1984 C.C.S. Track Boys Division

			DO	ys Divisi	on			
	SHO 1. 2. 3. 4. 5. 6.	T PUT Fred Houston Eric Volta Troy Sheets Roger Creedom Dominic Fortino Jack Mohr	Willow Glen Santa Clara Del Mar Cupertino Palma Los Altos	60'2 57'6 [‡] 56'4 55'10 ³ 4 55'5 55'1 ³ 4'	800 1. 2. 3. 4. 5. 6.	Meter Keith Allen Don Schall Doug Hancock Bob Lyle Tony Scangenbrink Dave Cathrack	Bellarmine Del Mar Saratoga Live Oak k Braham Pacific Groove	1:52.92 1:54.7 1:55.2 1:55.3 1:56 1:57.1
	LQN 1. 2. 3. 4. 5. 6.	G JUMP John Cleveland Harold Rucker David Ceragiola Roger Grimes Kerrel Robinson Mike Willis	Soquel Silver Creek Terra Nova Hillsdale Prospect Seaside	25'0 23'10 23'3 $\frac{1}{2}$ 23'1 $\frac{1}{2}$ 22'9 $\frac{1}{2}$ 22'9	400 1. 2. 3. 4. 5. 6.	METER Mike Davidson Nate Coles Floyd Barca Neal Flynn Andy Wolverton Lonnie Jackson	St. Francis Seaside Monterey Prospect Harbor Independence	48.25 49.0 49.06 49.44 49.7 50.08
	DIS 1. 2. 3. 4. 5. 6.	CUS Steve Dudley Roger Creedom Pete Thompson Jack Mohr Pat Talesfore Marty DeFranco	Leland Cupertino Cupertino Los Altos Bellarmine Gilroy	180'7 175'8 175'1 168'4 159'5 146'8	11. 2. 3. 4. 5. 6.	ile Run Matt Giusto Chris Craig Jim Thompson Eugene Ting Vic Santa Maria Troy Curran	San Mateo Leigh Half Moon Bay Saratoga Willow Glen York	9:07.1 9:17.3 9:23.3 9:25.3 9.29.4 9:29.8
OFF	1. 2. 3. 4.	H JUMP TIES MEE Jeff Rogers Brian Gavin Steve Repoltaro Mark Webster Steve Smith Byran Kellen	T RECORD Overfelt Live Oak Mills Homestead St. Ignatius Leland	6'10 6'8 6'8 6'6 6'6 6'6	330 1. 2. 3. 4. 5/ 6/	YD INT.HURDLES /M Kerry Nobles Mike King Tyler Burke Virgil Robinson .Greg Roberts Don Castle	Independence Menlo Atherton Los Altos Yerba Buena Half Moon Bay Bellarmine	37.9 38.1 39.1 39.2 39.2 39.48
	110 1. 2. 3. 4. 56.	METER HIGH HURDLE Kerry Nobles Kevin McPherson Andre Riley Matt Devine Mark Coulter Don Castle	S Independence Mt. Pleasant Independence St. Ignatius Gunderson Bellarmine	14.27 14.54 14.60 14.81 14.89 14.93	1. 2. 3. 4. 5.	Mile Run Matt Giusto Marc Goulet Chris Becerro Rich Clark Rob Wickstrom Greg Rovera	San Mateo Soquel Mills Mt. View Serra Willow Glen	4:16.4 4:17.2 4:17.9 4:18.5 4:18.5 4:20.9
	440 1. 2. 3. 4. 5. 6.	YD RELAY Independence Lynbrook Seaside Mt. Pleasant Gilroy N. Monterey Count	42.6 43.0 43.1 43.2 43.2 y43.78			PLE JUMP Dave Ceregoli R.J. Teodore Mike Webster Jeff Rogers Bryan Kellen Steve Benetoro	Terra Nova Fremont Homestead Overfelt Leland St. Ignatius	$46'7$ $46'5\frac{1}{2}$ $45'5\frac{1}{4}$ $45'5\frac{1}{4}$
	100 1. 2. 3. 4. .5. 6.	METER DASH MEET Henry Barba John Cleveland Louis Forman Chris White Mike Schneider Sam Crosby	RECORD Lick Soquel Milpitas Lynbrook N. Monterey C Seaside	10.69 10.7 10.87 10.93 10.95 10.98	ONE 1. 2. 3. 4. 5. 6.	MILE RELAY St. Francis Independence San Mateo Hillsdale Lynbrook Westmont	3:20.51 3:23.06 3:24.34 3:24.40 3:25.52 3:26.42	

1. 2. 3. 4.	Neal Flynn	Milpitas 21.5 Lynbrook 21.95 Soquel 22.14 N. Monterey C. 22.22 Prospect 22.3 Saratoga 22.66.
1. 2. 3. 4.	ILE VAULT MEET RECO. Ivan Moen George Bassett Mark Coulter Todd Keating Pat Parker Steve Toney	RO Los Gatos 15'10 ³ 4 Saratoga 15'8 Gunderson 15'8 North Salinas 15'0 Los Gatos 15'0 Menlo Atherton 14'8
FI	NAL TEAM STANDINGS	
	Independence	45
2.	Soquel	32
31	San Mateo	26
4.	Lynbrook	22
5.	St. Francis Saratoga	20
6.	Saratoga	18
		18
	Terra Nova	16 16
0.	Seaside	10

8. Milpitas

16

1984 C.C.S. Track GIRLS DIVISION

	HTG	HJUMP MEET	RECORD		800	METER RUN MEET	RECORD	
	1. 2. 3.	Wendy Brown Beth Vidakovits Tara Fairfield	Woodside St. Francis Fremont	6'0 5'9 5'7	1. 2. 3.	Kristen Dowell Lanette Davis Tonya Byroe	Santa Teresa Del Mar Gunn	2:08.4 2:13.04 2:14.79
TIE	4. 5. 5.	Rachael Bray Kelley Cummins Jackie Raisano	Los Altos Los Gatos Gilroy	5'7 5'4 5'4	4. 5. 6.	Laura Henry Margaret Coric Tori Weisburg	Los Gatos Capuchino Mitty	2:15.33 2:16.49 2:18.4
/	DIS 1. 2. 3. 4. 5. 6.	CUS Gerry Baldwin Latonia Floyd Stacey Brown Cherie Maxwell Tina Lei Diana Hanlon	Branham Oak Groove Mt. View Los Altos Overfelt Leland	127'8 127'2 122' 114'2 114' 111'2	1. 2. 3.	METER Kristen Dowell Mary Sproul Kelly Blayfield Karen Dowell Lori Lammie Kim Kisler	. Santa Teresa Pioneer Harbor Santa Teresa Leland Mitty	56.47 57.45 58.45 58.53 58.88 58.92
	1. 2. 3. 4.	METER LOW HURDLES Leslie Maxie Wendy Brown Margaret Ruden Michelle Daigre Rachael Bray Jessica Johnson	METT RECORD Mills Woodside Homestead Leigh Los Altos Soquel	13.76 13.85 14.46 14.76 14.80 15.0	1. 2. 3. 4.	LE RUN Rebecca Chamberla Sabrina Han Kelly Ilnicki Lori Wilson Michelle Seck Dedre Kelly	in Leigh Westmoor Harbor Terra Nova Lynbrook Mitty	10:57.4 11:06.9 11:09.2 11:10 11:18 11:19.2
	1. 2. 3.	g Jump MEET Re Wendy Brown Karen Lawson Danielle Sharkey Tina Robinson Shari Olsen Rachael Bray	Woodside St. Francis Gunderson Woodside Gunderson Los Altos	20'4 19'8 ¹ / ₄ 18'11 18'3 18'3 18' ¹ / ₂	1. 2. 3. 4.	Mile Run Shannon Clark Laurie Chapman Lanette Davis Nanette Garcia Mary Mendoza Connie Buckler	Mt. View Gunderson Del Mar 9 Silver Creek Presentation Saratoga	4:57.18 5:01.21 5:02.96 5:04.18 5:14 5:17.9
	1. 2. 3. 4. 5.	YD RELAY St. Francis Seaside Leland Menlo Atherton Westmont Mt. Pleasant	49.74 49.94 50.04 50.08 50.24 50.3		1. 2. 3.	METER DASH Nicolle Caldwell Mina Hutchins Angie Daniels Jenfer Clayton Tracey Cole Carol Gates	Redwood Christia Îndependence Menlo Atherton Lynbrook Silver Creek Monterey	n 25.13 25.37 25.49 25.63 26.06 26.08
	1. 2. 3. 4.	I PUT NIEET REC Latonia Floyd Melinda Beckenhein Tina Lei Chris Swansin Betty Sexton Sheila Ferris	Oak Groove	40'1 [‡] 35'11 35'8	1. 2. 3. 4. 5.	St. Francis Los Gatos Santa Teresa Mitty Silver Creek Menlo 'Atherton	3:56.2 3:57.12 4:02.45 4:03.65 4:04.1 4:05.2	
	1. 2. 3. 4.	METER DASH Karen Lawson Mina Hutchins Tracey Cole Nicole Caldwell Jenfer Clayton Yolanda Cunninghan	Lynbrook	12.84 12.55 12.63				

330	Yd. Iow HURDLES	NEET KECORD)
1.	Leslie Maxie	Woodside	41.39
2.	Stacy Kuehnis	Los Gatos	44.1
3.	Margaret Ruden Rachael Bray	Homestead	44.7
4.	Rachael Bray	Los Altos	45.2
5.		Gunn	
6.	Lori Finnerty	Piedmint Hill	s 47.1
TRT	PLE JUMP MEET 9	NATIONAL REC	ORD
1	Wendy Brown	Woodside	42:91
2.	Janice Piggs Sheri Olsen Danielle Sharkey Heidi Skewis Alexade Tegcolia	Salinas	42'9½ 39'2½
3.	Sheri Olsen	Gunderson	38'3
4	Danielle Sharkev	Gunderson	38'3 37'2
5.	Heidi Skewis	Soquel	36.8
6.	Alexade Tegcolia	Seaside	36.4
	memade roboorra	·	
FIN	AL STANDINGS	а. С. С. С	
	St. Francis	46	
	Woodside	42	
3.	Santa Teresa	30	
4.	Gunderson	26	
5.	Los Altos	23	
6.	Mills	11	
7.	los Gatos Oak Groove	21월	
8.	Oak Groove	18	
9.	Silver Creek	16	
	Mt. View	16	

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Track

CENTRAL COAST SECTION FINALS At San Jose City College BOYS

BUTS Team scores - 1, Independence 45; 2, Soquel 32; 3, San Mateo 26; 4, Lynbrook 22; 5; 5f. Francis 20; 6 tie between Saratoga and Cupertino at 18; 8 the between Terra Nova, Sea-side and Milpitas at 16; 11 tie be-tween Del Mar, Bellarmine and Overfelt at 14. Top four in each event qualified for next week's Northern California

each event qualified s Northern California next week's for meet

440 relay — 1, Independency emp, Jackson, Riley, Nobles) 42.6 Lynbrook 43.0; 3, Seaside 43.1; 440 (Kemp

oard Part Land Street Protote

Mount Pleasant 43.2; 5, Gilroy 43.3; 6, North Monterey County 43.78.

100m — 1, Barba (Lick) 10.69; 2, Cleveland (Soquel) 10.70; 3, Fort-man (Milpitas) 10.87; 4, White (Lyn-brook) 10.93; 5, Schneider (North Monterey County) 10.93; 6, Crosby (Seasidé) 10.98.

200m — 1, Fortman (Milpitas) 21.5; 2, White (Lynbrook) 21.95; 3, Cleveland (Soquel) 22.14; 4, Schneider (North Monterey County) 22.22; 5, Flynn (Prospect) 22.3; 6, Brink (Santa Teresa) 22.66.

400m — 1, Davidson (St. Francis) 48.25; 2, Coles (Seaside) 49.00; 3, Barco (Monterey) 49.06; 4, Flynn (Prospect) 49.44; 5, Wolverton (Har-bor) 49.70; 6, Jackson (Indepen-dence) 50.08.

Bay) 39.48

Buena) 39.2; 5, Röberts (Half Moon Bay) 39.2; 6, Castle (Bellarmine) 39.48. Mile relay — 1, St. Francis (Ca-bello, Awender, Noble, Davidson) 3:20.55; 2, Independence 3:23.06; 3, San Mareo 3:24.34; 4, Hillsdale 3:24.40; 5, Lynbrook 3:25.52; 6, West-mont 3:26.42. Shot put — 1, Houston (Willow Glen) 60-2; 2, Volta (Santa Clara) 57-6/4; 3, Sheets (Del Mar) 56-4; 4, Creedon (Cupertino) 55-1034; 5, Fortino (Palma) 55-5; 6, Mohr (Los Altos) 55-134. Discus — 1, Dudley (Leland) 180-7; 2, Creedon (Cupertino) 175-6; 3, Thompson (Cupertino) 175-6; 3, Mohr (Los Altos) 168-4; 5, Talesfore (Bellarmire) 159-5; 6, DeFranco (Gliroy) 146-0. High lump — 1, Rogers (Overfeit) 6-10; 2, Gavin (Live Oak) 6-8; 3, Smith (St. Ignatius) 6-6; 5, Webster (Home-stead) 6-6; 6, Kellen (Leland) 6-6. Long lump — 1, Cleveland (Sa-uel) 25-1; 2, Rucker (Silver Creek) 23-20; 3, Ceragioli (Terra Nova) 23-3/2; 4, Grimes (Hillsdale) 23-1/2; 5, Robinson (Prospect) 22-9/2; 6, Willis (Seaside) 22-9. Triple jump — 1, Ceragioli (Terra Nova) 46-734; 2, Theodore (Fre-mont) 46-5/2; 3, Webster (Home-stead) 6-5/2; 3, Webster (Home-stead) 6-7/2; 3, Webster (Home-stead) 46-74; 2, Theodore (Fre-mont) 46-5/2; 3, Webster (Home-Stead) 46-2; 4, Rogers (Overfeit) 45-5/4; 5, Kellen (Leland) 45-5/4; 6, Bluford (St. Ignatius) 45-4/2; 4, Pole vault — 1, Moen (Los Gatos) 35-1034; 2, Bassett (Saratoga) 15-8; 4, Keating (North Salinas) 15-0; 5,

Parker (Los Gatos) 15-0; 6, Tone (Menio-Atherton) 14-8. GIRLS

Francis 4 Toresa 3 Team scores - 1, SI. Francis -2, Woodside 42; 3, Santa Teresa -4, Gunderson 26; 5, Los Allos 23; Milis 22; 7, Los Gatos 21/2; 8, Oi Grove 18; 9 tie between Indepe dence and Mountain View at V Silver Creek 15. Top four in each event que for next week's Northern Califo, meet: Teresa 3 Altos 23; 1/2; 8, Oa

Silver Creek 15. Top four in each event qua for next week's Northern Califol. meet: 440 relay — 1, St. Francis (Hyne: O'Flaheriy, Davis, Lawson) 49.74; 2 Seaside 49.94; 3. Leland 50.06; 4 <u>Menio-Atherion</u> 50.08; 5. Westmont 50.24; 6. Mount Pleasant 50.30. 100m — 1, Lawson (St. Francis) 12.06; 2. Hutchins (Independence) 12.88; 3. Cole (Silver Creek) 12.83; 6. Cun-ningham (Silver Creek) 12.63; 7. Cole (Silver Creek) 26.06. 400m — 1, Kr. Dowell (Santa Teresa) 56.47; 2. Sprowl (Pioneer) 57.45; 3. Blafield (Harbor) 58.45; 4. Ka. Dowell (Santa Teresa) 55.53; 5. Aumine (Leland) 58.88; 6. Kistler (Mithy) 58.92. 800m — 1, Kr. Dowell (Santa Teresa) 2:08.4 (meet record); 2. Davis (Dei Mar) 2:13.4; 3. Bynoe (Gunn) 2:14.7; 4. Henry (Los Galos) 2:15.3; 5. Coric (Capuchino) 2:18.4; 6. Weisberg (Mithy) 2:18.5. Mile — 1, Sh. Clark (Mountain New) 4:57.18; 2. Chapman (Gunder-son) 5:01.21; 3. Davis (Dei Mar) 5:02.96; 4. Garcia (Silver Creek) 5:04.18; 5. Mendoza (Presentation) 5:14.7; 6. Buckler (Saratoga) 5:17.9. Two-mile — 1, Chamberlain (Leigh) 10:57.4; 2. Han (Westmoor) 1:04.7; 6. Juncki (Harbor) 11:00; 5. Seck (Lynbrook) 11:18.0; 6. Kelly (Mitty) 11:9.2. 100m hurdles — 1, Maxie (Mills) 13.76; 2. Brown (Woodside) 13.85; 3.

(Overfeit) 114-0; 6, Rice (Leland) 111-2. High jump — 1, Brown (Wood-side) 6-0 (meet record); 2, Vidako-vits (St. Francis) 5-9; 3, T. Fairfield (Fremont) 5-7; 4, Bray (Los Altos) 5-7; 5, He between Cummins (Los Galos) and Raisanen (Gilroy) at 5-4; 7, Atencio (Del Mar) 5-4. Long jump — 1, Brown (Wood-side) 20-4; 2, Lawson (St. Francis) 19-8/4; 3, Sharkey (Gunderson) 18-11; 4, Robinson (Woodside) 18-3; 5, Olsen (Gunderson) 18-3; 6, Bray (Los Altos) 18-11/4. Trible jump — 1, Brown 42-9½; 2, Disgos (Salinas) 39-2½; 3, Olsen (Gunderson) 38-3; 4, Sharkey (Gun-derson) 37-2; 5, Skewis (Soquel) 36-81 6, Alexander (Seaside) 36-4.





Woodside High School's Wendy Brown broke the Central Coast Section girls' long jump record with a leap of 20-4 Friday night at the CCS track finals. Brown later set a national record of 42-91/2 in the triple jump.

Woodside girl triple jumps 42-91/2

By Paul Salvoni Times Tribune staff

SAN JOSE — Woodside High School's Wendy Brown was the first and last competitor to distinguish herself in Friday's Central Coast Section track and field meet at San Jose City College.

Brown, the two-time defending state champion in the triple jump, already had won the girls' high jump before the meet was an hour old. And by the time the meet had ended, she had distinguished herself CCS girls' track

Bells' Allen making big strides — C-4

even further, triple-jumping $42-9\frac{1}{2}$ — the nation's best mark ever by a high school girl — to win her third title of the day.

Brown also won the long jump at 20-4 and finished second to Mills' Leslie Maxie in the 100-meter hurdles, qualifying for next week's Northern California meet in four events. Her mark in the high jump was 6-0.

"I could tell it was a good jump," Brown said of her triple jump. "I got pumped up because of the crowd at that point, and this is a pretty fast (jumping) pit."

Despite Brown's efforts, Woodside was no able to repeat as CCS champion. St. Francis led by freshman Karen Lawson, earned 4(points to 42 for Woodside. Lawson won the 100 meters, placed second in the long jump



Continued from C-1

and anchored both winning relay teams.

"I was shaking in my blocks in the trials (in the 100)," Lawson said. "After I ran that first race, though, I felt fine. I have to run against somebody."

Lawson's efforts took at least some of the attention away from Brown and Mills' Maxie, but Maxie won both hurdles, running 13.76 in the 100-meter event and 41.39 in the 330-yard race.

The 5-foot-11 Brown was expected to earn anywhere from 36 to 40 points for Woodside, and she scored 38. However, an injury to Wildcats' sprinter LaShun Peters, coupled with Lawson's outstanding efforts, prevented Woodside from winning the title.

Peters suffered a head injury before the finals started and had to scratch from both the 100 and 200 meters — in which she had the CCS' fastest and second-fastest marks this year, respectively.

Peters' absence undoubtedly cost

Woodside the team title. Peters also would have anchored the Wildcats' 440 relay team, which scratched because of her absence.

As expected, Brown gave Maxie a tough challenge in the 100 hurdles. They traded the lead a couple of times before Maxie darted over the final hurdle to win.

"I was just trying to think about totally attacking every hurdle," said Maxie, who beat Brown in the 100 hurdles in last week's Region I meet after losing to her in the Peninsula Athletic League finals.

"If you let up for just a second, that can be all it takes to make the difference. I tried to keep my concentration and look ahead. If your peripheral vision wanders or you start thinking about the crowd ... "

Although she is a freshman, St. Francis' Lawson was not bothered by the crowd or the pressure once she conquered her initial jitters. In the 440 relay, she was in seventh place when she took the baton but came back to win.

Aside from Brown, Maxie and Lawson, the only other Peninsula girl to win an individual title was. Mountain View sophomore Shannon Clark, who ran 4:57.18 in the



Wendy Brown ... wins three events.

mile. She scratched from the twomile.

Homestead's Margaret Ruden finished third in both hurdles.



Mills High's Leslie Maxie (above, left) and Woodside's Wendy Brown run the 100-meter low hurdles at the CCS track finals. Maxie won by .09 seconds. Santa Teresa's Joe Brink, Lynbrook's Chris White and Milpitas' Louis Fortman (left to right) run in the 200 meters during the trials. Fortman won the trials and also won the finals, as White finished second in both.

Bells' Allen has made big strides

Wins 800 title after running just two years

By Paul Salvoni Times Tribune staff

SAN JOSE — Bellarmine Prep's Keith Allen has come a long way in less than two years.

Allen, a senior, did not compete in track until his junior year and did not compete in cross country until last fall.

Friday, however, Allen won the 800 meters in 1:52.94 in the Central Coast Section high school track and field finals at San Jose City College.

Allen's victory did not come as a shock. He has progressed rapidly enough to earn a full track scholarship to Indiana University, and his season-best 1:52.1 is believed to be



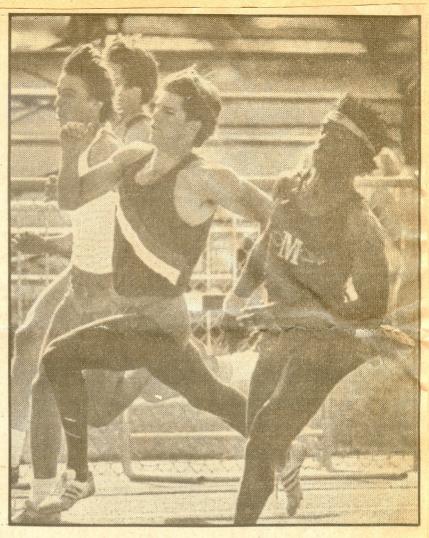
among the top half-dozen marks in the nation this year.

Allen played forward and fullback for the Bells' varsity soccer team the past two years. One of his best friends, Rod Sellard, competed in cross country and track for Bellarmine before being graduated last year.

"We ran a mile together after the soccer season (last year), and I kept up with him," Allen said.

The experience prompted Allen to try out for the Bells' track team last year. After experimenting with the mile, Allen settled on the 800. And he now appears to have a legitimate shot at winning the state title June 2 in Los Angeles.

Allen was one of four athletes from area leagues who won individual titles Friday. The others were San Mateo's Matt Giusto in both the two-mile (9:07.1) and mile (4:16.4), St. Francis' Michael Davidson in the 400 meters (48.25) and Milpitas' Louis Fortman in the 200.



The top four in each event qualified for next week's Northern California meet at the University of California. The NorCal trials will be held Friday, the finals Saturday.

In the team competition, Independence of the Mount Hamilton Athletic League won its fourth consecutive CCS boys' title with 45 points. Soquel, led by long-jump titlist Johnny Cleveland, finished second with 32 points.

Because Davidson also won the 400 in last year's CCS finals and entered the meet with this year's top mark in the section, his victory was not unexpected. But that did not detract from his happiness.

"I don't try to live up to everyone's expectations," Davidson said. "I just try to do the best I can. As long as I do my best, that's what's important."

Davidson participated in last year's NorCal and state meets, and that experience has helped him this year.

"I try to use that experience to help my teammates, too, because I know what they're going through (in terms of nervousness)," said Davidson, who also anchored the winning mile relay squad. "I'm kind of a unity person. If I can help everybody else, that helps the team and helps me. And if the team does well, we're all happy."

St. Francis' mile relay team won by more than two seconds.

Only one meet record was set Friday as Los Gatos' Ivan Moen won the pole vault at 15-10¾. Saratoga's George Bassett placed second at 15-8, which tied the previous meet record set by Saratoga's Mike Kibort a year ago.

Cupertino's Roger Creedon made two big improvements by taking fourth in the shot put (55-10¾) and second in the discus (175-8). Both were season bests.