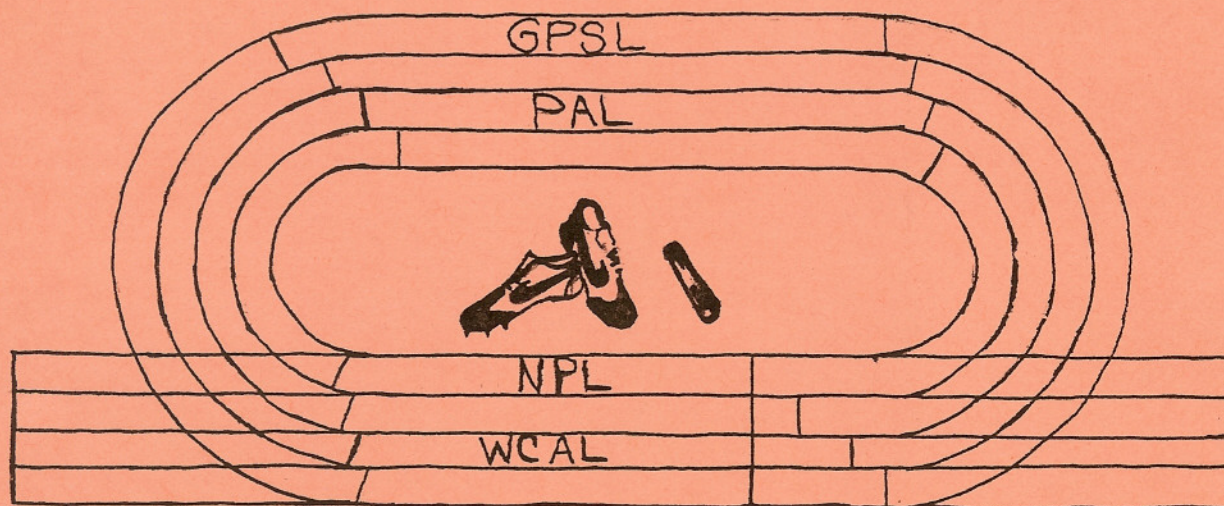


REGION I

TRACK AND FIELD CHAMPIONSHIP

TRIALS MAY 9 FINALS MAY 11
1984



COLLEGE OF SAN MATEO

REGION I

SCHOOLS

HEAD COACHES

Peninsula Athletic League

Aragon	A	Bill Deskarolis
Burlingame	B	Bob Booker
Capuchino	C	Ron Etherton
Carlmont	Cm	Keith Harding
Hillsdale	H	Willie Young
Menlo-Atherton	M-A	Plato Yanicks
Menlo School	Ms	Bob Jones
Mills	M	Ed Parker
San Mateo	SM	Don Dooley
Sequoia	Sq	Al Smith
Woodside	Wd	Jim Luttrell

North Peninsula League

El Camino	EC	Ron Campos
Half Moon Bay	HMB	Gary Dilley
Jefferson	J	Greg Alvarado
Oceana	O	Pat Lewis
South San Francisco	SSF	Ron Grayson
Terra Nova	TN	Bob Fisher
Westmoor	W	Ron DiMaggio

West Catholic Athletic League

Archbishop Mitty	AM	Marty Procaccio
Bellarmino	Bel	Terry Ward
Riordan	R	Frank Coenraad
St. Francis	SF	Tom Tuite
St. Ignatius	SI	Julius Yap
Sacred Heart	SH	Shawn Gogan
Serra	S	Rick Frambrini

Girls Private Schools League

Castilleja (Palo Alto)	Cja	Gary Chiotti
Presentation (San Jose)	P	Deanne Johnson
Sacred Heart (Menlo)	SH	Clint O'Conner
Mercy	M	Delores Diaz

1983
REGION I
TRACK AND FIELD RECORDS

<u>EVENT</u>	<u>VARSITY</u>			<u>GIRLS</u>		
400m Relay	Menlo Atherton	1983	42.5	Hillsdale	1981	48.8
110m HH	Ike Almond	1973	14.0	Leslie Maxie	1983	14.3
100m LH	Serramonte			Mills		
800m	Mike Kasser St. Francis	1974	1:53.7	Sharon Yaninek Presentation	1983	2:13.8
100m	Mike Gill Mitty	1972	10.7	Debbie Dyson Hillsdale	1983	12.2
400m	Kerry Threets Westmoor	1983	47.9	Leslie Maxie Mills	1982	54.9
3200m	Ian Barnett Mills	1973	9.19	Gretchen Nelson San Mateo	1982	11:00.6
300m LH	Tony Hicks Serramonte	1975	37.4	Laura Sullivan Mills	1981	45.6
200m	Carl Montgomery South San Francisco	1979	21.7	Brenda Brewer Hillsdale	1981	24.6
1600m	Stan Ross Serra	1977	4:06.6	Gretchen Nelson San Mateo	1982	5:14.4
1600m Relay	San Mateo	1975	3:18.8	Mills	1983	4:01.4
High Jump	Craig Branstrom Half Moon Bay	1983	6'11"	Wendy Brown Woodside	1983	5'8½"
Long Jump	Lynn Swann Serra	1970	24'1"	Wendy Brown Woodside	1983	19'3½"
Triple Jump	Loren Lebbers Serramonte	1976	47'7½"	wendy Brown Woodside	1983	39'1"
Discus	Rob Shenk Menlo Atherton	1983	186'2"	J. Vanoverbeak Presentation	1983	142'7"
Shot Put	Bruce Parker St. Ignatius	1978	62'3"	Felicia Hamilton Jefferson	1982	37'7"
Pole Vault	Jim Lydon San Mateo	1969	15'2"			

CENTRAL COAST SECTION REGION I
ATRACK AND FIELD TRIALS AND FINALS
MEET ORGANIZATION

GAMES COMMITTEE AND MEET DIRECTORS:	Greg Alvarado, Jefferson Bill Daskarolis, Aragon Don Dooley, San Mateo Rick Frambrini, Serra
MEET REFEREE:	Kevin Ragan, Serra
CLERK OF THE COURSE:	Omar Urbina
STARTER:	Arv Niemi, San Mateo
RECALL STARTER	Chuck Kent, Capuchino
HEAD OF FINISH LINE:	Norm Bostock, San Mateo
ANNOUNCERS:	Bob Rush, College of San Mateo Pete Ebner, Aragon
SCORERS:	Aragon & Jefferson
AWARDS:	Jefferson High School
VIDEO TAPE:	Rich Harris, College of San Mateo Frank Davis, San Mateo
TIMERS AND JUDGES:	Terry Duncan, Bellarmine Al Alioto, Riordan Bob Graby, St. Ignatius Sean Gogan, Sacred Heart Alyan Savier, Mitty John Dogier, St. Francis Ken Irons & Georgia Hetzner, San Mateo Ron Bolin, Aragon
HURDLE CREW:	Serra, Aragon, San Mateo
TICKETS:	Skip Delsarto
FIELD EVENTS:	Oceana - Shot Put Westmoor - Discus H.M.B. - Long Jump T.N. - Triple Jump S.S.F. - Pole Vault Aragon - High Jump Jack Shackleton - High Jump Frank Chambers - High Jump

ALL SCORING WILL BE ON A 10-8-6-4-2-1 BASIS

TIME SCHEDULE FOR TRIALS AND FINALS

TRIALS: WEDNESDAY, MAY 9

RUNNING EVENTS:	3:00 P.M.	Event # 3 Girls	100 Meter L.H.
	3:15	Event # 4 Boys	110 Meter H.H.
	3:25	Event # 7 Girls	100 Meter Dash
	3:35	Event # 8 Boys	100 Meter Dash
	3:50	Event #13 Girls	300 Meter L.H.
	4:00	Event #14 Boys	300 Meter I.H.
	4:15	Event #15 Girls	200 Meter Dash
	4:25	Event #16 Boys	200 Meter Dash
FIELD EVENTS:	2:30	Girls Long Jump	Trials and Finals
	3:00	Girls High Jump	To Completion
	3:00	Girls Shot Put	Trials and Finals
	3:00	Boys Discus	Trials and Finals
	4:00	Boys Triple Jump	Trials and Finals

FINALS: FRIDAY, MAY 11

RUNNING EVENTS:	3:00 P.M.	Event # 1 Girls	400 Meter Relay
	3:15	Event # 2 Boys	400 Meter Relay
	3:35	Event # 3 Boys	110 Meter H.H.
	3:40	Event # 4 Girls	100 Meter L.H.
	3:45	Event # 5 Girls	800 Meter Run
	3:50	Event # 6 Boys	800 Meter Run
	3:55	Event # 7 Girls	100 Meter Dash
	4:00	Event # 8 Boys	100 Meter Dash
	4:05	Event # 9 Girls	400 Meter Dash
	4:10	Event #10 Boys	400 Meter Dash
	4:15	Event #11 Girls	2 Mile Run
	4:30	Event #12 Boys	2 Mile Run
	4:45	Event #13 Girls	300 Meter L.H.
	4:50	Event #14 Boys	300 Meter I.H.
	5:00	Event #15 Girls	200 Meter Dash
	5:05	Event #16 Boys	200 Meter Dash
	5:10	Event #17 Girls	One Mile Run
	5:20	Event #18 Boys	One Mile Run
	5:30	Event #19 Girls	1600 Meter Relay
	5:45	Event #20 Boys	1600 Meter Relay
FIELD EVENTS:	2:30	Boys Long Jump	Trials and Finals
	3:00	Boys High Jump	To Completion
	3:00	Boys Shot Put	Trials and Finals
	3:00	Boys Pole Vault	To Completion
	3:00	Girls Discus	Trials and Finals
	4:00	Girls Triple Jump	Trials and Finals

REGION I FINALS SCHEDING

GIRLS 100 m Low Hurdles

Lane	Name	School	Time
1	Sylvia Campbell	Westmoor	17.5
2	Val Jackson	Mills	15.8
3	Colette Maeder	Mercy	15.3
4	Leslie Maxie	Mills	14.1
5	Wendy Brown	Woodside	14.2
6	Tina Robinson	Woodside	15.7
7	Melody Neal	Cap	16.1
8	Sonja Frank	S.H.	17.8
9			

BOYS 300 m Low Hurdles

Lane	Name	School	Time
1	Don Beck	Ara	41.5
2	Don Castle	Bell	40.9
3	Ron Sevilla	S.S.F.	40.7
4	Greg Roberts	H.M.B.	40.1
5	Mike King	M-A	40.3
6	Lew Chee	Carl	40.7
7	Alex Cabella	S.F.	41.0
8	Joel Lipkins	West	42.3
9			

BOYS 110 m High Hurdles

Lane	Name	School	Time
1	Vance Wong	Serra	15.7
2	Don Beck	Aragon	15.6
3	Matt Devine	S.I.	15.3 (3)
4	Don Castle	Bell	15.2 (2)
5	Mike King	M-A	15.0
6	Lew Chee	Carl	15.7
7	Mikcey Hsish	M-A	16.1
8	Steve Rebattero	Mills	16.1

GIRLS 200 m Dash

Lane	Name	School	Time
1	Caroline Windell	Aragon	27.4
2	Carla Wynter	S.M.	27.2
3	Angie Daniels	M-A	26.1
4	Lashun Peters	Wood	25.7
5	Melanie Bickerstaff	West	27.0
6	Sonja Lucas	S.S.F.	27.2
7	Liz Brennan	27.3	Pres
8	Amber Kauffman	S.H.	27.7
9			

GIRLS 100 m DASH

Lane	Name	School	Time
1	Ria Tuan	Mills	13.1
2	Clarisa Peer	M-A	13.0
3	Athena Harven	Jeff	12.9
4	Lashun Peters	Wood	12.1
5	Michele Caine	West	12.9
6	Carla Wynter	S.M.	13.0
7	Malanie Bicker	West	13.0
8	Gina Caruso	E.C.	13.1
9			

BOYS 200 m Dash

Lane	Name	School	time
1	Charles Wilson	Jeff	23.2
2	Roger Grimes	Hill	23.0
3	Andre Tylor	Wood	22.8
4	Ramon Tisdale	West	22.6
5	Brad Berglund	Hill	23.1
6	Steve Anderson	West	23.1
7	Ty Taylor	S.I.	23.2
8	Troy Gardner	Wood	23.2
9			

BOYS 100 m Dash

Lane	Name	School	Time
1	Arren Brown	Cap	11.4
2	Charles Smith	M-A	11.3
3	Charles Wilson	Jeff	11.2
4	Matt Devine	S.I.	11.1
5	Kevin Cooper	Jeff	11.4
6	Will Wilson	Jeff	11.4
7	Gus Druel	Bell	11.5
8	Ty Tylor	S.I.	11.5
9			

GIRLS 300 m Low Hurdles

Lane	Name	School	Time
1	Joyce Elmore	Mercy	50.8
2	Susan Kein	Aragon	49.3
3	Val Jackson	Mills	47.5
4	Leslie Maxie	Mills	41.2
5	Carol Giovanola	Pres	47.9
6	Winnie Burns	M-A	48.5
7	Melody Neal	Cap	49.8
8	Sylvia Campbell	West	50.9
9			

Event: Girls 400 Meter RelayHeat: I Fast

Lane	Name	School	Place	Time
1	Westmoor			52.1
2	San Mateo			51.3
3	Presentation			53.0
4	Menlo-Atherton			50.6
5	Jefferson			51.2
6	Woodside			51.0
7	S.S.F.			51.5
8	Burlingame			52.5

EVENT: Girls 400 Meter RelayHEAT: II

LANE	NAME	SCHOOL	PLACE	TIME
1	Capuchino			55.3
2	Menlo School			54.7
3	Sacred Heart			53.3
4	Mills			52.8
5	Mercy			53.3
6	Half Moon Bay			53.6
7	Terra Nova			55.1
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EVENT: _____

HEAT: _____

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Event: Boys 400 Meter RelayHeat: I Fast

EVENT #2

Lane	Name	School	Place	Time
1	Bellarmino			44.3
2	Menlo-Atherton			44.3
3	Woodside			44.2
4	Jefferson			43.7
5	Saint Francis			43.7
6	Saint Ignatius			43.8
7	Westmoor			44.3
8	Capuchino			44.4

EVENT: Boys 400 Meter RelayHEAT: II Slow

LANE	NAME	SCHOOL	PLACE	TIME
1	Sacred Heart			47.3
2	Half Moon Bay			45.5
3	Serra			45.1
4	San Mateo			44.5
5	Sequoia			44.7
6	Terra Nova			45.3
7	S.S.F.			45.7
8	Hillsdale			N.T.

EVENT: _____

HEAT: _____

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REGION I SEEDING SHEET

Event: Boys 110m High Hurdles

Heat: 1

EVENT #3

Lane	Name	School	Place	Time
1	Chris Wyland 15.97	Bellarmino		
2	Tom Frye 16.28	Half Moon Bay		
3	Don Beck 15.3	Aragon		
4	Don Castle 14.74	Bellarmino		
5	Matt Devine 15:00	St. Ignatius		
6	Vance Wong 15.93	Serra		
7	Bret Krieger 16.3	Terra Nova		
8	Steve Rebattero 16.2	Mills		

EVENT: Boys 110m High Hurdles

HEAT: 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Tony Parise 16.1	Menlo Atherton		
2	Mickey Hsieh 15.9	Menlo Atherton		
3	Paul Stofan 16.02	Terra Nova		
4	Mike King 15.4	Menlo Atherton		
5	John Reed 15.96	Terra Nova		
6	Lew Chee 15.2	Carlmont		
7	Peter Lopez 15.95	Riorden		
8	Tony Wong 16.4	Jefferson		

EVENT: Boys 110m High Hurdles

HEAT: Finals

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REGION I SEEDING SHEET

Event: Girls 100 Low Hurdles

Heat: Heat 1

EVENT #4

Lane	Name	School	Place	Time
1	Melody Neal 15.6	Cauchino		
2	Patty Sloane 19.7	Presentation		
3	Sylvia Campbell 17.4	Westmoor		
4	Colette Maeder 15.67	Mercy		
5	Leslie Maxie 13.9	Mills		
6	Monica Stenzhorn 17.66	El Camino		
7	Corinne Young 19.7	Sacred Heart		
8	Laura Sullivan 15.9	Mills		

EVENT: Girls 100m Low Hurdles

HEAT: Heat 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Gloria Newmiller 18.4	South San Francisco		
2	Val Jackson 15.5	Mills		
3	Sonja Frank 17.92	Sacred Heart		
4	Wendy Brown 13.7	Woodside		
5	Beatrice Carusso 17.2	Half Moon Bay		
6	Tina Robinson 15.2	Woodside		
7	Carol Pineda 17.7	Terra Nova		
8	Jenni Cihl 19.9	Presentation		

EVENT: Girls 100m Low Hurdles

HEAT: Finals

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REGION I SEEDING SHEET

Event: Girls 800m Dash

Heat: Finals

events 5 & 6

Lane	Name	School	Place	Time
1	Winnie Burns 2:18.0 Susan Keim 2:21.5	Menlo Atherton Aragon		
2	Shelly Swanegan 2:25.5 Karen Ansaldi 2:34.99	Terra Nova Mercy		
3	Robin Atkinson 2:26.5 Linda Kiely 2:36.6	Menlo School Westmoor		
4	Margaret Corie 2:18.8 Glenna Auerback 2:26.8	Capuchino Aragon		
5	Marian Waters 2:26.9 Aoife Dowley 2:34.99	Jefferson Sacred Heart		
6	Cara McCandliss 2:31.00 Marilyn Waters 2:39.4	Castilleja Jefferson		
7	Susan Charette 2:30.4 Villa Vicentio 2:32.3	Mills San Mateo		
8	Kasey Sullivan 2:39.44 Jodi Stolk 2:40.0	Sacred Heart Westmoor		

EVENT: Boys 800m Dash

HEAT: Finals

LANE	NAME	SCHOOL	PLACE	TIME
1	Keith Allen 1:57.55 Eamon Fitzgerald 2:01.38	Bellarmino St. Ignatius		
2	Blair Bullock 1:59.3 Jesse Munoz 2:02.4	Carlmont Aragon		
3	Bob Stuhr 2:01.6 Ronnie Sevilla 2:03.2	Terra Nova South San Francisco		
4	Joe Awender 1:59.09 Dennis Nelson 2:02.9	St. Francis Capuchino		
5	Mike Harper 2:01.8 Rob Beste 2:03.36	Hillsdale Bellarmino		
6	Luke Merriman 2:02.8 Henry DosSantos 2:04.3	Jefferson El Camino		
7	Robert Crandall 2:03.8 Mike Fave 2:05.3	San Mateo Westmoor		
8	Max Mancini 2:04.2 Mark Kirchner 2:04.8	Bellarmino Menlo Atherton		

EVENT: _____

HEAT: _____

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REGION I SEEDING SHEET

Event: Girls 100m Dash

Heat: 1

EVENT #7

Lane	Name	School	Place	Time
1	Betty Taylor 13.1	Jefferson		
2	Elizabeth Day 13.55	Menlo School		
3	Athena Harven 12.8	Jefferson		
4	Loshun Peters 12.4	Woodside		
5	Amber Kauffman 12.71	Sacred Heart		
6	Clarisa Peer 12.9	Menlo Atherton		
7	Krista Kennedy 13.81	Presentation		
8	Mia Tuan 13.3	Mills		

EVENT: Girls 100m Dash

HEAT: 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Cynthia Franklin 13.2	Hillsdale		
2	Gina Caruso 13.0	El Camino		
3	Caroline Windell 12.9	Aragon		
4	Michelle Caine 12.62	Westmoor		
5	Liz Brennan 12.64	Presentation		
6	Melanie Bickerstaff 12.8	Westmoor		
7	Carla Wynter 13.2	San Mateo		
8	Debbie McMahon 13.98	Presentation		

EVENT: Girls 100m Dash

HEAT: Final

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REGION I SEEDING SHEET

Event: Boys 100m Dash

Heat: 1

EVENT #8

Lane	Name	School	Place	Time
1	Gus Druehl 11.3	Bellarmino		
2	William Calter 11.7	San Mateo		
3	Chad Ryan 11.31	El Camino		
4	Kevin Cooper 11.22	Jefferson		
5	Ty Taylor 11.2	St. Ignatius		
6	Willard Wilson 11.33	Jefferson		
7	Bob Bonilla 11.71	San Mateo		
8	Curtis Perry 11.9	Woodside		

EVENT: Boys 100m Dash

HEAT: 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Charles Wilson 11.46	Jefferson		
2	Patrick Arnold 11.3	Bellarmino		
3	Arren Brown 11.6	Capuchino		
4	Matt Devine 10.9	St. Ignatius		
5	Charles Smith 11.3	Menlo Atherton		
6	Maurice Chenier 11.2	St. Ignatius		
7	Derek Stenhouse 11.43	South San Francisco		
8	Via Mafu 11.8	Aragon		

EVENT: Boys 100m Dash

HEAT: Final

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Event: GIRLS 400 m DASHHeat: 1

EVENT #9

Lane	Name	School	Place	Time
1	Margaret Goric 1:02.3	Capuchino		
2	Lira Maximovich 1:01.7	Woodside		
3	Liz Brennan 1:02.05	Presentation		
4	Angie Daniels :59.1	Menlo-Atherton		
5	Kim Williams 1:00.76	Terra Nova		
6	Clarisa Peer 1:00.1	Menlo-Atherton		
7	Dede Ellis 1:01.86	Westmoor		
8	Meg Williams 1:02.7	Menlo-Atherton		

EVENT: GIRLS 400 m DASHHEAT: 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Theresa Prudencio 1:05.3	El Camino		
2	Leila Kennedy 1:04.6	Jefferson		
3	Marie Collins 1:04.18	Mercy		
4	Cheryl Wilkins 1:03.1	Aragon		
5	Trixie Brugger 1:03.9	Sacred Heart		
6	Brenda Walker 1:04.4	Jefferson		
7	Robin Atkinson 1:04.88	Menlo School		
8	Christine Kendrick 1:07.5	Menlo School		

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HEAT: _____

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Event: BOYS 400 m DASHHeat: 1

EVENT #10

Lane	Name	School	Place	Time
1	Bruce Kikunaga 50.4	Menlo Atherton		
2	Brad Bergund 50.4	Hillsdale		
3	Al Svozil 50.92	Oceana		
4	Michael Davidson 49.12	St Francis		
5	Mike Morgan 49.6	Carlmont		
6	Andre Taylor 49.7	Woodside		
7	Roger Grimes 50.6	Hillsdale		
8	Troy Garner 51.0	Woodside		

EVENT: BOYS 400 m DASHHEAT: 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Joel Lipkins 52.6	Westmoor		
2	Andrew Fong 52.5	Jefferson		
3	Roosevelt Noble 51.65	St. Francis		
4	Keith Allen 57.21	Bellarmino		
5	Steve Anderson 51.65	Westmoor		
6	Ken Sturtz 52.5	Bellarmino		
7	Dave Giannini 52.9	St. Ignatius		
8	Marc Skeete 52.6	Oceana		

EVENT: _____

HEAT: _____

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Event: Girls Two MilesHeat: Finals Only

EVENTS #11 & 12

Lane	Name	School	Place	Time
1	Sabrina Han 11:25 Sylvia Aguirre 12:00.3	Westmoor Burlingame		
2	Lorrain Branson 12:23.00 Lori Wilson 11:40	Menlo School Terra Nova		
3	Sandrine DeMarl 12:19.9 Lyn Johnson 13.18.10	Menlo Atherton Presentation		
4	Lorena Ferreira 11:49 Tony Hartlaub 12:29.5	Half Moon Bay Burlingame		
5	Mary Minckler 13:22.82 Leslie King 12:05	Menlo School Half Moon Bay		
6	Meredith Clazie 12:47.6 M. Clinch 15:04	Menlo Atherton Castilleja		
7	Megan Carlson 12:48.2 Paige Harrison 13:17	San Mateo Half Moon Bay		
8	C. Heathcoate 15:52 Carolyn Piey 13:06.6	Mercy Carlmont		

EVENT: Boys Two MileHEAT: Finals Only

LANE	NAME	SCHOOL	PLACE	TIME
1	Matt Giusto 9:21.2 Jim Thompson 9:36	San Mateo Half Moon Bay		
2	Shawn Ayers 9:55.81 Paul Ghidossi 9:55.9	Bellarmino Caruchino		
3	Luke Merriman 9:57 Shane O'Flaherty 10:04.66	Jefferson Bellarmino		
4	Ben Valpey 9:58.5 Steve Ramen 10:06.86	Menlo Atherton Bellarmino		
5	John Dye 10:11 Chris Barto 10:11.1	Half Moon Bay Menlo Atherton		
6	Chris Fiety 10:13.4 Alex Miroschenicko 10:13.93	Carlmont Bellarmino		
7	Jake Niebaum 10:22 Mark Gray 10:23.7	Half Moon Bay St. Ignatius		
8	Donald Ray 10:30 Tim Larson 10:22.3	South San Francisco San Mateo		

EVENT: _____

HEAT: _____

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Event: Girls 300m Low Hurdles

Heat: 1

EVENT # !#

Lane	Name	School	Place	Time
1	Melody Neal 48.7	Capuchino		
2	Mia Buckner 53.0	Westmoor		
3	Joyce Elmore 50.31	Mercy		
4	Leslie Maxie 41.5	Mills		
5	Vou Jackson 48.0	Mills		
6	Sonja Frank 51.61	Sacred Heart		
7	Karen Ansaldi 53.66	Mercy		
8	Debbie Krunn 49.5	Hillsdale		

EVENT: Girls 300m Low Hurdles

HEAT: 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Carol Pineda 53.6	Terra Nova		
2	Winnie Burns 48.6	Menlo Atherton		
3	Monica Stenzhorn 51.76	El Camino		
4	Carolyn Giovanola	Presentation		
5	Sylvia Campbell 51.59	Westmoor		
6	Susan Keim 48.5	Aragon		
7	Kathy Reed 53.4	Terra Nova		
8	P. Collins 54.06	Burlingame		

EVENT: Girls 300m Low Hurdles

HEAT: Finals

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Event: Boys 300m Low HurdlesHeat: 1

Lane	Name	School	Place	Time
1	John Grillos 42.3	Hillsdale		
2	Ronnie Sevilla 43.1	South San Francisco		
3	Don Beck 40.8	Aragon		
4	Mike King 39.0	Menlo Atherton		
5	Alex Cabella 40.6	St. Francis		
6	Scott Rolen 41.1	Serra		
7	John Reed 43.6	Terra Nova		
8	Lal Chand 43.3	San Mateo		

EVENT: Boys 300m Low HurdleHEAT: 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Fred Nurisso 44.0	Bellarmino		
2	Mike Allison 41.6	Caruchino		
3	Joel Lipkins 41.8	Westmoor		
4	Don Castle 40.1	Bellarmino		
5	Greg Roberts 40.9	Half Moon Bay		
6	Lew Chee 40.9	Carlmont		
7	Dave Giannini 43.0	St. Ignatius		
8	Don Burdette 45.8	Oceana		

EVENT: Boys 300m Low HurdleHEAT: Final

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Event: GIRLS 200 m DASHHeat: 1

EVENT # 15

Lane	Name	School	Place	Time
1	Carla Wynter 27.2	San Mateo		
2	Leila Kennedy 27.61	Jefferson		
3	Amber Kauffman 27.00	Sacred Heart		
4	Lashun Peters 25.4	Woodside		
5	Angie Daniels 26.1	Menlo-Atherton		
6	Trixie Brugger 27.57	Sacred Heart		
7	Krista Kennedy 27.10	Presentation		
8				

EVENT: GIRLS 200 m DASHHEAT: 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Sonja R. Lucas 27.76	South San Francisco		
2	Clarisa Peer 26.9	Menlo-Atherton		
3	Melanie Bickerstaff 27.05	Westmoor		
4	Liz Brennan 26.41	Presentation		
5	Michelle Caine 26.70	Westmoor		
6	Caroline Windell 26.5	Aragon		
7	Kim Williams 27.70	Terra Nova		
8	Danielle Curry 27.8	Aragon		

EVENT: _____

HEAT: _____

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Event: BOYS 200 m DASHHeat: 1

Lane	Name	School	Place	Time
1	Bruce Kikunaga 23.2	Menlo-Atherton		
2	Ty Taylor 23.09	St. Ignatius		
3	Troy Garner 22.8	Woodside		
4	Mike Davidson 22.06	St. Francis		
5	Steve Anderson 22.65	Westmoor		
6	Kevin Cooder 23.03	Jefferson		
7	Pat Arnold 23.12	Bellarmino		
8	Brad Berglund 23.2	Hillsdale		

EVENT: BOYS 200 m DASHHEAT: 2

LANE	NAME	SCHOOL	PLACE	TIME
1	Charles Eisenbrey 23.4	Terra Nova		
2	Mike Morgan 23.1	Carlmont		
3	Roosevelt Noble 22.96	St. Francis		
4	Ramon Tisdale 22.6	Westmoor		
5	Andre Taylor 22.8	Woodside		
6	Roger Grimes 23.0	Hillsdale		
7	Al Svozil 23.1	Odeana		
8	Scott Rolen 23.94	Serra		

EVENT: _____

HEAT: _____

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Event: Girls Mile Run

Heat: _____

Lane	Name	TN School	Place	Time
1	Lori Wilson	TN		5:29.0
	Glenna Auerback	Ara		5:40.5
2	Mary Mendoza	Pres		5:29.5
	Marian Waters	Jeff		5:42.0
3	Sylvia Aguirre	Burl		5:30.3
	Aoiffe Dowley	Sacred Heart		5:54.6
4	Sandrene Demarval	Menlo-Atherton		5:33.
	ConCannon, DeeDee	Cap		5:43.7
5	Lorena Ferreira	HMB		5:34.0
	Heather Harrison	HMB		5:47.0
6	Cara McCandliss	Castilleja		5:46.9
	Lillian Salinger	Menlo		6:12.0
7	Leslie King	HMB		5:50
	Janet Thomas	Carl		5:53.2
8	A. ntje Zaff	Menlo		6:27.7
	Toni Hartlaab	Burlingame		5:53.8

EVENT: Boys Mile Run

HEAT: _____

LANE	NAME	SCHOOL	PLACE	TIME
1	Matt Guisto	San Mateo		4:22.8
	Mike Montizzer	Carlmont		4:28.8
2	Rob Wickstrom	Serra		4:24.1
	Paul Leonard	St. Francis		4:29.8
3	Luke Merriman	Jeff		4:35.6
	Bob Stuhr	T.N.		4:42.0
4	Keith Allen	Bellarmine		4:24.3
	Stan Carroll	Woodside		4:30.5
5	Chris Becerra	Mills		4:25.0
	Shane O'Flaherty	Bellermine		4:30.6
6	Jim Thompson	HMB		4:38.3
	Al Dunne	HMB		4:45.3
7	Ben. Valpey	MA		4:35.4
	John Dye	HMB		4:46.0
8	Kevin O'Leary	St. 1		4:37.8
	Jesse Munoz	Aragon		4:37.1

EVENT: _____

HEAT: _____

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Event: Girls Mile RelayHeat: Fast Heat I

Lane	Name	School	Place	Time
1	Presentation			4:19.2
2	Aragon			4:14.8
3	Westmoor			4:20.1
4	Mills			4:06.3
5	Sacred Heart			4:16.2
6	Menlo-Atherton			4:07.3
7	San Mateo			4:16.5
8	Capuchino			4:21.0

EVENT: Girls Mile RelayHEAT: II Slow

LANE	NAME	SCHOOL	PLACE	TIME
1	Mercy			4:30.6
2	Jefferson			4:28.2
3	Terra Nova			4:21.4
4	Woodside			4:26.0
5	Gpsl			4:29.9
6	S.S.F.			4:35.7
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EVENT: _____

HEAT: _____

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Event: Boys Mile RelayHeat: I Fast

Lane	Name	School	Place	Time
1	Saint Ignatius			3:31.7
2	Hillsdale			3:27.3
3	San Mateo			3:25.4
4	Woodside			3:25.4
5	Saint Francis			3:27.3
6	Westmoor			3:35.1
7	Carlmont			3:30.9
8	Aragon			3:32.4

EVENT: Boys Mile RelayHEAT: II Slow

LANE	NAME	SCHOOL	PLACE	TIME
1	El Camino			3:46.4
2	Mitty			3:43.5
3	Jefferson			3:39.7
4	Bellarmino			3:32.5
5	Sequoia			3:33.4
6	Terra Nova			3:41.5
7	Serra			3:45.4
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EVENT: _____

HEAT: _____

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GIRLS HIGH JUMP

Gavin, Colleen	4'6	Presentation
Sullivan, Kasey	4'6	Sacred Heart
Collins, M.	4'6	Mercy
Schulz, Anne	4'8	Menlo-Atherton
Galvez, Heidi	4'8	Menlo-Atherton
Sullivan, Laura Lee	4'8	Mills
Brown, Tangela	4'10	So. San Francisco
Reed, Kathy	4'10	Terra Nova
Titterton, Becky	4'10	Sacred Heart
Carusso, Beatrice	4'10	Half Moon Bay
Berger, Liz	4'10	San Mateo
Maeder, Colette	4'10	Mercy
Bode, Margit	5'0	Terra Nova
Bricher, Heidi	5'2	Half Moon Bay
Bertram, Sherry	5'4	Burlingame
Brown, Wendy	5'10	Woodside

GIRLS DISCUS

Maola,	88'3	Mercy
Rench, Lori	80'8	Sacred Heart
Silva, Judy	85'3	Sacred Heart
McCandless, Cara	89'5	Castilleja
Atwell, Tammie	91'3	Half Moon Bay
Vonstentzsch, Veronica	97'6½	Half Moon Bay
Jenkins, Dyanna	97'6½	So. San Francisco
Luce, Cynthia	97'9	Sacred Heart
Langi, Mele	97'10	So. San Francisco
Whitehill, Wendy	99'0	San Mateo
Bagby, BJ	102'8½	Aragon
Reschke, Kathy	103'6¼	San Mateo
Hull, Lisa	104'6¼	Woodside
Smith, Kim	105'11	Westmoor
Fremstad, Joyce	107'10½	Sequoia
Sexton, Buffy	110'1¼	Mills

GIRLS SHOT PUT

Rench, Lori	25'3½	Sacred Heart
Maola,	25'4	Mercy
McCandless, Cara	26'2	Castilleja
Silva, Judy	27'10½	Sacred Heart
Luce, Cynthia	29'5	Sacred Heart
Afatasi, Aloese	29'6	Jefferson
Jenkins, Dyanna	30'4	So. San Francisco
Smith, Kim	31'7½	Westmoor
Bagby, BJ	32'6	Aragon
Pahulu, Tangikina	32'6	Sequoia
Sexton, Buffy	32'7	Mills
Langi, Mele	33'½	So. San Francisco
Hull, Lisa	34'¼	Woodside
Owens, Kim	34'3½	Menlo-Atherton
Trask, Vickie	34'10	So. San Francisco
Farris, Sheila	37'1	Meno-Atherton

BOYS HIGH JUMP

Harrison, Kelly	5'8	Westmoor
Saris, Chuck	5'10	Westmoor
Anderson, Steve	5'10	Westmoor
Arnold, Pat	6'2	Bellarmino
Hale, Don	6'2	Mitty
O'Rielly, Sean	6'2	St. Ignatius
Wilson, Don	6'2	Jefferson
Majeski, Mark	6'2	Mills
Richardson, Tom	6'2	Serra
Cochran, Bill	6'4	Menlo School
Parise, Tony	6'4	Menlo Atherton
Palen, Alex	6'4	Carlmont
Falvey, Tim	6'4	El Camino
Novitsky, Jeff	6'4	Mills
Repottaro, Steve	6'6	Mills
Smith, Steve	6'8	St. Ignatius

BOYS POLE VAULT

Bellaci, Tony	10'6	St. Ignatius
Cochrane, Keith	11'0	Terra Nova
Fisher, Scott	11'0	Half Moon Bay
Miller, Bruce	11'0	St. Ignatius
Ubaldo, Shawn	11'6	So. San Francisco
Deluna, Steve	11'6	Westmoor
DeLaurentis, Pat	11'6	Bellarmino
Labernik, Bill	11'6	Woodside
Englund, Kevin	12'0	Mills
Gfroerer,	12'0	St. Francis
Diaz, Elliot	12'6	Capuchino
Thompson, Ross	13'0	Menlo Atherton
Roberts, Matt	13'0	Menlo Atherton
Toney, Steve	13'6	Menlo Atherton
Devine, Matt	13'6	St. Ignatius
Garrubba, Joe	13'7	Terra Nova

BOYS SHOT PUT

Wurz, Paul	42'7 $\frac{1}{4}$	Westmoor
Trinidad, David	43'10	San Mateo
Steger, Russell	44'8 $\frac{1}{2}$	Terra Nova
Dossey, Brian	44'8 $\frac{1}{2}$	Westmoor
Papapietro, Scott	45'7	Serra
Farrah, Mike	46'2 $\frac{1}{2}$	St. Ignatius
Leavitt, Rob	46'3 $\frac{1}{2}$	Mills
Harris, Bill	46'5	Menlo Atherton
Browners, Bob	46'5 $\frac{1}{2}$	Bellarmino
Rohde, Eric	46'7	Capuchino
Giomi, Terry	46'8 $\frac{1}{2}$	Serra
Keelejian, Steve	47'2 $\frac{1}{2}$	Aragon
Sorenson, Paul	47'10 $\frac{1}{2}$	St. Francis
Ramirez, James	50'1 $\frac{1}{2}$	Oceana
Smith, Mike	50'11 $\frac{1}{2}$	Jefferson
Anderson, Roland	53'7 $\frac{1}{2}$	Menlo Atherton

GIRLS LONG JUMP Open Pit

1. Chris Cutshall	13'5½	Pres.
2. L. McGuire	16'10 3/4	Burl.
3. Kim Williams	15'10	TN
4. Shelly Swanegan	16'1	TN
5. Becky Titterton	15'1½	SH
6. Pam Lowney	15'2½	SH
7. DeDe Ellis	15'5½	West
8. Genny Downing	15'8½	Pres
9. Betty Taylor	15'9	Jeff
10. Margit Bode	16'2½	TN
11. Adianne Bracy	16'5	MA
12. Rebecca Sprague	16'6	SM
13. Sue Collins	16'10¼	Mills
14. Melissa Freis	16'11	SM
15. Tina Robinson	17'4	Wood
16. Wendy Brown	19'6 3/4	Wood

GIRLS TRIPLE JUMP Open Pit

1. Chris Cutshall	28'10	Pres
2. Heidi Bricher	30'6½	HMB
3. Becky Titterton	31'1	SH
4. Jenny Downing	31'11½	Pres
5. Marie Rudd	32'1	Aragon
6. Mimi Reibell	32'2	HMB
7. Sue Collins	32'3½	Mills
8. Laurie Lum	32'8"	Aragon
9. Kate Knochenhaur	32'9"	Hill
10. Joyce Elmore	32'10"	Mercy
11. Athena Harven	32' 10½"	Jeff
12. Mia Buckner	33'2"	West
13. Pam Lowney	34'5½"	SH
14. Tina Robinson	35'6"	Wood
15. Margit Bode	35'6"	TN
16. Wendy Brown	40'8"	Wood

BOYS LONG JUMP open pit

1. Floyd Richardson	19'11½"	Seq
2. Jim Keyes	20'4½"	MA
3. Ty Taylor	20'5½"	SI
4. Darren Brown	20'5½"	Cap
5. Fernando Lavanchy	20'7"	SM
6. Mike Aerhan	20'10"	Cap
7. Darrin Visarraga	20'11"	Jeff
8. Roger DeSouza	20'11½"	SI
9. Luis Hall	21' 0"	West
10. Dave Nickerson	21'2"	Mitty

11. Tony Wong	21'4"	Jeff
12. Roger Grimes	21'6"	Hill
13. Mike Leonesio	21'7"	Mitty
14. Dan Hale	21'8"	Mitty
15. Ramon Tisdale	23'½"	West
16. Dave Ceragioli	23'6½"	TN

BOYS TRIPLE JUMP open pit

1. Mike Naximovich	39' 4"	Wood
2. Reynaldo Dizon	40' 3½"	Ara
3. Dan Tan	40' 4"	West
4. Phil Mader	41' 2"	MA
5. Tim Paalua	41' 3½"	Carl
6. Tony Parse	41' 5"	MA
7. Jim Keyes	41' 6"	MA
8. Tony Wong	42' 2"	Jeff
9. Marc Bollard	43' 5½"	Serra
10. Luis Hall	43' 6"	West
11. Tom Samiere	43' 8½"	Rior
12. Rene Acosta	44' 3"	SI
13. Lino Martire	44' 6½"	SF
14. Dave Ceragioli	44' 8"	TN
15. Steve Blueford	44' 10½"	SI
16. Darrin Visarraga	45' 8"	Jeff

BOYS DISCUS

Dossey, Brian	132'9	Westmoor
Loges, Adam	133'2	Hillsdale
West, Scott	133'9	Half Moon Bay
Lang, Dan	134'1	St. Ignatius
Barbaccia, Steve	134'6	St. Ignatius
Kellejian, Steve	135'2 $\frac{1}{4}$	Aragon
Leavitt, Bob	135'6 $\frac{1}{2}$	Mills
Stearns, Chad	136'1	Bellarmino
Anderson, Roland	138'1 $\frac{1}{4}$	Menlo Atherton
Ramirez, James	140'10	Oceana
Beukers, Steve	141'5 $\frac{1}{4}$	Woodside
Smith, Mike	141'10 $\frac{1}{2}$	Jefferson
Chalich, Ben	142'10 $\frac{1}{2}$	Serra
Adams, Perry	143'4	Sequoia
Steger, Russell	147'0	Terra Nova
Talesfore, Pat	155'8	Bellarmino