

THE WEST COAST RELAYS

Fresno State University Fresno, California 93740

53RD ANNUAL WEST COAST RELAYS
FRESNO, CALIFORNIA, MAY 9th & 10th, 1980

High School Division

SCORING -- Berkeley 48 1/2, Hiram Johnson, Sacramento 26; Oakland 17; Mission, S.J. 12; Mission, S.F. 12; Pittsburg 12; Highland, N. Highlands 10; Edison, Fresno 9; McClymonds, Oakland 8; Mira Loma, Sacto 6; Antioch 6; St. Mary's, Berkeley 6; Shafter 6; Cordova, Rancho Cordova 6; San Joaquin Memorial, Fresno 6; Santa Rosa 6; Yuba City 4; Sanger 4; Woodside 4; Bakersfield 4; Lowell, S.F. 4; Armijo, Fairfield 4; Galileo, S.F. 4; Highlands, Bakersfield 4; Hayward 4; Clovis 3 1/2; El Cerrito 3; Mt. Eden, Hayward 3; Menlo-Atherton 3; Lemoore 3; Skyline, Oakland 3; McLane (Fresno) 3; Corcoran 2; Castlemont, Oakland 2; Northgate, Walnut Creek 2; Mt. Pleasant, San Jose; Amador Valley, Pleasanton 2; West Bakersfield 2; Silver Creek, San Jose 2; El Camino, Sacto 2; Carlmont, San Carlos 1.

110 Meter High Hurdles - 1st Heat - 1. Henry Andrade, Hiram Johnson, 14.24
NEW WEST COAST RELAYS RECORD. 2. Daryl Hill, Bishop O'Dowd, 14.47; Matt Simmons, West, 15.20; Mitch Brewer, McClymonds, 15.3HT; Mike Berry Oakgrove, 15.5HT;
6. Bob Sanders, Santa Cruz, 15.8HT. 2nd Heat - 1. Don Ward, St. Mary's Col HS, 14.29; 2. John Sherron, Grant Union, 14.64; 3. John Sears, Edison, 14.69; Hiram Mack, McClymonds, 14.69; Dave Martin, Golden West, 15.14; Jeff Johnson, Petaluma, 15.2HT. 3rd Heat - 1. Frank Williamson, Skyline, 14.17 NEW WEST COAST RELAYS RECORD. 2. Ron McCoy, Edison, 14.54. 3. Russell Johnson, Mission SF 14.64. 4. Doby Hagar, West High, 14.72; 5. Kevin Knight, South Bkfld, 14.9HT; 6. Rich Cummings, Mt. Pleasant, 15.1HT. Finals - 1. Don Ward, St. Mary's Col HS, 13.95. NEW WEST COAST RELAYS RECORD. 2. Henry Andrade, Hiram Johnson, 14.04; 3. Frank Williamson, Skyline, 14.54; Hiram Mack, McClymonds, 14.59; 5. Ron McCoy, Edison, 14.97; Matt Simmons, West, 15.02.

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100 Meter Dash - 1st Heat - 1. Gerald White, McClymonds, 10.94; 2. Milvin Watkins, Bakersfield, 10.98; 3. Tony Wyatt, Edison, 11.06; George Ervin, Castlemont, 11.16; 5. Harry Campbell, Mt. Pleasant 11.18; 6. Darryl McCane, Skyline, 11.26. 2nd Heat - 1. Kevin Shilwhite, Cordova, 11.04; Jeff Pigrum, Skyline, 11.06; Ernest Daumas, Galileo, 11.07; Harvel Guton, Bishop O'Dowd, 11.26. 5. Scott Garner, Clovis, 11.66; 6. David Vigay, McClymonds, 11.66. 3rd Heat - 1. Tonny Ford, Berkeley, 11.03; 2. Eric Washington, Woodside, 11.04; Ken Lawson, Castlemont, 11.05; 4. Tyrone Henderson, East Bakersfield, 11.07; Robert Sterling, Silver Creek, 11.11; 6. Mike Cagle, Highland, 11.14; 7. Lyle Jackson, Christian Brothers, 11.29. Finals - 1. Gerald White, McClymonds, 10.91; 2. Eric Washington, Woodside, 10.99; 3. Melvin Watkins, Bakersfield, 11.01; 4. Ken Lawson, Castlemont, 11.03; 5. Tony Wyatt, Edison, 11.06; 6. Kevin Willwhite, Cordova, 11.13; 7. Ernest Daumas, Galileo, 11.15; 8. Jeff Pigrum, Skyline, 11.16.

Two Mile Relay - 1. Berkeley (Eden McAuliffe, Jeff Charleston, Andre Preston, Pete Richardson) 7:59.73; 2. Pittsburg, 8:01.56; 3. Highlands, N. Highlands, 8:02.22; 4. Hiram Johnson, 8:05.12; 5. Amador Valley, 8:05.56.

Sprint Medley Relay - 1st Section - 1. Edison (Ricky Hudson, Tatum, Cliff Green, Ricky McCoy) 3:37.0HT; 2. Pittsburg 3:39.4HT; 3. Serra, San Mateo 3:40.1HT; 4. McClymonds, 3:40.1HT; Piedmont 3:43.4HT; Taft 3:51.9HT. 2nd Section - Seaside, Monterey, (Taylor, Allen, Washington, Dale Evans) 3:35.58; 2. East Bakersfield, 3:38.13; 3. De La Salle 3:38.78; 4. Bishop O'Dowd, 3:44.78; Mt. Eden 3:49.88. 3rd Section - 1. Christian Brothers (David Jackson, David Cooke, Ernie Quinto, Mark Rasmussen) 3:32.86. 2. Lemoore 3:34.64; 3. Mt. Mary's Coll. HS 3:35.48; Foothill, Bkfld. 3:36.73; Tranquillity, 3:41.18. Combined Placings: 1. Christian Bros. 3:32.86; 2. Lemoore, 3:34.64; 3. St. Mary's Coll. H.S., 3:35.58; 4. Seaside, 3:35.58; 5. Foothill, 3:36.73.

Two Mile Run - 1. Mike Vail, Mira Loma 9:12.73; 2. Tito Torres, Hiram Johnson 9:13.39; 3. Bob Lohse, Hanford 9:19.92; 4. Jeff Scott, El Camino 9:21.94; 5. Gary Gonzales, Clovis 9:23.00.

400 Meter Relay - Class A -- 1st Section - (Tie) South Bakersfield 9David Hailey, Hayward Williams, Cleo Hopkins, Stanley Colbert) 43.64; Fresmon (Aaron Victor, Earl Stephens, John Elder, Lamont Horston) 43.64; 3. Castlemont 44.12; Bella Vista 44.16; Fresno 44.64. 2nd Section - 1. Carlmont (Mike Hester, James Ware, Charles Hester, Ron Young) 43.13; Hoover 43.23; 3. Oakland 43.33; 4. A.A. Stagg, 44.96; 5. Clovis 45.16. 3rd Section - Edison, Fresno (Mike Dixon, Tony Wyatt, Leavel Tatum, Cliff Green) 42.76; 2. Mt. Pleasant, S.J., 42.84; 3. Silver Creek, 42.89; 4. Bakersfield, 43.07. 4th Section - Berkeley (Homer Dotson, Ken Robinson, Ulysee Walker, Tommy Ford) 41.45; 2. Hiram Johnson 42.17; Cordova 42.48; Highlands, N.Highlands 42.94; 5. Galileo 43.00; 6. Skyline 43.42. Combined Placings - 1. Berkeley 41.45; 2. Hiram Johnson 42.17; 3. Cordova 42.48; 4. Edison, Fresno 42.76; 5. Mt. Pleasant 42.84.

400 Meter Relay - Class B -- 1st Section - 1. Serra (Rob Siguenza, Doug Smith, Tony Malone, George Sigigie) 44.65; 2. Shafter 44.66; 3. Clovis West 45.19; Los Lomas 45.46. 2nd Section - 1. Grant (John Sherron, Steve Wilson, Joe Ellis, William Crayton) 43.20; 2. McClymonds 43.44; 3. East Bakersfield 44.00; 4. Washington Union 44.12; 5. Bishop O'Dowd. Combined Placings -- 1. Grant 43.20; McClymonds 43.33; East Bakersfield 44.00; Washington Union 44.12; Serra 44.65.

400 Meter Relay - Class C - 1st Section - St. Mary's, Berkeley (Dave White, Don Ward, Tony Joseph, Ron Thompson) 43.27 NEW WEST COAST RELAYS RECORD. De La Salle, 44.44; 3. Yosemite, Oakhurst 45.14; 4. Corcoran 46.00; 5. St. Elizabeth 46.18; 6. Firebaugh 47.33. 2nd Section - 1. Coalinga (Richard Aguliar, Octavio Fernandez, Ernie Palacios, David Williams) 44.88; 2. Strathmore 45.29; 3. Wasco 45.56; 4. Riverbank 45.73; 5. Salesian 45.90. Combined Placings -- 1. St. Mary' 43.27; 2. De La Salle 44.44; 3. Coalinga 44.88; 4. Yosemite 45.14; 5 Strathmore 45.29.

One Mile Relay - 1st Section - 1. Woodside (Tim Redick, Willie Williams, Thomas Harris, Eric Washington) 3:24.85; 2 Carlmont 3:25.90; 3. EastBakersfield 3:26.48; Bakersfield 3:26.55; 5. Pittsburg 3:30.70.

One Mile Relay Continued - 2nd Section - 1. Gilroy (Sam Mercado, Benny Trujillo, Chris Coy, Ronnie Seanez) 3:27.31; Lemoore 3:27.53; Seaside 3:27.73; Foothill 3:29.60; Oceana 3:29.61; Fresno 3:35.15. 3rd Section - 1. Galileo (Angelo McNeil, Willie Gage, Calvin Watts, Earnest Daumas) 3:22.83; 2. Skyline: 3:23.54; Edison 3:26.34. 4th Section - 1. Berkeley (Homer Dotson, Pete Richardson, V. Walker, Ken Robinson) 3:16.72; 2. Oakland 3:18.44; 3. Hiram Johnson: 3:19.70; 4. Highlands, N. Highlands 3:21.0HT; 5. Bakersfield 3:25.2HT. Combined Placings - Berkeley 3:16.72; 2 Oakland 3:18.44; 3. Hiram Johnson 3:19.70; Highlands 3:21.0HT; Galileo 3:22.83.

Distance Medley Relay - Mission, S.J. (Dirk Duffer, Greg Thompson, Rich Read Jay Marden) 10:22.18; Oakland 10:22.78; Berkeley 10:26.48; Sanger 10:28.54; Corcoran 10:30.90.

400 Meter Relay - Girls - 1st Section - 1. Logan (Andora McDonald, Roianne Byrd, Sonia Mitchell, Alisha Torres) 49.75; Foothill, Bkfld. 49.95; W.C. Overfelt 50.43; 4. Fresno High 50.68; 5. Miramonte 51.09. 2nd Section - 1. Berkeley (Nedra Govers, Sharon Ware, Tonaya King, Judy Yount) 46.64 NEW WEST COAST RELAYS RECORD. 2. Cordova 49.18; 3. Edison, Fresno 49.19; 4. McClymonds 49.87; 5. Clovis West 50.02. Combined Placings - 1. Berkeley 46.64; 2. Cordova 49.18; 3. Edison 49.19; Logan 49.75; McClymonds 49.87.

Mile Relay - Girls - 1st Section - 1. North High, Bkfld. (Carrie Tillett, Dana Smith, Kara Ragland, Cathy Wilson) 4:00.56; 2. Foothill, Bkfld. 4:05.20; 3. Hoover 4:06.30; Hiram Johnson 4:09.00; Pittsburg 4:12.0HT; 6. Fresno High 4:15.3HT. 2nd Section - Berkeley (Lana Rice, Nedra Rogers, Sherifa Sanders, Tenaya King) 3:53.29 NEW WEST COAST RELAYS RECORD. 2. Oakland 3:59.73; 3. Livermore: 4:01.50; 4. Carlmont 4:04.34; Clovis West 4:10.34; 6. McClymonds 4:13.39. Combined Placings - Berkeley 3:53.29; 2. Oakland 3:59.73; 3. North High 4:00.56; Livermore 4:01.50; Carlmont 4:04.34.

Invitational Event - One Mile Run - Girls - 1 Heike Skaden, Encina, 4:59.20; 2. Liz Strangio, Mission S.J., 5:05.83; 3. Karen VanWagenen, Clovis West 5:06.48; Lori Shanoff, Petaluma 5:06.68; 5. Marcia White, Miramonte, 5:06.90.

High School Girls Exhibition High Jump - Tonya Mendonca, Mt. Whitney, 5-7; Lauri Dew, Lemoore 5-6; 3. Cabrini Leathers, So. Bkfld, 5-4; 4. Denise Miller West Bkfld, 5-4; 5. Leanna Roberts, Tulare West, 5-2.

Girls SHOT PUT / Debbie Corley, Garces, Bkfld. 43.8' NEW WEST COAST RELAYS RECORD
NEW EVENT. Laura DeSnoo, Washington, 41-10; Deann Phillips, Mira Loma, 39-10½; 4. Wendy Fortner, Liberty, 38-9½; 5. Laree Tinnin, Bishop O'Down, 38-9½.

DISCUS - Paul Bender, Shafter, 183-4; 2. Steve Colvin, Lowell, 183-0; 3. Jeff Budwig, McLane, 178-6; 4. Eric Olsen, Northgate, 172-6. 5. Otis Tolbert, Lemoore 168-3.

POLE VAULT * Leon Hanson, Antioch, 14-9¼; Tony Faber, Yuba City, 14-9¼; 3. Greg Ellis, Menlo-Atherton, 14-9¼; 4. Jeff Brooks, Lemoore, 14-9¼; 5. Mike Phillips, Carlmont, 14-3.

HIGH JUMP - John Reich, San Joaquin Memorial, 6-6; 2. James Modkins, Pittsburg, 6-6; (Tie) 3. Ricky Caldwell, Berkeley, & Jess Richardson, Clovis, 6-6; 5. James Wilson, Hayward, 6-6.

LONG JUMP - 1. Ken Frazier, Mission, S.F. 22-8; Eric Wright, Armijo, 22-6; Ron McCoy, Edison, Fresno, 22-¾; Anthony Allen, Galileo, 21-¾; 5. Gerald Nails, Oakland, 21-5.

TRIPLE JUMP - 1. Ken Frazier, Mission, S.F., 48-¾; John Bailey, Berkeley, 48-0; Byron Criddle, El Cerrito, 47-8 ¾; 4. Victor Torres, Silver Creek, 46-¾; 5. Alton Henry, Bakersfield, 45-10.

SHOT PUT - 1. Dennis DeSoto, Santa Rosa, 59-0 ¾; 2. Eric Martin, Highland Bkfld., 58-¾; 3. Rodney Cupp, Mt. Eden, 58-2½; 4. Randy Arley, West Bakersfield, 57-4½; 5. Dave Maggard, Acalanes, 57-3 ¾.

West Coast Relays

by Keith Conning

May 9, 1980. Radcliffe Stadium, Fresno, California.

Don Ward (St. Mary's, Berkeley) was selected as the outstanding performer in the high school division. He set a new record in the 110 meter high hurdles with 13.95. He also ran on two winning relay teams.

Berkeley won the team title with 48½ points. Hiram Johnson of Sacramento was second with 26 and Oakland was third with 17.

Berkeley started off with a third in the distance medley, and followed with a first in the 400 relay, second in the triple jump, first in the two-mile relay, third in the high jump, and finished with a victory in the mile relay.

Gerald White, a junior from McClymonds of Oakland, won the 100 meters in 10.94. Kenny Robinson of Berkeley did not run, because the Berkeley bus did not arrive in time. Apparently the team took too long at a rest and refueling stop in Los Banos. But Robinson will get another chance next year to win the outstanding athlete award.

Mike Vail (Mira Loma, Sacramento) won a competitive two-mile in 9:12.73. The first seven runners all went under 9:25.

100 METERS

1. Gerald White, McClymonds, 10.91; 2. Eric Washington, Woodside, 10.99; 3. Melvin Watkins, Bakersfield, 11.01; 4. Ken Lawson, Castlemont, 11.03; 5. Tony Wyatt, Edison, 11.06.

110 HH

1. Don Ward, St. Mary's Col, 13.95 (Meet record, old record 14.85, Jim Swain, Carmelmont, 1979); 2. Henry Andrade, Hiram Johnson, 14.04; 3. Frank Williamson, Skyline, 14.54; 4. Hiram Mack, McClymonds, 14.59; 5. Ron McCoy, Edison, 14.97.

POLE VAULT

1. Leon Hanson, Antioch, 14-9¼; 2. Tony Faber, Yuba City, 14-9¼; 3. Greg Ellis, Menlo-Atherton, 14-9¼; 4. Jeff Brooks, Lemoore, 14-9¼; 5. Mike Phillips, Carmelmont, 14-3.

DISCUS

1. Paul Bender, Shafter, 183-4; 2. Steve Colvin, Lowell, 183-0; 3. Jeff Budwig, McLane, 178-6; 4. Eric Olsen, Northgate, 172-6; 5. Otis Tolbert, Lemoore, 168-3.

LONG JUMP

1. Ken Frazier, Mission, S.F., 22-8; 2. Eric Wright, Armijo, 22-6; 3. Ron McCoy, Edison, 22-3¼; 4. Anthony Allen, Galileo, 21-8¼; 5. Gerald Nalls, Oakland, 21-5.

400 METERS

(Class C) 1. St. Mary's, Berkeley (Dave White, Tony Joseph, Ron Thompson, Don Ward) 43.27 (Meet record, old record 43.86, Albany, 1977); 2. DeLaSalle 44.44; 3. Coalinda 44.88; 4. Yosemite 45.14; 5. Strathmore 45.29.

400 METERS

(Class B) 1. Grant, Sacramento (John Sherron, Steve Wilson, Joe Ellis, William Crayton) 43.20; 2. McClymonds 43.33; 3. East Bakersfield 44.00; 4. Washington 44.12; 5. Serra 44.65.

SPRING MEDLEY RELAY

(Under 1,500) 1. Christian Bros., Sacramento (David Jackson, David Cooke, Ernie Quinto, Mark Rasmussen) 3:32.86; 2. Lemoore 3:34.64; 3. St. Mary's Col, 3:35.48; 4. Seaside 3:35.58; 5. Foothill 3:36.73.

DISTANCE MEDLEY RELAY

1. Mission, San Jose (Dirk Duffer, Greg Thompson, Rich Read, Jay Marden) 10:22.18; 2. Oakland 10:22.78; 3. Berkeley 10:26.48; 4. Sanger 10:28.54; 5. Corcoran 10:30.90.

400 RELAY

(Class A) 1. Berkeley (Homer Dotson, Ken Robinson, Ulsee Walker, Tommy Ford) 41.45; 2. Hiram Johnson 42.17; 3. Cordova 42.48; 4. Edison 42.76; 5. Mt. Pleasant 42.84.

TRIPLE JUMP

1. Ken Frazier, Mission, S.F., 48-3¼; 2. John Bailey, Berkeley, 48-0; 3. Byron Criddle, El Cerrito, 48-8¼; 4. Victor Torres, Silver Creek, 46-3¼; 5. Alton Henry, Bakersfield, 45-10.

SHOT PUT

1. DeSoto, Santa Rosa, 59-0¼; 2. Eric Martin, Highland, Bak., 58-3¼; 3. Rodney Cupp, Mt. Eden, 58-2¼; 4. Randy Ariv, West, Bak., 57-4¼; 5. Dave Maggard, Acalanes, 57-3¼.

2-MILE RELAY

Berkeley (Eden McAluffie, Jeff Charleston, Andre Preston, Pete Richardson)

Don Ward (St. Mary's, Berkeley) upset Henry Andrade (Johnson, Sacramento), when Andrade hit the last hurdle and couldn't recover.

Leon Hanson (Antioch) won the pole vault at 14-9¼, but there were four competitors that cleared that height.

Sophomore Ken Frazier (Mission, San Francisco) won both the long and triple jumps as expected.

Junior Dennis DeSoto (Santa Rosa), the son of head coach Gene, won the shot put at 59-¾. Two great names out of the past were also in the field. Dave Maggard (Acalanes, Lafayette), the son of the Cal athletic director, placed fifth, and Beau Babka (Stagg, Stockton), the son of Rink, placed seventh in the competition.

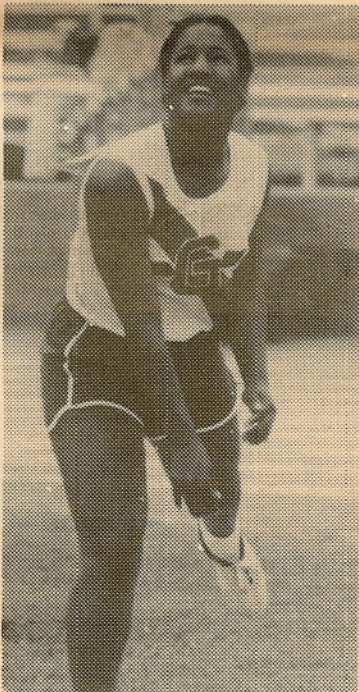
Paul Bender (Shafter) edged Steve Colvin (Lowell, San Francisco) on his last throw of the competition—183-4 to 183-0.

Heike Skaden (Encina, Sacramento), the finest female long distance runner in Northern California, broke the five minute mile with 4:59.20. She easily defeated a fine field of outstanding runners, as she did at the Jenner Classic.

The Berkeley girls showed why they are such a strong team by completely dominating the 400 meter relay in 46.64, a new record by over a second. They also set a new record in the mile relay at 3:53.29.

Debbie Corley (Garces, Bakersfield) won the 4 kilo shot put at 43-8, which surpassed the old record of 41-2¼ by Rita Banks (Delano) last year.

Su-Mei Lee (Eisenhower, Rialto) placed fourth in the Open Women's 1500 on Saturday with 4:41.91.



Debbie Corley

7:59.73; 2. Pittsburg 8:01.56; 3. Highlands, N. Highland 8:02.22; 4. Hiram Johnson 8:05.12; 5. Amador Valley 8:05.56.

HIGH JUMP

1. John Reich, Memorial, 6-6; 2. James Modkins, Pittsburg, 6-6; 3. (tie) Ricky Caldwell, Berkeley; Jess Richards, Clovis, 6-6; 5. James Wilson, Hayward, 6-6.

2 MILE

1. Mike Vail, Mira Loma, 9:12.73; 2. Tito Torres, Hiram Johnson, 9:13.39; 3. Bob Lohse, Hanford, 9:19.92; 4. Jeff Scott, El Camino, Sacramento, 9:21.94; 5. Gary Gonzales, Clovis, 9:23.00.

MILE RELAY

1. Berkeley (Dotson, Richardson, Walker, Robinson), 3:16.72; 2. Oakland, 3:18.44; 3. Hiram Johnson (Sacramento), 3:19.70; 4. Highlands (North Highlands), 3:21.0; 5. Galileo (San Francisco), 3:22.83.

TEAM SCORING

Berkeley 48½, Hiram Johnson 26, Oakland 17, Mission (San Jose) 12, Mission (San Francisco) 12, Pittsburg 12, Highlands (North Highlands) 10, Edison (Fres-

no) 9, McClymonds 8, Mira Loma (Sacramento) 6, Antioch 6, St. Mary's (Berkeley) 6, Shafter 6, Cordova 6, San Joaquin Memorial 6, Santa Rosa 6, Yuba City 4, Sanger 4, Woodside 4, Bakersfield 4, Lowell (San Francisco) 4, Armijo 4, Galileo (San Francisco) 4, Highland (Bakersfield) 4, Hayward 4, Clovis 3½, El Cerrito 3, Mt. Eden 3, Menlo-Atherton 3, Lemoore 3, Skyline 3, McLane 3, Corcoran 2, Castlemont 2, Northgate 2, Mt. Pleasant 2, Amador Valley 2, West of Bakersfield 2, Silver Creek 2, El Camino (Sacramento) 2, Carl Mott (San Carlos) 1.

Girls WCR

MILE RELAY

1. North, Bakersfield, (Carrie Tilleff, Dana Smith, Kara Ragland, Cathy Wilson) 4:00.56; 2. Foothill, Bakersfield, 4:05.20; 3. Hoover 4:06.30; 4. Hiram Johnson 4:09.00; 5. Pittsburg 4:12.0.

MILE

1. Heike Skaden, Encina, 4:49.20; 2. LizStrangio, Mission, San Jose, 5:05.83; 3. Karen VanVogten, Clovis West, 5:06.48; 4. Lori Shanoff, Petaluma, 5:06.68; 5. Marcia White, Miramonte, 5:06.90.

400 RELAY

1. Berkeley (Nedra Rogers, Sharon Ware, Tonava King, Judy Young) 46.64 (Meet record, old record 47.77, Edison, 1978); 2. Cordova 49.18; 3. Edison 49.19; 4. Logan 49.75; 5. McClymonds 49.87.

SHOT PUT

1. Debbie Corley, Garces, 43-8 (Meet record, old record 41-2¼, Rita Banks, Delano, 1979); 2. Laura DeSnoo, Washington, Fremont, 41-10; 3. Deann Phillips, Mira Loma, 39-10¼; 4. Wendy Fortner, Liberty, 38-9¼; 5. Laree Tinnin, Bishop O'Dowd, 38-9¼.

HIGH JUMP

(Exhibition) 1. Tonya Mendonca, Mt. Whitney, 5-7; 2. Lauri Dew, Lemoore, 5-6; 3. Cabrini Leathers, South, Bakersfield, 5-4¼; 4. Denise Miller, West, Bakersfield, 5-4; 5. Leanna Roberts, Tulare Western, 5-2.

Mt. Carmel Invitational

by Keith Conning

April 19, 1980. San Diego, Calif.

Alemany of Mission Hills set anew national record in the women's 4 x Mile Relay with 21:14.3.

Arete West Twilight Girls Invitational

by Bill Taylor, Drake Coach

April 22, 1980. College of Marin.

Well, it wasn't the record, but these four girls—Dykstra, Zeigler, Martin, and Geoffrion—still ran the 5th fastest time in the history of U.S. high school track for the 4 x Mile as recorded in the "Women's All-Time Outdoor List" of High School Track 1980. The Drake (San Anselmo) team of Katie Dykstra, Julie Zeigler, Theresa Martin and Gigi Geoffrion clocked 21:45.0. Katie Dykstra was the star. She ran 5:14.0 to break Lori Sala's school record in the mile. The story of track and field is about people, dreams, courage, disappointment, and sometimes joy and celebration.

Where Are the Howards Going?

According to Ralph Wiley, writing in the Oakland Tribune, the Howard sisters have expressed the desire to continue their relay and scholastic careers at Stanford.