	Shawn Forhand	12	Mt. Carmel	1:53.25	8		
543	Scott Sutch	9	Acalanes	1:56.6	9		
550	Will Breckenridge	12	Immanuel	1:55.55	1		
542	David Hashua	12	Hiram Johnson	1:54.6	2		
	Joe Amendt	11	James Lick	1:53.9	3		
7000170	Tim Corbin	12	Monte Vista-	1.00.0			
344	TIIII GOIDIII	12	Danville	1:54.1	4		
456	Joe Kinego		Wheatland	1:56.1	5		
	Michael Howard	12	University-LA	1:56.79	6		
150000	Dan Gabor	12	Amador Valley-				
0.0	Dan Gabo.	-	Pleasanton	1:53.3	7		
548	Craig Mayness	9	Santa Teresa	1:55.2	8		
535	Tom Williams	12	Granite Hills	1:54.37	9		
,							
549	Ray Dolph	12	Monte Vista	1:54.8	1		
552	Art Gonzales	12	St. Mary's Stockton	1:54.3	2		
529	Travis Cooksey	11	Rio Mesa	1:53.37	3		
532	Marcus Robertson	12	Muir	1:54.31	4		
29	Steve Dirkse	11	Bakersfield-South	1:54.94	5		
546	Mohammed Ribhi	12	Balboa	2:01.17	6		
538	Robert Matta	11	Roosevelt-LA	1:55.85	7		
541	John Hottinger	12	Nevada Union	1:53.6	8		
551	Chano Salas	12	Clovis	1:55.85	9		

#### TRACK TRIVIA

The greatest 800/880 running in prep history was done on June 7th, 1966 in Jamaica, N.Y. That day, Jackson High of Cambria Heights edged Boys of Brooklyn in the 4x880 relay. Both timed 7:35.6. That's 1:53.9 a man for yards. The best race in California history came in 1965 when Richard Joyce of Whittier defeated Clark Mitchell of Bakersfield, 1:48.2c to 1:48.4c.



#### REEBOK

0					PREV.			
	#	NAME	GR	AFFILIATION	MARK	PUS	PLACE	MARK
	134	Terri Bell	12	Crenshaw	46.8	1		
	140	Clara Trigg	12	Armijo	45.6	2		
	139	Julie Rosemond	12	Ventura	44.17	3		
	141	Chrishelle Johnson	12	Stagg	48.5	4		
	135	Janeene Vickers	12	Pomona	41.01	5		
	146	Michelle Decoux	11	Bishop O'Dowd-				
				Bishop	43.47	6		
	138	Doris Williams	12	Poly-Riverside	44.03	7	<u> </u>	
	151	Christina Gangnuss	12	Foothill-Pleasanton	45.44	8		
	150	D'ouita Woods	11	Castlemont	46.58	9		
	129	Stephanie Williams	12	University-				
				San Diego	46.89	1		
	148	Shiana Mosby	12	Bakersfield-East	45.71	2		
	147	Kim Young	10	Madera	44.50	3		
	145	Gina Albanese	12	Branaham	43.64	4		
	142	Laurie Smith	12	Valley-Sacramento	42.3	5		
	131	Laura Ainsworth	12	Fremont-LA	43.23	6		
	153	Lori Finnerty	12	Piedmont Hills	43.92	7		
	133	Latanya Davenport	10	Locke	45.4	8		
ľ	127	Michelle Outlaw	12	Lincoln-San Diego	46.35	9		
3.								
	130	Salynda Gray	12	Mount Miguel	47.05	1		
	149	Kathi Roldan	10	Mt. Whitney	45.83	2		
	132	Odessia Dorsey	12	Dorsey	44.6	3		
	144	Wendi Simmons	12	Santa Rosa	43.67	4		
	136	Sharon Manship	12	Thousand Oaks	42.88	5		
	152	Effie Daetz	12	Leigh	43.00	6		
	137	Stacy Leach	12	Thousand Oaks	43.87	7		
	143	Felecia Harris	12	San Lorenzo	45.12	8		
	445	Traci Ciatponi		Chino	45.9	9 .		

#### TRACK TRIVIA

Like some of the other events, this list is dominated by one athlete. That is Leslie Maxie of Mills in Millbrae. Not only does she have the national mark, but also nine of the ten all-time bests. She is also the national and former world junior record holder in the 400 hurdles as well with a time of 55.2. Oh by the way, she holds nine of the ten bests there also.

## 24

## 300 METER LOW HURDLES/GIRLS

7:30 PM



Sharon Manship, Thousand Oaks, H.S.

This could be another of those super match-ups that makes the State Meet weekend so special. Janeene Vickers (Pomona) is the defending State Champion and the number three All-Time High Schooler off her 41.32 1986 best. With a perfect step pattern Vickers could move higher on the All-Time Prep list. Ronda Brooks (Oakland) is a very strong hurdler who was the runner-up in last year's State Meet race, and takes a back-seat to no one. Effie Daetz (Leigh, San Jose) was the Arcadia Invitational winner in 42.72. Laurie Smith (Valley, Sacramento) was sixth here last year. Wendi Simmons (Santa Rosa) fifth in the 1986 Finals, Chrishelle Johnson (Stagg, Stockton), and Michelle Outlaw (Lincoln, San Diego) all have the potential to place.

State Meet Record: 40.90 Leslie Maxie (Mills, Millbrae) at Los Angeles 1984. Frosh: 43:08 Janeene Vickers (Pomona) 1984. Soph: 41.78 Ronda Brooks (Oakland) 1985. Junior: 40:18 Leslie Maxie (Mills, Millbrae) 1984. Senior: 41.45 Gayle Kellon (Walnut) 1983.

40.18	Leslie Maxie (Mills, Millbrae)-2	1984
41.09	Gayle Kellon (Walnut)-2	1982
41.32	Janeene Vickers (Walnut)-1	1986
41.44	Michelle Taylor (Ganesha, Pomona)	1984
41.54	Linnetta Wilson (Muir, Pasadena)	1985
41.78	Ronda Brooks (Oakland)	1985
42.25	Audrey Williams (Saugus)-1	1981
42.26	Gail Devers (Sweetwater, NatCty)	1983
42.36	Lana Cantrell (Muir, Pasadena)	1985
42.37	Sherifa Sanders (Berkeley)	1981



Dana Hall, Ganesha H.S.

Dana Hall (Ganesha, Pomona) is the favorite. Hall is undefeated with victories over all the State's top timber toppers. He edged Northern California's best, John Montgomery (Independence, San Jose) 37.53-37.79 at Arcadia. Three finalists from last year's State Championship finals in the event are back. Albert Pride (Grant, Sacramento) was fifth, Yki Vallery (Hawthorne) eighth, and Darryl Lockett (Dorsey, LA) ninth in this event in the 1986 affair at Cerritos. Brad Jamison (Redlands), Darin Maiden (South Bakersfield), Maurice Horton (Edison, Fresno), and Mark Crear (Rowland, Rowland Heights) have all put together fine 1987 Invitational seasons.

State Meet Record: 35.50 George Porter (Cabrillo/Lompoc) 1985 at Sacramento, Junior: 36.10 George Porter (Cabrillo/Lompoc) 1984. Senior: 35.32 George Porter (Cabrillo/Lompoc) 1985.

35.32 George Po	orter (Cabrillo/Lompoc)	1985
36.56 Michael G	Graham (Hawthorne)	1985
36.71 Kenny Hal	II (Ganesha/Pomona)	1985
36.74 Keith Pont	tiflet (Experanza/Anaheim)	1985
36.76 Mike King	(Menlo/Atherton)	1985
36.80 Raymond	Young (Hawthorne)	1984
36.83 Anthony F	Reynolds (Fremont/LA)	1984
36.84 Gordon B	ugg (West Covina)	1984 •
36.90 Bill Gaines	s Independence, San Jose)	1986
37.20 Craig Coo	oper (Fairfield)	1984
Hand Timing: (*330 yar	ds minus 0.2)	
36.2* Dedy Coo	per (Harry Ells/Richmond)	1975
36.2* Charles W	/hite (San Fernando)	1976
36.6 Ron Sean	ez (Gilroy)	1981
(*330 Yards Minus 0.	.19)	

CIF CIF

REEBOK

#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
172	Andy Sample	11	Antioch	39.54	1		
94	Kevin Jones	11	Mount Miguel	38.70	2		
158	Charles Wilford	12	Diamond Bar	38.31	3		
161	Mark Creer	12	Rowland	37.77	4		
159	Dana Hall	12	Ganesha	37.13	4		
162	Kirk Ayers	12	Western	37.74	6		
168	Rick Terwilliger	12	Oakmont	38.3	7		
176	Darin Maiden	12	Bakersfield-South	38.62	8		
177	Jim Farmer	10	Clovis West	39.38	9		
174	John Marugg	12	Carlsbad	39.81	1		
457	Bardon Farley		Chico	38.7	2		
157	Bryan Addison	11	Chatsworth	38.52	3		
160	Yki Vallery	12	Hawthorne	37.87	4		
167	Albert Pride	12	Grant-Sacramento	37.4	5		
166	John Montgomery	11	Independence	37.6	6		
170	Mark D'Ambra	12	Granada	38.29	7		
163	Marcus McFarland	11	Castlemont	38.56	8		
175	Kevin Broschat	12	Bakersfield-North	39.30	9		
173	John Petros	12	San Marcos-				
			San Marcos	39.88	1		
171	Doug Conner	12	St. Mary's-Berkeley	38.90	2		
128	Henry Coleman	11	Manual Arts	38.53	3		
164	Chris Coleman	12	Independence	38.1	4		
156	Shelton Boykin	12	San Fernando	37.47	5		
165	Chris Moura	12	Menlo Atherton	37.6	6		
119	John Barry	11	Ygnacio Valley	38.10	8		
155	Ronald Copeland	11	Dorsey	38.54	8		
169	Darryl Johnson	12	Kennedy-				
			Sacramento	39.90	9		

#### TRACK TRIVIA

Lompoc's George Porter dominates the top of the all-time list. In 1985 he ran 35.32, 35.50, 35.57 and 35.57. The only person to break-up his rule of the top five marks ever is Arthur Blake of Haines City, Florida. In 1984 Blake ran 35.3h which rates as the third best mark ever.

		CIF	THE STATE OF THE S	RE	EBC	)K	
			1				
#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	1
701	Joslyn Mack	10	St. Francis-Mt. View	25.78	1		_
707	Patricia Brown	12	Chowchilla	25.45	2		_

	#	NAME	GR	AFFILIATION	MARK	POS	PLACE MARK
	701	Joslyn Mack	10	St. Francis-Mt. View	w 25.78	1	
	707	Patricia Brown	12	Chowchilla	25.45	2	
	429	Darla Vaughn	12	Mira Mesa	25.00	3	
	643	Yolanda Fitch	12	Morse	24.74	4	
	202	Stacie Rogers	12	Hiram Johnson	24.10	5	
	444	Rosie Williams		East Nicolaus	24.7	6	
	573	LaNina Brice	9	Lincoln-Stockton	24.97	7	
	702	Nicole Devoe	10	Piedmont Hills	25.42	8	
	559	Sheri Bentell	11	Mission Viejo	25.65	9	
	569	Erin McLaughlin	9	Alambra-Martinez	25.87	1	
	708	Lis Hunter		Brethern	25.49	2	
	556	LeAnn Tinkshell	10	Locke	25.14	3	
	626	Andreen Alvarenga	11	Archbishop Mitty	24.78	4	
	705	Madette Smith	12	Quartz Hill	24.25	5	
	553	Kim Matthews	12	Morse	24.5	6	
	709	Chris Williams	10	Vallejo	24.90	7	
	706	Althea Fuller	11	Cleveland	25.34	8	
	708	Sabrina Lee	9	Washington-Fresno	25.61	9	
١.							
	571	Tenisha Talley	9	Kennedy-Richmone	d26.13	1	
	568	Sharon Polley	11	El Molino	25.53	2	
	567	Angela Davidson	10	Wasco	25.15	3	
	638	Simone Cain	11	Hueneme	24.79	4	
	646	Angela Rolfe	10	Dorsey	24.29	5	
	564	Ronda Brooks	12	Oakland	24.45	6	
	645	Debra Hamilton	10	Locke	24.82	7	
	704	Deanna Amy	11	Hawthorne	25.20	8	
	570	Abiola Davis	10	Berkeley	25.54	9	

#### TRACK TRIVIA

Margaret Bailes is second to Cheeseborough on the all-time 200 list with a time of 20.95, again set at altitude. There have been three two-time state champs in this event. They are Pam Waters, Bell, San Jose (75, 76), Denean Howard, Kennedy, Granada Hills (81,82) and Hawthorne's Tami Stiles (85,86). There has also been one pair of sisters as Denean's sister Sherri won the 200 in 1980.

## 26

#### **200 METER DASH**

GIRLS

7:47 PM



Adrienne Lett and Monique Scott, Muir H.S.

This should be a very interesting event with a flock of people very, very close on paper. Angela Burnham (Rio Mesa, Oxnard), Kee-Sha Adams (Hawthorne), Maddette Smith (Quartz Hill), Stacy Rogers (Johnson, Sacramento), Lee Ann Tinkshell (Locke, LA), and Rose Williams (East Nicolaus, Towbridge) finished in that order at Arcadia. Williams was fourth, Rogers sixth, and Tinkshell seventh in last year's State Finals run. Kim Matthews (Morse, San Diego), Nicole DeVoe (Piedmont Hills, San Jose), LaNia Brice (Lincoln, Stockton), and Chris Williams (Vallejo) have run well during the 87 Invitational season. Shadon Jones (Hogan, Vallejo) (5th) and LaFrenia West (Grossmont, La Mesa) (9th) also were State Finalists in 1986. Scheduling considerations could affect the 200m plans of speedsters Angela Rolfe (Dorsey, LA) and Andreen Alvarenga (Mitty, San Jose), who are expected to place high over 400m.

State Meet Record: 23.19 Sheri Howard (Kennedy, Granada Hills) at Berkeley 1980. Frosh: 24.01 Monique Robinson (Freese Jr., San Diego) 1982 **Soph:** 23.44 Leslie Maxie (Mills, Millbrae) 1983. **Junior**: 23.40 Denean Howard (Kennedy, Granada Hills) 1981 & Leslie Maxie (Mills, Millbrae) 1984. Senior: 23.08 Jackie Thompson (Lincoln, San Diego) 1973.

23.08	Jackie Thompson (Lincoln, SD)	1973
23.19	Sheri Howard (Kennedy, Grn Hls)-1	1980
23.25	Denean Howard (Kennedy, Grn Hls)-2	1982
23.27	Gervaise McGraw (Ganesha, Pomona)	1982
23.40	Leslie Maxie (Mills, Millbrae)	1984
23.42*	Gwen Loud (Westchester, LA)-1	1979
23.54	Paulette Blalock (Compton)-1	1984
23.56	Tami Stiles (Hawthorne)-2	1985
23.59	Cathy Roberts (Cerritos)	1984
23.62	Sharon Ware (Berkeley)	1980
Hand Tin	ning:	
23.2	Mable Fergerson (Ganesha, Pomona)	1973
23.2	Chewuakii Knighten (Locke, L.A.)	1985

(\*220 yards minus 0.12)

## **200 METER DASH**BOYS

7:53 PM



Corey Ealy, Muir H.S.

Quincy Watts (Taft, Woodland Hills) is the defending champion and along the way last Spring established a World Age-15 record for this distance. With his tall, full frame stretched out in this long sprint Watts should dominate the field. He squashed the State's best by five meters in a 20.89 win at Arcadia in mid-April. Corey Ealy (Muir, Pasadena) was third in last June's State meet and has handled all except Watts this Spring. Tony Miller (Riordan, San Francisco) is again the best from the North (but was fourth at Arcadia in his one trip South). Robert Harris (Simi Valley) 5th in State last June and Martin Cannady (Duarte), 6th in that race, are also dangerous.

State Meet Record: 20.77 Henry Thomas (Hawthorne) at Los Angeles 1984. Frosh: 21.90 Ronald McCree (Madera) 1983. Soph: 20.97 Quincy Watts (Taft, Woodland Hills) 1986. Junior: 20.73 Henry Thomas (Hawthorne) 1984. Senior: 20.66\* James Sanford (Pasadena) 1977.

20.68*	James Sanford (Pasadena)	1977
20.69	Henry Thomas (Hawthorne)-2	1985
20.81	Kevin Willhite (Cordova/Rancho C)-1	1981
20.82	Michael Marsh (Hawthorne)-1	1985
20.88*	Michael Sanford (Pasadena)	1979
20.91	Bill Green (Cubberley, Palo Alto)	1979
20.97	Danny Everett (Fairfax/L.A.)	1985
20.97	Quincy Watts (Taft, Woodland Hills)-1	1986
21.01	Chip Rish (Marina/Huntington Beach)	1985
21.03	Ken Robinson (Berkeley)-1	1981
Hand Timin	g:	
(* 220 yards	minus 0.1)	
20.4	Henry Thomas (Hawthorne)-2	1985
20.6*	Phil Underwood (Dorsey/L.A.)-1	1966
20.6*	Mel Gray (Montgomery/S. Rosa)-1	1967
20.7*	Carl McCullough (Sacramento)	1972
20.7*	Mike Farmer (Wilson/SF)	1974
20.7*	Dupree Branch (Barstow)	1976
20.7*	James Sanford (Pasadena)	1977
20.7	Eric Coleman (Monrovia)	1982
	20.69 20.81 20.82 20.82 20.88* 20.91 20.97 21.01 21.03 Hand Timin (*220 yards 20.4* 20.6* 20.7* 20.7* 20.7*	20.69         Henry Thomas (Hawthorne)-2           20.81         Kevin Willhite (Cordova/Rancho C)-1           20.82         Michael Marsh (Hawthorne)-1           20.88*         Michael Sanford (Pasadena)           20.91         Bill Green (Cubberley, Palo Alto)           20.97         Danny Everett (Fairfax/LA.)           20.97         Quincy Watts (Taft, Woodland Hills)-1           21.01         Chip Rish (Marina/Huntington Beach)           21.03         Ken Robinson (Berkeley)-1           Hand Timing:         (*220 yards minus 0.1)           20.6*         Phil Underwood (Dorsey/LA.)-1           20.6*         Phil Underwood (Dorsey/LA.)-1           20.6*         Mel Gray (Montgomery/S. Rosa)-1           20.7*         Carl McCullough (Sacramento)           20.7*         Dupree Branch (Barstow)           20.7*         James Sanford (Pasadena)

				PREV.			
#	NAME	GR	AFFILIATION	MARK	POS	PLACE	MARK
113	Mike Davis		James Logan	22.15	1		
499	Steve Lewis	12	American-Fremont	21.79	2		
496	Devon Goodlow	12	Tokay	21.70	3		
495	Anthony Williams	12	River City	21.40	4		
64	Quincy Watts	11	Taft-Woodland Hills	20.69	5		
76	Robert Harris		Simi Valley	21.38	6		
82	Robert Carroll		Hawthorne	21.67	7		
12	Ronnie Brown	12	Hiram Johnson	21.76	8		
455	Fred Lee		Butte Valley	22.1	9		
118	Darrell King	11	Ygnacio Valley	22.89	1		
500	Jeff Sakamoto	12	Archbishop Mitty	21.90	2		
494	Berry Smith	10	Mission-	21.90	2		
434	Berry Silliur	10	San Francisco	21.72	3		
492	Martin Cannady	12	Duarte		4		
	Martin Cannady	2000	Riordan	21.51	200		
502	Tony Miller	11	1,000	21.08	5		
72	Corey Ealy		Muir	21.27	6		
48	Mike Wilson		Reseda	21.67	7		
327	Frank Jones	11	Hoover	21.75	8		
501	James Shipp	12	Silver Creek	22.06	9		
109	Shawn Hanna	12	Santa Rosa	22.55	1		
498	Leslie Hawmon	10	Bullard	21.96	2		
491	Paul Peters	12	Santa Ana Valley	21.75	3		
487	Derick Franklin	11	Venice	21.54	4		
490	Patrick Rowe	12	Lincoln-San diego	21.12	5		
489	Raymond Ethridge	12	Crawford	21.18	6		
497	Torrey Edward	12	Bakersfield	21.63	7		
493	David Sals	12	San Fernando	21.75	8		
489	Essex Burton	12	Mira Mesa	21.99	9		

#### TRACK TRIVIA

In 1976, Dwayne Evans, of South Mountain in Phoenix, Arizona, ran a time of 20.22. His run qualified him for the 1976 Olympic team that ran in Montreal. He was a bronze medalist in that event. The fastest Californian in history is Henry Thomas of Hawthorne, who ran a time 20.4. He is now competing for U.C.L.A. and recently led his team to the Pac 10 title.

BOYS

7:53 PM



Corey Enin Man H.S.

Quincy Watts (Taft, Woodland Hills) is the defending of a pion and along the way last Spring established a World Age-15 record for this distance. With his tall, full frame stretched out in this long sprint watts should dominate the field. He squashed the State's best by five meters in a 20.89 win at Arcadia in mid-April. Corey Ealy (Muir, Pasadena) was third in last June's State meet and has handled all except Watts this Spring. Tony Miller (Riordan, San Francisco) is again the best from the North (but was fourth at Arcadia in his one trip South). Robert Harris (Simi Valley) 5th in State last June and Martin Cannady (Duarte), 6th in that race, are also dangerous.

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20.68*	James Sanford (Pasadena)	1977
20.69	Henry Thomas (Hawthorne)-2	1985
20.81	Kevin Willhite (Cordova/Rancho C)-1	1981
20.82	Michael Marsh (Hawthorne)-1	1985
20.88*	Michael Sanford (Pasadena)	1979
20.91	Bill Green (Cubberley, Palo Alto)	1979
20.97	Danny Everett (Fairfax/L.A.)	1985
20.97	Quincy Watts (Taft, Woodland Hills)-1	1986
21.01	Chip Rish (Marina/Huntington Beach)	1985
21.03	Ken Robinson (Berkeley)-1	1981
Hand Timi	ng:	
(* 220 yard	s minus 0.1)	
20.4	Henry Thomas (Hawthorne)-2	1985
20.6*	Phil Underwood (Dorsey/L.A.)-1	1966
20.6*	Mel Gray (Montgomery/S. Rosa)-1	1967
20.7*	Carl McCullough (Sacramento)	1972
20.7*	Mike Farmer (Wilson/SF)	1974
20.7*	Dupree Branch (Barstow)	1976
20.7*	James Sanford (Pasadena)	1977
20.7	Fric Coleman (Monrovia)	1982



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#	NAME	GR	AFFILIATION	MARK	POS	PLACE MARK
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499	Steve Lewis	12	American-Fremont	21.79	2	
496	Devon Goodlow	12	Tokay	21.70	3	
495	Anthony Williams	12	River City	21.40	4	0
64	Quincy Watts	11	Taft-Woodland Hills	20.69	5	20.8
76	Robert Harris		Simi Valley	21.38	6	
82	Robert Carroll		Hawthorne	21.67	7	
12	Ronnie Brown	12	Hiram Johnson	21.76	8	
455	Fred Lee		Butte Valley	22.1	9	
118	Darrell King	11	Ygnacio Valley	22.89	1	21.77
500	Jeff Sakements	12	Achteropy	21.90	2	22.36 Leu
	Berry Smith	10	Mission-	21.00	-	
404	Berry Cilian	10	San Francisco	21.72	3	22.06
492	Martin Cannady	12	Duarte	21.51	4	21.64
502	Tony Miller	11	Riordan	21.08	5	21.10
72	Corey Ealy		Muir	21.27	6	20.94
48	Mike Wilson		Reseda	21.67	7	22:30
327	Frank Jones	11	Hoover	21.75	8	21:20
501	James Shipp	12	Silver Creek	22.06	9	22:46
109	Shawn Hanna	12	Santa Rosa	22.55	1	1418
498	Leslie Hawmon	10	Bullard	21.96	2	
491	Paul Peters	12	Santa Ana Valley	21.75	3	51.21
487	Derick Franklin	11	Venice	21.54	4	21.86
490	Patrick Rowe	12	Lincoln-San diego	21.12	5	2154
489	Raymond Ethridge	12	Crawford	21.18	6	71.50
497	Torrey Edward	12	Bakersfield	21.63	7	12:04
493	David Sals	12	San Fernando	21.75	8	24.6
489	Essex Burton	12	Mira Mesa	21.99	9	21.51

#### TRACK TRIVIA

In 1976, Dwayne Evans, of South Mountain in Phoenix, Arizona, ran a time of 20.22. His run qualified him for the 1976 Olympic team that ran in Montreal. He was a bronze medalist in that event. The fastest Californian in history is Henry Thomas of Hawthorne, who ran a time 20.4. He is now competing for U.C.L.A. and recently led his team to the Pac 10 title.

3					PREV.			
	#	NAME	GR	AFFILIATION	MARK	POS	PLACE	MARK
	482	Reyna Cervantes		Montebello	10:36.80	1		
	480	Tracey Williams	11	Mountain View-				
				El Monte	10:32.20	2		
	478	Karen Hecox	9	South Hills-Covina	10:58.49	3		
	471	Kara Olsen	12	San Pedro	11:11.09	4		
	477	Kira Jorgenson	10	Vista	10:49.90	5		
	479	Anne Kuphault	11	Bella Vista	11:01.0	6		
	470	Mugsie Losek	10	Gunn	11:01.1	7		
	473	Georgia McClean	12	Belmont	11:31.679	8		
	476	Nicole Nugent	12	Torrey Pines	11:07.95	9		
	464	Jennifer Walsh	12	Ygnacio Valley	11:23.96	10		
	467	Leeann Prather	12	Sierra	11:47.17	11		
	483	Christy Farrell	12	Thousand Oaks	10:39.22	12		
	485	Jeanise Eisenman	12	Calistoga	10:05.80	13		
	486	Mary Mendoza	12	Presentation	10:28.8	14		
	466	Ninfa Lorenzano	11	Wasco	11:54.54	15		
	447	Tina Gorbet		Lassen	11:11.5	16		
	465	Tammy Foley	11	Mission San Jose	11:18.20	17		
	481	Brigid Freyne	11	Poly-Riverside	10:34.37	18		
1	469	Beverly Woo	12	Skyline	12:07.00	19		
1	462	Julie Verre	12	St. Frances-				
				Sacramento	11:21.5	20		
	463	Sarah Grimdman	10	Fortuna	11:29.68	21		
	484	Katy McCandless	11	Castilleja	10:50.5	22		
	475	Karen Karcher	11	Ramona	11:23.57	23		
	468	Stephanie Wagoner	12	Clovis West	11:40.05	24		
	461	Julie Dyson	11	Casa Roble	11:11.6	25		
	472	Sandra Rodriguez	12	Wilson	11:24.91	26		
	474	Sheri Lawson	11	Kenjnedy-LA	11:42.33	27		

JEFF BOGLE PHONE:(916)332-6453



5114 Madison Avenue • Sacramento, CA 95841

## 28

#### 3200 METER RUN GIRLS

8:00 PM



Tina Gorbett, Lassen H.S.

Kira Jorgensen (Vista) was at the head of the National outdoor lists through mid-season with her 4:51.03 (1600m) and 10:24.23 (3200m) Arcadia double, with Mary Mendoza (Presentation, San Jose) also very hot off her 2:15.7-4:55.9-10:30.6 distance triple from early May. Jorgensen handled a fresh Mendoza by eleven seconds over 3200m at Arcadia an hour after the amazing Vista soph blasted a 4:51.03 1600m. Katy Mc-Candless (Castilleja, Palo Alto) has rounded into shape slowly this Spring, but was a big Kinney Cross Country Western Regional titlest last Fall. The rest of the placings should involve a reshuffling of the finishers at Arcadia, where ninth place was 10:45.7 in the event. Rayne Cervantes (Montebello) was a Kinney National Cross Country Finalist in the Fall, Melissa Sutton (Newbury Park) was a fifth place finisher in last year's State Meet 3200, with Tina Gorbet (Lassen, Susanville), and Jeanise Eisenman (Calistoga) possible high placers.

State Meet Record: 10:08.14 Cory Schubert (Del Mar, San Jose) at Bakersfield 1983. Frosh: 10:17.1\* Vickie Cook (Chaminade, Canoga Park) 1979. Soph: 10:14.78 Vickie Cook (Alemany, Mission Hills) 1980. Junior: 10:12.31 Vickie Cook (Alemany, Mission Hills) 1981. Senior: 10:04.2 Cory Schubert (Del Mar, San Jose) 1983.

10:04.2	Cory Schubert (Del Mar, SJ)-1	1983
10:06.2*	Cheri Williams (Livermore)-1	1978
10:11.62	Kirsten O'Hara Palos Verdes)-1	1984
10:11.78	Vickie Cook (Alemany, Wd Hls)-3	1982
10:12.86	Laurie Chapman, (Gunder, San Jose)-1	1986
10:15.8*	Eileen Claugus (Rio Amer, Sacto)	1973
10:15.99	Denise Ball (Newbury Park)	1982
10:16.38*	Cindy Schmandt (Santa Barbara)	1979
10:18.04*	Su-Mei Lee (Eisenhower, Rialto)	1979
10:19.10	Tania Fischer (Chaminade, CP)	1983

(\*2 mile minus 3.6)

BOYS

8:18 PM



Sven Haug and Jeff Horn, Birmingham H.S.

A monumental struggle could take place here between Paul Thomas (Jesuit, Sacramento) and Marc Davis (San Diego). Davis was the nation's top prep distance runner during the Fall cross country season, winning the Kinney National Prep Championship by 11 seconds over a hilly 5000 meter course. Thomas has come on strong this Spring, winning over Davis at Arcadia over 3200 Meters in a nation-leading 8:53.92 to 8:56.38. Soph Scott Hempel (Walnut) 9:07.04 at Arcadia, Richard Erbes (Glendale) 9:05.19 in 1986 and 10th at State, Scott Cole (Yosemite, Oakhurst) 9:07.99 at Arcadia, Aaron Mascorro (Rosemead) 9:00.10 and 6th in this affair in 1986, and Mason Myers (Vacaville) could all run under 9:00.0. Chris Flanders (Casa Roble, Orangevale) has shown promise during the season.

State Meet Record: 8:44.9y Eric Hulst (Luguna Beach) at San Diego 1975. Frosh: 9:00.8\* Eric Hulst (Laguna Beach) 1973. Soph: 8:46.9\* Eric Hulst (Laguna Beach) 1974. Junior: 8:41.3\* Eric Hulst (Laguna Beach) 1975. Senior: 8:32.7\* Jeff Nelson (Burbank) 1979.

8:32.7*	Jeff Nelson (Burbank)-2 at Westwood	1979
8:40.4*	Eric Reynolds (Camarillo)-1	1983
8:41.0*	Eric Hulst (Laguna Beach)-2	1976
8:41.6*	Thom Hunt (Henry/San Diego)	1976
8:42.3*	Ralph Serna (Loara/Anaheim)	1975
8:42.9*	Rich Kimball (DeLaSalle/Concord)-1	1974
8:44.95	Eric Mastalir (Jesuit, Carmichael)-1	1986
8:45.2*	Curtis Beck (Santa Monica)-1	1972
8:46.78	Jon Butler (Edison/Hunt, Bch)-1	1981
8:48.8*	Chuck Assumma (Eisenhower/Rialto)	1979

(\*2 Miles Minus 3.6)

CIF



REEBOK

#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
616	Shawn Nooran	12	Moreau	9:19.55	1		
620	lan Alsen	11	Granada Hills	9:18.02	2		
6713	Paul Dacbhauer	12	Sir Francis Drake	9:32.76	3		
604	Mason Myers	12	Vacaville	9:07.0	4		
611	Brian Williamson	11	Westmont	9:30.8	5		
603	Mike Parrott	12	Jesuit	9:18.3	6		
621	Greg Lopez	12	Hilltop	9:36.75	7		
612	Fernando Villegas	12	Half Moon Bay	9:31.5	8		
615	Mike Stone	12	Las Lomas	9:24.24	9		
619	Tefere Gebre	12	Belmont	9:31.41	10		
608	Scott Cole	11	Yosemite-Oakhurst	9:19.55	11		
618	Jeff Korn	12	Birmingham	9:25.11	12		
609	Sean Redfield	12	Skyline	10:15.29	13		
606	Greg Donson	12	McLane	9:28.90	14		
601	Trevor Drummond	12	Helix	9:18.62	15		
614	Corey Trovinger	12	Acalanes	9:24.68	16		
602	Frank Flores	12	Hart	9:12.84	17		
610	Breh Mack	11	Carlmont	9:30.1	18		
607	Mark Murillo	12	Monache	9:19.25	19		
617	Sabino Miranda	11	Bimringham	9:34.79	20		
600	Clark Sandknop	12	San Dieguito	9:26.26	21		
622	Aaron Mascarro		Rosemead	9:08.45	22		
605	Paul Thomas	12	Jesuit	9:04.4	23		
599	Chris Lugo	12	Valencia	9:10.54	24		
623	Bryan Dameworth		Agoura	9:09.78	25		
624	Greg Flynn	12	West Torrance	9:11.37	26		
454	Bob Quick		Lassen	9:43.1	27		

JEFF BOGLE PHONE: (916) 332-6453



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#### CIF



#### REEBOK

	#	NAME	GR	AFFILIATION	MARK	POS	PLACE	MARK
		/983,984,220,985		Los Angeles	4:03.38	1		
		Vickie Weaver-Gail S	uther	n-Tiesha Holmes-Ca	amille Mayo	2		
	1007	/802,554,642,803 Regina Bible-Onnie F	orall	Crawford	4:01.13	_		
	950	/701,949,562,627	ergu	St. Francis-	Laura Hato	1101		
	330	7701,040,002,021		Mt. View	3:59.0	3		
		Joslyn Mack-Liz Lynd	ch-Ka		Mack			
	1010	/1008,1009,426,287		Thousand Oaks	3:53.52	4		
		Lisa Noller-Kristen G	illette-		Manship	_		
	996	/994,512,995,645	/! h	Locke	3:46.09	5 omilto		
	1015	LaTanya Davenport-1/1011,1012,1013,		Woodbridge	3:53.40	6	,,,,	
	1015	Kaci Keffer-Sandy St	roppe	-Debbie Horon-Krist				
	970	/739,740,259,213		Los Gatos	3:58.45	7		
		Kerri Rexford-Tiffany	Hack	ett-Heidee Ruiz-Lez	li Jensen			
	991	/987,988,989,990		South Gate	4:00.87	8		
	000	Brigette Eaves-Corin	a Flor		Socorra Vaz	zquez 9		
	929	/925,926,927,928 Crystal Bigham-Core	v And	Etna Irows-Geanny Jennii	4:03.2			
		Crystal Digitalii-Core	y And	news-dealing bennin	ngs-ranyn	14001		
	1001	/997,998,999,1000		El Capitan	4:03.55	1		
	1001	Joy Principe-Kim Var	vel-R	aeann Hamilton-Sar	mantha Weis	ser		
	979	/976.977.978.634		Immanuel	4:01.33	2		
		Heide Mierau-Bonnie	Brec	kenridge-Julie Fast-	Sheila Wille	ems		
	975	/971,972,973,974	Vallia	Clovis	3:59.02	3 icea F	lynn	
	050	Janisaa Richardson- /956,957,958,571	Keille	Kennedy-Richmond	13:56:35	4	lyllli	
	909	Tammi Mayfield-Cyn	thia D					
	993	/992.815.814.817		Dorsey	3:48.3	5		
		O. Dorsey-D. Zimmer	man-	W. Williams-A. Rolfe				
	1019	/1016,707,1017, Doienna Thomas-Pa	1018	Hawthorne	3:52.94	6 cha ^	dame	
	965	/962,963,964,650	uricia	Acalanes	3:57.69	7	uaiiis	
	300	Kim Kosturos-Beth K	ilmar-					
•	955	/951,952,953,954		Washington-				
2			_	Fremont	4:00.68	. 8		
	4005	Stephanie Vollmer-K	ris Ra	rdon-Anita Cooper-	4:03.16	rtin 9		
	1005	/643,800,1002,1003 Yolanda Fitch-Angel	Leath	Morse				
		Tolanda Fitch-Angel	Loan	1-Tann Waanewe Che	Wilotto Gapi			
	945	/942,709,943,944		Vallejo	4:04.8	1		
		Henry Hadassah-Chi	ris Wi	lliams-Sheley Terrell	I-April Allen			
	987	/153,934,935,936		Piedmont Hills	4:01.40	2		
	000	Lori Finnerty-Tarsha	Hand	lley-Jennifer Davidso	n-Nicole D	eboe 4		
	982	/945,142,947,629 Shayla Gentry-Laurie	Smit	Valley-Sacramento	Angela Smit			
	1025	/780,241,781,637	, 011111	Long Beach Poly	3:49.75	5		
	.020	Tracy McCray-Lasha	wn N	1cBride-Chinyera Ke	nnedy-Crys	stal Irv	ing	
	1024	/1020,1021,1022,	1023	Muir	3:50.60	6		
	004	Adnanne Lett-Kathy	Butler		vloore			
	961	/146,632,727,960		Bishop O'Dowd- Oakland	3:57.04	7		
		Michelle Decoux-Kir	n Rho					
	969	/966,967,968,225		Roosevelt-Fresno	4:00.41	8		
		Tricia McGruder-Ch	risty C				s	
	941	938,939,940,573	II - D-	Lincoln-Stockton	4:03.1	9		
		Corrie Graetz-Triche	ile Da	wson-nelly barsant	-Lariid Drice	7		

#### TRACK TRIVIA

This is truly a California event. The Golden State has the top 13 marks of all-time. One has to go down to 14th and 15th place to find a non-Cal. school. Central of Seat Pleasant, Maryland holds those two positions. Followed by Compton in 16th and then Central again. After that it's Cal. all over again with the next four positions.

## 30

#### **1600 METER RELAY**

GIRLS

8:35 PM



Lisa Miller, Kristine Gillette, Staci Leach and Sharon Manship, Thousand Oaks, H.S.

Hawthorne, with super frosh Kee-Sha Adams on the anchor, should be unbeatable. Muir (Pasadena), Locke (LA), and Northern California 1986 placers Oakland (third) and St. Francis (Mountain View) (fifth) are talented enough to challenge should the Cougars falter in the slightest manner. Morse (San Diego), Dorsey (LA), Poly (Long Beach), sixth in the 86 State affair, Vallejo, eighth in this Meet last June, Thousand Oaks, Valley (Sacramento), Woodbridge, (Irvine), and Clovis are all potential finalists.

State Meet Record: 3:37.71 Kennedy (Granada Hills) (Howard, Cook, Johnson, Howard) at Norwalk 1981.

3:37.69	Muir (Pasadena)-1 at Walnut	1985
	(Cantrell, Caddell, Franklin, Wilson)	
3:37.71	Kennedy (Granada Hills)-1 at Norwalk	1981
	(Howard, Cook, Johnson, Howard)	
3:37.98	Kennedy (Granada Hills)-1	1980
	(Howard, Cook, Howard, Howard)	
3:38.65	Locke (Los Angeles)-1	1984
	(Giddens, Culliver, Sims, Knighten)	
3:39.07	Manual Arts (Los Angeles)	1981
	(Holland, Wright, Jackson, Bonty)	
3:39.83	Poly (Long Beach)	1980
	(Rambo, Randolph, Smith, Paige)	
3:40.59	Compton	1984
	(Bennett, Watson, Hull, Blalock)	
3:41.21	Hawthorne	1985
3:41.33	Berkeley	1981
	(Rice, King, Johnson, Rodgers)	
3:41.72	Dorsey (Los Angeles)-1	1982
	(Willis, Peterson, Rolfe, Dawkins)	

(\*mile minus 1.1)



John Montgomery, Independence H.S.

Hawthorne's margin in this event is always just enough, as fourth team member, junior Travis Hanna, can handle the anchor runner of any Golden State relay squad that will be close in the final 100 meters. Hawthorne is going after an unprecendented fifth consecutive title in this event. No other California school has won more than two relay titles in an event since the switch was made to the 400 Meter and 1600 Meter distances in 1968. Simi, Independence (San Jose), Muir (Pasadena), Morningside (Inglewood), Logan (Union City), Thousand Oaks, Tokay (Lodi), Merced, Santa Rosa, and Dorsey will battle behind the Courgars.

State Meet Record: 3:08.94 Berkeley (Walker, Richardson, Murray, Robinson) at Norwalk 1981.

3:07.40	Hawthorne at Austin	1985
	(Graham, Marsh, Kelly, Thomas)	
3:08.94	Berkeley-1	1981
	(Walker, Richardson, Murray, Robinson)	
3:09.45	Hawthorne-1	1983
	(Graham, Young, Kelly, Thomas)	
3:10.11	Hawthorne-1	1983
	(McGee, Torrance, Kelly, Thomas)	
3:10.33	Perris	1983
	(Flenaugh, Stamps, Jackson, Harris)	
3:10.37	Centennial (Compton)-1	1980
	(Graham, Ware, Jackson, Turner)	
3:10.42	Berkeley	1980
	(Dotson, Richardson, Walker, Robinson)	
3:10.47*	Banning (Wilmington)-1	1978
	(Davis, Caesar, Blalock, Lewis)	
3:11.10	Poly (Long Beach)	1981
3:11.32	Compton	1980
	(Davis, Taylor, Smith, Barksdale)	
(*Mile Mir	nus 1.1)	

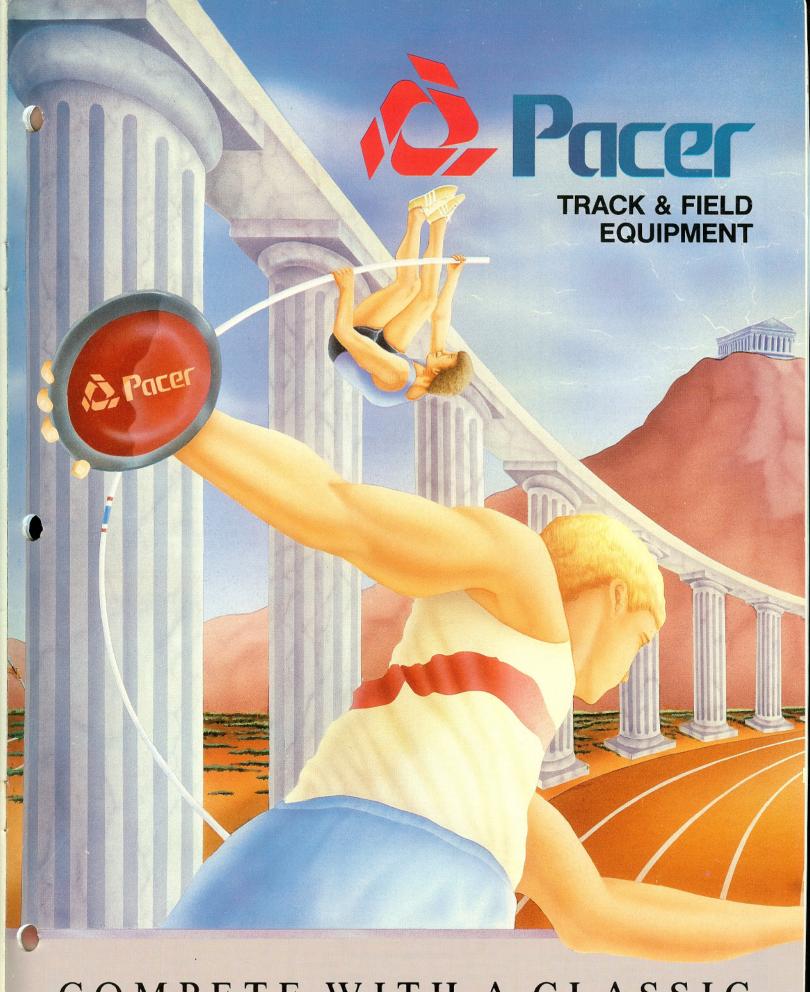


REEBOK

				DDE1/			-
#	NAME	GR	AFFILIATION	PREV. MARK	POS	PLACE	MARK
35	/31,32,33,34 Todd Lawrence-Je	ff Layne	Oakland es-Erickson Grant-N	3:24.73 late Wright	1		
125	/121,122,123,124		Berkeley is-Todd Hunter-Joh	3:19.46	3		
120	/116,117,118,119		Ygnacio Valley efield-Darrell King-	3:17.18	4		
105	/101,102,103,104		Morningside ric Frazier-Charles	3:13.40	5		
70	/66,67,68,69		Compton alker-Ed Jones-Reg	3:16.58	6		
50	/46,47,48,49		Reseda ins-Mike Wilson-Da	3:18.87	7		
40	/36,37,38,39		Overfelt s-Willie Freeman-Ma	3:21.05	8		
25	/21,22,23,24 Anthony Jefferson-	Simon	Bakersfield-East Jones-Damian Lope	3:24.11 ez-Alex May	9 berry		
924	/920,921,922,923	-Mike T	Williams Ferkilosen-Justin So	3:24.8	1 los Sa	ntos	
919	/116,917,918,164		Independence Sigueros-Benari Bu	3:21.95	2		
10	/6,7,8,9		Merced er-Irish McCabe-Ke	3:19.56	3		
60	/56,57,58,59		Carson e-Doni Gistarb-Dan	3:17.80	4		
85	/81,82,83,84		Hawthorne rroll-Leroy Thomas-	3:13.48	5 ah		
65	/61,62,63,64 David Flores-Sean	Robert	Taft-Woodland Hill s-David Feinstein-C		6		
110	/106,107,108,109 Jeff Sorkness-Rob	Moore-	Santa Rosa Sean O'Leary-Shav	3:18.36 vn Hanna	7		
15		Brown-	Hiram Johnson David Joshua-Derri		8		
100	/96,97,98,99 Mike Mercer-Doug	Eagle-	Poway Marcus Wesley-Du	3:23.26 stin Seale	9		
30	/267,27,28,29 Darin Maiden-Jaso	n Broo	Bakersfield-South m-Jeff Frando-Steve	3:25.34 e Dirkse	1		
95	/91,92,93,94		Mount Miguel Mark Senior-Kevin	3:22.26	2		
5	/1,2,3,4		Tokay I-Ryan Emlinger-Ke	3:19.9	3 er		
115	/111,112,113,114		James Logan tanislaus-Mike Davi	3:17.83	4		
80	/76,77,78,79		Simi Valley ner-Ron Bradley-Da	3:14.94	5		
75	/71,72,73,74		Muir icky Erwin-Marcus	3:15.14	6		
55	/51,52,53,54		Banning -Ricky Moore-Wen	3:18.29	7		
18	/16,17,19,20		Edison-Fresno ht-Maurke Horton-I	3:19.94	8		
90	/86,87,88,89	,	Morse on-Herb Henry-Micl	3:22.51	9		

#### TRACK TRIVIA

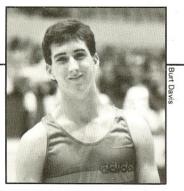
Who would win an all-time 1600 relay between the states? Well California would, but it would be a close race. Cal. edges Texas and Pennsylvania, 3:02.06 to 3:02.24 to 3:02.86. The winning team members are Henry Thomas, Hawthorne, Bill Green, Cubberly, Danny Everett, Fairfax and Chip Rish of Marina.



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#### **BRENT BURNS/Acalanes**

At 6′ 3½″ and 180 pounds, this Berkeley bound senior not only is the national polevault leader, but looks the part as well. Burns tops the nation's prep vaulters with a leap of 17′ 4½″. However he is still looking to beat his lifetime best of 17′ 6″ set last year.

After winning this meet as a sophomore, Brent looked to be a sure three time champion. However he had an off day last year in Norwalk and finished in a tie for second, managing only a 15′ 4″ vault.

Coached by Scott Brady-Smith, Burns has gone undefeated this season. His big wins include, Arcadia, Bruce Jenner, L.A. Times and the National Junior Indoor meet. Brent hopes to clear 18' in the state meet and at the Golden West Invitational.

What does the future hold? Possibly the decathlon. Along with good natural speed the Acalanes senior has thrown over 50' in the shot and has high jumped 6' 2".



#### MARY MENDOZA/ Presentation

Currently ranks second in the state and third in the nation at 3200 and 1600 meters. Her best marks came in an outstanding triple at the Central Coast Section "Top 8" meet. In that contest she ran 10:30.4 for 2 miles, 2:15.7 for two laps and a mile in 4:54.9.

A very strong runner, she has run 17:35 for 5k in cross country. She is the leading threat to Kira Jorgenson's dominance in the long races. Third in the state 3200 last year, Mary would like to end her prep career with a victory in Sacramento.

Mendoza is an honor student. Very active she is president of the Letterman Club, Spanish Club and her chapter of S.A.A.D. (Students Against Alcohol and Drugs. Next fall she will join Stanford's distance stable on an athletic scholarship.



#### MARC DAVIS/San Diego

The nation's best prep cross country runner hopes a trend continues. In 1985 he was 9th in the state 3200 timing 9:18.50. In 86 he dropped four places and 20 seconds, taking 5th in 8:58.92. So if all goes well 87 will produce a new meet record of 8:38 and a gold medal.

Neither is out of the question for the 6' 1" 130 lb. senior. Currently he leads the nation at 1500 meters (3:53.78) and is second at 3200 (8:56.38). Add that kind of speed to the country's best 5k harrier and you have the tools to be the best.

Running with the best is something Marc has done since his sophomore year. In 85 he captured the frosh/soph race at the Kinney Western Regional and he has continued to pile up first and honors from there.

After high school he will attend the University of Arizona where he hopes to prepare for the 1992 Olympics. Once college is done, he wants to continue running and, of course, be the best.

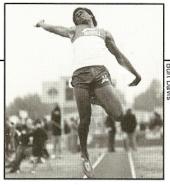


#### KIRA JORGENSON/Vista

The latest distance prodigy. Only a sophomore, Kira has already established her credentials as one of the nation's best. Currently she ranks second in the country at both 3200 and 1600 meters with marks of 4:51.23 and 10:24.68.

She has successfully doubled at Mt. SAC. and at Arcadia. Can she do it at state and how many times before she graduates? To date the feat has been done only twice. Once by Livermore's Cheri Williams (78) and one time by Del Mar's (San Jose) Cory Schubert (83).

Described as outgoing and respected by coach Ed Mathews, Kira does more than just run. An A student, she is also very active in drama. Her goal, to go to the Olympics in 92, possibly at 5,000 or 10,000 meters.



#### McARTHUR ANDERSON/ Bakersfield

The year 1987 will go down as the year for field events at Bakersfield High. They lead the state and nation in the female throws and they also possess the best horizontal jumper in the country in senior Mac Arthur Anderson.

Mac leads California in the triple jump at 51' 4" and is second in the long jump at 24' 1½". Nationally he is second in the triple and fourth in the long. Kieth Holley of Virginia has better indoor marks in both events, but had yet to surpass Anderson outdoors at press time.

As he dashes back and fourth between the jumps Anderson also finds time to do some fine hurdling. He has run marks of 14.2, at the Lemore Relays and at the Kern Relays he timed 14.3.



#### STACY RODGERS/ Hiram Johnson

Starting by qualifying for the state meet as a freshman, this lithe sprinter has established herself as one of the best sprinters in Sac-Joaquin section history. This season she has been among the state leaders all season. Her best marks are 11.5h (100), 24.24 (200), 56.81 (400) and has anchored the 400 relay team to a best of 48.4h.

She has also qualified for the state meet in the long jump each year she has been competing. She was sixth in that event as a sophomore and third last year. To date she has improved her best to 19'1", capturing the section title.

She has come on strong, improving her time in all events, since a disappointing Arcadia meet. Her current marks make her a gold medal contender in each individual event.





#### KRIS KOCHEL/Ventura

Each season there's always a "Rocky story" of sorts in the state meet. You know, some-body who overcomes a great hardship and spirits themselves over the odds to take the gold. Well this year's candidate appears to be state 800 leader Kris Kochel.

After finishing sixth last year in 2:11.1, Kris set her sights on becoming state champ. Things started out great as she timed 2:12.38 in March. However disaster struck. She came down with a stress fracture and had to layoff the entire month of April.

She started running again the first week in May and easily won her league meet in 2:16. As of May 15th the goals were the same. Run under 2:10 and win the state meet.

A fine all-around runner, Kris has a best of 5:14 in the mile and 58.7 in the 400. She is as tough in the classroom as she is on the track, achieving a 4.0 grade point average.



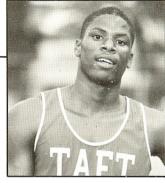
#### STEVE LEWIS/ American/Fremont

Southern Cal's loss was Nor-Cal's gain when Steve Lewis moved from Banning High in L.A. to American in Fremont. After running 47.7 for Banning as a tenth grader, Lewis began to mature capturing the state meet for American last year in a time of 46.5.

This year the 6' 3" 185 lbs. senior is ranked

This year the 6′ 3″ 185 lbs. senior is ranked as the nation's leader with a time of 46.70. Lewis clocked that mark in winning the Arcadia meet. To date this season Lewis has been beaten to the tape only once and that was at the Pathmark Indoor meet.

So want is next for this UCLA bound heir apparent to John Smith and Wayne Collett? Well, he plans first to defend his state title. After that he hopes to lower the national interscholastic record of 45.5 at the Golden West or the TAC's. After that? Maybe chase the 44.5 all-time prep best of Washington's Darrell Robinson, perhaps in Europe.



QUINCY WATTS/Taft

Last year, as a sophomore, Quincy Watts won the state meet 200. He practically won the state team title by himself, having scored in two sprints and anchoring a 400 relay team that took second. California Hi Prep of the Year, All-American, the fastest 15-year-old furlong runner in world history with a best of 20.97, everything you could want? Almost.

The new sprint king's crown had one jewel missing. The 100 meters. Watts missed having it all by just two-hundredths of a second. He was edged out by senior Ron McCree of Madera. Described by his coach, Tom Steveson as once in a lifetime talent, the 6' 2½", 192 lb. sprint sensation, aims to have it all in 87.

In 87 he is second in the nation in the 100 (10.51), first at 200 (20.89), and has anchored his school's 400 and 1600 relay teams to the states third best performances. "Team Watts" adds up to 32 points on the dope sheet. Last year Taft/Watts won with 26.



#### DAWN DUMBLE/ Bakersfield

What does it take to be a state or national leader in a technical event like the shot or discus? It takes tremendous talent and years of hard work to perfect one's technique. So what do you say about a person who leads the nation as a freshman? Amazing!!!

Bakersfield's Dawn Dumble not only leads the nation in the discus (157'6") and the state in the shot (45'4"), she is the greatest freshman thrower ever. Dawn's best event is the discus where she now holds the national frosh mark as

well as the country's best mark.

This season she has gone against the best in both events and has not lost to a California prep. Among her double victories are the Fresno Relays and of course the prestigious Arcadia invitational.

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#### **BOYS**

SCHOOL	POINTS	COACH	LOCATION	DATES
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	4/3/15
Manual Arts, Los Angeles	371/2	Otto Fritsch	YMCA Field, Los Angeles	4/8/16
Coalinga	25	Charles Geer	Berkeley	4/28/17
Pasadena	25	George Main	Sacramento Fair	4/27/18
Manual Arts, Los Angeles	21	Si Foster	San Bernardino High	4/26/19
Los Angeles	18	Glenn Whittle	Bakersfield Fair	4/24/20
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	4/30/21
Huntington Beach	16	Ray Walker	Stockton Fair	5/6/22
Hollywood	171/2	William Paige	Occidental College, Los Angeles	5/12/23
Manual Arts, Los Angeles	26	Sid Foster	Taft High	5/10/24
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	5/9/25
Polytechnic, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	5/8/26
Glendale	35	Norman Hayhurst	Modesto High	5/7/27
Polytechnic, Long Beach	21	Norman Barker	Selma High	5/5/28
San Diego	223/4	Glenn Broderick	Los Angeles Coliseum	5/11/29
Sacramento (Tie)	11	Lawrence Janssen	Berkeley	5/10/30
San Diego (Tie)	11	Glen Broderick		
Santa Ana	11	G.A. "Tex" Oliver		
Polytechnic, Los Angeles	191/2	Edward Leahy	Visalia	5/23/31
Polytechnic, Long Beach	221/2	Norman Baker	Modesto Junior College	5/2/32
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	5/20/33
Muir, Pasadena	151/2	Albion Walton	Edwards Stadium, Berkeley	5/26/34
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	5/25/35
Muir, Pasadena	18	Albion Walton	Gridley High	5/23/36
Jefferson, Los Angeles	231/2	Harold Edelson	Wilson High, Long Beach	5/22/37
San Diego	181/2	Glenn Broderick	San Benito High, Hollister	5/28/38
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	5/27/39
Bakersfield	181/2	"Cap" Haralson	Visalia High	5/25/40
Edison, Fresno	22	Harld Bicknell	Spartan Stadium, San Jose	5/24/41
Redondo	21	Harold Grant	Compton College	5/25/46
Washington, Los Angeles	24	Gail Wyatt	Visalia High	5/31/47
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	5/29/48
Jefferson, Los Angeles	281/2	Estel Johnson	Los Angeles Coliseum	5/28/49
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	5/27/50
Jefferson, Los Angeles	161/2	Estel Johnson	Edwards Stadium, Berkeley	5/26/51
Jefferson, Los Angeles	301/2	Estel Johnson	Los Angeles Coliseum	5/24/52
Manual Arts, Los Angeles	16 3/5	Charles Toney	Ratcliffe Stadium, Fresno	5/29/53
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	5/29/54
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	5/28/55
Jefferson, Los Angeles	24 2/3	Estel Johnson	Chico State College	6/2/56
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	6/1/57
Compton (Tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	5/31/58
Manual Arts, L.A. (Tie)	11	Charles Toney		
Polytechnic, Long Beach	14	Leon Forman	Memorium Stadium, Bakersfield	
Jordan, Los Angeles	15	Jesse Flores	Stanford	Stadium
Centennial, Compton	11	Bill Gill	East Los Angeles College	
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	6/2/62
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	5/31-6/1/63
Jefferson, Los Angeles (Tie)	13	Andy Bakjian	Los Angeles Coliseum	6/5-6/6/64
Polytechnic, Long Beach (Tie)	13	Leon Forman		
Polytechnic, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	6/4-5/65
Dorsey, Los Angeles	22	Rod richard	Edwards Stadium, Berkeley	6/3-4/66
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	6/2-3/67
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	5/31-6/1/68
Los Angeles	22	E. Bravo	UCLA	6/6-7/69
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	6/5-6/70
Lompoc	13	Frank Hiatt	UCLA	6/4-5/71
Sacramento	18*	Scotty Bingham	Oroville High	6/1-2/72
Wilson, San Francisco	20	Adam Banks	Woodland High	6/1-2/73
Muir, Pasadena	23*	Walter Opp	Memorial Stadium, Bakersfield	5/31-6/1-74
Harry Ells, Richmond	22	Sylvester Greenwood	San Diego	6/6-7/75
Hamilton, Los Angeles	12	Gene Broadwater	U.C. Berkeley	6/4-5/76
Pasadena	26	Bob Pruitt	UCLA	6/3-4/77
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	6/2-3/78
Pasadena	16	Art Large	Hughes Stadium, Sacramento	6/1-2/79
Berkeley	41	Willie White	Edwards Stadium, Berkeley	6/6-7/80
Berkeley	58	Willie White	Cerritos College, Norwalk	6/5-6/81
Crenshaw, L.A. (Tie)	20	Bob Volles	Hughes Stadium, Sacramento	6/4-5/82
Mission Viejo (Tie)	20	Gene Gurley		
Hawthorne	40*	Kye Courtney	Memorial Stadium, Bakersfield	6/4/83
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	6/2/84
Hawthorne	29	Kye Courtney	Sacramento	
Taft, Woodland Hills	26	Tom Stevens	Norwalk	

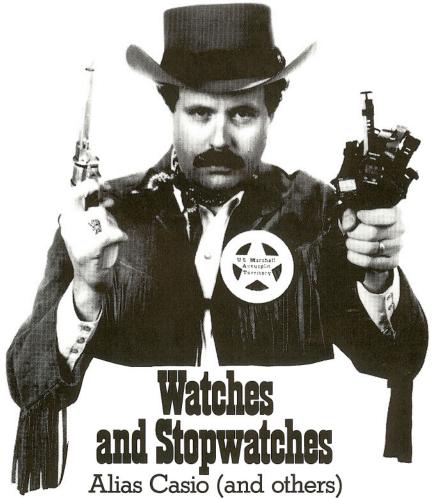
No meets held 1941-1945, World War II.
\*Reported figures for finals. Scoring system used was 5-3-2-1 from 1915 to 1928, 5-3-2-1½ for 1929 from 1931 to 1965, 6-4-3-2-1 from 1966 to 1979, and 10-8-6-5-4-3 since 1980.

#### **GIRLS**

Berkeley	13	Willie White	Memorial Stadium, Bakersfield	5/31-6/1/74
Washington, Los Angeles	22	Arnice Reddick	San Diego	6/6-7/75
Berkeley	20	Willie White	U.C. Berkeley	6/4-5/76
Locke, Los Angeles	14	Addie Cornelius	UCLA	6/3-4/77
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	6/2-3/78
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	6/1-2/79
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	6/6-7/80
Berkeley	64	Willie White	Ceritos College, Norwalk	6/5-6/81
Berkeley	48	Willie White	Hughes Stadium, Sacramento	6/4-5/82
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	6/4/83
Woodside	38	Susie Wilson	Los Angeles Coliseum	6/2/84
Muir, Pasadena	55	Jim Brownfild	Sacramento	
Hawthorne	40	Kye Courtney	Norwalk	

Scoring systems used were 5-3-1 in 1974, 5-4-3-2-1 from 1976 to 1979, and 10-8-6-4-2-1 since 1980.

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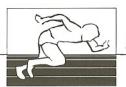
Marshall McClelland may put some watches on public display so that young runners are not led down the wrong trail when making their first runner's watch purchase.

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#### 1987 SEASON



#### **HIGHLIGHTS**



The opening laps of the Boys' Invitational 3000 at the Mt. SAC Relays (Friday). Among the front runners are **Brian Dameworth** (Angoura freshman, who holds the national indoor freshman 2-mile record) and **Anthony Williams** (Hueneme H.S., Port Hueneme).



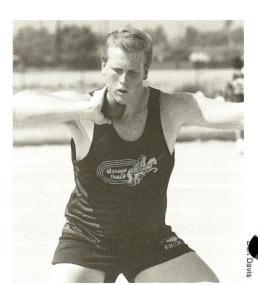
Marcus Robertson of Muir H.S. (Pasadena — Southern Section) leads the troops to the wire in the 800m at the Arcadia Inv. Also finishing are Craig Olsen (El Dorado, Placentia), Antonio Houston (Locke, Los Angeles), and James Fraser (Monte Vista, San Diego).



Down to the wire in the 400R at the Mt. SAC Relays, (from the left), **Quincy Watts** chases **Ricky Ervins** of Muir who in turn is chasing **Curtis Conway** of Hawthorne.

Laurie Smith of Valley, Elk Grove (Sac-Joaquin) leads Cordova's Tammy Wagner in winning the 100lh at the Sacramento County Meet, in a time of 14.6.





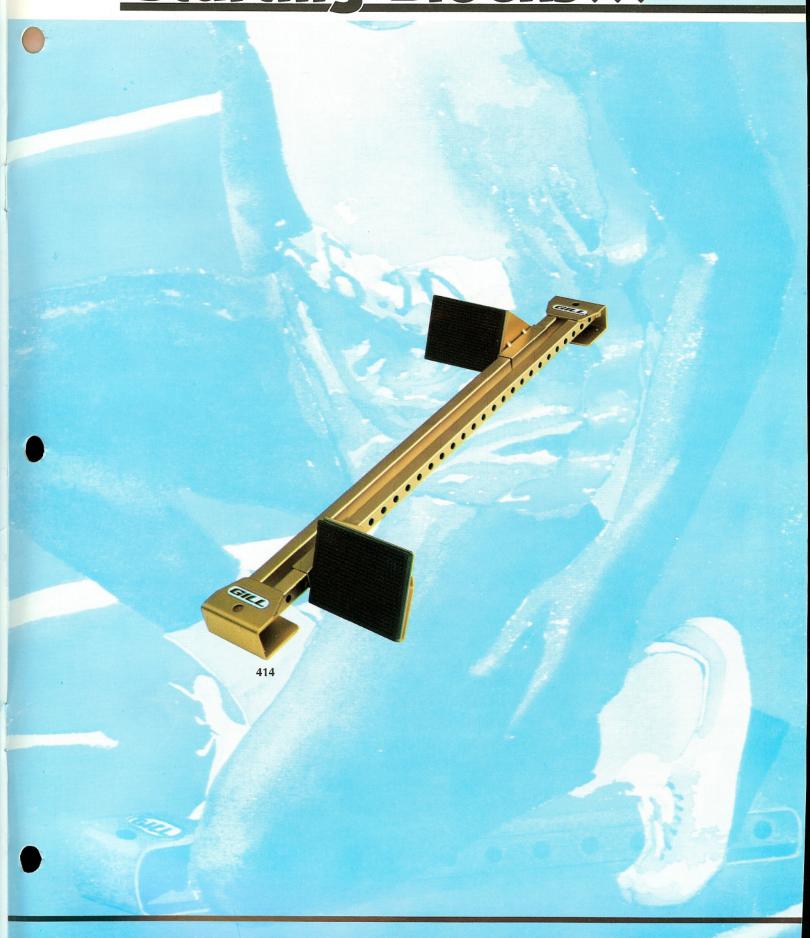
**Rick Fuller** of Arroyo H.S. (El Monte-Southern Section) has thrown 62' which puts him up with top group in the state.

4	POLE VAULT/Boys					
	1957 Voyce Hendrix (Riverdale)	13-6	1981 Antonio Dobbins (Burroughs, Ridgecrest)	180-10	1975 Johnny Washington (Fremont, L.A.)	7-0
	1958 JohnRose (Hoover, Glendale)	14-1	1982 Antonio Dobbins (Burroughs)	191-1	1976 John Lane (American, Fremont)	6-11
	1959 Bob Looney (Santa Barbara)	13-8¾	1983 Barry Estes (Clovis)	183-4	1977 Dennis Smith (Santa Monica)	7-2
	1960 Mike Flanagan (Ganesha, Pomona) Gary Dow (Anaheim)	13-3	1984 Tambi Wenj (Fountain Valley)	185-11	1978 Brad Harris (Los Alamitos)	6-11
	1961 Mike Graves (El Cajon)	14-21/4	1985 Brian Bluetreich (Capistrano Valley, Mission Viejo)	203-4	1979 Lee Balkin (Glendale) 1980 Greg Denby (Crenshaw, L.A.)	7-3¼ 6-10
	1962 Eric Berge (Costa Mesa)		1986 Jeff Hooper (Del Campo, Fair Oaks)	187-4	1981 Anthony Caire (Pius X, Downey)	7-1
	Bob Richardson (Ganesha, Pomona)	337223			1982 Maurice Crumby (Balboa, San Francisco)	7-2
	1963 Bill Fosdick (Hill, San Jose) 1964 Paul Wilson (Warren, Downey)	14-8¾ 15-4¼			1983 Kenny Burke (Westlake) 1985 Mark Webster (Homestead, Cupertino)	7-0 <sup>7</sup> 6-9
	1965 Paul Wilson (Warren)	15-61/2	SHOT PUT/Girls		1986 Derrick Moore (Millikan, Long Beach)	6-10
	1966 Wayne Meyes (Foothill, Sacramento)	15-03/4	1974 Kathy Devine (Mission Bay, San Diego)	47-41/2		
	1967 Tom Reynolds (Morningside, Inglewood)	14-10	1975 Kathy Devine (Mission Bay)	42-33/4		
	1968 Steve Smith (South, Torrance) 1969 Steve Smith (South)	15-3½ 16-0	1976 Becky Daniel (Newport Harbor)	42-93/4	LONG JUMP/Girls	
	1970 Tom Lindsay (LaSierra, Carmichael)	14-101/2	1977 Debra Thorntana (Sacramento) 1978 Kerry Zwart (Crescenta Valley)	43-9 45-11½	1974 Jodi Anderson (Washington, L.A.)	19-7
	1971 Tim Quinn (Monroe, Sepulveda)	15-2	1979 Susie Ray (Villa Park)	48-41/2	1975 Jodi Anderson (Washington, L.A.)	19-61/2
	1972 Hubert Black 1973 Tim Curran (Crispi, Encino)	15-2 16-2¾	1980 Natalie Kaaiawahia (Fullerton)	48-41/2	1976 Jodi Anderson (Washington, L.A.)	20-01/4
	1974 Jim Knaub (Lakewood)	10-274	1981 Natalie Kaaiawahia (Fullerton) 1982 Natalie Kaaiawahia (Fullerton)	51-8½ 50-3	1977 Lisa Gourdine (El Toro) 1978 Kathy Hayes (Madera)	19-1 19-3
	1975 Kieth Schimmel (Villa Park)	15-6	1983 Natalie Kaaiawahia (Fullerton)	52-71/2	1979 Gwen Loud (Westchester)	20-41/2
	1976 Tim Hintnaus (Aviation, Redondo Beach) 1977 Anthony Curran (Crespi, Encino)	15-2 16-0	1984 Pam Alexander (Arlington)	46-31/2	1980 Marlene Harmon (Thousand Oaks)	20-83/4
	1978 Anthony Curran (Crespi)	17-01/4	1985 Elaina Oden (Irvine) 1986 Brandi Gail (Rowland, Hacienda Hills)	46-11¾ 45-2¼	1981 Chris Mose (El Cajon) 1982 Wendy Brown (Woodside)	18-10¼ 19-10½
	1979 Clark Eliot (Bellflower)	15-6	1980 Biandi Gali (nowland, nacienda nilis)	45-274	1983 Gail Devers (Sweetwater)	19-6
	1980 Greg Stull (Troy, Fulleton)	15-10			1984 Wendy Brown (Woodside)	20-93/4
	1981 Doug Wicks (South, Bakersfield) 1982 Scott Christensen (Acalances)	15-2 15-6	TRIPLE JUMP/Girls		1985 Yvette Roberts (Washington Union, Easton)	19-1 20-4¾
	1983 Mike Kibort (Saratoga)	15-6	1982 Wendy Brown (Woodside)		1986 Madette Smith (Quartz Hills)	20-4%
	1984 Moen Ivar (Los Gatos)	16-2	1983 Wendy Brown (Woodside)	40-3		
	1985 Brent Burns (Acalanes, Lafayette) 1986 Steve Toney (Menlo-Atherton, Atherton)	16-2 16-2	1984 Wendy Brown (Woodside)	42-101/2	CHOT DUT /Paus	
	1980 Steve Toney (Memo-Atherton, Atherton)	10-2	1985 Shiela Hudson (Rio Linda)	41-10w	SHOT PUT/Boys	200220
			1986 Felicia Harris (San Lorenzo)	40-2	1957 Clark Branson (Pasadena) 1958 Jack Slocombe (Millikan, Long Beach)	64-03/4
					1959 Mike Parker (Turlock)	57-8
	DISCUS/Girls		LONG HIMP /P		1960 Mattahew Baggett (Berkeley)	60-7
	1976 Kathy Middleton (Poway)	134-5	LONG JUMP/Boys		1961 Bill Pace (El Rancho, Pico Rivera) 1962 Jim O'Brien (DeAnza, Richmond)	64-3½ 62-2¼
_	1977 Karen Stampfil (Lassen, Susanville)	137-8	1957 Luther Hayes (Lincoln, San Diego) 1958 Steve Rogers (Brawley)	23-81/2	1963 Bruce Wilshelm (Fremont, Sunnyvale)	63-434
	1978 Christi Pyle (Hoover, Glendale) 1979 Leslie Deniz (Gridley)	149-3 167-1	1959 Efften Jones (Delano)	24-6 23-5¾	1964 Bob Brannan (Los Gatos)	62-71/4
	1980 Leslie Deniz (Gridley)	172-11	1960 Walt Roberts (Compton)	24-71/4	1965 Steve Marcus (Pacific Palisades)	63-111/4
	1981 Natalie Kaaiawahia (Fullerton)	162-10	1961 Robert McKeever (Fremont, L.A.)	24-3	1966 John Hubbell (Polytechnic, Long Beach) 1967 John Buehler (Whittier)	66-11 65-31/4
	1982 Jacque Norton (Mission Viejo)	160-2	1962 James Kennedy (Lincoln, San Diego) 1963 Jerry Williamis (Berkeley)	24-53/4	1968 Pete Schmonck (San Dieguito, Encinitas)	63-11
	1983 Natalie Kaaiawahia (Fullerton) 1984 Stacy Hom (Cordova)	170-1 159-1	1964 Bobby Bonds (Polytechnic, Riverside)	25-3	1969 Sam Cunningham (Santa Barbara)	61-2
	1985 Lill Lli (Nogales, La Puente)	162-2	1965 Manuel Murrell (Polytechnic, Long Beach)	24-93/4	1970 Randy Withrow (Pasadena) 1971 Mark Stevens (Newport Harbor)	63-8¾ 67-2¼
	1986 Tracy Crawford (South East, San Diego)	156-2	1966 Doyle Steel (San Diego)	25-31/4	1972 Randy Cross (Crespi, Encino)	65-71/4
			1967 Jerry Proctor (Muir, Pasadena) 1968 Heulon Hewitt (Merced)	25-4½ 24-7	1973 Jim Niedhart (Newport Harbor)	67-31/4
			1969 Lynn Swann (Serra, San Mateo)	24-23/4	1974 Dave Kurrasch (Santa Ana)	63-101/2
	HIGH JUMP/Girls		1971 Randy Williams (Edison, Fresno)	26-31/4	1975 Dave Kurrasch (Newport Harbor) 1976 Steve Montgomery (Lassen, Susanville)	65-9½ 68-0
	1974 Pam Blackburn (Cubberley, Palo Alto)	5-8	1972 Carl McCullough (Sacramento) 1973 Jerry Herndon (Cajon, San Bernardino)	24-7 25-4½	1977 Craig Polley (Sunny Hills, Fullerton)	62-41/4
	1975 Kim Maddox (Los Angeles)	5-8	1974 James Lofton (Washington, L.A.)	24-31/2	1978 Dave Porath (Atwater)	65-1034
	1976 Kari Gosswiller (Upland) 1977 Kari Gosswiller (Upland)	5-10 5-9	1975 Paul Wilson (Fontana)	24-81/2	1979 Don Mosebar (Mt. Whitney, Visalia) 1980 Scott Garnett (Muir Pasadena)	62-6¾ 64-4¼
	1978 Sue McNeal (Carlsbad)	5-101/4	1977 Kurt Durham (Oakland) 1978 Dokie Williams (El Camino, Oceanside)	25-0¾ 25-1¼	1981 John Frazier (Antelope Valley, Lancaster)	63-83/4
	1979 Tonya Alston (Chico)	5-9	1979 George Gaffney (Lemoore)	24-13/4	1982 Pat Kyle (Buena Park)	60-4
	1980 Karen Lysaght (St. Francis, Sacramento) 1981 Katrina Johnson (Marshall, Pasadena)	6-0	1980 Charles Mayfield (Muir, Pasadena)	23-43/4	1983 Curt Siscel (Vacaville) 1984 Brian Blutreich (Capistrano Valley)	63-9½ 64-7¼
	1982 Katrina Johnson (Marshall, Pasadena)	5-10 5-11	1981 Ed Tave (Muir, Pasadena) 1982 Cornell Archie (Norte Del Rio)	25-0½ 24-4¾	1985 Brian Blutreich (Capistrano Valley)	68-4
	1983 Tonya Mendonca (Mt. Whitney, Visalia)	6-1	1983 Johnny Cleveland (Soquel)	24-61/2	1986 Brian Boggess (El Captain, Lakeside)	61-4
	1984 Wendy Brown (Woodside)	6-11/4	1984 Joe Richardson (Pasadena)	24-11		
	1985 Latrese Johnson (Clovis) 1986 Yleana Carrasco (Anaheim)	6-2 5-10	1985 Larry Nelson (Simi Valley) 1986 Curtis Rodgers (Johnson, Sacramento)	24-3¼ 23-10		
			rood data floogers (doffison, dacraffento)	20-10	TRIPLE JUMP/Boys	
					1939 Jack Laughner (Wilson, Long Beach)	44-81/2
	DISCUS /Rove		HIGH JUMP/Boys		1973 Willie Banks (Oceanside)	49-71/4
	DISCUS/Boys	170 4			1974 Willie Banks (Oceanside) 1975 Mike Dobbins (Merced)	50-9 49-3
	1959 Ron Sindow (San Rafael) 1960 Alex Darnes (Polytechnic, S.F.)	176-1 178-8	1957 Robert Avant (Hart, Newhall) 1958 Ray Nickleberry (Oxnard)	6-8	1976 Greg Caldwell (Fremont, Los Angeles)	51-8½w
	1961 Bob Stoecker (Los Altos)	188-61/2	Paul Stuber (Bellflower)	6-8	1977 Dokie Williams (El Camino, Oceanside)	511/2
	1962 Bob Stoecker (Los Altos)	185-11½	1959 Paul Stuber (Bellflower)	6-71/4	1978 Dokie Williams (El Camino)	50-41/4 48-21/2
	1963 Stan McDonald (Edison, Fresno) 1964 Bill Staley (Las Lomas, Walnut Creek)	178-1 181-2	1960 Archie Green (Oakland) Roger Olsen (Willow Glen, San Jose)	6-61/4	1979 Henry Ellard (Hoover, Fresno) 1980 Freeman Miller (Freemont, Los Angeles)	50-8
	1965 Bruce Naglee (Baltimore, San Jose)	172-31/2	1961 Richard Jones (Bakersfield)	6-81/4	1981 Ken Frezier (Mission, San Francisco)	50-103/4
	1966 Jim Peters (Piedmont)	189-1	1962 Richard Jones (Bakersfield)		1982 Archie Cornell (Fresno)	50-31/4
	1967 Fred DeBernardi (Hart, Newhall) 1968 Bory Kenward (San Marcos, Santa Barbara)	178-2 183-11	Otis Burrell (Lefferson, L.A.)  Bob Channell (McLane, Fresno)	R-714	1983 Torrey Barr (McLane, Fresno) 1984 Joe Richardson (Pasadena)	50-2½ 51-8¼
	1968 Rory Kenward (San Marcos, Santa Barbara) 1969 Chris Adams (Los Altos)	188-0	Bob Channell (McLane, Fresno) 1963 Ed Caruthers (Valley, Santa Ana)	6-7½ 6-8	1985 Terrence Strong (Bakersfield)	51-91/2w
	1970 Chris Adams (Los Altos)	201-3	1964 Gregg Heet (Lowell, Whittier)	6-73/4	1986 Marcus Hooks (Lakewood)	51-41/4
	1971 Bob Otto (Porterville)	184-9	1965 Ken Brown (Castlemont, Oakland)	6-81/2		
	1972 Scott Overton (Los Altos) 1973 Lonnie Shelton (Foothill, Bakersfield)	185-10	1966 Tom Clyburn (Balboa, San Francisco) 1967 Reynaldo Brown (Compton)	6-10 6-9¼		
	1974 Ray Burton (Vacaville)	193-0	1968 Reynaldo Brown (Compton)	7-0	400-METER RELAY/Girls	
	1975 Mike Alberg (Lodi)	171-11	1969 Reynaldo Brown (Compton)	7-0	1974 Berkeley	
	1976 Scott Endler (Hoover, Fresno)	192-10	1970 Jerry Culp (Oceanside)	7-01/4	1975 Muir, Pasadena	
	1977 David Thompson (Santa Ynez) 1978 David Porath (Atwarer)	190-0 199-5	1971 Dwight Stones (Glendale) 1972 Carl Miles (Polytechnic, Long Beach)	7-1½ 6-10	1976 Muir, Pasadena 1977 Crawford, San Diego	
	1979 Hand Kraychir (San Jacinto)	192-9	1973 Randy Turner (Wilson, San Francisco)	6-6	1978 Jordan, Los Angeles	
	1980 Paul Dender (Shafter)	192-9	1974 Charles Hatch (Wilson, San Francisco)	7-0	1979 Westchester	

#### CIF Champions / Continued from page 51

1980 Kennedy, Granada Hills 1981 Berkeley		110-METER HIGH HURDLES/Boys		100-METER DASH/Boys	
1982 Dorsey, Los Angeles		1957 Ken Overholser (Glendale)	14.3	1957 Preston Griffin (Centennial, Compton)	
983 Hawthorne	46.56	1958 Floyd James (Centennial, Compton) 1959 Bob Pierce (Burbank)	14.1 14.3	1958 Huble Watson (Jordan, L.A.) 1959 Bill Cowings (Fowler)	
984 Hawthorne 985 Hawthorne	45.99	1960 Robert Bonds (Polytechnic, Riverside)	13.9	1960 Bill Cowings (Fowler)	,
986 Hawthorne	45.95 45.54	1961 Abe Johnson (McClymonds, Oakland)	14.2w	1961 Forrest Beaty (Hoover, Glendale)	
	40.04	1962 Ron White (Dorsey, L.A.)	14.0	1962 Forrest Beaty (Hoover)	,
		1963 Carl Davis (Compton)	13.9	1963 Alvin Mann (Edison, Fresno)	,
IOO METTER RELAYIN		1964 Earl McCullouch (Polytechnic, Long Beach)	14.1	1964 Jim Hines (McClymonds, Oakland)	
IOO-METER RELAY/Boys		1965 Bill Persons (San Francisco) Rich Miller (Monrovia)	13.8	1965 Harold Busby (Muir, Pasadena)	
968 Centennial, Compton		1966 Donald Parish (Dorsey, L.A.)	13.9	1966 Phil Underwood (Dorsey, L.A.) 1967 Mel Gray (Montgomery, Santa Rosa)	!
969 Castlemont, Oakland		1967 Jerry Proctor (Muir, Pasadena)	13.7	1968 Bob Ballard (Bellflower)	
970 Santa Ana		1968 Kerry Hampton (Polytechnic, San Francisco)	14.0	1969 Willie Robinson (Central, El Centro)	
971 El Cerito		1969 Jerry Wilson (Roosevelt, Fresno)	13.7	1970 Alle Carter (Bonita, LaVerne)	
972 Wilson, San Francisco 973 Wilson, San Francisco		1970 Alfonzo Hall (Morningside, Inglewood)	13.9	1971 George Reddick (Hamilton, L.A.)	1
974 Kennedy, Richmond		1971 Charles Jackson (Lompoc)	13.6w	1972 Carl McCullough (Sacramento)	
975 Ells, Richmond		1972 Daniel Jones (Palo Verde, Blythe) 1973 Mike Johnson (Pasadena)	13.6 13.6w	1973 Elijah Jefferson (Crawford, San Diego)	9.0
976 Kennedy, Barstow		1974 Fred Shaw (Muir, Pasadena)	13.7	1974 Elijah Jefferson (Crawford) 1975 Kevin William (San Fernando)	
977 Pasadena		1975 Robert Gains (Kennedy, Richmond)	13.3	1976 Billy Mullins (Hamilton, L.A.)	10
978 El Ceritto		1976 Lloyd Jones (Ganesha, Pomona)	14.5	1977 David Russell (Henry, San Diego)	9.
979 Pasadena		1977 Phillip Johnson (Gardena)	13.66	1978 Michael Sanford (Pasadena)	9.
980 Washington, Los Angeles 981 Berkeley		1978 Milan Stewart (West Covina)	13.97	1979 Bill Green (Cubberley, Palo Alto)	9.
982 Oakland		1979 Jim Scannella (San Ramon, Danville)	13.87	1980 Howard Hawkins (Warren, Downey)	10.
983 Edison, Fresno		1980 Don Ward (St. Mary's, Berkeley) 1981 David Ashford (West Covina)	13.73	1981 Ken Robinson (Berkeley)	10.
984 Berkeley	40.83	1982 Steve Kerho (Mission Viejo)	13.67 13.41	1982 Lew Dunn (North, Riverside)	10.
985 Muir, Pasadena	41.32	1983 Mark Boyd (St. Mary's, Berkeley)	13.41	1983 Steve Jones (Burbank, Sacramento) 1984 Henry Thomas (Hawthorne)	10. 10.
986 Johnson, Sacramento	41.30	1984 Raymond Young (Hawthorne)	14.32	1985 Ron McCree (Madera)	10.
		1985 Robert Reading (St. Mary's, Berkeley)	13.88	1986 Ron McCree (Madera)	10.
		1986 Terry Johnson (Katella, Anaheim)	13.88		
600 METER RUN/Girls				800-METER RUN/Girls	
374 Jill Caldwell (Westminster)	5:02.2	400-METER DASH/Girls		1974 Kathy Costello (Pleasant Hill)	2:10
75 Kathy Costello (Pleasant Hill)	4:53.5	1974 Veronica Venezis (Terra Linda, San Rafael)	56.4	1974 Kathy Costello (Pleasant Hill) 1975 Kathy Costello (Pleasant Hill)	2:10
76 Linda Broderick (Tamalpais, Mill Valley)	4:56.8	1974 Veronica Venezis (Terra Linda, San Rafaei) 1975 Jodi Anderson (Washington, L.A.)	56.4 55.3	1976 Alice Trumbley (Coalinga)	2:1:
77 Linda Goen (North, Bakersfield)	4:47.8	1976 Marquite Belk (Silver Creek, San Jose)	55.2	1977 Ann Regan (Camden, San Jose)	2:0
78 Cheri Williams (Livermore)	4:44.95 4:51.08	1977 Valerie Brisco (Locke, L.A.)	55.14	1978 Ann Regan (Camden)	2:07.
179 Linda Goen (North, Bakersfield) 180 Polly Plumer (University, Irvine)	4:46.71	1978 Arlise Emerson (Westminster)	54.3	1979 Ann Regan (Camden)	2:10.
81 Polly Plumer (University)	4:42.43	1979 Sherri Howard (San Gorgonio, San Bernardino)	53.65	1980 Marilyn Davis (Miramonte, Orinda)	2:09.
82 Polly Plumer (University)	4:44.93	1980 Denean Howard (Kennedy, Granada Hills)	53.04	1981 Donna Curtis (Culver City)	2:06.
83 Cory Schubert (Del Mar, San Jose)	4:44.93	1981 Gervaise McGraw (Ganesha, Pomona)	54.15	1982 Rennie Durand (Laguna Beach) 1983 Kerri Zaleski (Millikan, L.B.)	2:06. 2:06.
984 Shannon Clark (Mt. View)	4:47.52	1982 Denean Howard (Kennedy, Granada Hills) 1983 Leslie Maxie (Mills, Millbrae)	52.39 53.19	1984 Trena Hull (Compton)	2:04.
985 Shannon Clark (Mt. View)	4:49.14	1984 Choo Choo Knighten (Locke)	52.67	1985 Kristen Dowell (Santa Teresa, San Jose)	2:10.
986 Darcy Arreola (Grossmont, Le Mesa)	4:45.13	1985 ChooChoo Knightrn (Locke)	52.78	1986 Laura Chapel (University City, San Diego)	2:08.
		1986 Princess Bennett (Compton)	53.56		
600 METER RUN/Boys		400 METER RACH /P		800-METER RUN/Boys	
957 Tim Roelen (San Fernando)	4:20.2	400-METER DASH/Boys			0.02
958 Woody Covington (Compton)	4:23.7	1958 Dixon Farmer (Miramonte, Orinda)	48.6	1957 Jim Cerveny (Mission Bay, San Diego)	1:5:
959 Dale Story (Orange)	4:11.0	1959 Dixon Farmer (Miramonte)	48.6	1958 Alfred Gentry (Fremont, L.A.) 1959 Dave Dunbar (Westmoor, Daly City)	1:5
960 Ben Tucker (Polytechnic, San Francisco)	4:14.3	1960 Ulis Williams (Compton)	47.2	1960 Ray VanAsten (Bonita, LaVerne)	1:5: 1:5
961 Bruce Bess (La Habra)	4:18.8	1961 Ulis Williams (Compton) 1962 Manual Diaz (Keppel, Alhambra)	47.8	1961 Mike Gibeau (Lincoln, San Francisco)	1:5
962 Dennis Carr (Lowell, Whittier)	4:08.7	1963 Tommie Smith (Lemoore)	47.8 47.3	1962 Doug Parker (Chico)	1:53
963 Tracy Smith (Arcadia)	4:14.4	1964 Fred Banks (Jefferson, L.A.)	47.5	1963 Dennis Carr (Lowell, Whittier)	1:50
964 Mike Ryan (Wilcox, Santa Clara) 965 Tim Danielson (Chula Vista)	4:11.2 4:08.0	1965 Randy Julian (Bolsa Brande, Garden Grove)	47.4	1964 Bob Hose (Madison, San Diego)	1:5
966 Tim Danielson (Chula Vista)	4:07.0	1966 Mike Newton (Whittier)	47.2	1965 Richard Joyce (Sierra, Whittier)	1:48
967 Mike Solomon (Westminster)	4:11.4	1968 Edesel Garrison (Centennial, Compton)	46.7	1966 Terry Rogers (Hilltop, Chula Vista)	1:5
968 Clifton West (Kennedy, Sacramento)	4:09.0	1969 Larance Jons (Lemoore)	46.8	1967 Lawrence Banks (Dorsey, L.A.)	1:5
969 Decker Underwood (South, Torrance)	4:12.1	1970 Rick Brown (Los Altos)	47.8	1968 George Alfaro (Pittsburg)	1:53
70 Brent Tubb (Cleveland, Reseda)	4:12.9	1971 Tony Kryosiak (Garden Grove)	46.7	1969 Ricco Sanchez (Canoga Park) 1970 Rick Brown (Los Altos)	1:5
971 Brent Tubb (Cleveland)					
972 Mark Schilling (Garden Grove)	4:09.6	1972 Robert Harrell (Santa Ana)	47.4		1:50
	4:05.4	1973 Ron Whitaker (Wilson, San Francisco)	47.0	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito)	1:50 1:5
73 Alvin Gilmore (Lompoc)	4:05.4 4:11.4	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova)	47.0 47.7	1971 Percell Keeling (Morningside, Inglewood)	1:5 1:5 1:4
973 Alvin Gilmore (Lompoc) 974 Rick Kimball (De La Salle, Concord)	4:05.4 4:11.4 4:06.6	1973 Ron Whitaker (Wilson, San Francisco)	47.0	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank)	1:50 1:5 1:49 1:53
173 Alvin Gilmore (Lompoc) 174 Rick Kimball (De La Salle, Concord) 175 John Johnson (Skyline, Oakland)	4:05.4 4:11.4 4:06.6 4:09.5	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena)	47.0 47.7 47.2	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose)	1:5 1:5 1:4 1:5 1:5 1:5
173 Alvin Gilmore (Lompoc) Isick Kimball (De La Salle, Concord) 175 John Johnson (Skyline, Oakland) 176 Jim Arriola (Gahr, Cerritos)	4:05.4 4:11.4 4:06.6	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto)	47.0 47.7 47.2 47.6 46.60 46.77	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont)	1:5 1:5 1:4 1:5 1:5 1:5
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego)	47.0 47.7 47.2 47.6 46.60 46.77 47.28	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa)	1:5 1:4 1:5 1:5 1:5 1:5 1:5
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University, LA.) 79 Paul Medvin (University)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:5
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University) 80 Larry Guinee (Castro Valley)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:5 1:4 1:53
773 Alvin Gilmore (Lompoc) 774 Rick Kimball (De La Salle, Concord) 775 John Johnson (Skyline, Oakland) 776 Jim Arriola (Gahr, Cerritos) 777 Mark Stillman (Willow Glen, San Jose) 778 Paul Medvin (University, L.A.) 779 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:4 1:53 1:50
773 Alvin Gilmore (Lompoc) 774 Rick Kimball (De La Salle, Concord) 775 John Johnson (Skyline, Oakland) 776 Jim Arriola (Gahr, Cerritos) 777 Mark Stillman (Willow Glen, San Jose) 778 Paul Medvin (University, LA.) 79 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:4 1:53 1:50 1:47
773 Alvin Gilmore (Lompoc) 774 Alvin Gilmore (Lompoc) 775 John Johnson (Skyline, Oakland) 775 John Johnson (Skyline, Oakland) 776 Jim Arriola (Gahr, Cerritos) 777 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University, LA.) 78 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.82	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:4 1:53 1:50 1:50
773 Alvin Gilmore (Lompoc) 774 Rick Kimball (De La Salle, Concord) 775 John Johnson (Skyline, Oakland) 776 Jim Arriola (Gahr, Cerritos) 777 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University) 78 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka) 84 Roman Gomez (Belmont)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50 1:5
73 Alvin Gilmore (Lompoc)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.05	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield)	1:50 1:44 1:53 1:55 1:55 1:55 1:55 1:50 1:50 1:50.
773 Alvin Gilmore (Lompoc) 774 Rick Kimball (De La Salle, Concord) 775 John Johnson (Skyline, Oakland) 776 Jim Arriola (Gahr, Cerritos) 777 Mark Stillman (Willow Glen, San Jose) 778 Paul Medvin (University, LA.) 789 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka) 84 Roman Gomez (Belmont) 85 Roman Gomez (Belmont)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.82 4:09.05 4:15.93	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge)	1:50 1:42 1:55 1:55 1:55 1:55 1:50 1:50 1:50 1:47. 1:49.
173 Alvin Gilmore (Lompoc) 175 John Johnson (Skyline, Oakland) 176 John Johnson (Skyline, Oakland) 177 Mark Stillman (Willow Glen, San Jose) 178 Paul Medvin (University, LA.) 179 Paul Medvin (University) 180 Larry Guinee (Castro Valley) 181 Jef Scott (El Camino, Sacramento) 182 Tom Grewe (Carpenteria) 183 Jim Frey (Yreka) 184 Roman Gomez (Belmont) 185 Roman Gomez (Belmont) 186 Mark Mastilir (Jesuit, Carmichael)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.82 4:09.05 4:15.93	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50
173 Alvin Gilmore (Lompoc) 174 Riick Kimball (De La Salle, Concord) 175 John Johnson (Skyline, Oakland) 176 Jim Arriola (Gahr, Cerritos) 177 Mark Stillman (Willow Glen, San Jose) 178 Paul Medvin (University, LA.) 179 Paul Medvin (University) 180 Larry Guinee (Castro Valley) 181 Jef Scott (El Camino, Sacramento) 182 Tom Grewe (Carpenteria) 183 Jim Frey (Yreka) 184 Roman Gomez (Belmont) 185 Roman Gomez (Belmont) 186 Mark Mastilir (Jesuit, Carmichael)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:08.18 4:10.06 4:08.05 4:08.82 4:09.05 4:15.93 4:07.81	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Steve Lewis (American, Fresno)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50
173 Alvin Gilmore (Lompoc) 175 John Johnson (Skyline, Oakland) 176 John Johnson (Skyline, Oakland) 177 Mark Stillman (Willow Glen, San Jose) 178 Paul Medvin (University, LA.) 179 Paul Medvin (University) 180 Larry Guinee (Castro Valley) 181 Jef Scott (El Camino, Sacramento) 182 Tom Grewe (Carpenteria) 183 Jim Frey (Yreka) 184 Roman Gomez (Belmont) 185 Roman Gomez (Belmont) 186 Mark Mastilir (Jesuit, Carmichael)  187 O-METER LOW HURDLES/Girls 174 Yvonne Boone (Fremont, Oakland)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.05 4:15.93 4:07.81	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7 46.59	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50
173 Alvin Gilmore (Lompoc) 174 Rick Kimball (De La Salle, Concord) 175 John Johnson (Skyline, Oakland) 176 Jim Arriola (Gahr, Cerritos) 177 Paul Medvin (University, LA.) 178 Paul Medvin (University, LA.) 179 Paul Medvin (University) 180 Larry Guinee (Castro Valley) 181 Jef Scott (El Camino, Sacramento) 182 Tom Grewe (Carpenteria) 183 Jim Frey (Yreka) 184 Roman Gomez (Belmont) 185 Roman Gomez (Belmont) 186 Mark Mastilir (Jesuit, Carmichael) 196 METER LOW HURDLES/Girls 174 Yvonne Boone (Fremont, Oakland) 175 Yvonne Boone (Fremont, Oakland)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.82 4:09.05 4:15.93 4:07.81	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)  100-METER DASH/Girls 1974 Janice Wiser (La Jolla) 1975 Sanda Howard (Manual Arts, L.A.)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7 46.59	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke, L.A.) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50 1:5
173 Alvin Gilmore (Lompoc) 174 Alvin Gilmore (Lompoc) 175 John Johnson (Skyline, Oakland) 176 Jim Arriola (Gahr, Cerritos) 177 Mark Stillman (Willow Glen, San Jose) 178 Paul Medvin (University, LA.) 179 Paul Medvin (University) 180 Larry Guinee (Castro Valley) 181 Jef Scott (El Camino, Sacramento) 182 Tom Grewe (Carpenteria) 183 Jim Frey (Yreka) 184 Roman Gomez (Belmont) 185 Roman Gomez (Belmont) 186 Mark Mastilir (Jesuit, Carmichael) 196 METER LOW HURDLES/Girls 174 Yvonne Boone (Fremont, Oakland) 175 Yvonne Boone (Fremont) 176 Tuti Lee (Merced)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:08.15 4:08.82 4:08.82 4:09.05 4:08.82 4:07.81	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)  100-METER DASH/Girls 1974 Janice Wiser (La Jolla) 1975 Sanda Howard (Manual Arts, L.A.) 1976 Pam Waters (Bell) 1977 Jeanette Bolden (Centennial, Compton)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7 46.59	1971 Percell Keeling (Morníngside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke, L.A.) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)  300-METER LOW HURDLES/Girls 1981 Audrey Williams (Saugus) 1982 Gayle Kellon (Walnut)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50 1:5
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University, LA.) 79 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka) 84 Roman Gomez (Belmont) 85 Roman Gomez (Belmont) 86 Mark Mastilir (Jesuit, Carmichael)  10-METER LOW HURDLES/Girls 74 Yvonne Boone (Fremont, Oakland) 75 Yvonne Boone (Fremont) 76 Tuti Lee (Merced) 77 Kris Costello (Lynbrook, San Jose)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.05 4:15.93 4:07.81	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)  100-METER DASH/Girls 1974 Janice Wiser (La Jolla) 1975 Sanda Howard (Manual Arts, L.A.) 1976 Pam Waters (Bell) 1977 Jeanette Bolden (Centennial, Compton) 1978 Kella Bolton (Hill, San Jose)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7 46.59	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke, L.A.) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50 1:5
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University, LA.) 79 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka) 84 Roman Gomez (Belmont) 85 Roman Gomez (Belmont) 86 Mark Mastilir (Jesuit, Carmichael)  70 METER LOW HURDLES/Girls 74 Yvonne Boone (Fremont, Oakland) 75 Yvonne Boone (Fremont) 76 Tuti Lee (Merced) 77 Kris Costello (Lynbrook, San Jose) 78 Kris Costello (Lynbrook)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:08.15 4:08.82 4:08.82 4:09.05 4:08.82 4:07.81	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)  100-METER DASH/Girls 1974 Janice Wiser (La Jolla) 1975 Sanda Howard (Manual Arts, L.A.) 1976 Pam Waters (Bell) 1977 Jeanette Bolden (Centennial, Compton) 1978 Kella Bolton (Hill, San Jose) 1979 Gwen Loud (Westchester)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7 46.59	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)  300-METER LOW HURDLES/Girls 1981 Audrey Williams (Saugus) 1982 Gayle Kellon (Walnut)	1:5 1:5 1:4 1:5 1:5 1:5 1:50 1:50 1:50 1:50 1:50 1:
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University, LA.) 79 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka) 84 Roman Gomez (Belmont) 85 Roman Gomez (Belmont) 86 Mark Mastilir (Jesuit, Carmichael)  76 METER LOW HURDLES/Girls 77 Yvonne Boone (Fremont) 78 Yvonne Boone (Fremont) 79 Tuti Lee (Merced) 70 Kris Costello (Lynbrook, San Jose) 70 Rome Varborough (Clovis)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.82 4:09.05 4:15.93 4:07.81	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)  100-METER DASH/Girls 1974 Janice Wiser (La Jolla) 1975 Sanda Howard (Manual Arts, L.A.) 1976 Pam Waters (Bell) 1977 Jeanette Bolden (Centennial, Compton) 1978 Kella Bolton (Hill, San Jose) 1979 Gwen Loud (Westchester) 1980 Sharon Ware (Berkeley)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7 46.59	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke, L.A.) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)  300-METER LOW HURDLES/Girls 1981 Audrey Williams (Saugus) 1982 Gayle Kellon (Walnut) 1983 Gayle Kellon (Walnut) 1984 Leslie Maxie (Mills)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50 1:5
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University, LA.) 79 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka) 84 Roman Gomez (Belmont) 85 Roman Gomez (Belmont) 86 Mark Mastilir (Jesuit, Carmichael)  70 METER LOW HURDLES/Girls 74 Yvonne Boone (Fremont, Oakland) 75 Yvonne Boone (Fremont) 76 Tuti Lee (Merced) 77 Kris Costello (Lynbrook, San Jose) 78 Kris Costello (Lynbrook) 79 Janet Yarborough (Clovis) 80 Judy Young (Berkeley) 81 Sherifa Sanders (Berkeley)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.82 4:09.05 4:15.93 4:07.81 11.1 10.7 13.83 14.01 13.52w 13.74	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)  100-METER DASH/Girls 1974 Janice Wiser (La Jolla) 1975 Sanda Howard (Manual Arts, L.A.) 1976 Pam Waters (Bell) 1977 Jeanette Bolden (Centennial, Compton) 1978 Kella Bolton (Hill, San Jose) 1979 Gwen Loud (Westchester) 1980 Sharon Ware (Berkeley) 1981 Sharon Ware (Berkeley)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7 46.59	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke, L.A.) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)  300-METER LOW HURDLES/Girls 1981 Audrey Williams (Saugus) 1982 Gayle Kellon (Walnut) 1983 Gayle Kellon (Walnut) 1984 Leslie Maxie (Mills) 1985 Leslie Maxie (Mills) 1985 Leslie Maxie (Mills, Millbrae)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50 1:5
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University, LA.) 79 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka) 84 Roman Gomez (Belmont) 85 Roman Gomez (Belmont) 86 Mark Mastilir (Jesuit, Carmichael)  70 METER LOW HURDLES / Girls 71 Yvonne Boone (Fremont, Oakland) 72 Yvonne Boone (Fremont) 73 Kris Costello (Lynbrook, San Jose) 74 Kris Costello (Lynbrook) 75 Janet Yarborough (Clovis) 76 Judy Young (Berkeley) 77 Strifa Sanders (Berkeley) 78 Natalie Spinks (Skyline)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.82 4:09.05 4:15.93 4:07.81 11.1 10.1 10.7 13.87 13.87 13.88	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)  100-METER DASH/Girls 1974 Janice Wiser (La Jolla) 1975 Sanda Howard (Manual Arts, L.A.) 1976 Pam Waters (Bell) 1977 Jeanette Bolden (Centennial, Compton) 1978 Kella Bolton (Hill, San Jose) 1979 Gwen Loud (Westchester) 1980 Sharon Ware (Berkeley) 1981 Sharon Ware (Berkeley) 1982 Gervaise McGraw (Ganesha, Pomona)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7 46.59 10.8 10.7 11.0 10.48w 10.92 11.42 11.66 11.69	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke, L.A.) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)  300-METER LOW HURDLES/Girls 1981 Audrey Williams (Saugus) 1982 Gayle Kellon (Walnut) 1983 Gayle Kellon (Walnut) 1984 Leslie Maxie (Mills) 1985 Leslie Maxie (Mills) 1985 Leslie Maxie (Mills, Millbrae)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50 1:5
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University, LA.) 79 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka) 84 Roman Gomez (Belmont) 85 Roman Gomez (Belmont) 86 Mark Mastilir (Jesuit, Carmichael)  70 METER LOW HURDLES/Girls 74 Yvonne Boone (Fremont, Oakland) 75 Yvonne Boone (Fremont) 76 Tuti Lee (Merced) 77 Kris Costello (Lynbrook, San Jose) 78 Kris Costello (Lynbrook, San Jose) 79 Janet Yarborough (Clovis) 70 Judy Young (Berkeley) 71 Sherifa Sanders (Berkeley) 72 Natalie Spinks (Skyline) 73 Chewaukii Knighten (Locke, L.A.)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:08.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.05 4:15.93 4:07.81 11.1 10.7 13.97 13.83 14.01 13.52w 13.74 13.88 13.88 13.88	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)  100-METER DASH/Girls 1974 Janice Wiser (La Jolla) 1975 Sanda Howard (Manual Arts, L.A.) 1976 Pam Waters (Bell) 1977 Jeanette Bolden (Centennial, Compton) 1978 Kella Bolton (Hill, San Jose) 1979 Gwen Loud (Westchester) 1980 Sharon Ware (Berkeley) 1981 Sharon Ware (Berkeley)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.82 45.7 46.59	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke, L.A.) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)  300-METER LOW HURDLES/Girls 1981 Audrey Williams (Saugus) 1982 Gayle Kellon (Walnut) 1983 Gayle Kellon (Walnut) 1984 Leslie Maxie (Mills) 1985 Leslie Maxie (Mills) 1985 Leslie Maxie (Mills, Millbrae)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:50 1:5
73 Alvin Gilmore (Lompoc) 74 Rick Kimball (De La Salle, Concord) 75 John Johnson (Skyline, Oakland) 76 Jim Arriola (Gahr, Cerritos) 77 Mark Stillman (Willow Glen, San Jose) 78 Paul Medvin (University, LA.) 79 Paul Medvin (University) 80 Larry Guinee (Castro Valley) 81 Jef Scott (El Camino, Sacramento) 82 Tom Grewe (Carpenteria) 83 Jim Frey (Yreka) 84 Roman Gomez (Belmont) 85 Roman Gomez (Belmont) 86 Mark Mastilir (Jesuit, Carmichael)  70 METER LOW HURDLES/Girls 74 Yvonne Boone (Fremont) 75 Yvonne Boone (Fremont) 76 Tuti Lee (Merced)	4:05.4 4:11.4 4:06.6 4:09.5 4:14.6 4:06.9 4:08.91 4:12.82 4:06.18 4:10.06 4:08.05 4:08.82 4:09.05 4:15.93 4:07.81 11.1 10.1 10.7 13.87 13.87 13.88	1973 Ron Whitaker (Wilson, San Francisco) 1974 Rod Connors (Cordova, Rancho Cordova) 1975 John Ware (Sacramento) 1976 Dareld Harris (Pittsburg) 1977 James Sanford (Pasadena) 1978 Bill Green (Cubberley, Palo Alto) 1979 Tony Banks (Morse, San Diego) 1980 Mike Turner (Centennial, Compson) 1981 David Timmons (Oakland) 1982 Fabian Cooper (Washington) 1983 Larry Walker (Edison, Fresno) 1984 Chip Rish (Marina) 1985 Chip Rish (Marina) 1986 Steve Lewis (American, Fresno)  100-METER DASH/Girls 1974 Janice Wiser (La Jolla) 1975 Sanda Howard (Manual Arts, L.A.) 1976 Pam Waters (Bell) 1977 Jeanette Bolden (Centennial, Compton) 1978 Kella Bolton (Hill, San Jose) 1979 Gwen Loud (Westchester) 1980 Sharon Ware (Berkeley) 1981 Sharon Ware (Berkeley) 1982 Gervaise McGraw (Ganesha, Pomona) 1983 Lisa Winston (Jordan, L.B.)	47.0 47.7 47.2 47.6 46.60 46.77 47.28 47.51 47.09 46.38 47.03 46.38 47.03 46.59 10.8 10.7 11.0 10.48w 10.92 10.62 11.42 11.66 11.69 11.73	1971 Percell Keeling (Morningside, Inglewood) 1972 Dale Scott (El Cerrito) 1973 Randy Lopez (Alhambra) 1974 John Musich (Burbank) 1975 Conrad Suhr (Leigh, San Jose) 1976 Wyatt Bishop (Carlmont, Belmont) 1977 Jim Walters (Estancia, Costa Mesa) 1978 David Mack (Locke, L.A.) 1979 David Mack (Locke, L.A.) 1980 Peter Quinonez (Tulare) 1981 Pete Richardson (Berkeley) 1982 John Phillips (Los Altos) 1983 Kimmie James (Richmond) 1984 Eric Schemerhorn (Woodbridge) 1985 Sean Langer (Bakersfield) 1986 Vincent Thompson (Locke, L.A.)  300-METER LOW HURDLES/Girls 1981 Audrey Williams (Saugus) 1982 Gayle Kellon (Walnut) 1983 Gayle Kellon (Walnut) 1984 Leslie Maxie (Mills) 1985 Leslie Maxie (Mills) 1985 Leslie Maxie (Mills, Millbrae)	1:5 1:5 1:4 1:5 1:5 1:5 1:5 1:50 1:50 1:50 1:49 1:50 1:50 1:49 1:50 1:49 1:50 1:49 1:50 1:49 1:50 1:49 1:50 1:49 1:50 1:50

## Starting Blocks...



300 METER INTERMEDIATE HURDLE	S/Bovs	1976 Pam Waters (Bell)	24.8
1957 Jesse Bradford (Shafter)	19.0	1977 Kim Robinson (Westchester)	23.97
1957 Jesse Bradford (Shafter) 1958 David Douglas (East, Bakersfield)	19.0	1978 Kella Bolton (Hill, San Jose)	23.53
1959 Dixon Farmer (Miramonte, Orinda)	19.2	1980 Sheri Howard (Kennedy, Granada Hills)	23.19
1960 Robert Bonds (Polytechnic, Riverside)	18.8	1981 Denean Howard (Kennedy, Granada Hills)	23.73
1961 Bill Mackey (East Bakersfield)	19.1	1982 Denean Howard (Kennedy)	23.53
1962 Ed Moody (McClymonds, Oakland)	18.3	1983 Lisa Winston (Jordan, L.B.)	23.83
1963 Alvin Mann (Edison, Fresno)	18.9	1984 Paulette Blalock (Compton)	23.59
1964 Earl McCullouch (Polytechnic, Long Beach)	18.4	1985 Tami Stiles (Hawthorne)	23.45
1965 Manuel Murrell (Polytechnic, Long Beach)	18.2*	1986 Tami Stiles (Hawthorne)	24.02
1966 George Farmer (Puente, La Puente)	18.7		
1967 Jerry Proctor (Muir, Pasadena)	18.7**		
1968 Roy Hamley (Lowell, Whittier)	18.8		
1969 Jerry Wilson (Roosevelt, Fresno)	18.3	200-METER DASH/Boys	
1970 Milt Turner (Castlemont, Oakland)	18.6	1957 Preston Griffin (Centennial, Compton)	21.3
1971 Charles Jackson (Lompoc)	18.5	1958 Mel Clipper (Muir, Pasadena)	20.7
1972 Daniel Jones (Palo Verde, Blythe)	18.7	1959 Hubie Watson (Jordan, L.A.)	21.6
1973 Randall Jeffrey (Los Angeles)	18.7	1960 Bill Cowings (Fowler)	21.0
1974 Fred Shaw (Muir, Pasadena)	18.9**	1961 Forest Beaty (Hoover, Glendale)	21.5
1975 Dedy Cooper (Ells, Richmond)	36.5	1962 Richard Stebbins (Fremont, L.A.)	20.9
1976 Charles White (San Fernando)	36.7	1963 John House (Muir, Pasadena)	21.3
1977 Andre Phillips (Silver Creek, San Jose)	36.43	1964 Jim Hines (McClymonds, Oakland)	21.5**
1978 Gary Lee (Polytechnic, Long Beach)	36.58	1965 Harold Busby (Muir, Pasadena)	21.0
1979 Gary Lee (Polytechnic)	36.22	1966 Phil Underwood (Dorsey, L.A.)	21.2
1980 Don Ward (St. Mary's, Berkeley)	36.57	1967 Mel Gray (Montgomery, Santa Rosa)	20.7**
1981 Walter Murray (Berkeley)	36.26	1968 Willie Deckard (Dorsey, L.A.)	21.7
1982 Steve Kerho (Mission Viejo)	35.85	1969 Willie Robinson (Central, El Centro)	21.7
1983 Danny Harris (Perris)	35.52	1970 Jackie White (Santa Ana)	21.5
1984 George Porter (Cabrillo)	36.10	1971 Chuck Bommarito (Crestmoor, San Bruno)	21.2
1985 George Porter (Cabrillo)	35.50	1972 Mike Shavers (Albany)	21.0
1986 Rodney Bradshaw (Saugus)	37.30	1973 Clancy Edwards (Santa Ana)	21.2
1500 Housey Brassman (oaagas)	07.00	1974 Millard Hampton (Silver Creek, San Jose)	21.1
		1975 Billy Mullins (Hamilton, L.A.)	21.2
		1976 Billy Mullins (Hamilton)	21.6
OOO METER RACH (O' I		1977 David Russell (Henry, San Diego)	20.97
200-METER DASH/Girls		1978 Michael Sanford (Pasadena)	21.42
1974 Janice Wiser (LaJolla)	24.2	1979 Michael Sanford (Pasadena)	21.00
1975 Pam Waters (Bell, San Jose)	24.4	1980 Ken Robinson (Berkeley)	21.21
		**************************************	

#### Los Gatos Track & Field Camp

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1981	Kevin Wilhite (Cordova, Rancho Cordova)	20.81
1982	Antonio Manning (Hamilton)	21.05
1983	Henry Thomas (Hawthorne)	21.02
1984	Henry Thomas (Hawthorne)	20.77
1985	Michael March (Hawthorne)	20.83
1986	Quincy Watts (Taft)	21.03
*Rec	ord disallowed	
**Tu	rn (since 1967, te 220 and then 200 meters	were run

exclusively around one turn).

#### 3200-METER RUN/Girls

1977	Roxanne Bier (Independence, San Jose)	10:39.7
1978	Cheri Williams (Livermore)	10:17.71
1979	Lisa Scaduto (Santa Monica)	10.35.0
1980	Vicki Cook (Alemany, Mission Hills)	10:14.78
1981	Vicki Cook (Alemany)	10:12.31
1982	Vicki Cook (Alemany)	10:16.27
1983	Cory Shubert (Del Mar, San Jose)	10:08.14
1984	Kirsten O'Hara (Palos Verde)	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose)	10:23.85
1986	Laurie Chapman (Gunderson, San Jose)	10:12.86

9:12.9

#### 3200-METER RUN/Boys

1965	Ralph Gamez (Berkeley)	9:12.9
1966	Ralph Gamez (Berkeley)	9:01.€
1967	Pete Romero (Reedley)	9:00.5
1968	Ruben Chappins (Excelsior, Norwalk)	9:05.7
1969	Ruben Chappins (Excelsior)	8:57.0
1970	Ron Johnson (West, Torrance)	8:55.6
1971	Dale Fleet (Claremont, San Diego)	8:53.8
1972	Curtis Beck (Santa Monica)	8:52.3
1973	Terry Williams (Lompoc)	8:54.8
1974	Rich Kimball (DeLa Salle, Concord)	8:46.5
1975	Eric Hulst (Laguna Beach)	8:44.9
1976	Eric Hulst (Laguna Beach)	8:57.3
1977	Frank Assumma (Eisenhower, Rialto)	8:52.9
1978	Jeff Nelson (Burbank)	8:59.28
1979	Jeff Nelson (Burbank)	8:47.35
1980	Andy Diconti (LaCanada)	8:55.79
1981	Jon Butler (Edison, Hintington Beach)	8:46.78
1982	Harold Kuphaldt (Bella Vista)	8:51.99
1983	Eric Reynolds (Camarillo)	8:54.75
1984	Roman Gomez (Belmont)	8:58.91
1985	Roman Gomez (Belmont)	9:03.05
1986	Eric Mastilir (Jesuit, Carmichael)	8:44.95

#### 1600 METER RELAYS/Girls

1974	Berkeley	3:46.4
1975	Washignton, Los Angeles	3:44.5
1976	Fremont, Los Angeles	3:55.9
1977	Locke, Los Angeles	3:52.1
1978	Fremont, Los Angeles	3:51.93
1979	San Gorgonio, San Bernardino	3:44.05
1980	Kennedy, Granada Hills	3:37.98
1981	Kennedy, Granada Hills	3:37.71
1982	Dorsey, Los Angeles	3:41.72
1983	Dorsey, Los Angeles	3:46.24
1984	Locke, Los Angeles	3:38.65
1985	Muir, Pasadena	3:43.30
1986	Compton	3:42.31

#### 1600 METER RELAYS/Boys

1000 METER HEEMTO, BOJO			
1968	Centennial, Compton	3:14.3	
1969	Los Angeles	3:15.2	
1970	Los Altos	3:15.6	
1971	Castlemont, Oakland	3:13.2	
1972	El Cerrito	3:17.6	
	Cordova, Rancho Cordova	3:17.4	
1974	Muir, Pasadena	3:13.8	
1975	Ells, Richmond	3:15.7	
1976	Pasadena	3:18.2	
	Pasadena	3:13.7	
1978	Banning, Wilmington	3:11.57	
1979	Locke, Los Angeles	3:14.04	
1980	Centennial, Compton	3:10.37	
1981	Berkeley	3:08.94	
1982	Compton	3:14.45	
1983	Hawthorne	3:10.11	
1984	Hawthorne	3:09.45	
	Hawthorne	3:14.13	
1986	Hawthorne	3:14.79	

## LEAGUE LEADER

