

1983

NORTHERN CALIFORNIA TRACK & FIELD CHAMPIONSHIPS
Edwards Stadium, Berkeley

TO: Athletes, Coaches and Officials
FROM: Paul Gaddini, Commissioner of Athletics

WELCOME

Welcome to the first annual Northern California Track and Field Championships.

You, your athletes, and community should be aware that if Northern California, as represented by the C.I.F. Sections competing at this meet, was a State (i.e., North Carolina, North Dakota, etc.), it would be the seventh largest state in the nation in terms of number of high schools and student enrollment. Certainly, congratulations are in order to the talented athletes, knowledgeable coaches, dedicated officials and energetic support persons whose combined efforts make this most prestigious event possible.

NUMBERS

Please make sure that your athlete(s) wear the number assigned to them on the respective event page in the souvenir program.

UNIFORMS

The State CIF office has interpreted that school approved full length tights meet the uniform requirement stated in the National Federation Rule Book. This interpretation will be reviewed during the summer. Athletes will not be required to wear individual shorts if they are wearing school approved tights at the Northern and Southern California Championships or the State Meet on June 3, 1983.

FIELD EVENT REPORTING

Athletes participating in field events must report to the Clerk of Course for field events according to the time schedules published in the bulletin. Athletes reporting to their field events without first checking in with the clerk will be disqualified.

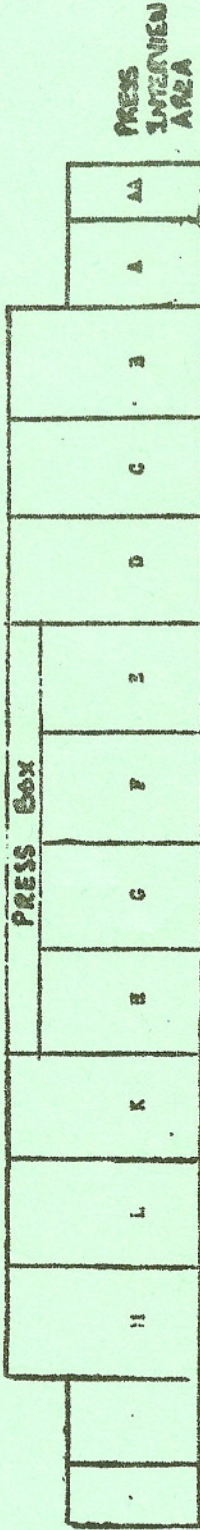
QUALIFYING FROM TRIALS TO FINALS

In the trials for running events there will be two (2) heats in each event. The first place finisher in each heat will advance to the finals along with the six non-winning contestants with the fastest times. In the event of a tie, the jury of appeals may create another heat among those tying. The added race will be on Friday, unless otherwise determined by the jury of appeals.

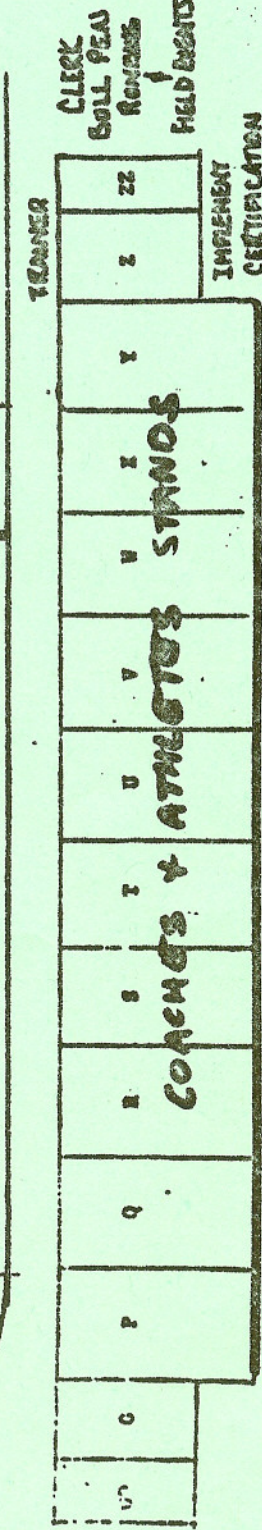
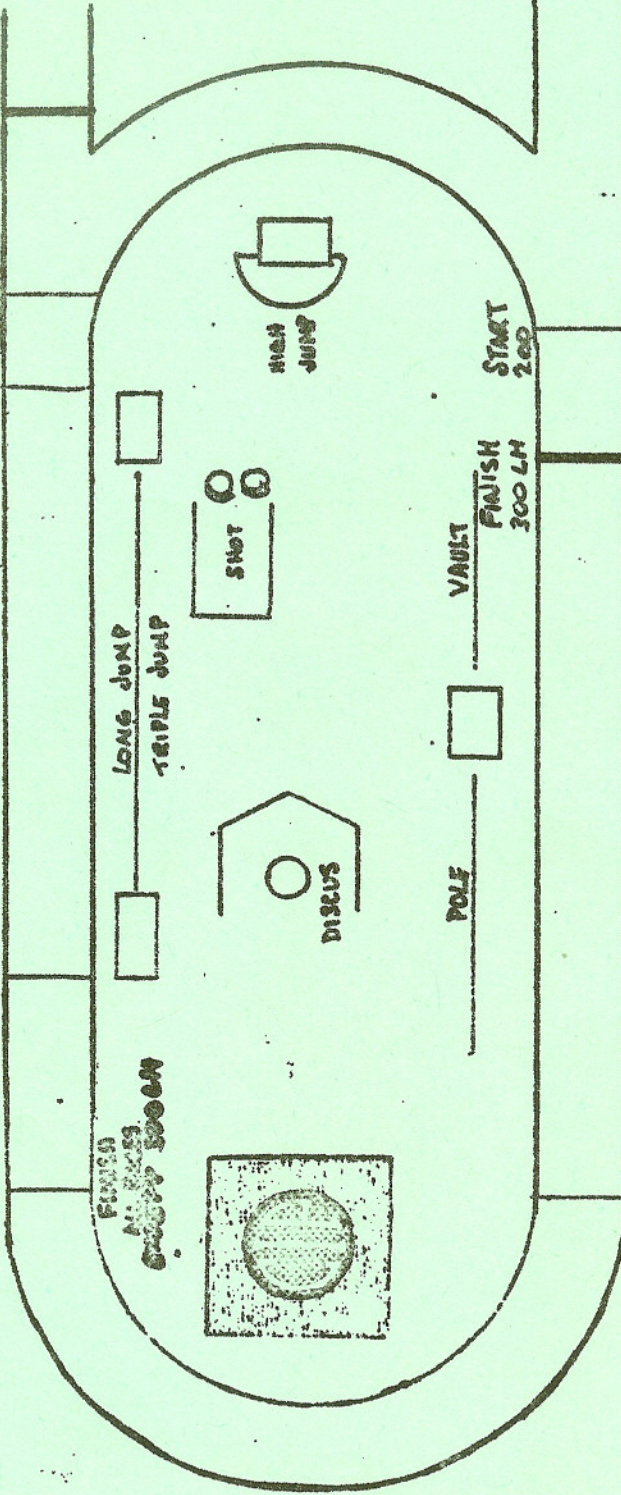
In the boys' and girls' 1600 meter run, there will be two heats with the first four finishers in each heat qualifying for the finals. There will be no preliminaries in either the boys' or girls' 3200 meter run.

UC BERKELEY - LAYOUT

WEST STANDS



RELAYS 200 1600 3200
FINISH 1000 3000
START 1000 3000



RELAYS 200 1600 3200
FINISH 1000 3000
START 1000 3000



TENNIS BLDG.
OFFICIALS
PARTICIPANTS
ENTRANCE

WARM-UP AREA