

Durchslag a winner in Israel

Redwood City woman wins Maccabiah discus

Times Tribune news services

Cindi Durchslag of Redwood City, one of California's finest discus throwers last spring at San Carlos High School, won the women's discus Monday in the 11th Maccabiah Games in Tel Aviv, Israel.

Durchslag's winning toss was 142-0¾.

Durchslag beat Israel's Lea Bring, who threw 138-5½, and Sharon Mitnik of the U.S., 135-6.

Durchslag finished third in the state high school finals with a 141-9 throw after winning the Central

Track

Coast Section title at 147-8. She also won the CCS shot put title.

Durchslag, who earlier was fourth in the Maccabiah shot put, was one of four U.S. gold medal winners, including record-setters Jason Meislor and Gary Williky, on the second day of track and field competition.

Meislor, of Santa Monica, topped the Maccabiah record of 6-8¾ in the men's high jump, winning at 7-2¼. Williky, of Boca Raton, Fla., broke the men's discus record of 173-2 with a 187-7.

William Lipsey of Evanston, Ill., won the fourth U.S. gold medal in the men's 110-meter hurdles in 15.09.

In other track and field events, British sprinter Gary Wilson, who Sunday won the men's 100-meter dash, copped the 200 meters in 21.78. Fellow Briton Jeffrey Kaye won the men's 800 meters in 1:50.14.

Fremont High graduate Mark Kibort was third in the 200 meters in 22.05 behind Wilson and Australia's Derek Blumberg, who ran 21.87. Wilson hit 21.78.

In the women's 400-meter relay, Israel topped the old Maccabiah record of 47.88, winning in 47.68.



Times Tribune file photo

Cindi Durchslag, one of the state's top prep discus throwers last spring at San Carlos High, Monday won the women's discus title at the Maccabiah Games.

The American team, for which Durchslag ran a leg, was fourth in 51.85.

Durchslag and Kibort became the third and fourth Peninsula athletes to place highly in the Maccabiah games, joining swimmers Mike Saphir (Awalt High graduate) and David Siminoff (from Menlo School).

Israel's women's basketball squad also won the gold medal in basketball with a 93-70 victory over the U.S.

The Maccabiah Games, known as the Jewish Olympics, have brought 3,400 Jewish athletes from 34 countries here to compete in 27 sports.

In London, precedent shows that the career of Ben Plucknett of San Jose may not be over, despite the announced ban for life of discus world record-holder Plucknett and Australian female discus thrower and shot putter Gael Mulhall from international athletics by the Inter-

national Athletic Federation. They were banned after tests for anabolic steroids proved positive.

Anabolic steroids are synthetically produced male hormones that allow athletes to train harder, recover faster and become generally fitter. When used in conjunction with weightlifting, they produce muscle growth. They are prohibited in track and field, partly because of potential side effects including damage to reproductive organs and kidneys, hepatitis and, in up to 80 percent of those using steroids, abnormal liver function.

Despite the bans imposed for life, the athletes' national associations can appeal the decision after 18 months. Several other athletes, including a number of discus throwers, have been suspended for using anabolic steroids.

Five Eastern European women athletes were barred last year, but the IAAF later voted to let them compete in the Moscow Olympic Games.