

# Bellarmino boys, St. Francis girls claim team titles

By Fran Errota  
Special to the Times Tribune

Scott Bunnell and Jeff Novitzky showed they have returned to near peak form while winning their specialties with good efforts Saturday in the 10th annual Leigh-West Valley Relays on the West Valley College track.

Bunnell, a three-sport athlete at Gunn High School, recorded a season best of 58-11 to win the shot put. Novitzky, an All-Peninsula basketball selection at Mills, won the high jump with a 6-8 leap.

It was an outstanding day for Peninsula teams and individuals as Bellarmine won the boys' championship and St. Francis claimed the girls' crown, accounting for a meet record with a swift 48.06 in the 440 relay.

Bunnell and Novitzky, hopeful that illness and injuries are behind them, expressed pleasure with their marks.

Bunnell, who lost 15 pounds because of an illness following a trip to Mexico, expressed satisfaction from a mental as well as physical standpoint.

"I'm happy with my throw. It is close to my lifetime best (59-1½ last year)," Bunnell said. "I am pleased also because there were some outstanding throwers here, some athletes with good marks."

"I think I am mentally ready for the most important part of the season and I have regained almost all of my strength."

Among the shot putters in the competition Saturday was Roland Anderson of Menlo-Atherton, whose 59-10½ is the best mark in the state. He finished third with a 54-10 effort Saturday.

Novitzky felt relief after missing all the invitational meets since his 7-0 jump at the Stanford Invitational early in the season. He had been held out of meets because of a leg injury.

"It is as much a relief mentally as it is physically," Novitzky said.

## Prep track

### ● Prep scoreboard — E-8

"I had a problem with my approach, but it sure felt good to be jumping again."

Bunnell and Novitzky were not the only Peninsula winners. Todd Arnett of Los Altos beat Menlo-Atherton's Steve Toney for the second straight Saturday in the pole vault, and Chris Moura of M-A won the 440 intermediate hurdles in 56.04.

Arnett and Toney each cleared 14-6, but Arnett was declared the winner on of fewer misses.

The Peninsula had winners in the girls' division in Karen Lawson of St. Francis and Buffy Sexton of Mills.

Lawson led St. Francis with victories in the long jump and 100 meters, and ran anchor legs on the 440 and 880 relay units. She rushed off to the St. Francis junior prom following the 880 relay.

Lawson won the 100 in 11.86 over Woodside's Lashun Peters, who ran 12.03, and Lawson took the long jump with a 17-6½ mark. The Lancers won the 880 relay in 1:43.49 after taking the 440 in 48.06, bettering Carlmont's meet record of 48.5 in 1982. Jennifer Jackson, Joslyn Mack and Roslyn Mack also ran on both relays.

"I want to thank coach Filios (Steve) for running us in the 880 relay instead of the mile," Lawson said. "That gave me a two-hour head start on getting ready for the junior prom. I wanted to help the team and still go to the prom, which is important to me."

Sexton registered another double triumph and had a personal best in the shot put. She hit 42-0 with another outstanding series, and also won the discus at 123-0½.

"I didn't think my form was good on the 42-footer. When I heard

what the measurement I was really surprised," Sexton said. "I'm still having problems in the discus, but I did do 131-0 in a dual meet Thursday."

Veteran coach Plato Yanicks of M-A has coached his share of outstanding athletes, but reaching goals and personal bests give him as much pleasure as all the great individual efforts.

## LEIGH—WEST VALLEY RELAYS At West Valley College Boys

(Top three and local placers)  
100 meters — 1, Miller (Riordan) 10.59; 2, Minor (Berkeley) 10.61; 3, Vargas (Wilcox) 10.64; 4, Sundquist (Bellarmine) 10.64.  
120 yard HH — 1, Kemp (Independence) 14.55; 2, Loedon (Bellarmine) 14.56; 3, Aguilar (Moreau) 14.67; 5, Rudolph (M-A) 14.93.  
440 IH — 1, C. Moura (M-A) 56.04; 2, Villegas (Bellarmine) 56.45; 3, Loedon (Bellarmine) 56.75; 4, Koutouris (Lynbrook) 56.99; 5, Cachia (Bellarmine) 57.26.  
Mile Steeplechase — 1, Hill (Hill) 4:55.2 (meet record, old 4:56.6 by Machado, Moreau, 1985); 2, Cox (Woodside) 5:12.97; 3, Estes (Lassen) 5:15.19; 5, McKean (Bellarmine) 5:23.15.  
5,000 — 1, Sanders (Branham) 15:37.25; 2, Lopez (Hill) 15:38.66; 3, Armstrong (Carlmont) 15:47.7; 4, Melnhard (Bellarmine) 15:51.17.  
440 relay — 1, Riordan 43.26; 2, Skyline (Oakland) 43.62; 3, Berkeley 43.80; 5, Bellarmine 43.88.  
880 relay — 1, Bellarmine 1:31.08; 2, Riordan 1:31.38; 3, Moreau (Hayward) 1:32.43.  
Mile relay — 1, Berkeley 3:21.26; 2, Independence 3:22.4; 3, Santa Teresa.  
2-Mile relay — 1, St. Ignatius 8:06.98; 2, El Cerrito 8:12.27; 3, Bellarmine 8:15.20; 4, Serra 8:22.66.  
Sprint Medley — 1, Live Oak 3:39.75; 2, St. Francis 3:39.98; 3, Los Altos 3:40.29; 4, Gunn 3:40.79.  
4-Mile relay — 1, Jesuit, Carmichael (J. Thomas 4:34.5, P. Thomas 4:20.2, M. Mastalir 4:18.6, E. Mastalir 4:13.7) 17:28.51 (meet record, old 17:30.8 by Leigh, 1979; 2, Bellarmine (Robinson 4:28.0, Callon 4:20.8, Pena 4:33.0, Champeny 4:31.8) 17:53.78; 3, Lassen 18:00.0.  
DT — 1, McDaniels (Silver Creek) 164-1½; 2, Anderson (M-A) 156-1; 3, White (Bellarmine) 149-1; 4, Cufanovic (Serra) 145-0.  
SP — 1, Bunnell (Gunn) 58-11; 2, Squires (Moreau, Hayward) 55-8; 3, Anderson (M-A) 54-10; 4, Comfort (St. Francis) 54-1.  
HJ — 1, Novitsky (Mills) 6-8; 2, Proctor (Willow Glen) 6-6; 3, Terrill (Mission San Jose) 6-4; 5, Krumweide (Saratoaga) 6-0.  
TJ — 1, Rucker (Silver Creek) 48-7½; 2, Terrill (Mission San Jose) 47-7½; 3, Jackson (Riordan) 45-5¾.  
LJ — 1, Rucker (Silver Creek) 23-1¼; 2, Jackson (Riordan) 23-1½; 3, Taylor (Santa Teresa) 22-8; 5, Carmichael (Wilcox) 21-9.  
PV — 1, Arnett (Los Altos) 14-6; 2, Toney (M-A) 14-6; 3, Jackson (Del Mar) 13-9; 5, Mathews (Gunn) 13-3.

## Girls

100 meters — 1, Lawson (St. Francis) 11.86; 2, Peters (Woodside) 12.03; 3, Lampkin (Independence) 12.27.  
100 meter LH — 1, Daetz (Leigh) 13.78; 2, Albanese (Branham) 14.37; 3, Banks (Oakland) 14.82; 5, Tuan (Mills) 15.36.  
440 LH — 1, Albanese (Branham) 62.34; 2, Olsen (Palo Alto) 66.38; 3, Arnold (Palo Alto) 67.83; 5, Alger (Sequoia) 73.07.  
Mile — 1, Mendoza (Presentation) 5:00.58; 2, Foley (Mission San Jose) 5:21.5; 3, Custello (Willow Glen) 5:25.17; 5, Mahaffey (Carlmont) 5:37.72.  
3,000 meters — 1, Chamberlain (Leigh) 9:59.86 (meet record, old 10:32.1 by Chamberlain, 1984); 2, Mendoza (Presentation) 10:06.86; 3, K. McCandless (Castilleja) 10:34.61; 5, Mahaffey (Carlmont) 11:30.7.  
440 relay — 1, St. Francis (J. Mack, Jackson, R. Mack, Lawson) 48.06 (meet record, old 48.5 by Carlmont, 1982); 2, Oakland 48.96; 3, El Cerrito 49.74; 4, Mitty 50.12.  
880 relay — 1, St. Francis (J. Mack, Jackson, R. Mack, Lawson) 1:43.49; 2, Oakland 1:43.49; 3, Mitty 1:44.76.  
Mile relay — 1, Oakland 3:58.04 (meet record, old 3:59.1 by Carlmont, 1981 and 1982); 2, Mitty 4:08.59; 3, El Cerrito 4:12.12.  
2-Mile relay — 1, Gunderson (Laurie Chapman 2:15 anchor leg) 9:41.83; 2, El Cerrito 9:42.83; 3, Santa Teresa 10:07.59.  
Distance medley (1320-440-880-Mile) 1, Gunderson (Chapman 4:54.0 anchor mile) 12:12.31 (meet record, old 12:21.7 by Lynbrook, 1981); 2, Leigh 12:37.0; 3, El Cerrito 12:40.80; 6, Palo Alto (Aofie Dowley 3:57.0, Mary Karen Olsen 1:05; Jennifer Cook 2:43.0, JoAnn Arnold 5:23.0) 13:08.0.  
DT — Sexton (Mills) 123-½; 2, Ruff (Sequoia) 119-9; 3, Stewart (Santa Teresa) 114-3½; 4, Crisler (Gunn) 104-11; 5, Clemens (Mitty) 104-10.  
SP — 1, Sexton (Mills) 42-0; 2, Stewart (Santa Teresa) 36-3; 3, Thomas (Oak Grove) 36-3; 4, Watkins (Berkeley) 34-6½; 5, Moore (Gunn) 34-2.  
HJ — 1, Von Schella (Skyline, Oakland) 5-2; 2, Weddington (Willow Glen) 5-2; 3, Hurwitz (Saratoaga) 5-0; 4, Bayleff (Cupertino) 5-0; 5, Erving (Palo Alto) 4-8.  
TJ — 1, Haro (Gilroy) 37-6; 2, Jackson (St. Francis) 36-9¾; 3, Lampkin (Independence) 35-9¼.  
LJ — 1, Lawson (St. Francis) 17-6½; 2, Riley (Independence) 17-1¾; 3, Owens (Silver Creek) 16-11.

"We had two long jumpers go over 21-0 today, and one of them had never jumped better than 19-0," Yanicks said. "Chris Moura was a distance runner when he started here, and now he's running the 330 intermediate hurdles. I'm pleased and proud of his victory in the 440 hurdles today."

Bellarmino set a school record of 17:53.78 while finishing second to Jesuit of Carmichael in four-mile relay. Jesuit set a meet record of 17:28.51 after setting a national record of 9:56.3 in the distance medley relay Friday night in Davis. Jesuit was led by twins Eric and Mark Mastalir, both headed for Stanford University. Bellarmine's team included Mark Callon, who also may attend Stanford.