

# Los Altos' Mohr, M-A's Green impressive double winners

By Ian Cummings

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## Prep track

"That's it!" Jack Mohr shouted.

The Los Alto High School stand-out had just let fly with his final effort of the day in the shot put at the Foothill-St. Francis Invitational on Saturday.

"That's it, yeah!" Mohr yelled again as the shot fell to the ground a life-best 58-10 away to move Mohr from third to first and make him one of the day's five double winners.

Mohr also won the discus with a toss of 162-7, beating Gunn's Scott Bunnell by 12-6.

Other Peninsula double winners included Bellarmine's Jeff Sundquist in the 100 and 200 and Menlo-Atherton's Sonji Greene in the girls' 100 and 200.

Mohr, who finished sixth in the Central Coast Section in the shot last year, recently has developed a local rivalry with Bunnell, who established the top mark in the CCS this year with a 59-1½ Thursday. Saturday, Mohr was in third before his last put, and trailed Bunnell, who was in second with a 55-5 toss, by more than a foot.

"His competition definitely helps a lot," Mohr said afterward. "I saw

that throw Thursday, and I've been thinking about it ever since.

"Before (the last put), I'd been passing through slowly. I tried to pick up my speed (on the last one), and I was quicker all the way through."

Menlo-Atherton's Green was quick all day. She won the 100 meters in a reported Northern California best of 11.7 — a full half-second in front of second-place Donya Howard of Arroyo Grande (Sacramento), who ran in a different heat — and took the 200 in 25.3. Green also anchored the first-half of M-A's winning 400 relay tandem.

Only minutes after M-A's girls had run away from the field with a time of 48.5 in that event, M-A's boys held off Independence, 43.4 to 43.8, to make it a sweep for the Bears. It was the second time in a week eight days that the pair of M-A teams had accomplished the feat; both won the event in last Saturday's Stanford Invitational.

Cleve Prince, M-A's sprint coach,

explained the reasons for the girls' success.

"Sonji's outstanding, really competitive," he said. "We try to stress discipline in the passing zones.

"The boys' team is a surprise. All year long, I wanted to run (Mike) King. He does the best job on the first leg of anyone I've seen in a while. He's the last piece of the puzzle for that team."

King, who hasn't run on the relay in dual meets because he is used in too many other events, ran in the relay for the first time in the Stanford Invitational, where the Bears dropped two seconds off their previous best.

Bellarmine's Sundquist, a junior, won both of the sprints by close margins, running 10.8 in the 100 and 22.3 in the 200.

Two of the day's best marks were in the boys' high jump, in which Homestead's Mark Webster surpassed his life best by two inches in leaping 6-10, but lost to Overfelt's Jeff Rogers on fewer misses. Rogers finished second in the state meet last year with a mark of 6-11 and this season became the first CCS jumper in history to clear 7 feet.

### FOOTHILL-ST. FRANCIS INVITATIONAL At Foothill College (all races in meters)

#### BOYS

5,000 — 1, Blockhus (Mountain View) 15:32.6; 2, Walsh (Westmont) 15:37.8; 3, Bragg (Independence) 15:41.5; 4, Callon (Bellarmine) 15:44.0; 5, Crandell (San Mateo) 15:47.9; 6, Wall (Lassen) 15:50.3.

3200 relay — 1, Leigh (Garcia, Berkamp, Domingue, Jones) 8:11.9; 2, Palo Alto 8:45.5; 3, Mills 8:53.3; no fourth.

110 high hurdles — 1, Powell (Palo Alto) 14.8; 2, King (Menlo-Atherton) 15.0; 3, Kemp (Independence) 15.3; 4, Thomas (Monta Vista) 15.5; 5, Wetmore (Mitty) 15.6; 6, Caragher (Bellarmine) 15.6.

400 relay — 1, Menlo-Atherton (King, Kikunaga, Hsieh, Hudson) 43.4; 2, Independence 43.8; 3, Santa Teresa 43.8; 4, Bellarmine 43.8; 5, Hill 44.2; 6, Mills 44.3.

1,500 — 1, Rlordan (St. Ignatius) 4:03.4; 2, Scattini (Palma) 4:03.8; 3, O'Flaherty (Bellarmine) 4:04.3; 4, Laforce (Los Gatos) 4:06.3; 5, Santa Maria (Willow Glen) 4:07.9; 6, McQueen (La Canada) 4:08.4.

High jump — 1, Rogers (Overfelt) 6-10; 2, Webster (Homestead) 6-10; 3, Mosely (Monta Vista) 6-4; 4, Jain (Westmont) 6-2; 5, Woodburn (La Canada) 6-2; 6, Zehnder (St. Ignatius) 6-2.

100 — 1, Sundquist (Bellarmine) 10.8; 2, Washington (Hill) 10.9; 3, Taylor (Woodside) 11.1; 4, (tie) Burroughs (Independence), Jackson (Hill), Johnson (Mills) all 11.2.

Discus — 1, Mohr (Los Altos) 162-7; 2, Bunnell (Gunn) 150-1; 3, Lang (St. Ignatius) 148-1; 4, McMahon (Bellarmine) 147-0; 5, Barbaccia (St. Ignatius) 142-1; 6, Anderson (Menlo-Atherton) 142-7.

Long jump — 1, Leonasio (Mitty) 21-5½; 2, Mosely (Monta Vista) 21-3½; 3, Atkins (Mitty) 21-3; 4, Oliveria (Palma) 21-1¼; 5, Starbird (Soquel) 20-10½; 6, Mahar (Independence) 20-3.

Pole vault — 1, Toney (Menlo-Atherton) 14-6; 2, Pelayo (Independence) 14-0; 3, England (Mills) 13-0; 4, (tie) Hernandez (Mills), McKay (Los Altos) 13-0; 6, unavailable.

800 — 1, Fitzgerald (St. Ignatius) 1:56.3; 2, Wendling (Los Gatos) 1:58.5; 3, Epps (La Canada) 1:59.3; 4, Buchler (La Canada) 1:59.7; 5, Kaminskis (North Monterey County) 2:00.0; 6, Terry (Independence) 2:00.4.

400 intermediate hurdles — 1, Wetmore (Mitty) 57.9; 2, Milfont (North Monterey County) 59.2; 3, Worrell (Monta Vista) 1:00.0; 4, Kemp (Independence) 1:00.6; 5, Latta (Bellarmine) 1:00.8; 6, Wyland (Bellarmine) 1:01.4.

200 — 1, Sundquist (Bellarmine) 22.3; 2, Washington (Hill) 22.5; 3, Burroughs (Independence) 22.6; 4, Santos (Arroyo Grande) 22.6; 5, K. Taylor (St. Ignatius) 22.6; 6, A. Taylor (Woodside) 22.6.

Shot put — 1, Mohr (Los Altos) 58-10; 2, Fortino (Palma) 55-10; 3, Bunnell (Gunn) 55-5; 4, Comfort (St. Francis) 55-5; 5, Sorensen (St. Francis) 49-9; 6, unavailable.

Distance medley relay — 1, Leigh (names unavailable) 10:47.0; 2, Homestead 11:08.1; 3, Westmont 11:15.2; 4, Redwood 11:21.4; 5, Los Gatos 11:26.0; 6, Monta Vista 11:37.1.

Triple jump — 1, Webster (Homestead) 46-6¾; 2, Rogers (Overfelt) 45-1¾; 3, Martire (St. Francis) 43-2¾; 4, Boales (Mills) 42-11½; 5, Mosely (Monta Vista) 42-11; 6, unavailable.

1 mile relay — 1, Los Altos (names unavailable) 3:25.8; 2, Independence 3:26.5; 3, La Canada 3:30.2; 4, Serra 3:32.4; 5, Mitty 3:34.3; 6, Los Gatos 3:34.9.

#### GIRLS

3,000 — 1, Kuiper (Los Altos) 10:55.5; 2, Flinchum (Lassen) 11:03.8; 3, Kelly (Mitty) 11:05.8; 4, Baclich (Leigh) 11:09.7; 5, Kaur (Leigh) 11:12.5; 6, Ribbie (Willow Glen) 11:18.6.

3,200 relay — 1, Palo Alto 10:00.7; 2, Piedmont Hills 10:26.8; 3, Arroyo Grande 10:27.4; 4, Monta Vista 10:34.5; 5, Mills 10:59.4; no sixth.

400 relay — 1, Menlo-Atherton (Kunz, Daniels, Whatley, Greene) 48.5; 2, St. Francis 50.1; 3, Los Gatos 50.2; fourth through sixth unavailable.

100 hurdles — 1, Daez (Leigh) 15.0; 2, Kuehnis (Los Gatos) 15.2; 3, Moses (Arroyo Grande) 15.3; 4, Cerrel (Redwood) 15.9; 5, Schmidt (Soquel) 16.1; 6, Patton (Arroyo Grande) 16.1.

Discus — 1, Villaran (Arroyo Grande) 117-3; 2, Sexton (Mills) 115-1; 3, Crisler (Gunn) 113-8; 4, Kouns (Santa Teresa) 107-7; 5, Lavulo (Mills) 106-6; 6, Tosterson (Homestead) 104-10.

1,500 — 1, Dowell (Santa Teresa) 4:36.5; 2, Clark (Mountain View) 4:37.6; 3, Planie (Arroyo Grande) 4:49.5; 4, Fisher (Los Gatos) 4:50.0; 5, Wilson (Terra Nova) 4:51.2; 6, Keekner (Hill) 4:56.2.

Long jump — 1, Lawson (St. Francis) 18-6; 2, Cerrel (Redwood) 18-5; 3, Shaver (Los Altos) 17-¾; 4, Ruiz (Los Gatos) 16-10; 5, Jensen (Los Gatos) 16-3½; sixth unavailable.

400 — 1, Sprowl (Pioneer) 57.9; 2, Alvarenga (Mitty) 57.9; 3, Jones (Overfelt) 1:00.4; 4, Daniels (Menlo-Atherton) 1:00.6; 5, Guckenhimer (Westmont) 1:00.8; 6, Davis (St. Francis) 1:01.7.

Shot put — 1, Villaran (Arroyo Grande) 40-9½; 2, Ruiz (Los Gatos) 39-1; 3, Sexton (Mills) 38-7; 4, Lavulo (Mills) 34-1½; 5, Coulter (Redwood) 33-0; sixth unavailable.

100 — 1, Green (Menlo-Atherton) 11.7; 2, Howard (Arroyo Grande) 12.2; 3, Jackson (St. Francis) 12.4; 4, Lawson (St. Francis) 12.5; 5, Hutchins (Independence) 12.6; 6, Dietz (Leigh) and Law (Logan) 12.7.

High jump — 1, Vidakovits (St. Francis) 5-6; 2, Sniffen (Westmont) 5-4; 3, Shaver (Los Altos) 5-4; 4, Sneed (Independence) 5-2; 5, Mitchell (Arroyo Grande) 5-2; 6, Schulman (Mountain View) 5-2.

800 — 1, Dowell (Santa Teresa) 2:18.5; 2, Chapman (Gunderson) 2:17.4; 3, Barcelona (Arroyo Grande) 2:21.5; 4, Hess (Willow Glen) 2:23.5; 5, Sanders (Live Oak) 2:25.8; 6, Linthicum (Monta Vista) 2:27.1.

330 yard hurdles — 1, Moses (Arroyo Grande) 45.7; 2, Patton (Arroyo Grande) 48.2; 3, Bullard (Independence) 49.2; 4, Dwyer (Leigh) 49.2; 5, Linthicum (Monta Vista) 50.4; 6, Pitterini (Soquel) 50.7.

200 — 1, Green (Menlo-Atherton) 25.3; 2, Howard (Arroyo Grande) 25.6; 3, Alvarenga (Mitty) 26.2; 4, Daniels (Menlo-Atherton) 26.2; 5, Sprowl (Pioneer) 26.2; 6, Camero (North Monterey County) 27.0.

Triple jump — 1, Cerrel (Redwood) 37-1½; 2, Jensen (Los Gatos) 36-1½; 3, Bent (Logan) 35-10¼; 4, Daez (Leigh) 35-5½; 5, Begay (Ford) 35-¾.

Distance medley — 1, Gunderson 12:36.2; 2, Arroyo Grande 13:10.3; 3, Live Oak 13:54.3; 4, Saratoga 14:04.3; 5, Mills 14:12.0; 6, Monta Vista 14:22.1.

1 mile relay — 1, Arroyo Grande 4:00.3; 2, St. Francis 4:01.5; 3, Independence 4:09.8; 4, Menlo-Atherton 4:12.3; 5, Mountain View 4:15.4; 6, Willow Glen 4:16.0.

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