

CENTRAL COAST SECTION REGION I FINALS

At College of San Mateo

(All events in meters, except mile and two-mile.)

Top four in each event qualified for Friday's CCS meet.

BOYS

Team scores — 1, Menlo-Atherton 113; 2, St. Francis 64; 3, San Mateo 62; 4, Carlmont 33; 5, Bellarmine 28; 6, Westmoor 27; 7, tie: St. Ignatius and Serra 22; 9, Half Moon Bay 10; 10, Mills 18; 11, Capuchino 17; 12, Jefferson 16; 13, tie: Sacred Heart and Woodside 10; 15, tie: Hillsdale and Terra Nova 9; 17, tie: Menlo School and Oceana 6; 19, Aragon 20; tie: Mitty and Sequoia 1.

400 relay — 1, Menlo-Atherton 42.5 (meet record); 2, San Mateo 42.6; 3, St. Francis 43.5; 4, Westmoor 43.7; 5, Hillsdale 44.0; 6, Serra 45.1.

110 HH — 1, Jones (MA) 14.3; 2, Branstrom (HMB) 14.4; 3, Durkin (SF) 14.9; 4, Jasper (Wood) 15.0; 5, Hiffman (SF) 15.6; 6, J. Devine (SI) 15.7.

100 — 1, Hodges (MA) 10.8; 2, Robinson (SM) 11.0; 3, Picchi (SF) 11.3; 4, Lubbe (West) 11.4; 5, D. Brown (Cap) 11.4; 6, Arrington (Seq) 11.5.

200 — 1, Usher (SM) 22.2; 2, Robinson (SM) 22.3; 3, Hodges (MA) 22.5; 4, Lubbe (West) 22.9; 5, Bostic (MA) 23.0; no sixth.

400 — 1, Threats (West) 47.9; 2, Davidson (SF) 48.3; 3, Usher (SM) 49.0; 4, Pope (MA) 49.7; 5, Topps (Carl) 50.6; 6, Ulmer (Ara) 50.7.

800 — 1, Awender (SF) 1:56.5; 2, Haggins (MA) 1:56.6; 3, Sellard (Bell) 1:57.2; 4, Allen (Bell) 1:57.5; 5, Williams (Oceana) 1:57.5; 6, Gowan (Serra) 1:59.

300 LH — 1, Jones (MA) 37.8; 2, J. Devine (SI) 38.4; 3, Branson (Serra) 38.7; 4, Ribera (Carl) 38.7; 5, Spagnoli (Mills) 39.1; 6, Cardelli (Cap) 40.3.

Mile — 1, Lucas (SH) 4:24.7; 2, Becerra (Mills) 4:25.7; 3, Wickstrom (Serra) 4:25.9; 4, Abbey (Hills) 4:27.8; 5, Giusto (SM) 4:28.3; 6, Montazer (Carl) 4:28.9.

Two-mile — 1, Anderson (Carl) 9:19.1; 2, Giusto (SM) 9:24.5; 3, Ayers (Bell) 9:29; 4, Ghidossi (Cap) 9:35.4; 5, Collier (SM) 9:37.2; 6, Valpey (MA) 9:51.

1,600 relay — 1, San Mateo 3:21.3; 2, Menlo-Atherton 3:21.3; 3, St. Francis 3:25.4; 4, Oceana 3:28.0; 5, Woodside 3:28.1; 6, Hillsdale 3:28.5.

Discus — 1, Shenk (MA) 186-2 (meet record); 2, Poti (Jeff) 162-4; 3, Gatrousis (Bell) 155-7; 4, Gravelle (SI) 153-4; 5, Turner (MA) 151-6; 6, Philippotts (HMB) 144-8.

Shot put — 1, Shenk (MA) 54-10; 2, Poti (Jeff) 53-10; 3, Gatrousis (Bell) 52-4½; 4, Turner (MA) 52-1; 5, Jones (Hills) 50-10½; 6, Leavitt (Mills) 49-7.

High jump — 1, Branstrom (HMB) 6-11 (meet record); 2, Hopgood (Carl) 6-4; 3, Cochrane (Menlo) 6-4; 4, Hunter (TN) 6-4; 5, tie: Javius (Ara), Rebottaro (Mills) and Turner (SI) 6-2.

Long jump — 1, Jones (MA) 22-6; 2, Tisdale (West) 22-2½; 3, Rossman (SF) 22-2; 4, Overton (Carl) 21-11½; 5, Ceragioli (TN) 21-5; 6, Nickerson (Mitty) 20-11.

Triple jump — 1, Rossman (SF) 46-8¼; 2, Bostic (MA) 45-5¾; 3, Furukawa (Serra) 44-8; 4, Ramos (SF) 44-3½; 5, Ceragioli (TN) 43-5¼; 6, Crenshaw (West) 43-3¼.

Pole vault — 1, Diaz (Cap) 14-0; 2, M. Devine (SI) 13-6; 3, Lewis (Mills) 13-0; 4, Durham (Carl) 13-0; 5, Curry (Serra) 12-6; 6, Carrubba (TN) 12-6.

Memorable relay race in Region I

San Mateo takes a thriller —
M-A boys, Mills girls win titles

By Tim Goode
Special to the Times Tribune

SAN MATEO — When the public-address announcer introduced the first heat of the boys' 1,600-meter relay as "the fast heat" at Thursday's Central Coast Section Region I track and field meet at College of San Mateo, he certainly was not kidding.

Five of the section's fastest six teams entered the event, and although the meet was nearly four hours long by the time the first call was announced, most of the crowd wait-

Prep track

ed eagerly. It was worth the wait.

San Mateo, the pre-race favorite, dueled Menlo-Atherton stride for stride and won the relay by a lean. Both foursomes finished in 3:21.3, a full second better than San Mateo's previous season best. The winner was not announced until the finish-line photos were scrutinized.

"That," M-A coach Plato Yanicks said, "was one of the greatest races I've ever seen in 25 years of coaching."

Although M-A finished second in the race, Yanicks was in a state of near euphoria. Every member of the relay team ran a personal best, putting a fitting end to a meet the Bears thoroughly dominated.

M-A took the boys' team title with 113 points. The closest rivals were St. Francis (64) and San Mateo (62).

In the girls' competition, sophomore Leslie Maxie won three events and anchored the winning 1,600 relay team to lead Mills to the title with 90 points. Woodside junior Wendy Brown scored 38 points with three firsts and a second to provide most of the runner-up Wildcats' 59 points.

Brown set meet records in the high jump (5-8¼) and long jump (19-3½), and Maxie broke her own record in the 400 (55.9).

The meet also will be remembered as Carlmont coach Loren Lansberry's last San Mateo County meet. Lansberry verified rumors he will not return as Carlmont's



Times Tribune file photo

Woodside junior Wendy Brown added to her long list of honors with three victories Thursday in the Region I girls' track and field finals.

track coach next season, but said he will remain one more season as the cross-country coach. Lansberry, 55, has been the track coach at Carlmont since 1956, and has built one of the most successful cross-country and track programs in the section.

Half an hour before the boys' 1,600 relay began, Yanicks was not sure the Bears would be able to field a team. Anthony Hodges, who won the 100 and anchored the winning 400-meter relay team, was stricken with muscle cramps after he finished third in the 200, and M-A's alternate relay runner failed to come to the meet.

"Yanicks just wanted us to place," said Lawrence Haggins, who ran a gutsy second leg. "And we didn't want Anthony to pull a muscle."

Hodges not only didn't pull a muscle, he ran an outstanding third leg by turning San Mateo's five-yard lead into a five-yard deficit 120 yards into the leg.

"I was shocked," Yanicks said. "I couldn't believe the way Hodges ran. I thought he was losing his mind when he went out like that, but he just kept going."

San Mateo's Darryl Usher and M-A's Kenny Pope ran 48.9 on the final leg, and both went sprawling to the track after diving for the tape.

"I never thought it would be that close," Usher said. "I was really surprised by M-A. The last time we ran against them, we beat them by quite a ways. But they weren't playing this time. They came to run."

M-A's Ken Jones had an outstanding day with firsts in the 110 high hurdles (14.3), 300 lows (37.8) and long jump (22-6). He also ran a leg on the 400 relay team.

M-A's Rob Shenk, who set a meet record in the discus with a throw of 186-2 Tuesday (when all the trials and a few finals were held), also won the shot put at 54-10.

St. Francis got strong efforts from Joe Awender, who held off Haggins and Bellarmine's Rod Sellard to win the 800, and Jerry Rossman, who captured the triple jump with his best mark of the year, 46-8¼.

Carlmont's Mike Anderson knocked five seconds off his season best to capture the two mile over favored Matt Giusto of San Mateo, and Half Moon Bay's Craig Branstrom broke his own meet record when he cleared 6-11 in the high jump.

In the girls' competition, Carlmont's Cathy Nieder coasted to victory in the 300 low hurdles, and Hillsdale's Debbie Dyson out-leaned Woodside's Lashun Peters and Burlingame's Jackie Hardman to win the 100.