

1987 California Boys High School Best Marks List



From Doug Speck

The following are believed to be the top marks achieved by California male preps during the 1987 track and field season. Marks up through 200 meters were only considered if they were of the fully automatic electronic accutrack timing system. Marks followed by a "c" are converted from the equivalent yard or metric distance.

senior, * junior, ** sophomore, *** freshman, ? class unknown.

Please send any corrections or additions to: Doug Speck, 563 N. Willowgrove, Glendora, CA 91740.

Girl's list will be run in the next issue.



COREY EALY (left) & QUINCY WATTS

100 Meters (Accutrack Timing)

10.36	*Quincy Watts (Taft, WoodHls) 6/5/16 LAPepsi
10.36	Corey Ealy (Muir, Pasad) 1/5/23 Nrwk-SS4AFi
10.41	*Tony Miller (Riordan, SF) 1/5/29 SJCCS Fin
10.50	Calvin Holmes (Carson) 2/6/6 Sacto-State Fin
10.51	Robert Carroll (Hawth) 2/5/23 Nrwk-SS4A Fin
10.55	W.C. Morrison (Pasad) 3/5/23 Nrwk-SS4A Fin
10.56	Raymond Ethridge (Crawfnd, SD) 1/5/23 SDFin
10.63	*Brian Bridgewater (Wash, LA) 1h2 5/22preVN
10.66	Patrick Rowe (Linc, SD) 1/5/30 SD Fin
10.69	Ricky Ervins (Muir, Pas) 4/5/23 Nrlk-SS4AFin
10.73	**Richard Turner (Prosp, SJ) 2/5/29 SJ-CCSFin
10.74	Michael Roberts (Tulare) 1/5/15 Tul-CentArea
10.77	Torry Edwards (Bkfstld) 5/2/21 Fresno-SecFin
10.77	Anthony Williams (RivCy, Sac) 2h2 6/5 StPre
10.78	Kurt Hodges (StCruz) 3/5/29 SInJose-CCSFin
10.78	Martin Cannady (Duarte) 2/5/29 Nrwk-SS Fin
10.78	*Darren Stringer (Vacavil) 7/6/6 Sac-StateFin
10.79	*Mike Orwat (Parac, Lanc) 3/5/29 Nrlk-SS Fin
10.80	Steve Provenzano (Arcad) 2/4/4 NorthInvit
10.80	Larry King (John, Sacto) 1h2 4/18 SJose-Invit
10.80	*Billy Wright (Edison, Fres) 3/5/21 Fres-SecFin
10.80	Percy Knox (AntelVly, Lanc) 5/5/23 Nrwk-4AFi

(Accutrack Timing/Wind-aided)

10.17	*Quincy Watts (Taft, WoodHls) 1/5/30 CityFin
10.36	Calvin Holmes (Carson) 2/5/30 CityFin-VnNys
10.47	Patrick Rowe (Linc, SD) 7/4/18 SD-Invit
10.54	*Mike Orwat (Parac, Lanc) 1/5/23 Nor-SS1AFin
10.57	*Darren Stringer (Vacavil) 1/5/23 Sac-Sect SF
10.60	Anthony Williams (RivCy, Sac) 1/5/22SacSub2
10.62	Ernie Barnes (Monrovia) 1/5/23 Nrwk-SS2AFi
10.62	Sean Roberts (Taft, WoodHls) 3/5/30 CityFin
10.63	Martin Cannady (Duarte) 1/5/23 Nrwk-SS3AFi
10.67	Charles Jordan (Morn, Inglwd) 2/5/23 SS2AFi
10.67	Devon Goodlow (Tokay, Lodjh) 5/27 SJSecFi
10.70	Lucien Henderson (Banning) 2/5/23 SS1AFin
10.71	Eddie Vaughn (Foot, Sac) 5/27 Mod-SJSecFi
10.72	Tim Callier (Perris) 2/5/23 Nrwk-SS3A Fin
10.75	*Mark McMillan (Kenn, GH) 1/5/30 VN-Cty B'Fi
10.76	*Rondo Smith (Ram, Rvrsd) 3/5/23 Art-SS3AFi

10.78	**Curtis Conway (Haw) 3/4/18 SD-Invit
10.78	Byron Pray (VicVly) 3/5/23 Nrwk-SS2A Fin
10.78	Larry King (John, Sac) 2/5/23 Sac-SubSec3
10.79	Jake Brown (Lompoc) 4/5/23 Nrwk-SS2A Fin
10.79	Derick Vaughn (Venice) 4/5/30 VnNys-CityFin
10.80	Charles Hampton (Craw, SD) 2h3 4/18 SD-Inv

200 Meters (Accutrack Timing)

20.63	*Quincy Watts (Taft, WoodHls) 1/5/30 VN-LAFi
20.80	Corey Ealy (Muir, Pasad) 1/5/23 Nrwk-SS4AFin
21.00	Raymond Ethridge (Craw, SD) 1h3 6/5 StatePr
21.10	*Tony Miller (Rior, SF) 2h2 6/5 Sac-State Pre
21.36	Steve Lewis (Amer, Frem) 3h2 6/5 Sac-StPre
21.38	Robert Harris (SimiVly) 2/5/23 Nrwk-SS4AFi
21.43	Calvin Holmes (Carson) 2f52 4/24 MtSac-Inv
21.45	Robert Carroll (Hawth) 3/5/23 Nrwk-SS4A Fin
21.48	Paul Peters (StaAnaVly) 4/5/23 Nrw-SS4A Fin
21.49	*Brian Bridgewater (Wash, LA) 1h2 VN-LAPre
21.49	Steve Provenzano (Arcad) 5/5/23 Nor-SS4A Fi
21.51	Martin Cannady (Duarte) 2/5/29 Nrwk-SSStQu
21.54	Derick Franklin (Venice) 2/5/30 VN-LA Finals
21.59	Patrick Rowe (Linc, SD) 3h3 6/5 Sac-St Pre
21.62	Ernie Barnes (Monrovia) 1f51 4/24 MtSac-Inv
21.65	David Sals (SnFern) 4h3 6/5 Sac-StatePre
21.67	Mike Wilson (Reseda) 3/5/30 VnNys-LA Final
21.72	**Berry Smith (Miss, SF) 1/5/30 Oak-SF/O Sec
21.72	*Mark McMillan (Kenn, GH) 1/5/30 VN-LA B'Fi
21.73	David Lawyer (SntBarb) 6/5/23 Nrwk-SS4AFi

(Accutrack Timing/Wind-aided)

21.12	Patrick Rowe (Linc, SD) 1/5/30 SD-SecFin
21.50	James Shipp (SilCrk, SJ) 2/4/18 SJ-Invit
21.57	Anthony Williams (RivCy, Sac) 1/5/22 SacSub
21.59	Charles Jordan (Morn, Inglwd) 1/5/23 SS2AF
21.62	Devon Goodlow (Tokay, Lodjh) 5/27 Mod-SJSt
21.63	Torrey Edwards (Bkfstld) 1/5/21 Fres-CenSec
21.69	*Binari Burroughs (Indep, SJ) 3

400 Meters (Accutrack & Hand-timed, .14 added to hand-times for placement on this list)

45.76	Steve Lewis (Amer, Frem) 2 Tucson-JrTACF
47.34	Paul Peters (SanAnaVly) 1r48 4/24 MtSAC-Inv
47.2	*Travis Hanna (Hawth) 2/6/6 Sacto-State Fin
47.2	Maurice Horton (Edis, Fresno) 3/6/6 Sac-StFin
47.56	*Quincy Watts (Taft, WoodHls) 1/4/4 North-Inv
47.6	*Michael Stevenson (Morse, SD) 1h2 6/5 StPre
47.82	Ron Coleman (ManArt, LA) 1h2 5/15 VN-LAPre
47.7	Steve Provenzano (Arcad) 4/6/6 Sac-St Fin
47.8	Sean Cumby (Logan, UnCty) 3h2 6/5 Sac-StPr
48.10	Reggie Johnson (Compton) 3/4/11 Arcad-Inv
48.18	Patrick Rowe (Linc, SD) 2r48 4/24 MtSAC-Inv
48.25	Darren Bernard (ThOaks) 1r1 4/11 Arc-Invit
48.26	*Frank Jones (Hoov, Fres) 2/5/21 Fres-SecFin
48.26	Robert Carroll (Hawth) 6/13 Sac-GoldWestin
48.34	Robert Myles (NMontCo, Castr) 2/4/18 SJ-In
48.35	Jake Brown (Lompoc) 1/5/23 Nrwk-SS2A Fin
48.41	Bill Thurmond (Saddl, SA) 4/5/29 Nor-StQ
48.44	Jerry Marsee (SanPedro) 1h2 5/14 VN-LAPre
48.44	David Lawyer (SaBarb) 2h1 5/16 Arte-SS4APr
48.48	Raymond Glass (Morn, Inglwd) 5/29 Nor-StQ

800 Meters (Accutrack & Hand-timed, .14 added to hand-times for comparison on this list)

1:50.71	Dan Gabor (AmVly, Pleas) 6/6/13 GoldWest
1:52.05	*Travis Cooksey (RioMes, OX) 1/5/23 SS4AFin
1:52.4	Nick-John Haiduc (Serv, Anah) 2/6/6 Sac-StFi
1:53.03	Shan Forehand (MtCarm, SD) 3/6/6 Sac-State
1:53.1	James Fraser (MoVist, SprVly) 6/6 Sac-StFin
1:53.2	Marcus Robertson (Muir, Pasad) 5/6/6 Sac-StFi
1:53.3	John Hottinger (NevUn, GrVlyh) 5/27 Mo-SSF
1:53.94	*Morgan Bateman (CreVly, LC) 2/5/29 SSFi
1:53.9	?Derrick Miller (John, Sac) 5/27 Mod-SJSecF
1:53.9	*Joe Amendt (Lick, SJ) 1/5/29 SanJose-CCSFi
1:54.13	Nick Lugo (Schurr, Mntblo) 1/5/8 LA-LgeFin
1:54.0	Scott Robinson (Bell, SJ) 1/5/21 LosG-Reg1
1:54.1	Tim Corbin (MoVist, Danv) 2/5/30 Berk-NCSEF

□ Prep Notes

1:54.28	Tim Miller (Alham)2 5/8 LA-LgeFin
1:54.30	Craig Olson (ElDor,Pictia)2 4/11 Arcad-Inv
1:54.30	Jeff Rachel (GolWest,Visal)2 5/21 Fres-SecF
1:54.32	Antonio Houston (Locke,LA)3 4/11 Arc-Invit
1:54.37	Tom Williams (GranHis,SD)2 5/30 SD-SecFi
1:54.38	*Al Allen (Gahr,Cerr)4 5/23 Nrwk-SS4A Fin
1:54.4	Paul Thomas (Jes,Sacto)1 5/1 Sacto-Invit

One Mile Run

(Accutrack & Hand-times, .14 added to hand-times on this list for comparison)

4:09.40c	Scott Robinson (Bell,SJ)1 6/6 Sac-StFin
4:10.03c	Paul Thomas (Jes,Sac)2 6/6 Sacto-State Fin
4:12.88c	Raul Serratos (MorVly)11.41(1) Nor-StQual
4:13.01c	Hassaim Sabra (OcnVw,Hw)11.54(3)6/6 StFi
4:13.11c	Andy Davis (PHnry,SD)11.64(4) Sac-St Fin
4:13.23c	Jason Martin (Fallbrk)11.75(5) 6/6 Sac-StFin
4:14.38c	Jason Lienau (Clovis)4.12.90(2h1) 6/5 StPre
4:14.83c	Chris Bray (NevUn,GV)13.35(5h1) 6/5 Sac-StP
4:14.83c	Jonathon Smith (Mira,Orin)13.35(7) 6/6 StFin
4:15.07c	Marc Davis (SD)4.13.58(1h2) 5/23 SDSemFin
4:15.36c	Kurt Deptyffer (LagBch)4.13.87(3)5/30 StQu
4:15.63c	Bret Kimple (Carpin)4.14.19(4)5/29 Nor-StQu
4:16.02c	Robert Pena (Buen,Vent)4.14.53(5)5/29 StQu
4:16.16c	Sven Haug (Birm,VN)14.67(1) 5/30 VN-CityFi
4:16.29c	Doug Fairman (ThOks)4.14.80(3) 3/28 LA-Inv
4:17.29c	Alex deSilva (ElCerr)4.15.79(1) 5/30 NCStFi
4:17.37c	Jeff Rachel (GldWest,Vis)15.87(5)21 Fres-SFi
4:17.41c	*Fili Arizmendi (Az)4.15.91(6) 5/29 Norw-StQu
4:17.43c	Tefre Gebre (Bel,LA)15.93(2) 5/30 VN-CityF
4:17.4c	Kevin Munoz (Lass)4.15.9(1) 4/25 Chico-Inv

Two Mile Run

(Hand-times & Accutrack, .14 added to hand-times on this list for comparison)

8:57.09c	Paul Thomas (Jes,Sac)53.92(1) 4/11 Arc-Inv
8:58.34c	Marc Davis (SD)3/14 NewHav,CT-Pathmirkln
9:06.82c	Aaron Mascorro (Rosemd)93.64(2) 6/6 Sac-St
9:08.50	Mason Myers (Vacav)05.31(3) 6/6 Sac-State
9:09.84c	Chris Lugo (Val,Plac)06.64(5) 6/6 Sac-State
9:10.25c	**Scott Hempel (Walnut)3 4/11 Arcad-Invit
9:10.88c	Richard Erbes (Gind)07.66(4) 4/11 Arc-Invit

9:11.20c	*Scott Cole (Yosem,Okhrst)07.99(5)4/11 ArcIn
9:11.60c	Tefre Gebre (Bel,LA)08.39(4) 6/6 Sac-State
9:12.53c	Frank Flores (Hart,Newh)09.32(6) Sac-State
9:13.00c	**Bryan Dameworth (Agra)09.78(2) 5/29 StQ
9:31.62c	*Terrence Mahon (LaHab)10.40(2)5/23 SS3AF
9:14.72c	Greg Flynn (WTor)11.49(3) 5/23 Nor-SS4AF
9:51.2	*Dennis Hernandez (MissSJ,Fmt)1 11/1 Inv
9:16.52c	Anthony Williams (Huen,Ox)5/29 Nor-SS4AFI
9:18.15c	*Eddie Lavelle (CDM)14.90(5) 5/23 Nor-3AFI
9:13.7	?Rob Meinhardt (Bell,SJ)2 11/1/86 Inv
9:19.38c	*Shannon Winkleman (Mar,HBJ)16.13(1)3/28
9:15.59c	Trevor Drummond (Hlx,LM)16.34(8)6/6 Sac-St
9:19.7c	Chris Bray (NvUn,GV)16.4(3) 5/29 Mod-SJFin

110m High Hurdles

(Accutrack Timing)

13.84	Dana Hall (Gan,Pom)1 5/29 Nrwk-StQual
13.84	Shelton Boykin (SnFerndoj)1 5/30 VNys-CityF
13.88	*Ron Copeland (Dray,LA)2 5/30 VN-CityFin
14.06	Doug Conner (StMry,Berk)2h2 6/5 Sac-StPre
14.07	Mark Crear (Rowl,RowHts)2 5/29 Nor-StQual
14.14	Albert Pride (Grant,Sac)3 6/6 Sac-St Fin
14.26	Elliott Beverly (Oak)1 5/30 Oak-SF/Oak Fin
14.32	MacArthur Anderson (Bkfld)1 5/21 Fres-SecF
14.34	*John Montgomery (Indep,SJ)1 3/21 LosG-In
14.35	Ron Cason (Buen,Ven)2h1 6/5 Sac-StPre
14.37	Dimitri Ghuyts (Kingsburg)6 6/6 Sac-St Fin
14.43	Jesse Quantaria (Selma)2 5/21 Fres-SecFin
14.43	*Yki Vallery (Hawth)2 5/23 Norwk-SS4A Fin
14.51	Craig Gilbert (Ovrlt,SJ)1 5/1 LosG-Invit
14.55	Darryl Lockett (Dors, LA)3 5/30 VN-CityFin
14.61	Teddy Yu (Birm,VnNys)4 5/30 VN-CityFin
14.63	?Brien George (Bkfld)2 5/15 Bkfld-SoAra
14.65	Darin Maiden (So,Bkfld)1r1 5/21 Fres-SecFin
14.66	*Darrell Thompson (Cerr)5 5/29 Norw-StQual
14.68	Kevin Broschat (No,Bkfld)2 4/21 Fres-SecF
14.68	Kenney Hall (Univ,LA)5 5/30 VNys-CityFin

(Accutrack Timing/Wind-aided)

13.99	Albert Pride (Grant,Sac)1 5/22 Sac-SubSec2
14.09	*John Montgomery (Ind,SJ)1 5/29 SJ-CCSF
14.32	*Robert Ureno (Bonita,Lav)2 5/8 Ontr-LgeFi
14.32	Craig Gilbert (Over,SJ)2 5/29 SJ-CCS Fin
14.44	Nate Sutton (Logan,UnCty)2 4/18 SJ-Invit
14.49	Richard Terwilliger (Oakmt)2 5/22SacSub2
14.50	Mike Lodden (Bell,SJ)3 5/29 SJ-CCSFinals
14.52	*Steve Ruffin (StFran,MtnVw)4 5/29 SJ-CCS
14.56	Charles Patterson (Lin,SD)1h3 5/23 SecSemi
14.61	*Diatori Gildersleeve (Grant,Sac)h 5/27 SJFin

Fine Flicks by Don Gosney



From left: TRAVIS COOKSEY, NICK JOHN HAIDUC, DAN GABOR

300m Interm. Hurdles

(Accutrack & Hand-times, .24 added to hand times for comparison on this list)

36.88	*Yki Vallery (Hawth)1 5/23 Norw-SS4A Fin
37.13	Dana Hall (Gan,Pom)1 5/29 Nor-StQualif
37.36	Mark Crear (Rowl,RowHts)2 6/6 Sac-StFinals
37.38	*John Montgomery (Indep,SJ)2h2 6/6 StPre
37.47	Shelton Boykin (SanFern)1 5/30 VN-CityFin
37.3c	Martin Cannady (Duarte)1 3/12 dual
37.4	Albert Pride (Grant,Sac)1 5/29 Modes-SecFi
37.66	*Charles Wilford (DiamBar)91 5/23 SS3AFin
37.74	Kirk Ayers (West,Anah)2 5/29 Nor-StQual
37.6	Chris Moura (MenAth,Ath)2 5/29 SJ-SecFi
37.90	*Kevin Jones (MtMig,SD)3h1 6/5 Sac-StPre
37.98	*Ron Copeland (Dors,LA)2h2 5/22 CitySemiF
38.02	Brad Jamison (RedInds)3 5/23 Nor-SS4AFin
37.8	Darryl Lockett (Dors,LA)1 5/7 LA-LgFin
38.07	Darin Maiden (So,Bkfld)4 4/11 Arcadia-Inv
38.10	*John Berry (YgnVly,Cncrd)1 5/30 Berk-SecFi
37.9	Mark D'Ambria (Gran,Liv)1h3 5/22 UnCty-3A
38.18	*Wes Montgomery (VicVly,Vicvly)1 5/23 SS2A
38.0	Maurice Horton (Edis,Fres)1 4/14 Lem-Inv
38.1c	Marcus Robertson (Muir,Passa)1 4/30 dual
38.1	*Marcus McFarland (Cas,Oak)1 5/16 Oak-LgF
38.1	Chris Coleman (Indep,SJ)3 5/29 SJ-SecFin

400 Meter Relay

(Accutrack & Hand-times, .14 added to hand times for comparison on this list)

40.78	Muir, Pasadena (1) 6/6 Sacto-State Finals
40.88	Taft, Woodland Hills (1h1) 5/22 VN-CitySemiF
40.91	Hawthorne (2) 4/4 Austin,TX-Texas Relays
41.06	Morningside, Inglewood (2) 6/6 Sac-St Finals
41.35	Carson (2) 5/30 Van Nuys-City Finals
41.47	Simi Valley (3) 5/29 Norwalk-State Qualif
41.59	Dorsey, LA (3h1) 6/5 Sacto-State Pre's
41.69	Crawford, San Diego (4) 6/6 Sacto-St Finals
41.86	Duarte (1) 5/23 Norwalk-SoSec 3A Finals
41.97	Reseda (4) 5/30 Van Nuys-City Finals
42.00	Diamond Bar (2) 5/23 Norwalk-SoSec 3A Fin
42.03	Castlemont, Oakland (1) 5/30 Oak-SF/OakFin
42.10	Lincoln, San Diego (2seeded) 4/11 Arc-Invit
42.11	Manual Arts, LA (5) 5/30 VanNuys-City Finls
42.13	Bakersfield (4H1) 6/5 Sacto-State Prelims
42.0	Johnson, Sacramento 5/1 Sacto-Invit
42.17	Independence, San Jose (1) 5/29 CCS SecFi
42.26	Tokay, Lodi (1) 5/8 Sacto-Invitational
42.28	Riordan, San Francisco (4h3) 6/5 Sac-StPre
42.29	Capistrano Vly, Miss Viejo (1) 5/8 Inv-LgFin

1600 Meter Relay

(Accutrack & Hand-times, .14 added to hand times for comparison on this list)

3:11.77	Hawthorne (1) 6/6 Sacto-State Finals
3:12.50	Morningside, Inglewood (2) 6/6 Sac-StateFin
3:13.65	Simi Valley (3) 6/6 Sacto-State Finals
3:14.45	Logan, Union City (4) 6/6 Sacto-State Finals
3:14.54	Morse, San Diego (5) 6/6 Sac-State Finals
3:14.68	Muir, Pasadena (6) 6/6 Sacto-State Finals
3:16.06	Taft, Woodland Hills (1) 5/30 VnNys-LACityFi
3:16.25	Independence, San Jose (2h2) 6/5 Sac-StPre
3:16.58	Compton (5) 5/29 Norwalk-SoSec St Qual Mt
3:17.07	Poly, Long Beach (6) 5/29 Nrwk-SoSec StQu
3:17.10	Ygnacio Vly, Concord (2) 5/30 Berk-NCSecFi
3:17.80	Carson (2) 5/30 Van Nuys-LA City Finals
3:17.84	Apple Valley (7) 5/29 Nrwk-SoSec StQual Mt
3:17.94	Wilson, Hacienda Hts (8) 5/29 Nor-SoSecStQ
3:18.14	Duarte (1) 5/23 Norwalk-SoSec 3A Finals
3:18.29	Banning, Wilmington (3) 5/30 VNys-CityFin
3:18.36	Santa Rosa 5/30 Berkeley-NoCoast Sec Fin
3:18.84	Reseda (3h1) 6/5 Sacto-State Prelims
3:19.15	Merced (3h2) 6/5 Sacto-State Prelims
3:19.15	Tokay, Lodi (5h3) 6/5 Sacto-State Prelims

High Jump

7-1.25	*Louis Juico (PiedHis,SJ)1 6/6 Sac-StFin
7-0	*Tim Prince (Logan,UnCty)1 5/23 UC-NCst3A
6-11	Chris Arentz (Vly,Sacto)2 6/6 Sac-StateFin
6-11	Walter Barney (Livrmr)3 6/6 Sac-StateFin
6-10.75	*Chris LaQuay (Vacaville) 3/
6-10.5	**Ricky Pickett (Clovis)1 4/14 Lemoore-Invit
6-10.25	Jason Krumwiede (Saratoga) 3/27 dual meet

continued on next page...

Prep Notes

- 6-10 -Eric Young (Fremont,Oak)1 3/28 Stanf-Invt
- 6-10 -John Amneus (Foothill,StAna)1 4/4 Plcmta-Invt
- 6-10 -Dave Swanson (Alenny,Mishis)1 4/11 Arc-In
- 6-10 -Jeff Donofrio (AltaLoma)1 4/23 dual meet
- 6-10 **Kevin Keane (DeLaSal,Cnord) 5/1 Con-dual
- 6-10 **Mark Wilson (CharOak,Cov)1 5/7 DiaBr-LgF
- 6-10 -Myron Williams (Orange)1 5/23 Nrwk-SS2AFI
- 6-10 -Joel Mitre (Redlands)5 6/6 Sacto-StFinls
- 6-10 -Matt Farmer (MonVst,SpVly)6 6/6 Sacto-StFin
- 6-9 *Griff Joyce (DeLaSal,Cnord) 4/28 list
- 6-9 -Mike Paule (DelCampo,FrOKs)1 5/29 SJFinl
- 6-8.25 -Doug Urry (Wilson,LgBch)1 4/30 dual meet

photo by Burt Davis



TOM PARKER (left) & STEVE SLOCUM

Pole Vault

- 17-5.5 -Brent Burns (Acal,Lafay)1 5/23 SRosa-NC2A
- 16-1 -Pat Alduenda (Ramona) 4/23 dual meet
- 16-1 *Matt Warwick (Hesperia)1 4/30 dual meet
- 16-0 -Steve Slocum (Foot,StAna)1 4/9 dual meet
- 16-0 -Rett Summerville (SanRam,Danv)2 4/18 SJ-In
- 16-0 *Tom Parker (NtDam,ShOks)2/41 4/25 MtSac
- 15-7 *R.W. Henson (NewpHarb)1 4/23 dual
- 15-6 Jay Rafail (Vista)1 5/15 San Diego-LgFinls
- 15-6 Derek Oliver (Coalinga)1 5/1 Wasco-dual
- 15-6 Jeff LaMonica (Poly,SunVly)3 6/6 Sacto-StFin
- 15-5.75 -John Bruce (Atascad)1 4/4 KingCity-Invt
- 15-2 Jeff McKee (Downey)1 4/6 Sacto-StateFin
- 15-2 *Ed Quijada (RioVista)1 4/6 Sacto-StFin
- 15-0 -Sean Rapp (PatHnry,SD)5 4/18 SD-Invt
- 15-0 -Rick Gordon (RioVista) 4/29 dual meet
- 15-0 *Mike Guevara (ClovisW,Clovis)1 5/2 Visal-In
- 15-0 *Howie Dooley (Anderson) 5/12 list
- 15-0 *Matt Lehman (SanDiego,Encin)2 5/15 LgFin
- 15-0 -Frank Bray (VanNuys)1 5/24 Norwik-Invt
- 15-0 -Adam Stratton (Amador)2 5/29 Mod-SJsecFi
- 15-0 *Tom Richards (SanMarc,SBarb)q 6/5 StPrel

Long Jump

- 25-5.5 -Percy Knox (AntelVly,Lanc)1 4/19 Lanc-dual
- 24-2.5 -McArthur Anderson (Bkrsfld)1 4/25 Bak-Invt
- 24-2 -Alonzo Lewington (Sky,Oak)q 6/5 Sacto-StPre
- 24-1 -Joel Smith (RanCor,Crdva)q 6/5 Sacto-StPre
- 23-9.75 -Daren Zabel (Damien,Lavr)q 6/5 Pom-LgPre
- 23-9.25 *Billy Wright (Edis,Fresno)q 6/5 Sacto-StPre
- 23-8.75 *Frank Jones (Hoov,Fresno)q 6/5 Sacto-StPre
- 23-6 -Stacy Gibson (Royal,Simiq)q 6/5 Sacto-StPre
- 23-5.75 *Charles Huff (LaJolla)q 6/5 Sacto-StPre
- 23-5 -Reggie Jackson (Rior,SF)3 4/11 Arcad-Invt
- 23-5 -Yki Vallery (Hawth)1 5/8 BevHis-LgFinls
- 23-5 -Stephone Grey (Hantford)1 5/15 Tul-CenArea
- 23-4.5 *John Ashworth (Poway)3 5/30 SD-SecFin
- 23-4 ? Scott (FeathRivPrep,Quincy) 3/27 dual
- 23-3.25 ?Matt Malone (Mar,HuntBch)2 5/23 SS4AFI
- 23-2.5 **Mitch Butler (Oakwd,NHlywd)1 5/23 SS1AF
- 23-1.5 ?Charlie Tyler (Edis,HuntBch)4 4/11 Arca-Invt
- 23-1 -Marc Chambers (Oxnard)2 3/7 Oxnard-Invt
- 23-1 -Tony Moseley (SantaAna)1 3/14 Pom-Invt
- 23-0.75 *Diatori Gilderleeve (Grant,Sac)1 4/25 Chico

(Wind-aided)

- 26-0.5 -Percy Knox (AntelVly,Lanc)1 3/26 GH-dual
- 24-9.25 -Alonzo Lewington (Sky,Oak)2 6/13 Sacto-GW
- 24-5.5 -Joel Smith (RanCor,Crdva)1 5/27 Mod-SecFi
- 24-2 **Glen Reyes (OrngGin,Escon)1 3/20 dual
- 23-10.75 -Anthony Terrell (MissSJ,Fr) 5/20 list
- 23-10 -Matt Farmer (MonVis,SprVly)1 5/30 SD-SecFi
- 23-9 *Tim Prince (Logan,UnCty) 5/20 list
- 23-9 -Reggie Jackson (Rior,SF)1 5/29 SJ-CCSFin
- 23-8.75 -Alfonso Davis (Fairfid)2 5/23 Sacto-SubSec3
- 23-8.5 -Maurice Brooks (Palmdale)2 5/8 QrtzH-LgFi
- 23-8.5 *Eric Thomas (Palmdale)3 5/8 QrtzH-LgFin
- 23-8.5 *LaMark Allen (Saugus)4 5/8 QrtzH-LgFin
- 23-7.5 *Charles Huff (LaJolla)2 5/30 SD-SecFin
- 23-6.5 **Vince Whitley (W.Cov)1 5/23 Nor-SS2AFI
- 23-6.5 -Randy Starbird (Soquel)2 5/29 SJ-CCSFin
- 23-6.25 -Albert Pride (Grant,Sac)2 5/27 Mod-SJSec
- 23-6.25 -DeWayne Quinn (Vand,TravAFB)3 5/27 SJSec
- 23-4.5 -Marc Chambers (Oxnard) 1 3/28 SBarb-Invt
- 23-4.25 -Lou Coons (Crawf,SD)4 5/30 SD-SecFin
- 23-3 -Jamie Calderon (Alisal,Salin)3 5/29 SJ-CCSFi
- 23-2 -Kirk Ayers (WestAnahm)1 5/4 Anahm-LgFin
- 23-1.5 *Diatori Gilderleeve (Grant,Sac)5 5/27SJSec
- 23-1.25 -Tony Mosley (SantaAna)4 5/23 Nor-SS4A Fin

Triple Jump

- 51-11 -Joel Smith (RanCor,Crdva)1 6/13 Sacto-GWst
- 51-8.75 -McArthur Anderson (Bkfld)1 5/8 Bkfld-LgFin
- 50-3 -Alfonso Davis (Fairfid)q 6/5 Sacto-StPrelims
- 49-10.5 -Reggie Jackson (Rior,SF)q 6/5 Sacto-StPrel
- 49-7.25 **Russell White (Crespi,Encino)2 6/6 Sacto-StF
- 49-6 -Lawrence Miller (Palmdale)1 4/25 Bkfld-Invt
- 49-4.5 -Anthony Terrell (MissSJ,Fr)2 4/18 SJ-Invt
- 49-4.5 *Charles Huff (LaJolla)q 5/23 SD-SecSemiFi
- 48-11.5 -Herman McCullough (Edg,W.Cov)2 4/25 MtSa
- 48-7.5 -Demetri Ghys (Kingsburg)q 6/5 Sacto-StPre
- 47-11.5 -Lou Coons (Crawf,SD)1 5/30 SD-SecFin
- 47-10.75 -Matt Farmer (MonVst,SprVly)1 5/15 Lak-LFi
- 47-10.5 **Chris Perry (Muir,Pasaj) 5/23 Nor-SS4AFI
- 47-10.5 -Dan Bugay (Artesia)2 5/29 Nor-StQualMeet
- 47-7.75 *Charles Rogers (BaldPrk) 5/29 Nor-StQualM
- 47-7.25 -Joe Frank (Over,SJ)1 4/18 Saratoga-Invt
- 47-7 -Walter Barney (Livermore) 4/14 list
- 47-6 *Diatori Gilderleeve (Grnt,Sac) 5/1 Sacto-Invt
- 47-5.5 -Chris Conrad (MatDel,StAna)1 5/23 SS2A Fi
- 47-4.25 -Dion Tolbert (Etiwanda)4 5/23 Nor-SS4AFin

(Wind-aided)

- 50-6.5 -Alfonso Davis (Fairfid)3 6/13 Sacto-GolWest
- 49-8.5 -Anthony Terrell (MissSJ,Fr)1 4/4 UnCty-Invt
- 49-3.5 -Herman McCullough (Edg,W.Cov)1 4/4 Wal-In
- 49-1.5 *Tim Prince (Logan,UnCty)2 4/4 UnCty-Invt
- 48-9.25 *Diatori Gilderleeve (Grnt,Sac)5/29 Sacto-Jsec
- 48-8.5 ? Scott (MesaVrd,CitHts)1 5/27 Mod-SacJoa
- 48-6 -Damon Carson (SanDieg)1 4/18 SanDiego-Invt
- 48-5.25 **Chris Perry (Muir,Pasaj) 5/23 Nor-SS4AFin
- 48-2.75 -Cedric Boyd (Stagg,Stock)3 4/18 SJ-Invt
- 48-0.5 -Michael Hatcher (StMar,Berk)1 5/15 Brk-LgFi
- 47-9.25 ? Berry (Centrl,Modesto)tr 5/27 Mod-Sect
- 47-7.5 -Joe Frank (Overfl,SJ)1 4/11 OakInd-Invt
- 47-6.25 *Tim Young (Gahr,Cerr)2 5/23 Norik-SS4AFin

Fine Flicks by Don Gosney



From left: JOHN WIRTZ, DAVE BULTMAN, RICK COX



PERCY KNOX

Shot Put

- 67-0 -David Bultman (Royal,Simi)1 6/6 Sacto-StFin
- 63-0 *Kaleaph Carter (Edis,HuntBch)2 6/6 StateF
- 62-6 -Sam Cavallaro (Log,UnCty)1 4/28 list
- 61-8.25 *Rick Fuller (Arroy,ElMon)1 5/7 ElMon-LgFir
- 59-6 *Jason Miller (ClovW,Clovis)q 6/5 Sacto-StPre
- 58-10 -Doug Blanchard (Edis,HuntBch)2 5/8 HGigF
- 58-2.25 -Rick Cox (SanRam,Danv)6 6/6 Sacto-StFin
- 58-1.75 ***Bret Noon (Fallbrk)q 6/5 Sacto-StPrelims
- 57-7 -Alan Smith (Madera)1 5/2 Visalia-Invt
- 57-3.75 -Jason Wyatt (Dors,LA)1 5/22 VN-CitySemiFi
- 57-3 -Steve Puryear (Crespi,Encino)1 5/8 LA-LgFir
- 57-3 -Kevin Marks (NevUn,GrVly)q 6/5 Sacto-StPrel
- 57-1.5 -Rick Brown (MissVie)4 5/29 Nor-StQual
- 56-10.75 *Larry Bryan (Damien,LaVq) 5/7 Pom-LgPre
- 56-10.75 -Andy Maloata (Pion,SJ)1 5/22 SanMat-LgF
- 56-9.5 *Mike Stubblefield (So,Bkfld)1 3/4 Fres-Invt
- 56-8.75 *Ro James (Enterprise,Redding) 4/
- 56-8.5 -Junior Seau (Oceanside)2 5/30 SD-SecFin
- 56-8 -Alex Smith (Madera)
- 56-5 *John Wirtz (Leland,SJ)1 5/14 SJ-LgFinals
- 56-5 -Tony Scanlon (Burr,Ridge)5/16/Qrt-SS4AF

Discus Throw

- 196-10 -David Bultman (Roy,Simiq)q 6/5 Sacto-StPrel
- 189-10 -Mike Bain (CorDelMar)1 3/28 Tustin-Invt
- 187-3 -Rick Cox (SanRam,Danv)1 3/26 dual meet
- 183-5 *John Wirtz (Lel,SJ)1 5/29 SJ-CenCstSecF
- 181-10 -Mike Tozzi (PasoRob) 4/28 Lompoc-LgFin
- 178-11 -Alex Smith (Madera)1 5/21 Fres-CenSecFi
- 178-7 -Tony Scanlon (Burr,Ridge)3 5/29 Nor-StQual
- 176-6 *Mike Stubblefield (So,Bkfld)1 4/4 Tul-Invt
- 175-10 -Nick White (Bell,SJ)2 5/29 SJ-SecFin
- 173-3 -Joe Glick (MtWhit,Vis)1 5/15 Tul-CenArea
- 173-2 *Greg Winkler (StFran,MtnVw)q 6/5 Sacto-StP
- 173-1 -Rick Brown (MissVie)1 5/8 Irvine-LgFin
- 172-4 ? Clements (Willows) 4/
- 172-3 ?Wes Bogrstedt (Soquel)1 5/1 LosGatos-Invt
- 172-0 -Sean Ullom (Orange)1 4/2 dual meet
- 171-4 ?Bob Rawles (Palma,Salin)4 5/29 SJ-SecFi
- 171-4 -Robert Malsack (Escond)1 5/30 SD-SecFin
- 170-9 -Allen Smith (Madera)q 6/5 Sacto-StPrel
- 169-10 *Damien Jenkins (Saugus)q 4/30 QrtzH-LgF
- 169-9 -Dave Cvitanovic (Serra,SanMat)1 5/21 Reg



1987 California Girls High School Best Marks List

By Doug Speck



Left to Right: Kira Jorgensen, Mary Mendoza, Kathy Karpel and Melissa Sutton.

The following are believed to be the top marks achieved by California preps during the 1987 Track and Field season. Marks listed up through 200 meters are fully automatic Accutrack clockings, marks followed by a "c" are converted from the equivalent yard or metric distance. * = junior, ** = sophomore, *** = freshman, ? = grade unknown.

Please send any corrections or additions to: Doug Speck, 563 No. Willowgrove, Glendora, California 91740.

100 Meters (Fully Automatic Electronic Accutrack)

11.76	Janeene Vickers (Pomona)(1)6/6-Sacto-St.Final
11.83	Maddette Smith(Quartz Hill)(1)2-Artes-SS3APre
11.84	Ronda Brooks(Oakland)(1)5/30-Oak/SF Finals
11.91	LaShawn Simmons(EI Monte)(1)1/6/5-Sacto-St.P
11.93	Stacey Rogers(Johnson,Sacto)(2)1/6/5-Sac-St.P
11.98	**Angie Davidson(Wasco)(1)5/15-Bakst-SoArea
12.00	**Angela Burnham(Rio Mesa,Oxnard)(1)3/7-Oxlin
12.03	Kim Matthews(Morse,S.D.)(3)1/6/5-Sac-St.Pre
12.10	**Leann Tinkshell(Locke)(6)6/16-Sac-St.Finals
12.16	***Kee-Sha Adams(Hawthorne)(1)Op/4/4-Tx-TxRe
12.17	Karen Lawson(St.Francis,MtV)(1)1/5/1-LGatosI
12.21	Effie Daetz(Leigh,SJ)(2)5/1-LosGatosInv
12.25	**Abiola Davis(Berkeley)(1)1/5/29-NoCstPre
12.26	Adienna Thomas(Hawthorne)(3)4/11-ArcadiaInv
12.29	*Deaudra Wheeler(Hawthorne)(2)3/7-OxnardInv
12.31	Laura Isles(EI Camino,Ocsde)(1)1/5/23-SD-SecF
12.34	**Shamone Chisom(Edison,HB)(1)5/15-Fres-Ar
12.34	*Onnie Ferguson(Crawford,SD)(3)5/6/5-Sac-StP
12.36	***LeNia Brice(Lincoln,Stktn)(8)6/6-Sac-StF
12.41	*Fatima Grisby(Edison,Fres)(2)4/25-BakstInv

100 Meters (Wind-Aided Accutrack)

11.49	Janeene Vickers(Pomona)5/23-Norw-SS3AFinI
11.53	Maddette Smith(Quartz Hill)(1)5/23-Norw-SS4AFI
11.62	LaShawn Simmons(EI Monte)(2)5/23-Nor-SS3AF
11.79	Ronda Brooks(Oakland)(1)4/34/3-FresInv
11.79	Stacey Rogers(Johnson,Sacto)(1)5/29-Mod-SacJF
11.91	**Charlotte Vines(San Marcos,SB)(2)5/23-4A F
11.94	**Angie Davidson(Wasco)(1)5/21-Fres-Sec F
11.95	Kim Matthews(Morse,SD)(1)3/5/23-SD-SecSe F
12.02	***Kee-Sha Adams(Hawthorne)(2)4/25-Waln-Mt.Sc
12.04	Messina Li(No.Torrance)(1)5/8-Torr-Lge F

200 Meters (Accutrack)

24.09	***Kee-Sha Adams(Hawthorne)(1)3/28-LA Inv
24.12	Maddette Smith(Quartz Hill)(1)6/6-Sac-St F
24.17	Janeene Vickers(Pomona)(1)4/25-Mt.Sac Inv

24.28	***Angela Rolfe(Dorsey,LA)(3)6/6-Sac-St F
24.45	Ronda Brooks(Oakland)(1)5/30-Oak/SF Finals
24.47	**Angela Burnham(Rio Mesa,Oxn)(1)4/11-Arc Inv
24.49	Rosie Williams(E Nicolaus,Trwbdg)(4)6/6-Sac-F
24.62	Kim Matthews(Morse,SD)(2)5/29-Nor-StQual
24.79	*Simone Cain(Hueneme,Oxn)(2)5/29-Nor-StQual
24.79	**Roslyn Mack(St.Franc,MtV)(7)5-Phi,PA-AgGp
24.82	**Debra Hamilton(Locke)(2)5/30-VnNys-Cty F
24.82	Stacey Rogers(Johnson,Sacto) list
24.93	*Crystal Irving(Poly,LB)(1)2/5/16-Art-SS4A Pre
24.96	*Andreen Alvarenga(Mitty,SJ)(7)6/6-Sac-St F
25.07	**Roslyn Mack(St.Franc,MtV)(2)5/1-L.Gatos Inv
25.09	**Leann Tinkshell(Locke)(4)4/25-Mt.Sac Inv
25.15	**Angela Davidson(Wasco)(1)5/21-Fres-CS Fin
25.20	*Deanna Amy(Hawthorne)(3)5/29-Norwalk-StQual
25.25	Yolanda Fitch(Morse,SD)(1)1/5/23-SD-SecSm F
25.32	Staci Leach(Thous Oaks)(3)3/28-LA Inv

200 Meters (Wind-Aided Accutrack)

23.95	Ronda Brooks(Oakland)(3)1/6/5-Sac-St Prel
23.96	Rosie Williams(E Nicolaus)(1)1/6/5-Sac-St Pr
24.24	Stacey Rogers(Johnson,Sacto)(1)4/18-SanJos Inv
25.19	Daria Vaughn(Mira Mesa,SD)(3)5/30-SD Sec Fin
25.30	**Sabrina Lee(Washington,Fr)(5)2/6/5-Sac-SP
25.31	Patricia Brown(Chowch)(5)1/6/5-Sac-St Pre
24.32	*Andreen Alvarenga(Mitty,SJ)(h)4/11-Inv
24.35	*Simone Cain(Hueneme,Oxn)(2)3/6/5-Sac-St P
24.51	Kim Matthews(Morse,SD)(1)5/30-SD-Sec Finals

400 Meters (Accutrack and Hand-Timed--Accutrack times placed .14 ahead of hand-times for comparison on this list)

53.55	**Angela Rolfe(Dorsey)(1)6/6-Sac-St Finals
53.96	*Crystal Irving(Poly,LB)(2)6/6-Sacto-St F
54.64	Janeene Vickers(Pomona)(4)2/20-LA-LATimes I
54.75	*Andreen Alvarenga(Mitty,SJ)(3)6/6-Sac-St F
54.90	*Bernitha Whitmire(Compton)(2)5/23-Nor-SS4A
55.09	**Debra Hamilton(Locke)(1)4/11-Arcadia Inv
55.23	*Simone Cain(Hueneme,Oxn)(3)5/23-Nor-SS4A f
55.46 A	**Kim McAllister(Locke)(2)7/25-Provo,UT-JOCh
55.60	**Roslyn Mack(St.Franc,MtV)(5)6/6-Sac-St F
55.95	D'Angela Smith(Valley,Sacto)(7)6/6-Sac-St F
56.15 A	*Courtney Clark(Las Lomas,WnCh)(3)7/25-Prov
56.1	Rosie Williams(E Nicolaus)(2)2/6/5-Sac-St Pre
56.37	**Staci Moore(Muir,Pas)(4)5/25-Norw-SS4A
56.40	Lezil Jensen(LosGatos)(2)5/11-LosGatos Inv
56.46	Ronda Brooks(Oakland)(1)3/21-LosGatos Inv
56.64	Yolanda Fitch(Morse,SD)(1)5/30-SD-Sec Fin
56.71	Socorro Vasquez(SoGate)(4)5/30-VanNuys-Cy F
56.81	Stacey Rogers(Johnson,Sacto)(2)5/8-Sac Inv
56.86	Wendi Simmons(S.Rosa)(1)5/30-Berk-NoCstSec
56.99	**Kathi Roldan(Mt.Whit,Visa)(1)5/21-Fres-Sec F

800 Meters (Accutrack and Hand-Timed--Accutrack times placed .14 ahead of hand-times for comparison on this list)

2:12.38	Kris Koche(Ventura)(1)3/28-LA Inv
2:12.36	**Kim McAllister(Locke)(7)5-Phil-AgeGrp
2:12.61	*Kristina Hand(Fallbrook)(1)4/11-Arcad Inv
2:12.70	Kathryn Krieger(SLO)(1)5/29-Nor-St Qual
2:12.86	*Erika Lovett(Savanna,Anaheim)(2)5/29-Nor-StQ
2:13.2	Angela Stearns(SilverCk,SJ)(1)1/31-Berk-AC
2:13.43	Kathy Lee(Acalanes,Lafyt)(1)2/6/5-Sac-St P
2:13.45	*Alitha Moses(Morningsde,Ing)(4)7/5-Phil-AgGp
2:13.69	**Persephone Lowery(Norco)(4)6/6-Sac-St F
2:14.10	Glenda Smith(Upland)(3)4/11-Arcadia Inv
2:14.10	*Courtney Clark(LasLomas)(2)2/6/5-Sac-St P
2:14.72	*Shannon Leider(Clovis)(3)4/3/4/25-Mt.Sac In
2:14.83	Kathy Karpel(OceanVw,HB)(2)5/23-Nor-SS4A F
2:15.20	**Kim Toney(Atasca)(1)5/23-Nor-SS4A F
2:15.64	*Desiree Joubert(Westlik)(1)1/5/16-Arts-4A P
2:15.77	*Gabby Mackenzie(Dixon)(4)4/11-Arcadia Inv
2:15.7	Mary Mendoza(Presentation)(1)5/1-L.Gatos Inv
2:15.95	Shannon Karpel(OceanView)(3)3/28-LA Inv
2:16.07	*Christina Ross(Hawthorne)(3)5/23-Nor-SS4A Fin
2:16.18	*Christy Bache(University,SD)(2)5/30-SD-Sec F

One Mile Run (Accutrack and Hand-Timed. Accutrack times placed .14 ahead of hand-times for comparison on this list)

4:47.66c	**Kira Jorgensen(Vista)(1)6/6-Sac-St F
4:48.27c	*Robbyn Bryant(Hesperia)(2)6/6-Sac-St F
4:54.9c	Mary Mendoza(Presentation)(1)5/1-L.Gatos Inv
4:54.73c	*Tracey Williams(Mt View,EIM)(2)5/29-SQ
4:55.88c	Kathy Karpel(OceanView,HB)(3)5/29-Nor-St Q
4:56.94	Melissa Sutton(Newbury Pk)(4)5/29-Nor-St Q
4:57.05c	*Brigid Freyne(RiversidePoly)(5)5/29-NorStQ
4:57.15c	**Reyna Cervantes(Montebello)(2)4/11-Arcad Inv
4:59.31c	Kara Olson(SanPedro)(7)6/6-Sac-St Finals
5:00.20c	Kelli Lewis(DanaHills)(6)5/29-Nor-St Q
5:00.4c	**Beth Bartholomew(Fremont,Snv)(2)5/30-SJS
5:00.68c	Shannon Karpel(OceanView)(7)5/29-St. Qual
5:01.0	*Katy McCandless(Castilleja)(3)5/1-L.Gatos In
5:01.7c	Christy Farrell(Thous Oaks)(1)5/1-Camar Inv
5:03.4c	*Kristina Hand(Fallbrook)(5)5/13-LgePrelims
5:03.84c	**Ashley Black(PalosVerdes)(7)4/11-Arcadia Inv
5:03.90c	Melanie Hiatt(Davis)(8)4/11-Arcadia Inv
5:03.81	Angela Stearns(SilverCk,SJ)(1)1/16-LA Sunkist
5:04.4c	*Laurie Andeen(MenloAth)(6)1/6/5-Sac-St Pre
5:05.45c	Nicole Nugent(TorreyPines)(1)3/28-LA Inv

□ Prep Notes

Two Mile (Accutrack and Hand-Timed. Accutrack placed .14 ahead of hand-times for comparison on this list)

10:26.68	Mary Mendoza(Presentation,SJ)(1)6/6-Sac St.
10:27.88	**Kira Jorgensen(Vista)(1)4/11-Arcadia Inv.
10:34.41	**Reyna Cervantes(Montebello)(3)6/6-Sac-St.
10:35.64	***Karen Hecox(So.Hills,Cyna)(4)6/6-Sac-St.
10:35.71	*Tracey Williams(Mt.View,ElMonte)(1)1/16-LA S
10:36.47	*Katy McCandless(Castilleja)(5)6/6-State
10:37.81	Melissa Sutton(NewburyPark)(2)1/16-LA Sunk
10:38.08	*Brigid Freyne(RiversidePoly)(3)5/29-Nor-StQ
10:40.92	Christy Farrell(ThousOaks)(3)4/11-Arcadia Inv
10:41.7c	Nicole Nugent(TorreyPines)(8)6/6-Sac-St
10:45.74	*Nicole Houle(Heaporia)(7)4/11-Arcadia Inv
10:46.3	*Tammy Foley(MissionSanJose)(2)11/1-LG-Post
10:47.30	***Tanya Thayer(Serrano,Phetan)(8)4/11-ArcInv
10:47.94	**Ashley Black(PalosVerdes)(6)5/29-Nor-StQ
10:49.4c	*Jamie Park(S.Barb)(9)4/11-Arcadia Inv
10:54.61	Jeanise Eisenman(Calisto)(1)5/29-Berk-NoCF
10:54.5c	Kara Olson(SanPedro)(9)6/6-Sac-State
11:02.1	**Mugsy Kosek(Gunn,PaloAlto)(3)5/1-LosGatIn
11:04.7	*Laurie Andeen(MenloAth)(4)5/7-LG Inv
11:05.28	Chris Hamilton(So.Torrance)(4)5/23-Nor-SS3A

300 Meter Hurdles (Accutrack and Hand-Timed-Accutrack times are listed .24 ahead of hand-times for comparison on this list)

40.26	Jeneene Vickers(Pomona)(1)1/6/5-Sac-St P
41.86	Effie Daetz(Leigh,SJ)(2)6/5-Sac-St F
41.94	Laurie Smith(Valley,Sacto)(3)6/6-Sac-St F
42.69	Staci Leach(ThousOaks)(1)5/23-Nor-SS4A F
42.5	Laura Ainsworth(Fremont)(1)5/7-LA-Lge F
42.88	Sharon Manship(ThousOaks)(2)5/29-Nor-St Q
42.97c	Gina Albanese(Branham,SJ)(1)5/15-LG LF
43.08	Chriselle Johnson(Stagg,Stktn)(6)6/6-SacSt F
43.27	Wendi Simmons(SantaRosa)(7)6/6-Sac St FI
43.47	*Michelle DeCoux(BishO'Dowd)(1)5/30-Berk NC
43.71	Lori Finnerty(PiedmontHills)(8)6/6-Sac St F
43.7c	LaShawn McBride(Poly,LB)(1)4/24-dual meet
44.03	Doris Williams(RiversPoly)(4)5/29-Nor StQ
44.17	Julie Rosemond(Ventura)(5)5/29-Nor St Q
44.42	**Kim Young(Madera)(1)5/7-Fresno-Lg F
44.42	*Loni Larson(Fillmore)(6)5/29-Nor St Q
44.44	Lisa Vanderburg(Walnut)(1)3/23-Nor SS3A F
44.52	*Leslie Allen(Muir,Pasad)(7)5/29-Nor St Q
44.54	*Danielle Reaves(Esperanza,Anah)(2)5/23-Norw
44.56	Felicia Harris(SanLorenzo)(2)5/23-S.R.NC2AF

3:47.58	Hawthorne (1) 4/4-Austin,TX, Texas Relays
3:48.33	Muir, Pasadena (2) 6/6-Sac State Finals
3:48.3	Dorsey, LA (2) 5/30-VanNuys-LA City F
3:51.77	Valley, Sacto (3) 6/6-Sac State Finals
3:53.40	Woodbridge, Irvine (4) 5/29-Nor St Q
3:53.52	Thousand Oaks (5) 5/29-Nor St Qualifying
3:53.80	Corona del Mar (6) 5/29-Nor St Qual
3:53.7	Clovis (7) 6/6-Sacto State Finals
3:54.48	Morse, SanDiego (4/64) 4/25-Mt.Sac Inv
3:55.4	St.Francis,Mt.View (2) 4/18-SanJose Inv
3:56.3	Crawford, SanDiego (5h1)6/5-Sac St Prelims
3:56.5	Kennedy,Richmond (1) 5/30-Berk NoCstSec F
3:56.65	Acalanes,Lafayette(1)5/23-S.RosaNoCst2A F
3:57.04	Bishop O'Dowd,Oakland(2)5/30-BerkNoCstSec
3:57.48	Wilson,LongBeach (2h4)5/16-ArtesiaSoSec4A P
3:58.30	Upland(2)5/23-Norwalk-SoSec 3A Finals
3:58.45	Los Gatos (1) 5/29-SanJose CenCstSec F
3:58.57	Rio Mesa, Oxnard (3h4) 5/16-Artesia Pre
3:58.57	Morningside,Inglewood(2)5/23-Nor-SoSec2A F

High Jump

5-10 1/4	**Lori Svoboda(ElDorado,Plac)(1)5/29-NorSt Q
5-10	**Karol Damon(Redlands)(1)2/13-RedlandsAltCo
5-10	LaShawn McBride(Poly,LB)(1)3/12-dual meet
5-10	**Lynn Patrick(Serra,SD)(1)6/6-Sac St F
5-9 1/4	**Julieann Broughton(Armijo,FrId)Lge F
5-9	*Celia Willis(ClovisWest,Feno)(1)3/20-Freshoin
5-9	**Crissy Mills(CampbellHl,N.Hlyw)(1)6/25-Tor
5-9	Mary Prince (Paradise)
5-8	Stacia Pollock(Westlk,WestlkVil)(1)3/26-dual
5-8	Angie Evans(Vanden,TAFB)3/28 list
5-8	Renee Dabney(Morningside,Ingld)4/10 dual
5-8	Eugenia Miller(Crenshaw,LA)(q)6/5-SacStPrelim
5-8	Samantha Shaver(LosAltos)(5)6/6-Sac St F

photo by Burt Davis



JANEEN VICKERS

Fine Flicks by Don Gosney



Left to Right: Rosie Williams, Madette Smith and Ronda Brooks.

photo by Burt Davis



KIM McALLISTER

100 Meter Low Hurdles (Accutrack)

13.34	Janeene Vickers(Pomona)(1)6/6-Sac-St F
13.68	LaShawn Simmons(ElMonte)(2)6/6-Sac-St F
13.73	Staci Leach(ThousOaks)(2)5/29-Norw-St Q
13.76	Effie Daetz(Leigh,SJ)(3)6/6-Sac-St F
13.77	LaShawn McBride(Poly,LB)(1)5/23-Norw-SS4A F
13.77	Laurie Smith(Valley,Sacto)(2h1)6/5-Sac-St Pre
13.83	Doris Williams(RiversidePoly)(4)5/29-Nor St Q
14.05	Lori Finnerty(PiedmontHills,SJ)(4h1)6/5-Sac-StP
14.15	**Kim Young(Madera)(1)5/21-Fresno-Sec F
14.25	Shiana Mosby(E.BakersId)(2)5/21-FresnoSec F
14.26	*Lisa Hale(RiversidePoly)(2)5/7-Sun-Lge F
14.35	*Sharon Edmonds(Hawthorne)(2)3/28-LA Inv
14.37	Laura Ainsworth(Fremont,LA)(3h2)6/5-Sac-St P
14.40	Michelle Outlaw(Lincoln,SD)(1)5/30-SD-Sec F
14.42	Daria Vaughn(MiraMesa,SD)(2)4/18-SD Inv
14.42	April Broussard(Royal,Siml)(4)5/23-Nor-SS4A F
14.45	*Michelle DeCoux(BishO'Dowd)(4h2)6/5-SacSt
14.47	Julie Rosemond(Ventura)(6)5/29-Nor-St Q
14.54	Felicia Harris(SanLorenzo)(5h2)6/5-Sac-St P
14.56	**Latanya Davenport(Locke)(5)4/11-Arcad Inv

100 Meter Low Hurdles-Wind-aided: (Accutrack Timing)

13.63	Effie Daetz (Leigh, San Jose)
14.01	Lori Finnerty (Piedmont Hills, San Jose)
14.10	Laura Ainsworth (Fremont, LA)
14.16	Gina Albanese (Branham, San Jose)
14.20	Angie Evans (Vanden, Travis AFB)
14.33	*Michelle DeCoux (Bishop O'Dowd, Oakland)
14.37	*Lisa Fisher (Gunn, Palo Alto)
14.38	Chriselle Johnson (Stagg, Stockton)

400 Meter Relay (Accutrack and Hand-Times. Accutrack times placed .14 ahead of hand-times for comparison on this list)

46.31	Hawthorne (1) 3/29-LA Invitational
46.89	Morse, San Diego (1r57) 4/25-Mt.Sac Inv
46.95	St.Francis, Mt.View (1) 6/6-Sac St Finals
47.25	Dorsey, LA (1) 5/30-Van Nuys-City Finals
47.32	Pomona (1) 5/29-Norwalk State Qual
47.54	Locke, LA (1h1) 5/22-Van Nuys-LA City Si
47.79	Poly, LongBeach (4) 6/6-Sac St Finals
47.95	Oakland (3h3) 6/5-Sac State Prelims
48.08	Hueneme, Oxnard (5) 6/6-Sac State Finals
48.09	Crawford, San Diego (3h1) 6/5-Sac St Pre
48.13	Edison, Fresno (4h1) 6/5-Sac State Prelim
48.0	Johnson, Sacto (1) 5/1-Sacto Invitational
48.18	Vailejo (1) 5/8-Sacto Invitational
48.36	Cajon,SanBernardino 5/29-Norwalk St Qual
48.46	Patrick Henry, San Diego (3) 4/18-SD Inv
48.56	Rio Mesa, Oxnard (4h3) 6/5-Sac St Prel
48.7	Thousand Oaks (1) 5/6-Camarillo-League F
48.89	University, LA (2) 5/30-VanNuysCity F
48.90	Bishop O'Dowd, Oakland (1) 5/30-Berk NC
48.92	SanFernando (3) 5/30-VanNuys-LA City F
48.97	Ganessa, Pomona 5/29-Norw St Qualifying

1600 Meter Relay (Accutrack and Hand-Timed. Accutrack marks placed .14 ahead of hand-times for comparison on this list)

3:46.09	Locke, LA (1) 5/30-VanNuys LA City F
3:46.20	Poly, Long Beach (1) 6/6-Sac State Final

continued on next page...

□ Prep Notes

Fine Flicks by Don Gosney

Long Jump

20-11	Maddette Smith(Quartz Hill)(1)4/23-dual
20-1 1/4	LaShawn Simmons(EI Monte)(3)6/5-Sac St F
19-11 1/4	Serina Strange(Indio)(Q)6/5-Sac St Prelims
19-2	Lezli Jensen(Los Gatos)(1)5/15-LG-Lge Finals
19-1 1/2	Karen Lawson(St. Francis, Mt V)(1)6/6-Sac St Fi
19-1 1/4	Tonia Knott(Fresno)(Q)6/5-Sac St Prelims
19-1 1/4	Angie Evans(Vanden, TrAFB)(2)6/6-Sac St F
19-1	Laura Stowe(Tory Pns, Enct)(5)7 dual meet
18-10 1/4	Michelle Outlaw(Lincoln, SD)(4)11-Arcad Inv
18-8 1/2	Mario Aubert(Milpitas)(1)5/15-League Finals
18-8	Jackie Anderson(Mt. Miguel, Sp Vly)(1)4/9-dual
18-8	Gina Geon(EI Monte)(2)5/8-EI Monte-Lge F
18-8	Stacey Rogers(Johnson, Sacto)(5)16-League Fi
18-8	LaTanya Canada(Castle Pk, Ch Vis)(Q)5/23-SD Sec
18-8	Jennifer Hawes(Pleasant Vly, Chico)(1)5/29-Chi
18-7 3/4	***Tiesha Holmes(LA)(14)6/5-Sac St Prelims
18-4 1/2	Kristen Edwards(So Pasadena)(1)3/28-LA Inv
18-4 1/2	April Broussard(Royal, Simi)(2)5/23-Nor SS4AF
18-4	Wendi Simmons(S. Rosa)(2)3/28-Stanford Inv
18-4	LaShawn McBride(Poly, LB)(3)5/23-Nor SS4A F

Wind-Aided

20-4	LaShawn Simmons(EI Monte)(Q)6/5-Sac St P
19-6 1/2	Stacey Rogers(Johnson, Sacto)(1)6/5-Sac St P
19-4	LaTanya Canada(Castle Pk)(Q)6/5-Sac St P
19-3 3/4	Karen Lawson(St. Francis, Mt V)(Q)6/5-Sac St P
19-1	*Keshia Joseph(Eliwanda)(1)5/8-Ontario LG F
19-0 1/4	Merio Aubert(Milpitas)(1)5/29-San Jose Sec F
19-0 1/2	Michelle Outlaw(Lincoln, SD)(Q)6/5-Sac St P
19-0 1/2	April Broussard(Royal, Simi)(Q)6/5-Sac St Pre
18-10 1/2	**Yolanda Burton(McAteer, SF)(1)11Q/6/5-Sac St P
18-8 1/2	Jennifer Hawes(Pleasant Vly, Chi)(13Q)6/5-St Pr

Triple Jump

41-8 1/4	Jackie Anderson(Mt. Miguel)(1)5/23-SD Lge P
39-10 1/4	*Althia Moses(Morningside)(2)6/13-Inv-TAC
39-6 1/4	Kim Lassair(Northgate, WCK)(1)6/6-Sac St F
39-1 1/2	Angela Hill(Lincoln, LA)(Q)6/5-Sac St Prelims
39-0	Sharon Manship(Thous Oaks)(3)6/6-Sac St F
38-7 1/2	**LaFrancia West(Grossmt, LA)(Q)6/5-Sac St P
36-7	*Kim Young(Madera)(5)6/6-Sac St Finals
36-6	*Temecula Richardson(Western, Tu)(4)25-San Inv
36-5 1/2	*Tanya Conner(Barstow)(5)6/6-Sac St Finals
36-5	Kami Tarmar(Chico)(Q)6/5-Sac St Prelims
36-4	Wendi Simmons(Santa Rosa)(3)28-Stanford Inv
36-3	***Yolanda Burton(McAteer, SF)(Q)6/5-Sac St Pr
36-2	Cherise Poole(Patrick Henry)(1)4/2-dual
36-0	Felicia Harris(San Lorenzo)(1)5/14-Hay Lge F
37-11	Donelisa Anderson(Tustin)(1)4/23-dual
37-10 1/4	Serina Strange(Indio)(1)5/29-Nor-SIQ
37-10	**Ally Kolb(Monte Vista, Danv)(3)5/30-Berk N Sec
37-7 1/2	*Marj Gilles(Burbank)(1)3/28-Burbank Inv

37-7 1/4	Shiana Mosby(E. Baker Id)(5)25-list
37-5 1/4	Stacie Haro(Gilroy)(2)3/28-Stanford Inv
37-5 1/4	Cristina Gangnuss(Foothill, Plstn)(4)5/30-Berk Se

Wind-Aided

40-6 1/4	Felicia Harris(San Lorenzo)(1)5/22-UnCity NoCst
39-7 1/4	Kim Lassair(Nogate, WCK)(1)4/4-UnCity Inv
38-10	Wendi Simmons(S. Rosa)(1)3/28-Stanford Inv
38-0 1/4	Serina Strange(Indio)(4)4/24-Mt. Sac Invit
37-11 1/4	*Stacy Lyles(Valejo)(1)5/29-Modesto SacJ
37-10 1/4	Cynthia Fullwood(Escinal, Alam)(4)28 list
37-6	*Melynee Bass(Vacaville)(Q)5/27-Modesto SaJq
37-5 1/4	Stacie Haro(Gilroy)(1)5/29-San Jose Sec Finals
37-5 1/4	Gina Prince(Pacific Grv)(3)5/29-San Jose Sec F
37-5 1/4	*Jennifer Jackson(St. Franc, Mt V)(3)5/29-SJ Sec F

Shot Put

45-4	***Dawn Dumble(Bakersfld)(4)4-Tulare Inv
43-9 1/2	*Jennifer Wheelchel(Agoura)(1)6/6-Sac St F
43-0 1/4	*Heidi Ruiz(Los Gatos)(1)4/18-San Jose Inv
43-0	*Nancy Wannamaker(Pleasant Vly, Chi)(1)4/25-Chi
42-9	**Theresa Faafu(Ventura)(Q)6/5-Sac St Prelims
42-5	Yvonne Hill(Riverside Poly)(Q)6/5-Sac St Prelims
42-3	Michelle Campbell(Crawford, SD)(1)4/11-CV Inv
41-7 3/4	Starla Ahu (Vista) (1) 3/26-dual meet
41-1	Maureen McKinney(Reedley)(2)5/21-Fresno Sec
40-10 1/4	*Shannon Burns(Fremont, LA)(1)5/22-VNCity Si
40-9 1/4	Aloese Afatasi(Jefferson, DlyC)(Q)6/5-Sac St P
40-9 1/4	Vicki Gurney(EI Camino Real)(1)4/24-dual
40-7	*Tracy Wilson(Taft, WdIndH)(1)5/30-VNCity F
40-1	Robin Longwell(Grossmont)(5)15-Lakes Lge F
39-11	Sue Schall(Del Mar, SJ)(2)5/21-Los Gat, Reg3
39-9 1/4	***Angela Arrington(Palmdale)(1)5/8-Quartz HI
39-9 1/4	Laura Aranson(W. Bakersfld)(Q)6/5-Sac St P
39-6	*Missy Hake(Wilson, LA)(3)5/30-Van Nuys City F
39-6	*Carolyn Hueth(W. Torrance)(10Q)6/5-Sac St Pre
39-5 1/4	*Keshia Martin(Univ., LA)(4)5/30-VNCity Finals

Discus

157-7	***Dawn Dumble(Bakersfld)(5)1-Bakersfld Lg Pr
144-7	***Melissa Weis(Bakersfld)(5)6/20-Tucson, AZ Jr T
144-2	Terri Mann(PT. Loma, SD)(1)4/18-San Diego Inv
142-2	*Micheline Schaeffer(Carpinteria)(1)4/30-dual
141-7	Simara Taylor(Grant, Sacto)(5)1-Sacto Invit
139-1	Sheree Ogden (Antioch)(1)5/23-UnCity NoCst3A
138-8	Robin Longwell(Grossmont)(1)5/30-SD Sec F
138-7	Jennifer Ruff(Sequoia, Red City)(1)4/4-LAH Inv
138-6	**Allison Franke(Canyon, Anah)(Q)6/5-Sac St Pre
138-5	**Jenny Peters(Gunn, Palo Alto)(3)6/6-Sac St F
138-1	**Debbie Cembali(Amador Vly)(Q)5/22-UCNC
137-1	Tammy Bermudez(Fremont, Snyvie)(1)5/29-SJ F
137-0	***Reneeka Williams(Nogales, La Pu)(Q)6/5-Sac
136-8	Laurie Edelbrook(St. Jos, SM)(2)4/11-Carl Inv



MELISSA WEIS

135-10	*Donna McKinnon(Yreka)(1)5/29-Chico NoCst F
135-2	*Erica Moore(Ramona)(1)5/5-Corona Lge Finals
134-11	Debbie Frey(Yreka)(2)5/29-Chico NoCst F
134-5	*Lasonia Cole(Washington, Fres)(1)4/29-tri-way
134-1	Pat Simpson(Vacaville)(5)4/11-Arcadia Invite
134-0	*Marcy Cochran(Nordhoff, Ojai)(1)4/2-dual

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