

CEDNTRAL COAST SECTION  
REGION II

TRACK & FIELD CHAMPIONSHIPS  
1987

BOYS

Team Scores: Gunn 69, Leland 64, Monta Vista 57, Los Altos 51, Gunderson 47, Wilcox 33, Milpitas 32, Saratoga & Homestead 21, Palo Alto 16, Mt. View 15, Santa Clara & Cupertino 14, Fremont & Lincoln 8, Willow Glen 2.

Discus - 1. John Wirtz(Leland) 165-8, 2. Jamie Presser(Cupertino) 151-6, 3. Robert Wagner(Cupertino) 149-10, 4. John Fowler(Los Altos) 147-9, 5. Mack Johnson(Mt. View) 140-8, 6. Charles Haung(Mt. View) 139-10.

Long Jump - 1. Bobby Jones(Lel) 21'7.25", 2. Jason Krumwiede(Sar) 21'5", 3. Denis Carmichael(Wil) 21'4.25", 4. Stacy Boyd(Mil) 21'2.75", 5. Richard Small(Gunn) 20'11", 6. James Chong(Gund) 20'6.75"

440 Relay - 1. Gunn 43.1, 2. Gunderson 43.2, 3. Los Altos 43.4, 4. Palo Alto 44.1, 5. Willow Glen 44.4, 6. Saratoga 44.5

Mile Run - 1. Eric Woodland(Gund) 4:26.0, 2. Christian Lowe(LA) 4:26.9, 3. Mohamed Gulfaraz(PA) 4:29.1, 4. Steve Pietrowicz(Lyn) 4:29.3, 5. Matt Ringer(Hom) 4:29.9, 6. Sean Tate(Gund) 4:32.9, 7. John Denery(Sar) 4:33.6

Shotput - 1. Andy Maloata(Pio) 56'10.75", 2. John Wirtz(Lel) 55'5.5", 3. Will Gath(SC) 51'3.75", 4. John Fowler(LA) 48'4.25", 5. Joe Rapnut(LA) 48'3.25", 6. Ed White(SC) 48'3"

Pole Vault - 1. Chris Miceli(Lel) 13'6", 2. Charles Shafer(MtV) 12'6", 3. Doug Squires(Lel) 12'6", 4. James Ellsworth(MtV) 12'6", 5. Mike Pratt(MV) 12'0", 6. Peter Morcci(LA) 12'0"

400 - 1. Haile Clay(Gunn) 49.2, 2. Lamont McCalister(Gunn) 49.6, 3. Derek Uyeda(PA) 50.4, 4. Joe Green(Pio) 50.9, 5. Wynn Belton(LA) 51.0, 6. Stuart Schare(Sar) 51.1

800 - 1. Ray Dolph(MV) 1:56.4, 2. Steve Christie(Hom) 1:57.6, 3. Erno Klaasen(Lel) 1:58.1, 4. Cory Winters(LA) 1:59.4, 5. Rich Foster(Gund) 2:00.0, 6. Mike Pardini(Lyn) 2:01.4

High Jump - 1. Jason Krumwiede(Sar) 6'6", 2. Chris Brook(Gunn) 6'4", 3. Everett Jaime(Hom) 6'4", 4. Joe King(Gunn) 6'4", 5. Doug Squires(Lel) 6'2", 6. Tom West(MV) 6'2"

Triple Jump - 1. Chong(Gund) 45'5", 2. Nguyen(Fre) 44'2.75", 3. Small(Gunn) 43'10.5", 4. Boyd(Milp) 43'9.25", 5. Weinstock(Lel) 43'5", 6. Carmichael(Wil) 42'10.75"

300 IH - 1. Sean Robinson(MV) 39.9, 2. Will Fullmer(LA) 40.0, 3. Dave Hatcher(Lel) 40.2, 4. Charlie Schotbrough(SC) 40.4, 5. Stacy Boyd(Milp) 40.6, 6. David Neville(Gund) 41.4

200 - 1. Anthony Pacheco(Milp) 22.2, 2. Denis Carmichael(Wil) 22.3, 3. Tom West(MV) 22.4, 4. Ken Carlson(MV) 22.5, 5. Tommy Griffin(LA) 22.5, 6. Cornell Dayv's(Gund) 22.8

2 Mile Run - 1. Eric Woodland(Gund) 9:35.3, 2. Louis Ortiz(Linc) 9:58.9, 3. Mark Slocum(Hom) 9:43.5, 4. Jeff Dukes(Gunn) 9:44.3, 5. Christian Lowe(LA) 9:44.6, 6. Garth Utter(Lyn) 9:50

100 - 1. Denis Carmichael(Wil) 10.7, 2. Anthony Pacheco(Milp) 10.8, 3. Ken Carlson(MV) 11.0, 4. Sean McAlpin(Lyn) 11.1, 5. Tom Hempler(Gund) 11.1, 6. Alex Chin(LA) 11.3

110 HH - 1. Sean Robinson(MV) 15.1, 2. Derek Palmer(Wil) 15.3, 3. Joe King(Gunn) 15.4, 4. Stacy Boyd(Milp) 15.4, 5. Charlie Schotbrough(SC) 15.5, 6. Will Fullmer(LA) 15.6

Mile Relay - 1. Gunn 3:23.5, 2. Monta Vista 3:24.1, 3. Los Altos 3:25.1, 4. Leland 3:26.6, 5. Saratoga 3:27.3, 6. Gunderson 3:28.2

## GIRLS

Team Scores: St. Francis & Fremont 98, Gunn 48, Leland 44, Palo Alto 42, Los Altos 38, Saratoga 23, Milpitas 18, Mountain View 16, Gunderson 12, Monta Vista 7, Willow Glen 6, Homestead 4, Pioneer 4.

Shotput - 1. Megan McMahon(Gunn) 35'1.75", 2. Shannon Parker(SF) 35'0.5", 3. Diane Gentile(Gund) 33'9.5", 4. Joanna Berton(Gund) 33'6", 5. Dena Rhodes(MtV) 33'2", 6. Julie King(Lel) 32'11.25"

High Jump - 1. Samantha Shaver(LA) 5'6", 2. Robin Campana(MtV) 5'4", 3. Sue Lowery(Fre) 5'2" 4. Missy Burwitz(Sar) 5'0", 5. Elisa Ruegg(PA) 4'10", 6. Erin Erving(PA) 4'10", 7. Lisa McCormack(Hom) 4'10" 6

Triple Jump - 1. Jennifer Jackson(SF) 36'10", 2. Kris Paaso(LA) 36'5.5", 3. Brooke Bartholomew(Fre) 35'11.75", 4. Kathy Baird(MV) 34'10", 5. Beth Lisick(Sar) 34'9.5", 6. Megan Fairfield(Fre) 34'2.75", 7. Kelly Hanson(SF) 33'10.5" 6+1=7

440 Relay - 1. Saint Francis 47.5, 2. Leland 49.5, 3. Fremont 49.8, 4. Palo Alto 50.2, 5. Mt. View 51.0, 6. Saratoga 51.1 6

Mile Run - 1. Beth Bartholomew(Fre) 5:05.0, 2. Phuong Sites(Fre) 5:07.7, 3. Jennifer Ashe(Lel) 5:09.0, 4. Janet Rollier(MtV) 5:21.6, 5. Jenny Lemes(LA) 5:22.8, 6. Laurie Homer(Lel) 5:26.3 18

Discus - 1. Jenny Peters(Gunn) 124'1", 2. Tammy Bermudes(Fre) 122'8.5", 3. Joci Houston(WG) 106'8", 4. Jean Rush(Milp)-105'7.5", 5. Annika Boklund(Fre) 105'1", 6. Joanna Berton(Gund) 103'7" 8+2=10

400 - 1. Roslyn Mack(SF) 56.6, 2. Joslyn Mack(SF) 57.8, 3. Liz Lynch(SF) 59.4, 4. Mary Sprowl(Pio) 59.7, 5. Cathy Christiansen(PA) 60.6, 6. Karen Irvine(Sar) 1:01.0

100 - 1. Karen Lawson(SF) 12.2, 2. Michelle Barga(Fre) 12.5, 3. Laura Van(PA) 12.5, 4. Kristen Johnson(Lel) 12.5, 5. Pam Johnson(Milp) 12.7, 6. Mareke Veltman(Lel) 12.9 8

800 - 1. JoAnn Arnold(PA) 2:18.8, 2. Beth Bartholomew(Fre) 2:19.6, 3. Debbie Worlfe(Wil) 2:20.1, 4. Carole Loo(Lel) 2:20.2, 5. Kerri Gardner(Lel) 2:21.5, 6. Celestia Brown(Gund) 2:26.6 8

Long Jump - 1. Aubert(Milp) 18'8.25", 2. Lawson(SF) 18'2.5", 3. Van(PA) 17'3", 4. Lisick(Sar) 16'7.75", 5. Fairfield(Fre) 15'8.75", 6. Sanchagrín(Fre) 15'6.75" 3

300 IH - 1. Kris Paaso(LA) 45.2, 2. Lisa Fisher(Gunn) 45.8, 3. Jolene Pendleton(Fre) 45.9, 4. Nicole Sager(Sar) 46.8, 5. Britt Anderson(PA) 46.9, 6. Samantha Shaver 48.5 6

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200 - 1. Roslyn Mack(SF) 24.9, 2. Joslyn Mack(SF) 25.4, 3. Michelle Barga(Fre) 25.5, 4. Jennifer Crockett(Lel) 26.0, 5. Pam Johnson(Milp) 26.1, 6. Meka Duniven(Sar) 27.0

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2 Mile Run - 1. Mugsie Kosek(Gunn) 11:06.9, 2. Phyong Sites(Fre) 11:08.8, 3. Jennifer Ashe(Lel) 11:08.9, 4. Carol MacQuiddy(Hom) 11:38.4, 5. Kathie Rogers(Lel) 11.46, 6. Tegoin Anderson(Lel) 11:47.9

8

100 LH - 1. Lisa Fisher(Gunn) 14.3, 2. Britt Anderson(PA) 15.0, 3. Samantha Shaver(LA) 15.1, 4. Jolene Pendleton(Fre) 15.1, 5. Annette Johnson(MV) 15.2, 6. Kristi Gabrielson(MV) 15.7

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1600 Relay - 1. Saint Francis 3:58.6, 2. Fremont 4:04.8, 3. Saratoga 4:05.2, 4. Leland 4:05.2, 5. Palo Alto 4:05.4, 6. Los Altos 4:08.8.

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# Fremont, St. Francis girls tie

But review of films  
could change outcome

By Fran Errota

Special to the Times Tribune

Everyone knew Fremont and St. Francis high schools would wage a furious duel for the Region II girls track and field championship.

But few expected the De Anza Athletic League rivals to finish as co-champions Friday night at San Jose City College, pending a review of films of the 100-meter low hurdles. Both teams had 98 points, but the review of films scheduled today may change the outcome.

Fremont's Jolene Pendleton was credited with a fourth-place finish, but there is the possibility the films will show her finishing third.

In which case, Fremont would gain an extra two points and the team title. There is also the possibility the film will show her to have finished fifth, in which case St. Francis would be awarded the title.

Seniors Karen Lawson of St.

## Region II track

Francis and Tammy Bermudes of Fremont greeted the news as good news.

"It's always nice to win it by yourself," Lawson said, "but a share is better than nothing at all. I am real proud of my teammates, they all had a good night and I feel good about our doing well as a team."

Bermudes, who hung around long after she had completed her second and final event (discus), was ecstatic.

"Beating St. Francis in a dual meet and at our league championship meet was a big thrill," Bermudes said. "Doing this well against a team like that at the Regional level is really something, Fremont has come a long way this season."

Lawson had plenty to do with the St. Francis performance with her impressive victory in the 100 meters (12.2) and running legs on winning relay teams. She anchored the 400-meter relay team to a meet record 47.5 clocking and the 1,600-meter relay team ran 3:58.6.

Lawson was upset in the long jump, with her 18-2¼ effort finishing second to Milpitas' Marlo Aubert, who leaped 18-8¼.

"I didn't even know about her (Aubert)," Lawson said. "It was like she had come out of the woodwork, but she sure is a good jumper. I'll be more alert next week, I just hope the results will be in my favor at the CCS meet."

Although the St. Francis 400-meter relay unit (Joslyn Mack, Jennifer Jackson, Roslyn Mack and Lawson) accounted for the only meet mark, Gunn's Lisa Fisher tied the meet mark in the 100-meter hurdles set by Wendy Brown of Woodside at 14.3 in 1982. The meet was replete with good performances and good competition.

Winners included Roslyn Mack (24.9 in 200 and 56.6 in 400), Palo Alto's JoAnn Arnold (2:18.8) in 800, Fremont freshman Beth Bartholomew (5:05.0) in the mile, Gunn's Mugsie Kosek (11:06.9 in two-mile), Gunn's Fisher (14.3 in 100 hurdles) and Los Altos' Paaso (45.2) in the 300-meter low hurdles.

Winners in field events included Gunn sophomore Jennifer Peters (124-1 in discus), Gunn's freshman Megan McMahon (personal best 35-1¼ in shot put), St. Francis' Jackson (36-10 in triple jump), and Los Altos' Samantha Shaver (5-6 in high jump).

Although she didn't win an event, Fremont's Phuong Sites finished second in the mile and two-mile with personal-best efforts of 5:07.7 and 11:08.8. She led the longer race until the final turn when Kosek took charge.

## Track

### CENTRAL COAST SECTION Region II meet at San Jose City College BOYS

Team scores — Gunn 69, Leland 64, Monta Vista 57, Los Altos 51, Gunderson 47, Wilcox 33, Milpitas 32, Saratoga 21, Homestead 21, Palo Alto 16, Mountain View 15, Santa Clara 14, Cupertino 14, Lincoln 8, Willow Glen 2.

440 relay — Gunn 43.1, Gunderson 43.2, Los Altos 43.4, Palo Alto 44.1, Willow Glen 44.4, Saratoga 44.5.

Mile — Woodland (Gund) 4:26.0, Lowe (LA) 4:26.9, Gulfaraz (PA) 4:29.1, Pietrowicz (Lyn) 4:29.3, Ringer (H) 4:29.9, Tate (Gund) 4:32.9.

400m — Clay (Gunn) 49.2, McCaillister (Gunn) 49.6, Uyeda (PA) 50.4, Green (Pio) 50.9, Belton (LA) 51.0, Schare (S) 51.1.

800m — Dolph (MV) 1:56.4, Christie (H) 1:57.6, Klassen (Le) 1:58.1, Winters (LA) 1:59.4, Foster (Gund) 2:00.0, Pardini (Lyn) 2:01.4.

300m IH — Robinson (MV) 39.9, Fullmer (LA) 40.0, Hatcher (Le) 40.2, Schotbrough (SC) 40.4, Boyd (M) 40.6, Neville (Gund) 41.4.

200m — Pacheco (M) 22.2, Carmichael (W) 22.3, West (MV) 22.4, Carlson (MV) 22.5, Griffin (LA) 22.5, Davis (Gund) 22.8.

Two-mile — Woodland (Gund) 9:35.3, Ortiz (Lin) 9:58.9, Slocum (H) 9:43.5, Dukes (Gunn) 9:44.3, Lowe (LA) 9:44.6, Utter (Lyn) 9:50.0.

100m — Carmichael (W) 10.7, Pacheco (M) 10.8, Carlson (MV) 11.0, McAlpin (Lyn) 11.1, Hempler (Gund) 11.1, Chin (LA) 11.3.

110m HH — Robinson (MV) 15.1, Parmer (W) 15.3, King (Gunn) 15.4, Boyd (M) 15.4, Schotbrough (SC) 15.5, Fullmer (LA) 15.6.

MR — Gunn 3:23.5, Monta Vista 3:24.1, Los Altos 3:25.1, Leland 3:26.6, Saratoga 3:27.3, Gunderson 3:28.2.

DT — Wirtz (Le) 165-8, Presser (C) 151-6, Wagner (C) 149-10, Fowler (LA) 147-9, Johnson (Mtn. View) 140-8, Haung (Mtn. View) 139-10.

LJ — Jones (Le) 21-7¼, Krumwiede (S) 21-5, Carmichael (W) 21-4¼, Boyd (M) 21-2¾, Small (Gunn) 20-11, Chong (Gund) 20-6¾.

SP — Maloata (Pio) 56-10¾, Wirtz (Le) 55-5½, Gath (SC) 51-3¾, Fowler (LA) 48-4¼, Rapnut (LA) 48-3¼, White (SC) 48-3.

PV — Micell (Le) 13-6, Shaver (Mtn. View) 12-6, Squires (Le) 12-6, Ellsworth (Mtn. View) 12-6, Pratt (MV) 12-0, Moreci (LA) 12-0.

HJ — Krumwiede (S) 6-6, Brook (Gunn) 6-4, Jaime (H) 6-4, King (Gunn) 6-4, Squires (Le) 6-2, West (MV) 6-2.

TJ — Chong (Gund) 45-5, Nguyen (Fre) 44-2¾, Small (Gunn) 43-10½, Boyd (M) 43-9¼, Weinstock (Le) 43-5, Carmichael (W) 42-10¾.

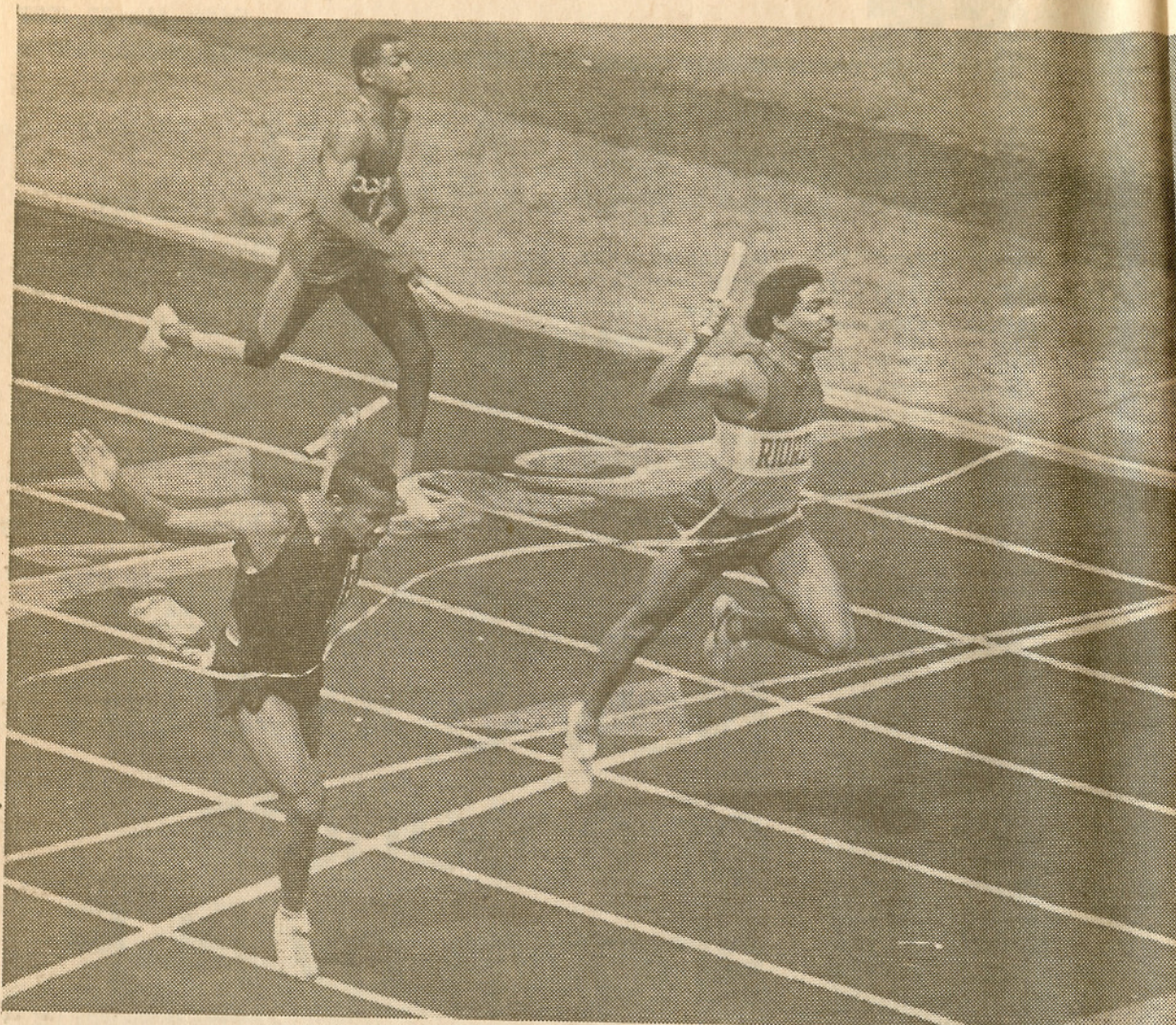
### GIRLS

Team scores — 1, St. Francis and Fremont 98; 3, Gunn 48; 4, Leland 44; 5, Palo Alto 42; 6, Los Altos 38; 7, Saratoga 23; 8, Milpitas 18; 9, Mountain View 16; 10, Gunderson 12; 11, Monta Vista 7; 12, Willow

Glen 6; 13, Homestead and Pioneer 4.  
440 R — 1, St. Francis 47.5; 2, Leland 49.5; 3, Fremont 49.8; 4, Palo Alto 50.2; 5, Mountain View 51.0; 6, Saratoga 51.1.  
400m — 1, R. Mack (SF) 56.6; 2, J. Mack (SF) 57.8; 3, Lynch (SF) 59.4; 4, Sprowl (Pio) 59.7; 5, Christiansen (PA) 1:00.6; 6, Irvine (Sar) 1:01.0.  
100m — 1, Lawson (SF) 12.2; 2, Barga (F) 12.5; 3, Van (PA) 12.5; 4, Johnson (Le) 12.5; 5, Johnson (Mil) 12.7; 6, Veltman (Le) 12.9.  
200m — 1, R. Mack (SF) 24.9; 2, M. Mack (SF) 25.4; 3, Barga (F) 25.5; 4, Crockett (26.0); 5, Johnson (M) 26.1; 6, Duniven (Sara) 27.0.  
800m — 1, Arnold (PA) 2:18.8; 2, Be. Bartholomew (F) 2:19.6; 3, Wolfe (W) 2:20.1; 4, Loo (Le) 2:20.2; 5, Gardner (Le) 2:21.5; 6, Brown (Gund) 2:26.6.  
300m IH — 1, Paaso (LA) 45.2; 2, Fisher (Gunn) 45.8; 3, Pendleton (F) 45.9; 4, Saper (Sara) 46.8; 5, Anderson (PA) 46.9; 6, Shaver (LA) 48.5.  
1,600m R — 1, Be. Bartholomew (F) 5:05.0; 2, Sites (F) 5:07.7; 3, Ashe (Le) 5:09.0; 4, Roller (Mtn. View) 5:21.6; 5, Lemes (LA) 5:22.8; 6, Homer (Le) 5:26.3.  
Two-mile — 1, Kosek (Gunn) 11:06.9; 2, Sites (F) 11:08.8; 3, Ashe (Le) 11:08.9; 4, MacQuiddy (H) 11:38.4; 5, Rogers (Le) 11:46; 6, Anderson (Le) 11:47.9.  
100m H — 1, Fisher (Gunn) 14.3; 2, Anderson (PA) 15.0; 3, Shaver (LA) 15.1; 4, Pendleton (F) 15.1; 5, Johnson (M. Vista) 15.2; 6, Gabrielson (M. Vista) 15.7.  
1,600m R — 1, St. Francis 3:58.6; 2, Fremont 4:04.8; 3, Saratoga 4:05.2; 4, Leland 4:05.2; 5, Palo Alto 4:05.4; 6, Los Altos 4:08.8.  
HJ — Shaver (LA) 5-6; 2, Campana (Mtn. View) 5-4; 3, Lowery (F) 5-2; 4, Hurwitz (Sara) 5-0; 5, Ruegg (PA) 4-10; 6, Erving (PA) 4-10; 7, McCormack (H) 4-10.  
TJ — 1, Jackson (SF) 36-10; 2, Paaso (LA) 36-5½; 3, Br. Bartholomew (F) 35-11¾; 4, Baird (M. Vista) 34-10; 5, Lisick (Sara) 34-9½; 6, Fairfield (F) 34-2¾; 7, Hanson (SF) 33-10½.  
SP — 1, McMahon (Gunn) 35-1¾; 2, Parker (SF) 34-5¾; 3, Gentile (Gund) 33-9½; 4, Berton (Gund) 33-6; 5, Rhodes (Mtn. View) 33-2; 6, King (Le) 32-11¼.  
DT — 1, Peters (Gunn) 124-1; 2, Bermudes (F) 122-8½; 3, Houston (WG) 106-8; 4, Rush (M) 105-7½; 5, Boklund (F) 105-1; 6, Berton (Gund) 103-7.  
LJ — 1, Aubert (Mil) 18-8¼; 2, Lawson (SF) 18-2½; 3, Van (PA) 17-3; 4, Lisick (Sara) 16-7¾; 5, Fairfield (F) 15-8¾; 6, Sanchagrin (F) 15-6½.

## Schedule





Times Tribune staff photo by Renee Lynn

Mitty's Brent Atkins (left) holds off Riordan star Tony Miller (right) at the tape to help the Monarchs win the Region II 400-meter relay final in 42.2, a CCS season best.

# Mitty star is quick, but not quick enough in Region I

By Dean Kahl

Special to the Times Tribune

Mitty High School sprinter Jeff Sakamoto managed to overcome severe shin splints and a strained shoulder muscle to have an excellent track season.

Yet, it was what really ailed Sakamoto in the Central Coast Section Region I boys meet Thursday at College of San Mateo that kept him from winning the 100 and 200 meters.

His problem? Tony Miller of Riordan.

Miller raced to CCS season bests in both sprints to lead Riordan to the team title in a meet dominated by West Catholic Athletic League teams.

The top six teams were from the seven-team WCAL. Riordan won with 68 points and Bellarmine was runner-up with 58, followed by St. Francis (49½), Serra (48), Mitty (47) and St. Ignatius (37).

Sakamoto ran his best 200 of the year (22.3) and a good 100 (11.0), but it wasn't enough to stop Miller from winning in 10.4 in the 100 and 21.1 in the 200.

Sakamoto, though, has been there.

"I'm kind of used to it," said Sakamoto, who was second to Miller

## Boys track

in the 100 in the WCAL finals. "What can you say? He's fast."

Sakamoto, though, also noted that being injury-free has eased his mind about not being able to catch the Riordan star.

"I've bounced back finally and it just feels good to run at full strength," Sakamoto said.

Full strength is exactly what Sakamoto and his teammates needed in an exciting and quick 400 relay in the meet's opening race. Sakamoto collaborated with Don Byrne, Loren Due and Brent Atkins to clock this season's fastest CCS sprint relay — 42.2. Atkins anchored the team and survived a furious charge from Miller. Riordan was also clocked at 42.2.

"For me, that's the best part of track," Sakamoto said. "I enjoy the camaraderie of running the relays and getting the sense of being a team. We wanted to set a record and we did."

Although Mitty's foursome showcased fine speed, the quartet of qualifying 3,200-meter entrants for next week's meet at Independence put on a show of their own. Carl-

mont's Brett Mack led the early part of the race, until Bellarmine's Rob Meinhardt assumed that position near the midway point.

Meinhardt led into the final lap, but appeared to tire around the final turn where Meinhardt, Mack, St. Francis' Kevin Brodie and Half Moon Bay's Fernando Villegas turned the race into a wild battle down the stretch. Villegas won in 9:31.5 and Mack was second in 9:32.2. Meinhardt finished third in 9:32.5 and Brodie was fourth.

Bellarmine's Scott Robinson had less competition as he breezed to victories in the 800 (1:54.0) and 1,600 (4:13.6). Teammate Mike Lodoen was second in both the 100 high hurdles and the 300 intermediates.

As well as Lodoen ran in the 300 IH, he was no match for Menlo-Atherton's powerful Chris Moura, who won in 38.3, his season best.

Serra's Dave Cvitanovic, beaten in the discus and shot at the WCAL finals, rallied to win Thursday's shot put to go with the discus title he won during Tuesday's trials. Cvitanovic won by adding nine feet to his best throw to win at 169-9.

Woodside's Ennis Hooker cleared 13-0 to finish second in the pole vault.



# GIRLS

Continued from B-1

earlier in the season. Her 142-0 throw at the Peninsula Athletic League finals last week is more than 10 feet better than the second-best throw in the CCS.

"She's been up and down at times this year," Smith said. "I guess if she follows any pattern at all, she's bound to bust loose with a big throw at the CCS meet."

Overall, Thursday's meet provided few surprises and many best times by most of the competitors. Menlo-Atherton's Laurie Andeen, Castilleja's Katy McCandless and Woodside's Janet Bowie (friends as well as teammates on the Woodside Striders Track Club) all qualified for the CCS finals in the 800, 1,600 and 3,200 meter races. Bowie and Andeen finished first and second in the 800, but neither they nor McCandless could catch Presentation's Mary Mendoza in the 1,600 or 3,200. Mendoza raced away from the pack right at the outset of both races and easily broke the two meet records she set last year.

In addition to the double wins by Alger and Mendoza, Carlmont's talented sophomore, Annette Coleman, sprinted to wins in the 100 (12.1) and 200 (25.5). M-A's Tina Whatley, who has run mostly in

Coleman's shadow, also qualified for CCS by finishing fourth in the 100 and third in the 200.

M-A's respectable fourth-place finish was aided by a pair of third-place finishes from its 400 and 1,600 relay teams and by a strong third-place showing by Sara Hageboeck in the 300 low hurdles.

San Mateo's Kristi Hakman also parlayed her best discus throw of the season (124-11) into a second-place finish — 12½ feet better than Kris Killejian's third-place toss of 111-7 for Aragon.

Mills' Alva Dancel also made a nice CCS qualifying showing by finishing a close second to Andeen in the 800.

Dancel's teammates, however, were edged by Aragon's sprint relay team for the final CCS qualifying spot.

The Region II boys and girls finals began today at 1 p.m. at San Jose City College, while the Region III boys and girls finals began at Independence High in San Jose at 3 p.m.

The Central Coast Section boys and girls finals begin one week from today at Independence High at 3:30 p.m., while the two-day CIF state meet starts two weeks from today at Hughes Stadium in Sacramento, with trials scheduled the first day and finals on Saturday, June 6.



Times Tribune staff photo by Renee Lynn  
Sequoia's Ada Alger wins the 100-meter hurdles in 14.8 in the Region II trials Thursday at College of San Mateo. Alger also won the 300 hurdles in 45.1.