

California High School Tack & Field Leaders

Compiled by Keith Conning

Complete through June 17, 1980.
Please send all information to Keith
Conning, 2235 Browning Street, Berkeley,
Calif. 94702. Be certain to specify if
timing is hand or automatic and include
wind information on all affected events.
This list continues until August 31, 1980.

MEN

100 Meters:

- 10.55 Howard Hawkins(Warren, D., SS)
- 10.57 Mike Turner(Centennial, C., SS)
- 10.60 *Ken Robinson(Berkeley, NCS)
- 10.64 *Kevin Shields(San Diego, SDS)
- 10.4 Carl Montgomery(S. S. F., CCS)
- 10.70 Kerwin Bell(Edison, Hunt. B., SS)
- 10.70 John Costanzo(Crespi, Encino, SS)
- 10.71 Jim Spotville(Pomona, SS)
- 10.72 Fred Williams(NortedRio, S., SJS)
- 10.73 Eric Washington(Woodside, CCS)

200 Meters:

- 21.21 *Ken Robinson(Berkeley, NCS)
- 21.25 Jim Spotville(Pomona, SS)
- 21.1c John Costanzo(Crespi, Encino, SS)
- 21.35 Eric Washington(Woodside, CCS)
- 21.40 *Anthony Toney(N.Salinas, S., CCS)
- 21.43 Anthony Eddings(Ganesha, P., SS)

- 21.44c Carl Montgomery(S. S.F., CCS)
- 21.44 *Greg Thomas(Polytechnic, R., SS)
- 21.48 *Leonard Graham(Centen., C., SS)
- 21.50 Gregory Peppers(Wash., L.A., LAS)

400 Meters:

- 46.92 Mike Turner(Centennial, C., SS)
- 47.22 Rod Barksdale(Compton, SS)
- 47.49 Mike Barber(highlands, N.H., SJS)
- 47.60 H. Campbell(Mt. Pleas., S.J., CCS)
- 47.68c Carl Bonner(Vallejo, SJS)
- 47.6 *Chris Prietto(DeLaSelle, C., NCS)
- 47.79**Fabian Cooper(Wash., L.A., LAS)
- 47.79 Rufus Jackson(Centennial, C., SS)
- 47.79 *Anthony Toney(N.Salinas, S., CCS)
- 47.82 *V. Townsend(Polytechnic, L.B., SS)

800 Meters:

- 1:50.15 Pete Quinonez(Tulare, CS)
- 1:50.19 *Pete Richardson(Berkeley, NCS)
- 1:50.91 Greg Vining(Hawthorne, SS)
- 1:51.50 Scott Cox(Wilson, Long B., SS)
- 1:51.68 *Eddie Davis(Compton, SS)
- 1:51.87 *D. Rodriguez(Montgomery, NCS)
- 1:52.36 Jack Preijers(N. Torrance, SS)
- 1:52.5c Vincent Wilkins(Oakland, OS)
- 1:52.8 Jesse Cota(Coachella Val., T., SS)
- 1:52.92 Phil Adcock(Carpinteria, SS)

1600 Meters:

- 4:04.58c Pedro Reyes(Jesuit, Carm., SJS)

- 4:06.18 Larry Guinee(Castro Val., NCS)
- 4:06.52 Shawn O'Neal(Oceanside, SDS)
- 4:07.25 Mike Serna(Loara, SS)
- 4:08.5 Andy DiConti(La Canada, SS)
- 4:08.62 Mike Parkinson(S. Pasadena, SS)
- 4:09.52 Mike Trujillo(St. Bern., PDR., SS)
- 4:09.54 Rob Leetch(Redondo, R.B., SS)
- 4:10.20 Steve Fairman(Thous. Oaks, SS)
- 4:11.14 *Gary Gonzales(Clovis, CS)

3200 Meters:

- 8:54.29 Andy DiConti(La Canada, SS)
- 8:54.37 Mark Ruelas(La Salle, Pas., SS)
- 8:54.44 *Jon Butler(Edison, Hunt. B., SS)
- 8:54.74 Richard Perez(S.Gor., S.B., SS)
- 8:56.08 *Jay Marden(Mis. S.J., F., NCS)
- 9:00.07 Sean Evans(Henry, S.D., SDS)
- 9:02.22 *Steve Valen(EI Modena, O. SS)
- 9:05.2c Mike Vail(Mira Loma, Sac., SJS)
- 9:05.49 John Frank(Central Val., R., NCS)
- 9:06.2c Eric Sappenfield(San. Barb., SS)

110 Meter Hurdles:

- 13.73 Don Ward(St. Mary's, Berk., NCS)
- 13.76 *David Ashford(West Covina, SS)
- 13.79 Henry Andrade(Johnson, Sac, SJS)
- 14.02 Daryl Hill(O'Dowd, Oakland, NCS)
- 14.10 Frank Williamson(Skyline, O., OS)
- 14.20 Duane Butler(Victor Valley, SS)
- 14.0 Hiram Mack(McClmonds, Oak.)

14.28c Aaron Jones(Beverly Hills, SS)
 14.30 Kevin Ellison(Ventura, SS)
 14.30 Anthony Evans(Fremont, LA, LAS)
300 Meter Hurdles:
 36.26 Don Ward(St. Mary's, Berk. NCS)
 36.43 *David Ashford(West Covina, SS)
 36.64 Jiles Smith(Compton, SS)
 36.86 Austin Shanks(S. Fernando, LAS)
 36.94 Kenny Newell(Chatworth, LAS)
 36.8 *Ronnie Seanez(Gilroy, CCS)
 36.8c Henry Andrade(Johnson, Sac, SJS)
 37.0c Aaron Jones(Beverly Hills, SS)
 37.0 Jim Spotville(Pomona, SS)
4 X 100:
 41.21 Compton, SS
 41.29 Berkeley, NCS
 41.30 Centennial, Compton, SS
 41.51 Washington, Los Angeles, LAS
 41.63 Manual Arts, Los Angeles, LAS
 41.72 Serra, Camino Real, SS
 41.73 Pasadena, SS
 41.75 Crenshaw, Los Angeles, LAS
 41.76 Silver Creek, San Jose, CCS
 41.79 Kennedy, Granada Hills, LAS
4 X 200:
 1:25.1c Berkeley, NCS
4 X 400:
 3:10.37 Centennial, Compton, SS
 3:10.42 Berkeley, NCS
 3:11.32 Compton, SS
 3:12.92 Polytechnic, Long Beach, SS
 3:14.36 Pasadena, SS
 3:15.0 St. Mary's, Berkeley, NCS
 3:15.15 San Fernando, LAS
 3:15.42 Washington, Los Angeles, LAS
 3:15.93 Highlands, North Highlands, SJS
 3:16.12 Nogales, SS
4 X Mile:
 17:34.1 Mission San Jose, Fremont, NCS
 17:45.0 Corcoran, CS
 17:49.1 Leigh, San Jose, CCS
 17:53.1 Corona del Mar, Newport B., SS
 17:53.5 Jesuit, Carmichael, SJS
 18:00.2 Orange, SS
Sprint Medley:
 3:23.5 Compton, SS
 3:28.9 Tulare, CS
 3:29.4 Berkeley, NCS
Distance Medley:
 10:12.2 Thousand Oaks, SS
 10:12.6 Santa Barbara, SS
 10:15.9 San Geronimo, S. Bernardino, SS
 10:20.0 Henry, San Diego, SDS
 10:21.2 Edson, Huntington Beach, SS
 10:22.18 Mission San Jose, Fremont, NCS
 10:22.78 Oakland, OS
Decathlon:
 6529 Darren Hall(Enterprise, Red., NS)
High Jump:
 7-1 Greg Denby(Crenshaw, L.A., LAS)
 6-11½ Ivan Morris(Johnson, Sac., SJS)
 6-10½ Arne Simonsen(Ceres, SJS/NOR)
 6-10½ Charles Mayfield(Muir, Pas., SS)
 8-10 *Anthony Caire(Pius X, Down., SS)
 6-10 Mark Langan(Ventura, SS)
 6-10 John Reich(S. Joa. Mem., F, CS)
 6-10 Jess Richardson(Clovis, CS)
 6-10 Jeff Waters(Alhambra, SS)
 6-10 Doug Williams(Vacaville, SJS)
Pole Vault:
 16-1 Gregg Stull(Troy, Fullerton, SS)
 15-6½ Greg Elles(Menlo-Atherton, CCS)
 15-6¼ D.J. Bahl(Await, Mt. View, CCS)
 15-8 Ben Mahoney(St.Fran., Mt.V, CCS)
 15-3 Tony Long(Upland, SS)
 15-3 Kurt Strassman(Wilson, L.B., SS)

15-2 Rbt. Crumpler(Menlo-Ath., CCS)
 15-2 *Mitch Norris(Del Mar, S.J., CCS)
 15-2 Thoms(Newport Harb., N.B., SS)
 15-1 Warren Jaques(D. Mar, S.J., CCS)
Long Jump:
 24-5 Charles Mayfield(Muir, Pas., SS)
 24-3½ *Chris Harper(Arlington, SS)
 23-11¼ John Lea(St.Genevieve, V.N., SS)
 23-11 Franks(Perris, SS)
 23-11 Ron McCoy(Edison, Fresno, CS)
 23-10¾ *Ken Frazier(Mission, S.F., SFS)
 23-10½ Rob Rust(Kennedy, L.Palma, SS)
 23-10½ Ed Tave(Muir, Pas., SS)
 23-7½ Carl Burton(Ceres, SJS)
 23-7 Ricky Holliday(Muir, Pas., SS)
 23-5½ Craig Stewart(West Covina, SS)
Wind-aided:
 23-11 *Mario Montgomery(Banning, SS)
Triple Jump:
 52-10½ Charles Mayfield(Muir, Pas., SS)
 51-3 Ricky Holliday(Muir, Pas., SS)
 50-9 Freeman Miller(Fremont, LA, LAS)
 50-4¼ Byron Criddle(EI Cerriot, NCS)
 50-½ *Ken Frazier(Mission, S.F., SFS)
 49-0 *Paul Jones(Kennedy, G.H., LAS)
 48-10¼ John Bailey(Berkeley, NCS)
 48-10 Alton Henry(Bakersfield, CS)
 48-5½ Cedrick Merrick(Lynwood, SS)
 48-5 *Vestee Jackson(McLane, F., CS)
Wind-aided:
 48-9¼ Curtis Johnson(Stagg, Stoc., SJS)
 48-6½ Eddie Hunter(Franklin, S., SJS)
Shot Put:
 64-11¼ Chris Doehring(S. Clemente, SS)
 64-8¼ Scott Garnett(Muir, Pas., SS)
 62-7 Brett Holden(Hart, Newhall, SS)
 61-11½ Paul Gates(Banning, Wil., LAS)
 61-5½ *Michael Alo(Banning, Wil., LAS)
 61-½ Cameron Baxter(Folsom SJS)
 60-7¼ *Dennis DeSoto(Santa Rosa, NCS)
 60-5¼ Sidney Dodd(Fairfax, L.A., LAS)
 59-1¼ Ted Polich(San Marino, SS)
 59-1½ *John Frazier(Antel. Val, Lan, SS)
Discus:
 200-7 Paul Bender(Shafter, CS)
 190-11 Gary Zimmerman(Walnut, SS)
 185-8 Jeff Budwig(McLane, Fres., CS)
 185-7 Eric Olson(Northgt., W.C., NCS)
 184-8 Scott Hudson(Mission Viejo, SS)
 183-10 Bill Cookson(Grosmt., S.D., SDS)
 183-2 Steve Colvin(Lowell, S.F., SFS)
 182-8 *Dan Westerfield(Capistr. Val., SS)
 180-4½ *Chris Day(Montgom., S.R., NCS)
 179-3 Jeff Lutz(Lemoore, CS)

WOMEN

100 Meters:
 11.34 *Sharon Ware(Berkeley, NCS)
 11.61 Sherri Howard(Kennedy, LAS)
 11.92 *Quendolyn Ward(DeAnza, NCS)
 11.7 ***Patrice Carpenter(DeAnza, NCS)
 11.96 *Bridgette Blackburn(Cajon, SB, SS)
 11.96 *Deborah James(Fremont, LA, LAS)
 12.00 *Faye Paige(Polytechnic, L.B., SS)
 12.01 Marbella Washington(Centen., SS)
 11.8 Char. Zepherin(Morse, S.D., SDS)
 12.10 *Zelda Johnson(Garey, Pom., SS)
Wind-aided:
 11.4 *Guendolyn Ward(DeAnza, NCS)
 11.83 **Bridgette Blackburn(Cajon, SS)
 11.86 *Faye Paige(Polytechnic, L.B., SS)
 11.86 Marbella Washington(Centen., SS)
 11.7 Marlene Harmon(Thous. O., SS)
200 Meters:
 23.19 Sherri Howard(Kennedy, LAS)
 23.62 *Sharon Ware(Berkeley, NCS)
 24.05 **Zelda Johnson(Garey, Pom., SS)

24.08 **Bridg. Blackburn(Cajon, S.B., SS)
 24.26 Marbella Washington(Centen., SS)
 24.33** Diane Pullins(Muir, Pas., SS)
 24.1c *Deneane Howard(Kennedy, LAS)
 24.1c Melanie Markham(Dors., LA, LAS)
 24.3c Volaney Harris(Oakland, OS)
 24.3c *Faye Paige(Polytechnic, L.B., SS)
Wind-aided:
 24.57 *Tanaya King(Berkeley, NCS)
400 Meters:
 51.51 Sherri Howard(Kennedy, LAS)
 52.58** Deneane Howard(Kennedy, LAS)
 53.51 *Faye Paige(Polytechnic, L.B., SS)
 54.36 Volaney Harris(Oakland, OS)
 54.38** Sherrill Miller(Fremont, Sun., CCS)
 54.79 Char. Zepherin(Morse, S.D., SDS)
 55.43 Linda Ransom(Pasadena, SS)
 55.3 Lisa Peters(Northgate, W.C., NCS)
 55.3 **Jessica Spies(Livermore, NCS)
 55.49 Deby Sanders(Edison, Stock., SJS)
800 Meters:
 2:08.95 *Louise Romo(Nor., Torrance, SS)
 2:09.18 Evelyn Acuna(San Gabriel, SS)
 2:09.41** Renee Durrand(Laguna Bch, SS)
 2:09.73** Marilyn Davis(Miramonte, NCS)
 2:09.87** Maria King(Ayer, Milpitas, CCS)
 2:10.34 Diane Harrell(Palos Verdes, SS)
 2:10.63 Donna Curtis(Culver City, SS)
 2:11.29** Carla Johnson(Manual Arts, LAS)
 2:11.4 *Tracy Weber(Lynbrook, S.J., CCS)
 2:11.56 *Kathy Douglas(Kennedy, R, NCS)
1600 Meters:
 4:46.71** Polly Plumer(Univ. Irvine, SS)
 4:47.31** Vicki Cook(Alemany, M.H., SS)
 4:47.42** Bon. McGlinchey(Fount. V., SS)
 4:48.57 Lisa Sandel(Campolindo, M, NCS)
 4:49.57 Staci Kneeshaw(Foothill, S.A., SS)
 4:49.94 Roxanne Blier(Independ., S.J., CCS)
 4:52.5c Su-Mei Lee(Eisenhower, RIA., SS)
 4:55.1c Tracy Weber(Lynbrook, S.J., CCS)
 4:55.30 Evelyn Acuna(San Gabriel, SS)
 4:56.5c** Maria King(Ayer, Milpitas, CCS)
 4:57.4c *Heike Skaden(Encina, Sac., SJS)
3200 Meters:
 10:14.78** Vicki Cook(Alemany, M.H., SS)
 10:28.9c *Heike Skaden(Encina, S., SJS)
 10:33.94 *Michelle Mason(Buena, V., SS)
 10:35.16 *Anabel Villanueva(Fount.V., SS)
 10:36.36 Liz Stranglo(Mission S.J., F, NCS)
 10:37.27** Lori Lopez(Sacred Heart, LA, SS)
 10:41.4 Evelyn Acuna(San Gabriel, SS)
 10:41.5 **Robyn MacSwain(T. Lind., NCS)
 10:42.17 *Mary Gaffield(EI Cerriot, NCS)
 10:42.8c Roxanne Blier(Independ., CCS)
100 Meter Low Hurdles:
 13.4 Judy Young(Berkeley, NCS)
 13.6 *Sherifa Sanders(Berkeley, NCS)
 13.97c Alesia Sweeney(Tamapals, NCS)
 14.06 Marlene Harmon(Thous. Oaks, SS)
 13.9 Val Flemmings(Northgate, NCS)
 13.9 Laura Mills(Univ., Irvine, SS)
 14.19c Marilyn Harmon(S. Marcos, SB, SS)
 14.0 *Robyne Johnson(Berkeley, NCS)
 14.26 Tracy Hanlon(Edison, Hunt.B., SS)
 14.26 Shari Pendleton(Fremont, LA, LAS)
Wind-aided:
 13.52 Judy Young(Berkeley, NCS)
 13.58 Marlene Harmon(Thous. Oaks, SS)
 13.5 *Sherifa Sanders(Berkeley, NCS)
 14.13 Tracy Hanlon(Edison, Hunt.B., SS)
 14.13 Shari Pendleton(Fremont, LA, LAS)
 14.14 Margo Edwards(Pacific, S.B., SS)
 14.21 Bonnie Mercer(S. Ana Val, S.A., SS)
 14.23 *Robyne Johnson(Berkeley, NCS)
4 X 100:
 45.81 Kennedy, Granada Hills, LAS
 45.7 Berkeley, NCS
 46.06 Polytechnic, Long Beach, SS

46.21 Fremont, Los Angeles, LAS
 46.23 DeAnza, Richmond, NCS
 47.2c Cordova, Rancho Cordova, SJS
 47.51 Cajon, San Bernardino, SS
 47.64c Manual Arts, Los Angeles, LAS
 47.73 Pacific, San Bernardino, SS
 47.86c Ganesha, Pomona, SS
4 X 200:
 1:36.7 Berkeley, NCS
 1:38.1 Kennedy, Granada Hills, LAS
 1:40.5 DeAnza, Richmond, NCS
 1:41.1 Polytechnic, Long Beach, SS
4 X 400:
 3:37.98 Kennedy, Granada Hills, LAS
 3:39.83 Polytechnic, Long Beach, SS
 3:42.79 Manual Arts, Los Angeles, LAS
 3:46.7 Berkeley, NCS
 3:49.66 Thousand Oaks, SS
 3:50.55 Fremont, Los Angeles, LAS
 3:50.90 North, Torrance, SS
 3:51.05 Cajon, San Bernardino, SS
 3:51.98 Pasadena, SS
 3:53.4 Campolindo, Moraga, NCS
High Jump:
 6-0 *Karen Lysaght(St. Franc., Sac, SJS)
 6-0 Sue McNeal(Carlsbad)
 5-10 Lisa Greenfield(Redwd., Lar, NCS)
 5-10*** Tonya Mendonca(Mt. Whitney, CS)
 5-10 Linda Soja(Polytechnic, S.V., LAS)
 5-9¼ Trish King(Menlo-Atherton, CCS)
 5-9 **Cheryl Bishop(Berkeley, NCS)
 5-9 Teri McCunniff(Newport Harb., SS)
 5-8¼ Laura Mills(Univ., Irvine, SS)
 5-8¼ *Karen Robinson(Fremont, S., CCS)
Long Jump:
 20-8¼ Marlene Harmon(Thous.O., SS)
 19-4¼ Joanna Harper(Fremont, LA, LAS)
 19-4¼ Chandra Roberts(Cerritos, SS)
 19-4 *Robyne Johnson(Berkeley, NCS)
 19-3¼ *Sherifa Sanders(Berkeley, NCS)
 19-2½ Melanie Markham(Dorsey, LAS)
 19-1½ Lesia Jackson(Ter. Linda, NCS)

18-11¼ *Wynde Grey(Marshall, Pas., SS)
 18-11¼ Taylor(Washington, L.A., LAS)
 18-10½ **Shelia Frye(Polytechnic, L.B., SS)
Shot Put [4 Kilo]:
 48-11¼ Susie Ray(Villa Park, SS)
 48-4½ ***Natalie Kaialawhia(Fullert., SS)
 45-2¼ Sharon Hamilton(S. Monica, SS)
 44-9 *Yolanda Fletcher(Crenshaw, LAS)
 44-8½ Leslie Deniz(Gridley, NS)
 44-2¼ *Deborah Corley(Garcas, B., CS)
 44-1½ *Mel Rodriguez(Mariposa, SJS)
 43-8½c Jackie Sheffield(Eisenhow., SS)
 42-11½c *Sue Compton(Marian, I.B., SDS)
 42-10½ Langston(Arlington, River., SS)
Discus:
 178-8 Leslie Deniz(Gridley, NS)
 160-2 *Laura DeSnood(Washing., Fr., NCS)
 150-7 Donna Hollingworth(Chaffey, SS)
 147-9 *Sue Compton(Marian, I.Bch, SDS)
 143-4 Barrie Greer(Ramona, River., SS)
 142-11 *Mel Rodriguez(Mariposa, SJS)
 142-7 Liz Mueller(Vista, SDS)
 141-6 Carolyn Perkins(Westmoor, CCS)
 138-5 Kathy Kahn(San Luis Obispo, SS)
 136-10 Wendy Bradshaw(Saugus, SS)

Key: * = junior, ** = sophomore, *** = freshman, CCS = Central Coast Section, CS = Central Section, LAS = Los Angeles Section, NCS = North Coast Section, NS = Northern Section, SDS = San Diego Section, SJS = So Joaquin Section, SS = Southern Section, c = converted, i = indoor. The automatic times (listed in 100ths) which place the lists have been placed in positions of relative "value" by assigning a conversion factor of either 0.24 (100,200,110HH) or 0.14 (400).

NOTE: Please send all summer performances to Keith Conning, so that they may be reported and included in the list.

photo by Don Gosney



Berkeley Mile Relay Team: (l to r) Kenny Robinson, Ulysee Walker, Pete Richardson, Charles Clewis