

Bellarmino easily wins the title

Sundquist anchors Bells to victory in 400 relay

By Fran Errota
Special to the Times Tribune

Jeff Sundquist anchored Bellarmine Prep to victory in the 400-meter relay, the opening event on the track, and the Bells went on to win the West Catholic Athletic League track and field title Friday at Foothill College.

Sundquist helped the Bells run a rapid 42.57, just ahead of favored Riordan (42.59). Both teams were under the WCAL record set by a St. Ignatius foursome at 43.1 in 1976.

Bellarmino scored 189½ points to 91 for runner-up Riordan and 87½ for S.I. Serra was fourth with 41, followed by St. Francis (40), Mitty (36) and Sacred Heart (11).

"Our total is a complete surprise to me," Bells' coach Terry Ward said. "We competed extremely well. I had hoped to score 140 because I thought it would take that to win."

The top five finishers in each

Track

The PAL trials start Tuesday at 2 p.m. at the College of San Mateo. The PAL finals start Thursday at CSM at 2 p.m.

The SCVAL trials will be at Wilcox on Wednesday at 3 p.m. Finals begin at Foothill College on Saturday at 9 a.m.

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Riordan sophomore sensation Tony Miller for the final 100 meters, and the Bellarmine senior maintained the margin all the way.

Miller nudged Sundquist in quality 100 and 200 sprint fields, but

Sundquist, headed for Occidental College in the fall, found solace even in defeat.

"I did a lot of strength work early in the season, and now I'm working on speed," Sundquist said. "I am encouraged because I am getting closer (to Miller) each time out in the sprints."

Miller won the 100 in 10.70 over Sundquist, who was timed in 10.77, and it was even closer in the 200, in which Miller ran 22.09 to 22.13 for Sundquist.

"I think each of us led several times down the stretch in the 200," Sundquist said, "but he hit the tape just ahead of me. There are some big meets ahead, and I am hopeful I can stay in front like we did in the relay."

The outstanding effort in the field was a 57-5½ by St. Francis' Matt Comfort in the shot put.

Track

WEST CATHOLIC LEAGUE

Finals

At Foothill College (All races in meters)

Team scores — Bellarmine 189½, Riordan 91, St. Ignatius 87½, Serra 41, St. Francis 40, Mitty 36, Sacred Heart 11.

400 relay — 1, Bellarmine (Druehl, Caccia, Villegas, Sundquist) 42.57 (new meet record, old 43.1 by St. Ignatius, 1976); 2, Riordan 42.59; 3, Mitty 43.24; 4, St. Francis 43.98; 5, Serra 44.27; 6, Sacred Heart 46.76.

100 — 1, Miller (R) 10.70; 2, Sundquist (B) 10.77; 3, Allen (R) 11.09; 4, Sakamoto (M) 11.16; 5, Loville (R) 11.37; 6, Druehl (B) no time.

200 — 1, Miller (R) 22.09; 2, Sundquist (B) 22.13; 3, Druehl (B) 22.68; 4, Camp (SI) 22.81; 5, Reyes (S) 22.86; 6, Restani (S) 22.98.

400 — 1, Sledge (M) 49.47; 2,

Camp (SI) 50.17; 3, McClenahan (B) 50.38; 4, O'Connor (S) 50.75; 5, Carlos (R) 51.04; 6, Modeste (SF) 51.17.

800 — 1, Fitzgerald (SI) 1:54.46; 2, Loftus (SI) 1:55.15; 3, Robinson (B) 1:57.48; 4, Kuchra (SI) 1:58.41; 5, Hernandez (B) 1:59.18; 6, Donate (S) 2:00.69.

1,600 — 1, Robinson (B) 4:22.91; 2, Fitzgerald (SI) 4:23.62; 3, Champeny (B) 4:23.97; 4, Callon (B) 4:24.31; 5, Parker (SI) 4:24.84; 6, Pena (B) 4:27.38.

3,200 — 1, Callon (B) 9:46.34; 2, Meinhardt (B) 9:49.16; 3, Rao (S) 9:55.45; 4, Brodie (SF) 9:59.19; 5, Rush (S) 9:59.35; 6, Huber (S) 10:02.44.

110 HH — 1, Lodoen (B) 15.23; 2, Modeste (SF) 15.24; 3, Caccia (B) 15.25; 4, Villegas (B) 15.60; 5, Stroth (SH) 15.86; 6, Maggioncalda (SI) 16.03.

300 IH — 1, Villegas (B) 39.06; 2, Caccia (B) 39.40; 3, Rossi (SH) 39.82; 4, Javier (SF) 40.35; 5, Maggioncalda (SI) 41.20; 6, Sandorf (S) 42.41.

1,600 relay — 1, St. Ignatius 3:25.20; 2, Mitty 3:25.84; 3, Bellarmine 3:26.75; 4, Serra 3:28.88; 5, St. Francis 3:33.83; 6, Riordan 3:36.47.

SP — 1, Comfort (SF) 57-5½; 2, Robinson (B) 51-11; 3, Zilinskas (B) 51-6; 4, Howard (B) 49-8; 5, Sherman (M) 49-2; 6, Lang (SI) 48-11½.

DT — 1, McMahon (B) 157-2; 2, White (B) 156-3; 3, Cvitanovic (S) 155-6; 4, Comfort (SF) 148-3; 5, Lang (SI) 147-4½; 6, Hensley (S) 140-6½.

HJ — 1, Allen (R) 6-4; 2, O'Reilly (SI) 6-2; 3, Barrett (S) 6-2; 4, Jackson (R) 6-2; 5, Kissick (SI) 6-2; 6, Tognotti (SI) 6-0.

TJ — 1, Jackson (R) 45-0¾; 2, Matlack (B) 43-9¼; 3, Coverson (R) 43-9; 4, Cabatic (SI) 143-3½; 5, Woofler (S) 43-0¼; 6, Ramos (SF) 43-0.

LJ — 1, Jackson (R) 22-1½; 2, Rudd (B) 21-7½; 3, Atkins (M) 21-3; 4, Coverson (R) 20-11¼; 5, Kern (SF) 20-10½; 6, Matlack (B) 20-6¾.

FS — St. Ignatius 143½, St. Francis 126, Bellarmine 115, Mitty 49, Serra 26½, Riordan 24, Sacred Heart 1.

WCAL track

event qualified for the Central Coast Section Region I meet May 21 at College of San Mateo.

Greg Druehl, Rick Caccia, Gwynn Villegas and Sundquist ran the sprint relay in that order. The Bells won it with superior baton handling. An excellent exchange between Villegas and Sundquist sent Sundquist a yard ahead of

"I've hit 60 feet in practice, but this is my PR in competition," said Comfort, who is headed for the University of Southern California.

Other Bellarmine winners were Pat McMahon in the discus (157-2), Mike Lodoen in the 110-meter high hurdles (15.23), Villegas in the 300 intermediate hurdles (39.06), Mark Callon in 3,200 meters (46.34) and Scott Robinson in the mile (4:22.91).

1600-meter relay — 1, St. Francis 3:54.47c; 2, Los Gatos 3:55.63c; 3, Piedmont Hills 3:56.9c; 4, Gunderson 4:05.62c; 5, Leland 4:06.9c; 6, Palo Alto 4:07.28c; 7, Independence 4:07.37; 8, Mitty 4:07.49; 9, Aptos 4:14.7c; 10, Mills 4:15.7c.

Long jump — 1, Jensen (Los Gatos) 18-9½; 2, Lawson (St. Francis) 18-3½; 3, Pulterli (Los Gatos) 18-2½; 4, Haro (Gilroy) 18-2; 5, Wade (Monta Vista) 17-11; 6, Riley (Independence) 17-7¾; 7, Veltman (Leland) 17-5; 8, (tie) Patterson (Los Gatos) 17-½; Owens (Silver Creek) 17-½; 10, Olsen (Palo Alto) 16-9¼.

Triple jump — 1, Haro (Gilroy) 38-5¼; 2, Bartholomew (Fremont) 37-7; 3, Jensen (Los Gatos) 37-5; 4, Pulterli (Los Gatos) 37-2; 5, Veltman (Leland) 37-¼; 6, Jackson (St. Francis) 36-11½; 7, Lampkin (Independence) 36-5¾; 8, Beach (Gunn) 36-2; 9, Ambler (Los Altos) 36-0; 10, Van (Palo Alto) 35-2¼.

High jump — 1, (tie) Raquinio (King City) 5-4; Borgmeyer (Leland) 5-4; 3, Schulman (Mountain View) 5-3; 4, (tie) Hurlitz (Saratoga) 5-2; Sniffen (Westmont) 5-2; Sneed (Independence) 5-2; Wade (Los Gatos) 5-2; Weddington (Willow Glen) 5-2; 9, (tie) Gibbs (Westmont) 5-1; Cooper (Westmont) 5-1; Lowery (Fremont) 5-1.

Shot put — 1, Sexton (Mills) 42-0; 2, Ruiz (Los Gatos) 41-6½; 3, Afafasi (Jefferson) 37-11; 4, Stewart (Santa Teresa) 37-5; 5, Mar (Pacific Grove) 36-8½; 6, Schall (Del Mar) 36-4½; 7, Thomas (Oak Grove) 36-3; 8, Ramirez (Ailsa) 36-1; 9, Johnson (Piedmont Hills) 36-0; 10, Dumas (Mount Pleasant) 35-6.

Discus — 1, Sexton (Mills) 134-7½; 2, Bell (Leland) 126-7½; 3, Ruff (Sequoia) 126-5; 4, Stewart (Santa Teresa) 121-4; 5, Guinn (Branham) 120-2; 6, Ramirez (Ailsa) 119-9; 7, Dumas (Mount Pleasant) 117-6½; 8, Clemens (Mitty) 117-2; 9, (tie) Crisler (Gunn) 114-10½; Bermudes (Fremont) 114-10½.

Times Tribune track and field statistics compiled by Glenn Reeves

Track

WEST CATHOLIC LEAGUE
Trials
at Foothill College
(running events held in meters)

100 — Miller (Riordan) 11.0, Sundquist (Bellarmine), Loville (Riordan), Sakamoto (Mitty), Byrne (Mitty), Druelhi (Bellarmine), Allen (Riordan), Caccia (Bellarmine).

200 — Miller (Riordan) 23.0, Sundquist (Bellarmine), Sakamoto (Mitty), Sledge (Mitty), Gamp (St. Ignatius), Druelhi (Bellarmine), Restani (St. Francis), Reyes (Serra).

400 — Sledge (Mitty) 49.8, Loftus (St. Ignatius), Carlos (Riordan), McClenahan (Bellarmine), Gamp (St. Ignatius), O'Connor (Serra), Atkins (Mitty), Restani (Serra).

800 — Robinson (Bellarmine) 1:57.3, Fitzgerald (St. Ignatius), Loftus (St. Ignatius), Champeny (Bellarmine), Hernandez (Bellarmine), Kucha (St. Ignatius), Donate (Serra), Kelly (Serra).

110 HH — Modeste (St. Francis) 15.3, Caccia (Bellarmine), Lodoen (Bellarmine), Maggiancalda (St. Ignatius), Villegas (Bellarmine), Pearson (St. Francis), Stroth (Sacred Heart), McCloskey (Serra).

330 LH — Javier (St. Francis) 40.2, Caccia (Bellarmine), Villegas (Bellarmine), Rossi (Sacred Heart), Lodoen (Bellarmine), Maggiancalda (St. Ignatius), Sandorff (Serra), Shata (St. Ignatius).

SP — Comfort (St. Francis) 56-6½, Zilinka (Bellarmine), Lang (St. Ignatius), Howard (Bellarmine), Robinson (Bellarmine), Sherman (Mitty), Zapania (Sacred Heart), Cvitanovic (Serra).

DT — White (Bellarmine) 155-9, McMahon (Bellarmine), Cvitanovic (Serra), Smith (St. Ignatius), Lang (St. Ignatius), Teupel (Sacred Heart), Hensley (Serra), Comfort (St. Francis).

HJ — O'Brien (St. Francis), Tognotti (St. Ignatius), Kisich (St. Ignatius), Jackson (Riordan), Barrell (Serra), Estiverena (Bellarmine), O'Reilly (St. Ignatius), Allen (Riordan).

LJ — Rudd (Bellarmine) 21-6, Jackson (Riordan), Atkins (Mitty), Coverson (Riordan), Kern (St. Francis), Woolfer (Serra), Mallack (Bellarmine), Loville (Riordan), TJ — Jackson (Riordan) 43-11½, Coverson (Riordan), Cabatic (St. Ignatius), Woolfer (Serra), Ramos (St. Francis), Mallack (Bellarmine), Quanico (St. Ignatius), Ragual (St. Ignatius).

Track

Weightmen Matt Comfort of St. Francis and Nick White of Bellarmine turned in the best marks at the West Catholic Athletic League trials Tuesday at Foothill College.

Comfort had a mark of 56-6½ in the shot put, while White threw the discus 155-9.

PENINSULA ATHLETIC LEAGUE
Menio-Atherton 72, Aragon 55
440 relay — Aragon (Wilkins, K. Windell, Parrish, C. Windell) 50.83; M-A 51.5; 100m — Whatley (MA) 12.40, Daniels (MA) 13.04; K. Windell (A) 13.09; 220 — Whatley (MA) 26.60, C. Windell (A) 26.88; K. Windell (A) 27.94; 440 — Whatley (MA) 60.07, Parrish (A) 61.20, C. Windell (A) 61.59; 880 — Clazie (MA) 2:41.32, Hageboeck (MA) 2:41.47, Costello (A) 2:41.52; mile — Monolakis (A) 5:50.76, Clazie (MA) 6:09.2, Horstmeier (MA) 6:16.54; two-mile — Monolakis (A) 12:07.0, Clazie (MA) 12:55.0, Sell (A) 13:11.0; 100 LH — Hageboeck (MA) 16.82, Solomon (A) 17.92, Sowerwine (MA) 18.33; 330 LH — Hageboeck (MA) 52.03, Cunningham (A) 53.13, Ashley (MA) 55.08; MR — Aragon (Wilkins, Costello, C. Windell, Parrish) 4:23.56, M-A 4:30.58.
SP — Owens (MA) 30-1, Hoskins (MA) 28-11, Kellilian (A) 27-10; DT — Moses (MA) 93-5, Kellilian (A) 92-7½, Jones (MA) 89-2; HJ — Sowerwine (MA) 4-8, Lum (A) 4-6, Cunningham (A) 4-4; TJ — Uecker (A) 31-0, Sowerwine (MA) 30-11½, Raishin (MA) 30-3; LJ — Lum (A) 15-0, Raishin (MA) 14-5½, Sowerwine (MA) 13-8½.

Mills 80, Carlmont 47
440 relay — Mills (Garcia, Sommer, Tuan, Swindell) 53.2; 100 — Coleman (C) 11.2w, Sommer (M), B. Jones (C); 220 — Coleman (C) 27.1, Swindell (M), Sommer (M); 440 — Tuan (M) 65.1, Searle (C), Neaf (C); 880 — Swindell (M) 2:33.9, Ambus (M), Mahaffey (C); mile — Mahaffey (C) 5:50.8, Dankworth (M), Labadie (M); two-mile — Ma-

narrey (C) 12:14.0, Dankworth (M), Rowan (M); 110 HH — Kelly (M) 17.0, Peters (M), Garcia (M); 330 LH — Kelly (M) 52.2, Searle (C), Garcia (M); MR — Carlmont (L. Jones, Neaf, Haqq, B. Jones) 5:04.0.

SP — Sexton (M) 42-8½, Lavulo (M), Irlarbarde (M); DT — Sexton (M) 120-10, Lavulo (M), Nicewonger (C); HJ — Kelly (M) 4-6, Hooley (C), Dankworth (M); TJ — Coleman (C) 16-1, Absher (M), DeFilippo (M); LJ — L. Jones (C) 30-9, Garcia (M), Boals (M).

Capuchino 72, Sequoia 57
(events run in meters)

440 relay — Capuchino (Ruhland, Rerick, Burns, Alkhong) 52.4; 100 — Alger (S) 13.3, Alkhong (C), Rerick (C); 200 — Darbonne (S) 29.3, Rerick (C), Gerbis (S); 400 — Burns (C) 65.0, Gerbi (S), Baca (S); 800 — Anderson (C) 2:44.0, Maelilli (C), Williams (C); 1,600 — Maelilli (C) 6:36.0, Taft (S), Curr (C); two-mile — Anderson (C) 12:44.0, Curr (C), Taft (S); 100 LH — Darbonne (S) 15.9, Neal (C), Barnoske (S); 300 LH — Neal (C) 48.9, Alger (S), Quinn (C); MR — Sequoia 4:30.0.

SP — B. Mahe (C) 33-5, Topisani (C), L. Mahe (C); DT — Ruff (S) 119-10, B. Mahe (C), Coluson (S); HJ — Darbonne (S) 4-9, Willard (S), Okanda (C); LJ — Ruhland (C) 14-5½, Stewart (S), Barnoske (S); TJ — Barnoske (S) 30-6, Sweeney (C), Preusse (C).

San Mateo 77, Woodside 49

440 relay — San Mateo 54.5; 100 — Peters (W) 12.6, Davis (SM), Pearson (SM); 220 — Peters (W) 27.9, Pearson (SM), Davis (SM); 440 — Render (SM) 66.0, Nutting (SM), Finch (SM); 880 — Bowie (W) 2:26.0, Cluster (SM), Hennessy (W); mile — Cluster (SM) 5:30.1, Bowie (W), Heusch (SM); two-mile — McGill (W) 13:10.3, Sonner (SM), Dossa (SM); 110 LH — Tilton (SM) 18.2, Jenkins (W), Goggin (W); 330 LH — Tilton (SM) 53.3, Goggin (W), Crocker (SM); MR — Woodside (Peters, Goggin, Hennessy, Bowie) 4:30.2.

SP — Valea (SM) 31-0½, Hakman (SM), Green (W); DT — Hakman (SM) 108-2, Green (W), Valea (SM); HJ — Render (SM) 4-8, Tilton (SM), Jenkins (W); LJ — Green (W) 15-3, Pearson (SM), Sprague (SM); TJ — Sprague (SM) 32-11, Green (W).

M-A sprinter Whatley is glad she decided to

By Fran Errota
Special to the Times Tribune

Tina Whatley is not sorry she chose track as her spring sport rather than softball at Menio-Atherton High School.

Whatley proved she made the right decision Wednesday by winning the three sprint races to lead M-A to the Peninsula Athletic League girls' dual-meet title with a 72-55 victory over host Aragon.

The victory gave M-A's girls three consecutive unbeaten dual-meet seasons and 36 consecutive dual-meet victories.

Whatley, a sophomore, won the 100-meter dash in 12.40, the 220 in 26.60 and the 440 in 1:00.07, all

"I felt the pressure in the 440 because Aragon has good quarter-milers," Whatley said. "I was told to go out fast the first 220 and to push it around the turn. It worked because no one caught me."

Whatley had a two-yard lead going into the final turn and held off Aragon's Jill Parrish (1:01.20) and Caroline Windell (1:01.59). All three top finishers are sub-one-minute runners, and Windell ran in last year's state meet.

The 440 started only 10 minutes after Whatley and teammate Angie Daniels had finished one-two in the 100 and 20 minutes before she won the 220. Whatley held off Windell, who nearly made up a two-yard

deficit in the final 20 yards. Whatley clocked 26.60, Windell 26.88.

Jennifer Sowerwine's victory in the high jump gave the Bears their 64th point, clinching the meet with three events left.

Maribeth Clazie and Sara Hageboeck gave M-A a one-two finish in the 880, in which the Bears took the team lead for good.

Hageboeck also won the 100-meter hurdles in 16.82 and the 330-yard hurdles in 52.03.

Mary Monolakis was Aragon's only double winner. She won the two-mile in 12:07.0 and the mile in 5:50.76, with Clazie finishing second in both.

In other PAL girls' meets: